



Rossmoor IN News



VOLUME 53 / No. 5

Monroe Township, New Jersey

May 2017

Focus on: Groups and Clubs NJSCCR: What's up in New Jersey?

By Jean Houvener

Do you know the name of the rest area just south of Exit 8A on the New Jersey Turnpike? Do you know why that name was given? Do you know what major battles of the American Revolution were fought right near Rossmoor? Can you identify the more common butterflies of New Jersey? What is on the back of the quarter that represents New Jersey? These and many other questions have been covered at different meetings of the New Jersey Social and Cultural Club of Rossmoor (NJSCCR).

NJSCCR meets the last Friday of the month at 1:30 in the Ballroom. The membership dues are a reasonable

\$15 for the year for informative meetings followed by refreshments provided by the members. Recently That Butterfly Guy, Rick Mikula, gave a fascinating presentation, complete with live butterflies, teaching us all about the local butterflies and how to raise them ourselves in easily and ingeniously created butterfly homes (check out www.butterflywebsite.com).

Other presentations have included the many battles of the Revolutionary War as the troops surged between New York and Philadelphia to Valley Forge and back again; a re-enactment of the story of Molly Pitcher at the Battle of Monmouth, presenting the skit and the

(Continued on page 13)



Spring has finally arrived!



Cecile Wang leads the congregation, chorus and orchestra in the "Halleluiah Chorus" that concluded the special music service at the Community Church.

Community Church musical worship service garners standing room only attendance

By Mary Jane Brubaker

There was not an empty seat to be had in the Meeting House on Sunday, April 2, when the Community Church hosted "Behold the Lamb," a special musical worship service featuring a 41-member chorus and a 17-piece orchestra. "We were very pleased to offer this unique and innovative musical experience to our entire community," says the Rev. Dr. Dierdre Thomson. "We are an ecumenical congregation welcoming people of all faiths and it was just wonderful to see so many new faces from the community at large

joining us for this musical celebration. We were delighted to have more than 200 people in attendance."

Church and Choir Music Director and Organist Cecile Wang was the mastermind behind the scenes who recruited the Rossmoor Chorus, the Rossmoor Singers and the Chin Yun Chorus as well as professional singers Carol Baldessari (a Rossmoor resident), Larry Parker, and Stephanie Pervall to join forces to perform the 35 minute cantata composed by Lloyd Larson, Molly James, and Jay Rouse.

(Continued on page 21)

Mother's Day is celebrated around the world

By Anne Rotholz

In the United States Mother's Day is celebrated on the second Sunday of May. The day is set aside to honor and pay tribute to mothers and mother figures...stepmothers, foster mothers, grandmothers and so on. Since motherhood is closely associated with nurturing, anyone who nurtures another can and should be celebrated on this day.

Families show their appreciation in various ways. They may attend a church service and go for a meal. Special home-cooked dinners are also popular. It is a tradition to give cards and flowers (carnations are sometimes worn on the day). Gifts given include plants, candy, jewelry, perfume or a trip to a spa.

Mother's Day as we know it in the U.S., is a fairly modern celebration. Tributes to mothers date back to the early days of Greece and Rome. The Greeks had a spring festival dedicated to Rhea, the mother of Zeus. To them Rhea was "the great mother of many gods." The Romans honored Cybele, the goddess of nature and fertility. They, too, celebrated her with a spring festival and called her "the mother of the gods."

In the Sixteenth Century, Christians in England and Ireland celebrated a festival on the fourth Sunday in Lent,

to honor Mary, the mother of Christ. It was a custom at the time that all the family members would be released from their work commitments so that they could return home on that day to visit one's mother church. This was the origin of *Mothering Day* or *Mothering Sunday*.

During the years following World War II, American soldiers brought their version of Mother's Day to England where it became very popular. Shortly afterwards *Mothering Sunday* and Mother's Day merged into one celebration that is still held on the fourth Sunday of Lent.

Mother's Day in the U.S. does not appear to be related to Rhea, Cybele, or Mothering Day. Historians tell us that it came about mostly because of the work of two women, Julia Ward Howe and Anna Jarvis. In 1870 Julia Ward Howe, who lived in Boston, (she wrote *The Battle Hymn of the Re-*

public) called for an annual Mother's day for Peace to encourage pacifism and disarmament, since so many women were suffering because of the war. This celebration went on for about 10 years and then ceased.

In 1908 Anna Jarvis of Grafton, West Virginia, gave a memorial service for her mother, also named Anna, who years earlier had organized Mother's Day Work Clubs to help those who were poor or ill in her community. She wanted to honor her mother's wish to set up a memorial Mother's Day. She distributed 500 carnations to those present at the service, hence the connection between carnations and Mother's Day. (The symbolism of pink for a living mother and white for one who was deceased came from florists who could not get enough pink ones.)

Her campaign was so suc-

(Continued on page 3)

Inside this issue

Bits & Pieces.....2	Month in Pictures 15
Board of Governors2	Musings & Memories.... 10
Bob's Almanac.....9	New Neighbors..... 7
Clubs13	RCAI Meetings 2
Health Care Center.....24	Religion 20
Landscaping23	Sports 18
Maintenance23	Transportation Tidbits .. 26



at the governors' meeting



March 16, Board of Governors Meeting

Daniel Jolly, RCAI president, opened the Board of Governors meeting at 9 a.m. with the Pledge of Allegiance.

Guest speaker Annette Murray, CPA, Wilken and Guttenplan, P.C., presented the highlights of the RCAI 2016 Financial Statements. She gave RCAI a "clean opinion," RCAI is financially stable. "Best practices" are being used and for the first time did not have any audit adjustments. The RCAI 2016 Budget was "break even" and the year ended with a \$93,802 surplus. She pointed out that "Undesignated Operating Fund Balance" or working capital is \$359,541 as of December 31, 2016, and should be around \$500,000.

Guest speaker Peter Katula, RM Termite and Pest Control, reported on the findings of the December 2016 inspection of the Community and said that there was no evidence of wood destroying insects at that time. Seventeen buildings were treated for termites in 2016, five of which were never treated previously. The rest of the buildings were treated previously. The chemical being used breaks down between 8-15 years and we will be seeing the need for some re-treatments. He also talked about squirrels, chipmunks and the need to replace broken and missing rodent bait stations. He also explained that mulch does not have an effect on termite infestations.

The RCAI Reserve Study set aside \$35,000 in 2016 for Mutual Domestic Water Line replacements. The Board of Governors approved a reso-

lution for the expenditure of \$43,594.31 for the replacement of Mutual Domestic Water Lines in 2016 and the expenditure will be charged to the RCAI Capital Replacement Account.

The RCAI Reserve Study set aside \$125,000 in 2016 for Mutual Sanitary Sewer Pipe Reconstruction. The Board of Governors approved a resolution for the expenditure of \$112,246.11 for Mutual Sanitary Sewer Pipe Reconstruction in 2016 and the expenditure will be charged to the RCAI Capital Replacement Account.

After careful review of the current Property List, the RCAI Controller recommended that items on the RCAI Property List that have been retired from the inventory be removed from the List. The Board of Governors approved a resolution to debit Accumulated Depreciation for the retired items and credit the appropriate equipment accounts.

The current Pool Management Services contract expires December 31, 2017 and the Board of Governors at their January 2017 meeting authorized the officers of the RCAI and the Chair of the Pool Management Contract Committee to negotiate a five-year extension to the current contract with Sparkling Pool Services, Inc. Based on the years of excellent service and no increase in the current five-year contract, the Board of Governors approved a resolution for the extension of the Sparkling Pool Services, Inc. contract with a 10.59% increase in the daily rate in the first year; no increase in the second year; a 1.28% increase in the daily rate in the third year; a 1.95% increase in the fourth year and no increase in the fifth year. The Board of Governors also authorized the officers of the RCAI and the Chair of the Contract Committee to negotiate and execute the five-year extension.

Open RCAI Meetings in May

Standing Committee Meetings, Thursday, May 11 at 9 a.m.

- Maintenance Committee
- Community Affairs Committee
- Finance Committee

Village Center Meeting Room

Board of Governors Annual Meeting, Thursday, May 18 at 9 a.m.

- Election of Officers
- Followed by the Board of Governors Meeting

Clubhouse Ballroom

The deadline for The Rossmoor News is the 7th of every month.

Bits & Pieces

Sue Ortiz

Vacation time is coming up. Well, for some of us, anyway. Many go on extravagant escapes to exotic lands. I'm not much of a traveler, though. I always say that I've been as far west as Harrisburg, Pennsylvania (Hershey Park on a grade school class trip), as far north as Tenaflly (friends' apartment), as far east as the Jersey Shore, and, most recently, as far south as Delaware (trip to Winterthur), if you don't count my anomalous nine-day excursion to the Caribbean on the Explorer of the Seas.

I'm more of a "staycationer." There is so much to see and do right here in New Jersey!

There's Six Flags Great Adventure theme park, which rivals most of the bigger parks everywhere. It will always be just "Great Adventure" to me. I have original souvenir booklets and postcards from the old days. Some of the world's largest, and most terrifying, roller coasters are here, too. I've never ridden on one, and I don't plan on doing so now, either! But, if you're into that kind of thrill, you might like to check out the new coaster in Seaside Heights. The Hydrus is replacing the Jet Star which was washed out to sea during Superstorm Sandy.

I'm neither a swimmer nor a sunbather, but I like to sit on the beach at Ocean Grove for a couple of hours at least once a year, especially before the summer season starts. You'll find me near the waves, sitting on a beach chair under an umbrella, wearing capris and a T-shirt, with SPF 55 sunscreen slathered everywhere. On the aforementioned Caribbean cruise, I came home without any trace of a tan.

Almost every town has a good ice cream stand. Jersey Shore boardwalks, such as Jenkinson's in Point Pleasant, have some of the best. Cold ice cream on a hot summer day ... it's the greatest.

There's so much history right here in New Jersey, too. Washington crossed the Delaware on that fateful Christmas Eve so long ago. He passed through many towns close to here, including Englishtown and even Monroe. Visit Monmouth

Battlefield near Freehold, and you can almost hear the cannons firing and smell the gunpowder from the muskets. Forget Paris, the Statue of Liberty, a gift from France, and Ellis Island are both accessible via ferry from Liberty State Park in Jersey City.

You don't have to travel far. Explore the local parks. Take time to sit by a lake and watch the pond life. Magical dragonflies will flit around the lily pads and wildflowers that line the water's edge. Heck, even on a Sunday drive two towns over, there are roads to discover. Take pictures of your "trip." Share with friends and family or on Facebook. See how many "likes" you get.

I've never been to Cape May, but it is one of the many New Jersey places on my travel wish list. I want to visit the historic Victorian homes, go on a ghost tour and whale watch, and feel the south Jersey sand between my toes.

It's just like strawberry picking, which is also coming up. Crowds of pickers trudge through muddy and slippery rows of strawberries to the far ends of the earth, thinking the best berries are out there. But I find the best and most berries right at the edge, *close to home*, you could say.

New Jersey has it all: from mountains to shores; snow storms to heat waves; gardens to metropolises; antiques to Ikea; back roads to the Turnpike, and a wide assortment of ethnic cultures and food.


Grab an old-fashioned paper map of our great Garden State, open it, close your eyes, and point your finger to adventure!

B&P


"Vacation is what you take when you can't take what you've been taking any longer." – Earl Wilson (American journalist, 1907-1987)

(By the way, the word *petrichor*, which I referred to in last month's column, has been added to *Dictionary.com*, along with about 300 other weird words including *hangry*, *lightsaber*, *cold brew*, *smackdown*, *cat café*, *dad bod*, and *mic drop*. Look 'em up. Bring on the summer rain.)





Rossmoor News



News Board:
Joe Conti, Chair
Carol De Haan
Myra Danon
Bob Huber
Jean Houvener
Anne Rotholz
Linda Bozowski
Walter Gryskiewicz

Editorial Assistants
Alex Monaco
Linda Monaco

The *Rossmoor News* a monthly periodical is mailed to every home within the Rossmoor community. News items are welcome. Appropriate

news items from outside organizations will be considered as space permits. All copy and pictures are subject to editing and are accepted with this understanding.

Letters to the Editor must be emailed to PES at pescmd@aol.com and clearly marked *Rossmoor News*.

Editorial Office:
2 Rossmoor Drive,
Monroe Twp., NJ 08831

E-mail:
news@rcainj.com

The Rossmoor News and Princeton Editorial Services (PES) are not liable for any typographical or printing errors that may appear, including in its display or classified advertising, over the cost of the space of the advertisement. The advertisements here are, to the best of the publisher's knowledge, accurate representations of the products and services offered. However, no endorsements are intended or implied. Acceptance of all materials is at the discretion of the publisher.

Email display ads to: pescmd@aol.com
Telephone: 732-761-8534

© 2017, PRINCETON EDITORIAL SERVICES, INC.

Visit the Rossmoor website at www.rcainj.com

Mother's Day

(Continued from page 1)

cessful that in 1914 President Woodrow Wilson declared Mother's Day a national holiday. In the ensuing years the celebration became so commercialized that, before her death in 1948, Anna voiced her regret that she had ever started it.

Mother's Day is usually celebrated in spring, with a few exceptions. While many countries keep the holiday much as it evolved in the U.S., others have adapted it for religious, historical, or political reasons. Some of these reasons are interesting.

In China, Mother's Day has become very popular and it is celebrated with lots of

flowers, including carnations. Lilies are usually the flowers of choice because in ancient times Chinese mothers planted lilies when their children left home. In 1997 Mother's Day was set aside as a day to help impoverished mothers and to be mindful of poor mothers in rural areas of the country.

Bolivia celebrates Mother's Day on May 27. The date is the anniversary of the Battle of La Coronilla which occurred during the Bolivian War of Independence. Many Bolivian women who fought in this battle were killed by the Spanish army.

Alarmed by the low birth rate in the early 1900s France attempted to create a national holiday to honor the mothers of large families.

These women were given an award for High Maternal Merit. American soldiers fighting in France in World War I brought the Anna Jarvis version to that country. Though the American form became very popular, medals were still awarded to women with large families. In the 1950s the celebration was transferred to the last Sunday of May and from that time on all mothers were honored.

In Israel Mother's Day is celebrated on the anniversary of the death of Henrietta Szold who rescued many Jewish children from Nazi Germany and later took care of them. The holiday is now called Family Day. It is a celebration of mutual love within the family. No gifts are exchanged and there is no commercialization of the day.

Argentina celebrates Mother's Day on the third Sunday of October. It was originally celebrated on October 11, a feast of the Virgin Mary. When the feast was transferred to January, national merchants asked that the holiday be transferred to the third Sunday of October, to boost sales in the second half of that month.

Though Mother's Day was first celebrated in Sweden in 1919, it was not widely accepted by the Swedish people until years later. They felt that the holiday was set up by merchants for their own reasons. Father's Day, however, was very popular. Sweden celebrates Mother's Day on the last Sunday of May. This date was chosen so people could go outside and pick flowers.

About Alice

By Bob Huber

There was no question about Alice Tatro being a piano prodigy. She was introduced to the piano at the age of 12, and by the time she was 14, she was giving piano lessons to neighborhood children for 25 cents a lesson.

Her reputation as a teacher grew rapidly from the neighborhood to the entire community. By her 16th birthday, she had become so proficient that she dropped out of high school to devote full time to teaching and pursuing advanced studies in piano and pipe organ at the local conservatory.

Also at the age of 16, she became dissatisfied with the factory community in which her family lived, so she bought her own home in a much nicer neighborhood. She invited her mother, father and her two siblings to move there with her, if they chose. They did.

By the age of 19, Alice had achieved an outstanding reputation as an interpreter of Chopin, so she turned her attention toward a career as a concert pianist.

But love got in the way in the form of a young medical student named Ward Huber. During an extended engagement, Ward finished his medical studies, and Alice applied her amazing improvisational skills to composition, adding "composer" to her already impressive resume.

The marriage produced two boys, so Alice now added "wife and mother" to her list of accomplishments. Life was good.

But tragedy struck early in the young family's life. Ward died prematurely from an incurable illness, and Alice was left to raise two young boys under reduced circumstances. She not only survived but she thrived. Balancing an active musical career with compassionate parenthood and a large helping of New England thrift, she was able to put both boys through college and help them on their way to their own successful careers.

Throughout her entire life, Alice's devotion to her boys

and her music never wavered. But in the middle of her 87th year, her health began to deteriorate rapidly. We advised her to rest, but she said she was committed to play two recitals, and she needed to prepare. We said everybody would forgive her for canceling those commitments, but she insisted.

Alice did, in fact, play both recitals, and she played them beautifully.

She passed away two weeks later.

Gone, but certainly not forgotten by all the people whose lives she enriched, especially mine.

Happy Mothers' Day, Mom.
Your loving son,
Bob



FREE PHOTO PRINT PACKAGE

With the purchase of a portrait session



\$125 Value Premium Color Portrait Print Package

Free

1 Modern Metal Print 8x12

1 Standard Print 8x12

6 Standard Prints 4x6

8 Wallet Prints

Call Today—Offer expires 6/5/17



**Comprehensive Medical, Surgical and Dental
Care for your Dog and Cat**

**See how comfortable and convenient
a vet visit can be!**

Skip the trip and let us come to you!

609-775-1230

Jennifer L. Collins, D.V.M.

HomePetMobileVet@gmail.com

www.HomePetMobileVet.com

MAY UPCOMING EVENTS

Wednesdays are Girls Night Out from 6-9pm

Thursdays are Laurita Idol Night from 7-9pm

Senior Idol Tryouts Begin June 1-Cash Prizes!

May 21 & 21 Jeeps with Food Truck Festival

Sign up your jeep for a chance to win prizes.

Check out **www.lauritawinery.com** for details!

Located at 85 Archertown Rd, New Egypt

Antiques & Collectibles

WANTED

We Pay The Highest Prices For

- Jewelry
- Diamonds
- Glassware
- Sporting
- Watches
- Artwork
- Furniture
- Militaria
- Coins
- Pottery
- Books
- Lighting



Thomas J. Petrino



Certified Appraiser & Buyer • One Item To Entire Contents

Serving Princeton & Surrounding Area For Over 35 Years

www.TimeTravlerAntiques.com

Our Honesty & Integrity Ensures Satisfied Clientele

609-924-7227

CK Photography Pro

Your local photography studio

- Family portraits
- Special events
- Clubs and groups
- Headshots

At our nearby studio or your location



224 Forsgate Dr.

Jamesburg, NJ

www.ckphotography.pro

732-707-6696

The Boy From Oz

May 12-21



KELSEY THEATRE
AT MERCER

609-570-3333 • www.kelseytheatre.net

All aboard – Amtrak is the way to travel

By Linda Bozowski

May 1 (Amtrak Day) has probably passed by the time you're reading this issue, but it's not too late to think about an adventure on an Amtrak train. The National Railroad Passenger Corporation, established under the Amtrak banner in 1971, serves 500 destinations in 46 states and in three Canadian provinces. Three hundred trains, traveling over 21,000 miles per day, provide local, regional and long-distance travel accommodations. In fiscal 2015, nearly 31 million passengers traveled on Amtrak rails.

Passenger rail service declined as autos became the most prevalent means of transportation beginning in the 1920s. Commercial bus lines made travel between cities convenient and affordable. Following World War II, air travel became available and more efficient and also cut into rail's niche. By the late 1940s, railroads provided only 67 percent of passenger miles in the United States.

The need to compete with other transit choices led the rail lines to improve their passenger cars, making them attractive and more comfortable. Converting from coal to diesel-powered engines enabled greater speed and less air pollution. Following the war, rail usage continued to decline, and by 1965 only 10,000 railroad cars were in use, down from 65,000 in 1929. The postal service usage of trains for mail transport also shrank, and railroads were losing money at increasing rates.

While most railroads were privately owned until 1971, government subsidies provided significant operating assistance. However, railroads were also subject to local and state regulations, including various taxes. In 1959, the Great Northern Railway, which owned a small parcel of land in Lincoln County, Montana, provided 91% of the entire school tax for that community. The federal government provided monies for highways, airports and other pub-

lic transit projects but at the same time, the government increased regulations developed to increase public safety. Finally, in 1970, with the likely death of the rail system in the near future, President Nixon and Congress established the current national rail system.

So enough history! Rail travel can be exciting and enriching, while economical. According to Amtrak data, 83% of passengers travel fewer than 400 miles on their trips. Two-thirds of all travel originates in the 10 largest metropolitan cities. In many areas, Amtrak is still used for local travel, much as we on the Northeast Corridor use NJ Transit or SEPTA.

Amtrak is something to consider if regional and cross-country travel is on the "maybe" list for an upcoming trip. A senior-rate round-trip ticket from Trenton to Selma, N.C. (near Raleigh) can be had for between \$80 to \$180, depending on desired accommodations and what specials may be available. During that eight-hour trip, reading the newspaper, drinking coffee, using the restroom, chatting with friends (new and old), catching up on email, can all be accomplished without worry about watching the traffic on I-95. Is a nap on the agenda for the day? No problem. Of course, that's not an option if you're the driver.

Have you ever seen, or driven through the Continental Divide? Breathtaking views

are available from inside a double-decker Amtrak car. The Internet may not be available for part of the journey, but enjoying the views far surpasses whatever excitement there may be on AOL.

If you want to take in the splendors of our country, why not consider a 30-day rail pass? Plans are available for many destinations, and many include sleeping roomettes (not great, but roomy enough for two travelers to sit and sleep comfortably). And then there's the food. Dining is impressive on Amtrak. Generous servings of well-prepared and graciously served foods are available for all three mealtimes each day at a very modest cost. Many trains have snack cars as well as the formal dining cars. Many of the travel packages include meals. Cocktails are available and are not included in the package deals.

The Amtrak website is easy to navigate and has many offerings with photos. Representatives are also available for online chat or telephone discussion. The Amtrak Rewards program offers additional savings opportunities, and there are ties in with hotels, car rental companies, restaurants and other venues at various locations. Other savings may be available through AAA and AARP membership.

Take the train for relaxing and stimulating travel. And don't forget your phone charger.

Who would have thought? International Respect for Chickens Day?

By Linda Bozowski

In case you forgot, May 4 is International Respect for Chickens Day. Hallmark will probably add this notation to their calendars next year so that we can all remember to celebrate this important day before Cinco de Mayo.

As I was researching this observance, I came across a wealth of facts of which I was previously unaware. For example, the chicken is the closest living relative to the tyrannosaurus. Since I haven't seen a tyrannosaurus recently, I never would have guessed that relationship. And did you know that, in the wild, chickens may live for between five and 11 years, but that in confinement, they generally live only six weeks, after which they are slaughtered.

I think chickens should be raced, as some other animals are. After all, they can travel up to nine miles per hour. A chicken's heart beats are 280 beats per minute. Could that contribute to their rapid travel pace? I don't know, I'll have to research that further. And how diverse they are – there are more than 200 breeds and variations of domesticated chickens. And many of those can lay eggs of various colors,

including green and blue. How come we only have choices of white and brown at the grocery store? Does someone save the green and blue eggs for special customers?

My research states that chickens are very social creatures. It is reported that chickens live in flocks in the wild and share responsibilities in the incubation of eggs and the rearing of chicks. Does that make them communist chickens? I mean, they live in sort of a commune, right? They do have some unusual habits, at least from a human's point of view. For instance, they enjoy dust bathing. It is reported that chickens become very frustrated if they are unable to enjoy this habit. Of course, in commercial chicken confinement cages, dust bathing is not an option. I'm not sure how a casual observer knows when a chicken is frustrated. Does it cackle differently, or beat its wings (the chicken, not the observer)? Another tidbit that needs more research.

Finally, FYI, chicken pox has nothing to do with chickens, so stop blaming them. After all, there are more chickens on earth than people, so be warned.

Greenbriar @ Whittingham Community Presents

Neil Berg's 102 Years of Broadway

102 Years of Broadway recreates the greatest moments from the finest shows of the century featuring the actual stars of shows such as: The Phantom of the Opera, Les Miserables, Cats, Jesus Christ Superstar, etc.

Saturday, MAY 20, 2017 — 8PM — \$25
At The Monroe Township High School

Call the WHOA Box Office for Ticket Information
609-395-0404 Extension 220 or 221.

Concordia Clubhouse Presents

Darren Williams "Staying Alive" Bee Gees Tribute Show & Gary DeLena, comedian

Saturday, July 8, 8:30pm • Cost \$14.25 pp

Darren was voted the Best Male Vocal Performer in Australia and has performed for Concordia before with two different shows to standing ovations each time. He will sing and dance to all the favorite Bee Gees song you know and love.

Gary is an impressionist and accomplished musician as well as comedian. He does it all and does it so well. This is a night of total entertainment.

Open now to non-residents.

Checks only, made out to Concordia Clubhouse.

For more info call 609-655-4664

the Drowsy Chaperone

A MUSICAL WITHIN A COMEDY.

June 9 – 25, 2017

Fridays and Saturdays at 8:00pm, and Sundays at 3pm

Tickets are \$22 for Adults and \$20 for Seniors and Students

Tickets & subscriptions are available at playhouse22.org, at the box office or by calling 732-254-3939

Playhouse 22
The East Brunswick Community Arts Center

Located in The East Brunswick Community Arts Center, 721 Cranbury Road, East Brunswick, NJ 08816

Sun worship can be hazardous to your health

By Linda Bozowski

We all know that skin care is important, and that excessive ultraviolet light exposure should be avoided. We may not be as aware about the warning signs of melanoma, a deadly cancer that claimed 55,000 lives in 2012 world-wide. Among the 232,000 new cases identified each year, malignant melanoma is most pervasive among people in Australia and New Zealand. Northern Europe and North America also has numerous cases, while Asia, Africa and Latin America have fewer cases.

Women are most likely to develop these cancers on their legs, while men are most often affected with growth on their backs. Fair and red-haired people are more likely to develop this cancer than those with darker skin tones.

The most common symptom of potential melanoma is the growth of or change in a mole. We may think of moles as merely unsightly. However, these seemingly non-significant skin lesions, if they change in appearance, color or size, may be the warning signals of a potentially deadly cancer. The most dangerous form of melanoma is called nodular melanoma, and that condition is indicated by moles which are growing, firm to the touch or raised about the surrounding skin surface.

Diagnosis of melanoma is most often done through visual inspection. A visual survey of the whole body is indicated, since even tiny specks that may not appear as typical moles may, in fact, be early growth sites. Some practitioners use digital whole-body photography as well, especially with high-risk patients but critics of this method suggest that smaller potential moles may not be visualized as well. Moles that appear suspicious may be candidates for localized biopsy. Depending on the location and size of a malignant lesion, removal under local anesthesia may be the next step.

Undiagnosed malignant melanomas can grow and become invasive, a far more dangerous situation. As the cancer cells invade the deeper areas of the skin, they can spread to other body sites including the liver, bones, brain and lymphatic system, which is why this cancer is so deadly. Symptoms of potential metastasis

include loss of appetite, nausea, vomiting and fatigue. Less than one-fifth of early diagnosed melanomas metastasize – good news- so early diagnosis is key.

As we move through spring into summer, it's important that we become more mindful of our skin health. Limiting exposure to the sun's ultraviolet rays, using sunscreen, wearing hats and other skin-covering clothing are all actions that can help reduce our risk to this deadly disease. And for those of us who have spent hours outdoors getting that bronzed look of a good tan, maybe now is the time to put a "call the dermatologist" note on the to-do list.

Bernie Halperin – Passover thoughts

By Linda Bozowski

In our April edition, we published a poem written by the late Bernie Halperin. Due to a mix-up regarding our deadline, a photo of Halperin and his wife Ann, still a Rossmoor resident, didn't make the paper. Peter Halperin, the author's son, graciously sent the attached photo and another of Bernie's works. Hope you enjoy Bernie's thoughts about Passover.

"The Passover Seder - 1978"

By Bernie Halperin

Our friends and relatives sat around a long table
Their instructions "to eat as much as they were able!"
There was chopped liver and matzohs, too.
All kinds of "goodies" to fill up a Jew.

Matzo Ball soup and turkey galore,
And sweet wine, to make our spirits soar,
Gefilte fish and so much more.
We ate and we ate, it wasn't a chore.

Then, the desserts came into our view,
Cake, strawberries and whipped cream, too.
But before the succulent feast began,
The Seder was performed by a Man.
Thirteen years old, our Danny did great
When he finished, we all attacked our plate!

And after the meal, the girls "chirped" away,
While the men talked of their hard day.
Our little people ransacked



Bernie Halperin

the house,
"So cute, so smart," I said to my spouse.
"What a wonderful meal you made for us all."

Though it was Passover, it seemed like a "Ball"
Passover is a time to remember the past,
But we all wish Passover wouldn't pass!

Receiving the highest grade for patient safety means a lot to us. It means even more to our patients.

At CentraState, quality starts with patient safety.

Our "A" grade from the Leapfrog Group — an independent, national health care rating organization — places us among the top-performing medical centers in the nation for patient safety. This elite designation is the result of our high standards and relentless efforts to provide the safest care to our patients.

To learn more, visit centrastate.com/leapfrog.

The deadline for
The Rossmoor News
is the 7th of every month.

The Bob and Bill shows – keep them coming!



Collaborators Bob Huber and Bill Strecker

By Linda Bozowski

Abbott and Costello, Simon and Garfunkle, Batman and Robin, Lone Ranger and Tonto, Martin and Lewis – the list goes on and on. Duets, synergy, complementary skill sets. What do you get when you mix a guy from Cleveland, Ohio, with another guy from Ronkonkoma, Long Island? A great collaboration of words and music and laughs designed to entertain all of us. Of course, those two guys are Bob Huber and Bill Strecker, the unassuming talents who gave us “It’s News to Us” and “Between Engagements.” Although these gentlemen are not chronological peers, their skills mesh so well together that you’d think they were brothers.

Bob Huber, four-time Emmy winner for his TV work in writ-

ing, production, and animation, has been writing skits and plays and other stage treats for the Rossmoor Players since 1997. Bill Strecker, an accomplished musician and composer with three LP albums and numerous appearances under his belt, is a new-



Bob Huber today

comer to the Players. He auditioned in 2012 and was accepted to perform a pantomime skit in the “This or That” production that year. When the Players decided to attempt a musical production in 2015, Bill volunteered to work with Bob in developing the music. The guys “played it again, Sam” in 2016 with their collaboration of “It’s News to Us.”

Certainly no one thinks writing a stage production is an easy task, but we may not realize how complex it is. Developing a musical is much more complicated than a words-only play, although many of the steps are similar. According to Bob and Bill, the process starts many months before the expected debut. In the case of their efforts in creating a new musical, an initial brief synopsis is presented to the board of the Rossmoor Players, who discuss, comment, and consider the ideas being proposed. If the concept is approved after it may have been tweaked or modified, the synopsis is then expanded – the characters are developed, the story line is fleshed out, and opportunities for music are identified.

The script gets written and rewritten, and songs are penned with no score, just words. That’s when Bill jumps in with both feet, developing the melodies and harmonies that will help set the mood for the play. Revisions continue



Bob Huber--with-WXEL-cam- Circa 1979

until just a few weeks before the curtain opens.

Rehearsals start about six to eight weeks before opening night. Finding a place to work on the final presentations is an on-going challenge. Although the shows are presented in the Meeting House, that building is used by other groups and is unavailable for many of the rehearsals. The complexities of lighting, the set, musicians’ area and seating add to the stresses the Players have to deal with. But, to their credit, the show always goes on!

Bob started serious writing for a radio station in Cleveland at age 17 while he was still in high school. Over his lengthy career, he participated in the development and production of “The Dipsy Doodle Show” and went on to several key positions with Storer Cable, now known as Comcast. In the later 1970s Bob was the program director at TV Channel WJKW, an affiliate of WCBS. As manager of a small specialty animation company, he was

able to develop a subcontractor relationship with the Disney organization, and produced a full-length cartoon about nutrition.

Bob’s daughter Nancy lives in Brooklyn. His wife Kay died in 2008. Bob shares his home with his cat, about whom he frequently writes, lovingly.



Bill Strecker today

Guitarist and composer Bill Strecker is a member of the Mayflower Trio, composed of a keyboardist and a bassist. Sometimes the Trio is joined by players with drums and/or saxophones when a more robust sound fits the bill. When Bill isn’t writing and playing music, he runs a successful landscape architecture business. Designing planting arrays for commercial and public buildings demands many skill

(Continued on page 7)



What you should demand from your dentist:

1. HE SHOULD LISTEN TO YOU —

When you first meet the Doctor, it’s a good sign if you get to do most of the talking. After all, who knows you better than... you! Your needs and concerns are VERY important to us!

2. GENTLE COMFORTABLE CARE —

Nowadays, your dental care can be surprisingly comfortable. With cable television, Nitrous Oxide (gas), topical anesthetic, and more, you will be amazed at how easy dental care can be!

3. REASONABLE AND FAIR COST —

We know how valuable your time and money are to you. That’s why our goal is “on-time” appointments, “Interest Free” financing, and, also, why your first visit is free!

“When you need a dentist, you want one who really does take the time to be gentle and careful. That’s exactly the way I built my practice: calm, relaxed, and incredibly comfortable. “Give me a call. My number is 609-860-1161. You will be pleasantly surprised and very happy!”

— Peter DeFazio, D.M.D.

- GENTLE DENTAL TREATMENT
- PROFESSIONALLY TRAINED, CARING AND COURTEOUS STAFF
- ALL TREATMENT PLANS THOROUGHLY EXPLAINED
- SPECIAL ATTENTION TOWARDS TREATMENT OF GUM TISSUE
- FINANCE PLANS AVAILABLE THROUGH SPRINGSTONE FINANCIAL
- ON-TIME APPOINTMENTS
- NIGHT TIME APPOINTMENTS AVAILABLE
- MOST INSURANCE PLANS ACCEPTED



Dr. DeFazio has been practicing for 26 years, is married, has three children and lives in Monroe. Dr. DeFazio is a graduate of Temple University and UMDNJ. He is a past Clinical Instructor at JFK Medical Center and a past Board Director for the American Red Cross.

Let’s Get Acquainted Offer

Complimentary Comprehensive Examination,
Necessary X-Rays and Consultation!

\$200.⁰⁰ Value! New patients only.

1 Rossmoor Drive • Suite 100 Heritage Building • Monroe, NJ • 609-860-1161

24 HOUR EMERGENCY CARE

Two benefits in one: Stay in touch with friends and family while supporting the Salvation Army

By Mary Jane Brubaker

The Community Church is raising funds to support the Salvation Army through the sale of unique notecards that feature a rendering of the Meeting House by artist Cynthia Dawley, daughter of resident Gloria Dawley.

Sold in packs of eight cards for \$5, each packet comes

with a free pen. The cards can be purchased weekdays from 9 a.m. to noon at the Community Church office on the second floor of the Meeting House. When entering the Meeting House, there is a buzzer to alert Linda Klink, the church secretary, of your arrival.

According to Gloria Dawley,

who is leading the sale of the notecards on behalf of the Community Church, "One thing everyone tells me about these notecards is how versatile they are – you can use them as birthday cards, anniversary cards, and some people have even used them as holiday cards." She adds, "At this stage of our lives, what better gift is there to receive than a hand written note? And in this case, that hand written note will be benefitting both its recipient as well as a very good cause."

The Community Church is an ecumenical community welcoming people of all faiths. Services are held every Sunday morning at 11 a.m. at the Meeting House. For those already belonging to another church, the Community Church offers a dual membership. For more information, please contact Pastor Dierdre Thomson at (732) 757-5190 or Membership Chair Alyce Owens at (609) 860-0866.

Things I noticed while on my daily two-mile walk

By Dennis Kalos

1) Handicap placards that are hanging from the rearview mirror are illegal to hang there while driving in N.J.

2) Parking in handicap spots

is illegal and not very considerate to handicapped drivers, but very common by the pool.

3) While driving on Old Nassau Road toward Rossmoor Drive, people drive on the wrong side of the double yellow line—very dangerous.

4) The white line and the stop sign at street corners means you are to yield to pedestrians crossing the street.

All these things are common sense. I think common sense is not common anymore.

New Neighbors



By Christina Smith, resident services manager

Maria Restrepo, 115B Hanover Lane, formerly of Monroe Twp., N.J.

Edward and Sharon Condiracci, 393A Newport Way, formerly of Parlin, N.J.

Kenneth and Suejane Thomas, 456B Roxbury Lane, formerly of Bedford, N.J.

Jacquelyn Coleman, 170N Rossmoor Drive, formerly of Monroe Twp., N.J.

John Yea and Jung Lee, 14B Sussex Way, formerly of Old Bridge, N.J.

Theresa Robinson and Janice Barry, 124A Rossmoor Drive, formerly of Port Saint, Fla.

Farooq and Jawad Khan, 519N Spencer Lane, formerly of East Windsor, N.J.

Robert and Maureen Danehy, 120C Rossmoor Drive, formerly of Pine Knoll Shores, N.C.

Chao Chen and Caroline Faraone, 365E Old Nassau Road, formerly of Plainfield, N.J.

Christopher and Yong Ko, 175A Prescott Lane, formerly of Monroe Twp., N.J.

Yong and Young Moon, 215N Mayflower Way, formerly of Garfield, N.J.

Kenneth Ply, 439N Newport Way, formerly of Cranford, N.J.

Thomas and Debra Stasik, 717A Victoria Court, formerly of Monroe Twp., N.J.

Bob and Bill

(Continued from page 6)

sets, and Bill has managed to utilize them over the past 30 years.

The proud father of two sons and a daughter, Bill is grandfather to seven little ones, including a recent set of twins.

Although we have been told that the next show is in the works, not a peep was shared about the title or content. We will have to patiently wait until The Players reveal information about the next production. We're looking forward to another great show from this multi-talented group.

Got pain? Get AMP'D!! Alternative Medical Pain Docs Dr. Sang H. Song, D.O.

Dr. Song specializes in non-operative care of spinal (neck, back) and joint pain (shoulder, elbow, wrist, knee, hip), sports injuries, and arthritis.

Dr. Song's comprehensively provides personalized treatment for pain, helping both body and mind. Dr. Song has further expertise in spinal manipulation medicine.



•Board certified in Physical Medicine & Rehabilitation
•Robert Wood Johnson-JFK Rehabilitation Residency
•Univ. of Medicine & Dentistry of NJ - Johns Hopkins University

732-660-8715

(most insurances, including HMOs accepted)

Rossmoor Health Care Center
1000 Old Nassau Dr, Monroe, NJ 08831

Also at: 241 Forsgate Dr 107, Jamesburg, NJ 08831
ampdoctors@gmail.com

David's Lawn & Landscape Design



Magnificent Landscapes at Affordable Prices



Landscape Design Specialist • Certified Paver Installer

FULL LANDSCAPE SERVICES

- New Landscapes
- Landscape Revitalizations
- Landscape Maintenance
- Shrubbery & Tree Care
- Topsoil, Mulch & Stone

5% Discount

On Any New Landscape or Hardscape Jobs

Contracted before May 31, 2017.

SIGN UP EARLY FOR OUR MAINTENANCE PROGRAM!

FULL HARDSCAPE SERVICES

- Walkways, Patios & Drives
- Block Retaining Walls
- Power Washing & Re-sanding
- Water Features & Waterfalls
- Landscape Lighting

- Professional Services in the Community for over 23 Years
- Experienced Crews
- Fully Licensed & Insured
- Estimates Are Always Free

For All Your Landscape Needs

Call David's at 732-521-2599

NJ License # 13VH01821500 • Pesticide License # 99807A

JPMorgan Chase & Co.

WELLS
FARGO ADVISORS
FINANCIAL NETWORK**3.74%**
Yield to Maturity3.625% Coupon. Priced at 98.957. Final maturity 12/01/2027.
Subordinated Note. Callable starting 12/01/2026 at 100.
Rated Baa1 by Moody's and BBB+ by S&P.

Yields and ratings as of 04/13/2017. Availability, quantities, ratings and prices for offerings are subject to change. As with any other investment, bonds sold prior to maturity are subject to market, interest rate, credit and other risks. Credit risk is the risk that an issuer will default on payments of interest and/or principal. This risk is heightened in lower rated bonds. If sold prior to maturity, fixed income securities are subject to market risk. All fixed income investments may be worth less than their original cost upon redemption or maturity. Moody's: Baa, Medium-grade and subject to moderate credit risk and as such may possess certain speculative characteristics. The modifier 1 indicates that the obligation ranks in the higher end of its generic rating category. S&P: BBB, Adequate capacity to meet financial commitments, but more subject to adverse economic conditions. The addition of a plus (+) or minus (-) sign shows relative standing within the major rating categories. Additional information is available upon request. Subordinated notes are unsecured debt and are backed only by the promise and good credit of the bond issuer.



Bill Tarallo, CFP®
Senior Financial Advisor, Managing Principal
1246 South River Rd Suite 105 Cranbury, NJ 08512
609-655-0202 ext 1
bill.tarallo@wfaafinet.com

Investment and Insurance Products: NOT FDIC Insured/NO Bank Guarantee/MAY Lose Value

Investment products and services are offered through Wells Fargo Advisors Financial Network, LLC, Member SIPC, a registered broker-dealer and a separate non-bank affiliate of Wells Fargo & Company. WFAFN uses the tradename Wells Fargo Advisors. ©2016 Wells Fargo Advisors Financial Network, LLC.1015-04059 [83143-v3] A1488

I.C.C.**Heating & Air Conditioning****"ALL BRANDS SERVICED & REPAIRED"**

Service Contracts Available

AUTHORIZED YORK, CARRIER & RUUD DEALER

MINI SPLIT SYSTEMS AVAILABLE

ICC is a full-service company since 1974—

Located in Monroe Twp.

609-655-4647

John Intravartolo

License #

Santo Intravartolo

13VH01065900

Charlotte F. Casey, GRI, SRES

Broker/Sales Associate

NJAR Circle of Excellence, Silver Level 2001

NJAR Circle of Excellence, Bronze Level

1987-95, 1997-2001, 2006-2016

Levinson's President's Elite

Phone: 609-655-5535 x 230

Fax: 609-655-0207

Cell Direct: 732-672-4440

Email: charlottefc@aol.com



Charlotte F. Casey,
GRI, SRES

Selling Real Estate
for 37 Years

**CENTRAL
LEVINSON**

349 Applegarth Road, Monroe Township, NJ 08831

1-800-367-1982**www.55plusHomes.com**

Q: How are the RCAI Board of Governors Officers elected?

A: By the time you read this article many of the Mutuals will have had their Annual Meetings and elections. It is the time of the year when the Directors elect their Mutual officers, decide their committee assignments for the three RCAI Standing Committees (Community Affairs, Finance, and Maintenance) and the Governor to serve on the RCAI board.

Each RCAI Standing Committee as well as the RCAI Board of Governors, is comprised of a representative from each of the 18 Mutuals. The committee members elect the officers of the three committees this month.

The last step is the election of the RCAI Executive Committee, President, Vice President, Treasurer and Secretary, at the RCAI Board of Governors meeting on Thursday, May 18, at 9 a.m. in the Clubhouse Ballroom. All 54 Mutual directors elect the RCAI Executive Committee, in person, at this meeting. There are no absentee ballots and nominations are made from the floor. Each director votes by written ballot at the meeting.

It is certainly a very busy time of the year. All the meetings are open, held in the Meeting Room in the Village Center (except the May meeting of the Governors) and we encourage you to attend.

Once all the Standing Committee officers and Executive Committee are elected the fun will begin.

It is an exciting time and we plan to do our best to keep you informed of all the activities, projects and plans through the *Rossmoor News*

and Channel 26. As always, I am available to answer your questions, comments or concerns.

Q: How does the staff in the Village Center function?

A: The staff in the Village Center is responsible for the Administrative and Financial affairs of the Rossmoor Community Association, Inc. ("RCAI") and the eighteen Mutuals.

My office is located in the Village Center along with the Controller, Linda Rainey, Resident Services Manager, Chris Smith and five others as support staff. As the General Manager, Chris Smith and Linda Rainey report directly to me as well as the E&R Manager, Michelle Williams; Operations Manager, Ricky DeBlois; Golf Professional, Ted Servis; and Golf Superintendent, Tom Tucci.

Under Linda's direction, Gina Genther, bookkeeper, assists with the daily, weekly, monthly, quarterly and annual financial activities of the 19 corporations. Gina is a new member of the staff and her duties will become more defined and detailed as she is trained.

Under Linda's direction, Debbie Soden, accounts receivable/payroll, is responsible for the collection and accounting of the monthly carry charges, special assessments, late notices and fees; mortgage and interest statements and property tax letters for the cooperative associations; monthly delinquency reports; maintaining data on automatic debit transactions; reconciling payroll, depository, Mutual checking and money market accounts; bi-weekly time cards, payroll and taxes; maintaining personnel records, un-

ion dues and pension contributions; annual coupons for Carrying Charges; printing and distributing monthly RCAI and Mutual financial statements and assists the Controller and General Manager with the preparation of the annual RCAI and Mutual budgets.

Also under Linda's direction, Christine Parr, accounts payable, is responsible to calculate and prepare invoices for payment for RCAI, and the 18 Mutual associations; assist with telephone calls; keep all the bank account signature cards up to date; sort and distribute incoming mail; lease and arrange maintenance of the copiers in the various departments; order all the office supplies; and make miscellaneous bank deposits from the various departments.

Linda Rainey, controller, is responsible for the financial operations of the RCAI and the 18 Mutuals including the monthly financial statements; check requests; sales, use and payroll taxes; deposits to the non-union employees pension plan and 401K; reconcile RCAI bank statements and the reserve and capital expenditures; assist the 18 Mutuals with their annual budgets and reserve study updates; record interest earned on investments; prepare all the schedules for the annual audits; adjust reserve cash to fund balances quarterly; transfer cash between RCAI and Mutual accounts through web based cash management program; oversee the 19 corporations' investments to make sure cash is available when needed and fully invested when not needed; and review all the Maintenance Department, Education and Recreation Office and Golf Course daily receipts and deposits.

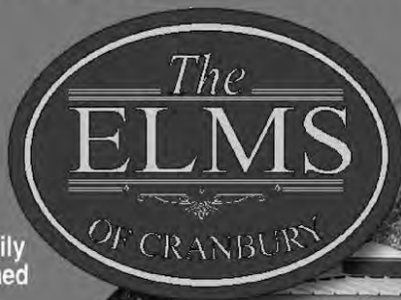
In her spare time, Linda has kept her department current as there are changes in laws, policies, procedures, and technology.

The rest of the Administrative staff consists of Christina Smith, resident services/office manager; Maryann Sonnenfeld, administrative assistant; and Mary Ann Titus, receptionist.

Christina Smith as residents services/office manager is responsible for the resales for the condominiums and cooperatives including working closely with realtors, attorneys, Monroe Township and our escrow agent, completing mortgage questionnaires, constantly updated the welcome kits, intent to sell forms, ID cards and bar codes, and assisting directors with orientation meetings. Chris is instrumental in keeping the residents list up to date at all times for mailings for the Mutuals, *Rossmoor News* and the Rossmoor directory. The computerized gate access system for the North Gate, TOPS, is

(Continued on page 9)

SUB ACUTE REHABILITATION AND NURSING - LONG TERM CARE



Family
Owned
and
Operated
Since
1960

THE ELMS OF CRANBURY

NEW 5000 sq. ft. Rehab Pavilion & Therapy Pool

Family Atmosphere
Warm, Friendly And Caring Staff

Most Convenient Facility to the
Monroe Township Active Adult Communities

609-395-0641

61 Maplewood Avenue
Cranbury, NJ

NJ Department of Health Rated
Outstanding Survey History

Bob's Almanac

By Bob Huber

By Bob Huber

It's May; it's May, the merry month of May! Mother nature puts on her spring finery: flowers and trees are in bloom, not to mention pollen, and testosterone levels are rising in the younger generation. It's no wonder that May 1, (**May Day**), has been celebrated as a special occasion since ancient times.

Though May 1 is the unofficial start of the wedding season, it should be noted that there was an important wedding of a political nature which happened on May 1, 1707 when traditional enemies Scotland and England joined forces to become **Great Britain**, creating Western Europe's most formidable monarchy.

May 3, 1898 - **Golda Meir** was born in Kiev, Russia. As one of the founders of modern Israel, she served as Israel's prime minister from 1969 to 1974.

May 4, 1494 - **Christopher Columbus** discovered Jamaica on his second voyage to the New World. Some say he took a circuitous route home after also discovering Jamaican rum.

May 5, 1862 - Mexican troops defeated the French forces of Napoleon III in the

battle of Puebla, thus establishing May 5 as the country's Independence Day, known as **Cinco de Mayo**, similar to our July 4.

May 5, 1961 - Astronaut **Alan Sheppard** was the first American to fly into space. The sub orbital flight lasted 15 minutes.

May 6, 1937 - The huge German transatlantic airship, **Hindenburg**, caught fire and crashed while landing at Lakehurst, N. J. Out of the 97 passengers and crew on board, only 62 survived. The debate still rages as to whether the fire was started by a saboteur's bomb or leaking hydrogen gas set ablaze by lightning.

May 6, 1856 - **Sigmund Freud** was born in Moravia. Though Freud's methods were originally dismissed by his peers as inconsequential or bogus, he was eventually recognized as the father of modern psychoanalysis.

May 8, 1884 - **Harry S. Truman** was born in Lamar, Missouri. He was the last of only nine presidents who didn't attend college. He was poorly prepared to assume the presidency after Franklin Roosevelt's death, but he skillfully guided our country through perilous times. In his "no non-

sense" manner, he once said his decision to drop the atomic bombs on Japan was not difficult. In the end, it saved thousands of American and Japanese lives. It was a decision that will be debated for generations to come.

May 10, 1869 - The **Union Pacific** and the **Central Pacific** railroads met at Promontory Point, Utah. With the driving of a golden spike, the East Coast and the West Coast were connected by railroad for the first time.

May 11, 1888 - **Irving Berlin** (Israel Isidore Baline) was born in Russia. He could neither read nor write music, but he composed some of the most popular melodies of the 20th century. His patriotic song, "God Bless America," reached the status of a national anthem during World War II.

May 17, 1792 - Twenty-four merchants and brokers established the **New York Stock Exchange**. They met outside under a tree, and in inclement weather they moved into a local coffeehouse.

May 20, 1862 - Pres. **Abraham Lincoln** signed the Homestead Act into law, which opened western government owned land for settlement. After living on the land and cultivating it for five years, homesteaders could buy up to 160 acres for \$1.25 an acre. Today, it would be hard to rent a parking space for an hour for that much money.

Better still, leave the car in the garage, and take a nice long walk on these beautiful spring days to enjoy what Mother Nature has to offer. And if you should encounter a bunch of guys sitting under a tree, see if you can pick up some good stock tips.

Sound Advice

Norman J. Politziner, CFP®, CeFT® President of NJP Associates

Four tax-wise ways to donate gifts to charity

Norman J. Politziner, CFP®
President of NJP Associates

How can you donate to charity? Let us count the ways. Although there are many variations on these themes, there are four basic paths for making contributions to charitable organizations that let you take tax deductions while pursuing your philanthropic goals. They are:

1. Direct contributions: This is the easiest method. You simply write a check or

make an online donation. If you're giving tangible property, such as artwork, you'll need to deliver it physically to the charitable group.

Most such contributions are fully deductible on your tax return, but there could be limitations on the size of your write-off based on your adjusted gross income (AGI) for the year:

Contributions to public charities are limited to 50% of your AGI.

Contributions of appreciated property (for example, publicly traded stocks) to public charities can't exceed

(Continued on page 10)

Ask the GM

(Continued from page 8)

constantly updated under Chris' direction. She oversees the *Work Permit* approvals. Chris is also the administrator for mediation hearings. After new residents move into Rossmoor, Chris makes sure they have all the information they need to begin their adventure in the Community and coordinates the quarterly new residents' meetings with staff.

Under Chris Smith's direction, Maryann Sonnenfeld assists with meeting schedules and draft copies of the agendas for approval of the RCAI Standing Committees, Golf Course Committee, Executive Committee and Board of Governors. Maryann also attends meetings and drafts the min-

utes. She handles correspondence for the RCAI President, Mutuals and committees. Maryann organizes and attends the 18 Mutual annual meetings. If you ever wanted to review minutes or resolutions, Maryann has them organized and at her finger tips. Maryann is fairly new to the staff.

Under Chris Smith's direction, Mary Ann Titus is the first-person residents and visitors see and hear when entering or contacting the Village Center. Her position is constant and challenging. Mary Ann also assists Chris Smith and the entire office with scanning and filing. Mary Ann is also new to the staff.

We are a busy, productive group that is proud to serve Rossmoor!



So Much to Smile About!

In just one year, our NEW marketing strategy has increased buyer inquiries by 48%. This means even MORE BUYERS are asking about ERA Central Levinson's listings than ever before!

48%
INCREASE
IN BUYER
INQUIRIES



PENN II



CONNECTICUT



MONROE



MAINE

349 Applegarth Road • Monroe Twp. • 609.655.5535
55plusHomes.com

MONROE DENTAL GROUP

Lawrence Klein, DDS
Adam Klein, DMD

Comprehensive Dentistry
Complimentary Consultations
Over 20 Years in Monroe Township
Conveniently Located New Office
Just Off Applegarth Road

18 CENTRE DRIVE, SUITE 102
MONROE TOWNSHIP, NJ
609-655-3551

FREE LIVING TRUSTS AND WILLS WORKSHOPS REVEAL... REASONS YOUR FAMILY MAY NEVER RECEIVE YOUR FULL ESTATE

COLTS NECK

Colts Neck Inn
Routes 34 & 537
Tuesday, May 9th
10am – 12noon
Refreshments

TOMS RIVER

Ramada
2373 Route 9
Wednesday, May 10th
10am – 12noon
Refreshments

MONROE

Crowne Plaza Hotel
390 Forsgate Drive
Thursday, May 11th
2pm – 4pm
and 7pm – 9pm
Refreshments

FREEHOLD

Radisson Hotel
(formerly Freehold Gardens Hotel)
50 Gibson Place
Wednesday, May 17th
10am – 12noon
Refreshments

THERE STILL IS A NJ ESTATE TAX
Attend One of These Workshops and
You'll Find Out How To...

- ✓ PROTECT assets for the surviving spouse.
- ✓ PROTECT your assets from your loved ones' creditors or spouses.
- ✓ PROTECT your Estate if you become incapacitated during your lifetime.
- ✓ CHOOSE the right option to preserve your retirement plan.

Law Offices of

Levine, Furman & Rubin, LLC

Attorneys Roger Levine and Adam Rubin are noted speakers on estate planning. They are members of the American Academy of Estate Planning Attorneys; have Master of Laws Degrees in Taxation; and their workshops are said to be "informative, entertaining and easy to understand."

F-3 Brier Hill Court • East Brunswick, NJ 08816
1072 Madison Avenue • Lakewood, NJ 08701
Phone 732.238.6000 • Fax 732.238.6055

.. FREE CONSULTATION—BRING YOUR CALENDAR ..

All workshop attendees will receive a FREE one-hour consultation to see how proper Estate Planning will benefit you and your family

www.levinefurman.com
Seats Are Limited Call 732-238-6000 Now!
24-Hour Reservation Line — Sign Up Online

Sound Advice

(Continued from page 9)
30% of your AGI.

Contributions of appreciated property to private foundations are limited to 20% of your AGI.

But in all of these cases any amount that exceeds the limits can be claimed on the following year's return, and such "carryovers" may continue for up to five years.

2. Donor-advised funds: With a donor-advised fund, you give your money to a fund that's set up with an institutional partner. There might be a minimum contribution amount, and the fund may charge fees to cover its costs. But one big advantage of this approach is that you can make a donation to the fund and get an immediate tax deduction and then decide later where you want your money to go.

Once you choose to give a specified amount to a particular charity, the fund will verify that the organization is eligible to receive tax-deductible contributions. Once your grant is approved, the money goes to the group with an indication that it was made on your recommendation. You also can request that your gift be made anonymously.

3. Charitable gift annuities: This approach is somewhat more sophisticated than direct gifts and donor-advised funds. A charitable

gift annuity is a contract between a donor and a charity. You agree to transfer money, securities, or other assets to the organization, which in turn agrees to make specified payments to "annuitants"—usually you or you and someone else you designate.

What are the tax consequences? As the donor, you're entitled to a charitable deduction in the year you make your donation to the charity that is adjusted to account for the expected payments you'll receive, based on your life expectancy and other factors.

4. Charitable trusts: There are two main types to consider: the charitable remainder trust (CRT) and the charitable lead trust (CLT).

With a CRT, you set up the trust and transfer selected assets to it. The charity often acts as the trustee and manages the assets. During the trust term, you (or another beneficiary or beneficiaries you specify) receive regular payments from the trust. The CRT may last for a term of specified years or your lifetime. Finally, when the trust ends, the remaining assets from your contribution (the remainder) go to the charity. You get a current tax deduction based on the projected value of that remainder.

A CLT works the opposite way. You still transfer assets

to the trust, but annual payments go to the specified charity, and the remainder at the end of the trust term goes to the beneficiaries you designate.

Regardless of whether you use a CRT or a CLT, the annual payments may be based on a fixed amount or a percentage of assets. Other special rules apply, so be sure to obtain expert guidance.

This is a brief overview of current rules. But these approaches could be affected by proposed tax changes. We'll keep you up to date on any changes.

Norman J. Politzner, CFP, a resident of Encore, is a Registered Representative and Investment Adviser Representative of Equity Services Inc. Securities and investment advisory services are offered solely by Equity Services, Member FINRA/SIPC, 4401 Starkey Rd., Roanoke, VA 24018. (540) 989-4600. NJP Associates and all other entities are independent of Equity Services, Inc.

For more information, questions, or comments, we encourage you to visit our website at www.poltzner.com or call us at (732) 296-9355.

03/17/2017 / ©2017 Advisor Products Inc. All Rights Reserved.

The views and information contained herein may have been prepared independently of the presenting Representative and are presented for informational purposes only and should not be construed as investment advice. This information is not intended as tax or legal advice. Please consult with your Attorney or Accountant prior to acting upon any of the information contained in this correspondence.

TC94881(0417)1

Musings and Memories

By Betty Emmons

Mother's Day 2010

By Betty Emmons

To begin my story, I want to tell you that I had the best Mother's Day anyone could have ever had. But then I'm sure each of you have probably heard that from your own moms. Words that are true and from the heart, but what makes my story different is that I never had any children. So let me explain.

You see, I have been embraced by Jonas' son, two grandsons, and his daughter-in-law, and they are the best. The love they have shown me is beyond anything I could have imagined or ever hoped for. And their generosity is beyond belief. A wonderful family that has come to mean so much to me and not only on special occasions, but every day of the year. Denise, the daughter-in-law who is more like a daughter to me, calls me twice a day from Massachusetts just to say hello and how are you. But the nicest part is, she never, never fails to say "I love you" before she hangs up. And the boys always show me the same kind of love, concern, and respect. Beyond that, they send me gift cards for every restaurant they can think of, the Stop & Shop, and Walmart, to make sure I get nourishment and have food

on hand.

But back to Mother's Day. On Friday, there was a pyramid of fruit delivered to my patio door and then flowers to my front door. I was thrilled, but very surprised because the family was expected the next day.

Well, they did arrive on Saturday as planned and that evening we all went out to dinner. We had a lovely time and the next morning, Mother's Day we all went to church and had breakfast together. After breakfast, they dropped me off and then left for the five-hour trip home.

Now I ask you, wasn't that the best Mother's Day anyone could have ever had, let alone someone who wasn't even a mother? But wait, I have to tell you one more thing. After they left, I found money on the mantel which they later explained was so I could participate in fun things.

Much too much and of course, I am very grateful for everything. But the best part is, I know how pleased Jonas would be as his greatest joy in life was his family, the spirit of giving, and their love for one another, and because of who he was. I had the best Mother's Day anyone could have ever had and, truly, my heart is filled to overflowing

COPING WITH PAIN & STIFFNESS?

"Living with it" isn't your only option

We are dedicated to integrating an extremely personal, tailored approach to rehabilitation to help you **FEEL MOVE & LIVE BETTER!**

What we do:

- Perform an extensive evaluation & take the time to "listen"
- Assess the whole person & determine the true cause of your problem
- Devote time to advanced hands-on joint & tissue techniques
- Teach you how to move correctly to minimize pain and get you back to the activities you love
- Personally teach you how to use your community gym

Post-surgical Rehab
Joint Replacement
Muscle pain/Spasm
Back/Neck pain
Arthritic joint pain
Sciatica/Nerve pain
Balance, Gait



At the North Gate!
FORSGATE
PHYSICAL THERAPY
609-860-9913



In Memoriam

Francis J. Lupica

Francis J. Lupica, age 90, passed away on Sunday, March 19, surrounded by his loving family. Born in 1926 in the Bronx of Italian immigrant parents, Paulo and Marietta, deceased, Frank was one of two children with his brother, Vincent, also deceased.

During World War II, Frank joined the US Navy, serving honorably in the South Pacific theatre through the war's end. After discharge, he returned to his education and completed his Bachelor's Degree in Business at Iona College in New Rochelle, New York.

Frank married Joan Thompson in 1952. They would have celebrated their 65th anniversary this coming May. They moved to New Jersey in 1957. Frank is survived by four children: Joanne, Nancy and husband Hank Wolman, Paul and wife Lauren, Michael and wife Alexandra, as well as four granddaughters: Katy, Jenny, Gina, and Rowan. Additionally, Frank was blessed with two great grandsons: Nico and Jackson.

Frank spent most of his professional career working at Dun & Bradstreet, retiring in 1987. In addition to his loving family, his passions were playing golf, watching golf, and talking about golf. Forever a very special person in our hearts, PopPop will be missed by one and all.

Concetta Pino

Concetta (LoRe) Pino died on Tuesday April 4, at her home on Yarrowbrough Way South. Connie was 105 years old, born on Christmas eve in 1911. Born and raised in Brooklyn, she lived there until moving to Rossmoor in 1989.

She married her sweetheart, the late Hon. Frank J. Pino in 1936 and they were married for over 69 years until his death in 2007. She was the matriarch of her family and was a homemaker her entire life. She was a former member of the Altar Rosary Society in Brooklyn. Her favorite television show was The Young and the Restless, which she watched for over 40 years. She was an outstanding cook and her chicken cutlets were everyone's favorite. She was an avid fan of the New York Yankees and was a parishioner of Nativity of Our Lord RC Church, Monroe Twp.

She was pre-deceased by her husband, Hon. Frank J. Pino in 2007, her daughter, Maria Licata, two brothers,

and two sisters.

She is survived by two daughters, Angela Albano and her husband Joseph of Somerset; and Frances and her husband Domenick of Jackson; her son-in-law, Richard Licata; six grandchildren: Donna Albano (Jayson), John Albano (Susan), Debra Brey (Lawrence), Frank Petraglia (Monica), Stephanie Licata, and Christopher Licata (Crystal); four great grandchildren: Kayla, Maya, Alexander, and Antonio, as well as her caretaker, Cecilia, and many other extended family members.

Ed Ryan

Ed Ryan, who died on March 22, was a good man who was loved for the caring in his heart, a wise man who taught by fine example, a strong man who worked hard and did his best for his family, and a religious man who would say that your faith was not just a Sunday experience.

Ed was born in Brooklyn the eighth of nine children to Irish immigrant parents Anne McGuinness and James Ryan. He attended St. Mary Star of the Sea Grammar School, where he served as an altar boy, and St. Augustine High School, where he was a varsity baseball and basketball player and captain of each team. After graduation, he became active in the Alumni Association and was its president for many years. He received a scholarship to attend Manhattan College but was unable to use it because his family needed his financial help. After high school, he worked in Todd's Shipyard and then joined the U.S. Navy to serve for four years as a Signalman in the Armed Guard, crossing the Atlantic many times during WW II. At the close of the war, he married Alice Coleman and they were married for 67 years. He was the proud and caring father of his four children, Alice, Patricia, Edward, and William, and warmly welcomed their spouses, Jack, Dennis, Mary, and Heather into the family. He was a kind and loving grandfather to Gavin and Erin, Liam, Chris and Lindsay, Teague, Terence, Alison, Tommy, Colin, Juliana and David, and a wonderful great-grandfather to Olivia, Emery and Gracyn.

Ed had two successful 20-year careers, the first as a New York City policeman where he rose to the rank of lieutenant. He went on to become the General Manager of Lincoln Center State

Theater in New York City. Both careers were filled with excitement, each in its own way.

Ed worked hard at each career and yet he always had time to do the best for his family. He was a strong believer in Catholic education and all four of his children went to Catholic grammar schools and high schools. He was president of the Holy Name Society and an active member in every parish where he resided. He coached baseball and basketball teams in local parishes, and the players to this day remember not only the games but the life lessons that he taught. If you asked him about one of his most fond memories, it would be when he was selected to coach the NYC Anchor Club's Orphan All Stars game against Father Flanagan's Boys Town Team at the Polo Grounds. The Club was a Catholic philanthropic organization whose focus was helping war orphans and children of deceased NYPD members. He often said it was a high point in his life. They won the game in front of thousands of people and it was covered in all the N.Y. papers. He kept in contact with many of the young men on that team, one of whom became a physician and another an NYPD Deputy Police Commissioner.

He spoke in phrases, "a job worth doing, is worth doing well," "it's nice to be nice," "fail to prepare, prepare to fail," "the wise man listens." He was a serious thoughtful man, but after retirement, he moved to Rossmoor to begin what he called the fun time in his life. He was an active member in the Emerald Society, the Brooklyn Club, the Catholic Society, the Barber Shop Quartet, The Rossmoor Players, and The Old Guard. He joined the bocce and tennis teams, won medals at the Senior Foul Shot competitions, sang at various functions, told great stories and jokes, did magic tricks, and joined too many more fun groups to mention. He truly enjoyed this part of his life.

So, today, we celebrate his life. He was a man who was good, wise, strong, and successful and he was loved more than he could know.

CASH PAID for ANTIQUES and FINE FURNISHINGS

- Jewelry
- Silver
- Gold
- Coins
- Rugs
- Lamps
- Pianos
- Paintings
- China
- Dolls
- Toys
- Clocks
- Chandeliers
- Furniture, etc...

PLEASE CALL ANYTIME FOR AN APPOINTMENT



A-A EMPIRE ANTIQUES

278 Monmouth Street, Hightstown, NJ 08520

609-426-0820 • Fax: 609-426-8850

TOLL FREE: 1-800-626-4969

FABRIC & UPHOLSTERY SHOP ON PREMISES

DR. ELLIOTT LEHRER

Board Certified Podiatrist: Diplomate of the American Board of Podiatric Orthopedists and Primary Podiatric Medicine

- BUNIONS
- HAMMERTOE
- CORNS & CALLUSES
- WARTS
- INGROWN TOENAILS



- HEEL PAIN
- IN OFFICE SHOCK WAVE THERAPY
- FRACTURES & INJURIES
- DIABETIC FOOT CARE

We now participate with Horizon Blue Cross Blue Shield PPO.

HOURS BY APPT - TUES, WED, THURS, FRI & SAT

190 PROSPECT PLAINS RD.
MONROE TWP., N.J. 08831

609-655-2222

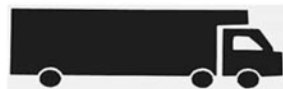


WINDSOR MOVING & STORAGE CO. INC.

No Job Is
Too Large or
Too Small!

We Can Handle All Your Moving Needs

- Professional Service from Start to Finish
- Residential & Commercial Relocations
- Local & Long Distance
- Professional Packaging
- Prompt, Reliable Service
- Low Rates - Free Estimates



609-448-8840

24 Hours a Day, 7 Days a week

2 Brickyard Rd. • Cranbury, NJ 08512

CLINTON MONUMENT CO. EAST BRUNSWICK MONUMENT CO.

Since 1866



SERVING ALL FAITHS SERVING ALL CEMETERIES

- Superior Craftsmanship
- Memorials In Granite & Bronze
- Cemetery Lettering

841 CRANBURY RD.
Opp. Holy Cross Burial Park
East Brunswick/Jamesburg
Convenient to Rt 1 & Rt 130



RONALD M. NELSON

(732) 521-3020

(732) 257-0099

FUNERAL & CREMATION SERVICES



CHRISTINE A. CUOCO
MANAGER
NJ LIC. NO. 4538
862.368.2626

Serving families of all faiths

with exceptional care that honors culture & tradition

Professional Licensed Funeral Director with over 15 years experience. Thoroughly proficient in all aspects of funeral ceremonies, poojas, customs and traditions.

Dedicated to honoring the life of your loved ones with great compassion and care. Guidance and assistance through each step of transition.

Available 24 hours 7 days a week.
Affordable pricing and funeral options available.

Conveniently located to Mercer, Middlesex and Monmouth Counties. Medicaid accepted.

202 STOCKTON STREET | HIGHTSTOWN, NJ 08520
T 609.448.4717 | WWW.RUBYMEMORIALHOME.COM



MONROE TWP. FIRE DISTRICT #3 AT YOUR SERVICE, ANYTIME.

www.mtfd3.com
609-409-2980

CATS AT HOME

Emily Jarvis, DVM
609-915-8671



home veterinary visits
22 years all-feline experience
\$10 off first house call fee with this ad

MIKE "THE HANDYMAN"

732-780-0468

Lic. #13VH08300900



- No job too small, so don't hesitate to call
- Same-day callback, work done within 24-48 hours
- Fully Insured
- References gladly furnished upon request

OVER 25
YEARS OF
EXPERIENCE

Let us help you
keep your
mouth healthy!



Dr. David Rabinowitz
and
Dr. Sari Klerer
Family and Geriatric
Dentistry

In a warm and caring office
located in your
neighborhood at
254 Cranbury Half Acre Rd.
Monroe Township
(609) 655-3555

(S)milestones



Joe and Lucille Conti with their grandson Michael Bellmier at Family Day with the NYFD.

CULINARY CORNER

By Sidna Mitchell

Linda Metro and Richard Zeck, former Rossmoor neighbors who now live year-round in Venice, Fla., invited us to dinner before we headed back north. Of course, I asked if I could bring anything. Claiming she never thought about dessert, Linda suggested I bring a pie.

Amazing! Dessert is one of the first things I consider when ordering a meal out or

planning one for home. In fact, there have been times when Ken and I opted for a banana split or sundae at the DQ instead of having lunch.

About 20 years ago while visiting family in Memphis, I found a recipe for an easy lemon icebox pie. I decided to make one for Linda and Richard's dinner party. This is so easy and tastes just like the pie my mother (Granny) used to make.

Debra G. Salman, DDS Richard A. Salman, DDS

Practice Limited to Periodontics
NJ Specialty #3508

Practice Limited to Oral & Maxillofacial Surgery
NJ Specialty #3504

- Dental Implants
- Gum Treatment
- Periodontal Surgery
- Crown Lengthening
- Bone Grafting and Regeneration



- Emergencies
- Dental Implants
- Extractions
- Impacted Wisdom Teeth

Diplomate, American Board of Oral and
Maxillofacial Surgery

Graduate: NYU College of Dentistry

Graduate: NYU College of Dentistry

Residency: New York VA Medical Center

Residency: NYU Medical Center/Bellevue Hospital

www.monroeoralsurgery.com

18 Centre Drive, Suite 202, Monroe Township • 609-395-8300

Nationally Recognized Leaders in Macular Degeneration and Diabetes

NOW SEEING PATIENTS IN MONROE



RUTGERS Robert Wood Johnson Medical School

Our board certified, fellowship trained retinal specialists are nationally recognized clinicians, researchers, and leaders in the field of retina. We are at the cutting edge of patient care, new treatments, and best practices for the entire spectrum of retinal diseases. We have specific expertise in the management of macular degeneration (AMD) and diabetic eye disease.

312 Applegarth Road, Monroe NJ

609-655-8301

Culinary corner

Lemon Icebox Pie

Eight- or nine-inch graham cracker crust (store-bought)
14-ounce can sweetened condensed milk

6-ounce can frozen lemonade concentrate, thawed
Small carton Cool Whip, thawed

1. Beat sweetened condensed milk and lemonade concentrate until thick.
2. Fold in Cool Whip and pour into the pie shell.
3. Top with more Cool Whip if desired.
4. Refrigerate or freeze to make stiffer until ready to serve.
5. Serves eight.

Granny often made lemon icebox pie. She got her recipe from the label of the Magnolia brand of sweetened condensed milk. Granny always claimed the lemon "cooked" the egg yolks so you didn't have to worry about baking the filling.

Lemon/Lime Icebox Pie

1/2 cup fresh lemon or lime juice (about three lemons or limes)
grated rind of one lemon or lime
2 egg yolks
14-ounce can of

sweetened condensed milk
eight-inch graham cracker crust (store bought)
Cool Whip (eight-ounce container) or whipped cream

1. Put lemon or lime juice in mixing bowl along with grated rind and egg yolks.
2. Mix briefly and then add the sweetened condensed milk.
3. Continue mixing until the pie filling thickens.
4. Pour into graham cracker crust.
5. Keep in refrigerator until ready to serve.
6. Cover with Cool Whip or whipped cream and wait for the praises.

NOTE: If you like meringue, forget the Cool Whip or whipped cream. Simply beat egg whites with a dash of cream of tartar and two tablespoons of sugar until stiff but not dry. Smooth meringue on top of pie filling and bake in 350-degree oven about 10 minutes or until the meringue is golden. Then chill the pie until time to serve.

I can be reached via e-mail at sbmcooks@aol.com.

Clubs and Organizations

NJSCCR

(Continued from page 1)

critical jobs performed by the women who followed the army; the history of agriculture; the story of New Jersey diners; the history of the movie industry in New Jersey before Hollywood; and many other fascinating tidbits about New Jersey.

Daytrips have included a

visit to Liberty Hall at Kean University, home of the first New Jersey Governor William Livingston and later the Kean family, a home visited by George and Martha Washington, Alexander Hamilton, and the Marquis de Lafayette among others. The visit included tea overlooking the gardens. Another trip was to the historic town of Allentown, N.J., just south of Monroe and

Laurita Winery in New Egypt, with lunch at the Plumstead Grill in Cream Ridge. On another occasion the group visited the Pearl S. Buck House in Perkasié, Pa., to learn more about this remarkable woman and to see where she lived after the publication of her book "The Good Earth."

In June, the members all celebrate their birthdays, no matter when they actually occur, with strawberry shortcake. There is also a winter holiday celebration, this year in February to chase away the winter blues. So come join this entertaining and sociable group with enlightening food for the brain and delicious foods for the tummy.

Emerald Society's spring activities

By Joan Avery

Dan arranged a trip to the Villa Roma in New York for May 15, 16 and 17. The Villa Roma is in the beautiful Catskill Mountains. Five meals are included with social activities and entertainment also included.

Billy Phillips entertained everyone at the April meeting and Gary Morton will be the entertainer for the June meeting.

There will be a trip to the Tropicana on June 2. Dan is working on the Emerald Society anniversary party in

July. More information to follow. Dan is also working on the Point Pleasant boat ride and dinner trip in July.

The Emerald Society has made several donations to some very good causes, and they are as follows: \$100 to the Police and Firemen Unity Bike Tour, \$200 to the Smile Train, \$150 to the St. Jude's Hospital, and \$200 to the American Cancer Fund.

Another wonderful year for the members of the Emerald Society! See you at the May 24 meeting.

Italian American Club

By Tony Cardello

We were delighted by the return engagement of acclaimed pianist/vocalist Alex Leonard at the April membership meeting. His humor, warmth and musicality shone throughout his performance.

We look forward to a night of fun and frivolity at our annual Rossmoor Downs horse racing gala. The date is Saturday, May 13 from 5:30 to 9:30 p.m. in the Clubhouse. Cost of \$15 includes sandwiches, beer, and soda.

Upcoming events will be a bus trip to Eatery in N.Y.C. on June 14 at a cost of \$22 per person. Food is on your own.

The next membership meeting will be on May 17. For those of you who haven't paid your annual dues please do so.

Our next Bingo night will be in the Ballroom on May 19 at 6:30 p.m.

A donation of \$200 was made to the Interfaith Council of Rossmoor.

Democratic Club holds gubernatorial candidate forums

By Susan Kostbar

With the important 2017 gubernatorial race heating up this election year, the Democratic Club will invite Democratic candidates to share their platforms and tell their stories directly to our residents.

The April 17 meeting included both Jim Johnson, former U.S. Treasury official, and State Senator Raymond Lesniak. Each candidate was invited to meet and greet the residents of Rossmoor and communicate why we should consider them for our votes.

Upcoming, on Monday, May 15, Assemblyman John Wisniewski, will participate in our candidate forum. John is a recognized Democratic leader and Bridgegate crusader. Please join us in the Gallery from 7 to 9 p.m. on Monday, May 15. Please bring your questions. All are welcome; bring a friend, and refreshments will be served. We recommend reservations by calling Catherine Hunt,

secretary, at (205) 821-1209.

As always, we welcome residents to become members of our Democratic Club. Club dues are \$15 per year. Contact Rosa Harris at 609-409-8626 to learn more about membership and to receive the 2017 brochure complete with upcoming Club meeting and event dates, plus more. Be sure to look for us on Facebook and join our Democratic Club!

New Jersey Club event

By Eileen Parker

The New Jersey Club will meet on Friday, May 26 at 1:30 p.m. in the Ballroom.

Cappy Stultz, a realtor, will be our speaker. His topic: "The Camden and Amboy Railroad." He will explore both its birth and the impact it made on the State of New Jersey. Refreshments will be served, and all are welcome.



Lynn Collins
Sales Associate
609-865-4013 Cell
862-345-3754 Fax
Lynn.collins@cbmoves.com



COLDWELL BANKER
RESIDENTIAL BROKERAGE
50 Princeton Hightstown Rd
Princeton Jct., NJ 08550
Office: 609-799-8181

I am pleased to announce that I've moved!
Lynn Collins (formerly of Rossmoor Sales since 2012)
has now joined the award winning office of
Coldwell Banker in Princeton Junction.

Thinking of making a move or know someone who is?
Let my 32 years of experience and expertise go to work for you.

Operated by a subsidiary of NRT, LLC.
COLDWELL BANKER RESIDENTIAL BROKERAGE IN NEW JERSEY AND ROCKLAND COUNTY, NY

Email your news to:
news@rcainj.com



The Gardens
AT MONROE
Healthcare and Rehabilitation



- Post-Hospitalization Rehabilitation
- Personalized Goal-Oriented Treatment
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- 24-hour Nursing Staff
- Certified Dietician
- Long Term Care
- Respite Care
- Hospice & Palliative Care
- Medicare, Medicaid & most insurances accepted

Call our admissions team today to schedule a tour!
THE GARDENS AT MONROE
189 Applegarth Road, Monroe, NJ 08831 | www.thegardensatmonroe.com
609.448.7036

Advanced Treatment for Wet AMD



One of the most highly trained medical retina specialists in the area, **Wayne Grabowski, MD** completed an intensive two-year fellowship in retinal-vitro disease and retinal vascular disease at the renowned Wills Eye Hospital in Philadelphia.

- State-of-the-art diagnostic and treatment equipment.
- Treatment is available on the same day as diagnosis.
- Multiple treatment options available on site.
- Multiple offices for your convenience.

Call to schedule your consultation today.

Outlook Eyecare
Comprehensive Care, Local Focus

PRINCETON: (609) 419-1920
MONROE TOWNSHIP: (609) 409-2777
HAMILTON: (609) 587-4700
www.outlookeyecare.com

EAST WINDSOR FLOOR COVERING

Hours:
Mon - Sat
9:00 - 6:00
Sunday
11:00 - 5:00

WE ARE THE CROSSROADS WHERE QUALITY, PRICE AND SERVICE MEET!

10% OFF

ALL PURCHASES OVER \$1500.00
CANNOT BE COMBINED WITH ANY OTHER OFFER OR PREVIOUS SALES



Stop By Our Showroom

to see the materials we supply:

- Carpet
- Hardwood
- Laminate
- Ceramic
- Vinyl
- Hunter Douglas Window Treatments

**405 Route 130
East Windsor, NJ**

609.443.6999

www.eastwindsorflooring.com

Family Owned and Operated for over 50 Years!

Rossmoor Rental Library



By Irene Poulin

A Hiss Before Dying by Rita Mae Brown

Rita Mae Brown and her feline co-author Sneaky Pie Brown are back chasing a mystery with their unique circle of Southern sleuths. And though the changing colors of fall are a beauty to behold, this year the scattered leaves hide a grim surprise.

Dangerous Minds: A Knight & Moon Novel by Janet Evanovich, Phoebe Sutton

A new series stars an interestingly different romantic team that includes smart-as-they-come young financial analyst Riley Moon and rich but socially maladapted Emerson Knight, who has Sherlockian tendencies and a penchant for martial arts.

The Switch by Joseph Finder

Michael Tanner is on his way home from a business trip when he accidentally picks up the wrong MacBook in the TSA security line at LAX. He doesn't notice the mix-up until he arrives home in Boston.

The Identicals by Erin Hilderbrand

Identical twin sisters, Tabitha and Harper Frost are separated by more than the salty Atlantic stretching between Nantucket and Martha's Vineyard, but a family crisis compels them to overcome their mutual enemy.

You Will Pay by Lisa Jackson

The deadly secrets of a long-ago summer stir to life once more. It starts as a prank's way to blow off steam after a long summer at Camp Horseshoe.

16th Seduction by James Patterson, Maxine Paetro

Detective Lindsay Boxer's life was perfect – she had a beautiful child and a doting husband, Joe. But Joe wasn't everything that Lindsay thought he was, and she's still reeling from his betrayal.

Come Sundown by Nora Roberts

Mustang-tough Bodine Longbow, who runs the family ranch in Montana always thought the aunt who ran off, was dead. But when two women are found murdered, Aunt Alice herself reappears with a fantastical story.

The Stars are Fire by Anita Shreve

Grace Holland is pregnant and tending to two toddlers when her husband joins the volunteer firefighters, and she and friend Rosie – also with two young children – watch their homes burn to cinders as they rush to the beach for safety.

Against All Odds by Danielle Steel

The story of a long-widowed proprietor of a top flight haute couture resale shop and her four adult children, who, in their search to find the right partners for themselves, encounter and struggle with some very difficult and modern problems.

Library Hours:

Monday thru Friday:

10 a.m. to noon

1:30 to 3:30 p.m.

Library closed Saturdays

The library has a wide selection of large-print books for sale – only \$1 each. Please visit us and check out our wonderful library.

Free programs on Internet safety

By Alec Aylat

The Computer Club's new vice-president, Steve Gray, will head up a discussion on Internet safety at the club's monthly meeting at 10 a.m., May 15, in the Gallery. He will note some of the things PC users should avoid and introduce free programs to use to forestall problems.

Uniquely qualified to solve computer problems, Steve, as area system coordinator for the Social Security Administration, handled both hardware and software for a multitude of local offices. He was one of the trainers for new software and wrote his own software when needed. He also ran his own business of computer repair and continues to build his own personal computers.

Think of it. If, today, you've not faced computer problems yet, bet on it that you will, especially with hackers prowling around the Internet. Now you can meet them head on with Steve showing you how. And it's funny how little problems can turn into big ones when you're not computer-wise. So be wise, come discuss with Steve, and enjoy coffee and cake too at 9.30.



MIDDLESEX/MONMOUTH GASTROENTEROLOGY

Board Certified Specialists
Compassionate and Quality Care

COLON CANCER SCREENING

All Treatment of All Digestive Disorders including

Gall Bladder Disease
Liver Disease
Heartburn

Peptic Ulcers
Constipation
Diarrhea



ROBERT R. BLANK, MD • STEVEN C. NADLER, MD, FACG
ARTHUR J. GELLER, MD, FACP, FACG • COLIN C. BROWN, MD
KUNAL GUPTA, MD • LISA P. WALLER, MD

222 Schanck Road, Freehold
Tel: (732) 577-1999

312 Applegarth Road, Monroe
www.mmgaastro.com



Huff, Moran & Orron, LLC

Counsellors At Law

CRANBURY, NJ • 609.655.3600
HuffMoran.com

• ESTATES & TRUSTS • ELDER LAW • FAMILY LAW • PERSONAL INJURY •

WORKING TOGETHER

Local Convenience
Regional Strength

**SZAFERMAN
LAKIND** **TRUE
COUNSEL**
ATTORNEYS AT LAW

LAWRENCEVILLE, NJ • 609.275.0400
Szaferman.com

Rossmoor Clubhouse News

May 2017

1st Pool Party of 2017

Friday, June 23
7-10PM Pool
Music by:
DJ Gary
Bring Your Own
Refreshments



Take a dip in the pool and dance the night away!
Call-in on Tuesday, May 23 at 12:15pm (2 tickets per manor)
Payments accepted Wednesday, May 24-Friday, May 26
Tickets are non-transferable...NO GLASS PERMITTED IN POOL AREA

WELCOME

Clubhouse
Open daily, 8am - 10pm

E&R Office
Open Monday - Friday, 8:30am - 5pm
609-655-3232

Michelle Williams: Clubhouse Manager
Erica Hardeo: Event Planner
Sue Ortiz: Office Coordinator
Sebrena Jinks: Office Assistant
Jessica Roberts: E&R Foreman

ON SALE THIS MONTH

EVENTS

CINCO DE MAYO LUNCHEON
Friday, May 5, 12pm, Ballroom, \$20pp
On sale now!

"THE DIMENSIONS OF WELLNESS" PRESENTATION
Wednesday, May 10, 10am, Ballroom, No Charge
Join Lori Morell for this fabulous presentation focusing on aging in place by understanding the value of nutrition, physical and emotional satisfaction.

ITALIAN COOKING CLASS
Join Aunt Selma for an ole' fashioned cooking class & meal
Friday, June 9, 5pm, Ballroom, \$45pp
Menu includes: caprese salad, pasta with homemade sauce, chicken marsala, sautéed greens in garlic & oil. Everyone also goes home with a pan of lasagna. Space limited.
On sale now!

FRIDAY NIGHT DANCE PARTY—DJ GARY
Friday, May 12, 7pm, Ballroom, \$10pp
Bring your own refreshments, we provide ice.
On sale now!

EXCURSIONS

ATLANTIC CITY-TROPICANA CASINO
Tuesday, May 16, \$25pp
Departs Poolside at 9am.
On sale now!

SANDS CASINO
Thursday, June 15, \$25pp
Departs Poolside at 9am.
On sale May 17!

BROADWAY BOUND... "Bandstand" at the Jacobs Theater
"Bandstand" brings the swing-fueled, against-all-odds story of singer/songwriter Donny Novitski and his band of mismatched fellow vets. You won't want to miss this new musical set amidst the 1940s swing scene.
Wednesday, July 12, \$110pp includes orchestra seat & bus
Departs Poolside at 10am...Lunch on your own
On sale May 2!

TRUNK SALE & SHREDDING PARTY

Saturday, June 10

9am-Noon

Fill the trunk of your car with items you would like to sell. Pull into the Clubhouse lot, open your trunk and you're in business.

US Security will provide the shredder & refreshments

If you would like to sell items, you MUST reserve a spot in the E&R office. The cost is \$5 and you must show vehicle registration upon sign-up. Sign-ups begin May 9.

DON'T FORGET

SHEN YUN PERFORMANCE AT NJPAC—WAIT LIST ONLY
Wednesday, May 3

HELLO, DOLLY! ON BROADWAY—WAIT LIST ONLY
Thursday, May 11

WINE & DESIGN PAINTING PARTY—WAIT LIST ONLY
Thursday, May 25

WAR PAINT ON BROADWAY—WAIT LIST ONLY
Wednesday, June 7

STATUE OF LIBERTY & ELLIS ISLAND—WAIT LIST ONLY
Tuesday, June 27

Veteran Benefits Presentation

Monday, May 22
10am Ballroom

Speaker: VA Outreach Manager, Frank Quadrino
Spouses Welcome

Bring a Rossmoor vet with you

CULTURAL

AVIATION GROUP

2nd Wednesday, 1:30pm, Ballroom
"Indonesia Airlines-Long Way From Home"

BOOK DISCUSSION GROUP

3rd Thursday, 3:00pm, Dogwood
"King Lear" by Shakespeare-Part 2 of Film and Discussion
Note Date and Room Change

COMEDY PROGRAM SERIES ON DVD

1st Tuesday, 1:00pm, Ballroom
Carol Burnett Show: Treasures from the Vault

CURRENT EVENTS ROUNDTABLE

Mondays, 10:30am, Maple

GERMAN AMERICANS

Last Thursday, 1:30pm, Cedar

GREEK AMERICANS

1st Tuesday, 1:00pm, Maple

LATINO/HISPANIC-AMERICANS

Last Wednesday, 6:00pm, Gallery

POLISH AMERICANS

1st Friday, 1:00pm, Maple

VETERANS GROUP

Monday, May 22, 10am, Ballroom
Veteran Benefits Presentation
Speaker: Frank Quadrino
This is a don't miss meeting...Spouses welcome
Bring another Rossmoor veteran with you!

WRITERS GROUP

Last Thursday, 10:00am, Cedar
Get the latest edition of the Fox in the Clubhouse.

THE ARTS

"ALL IN STITCHES" Knit & Crochet Group
Thursdays, 1pm, Maple

ART CLASS/WORKSHOP

Wednesday, 9:30am-11:30am, Gallery
Resident/Artist Paul Pittari offers basic instruction. Easels provided. Supplies on your own.

CERAMICS STUDIO

Monday & Thursday, 8:30am-12pm.
Monitor present. Molds & Kiln on site.
Supplies on your own.

GALLERY EXHIBITS

The month of May will feature the beautiful artwork of Rossmoor resident, Jean Dunham.
Be sure to stop in and take a peek.

POTTERY

Wednesday & Saturday, 8:30am-12 Noon
Monitor present. Supplies on your own.

RUG HOOKING GROUP

Thursdays, 9am-2pm, Gallery
Bring your lunch and be prepared to have some fun!

OPEN WOOD CARVING WORKSHOP

Fridays, 9am-12pm, Woodshop
Monitor present. Supplies on your own.

WOODSHOP

Monday-Saturday 9am-3pm
Tuesdays & Thursdays 6-8pm
Open to Residents who have completed the orientation and safety class. Monitor present.

CARDS & GAMES

BANANAGRAMS

Mondays & Thursdays, 2pm, Game Room
Fast paced crossword style word game to keep you on your toes. Contact Dolores Wardrop.

BRIDGE

Contact Clubhouse

CANASTA & MAHJONG

Contact Clubhouse

MAY I

Contact Sophie Prata.

MEN'S POKER

Contact Joe Conti.

NINTENDO Wii

Bowling, Tennis, Golf. Stop by Clubhouse Office to sign out games.

PINOCHLE

Wednesdays, 1:00pm Dogwood
Contact John Cristiano.

POKER

Mondays and Fridays.
Contact Ginny Giorgio.

POOL ROOM

The Pool Room is open 7days, 8am-10pm
(Closed for cleaning Wednesdays 8am-11am.)

GET MOVING!

CHAIR YOGA

Tuesday mornings, 10:00am, Gallery
Enjoy the benefits of yoga while sitting in a chair.
Class is conducted by a certified Yoga Instructor.
Pay instructor directly

FITNESS CENTER ORIENTATION

Tuesday, May 9, 10:00am
Sign-up in the Clubhouse...Space limited

HEALTHY BONES

Thursdays, 9:30am, Ballroom
This class is for those that have pre-registered.

OPEN EXERCISE DVD

Monday, Thursday, 9:30am, Hawthorn
Saturday, 9:30am, Maple
Exercise at your own pace. No Instructor. DVDs are selected from our current collection. No charge or sign-up required.

TOPS-Take Off Pounds Sensibly

Wednesday, 9am, Maple
Call the Clubhouse for information

WALKING GROUP-NEW

Monday, May 1, 9am, Front of Clubhouse
Walk the 1 mile or the 2.5 mile loop around Old Nassau. Bring water and wear comfortable shoes.

YOGA

Wednesday, 9:30am, Cedar
Resident instructor conducts the class. No Charge.
Bring floor mat. SPACE LIMITED.

ZUMBA GOLD

Monday, 6:30pm, Hawthorn
Class conducted by a certified Zumba instructor.
Pay instructor directly.

PHOTO OPS!



SPORTS FUN!

BOCCE

Play Begins Monday, May 1
5PM

CORN HOLE

Friday 9am-11am Hawthorn Room

CROQUET

New Players Welcome. Call Betty Anne Clayton.

HIKING

Saturday, May 6-Manasquan Reservoir
Saturday, May 20-Etra Lake Park
New Hikers Welcome!

PICKLEBALL CLINIC

Thursday, May 11, 11am, Courts
New Players Welcome.

SHUFFLEBOARD TWP. TOURNAMENT

Tuesday, May 23, 9am, Courts
Rain Date: May 24

TABLE TENNIS

Tables available Tuesday, Friday, & Saturday
9-11AM. All welcome!

TENNIS

Courts available 8am until dusk. Bring your own equipment.

COME SEE WHAT ALL THE FUN IS ABOUT!

MOVIE CORNER



"MOTHER'S DAY"
Starring Jennifer Aniston
Rated PG-13
120 Minutes
No Charge
Tuesday, May 9...1:30pm & 7pm
Sunday, May 14...1:30pm
Ballroom

TUESDAY MYSTERY MOVIES...May 16,23,30—1:30PM
Movies Subject to Change

COMING ATTRACTIONS

Details TBA
OPENING DAY AT THE POOL
Friday, May 26
FRIDAY NIGHT POOL PARTIES
July 7 & 28, August 11 & 25
MANSION TOUR OF THE NAVESINK RIVER
Wednesday, August 2
MUSEUM OF THE AMERICAN REVOLUTION
Thursday, August 17
MURDER MYSTERY SHOW
Saturday, September 16



20th Century Wednesdays

The Great Courses:
America's Past 100 Years

Brush up on your US History in about an hour!
Two 30-min DVD lectures & brief discussion
This session looks at Theodore Roosevelt +
Progressivism + Mass Production

Wednesday, June 21
1PM Gallery

This program is a collaboration with Monroe Twp. Library



F41

- RCAI Offices Closed on Monday, May 29 in observance of Memorial Day.
- COMCAST Q&A Tuesday, May 9, 9-11am.
- CONTACT THE CLUBHOUSE for information regarding events and trips.
- EVENT REMINDERS: Bring Rossmoor ID when purchasing tickets for Clubhouse events. Only two tickets per manor can be purchased. When bringing a guest/non-resident, please provide their full name at the time of ticket purchase. Tickets are non-transferable.
- TRIP REMINDERS: Trips require average physical activity. You should be in good health, able to climb stairs, and walk reasonable distances. Any guest accompanying a Rossmoor resident **MUST** be at least 18 years of age. Basic information on guests must be provided when tickets are purchased.
- CLUB PRESIDENTS & GROUP REPRESENTATIVES: Channel 26 announcements and room set ups **MUST** be handed in on the official forms, Forms can be found on the website or in the Clubhouse.
- ROSSMOOR CLUBHOUSE NJ is our official Facebook page. Follow us for Clubhouse updates, ticket sales, and event photos. You just might see yourself having a good time!
- RCAINJ.COM is the official website for Rossmoor. Here you will find everything Rossmoor! Check it out!
- EVENTS & TRIPS are subject to change.

PICTURE PERFECT



Members from TOPS on
"National Walking Day"

Our Line Dancing instructor, Maureen, had
everyone on their feet!



Feeling a bit patriotic during
Country Western Night




Everyone loves the Healthy Bones class!



Friends make the world a better place!

<div><div></div><div>MAY 2017</div><div></div></div>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<div>1</div> <div>9:00am</div> <div>Spring Walk</div>	<div>2</div> <div>1:00pm</div> <div>Carol Burnett: Treasures from the Vault-BR</div> <div></div>	<div>3</div> <div>2:00pm</div> <div>Mutual 11-BR</div> <div>6:15pm</div> <div>*Trip-Shen Yun</div>	<div>4</div> <div>1:30pm</div> <div>National Day of Prayer-MH</div> <div>7:00pm</div> <div>Players "Just Music"- BR</div>	<div>5</div> <div>12:00pm</div> <div>*Cinco de Mayo-BR</div> <div>7:00pm</div> <div>Players "Just Music"- BR</div>	<div>6</div> <div>5:00pm</div> <div>Mutual 17 Social-BR</div>
<div>7</div>	<div>8</div> <div>1:00pm</div> <div>Health Care Lecture- MP</div> <div>7:30pm</div> <div>Sisterhood Concert- MH</div>	<div>9</div> <div>9:00am-11:00am</div> <div>Comcast-BR</div> <div>10:00am</div> <div>*Fitness Center Orientation</div> <div>1:30pm & 7:00pm</div> <div>Movie "Mother's Day"-BR</div>	<div>10</div> <div>10:00am</div> <div>Dimensions of Wellness w/ Lori Morell-BR</div> <div>1:30pm</div> <div>Aviation-BR</div>	<div>11</div> <div>9:00am</div> <div>Standing Committee Meetings-VC</div> <div>3:00pm</div> <div>*Trip-Hello Dolly</div>	<div>12</div> <div>7:00pm</div> <div>*Dance Party with DJ Gary-BR</div>	<div>13</div> <div>5:30pm</div> <div>Rossmoor Downs-BR</div>
<div>14</div> <div>Mother's Day</div> <div>1:30pm</div> <div>Movie "Mother's Day"-BR</div>	<div>15</div> <div>GOLF OUTING</div>	<div>16</div> <div>9:00am</div> <div>*Trip-AC</div> <div>12:00pm</div> <div>18-Holers Luncheon- CD</div> <div>1:30pm</div> <div>Mystery Movie-BR</div>	<div>17</div> <div></div>	<div>18</div> <div>9:00am</div> <div>Board of Governors- BR</div>	<div>19</div> <div>6:30pm</div> <div>Bingo-BR</div> <div>7:30pm</div> <div>Music Association Program-MH</div>	<div>20</div>
<div>21</div>	<div>22</div> <div>10:00am</div> <div>Veteran's Meeting-BR</div>	<div>23</div> <div></div> <div>9:00am</div> <div>Shuffleboard Tournament-CT</div> <div>10:00am</div> <div>New Resident Meeting-GL</div> <div>1:30pm</div> <div>Mystery Movie-BR</div>	<div>24</div> <div>7:00pm</div> <div>Mutual 4-MH</div>	<div>25</div> <div>6:30pm</div> <div>*Wine & Design-GL</div>	<div>26</div> <div>POOL OPENS</div>	<div>27</div>
<div>28</div>	<div>29</div> <div>Memorial Day</div> <div>RCAI OFFICES CLOSED</div> <div>1:30pm</div> <div>Interfaith Memorial Day Service-MH</div>	<div>30</div> <div>1:30pm</div> <div>Mystery Movie-BR</div>	<div>31</div> <div>10:00am-1:00pm</div> <div>Health Fair-CH</div>		<div></div>	<div></div>



“As we express our gratitude, we must never forget that the highest appreciation is not to utter the words, but to live by them.” ~John F. Kennedy

INDEPENDENT CLUBS				MEETING HOUSE SERVICES			ROOM KEY	
Chorus	Wed	4 pm	MH	Catholic Society Mass	2nd Thurs	7 pm	BR Ballroom	H Hawthorn
Church Discussion	Tues	1:30 pm	MHP	Jewish Congregation Sabbath	2nd & 4th Fri	7:45 pm	C Court	MP Maple
Computer Club	3rd Mon	10 am	GL	Community Church & Communion	1st Sun	11 am	CD Cedar	MH Meeting House
Dance Club	Last Sat	7 pm	BR	Community Church Worship	2nd & 4th Sun	11 am	CH Clubhouse	MHP Meeting House Parlor
Emerald Society	4th Wed	2 pm	BR	Community Church & Fellowship	3rd Sun	11 am	CFT Craft	TR Terrace
Italian-American	3rd Wed	7:30 pm	BR	Community Church "Living Well at Rossmoor"	Last Sun	1 pm	DW Dogwood	RR Red Room
NJ Social & Cultural	Last Fri	1:30 pm	BR				GL Gallery	VC Village Center
Players	Last Mon	7 pm	GL				GR Game	
Sisterhood	3rd Mon	1:30 pm	BR					
Torah Study	Sat	10 am	CD					
Women's Guild	3rd Thurs	1:30 pm	BR					

This month in pictures

Photos by Joe Conti and Walter Gryskiewicz



Internationally recognized Rick Mikula held a butterfly presentation at the New Jersey Club meeting.



White deer in Mutual 4 B on Sunday night, March 26



Moon over Rossmoor by Dan McOlvin

DR. OLGA ROZIN, Family Dentistry

Established 1995

WE'RE RIGHT IN YOUR NEIGHBORHOOD!
190 BUCKELEW AVE (Rte. 522) • JAMESBURG

732-521-0550

www.JamesburgFamilyDentistry.com

• **EMERGENCIES AND NEW PATIENTS**
WARMLY WELCOMED

• **ONE-DAY DENTURE REPAIRS**

• **COSMETIC & IMPLANT DENTISTRY**

• **HANDICAPPED ACCESSIBLE**

• **FREE INITIAL CONSULTATION**

• **APPOINTMENTS TO MEET YOUR SCHEDULE**

(EVENINGS & SATURDAY APPOINTMENTS AVAILABLE)

• **SPECIAL FINANCIAL CONSIDERATION FOR OUR**
NEIGHBORS IN THE ADULT COMMUNITIES

GENTLE DENTAL CARE
IN A STATE-OF-THE-ART
FACILITY



DR. ROZIN

Players Pastimes

By Sue Archambault

The Players monthly meeting on Monday, April 24 was entertaining as well as informative. Our own Dottie Haff had a variety of materials and methods to wow the audience. She played the musical themes from beloved old-time popular television shows. The next segment of the evening became interactive as members of the audience attempted to guess the shows the tunes were from. The attendees were then amused by memorable clips from long-forgotten television programs. The commercials that were shown then were hilarious and truly pointed out to all that times have definitely changed. Dottie certainly had her memorabilia down pat, and everyone enjoyed this trip down memory lane.

Our next meeting will take place on Monday, May 22. This is earlier in the month than our customary meeting date, which is on the last Monday of the month; however, due to the Memorial Day holiday on that last Monday, we shall meet one week earlier than usual. Our multi-talented Bob Huber will present a program about the

famous comedic duo of Stan Laurel and Oliver Hardy. This famous pair made over 300 films starting in the 1920s, yet their popularity continues to the present. It has been determined that every single day, somewhere in the world, at least one film of theirs is broadcast.

Bob Huber is a consummate expert on Stan Laurel and Oliver Hardy. He believes that their sustained popularity stems from their universal humor and the fact that people enjoy feeling smarter than the two misfits. His presentation on their lives and achievement was initially done as a TV documentary special. The program was extremely well-liked and was even reviewed by *Variety*. He has done a myriad of programs about them over the years. The station Bob worked for owned all the rights to Laurel and Hardy's films and scripts; as a result, Bob has an extensive library of material by and about the famous duo. Bob's program will include stills, posters, movie clips, and music. This is an event that shouldn't be missed. The meeting will begin at 7 p.m. in the Gallery.



All are welcome to attend.

This month will feature our very popular *Just Music* performances. Members of the Players will entertain the audience with a variety of musical renditions that include soloists, duets, and group numbers. There will be vocal as well as instrumental performances. Our own Mayflower Trio can be expected to appear and entertain us with some interesting instrumental renditions. Joe Conti, our skillful and much-adored host, will serve as our emcee. Performances will take place on Thursday evening, May 4 and Friday evening, May 5; both shows will begin at 7 p.m. Please note: This year's *Just Music* shows will take place in the Ballroom and NOT the Meeting House, our usual performance milieu. Tickets will continue to be on sale Monday, May 1, Tuesday, May 2, and Wednesday, May 3, in the Red Room from 1 p.m. – 3 p.m. Sal's Roma Deli and Pizzeria will also sell tickets through Friday, May 5. Ticket prices are \$5 in advance, and \$6 at the door.

Come learn about tea parties that didn't involve dainty cups and finger sandwiches

By Diane England

Do you remember what happened on December 16, 1773? If you're thinking this was the date of the Boston Tea Party, you're certainly right. But this was not the only tea party that occurred and got the colonists walking down a pathway which culminated in the American Revolution. But before I say anything further about these others, let me refresh your memory about the Boston Tea Party.

Needless to say, the Brit-

ish colonists had a taste for tea. But what they didn't have a taste for was the tax the British Parliament had levied on this tea in May of that same year. Since the colonies were in no way represented in the British Parliament, they were angered because they perceived this as taxation without representation. So, when three ships owned and operated by the East India Company (it was the largest corporation at the time and had a monopoly on the tea trade) sailed into

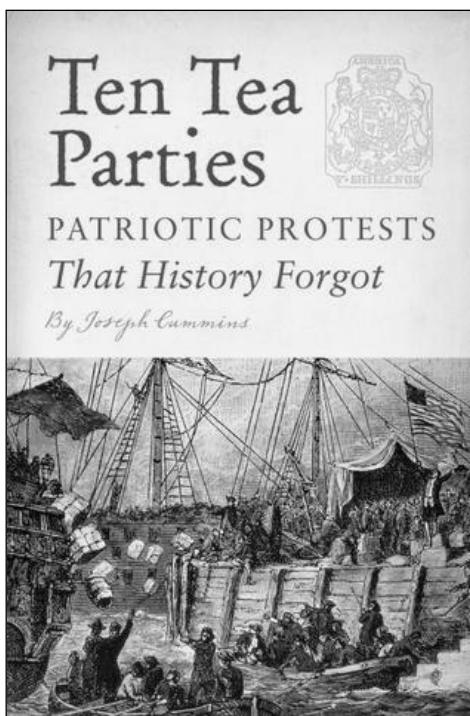
further. The colonists then became more motivated yet to seek independence from Great Britain.

This wasn't the only tea party that propelled the 13 colonies in the direction of revolution. Where did some of the others take place? Plan to attend the Women's Guild meeting on May 18 at 1:30 p.m. in the Ballroom and you'll find out when resident, Dr. Al Parker, presents a talk, *Boston Didn't have the Only Tea Party*. He'll introduce you to some of the other tea parties which were undoubtedly equally important in spurring on further actions toward independence.

I suspect for most of you, Dr. Parker requires no introduction. You've probably heard him speak at the New Jersey Club or another group such as the Computer Club. However, if you haven't attended a talk of his before, this will grab your attention.

This will also be the meeting to install our officers for the 2017-2018 year. Furthermore, if there are still tickets available for the scholarship luncheon on June 8 at noon in the Ballroom, they'll be on sale at this meeting. The price is \$16 per ticket, with each member limited to two tickets total. We prefer payment by check. There'll be time for fellowship and refreshments donated by some of our members and served up by our wonderful hospitality chairpersons, Josie Cuddy and Pat Martin.

For now, though, why not go and enjoy a cup of tea?



Everyone knows the story of the Boston Tea Party—in which colonists stormed three British ships and dumped 92,000 pounds of tea into Boston Harbor. But do you know the history of the Philadelphia Tea Party (December 1773)? How about the York, Maine, Tea Party (September 1774) or the Wilmington, North Carolina, Tea Party (March 1775)?

Boston Harbor with 92,000 pounds of tea, the colonists wanted to force the loaded ships to return to England. When they realized this was not going to happen, a group calling themselves the Sons of Liberty decided to make a political statement. They stormed these ships and dumped all that tea into the harbor's water.

Because the company lost a great deal of money as a result of this action, its officials were not happy. For that matter, neither were officials of the British government—and hence, they responded harshly. Not surprisingly, this caused the relationship between the British government and the colonists to deteriorate even

BOB & EDITH WARNER
REALTORS®

5-Star Agents in Customer Satisfaction
New Jersey Monthly Since 2012

609.395.7110 direct rossmoor1@comcast.net

Call Your Neighbors!

ERA CENTRAL
REAL ESTATE LEVINSON

349 Applegarth Road Monroe Twp., NJ 08831
609.655.5535
HomesOfNJ.com

EXPECT MORE
Expertise. Reliability. Action.

"A hug is the perfect gift - one size fits all
and nobody minds if you exchange it."

Irvin Ball



Pivotal
Physical Therapy & Wellness Center

James J. Kenny, PT
Amanda Peck, DPT

Orthopedic & Sportsmedicine Physical Therapy

Monroe Commons, Suite B101
239 Prospect Plains Road
Monroe Township, NJ
609-395-9955
www.pivotalptnj.com

Time for Spring Cleaning?
\$ We Will Pay CASH \$

Partial or entire estates
Costume & Fine Jewelry,
Silver, Watches, Coins, Antiques, Art,
Sculpture, Furniture, Lighting, Musical
Instruments, Porcelain & More.
Special care for senior citizens.
Your satisfaction is our goal.
Ask for Jeff or Daryl
908-862-0200 or 908-227-4440
Visit us at Timeandagainalleries.com

41 East
A Full-Service Salon
41 E. Railroad Ave • Jamesburg, NJ
732-656-3375

Any Full-priced Service **20% OFF**

Coupon must be presented at time of service. Not to be combined with any other discounts. Exp. 5-31-17

Almost Summer Dance set by the Dance Club for May

By Judy Perkus

DJ Bobby Picone will be playing all kinds of dance music at the Almost Summer Dance. The Dance Club will take over the Ballroom on Saturday, May 27 from 7 to 10 p.m.

Someone has been spreading rumors that we only do ballroom dancing. Well that someone has not seen some of our Twist experts gyrating! All Rossmoorites, singles as well as couples, are welcome to waltz or disco dance and to enjoy soda, munchies, coffee, tea, and desserts (sugar-free available). Please send your reservation check made out to the Rossmoor Dance Club (\$8 a person for paid-up members; \$10 a person for non-members) to Armen DeVivo

at 449B Roxbury Lane by May 20. \$7.50 per person, \$15 per couple. Call Armen at 655-2175 for more information.

Rossmoor Dance Club MAY 27 DANCE



Name: _____

Phone: _____

Address: _____

PAID-UP Member(s): _____ @ \$ 8 = _____

Non-member(s): _____ @ \$10 = _____

2017 membership dues \$7.50 per person; _____

\$15 per couple _____

Total _____

RESERVATION DEADLINE: May 20

Please send check made out to the Rossmoor Dance Club to: Armen DeVivo at 449B Roxbury Lane.

609-655-2175 or leave in an envelope in the Dance Club folder in the E & R Office



Trépanier-Larson Duo, internationally-acclaimed violinist and violist, to perform

By Gene Horan

In the Meeting House on Friday, May 19, at 7:30 p.m. violinist Annie Trépanier and violist Steve Larson, wife-husband duo and internationally-acclaimed artists, will perform works by Mozart, Schubert, Gershwin and more. Tickets are \$15 at the door.

Please note that this concert is on Friday, May 19, not on May 5 as incorrectly listed on the Rossmoor Music Association Performance Pass 2016-17.

Annie Trépanier

Violinist Annie Trépanier's playing has been hailed by *The Boston Globe* as "supercharged, clear-headed, yet soulful." She is a founding member of the acclaimed Avery Ensemble and has performed throughout Canada, the United States and Europe.

Her recent Avery Ensemble CD of piano quartets by Mahler, Schnittke and Brahms was an obvious favorite of one *classical.net* reviewer: "gorgeous... the performers clearly have passionate feelings about what they are playing. This is what loving music is all about."

She also performs with and is co-executive director of Cuatro Puntos, a musical collective dedicated to bring-

ing people together through musical partnerships around the world, including activities in New England, Bolivia, Brazil, Afghanistan and England. Trépanier is on the faculty of The Hotchkiss School and also performs and teaches each summer at the Wintergreen Festival in Virginia.

Steve Larson

Violist Steve Larson, senior artist teacher at The Hartt School of the University of Hartford in Connecticut, performs regularly in duo with his wife, violinist Annie Trépanier, and throughout the Americas and Europe with their chamber groups Avery Ensemble and Cuatro Puntos.

He is also a member of the acclaimed oboe, viola and piano trio, Ensemble Schumann, and the Adaskin String Trio, and has performed as a guest with groups such as the Emerson Quartet and Lions Gate Trio.

A former member of the Alcan Quartet, Larson won second prize at the Lionel Tertis International Viola Competition in 1997 in Great



Steve Larson and Annie Trepanier, husband and wife duo.

Britain, receiving the award for his performance of the commissioned work. He plays an exceptional 17 3/8 inch viola made by Helmuth Keller in 1981.

The program

The program will include the following works: *Three Madrigals for Violin and Viola* by Bohuslav Martinu,

Gobi Canticle for Violin and Viola by Lei Liang, *Duo in G major for Violin and Viola* by W. A. Mozart, *Sonate pour deux violons seuls* by Eugène Ysaÿe, *Sonata for two violins in e minor* by Jean-Marie Leclair, *Ave Maria* by Franz Schubert, *Embraceable You* for violin and viola by George Gershwin and *F.C.'s Jig for violin and viola* by Mark O'Connor.

Republican Club

By Ron Haas

The meeting, May 3 at 1:30 p.m., will be in the Gallery. The guest speaker will be announced at a later date on Channel 26. Refreshments will be served. If you have any questions contact Ron Haas at 609-235-9026.

**The deadline for
The Rossmoor News
is the 7th of every month.**



1 Rossmoor Drive • Suite H
Monroe, NJ 08831

MasterCard Accepted

Hours: Tuesdays thru Saturdays

Tues. 9am-5pm • Wed. 10am-6pm • Thurs. & Fri. 9am-5pm • Sat. 9am-3pm

609-395-8987

Walk-ins Welcome!

WANTED TO BUY

**JEWELRY (GOLD, SILVER OR COSTUME)
DIAMONDS • ARTWORK • FURNITURE
GUITARS • CAMERA • RECORDS, ETC.
COMPLETE CLEANOUT SERVICES**

Call Dan at 609-306-0613

AMERICAN FURNITURE EXCHANGE

Spendylove Home Care Local care for your loved ones.

Trained Aides and Nurses

Services include:

- Veterans Care
- Skilled Nursing
- Live In/Live Out Senior Care
- Overnight Care
- Hospice Care
- Home Health Aides
- Companionship
- Attend Doctors' Appointments

And much more!

Call 732-430-5789

www.spendylovehomecare.com



Princeton
Home Care Services
Princeton HealthCare System

Quality Patient-Centered Care

Serving the Monroe area since 1966

- Specializing in Nursing & Rehabilitation
- 24-Hour Coverage
- Registered Nursing Care
- Hospice
- Certified Home Health Aides
- IV Therapy
- Nutritional Counseling
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Social Services
- Lifeline Emergency Response System
- Palliative Care Program
- Complementary Alternative Medicine

Licensed and Insured. Medicare/Medicaid Certified. Most Major Insurance Plans Accepted.

University Medical Center at Princeton and the other clinical units of Princeton HealthCare System are Joint Commission accredited.

609.497.4900 | www.princetonhcs.org
88 Princeton-Hightstown Road, Suite 202
Princeton Junction, NJ 08550

SAME GREAT SERVICE JUST GOT BETTER!

**We Buy any Car or
Truck, new or old, running or not.
CASH PAID!**

Call Chris anytime, 7 Days a Week.

732-406-4233

Fast, Friendly & Fair Service.

DANIK HANDY SERVICES

Call
609.655.2624

- Grocery Shopping
- Basement/Garage Clean-up
- Small Paint Jobs
- House Exterior Cleaning
- Lite Handyman Work
- Lite Gardening

**Reasonable Rates
Free No Obligation Consultations**



Assistance to live comfortably and independently at home

Personal care - Errands - Transportation - Meals & more
Local - Reasonable - Experienced - Flexible schedule
Just a few hours a week can make all the difference
Call for a free consultation: 646-413-0813
www.CaringElderCare.com Monroe Township

Thomas J. DeMarco, *Manager*, N.J. Lic. No. 4651
M. David DeMarco, *President*, N.J. Lic. No. 3203
Peter S. Winther, *Director*, N.J. Lic. No. 4763

"Family Owned & Operated"

"Totally Barrier Free" 

M. David

DeMarco

Funeral Home, Inc.



205 Rhode Hall Rd.
Monroe Twp., NJ 08831
732-521-0555
www.demarcofuneralhome.com

Izabela's

CLEANING SERVICE

609-954-0181 or 609-656-9281



2 bedroom/2 bath condo \$75 & up

- Professional Housecleaning
- Quality Work
- References Available
- Experienced

CALL FOR FREE ESTIMATE

SPORTS



By Terre Martin

The 2017 season started out on a great note. Our opening day was beautiful, and our luncheon was delicious. It was good to see familiar faces from last season and new members who joined this year. We were especially happy to see Sharon Yusko at the luncheon. Her positive attitude and will to get back to golf is inspiring.

The first-place-winners of our opening day tournament were: Grace Hammersfahr, Joyce Cassidy, Soonja Nam,

and Tori Meiselbach.

Wednesday, May 10, will be our first golf clinic of the season. Beginner golfers will have preference. There are only 11 spots available, so get to the sign-up sheet on the bulletin board in the golf club house. If you don't have clubs, note that on the sign-up, so we can lend you some.

Upcoming tournaments include some new ones like "Ironing Day" (only irons and a putter), "Blind Holes," and "Pink Ball Day." Thanks to Muriel Calvanelli for mixing things up and providing some new challenges for the group.

Remember that we have

revised our handbook and bylaws. If you have questions about a rule, check the handbook first, or contact our new Rules Chair, Paula Richardson.

Any women interested in learning more about the 9-Holers should contact our membership chair, Mary Shine, (609-655-4518) or President Joyce Cassidy (609-619-3618).

Thought for the season: "If it goes right, it's a slice. If it goes left, it's a hook. If it goes straight, it's a miracle!"



Welcome to the Pickleball Season

By Penni McOlvin

Spring has finally arrived. The daffodils are poking their yellow heads up, the tree buds are ready to burst out with color, and one can hear "Pop, Pop, Pop" on the pickleball courts. You may be wondering what that popping sound is and what exactly is pickleball?

Pickleball is a mini-tennis game created during the summer of 1965 on Bainbridge Island, a short ferry ride from Seattle, Wash. The original purpose of the game was to provide a sport for the entire family, according to co-inventors U.S. Congressman Joel Pritchard, William Bell, and Barney McCallum. Pickleball got its name from one of the inventor's family

(Continued on page 19)



Women's 9-holers planning their strategy for the 2017 season.



609-395-5599



BUICK VERANO

PERRINE

2730 Route 130 North, Cranbury, NJ (609) 395-5599

BUICK GMC

Turning Customers Into Friends Since 1927



GMC ACADIA

FREE LIFETIME OIL CHANGES

With the purchase of your new vehicle

SPRING IS HERE!

RECEIVE A **FREE** EXTERNAL DETAIL INCLUDING WASH AND POLISH WITH ANY BODY SHOP REPAIR OVER \$250.00.

FREE BODY REPAIR ESTIMATE ON ALL MAKES AND MODELS.

This offer cannot be combined with any other offer. Must be presented at time of write-up and expires 5-31-17.

15% OFF ANY SERVICE

WE SERVICE ALL MAKES AND MODELS

This offer cannot be combined with any other offer. Must be presented at time of write-up and expires 5-31-17.

\$5.00 OFF OIL CHANGE

with **TIRE ROTATION and MULTI-POINT INSPECTION.**

(Synthetic oil at extra charge)

This offer cannot be combined with any other offer. Must be presented at time of write-up and expires 5-31-17.

WWW.PERRINECARS.COM

Pickleball Season

(Continued from page 18)

dog named Pickles. The dog would chase after the errant balls and then hide in the bushes, thus Pickle's ball was later shortened to the namesake of Pickleball. Initially, families played pickleball in their backyards on a hard surface, on driveways, and on residential dead-end streets. Since the mid-1970s pickleball has grown and expanded from a family activity game to a paddle court sport with formalized rules. Now, over 20 years later pickleball is played in thousands of school P.E. programs, parks and recreation centers, correctional facilities, camps, YMCAs, and retirement communities. This sport is be-

coming very popular among active senior adults at community centers. In 2004 Frank Nobile, United States of America Pickleball Association (USAPA) ambassador, first tried the sport in Florida, where it had become a craze, and brought it back to our adult community where it has taken off.

Pickleball is a racquet sport that is a blend of tennis, badminton, and ping pong. The court is 44-feet long and 20-feet wide. A bouncy plastic ball with 40 holes is struck by a paddle made out of wood or a composite material, and is served underhand and diagonally across to an opponent on the other side of a three-foot-high net. The sound of the

ball being struck by a paddle is reminiscent of a Pringles can popping open. From there, it is pretty much like tennis on a smaller court, except games end at 11 points.

Pickleball appeals to a wide range of players and all are welcome to join us on the courts. Hours of play change seasonally. Starting May 1, we will start every day at 9 a.m. and again at 3 p.m. For more information, please contact Frank Nobile at 917-282-1388 or John DelMasto, also a USAPA Ambassador, at 609-235-9009. We look forward to another great season of fun, camaraderie, clinics for all levels of play, and tournaments.

See you at the courts.



Pickelball players



Pickelball on court

Ladies' 18-hole league season began on April 11

By Arlene McBride

Our tournaments in April began after the newspaper deadline. We had anticipated good weather for the opening day. The results will be in the next issue. There is still time to join our 18-hole league, so don't be shy, give it a try. We will welcome you heartily.

Sign-up forms can be obtained in the pro shop. If you are rusty, there are lessons given by our golf pro Ted Servis. Check on dates in the Rossmoor News or on Channel 26.

Until next month, we'll be looking forward to the warmer weather and exciting tournament play.

Happy Mother's Day, and enjoy Memorial Day.

Golf croquet: the court

By M. Vail

One way to begin understanding the game of croquet is to familiarize yourself with the layout of the court. Walking outside the boundary line (the taut string around the court) is a good start.

Each corner has a flag of a specific color to mark its order. Blue is #1 corner, red is #2, black is #3 and the yellow flag is corner #4. These are in the same sequence of color for the croquet balls and playing croquet.

The game begins when the player with the blue ball shoots at wicket #1 near the corner with the blue flag, red ball shoots second, black third and yellow fourth. Once a player's ball passes through the wicket, players begin shooting toward the second wicket near the corner with the red flag. The game continues around the court to the #3 wicket at the black flag corner and proceeds to the #4 wicket near the yellow flag corner.

The center of the court has two more wickets, #5 and #6 with the stake set evenly between them. The players shoot for #5 wicket

(Continued on page 20)

Sal's

ROMA DELI & PIZZERIA

BREAKFAST • LUNCH • CATERING

Phone: 609.860.0611
Fax: 609.860.0104

MON-FRI: 6:00 AM - 8:00 PM (or Later)
SAT: 7:00 AM - 3:00 PM
SUN: 7:00 AM - 1:00 PM

www.SalsDeliPizza.com
1 Rossmoor Drive
Monroe Township, NJ 08831

NOW OPEN IN THE EVENING!







Dr. Andrew Schmierer, DPM, FACFAS
and Dr. Craig Shapero, DPM, FAPWCA
18 Centre Drive - Suite 203
Monroe Township, NJ - 609-860-9111




Dr. Schmierer Dr. Shapero

DIABETIC WOUND CARE • FRACTURES AND SPRAINS
INGROWN NAILS • CORNS AND CALLUSES • HAMMERTOES
BUNIONS • HEEL PAIN • SPORTS MEDICINE AND INJURIES
NEUROMAS • CUSTOM ORTHOTICS • WARTS
INJURIES TO THE FOOT AND ANKLE
PEDIATRIC FOOT CONDITIONS

APPOINTMENTS AVAILABLE MONDAY-FRIDAY EVENINGS & WEEKENDS
MOST INSURANCES ACCEPTED INCLUDING MEDICARE AND AETNA

BOOKS, BOOKS, BOOKS

—WE BUY—

ALSO BUYING

ANTIQUES, COLLECTIBLES, JEWELRY,
POSTCARDS, EPHEMERA, POTTERY, PRINTS,
PAINTINGS, OLD GLASS, ETC.

WE PURCHASE ESTATE CONTENTS
DOWNSIZING/MOVING? CALL US.

609-658-5213

THE LOWEST PRICES. PERIOD.

We don't inflate our charges so that we can then offer you "discounts" when you ask. *THAT'S NOT RIGHT.*

Our service charges are the lowest in the area for superior service, and we are Central NJ's premier Independent Jewish Funeral Chapel.

Mount Sinai

Memorial Chapels, Inc.

Being FAMILY OWNED & OPERATED,
without a "network" of stockholders,
lets us guarantee that.

454 Cranbury Road,
East Brunswick, NJ
(732) 390 - 9199 (800) 395 - 9199

For Yahrzeit Dates, Candle Lighting Times, Directions, & more:
www.MSMC.us



P. Kulbacki, Mgr. N.J. Lic. No. 3381

Croquet

(Continued from page 19)
and then #6.

These are the six wickets on the court and their sequence of play. When a player comes through wicket #6 the game of golf croquet goes to one more designated wicket, #7, to end the game. This layout can be seen in the accompanying photo of the court layout for a 7-point game of golf croquet. The photo of the court layout is

from the United States Croquet Association (USCA) pamphlet "Golf Croquet: A Basic Guide for Playing the Game."

Residents interested in learning about croquet are invited to walk outside the boundary line starting at the blue flag and experience the color sequence of play.

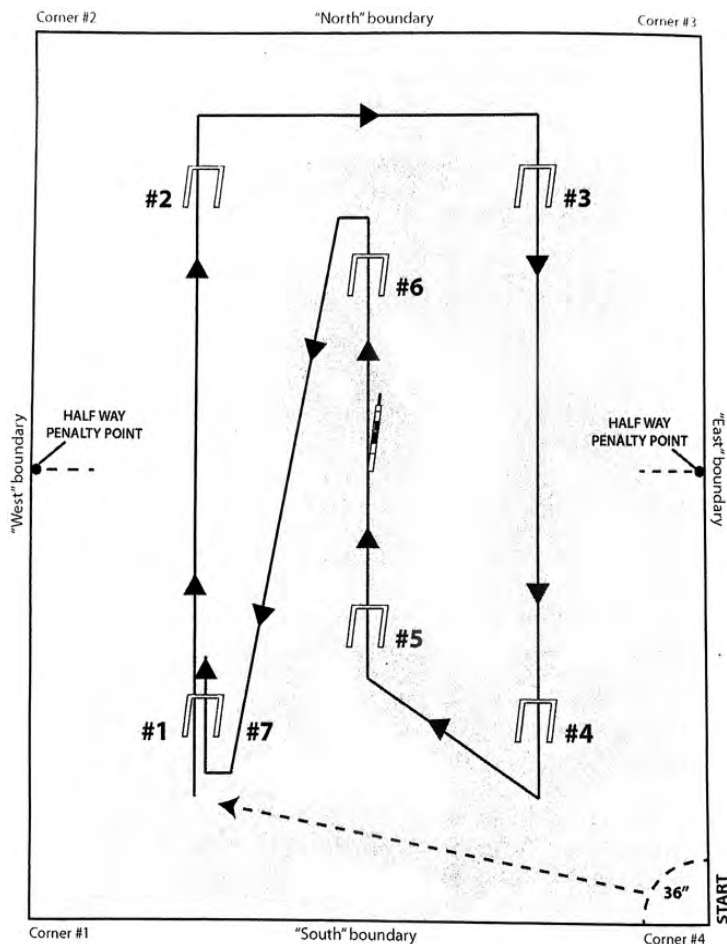
Every Friday from May 5 through October 3, golf croquet is played from 5 to 8 p.m. followed by hors d'oeuvres and refreshments in the Clubhouse Cedar Room. Game

time is dependent on the weather and seasonal changes. Golf croquet will also be scheduled on other days of the week. Please check the Croquet Club (RCC) bulletin board on the court shed for postings of days and time.

Residents are invited to join in the play on any scheduled play day, but particularly on Fridays for a meet and greet on the court and for refreshments in the Cedar Room. *Wearing white is not required for tryouts*; however, flat, soft sole footwear or sneakers are required to protect the court's grassy surface. Croquet equipment is available for play.

Membership Chair Betty Anne Clayton is available for questions at 609-662-4659 during the croquet season, April 29 through October 31. She is also willing to speak to other clubs on the topic of croquet.

Basic rules for RCC croquet are posted on the signage board set on the Clubhouse side of the court. Do come and join in the fun.



Court Layout

Direction of play for Golf Croquet
(7 point game)



Bocce: Barbara Kyriak
picks the teams for the
coming season



Golf Course Highlights

By Ted Servis
Rossmoor Golf Professional

What's going on at the Golf Course? Golf season is in full swing which means it's time to start playing golf.

Our next ladies golf clinics will be on June 28. Ladies, please call the Golf Shop to sign up.

The Pro Shop continues to receive new merchandise so please stop in and take a look.

On May 15, our golf club will host the Eastern Amputee Golf Association tournament, so please come out watch some great golf.

The Pro Shop is back to its normal hours, Monday from 11 a.m. to 5:30 p.m. Tuesday through Sunday from 7 a.m. to 5:30 p.m. with all hours subject to the weather.

If there is anything we can help you with or any questions we can answer, please give us a call at 609-655-3182. Thank you and I wish everyone a healthy and happy 2017 golf season.

Remember: The Golf Course is currently offering a referral incentive of \$200 in pro shop credit for bringing in new members.

Religious Organizations

Come, hear the sounds of music at the Community Church in May

By Mary Jane Brubaker

The Community Church's music program in May will feature professional singers Stephanie Pervall and Wennie Naiyeh Niu, the Community Chorus, and resident Janet Wilson.

On May 7, which is Communion Sunday, Janet Wilson will serve as the suborganist and will perform in partnership with Music Director and Organist Cecile Wang.



Wennie Naiyeh Niu

cal Performance Certificate from Northwestern University. She has held major roles in operas including "The King and I," "Cosi Fan Tutte," "Don Giovanni," "Amahl and the Night Visitors," "Rigoletto," "La Boheme," "Hansel and Gretel," and "The Pirates of Penzance."

The Community Church is an ecumenical congregation and welcomes people of all faiths to worship every Sunday morning at 11 a.m. at the Meeting House. For those who already belong to another church, the Community Church offers a dual membership. For more information, please contact Pastor Dierdre Thomson at (732) 757-5190 or Membership Chair Alyce Owens at (609) 860-0866.



Stephanie Pervall

Stephanie Pervall will perform on Mother's Day, May 14. Pervall, who considers the Community Church as her second home, is an ordained elder in the Presbyterian Church USA where she has chaired two terms on the Music and Worship Committee. Pervall is a soprano with the NJ MasterChorale and a member of its Board.

The Community Chorus will perform on May 21, and their anthems will be "Joy in the Morning" by Natalie Sleeth and "Give Me a Song" by Pepper Choplin.

Naiyeh Niu, who will make her debut performance at the Community Church at the May 28 service, has performed widely in Chicago, Houston, San Francisco, San Jose, New Jersey, New York, and Taiwan. A resident of West Windsor, Naiyeh Niu is a graduate of the National Taiwan Normal University. She received a Master's degree and a Professional Vo-



MILLENNIUM EYE CARE, LLC

Cataract Surgery

Jeffrey S. Brotzman, MD, FACS
Elliot S. Grand, MD, FACS
David K. Lee, MD, FACS
Steven K. Mishkin, MD, FACS, FRCS(C)
Martin S. Schneider, MD, FACS

General Ophthalmology

Roman G. Kernitsky, MD, FACS
Jeffrey S. Brotzman, MD, FACS

Corneal Diseases

Martin S. Schneider, MD, FACS

Glaucoma

Elliot S. Grand, MD, FACS
David K. Lee, MD, FACS

Oculoplastic Surgery

Steven K. Mishkin, MD, FACS, FRCS(C)

Retinal Diseases

Elena Ng, MD

Contact Lenses and Optometry

William B. Potter, OD 4423
Drasti Makwana, OD 6488
Talia M. Mishkin, OD 6461
Ellie K. Patounas, OD 6101
Paul L. Sonenblum, OD 5871
Hina P. Zaidi, OD 6236

Low Vision

Talia M. Mishkin, OD 6461
Hina P. Zaidi, OD 6236

Elena Ng, MD Retina Specialist

Available for appointments
in our new East Windsor office



Genesis
EyeWear
"The beginning of better vision"

For more info & maps of our locations: www.millenniumeyecare.com

FREEHOLD
500 West Main St
732.462.8707

EAST WINDSOR
440 Rt 130 South
609.448.3990

MARLBORO
455 Rt 9 South
732.591.2200

MONROE
4 Research Way
609.495.1000

BRICK
515 Brick Blvd
732.920.3800

JACKSON
2080 W County Line Rd
732.364.5123



**MONROE TWP.
FIRE DISTRICT #3
AT YOUR SERVICE,
ANYTIME.
www.mtfd3.com
609-409-2980**

Community Church musical worship service garners standing room only attendance



Pastor Thomson rehearses the narration for the "Behold the Lamb" cantata with the chorus getting ready to raise their voices in song.

(Continued from page 1)

Accompanying this special chorus was an orchestra brought together by Wang and composed of professional musicians, music educators and students, as well as local residents Catherine Hunt (violin), Peggy Mankey (cello), and Toby DelGuidice (alto sax). "It was challenging to find rehearsal time for everyone," says Wang. "Each of the different choral groups met individually to rehearse and it wasn't until April 1, the day before the performance, that I was able to bring the singers and musicians together. We had about three hours of combined rehearsal time. I was very pleased with how well the program was received."

The choral presentation featured eight musical pieces that were woven together with narration performed by Jim Wilson and Pastor Thomson. "I am very grateful to both as they had to step in at the last minute. Those originally slated to perform the narration had unexpected personal issues arise," says Wang. She adds, "Jim and Dierdre both did an excellent job."

The service ended with a joyful rendition of George Frideric Handel's "Hallelujah Chorus" during which the congregation sang along with the chorus and orchestra.

"We are very grateful to the Community Church's Hospitality Committee as the weekend of April 1 and 2 was a busy one for them," says Pastor Thomson. "Not only did they provide a lovely rehearsal luncheon for our performers, they also hosted a terrific fellowship hour immediately following our musical worship service during which time our congregation had a chance to mingle with the performers." Special thanks to Hospitality Committee Chair Linda Esposito and her team of volunteers.

Wang adds, "An event of this size and scope is possible only through the good will of many, many volunteers. I would like to extend my thanks to everyone who supported us – in particular Sonya Bacon, who made sure our performers were well cared for during rehearsals and Alyce Owens who

meets every Sunday morning at 11 a.m. at the Meeting House. For those already belonging to another church, the Community Church offers a dual membership. For more information, please contact Pastor Dierdre Thomson at (732) 757-5190 or Membership Chair Alyce Owens at (609) 860-0866.



Putting it all together: Cecile Wang leads the chorus and orchestra in a final rehearsal of "Behold the Lamb."



The orchestra tunes up during a rehearsal for "Behold the Lamb" on April 1.

Join Seabrook for a

Sunday

Open House



Get an inside look at vibrant retirement living on the Jersey Shore. Come and tour our beautiful campus and maintenance-free homes. Experience top-notch amenities and discover dozens of exciting clubs, classes, and activities.

Sunday, May 7, 2017

Tours scheduled at 11:00 a.m. and 1:00 p.m.

Town Square Clubhouse
3000 Essex Road, Tinton Falls

Call 1-800-619-0832

for more information and directions.

Bring your friends and family!



Jersey Shore
SeabrookCommunity.com

This event will not include a formal marketing presentation but sales associates will be on hand to answer your questions.



Rossmoor Community Church

May 2017 Calendar of Events

- May 2 – 50th Anniversary Committee Meeting at 10 a.m.
- May 4 – Women's Guild Board Meeting at 10 a.m.
- May 4 – Interfaith National Day of Prayer at 1:30 p.m.
- May 5 – Physical and Spiritual Exercise at 11 a.m.
- May 6 – Celebration and Memorial Service for Christine Wilson at 10:30 a.m.
- May 7 – Communion Service at 11 a.m.
- May 8 – Deacons' Meeting at 10 a.m.
- May 12 – Physical and Spiritual Exercise at 11 a.m.
- May 14 – Church Service at 11 a.m.; Soloist, Stephanie Pervall
- May 15 – Council Meeting at 10 a.m.
- May 18 – Women's Guild Meeting at 1:30 p.m.
- May 19 – Physical and Spiritual Exercise at 11 a.m.
- May 21 – Church Service at 11 a.m.; Guest Preacher; Rossmoor Chorus
- May 21 – Fellowship Hour at noon
- May 23 – Library Committee Meeting at 1:30 p.m.
- May 26 – Physical and Spiritual Exercise at 11 a.m.
- May 28 – Church Service at 11 a.m.; Soloist, Wennie Naiyueh Niu
- May 28 – Living Well at Rossmoor Service at 1 p.m.; Preacher, Rev. Kahlil Carmichael
- May 29 – Interfaith Memorial Day Service at 1:30 p.m.

All are welcome.

Jewish Congregation's annual meeting installs new officers

By Ben Wistreich

The Jewish Congregation's annual meeting on Tuesday, May 9, will install a new slate of officers and delegates for the 2017-2018 year. This is a historic occasion, as the new slate will serve in the 50th anniversary of the Congregation, which will occur in March 2018.

The new quartet of presidents and their dates of service are: Dolores Grieff (June, July, August 2017); Ben and Judith Wistreich (Sept., Oct., Nov. 2017); Judy Perkus (Dec. 2017, Jan., Feb. 2018); and Arnold Jasper (March, April, May 2018). In addition, other officers and delegates to be installed on May 9 for one-year terms are Vice Presidents Ben Wistreich, Judith Wistreich, and Arnold Jasper; Treasurer Jeffrey Albom; Recording Secretary Virginia Kolker; Corresponding Secretary Dolores Grieff; Delegates are Jeanette Dobrin and Steven Gray for three years; Karen Seiden and Carolyn Wall for two years remaining; and Hadassah Aylat and Norman Perkus, with one year remaining.

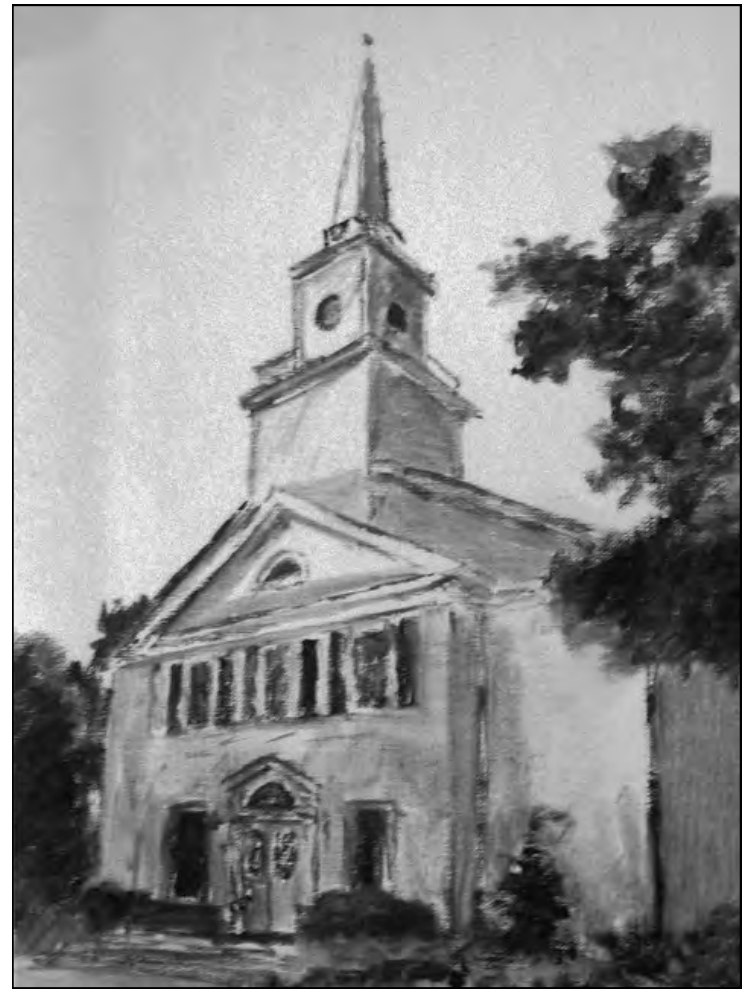
The Jewish Men's & Friends Club will announce our May lunch/dinner event in the Bulletin. Our March event at Antonio's proved to be another successful afternoon meal and we expect another such crowd when we announce our May restaurant choice. As the excellent weather returns, we will choose restaurants farther away from Rossmoor.

The May 12 Sabbath Service will have Hadassah Aylat as Lay Reader and Jeff Albom as Torah Reader. The Sisterhood will sponsor this service and the Oneg Shabbat that follows. The May 26 Service will have Jeff Albom as Lay Reader and Bob Kolker as Torah Reader. The Congregation will sponsor this Service and the Oneg Shabbat.

Those wishing to sponsor a Sabbath Service should

(Continued on page 23)

Two charities in one



Meeting House note card

By Rev. Dr. Dierdre L. Thomson

The Benevolence Committee of the Community Church was excited to support the first of two dates in which Raising Hope For Others, Inc., joined with the Lakewood Blue Claws in sponsoring fund raising events. Many did support Raising Hope for Others and the Big Brothers/Big Sisters of Ocean County. Others, who were not into baseball games, still donated \$10 to send a little

sister or brother to the ball game, or \$20 to send Big Brother/Sister and Little Brother/Sister together.

Mark your calendars now for Father's Day, June 18, at 1:05 p.m. for the next fundraising event at the Blue Claws Stadium. For tickets or more information, check with Laura Burke at 732-890-3657 or raisinghopeforothers@gmail.com Hope to see you there.

Catholic Society schedules Mass on May 11

By Gene Horan

The Catholic Society monthly Mass will be celebrated in the Meeting House at 7 p.m. on Thursday, May 11. Rev. John Primich, great-nephew of Rossmoorite Grace O'Hare, will be the celebrant. Father Primich, hospital chaplain at Somerset and Hunterdon Hospitals, is a good friend of the Catholic Society and frequent guest at Rossmoor.

The May crowning of the Blessed Mother will take place before the Mass.

Fellowship and refreshments will follow Mass.

Other May events include:

The Prayer Shawl Ministry on Thursdays, May 4 and May 18, at 1:30 p.m. in the Clubhouse Craft Room.

The Catholic Society Council meeting on Tuesday, May 9, at 1:30 p.m. in the Meeting House Parlor.

The Chaplet of Divine Mercy on Tuesday, May 16, at 3 p.m. in the Clubhouse Maple Room.

FEELING OFF BALANCE?

We're A Unique Physical Therapy Practice...
Specializing in the Treatment of
Vestibular & Balance Disorders.

Call us today to schedule an appointment.

EQUILIBRIUM

CENTER FOR DIZZINESS & BALANCE, L.L.C.

Jerri Blitzer, PT, MSPT

Beth Ando-Brenman, PT, MPT

9 CENTRE DR., SUITE 130 • MONROE TWP, NJ • 609-655-4435

Lester Memorial Home

Thoughtful, Personal, Dignified Service

"A choice for Rossmoor Residents since 1965"

Gregory S. Lester, Manager, Lic. #3364

David L. Lester, Director, Lic. #3483

16 W. Church Street, Jamesburg
New Jersey 08831

732-521-0020

www.LesterMemorialHome.com



Buckingham Place Adult Medical Day Center & Home Care Services

OVER 15 YEARS WITH A SOLID
REPUTATION FOR QUALITY CARE!

Buckingham Home Care Offers: Care in the comfort of your home. Licensed Home Health Aides help with personal care, transportation, shopping, errands and more. Background Checks are done on all home health aides. Families are able to do **Interviews** with caregivers to ensure their comfort level.

Call to Schedule a Complimentary RN Health Assessment!!!

Buckingham Adult Day Center: Come visit our team at our Medical Day Care Center in Monmouth Junction to see our quality of care and service in action.



732-329-8954 Ext.1

Adult Day & Home Care Services

700 Woods Lane, Monmouth Junction, NJ 08852
(Located on Rt. 522 at Oakwoods Senior Housing, between Rt. 1 and New Road)

Meet Albert Einstein

By Hadassah Aylat

The Sisterhood invites all residents to come, see, and hear Albert Einstein (re-enacted by Bill Agress) at their next meeting on Monday, May 8, at 7:30 p.m. in the Gallery. You'll learn the truth about the world's most famous genius, about his family, pets, eccentricities, favorites, childhood, and hobbies, how he helped Princeton children with their homework, support for Israel, and his famous theory of relativity.

Agress is a re-enactor, actor, planner, and teacher, and for more than 30 years has been re-enacting various Revolutionary heroes. He has appeared in plays and



A sketch of Albert Einstein

musicals at the Bucks County Playhouse and McCarter Theatre, and is a tireless advocate for the importance of the state of New Jersey in the context of the American Revolution.

Come and enjoy our special refreshments, and we hope you'll bring non-perishable food items for the Food Pantry.

WHY?

By Dierdre Thomson

One thing that is fairly sure here is that in the not too distant future we will lose neighbors or friends one of two ways. Either they will move to an assisted Living/Nursing Home, usually near family, or they will die. We are sad when we lose them, but rationalize with a familiar saying - "He/She had a good, long life." What do we say, however, when the person dying is a young mother who, with her husband, adopted three children and in addition is taking care of three foster children?

Ten years ago, our family was faced with this question concerning my niece, Kath-

leen. Our family was devastated. Our daughter, Laura, was very close to her cousin. Kathleen was diagnosed with pancreatic cancer at the age of 41. She had the chance of being treated at Cancer Centers of America, but the cost would be tremendous. What could we do?

We kept talking about some sort of fundraiser, but had no idea how to go about it. Finally, Laura just did it. She went to her friend who knew about running a fundraiser. They set up one for Kathleen, calling it "Raising Hope for Kathleen." When Kathleen died a year later we gathered to decide what to do about the fundraiser. We decided to continue it - in memory of Kathleen. We renamed it "Raising Hope for

Others."

During the nine years since then we have become a 501c3 non-profit, and have been able to help recipients with their medical costs. We have gone from Laura's front lawn to the Gordon's Corner Firehouse in Manalapan for the main fundraiser (this year August 5, early to mid-afternoon).

So, what do we say to the question, "WHY?" when a young person dies, according to us, too soon? God had a plan. It was through Kathleen's illness and eventual death and the initial efforts of one person that Kathleen and the other recipients were helped. God had a plan. Raising Hope for others has not only helped its specific recipients, but was able to work with Blue Claws and Big Brothers/Sisters to reach others. God HAS a plan. You! Where can you volunteer?

We are back!

By Rev. Dr. Dierdre L. Thomson

On May 5 we return to our physical/spiritual exercise class led by the Rev. Kahlil Karmichael and the Rev. Dr. Dierdre Thomson. All are welcome beginning May 5, 11 a.m. in the Gallery at the Clubhouse.

MAINTENANCE DEPARTMENT

By Dave Salter

Carport Cleaning
The schedule for carport cleaning will be posted daily on channel 26.

Signs will be posted in the areas 24 hours before the scheduled date for carport cleaning. There will be no parking on the lanes during carport cleaning. Administration, E&R and Maintenance will have the schedule, so just give us a call.

Maintenance 655-2121
Administration 655-1000
E&R 655-3232

A/C Servicing

It's time to have your air conditioner serviced. Please call our office to be put on the list.

Maintenance Department 609-655-2121

- Condo (except Mutual 4) \$40 plus tax (per unit)
- Co-Ops (including Mutual 4) \$45 plus tax

Servicing includes inspection of system, checking Freon levels and filter replacement (Parts, blue mesh filter and Freon are not included in the price).

Yellow stake and yellow ribbon procedure

Many homeowners enjoy gardening and take pride in maintaining their own three-foot bed areas. If you are one of them, you need to mark the bed so the landscaping company (High Tech) gets the word. This is done with yellow stakes at the corners of the bed where they are visible from either direction or additional stakes every six feet or so in between, if needed. The stakes mean nothing is to be touched. Some people only want to take care of a special bush or two themselves. If you don't want a bush pruned by the landscaper, please tie a yellow ribbon or two on it where it is very visi-

ble. Yellow stakes and ribbons (and more detailed instructions on their use) are available at no charge in Maintenance and E & R.

Insects

If you have a problem with insects in or around your manor, please call or bring in a sample. The exterminator is here every Tuesday. We will have the exterminator treat the area, if applicable.

Permission to enter

Just a reminder for those of you who work or have busy schedules, a homeowner can give the Maintenance Department permission to enter to do work in their manor. We can use a key at the North gate or use our pass keys if your locks have not been changed. Give us a try.

Free Estimates

Call today for your free estimate on attic insulation, window replacement and ceramic tile insulation.

A message from High Tech Landscapes, Inc.

We have completed bed edging throughout the community.

- Mowing has started.
- All driveways, sidewalks, and curb lines were edged in April and we will continue this monthly
- The next round of fertilization will start at the end of May/early June. This will be a liquid application of Broadleaf Weed Control with Crabgrass Preventer using a herbicide with a high potassium formula that will provide broadleaf weed control in warmer weather and a granular application of fertilizer.

(Continued on page 24)

It Is Well fourth Sunday service at Community Church

By Rev. Dr. Dierdre L. Thomson

Remind your friends of this special service held most fourth Sundays, 1 p.m. at RCC. The Rev. Kahlil Carmichael leads the service with the Rev. Dr. Dierdre Thomson assisting. Come, see, and feel the inspiration that is shared at God's Church here in Rossmoor. All are welcome. We are looking forward to seeing you.

Jewish Congregation'

(Continued from page 22)

contact co-Gabbai Judy Perkus. Cantor Mary Feinsinger leads our Services, which begin at 7:45 p.m. in the Meeting House.

The Congregation's monthly board meeting will be held on Tuesday, May 2, at 7 p.m. in the Dogwood Room.

GEORGE'S

Plumbing, Heating & Air Conditioning Services

We Charge By The Job

NOT By The Hour

Lic #1014

Plumbing, Air Conditioning Sewer & Drain

60-Minute Emergency Service 24 Hours

Service Today We Do It All

For Prompt Service Call

866-482-0177

TOP PRICES PAID FOR

ANTIQUE

PLUS EVERYTHING ELSE

Silver, Oriental rugs, paintings, Costume and real jewelry, porcelains, designer handbags, Mid-century modern, modern, art deco and antique furniture Decorative items and glassware

35 years in business, trusted buyers

WE COME TO YOU

Nick 973-930-1118

Corie 347-244-1591



GOLDSTEIN

FUNERAL CHAPEL, INC.

We value the dignity and the sanctity of the Jewish soul and we uphold and maintain reverence for the Jewish tradition.

the only Jewish owned funeral home in Middlesex County

1-732-777-0032

Martin Goldstein, Mgr.

NJ LIC. #4025

2015 Woodbridge Avenue • P.O. Box 1448

• Edison, NJ 08817

Ask about transferring your current pre-need account.

A.L. DURYEE & SON

- Monuments and Markers
- Bronze Plates



Douglas Sutphen, Prop.

385 Mercer Street

Hightstown, NJ 08520

(609) 448-0050

IMPORTANT NOTICE

Motorists must obey the rules of the road while driving within the Community including, but not limited to, observing the posted speed limits, No U-Turn, Yield, and One Way signs; stopping for pedestrians; making a full stop at all stop signs; and exercising extreme caution when entering RCAI streets from lanes or other areas without stop signs.





Caregiver Support Group

Focus: Spouse/Partner

2nd Thursday at 1:30 p.m.

Location: Saint Peter's Adult Day Care Center

Monroe Township

Meetings are 90 minutes

Registration is not necessary.

Questions may be directed to Stephanie Fitzsimmons, RN, NP at 1-800-269-7508, press 1, press 8662

Sponsored by Saint Peter's University Hospital



Your Garden



By Mel Moss

Petunias for many years now have been one of the most popular annuals in the gardening market. They originated in south America and are in the solanase family of plants, along with tomatoes, eggplants, potatoes, deadly nightshade, and more.

They like a lot of sun and should have at least six hours of it every day. Their growth habit is spreading and they will bloom all summer and well into fall. If their blooming slacks off during summer, they probably need to be pruned back and given a shot of fertilizer to encourage new growth, which will in turn produce more flowers. However, they should be fertilized on a regular basis all summer, and how often depends on the type of fertilizer you use. Follow package directions.

Petunias have an amazing range of colors and combinations of colors. The petals are fused at the base, forming a funnel shape. Flowers are classified into four types:

High Tech Landscapes, Inc.

(Continued from page 23)

- Carport cleaning will start this month.
- The summer flowers will be planted later in the month.
- We will spray your three-foot bed area once a month with Round Up.
- Spring pruning of the smaller shrubs will start around mid-May/June.

Please call the East Gate phone and leave a message with any questions or concerns. (609-655-2121)

Please tune to Channel 26 for any new updates.

grandiflora, multiflora, milliflora, and spreading, or ground cover.

Grandiflora petunias have the largest flowers, up to five inches across. Some varieties have double flowers, (carnation like). Some varieties have very unique colors and combinations, such as pure orange, bright yellow, blue with a white star, pink with a broad white throat, rosy purple with deep purple veins, silvery blue with violet veins, bright red with a white picotee edge, and the list goes on.

One problem with grandiflora is the flowers may fall apart if there is a heavy, prolonged rain. It might take a week or so to get back into full bloom. Some of the more popular varieties in the grandiflora class are Aladdin, Hoolahoop, and the Dream series.

Multiflora petunias are very similar to grandifloras, except the flowers are smaller, about two to two and a half inches in size. They make up for it by producing more flowers per plant. They have both single and double flowering varieties. With a more compact growth habit, they are resistant to the problems of wet weather flowering. The Celebrity, Carpet, and Hurrah series are the most popularly grown and sold series.

Milliflora petunias are basically dwarf petunias, with flowers that are one to one and a half inches across. The plants won't spread more than eight inches. They come in all colors except yellow. They are good for planting in confined areas such as window boxes and hanging baskets. The Picobello series has a good variety of beautiful colors.

Wave petunias, the spreading or ground cover type, are the newest. Back in 1995, the wave petunia came into the market. The original wave was a purple color, but since then a lot of new colors have been developed, as well as a lot of new similar varieties. Trilogy, Tidal Wave, Shock Wave, Success, Rapid, Easy Wave, Explorer, and many more varieties are now for sale.

Plant breeders have had a lot of fun (and spent a lot of money) developing these new varieties. These petunias are very prolific growers and bloomers, with flowers about two inches across. By the end of summer, some of these petunias will have spread three to four feet. Mostly they creep along the ground, but some will climb if they have something to climb on. An ad for one variety I read about said, "The Queen of Vigor, this one jumps tall buildings in a single bound and will be in your neighbor's yard by morning."

The first three types mentioned above are usually available in trays of 32 plants or more, at moderate prices. The ground cover types are usually sold in four inch pots with three plants in each pot at a cost of about \$3. This is because the seeds are very expensive.

The wholesale cost of seeds for the grandiflora, multiflora, and milliflora runs between \$7 and \$13 for 1,000 seeds. But the ground cover seeds range between \$15 and \$20 per hundred seeds.

Petunias, in general, have few diseases or insect problems and do not require dead heading. They have a wide range of colors and require a lot of sun. Except for possibly pruning back the plants when flowering slows down, and occasional watering, they do not need much care and will give you color the whole growing season.

Spring and those pesky mosquitoes

By Kaytie Olsheski, BSN, RN-BC

Spring is in the air and to be able to shed the winter clothes is a welcome relief. But as much we want to get outside and enjoy the warm weather, we need to be aware of two mosquito-borne diseases that also welcome warm weather. Last year we all became aware of the Zika virus that made headlines down in Brazil, and in time those mosquitoes made their way to the United States. The West Nile virus is another mosquito-borne virus that is not usually in the news until someone becomes ill or unfortunately dies from it.

The Zika virus is spread through a cycle where an infected person is bitten by a mosquito and this mosquito bites an unaffected person who now becomes infected. This cycle has the potential of creating an epidemic as more and more people become infected. It has been found the Zika virus is spread through blood transfusions, sexual contact, laboratory exposure, and is passed from a pregnant mother to her unborn child causing serious birth defects. It has also been linked to Guillain-Barre syndrome. Guillain-Barre syndrome targets a person's immune system. This syndrome causes muscle weakness of the legs and arms and eventually causes paralysis. In severe cases, muscle weakness affects swallowing, eye movement, and breathing leading to death.

There are no boundaries where this mosquito will not go and everyone is a target. Common symptoms include fever, rash, joint pain, muscle pain, headache, and conjunctivitis (red eyes). Symptoms usually appear two to seven days after being bit-

ten. The CDC reports that one in five infected people will experience mild illness, which usually does not require hospitalization. Deaths are rare.

The current treatment at this time is to treat the symptoms. Drink fluids to prevent dehydration, rest, and use Tylenol for the fever. Do not use aspirin or non-steroidal anti-inflammatory drugs (NSAIDs). To break the cycle of spreading the virus to other people, the infected person needs to be protected from getting bitten by a mosquito for the first week of being sick. By preventing the affected person from being bitten, the mosquito cannot spread the virus to an unaffected person.

At this moment, there is no vaccine to prevent the Zika virus. What is known about these mosquitos is that they are known to feed mostly during the daylight hours, but they have been found to be out at night, also. To prevent these mosquitos breeding in your yard, get rid of standing water as in buckets, bowls, animal dishes, flower pots, and vases. To protect yourself from being bitten, wear long sleeve shirts and long pants. Use the Environmental Protection Agency (EPA) recommended insect repellent and follow directions on the product label. Before opening your windows and doors, make sure all window and door screens have no openings or holes in the screens.

If you or someone you know is traveling to an area known to have the Zika virus, read all the latest information from the CDC and stay updated to protect yourself and loved ones from the virus.

As mentioned, the West Nile virus is a mosquito-borne illness. In this disease, the mosquito feeds on an infected bird. The mosquito in turn transmits the virus to

(Continued on page 25)

Rossmoor Resident Telephone Directory

CHANGES & DELETIONS ONLY

*Please mail or bring this form to the
Rossmoor Community Association, Inc.,
Village Center
128 Sussex Way, Monroe Twp., NJ 08831
with any changes or deletions to your
name, address or telephone listing.*

Information as it now appears:

NAME: _____

ADDRESS: _____

PHONE: _____

Changes for the 2017-18 edition:

NAME: _____

ADDRESS: _____

(1)PHONE OR (1)CELL: _____

****All Changes must be received by July 14, 2017****

If your name, address and/or telephone/cell number is in the 2016-17 edition correctly, it is not necessary for you to complete this form.

Planting for wildlife

By Jean Houvener

May is Gardening for Wildlife Month. This is a good time to consider what to choose for our garden beds, keeping in mind what would support wildlife in our community. This does not have to be attractions for the Rossmoor foxes or the squirrels and chipmunks (who are quite plentiful), but for smaller creatures such as butterflies and birds.

All creatures need water, food, places to hide and shelter, and somewhere safe for their offspring. A birdbath, cleaned and with new water every day is a welcome addition for the birds. A bowl of sand kept moist is much appreciated by the butterflies. They can sit there to drink or to rest before flying off.

What you plant depends on whether you have sun or

shade. Sun-loving plants need at least six hours of sunlight. Butterflies need nectar plants for their butterfly stage, but this lasts in some cases only a few days. During that time, the females are looking for a good food source for their young - caterpillars - as a place to lay their eggs. Birds are also looking for good food sources, including plants with seeds or berries, insects, and worms.

Shrubs are valuable for nesting and for hiding, as are larger trees. When possible, it is best to use native plant species, since these are the plants with which our birds and butterflies have evolved. If possible it is good to leave a certain amount of leaf litter on the ground, both for smaller creatures to hide in and for bugs for which birds will happily forage. Also beneficial insects

and butterfly and moth pupae hide in the litter waiting for spring.

Dead trees have many benefits for wildlife. They serve as a home for squirrels, birds, bats, and attract many insects, which provide food for birds and other wildlife. They can be used as a lookout for danger, such as a circling hawk, or for locating prey, such as a hawk surveying the landscape. Ultimately, they nourish the soil as fungi, moss, and lichens return nutrients to the soil. If a tree presents a danger to homes and residents, it cannot be left, but it is an unfortunate loss of benefits when a dead tree is removed. Bird and bat houses can be built to provide some of these benefits.

Aster, black-eyed Susan,

(Continued on page 25)

Monroe Township property acquisition eyed for future middle school

During a recent budget hearings, Monroe Township officials announced plans to earmark \$2.5 million for the acquisition of an unnamed property that would serve as the prospective site for a future middle school.

Barring any issues, the Township would purchase and then turn the property over to the Monroe Township School District for a nominal fee of \$1 as early as July. Accounting for a growing student population, the tract could be one solution to the

district's overcrowded classroom problem.

"There are less constraints placed on a municipal government in terms of financing the land purchase quickly," said Monroe Mayor Gerald W. Tamburro. "It's also worth noting that this property acquisition amounts to more funding than the district received in state aid pittance this year, so I hope Trenton is paying attention. These are the pitfalls of the current state aid school-funding formula, which is playing havoc on our district's ability to function – more and more municipalities are shouldering the burden of underfunding from the state."

The Monroe Township School District is currently reporting that its eight facilities are overcapacity by approximately 1,000 students. Demographers are projecting the influx of another 1,500 students over the next five years, growth that's mainly concentrated in the elementary and middle schools.

"We can't reveal the exact location just yet, other than to say that it is a 30-acre site situated in the southern end of the Township near a controlled intersection with water and sewer access," said Kathy Kolupanowich, Monroe Township school board president. "Our legal team has determined that any further disclosure of the site's location might compromise

the negotiations that are underway with the property owner. We're just so grateful to be working with the Township in a collaborative effort for the betterment of our community."

As of late, Monroe's district has been making due with its shortage of space and state aid through creative planning and scheduling. But to cope with the rising student population, administrators are preparing for the addition of 18 trailers district-wide in the 2018-2019 school year to the tune of approximately \$2 million in associated annual costs.

"Our operating budget provides for the daily operations of the school – from turning on the lights to the teachers' salaries; but certainly not to construct or to overhaul our present-day facilities," said Monroe Township School District Business Administrator Michael Gorski. "We'll have to go out for a referendum by December 2017 or January 2018 for new school construction. We are fortunate that interest rates are currently at historic lows. We've also learned that as time passes construction costs only increase, so we'd like to put this into motion as soon as possible."

Although District Superintendent Michael Kozak is still working with architects to finalize plans, the proposed



Monroe Township School District is in the preliminary stages of planning for a second middle school to accommodate a growing student population.

Planting

(Continued from page 24)

sunflower, coreopsis, and coneflower are good plants to leave the seed heads in tact so the birds can feed on them during fall and winter. Red cedar, honeysuckle, juniper, holly, hawthorn, and American beautyberry produce late fruit that the birds enjoy. Squirrels enjoy dogwood berries (Kousa) and seeds (both Kousa and Florida). Crabapple fruit is enjoyed in the winter, especially after a freeze, by robins and other birds.

As one might expect, butterfly bush (buddleia) attracts butterflies and also bees. Hummingbirds are attracted to lobelia, agastache, columbine, lupines, daylilies, and other plants with tubular flowers and nectar, especially if they are red or yellow. Many bees also enjoy the nectar plants, and can be encouraged with a wide range of plants, including sedum, coneflower, sunflower, yarrow, and black-eyed Susan.

The many species of butterfly all have their own specific hosts for the caterpillars. The best known is the native milkweed for monarchs, but there are many others host plants for other species of butterfly, including wild black cherry, ash, tulip tree, azalea, elm, locust, wisteria, and aster among others, which can be found in and around Rossmoor.

The National Wildlife Federation website (www.nwf.org) has information about how to encourage wildlife survival in our gardens. The Native Plant Society of New Jersey (www.npsnj.org) is another good source for ideas. Also check out the That Butterfly Guy's website (www.butterflywebsite.com).

The Rutgers Gardens (off Ryders Lane near Route 1), which was recently recognized by the American Horticultural Society as a Horticultural Landmark, can be a good starting place for ideas of what to plant. The Rutgers' New Jersey Agricultural Extension garden and Earth Center on Riva Ave. in South Brunswick is another good source of information.

So when you begin to shop for new plants for your garden, keep in mind the animals - birds, bees, and others - who share this space with us when you decide what to plant.

Health Care

(Continued from page 24)

humans, birds, horses, and other mammals. There is evidence, through a small number of cases that the West Nile virus has been spread through blood transfusions, organ transplants, and mother to baby during pregnancy, delivery, and/or breast feeding.

Presently, there are no medications or vaccine for West Nile virus. What is so ambiguous about this disease is that there are no symptoms in 70 to 80% of the people infected. One in five people will develop a fever along with a headache, body aches, joint pains, vomiting, diarrhea, or rash. In severe cases, less than 1% of people will develop encephalitis or meningitis, an inflammation of the brain or surrounding tissues. Symptoms of this neurologic illness are headache, high fever, neck stiffness, disorientation, coma, tremors, seizures, or paralysis.

The treatment for the West Nile virus is to treat the symptoms. Drink fluids to prevent dehydration, rest, take Tylenol for a fever, and use over-the-counter medications for headache, body aches, and joint pain. People with milder symptoms usually recover on their own, but symptoms may persist for several weeks. In severe cases, people need to be hospitalized to be treated for

serious and deadly symptoms.

As with Zika virus, do not keep standing water in your yard. Discard water that has collected in containers, buckets, flower pots, pet water dishes, and birdbaths. When outside wear long sleeve shirts and long pants. Apply DEET, an insect repellent, and follow the directions on the product label.

In our lecture series from Saint Peter's University Hospital, Aijaz Hussain M.D., an Internist and geriatrician from Saint Peter's Physician's Associates in Monroe, will be speaking on "What You Should Know About Vitamin and Mineral Supplements," on Monday, May 8, in the Maple Room at 1 p.m.

Our Health Fair is scheduled for Wednesday, May 31, from 10 a.m. to 1 p.m. The Health Fair will be in the Hawthorn Room, Ballroom, Maple Room, and Library for the hearing screening. Dr. Sang Song will be presenting a lecture on pain management at the fair. There will be blood sugar, blood pressure, bone density, and facial skin screenings. We will also have a balance/fall screening and postural analysis. Chair massage will be there to relax you. If your cane or walker needs a "check-up," let us take a look at it. So, mark your calendar and come and join us for this very informative and fun time at the Health Fair.

referendum is expected to fund a new middle school, potentially a new elementary school and an addition to the high school.

"Unfortunately, voters defeated the district's 2002 referendum," Kozak said. "At the time, officials were forced to vastly scale down the high school's conceptual footprint in order to go out for the second referendum. While the second referendum passed, it was only a year or two before the number of students exceeded the high school's capacity. We don't want to have to return to the public with our hat in our hands in another decade because our facilities are inadequate in meeting the anticipated future growth of this community."

Last year, the Township offered the school board a 60-acre parcel on Church Road, which fell short of environmental standards and sat in the outliers of a sewer and utility connection zone.

While hunting for a prime location, Gerald Tague, district facility director, worked with administrators to narrow the field down to 21 potential sites. Of that pool, only a single site, the one currently being eyed, met all criteria: positioned in the sewer and utility connection zone and absent of any wetlands and environmental red flags.

For further details, contact Monroe Township's Public Information Officer Maria Prato at 732-521-4400 or mprato@monroetwp.com.

LWV: Challenges and opportunities in education

By Ruth Banks

The guest speaker at the meeting of the Monroe Township League of Women Voters on May 22 will be, Superintendent of Schools Dr. Michael Kozak.

The meeting will be held in the courtroom of the Municipal Building at 1 p.m. The public is invited to attend the program, which is free and open to all residents and visi-

tors.

Dr. Kozak brings to this position many years of experience as a teacher, principal, and superintendent, as well as the experience of raising his own three children.

His educational philosophy was acquired during those years as he experienced the give and take, the success

(Continued on page 26)

Alan S. Lichtbroun, M.D., F.A.C.P.

Rheumatology - Internal Medicine

Clinical Associate Professor, Rutgers RWJ Medical School

Listed in Castle Connolly Guide to Best Doctors in the Metropolitan Area for over 15 years

15 minutes from the Monroe area, just behind the Brunswick Square Mall

Our office staff answers the phone and greets you personally at our only location.

63 Brunswick Woods Drive, East Brunswick, NJ 08816

Phone: 732-613-1900

Fax: 732-613-0029

Barbara's Unique Antique Boutique

10% discount to holders of Rossmoor I.D. card
Wed. - Fri. 10:00 am - 5:30 pm • Sat. 10:00 am - 3:00 pm

Jamesburg's Largest Estate Jewelry Selection

WE BUY GOLD

also buying Coins, Sterling, Costume Jewelry, Cameos, Designer Purses, Old Toys, Military & more.

Lifetime Area Residents Specializing in Buying and Selling All Kinds of Fine & Costume Jewelry, Antiques, Collectibles & Gifts. We have a Full Shop with Thousands of Pieces to Choose From.

Visit us at www.barbarasantiques.com
Like us on Facebook

35 East Railroad Avenue, Jamesburg, N.J. 08831
732-521-9055



From the Mayor

By Gerald W. Tamburro,
Mayor of Monroe Township

Fiscal responsibility leads to no increase in municipal tax rate

Thanks to careful fiscal management, I am pleased to report that the Township is moving forward with a zero increase in the municipal portion of your 2017 tax bill. Our Township Council introduced a \$56.15 million municipal budget with a flat tax rate April 3.

The proposed budget would maintain the previous year's tax rate of 45.7 cents per \$100 of assessed value. For a homeowner with a residence assessed at the township average of \$312,219, that translates to an annual municipal tax bill of \$1,428.

In addition to ensuring a stable tax rate, we have facilitated no increase for residential water and sewer services for the 26th consecutive year. We've also reduced our reliance on the Township utility surplus revenue by approximately \$1 million in 2017.

After factoring in the fire districts, the library, the school district and Middlesex County, the municipal tax rate in Monroe accounts for 20 percent of your total property tax bill.

Our positive record of achievement is primarily due to a concerted and ongoing effort by residents, employees, volunteers and members of our boards and commissions, who work together for the betterment of the community. Monroe continues to offer unrivaled services, superior schools and one of the safest communities in the state, all while securing one of the lowest tax rates in the County.

One of the largest capital expenses in our proposed 2017 budget includes a \$2.5 million purchase of land in the southern portion of Monroe, which will be turned over to the school district in exchange for \$1 in the coming months. The parcel is being considered as a future home of an additional freestanding Township middle school.

Other major capital improvements in the proposed budget include pedestrian and road enhancements along Monmouth Road, park and ride improvements, design of a public safety complex, equipment for police, EMS and Public Works, as well as series of new paving projects.

We here in Monroe understand the importance of capital improvements. In recent years, we've budgeted for traffic signals at Perrineville and Federal roads and at Matchaponix and Spotswood Gravel Hill roads and lighting upgrades at our library's parking lot. These are important facets when considering our residents' safety and quality of life.

Despite our careful planning, Monroe has faced declining municipal and school state aid for eight years now, not to mention a statewide homestead rebate program that passed along dramatic cuts and shrinking reimbursement checks to a broad base of our residents. The state's annual reduction over the past seven years has cut the average homestead rebate from approximately \$1,200 to \$500 per qualified

household.

The homestead benefit program, which our legislators introduced almost four decades ago, was intended to provide a measure of tax relief for the State's homeowners. Unfortunately, many of us depended on this program to offset our yearly property taxes and it's become a safety net we can no longer depend on.

In response, municipal officials are seeking grant programs to further reduce the burden on our taxpayers.

But again, I am pleased to report that we will not be increasing the municipal portion of your tax bill. I am very proud of and would like to thank our officials and municipal staff, who worked tirelessly on crafting a budget that serves the best interest of our great community.

Free Concert - No Tickets Required Monroe Township Chorus Presents "Together as One"

As we honor and salute our veterans and armed forces
Thursday, May 18,
2017 at 7:30 p.m.

Doors open at
6:30 p.m.

Richard P. Marasco
Performing Arts
Center

Monroe Township
Middle School
1629 Perrineville
Road, Monroe
Township

For information,
contact Sheila
Werfel
at 609-619-3229

Senior Center Highlights

Monroe Township Office of Senior Services & Senior Center
12 Halsey Reed Road, Monroe Township, NJ 08831
609-448-7140

Registering with the Office / Senior Center is free and available to Monroe Township residents, 55 years of age or over. Around the 15th of the previous month members can sign-up for the special, monthly activities either via phone or in person for all programs with a fee. Sign-up dates are subject to change; so, please call to confirm.

For more information, visit the Senior Center to pick up a calendar of events or visit www.monroetwp.com, and look for the "Office of Senior Services" link under "Departments."

Good for You

Register in Advance

Bagels Plus: On Friday, May 5, at 10 a.m., join Linda, from The Gardens at Monroe, for bagels and smear as she and Sheli, from Caring Connections, host this "What's Your Story?" session. Their guest speaker,

Steve Besserman, from Ari-Joe Productions, discusses the importance of preserving your life story and family history by presenting, BUNNIE, an inspiring, short documentary about leaving one's legacy.

Health Challenges: On Monday, May 8, at 1:30 p.m., Lois Glaser, from CancerCare, via a grant from Perrigo, discusses how to stay healthy after being diagnosed with cancer, heart disease, hypertension, and diabetes. Discover how making healthy lifestyle choices can enhance your quality of life. Lite refreshments.

PTR Program: On Tuesday, May 9, at 1:30 p.m., NJ Division of Taxation representatives return to offer helpful information and assistance regarding Property Tax reimbursement, Homestead benefits, and benefits for veterans.

(Continued on page 27)

LWW

(Continued from page 25)

and failure of changing educational concepts. Core to his beliefs is that children need to learn to respect each other and learn how to live and work in an increasingly diverse and global society. The building blocks of education should foster critical thinking, creativity and innovation, and should include the four concepts of the STEM system, as well as skills in written and verbal communication, appreciation of and participation in fine and performing arts, and development of a sense of civic responsibility. The concepts in the STEM system are Science, Technology, Engineering, and Math, all essential ingredients of an education geared toward a future which

is continually changing.

The League in New Jersey has a long history of studying education issues and advocating for various changes. Its members have studied teacher tenure, funding, and charter schools. It has a strong position on the importance of public education, and only supported the concept of charter schools if innovations which resulted were shared with the traditional schools. The League has consistently supported adequate funding for all public schools.

For more information on the League, please contact: Judy Perkus, 609-395-1552; Andrea Pellezzi, president, 609-664-2146; Marsha Rosenbaum, voters service director, 609-409-0930; Adrienne Fein, membership, 609-448-4345, or Ruth Banks, 609-655-4791.

TRANSPORTATION TIDBITS

Important phone numbers:

Rossmoor Bus 609-655-4401
Hours 10:00 -11:00 a.m. and 2:30 p.m.- 4:00 p.m.

Monroe Township Transportation 609-443-0511

Middlesex County

Area Transportation (MCAT) 1-800-221-3520

St. Peter's University Hospital

On Time Transportation 1-800-858-8463

All schedules are available outside the E&R office (near the copy machine) or via the Web at www.rossmoor-nj.com and following the links Facilities, Clubhouse and Activities, and Bus Info.

Mailing Addresses

If you are not receiving mail from Rossmoor, your Mutual, or *The Rossmoor News*, it may be a matter of our not having your correct mailing address. Many residents, over the years, filed "Winter Address" forms with Administration and failed to specify a return date. If you did not contact us when you returned, it might be possible that we still have an alternate or winter address in our system.

Please contact Resident Services manager, at 609-655-1000, to verify your address.



Yom HaShoah Observance

Henry Ricklis Holocaust

Memorial Committee

Monroe Township

Where Jews Found Refuge

Sunday – May 7, 2017, 1:00 PM

12:30 – Yahrzeit – Candle Lighting

Monroe Township Middle School

Featuring: Author AJ Sidransky as our Keynote Speaker



Original Film and Processional Reading of *Six Million Tears*

Yahrzeit (Memorial) • Candle Lighting

Menorah Lighting Ceremony

For more information contact:

Nina Wolff, Chairperson, (732) 605-7811, nwolff0325@aol.com

Classified Advertising

Transportation

NAT TRANSPORTATION – Monroe resident. All airports, shipyards, NYC and local. Doctor and hospital visits. (917) 657-5611.

CALL DOREEN – I’m back! My new number is (609) 284-4308. Thank you.

EXPERIENCED DRIVER – Airports and local, including doctor visits, supermarkets. Carl (908) 812-6326.

AAA TRANSPORTATION – Monroe area (Encore resident). Transportation to airports, trains, piers, NYC and reasonable rates. Call Howard (732) 979-3085.

EXPERIENCED LIMO DRIVER – NYC, airports, anywhere. Former Clearbrook resident. Call John (732) 610-0703.

LIMO GUY, INC. – Our 15th year. We go to all airports. Late model Lincoln Towncars. Holds four passengers in total comfort and style. \$90 to Newark, \$165 Philadelphia, \$180 JFK airports. We go anywhere. Call (732) 452-9222, 24/7.

RIDES FOR CASH BY BOB – Affordable rates for rides to the airport, doctor appointments, groceries, school, restaurants, work. Cheaper than Uber or Lyft. Robert Lande, driver. (609) 664-6558.

AMERICAN CAB – We’ll take you anywhere. Appointments available. Credit cards accepted. (609) 529-6943.

Home Improvement & Services

FOREVER YOURS LANDSCAPING, INC. – Landscape design and maintenance. Rocks, mulch, pavers, power washing. Owner operated. Fully insured. Free estimates. Call Frank (732) 284-1692. License #13VH05891100.

LEN’S REMODELING AND CONTRACTING SERVICE (Formerly Len’s Handyman Service). Happy spring. It’s time for all those spring projects around your home. We do it all under your roof. Kitchen and bathroom remodeling, painting, molding, closets and closet doors, wood and tile flooring, carpeting, doors and windows, electrical, plumbing, and air conditioning and heating. All handyman repairs and services. Since 2003 we have continued to successfully grow. Please call (732) 851-7555 for a free estimate. Or visit our beautiful Design Center and Showroom at 28 Harrison Ave. in Englishtown.

MIKE THE HANDYMAN – See my display ad in this edition. (732) 780-0468.

RELIABLE HANDYMAN SERVICES – Local resident. No job too small. All labor guaranteed. Call me to discuss – no obligation. Reasonable rates. Call (609) 409-7096 or (908) 385-5869.

T-K-S HOME IMPROVEMENTS – Full service contractor and handyman services. Kitchens, baths, basements, painting, tile and more. No job too big or small. Credit cards accepted. License #13VH05970500. (609) 259-2574.

INTERIOR PAINTING – Wallpaper removal. 30 years experience. Please call Ken – Diamond Painting. (609) 655-1525 or (732) 446-0400.

DD PAINTING – Professional painting, sheetrock repair. Rossmoor relative. Free estimates. Dave (908) 421-5616.

Miscellaneous/ Services

TECH BUDDY – Welcome back snowbirds. Get your computer, printer, internet hooked up. Special pricing \$25 until May 31, 2017. Simple step-by-step help with smartphones, computers, tablets and more. Large print solutions for low tech problems. ? Real Beginner to Advanced. Patience and enthusiasm included. Wireless printers, Netflix, Roku – setup and training. Free quote. (732) 589-4974. techbuddybarb@aol.com

COMPUTER REPAIR - RJF Sales Company LLC. Is your computer running slow? It may need a tune-up. Desktop and laptop repair in your home. Custom built computers. Virus removal and protection. Monroe resident with over 20 years of computer experience. www.monroe-computer.com (732) 723-9537 or (732) 967-3400. Please leave message, all calls returned same day.

YOGA CLASSES – FREE introduction to Yoga on May 9 at 11:15 a.m. and 7 p.m. at the Monroe Wellness Center, 7 Centre Drive, Monroe. Concordia resident, CYT, YACEP with 25 years experience in all levels. “If you can breathe, you should be doing yoga.” Ongoing donation-based classes. Ellen (732) 395-7168.

GREAT ORGANIZER will help unclutter your home, paper, closets, etc. Milena (609) 860-8091.

PET SITTER/DOG WALKER – A true animal lover. Monroe resident. Barb (732) 735-4243.

HAVE SCISSORS, WILL TRAVEL – All hairdressing services. Will come to your home. Licensed hairdresser. Call Georgianne (732) 985-8129.

ALTERATIONS/SEWING NEEDS – I can come to you. Joan (609) 655-4363.

Wanted to Buy

CASH PAID – Unwanted household items, b/w photos, toys, collections. Call Joe (732) 430-6057.

BUYING & SELLING GUNS – Call for pricing. (609) 558-9509. Ask for David. Licensed Firearms Dealer.

For Sale

TWO SIDE-BY-SIDE burial plots in serene, scenic, park-like Jewish cemetery at Cedar Park Cemetery, Paramus, NJ. Easily accessible to central and north Jersey and New York. Asking \$1400 each. Call (732) 688-0005.

Help Wanted

MONEYWELL FUNDING is hiring mature individuals for full or part time work in the alternate finance industry. We train and pay very high commissions. The job entails speaking to business owners in need of working capital for their business. When you contact a business owner in need, the loans close in a few days and you receive payment the following week. I am tired of hiring young kids with no ambition and no foresight or drive. Please contact me at (201) 243-7617 Thank you, Alexander Ricci.

Help & Health Services

RETIRED RN – Available for elder care. Monroe area. Call Nancy (732) 306-9945.

MARILYN’S HOME CARE – Certified Home Health Aide. Reliable, trustworthy and responsible. Looking for a companion to help you live independently? I live locally with car and current driver’s license. References available upon request. Marilyn (732) 881-1564.

FILIPINO GIRL – Personal assistant, caregiver, driver, companion, overnights. Victoria (609) 902-1136.

AT ANGEL TOUCH HOME CARE we provide excellent care for elderly and we make sure that we have the best qualified workers for the job. We are a company that cares for our patients and makes sure they are treated by the best. 24-hour care (living with resident). Elderly companionship. Call (609) 907-6059.

CARING ELDER CARE – We will help you to live independently. Minimum visit is only two hours. We’re experienced and we’re here to help. (646) 413-0813. www.CaringElderCare.com

LEASE A NIECE – Assistance with household activities, cooking, shopping, paperwork, appointments, companionship. Local transportation. NJ born and bred. Tracie (732) 904-3885.

ANNA’S HOME CARE – Certified professional caregiver is looking for live-in/live-out job in Monroe Township. Experienced, references. Driver’s license. Accepts long-term care insurance. Low prices. Private care option. Call Anna at (609) 409-1600 or (908) 337-7462.

Housecleaning

HENRYKA’S HOUSE CLEANING – Polish ladies, reliable and experienced. References available. Call (609) 586-0806.

IZABELA’S CLEANING SERVICE - Professional house cleaning. Quality work. Local references. Very reasonable. Years of experience in the area. European quality. (609) 954-0181 or (609) 656-9281.

Senior Center

(Continued from page 26)

Overuse Injuries: On Thursday, May 11, at 10:30 a.m., Renata Pac, PT, from JAG Physical Therapy, discusses overuse injuries, from tennis elbow to Achilles tendinitis. Learn about the signs and symptoms of overuse injuries, pain management, and prevention. Learn helpful stretching exercises, too.

Reflexology: On Tuesday, May 16, at 1:30 p.m., Shelly Botwinick, Holistic Health Educator, from Tobias Health Awareness Center, explores the benefits of hand reflexology. Discover how applying gentle pressure can relieve symptoms in other parts of the body to help improve your health.

Pelvic Floor Health for Men and Women: On Wednesday, May 24, at 2 p.m., improve your awareness of the pelvic floor as Meghan Faley, PT, Pelvic Health Specialist, from RWJUH, demonstrates gentle exercises to improve bladder control, reduce back/pelvic pain, and recover from trauma or surgery.

Music & More Register in Advance Elephant Presents: On Monday, May 1, at 1:30 p.m., Thomas Elephant explores *The Music Of Rimsky-Korsakov*. Then, on **Friday, May 5, at 1:30 p.m.,** Mr. Ele-

QUALITY HOUSE CLEANING – Experienced and reliable, trustworthy and respectful. References available. Call (609) 858-4296.

HOUSE CLEANING to clean your home expertly and thoroughly. References, honest, courteous and experienced. Reyna (609) 371-4775. You’ll be glad you called.

fant returns to discuss *The Lyrical & Magical Music of Mendelssohn*. When registering in advance, mention the program title and date you wish to attend.

Fred Miller Presents: On Tuesday, May 2, at 1:30 p.m., enjoy Fred’s “Lecture-in-Song” regarding the time period between 1957 and 1964. Mr. Miller shares the popular songs of this era along with the lingo, crazes, inventions, etc. of that time. Please register early.

The American Songbook: On Wednesday, May 3, at 2 p.m., Maggie Worsdale, Jazz Singer, performs “The Great American Songbook” featuring the songs from the 1950’s and 1960’s. **Please register in advance.**

Pizza Plus: On Thursday, May 4, at noon, join us for our pizza luncheon PLUS our featured movie: *ARRIVAL*, starring Amy Adams and Jeremy Renner. Tickets: \$6 p.p., due upon registering in-person, in-advance. A movie synopsis is available.

Count Basie: On Wednesday, May 10, at 1 p.m., enjoy a blast from the past as Mike Ferreira hosts this 1981 DVD celebration of Count Basie’s 50th Anniversary in the Big Band biz. This all-star tribute includes Sarah Vaughn, Tony Bennett, George Benson, and Joe Williams. **Please register in advance.**

Music BINGO: On Thursday, May 11, at 1:30 p.m., join Tara for some *Music-Infused* Bingo fun. Enjoy this twist on the traditional game as you take a chance to shout, “Bingo!”, and win a prize. Lite refreshments, too! Tickets: \$3 p.p., due upon registering in-person, in advance. Space limited.

Love, Marriage, Children & Liposuction: On Friday, May 12, at 2 p.m., enjoy Naomi Miller’s hysterical and heartwarming one-woman show that weaves stories and songs that invite you to reminisce about life’s joys, challenges, adventures and goals.

Ted’s Classics: On Monday, May 15, at 1 p.m., we welcome back Ted as he brings us *The Al Jolson Story*, featuring Larry Parks.

Mike & Ted Present: On Wednesday, May 17, at 2 p.m., Michael and Ted, from WWFM’s “The Classical Network” discuss the songs of the virtually unknown composing team of Jay Livingston and Ray Evans. Their names do not ring a bell? Their songs just might, such as: “*Mona Lisa*”, “*Silver Bells*” and “*Que Sera Sera*.”

CLASSIFIED Ad Information

All Classified ads must be received by Princeton Editorial no later than the 14th of the month preceding publication month.

Mail to:

Princeton Editorial Services
P.O. Box 70
Millstone Twp., NJ 08510

RATES

\$14 for 10 words, 50 cents each additional word.

- Note: Phone numbers count as one word and names as one word. Do not count punctuation. Abbreviations will be counted as one word.
- Check or money order must accompany insert, made payable to Princeton Editorial Services.
- Phone number or address which appears in ad must appear on check or money order to ensure proper credit.
- Type or print your ad clearly and please include any contact information.

ADVERTISEMENT



New Directions IN HEALTH AND WELLNESS

An educational medical series brought to you
by Northeast Spine and Sports Medicine

This month's topic: **NEUROPATHY**

Say goodbye to foot and leg pain

NEW Non-surgical, FDA approved treatment for Peripheral Neuropathy now available locally

Millions of Americans suffer from **Peripheral Neuropathy**, a condition that commonly results in pain, tingling, numbness, and other painful symptoms in the legs, feet and hands. This pain changes your life and affects how you work, how you play and how you live.

What is Neuropathy?

Peripheral Neuropathy is the consequence of damage to your peripheral nerves. There are over 100 different kinds of these disorders – some are caused by a disease like diabetes while others can be triggered by a virus infection. Still others are the result of an injury or compression on the nerves. No matter where the problems begin, it is imperative nerve disorders are resolved as soon as possible to prevent permanent damage.

Peripheral Neuropathy Symptoms include:

- Tingling, burning and/ or numbness
- Pain when walking
- Loss of balance
- Pins and needles sensation
- Restless legs
- Muscle Weakness
- Spontaneous pinching, sharpness, or electric shock-like pain

In the past, treatment options have been limited to a small assortment of pain medications. However, they only provide temporary relief and can be habit-forming. Ignoring the problem or masking the symptoms is also ill-advised, as it can lead to emotional stress and depression. So.. what is the best course of action for treatment of Peripheral Neuropathy?

A New Hope for Lasting Relief

After years of study, training and trials, AllCure Spine and Sports Medicine is pleased to announce their new integrative program for treating Peripheral Neuropathy. This mode of care incorporates a combination of advanced FDA-cleared treatments with breakthrough technology that aids in the restoration, stabilization, and rebuilding of damaged nerves in your extremities. The options are non-surgical, provided under one roof and covered by most insurances, including Medicare. Healing effects can be felt on the first few visits.

Our treatment options include:



• **MicroVas** — A non-invasive, pain free treatment that elevates blood flow and tissue oxygenation to the problem area. This treatment



HELLO WORLD: Get rid of irritating numbness and pain in your legs and feet with a NEW non-surgical, FDA-approved treatment covered by most major insurances, including Medicare!

has proven effective for not only Neuropathy but also chronic low back pain, carpal tunnel syndrome, sports injuries, pressure ulcers, ischemic rest pain and wounds that are otherwise slow to heal.

• **Acupuncture** — Through clinical trials, acupuncture has been proven effective in treating various medical conditions including neuropathy pain and has been expanded into conventional medicine practices throughout the world.

• **Physical Therapy** — A traditional treatment methodology aimed at the treatment and curing of certain ailments common to

patients suffering with chronic or severe pain. Its primary aim is to bring back the patient to his/her normal self, free of any pain or suffering.

• **Cold Laser** — A gentle, non-invasive treatment that is successful in treating joints and nerves without pain or discomfort to patients.

These treatments have also been effective in addressing the painful symptoms of arthritis, MS, and other forms of chronic pain.

If you are suffering from the tingling, itching, numbness or burning associated with Peripheral Neuropathy, the doctors and staff of AllCure Spine and Sports Medicine invite you to call

their office and schedule a complimentary consultation. There is hope for those suffering with Peripheral Neuropathy. The advanced treatment programs offered by AllCure Spine and Sports Medicine can help you get your life back to where you were before the pain began. Say goodbye to pain and hello to a world of relief.

For details about AllCure Spine and Sports Medicine's Neuropathy treatments, call our Monroe Office at 732-521-9222.



**CALL
US
TODAY!**

**Get the non-surgical, FDA-cleared treatment for
Peripheral Neuropathy**

FREE MRI/ X-Ray Review

Limited to the first 30 callers! Call today to secure your appointment!
Offer expires May 31, 2017.

AllCure
SPINE & SPORTS MEDICINE

**MONROE
OFFICE**

**350 Forsgate Drive
Monroe, NJ 08831
732.521.9222**