VOLUME 53 / No. 6

Monroe Township, New Jersey

June 2017

Focus on: Groups and Clubs Take a Hike!

By Jean Houvener

Rossmoor is surrounded by many area parks where a good hike can be done. The Hikers Group generally goes on two hikes each month from March through June and again from September through December, skipping the hottest and coldest months. The hikes are usually on a Saturday morning, meeting at 9:30 at poolside in order to carpool and get directions. The schedule varies, depending on what other activities are happening in the community.

A recent hike went to Mercer County Park, directly off Old Trenton Road, south of Route 571. The full hike undertaken was around 2-1/2 miles. There were benches along the way for stopping, a rest area, and other places to pause along the way. It is always possible to do only part of the hike. In this case,

since the hike went to the furthest extent and then back again, it was easy to wait and enjoy the scenery, rejoining the group on their return. People moved at varying speeds, depending on their comfort level. On this hike, there were rowing crews practicing on Lake Mercer; on an earlier trip the group saw Chinese boat races.

Since Mercer County Park is close to Rossmoor, the group was back by noon. Sometimes the hikes are longer or further away. In those cases, the hikers either bring their lunches or they plan to stop somewhere in the area for lunch. They have also located many convenient places to stop for ice cream. It's a good idea to bring a snack and some water. The group meets twice a year, in winter and in sum-

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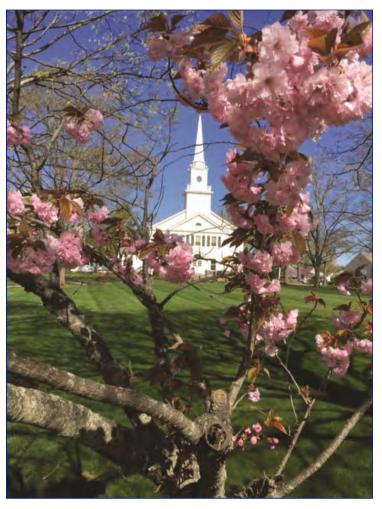


Photo by Walter Gryskiewicz

We remember Dad on Father's Day, June 18

By a few of our neighbors: Some tender thoughts about their fathers

Memories of Dad - some recollections

By Linda Bozowski

Connie Orban's Dad, a chemist, was the son of a Methodist minister, and a man who followed his own pathways. It was important to him to be the first in the neighborhood to purchase new technology - a television, a dishwasher. The new dishwasher covered the kitchen floor with soap bubbles on its first running, since the enclosed directions were not followed. This sometimes -daredevil flew his own plane and later, the plane of his company as part of his business travels. Sometimes Connie, her sister, or her

REMEMBER TO VOTE

Tuesday, June 6 Clubhouse polls open 6 a.m. to 8 p.m.

This is an important primary election to choose the candidates you want on the November ballot, an election for State governor.

brother accompanied their Dad on his flights. One of Connie's memories was of the time that the plane ran out of gas while still in flight. Her Dad was able to restart the engine by turning on the filled auxiliary tank, and the remaining flight was successful and uneventful. It was her most memorable flight.

Linda Bozowski's Dad was a potato farmer with his brother, assisted by their wives and children. Although there are many stories and memories, one of her favorites is of the time that she was allowed to help move the heavy filled irrigation pipes in the middle of the night. Trudging with her Dad, knee-deep in cold mud, they spent several hours clambering over potato plants, by the light of the moon. Even though she helped in the barns and fields, the irrigation pipe adventure was one of the most special times with her Dad.

Pat Marcols' Dad, Charlie, had many complicated interests and hobbies. Pat remembers her father's skill with repairing clocks and watches. A self-taught horologist, he managed to build

a grandfather clock with an antique movement that is now a proud possession of her niece. Her Dad ran a gun repair business for many years at their home, and was also an amateur photographer who did his own developing in the basement. He belonged to a photography club for many years. A civil engineer for Edison Township, he managed to enjoy his interests in his off hours.

My Dad *By Joe Conti*

perform.

The saying "the apple doesn't fall far from the tree" certainly holds true in my family. My father, Vito Conti, immigrated from Italy when he was 12 years old and became an American citizen soon after he arrived. He remained close to his Italian culture by joining an Italian theater group. As a child, I remember him studying his lines and having his friends over for rehearsals. The group put on Italian dramas and comedies throughout the New York area and at times traveled as far as Boston to

I loved hearing his stories about how things went wrong during a show and how they were covered up and sometimes not. Once my father seemed to be looking out a window but he was actually standing on a milk box backstage. My grandfather somehow got back there and, unaware that my father was performing, got annoyed that my father was not responding to his question and almost pushed him off the milk

My first experience of being on stage came when my sister and I were used in one of his dramas, in which the parents were divorcing. All I remember is being pulled and tugged.

I'm proud to say that the theater bug did not stop with me. My daughter, Jeanne, performed in many local productions. My son, Joe, plays bass guitar for a Hoboken

(Continued on page 3)

RCAI officers elected

This just in:

Newly elected RCAI officers for the coming year are Daniel Jolly, president; Arnold Jasper, vice president; Gerald McQuade, treasurer; and Salvatore Gurriero, secretary.

The beginnings of a 50-year journey

By Diane England

He'd already built a planned community in California called Rossmoor when, in 1960, Ross Cortese decided to develop gated retirement communities for active older adults instead. This was essentially a new idea, although the Del Webb Development Company had opened Sun City Arizona's five model homes on the first day of that year. Ross Cortese, however, imagined addressing more than the recreational desires of retired people. He'd attend to their religious needs by donating land for houses of worship to be built in these proposed communities, one of which was Leisure World in New Jersey.

With regard to the latter, Garden State farmland was to be transformed into clusters of manors reminiscent of New England villages. Because this planned community was to ultimately house 50,000 residents, it was determined it should have seven buildings dedicated for worship. Since other planned retirement communities would require multiple houses of worship as well, the Leisure World Foundation had a Director of Religious Planning named Reverend Roessler.

Sadly, because of financial

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at the governors' meeting



April 20, 2017, Board of Governors Meeting

Daniel Jolly, RCAI president, opened the Board of Governors meeting at 9 a.m. with the Pledge of Allegiance.

The RCAI Reserve Study set aside \$6,150 in 2017 for Entrance/Exit Mechanical Gates Replacement. The Board of Governors approved a resolution for the expenditure of \$4,656.47 to replace the North Gate Entrance Barrier Arm Unit and the expenditure will be charged to the RCAI Reserve Fund.

The RCAI Reserve Study set aside \$5,945 in 2017 for 5-Cluster Street Lights. The Board of Governors approved a resolution for the expenditure of \$10,590.04 to Purchase two 5-Cluster Street Lights and the expenditure will be charged to the RCAI Reserve Fund.

May 18, 2017 Board of Governors Meeting

Daniel Jolly, RCAI President, opened the Annual Meeting of the Association promptly at Board of Governors meeting at 9 a.m. with the Pledge of Allegiance.

The Annual Meeting of the Association conducted its elections. The results were as follows: Daniel Jolly, President; Arnold Jasper, Vice President; Gerald McQuade, Treasurer; and Salvatore Gurriero, Secretary.

Daniel Jolly, RCAI President, opened the monthly Board of Governors meeting at 9:30 a.m.

Vincent Marino, Jr., gave the Maintenance report and announced the results of the Committee election: Vincent Marino, Jr., Chair; Salvatore Gurriero, Vice Chair; and Edward Harkins, Secretary. Joan Avery gave the Community Affairs report and announced the Committee election: Barbara Krysiak, Chair; Joan Avery, Vice Chair; and Moya Brady, Secretary. Gerald McQuade, reported that the Financial Analysis and Resolution Status reports were reviewed at the Finance Committee meeting and announced the results of the Committee election: Gerald McQuade, Chair; Loren Kelly, Vice Chair; and Muriel Calvanelli, Secretary. Peter Kaznosky

gave the Golf Committee

report and announced the

next meeting will be August

8, 2017, at 2 p.m. in the Vil-

lage Center

The RCAI Reserve Study set aside \$39,975 in 2017 to purchase a Sidewinder Trim Mower for the Golf Course. The Board of Governors approved a resolution for the expenditure of \$44,780.63 to be charged to the RCAI Capital Replacement Fund Account.

The Executive Committee recommended the installation of a larger patio and shelter at the Pickle Ball Court. The Board of Governors approved a resolution for the expenditure of \$42,095 to be charged to the RCAL Capital Improvement

Letter to the editor

In the May 2017 Rossmoor News edition contained an excellent article titled, "Sun worship can be hazardous to your health."

I would hope that we would rethink having more shade at our pool complex this summer for those individuals who do not worship the sun. The umbrellas are too small and do not offer enough shade. There is ample sun for worshipers and little shade for those who heed the hazard of being in the sun.

Maryanne and James Sheerin

Open RCAI Meetings in June

Standing Committee Meetings
Thursday, June 8 – 9 a.m.
Maintenance Committee
Community Affairs Committee
Finance Committee

Board of Governors Meeting Thursday, June 15 – 9 a.m.

All meetings are held in the Village Center unless otherwise noted

Please watch Channel 26 for any changes or cancellations

The deadline for The Rossmoor News is the 7th of every month.



News Board:

Joe Conti, Chair Carol De Haan Myra Danon Bob Huber Jean Houvener Anne Rotholz Linda Bozowski Walter Gryskiewicz

Editorial Assistants Alex Monaco

Linda Monaco

The Rossmoor News a monthly periodical is mailed to every home within the Rossmoor community. News items are welcome. Appropriate

news items from outside organizations will be considered as space permits.

All copy and pictures are subject to editing and are accepted with this understanding.

Letters to the Editor must be emailed to PES at <a href="mailed-emaile

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Bits & Pieces

Sue Ortiz

When you've lived in a house for as many years as I have, you tend to get used to the lay of the land. That bauble has always sat on that shelf in the kitchen. That bookcase hasn't been cleared out in years, even though you've read, haven't read, or, let's be honest, have no intention of reading some of the books on those sagging shelves. The photos on the dresser are fading. The doilies and, perhaps, the curtains are fading, as well. There are so many tchotchkes on the shelves, end tables, coffee table, and TV, that dusting is a major project to be tackled as few times a year as possible.

Rearranging the furniture is out of the question, too. Believe me, it has been tried. My old house is laid out in such a way that it is, literally, a "walkthrough" house: in the front door, through the living room and kitchen, then out through the laundry room. And, the carpet shows the path. There is only one correct way to put any piece of furniture. Even the kitchen table can't be moved, because the previous owner had a small round table and, so, installed the hanging lamp less than three feet from the wall. The lighting fixture has since been replaced, but it still hangs from the same spot on the ceiling. Upstairs is basically the same; there's only one logical spot for a bed and a dresser in each of the bed-

But, after 51 years, a change would be nice.

Do I get new furniture? Downstairs, no-everything is good. The bedroom set could use an update, but I don't see anything out there that I like. Maybe I'll refinish what I have.

No, it's the stuff, the fluff and nonsense, the little things I have accumulated, such as souvenirs from class trips, day trips, and shopping trips. Collections of rocks, clocks, and hand-thrown pots. Small collections of seashells, birds, squirrels, books, and blank journals. I still have all the dolls I played with when I was a kid, all tucked away safely on a shelf in my closet. Then there are the craft supplies ...

Looks like I'll have to sift through it all – save the best, dispose of the rest. Except for the clocks. The clocks stay. Time will tell if my purging is successful.

Then it's on to doing some redecorating and reorganizing. How can I make the old stuff new again? Old wreaths will get new bows. Maybe some new silk flowers for my grandmother's antique vase. Put some new pictures in those old frames, or get new frames for the old photos. Then find a new place to display them — maybe hang them on a wall this time. Get a new comforter for the bed and new doilies for the dresser.

If all that doesn't work, I will just have to rearrange the

B&P

"I get up in the morning, look around, arrange and rearrange things, and imagine how I might like them to look. Why doesn't everybody?" — Anouska Hempel (New Zealander, actress, born 1941)

"Writers spend three years rearranging 26 letters of the alphabet. It's enough to make you lose your mind day by day." — Richard Price (American writer, born 1949)



Carport destroyed in fire

Carport fire in Mutual 6

By Carol De Haan

During the early evening hours of Wednesday, May 17, Mutual 6 residents in the vicinity of the Madison Lane carport saw flames that some said reached nearly 20 feet high. There is speculation that the fire might have begun in the local dumpster.

According to Mutual 6 President Beverly Masters, the Monroe Township Police and Fire Departments responded with great speed. They worked to put the flames out and contain further damage, spraying nearby vehicles and other carports as they worked

No one was injured, and when the smoke cleared, it was obvious that the carport was destroyed, along with five cars. Some siding melted on the carport across the way, as did some non-metallic parts of a few vehicles in that vicinity.

"Our insurance company and our Fire Department are working to determine the cause of this fire," says Masters. "In the meantime, Mutual 6 will investigate the possibility of installing cameras."



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Joe Conti's father Vito Conti, lower right, with his Italian-American Theater Group

Dad

(Continued from page 1)

band. My granddaughter, Julia Gargano, writes her own music and plays piano and guitar. Many other grandchildren are inclined toward music and theater.

Thanks Dad.

My Dad could fix anything By Walter Gryskiewicz

He worked as a machinist. And at home, he was a man of uncanny abilities. When my brother and I broke our toys, Dad would fix them, no matter how small or complicated they might be. I remember him painting and hanging wallpaper. We had a two-family house, and he would sometimes hang out on the roof to make repairs or to clean the gutters, even though it was a 20-foot drop to the ground. Other times, he'd climb a 40foot ladder to paint the siding. He used to take my brother and me fishing. Dad's sister lived in Pennsylvania and he would take us there to visit our cousins. We'd bring along our outgrown clothing because in those days, I think everyone passed kids' clothing to younger relatives. When I bought my first house, Dad didn't care for the exposed radiators. So he bought sheet metal and made radiator covers for all the rooms in the house. My Dad was an amazing teacher and mentor, but, most important, he was a great father.

Happy Father's Day, Dad.

My Father's trip back in time

By Carol De Haan

My Dad, Frank Hearn, grew up in the early 1900s, as New York City was building out toward its boundaries. As a kid, he hawked newspapers on street corners. As a young teamster, he made deliveries in a horse-drawn wagon. He loved the City, knew its parks and most of its nooks and crannies.

Many years later, as a partially disabled retiree living way out in Queens, he found himself yearning to step back in time. One day he put on a white shirt, necktie, and his Harris tweed jacket. He grabbed his VA cane, and made his way to the bus, and thence down into the subway. Careful now, it's two flights down to the platform.

He rode into Grand Central Station, which he knew well, having seen the terminal being built. Made his way to the Lexington Avenue exit, then up and out into the bright, bustling street. Cautiously through traffic and past scurrying pedestrians, he worked his way one block east to Third Avenue, the stomping ground for a hundred years for millions of Irish immigrants around old Saint Agnes Church.

Third Avenue had not yet morphed into its modern, glass-and-chrome sophistication. It was still papered, from downtown to uptown, with three- and four-story red brick buildings from before the Civil War, with storefronts at street level, walk-up apartments above, and iron fire escapes everywhere.

Seeking any familiar sight, Dad walked south along Third toward 30th Street, crossed over, and back up to 42nd Street. He did find a pub (a "gin mill" in the old parlance) on the same corner where it stood 50 years earlier. Stopping in for a beer, he asked the bartender if these days there was ever any word of Spike McCann or maybe Jimmy Herlihy.

What my father learned is that hardly anyone on Third Avenue speaks English anymore.

So it was back down into the subway and then onto the bus home, to continue mulling over the names of his buddies and the happy days of his youth, long gone.

Never too tired

By Anne Rotholz

My father was a farmer who owned a small farm of fairly good land in County Mayo, Ireland. I remember that for most of the year, he worked hard from dawn until dusk. In better weather, we often took lunch to him at the field where he was working. Though he was usually tired after he returned from the fields in the evening, he almost always made time to sit with us to do some math problems. I believe that he had the equivalent of a sixthgrade formal education, but he was a genius in math.

He did different types of math puzzles and problems with us and I still remember many of them. One in particular stands out in my mind.

While I was teaching math in high school years later, I came across it in one of the textbooks I was using. I got such a strange feeling when I saw it!

You might like to have some fun with the puzzle. Here it is:

A farmer who had an island farm went to the market and purchased a fox, a goose, and a bag of grain. When he returned to his rowboat at the lake shore, he realized that he had a problem. His boat was small and he could take them only one at a time to the island, which meant that two had to be left behind. If he left the goose and the grain, the goose would probably eat the grain. If he left the goose and the fox, the fox might eat the goose. How did he get all three safely across?

See if you can figure it out and, if not, the solution will appear at the end of this article.

Memories of my Dad

By Jean Houvener

One of my favorite memories of my father is from when I was a very young child. My father always had a woodshop of some sort tucked away in each of the houses we lived in. In our first house in the basement, which was all pipes and concrete, Dad had set up a very small woodshop. The larger part of the basement contained indoor swings he had hung for us kids.

When I was eight or nine,

(Continued on page 5)



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At the Run for the Roses, 2017

By Carol De Haan

It was a mile and a quarter in two minutes for the most exhilarating, heart-thumping horse race in this country and David Stewart of Mutual 5 was there.

As usual.

For David, it was the 72nd Kentucky Derby race he's attended. "I grew up on a farm not far from the Churchill Downs Racetrack in Louisville. As a youngster, I started going every year with my father," he says, "and I haven't missed a single Kentucky Derby since 1946."

Since then, life has taken David in many directions. After graduating from the University of Kentucky, he ran a weekly newspaper, owned and managed a couple of restaurants, ran a stereo business in Chicago, became a vacation planner for Playboy Enterprises, then had a travel business, sold real estate in Florida, and ran motivational seminars. Through it all, David never failed to get home to Louisville once a year for the Kentucky Derby and he has a collection of annual mint julep glasses to prove it. "And I also get to visit a lot of nice family in Louisville," he says.

This year, David put his money on the three-year-old New Jersey-bred colt, *Irish War Cry*, which failed to win in spite of favorable reviews. "That's okay," says David. "I tend to win every three or four years." This year, the blanket of roses and the \$2 million purse went to *Always Dreaming*, a colt from New York State.

While David was on line to place his bet, he casually mentioned to a first-time bettor that this was his 72nd Kentucky Derby. Treating him like a celebrity, several other people in the line insisted on having their pictures taken with him.

David remembers 1973, when the sensational *Secretariat* broke the two-minute barrier, which has not been duplicated since. "I put everything I had, except maybe two dimes, on *Secretariat*. With odds of 5 to 2, I won \$700 that year, a lot of money in those days."

The Kentucky Derby began

in 1875, a time when many homeowners, most farmers, and nearly all businesses needed a good horse, if not two. The Derby has not missed a year since its inception for an unbroken sequence 143 annual races.

The winner from the Kentucky Derby can go on to the Preakness Stakes in Baltimore

and the Belmont Stakes on Long island, in hopes of becoming a triple-crown winner, of which there have been only 12 in all these years. The most recent was *American Pharoah* in 2015. Many racing fans have high hopes for *Always Dreaming* in the next two runnings.

David, will you place a bet?



David Stewart (on right) with his brother, Gary, at Churchill Downs on Kentucky Derby day.

Something different for Father's Day

By Dierdre Thomson

Picnics, the beach, family get-togethers? They are all wonderful ways to celebrate Father's Day. I have, however, heard that many dads enjoy baseball games. Now, I know that if one wishes to spend a lot of money, there are the Mets, Yankees, and Phillies games to attend. But why spend a lot of money when you can go to one of the minor-league club games right here in New Jersey and spend only \$10 a ticket. Not only that, in attending a Lakewood Blue Claws game, you are helping two charities Big Brother/Big Sister and Raising Hope for Others. Think about helping others and enjoying baseball at the same time on Father's Day. Sunday, June 18 at 1:05 p.m. Children, 12 and under, receive a voucher for a free hot dog, chips and soda. By the way, there is even a raffle that does not cost anything to enter: just a small slip of paper to fill out, and into the jar it goes. I know it works because I filled out the slip and near the end of the game my name suddenly appeared on the game board. I had won four free tickets and will be throwing the opening pitch on the date I chose to attend.

"Take Me Out to the Ball Game" is not your dad's, or your granddad's thing? You can still help two great charities by making a donation in your dad's or your granddad's name. A donation of \$10 sends a little sister or brother to the ball game, or \$20 sends a big brother/ sister and little brother/sister together. For tickets and information, you can e-mail raisinghopeforothers@gmail.com or call Laura at 732-890-3657.

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Juniper berries, anyone? How about some lemon with that?

By Linda Bozowski

On June 10, let's all raise our glasses and celebrate Gin Day. Gin started as a medicinal product, primarily because it was used to cover the bitter taste of the quinine used in the treatment of malaria. Over time as folks decided that there was a certain allure to the combination of gin and lesser amounts of quinine, the long-trendy gin and tonic cocktail was widely

enjoyed. Originally used as a beverage in Denmark, gin became popular in England and then made its way around the world.

Numerous gin recipes exist including traditional martinis and many fruit combinations. In case June 10 passes by without your acknowledgement, mark your 2018 calendar – the holiday will be recognized on Saturday, June 9. Cheers!

Dad

(Continued from page 3)

and probably younger, I would sit in his little workshop, while he would tinker with various things, either repairing them or making them new. I don't remember if it contained a table saw; it's hard to believe there would have been room. There was certainly a table saw in the second house. He also had a drill press, sander, and router. What else was there I do not remember.

Mv sister and I would be allowed to sit and watch as he worked as long as we were quiet. We were too young then for him to teach us (I'm not sure if he would have anyway), and when we were older, we were teenagers and not so interested in such things. Even in his last home, a one-story apartment, he turned a closet into a small workshop - no table saw, but a tiny anvil and a small fold-up worktable that I now have. One of my favorite smells is still the scent of fresh sawdust. That's probably why one of my favorite places in Rossmoor is the Woodshop.

Memories of Dad

By Linda Monaco

My father's fondest dream was for each of his children to get a college education. He was the smartest person I knew. He worked to help support his mother, brother, and sister. After starting his own family, he worked at the Alexander Smith carpet factory, and when the carpet factory moved to North Carolina, he then worked at Otis Elevator in Yonkers, where he progressed to shop foreman.

Dad loved the Yankees, reading, and listening to the radio or show tunes. In that order. Well actually, family came first, then the rest. He

read the Funk and Wagnall's Encyclopedia from beginning to end and was very proud of what he learned from all his reading. We were quizzed on what he had read and encouraged to research the right answer. Going to college was considered a logical progression in life. It never occurred to us that we would not go...as long as we could figure out how to pay for it. With nine kids Mom and Dad could not pay our way. So of course, we did... well, all but two did.

Ironically, Dad died of complications from Alzheimer's at 67. My parents had retired to California where my oldest sister lived. On a trip back home, Lex and I picked them up at the airport. While waiting for their luggage, Dad and I stood apart with my daughter, then age three. Suddenly, Dad asked me, "So how is your father?" There is no word to describe what I felt. I mumbled some reply but remembered that the doctors recommended slowly bringing the person back to the present. So I asked him how his children were. He was able to name each of us in birth order. I asked, "Which one am I?" He replied, "Linda, and this is your daughter, Ann." Relief. A few minutes later he again asked, "So how is your father?"

Losing his memory was the hardest thing that my father ever dealt with. Of his nine children, two became teachers, three accountants, one an editorial assistant, and one a wife and mother. I like to think he knew that he was an inspiration for us all.

My Dad

By Alex Monaco

Dad, born in the first decade of the 20th century in the Williamsbridge section of the Bronx of immigrant parents, youngest (and only male) of five children, was trained as

an auto mechanic in the Packard factory in the late '20s. His loves were family, church, doing anything with his hands: mechanical, carpentry, plumbing, even masonry. He loved baseball (go Yankees!), driving anywhere and, with his brother-in-law, making wine.

He worked as a mechanic for the N.Y.C. Department of Parks and on weekends he ran a limousine service - primarily weddings, proms, and other weekend functions. He also functioned as a consultant for people restoring antique autos. I got to ride in some awesome old cars as I grew up.

Cars, combined with his wine making, set up an early teenager (eighth grade) to get in trouble. One Friday my friends, knowing that we had a large supply of wine in our cellar, suggested that I procure a sample for us. I did, and we all met at a vacant lot up the street from my house.

Needless to say, I arrived home for dinner in a state. Dad didn't say a word; he knew. The next morning I was awakened at 6 a.m. to assist my father in an engine restoration. The combination of exhaust fumes, gasoline, and kerosene were my penance. I spent most of the day with my head in a bucket and learned a lesson on drinking without his having spoken a word. That was Dad's way.

Solution to Anne's Dad's problem: On the first trip he took the goose, leaving the fox with the grain. On the second trip, he took the fox to the island and brought the goose back to the lake shore. He then took the grain to the island and returned to the lake shore to pick up the goose.

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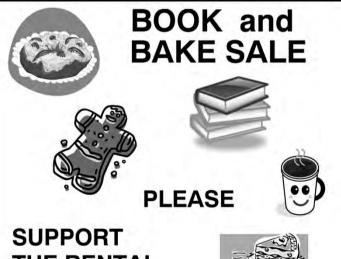
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A summer celebration

By Bob Huber

June is called the gateway to summer. Kids still have a few weeks of school to suffer through, and there may still be a nip of spring in the air, but there are so many wonderful things to look forward to. Anticipation is part of the fun.

I am particularly tuned to summer, as I recall many happy visits to our family farm, located on 220 acres of rich Ohio soil and crowned on a hill by an imposing Victorian farm house, which my grandfather built after the Civil War for his wife and (eventually) five children.

During my youth, the farm was operated by my Uncle Floyd and Aunt Daisy, two wonderful people who I absolutely adored. They could have posed for a Norman Rockwell portrait of rural America.

I was a city kid, but on summer vacations and extended school holidays our family would head for the farm, and I would use those occasions to explore every inch of the huge barn and all its out buildings; however, there were two areas that were off-limits to me. One was the hog barn. "A pig can take your hand off in one bite," Uncle Floyd would caution. The other area was the special pasture where Uncle Floyd kept his prize bull, Henry. Henry was the only bull in Uncle Floyd's herd of bovines. In fact, Henry was the only bull in that part of the county.

"Bulls can be very dangerous," I was warned. "You stay away from him." I really didn't understand this, because Henry looked like such a placid, self-satisfied soul. Uncle Floyd could go into his pasture, and Henry would trot up to him and follow him around like a puppy dog. There was obviously a special relationship there that no one else shared.

At my tender age, I didn't quite understand why being the only bull in the area was so important, but I soon learned. His favors were very much in demand among the lady bovines throughout the area. When I was a little older, I figured out why Henry always seem to have such a self-satisfied expression. The ladies were usually brought to visit Henry on his home turf, so I had a front row seat for these encounters. I developed a deep respect for his capabilities.

Truth be told, I really didn't care much for cows. I always had the feeling they didn't

like me. I would go into the barn at milking time, and they would stare at me as if I didn't belong there. I guess I didn't, because I never did get the hang of milking.

As I grew older, I spent less and less time on the farm, as my attention was drawn to other pursuits, and in the early 1940s that wonderful old farmhouse was totally destroyed by fire.

Another family owns the property now, and a modest ranch house occupies the prime spot on the hill, but in my mind's eye I still see that wonderful old Victorian home, and I think about all the wonderful times I had there and all of life lessons I learned, ... especially from Henry

Who's checking your engine?

By Linda Bozowski

When it was time for the oil to be changed in your car, did you or someone in your household do the task? Maybe replace the brakes? Back in the "old days" there were no or very few warning lights on the car's dashboard to notify the driver of a malfunction or impending doom. Ah, the simpler life. As cars have become more reliant on computer technology, the ability of the average car owner to tend to routine maintenance requirements has diminished or even disappeared.

The folks we used to refer to as auto mechanics are now known as auto technicians, a language upgrade that is well deserved. In order to diagnose or repair our current autos, the technician

probably has attended a training school and taken courses offered by manufacturers. While there are still generalists in the field, many technicians have specialized in such fields as repair and maintenance, collision repair, painting, restoring and other body work, heating and air conditioning, or electronics. Similar specialization exists among truck and diesel technicians.

Specialized schools, similar to colleges, are available for those who seek formalized training. Lincoln Tech (which one of my sons attended 28 years ago) offers a 13-month course in auto and truck technology. No certification is offered following completion of the course other than the graduation

(Continued on page 7)

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Keeping in touch

By Dierdre Thomson

She lived 96 years. Her name was Amanda. I did not get to see her much when I was a child. After all, she was 17 years old when I was born, and by the time I came into my adoptive family, she was away at college, earning her teaching degree. Amanda taught 4th grade for many years, and she loved history. It was not until I was married and my husband and I had our first child, that I began to really know her, and her sister. Interestingly, I did know their half-brother for many of my growing-up years. We were close in age, and my father and his father had camps next to each other on Otsego Lake at Cooperstown, N.Y.

But, back to Amanda – my husband, daughter and I visited Amanda and her husband shortly after she had a radical mastectomy. I remember being so impressed with her positive attitude. Fifty years later when I had my first bout with breast cancer, I took comfort and inspiration from the knowledge that Amanda, who had a much more serious bout with cancer, was still alive and active 50 years after her surgery. It gave me hope, and I remember thinking, "I want to be like her when I grow up."

Several years ago, Amanda and I planned to see each other at least once a year. Each year Amanda showed slight signs of slowing down a bit – physically that is. Mentally, she was, as the old saying goes, "Sharp as a tack." My youngest daughter and I spent a couple of hours with Amanda in January of this year. We were on our way home after I officiated at my sister-in-law's funeral which was, coincidentally, in the same town where Amanda lived. It was at that time that Amanda asked me to officiate at her funeral. She knew it would be soon. We talked a few times by phone after that, but on May 2 I received the call from her daughter. It was time for me to again travel to New York State. There I had the honor of officiating at my cousin Amanda's funeral.

Do you keep in touch with loved ones – even those a distance away? I'm glad I did.

Journey

(Continued from page 1)

problems, Cortese could not realize his dream. Fortunately, though, by the time the developer's troubles began, Rev. Roessler had already brought together representatives of the Catholic, Protestant, and Jewish faiths to discuss how to best meet the religious needs of future Leisure World New Jersey residents.

At the time these initial planning meetings occurred, there were 60 manors, a clubhouse, an administration building, and a meeting house being completed at the central New Jersey location. The representatives of the faith communities were told that the Leisure World Foundation was proposing there be a central facility, a religious center, which would be shared by all the churches to meet their administrative and program needs. Then, they could build their own places of worship, or some might even want to try something new and share a facility.

Two Protestant denominations supported this vision. These were the United Church of Christ and the American Lutheran Church. Fortunately, the Roman Catholic Church was supportive too.

Near the end of January 1967, some adventuresome seniors braced the chill of the winter air, made a major lifestyle change, and moved into some of the new manors. While initially there were only about a dozen residences where lights were visible in the windows each night, the January 31 issue of The Rossmoor News nevertheless reported that a United Church of Christ minister, Rev. Oliver Cowles and his wife, Connie would be moving into the community. He intended to work with the Roman Catholic and American Lutheran faiths to found ecumenical church whereby people of various faiths could come together and worship in that churchlike meeting house Cortese had built.

The next month, the Cowles left behind the scenic Lake Sunapee region of New Hampshire and moved into their new manor. Shortly thereafter, this minister realized that to have success in founding this new church, he'd likely need to meet the other residents on their own turf. So, when he learned that many of the men spent wintry evenings in the pool room at the Clubhouse, he not only ventured into that space to visit with them, but he actually took up playing this game. As a result, some of the original members of the church would later joke that the Rossmoor Community Church was founded in the pool room.

Rev. Cowles held his first service in the Meeting House on March 9, 1967. Twentysix people were present. At their fourth service, or on April 2, 1967, he stated in his sermon that what was then called the United Church in Rossmoor was struggling for true relevancy and meaning. Hence, attendees needed to organize, elect officers, develop a constitution, and assume responsibility. However, he also said it was his responsibility to ensure that no narrow or fragmented gospel was proclaimed and indeed, no narrow denominational structure was formed, either. He also urged everyone to place Christ ahead of any potential denominational pride.

A letter was sent to all existing residents inviting them to attend a planning meeting for the formation of a provisional church. At the May meeting itself, the 40 residents in attendance decided to move forward with this goal. They chose to call the provisional church the Rossmoor Community Church.

Later that month, the provisional church members elected a council represent-

ing seven Protestant denominations and the Catholic faith. Then, by the end of the month, they developed a tentative Charter and Constitution.

More meetings were held. Other necessary matters were handled. And then it was time for the Dedication Service.

On Sunday, September 24, 1967, 110 people stood up in the Meeting House and declared before God that they were a congregation. Furthermore, they'd henceforth be called the Rossmoor Community Church.

The next day, papers of incorporation were filed with the New Jersey Secretary of State.

One year after the Dedication Service, the church's membership stood at 220 people. It continued to grow until 1978-1979. At its peak, the church had 486 members (though only about half that number attended on any given Sunday).

Today, 50 years into its journey, the church membership stands at about 100 members. Sadly, in recent years, the Church has been losing more members, through both deaths and people moving into assisted living communities, than we've been gaining. Needless to say, members would like to see this trend reversed. We certainly want all residents to know that even if you haven't stepped into a church for years, or even if you've never been a part of an organized religion in the past, but you're feeling an urge to consider this possibility now, please feel most welcome to come and join us. After all, we recognize that religion and spirituality can be important to older people even when this was not the case early on.

So, come and join us for our service any Sunday morning at 11 a.m. in the Meeting House. And perhaps while you're there, in addition to expressing your gratitude to God, remembering Ross Cortese for not only building the Meeting House, but for his vision which began the wonderful 50-year journey we're preparing to celebrate with the entire Rossmoor community during the weekend of September 22-24.

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Your engine

(Continued from page 6)

diploma. Certifications are available in the industry following completion of testing. One of the wellregarded designations is the A.S.E. certificate, conferred by the National Institute for Automotive Service Excellence. This certificate generally requires two years of professional mechanical experience and satisfactory passing of the written test. Some states also require mechanics to have mechanics' licenses. Requirements differ from state to state.

While preventive maintenance may be somewhat straightforward, diagnosing auto problems is sometimes a daunting task. Computer diagnostic equipment is available in many auto repair shops. Of course, the most difficult diagnostic tests are those related to intermittent problems, e.g., why is the car bucking when it's going uphill, or why is the air conditioner not working when the humidity outdoors is high? The skilled technician will hopefully use his own experience and the information provided by the computerized diagnostic equipment to narrow down the possible causes for the problems, so he may repair them.

National Automotive Service Professionals Week is recognized the week of June 11 to 17. Next time you're sitting in the waiting room at your repair shop of choice, remember to say thanks to the folks who are taking care of, or are repairing your car. And while the bill may seem steep, remember that it wasn't a "doit-yourself" job.



Battle of Monmouth

By Jean Houvener

While the Battle of Monmouth was fought on June 28, 1778. the events that led to it began earlier. In September and October 1777, the British General John Burgoyne surrendered at Saratoga, N.Y. to the American General Horatio Gates after an unsuccessful effort to cut off New England from the rest of the colonies. This was a critical victory for the American forces, and convinced the French government and King Louis XVI to help finance the rebellion and to commit military assistance to the nascent United States govern-

In May 1778, Sir William Howe, having successfully captured Philadelphia from the rebels, was returning to England, and turning over his commission in the war to Lt. Gen. Sir William Clinton. Clinton's orders were to retreat from Philadelphia to New York City, where the British felt they could more easily support their troops, as opposed to Philadelphia which could be subject to a French blockade.

Concerned that he needed to evacuate Tory supporters and that there was not enough time to transport all his troops by boat, Clinton sent 3,000 civilians and two troops of Hessian mercenaries by boat to New York and determined to march across New Jersey with the rest of his troops along with their supplies, rendezvousing with Sir Richard Howe's ships in Perth Amboy. He set out on June 18 with some 12,000 British and Hessian troops. Lt. Gen. Charles Lord Cornwallis commanded one of the columns.

The baggage train of 1,500 wagons, under the command of Hessian Maj. Gen. Wilhelm von Knyphausen, was 12 miles long. There were only 1,000 New Jersey militiamen between him and his goal.

Meanwhile George Washington's spies in Philadelphia kept Washington in Valley Forge well informed of what was about to happen. Washington felt it would be a good time to strike the British forces as they retreated across New Jersey. His officers disagreed as to whether this would be possible or whether the army was sufficiently ready. While his forces had dwindled earlier to only 5,000 at the lowest point in Valley Forge, the army had increased in strength to some 14,000 since and had received invaluable training from Baron Friedrich Wilhelm von Steuben the preceding winter.

Quartermaster Gen. Nathaniel Greene and Maj. Gen. Anthony Wayne pushed to find and engage the retreating British. Maj. Gen. Charles Lee counseled greater caution. Lee had been captured at Basking Ridge in 1776 and had only recently been returned to the Continental Army in a prisoner exchange in March 1778. He was not confident in the troops and had missed their training over the winter. Some also felt perhaps his sympathies were now with the British. In any event, he hesitated and initially opposed taking action.

After determining the British were travelling by way of Haddonfield, Crosswicks, and Allentown to Cranbury with the objective of Perth Amboy, Washington

set off on his own course from Valley Forge to Doylestown, across the Delaware River at Coryell's Ferry, near New Hope, through Kingston, with the objective of intercepting the British at Cranbury. However, Clinton heard rumors that Gates was coming south to intercept as well, so he turned more east at Allentown aiming to go through Middletown toward Sandy Hook to reach the British fleet. On June 24, he was still reordering his troops for the new direction, which entailed combining his split army into one stream, significantly slowing him down.

Washington, meanwhile, regrouped his own troops when he reached Kingston. He wanted to send a portion of his army under Lee to reach the British troops quickly while he brought the rest of the army up from the rear. Lee initially refused the position, so the troops were assigned to the newly arrived Lafayette and Alexander Hamilton to intercept and harass the British troops. When Lee learned how many troops Lafayette was given, almost 6,000, he insisted the command be given to him, as the senior officer.

Washington proceeded with the main body of the army behind Lee's troops. He told his troops to leave their heavy baggage behind and proceed as quickly as possible, arriving at Cranbury by the morning of June 26. The weather at this point was hot and humid, making the movement of the two armies exhausting. On June 27, Washington summoned all the commanders to his headquarters, at that point in a little village called Penelopen (now Manalapan) south of Englishtown. The British, meanwhile had reached Monmouth Courthouse (now Freehold). Washington ordered Lee to take his troops to Monmouth Courthouse, engage the British and keep them from moving on until Washington arrived with the main army.

On the morning of June 28, the British began heading out toward Sandy Hook, with Knyphausen and the baggage train leading. Lee, meanwhile, was delaying his movement and was still in Englishtown. In spite of commands from Washington to proceed and engage, he still had not moved to attack until midmorning. He finally headed for Monmouth Courthouse. Clinton, thinking his baggage train was under attack turned part of his army back to engage Lee. Lee had not really drawn up and communicated a clear battle plan with all the various officers under his command, with Lafayette ordered to encircle to the south, and other regiments to circle around to entrap the British. Not all commanders had been told, so some saw the movements as retreats, and confusion as to whether they were to advance or to retreat led to a disorderly retreat. Clinton, seeing a chance to wipe out the rebels, attacked.

Washington's troops had been drawn up and ordered on the west side of the Manalapan Brook. At 1 p.m. they heard the gunshots and knew the battle had begun. Washington was shocked as he advanced to run into the retreating troops under Lee. He stopped them from retreating, brought his own troops around and past them and marched toward the British. The last of the retreating soldiers he

met was Lee, whom he berated loudly. The irate Washington mounted his horse and with a face of thunder rallied his troops to proceed into battle. Washington's charge stopped the retreat.

Washington placed his main artillery on a high point at Perrine farm. As the British proceeded after Lee's retreating troops, they were surprised to find themselves directly facing the American artillery array of 10 guns. They withdrew behind a hedgerow on Parsonage farm and drew up their own artillery. The largest artillery battle of the Revolution had begun.

The British attempted to outflank the artillery, but were thrown back by the American troops on either side of Tennent's Meeting House. Later in the afternoon, Washington was able to send Nathaniel Greene and his troops to set up a second smaller artillery line on Combs' Hill at right angles to the two main opposing lines, stopping any forward movement by the British with a devastating barrage.

Clinton tried repeatedly to break through the American lines, first on the north and then on the south, but each time, his troops were forced back. Washington himself rode up and down the lines, encouraging the men. Clinton also was exhorting his men to charge. The day was exceptionally hot, well over 90°, and both sides suffered from exhaustion and thirst. Daylight faded, preventing the Americans from mounting a counter offensive they had been planning until the next day.

Both forces withdrew to rest for the night. Clinton, however,

(Continued on page 9)



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24 HOUR EMERGENCY CARE

June 6 is the 73rd anniversary of D-Day

By Anne Rotholz

In the D-Day Museum in Portsmouth, England, one can find all kinds of memorabilia and artifacts from the D-Day invasion. Few of the items are as important as a copy of the weather reports that came from a small lighthouse-weather station located on the edge of the Atlantic Ocean in one of the most westerly points in Europe, Blacksod, County Mayor Ted Sweeney, the lighthouse keeper, was also an Irish Coast Guardsman who made weather reports for the Irish Meteorological Service. Blacksod was important because it was the first land-based weather station in Europe where readings were professionally taken on the prevailing westerly European Atlantic weather systems.

D-Day was planned for June 5. The two days following were also regarded as possible dates since moon and tide conditions would be ideal for sea and air landings. Weather conditions would play an important role in the success or failure of the invasion. Captain James Stagg, from the British Met Office, was the chief meteorologist for the Normandy landings. His counterpart was Captain Robert Bundgaard, a meteorologist with the U.S. Air Force. Both men had visited weather stations in Ireland while D-Day was in the planning stages.

Separate weather observations at various locations were made by meteorologists from the Royal Navy, the Royal Air Force and the U.S. Air Force.

Monmouth

(Continued from page 8)

after allowing his troops some hours of rest quietly withdrew his troops and headed off again toward Sandy Hook, where his troops and supplies were taken by ship to New York. While Washington considered following them, his own men were also exhausted, so he had to content himself with the fact that his army had faced the British, the premier army of the world, and forced them to retreat. The Battle of Yorktown, which was to end the was still over three years away.

After accusations and bitter words. Charles Lee was courtmartialed at Lee's own request, and found guilty of insubordination, running from battle, and disobeying orders. The Continental Congress removed him from his command for a year. He died in 1782, still protesting his innocence.

Mary Hays (later McCauly) was the wife of soldier William Hays, Gunner, and part of a gun crew with the Pennsylvania or 4th Continental Artillery Regiment. She brought water to cool the guns and cool the gunners, and also to help load the gun. In 1822, she was awarded a military pension in her own right for service during the Revolution. We know her as Molly Pitcher.

The Battle of Monmouth is reenacted every year on the third weekend in June at Monmouth Battlefield State Park.

As the proposed day of invasion approached, British and American weather personnel working at headquarters in England could not agree on the forecast for June 5. The Americans believed that the weather would be clear enough but the English were very pessimistic.

At 2 a.m. on June 3 Irish Ted Coastguardsman Sweeney sent his latest hourly weather report, containing an ominous warning of "a force 6 wind and a rapidly falling barometer" at Blacksod. A cold front was rapidly approaching Ireland. A few hours later a phone call came in from headquarters in England asking him to repeat the forecast. Just an hour later there was another call to Blacksod asking for the latest forecast. Ted Sweeney did not know that his reports were going to General Dwight D. Eisenhower.

Captain Stagg studied the reports and then strongly advised General Eisenhower to postpone the landing for 24 hours. Eisenhower listened and delayed the invasion.

At noon on June 4, Sweeney's report indicated that the cold front that brought gale force winds, low clouds and heavy showers to Ireland as it moved in a south-easterly direction had cleared Blacksod. Captain Stagg then realized that the gale-force winds, heavy showers and poor visibility would indeed be in the English Channel on the morning

At Eisenhower's briefing the following morning the latest report from Blacksod

Bed bugs- not a laughing matter

Bv Linda Bozowski

Contrary to what may be the opinion of some, the presence of bed bugs in someone's home is not an indicator of home or personal cleanliness. Bedbugs are, unfortunately, inhabitants of five-star hotels and perhaps the house down the street. These tiny creatures have managed to spread throughout the world, and are easily and unknowingly transported.

Bedbugs do not, to anyone's knowledge, spread disease. They do bite their hosts, since they live on blood, and the bites cause itchiness. Excessive scratching may lead to skin infections and certainly to loss of sleep. Some persons or animals may have allergic reactions to bedbug bites, and should seek medical attention.

Sleeping areas are the most common habitats of these tiny creatures. Their presence can be identified by seeing spots of blood or fecal matter on sheets or mattresses, seeing the bugs themselves, or finding their exoskeletons after they have molted. The bugs may go as long as several months without a blood meal. After they

(Continued on page 11)

confirmed the passage of the cold front at Blacksod at noon the previous day. Those present realized that the storm would be out of the English Channel by July 6. The tension in the room was broken as General Eisenhower gave the "go ahead"

JUNE 2017

Normandy landings. Did Blacksod, a remote weather station in County Mayo, change the course of World War II and save D-Day from potential disaster? Many historians believe that it did.

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Cataract Awareness Month – vision enhancement options

By Linda Bozowski

Did you know that about 50 percent of all persons in the U.S. will have had cataracts by the time they hit age 80? Cataracts are a cause of blindness among small numbers of children and are responsible for about 5% of blindness in the United States overall. Most cataracts are the result of aging, but they may also be caused by trauma or excessive exposure to radiation. Sometimes cataracts are present at birth or can be caused by such risk factors as diabetes, smoking tobacco, excessive alcohol consumption, or prolonged exposure to sunlight.

Treatment of cataracts has become greatly simplified compared to treatment methods of 40 years ago. Cataracts no longer have to "ripen," that is, grow larger or denser, before they can be treated. Phacoemulsification, removal of the cataract using laser technology, is far more accurate, less risky, and quicker, and has a shorter recuperation time than previous techniques that required the surgeon to calculate the treatment area visually. The computerassisted laser is able to clearly and accurately identify the area of lens to be removed. After two small cuts are made on the perimeter of the lens. the cataract is broken up into small pieces, liquefied and sucked into a tube. An artificial lens is inserted into the eye through a tiny tube and is positioned to overlay the eyeball. Most surgeries performed in this manner require no suturing. Fluids are used to irrigate the eye during the procedure.

Following surgery, the patient may be told to administer drops or take other medications to prevent infection or other complications. The eye is generally left uncovered following the second post-op day. It is advised that no heavy lifting or strenuous activities occur for as long as a month following the procedure. Of course, each patient is unique and will be given specific care instructions by his or her phy-

Other surgical techniques may be used for cataract treatment, but phacoemulsification has become the most prevalent. There are various intraocular lens choices available to patients, depending on their previous vision issues. For example, the usual intraocular lens is considered a monofocal lens, meaning that it does not differentiate between near and far distances. However, multifocal lenses are available, similar in function to a bifocal lens that would be used in eveglasses. Triplex lenses are also available, similar to Varilux-type lenses. Most insurance carriers do not cover these more advanced lenses. which are costly. The patient and physician need to assess the best treatment for vision needs. Some type of eyeglasses may still be needed following surgery, but in many cases no eyeglasses are needed except for close work.

One of the major enhancements following cataract removal is the greater degree of lightness that the patient may enjoy. Reading, needlework and other close work may be less frustrating since more light is able to enter the eye without resorting to heavierduty light bulbs or closer lamps. Night driving is also frequently improved, since the halo effect sometimes caused by oncoming cars may be reduced or eliminated. And eyeglasses, especially the thicklensed ones, may become objects of the past.

June 15 is Magna Carta Day

By Anne Rotholz

Magna Carta, Latin for "great charter," is also known as the "Great Charter of the Liberties of England." This document, one of the most important of the medieval era, and indeed of all time, got the seal of King John of England at Runnymede Meadow in Surrey, England in the year 1215 A.D. It arose from an attempt by feudal barons to limit the power of the king and to protect their own privileges.

The charter required the king to accept that he was not above the law and to grant certain liberties not only to the barons but to all free (non-serf) English people. This document became the basis for an English citizen's rights, and it allowed for the formation of a powerful parliament.

Ten months after King John accepted the Charter, it was nullified by Pope Innocent Third. It was reissued in modified form several times.

Many attempts to draft constitutional forms of government in the English-speaking world have their roots in the Magna Carta.

When English colonists came to the new world, they drew up charters for the colonies. These charters were based on English Common Law, which in turn came from the Magna Carta. Believing that they had the same rights as English citizens, the colonists incorporated these rights into the legal systems of the various states and later into the Bill of Rights and the U.S. Constitution.

The Magna Carta of 1297 is believed to be one of the most important legal documents in the history of democracy. One of four surviving original documents from 1297 is on display at the National Archives in Washington, D.C.

Lightning safety awareness week

By Anne Rotholz

The last full week of June (June18-24) is lightning safety awareness week. While lightning can be a killing force at any time of year, it kills more people in summer for two reasons. The weather is warm so it spawns more thunderstorms. More people are outside in summer.

The earth is struck by lightning approximately 1.4 billion times a year with about 25 million of these strikes occurring in the U.S. While some 50 Americans are killed by lightning every year, as many as 400 are injured by it, many of them seriously. (July 4 is the deadliest day of the

The National Weather Service tells us that lightning is the third greatest cause of storm-related deaths. It gives the following tips to stay safe in a thunderstorm:

• There is no safe place outside so, at the first sound of thunder, go indoors.



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11



"Ask the G.M."

Questions posed to RCAI General Manager Jane Balmer by Rossmoor staff and residents.

Q: Are portable generators permitted in Rossmoor?

A: Unfortunately, before we know it, hurricane season will be upon us and residents may start thinking about generators. Keep in mind, the Clubhouse is equipped with a permanent generator to power the entire building within seconds of a power outage and will be made available as a comfort station or a temporary location for residents during emergencies for a limited period of time or until such time that residents are able to make other living arrangements and/or a shelter is opened in Monroe Township or Middlesex County.

A majority of the Mutuals do not permit portable generators for several reasons:

- The noise level of portable generator is as much as 20 decibels higher than a standby generator
- The storage of gasoline or diesel is a health and life risk as it is highly flammable and must not be stored indoors or in a carport
- Storage of a portable generator becomes problem-Most manufacturers recommend that the fuel be drained prior to storage.
- Portable generators cannot run inside a home or garage and should not be used in wet weather to avoid electrocution

It is best to consult the Rules and Regulations for your Mutual prior to purchasing any type of generator.

have bitten and extracted

blood from a person or ani-

mal, their bodies swell, simi-

lar to the bodies of ticks.

Their fecal matter also con-

tains blood, which is fre-

quently how their presence is

The bugs hide in the

seams of mattresses, in box

springs, bed frames, dress-

ing tables. Since they are so

small, they are rarely seen.

Most of the Mutual rules state that generators of any type powered by, but not limited to, gasoline, diesel, propane, kerosene, and/or natural gas are prohibited, except as approved in advance for chronic medical conditions. Certification by a physician is required and the paperwork is available in Administration in the Village Center. A copy of the specifications drafted by our engineer detailing the type of standby generator that will be acceptable, the Declaration of Maintenance Obligation and a work permit are all available in the Maintenance Department. Should you have any questions, please contact Administration and we will be happy to

It is also important to plan ahead for yourself. The following is important information for you to consider prior to an emergency or disaster:

assist you.

Resident Emergency/ **Disaster Information** (R.E.D.I.)

Knowing what to do is the best preparation IT'S YOUR RESPONSIBILITY Why Prepare?

The outlook for recovery from a disaster often depends on your planning and preparation. While we all hope that such events never happen, it has been shown from time to time that those who have prepared are best able to recover. Emergency services and government agencies may not be able to respond to our needs immediately. You need to be ready to care for

They may also get inside suitcases and other travel gear, despite the absence of

There are many products available that claim to be effective in killing bedbugs. However, since the bugs reproduce rapidly, a single treatment is not at all effective. Heat is effective, and will kill bedbugs in bedding. However, there is no safe way to produce enough heat to kill those bugs residing in box springs. Fogging chemicals may work, but there are risks to persons and animals and the chemicals in foggers may be explosive or flammable. Frequent vacuuming may help keep the population down, but the bag must be disposed of after each use so those bugs captured do not reproduce and escape back into the home.

Professional exterminators are probably the best and most effective bet. Check methods suggested and certainly check references and fees. Inquire about potential warranties available, especially since reinfestation is always a possibility. One can never be sure that a future houseguest won't bring along some unwanted additional

yourself here in Rossmoor. **Know What to Do**

In the event of a disaster/ emergency it is important to know what to do. Learn and understand the different types of disasters/ emergencies you are most likely to encounter and what you will need. While each person is unique, you can take steps to prepare by evaluating personal needs and making a plan that fits those needs.

Make a Plan

The first step is to consider how a disaster/emergency might affect your individual needs. It may be necessary to plan to make it on your own for many days. It is possible that you will not have access to a medical facility, drugstore, gas station, or bank. Bus service may be limited or cancelled. It is crucial that you think about what kinds of resources you use on a daily basis and what you might do if those resources are limited or not avail-

Leaving vs Staying Home

Prior to a snow storm, hurricane, rain storm or other extreme weather advisories, you should consider staying with family, friends or in a hotel out of the area especially if you feel you are not capable to safely shelter-inplace. If you leave Rossmoor prior to a storm, it is a good idea to check with the North Gate prior to returning to check on the conditions at Rossmoor and whether or not it is safe for you to return.

If you plan to stay home, it may be best in most situations to remain home during and after an extreme weather event as there may be the uncertainty of where you might go and the risk of impassable roads. Should you elect to stay home, you must plan ahead and be prepared to be at home for some period of time possibly without services.

Evacuation

The Monroe Township Office of Emergency Management, in coordination with fire, first aid and police departments, will be in charge and provide instruction should it be necessary to evacuate. If residents are evacuated, every effort will be made to open the Clubhouse as a comfort station until evacuees are able to make other living arrangements, or a Township or County shelter is opened. The Clubhouse is equipped with a stand-by generator that will restore power in the entire building within seconds of a

(Continued on page 12)



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Lightning

Bugs

identified.

(Continued from page 9)

(Continued from page 10)

- Stay off corded phones.
- Do not touch anything that is plugged into an outlet.
- Avoid plumbing. Do not shower or wash your hands. Do not do dishes.
- Stay off porches and away from windows and doors. • The NWS advises all...
- WHEN **THUNDER** ROARS, GO INDOORS. A final word of advice:

when you hear thunder, do not wait to see clouds. Lightening can strike up to 10 miles from the location of a storm. This phenomenon, known as a bolt from the blue, can be deadly.

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Sound Advice

Norman J. Politziner, CFP®, CeFT® President of NJP Associates

Time Your Social Security Benefits for Top Results

What's the payoff for working most of your life and paying Social Security tax into the system? When your time to retire finally comes, you'll be eligible to receive Social Security benefits based on your work history and when you choose to begin receiving benefits. If you're married, you may have additional options for Social Security,

even if one spouse has worked little or not at all.

A particular couple's optimal strategy depends on your age, the age of your spouse, and your health status, among other factors.

Your basic options for receiving benefits are to start early, begin benefits at your full retirement age (FRA), or to delay benefits until later.

 You can begin receiving Social Security retirement benefits as early as age 62, but if you do, you'll lock in smaller benefits than you would have gotten if you'd waited longer. If you retire at age 62, your benefit will be about 25% lower than if you waited until FRA.

- If you wait until FRA (also called "normal retirement age") to apply for benefits, there's no reduction. Your FRA depends on the year in which you were born. For most post-World War II Baby Boomers, the age is 66. However, FRA increases gradually and tops out at age 67 for those born after 1960.
- Finally, if you postpone your benefits until after FRA, you'll receive an increased monthly payment. For each year you wait, you'll get about 8% more, until you reach age 70. (Waiting past 70 doesn't increase your benefit amount.)

These basic rules apply to individuals. If you're married, you can claim benefits based on your own work record or you can get 50% of the

benefit your spouse is entitled to, if that's higher.

Because Social Security benefits are guaranteed for life, starting early with a smaller benefit still could deliver significant income over your remaining years. Yet you may collect more overall if you start later or if you live for a long time. According to the Social Security Administration (SSA) the average life expectancy of someone at age 65 is now 84.3 years for a male and 86.6 years for a female.

What should a married couple do? Every situation is somewhat different, but consider these three common scenarios:

Scenario 1. Adam and Eve are close in age and income. Because they're both in good health and enjoy their jobs, they plan on working past FRA. They also have enough savings, plus their work income, to sustain them easily until age 70. Currently, Adam has a life expectancy of age 88, while Eve's is age 90. If they elect

(Continued on page 13)

(R.E.D.I.)

(Continued from page 11) power outage.

Share Information

It's a good idea to check with Administration that you have a current *Emergency Contact Information* form on file. This information will be available to Administration and will also be available at the North Gate for emergency responders should the need arise.

If someone has *Power of Attorney* for you, please consider filing a copy with the Administration Office. It would be helpful in an emergency to contact the person you have designated as the one to handle your affairs if you are unable to do so

If you have a medical condition or special needs, you should complete the *Monroe Township Special Needs Registry* form available in Administration. Completed forms should be returned to the Monroe Township Police Department, 3 Municipal Plaza, and Monroe Township, New Jersey 08831.

You should also register with the Healthcare Center with your contact information and medical history.

Should you have a medical condition that requires outside treatments such as, but not limited to, dialysis or chemotherapy, you must register with the Healthcare Center prior to an ice or snow emergency to guarantee access for these appointments.

Additional Resources

For additional information resources, it is suggested you visit these websites:

http://www.ready.gov/ http://www.redcross.org/prepare http://72hours.org/

Basic Disaster Supplies Kit

According to the www.ready.gov/ website a basic emergency supply kit could include the following recommended items:

• Water – one gallon of water per

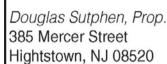
- person per day for at least three days, for drinking water and sanitation
- Food at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask to filter contaminated air and plastic sheeting and duct tape to "shelter-in-place"
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Manual can opener for food
- Local maps
- Cell phone with chargers, inverter or solar charger
- Prescription medications and glasses
- Pet food and extra water for your pet
- Cash or traveler's checks and change
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container
- First aid book

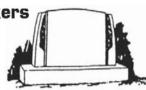
It may also be important to make sure your car is serviced and has a full tank of gas.

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Bob's Almanac

By Bob Huber

"What is so rare as a day in June?" This often-quoted phrase is the first line of a lengthy ode to the sixth month of the year written by 19th century romantic poet, lawyer and diplomat, James Russell Lowell.

Lowell knew what he was talking about, because June is, indeed, a rare month when Mother Nature puts on her finest show for the whole world to see. It is also the month in which a number of very influential Americans came into the world.

Composer Cole Porter was born on June 19, 1893. He published his first song at the age of 10, and went on to become one of Broadway's most influential composers.

Character actress Hattie McDaniel was born on June 10, 1889. She was the first

African-American woman to become a major movie star.

A talented teenager by the name of Frances Gumm was born on June 10, 1922. She later became known as **Judy Garland**, America's Sweetheart.

America's 41st president, **George H. W. Bush**, was born on June 12, 1924. During World War II he was the youngest airplane pilot in the U.S. Navy.

The author/playwright Harriet Beecher Stowe was born on June 14, 1811 in Litchfield, Connecticut. Her play, "Uncle Tom's Cabin" inflamed the North against slavery, and became a catalyst for the Civil War.

And finally, a round of applause for a composer whose name is little known to most of us. Yet, we all sing

her music. **Mildred J. Hill** was born on June 27, 1859. She composed "Happy Birthday to You."

If there are no birthdays on your schedule for this month, there are other events to celebrate. June hosts: National Candy Month, National Iced Tea Month, National Potty Training Awareness Month, National Corn and Cucumber Month and National Smile Month, National Horseradish Day, Banana Split Day, Donald Duck Day, Root Beer Day, and Ugly Dog Day.

There is plenty to choose from, so take your pick. You can't argue with James Russell Lowell, because there really is nothing so rare as a day in June.



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Sound Advice

(Continued from page 12)

early benefits at age 62, they would be entitled to an estimated lifetime benefit of almost \$1.25 million. But if they wait until age 70 to apply for benefits and then live as long as expected, they could receive close to \$125,000 more.

Scenario 2. In our next example, Romeo and Juliet have shorter life expectancies due to health issues. Currently, Romeo has a life expectancy of age 78 and Juliet has a life expectancy of age 76. If they claim benefits at FRA, it's estimated that the couple will receive almost \$100,000 more than if they delayed benefits until age 70, based on their life expectancies

Scenario 3. Jack and Jill are both in their early sixties. Jill is in better health than Jack. If they start benefits at age 62, let's say Jack would get \$1,500 a month and Jill \$750 per month. Those amounts would rise to \$2,000 monthly for Jack and \$1,000 for Jill if they claim benefits at FRA. However, by delaying benefits until age 70. Jack will receive about \$2,650 a month. What's more, if Jill outlives Jack as expected, she is entitled to benefits based on 50% of Jack's higher monthly amount. Depending on how

long Jill lives, her total benefits easily could increase by \$50,000 or even more.

One of these scenarios might be similar to your situation, but you'll need to factor in your own variables—including how long you want to or need to work, as well as other financial and personal considerations and your health status—as you consider the best times for you and your spouse to begin receiving Social Security benefits.

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03/24/2017

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A view of hikers on the bridge along the TrolleyTrail in West Windsor Park.

Take a Hike!

(Continued from page 1) mer, to plot out the season's venues.

The group has around 40 members, but anyone is welcome to join in for any of the hikes. The list of locations is worked out with E&R, and information about specific hikes can be had from Anne Rotholz as well. The group works with a phone chain as well as putting the details of each specific hike on Channel 26. As a group under E&R, there are no dues or fees.

Gene Horan, who still regularly goes on the hikes, began the group 17 years ago. The group has hiked in many areas, including the Pine Barrens, Allaire State Park, and Holmdel Park. On occasion they have worked with E&R for a bus trip, recently walking the High Line in New York City and on an earlier occasion walking across the Brooklyn Bridge. They recently estimated that since its beginning the group has hiked 8,000 miles.

Favorite locations have included Washington Crossing Historic Park, Manasquan Reservoir in Howell, and Spring Lake with its beaches and boardwalk. Other hikes have been at Plainsboro Preserve, Cranbury Park, Etra Lake Park in East Windsor, Bicentennial Park in East Brunswick, Hamilton Veterans Park, and Monmouth Battlefield State Park. In the past they combined a local hike with the Kiwanis' Pancake Breakfast in the Clubhouse. Last October the group sponsored its 13th annual Moon Walk around Rossmoor, missing only the year of Hurricane Sandy. This group also eniovs a December meeting for brunch or lunch. Watch for information on Channel 26 for upcoming hikes and join this friendly group to discover the beauties of our area.



Rossmoor Hikers at the Laurita Winery in New Egypt



The hikers traditionally take a walk in the beautiful park in Cranbury before enjoying the pancake breakfast at Rossmoor.

Musings and Memories

By Betty Emmons

Pink and pretty cherry blossoms

Tell me there is anything more beautiful than flowers, perfectly formed, petal by petal, in colors of every hue. Everyone has a favorite and my favorites are right after the winter. I get excited to see a crocus appear and, as the days warm up, daffodils, hyacinths, and jonquils. Next I watch for the violets and I remember as a child how I loved to pick as big a bunch

she hugged me for loving her in such a sweet and simple

Next, I think about the fragrances. Some have a stronger scent than others but all tantalize my senses and gradually it all comes together and I am treated to an unbelievable garden of beauty wrapped in the aroma of spring to be enjoyed throughout the summer, right up until the fall foliage when new colors and scents take over and the change is equally enjoyed.

But now what I started to write about, before I got carried away, is that one day during Easter week, I was invited to go on a drive with friends to Branch Brook Park in Newark to see the famous cherry blossoms. All my life I had heard about the beautiful display in early spring but I never actually got to see it so I jumped at the chance. Believe me it was a treat beyond compare.

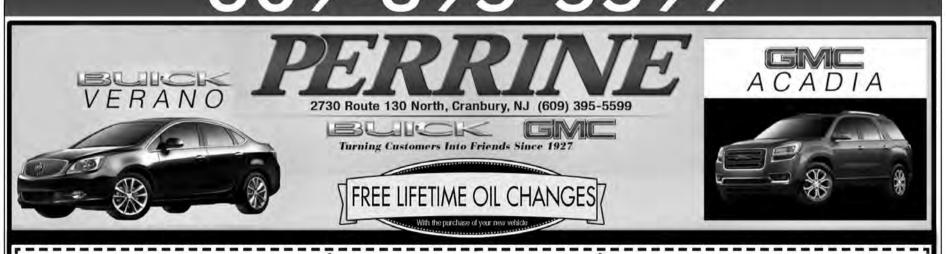
(Continued on page 16)

JEWELRY (GOLD, SILVER OR COSTUME) DIAMONDS · ARTWORK · FURNITURE GUITARS · CAMERA · RECORDS, ETC. **COMPLETE CLEANOUT SERVICES**

Call Dan at 609-306-0613

AMERICAN FURNITURE EXCHANGE

as my little hand could hold to give to my mom and how



SPRING IS HERE!

RECEIVE A FREE EXTERNAL DETAIL CLUDING WASH AND POLISH WITH ANY BODY SHOP REPAIR OVER \$250.00. FREE BODY REPAIR ESTIMATE ON ALL MAKES AND MODELS.

This offer cannot be combined with any other offer. Must be presented at time of write-up and expires 6-30-17.

15% OFF ANY SERVICE

WE SERVICE ALL MAKES AND MODELS

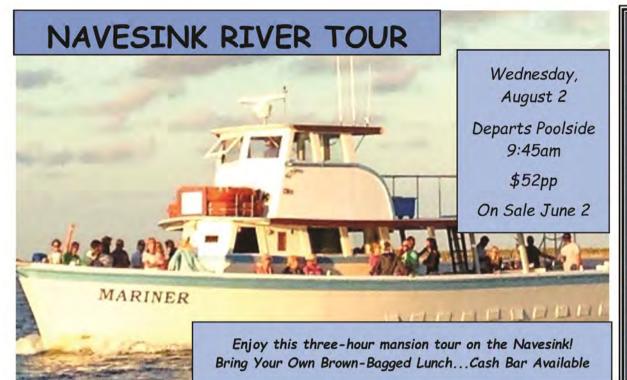
This offer cannot be combined with any other offer. Must be presented at time of write-up and expires 6-30-17.

\$5[™] OFF OIL CHANGE with TIRE ROTATION and MULTI-POINT INSPECTION.

(Synthetic oil at extra charge) This offer cannot be combined with any other offer. Must be presented at time of write-up and expires 6-30-17.

WW.PERRINECARS.COM

Rossmoor Clubhouse News



WELCOME

Clubhouse

Open daily, 8am - 10pm

E&R Office

Open Monday - Friday, 8:30am - 5pm 609-655-3232

Michelle Williams: Clubhouse Manager

Erica Hardeo: Event Planner Sue Ortiz: Office Coordinator Sebrena Jinks: Office Assistant Jessica Roberts: E&R Foreman

ON SALE THIS MONTH

EVENTS

1st Pool Party with DJ Gary
Friday, June 23, 7pm, Pool (Weather Permitting), \$10pp

Bring your own refreshments. We provide ice.

NO GLASS PERMITTED AT POOL—SOLD OUT!

2nd Pool Party with DJ Mel

Friday, July 7, 7pm, Pool (Weather Permitting), \$10pp
Bring your own refreshments. We provide ice. Call-in on June
6 at 12:15pm. Payment accepted June 7,8, 9.
NO GLASS PERMITTED AT POOL

AARP SAFE DRIVING COURSE

Friday, August 4, 8:30am, Gallery

\$15 member, \$20 non-member (Checks payable to AARP)
Sign-up in Clubhouse

TRUNK SALE

Saturday, June 10, 9am-Noon

US Security will provide refreshments...NO EARLY BIRDS! All spots are filled!

DON'T FORGET

WAR PAINT ON BROADWAY—WAIT LIST ONLY Wednesday, June 7

TRUNK SALE SPOTS—WAIT LIST ONLY Saturday, June 10

STATUE OF LIBERTY & ELLIS ISLAND—WAIT LIST ONLY Tuesday, June 27

BANDSTAND ON BROADWAY—WAIT LIST ONLY Wednesday, July 12

PHILLIES vs. METS GAME—WAIT LIST ONLY Thursday, August 10

EXCURSIONS

SANDS CASINO

Thursday, June 15, \$25pp Departs Poolside at 9am.

On sale now!

ATLANTIC CITY-BALLY'S CASINO

Thursday, July 13, \$25pp (\$20 slot play)

Departs Poolside at 9am.

On sale June 16!

BROADWAY BOUND... "Come From Away" at the Schoenfeld

"Come From Away" takes you into the heart of the remarkable true story of 7,000 stranded passengers and the small town of Newfoundland that welcomed them. Cultures clashed and nerves ran high, but uneasiness turned into trust, music soared, and gratitude grew into friendship. On 9/11, the world stopped. On 9/12, their stories moved us all.

Thursday, Sept. 28, \$149pp includes orchestra seat & bus Departs Poolside at 3pm...Dinner on your own...On Sale Now

MUSEUM OF THE AMERICAN REVOLUTION IN PHILADELPHIA

Thursday, August 17...Departs Poolside 9am \$36pp includes museum, bus & gratuity

Lunch on you own

Attractions within walking distance: Liberty Bell,
Carpenter's Hall, Franklin Court, Betsy Ross House & more
ON SALE JUNE 8

AFTERNOON MOVIE LUNCHEON "LION" Rated PG-13

Thursday, July 6...12 Noon...\$16pp

Buffet Menu includes: BBQ Pulled Pork, Bourbon Meatballs, Fried Chicken, Roasted Potatoes, Grilled Veggies, Cole Slaw, Beverage & Dessert

ON SALE JUNE 8

CULTURAL

AVIATION GROUP

2nd Wednesday, 1:30pm, Ballroom "The U-2 Dragon Lady"

BOOK DISCUSSION GROUP

3rd Thursday, 3:00pm, Dogwood

"Eileen" by Otessa Moshfegh Please note room/date change.

COMEDY PROGRAM SERIES ON DVD

1st Tuesday, 1:00pm, Ballroom

Carol Burnett Show: Treasures from the Vault No program in June...will resume in July

CURRENT EVENTS ROUNDTABLE

Mondays, 10:30am, Maple

GERMAN AMERICANS

Last Thursday, 1:30pm, Cedar

GREEK AMERICANS

1st Tuesday, 1:00pm, Maple

LATINO/HISPANIC-AMERICANS

Last Wednesday, 6:00pm, Gallery

POLISH AMERICANS

1st Friday, 1:00pm, Maple

VETERANS GROUP

Monday, July 31, 10am, Ballroom Bring another Rossmoor veteran with you!

WRITERS GROUP OPEN MIC

Sunday, June 25, 2pm, Gallery Contact Norm Perkus for Info!

THE ARTS

"ALL IN STITCHES" Knit & Crochet Group
Thursdays, 1pm, Maple

ART CLASS/WORKSHOP

Wednesday, 9:30am—11:30am, Gallery Resident/Artist Paul Pittari offers basic instruction. Easels provided. Supplies on your own.

CERAMICS STUDIO

Monday & Thursday, 8:30am-12pm.

Monitor present. Molds & Kiln on site. Supplies on your own.

GALLERY EXHIBITS

The month of June will feature the beautiful artwork of Rossmoor resident, Jean Dunham. See below!

POTTERY

Wednesday & Saturday, 8:30am-12 Noon Monitor present. Supplies on your own.

RUG HOOKING GROUP

Thursdays, 9am-2pm, Gallery

Bring your lunch and be prepared to have some fun!

OPEN WOOD CARVING WORKSHOP

Fridays, 9am-12pm, Woodshop

Monitor present. Supplies on your own.

WOODSHOP

Monday-Saturday 9am-3pm

Tuesdays & Thursdays 6-8pm

Open to Residents who have completed the orientation and safety class. Monitor present.

CARDS & GAMES

BANANAGRAMS

Mondays & Thursdays, 2pm, Game Room
Fast paced crossword style word game to
keep you on your toes. Contact Dolores
Wardrop.

BRIDGE

Contact Clubhouse

CANASTA & MAHJONG

Contact Clubhouse

MAY I

Contact Sophie Prata.

MEN'S POKER

Contact Joe Conti.

NINTENDO Wii

Bowling, Tennis, Golf. Stop by Clubhouse Office to sign out games.

PINOCHLE

Wednesdays, 1:00pm Dogwood Contact John Cristiano.

POKER

Mondays and Fridays. Contact Ginny Giorgio.

POOL ROOM

The Pool Room is open 7days, 8am-10pm (Closed for cleaning Wednesdays 8am—11am.)

GET MOVING!

AQUA AEROBICS

Check the July paper for schedule.

CHAIR YOGA

Tuesday mornings, 10:00am, Gallery

Enjoy the benefits of yoga while sitting in a chair. Class is conducted by a certified Yoga Instructor. Pay instructor directly

FITNESS CENTER ORIENTATION

Tuesday, July 18, 10:00am

Sign-up in the Clubhouse... Space limited

HEALTHY BONES

Thursdays, 9:30am, Ballroom

This class is for those that have pre-registered.

OPEN EXERCISE DVD

Monday, Thursday, 9:30am, Hawthorn

Saturday, 9:30am, Maple

Exercise at your own pace. No Instructor. DVDs are selected from our current collection. No charge or sign-up required.

TOPS-Take Off Pounds Sensibly

Wednesday, 9am, Maple

Call the Clubhouse for information

WALKING GROUP-NEW

Mondays, 9am, Front of Clubhouse

Walk the 1 mile or the 2.5 mile loop around Old Nassau. Bring water and wear comfortable shoes.

YOGA

Wednesday, 9:30am, Cedar

Resident instructor conducts the class. No Charge. Bring floor mat. SPACE LIMITED.

GALLERY ART

Exhibit Reception

Sunday, June 4 2PM Gallery Light Refreshments

Enjoy the artwork of Rossmoor Artist & Resident Jean Dunham

June is "Eat Your Fruit & Veggies" Month

- Start early: Top your morning breakfast cereal with fresh berries, bananas, or peaches for added flavor and nutrition.
- Add some crisp lettuce leaves and juicy tomato slices to a sandwich or wrap.
- Kids love foods they can "dip," so encourage them to dip their veggies in a delicious, healthy fresh tomato salsa.
- Keep fresh veggies and fruits on a platter in the refrigerator so kids (and you!) can grab some any time cooling off by the pool, reading a book, or cooking dinner.
- Go to a farmers' market to find the freshest, in-season produce.
- Plant your own garden—or just a small tomato plant on the back porch. There's nothing quite like homegrown fruits and vegetables.
- Have some dessert! Fruits are full of natural sweetness—the perfect way to round out a meal.

SPORTS FUN!

BOCCE

Off to a great start....come out and watch us play!

CORN HOLE

Friday 9am-11am Hawthorn Room

CROQUET

New Players Welcome. Call Betty Anne Clayton.

HIKING

Saturday, June 3-Cranbury Park & Breakfast at Teddy's. Departs Poolside 9:30am New Hikers Welcome!

PICKLEBALL

New Players Welcome.

SHUFFLEBOARD

Tuesday, July 18-"Under the Stars" Social 7pm at the Courts

TABLE TENNIS

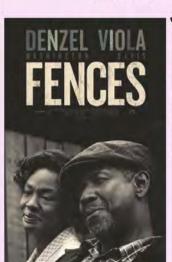
Tables available Tuesday, Friday, & Saturday 9-11AM. All welcome!

TENNIS

Courts available 8am until dusk. Bring your own equipment.

COME SEE WHAT ALL THE FUN IS ABOUT!

MOVIE CORNER



"FENCES"

Starring Denzel Washington
Rated PG-13
140 Minutes
No Charge
Tuesday, June 13...1:30pm & 7pm
Sunday, June 18...1:30pm

TUESDAY MYSTERY MOVIES
June 20 & 27-1:30PM

Movies Subject to Change

COMING ATTRACTIONS

Details TBA

CONCERT ON THE MEETING HOUSE LAWN Wednesday, July 19

FRIDAY NIGHT POOL PARTIES
July 28, August 11 & 25

9/11 MEMORIAL & MUSEUM Thursday, September 7

MOVIE IN THE PARKING LOT Friday, September 8

MURDER MYSTERY SHOW Saturday, September 16



20th Century Wednesdays

The Great Courses:
America's Past 100 Years

Brush up on your US History in about an hour! Two 30-min DVD lectures & brief discussion

Theodore Roosevelt + Progressivism + Mass Production

Wednesday, June 21 1PM Gallery

WWI...Armistice Signed & Fighting is Over Wednesday, June 28 1PM Gallery

This program is a collaboration with Monroe Twp. Library



F41

- RCAI Offices Closed on Tuesday, July 4 in observance of Independence Day.
- COMCAST Q&A Tuesday, July 11, 9-11am.
- CONTACT THE CLUBHOUSE for information regarding events and trips.
- EVENT REMINDERS: Bring Rossmoor ID when purchasing tickets for Clubhouse events. Only two tickets per manor can be purchased. When bringing a guest/non-resident, please provide their full name at the time of ticket purchase. <u>Tickets are non-transferable</u>.
- TRIP REMINDERS: Trips require average physical activity. You should be in good health, able to climb stairs, and walk reasonable distances. Any guest accompanying a Rossmoor resident MUST be at least 18 years of age. Basic information on guests must be provided when tickets are purchased.
- CLUB PRESIDENTS & GROUP REPRESENTATIVES: Channel 26
 announcements and room set ups MUST be handed in on the official
 forms, Forms can be found on the website or in the Clubhouse.
- ROSSMOOR CLUBHOUSE NJ is our official Facebook page. Follow us for Clubhouse updates, ticket sales, and event photos. You just might see yourself having a good time!
- RCAINJ.COM is the official website for Rossmoor. Here you will find everything Rossmoor! Check it out!
- EVENTS & TRIPS are subject to change.

PICTURE PERFECT



Put Your Hands UP and SHOUT!



Always Smiling!



Supporting our wounded warriors at Exit 8a.



Rossmoor Veterans are Going Strong!



Arbor Day event was a success!



JUNE 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Ticket Sales Get Your Tockets Now! Today!				1	2 7:30pm Music Association Program-MH	3
roday.					Get Your P Theisels Board	
4 2 <u>:00pm</u> Gallery Exhibit Reception-GL	5 GOLF OUTING	6 Election Day 6:00am-8:00pm Primary Elections Voting Polls Open-BR 10:00am-2:00pm Rental Library Book & Bake Sale-GL	7 10:00am *Trip-War Paint 10:00am Mutual 6-CD	8 9:00am Committee Meetings-VC (see channel 26) 11:30am Women's Guild Luncheon-BR	9 <u>2:00pm</u> Mutual 17-VC	10 9:00am-12:00pm Trunk Sale-CH Lot
11	12 GOLF OUTING 10:00am Mutual 14-DW 10:00am Mutual 3-GL 1:00pm Health Care Lecture-MP	13 1:30pm Catholic Society Mass -MH 1:30pm & 7:00pm Movie "Fences"-BR 7:00pm Players Open Auditions-MH	14 Flag Day 1:30pm Aviation-BR 7:00pm Players Open Auditions-MH	15 9:00am Board of Governors-BR 9:00am *Trip-Sands	16 6:30pm Bingo-BR	17 1:00pm Mutual 6 Social-BR/ Terrace
18 Father's Day 1:30pm & 7:00pm Movie "Fences"-BR Happy Father's Day	19 10:00am Mutual 7-BR	20 1:30pm Mystery Movie-BR	21 1st Day of Summer 1:00pm History Program w/ Monroe Twp. Library -GL (see page 3)	22 5:00pm Mutual 16 Social-BR/ Terrace	23 7:00pm *Pool Party with DJ Gary-BR	24
25 2:00pm Writers Group Open Mic-GL	26 10:00am Mutual 8-VC	27 9:00am *Trip-Statue of Liberty/Ellis Island 1:30pm Mystery Movie-BR	28 1:00pm History Program w/ Monroe Twp. Library -GL (see page 3)	29	30	Events or trips marked * require tickets or prior registration.
happy first do	ay of summer, guys!!	В	E HAPF	PΥ	HELLO	JUNE

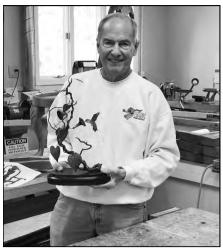
Chorus	Wed	4 pm	MH
Church Discussion	Tues	1:30 pm	MHP
Computer Club	3rd Mon	10 am	GL
Dance Club	Last Sat	7 pm	BR
Emerald Society	4th Wed	2 pm	BR
Italian-American	3rd Wed	7:30 pm	BR
NJ Social & Cultural	Last Fri	1:30 pm	BR
Players	Last Mon	7 pm	GL
Sisterhood	3rd Mon	1:30 pm	BR
Torah Study	Sat	10 am	CD
Women's Guild	3rd Thurs	1:30 pm	BR

MEETING HOUSE SERVICES			
Catholic Society Mass	2nd Thurs	7 pm	
Jewish Congregation Sabbath	2nd & 4th Fri	7:45 pm	
Community Church & Communion	1st Sun	11 am	
Community Church Worship	2nd & 4th Sun	11 am	
Community Church & Fellowship	3rd Sun	11 am	
Community Church "Living Well at Rossmoor"	4th Sun	1 pm	

ROOM KEY			
BR	Ballroom	н	Hawthorn
C	Court	MP	Maple
CD	Cedar	мн	Meeting House
СН	Clubhouse	мнр	Meeting House Parlor
CFT	Craft	TR	Terrace
DW	Dogwood	RR	Red Room
GL	Gallery	vc	Village Center
GR	Game		

This month in pictures

Photos by Joe Conti and Walter Gryskiewicz



Henry (Hank) Bauer, a friend of Beryl Levitt, visited the wood shop with his award-winning bird carving.



The carving



On Arbor Day, residents gathered to admire our young oak tree, grown from an acorn of the famous Monroe Oak.



Helen Brown and the Mayflower Quartet open Just Music IV



Day of Prayer service.



15

Sister Marie Collete was the Jose Sanchez proudly holds our key speaker at the National flag at the National Day of Prayer service.



All Filly Mother's Day Race, L-R, Lucille Renda, Joan Russo, Fran Gati, Ceal Macchiarola, Debbie McCauley, Maureen Roaldsen

The annual Italian-American Club **Rossmoor Downs Races**



Down the home stretch



Winner - Fran Gati



Dennis Arce



Sal Gurriero never left the gate

Chank you

I can't begin to express my gratitude for all your cards, phone calls, and flowers. I am most grateful for your prayers. Your prayers surrounded me with the love of God, manifested in you.

Thank you for the prayer

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WARMLY WELCOMED

shawl, which hugs me with God's love, for the delicious dinners, which were an immense help to Joe, who is most certainly my knight in shining armor.

I am truly overwhelmed.

With gratefulness, **Lucille Conti**

GENTLE DENTAL CARE

New Neighbors



By Christina Smith - Resident Services Manager

Harold Schickler and Carmita Gomez, 530-O Terry Lane, formerly of Weehawken, N.J.

Valerie A. Schmidt, 182A Old Nassau Road, formerly of Parlin, N.J.

Samuel and Gail Lawrence, 29-N Bradford Lane, formerly of Monroe Twp., N.J.

Lori Ann Jeffers, 5-O Sussex Way, formerly of Westfield, N.J.

Peter and Virginia McGinnis, 325-C Nantucket Way, formerly of Monroe Twp., N.J.

Terry and Fred Cirlincione. 412-A Oxford Way, formerly of Monroe Twp., N.J.

Dale Meredith, 373-A New Bedford Lane, formerly of Monroe Twp., N.J.

Mariela Cruz, 312-N Sharon Way, formerly of Monroe Twp.,

Joseph Crotta, 344-A Old Nassau Road, formerly of New Milford, Conn.

Jayshreeb H. Patel, 37-C Concord Lane, formerly of Fords, N.J.

David Park, 258-O Old Nassau Road, formerly of Princeton,

Elena M. Chalcraft, 316-A Sharon Way, formerly of Princeton, N.J.

George and Joan Sierchio, 562-A Sheldon Way, formerly of Kissimee, Fla.

Francisco Silva and Marta Montoya, 93-C Old Nassau Road, formerly of East Windsor,

Roberta Adams 221-B Mayflower Way, formerly of Monmouth Jct., N.J. Ian and Diane Plester, 441-A

New Haven Way formerly of Plainsboro, N.J. Edith Pagani, 210-C Madison

Lane, formerly of Monroe Twp., N.J.

Francine Pasmanik and Marcia Cohen, 371-C New Bedford Road, formerly of Edison,

Valery Stadnik and Julia Nikolskaya, 139C Plymouth Lane, formerly of Bronx, N.Y.

Charles Macagnone, 164-N Portland Lane, formerly of East Brunswick, N.J.

CULINARY CORNER

By Sidna Mitchell

Ken and I volunteered to help with refreshments for "Attitude Adjustment" after Golf Croquet as part of the Sarasota County Croquet Club (SCCC) activities in Venice, Fla. Julie planned to make desserts, a watermelon and cucumber salad along with a sliced apple, Brie, walnut and honey appetizer.

I agreed to make other appetizers such as deviled eggs, asparagus rollups, and vegetable medley; Ken bought fruit salad and fixed cheddar cheese and pepperoni. From the Dollar Store I purchased popcorn and pretzels for folks to munch on during the meeting before "Attitude Adjustment."

When I saw all the leftover cornbread in the freezer, I decided to also make some type of dessert to take. On the Internet, I found a recipe for a cornbread pudding. Of course, I made some changes and cut the recipe in half because I didn't have the appropriate baking pan. Here's my version of an easy and tasty dessert.

Cornbread Pudding

2 large eggs

Culinary corner

1/4 cup pure maple syrup, plus more for serving 5 cups homemade or store 1/8 teaspoon nutmeg -bought cornbread, cut into 1/8 teaspoon salt 1-inch cubes

1½ cups half-and-half

Preheat oven to 300 degrees.

In a large bowl, whisk together maple syrup, eggs, half-and-half, nutmeg and salt.

Stir in cornbread; let sit, tossing occasionally, until bread has absorbed liquid, about five minutes (bread will break down into small pieces).

Pour mixture into an 8-inch pie pan; flatten and smooth top with a spoon or flexible spatula.

Bake until a toothpick inserted in center of pudding comes out clean, about one hour to 1 1/4 hours.

Drizzle more maple syrup over the pudding while still

Let cool 10 minutes.

Serve with ice cream or Cool Whip if desired. NOTE: This was the first dessert to disappear. I can be reached via e-mail at sbmcooks@aol.com.

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In Memoriam

Maureen VanWart

Maureen VanWart, a resident of Mutual 8 for many years, died suddenly and quietly at home during the last week of April. She is survived by her husband, Edward.

Maureen was a kind and gentle person who will be missed by her friends and neighbors: Cheryl Carney, Gladys Sharpes, Carol De Haan, Jeffrey Perry, Janet Bonino, Michael De Angelo, and Aline Carroll.

Musings

(Continued from page 14)

Once we left the Turnpike, however, we had to travel through an old industrial section. There was still some activity but mostly the buildings were boarded up and in a state of disrepair. But gradually we left all this behind and turned into a fairy land of pink and white breathtaking beauty of the cherry blossom park. It was magical and perhaps Joyce Kilmer felt the same as I did when he wrote his famous poem about trees when I saw a picture only God could paint. It was a picture of serenity and beauty in the midst of an industrial world, the busyness of a big city and also a great contrast in lifestyles. Outside the park the houses were smaller and crammed tighter while in the park, on the hillside going down to the river, was an impressive cathedral surrounded by large spacious and gracious homes that had a panoramic view of what we traveled miles to see.

It just doesn't seem fair; but isn't it wonderful that each of us can enjoy God's handiwork no matter how bleak things may be in the economic order of things? God's beauty is everywhere and it is ours to enjoy. So look around and you will be delighted with what you see and there is no cost. The admission is free.

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Clubs and Organizations

Players pastimes

By Sue Archambault

May was a successful month for The Players. Our production of "Just Music IV" was the recipient of many accolades from the audience members on both Thursday, May 4 and Friday, May 5 evening performances. Twenty performers entertained in a variety of combinations, both vocally and instrumentally. The Mayflower Quartet began and closed the evening with jazzy renditions, and Joe Conti, our master of ceremonies extraordinaire, entertained the audience with pertinent information and amusing jokes and anecdotes.

Our second popular venture was our general meeting, on Monday, May 22. Our versatile Bob Huber provided us with a program focusing upon the famous comedic duo of Stan Laurel and Oliver Hardy. This renowned pair had a long and productive career. Their fame has sustained over nine decades and continues to entertain audiences internationally in our present age of automation and advances technology. Bob proved to be the accomplished expert on Stan Laurel and Oliver Hardy, as he shared information he had gleaned over the years beginning with his own film. which he first prepared as a



Carol Feinstien and Debbie Sills sing "Anything you can do, I can do better."



Carlo Carnuchio at the **Just Music Concert**



Carol Feinstien raises the roof



Debbie and Benji Sills - Supercalifragilistic!



Frank Sasso does Al Jolson



Al Longo sings in Italian

TV documentary special. In addition, Bob shared



his extensive library of material. All in attendance were wowed by his knowledge and the materials he provided.

The next meeting of the Players will feature our wellliked and well-attended Karaoke Night. On Monday, June 26, our popular DJ Gary will provide his expertise in running this evening filled with song. Volunteers will have the opportunity to entertain each other by vocalizing beloved songs of the past and present. All are welcome to come and join us in the Gallery at 7 p.m. Refreshments will be provided for this fun-filled evening.

Our next performances are fast approaching as we begin to prepare for our everpopular This 'n That production, which will take place on Thursday, July 20 and Friday, July 21 at 7 p.m., and Saturday, July 22, at 2 p.m. All performances will be in the Meeting House. Open auditions will take place in the Meeting House on Tuesday, June 13 from 7 to 9 p.m. and Wednesday, June 14 from 2 to 4 p.m. Our This 'n That show is composed of different types of musical performances in singing, dancing, and instrumental renditions, as well as skits and comedic acts.



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Jeffrey S. Brottman, MD, FACS Corneal Diseases

Martin S. Schneider, MD, FACS

Glaucoma Elliot S. Grand, MD, FACS David K. Lee, MD, FACS

Oculoplastic Surgery Steven K. Mishkin, MD, FACS, FRCS(C)

Retinal Diseases Elena Ng, MD

Contact Lenses and Optometry

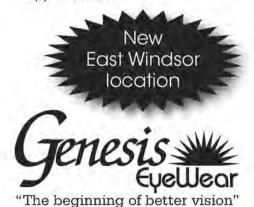
William B. Potter, OD 4423 Drasti Makwana, OD 6488 Talia M. Mishkin, OD 6161 Ellie K. Patounas, OD 6101 Paul L. Sonenblum, OD 5871 Hina P. Zaidi, OD 6236

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New Jersey Symphony Trio to perform at **Rossmoor on June 2**

By Gene Horan

A trio of outstanding artists from the New Jersey Symphony Orchestra (NJSO), consisting of Darryl Kubian from the first violin section; Robert Wagner, principal bassoonist; and Joanna Farrer, violinist, will perform in the Meeting House on Friday, June 2, at 7:30 p.m.

Tickets for non-subscribers are available at the door for

Darryl Kubian has been a featured soloist with the NJSO on the theremin, performing the "Cantelina" from Villa-Lobos' Bachianas Brasileiras No. 5. He has performed jazz violin with trumpeter Randy Brecker in a



Darryl Kubian, violin

Charlie Parker program titled "Bird Lives!" and has arranged and performed Ellington's "Sacred Songs."

Kubian's improvisational skills have been highlighted with artists such as Nigel Kennedy, Al Jarreau, Bobby Short and Renée Fleming. In addition to his solo and chamber ensemble performances using modern, electric and period instruments, Kubian has performed in Broadway musicals including The King and I, Show Boat, Crazy for You and Tommy. He has recorded with such noted artists as Trevor Pinnock, Malcolm Bilson, Meredith Monk, Bruno Weil, Zdenek Macal, and Phillip Glass.

Kubian is an accomplished composer; during the 2007-08 season, the NJSO gave the premiere of Kubian's 3-2-1 Concerto for Electric and Acoustic Violin and Orchestra, an NJSO commission dedicated to then Music Director Neeme Järvi and NJSO Concertmaster (and soloist) Eric Wyrick.

Following its critically acclaimed premiere, Scientific American featured 3-2-1 in "60-Second Science" blog, describing the work as a "beautiful example of what happens when artists are inspired by scientific discoveries."

Robert Wagner has been a member of NJSO since 1979. He has performed as a soloist in performances of bassoon concertos by Mozart, Weber, and Vivaldi, as well as the Duo Concertino of Richard Strauss.

He has toured extensively and recorded with the Orpheus Chamber Orchestra, and he has performed as a member of the Boehm Quintette and American Wind Quintet.

Wagner graduated with both his Bachelor and Master of Music degrees from The Juilliard School. He teaches at Princeton University and serves on the boards of the League of American Orchestras and ArtPride New Jersey. He also teaches privately.



Robert Wagner, bassoon

JoAnna Farrer, in addition to being a member of NJSO. is a chamber musician, solo performer and orchestral musician in the U.S. and abroad. She has performed as a soloist in the Berlin Philharmonie with the Goteborgs Symfoniker, and has premiered new solo works by contemporary composers at "Jazz at Lincoln Center" and the Chelsea Art Gallery.

With Itzhak Perlman, Farrer has performed the Vivaldi Concerto for four violins at Carnegie Hall, as well as in a Live from Lincoln Center broadcast. She has performed as a soloist with numerous orchestras, including the Philadelphia Orchestra, the Orpheus Chamber Orchestra, and the Israel Philharmonic.

As a concertmaster, she has worked with conductors such as James Conlon, James DePreist, and Lorin Maazel, including perform-



JoAnna Ferrer, violin

ances of Britten's "The Turn of the Screw" at the Kennedy Center with Maestro Maazel. She has served as guest concertmaster of the Vancouver Symphony Orchestra, New York's Opera Moderne, and as concertmaster on many occasions with Juilliard Orchestra ensembles while studying with Glen Dicterow.

The program includes the following works:

- Saint-Saens The Swan from Carnival of the Animals.
- Darius Milhaud's Suite (d'aprés Corrette), Op. 161
- Haydn's London Trio No. 3
- Paganini's Duet for Violin and Bassoon
- Medley from The Sound of Music
- Bach's Double Violin Concerto, Movements 2 and 3

This concert is one of series sponsored by the Rossmoor Music Association, which is dedicated to bringing fine music at a reasonable cost to our community. Members of the Board include Faith Knabe, president; Paula Richardson, treasurer; Mary Ellen Mertz, secretary; Carol George; Toby Del Giudice; Gene Horan; Peggy Mankey; and Lucy Poulin.

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Rossmoor's biggest Apple at **Computer Club**

By Alec Aylat

Come see it and get your teeth into the new Apple iPad mini Tablet at the upcoming fascinating monthly meeting of the Computer Club in the Gallery at 10 a.m., Monday June 19, when Rossmoor's Apple-in-Chief Arty Segal will introduce the new 5.5" x 8.5" giant.

This gem of technology is a library, personal calendar, filing cabinet, and email provider. It enables access to thousands of apps, brings newspapers and magazines to you from all over the world, stores thousands of

your photographs, enables Siri to be your personal intelligent assistant, searches Google for you, plays games with you from solitaire to bridge, from chess to poker, and can do practically anything else you ask of it, taking you to areas of the world you may never otherwise see, and putting a whole new life at your fingertips. It's an iPad mini designed to feed any and every Apple appetite.

All that in addition to club refreshments at 9.30, and you'll be asking for more.

Strawberry shortcake at the New Jersey Club

By Eileen Parker

The New Jersey Club will meet on Friday, June 30 at 1:30 p.m. in the Ballroom.

This will be our annual "Happy Birthday Meeting" for members only. Strawberry shortcake will be served. Al Parker will present a short humorous program.

We wish everyone a most enjoyable summer, and look forward to seeing everyone in the fall.

Rossmoor Rental Library



The Late Show by Michael Connelly

Detective Renee Ballard catches two cases: the brutal beating of a prostitute and the killing of a young woman in a nightclub shooting. Against orders and her own partner's wishes, she works both cases by day while maintaining her shift by night.

Deadfall by Linda Fairstein

Hunting a killer within New York's urban jungle becomes the biggest case of Alexandra Cooper's career. Alex will have her work cut out for her if she wants to uncover the truth and uphold the integrity of the office she has so proudly served.

Camino Island by John

Grisham

Priceless F. Scott Fitzgerald manuscripts stolen in a daring heist; a young woman recruited to recover them; a beach-resort bookseller who gets more than he bargained for - all in one long summer on Camino Island.

Take Out by Margaret Maron Having wrapped up her

League of Women Voters annual meeting

By Ruth Banks

The League of Women Voters of Monroe Twp. will hold its annual meeting and luncheon on June 12 at La Capannina Restaurant, 355 Applegarth Rd. (former site of La Villa). The meeting is scheduled to start at 11:30 a.m. with the introduction of the business agenda. Lunch will follow.

The guest speaker, a former state League president and current LWVUS secretary, will be Toni Zimmer, who will share her experience of being plucked from N.J. to participate on the national level of the League.

The business agenda, besides approving a budget and a slate of officers, will include a proposal to study the extent of access to voting information available to Township residents. The study has been developed by the League's education committee, cochaired by Joan Leon and Jill Lewis-Spector. It would seek to learn more about community resources available to residents of the Township and the County. It proposes research on topics relevant to voter participation including the role of the media and money in elections and legislation.

At the League's April meeting the director of the Senior Center, Bonnie Leibowitz, clarified the expanded role that the Office of Senior Services plays in providing social services as well as an assortment and variety of programs to the senior population (those over 55) of the Township. These services include programs for health, art, music, education,

(Continued on page 20)

durable Deborah Knott series last year, Marlon launches a new series starring NYPD detective Sigrid Harald.

Murder Games by James

A serial killer is loose on the streets of Manhattan. His victims appear to be total strangers. The only clue that unites the crimes is the playing card left behind at each scene that hints at the next target

Two Nights by Kathy Reichs
Sunnie Night is the classic tough woman fleeing her past, and she's just about got it licked when an exploding bomb leaves a girl missing. Sunnie is asked to find whether the girl is dead, kidnapped, or missing on her own accord.

The Duchess by Danielle Steel

The incomparable Danielle Steel breaks new ground as she takes us to nineteenth-century England where a high-born young woman, forced out into the world, begins a journey of survival, sensuality, and long-sought justice.

Library Hours:

Monday through Friday 10 a.m. to noon 1:30 to 3:30 pm Library closed Saturdays

After casting your vote on primary day, please be sure to visit our book/bake sale in the gallery and enjoy coffee and cake.

Emerald Society's spring and summer activities

By Joan Avery

Members of the Emerald Society had a fabulous time on the trip to Villa Roma in New York on May 15, 16 and 17. Villa Roma is in the beautiful Catskill Mountains. Five meals were included with social activities and entertainment.

Billy Phillips entertained everyone at the April meeting, Gary Costello entertained the members in May;

Italian American Club

By Tony Cardello

Rossmoor Downs on May 13 was a complete sellout with a very enthusiastic and raucous crowd as they cheered their horses racing around the track. Many thanks to Lenny Caglianone and his crew for putting together a great evening of fun. See photos on page 15.

The membership meeting on May 17 had entertainment by the doo-wop group Remember When, who took many of us down memory lane with the songs we fell in love with and danced to.

Future events will be a bus trip to Eataly in Manhattan on June 14 and our picnic will be in the Ballroom on September 9.

The next regular membership meeting will be on June 21 at 7:30 p.m.

Bingo will be played on June 16 at 6:30 p.m. in the Ballroom.

Gary Morton will be the entertainer for the June meeting

The Tropicana trip was cancelled for June 2. Dan is working on the Emerald Society Anniversary Party in July, more information to follow. Dan is also working on a three-hour boat trip up the spectacular Hudson River, with a buffet dinner and dancing included. Dan has scheduled the trip for August 16. In addition to all these fun dates, the Emerald Society picnic will take place on August 19.

The members of the Emerald Society voted to donate \$200 to the Rossmoor Interfaith Council. The donation helped with The National Day of Prayer and will also help with the Memorial Day Service.

Dan has scheduled wonderful spring and summer events for the members of the Emerald Society. See you at the June 28 meeting. Plumbing, Heating & Air Conditioning Services

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Summer dance party with the Dance Club

By Judy Perkus

DJ Donny Pesce will be back to provide the dance music on Saturday, June 24, at 7 p.m. in the Ballroom. Soda, munchies, coffee, tea, and desserts (sugar-free available) will be served. All Rossmoorites, singles as well as couples, are welcome to dance to all types of music.

Please send your reservation check made out to the couple. Call Armen at 69 2175 for more information.

Rossmoor Dance Club (\$8 a person for paid-up members; \$10 a person for non-members) to Armen DeVivo at 449B Roxbury Lane by June 17. Armen is starting her third year as Dance Club president and all members thank her and appreciate her hard work.

Annual membership is \$7.50 per person, \$15 per couple. Call Armen at 655-2175 for more information.

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Golf Course Highlights

By Ted Servis

Rossmoor Golf Professional

What's going on at the Golf Course? Golf season is in full swing at Rossmoor Golf Club and it's been a great season so far for everyone.

A job well done goes out to Tom Tucci and his staff. The course is in great shape.

The ladies golf clinic will be July 26 from 9 to 10 a.m. Please call the Pro Shop to sign up.

The Pro Shop is fully stocked with merchandise for all your golfing needs so please stop in and take a look. If there is something you're looking for that we

don't have in stock, we will be happy to order it for you.

The Pro Shop hours of operation are Monday from 11 a.m. to 5:30 p.m.; Tuesday through Sunday from 7 a.m. to 5:30 p.m., all hours subject to the weather. If there is anything we can help you with or any questions we can answer, please give us a call at 609-655-3182. Thank you and I wish everyone a healthy and happy 2017 golf season.

Reminder: The Golf Course is currently offering a referral incentive of \$200 in Pro Shop credit for bringing in new members.



By Terre Martin

What started out as a great golf season took a detour for our second tournament, which was rained out. We came back strong for our third week, which was a Step Away Scramble. Congratulations to the first place winners Doris Herron, Marilyn Shanks, Joan Gabriello, and Muriel Calvanelli.

Here are just a few reminders for all our players.

- If you wake up on Tuesday morning and decide you can't play that day, call the pro shop, not another player.
- Please check in with the hostess by 8 a.m. Tee off time is 8:15 a.m. (The hostess should arrive by 7:45 a.m. to set up.)
- If you are the first of your foursome to check in and the hostess gives you BOTH score cards, be sure to give one of the cards to the players in the other cart.
- Sign up for the next week's tournament. The hostess should make sure the sign-

up sheet is on the table when people arrive.

- Review the "rules" for that day's tournament, which should be on the hostess table. Feel free to ask questions if you aren't sure how to play.
- Split the cost of a golf cart rental if necessary. (See page 11 in handbook.)
- Last, but not least, check the outside and inside bulletin boards regularly. It's where you can sign up for tournaments and clinics, get your handicap card, read special announcements, and see fun photos posted by Lucy Poulin.

Keep telling women about our great group. If they would like to learn more about the 9 -Holers they should contact our membership chair, Mary Shine (609-655-4518), or President Joyce Cassidy (609-619-3618).

Words to live by: "Golf is like cooking. You just slice it, chip it, and put it on some greens." Sounds about right, don't you think?

Email your news to: news@rcainj.com

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All schedules are available outside the E&R office (near the copy machine) or via the Web at www.rossmoornj.com and following the links Facilities, Clubhouse and Activities, and Bus Info.

SPORTS





Bocce players eager to start the season

Ladies' 18-hole league's 2017 season in full swing

By Arlene McBride

Opening Day on April 11, "18-hole stroke play," tournament was held. Winners were: 1st place – Maria Hogan, 2nd place – Arlene McBride. Great job girls. Weather was perfect, too

On April 18, "3-way Nassau" tournament was held. Winners were: Front 9-holes – Arlene McBride; Back 9-holes, Joan Messick; Overall round: Carolyn Meyer. Another beautiful weather day, so we were in our glory, two for two. Congratulations to everyone.

On April 25, unable to play because of the r...

On May 2, "Par 4s only," tournament was held. Win-

ners were: 1st place, Pat Mueller; 2nd place, Arlene McBride. We dodged the rain clouds that were threatening. Even though there were only 10 Par 4 holes to keep track of for the tournament, they sure were challenging. Congratulations everyone.

Results of the tournaments that were scheduled for the month of May will be reported in the next issue. May 16, "Scramble," followed by a brown bag lunch. May 23, "Blind Partners;" and May 30, "Fewest Putts." On June 13 and 20 (weather permitting) we have our first major tournament "Member/Member." Get your partners ready for the big event.

If you feel rusty and want to get refresher lessons, check at the pro shop for dates and times lessons are offered. Summer is almost here, enjoy the warm weather.

LWV

(Continued from page 19)

as well as social services for veterans and their families, and the general population. The Center has arranged for a representative of the Probate Office to be available one day a week. It supports the Food Pantry, assistance to those enrolled in entitlement programs, and has fostered a relationship with a fifth-grade class at Brookside School in the national program known as The Empty Bowl. In addition, it is the site for the AARP Tax-Aide program which provides free assistance to seniors in filling out their tax forms.

The next general meeting of the League will be on July 24 at the Municipal Building. The guest speaker will be Kenneth Armwood, Middlesex County Freeholder. Additional topics will include discussion of issues presented at the LWVNJ state convention in April, and the above-mentioned proposal on access to voter information. The meeting will begin at 1 p.m. and the public is invited to attend

The League meets monthly on the fourth Monday of the month, except when a holiday falls on that date and in June, when the annual meeting is held, and in November when the Holiday Happening luncheon takes place. It does not meet in December.

The League is a political organization but is nonpartisan it neither supports nor opposes candidates for elective office. It is a national organization, with Leagues in every state, and is open to men and women. It studies public policy issues and encourages its members to be politically active. For more information please feel free to contact Andrea Pellezzi, 609-664-2146; Judy Perkus, 609-395-1552; or Marsha Rosenbaum, 609-409-0930;.

Croquet season begins

By M. Vail

The Rossmoor Croquet Club's new season, which runs from May 1 through October 31, began with a springtime theme general meeting and luncheon in the Gallery, led by President Sidna Mitchell. On a sunfilled beautiful day members brought their enthusiasm to the event and on the Court.

Past members were remembered with a moment of silence. Officers and chairpersons presented their reports and new members were introduced. Those present volunteered to bring hors d'oeuvres on Fridays for the Attitude Adjustment gathering in the Clubhouse at 5:30 p.m. after play.

The members played Golf Croquet following the luncheon. There was time to play up to three games for each group of four. Playtime signup sheets for May were posted on the court bulletin board for members to reserve play time on the court.

Weather permitting Ken Northrop will have held a "Learn the Basics of Golf Croquet Clinic" on May 9 at 7 p.m. for members and interested residents.

Residents are invited to join the members on Friday for a meet and greet and join in the play. Come as you are and wear flat soft sole footwear to protect the grassy surface. It is a "learn as you" go game. Our games are about making and enjoying friendships and having fun.

Any resident interested in more information contact Betty Anne Clayton at 609-662-4659. Croquet play- time changes as the season moves through the summer. Notices will be posted on the court bulletin board and Channel 26.

Mailing Addresses

If you are not receiving mail from Rossmoor, your Mutual, or *The Rossmoor News*, it may be a matter of our not having your correct mailing address. Many residents, over the years, filed "Winter Address" forms with Administration and failed to specify a return date. If you did not contact us when you returned, it might be possible that we still have an alternate or winter address in our system.

Please contact Resident Services manager, at 609-655-1000, to verify your address.

Religious Organizations

Make a joyful noise: Community Church in June

By Mary Jane Brubaker

Professional baritone Don Sheasley returns to the Community Church this month along with the Community Chorus and the Chin Yun Chorus. The Community Church Music Program is led by Cecile Wang, music director and organist for the Church and Director of the Community Chorus.

Sheasley, who has performed with, among others, the Princeton University Opera, the Trenton Civic Opera, the Jersey Lyric Opera, and the Baroque Orchestra of New Jersey, will serve as the guest soloist at the June 11 service.

The Community Chorus, composed of local residents, will be performing at the June 18 service. Their selections include "Joy in the Morning" by Nathalie Sleeth,

"The Kingdom" by Andre J. Thomas, and "Go Now in Peace" by Non Besig and Nancy Price.

Performing at the June 25 service will be the Chin Yun Chorus whose selections include "Exultate Justi" by Dave and Jean Perry and "Pie Jesu" by Victor C. Johnson. At this service there will also be a keyboard duet of "Let it Shine," a medley arranged by Sharon Wilson. The medley is composed of "Jesus Bids Us Shine" and "This Little Light of Mine." It will be performed by Rei Liao Van Dusen and Wang.

The Community Church is an ecumenical community welcoming people of all faiths. Services are held every Sunday morning at 11 a.m. at the Meeting House. For those already belonging



Don Sheasley

to another church, the Community Church offers a dual membership. For more information, please contact Pastor Dierdre Thomson at (732) 757-5190 or Membership Chair Alyce Owens at (609) 860-0866.

Rev. Robin Bacon Hoffman returns to Community Church as guest pastor

By Mary Jane Brubaker

The Rev. Robin Bacon Hoffman, who once served as an interim pastor at the Community Church, returns as guest pastor on June 11, July 23, and August 20.

Bacon Hoffman has served as chaplain at Meadow Lakes, a Springpoint Senior Living community, for over 20 years. She holds two degrees from Princeton Theological Seminary as well as a B.S. in Chemical Engineering from Penn State. Pastor Robin and her husband live in Princeton Junction, and have two daughters and two very young grandchildren who live in the area.

The Community Church is an ecumenical congregation and welcomes people of all faiths to worship every Sunday morning at 11 a.m. at the Meeting House. For those already belonging to another church, the Community Church offers a dual membership. For more information, please contact Pastor Dierdre Thomson at 732 757-5190 or Membership Chair Alyce Owens at 609 860-0866.

Community Church Physical /Spiritual Exercise Class

By Dierdre Thomson

WE ARE BACK to our regular schedule for the Physical/Spiritual Exercise Class (P/S/E), and hope to see it grow. Even though summer is not really that far away, and people will be on vacations or out exercising, we need to remember that structured exercise, both physical and spiritual, are important. We hope to continue to see our regulars, as well as new folks stopping by to see what P/S/E is all about. Kahlil Carmichael and Dierdre Thomson lead the group. Come join us and have a lot of fun while improving your body and mind on Fridays at 11 a.m. in the Gallery. Best of all, the only charge is a smile. All are welcome.

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Community Church

June 2017 Calendar

- June 2 Physical and Spiritual Exercise at 11 a.m.
- June 4 Communion Sunday Service at 11 a.m.
- June 6 50th Anniversary Committee Meeting at 10
- June 7 Staff Meeting at Scholarship Luncheon at noon
- June 9 Physical and Spiritual Exercise at 11 a.m.
- June 11 Sunday Church Service at 11 a.m.
 Guest Preacher Rev. Robin Hoffman Soloist Don Sheasley
- June 14 Worship Committee Meeting at 9:30
 Followed by staff meeting
- June 16 Physical and Spiritual Exercise at 11 a.m.
- June 18 Sunday Church Service at 11 a.m. Music provided by Rossmoor Chorus
- Fellowship Hour at noon
- June 19 Council Meeting at 9 a.m.
- June 21 Church Operations Meeting at 9 a.m.
- June 23 Physical and Spiritual Exercise at 11 a.m.
- June 25 Sunday Church Service at 11 a.m.
 Music provided by Chin Yun Chorus, Living Well at Rossmoor Service at 1 p.m.
- June 26 Prayer Chain Committee Meeting at 10 a.m.
- June 27 Library Committee Meeting at 11 a.m.
- June 28 Staff Meeting at 9 a.m.
- June 30 Physical and Spiritual Exercise at 11 a.m.







Cor	Community Church			
Date	Guest Performer	Musical Selections		
6/11	Don Sheasley	To be announced		
6/18	Rossmoor Community Chorus	"Joy in the Morning" by Nathalie Sleeth "The Kingdom" by Andre J. Thomas "Go Now in Peace" by Non Besig and Nancy Price		
6/25	Chin Yun Chorus Rei Liao Van Dusen, accompanist	"Exultate Justi" by Dave and Jean Perry "Pie Jesu" by Victor C. Johnson "Let it Shine" Medley ("Jesus Bids Us Shine" and "This Little Light of Mine") arranged by Sharon Wilson (Keyboard Duet)		

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By Linda Bozowski

Habitat for Humanity is a 41-year-old organization best known for its assistance in helping folks purchase homes. A combination of borrowing and sweat equity are two of the factors on the pathway to home ownership for many people, following interviews and financial evaluations. What may not be know is that Habitat for Humanity also helps those persons, and others, with the furnishings and infrastructure items that go into those homes through its ReStore Program.

The source of many of the household items that go into those homes, and others, is donations from other homeowners. A more complete piece about the work of Habitat will be published in the July edition of the News. The purpose of this article is to alert you, our neighbors, that there may be a second home needing that dresser or set of dishes or boxes of tile currently in your home. Good condition, gently-used, or even unused new goods are collected from volunteers like you and me and taken to the Habitat ReStore, where the items are sold for modest amounts to others who need

The nearest Habitat Re-Store is in Freehold, and that division is only able to make pickups in Monroe Township once per month. The next date will be Saturday, June 17. To arrange for pickup of goods you may have, please call the office - 732-577-8160. If the office is closed when you call, please leave a message. Someone will get back to you within a day.

Items that are accepted include sofas, loveseats,

chairs, coffee and end tables, curio and kitchen cabinets, major appliances, artwork, kitchen and dining sets (complete sets of table and chairs), bathroom vanities, bound area rugs, power tools, full cans of paint, lamps and ceiling fixtures, and outdoor furniture (in season).

Not accepted are sleeper sofas, mattresses, computer equipment, single dressers, baby furniture, broken or stained items or those in need of repair, wall ovens, faucets, or clothing. A complete listing of accepted and declined items is available on the Habitat ReStore website.

Smaller items can also be donated to other charities, such as Goodwill, RISE (in Hightstown), and the Salvation Army. Pickup is not generally available from those charities.

Mass on June 13

By Gene Horan

A Healing and Anointing Mass sponsored by the Catholic Society will be celebrated at 1:30 p.m. on Tuesday, June 13, in the Meeting House. Rev. Edward R. Flanagan, pastor of Nativity of Our Lord Parish in Monroe Township, will be the celebrant. At the Mass, Father Flanagan will administer the Sacrament of the Anointing of the Sick.

Please note the time and day. It is scheduled for Tuesday at 1:30 p.m., not the usual Thursday evening, so that those who cannot attend in the evening may come. Persons in wheelchairs are welcome and it is suggested that "neighbors help neighbors" to ensure that those who wish to participate can do so.

Father Flanagan will also be available for the Sacrament of Reconciliation (confession) for one half hour before the Mass. Thus there

are three sacraments available at this holy gathering: the Eucharist, Anointing of the Sick (for those who are sick and/or elderly) and Reconciliation.

The annual tradition of crowning of the Blessed Mother, remembered happily by so many Catholics from their parochial school days, will also take place.

Refreshments and fellowship will follow the Mass.

The following activities will also take place in June:

The Chaplet of Divine Mercy will be prayed at 3 p.m. on Tuesday, June 20, in the Maple Room of the Clubhouse.

The Prayer Shawl Ministry will meet at 1:30 p.m. on Thursdays, June 1, 15, and 29, in the Craft Room of the Clubhouse.

The Catholic Society Council meeting is set for 1:30 p.m. on Thursday, June 8, in the Meeting House Parlor. All are welcome.

"Remember": An exciting tale of sweet revenge

By Hadassah Aylat

This exciting film tells the story of how 90-year-old Zev Guttman (played by Academy Award Winner Christopher Plummer) and his close friend Max (Academy Award winner Martin Landau) plan to avenge the slaughter of their families at Auschwitz by

a particular prison guard who has escaped detection and fled to the U.S.

Max is wheel-chaired bound but in full command of his mental capacities, while Zev struggles with memory loss. This thriller will have you holding on to your chairs, following the antics of

these two great actors. You'll miss seeing this if you don't come to our Rossmoor Sisterhood meeting on Monday, June 19, at 1:30 p.m. in the Gallery

We'll also have our great desserts, but please remember to bring non-perishable food for the Food Pantry.

Sisterhood Game Day



Game Day players

Create some good by donating school supplies

By Diane England

At the time she wrote the article I came to read, Kelly Phillips Erb was an attorney and senior editor for Forbes Media, LLC. I sensed this mother of three and her children were well off. But for this Pennsylvania woman, things weren't always so good. In fact, in this same article, Kelly tells the story of having to borrow socks to have the color she needed for a school performance. The problem was, not only were there holes in them, but the school's principal noticed this. Needless to say, Kelly found this experience humili-

She goes on to suggest people like us can save some poor children this type of humiliation by donating school supplies. This will allow them to appear that first day of school with new backpacks and notebooks, for example, as opposed to being forced to make do with recycled items instead. After all, this might set them up for

ridicule. However, in addition your donations could easily ensure some children have the tools necessary to learn and complete assigned work, when they might have lacked these seemingly basic tools otherwise.

You'll have the opportunity to donate school supplies to needy children in Trenton without having to do anything more than purchase some of the recommended items listed below, and then deliver them to the craft room in our Clubhouse in July. (The specific collection dates and times will be listed in the July issue of the Rossmoor News and on channel 26 that month.) From there, they'll be delivered to the Trenton Soup Kitchen. That organization will then make certain they're placed into the hands of needy Trenton school chil-

You'll have this opportunity to create some good by donating school supplies because E&R is partnering with the Benevolence Committee of the Rossmoor Community Church to make this drive possible. For probably five years now, this church committee has been collecting these supplies and will be doing so again this year on Sunday, July 30 before the 11 a.m. service. But we decided we should give everyone at Rossmoor the chance to easily do some good or, more specifically, to not only help some underprivileged children to have the supplies they need, but to help them feel better about themselves because these items will be brand new. So please, do watch for sales of school supplies in the weeks ahead. and then purchase items such as the following:

· Backpacks: for boys and



Serious fun in the Hawthorn Room

They've voted the past year with their volunteerism

By Diane England

You might want to ponder the following quote from an unknown author. It says: "Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community in which you wish to live."

I've had the privilege this past year to work with a group of women who want to live in a community where, in part, there are organizations providing opportunity for connection and fellowship with other residents; access to interesting programs whereby we continue to have our curiosity fed, learn things we didn't know before, and perhaps discover new avocations we might wish to pursue. And because often the speakers at Women's Guild meetings are fellow residents, there's a venue for people to come to know their neighbors in a new light, or to realize that perhaps we're sometimes too quick to think we already know what there is to know about another and therefore, we unfairly paint him or her into a box of our own making. In observing and listening to these others, we might be reminded that we also have talents or an interesting story to share that might amuse, educate, or inspire others.

As the members of the Women's Guild Board prepare for the scholarship luncheon on June 8 (tickets are no longer available, but consider attending next year if you failed to buy a ticket this year) at which we'll be presenting seven scholarships of \$1000 each to some college-bound students from

School supplies

(Continued from page 22) girls

- Paper: lined paper, copy paper, construction paper, spiral notebooks, composition books, index cards
- Pencils and pens: blue or black pens, #2 pencils, colored pencils, erasers, pencil sharpeners, pencil cases, colored markers, crayons, highlighters, dryerase markers
- General supplies: 3-ring
 2" binders, pocket folders, report covers, paper clips, white dry erase boards
- Classroom staples: staplers, staples, rulers, protractors, glue sticks, scissors, tape, calculators
- Things one can never have too much of: tissues, sanitizing wipes, hand sanitizer

If you'd like to help us with this collection for a few hours on one of the days, you can do this in July in the Craft room, and if you're not already a member of the Church, please contact Edith Benning at 609-860-0539. She's looking forward to meeting residents who want to create some good by taking on this task.

our local high school, we're bringing one year to a close and beginning the next. So this seems to be an opportune time to thank the women who have given of their time and talents to try to sustain the type of community I just alluded to previously. Our members could not have enjoyed the enlightening monthly meetings with their opportunities to enjoy fellowship and tasty refreshments without the efforts of the following women. Of course, I want to thank all of you who stepped up and donated these refreshments during the course of the year, too. And then there were those of you who helped out at meetings. We so appreciate you, too. But currently, let me extend a big thank-you to the following people:

- The late Lana Ottinger, vice-president and program director
- Marie Bills, treasurer
- Dale Ralston, secretary
- Paulette Mascia, bazaar chairperson
- Dolores Wardrop and Helen Drews, membership co-chairs
- Josie Cuddy and Pat Martin, hospitality co-chairs
 Pauline Whitehill,
- devotions

Linda Klink, scholarships

If you've enjoyed this year's programs and are looking forward to September 18 when we'll kick off another year with a fashion show in the ballroom at 1:30 p.m., you might want to thank these women yourself. Thank them for voting every day through their volunteerism to ensure we continue to have the type of community in which I suspect we're all quite happy to live. Remember, the quality of our community is not an accident; it is the result of people making conscious choices to step forward and do the things it takes to create and sustain it. Therefore, if you love Rossmoor, but you're not volunteering in some capacity to sustain this community you so enjoy, please consider doing so in the near future. Helping us with Women's Guild programs or becoming active with the Community Church can be good places to start.

Thanks to all of the wonderful people who have been there for the Women's Guild this year. For this, I would like to share this quote from William Shakespeare: "I can no other answer make, but, thanks, and thanks."

Recent plantings on the commons









Dr. Andrew Schmierer, DPM, FACFAS and Dr. Craig Shapero, DPM, FAPWCA 18 Centre Drive - Suite 203 Monroe Township, NJ - 609-860-9111





Dr. S

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Rossmoor Resident Telephone Directory

CHANGES & DELETIONS ONLY

Please mail or bring this form to the Rossmoor Community Association, Inc., Village Center

128 Sussex Way, Monroe Twp., NJ 08831 with any changes or deletions to your name, address or telephone listing.

Information as it now appears:

NAME:	
ADDRESS:	
PHONE:	

Changes for the 2017-18 edition:

All Changes must be received by July 14, 2017

If your name, address and/or telephone/cell number is in the 2016-17 edition correctly, it is not necessary for you to complete this form.

HEALTH CARE CENTER NEWS

Summertime fun in the sun

By Kaytie Olshefski BS, RN-BC
We are finally enjoying the outdoors and the sunshine with cookouts, sitting in the yard, playing sports in the sunshine and taking advantage of the pool with this gorgeous weather we have been having. Getting outside with the sunshine makes everyone feel good, but we need to heed some advice and use sun sense as we enjoy the warmth of the sun.

Tanning is how our skin reacts to potentially damaging UV radiation. The "tan" is caused by production of more pigmentation to protect the skin from the sun exposure. Repeated exposure increases ones' risk for premature aging, wrinkles, age spots, and skin cancer. Sunburns, besides being painful, are also dangerous. Sunburns tend to be first degree

burns and people who blister from sunburn develop a second degree burn.

We all know that the sun's strongest rays are between 10 a.m. and 4 p.m. when the sun is directly overhead. Here is an easy way to tell how much sun exposure you are getting when outside: just look at your shadow. If your shadow is shorter than you, which is around midday, you are being exposed to higher levels of UV radiation and should stay in the shade and protect your eves and skin. If your shadow is taller than you, which occurs in the early mornings and late afternoons, your UV exposure is lower and it is safe to be outside. The U.S. Centers for Disease Control and Preventions has determined that as little as 15 minutes of being in the sun can

damage your skin.

Knowing the time of day when the sun's rays are at their peak will make you sun savvy, but beware. The sun's rays are reflected back on you when in the water as in the pool, at the beach and on the sand, and at higher elevations. Did you know that 80% of sun's rays come through on cloudy days, which still make you vulnerable to sunburn?

When planning to be out-

side you need to protect yourself from the harmful rays of the sun. Do you know the difference between a sunscreen and a sun block? Sunscreen has chemicals that absorb, reflect, and scatter UV rays, which reduces the amount of UV rays before they penetrate your skin. The lotions are easy to apply and it disappears when rubbed on your skin. Sun block is a physical barrier that blocks the sun. Sun block utilizes titanium oxide or zinc oxide as their protective ingredients. Sun blocks have a thicker opaque consistency, which makes it difficult to spread over your body. You will see people with sun block on especially at the beach with a white thicker lotion across the bridge of their nose. Which one should you use? It is a matter of personal preference of what you like. If you are using a sunscreen/sun block, use one that offers a broad-spectrum protection that protects against both UV -A and UV-B rays, with sun protection factor (SPF) of at least 30 to protect your skin. When looking for sunscreen/ sun blocks, read the ingredients and do not buy ones that have vitamin A or derivatives of vitamin A retinol and retinyl palmitate. FDA warns that these products with vitamin A and its derivatives can increase your risk of skin cancer when you are exposed to sunlight. Whichever one you use, apply it well onto your skin and wait at least 20 minutes before heading out in the sun. As you apply it to your arms and face don't forget your feet and between your toes and protect your lips with lip balm of SPF 30. If you are going swimming or if perspiring a lot, reapply it every 2 hours.

Besides protecting your skin from the sun, you need to protect your eyes by wearing sunglasses that block UV light. Wearing sunglasses that wrap around are the best to block out the harmful rays. Longterm exposure to UV rays can lead to cataracts.

The danger of the sun, as we all know, can cause skin cancer. All you need is just one blistering sunburn to double your chance of developing malignant melanoma, the most dangerous skin cancer. The most common skin cancer is basal cell carcinoma. Squamous cell carcinoma develops deeper in the middle layer of the epidermis. Melanoma develops in the melanocytes where the cells produce pigment and is the worst type of skin cancer. Drink plenty of water to prevent dehydration, even if you are not thirsty. Wear a wide brimmed hat to protect your face and eyes from the sun's harmful rays. There is clothing with ultraviolet protection factor (UPF) where fabrics shield the skin from the ultraviolet rays. The higher the number the better protection the fabric offers.

Enjoy the summer but be sun smart when outside in the summer sunshine.

I would like to thank everyone for coming out to the Health Fair. It was wonderful to see you and I hope you found it to be very informative and you took advantage of the screenings being offered. I would like to especially thank all the volunteers who helped us at the Health Fair. Thank you!

In our lecture series from Saint Peter's University Hospital, Daniel Rothstein, MD, Interventional Pain Medicine Specialist who is double Board Certified in Anesthesiology and Pain Medicine, will be speaking on "Understanding and Managing Chronic Pain" on Monday, June 12 at 1 p.m. in the Maple Room. If you are interested in attending the lecture, please call the Health Care Center at 655-2220 or stop by to sign up.





By Dave Salter

Walk lights

When you see a walk light that is out, it would be helpful if you would place a bag over it and then call Maintenance (655-2121) to report it. The bag lets other residents know it has been reported and marks the broken light. In many Mutuals, a Director or resident volunteer will change walk light bulbs themselves. Please give them time to get to it. If it's more than just a simple bulb replacement, the director will contact us to make the necessary repair.

Alteration requests

If you're having any changes or improvements made to your manor (including installing a lawn sprinkler system), the first step is to get an Alteration Request form at Maintenance. The staff will be glad to help you fill it out. If you've been talking to a

contractor, he should be able to supply a sketch or picture to go with it to help explain what you want to do. The Alteration Request is then reviewed. This normally takes about 10 days, so please allow yourself plenty of time.

Office hours

Our office hours are 8:30 a.m. to 5:00 p.m. We are closed between noon and 1 p.m. If we are on another line or unable to get to the phone, we do have an answering machine, so please leave a message and we will get back to you as soon as we can. If you have a maintenance emergency and get the answering machine, please call the North gate at 655-7586.

Homeowners Insurance

It is extremely important that you have homeowner's insurance coverage in case you experience damage in your home. Even if it came from your neighbor's home, it still falls under your policy. If you do not have coverage, the damage would be an out-of-pocket expense and could be very costly. Make sure to have an H06 insurance policy and a rider for sewer backups. Please check that your current policy has enough limits to cover the items in your home, such as personal belongings, flooring, and any upgrades. You might want to increase the limits on your policy.



The American Heart Association

Recommendations for Physical

Activity in Adults





By Mel Moss

Fuchsias are a great plant to consider growing for summer color, with over 100 species available. Most varieties originally came from central or southern South America. The hanging type are the most popular but upright varieties have recently become quite popular. Their flowers tend to be somewhat smaller than the hanging type but look great in shaded garden beds.

Fuchsia flowers are exotic looking, like little hanging lanterns about an inch to an inch and a half across in size. The flower clusters grow along the tips of the branches and often have two different colors in magenta, red, pink, or white shades. The hanging types are used mainly in hanging baskets or planters. Once a flower has finished blooming, a small fruit forms which is edible and said to have a grape-like flavor.

Fuchsias do not like hot summer conditions, thriving best in shady areas. Some growers suggest keeping the plants in total shade. It is probably best to keep them in an area where they will get some direct early morning sunlight.

Normally, fuchsias will continually bloom non-stop all summer and into fall until temperatures get too cold. But one common problem is a plant that is loaded with blooms when you bring it home from the garden center, which then starts putting out fewer and fewer blooms. Fuchsia plants bloom only on the ends of new growth, so this is an indication that the plant is not putting out much new growth. To encourage more new growth, cut back the branches about a quarter of their length and give the plant some fertilizer. This should produce more new growth and increased flower production in a couple of weeks

Fuchsias should be fertilized all summer, as often as recommended by the type of fertilizer you are using. Fuchsias also need a lot of moisture, but they do not like soggy conditions. So make sure the container has at least one drainage hole. Poor drainage will cause root rot.

Insect pests such as aphids, spider mites, white flies, and the like can at times be a problem. They can be controlled with a regular application of an insecticidal soap. Be sure not to apply it on a hot day or when the sun is directly on the leaves, because scorching can occur.

Horticultural soaps can be applied indoors or outdoors on plants, including vegetable plants. They do not leave any nasty residues, are nontoxic to animals, birds, or beneficial insects. To be most effective, these soaps must be applied with thorough coverage, and can be reapplied weekly until any

insect problem is gone.

Most varieties of hanging fuchsia will trail up to two feet in the course of a summer. Many good varieties are available. Two that I used to grow were:

- Dark Eyes the flower has a purple center and red outer petals; and
- Swingtime the flower has a white center and red outer petals.

Some good upright varieties are:

- Baby Blue Eyes the flower has a violet center and vivid red outer petals, 18 inches in height;
- Cardinal Farges the flower has a white center and bright red outer petals, 24 inches in height; and
- Beacon the flower has a purple center with deep pink outer petals, 24 inches in height.

This is only a sampling. A lot more good varieties are available.



From the Mayor

By Gerald W. Tamburro, Mayor of Monroe Township

Introductions are in order for Councilwoman Miriam Cohen

It is my pleasure to introduce our newest Township Council member, Miriam Cohen, who was appointed to an open at-large seat in March 2017.

I personally know Mrs. Cohen as a respected nurse and as a devoted wife to husband Jerry, mother and grandmother of five.

Being a respected professional in the healthcare field, Cohen's insights will be highly beneficial in improving services for our residents – from the senior centers' operation and our social services program to disaster management planning.

She earned a bachelor's degree in nursing from Adelphi University and went on to complete a master's degree

in community health nursing from Rutgers University.

Cohen retired in 2006, but is still a registered nurse and an adjunct professor at The College of New Jersey.

As the current president of the Whittingham Homeowner's Association and with her active role in the larger community, Cohen is a familiar face to some.

But for those of you who have not crossed paths with our Councilwoman, an individual I have come to value for both her balanced nature and intelligence, I hope you take the time to congratulate her as our newly appointed official.

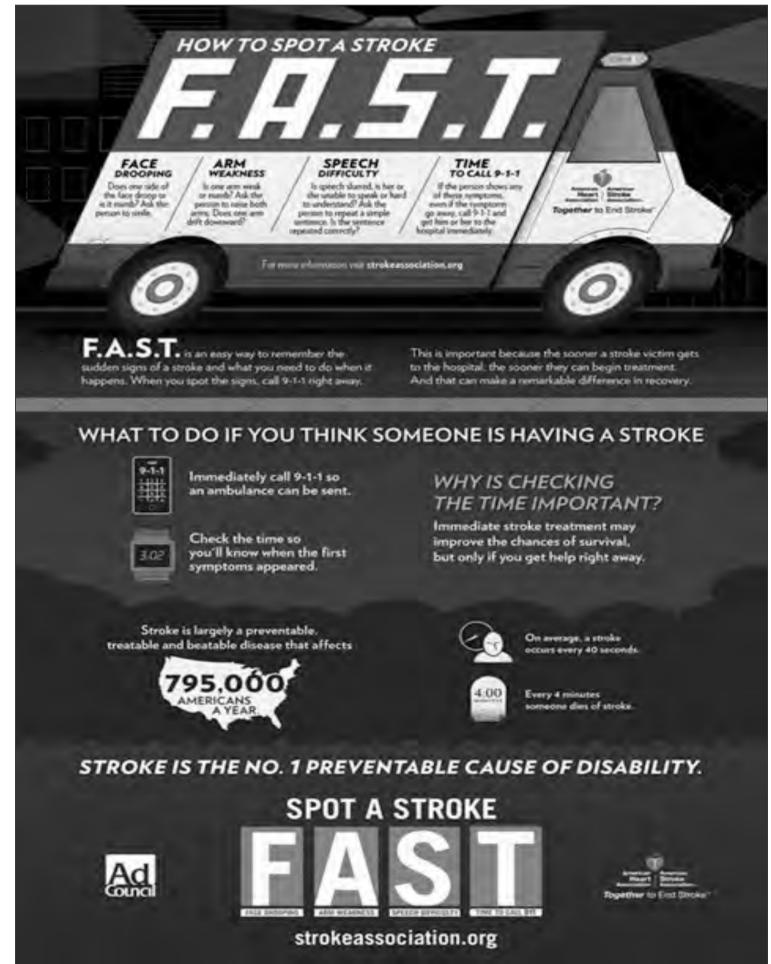
She is known for her role as the former head of the East Brunswick's League of Women Voters, a single chapter of this bipartisan group.

She has a broad and remarkable list of titles, including senior consultant for MIIX Healthcare Group, director of referrals at the Essex Valley Visiting Nurses Association, public health nursing supervisor at the Middlesex County Public Health Department and most recently, director of disaster planning for the New Jersey Primary Care Association.

Cohen also served on Monroe's Affordable Housing Board for the past five years.

It is very likely you will have a chance at one of the Township's many upcoming events to meet Cohen, who has long been a staple at our community functions. If you have the opportunity to strike up a conversation, I am certain you will quickly discover a sharp and engaging personality, as well as a civic-minded resident, much as I have.

We count ourselves fortunate to have her on board here in Monroe.



A message from High Tech Landscapes, Inc.

By Jeff Voss

We have completed spring clean-up and edging of beds throughout the community. Blowing out the beds of debris and leaves has also been concluded. Cleaning of the 267 carports and all common parking lots took place last month. All common facilities have been mulched, and summer flowers were planted in late May. So far, we have still been able to mow the entire community weekly even with the bad weather recently.

Please call the East Gate phone and leave a message

with any questions or concerns at (609) 655-5134.

The 2nd round of fertilization was completed in late May. This application is a broadleaf weed control with crabgrass preventer using herbicide with a high potassium formula that will provide outstanding broadleaf weed control in warmer weather.

Pruning of the smaller shrubs will begin this month throughout the community.

Just a reminder: the newly installed soil and seeds need to be watered at least twice a day, 45 minutes in the morning and afternoon.

Let's get to know Jeff Voss from High Tech

By Dave Salter

Dave: What is your favorite spring time flower?

Jeff: Impatiens

What has been your best accomplishment to date in Rossmoor?

First, with the snow season under my belt, looking to grow every year and improve on being efficient every time.

Tell me more about some of the projects you currently have going on in Rossmoor.

We are currently redesigning the landscape architecture at the Clubhouse, North Gate, East Gate, and Village Center with removals of stone, shrubs, and existing walls. We are planting a variety of flowers, shrubs, and trees.

I see that in June you are pruning; anything the residents need to know?

Please make sure to look at your three-foot bed area.

Mark with yellow stakes/ ribbons any area that you do not want pruned. Remove any stakes or ribbons in areas that you do want pruned. Tell me something about High Tech that the residents might not know.

High Tech is ranked 70th in the nation in Landscape Management Magazine's Top-150.

I know you are married to Allison, but tell me more about your family.

I have a step daughter named Emma who is eight, a son named J.J. who is 6 months old and another boy on the way, due in September.

Congratulations! Do you have a name picked out yet for the new baby?

Yes, "Jack."

Jeff, keep up the good work and it's been a pleasure having you here in Rossmoor.

Monroe's Energy Aggregation Program Heads for Third Cycle

A third round of Monroe's energy aggregation program is ready to begin.

Since 2013, the program has reduced participating residents' energy bills by locking in lower electric rates through the power of bulk purchasing.

At the May 1 Township Council meeting, the Township took the first step by reauthorizing the program, as required by State law.

"Monroe was one of the first municipalities in the State to establish an energy aggregation program," said Mayor Gerald W. Tamburro. "In its first four years of operation, Monroe residents have saved approximately \$9 million."

Currently, the Township has a contract with TriEagle Energy, a company that provides electricity at a fixed price of \$.08992 kilowatt hours. That rate represents a 12-percent savings when compared to the tariff price of the local competitor, JCP&L. Their contract expires December 1, 2017.

"During my time on the Council, residents have saved hundreds of dollars through this program," said Councilman Michael Leibowitz. "In a world where costs seem to exponentially rise, it's a rare case when you can tell a constituent that their expenses are decreasing."

In fact, Monroe's average residential customer saved approximately \$600 since the program's inception.

"Nearly half of Monroe's population is seniors, many of whom are living on fixed incomes," said Councilwoman Elizabeth Schneider. "The savings are even greater for individuals living in all-electric houses, a setup that's incredibly common in some of our active adult communities – Clearbrook, Concordia and Rossmoor."

The Township will seek bids from qualified firms this summer and share more information with residents in early fall

For more information on this cost-saving program, contact Harold Klein at 732-521-4400 or email hklein@monroetwp.com.

ROSSMOOR COMMUNITY ASSOCIATION 2017 POOL SEASON RULES, REGULATIONS, and POOL HOURS

The Rossmoor Community Pool will open <u>Friday</u>, <u>May 26</u>, and close on Labor Day, Monday, September 4

The Pool will be open daily between the hours of 9:30 a.m. – 8:30 p.m.

- 1. Access to the pool and any of the facilities in the fenced area around the pool are permitted only when a lifeguard is in attendance.
- 2. Upon entering the pool area, all residents must register and present Rossmoor identification.
- 3. Residents are required to register their personally invited guests. Guests are required to abide by all established rules and regulations.
- 4. As per New Jersey State Bathing Code: persons showing evidence of communicable infection, sore or inflamed eyes, cold, nasal or ear discharges, or excessive sunburn will not be permitted in the pool area. Persons with open sores, blisters, cuts, and/or bandages will not be permitted in the pool.
- 5. Persons recovering from diarrhea or symptoms of gastrointestinal disease are encouraged to wait seven days before using the pool.
- 6. Showers are required prior to entering the pool.
- Non-slip footwear is recommended on the pool deck and locker room area.
- 8. No animals, except for service animals, shall be allowed within the pool area.
- Food and snacks are not permitted in the pool area. The Clubhouse and Pro Shop Terraces have tables and chairs for residents to use for dining.
- 10. Radios or other music media are not permitted in the pool area, except those equipped to play through earphones
- 11. Beach towels should be used to cover and protect pool chairs and lounges when sun tan oil/lotions are being used.
- 12. There is a 30-minute time limit when using swimming lanes and the lanes are to be shared.
- 13. Only water in non-breakable containers is permitted in the pool
- 14. Pool furniture is available on first-come, first-come basis. Personal furniture is not permitted in the pool area.
- 15. Pool toys—inflatable, plastic, foam, or any other material—and swimming devices such as, but not limited to, swimmees, inner tubes, fins, etc., are NOT permitted in the pool, except for Aqua Aerobic classes. Only U.S. Coast Guardapproved life jackets may be used in the pool as flotation devices, and paddles may only be used for lap swimming. Rossmoor residents may use "Noodles" in the shallow end of the swimming pool (as exercise/ therapy tools but NOT as flotation devices, except during special events.
- 16. Card and board games are permitted at the pool after 4 p.m.
- 17. Management reserves the right to close the pool at any time.
- 18. Lifeguards are obligated to close the pool in the event of potentially dangerous weather.
- 19. Lifeguards and Pool Staff are required to enforce all Rules and Regulations.
- 20. Persons suspected of being under the influence of drugs and/or alcohol shall be prohibited from entering the pool area.
- 21. Smoking is NOT permitted in the pool area.
- 22. No sitting on the pool entrance steps or ladders.
- 23. Neither diving, running, continual jumping nor "horseplay" is permitted

23. Violators of the Rules may lose their pool privileges.

GUESTS OF THE ROSSMOOR POOL

- 1. All residents must register their guests at the pool. Residents do not have to remain with guests over the age of 21. Only residents may purchase pool passes in the E & R office. Residents assume full responsibility for their guests. Pool passes will be required for all guests during all hours of operation.
- 2. There is a maximum of four guests, including children, per Manor per day, except for Memorial Day Weekend, July 4th and Labor Day Weekend when there is a limit of two guests, including children, per Manor. The fee for a pool pass is \$5 per guest over the

- age of 16 and \$2 per child between the ages of four and 16.
- 3. Children between the ages of four and 16 will be permitted to use the pool and surrounding facilities between the hours of 11 a.m.—2 p.m. daily and must be accompanied by a resident at all times. Children between the ages of four and 16 must exit the pool at 2 p.m. and exit the pool area no later than 2:30 p.m. Children under the age of four are NOT permitted in the pool or any of the facilities in the fenced area around the pool.
- 4. Children between the ages of four and 16 should be encouraged to use the restrooms before entering the water and any "accidents" in the water should be immediately reported to the lifeguard.
- 5. Children under 17 years of age are NOT permitted in the hot tub.

LANE SWIMMING SCHEDULE

Lane swimming is available on a daily basis, Monday through Sunday, as follows:

Four Lanes:Monday – Sunday 9:30 am – 11:00 am Two Lanes:Monday – Sunday 4:00 pm – 5:00 pm Three Lanes:Monday – Sunday 5:00 pm – 8:30 pm

Note: Lanes will be removed 15 minutes prior to the start of the Aqua Aerobics classes.

Please note: Rules and Regulations are subject to change from time to time due to E & R Special Events

Revised by Board of Governors November 19, 2015

Monroe Expands Municipal Recycling Program

Monroe Township is expanding its recycling program, adding paint and cooking oil to its list of collectibles.

As of Jan. 1, the Township made a municipal paint dropoff site available to residents every third Saturday of the month at its municipal Recycling Center, 76 Gravel Hill-Spotswood Road, between 8 and 11:30 a.m.

Officials also launched a cooking-oil recycling pilot program April 1, issuing containers to interested residents, who collect and then drop it off during the Center's weekday collection hours of 7 a.m. to 3 p.m.

"We're encouraging our residents to save their cooking oil as opposed to pouring it down their drains," said Monroe Mayor Gerald W. Tamburro. "It's better for your home and better for the environment. These days, they are repurposing much of that material, using it in biofuel production and other programs."

Recycling coordinators point out that this new Middlesex County-run program includes a few stipulations.

"Residents can bring any type of cooking oil that does not solidify," explained Monroe Department of Public Works Director Wayne Horbatt. "They are welcome to dispose of everything from peanut oil to olive oil to vegetable oil and corn oil. The program does exclude, however, cooking products like shortening, coconut oil and lard."

Monroe also remains one of the few but growing number of municipalities in the County to offer a steady electronics recycling program, by which items like televisions and computer monitors may be delivered to the municipal Recycling Center during regular hours.

"Finding locations to recycle these types of electronic items



Monroe has recently added paint products and cooking oil to its list of recycling collectibles.

has become a challenge for people across our State," said Monroe Councilwoman Elizabeth Schneider. "It's a struggle because the demand and the market for electronics continues to grow, as does the need to dispose of older and outdated models. We decided some years ago that this was not an amenity but a necessity for our residents and our recycling program."

In addition to recycling specialty items, Monroe also offers residents regular curbside recycling pick-up and an extensive yard waste recycling program through the Middlesex County Improvement Authority. In order to seasonally dispose of leaves, brush, grass and other yard waste debris, Monroe residents must acquire designated biodegradable brown paper bags, which are available at no cost at Monroe's Recycling Center.

Residents are also entitled to one annual bulk-item recycling pick-up for many household items, including appliances, furniture, refrigerators, freezers and more.

"This is a very popular program in Monroe," said Mon-

(Continued on page 27)

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TECH BUDDY - Simple stepby-step help with smartphones, computers, tablets and more. Large print solutions for low tech problems. ? Real Beginner to Advanced. Patience and enthusiasm included. Wireless printers, Netflix, Roku – setup and training. Free quote. (732) 589-4974. techbuddybarb@aol.com

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Real Estate For Sale or Rent

MARRIOTT ARUBA SURF CLUB for sale at \$4,500 or rent at \$2,000 per week. May-December. Two bedroom, two bath. Please call Howard (732) 979-3085.

For Sale

HELLO KITTY 16" GIRL'S BIKE with bell. Good condition for \$25. (609) 662-4991.

TWO SIDE-BY-SIDE burial plots in serene, scenic, parklike Jewish cemetery at Cedar Park Cemetery, Paramus, NJ. Easily accessible to central and north Jersey and New York. Asking \$1400 each. Call (732) 688-0005.

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AN EXPERIENCED, CONFI-**DENT** and caring nurse is seeking a full time or part time caregiving job. If interested, please call at (609) 643-2945.

RETIRED RN – Available for elder care. Call Nancy (732) 306-9945.

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\$14 for 10 words, 50 cents each additional word.

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Senior Center Highlights

12 Halsey Reed Road, Monroe Township, NJ 08831 609-448-7140

Around the 15th of the previous month Senior Center members can sign-up for activities via phone or inperson for all programs. Visit www.monroetwp.com, and look for the "Office of Senior Services" link under "Departments" to access the calendar/newsletter.

For more information, call the Office/Senior Center at: 609-448-7140.

Here's To Your Health Register in Advance

Drivers Safety Program: On Monday, June 5 at 8:45 a.m., attend the AARPsponsored driving safety program to enhance your driving skills and receive a discount on insurance. For more information, please contact Rosanna at 609-448-7140.

Free Screenings: On Monday, June 12, by appointment, St. Peter's Community Mobile Health Services provides free screenings for blood pressure, blood sugar, and sun damage. Fasting is not required.

Aromatherapy & Essential Oils: On Tuesday, June 20 at 1:30 p.m. have fun while learning about the "scent-sational" holistic art of aromatherapy. Learn how aromatic essences of plants can balance one's body, mind, and spirit while you create your own homemade aromatherapy products. Fee: \$5 p.p., due upon registering in-person, in advance.

Drumming: On Wednesday, June 21 at 1:30 p.m. discover how a percussion circle reduces stress and boosts the immune system. Join Michele Granberg to create simple rhythms using hand-held drums and various

Volunteer Fire Department Fund Raiser

The Ladies Auxiliary of Applegarth is sponsoring a fund raiser for the Men's Volunteer Fire Department on Sunday, June 11 at the Firehouse (old firehouse). 130 Applegarth Rd., Monroe Twp.

A Father's Day Magic Show will feature Stretch the Silly Man Magic Show. Doors open at 2:30 p.m. The performance begins at 3 p.m. sharp, followed by an ice cream social.

Dads and grandads, \$10: children \$7.

Call Ame to reserve your spot: (908) 421- 2313

percussion instruments to connect with others through sound, song, and chants in a relaxed setting.

Multiple Health Issues: On Thursday, June 22, 2:30 p.m. join Dr. Bennet S. Shenker, Asst. Professor, Rutgers-RWJ Medical School, as he discusses common chronic health conditions and strategies for self -management to improve one's quality of life.

Back Pain & Neuropathy: On Tuesday, June 27 at 1:30 p.m. Anthony Alfieri, of AllCure Spine and Sports Medicine, debunks the myths of lower back pain and neuropathy. His talk focuses on the possible causes of this condition and how it can be confused with other health issues.

Laughs, Lyrics, & Lectures Register in Advance

Elefant Presents: On Monday, June 5 at 1:30 p.m., Thomas Elefant provides an informative talk on The Conductor - his main functions and how he communicates with the orchestra. Sit back and enjoy the great Toscanini conduct. On Friday, June 9 at 1:30 p.m., Mr. Elefant returns to discuss Jascha Heifetz. Learn why the legendary violinist is considered the greatest that ever lived.

Recycling Program

(Continued from page 26)

roe Councilman Michael Leibowitz. "If they're willing and able, residents can also deliver these items to our Recycling Center themselves. This might be a single program, but it's one of the many we try to provide here in the Township to improve the quality of life for our residents."

The East Brunswick Reclamation Center, 357 Dunhams Corner Road, also serves as Monroe's nearest tire recycling collection location, accepting delivery between Monday and Saturday from 8 a.m. to 4 p.m.

Monroe's Recycling Center is open to the public Monday through Friday between 7 a.m. and 3 p.m. and Saturday from 8 to 11:30 a.m.

Details regarding Monroe Township's Recycling Program can be found www.monroetwp.com or by calling 732-656-4575.

For further details, contact Monroe Public Information Officer Maria Prato at 732-521-4400 or

mprato@monroetwp.com



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