



Rossmoor IN News

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Monroe Township, New Jersey

July 2016

Kiwanians, thank you for your service!



Seated, from left, are Doug Martin, Alyce Owens, Lana Ottinger, and Sidna Mitchell. Standing, from left, are Ruth Mullen, Shirley Blankstein, Rose DeBenedictis, Marie Bills, and Betty Schneider.

Mutuals act to limit home purchases by investors

By Carol De Haan

Many of our 15 condominium Mutuals either have amended, or will soon amend, their Master Deeds to preclude purchases of Rossmoor homes by non-resident, outside investors. This kind of investing came about because of the nationwide economic downturn of several years ago, when home prices deteriorated precipitously.

Some of our homes lingered on the market and eventually sold for prices in the low five figures. While bargain prices might have been a great bonanza for people with a genuine desire to live here, they also lured real estate investors to purchase units, fill them with tenants of their own choosing, and collect rents for unlimited years to come.

Eventually it became obvious that the "values exhibited by many investor/owners were not consistent with the values of resident owners," to quote the proposed amendments. Further problems were the "reduced participation by investor/owners" in the affairs of each Mutual, and an absentee landlord's "lesser pride of ownership" when

compared with that of resident owners.

Beverly Masters, president of Mutual 6, noted that 30 of the 150 homes in her Mutual are tenant-occupied and indications are that the number of rented units might increase. "Some investor/owners take good care of their properties," says Masters. "But there's another issue to be considered."

"The problem" says Masters, "is that banks might refuse to grant mortgages to prospective home buyers if the banks perceive a high ratio of tenant to owner occupation." Such a situation will not bode well for the future of any community.

At a directors' workshop hosted some months ago by attorney J. David Ramsey, the question of high tenant occupancy came up. Ramsey submitted the draft of a Master Deed amendment to deal with the matter, which the directors discussed and to which they made occasional changes.

The first to adopt the proposed amendment was Mutual 11, whose president is John Vergano. Mutual 6, under President Beverly Masters, then adopted the

amendment by an overwhelming majority on May 11. Indications are that other Mutuals have adopted, or will shortly adopt this amendment to their Master Deeds. Any Mutual that fails to do so might be leaving itself open to increasing purchases by non-resident real estate investors.

In general, the amendments call for a unit purchaser to reside in the unit for 24 consecutive months before seeking to put in a third-party resident, i.e., a tenant. If a unit were to be purchased by a trust, only the beneficiary of that trust can occupy the unit.

A resident unit owner, whose circumstances require him or her to seek an exception to this amendment, can apply to the Board of Directors for that Mutual, with the understanding that their decision will be final and binding.

No amendment of this kind is needed in the co-operative Mutuals of 1, 2, and 3 because, according to Mutual 3 President Vincent Marino, the governing documents for the co-ops already limit rentals to a six-month period.

Rossmoor Kiwanis – yesterday, today and tomorrow

An open letter to our Rossmoor friends and supporters by Alyce Owens, president of the Kiwanis Club of Rossmoor

I thought it would be very interesting and enlightening to look back on just what the Kiwanis Club of Rossmoor has done over the past 42 years. With the help of John Hogan, our now-deceased club historian for many years, I've put together some eye-opening facts and figures.

In 1972, the Trenton Ki-

wanis Club began trying to organize a Kiwanis Club in Rossmoor. Finally successful in 1974, our club was chartered with 22 new members (all men of course) and weekly meetings with programs were held in restaurants all over the area – including right here at the Cranbury Inn – every Thursday evening. Women were welcome as guests on the fourth meeting of the month!

The new club's first fund-

(Continued on page 24)

Young and ready to face an ever-changing world

By Diane England

Worldwide economic growth has been inadequate to ensure pay increases for most workers for over 16 years now. Also, there's growing fear that new technologies will destroy even

more jobs. Still, when five Monroe Township High School seniors arrived at the Women's Guild of the Community Church of Rossmoor luncheon in early June, an event designed to honor these recent recipients of our scholarships, the three young women and two young men seemed eager to embrace the next phase of their lives. This September, they will head off to the University of Maryland, the University of Dela-

ware, Rutgers University, Temple University, and Columbia University.

Each student stepped up to the podium and expressed thanks for the scholarship

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The five recipients of the Women's Guild Scholarships

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Introducing your 2016 Mutual directors

By Carol De Haan

At the recent annual meetings of the 18 Mutuals, the following officers were elected. These are the people who work many hours, without pay and often without a word of thanks, for the benefit of their neighbors and their communities.

Mutual 1
Paulette Mascia, president
Albert deLorimier, vice president
Dale Ralston, secretary/
treasurer

Mutual 2
Dennis Hagerty, president
Moya Brady, vice president
Anthony Pagano, secretary/
treasurer

Mutual 3
Vincent Marino, Jr., president
Loren Kelley, vice president
Beverly Sabatino, secretary/
treasurer

Mutual 4
Michael Panzera, president
Betty Hornig, vice president
Christina Leary, secretary/
treasurer

Mutual 5
Daniel Jolly, president
Harry Murphy, vice president
Robert Wright, secretary/
treasurer

Mutual 6
Beverly Masters, president
Thomas Christiano, vice president
Paul Mueller, secretary/
treasurer

Mutual 7
Arnold Jasper, president
Beverly Fasciano, vice president
Patricia Ray, secretary/
treasurer

Mutual 4B
Louis Russo, president
Andrew Riggi, vice president
Douglas Martin, secretary/
treasurer

Mutual 8
Richard Franks, president
Robert Macchiarola, vice president
Patricia Howe, secretary/
treasurer

Mutual 4C
Joan Avery, president
Robert Landman, vice president/
treasurer
Gail McCarthy, secretary

Mutual 9
Fred Milman, president/
treasurer
Mary Kansog, vice president
Carol Turner, secretary

Mutual 10
Judith Sforza, president/
treasurer
Barbara Krysiak, vice president/
treasurer
Donald Marvel, secretary

Mutual 11
John Vergano, president
Cynthia Marnell, vice president
Dolores Grief, secretary/
treasurer

Mutual 12
Salvatore Gurriero, president
Muriel Calvanelli, vice president
Geraldine McFadden, secretary/
treasurer

Mutual 14
Robert Gleason, president
Helen Madden, vice president
Joan Lundy, secretary/
treasurer

Mutual 15
Gerald McQuade, president
Edward Harkins, vice president
Edward Visinski, secretary/
treasurer

Mutual 16
William Murphy, president/
treasurer
Sidney Lincoln, vice president
James Murphy, secretary

Mutual 17
Peter Kaznosky, president
Anthony Cardello, vice president
Anthony Saccone, secretary/
treasurer

Letters to the editor

A day in June
“What is so rare as a day in June? Then, if ever, come perfect days,” said the poet. On one such day in June, at evening twilight I ambled along Rossmoor Drive toward the East Gate, observing the fiery-red sunset behind the golf course as well as the many flower gardens in yards along the way.

At the corner of Old Nassau Road, I rested on a park bench to further drink in the scene. There I was struck by something else: the magnificence of the lush green trees all around me.

A hymn the Rossmoor Chorus had been learning that very week expressed better than I ever could the

emotions I felt on that perfect day in June:
“For the beauty of each hour,
Of the day and of the night,
Hill and vale and tree and flower,
Sun and moon and stars of light,
Lord of all to Thee we raise,
This our joyful hymn of praise.” Amen.

Gene Horan
An outrage
A portable toilet on the sidewalk in Mutual 12? Outrageous! Have the standards of this community declined so far that this is tolerated? Obviously, there is no regard for the concerns of the residents but much concern for the convenience of this contractor.

In my 16 years as a director of Mutual 12, I oversaw many construction projects within the Mutual, including the first roof replacement. Portable toilets were never an issue. The community provided and still does provide three facilities for contractor employees: North

(Continued on page 3)

Bits & Pieces

Sue Ortiz

July is National Ice Cream Month, and anyone who knows me, knows I like my ice cream.

Ice cream is a sweetened frozen food usually eaten as a snack or dessert. But, it can also be a tasty lunch! (Try pairing it with French fries...just sayin'.)

Ice cream has a long and varied history, from cups filled with snow or crushed ice that were found in ancient Egyptian tombs to the invention of the ice cream cone in the early 1900s to present-day frozen yogurt and gelato to a container of the richest cream frozen to perfection to “custard” swirled high in a waffle cone at the Jersey Shore...it's all good!

Do you remember when a “half-gallon” of rocky road was actually 64 ounces? If you’ve had your head stuck in one of those old-fashioned ice cream cartons for the last 15 years or so, you must know they’ve shrunk the packaging to 48 ounces. Heck, I could almost eat the entire box in one sitting, now. I said, “Almost!” Even Klondike Bars are smaller these days.

Mom liked her ice cream, too. Years ago, when a carton of ice cream was either full fat or something called “ice milk,” my mom and I would share a half-gallon in one night. (I shouldn’t have admitted that...sorry, Mom.)

My dad was not a fan, but he did like vanilla or maple-walnut flavored ice cream. I always laughed when, out of 31 flavors, he would pick vanilla! Now, I like the simple combination of vanilla and chocolate, especially in a soft-serve cone, and, especially if it is smothered with chocolate sprinkles.

I never cared for the ice milk that tasted more like ice than milk. Now there’s something called “frozen dairy dessert.” What is that? I read the label, and the first ingredient is milk or cream. Some flavors of frozen dairy dessert are good, but they are not necessarily low-cal. Might as well eat the full-fat version, or, just go for the hard stuff: Ben & Jerry’s, Haagen-Dazs, or Talenti.

Slow-churned is my go-to variety—as good as you can get without all the fat.

My favorite flavor used to be heavenly hash. Hard to find now; rocky road, with its chocolate base, marshmallow river, nutty rocks, and more chocolate has taken its place. In fact, I’m eating some now.

Do you remember, back in the ’60s, you could buy a box of Neapolitan ice cream slices that were individually separated by cardboard to make serving easier? I can still see my grandmother serving these after Sunday dinner.

But, when it came to going out for ice cream, everyone in the area went to Buxton’s

Restaurant. Located on the other side of Forsgate Drive, just before the Turnpike entrance and bridge, Buxton’s was my family’s stomping ground. There, one could order the best hamburger with wilted onion slivers. I think they were the first to serve iced coffee. And they were home to the Buxton Sampler: ten scoops of ice cream!

Recently, I stopped at Day’s Ice Cream in Ocean Grove, New Jersey. I ordered a large dish: three heaping scoops of don’t-count-the-calories sinfulness. I don’t remember the names, but I do remember the ingredients: Guatemalan coffee, cashews, caramel, chocolate chips, chocolate, and more chocolate. Enough said.

When your carton of ice cream is too hard to serve, microwave it on defrost or half power for 30-45 seconds. It’ll be just soft enough to scoop. Or, leave the opened carton on the countertop for a couple of minutes. Then scoop out all the soft stuff around the edges. Eat it as you go, until all that is left is a tiny center chunk. Put that back in the freezer for tomorrow. Heaven!

You can also use a large serving fork to dig out the hard stuff. Believe me—it works. I have several of these forks at home. Sure beats doing a Uri Geller and bending your best serving spoon in half.

Years ago, I found a Blondie comic strip where, in the first panel, Blondie says to Dagwood, “If you are going for ice cream, remember it’s very fattening.” Dagwood retorts, “All I want is one scoop,” as he heads toward the kitchen. In panel two, Dag is rifling through a kitchen drawer, and says, “Let’s see if I can find the right scoop.” Then, in panel three, a startled Daisy the dog is watching as Dagwood raises an oversized spoon in triumph and declares, “YESSSSS!!!!!!”

Summer’s hot. Eat ice cream. Feel that cool creamy concoction trickle down your throat and, sometimes, your chin.

Winter’s cold. Eat more ice cream. As my mother always said, “It’s never too cold for ice cream!”

B&P

“My advice to you is not to inquire why or whither, but just enjoy your ice cream while it’s on your plate - that’s my philosophy” – Thornton Wilder (American writer of innovative plays and novels, 1897-1975)


“I had always thought that once you grew up you could do anything you wanted — stay up all night or eat ice-cream straight out of the container.” – Bill Bryson (American Writer, b.1946)

“Ice-cream is exquisite. What a pity it isn’t illegal.” – Voltaire (French philosopher and writer, 1694-1778)

RCAI Committee Meetings July 2016

Agenda	July 7	10 a.m.
Maintenance	July 14	9 a.m.
Community Affairs	July 14	10 a.m.
Finance	July 14	11 a.m.
Board of Governors	July 21	9 a.m.
Golf Maintenance	No listing	

Meetings are held in the Village Center.



News Board:
Joe Conti, Chair
Carol DeHaan,
Myra Danon
Bob Huber,
Jean Hoban,
Jean Houvener
and ex-officio, Jane Balmer,
General Manager.
Editorial Assistant: Sue Ortiz

The *Rossmoor News* a monthly periodical is mailed to every home within the Rossmoor community. News items are welcome. Appropriate news items from outside organizations will be considered

as space permits. All copy and pictures are subject to editing and are accepted with this understanding.

Letters to the Editor must be emailed to PES at pescmd@aol.com and clearly marked *Rossmoor News*.

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The Battle of the Home Front

By Paul Pittari
An Address at the Memorial Day Service — May 30, 2016

“Yesterday, December 7, 1941 — a date which will live in infamy — the United States of America was suddenly, and deliberately attacked by naval and air forces of the Empire of Japan.” Those historic words were spoken the very next day, December 8, by our president, Franklin Delano Roosevelt, as he delivered his Pearl Harbor Address to Congress and the nation.

Being four and a half years old at that time, I have no recollection of the speech as it was being broadcast to almost every home in America. But a few years later, I can remember patches of memories of the struggles faced at home.

The Second World War had been raging in Europe for over two years between the military alliances of the Axis powers, Germany and Italy, and the Allies. Now with the attack by the Japanese Imperial Navy, America and England formally declared war on Japan.

Meanwhile, Hitler sensed that America would soon join the war in Europe on the side of England and Russia. He believed that once Japan had defeated the United States, he would gain a valuable ally in Japan to help Germany finish off their archenemy, Russia.

So on December 11, four days after the Pearl Harbor attack, Hitler dispatched the German ambassador in Washington to the U.S. Department of State to deliver a copy of the formal declaration of war to our Secretary of State, Cordell Hull. The United States was now embroiled in a World War not only in the Pacific, but now, also in Europe.

Things started to change very rapidly for America. On December 19, the Selective Service System increased its conscription requirements to include all physically fit men in the age range of 18 to 45

for immediate induction into our armed forces.

America was woefully unfit to conduct a war at this time. Supplies were so limited, that at the onset of hostilities, basic training was being conducted with wooden rifles. Our drafted men and women were now being placed in harm’s way to fight on two fronts, one in Europe and a second in the Pacific.

But as America entered into the Second World War, a third front quickly developed. This was the “Battle of the Home Front.” And it is this battle that is the topic of today’s talk.

The mass exodus of service men and women needed to fight the war caused a workforce vacuum in the country. Undraftable civilians, who could not fight, were rapidly trained and put into plants, factories, and farms not only to support the war effort, but also to handle the everyday needs of the population.

During the early stages of the war, many were fearful that the Japanese might attack the mainland. It was believed that, if they could reach Hawaii, they might also be able to launch an attack on the big cities along the west coast of America. This sense of impending doom resulted in many changes to the previously peaceful, idyllic lifestyle at home.

One of the outcomes of these palpable fears was the creation of a home front defensive strategy called the Air Raid Warden Service. Under the aegis of the Office of Civilian Defense, men were recruited to serve as wardens. They were equipped with white helmets, flashlights, whistles and instruction handbooks. The wardens were trained in first aid, how to deal with incendiary bombs, locations of fire-fighting equipment, and other safeguard measures in case we were attacked.

The requirements of the war effort necessitated significant restrictions of every-

day products and services at the home front. The government quickly put limits on a wide range of items that could be purchased. No longer was there free access to clothing, gasoline, foods, shoes and metal products. For the ladies, luxurious silk stockings formerly imported from Japan were gone. To make food available for our troops, citizens were encouraged to have victory gardens to grow tomatoes, carrots, lettuce, and other produce.

We were told to collect and save fats and grease. We had massive metal recycling programs. These were materials not to be wasted on frivolous trinkets. They were needed for the war effort. The war needed iron and steel for ships, tanks and cannons, aluminum for airplanes, and copper for electrical wiring. The manufacture of rubber household goods was curtailed to make tires for our war machines. Production of cars for domestic use was halted in 1943, and did not resume until the war was over.

To assist in sharing the load, ration books containing coupons were distributed to American families to permit fair and equitable distribution of available commodities. Even so, some unscrupulous characters rose to the surface, undermining the best intentions of most Americans to conserve essential materials.

The source of these misdirected goods was called the black market. And you might have known someone who knew someone who could get you what you wanted, for the right price.

(Continued on page 25)



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Letters to the editor

(Continued from page 2)
Gate, East Gate and Maintenance Dept.

OSHA regulation section 1910.141 (c) (1) (ii) states the requirement to provide these facilities does not apply to mobile crews as long as employees have transportation available to nearby facilities.

ties.
This portable toilet accommodation is, therefore, for the convenience of the contractor only, without regard for the sensibilities of the residents.
Mollie J. Fitzpatrick
Past President Mutual 12 & RCAI

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Be certain to keep your telephone number and contact information current at the Administration Office.

Please call 655-1000

with any updates or changes to your information.

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I forgot day*

By Bob Huber

With all the various activities crammed into the month of July, you can be forgiven if you forgot "I Forgot Day."

This little-known day of remembrance falls on July 2 and is devoted to acknowledging the things we forgot to do over the past 12 months; not the big things, but all the little things.

Major slips of memory usually come with their own reminders. If you fail to make a car payment, a towing company will be more than happy to remove your vehicle to some obscure facility that will take you at least a week to find. Then they'll charge you an obscene amount of money for towing it there.

If you forget to pay your light bill, the power company appears to take delight in shutting off your electricity, leaving you without air conditioning and melting the two quarts of Haagen-Dazs you just put in the freezer.

If you forgot to pay your mortgage, the bank will ignore it in return for a late payment fee, and as a bonus they will inform you that your credit rating has dropped several points.

Nothing but your conscience is going to hound you for all the little things you forgot to do, like mailing a birthday card to your Aunt Sophie on her 90th birthday, or sending flowers to your granddaughter on the occasion of her first piano recital.

Gaye Anderson, a lady who lives in Demotte, Ind., thought there ought to be a way to counter these minor lapses of memory. About 10 years ago (she has forgotten exactly when), she established "I Forgot Day," a day to catch up on all those occasions that slip our minds.

The idea was slow to catch on. After all, for many years greeting card publishers have produced special cards for forgotten occasions, but recently, more and more publishers are creating cards which simply say, "I forgot." There's plenty of room for you to add your own apology (or excuse) and charge it off to "I Forgot Day." *

*I was going to write this article last year, but I forgot.

A heroine

By Dierdre Thompson

How well do you know your neighbors in our community? The Interfaith Council recently had its Memorial Day Service. We were fortunate to have Paul Pittari as our guest speaker. Paul spoke about "heroes" - not the ones on the front lines, but the ones on the "Home Front." And there were many. There were defense plant workers, air raid wardens, the women's auxiliary - and scientists. There is a scientist in our midst whose research in malaria has once again become relevant. Nearly 70 years after her research paper was published, her research on malaria continues to be used. Who is this person? None other than our own Christine Wilson, a long-time resident of Rossmoor. She was one of the heroes on the Home Front during World War II, especially to me. My oldest brother, Bob, served in the Pacific from the beginning of the war and was finally medically discharged because of recurring malaria.

Quinine was used to fight malaria, but because of the war there was a shortage. Christine Wilson worked on a

project at Merck trying to find other ways of fighting malaria. That same research would surface again over 70 years later in helping remedy other ailments as well as malaria. In the Pacific during WWII, malaria was killing more U.S. soldiers than were dying in actual combat. Wilson and others tested over 600 plants to find various extracts. The paper that Wilson co-authored explaining what they had found was published in 1947. With the war ending in 1945, quinine was once again available, and they turned to other research.

As Christine Wilson grew in years, she did not slow down. The year I arrived at Rossmoor (2011) she received a Doctor of Science degree from Kean College. She is also probably the last living member of the Merck research team that began its work on malaria during WW II. Christine will celebrate her 102nd birthday on July 23. She is alert and loves still being able to do a LOT of reading. Thank you, Christine, for all that you have given us during your over a century of life.

I've been thinking about – Showing God's love beyond our faith communities

By Dierdre Thomson

We often see articles about helping those outside our faith communities – sometimes by groups of people, sometimes by only a few and once in a while by just one person - that can show God's love beyond our faith communities. The following is an example of how one person's faith in God fulfilled, and is continuing to fulfill, God's will.

Some years ago when my niece Kathleen was diagnosed with pancreatic cancer, our family's dream was to find a way to help her even more than we were already doing. We talked a lot about helping Kathleen, but it was one person, my daughter Laura, who began to put that dream into action. She called a friend who was experienced in such things to help her set up a fundraiser. We decided to name it, Raising Hope for Kathleen. Many people helped pro bono or donated toward expenses, so that over \$25,000 was cleared to help with Kathleen's expenses.

Before Kathleen died, she had mentioned that she did not want to be forgotten. Upon Kathleen's death, the family's dream was ex-

panded to help others in her memory. It was decided to continue with an annual fundraiser in memory of Kathleen, and it would be named Raising Hope for Others (RHFO). As the nine years have passed since the first fundraiser, the now 501C3 organization has expanded to help other charities such as the Make a Wish Foundation, The Lustgarten Foundation for pancreatic cancer, The Cancer Institute of New Jersey's pediatric clinic, The Phillip Frank Memorial Scholarship, as well as the recipient chosen each year.

RHFO continues – this year's fundraiser will be held on August 6, from 2 to 5 p.m. at the Gordon's Corner Fire House in Manalapan. As the result of one person not just dreaming, but also acting upon that dream, many people have been helped, and Kathleen continues to be remembered.

As one of the charity's Trustees wrote shortly after Kathleen's death, "God had a purpose for Kathleen; that purpose was to be used as an instrument of hope for others." So take a moment to think - "How can I show God's love beyond my faith community?"

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**HAPPY
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1942: Harold Gorman's war

By Carol De Haan

"What's the life expectancy of a WW II machine gunner?" asks Beryl Levitt, with a glance at his friend Harold Gorman. "It's about 15 seconds."

That's right," said former gunner Gorman. "Because under enemy fire, everyone else hits the ground. A machine gunner like me had to stand up to keep on shooting."

At a recent meeting in Rossmoor's wood shop, where he serves as a monitor, Gorman reminisced about events leading up to World War II and how he took on such an important role in the war when he was just a youngster himself.

"I grew up in Brooklyn," he said. "In high school, I joined the National Guard. So with war on the horizon around 1940, I went into the army. First, it was basic training at Camp Smith in New York State, then Fort Ethan Allen in Vermont for a year's artillery training. Later, at the Brooklyn Army Base, we were loaded onto a ship, The Uruguay, and spent the next 40 days en route to Australia."

"On the ship, I saw all the guys standing in line for the mess hall, so I volunteered to work as a baker in the kitchen. That way, I got to eat first and didn't have to wait in line three times a day."

"We spent six months in Melbourne, in southern Australia. By that time, Japanese forces had occupied the islands in the Pacific and, of course, our base at Pearl Harbor had been destroyed in a surprise pre-dawn air raid on December 7, 1941. Now it was all-out war in the Pacific as well as in Europe."

"I was in the 162nd Infantry. Several thousand guys in our Regiment were loaded onto troop ships and we sailed north to liberate New Guinea. The ships had to navigate inside the Great Barrier Reef to avoid being torpedoed by enemy submarines."

"We made beach landings on the south-eastern shores of New Guinea. It was rough because the Japanese forces had spent the past year felling coconut tree logs to build bunkers. We were exposed on the beach, while they had cover from the jungle."

"Each of us had to carry everything we might need to fight (weapons, ammunition) and to survive (C-rations, water, tools). Also, my tripod weighed 75 pounds, so I was carrying my own weight, if not more. I needed three assistants. One carried my gun, another the ammo, and the third carried water to cool down the gun when it overheated."

"Each of us dug a hole in the sand for cover. That's also where we had to sleep. We were wet all the time

from excessive humidity, from our own perspiration, and from water seeping up through the sand. Our clothing began to rot away."

"Sleeping on the ground was rough because it never stopped moving: you couldn't find a spot that wasn't covered with crawling beetles, bugs, lizards, spiders, and they were all over us. The mosquitos were vicious but after a while, we didn't feel them anymore. Malaria was everywhere. The only thing that kept us going were Atabrine pills. We all turned yellow."

"As we fought our way inland and up into the hills, eventually we got to sleep in hammocks that we strung from coconut trees. There were plenty of coconuts around but we couldn't eat them because they gave us diarrhea. Then we discovered food supplies that the Japanese troops had abandoned. All of a sudden we had rice to boil, canned fish, and let's not forget all that good saki."

"The Papuan natives helped us. They had not liked the Japanese soldiers that invaded their island. Many Papuans worked as stretcher bearers, and they saved lives that way. It was interesting to hear some natives speaking Dutch when we got to areas that had been under Netherlands administration."

"I remember being indignant one time. I was concealed in the jungle outside a landing strip with a brand new gun. The Japanese bombed the landing strip and shrapnel went everywhere. When it was all over and I had a chance to look at my new gun, I was pretty upset. That brand new gun was dented from the shrapnel! Well, ...at least I could still use it."

"Another time I was up north on Biak Island at dawn, and a tank was coming right at me. Of course, a 30 caliber gun is useless against a tank, so I fired at the soldiers around the tank. But the tank was so close that I had to hit the ground. It looked like this would be it for me. But all of a sudden, for no apparent reason, the tank turned around and left."

"Obviously I scared him off."

"Of course, General Douglas MacArthur was in charge of the Pacific campaign. But my immediate officer was Colonel Archibald Roosevelt. He was a great guy. He was the son of President Teddy Roosevelt."

"What did we accomplish in two years of jungle combat in New Guinea? For one thing, we protected Australia from invasion. Then we helped liberate all those Pacific islands that had been conquered. We wondered if all the Japanese soldiers managed to evacuate. Probably a lot of

them hid in the mountainous parts of the island and were never heard from again. More than 200,000 U.S., Australian, and Japanese servicemen died in New Guinea in those days."

"I was sent back for R&R in Australia. The Aussies are great people, and we especially liked the girls."

"At one point in Australia, I had acquired 80 combat points and my sergeant called me in to say he was sending me home. He apologized that I had to go by boat because he didn't have a plane to fly me back. 'Don't worry, Sarge,' I told him. 'I'll swim to California.'"

"Eventually, they sent me to Fort Dix to train for a clerical job at Fort Jay, the military prison on Governor's Island. That place was full of Italian POWs who all had relatives in Brooklyn. We used to let them out for a day to visit their families."

"One morning, all us overseas guys were told to go see the first sarge. He said 'Get out of here by noon.' So at age 25, I was honorably discharged. They gave me a Combat Infantry Badge, a Bronze Star, and a Good Conduct Medal. That last one was probably for being a good typist."

Harold Gorman will celebrate his 96th birthday in a few months. When asked the inevitable question, "To what do you attribute your longevity?" he replies, "It's all my wife's fault. She's up in heaven with a new boyfriend and she doesn't want me up there making a ruckus."

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Gloria and Arnold Jasper survive an EF-4 (really bad) tornado

By Carol De Haan

"Yes, the warning sirens went off but in that part of Texas, they go off so frequently that people hardly hear them anymore," said Arnold Jasper, of that Saturday evening, December 26, 2015. No one suspected the magnitude of what was about to happen to them.

Jasper and his wife, Gloria, were in Texas for their annual visit to their daughters Kathleen Dodd and Colleen Cormier, who live with their own families in Rowlett, a suburb of Dallas.

"It was about 85 degrees, humid, and slightly windy that fateful Saturday evening," said Jasper. The first thing we noticed was that the atmosphere became very still. When the wind picked up, it became a huge roaring sound, worse than a plane engine up close, and the sky grew extremely dark. The six of us ran for cover, some into the nearby bathroom and others into the closet.

"We hunkered down for what felt like a long time. When it was safe to come out, we walked around Kathleen's ranch house to discover damage to the rear of the structure, and also that her entire roof had been carried away.

"Then we learned that our three other grandchildren, all of them adults, had been in a car near Garland and that they ran to a nearby home where they remained safe. They saw massive destruction. On Route I-30, 10 or 11 people were killed when the tornado picked up 70 cars and tossed them around in the air."

In the next few days, as news began to trickle in, Jasper's family learned that the tornado lasted only 30 seconds, but that it left a trail of destruction a half mile wide and four miles long. Winds were clocked at 180 miles per hour.

Whole neighborhoods were obliterated. In Garland, 800



Devastation of the December 2015 Tornado Rowlett, TX

homes were totally destroyed while in Rowlett it was 450. Fifteen hundred others were severely damaged. No one had electricity. The whole area was put under total lockdown, with a dusk to dawn curfew, enforced by local police and state troopers. Seven to eight thousand people were homeless.

Emergency help came in from the Red Cross and from the town and state. However, the Federal Emergency Management Agency (FEMA) denied assistance, claiming that the damage had been "of insufficient magnitude," even though the tornado had been defined as "EF-4," when "EF-5" is the worst possible category.

The Jaspers returned to Monroe on January 5, noting that whole neighborhoods that had survived the tornado

still had no electricity. Their daughter, Kathleen, did not receive insurance reimbursement for a new roof and structural damage for another two or three months.

Jasper, who is president of Mutual 7, advises all Rossmoor residents to have adequate homeowner's insurance. "The policy should say *full replacement value*," says Jasper. "You must calculate the value of all your belongings and make sure you have enough coverage to replace everything."

To anyone who thinks the annual premium for that kind of insurance is too expensive, Jasper urges them to calculate what it might cost to replace everything they now own. Just think of all those families in Texas that needed to rebuild their lives, starting with nothing.

Would anyone care to go glamping?

By Anne Rotholz

A portmanteau word blends the sounds and combines the meanings of two words. We find many portmanteau words in our current vocabulary and most of them are of recent origin. Here are some examples: *smog* (smoke and fog), *brunch* (breakfast and lunch), *motel* (motor and hotel), *hazmat* (hazardous material).

Glamping, a combination of the words "glamorous" and "camping," is a portmanteau word. It designates a style of camping that is quite different from traditional camping. It is camping with all the comforts of home and it is frequently associated with the luxuries of hotel living. Parallel to this is an opportunity to experience the other aspect of camping, namely a way of connecting with nature and the great outdoors.

The word glamping is found for the first time in England in 2005. Glamping is sometimes called "posh camping" or "luxurious camping." While the word is new the concept of glamorous camping dates back hundreds of years.

In the sixteenth century, the Scottish duke of Athol prepared a lavish camping experience in the forest when King James V and his mother came to visit. They had magnificent tents filled with an abundance of food and drink, and servants from the palace to attend to their every need.

Around that same period, it was customary for the Ottoman Sultans to travel with their soldiers in times of war. Unlike the soldiers, they lived in luxurious, exquisitely decorated tents, with the best of food and drink. They had banquets and frequent entertainment.

(Continued on page 7)

glamping

(Continued from page 6)

The 1920s brought a more modern type of glamping -- the African safari. Many wealthy people in England and the U.S. were looking for a novel way to experience the great outdoors. Africa, with its huge population of large and unusual animals, became the venue of choice. While looking for adventure those on safari were not about to give up the luxurious life to which they were accustomed. The adventure came with electric generators, generous amounts of champagne, and every imaginable domestic luxury.

Glamping has become a popular activity in our day, for a very good reason. It is extremely varied and it comes with a whole range of price tags so everyone can avail of it in some form. To experience its simplest form, one might go to a site in Belleplain State Forest in the N.J. pinelands. For \$50 a night you can live in a yurt (a circular hut with a plexiglass skylight, built on a wood platform) with bunk beds. It has an outdoor grill. Nearby is an electrically heated bathroom with showers, sinks and toilets.

If you prefer something more elegant you have lots of choices. How about checking out the Paws Up resort, by the Blackfoot River in Montana? Here in an unspoiled wilderness one can be really pam-

pered. To begin, you can have a king or queen size bed with an en suite bathroom and opt for a personal butler. The food is gourmet, with lots of choice wine. To experience the wilderness in this setting (the unspoiled Montana forest, the Blackfoot River, and the night sky) is a once in a lifetime opportunity. Starting price is over \$1,000 per night.

If Montana is too far away, you might like to try something nearby. In New York City the AKA Hotel overlooking Central Park provides an unusual glamping opportunity. You sleep outside under the stars on a 17th floor veranda. A private butler will take care of your every need and a personal telescope to view the stars will be provided. Cost is *only* \$2,000 per night. (If I ever win the N.J. Lottery!)

The above are just a few examples. You can find thousands of novel opportunities for glamping in just about every country in the world. There are villas in Italy, tree houses in South America, and gypsy caravans in England and Spain.

Just recently my Irish source, my sister Mary, who lives in Ireland, told me that a local entrepreneur is setting up a glamping village by the beach that is close to where I grew up. It is designated as a Quirky Nights Glamping Village with a transport theme and it will provide overnight accommodation for those visit-

ing the seashore and for tourists in general. A decommissioned Russian 767 jumbo jet is already in place. When the "village" is complete, it will have a "bus station" with 10 retired double decker buses from Dublin, a "train yard" with four cars from the London Underground and a garden, a "taxi rank" with eight large black taxis from Belfast, and a marina with several boats. All will provide glamping accommodation.

Glamping has become popular and very creative in recent years. The concept, however, has not changed. Glamping is all about giving everyone an opportunity to experience the great outdoors and to do so in a comfortable setting.

Bob's Almanac
By Bob Huber

There's an old saying that nothing of importance happens in July, because everybody's on vacation. We beg to differ. There have been many important events that occurred in July, and we can testify that some very influential Americans were born this month, including authors Nathaniel Hawthorne (1804), Henry David Thoreau (1812), Ernest Hemingway (1899), and composer Stephen Foster (1826). July also witnessed the birth of aviatrix Amelia Earhart (1898) and industrialist Henry Ford (1863).

But in our family, the most significant "birth" occurred on July 4, 1910. On that day the newspapers were filled with stories about how African-American heavyweight boxer Jack Johnson had defeated Jim Jefferies, sparking race riots throughout the country, but we were blissfully unaware of that problem, because we were concentrating on our own important event: the launching of the "Rex."

On our family farm in Green Springs, Ohio, grandpa Walt and his sons had taken on a winter project

(Continued on page 8)



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Questions posed to RCAL General
Manager Jane Balmer by Rossmoor
staff and residents.

Q: If there are questions or concerns that are community related, how does a resident voice his or her comments?

A: If the matter is related to your manor, carport, or common area around your building, it would probably be best to contact your Mutual director during normal business hours. Be kind and respect your director's time and space by not calling on the weekends, evenings, or holidays, unless it is absolutely necessary.

If the matter is related to an RCAL policy or the common facilities, please contact the appropriate department, Education and Recreation at 609-655-3232; Maintenance at 609-655-2121 or my office, Administration, at 609-655-1000 and we will be happy to assist you.

If you feel strongly that an RCAL matter is not resolved and you would like to express your thoughts or concerns, please attend the next RCAL Board of Governors meeting. The RCAL Board of Governors manages the affairs of RCAL. The meetings are open to all residents and

are the best place to have your voice heard. Typically, the Board meets on the third Thursday each month at 9 a.m. in the Village Center Meeting Room. Please consult Channel 26 for up to date information on the Board meeting dates, times, and locations.

The best resident is an informed resident. Work within the system. Be informed about what is happening and when by consulting the *Rossmoor News* and watching Channel 26. Get involved because you care about Rossmoor not because you have a hidden agenda. And most importantly, there is always much debate, discussion, and compromise in a democracy and in Rossmoor. It cannot be for the few; decisions and policies are made keeping in mind what is right for our community and our residents.

Q: I would like to make some changes to my manor. What should I do first?

A: Whether you live in a condominium or a co-operative manor, the governing documents for your Mutual

clearly state that additions, alterations or improvements require written approval of your Mutual Board prior to starting any project. You also need written approval of your Mutual Board prior to changing the landscaping in your three-foot bed, or planting a tree.

The process begins in the Maintenance Department on Prospect Plains Road where work permits are available. It is important to be precise when describing the project on the permit and be sure to include measurements, dimensions, color, size, type of material, etc., and a drawing and/or brochure of the item. It is also a good idea to hire a contractor that is insured. The work permit for landscaping or tree plantings has a list of recommended plant material for the three-foot beds and trees that are best for our region and soil type.

Once you submit the completed work permit, your Mutual's Architectural Control Committee will review the material and will inform you in writing of their decision. Some changes require Monroe Township building permits and some changes require a Declaration Maintenance Obligation form. This will be noted on your work permit when it is returned to you.

If you plan to use a contractor, the contractor must remove all debris from Rossmoor. Do not use the dumpsters. This includes, but is not limited to, old carpet and shrubs. It is the responsibility of your contractor to remove the old materials. You may want to mention this to your contractor when negotiating a price so there is no misunderstanding or added, unexpected expenses to you.

If you are not sure if your project requires a work permit and written approval prior to commencing the work, please contact the Maintenance Department at 609-655-2121 and they will be happy to assist you.

Q: What are the procedures should I decide to sell my manor?

A: Please contact Chris Smith, Resident Services manager, in the Administration Office in the Village Center at 609-655-1000. She will be happy to explain the process and give you all the forms and the details explaining the Seller's and Buyer's responsibilities. It is important to notify Chris when you intend to sell your manor.

Remember to remove all the personal belongings that you might have stored in the carport storage areas. Unwanted pieces of furniture and other personal belongings may not be left in the dumpster or dumpster area.

Almanac

(Continued from page 7)

of building a motorboat in one corner of the barn. It was a sturdy little craft, 18 feet in length with a scalloped canopy and powered by one of those new fangled gasoline engines.

Everybody for miles around knew that July 4 was going to be launch day, so a considerable crowd gathered to watch the event. The Rex was hoisted aboard a flat bed wagon pulled by Gladys and Dan, grandpa's favorite team of horses, and the whole entourage took off for the trip to the Sandusky River where the craft would be berthed. It was quite a parade, with people on horseback, buggies, wagons, and kids running alongside. Grandmother and the hired girl stayed home to prepare the traditional family Fourth of July picnic supper, which would be followed by the equally traditional family fireworks display.

When the parade reached the river's edge, grandpa, normally a taciturn man, felt compelled to make a speech: "Folks," he said, "We thank you for joining us on this very special occasion. We have decided to call our boat the 'Rex,' and as you all know, Rex refers to royalty, and royalty requires a crown." And with that, grandpa reached under the seat of the wagon and pulled out a beautiful brass navigation lamp, red glass on one side, green on the other with a

clear glass lens in the center. A kerosene lantern provided the light source. With great ceremony, grandpa placed the lamp on top of the canopy and said, "I crown thee The Rex!" A cheer went up from the crowd as grandpa continued, "In appreciation for your companionship, you're all invited back to our place for a picnic supper and fireworks!" A second cheer went up from the gathering, but a neighbor, suspecting that grandmother didn't know about grandpa's magnanimous invitation, dispatched her son on horseback back to the farm to tell her that there would be considerably more guests for dinner than she was expecting.

A glitch in the launching process occurred when Gladys and Dan collectively decided that backing the wagon into the water was not a good idea. The problem was solved when the team was unhitched, and everybody pitched in to push the wagon out into the river so the Rex could float free. She was a beautiful sight, gently bobbing on her tether.

Everybody got a ride in the Rex that day, and thanks to a thoughtful neighbor's forewarning, grandmother was prepared to feed the additional guests.

The fireworks display on the front lawn was an extra treat, and everybody agreed that that was the best Fourth of July ever!

Who says nothing ever happens in July?

Focus on: Groups and Clubs

By Jean Houvener

Bocce: Tactics, skill, luck, and camaraderie

In case you have always wondered what was going on evenings in the summer beyond the swimming pool with a large number of cheering people, the game of bocce is alive and well in Rossmoor. One group of players, divided into ten teams, plays Mondays and Wednesdays at 5 p.m. A second group of players, divided into ten teams, plays on Tuesdays and Thursdays at 5:30 p.m. There are six players on each team. The teams signed up to play earlier in the spring.

Rossmoor has three newly refurbished courts, and the first six teams start the games, with the remaining teams of each group playing after the first six teams have played. Two people from each team are at either end of the court. The remaining two players rotate in. The games start with a coin toss, which determines which team will throw the first ball. There are four balls for each team, plus a smaller target ball, called the pallina. The

winner of the coin toss throws the pallina to start the game. The pallina can land anywhere past the middle line within bounds. If the person tossing the pallina does not have a successful throw, they forfeit one of their four balls and the other team gets to throw the pallina. All throws are underhand. The thrower cannot step over the foul line. Once the pallina is in play, the object is to put as many of your team's balls as close to the pallina as possible.

Each game has a referee, who determines which color ball is closest to the pallina at any given time. That is the "in" color, and the opposite, or "out" color will throw next. From the ends, it is not possible to see which ball is closest. Sometimes the measuring tape has to be brought out to confirm the choice. The referee also determines when a ball is removed from play. Usually the referees are from the other half of players, or at least from a different team. The referee holds a paddle

with red or green on either side. The referee shows with the paddle which side has the next ball toss. "Watch the paddle!" is a common refrain. The players on a team alternate throwers.

Each toss must cross the center line, but not the opposite foul line. The side ends when all balls have been tossed. At that point, the closest ball to the pallina is a winning point. Any other balls of the same color that are closer than any balls of the opposing color will also add points. Play rotates from one end of the court to the other end of the court until one team has reached 11 points, which ends the game. In the Bocce group's competitions, two games are played by each set of opponents. At the end of the season the best two teams on Monday-Wednesday will play against the best two teams on Tuesday-Thursday in a playoff for the championship.

There is much shouting of advice and encouragement, as well as some good fun, and cheers over a good shot by either side. Since the courts' refurbishment, players found the courts played straighter, but also slower, so there has been a learning curve. The old courts were lumpy with some quirks in how the ball would run. Throws that would have turned one way before are now quite different. The very last toss in each side can completely shift the game, with the pallina moving closer to a different color or the tossed ball knocking the other team's balls out of the way. The last toss can even turn the throwing team's win into a loss, so it is exciting right up to the last moment.

If you think you might enjoy playing, come to watch and see how the game works. Maybe next April you might consider signing up to play.

Sound Advice

Norman J. Politziner, CFP® President of NJP Associates

[FINRA 05/10/2016]

Five Big Tax Penalties to Avoid at all costs

Taxes are a necessary evil, but you don't want to make matters worse by paying avoidable federal tax penalties. Here are five to avoid:

1. Not taking required minimum distributions. This is the granddaddy of tax penalties. After you've reached age 70½, you must begin taking annual "required minimum distributions" (RMDs) from your tax-advantaged retirement plans (unless you're still working) and from traditional IRAs. (For the year you

turn 70½, you can postpone the payout until April 1 of the following year, but that will require you to take two withdrawals in the same calendar year.) The RMD is based on your age — entered into a life expectancy table — and your account balances at the end of the year in which you turned 70½.

Failing to take RMDs can result in a 50% penalty tax on the amount that should have been withdrawn (on top of the regular income tax you owe on the distribution). Unless you can show reasonable cause for missing an

(Continued on page 10)



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New Neighbors

By Chris Smith

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Allen and Dorothy Thomas, 298N Sharon Way, formerly of Luzerne, N.Y.

Dinesh and Jayshree Patel, 724A Mount Vernon Road, formerly of Dayton, N.J.

Charlene Chen, 436C Newport Way, formerly of Monroe Twp., N.J.

Paul and Anna Burke, 464C New Haven Way, formerly of Metuchen, N.J.

Katarina Invanko, 374 New Bedford Lane, formerly of Monroe Twp., N.J.

David Ukilis and Irina Rudikh, 351N Northfield

Lane, formerly of Manalapan, N.J.

Linda and Peter Feldler, 439B Newport Way, formerly of Flushing, N.Y.

Douglas Clark, 79B Old Nassau Road, formerly of Sacramento, CA.

John Spear and Sandra Levine, 607N Winchester Lane, formerly of East Windsor, N.J.

Patricia McKendrick, 424A Newport Way, formerly of Somerset, N.J.

Edward and Linda Wiczorek, 175C Portland Lane, formerly of Fort Lee, N.J.

Andrew Gallatin and Joan Ghiraldine, 196A Madison Lane, formerly of Manalapan, N.J.

Helen Columbus, 4B Village Mall, formerly of North Brunswick, N.J.

Angela Loresh and Michael Gargiulo, 667A Yale Way, formerly of Monroe, N.J.

Denise Phillips-Clark, 613O Winchester Lane, formerly of Newark, N.J.

Maria Alfieris, 83C Dorset Lane, formerly of Princeton, N.J.

Reed and Kathleen Andariere, 296C Stratford Lane, formerly of Wyckoff, N.Y.

Thomas and Gail Schank, 349B Northfield Lane, formerly of Cudahy, Wis.

Won K. and Jun Sil, 181C Rossmoor Drive, formerly of South Brunswick, N.J.

Nicanor Jiminez and Tere-sita B. Aquino, 268C Middlebury Lane, formerly of North Brunswick, N.J.

Irving Frank, 17D Old Nassau Road, formerly of North Brunswick, N.J.

Sound Advice

(Continued from page 9)

RMD, you'll be stuck with this penalty.

2. Making early withdrawals. On the opposite end of the spectrum, you may be penalized for withdrawing funds from your qualified plans and IRAs too soon. Generally, a 10% penalty tax applies, in addition to the regular tax you owe on the distribution, unless you've already reached age 59½ or the payout is because of death or disability. However, the tax law provides several exceptions to the early withdrawal penalty, such as payments used for deductible medical expenses.

Another key exception is available for substantially equal periodic payments (SEPPs). If you take SEPPs over your life expectancy, or over the life expectancy of you and a beneficiary or beneficiaries, there's no penalty if those payments continue for at least five years or until you reach age 59½, whichever is

longer.

3. Not reporting income from foreign accounts. Your tax return may not be the only document you're required to file each year. If you have financial interests in foreign banks totaling more than \$10,000 at any time during the year, you must report the account information to the IRS using the FBAR form (short for Report of Foreign Bank and Financial Accounts).

FBARs have to be filed by June 30 of the year following the year of the foreign account activities, and no extensions are allowed. (Beginning with the 2016 tax year, the FBAR deadline is moved up to April 15 and a six-month extension is available.) The penalty for failing to make the filing is severe—a fine of up to \$250,000 and a prison sentence of up to five years can be assessed for a willful violation. Other penalties may be imposed for providing false information.

4. Not having health insurance. Under the Affordable Care Act (ACA), also known

as Obamacare, most people must have health insurance or must pay a "shared responsibility payment." For 2016, the amount of that payment is equal to the greater of 2.5% of your annual household income or \$695 per person for the year (\$347.50 per child under 18), up to a maximum of \$2,085 per family.

This penalty kicks in when you, your spouse, or a dependent had gone without coverage for more than three months, with certain exceptions. Consult with your tax and financial advisors to see whether you qualify for a premium tax credit or an exception to the penalty.

5. Missing the deadline for your tax return. Generally, if you don't file your tax return on time, or if you fail to pay the tax you owe by the tax return due date (even when you receive an extension for filing your return), you'll be assessed a penalty.

The penalty for filing late is 5% of the unpaid taxes for each month or part of a month that a tax return is late. It begins accruing after the tax-filing due date and can't exceed 25% of your unpaid taxes. If you don't pay your taxes by the tax deadline, you normally face a penalty equal to 0.5% of the unpaid taxes. This applies for each month or part of a month after the due date and starts accruing the day after the tax-filing due date.

Again, the six-month filing extension, which is automatic if you request it, is not an extension for paying your taxes. You still must make a reasonable estimate and pay that amount.

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(Continued on page 11)

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CULINARY CORNER

By Sidna Mitchell

For this year's Derby Party, I was determined to be more organized—not wait until the last minutes to do things. However, various obligations and even some fun got in the way. Thus, on Derby Day I was in the kitchen in a panic as guests arrived.

Ken and I did make the simple syrup and the mint julep mix a couple days ahead. We were busy talking and Ken forgot the measurements so we had to keep tasting to make sure the juleps wouldn't be too strong. We almost had a catastrophe; in the dark I mistakenly cut down oregano instead of the mint in my herb garden. Fortunately, we could tell from the smell that I hadn't picked the mint.

Then as I started making some of the hors d'oeuvres, I forgot that my pantry was almost bare since I either used or threw away lots of items before we left for Florida in December. Obviously I had to make substitutions. Also, I forgot to read the recipes for some of my tried and true hors d'oeuvres such as the asparagus rolls. Since I didn't have fresh dill, I substituted dried dillweed and fresh chopped chives.

For the mini corn dog muffins, I substituted two key ingredients. Other appetizers included stuffed mushrooms, cream cheese and Texas pepper jelly, pulled pork in wonton cups, deviled eggs, a veggie dip with potato chips, a cheese tray and chopped

chicken livers.

One of the favorite treats was the tomato cups. In fact, Coralie from Doylestown, Pa., asked for the recipe as

did another person, whom I can't remember who probably goes to church or plays croquet so I'll be reminded. Here's the recipe.

Culinary corner

Tomato Cheese Cups

1 cup diced jalapeno
tomatoes, drained
(almost all the way)

1 bag bacon pieces

1 cup grated Swiss cheese

1 cup mayonnaise
3 packages phyllo pastry
cups – thawed
Preheat oven to 350
degrees.

Mix the first four ingredients and scoop evenly into the cups. Place on baking sheet and cook at 350 degrees for 15 minutes.

NOTE: The original recipe called for one can of Rotel tomatoes, which I didn't have. In the pantry was a can of diced jalapeno tomatoes that I figured would work. It did by using only one cup since the Rotel cans are smaller. This recipe that makes 45 little appetizers is so easy to make and is definitely tasty hot out of the oven or room temperature.

I can be reached via e-mail at sbmcooks@aol.com.



Obey the signs!

In Memoriam

Joseph F. Hayes

Joseph F. Hayes, 81, died Tuesday, May 24. Hayes was employed for 35 years with the Postal Service before his retirement in 1990. He was a veteran of the U.S. Air Force during the Korean War. He is survived by his daughter, Vanessa M. LaPlante (Ken), his son, David A. Hayes, four grandchildren, Patrick, Nicole, Renee and James, and a sister, Mary McGrath.

Ruth E. Hess

Ruth E. Hess died Monday, May 23. Surviving are her husband William of Ocala, FL; four daughters, Diane (Hodgson), Sandra (Jackson), Laurie (Bulinsky), and Carol Champagne; sons-in-law, David, Peter, George and Richard; six grandchildren, Peter and Kari Jackson, Chad and Nicole Bulinsky, and Hannah and Rebecca Champagne; two great grandsons, Peter III and Grayson; her brother, Emmanuel; and many extended family and friends.

Raymond A. Paprota

Raymond A. Paprota died Thursday, May 26. A United States Marine veteran, he served during peacetime from 1957-1959. Mr. Paprota was Fire Chief for the Spotswood Fire Department in 1972. He was also a Mason at Philo Lodge #243 in South River. Surviving are his wife Mary; his children, Raymond, Robert and his wife, Lisanne, and Ronald and his wife Mary; a brother, Richard and his wife, Jillian, and grandchildren, Raymond John, Mary Beth, Anne Marie, James and Grace.

Sound Advice

(Continued from page 10)
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Clubs and Organizations

Players pastimes

By Sue Archambault

The Players are extremely proud of our June meeting. The yearly Karaoke Night took place on Monday, June 27 in the Gallery. A substantial number of members and guests turned out. The audience was treated to a variety of musical numbers including solos, duos, trios, and larger groups of singers. The music covered a wide range of categories including oldies, country and western, pop, and Broadway favorites. Our favorite DJ, Gary Morton, acted as MC and musical technician. As always, he did a fabulous job, and we are indebted to his generous donation of time and energy to provide such a memorable night.

Next up is our very popular *This 'n That* show, which will take place on Thursday, July 28, and Friday, July 29, at 7

p.m., plus Saturday, July 30, at 2 p.m. The show will be directed by Bill Strecker, assisted by Bob Huber. Joe Conti will act as our ever-popular MC. All performances will take place in the Meeting House. Tickets will be on sale in the Red Room on July 21, 22, 25, 26, and 27 from 1 to 3 p.m. In addition, Sal's Deli will sell tickets from July 21 to 30. Ticket prices remain fixed at \$5 in advance and \$7 at the door. Please note that ticket holders have preference in entering our theater, and those paying at the door can enter after that. We must restrict our attendance in accordance with fire department regulations.

Open auditions for *This 'n That* took place on June 21 and 22 as was advertised on Channel 26. If you are inter-



ested in performing, but missed the auditions, call Sue Archambault at 609 664-2087 as soon as you can, to discuss the possibility of your joining the show. The rehearsal schedule is as follows: Thursday, July 7, 12, 14, 19, 21 at 7 p.m. in the Meeting House. Bill Strecker will work with cast members as to their availability for these rehearsals. All cast members need to attend the tech rehearsal on July 26 at 7 p.m. and the dress rehearsal on July 27 at 7 p.m.

Player members please note: There will not be a monthly meeting in July. This is due to the heavy rehearsal and performance schedule for our show.



Audience mesmerized by pianist Steven Lin

By Gene Horan

When the artist originally scheduled by the Music Association for a concert on Friday, June 3, called on the previous day to say she was ill and could not perform, Association president Lucy Poulin faced a crisis.

The concert had already been widely publicized and subscribers had paid in advance. Engaging busy artists can take months and even years. Then fees must be negotiated, contracts signed, biographies obtained and programs prepared.

Lucy got very, very busy indeed, consulting with committee members, making multiple phone calls and, I presume, saying a few prayers. Her effort paid off. Call it serendipitous — I think you will find agreement among those fortunate enough to attend the concert that Steven Lin was among

the most brilliant performers yet to visit Rossmoor.

As luck had it, international artist Lin had a free night and committee member Toby del Giudice was available to drive him from and to Princeton Junction for the train connection to Philadelphia where he lives.

Lin has an impressive curriculum vitae, including awards at the Concert Artists Guild Competition and at Israel's Arthur Rubinstein Piano Competition (Silver Award). He was recently featured on PBS in the Cliburn Competition documentary film, *Virtuosity*. He has performed in venues across the United States and around the world.

Lin brought a printed program with him, and what a choice of music! *Beethoven's Sonata No. 18 in E-Flat Major* was the opening number. For me, the beautifully lyrical *Menuetto* movement was the most memorable part of that brilliant work. This was followed by the very popular *Rondo Capriccioso in E Major* of Felix Mendelssohn.

Four pieces by Chopin concluded with the *Fantasy-Impromptu in C-Sharp Minor*, which includes the melody borrowed for "I'm Always Chasing Rainbows," a song sung by Judy Garland in the movie *Ziegfeld Girls* and by Jack Oakie in *The Merry Monahans*.

The final piece was *Reminiscences de Don Juan* by Liszt. It includes, among other melodies from Mozart's *Don Juan*, the hauntingly beautiful "La Ci Darem La Mano." If you are not familiar with this aria, go to You Tube on your computer and you will find many versions. You'll be glad you did.

The Liszt work concludes with a movement that would challenge the most accom-



A surprise performance: Steven Lin, Pianist

plished virtuoso. Some patrons sitting near the piano say all they could see was a flash of hands. No wonder *The New York Times* critic wrote the following review after a similar performance: "Mr. Lin sailed through its virtuoso challenges, conquering the manic octaves that unfold at the work's conclusion."

I heard once that Liszt and Chopin, who were contemporaries, were competing to see who could compose the most difficult piano composition and that Liszt won by creating a work that no one could play! After the concert I told the friendly and affable Lin this story and he agreed that it could very well be true.

This issue of *The Rossmoor News* has an article listing the Rossmoor Music Association concerts for the 2016-2017 season. The cost for a subscription is \$60, only ten dollars a concert. Believe me when I say Lin's concert alone was worth more than the entire cost of a subscription. Think seriously about supporting the Rossmoor Music Association and its programs — a great asset for Rossmoor.

Rossmoor Rental Library

By Irene Poulin

Sting by Sandra Brown

Locking eyes with a tall, dark and handsome stranger in a bar might sound like romance to some women but when Jordie Bennett caught the eye of Shaw Kinnard, she really caught the eye of a killer - with trouble around every corner.

Night and Day by Iris Johansen

Forensic sculptor Eve Duncan has been assigned to protect Cara Delaney from enemies that want to see her dead. Guarding Cara has put Eve in their crosshairs and now she must risk everything to save both their lives.

New Jason Bourne Novel by Eric Lustbader

On the eve of Russian General Boris Karpov's wedding, Jason Bourne receives an enigmatic message from

his old friend and fellow spy-master. In Moscow, what should be a joyous occasion turns bloody.

Sweet Tomorrows, A Rose Harbor Novel by Debbie Macomber

After a devastating heart-break, innkeeper Jo Marie Rose is ready to move on and has found a friend in a tenant, Emily Gaffney, who is looking to begin a new chapter in her life as well.

Bullseye by James Patterson, Michael Ledwidge

The relationship between America and Russia is tense to say the least. There is reason to believe the president of the United States might be the next possible target and detective Michael Bennett might be the only person who can save the nation.

Outfoxed by David Rosenfelt

Andy Carpenter runs the Tara Foundation, a dog rescue organization, and has incorporated a program where inmates train the dogs. When one inmate uses a dog to escape and a murder occurs soon after, Andy realizes the whole Tara Foundation might be in danger.

Smooth Operator by Stuart Woods, Parnell Hall

President Kate Lee has called Stone Barrington to Washington on an urgent mission. Knowing he isn't the man for the job, Stone enlists the help of ex-CIA agent Teddy Fay, who has a reputation for working outside the law.

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Music Association offers great line-up of performers for 2016-2017 concert season

By Gene Horan

"After completing a very successful 2015-2016 season, we are looking forward to concerts with outstanding artists for the 2016-2017 season," remarks Lucy Poulin, president of the Rossmoor Music Association. Marimbist Mark O'Kain and pianist Jeffrey Uhlig are back by popular demand, and the Liquid Gold duo will be something entirely new and exciting for Rossmoor. It's going to be a great season so order your subscription now."

All concerts will be held at 7:30 p.m. in the Meeting House. Here is the schedule for the year.

****Fall 2016****

Friday, September 16:
Ismar Sergio Gomes, cello,
and Wan-Chi Su, piano

Ismar Sergio Gomes, who performs on a Grand Freres cello made in Paris in 1852, is an accomplished orchestral and chamber musician. He performs with the Lancaster Symphony, the Annapolis Symphony, the Towson New Music Ensemble, and the Black Pearl Chamber Orchestra. He has performed at concerts throughout the United States and Europe.

Wan-Chi Su, pianist, has enjoyed an active career as a soloist and chamber musician, having performed to great acclaim at multiple venues in Asia, Europe and the United States. She has participated in many international music festivals and in 2013 was the recipient of the Grace Clagett Ranney Prize in Chamber Music at the Peabody Conservatory, where she is currently a doctoral student.

Friday, October 7:
Mark O'Kain, marimbist,
and Jeffrey Uhlig, piano

Mark O'Kain has been a member of the Ocean City Pops in New Jersey since 1998. For more than a dec-

ade Mark has been busy working with touring Broadway shows, having played on the national tours of "Les Miserables" (1750 performances), "Edward Scissorhands," "My Fair Lady," and "Mary Poppins." He completed a nine-month national tour with "The Gershwin's Porgy and Bess."

Jeffrey Uhlig has appeared as collaborative pianist in many concerts in America and also has performed in Russia. Some of his notable performances have been at The Phillips Collection in Washington, D.C., and at Weill Recital Hall at Carnegie Hall in New York.

Friday, December 9:
Princeton Pro Musica
Chamber Chorus Holiday Concert

Princeton Pro Musica exists to perform choral masterworks and other works of the choral literature with energy, passion, and uncompromising artistic excellence. The organization includes a chorus of 100 voices, a 20-member chamber chorus, and an orchestra. Since its founding in 1979 the primary purpose of the organization has been the presentation of major choral works - classical, contemporary, and multicultural. The quality of the chorus has been consistently acclaimed.

The chamber chorus performs several times each year and has been featured annually at the Guild for Early Music Festival.

****Spring 2017****

Friday April 7:
Allison Brewster Franzetti, piano

Pianist Allison Brewster Franzetti has received international acclaim from critics and audiences alike for her stunning virtuosity and musicality, both as a soloist and chamber musician. She was most recently invited to per-

form at the Grammy Awards Classical Music Tribute to Earl Wild at the Walt Disney Concert Hall in Los Angeles.

Other invitations include performances at the American Classical Music Hall of Fame; the Robert Schumann Festival at the Marcella Sembrich Museum in Lake George, New York; the Campeche Festival in Mexico; and at the opening of the VI International Festival of Music at the Teatro Colon in Buenos Aires, Argentina.

Friday, May 5: Liquid Gold - Celtic Violin and Virtuoso Guitar

This duo, consisting of Edwin Huizinga on violin and William Coulter on steel-string guitar, will take you on a journey that connects the elements of classical, folk and contemporary musical traditions from around the world - from a prelude by Bach to an Irish reel to a Spanish love song to a Balkan dance tune.

In 2005, Coulter was awarded a Grammy for a

(Continued on page 15)



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love overcomes the
love of power, there
will be peace."*

- Jimi Hendrix

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This month in pictures

Photos by Joe Conti

Kiwanians, thank you for your service!



Marie Bills reads at the JFK School



Alyce Owens



Kiwanis Pancake Flippers Annette Sowa and Doug Martin



Kiwanis Sidna B. Mitchell and Judy Meredith

Scenes from the Rossmoor Trunk Sale



Family "selfie" of three generations.



Happy shoppers



Minnie and Frank Sasso pause for a Photo OP!



Tony and Phyllis Palfy keeping in the shade.



A treasure trove!



Hey Sal Is the hat for sale?



Quite a purchase!

EDUCATION AND RECREATION

609
655
3232

JULY 2016 CLUBHOUSE ROSSMOOR-NJ

Michelle Williams, Manager ♦ Erica Hardeo, Event Planner ♦ Sebreana Jinks, Office Assistant ♦ Sue Ortiz, Front Desk Coordinator ♦ Jessica Fletcher, E&R Foreman

THINGS TO DO

FAMILY DAY AT THE POOL
Sunday, July 17, All Day at the Pool
Enjoy the day at the pool with family and friends. Children under 4 are NOT permitted in the pool area.
ALL POOL RULES APPLY-4 GUEST MAX
AARP SAFE DRIVING COURSE
Friday, August 5, 8:30am, Gallery
\$15 for members...\$20 for non-members
Sign-up in the Clubhouse

POOL PARTIES
Friday, July 22-DJ Gary
7pm...\$10pp...Pool
(Event held indoors in the event of rain)
Bring your own refreshments...Ice provided
Call-in on Thursday, July 14 at 12:15pm...Tickets are non-transferrable
Payment Accepted July 15 & July 18
Friday, August 5-DJ Mel
7pm...\$10pp...Pool
(Event held indoors in the event of rain)
Bring your own refreshments...Ice provided
Call-in on Thursday, July 21 at 12:15pm...Tickets are non-transferrable
Payment Accepted July 22 & July 25
NO GLASS WILL BE PERMITTED AT POOL

SUNDAY MOVIE LUNCHEON
August 14
12:30pm...Ballroom...\$14pp
Menu Includes:
Assorted Sandwiches & Wraps, Strawberry Goat Cheese Salad, Pasta Salad, Dessert and more...
Rated R for Language
95 Minutes
On Sale July 1



Summer Concerts on the Lawn
Wednesday, July 6
(Rain Date: July 7)
Tuesday, August 16
(Rain Date: August 18)
BRING A CHAIR...NO CHARGE

ATLANTIC CITY CASINO TRIPS
Friday, July 15, \$25pp, Tropicana
Thursday, Aug. 11, \$25pp; Caesar's...On Sale July 18
"SHUFFLE ALONG" on BROADWAY
Wednesday, August 3, Departs Poolside 10am
Sold Out
CIRQUE DU' SOLEIL
Wednesday, August 17, Departs Poolside 10am
Sold Out
CRUISE & CASINO (Taj Mahal)
Wednesday, August 31, Departs Poolside 8:30am
\$58pp includes boat ride, \$20 slot play, buffet lunch & bus
Limited Space Available

"FREEDOM TRAIL" TO BOSTON
Boston, Gloucester, Salem & more...
October 17-20
4 super days, 6 great meals
Highlights include deluxe motor coach transportation with Senior Tours, complimentary cocktails & snacks, six meals, guided "Bean Town" tour, Salem Witch Museum, Quincy Market, Bunker Hill and more...
\$699 (Double) \$828 (Single)
\$400 deposit due upon sign-up...Balance due Sept. 1

Bill Graham launched the careers of countless rock & roll legends in the 60s at his famed Fillmore Auditorium. As a promoter and manager, he worked with the Grateful Dead, Jimi Hendrix, Santana, Led Zeppelin and more...
Through memorabilia, photographs, ephemera, and psychedelic art in the form of the Fillmore concert posters, the exhibition will explore the momentous cultural transformations of the 60s, 70s, and 80s through the lens of rock & roll.
National Museum of American Jewish History in Philadelphia
Tuesday, September 20
Departs Poolside 9am...\$35pp
Lunch On Your Own
ON SALE JULY 1



PLAYBILL
"WAITRESS" on Broadway
Brooks Atkinson Theatre
Wednesday, October 5
Departs Poolside 10am
\$134pp includes orchestra seat, bus & driver gratuity
Lunch On Your Own
ON SALE JULY 1



Wine & Design Painting Party
Thursday, September 1
6:30pm Gallery \$15pp
On Sale August 2

POINT PLEASANT BOARDWALK & LUNCH AT THE SHRIMP BOX

Monday, September 12
Departs Poolside 11am
\$50pp includes bus, full lunch, time at the boardwalk & all gratuities.
On Sale August 2



PLACES TO GO

SPORTS FUN



BOCCE

Call E&R for Details

CROQUET

Golf Croquet Sunday, Tuesday, Friday 4pm
Call Betty Anne Clayton for Details

PICKLEBALL

Call Frank Nobile for Details.

HIKING

August 17...Semi-Annual Hiking Meeting
7PM...Maple Room
New Hikers Welcome
Call Ann Rotholz for Details

SHUFFLEBOARD

July 5..."Under the Stars"...7pm
New Payers Welcome
Call Mary Leone for Details

TABLE TENNIS

Tables available Tuesday, Friday, Saturday & Sunday,
9-11AM.
All Welcome!

TENNIS

Courts available 8am until dusk.

PICKLEBALL SPRING TOURNAMENT

CONGRATULATIONS

Silver Medal Winners...Warren Kelly, Mark McEntee, Yvonne Nobile, Gail Piccirillo
Bronze Medal Winners...Robin Kelly, Fon Ng

CHAIR YOGA

Tuesday mornings, 10:00am, Gallery
Enjoy the benefits of yoga while sitting in a chair. Class is conducted by a certified Yoga Instructor. Pay instructor directly

FITNESS CENTER ORIENTATION

Tuesday, August 9, 10:00am
New to the Fitness Center or need a refresher?
Sign-up in the Clubhouse

HEALTHY BONES

Thursdays, 9:30am, Ballroom
This class is for those that have pre-registered.

OPEN EXERCISE DVD

Monday, Thursday, 9:30 Hawthorn Room
Saturday, 9:30am, Maple Room
No Instructor, Exercise at your own pace.
DVDs are selected from our current collection
No charge or sign-up required.

YOGA

Wednesday, 9:30am, Cedar Room.
Resident instructor conducts the class. No Charge.
All Welcome. Bring floor mat.
SPACE LIMITED.

ZUMBA GOLD

Monday, 6:30pm, Hawthorn Room.
Class conducted by a certified Zumba instructor.
New Session Begins July 11

AQUA AEROBICS

Tuesday & Thursday...10am
Wednesday...6:30pm
No Charge...No Sign-up Required
Classes Begin Tuesday, July 5

LET'S GET MOVING



CULTURE & EDUCATION

**Are You Interested?
¿Estás Intersado?
Latino/Hispanic Group**

Let's get together & learn about each other's cultures.
Juntemonos para conocer nuestras culturas!

Call the Clubhouse if Interested.
Group will be offered monthly if
there is enough interest!

ARMCHAIR TRAVEL DVD PROGRAM
4th Tuesday, 1:00pm, Ballroom

AVIATION GROUP
2nd Wednesday, 1:30pm, Ballroom
"Private Jets"

BOOK DISCUSSION GROUP
2nd Thursday, 3:00pm, Maple Room
"A Midsummer's Night Dream"

CULTURAL PROGRAM SERIES ON DVD
1st Tuesday, 1:00pm, Ballroom
"Tony Bennett Duets"

CURRENT EVENTS ROUNDTABLE
Mondays, 10:30am, Maple

GERMAN AMERICANS
Last Thursday, 1:30pm, Cedar

GREEK AMERICANS
1st Tuesday, 1:00pm, Maple
No Meeting in July

POLISH AMERICANS
1st Friday, 1:00pm, Maple Room

SCIENCE & NATURE DVD PROGRAM
3rd Tuesday, 1:00pm, Ballroom

WRITERS GROUP
Last Thursday, 10:00am, Cedar Room

"ALL IN STITCHES" Knit & Crochet Group
Thursdays, 1pm, Maple Room

ART CLASS/WORKSHOP
Wednesday, 9:30am—11:30am, Gallery.
Resident/Artist Paul Pittari offers basic instruction.
Easels provided. Supplies on your own.

CERAMICS STUDIO
Monday & Thursday, 8:30am—12pm.
Monitor present. Molds & Kiln on site.
Supplies on your own.

GALLERY EXHIBITS
The months of July & August will feature an exhibit
from Rossmoor's Digital Photography Club.
Be sure to stop in and browse the beautiful artwork.

POTTERY
Wednesday & Saturday, 8:30am-12 Noon.
Monitor present.

RUG HOOKING GROUP
Thursdays, 9am—2pm, Gallery.
Bring your lunch and be prepared to have some fun!

OPEN WOOD CARVING WORKSHOP
Fridays, 9am—12pm, Woodshop.
Supplies on your own.

WOODSHOP
Open to Residents who have completed the
orientation and safety class.
Monday-Saturday 9am-3pm

Contact the Clubhouse office at
609-655-3232 if you would like
more information

THE ART WORLD



THIS & THAT

POOL PASSES FOR GUESTS
\$2-Children
\$4-Adults
Review the Pool Rules

RCAI Offices will be
closed Monday, July 4
in observance of
Independence Day.
Have a happy &
safe holiday!

BEAT THE HEAT
♦ Wear Cotton Clothing
♦ Exercise Indoors
♦ Increase Fluid Intake
♦ Eat Healthy

JUST A REMINDER
Please return books to the
Reading Room when
you are finished.
Thank You

EVENT REMINDERS
Bring Rossmoor ID when purchasing tickets for E&R events. Only two tickets per manor can be purchased. When bringing a guest/non-resident, please provide their full name at time of ticket purchase. Tickets are non-transferrable

TRIP REMINDERS
Trips require average physical activity. You should be in good health, able to climb stairs and walk reasonable distances, possibly over uneven grounds.

Any guest accompanying a Rossmoor Resident MUST be at least 18 years of age. Basic information on guests must be provided when tickets are purchased.

CARDS & GAMES



BANANAGRAMS

Fast paced crossword style word game to keep you on your toes. Mondays & Thursdays, 2pm, GR.
Contact Dolores Wardrop info in Rossmoor phone book

BRIDGE

Tuesday night Rubber Bridge players needed.
Contact Diane DelMasto info in Rossmoor phone book

CANASTA MAHJONG

Contact Clubhouse

MAY I

Contact Sophie Prata. Info in Rossmoor phone book

MEN'S POKER

Contact Joe Conti. Info in Rossmoor phone book

NINTENDO Wii

Bowling, Tennis, Golf.
Stop by E&R Office to sign out games.

PINOCHLE

Wednesdays, 1:00pm.
Contact John Cristiano. Info in Rossmoor phone book

POKER

Mondays and Fridays.
Contact Ginny Giorgio. Info in Rossmoor phone book

POOL ROOM

The Pool Room is open 8am-10pm, 7days.
(Closed for cleaning, Wednesdays 8am—11am.)



"JOY"
Starring Jennifer Lawrence

Tuesday, July 12
1&7PM Ballroom

Sunday, July 17
1:30PM Ballroom

Rated PG-13
124 Minutes

No Charge

Movie Subject to Change

FRIDAY FLICKS
MYSTERY MOVIES

July 1 & 29
1PM Ballroom
No Charge



MOVIE CORNER



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*Alone we can do so little,
together we can do so much*
-Helen Keller

PICTURE PERFECT



2016

CALENDAR SUBJECT TO CHANGECheck with Group/Club for more info**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
			 "LIKE" the Rossmoor Clubhouse NJ on Facebook		1:00pm Mystery Movie-BR 	
3	INDEPENDENCE DAY 4	5	6	7	8	9
	1:00pm RJC BBQ-BR RCAI Offices Closed 	1:00pm Cultural Program-H "Tony Bennett Duets" 7:00pm Shuffleboard "Under the Stars"-CT	6:30pm Summer Concert on the Lawn-MH	10:00am Agenda Committee- VC 2:00pm Mutual 9-BR	7:00pm  Pool Party w/ DJ Mel-Pool	
10	11	12	13	14	15	16
	Golf Outing 1:00pm Health Care Lecture- MP 2:00pm Mutual 2-VC	1:00pm & 7:00pm FREE MOVIE-BR "JOY" Rated PG-13-124 Mins	1:30pm Aviation-BR "Private Jets" 3:00pm Mutual 10-VC	9:00am Maintenance Comm.-VC 10:00am Community Affairs-VC 11:00am Finance Comm.-VC 5:00pm Mutual 16 Picnic-BR 	9:00am  Trip-Atlantic City 5:00pm Mutual 11 Picnic-BR	
17	18	19	20	21	22	23
Family Day at the Pool-ALL RULES APPLY 1:00pm & 7:00pm FREE MOVIE-BR "JOY" Rated PG-13 124Mins	10:00am Mutual 7-BR 	9:00am-11:00am Comcast-BR 1:00pm Science & Nature-BR		9:00am Board of Governors-VC 2:00pm Mutual 15-VC	7:00pm  Pool Party w/ DJ Gary-Pool	6:30pm Bingo-BR
24	25	26	27	28	29	30
1:00pm Mutual 2 Picnic-BR	Golf Outing	1:00pm Armchair Travel-BR		2:00pm Mutual 4c-GL 7:00pm Players Performance-MH	1:00pm Mystery Movie-BR 7:00pm Players Performance-MH	2:00pm Players Performance-MH
31						

GROUPS/CLUBS MEETING ON A WEEKLY or BI-WEEKLY BASIS			
All in Stitches	Thurs	1:00pm	MP
Art Class	Wed	9:30am	GL
Chorus	Wed	4:00pm	MH
Church Discussion	Tues	1:30pm	MHP
Community Church	Sun	11:00am	MH
Crafters	Tues	9:30am	CFT
Croquet	Fri	5:00pm	C/MP
Current Events	Mon	10:30am	MP
Rug Hookers	Thurs	9:30am	GL
Sewers	Mon	9:30am	CFT
Torah Study	Sat	10:00am	CD

GROUPS/CLUBS MEETING ON A MONTHLY BASIS			
Book Discussion	2nd Thurs	3:00pm	MP
Catholic Society Mass	2nd Thurs	7:00pm	MH
Computer Club	3rd Mon	10:00am	GL
Dance Club	Last Sat	7:00pm	BR
Emerald Society	4th Wed	2:00pm	BR
German-American	Last Thurs	1:30pm	MP
Greek-American	1st Tues	1:00pm	MP
Indian American	3rd Fri	7:00pm	CD
Italian-American	3rd Wed	7:30pm	BR
Jewish Cong. Services	2nd & 4th Fri	7:45pm	MH
NJ Social & Cultural	Last Fri	1:30pm	BR
Players	Last Mon	7:00pm	GL
Polish-American	1st Fri	1:00pm	MP
Sisterhood	3rd Mon	1:30pm	BR
Women's Guild	3rd Thurs	1:30pm	BR
Worship with Communion	1st Sun	11:00am	MH
Writers Group	Last Thurs	10:00am	CD

WEEKLY GAMES, EXERCISES & SPORTS			
Bridge (Various Groups)	**CARD ROOM**		
Cards	Thurs & Fri	1:00pm	GR
Chair Yoga	Tues	10:00am	BR
Table Tennis	Tues, Fri, Sat, Sun	9:00am	H
DVD Exercise	Mon, Thurs, Sat	9:30am	H/MP
Yoga	Wed	9:30am	CD
Zen Meditation	Mon	6:30pm	MHP
Zumba®	Mon	6:30pm	H

Ballroom	BR	Clubhouse	CH	Gallery	GL	Maple Room	MP	Terrace	TR
Court	C	Craft Room	CFT	Game Room	GR	Meeting House	MH	Red Room	RR
Cedar Room	CD	Dogwood Room	DW	Hawthorn Room	H	MH Parlor	MHP	Village Center	VC

Italian-American Club news

By Tony Cardello

Flavian, the mind reader, put on a fascinating and entertaining show at our June membership meeting.

Our trip to the Sands Casino was enjoyed by all. Well,

maybe not all, but some of us came home with money.

Upcoming events will be the trip to Renault Winery, with a stop off at Smithville, on August 29, and the picnic in the Ballroom on Septem-

ber 10.

Bingo will be played in the Ballroom on Saturday (not Friday), July 23.

Wishing all the members a happy and safe Fourth of July.

A surprise performance

By Jean Houvener

On June 3 those of us who subscribe to the Rossmoor Music Association concert series were in for a real treat. While the scheduled performer was unable to perform, we were fortunate that the association was able to schedule a superb young pianist for the evening. While Steven Lin was born in Los Angeles and then moved to Taiwan with his parents, he lived for eight years in East Brunswick, and attended East Brunswick High School. As he pointed out, his exit was Exit 9 and ours is 8A, so not very far away.

As a ten-year old, he was admitted to the Juilliard Pre-College Division in New York. He has subsequently earned both a bachelor's and a master's degree at Juilliard. Now 26, he has won numerous prizes, including a silver medal at the Arthur Rubenstein Piano Competition in Israel in 2014 and the John Giordano Jury Chairman Discretionary Award at the Van Cliburn International Piano Competition in 2013. He won the Juilliard Pre-College Piano Competition twice and made his debut as a soloist with the New York Philharmonic at the age of 13.

and we had the benefit of a preview of 3 Impromptus, No. 1, No. 2, No. 3, and a Fantasy-Impromptu in C-sharp minor. All this he played continuously, and we listened as the time flew by. Only after the Chopin pieces did he think to ask if we needed an intermission – he did not. We did not need an intermission either, so he launched into Reminiscences de Don Juan by Franz Liszt, the rock star of his time, and a

showpiece for a pianist. His fingers were a blur as they flew over the keys. When he is world famous, all of us who were lucky enough to be there can now look forward to saying, "I first heard him in Rossmoor in 2016."

Look for the subscription form in this Rossmoor News for the Music Association's 2016-2017 series. The scheduled performances look enticing, and you never know when an amazing surprise could occur, so don't miss it!

Explaining 3D printers at Computer Club meeting

By Alec Aylat

Monroe Library's expert on 3D printing, Steve Hubes, will open a discussion on what was once theoretical, but is today a reality, when he addresses the club's monthly meeting in the Gallery at 10 a.m. Monday, July 18. All residents are welcome to challenge Steve's prediction that 3D printers will be common in Rossmoor and other homes, as well as at the Library, in coming years.

He will cover the science and technology behind 3D printers, from how they work to the his-

tory, progress and future of the technology and what kinds of things can be made.

The functions of 3D printing range from practical objects for everyday use to commercial products and parts utilized in manufacturing, plus the technology holds promise for bio-printing of human parts for medical purposes. Currently, bio-printing can be used to print tissues and organs to help research drugs and pills.

Non-3D refreshments are at 9.30 a.m. Come early to relish the future.

Emerald Society's activities

By Joan Avery

Ron Haas, who has had a successful career in the pharmaceutical business, gave a very thought-provoking presentation on pharmaceuticals at the June Emerald Society meeting. It was an education on the different medicines we take.

Judy Nisbeth will give a presentation on travel safety at the July meeting. Judy has had 40 years of travel experi-

ence and will discuss the many facets of travel safety, including travel by car, plane, or ship in addition to international travel.

Larry Ferrari will give a presentation at the meeting on August 24.

President Dan Jolly has replaced the Dutch Apple Theater trip with the very popular day excursion to Doolan's for dinner and en-

(Continued on page 17)

Music Association

(Continued from page 13)

track he contributed to a solo guitar compilation of Henry Mancini music called "The Pink Guitar."

Huizinga performed with Canada's biggest Indie rock bands, the world's greatest baroque orchestras and as a soloist around the world. He recently performed with Stevie Wonder.

Friday, June 2: Trio from New Jersey Symphony Orchestra

Darryl Kubian is a member of the first violin section of the New Jersey Symphony and was the principal second violinist of the Brooklyn Philharmonic. Kubian's New Jersey-based audio/video production company has recorded artists such as the Emerson String Quartet and the Orpheus Chamber Orchestra. He will perform with a

trio, including two other members of the NJSO yet to be named.

Reminder: All concerts are at 7:30 p.m. in the Meeting

House

Subscription: \$60 for all six concerts. That's a savings of \$30! Individual tickets: \$15 at the door.

Name:_____

Phone #:_____

Address:_____

e-mail _____

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(+ optional donation) \$ ____: Total _____

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Monroe Twp. NJ 08831.

Tickets will be mailed in late August.

A reminder: Geoff Gallante, musical prodigy, and his jazz trio will be performing at the Meeting House on Sunday, August 21, 2016 at 3 p.m. Donation \$10. All are welcome.

HAIR

by Dawn

Summer is here!

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(Continued from page 1)

received. Their gratitude was much appreciated by this audience since many luncheon attendees had donated items and worked the bazaar where the money for these scholarships was raised. (And yes, we want to espe-

cially thank Paulette Mascia for chairing this event and returning to ensure it's held again the first Saturday in November.) But since I sat at the table with the students, their principal, and two of their guidance counselors, and I'd attended the school's

award ceremony a week earlier, I was privy to things most weren't. And I'd like to share some of these because they were positive and uplifting.

First, let me say that Linda Klink, who was then the incoming scholarship chairperson and I, as the incoming president, joined Gail Carnevale, who was the current scholarship chairperson, at the high school's awards ceremony. We were all impressed with how this event was orchestrated. However, I would say we were even more amazed at how enthusiastically the students clapped and cheered for all recipients throughout the two-hour program.

I mentioned this as Linda and I ate lunch with the students. The principal smiled and said, "It was nice to see. However, I can tell you that some years were quite different."

I was happy for these students that they'd been in a class where people supported each other. Then, as the luncheon went on, and I'd had more of an opportunity to talk to these five young people, I couldn't help but wonder if it wasn't people like them who'd help to create this type of environment. Also, the principal and guidance counselors related in ways with the students which seemed conducive to fostering the belief that everyone could meet their personal goals and succeed while still support-

ing and working with each other. And perhaps this is why I agreed with a Rossmoor resident who came up to the table and told the principal that she would have liked to have had a principal like him.

I stated how impressed I was by all that the guidance counselors appeared to have done to help students applying for college. The woman managing the guidance program replied that there were many more choices, and it was a much more complex process today than it had once been.

Indeed, young people today have career choices that didn't exist when we were heading off to college. Then again, when we were heading off to college, women were not welcome in many fields of study—especially in some graduate and professional schools. When I spoke of that reality, the young man who planned to pursue a mathematics degree brought up the STEM programs available today. As you may already know, but I didn't, these encourage girls to pursue education and careers in science, technology, engineering, and math.

Yes, things have certainly changed.

The class valedictorian, the young man headed to Columbia, was seated next to me. He recognized that today, you can gain the knowledge you might desire and need from myriad sources. "But in today's world, it's all about relationships and networking," he said. He alluded

to the fact that by attending Columbia, as well as being situated in New York City, he might stand a better chance of developing the type of network he'd need to reach his career goals. See, he already knew he wanted to go on to medical school and, for that matter, was quite certain he wanted to practice in Texas because he liked the lifestyle there. Oh, and he'd already been shadowing physicians from several specialties to gain a sense of the realities of their work days.

Really, he was only graduating from high school, not college?

Yes, it is a new world. But it looks like these students from our local high school are ready to meet it. But then, we have to remember they were born into and raised in a global economy. They were born after personal computers and the Internet had become the norm. They were entering school about the time our world seemed to be speeding up even more so because of how rapidly technology and the Internet were changing. No, they cannot approach life as we did. They must be prepared to deal with a continually changing world.

At Rossmoor, we're fortunate to have our own little oasis where we can partake of organizations such as the Women's Guild. Of course, the wonderful activities and events just don't happen, but are the result of the dedication and efforts of residents. Thus, I'd like to thank those who served us in 2015-2016. At the top of the list is President Carolyn Terry. Her wonderful team members who recently retired from their roles include: Vice-President Ruth Klein; Secretary Evelyn Brennan; Treasurer Roberta Ambler; Finance Officer Trudi Phillips; Hospitality Chairpersons Dolores Mazzetta, Josephine Braiuca, and Patricia Greeves; and Scholarship Chairperson Gail Carnevale. Those continuing on, but who should be thanked as well, including Vice-President Lana Ottinger (she organized the programs and handled publicity last year, and will continue to do so as vice president); Devotionals Leader Paulette Whithead; Membership chairpersons Dolores Wardrop and Helen Drews; and Bazaar chairperson Paulette Mascia.

Certainly, we encourage all women at Rossmoor to join us this September when Lana Ottinger plans to kick off our 2016-2017 year on the third Thursday of the month, September 15, at 1:30 p.m. in the Ballroom with a fashion show centered on some of our favorite characters from literature. Would you like to develop a costume and model it? Send Lana an email at lanaoettinger@gmail.com, and she can provide you with more information.

See you in September.

IMPORTANT PET REMINDER

Pets must be leashed at all times and kept under control so they do not disturb the peace of residents.

Pet owners may not allow a dog to relieve itself upon sidewalks, driveways, flower beds or any landscaped area more than three feet from any street curb.

Pet owners are responsible for cleaning up after their dogs immediately.

Pets are not permitted on the golf course or the perimeter of the golf course at any time.



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Rossmoor Democratic Club Mayors Breakfast

Democratic Club participates in annual Mayor’s breakfast

By Susan Kostbar
Many members of the Democratic Club attended the Mayor’s annual spring breakfast on Sunday, May 22, at the

Emerald Society

(Continued from page 15)
tainment by the Nashville Sound on August 23.
The Annual Emerald Society picnic in the Ballroom and Terrace is scheduled for August 20 from 5 to 8 p.m. Note the time change.
The Niagara Falls trip is scheduled for September 6, 7, 8 and 9. There are three seats left. Everyone who has signed up for this exciting trip is looking forward to this wonderful end to the summer.
See you at the July 27 meeting.

LWV: Supreme Court on July program

By Ruth Banks
At its annual meeting on June 6 at the Cranbury Inn, the Monroe Township League of Women Voters welcomed new President Andrea Pellezzi. Three vice-presidents were also approved: Marsha Rosenbaum, Voters Service; Mary Ann Colgan, Natural Resources; and immediate past president Ruth Banks, Program and Public Relations. Although the meeting preceded the primary elections by one day, guest speaker Ingrid Reed speculated about the impact of the potential outcomes.
The meeting of the League on July 25 will feature a talk on the Supreme Court. Guest speaker Dolores Meyerhoff will illustrate the Court’s decision-making process by citing a number of cases. Meyerhoff is well known for her expertise in explaining the background to many significant court cases.
The League meeting will begin at 1 p.m. in the Township’s Municipal Building; it is free and the public is invited to attend.
Meyerhoff holds a master’s degree in social studies from Rutgers University. She headed the Social Studies Department at East Brunswick High School for 30 years, where she taught 20th

(Continued on page 24)

Monroe Township Senior Center on Applegarth Road. Mayor Gerry Tamburro welcomed many community dignitaries to share what is an ongoing tradition here in Monroe Township.
In addition to meeting the Mayor, Rossmoor’s Democratic Club officers and members mingled with Councilwoman Betty Schneider, Middlesex County Sheriff Mildred Scott, State Senator Linda Greenstein, Freeholders Kenny Armwood and Charles Kenny, Monroe Council President Leslie Koppel, and more.
A pleasant surprise was had by all when Phil Murphy, former U.S. Ambassador to Germany, declared himself as the first candidate to put his hat in the ring for governor of New Jersey.
In addition to attending the Mayor’s breakfast, our Democratic Club continues to be busy with many activities in this presidential election year, including the New Jersey prima-

ries where voting was held in the Clubhouse on June 7.
During the June 14 meeting of the Democratic Club, a new Facebook page was unveiled, with the intention to capture more interest and members to the Club. You are invited to search Facebook for “Rossmoor’s Democratic Club” ... and please “Like” and “Join.”
Coming up on Tuesday, July 12, from 7 to 9 p.m., will be our Summer Pot Luck Dinner fundraiser. This event is open to all and will be held in the Gallery: members at \$5, and guests at \$7. Please bring your favorite dish. We’ll have soda and water for you. Invite your friends: we’ll have music, a delicious variety of foods, 50/50s, and guest speakers throughout the evening.
Please make a reservation today and tell us what you’re bringing. Catherine Hunt, secretary, is taking reservations at (205) 821-1209.

Dance Club summer dance

By Judy Perkus
Come dance to the music of Carmine on Saturday, July 30, at 7 p.m. in the Clubhouse Ballroom. The Dance Club invites all residents, singles as well as couples, to their monthly dance. Refreshments include coffee, tea, soda, and cake (sugar-free available).
Please leave your check made out to the Rossmoor Dance Club in an envelope in the Dance Club folder in the

E&R Office or mail it to Armen DeVivo at 449B Roxbury Lane. The cost is \$8 a person for paid-up members and \$10 a person for non-members. Annual Membership is \$7.50 per person, \$15 per couple.
Call Armen at 655-2175 for more information.
SAVE THE DATE: Saturday September 24 is the date of the Anniversary Dinner Dance. More details to follow.

Rossmoor Dance Club July 30 Dance

Name: _____


Phone #: _____

Address: _____

PAID-UP Member(s): _____ @ \$8 = _____

Non-member(s): _____ @ \$10 = _____

2016 membership dues
\$7.50 per person; \$15 per couple _____

 Total _____

RESERVATION DEADLINE: July 21

Please send check made out to the Rossmoor Dance Club to: Armen DeVivo at 449B Roxbury Lane. 609-655-2175, or leave in an envelope in the Dance Club folder in the E & R Office

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Some tips to improve your bridge game

By Paul Fried

I would like to restart my monthly duplicate bridge column after a long hiatus. I know there are many bridge players here who do not play in the Clubhouse or in the regularly scheduled Wednesday evening duplicate. I hope that I can help everyone bid and play better with a few little relevant comments and suggestions.

Almost everyone opens with a bid of 1NT holding a hand containing 15-17 HCP with no singletons and no biddable 5-card major suit. When there is no interference bidding and you hold a 5 or 6 card major suit or a 6 or 7 card minor suit but not

enough points to bid 3NT directly a majority of players will use a TRANSFER bid in order to have the NT bidder be the declarer of the hand. Oftentimes this artificial bid will get doubled by your opponent in order to direct a lead from their partner in the suit that was doubled rather than just letting their partner lead 4th from their own longest or strongest which oftentimes gives away an extra trick to the declarer.

Almost always the NT bidder "obeys" the transfer request and does what their partner asks them to do. This is not necessarily the proper thing to do. If the NT bidder does not have at least a 3 card holding or a doubleton honor in the requested suit the NT bidder should PASS and let the bidding revert back to your partner who made the transfer bid initially. If your partner still wants you to make the transfer bid he or she can REDOUBLE which says to partner "I don't care that you don't have good support for my suit. I still want you to bid it anyway. Perhaps you now want your partner to play in NT if you hold a stopper in the suit that you used to make the transfer.

Another scenario occasionally occurs when you bid 2C (Stayman) and your LHO doubles to show clubs. If your partner has 4 good clubs he should REDOUBLE the DOUBLE and more often than not your side can MAKE 2C Redoubled by virtue of your superiority of high cards even if you would otherwise only be able to make a part score. Let me give you an example of this.

N	
S K 10 x x	
H K x x x x	
D 10 9	
C 9 x	
W	E
Q x x x x	x x
A 10 x	J x x
Q x x x	K x x
X X	A Q 10 x x
S	
A J x	
Q 9	
A J x x	
K J 8 6	

Mailing Addresses

If you are not receiving mail from Rossmoor, your Mutual, or *The Rossmoor News*, it may be a matter of our not having your correct mailing address. Many residents, over the years, filed "Winter Address" forms with Administration and failed to specify a return date. If you did not contact us when you returned, it might be possible that we still have an alternate or winter address in our system.

Please contact Resident Services manager, at 609-655-1000, to verify your address.

THE FITNESS CORNER

By Kim Vasta, CPT

"Help, I've fallen and I can't get up!"

Each year, millions of older people, those 65 and older, fall. In fact, one out of three older people falls each year, but less than half tell their doctor. Falling once doubles your chances of falling again.

Each year, 2.5 million older people are treated in emergency departments for fall injuries and at least 250,000 older people are hospitalized for hip fractures.

Many falls do not cause injuries. But one out of five falls does cause a serious injury such as a broken bone or a head injury. These injuries can make it hard for a person to get around, do everyday activities, or live on their own. Many people who fall, even if they're not injured, become afraid of falling again. This fear may cause a person to cut down on everyday activities. When people are less active, they become weaker and this increases their chances of falling.

There are many conditions that may cause a person to fall, but many risk factors can be changed or modified to help prevent falls, including:

- Lower body weakness
- Difficulties with walking and balance
- Use of medicines such as tranquilizers, sedatives, or antidepressants
- Vision problems
- Foot pain or poor footwear
- Home hazards or dangers such as broken or uneven steps, throw rugs, or clutter.

Many balance and mobility exercises can control balance and prevent falls, including center-of-gravity control training, seated balance activities, postural training, standing balance exercises, weight shifts and transfers, and head and eye movements while walking.

Maintaining adequate muscle strength and endurance is important for good postural alignment, balance, and mobility. Despite age-related declines in muscle strength and power, much can be done to offset the losses by engaging in strength and endurance activities.

Like strength, joint range of motion and muscle flexibility gradually decline with age. Loss of flexibility in the lower-extremity joints has particularly important implications for balance and functional mobility. For example, stiffness or loss of flexibility in the ankle joint will reduce the ankle range of motion and place the older adult at heightened risk of falling, especially while walking. Performing regular flexibility and stretching exercises will help keep joints mobile.

Maintaining balance and mobility is essential to aging successfully. In addition to making it possible to perform basic activities of daily living, such as rising from a chair or climbing a flight of stairs, good balance forms the foundation on which a healthy and active lifestyle is built.

For questions or more information, email me at kimvasta@comcast.net.

FREE Community Cleanup

The Township of Monroe
will come into our community to pick up bulk items

All items should be placed at the
designated areas on July 23 and July 24
for pick up on July 25

The following 17 designated areas are:

Dorset Lane
Concord Lane
Hanover Lane
Portland Lane
Malden Lane
Mystic Lane
Nantucket Lane
Narragansett Lane
New Bedford Lane
Northfield Lane
Redding Lane
Somerset Lane
Sutton Way
Westfield Lane
Yorktown Lane

Clubhouse Parking Lot
Meeting House Parking Lot
(cones will mark the exact location)

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Clothing, paint, concrete, tires, aerosol cans, motor oil, antifreeze, brake fluid, transmission fluid, kerosene, pesticides, herbicides, pool chemicals, drain cleaners, petroleum lubricants, photographic chemicals, driveway sealer, oven cleaner, mercury thermometers, household or car batteries, fluorescent light bulbs, construction debris or garden debris

If any of the above-mentioned items are put out, they will not be picked up by Monroe Township. It will then become the Mutual's responsibility to dispose of it.

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SPORTS



Croquet Club in full swing playing golf croquet

By M. Vail

On Sundays, Tuesdays, and Fridays at 4 p.m., the members play Golf Croquet, a game that introduces beginning players to skills in playing regulation croquet. The game of Golf Croquet is played on a six wicket court and is different in a big way. The members play a shorter version of golf croquet which allows a player only one shot at a time to make a wicket.

Two teams play opposite each other with all four croquet balls aiming to score the same wicket. The players shoot their balls in order of color: blue, red, black and yellow. Partner balls are blue/black and red/yellow. The first ball to score the wicket wins that wicket and one point for the team. The players then shoot for the next wicket. The first team to score four out of seven wickets wins the game.

The United States Croquet Association (USCA) finds "Golf Croquet provides great interaction between the players making a social game... very popular for club play and offers strategic challenges to attract the most veteran of players." One learns strategic plays very early in the game. It is played statewide, nationally, and internationally.

The USCA tradition of Club members wearing white on the court continues; however, residents interested in trying out for the game are not required to wear white. All color comes through the equipment including the balls, mallets and stake. The strategy is on the position of the croquet balls on the green-sward, otherwise known as the court.

Croquet equipment is available and flat rubber sole footwear is required to protect the court's grassy surface. If you enjoy watching croquet and would like to know more about Golf croquet join us on the court or contact Membership Chair Betty Anne Clayton at 609-662-4659. Refreshments are served on Fridays after play at 6:00 p.m. in the Maple Room.

For more information, please check Channel 26 and The Rossmoor News under Sports and Sports Fun. The croquet court bulletin board provides brochures, club newsletter and the weekly schedule of play and events.



Golf Course Highlights

By Ted Servis, Golf Professional

What's going on at the Golf Course? Golf season is in full swing and it's been a great season so far for everyone. A job well done goes out to Tom Tucci and his staff; the course is in great shape.

The Ladies' golf clinic will be July 27 from 9 to 10 a.m. Please call the Pro Shop to sign up.

The Pro Shop is fully stocked with merchandise for all your golfing needs so please stop in and take a look. If there is something you're looking for and we don't have it in stock, we'll be happy to order it for you.

We just switched out all the old range balls for brand new

Wilson range balls, so please come out and give them a try.

The Pro Shop hours of operation are as follows: Monday from 11 a.m. to 5:30 p.m., Tuesday through Sunday from 7 a.m. to 5:30 p.m. All hours are subject to the weather.

If there is anything we can help you with, or any questions we can answer, please give us a call at 609-655-3182. Thank you and I wish everyone a healthy and happy golf season.

Remember that the Golf Course is currently offering a referral incentive of \$200 in Pro Shop Credit for bringing in new members.



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9 Holer results

By Terre Martin

April and May had spotty weather for tournaments, but four actually took place. Here are the winners.

Two Mulligans: A flight- 1. Doris Herron 2. Muriel Calvanelli; B flight- 1. Denise Sikora 2. Joan Gabriello. Low **Net:** A flight- 1. Grace Hammesfahr 2. Paula Richardson; B flight- Alyce Owens 2. Mary Shine.

Two Week Nassau: 1. Mary Shine 2. Paula Richardson 3. Marjorie Heyman.

Member/Member: 1. Terre Martin, Alyce Owens 2. Denise Sikora, Joan Gabriello 3. Paula Richardson, Muriel Calvanelli.

Our group has had its fair share of illnesses and operations, but hopefully everyone will be on the mend to join us for our late summer tournaments. We miss seeing our regulars. Remember to bring a brown bag lunch for a get-together in the Gallery after our Step Away Scramble on July 12. And all members should think about who they would like to invite for our Member/Guest tournament on August 2. It will be followed by a luncheon in the Gallery.

If you'd like to learn more about our group, please contact Membership chair, Mary Shine (609-655-4518) or

President Marie Bills (609-655-1912).

Golfer's Prayer: Grant me the serenity to accept the shots I miss; the courage to try again; and the wisdom to not throw my clubs in the pond!

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Healing Mass Blessing of the Prayer Shawls

Jewish Congregation: July 4 barbecue becomes an annual party

By Ben Wistreich

As you read this, the Jewish Congregation’s annual July 4 barbecue is just about sold out. There may be a few empty seats, so check immediately by calling our chef, Jeff Albom. He’s in the Rossmoor phone book.

No matter the weather, we’ll be in the Ballroom on Monday the 4th (plus perhaps on the patio, too) and there’s a 1 p.m. start. Cost for guests is \$20 and includes unlimited freshly grilled kosher hamburgers and franks, beans, coleslaw, corn, fresh fruit, watermelon, soda, iced tea, desserts, and coffee, too. A full menu of favorites.

You’ll enjoy great food, great friends and background music, on a wonderful and memorable afternoon. Don’t hesitate — when we have 110 people, the party doors will close. And that happens every year. BYOB.

Sabbath Services on Friday,

July 8 at 7:45 p.m. will have Jeff Albom as the Torah Reader and Bob Kolker as Lay Reader. The Congregation will sponsor these Services.

On Friday, July 22, the Sabbath Services at 7:45 p.m. will have Bob Kolker as the Torah Reader and Jeff Albom as Lay Reader. The Congregation will also sponsor these Services. All services are in the Meeting House and are led by our Cantor, Mary Feinsinger.

The Congregation’s Board Meeting on Tuesday evening, July 5, will be held in the Dogwood Room at 7 p.m. All Board members are urged to attend meetings on the first Tuesday evening of each month.

The Congregation’s Facebook page can always be reached at: www.facebook.com/RossmoorJewishCongregation. Check it out.

Joyous Jewish music and song

By Judy Perkus

Get ready to sing along and smile with Jerry and the Jewbadors, who will bring the humor and poignancy of Jewish music and entertainment at the next meeting of the Rossmoor Sisterhood on Monday evening, July 18, at 7:45 p.m. in the Ballroom. It’s an event of fun you won’t forget.

The Jewbadors are a Monroe Township senior group, all of whom have performed formerly in choral and other music groups, as actors and sing-

ers, in shows in many venues.

The performance is called “From Here to There - A Jewish Journey,” and tells the story of leaving a little village in Eastern Europe and settling in America and Israel. Performed many times, the show has received rave reviews from audiences in Middlesex, Monmouth, and Union counties, and features both dialogue and songs.

Be prepared for our delicious desserts and don’t forget to bring non-perishable food for the Kiwanis Pantry.

HEALTH CARE CENTER NEWS

Summer precautions

By Kaytie Olshefski, BSN, RN-BC

As we enter one of the hottest month of the summer, we definitely need to take the extra few minutes to shield ourselves from the sizzling summer sun. Here is a review of how to protect ourselves from the summer sun and heat.

Wear lightweight, light colored, and loose fitting clothing, preferably made of cotton.

About half an hour before leaving the house, apply a sunscreen of SPF 30 or higher. Make sure the sunscreen bottle says "broad spectrum" or "UVA/UVB protection." Reapply it as directed on the bottle.

When you are ready to leave the house, grab your sunglasses and wide brimmed hat.

Remember to take a bottle of water with you, but not ice cold water because this might cause stomach cramps. Drinking water will help to keep you hydrated. Don't wait till you get thirsty to drink water. By the time you feel thirsty, you are already dehydrated. If you are on fluid restriction, or on a diuretic, ask your doctor how much you should drink when the weather is hot.

Avoid alcohol, caffeine, and sugary drinks because these will dehydrate you. If you are thinking about drinking a sport drink, talk with your doctor, especially if you are on a low salt diet and

fluid restriction.

Avoid being out in the sun from 10 a.m. to 4 p.m. when the sun's strongest rays can damage your skin. Plan your outdoor activities for either the early morning hours or later in the late afternoon. If you are going outside during these hours, make it a point to get in the shade and drink water. If you are in the car, use the car air conditioner.

When you are home, use your air conditioner or a fan to stay cool. Your home will stay cooler if you keep the blinds closed to keep the sun out.

Eat small, not heavy, meals and not hot foods because this adds heat to your body.

If you don't have air conditioning, go to the library, Monroe Office on Aging, take

in a movie, or go shopping to stay cool while at the same time enjoying yourself by reading or shopping or meeting with friends.

This hot weather can cause health issues ranging from irritations to a serious health emergency. In hot weather some people develop a heat rash secondary to excessive sweating. The common sites for a rash to appear are the neck, upper chest, in the groin, under the breasts, and in the elbow creases. The treatment is to keep the affected area dry.

Heat cramps usually occur when a person sweats during strenuous activity. Dehydration occurs from losing salt through sweating. Muscle

cramps usually occur in the abdomen, arms, or legs. If you ever experience heat cramps, you need to speak with your physician, especially if you are on a low sodium diet or have a history of heart disease.

Heat exhaustion develops suddenly from exposure to high temperatures and from being dehydrated. Symptoms include feeling nauseous, dizzy, and weak. You must get out of the sun and into an air-conditioned room. If that is not possible, seek shade, rest, and drink lots of fluids. If left untreated, these symptoms can lead to heat stroke.

Heat stroke is a life-threatening emergency. The person's body temperature

(Continued on page 23)

Herbs and prescription drugs – Use together with great care

By Linda Bozowski

Herbs have been used as foodstuffs and medicines for many years. Many medicines that we use today are extracted from botanicals, and include such beneficial substances as morphine, penicillin, and some anti-cancer drugs. Many herbal supplements are available in health food stores and groceries and most do not require prescriptions. Magazine and newspaper articles and advertisements may tout the benefits of some of these products, and many do have health benefits. However, some are potentially dangerous when the user is also taking certain prescription or other medicines.

Herbal supplements are not regulated by any agency as medications are, and even though these products are natural, that does not mean that they are necessarily safe for unsupervised use. Many users of herbal supplements may not think to discuss these products with their physicians, pharmacists or other healthcare providers, so education or warnings about interactions are less likely to have been offered. In addition to potentially negative reactions between herbs and prescription or other over-the-counter medicines (e.g., aspirin, allergy medications, cough medicines), herbal supplements may also negatively interact with other herb products, alcohol or even some foods. Since most supplements are not labeled with safety warnings, the user

may not be given the necessary information to make an informed and safe decision about their use.

Some herbs may cause negative side effects when used with prescription or other drugs, while others may inhibit the positive benefits of the prescribed medications. Many herbal supplements can dramatically interact with such blood thinning products as Warfarin and can lead to serious clotting or bleeding reactions. Unusual amounts of cranberries or cranberry juice is one example of such a reaction, which can lead to increased bruising or bleeding. Similarly, evening primrose oil (used to enhance fatty acids needed by the body for growth), contains an acid that may inhibit clotting and increase the potential for bruising or bleeding. This product may also increase the risk for seizures in patients who may be taking anti-seizure medications.

Other herbal supplements that may be potentially problematic include black cohosh, used for menopausal disorders, St. John's wort, used for symptoms of depression, saw palmetto, used for male patients who have benign prostatic hypertrophy (BPH). Melatonin, used to help regulate sleep-wake cycles may increase blood sugar and interact with diabetes medications, and ginseng may have these interactions as well. Gingko biloba, which is used by some persons for decreasing the symptoms of Alzheimer's disease, Parkin-

son's disease, and general memory enhancement may also cause negative side effects when used with anti-seizure, blood thinner or diabetes medications.

Unfortunately, these products represent only a few of the supplements that require additional education and information. Before beginning any herbal supplement regimen, patients are urged to seek medical guidance. Much information is available via the Internet and in the library as well. Please proceed with care!


A message from High Tech Landscapes, Inc.

By Jeff Voss

- All summer flowers have been planted.
- We have edged all the sidewalks, driveways, and curb lines each month up to date.
- The Round-up has been effective now that it is hot consistently. Please tune to Channel 26 for information on when your Mutual will be sprayed.
- So far, we have still been able to mow the entire community weekly even with the bad weather recently. Please call the East Gate phone and leave a message with any questions or concerns. (609) 655-5134.
- The third round of fertilization will be a liquid application of nutsedge

control using an herbicide that produces fast, visible results and controls difficult weeds such as nutsedge, season long and aids in reducing future generations of weeds. This will take place in late July/August.

- Pruning of the smaller shrubs has been completed in Mutual 1, 2, 3, 5, 6, 7, 8, and 9. We will continue to work our way through the Mutuels.
- Please remember to put any debris out front on Sunday night for us to pick up Monday morning.
- Just a reminder, the newly installed soil and seed need to be watered at least twice a day, 45 minutes in the a.m. and p.m.



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Rossmoor Community Church

(Tel. 609-655-2321)

SERVICES:

SUNDAY, JULY 3, 11 a.m. The Rev. Dr. Dierdre L. Thomson will preach. Communion will be celebrated.

SUNDAY, JULY 10, 11 a.m. Guest Preacher TBA. Soloist: Stephanie Pervall

SUNDAY, JULY 17, 11 a.m. The Rev. Dr. Dierdre L. Thomson will preach. Music: TBA

SUNDAY, JULY 24, 11 a.m. Guest Preacher TBA. Soloist: Carol Baldessari.

SUNDAY, JULY 31, 11 a.m. The Rev. Dr. Dierdre L. Thomson will preach. Soloist: Donald Sheasley.

Your Garden

By Mel Moss

A lot of insect types can cause plenty of damage to ornamental trees and shrubs. One of the weirdest is the bagworm. The weird part is basically in its life cycle and the way it protects itself. Its damage is done in the caterpillar stage, much like the gypsy moth, tent caterpillar, and many others.

Their life cycle begins with 300 to 1,000 eggs that are laid by an adult female bagworm in the fall inside her 1-1/2 to two-inch tan or brownish spindle-shaped bag. It can be seen hanging on a twig or small branch of the host plant that she was feeding on. Their favorite plants are arborvitae, junipers, spruce, pines, and cedars, although they can occasionally be seen on deciduous trees. At first glance, these spindle-like bags look like pine cones, which seems to be a part of their disguise: to look like a normal part of the plant.

Eggs start hatching in late May and early June. Newly hatched caterpillars are very small, about 1/8th of an inch long. They leave the bag they were in all winter to look for some nice, new foliage to feed on. Some will start feeding on the original host plant.

Others will crawl to a nearby plant. All these new hatchlings will start spinning strands of "silk," and some will be carried by the wind to new feeding grounds. This process is called "ballooning."

Once on a good host plant, these caterpillars begin feeding and at the same time they start spinning silky strands around their bodies to form a new bag of protection around themselves. Each one grows to around 1-1/2 to two inches in length, with brown and black markings. As they grow and continue to spin their bag, they add pieces of the foliage that they are feeding on to the bag. Then they never leave this cover, just stick their heads out to feed on the host plant until late August. Then the mature caterpillar attaches its bag to a branch with a strong band of silk and pupates into its mature stage.

Adult males emerge in September as a small, sooty black moth with a one-inch wing span and a feathery antenna. The adult female never leaves her bag but emits an odor to attract the male. Into a small hole in the bottom of the female's bag, the male inserts his abdomen

to mate. The male moth dies soon after this. The female lays her 300 to 1,000 fertilized eggs in the bag and then she dies in the bag. The eggs remain there until the following spring.

Control is easiest if the problem is discovered in early spring before the eggs hatch. If found at this stage, hand picking the bags and dumping them into a pail of hot, soapy water will take care of them. However, once the eggs hatch and the caterpillars start moving around, an insecticide such as Telstar, Difel, Sevin, or Malathion can be used. But as these caterpillars start growing, they also start producing the bag around themselves and it becomes harder to penetrate their protective cover.

So if you happen to see a couple of strange brownish 1-1/2 inch-long spindle shaped bags, take action. If you ignore them, the problem will only get worse.

Bagworms are not over-running our area, but it is a good thing to be able to identify them because, if they do appear, they can cause a lot of damage. I have seen them here in Rossmoor on some arborvitae plants. So they could show up again at any time.

MAINTENANCE DEPARTMENT

By Marlene Niwore

Summer Reminders

To keep your home cool, please make sure all your windows are shut properly; blinds and drapes should be closed. In the summer time your attic fan might run constantly due to the heat. Air conditioning thermostats should be set on auto and cool. Set your thermostat to a temperature that is comfortable for you. If the temperature is 100 degrees outside, your house might only cool down to 80 degrees and that is why you should keep your air conditioning set at a constant temperature instead of turning it up and down.

Remember: if you turn your air conditioning on late in the afternoon, it can take several

hours to cool down.

JCP&L

If you experience a power outage, please call JCP&L directly at the following phone number 1-800-714-7297 or 1-800-714-4624. When individuals call in, it gives them a better idea how wide spread the outage is.

Toilet Condensation

At this time of year, we get a lot of calls about water on the bathroom floor. Most of the time this is just condensation from the hot summer air on the cold tank of the toilet. To check, wipe off the condensation with a towel and then wait a few minutes to see if you can then observe any water from a leak. If so, give us a call. If it is just condensation, there's

nothing to do but wipe it off or mop it up occasionally.

AC Service

The Maintenance Department has three technicians servicing air conditioners. If you have not had your air conditioner serviced yet, please give us a call.

Resident work request forms

This is a reminder that all homeowners are required to fill out a Resident work/request permit form when doing alterations in and around your home. In a Co-op this form is called an Alteration request. Also a tree permit is required if you are planting a tree. These forms can be obtained at the Maintenance Office.



From the Mayor

By Gerald W. Tamburro,
Mayor of Monroe Township

Free Concerts by Cultural Arts

The hills of Thompson Park will be filled with the sound of music this summer as the Township Cultural Arts Commission and Middlesex County Parks Department hold two free concert series at the Gazebo overlooking the Manalapan Lake.

The Township Free Music in the Park Series is a long-standing tradition for the Cultural Arts Commission, where residents are encouraged to pack their chairs, picnic supplies and our dancing shoes for seven evenings of free music starting at 6 p.m. each Thursday from July 7 to Aug. 18.

The concerts include the following:

July 7 – Odessa Klezmer Band

July 14 – Living the Dream (swing, jazz and favorites from the 1960s and 1970s)

July 21 – Boheme Opera NJ

July 28 – Reunited (Oldies from the 1950s – 1970s)

August 4 – The Joey Katz Orchestra (big band and swing music)

August 11 – Carnaby Street Band (British Invasion Rock)

August 18 – Soul Sounds of the 1950s – 1970s

The County's free Afternoon Music in the Parks series will run from 2 p.m. to 3:30 p.m. Wednesdays from July 6 to Aug. 17.

The concerts include the following:

July 6 - Mark Heter and His Band (Salute to the Stars and Stripes)

July 13 – The Broadway Pops Big Band (Classics from The Great White Way)

July 20 – The Perry Brothers (Traditional Irish Music)

July 27 – The Garden State Symphonic Band (Marches, Musicals, Movies, and More)

August 3 – The Jersey Polka Stars (Polka and Variety Music)

August 10 – Sandy Sasso's Swingin' Big Band (past singer with the Dorsey, Goodman & Riddle Big Bands)

August 17 – Rave On Band (The Hits of Roy Orbison and Buddy Holly)

With its many shade trees and the serene backdrop of the Manalapan Lake, the 925 – acre Thompson Park is the ideal setting for the free concerts that bring thousands of music fans from across Middlesex County to Monroe. It is always a pleasure to see so many friends and relatives gather for a night outdoors listening to one of the eclectic bands performing lake-side.

Furthermore, our Cultural Arts Commission along with the Mighty Oaks Players will host six performances of the Pirates of Penzance at the Monroe Township High School performing Arts Center from July 29 through July 31 and Aug. 5 through Aug. 7. The performance times and ticketing information for the Gilbert and Sullivan musical is available on www.monroetownshipculturalarts.com.

In addition, the Commission sponsors six specialty camps as part of its Summer Enrichment Program at the Community Center on Monmouth Road for Township children and grandchildren to learn and expand their love for the arts.

The camps include the following:

Dance Camp – July 16, 23, 30, Aug. 6

Summer Art Enrichment Studio – July 2, 9, 16, 23, 30

Creative Writing Camp – Aug. 15 -- 18

Children's Theatre Camp – Aug. 15 – 18 (with an evening performance)

Summer Art Camp – Aug. 22 – 25 (with an evening exhibit)

Film Camp – Aug. 29 – Sept. 1

For more information, or to register for the camps, visit www.monroerec.com

From seniors to children, the Cultural Arts Commission brings world class performances to our residents at a reasonable price, including free admission to students at all of its ticketed events. Visit www.monroetownshipculturalarts.com for the latest information about all of the Commission's upcoming events.

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IMPORTANT NOTICE

Motorists must obey the rules of the road while driving within the Community including, but not limited to, observing the posted speed limits, No U-Turn, Yield, and One Way signs; stopping for pedestrians; making a full stop at all stop signs; and exercising extreme caution when entering RCAI streets from lanes or other areas without stop signs.



Make the 2016 summer the safest one yet...

Summer is here, and everyone wants to enjoy the outdoors and have fun in the sun, especially after this past winter. Adults are on vacation, kids are out of school, and our roadways are jam-packed with travelers and vacationers. Let's take a few moments from our hectic schedules to remember a few basic tips for staying safe this summer:

- **Wear a helmet** for any outdoor activities that require one, such as biking, skateboarding, rollerblading, scooters and all-terrain vehicles. Studies have shown that wearing a helmet reduces the risk of serious injury by as much as 85%.
- **Barbeque grills** never should be used indoors. Be sure to check all hoses on gas grills to remove blockages, fix leaks, and check for cracks and failures in the hoses themselves. Grills should be at least 10 feet from any structure while in use.
- **Never leave a camp fire unattended.** Campers, please make sure the camp fire is completely out before turning in for the night. Also, if you have a portable heater for your tent or trailer, be sure to use one with an Oxygen Depletion Sensor (ODS). This will sense a low oxygen situation and shut the heater down, so as to not create a dangerous situation.
- **Keep the repellent handy** for the insects. Avoiding the bites and stings that come with outdoor activities can keep the fun going all summer long.
- **Stay vigilant for ticks.** Wear bright colored clothing to see them. You don't have to be in the woods to get a tick; they can be anywhere outside, even in your yard.
- **Poison Ivy** shows up in the summer season. Be sure to avoid contact with the plant. Studies show that over 85% of the population is allergic to the oils found in its leaves. Getting a rash is a sure way to put a damper on outdoor activity.
- **Keep foods in coolers and refrigerators.** Don't let the heat ruin your cook-outs; be sure food does not spoil when left out too long.
- **Stay hydrated.** Heat stroke and heat exhaustion can be significant health issues. Always drink a mixture of water and fluids containing electrolytes, and avoid the sugary drinks such as soda and fruit juices.
- **Avoid sunburn.** The best defense is to apply sunscreen, with a minimum protection level of SPF 45 at least 30 minutes prior to going outside. Even if it is cloudy or cool out, the risk of sunburn still exists.
- **Don't forget about the**

pets. Dogs and cats can suffer from heatstroke and heat exhaustion as well; do not leave your pets outside for long periods of time, and be sure they stay hydrated.

For more information, check out the Consumer Product Safety Commissions website, as well as the National Fire Protection Association's website. Be sure to check out our website at www.mtfd3.com for more safety tips and checklists.



AT YOUR SERVICE,
ANYTIME...
(609)409-2980

July 2016 Calendar of Events for Health Center Monroe Township Public Library

(Continued from page 21)

rises rapidly and the person does not sweat. Sweating is the body's air conditioning system. When the body's sweating mechanism fails, the body is unable to cool down. Symptoms include a very high body temperature; the person's skin will be red, hot, and dry, and there will be no sweating. The person will feel dizzy, nauseous, confused and become unconscious. This requires immediate medical help and 911 must be called.

Enjoy the summer, but be sun smart when outdoors in the summer sunshine.

In our lecture series from Saint Peter's University Hospital, Jennifer Sciria, NP, from Central Jersey Family Medical Group, will be speaking on "Screenings: What is Needed versus Over-Ordered Tests" on July 11 at 1 p.m. in the Maple Room. If you would like to attend this lecture, please call the Health Care Center at 655-2220 or stop by.

July Reading Challenge: Read a book by a famous author. Suggestions available at the Welcome Desk.
P.O.V. Summer 2016 Film and Discussion Series

1 p.m., Saturdays, July 2, 16. Summer series featuring advance film screenings from POVs 29th season on PBS.

July 2: All the Difference directed by Tod Lending follows two Chicago teens through five years of challenges as they chase their dream to graduate from college.

July 16: The Return directed by Kelly Duane De La Vega and Katie Galloway follows prisoners transition into society and family resulting from the 2012 California law that shortened its "three strikes" law.

This event is a collaboration with the award-winning documentary series P.O.V. (www.pbs.org/pov). Registration is not required.

Book Café

11 a.m., Wednesday, July 6 . Talk about books you

read and enjoyed. Light refreshments served. Register at the Welcome Desk.

International Films Sponsored by The Friends

2 and 6:30 p.m., Thursdays, July 7, 14, 21. Films shown with English subtitles. Tickets are \$1.00 and available at Circulation and the door.

Friday Afternoon Movies

2 p.m., Friday, July 8. Retiree decides to intern for online fashion site.

2 p.m., Friday, July 15. Drama about the 2008 US housing market collapse.

2 p.m., Friday, July 22. Latest chapter in the epic space saga.

Coupon Club

1:30 p.m., Monday, July 11. Clip, swap and trade coupons. Discuss deals, share frugal tips and shopping experiences. Bring a pair of scissors and your stash of non-expired coupons. Registration is not required.

Genealogy Club

1:30 p.m., Wednesday, (Continued on page 26)



Memberships available at affordable prices



Rossmoor Golf Course, professionally maintained by our Golf Superintendent, Tom Tucci, is a hidden jewel in the heart of the Rossmoor Community. Golfers may apply by contacting our Club Professional, Ted Servis, at (609) 655-3182.

Introductory Membership Offer: Interested in playing the course prior to joining? Greens fees from your first round of golf will be applied towards your membership.

For more details, photographs of the course, scorecard, membership rates, history of the Course Designer, Desmond Muirhead, and our outreach initiatives - visit our website at rcainj.com.



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Kiwanis

(Continued from page 1)

raiser was in October, 1974, when members took over the annual pancake breakfast previously run by E&R. This was so successful, Kiwanis started running two breakfasts a year in 1975. In some years, three and four seatings were necessary to accommodate all those who wished to come.

In 1976, the Kiwanis Club initiated one of its largest fundraisers by collecting newspapers, magazine, and cardboard. Residents brought items to designated collection points and members picked up and hauled the recyclables to depots for sizeable amounts of money: the average annual profit to the Club exceeded \$14,000. This program ended in 1984 when county and municipalities took over recycling.

Because of the many successful fundraising efforts, our Kiwanis Club was able to donate so many things that continue to improve the lives of all Rossmoorites. Here is just a representative sampling:

- An autoclave for our Medical Center, followed by a Doppler Unit;
- At least 18 benches all over Rossmoor;
- Safety railings on the steps of the Meeting House in 1981;
- The flagpole in front of the Clubhouse;
- Drinking fountains in the Meeting House and on the 10th hole of Golf Course;
- Ping pong table and shuffleboard equipment;
- Equipment for the woodwork shop as well as for the kitchen, including large pots, coffee maker, and a new grill;
- The ballroom piano dolly to protect the new floor;
- In addition, many other local organizations benefited from generous donations from the Rossmoor Kiwanis Club over the years.

In 1979, the Distinguished Service “Citizen of the Year” award was started by Kiwanis, and each year since then we have honored many outstanding Rossmoor residents. We hope that this important event can be continued in the future.

In 1984, the Monroe Township High School Key Club was organized and – as we still do today – sponsored by our Club. In 1986, a Key Club in Hightstown-East Windsor Regional H.S. was chartered and sponsored for several years by the Rossmoor Kiwanis as well. From that time to this, we continue to support the MTHS Key Club and we provide scholarships to some of their outstanding members.

The first Annual Charity Golf Tournament was held in 1986 and each year since then until two years ago. For many years, Doug Martin worked very hard on this tournament and raised a lot of money. Unfortunately, like so many other good things, this faded from the scene last year due to lack of interest.

Around that same time – the mid-80s – Kiwanis began delivering the Rossmoor Resi-

dent Telephone Directory, for which we were paid \$500. Several years ago, this job was given over to each Mutual to deliver.

Fundraising reached a new level when, in 1988, our Kiwanis Club held a raffle for a Golf Cart or a \$3000 gift certificate. The odds were actually very good – only 400 tickets were sold for \$25 each – that’s \$10,000 they raised. The Kiwanian who sold the most tickets won a new golf bag.

A landmark decision in 1990 admitted women to become members of Kiwanis. Barbara Foster, Ruth Ann Harrison and Katherine Donahue joined immediately. Ruth Ann became the first female president in 1993 and women have held key positions in the Club ever since.

In 1991, a Builders’ Club was chartered in the Applegarth School and sponsored to this day by the Rossmoor Kiwanis Club. That same year, Barbara Foster received the top award at the Kiwanis State convention as editor of our Club’s monthly bulletin.

The Kiwanis Food Pantry was started in 1992 by Kiwanians who saw the need to help put food on the tables of some local people in need. Walt Murphy became, and continued for about 20 years, a driving force in this great undertaking, which has benefited so many less fortunate people in the Monroe area. In recent years, Ruth Mullen stepped in to supervise and has continued to make this a vital activity for our Kiwanis Club. At the beginning of 2016, due to diminishing membership, we turned over to the Monroe Township Senior Center the day to day running of the Pantry, but many Kiwanians still work sorting and bagging. The Club continues to raise sizeable amounts of money for this very worthy cause.

Soon after founding the Food Pantry, our caring and compassionate members began collecting money for the Kiwanis Children’s Holiday Gift Fund to help brighten the holidays for children of Monroe families who were challenged by illness or economics. When the Friends of the Senior Center decided to spearhead this project, we continued to raise and donate funds, but put any excess money into scholarships for worthy MTHS seniors needing financial assistance to attend an accredited Vo/Tech program at a technical institute or a community college.

In the mid-90s, with Jim Boynton at its helm, the Club recognized the need and initiated the building and installation of the Kiwanis Billboard out by the North Gate. Residents have been reading it ever since to find out what’s going on at Rossmoor. Kiwanis members were responsible for changing the message every other week until E&R took over that job around 2011.

Jim was also responsible for starting and chairing for so many years the spaghetti dinner first held in 1997 – around the same time that we brought the Golden Mile Walk for the

March of Dimes to Rossmoor, raising approximately \$7,000 annually. That was Bob Brubaker’s baby for so many years.

In 2008, Ruth Dowdell and Ginny Allen introduced the RIF (Reading Is Fundamental) program to the JFK Elementary School in Jamesburg. Since that time, Kiwanians have gone twice a year to read to and give books to the school’s kindergarten, first-, second-, and third-graders. This program continues to benefit many low income students, and provides our members the opportunity to interact with these delightful youths.

Of course we have continued running our very popular and successful spaghetti dinners and pancake breakfasts twice each year — with MTHS Key Club members helping to serve and clean up at the breakfasts.

Other activities in recent years include fundraising positioned outside the local retailers to collect money for the Food Pantry. Perhaps you saw Rossmoor Kiwanians in their blue vests shaking those cans out in front of Corkscrew Liquors, WaWa, and Stop & Shop. We have assisted various boy scouts with their Eagle Scout projects, raised money for a Marine veteran amputee, donated \$2500 to Grandmother’s Cupboard to help them purchase a new van to pick up the clothing and other necessities that they collect for the homeless, and – at last year’s fall pancake breakfast – raised \$4000 to donate to the Foundation for Mikey Nichols, a MTHS student very seriously injured in a hockey game, who remains confined to a wheelchair.

Last summer, six Kiwanians turned “farmer” to participate in the Monroe Township Community Gardens. In a 10 x 10 foot plot they grew vegetables which were then sold – along with produce donations from other “farmers” – at the Senior Center and in Rossmoor to benefit the Food Pantry.

Yes, we’ve done a lot of good things over the years since our Club’s inception in 1974 with 22 members. By ‘82 the Rossmoor Kiwanis Club had grown to 84 members; in 1987 to 92 people, and they reached the golden number of 100 members in 1992. But by 1995, the trend had shifted and the Club’s membership fell to 83.

When I joined the Kiwanis Club in 2001, we had only 60 members and every one of us attended meetings faithfully and had jobs to do in the Club. But the diminishing trend continued and by 2006 our membership was down to 43; in 2011 to 33, and currently we have 25, including five honorary members, many of whom are housebound.

Actually our Club has been quite successful in gaining two or three new members per year over the last several years. But, unfortunately, we are losing members due to death, in-

firmity, and other health issues at a rate equal to or greater than our growth. Even from the 20 Kiwanis members listed as active, many are no longer able to participate in our projects and activities. In reality, there generally are about six to eight viable members to do all the work at any given time. And, although they are eager and willing to work on our projects, they are not able or interested in taking on leadership roles

The reduction in membership is also partially due to our high annual dues of \$110 (as determined by Kiwanis International). But there are other factors that have caused this decline in membership. The newer generation moving into Rossmoor seems not to be joiners – this has been experienced by all the other clubs in Rossmoor as well. Unfortunately, too many people today think “What can you do for me?” rather than, “What can I do for you?” It’s a whole new world.

That leads me to the situation at hand. In May 2010, as Kiwanis vice-president, I stepped in to complete Art Moulton’s term as president after he suffered serious heart complications. I then served as president for two more years through Sept. 2012 — the first person ever to serve as president of our Club for more than one term. Sidna Mitchell came to my rescue in 2012 and she, too, served two terms as president. When asked to run again in Oct 2014, and again in 2015, I accepted reluctantly, because there was no one else who would take the job. I just could not let down this Club, and all my dedicated predecessors who had built and run this amazing organization, so I accepted! And now it’s election time again. But, after 4½ years as president, I just can’t do it anymore, and Sidna feels the same way.

Once again, there is no one else who is willing to step up as the next president, secretary, or treasurer of the Rossmoor Kiwanis Club. Admittedly, all of these are demanding jobs which have gotten more and more complicated over

LWV: Supreme Court

(Continued from page 17)

Century American History, Constitutional Law, and wrote the curriculum for and taught a course on Women’s History.

The League of Women Voters, a nonpartisan political organization, encourages informed and active participation in government, works to increase understanding of major public policy issues, and influences public policy through education and advocacy.

For more information about the League, please contact: Ruth Banks, 609-655-4791; Judy Perkus, 609-395-1552; Francine Glass, 609-860-7890; Marsha Rosenbaum, 609-409-0930. Andrea Pellezzi, 609-664-2146.

the past few years, with extensive communication and reports required by N.J. District and Kiwanis International headquarters in Indianapolis. With no one else to take over these responsibilities, it’s probably time to consider giving up and dissolving the Club.

It’s taken me months, and many sleepless nights, to face the reality of taking this action. But when I brought it up to our Board of Directors, I was surprised to learn that most of them had already reached the same conclusion and totally understood my position.

After considering all the options, we met with all our Kiwanis members and I presented the above-stated facts. The vote was unanimous, but with regret, to support the dissolution of the Kiwanis Club of Rossmoor. Without exception, our members are saddened by the need for this difficult decision, and extend heartfelt thanks to all our wonderful friends in Rossmoor who have supported our endeavors over these many years. Since our fiscal year ends September 30, we will continue our activities on a limited basis until then.

On a happier note, there is a good possibility that a new Monroe Township Kiwanis Club will be chartered in the near future. This would be open to and draw from all the adult communities as well as younger Monroe residents who can carry on many of our Clubs’ traditions including sponsorship of the MTHS Key Club and MTMS Builders’ Club, since we pledge to not leave them without the Kiwanis support they need to exist.

The Food Pantry will continue to function under the very capable supervision of Bonnie Leibowitz, director of Monroe Township Senior Services. It is our hope that Rossmoor residents will continue to support the Food Pantry with the same generosity as they have in the past. Future donations may be made payable directly to: Friends of the Senior Center, marked “Food Pantry” on the memo line, and mailed to: Bonnie Leibowitz, Friends of the Senior Center, 12 Halsey Reed Road, Monroe Township, N.J. 08831.

It has been an honor to serve as a member of the Kiwanis Club of Rossmoor since 2001, and as its president for 4 ½ years. All our members leave with a heavy heart.

Sincerely,
Alyce E. Owens
May 24, 2016

P.S. After presenting the above information at a meeting with Jane Balmer, Michelle Williams, and Dan Jolly, I’m extremely happy to be able to announce the following outcome:

Future pancake breakfasts will be run by the Emerald Society.

E & R will assume responsibility for running the spaghetti dinners, and they promise to retain Top Hat as its caterer.

The Battle

(Continued from page 3)

With the major deployment of our able-bodied men fighting overseas, hundreds of thousands of women, many former homemakers, were hired throughout the country to fill the workforce gap. By 1943, over 300,000 women were working in aircraft factories building the thousands of airplanes being shipped to the European and Pacific combat theaters. Many more worked in other defense industries to produce the ships, tanks, bombs, and ammunition needed for the war.

To acknowledge their efforts as electricians, machinists, welders, and riveters, one woman epitomized the huge contribution they made to the war effort. She was known as Rosie the Riveter. Although there were many ladies who claimed that title, it is widely agreed that the rightful person was one Rose Monroe, born in Kentucky. After moving to Michigan in the twenties, she worked as a riveter helping to fabricate B-24 Liberator bombers at the Willow Run Aircraft plant at Ypsilanti, Michigan. War posters vividly depicted Rosie with her polka dot kerchief, flexing her bicep muscle with the caption, “We can do it!” Thousands of such posters with Rosie and other patriotic role models and messages were widely distributed throughout America. They were used to sell war bonds to raise money to fund the war effort.

By the end of hostilities, the government had spent more than twice as much as it had in all previous programs in the history of the country. To produce the funds necessary to wage the battle, taxes were significantly increased to generate revenue, with some of the wealthier Americans paying upwards of 90% of their annual income. Even so, more was needed, and the government proffered Victory Loans and Liberty Bonds to raise more money.

Most Americans viewed their neighbors as patriotic citizens. Unfortunately, not all Americans were treated fairly during the war years. Even though we were at war with Germany and Italy, the country generally showed no animosity to citizens of German-American or Italian-American ancestry. However, this was not the case with the Japanese-Americans, particularly those living on the west coast. With the issuance of Executive Order 9066, over one hundred thousand Japanese-Americans were unwillingly interned in camps located far from the coast to prevent any possibility of sabotage or other war crimes. It is now widely accepted that the motivation had more to do with racism, rather than with security risks. In December 1944, the Supreme Court handed down two decisions rescinding the Executive Order. The rulings allowed the incarcerated Japanese-Americans to finally return to their homes.

In addition to newspapers, the radio was an important communication tool for the American people. Although television had been invented, the necessities of war delayed its domestic advancement until

the hostilities were over. But at this time, almost every home had a radio. The government made frequent use of radio to report the news of war. Early Japanese victories and stagnated progress against the Germans forebode a gloomy prognosis as far as a quick end to the conflict. Many times, we were told only the good news. Bad news was often withheld to prevent the discouraging effects of major losses.

However, the Japanese also made effective use of propaganda by broadcasting demoralizing news to our troops overseas. There was one woman in particular who disseminated stories intended to weaken the will of our forces to fight. She was known as Tokyo Rose. That persona may have been held by several different women, but it is widely accepted that Iva Toguri was the principal propagandist. As it turns out, she was actually an American citizen who got stranded in Japan as the war started.

Recognizing her American style of speech as a valuable asset, the Japanese quickly recruited Iva to air messages to our forces telling how useless it was to continue fighting against the invincible, Japanese military juggernaut.

After the war, she was arrested for treason and sentenced to 20 years in prison. In 1956, Iva was able to get an early release after a presidential pardon. She passed away not too long ago in 2006.

Here in America, radio played a vital role in keeping us informed as to what was happening with the war. While journal correspondents like Ernie Pyle and Walter Cronkite wrote articles describing the battlefield action, Ed Murrow, working for CBS, attained star-like status with his radio reports from the European war zones.

Our government also used broadcasts to lift our spirits at the home front. With Glenn Miller, Bob Hope, and Bing Crosby entertaining our troops overseas through the USO, here in America, radio provided some respite from the tragedies of war with programs such as The Great Gildersleeve, Fibber McGee and Molly, The Fred Allen Show, and General Electric Theater.

Music played on the radio aptly addressed the feelings of the day. The Andrews Sisters, Patty, Laverne, and Maxine had big hits with “Don’t Sit under the Apple Tree with Anyone Else but Me,” as well as the “Boogie Woogie Bugle Boy of Company B.”

You might remember some of the hit songs like “I’ll Be Home for Christmas,” “Praise the Lord and Pass the Ammunition,” “Ac-Cent-Tchu-Ate the Positive,” and “Comin’ In on a Wing and a Prayer.”

Even though I was a young boy, I still can remember some of the words to Spike Jones’ funny rendition of the “Der Fuehrer’s Face.”

Not having television at that time, movies were a big form of entertainment. Those of us old enough to recall, may remember that films were proceeded by ten-minute presentations of the Movietone News with commentator, Lowell Thomas. In

addition to featuring interesting or humorous pieces, each Movietone production started with how things were going with the war.

As far as the movies were concerned, many of them dealt with war themes. Some were intended to lift the spirits of the American people while others depicted the hardships and pains our troops had to experience as they battled their way across enemy territories. Some movies like “Bataan,” “Wake Island,” and “Guadalcanal Diary,” were based on real life, historical events. Other movies such as “Saboteur,” and “Nazi Agent,” depicted our enemies as evil warmongers.

Even cartoons got into the act, with such offerings as Bugs Bunny in “Confessions of a Nutsy Spy,” along with Daffy Duck’s “Tokyo Jokie-o,” and “Daffy the Commando.”

To show their support for the war effort, several notable Hollywood stars were featured in government training films. Clark Gable, Jimmy Stewart, and Mel Brooks actually saw combat service.

Shortly after the war started, the commissioner of major league baseball, Ken Landis asked President Roosevelt whether baseball should be suspended for the balance of the war. The president responded that it would be good for the games to be played to boost morale at home. Great players like Yogi Berra, Ted Williams, Joe DiMaggio, Bob Feller, Jackie Robinson, Hank Greenberg, and Warren Spahn among others, left baseball to serve in World War Two.

The practice, carried over from World War One, of displaying military service flags in the windows of homes having family members fighting overseas, became a common sight during the battle of the home front. Typically, the “Son in Service” flag, about 12 inches long, was suspended vertically from a string and hung in a street-facing window of the home. It depicted a blue star on a white field surrounded by a red border. If the loved one died in action, the blue star was replaced by a gold star. Sadly, in spite of my young age, I can remember those flags with the gold stars.

During the course of the hostilities, our citizens intently followed the developments of the war on a daily basis. With the launching of D-Day on June 6, 1944, we saw the progress made as Allied troops stormed the beaches at Normandy, and were able to get a foothold in France. We witnessed General Patton’s troops smash through enemy lines as he took town after town from the Germans. With the Americans and British attacking on the western front, and Russians on the eastern front, the Germans were being squeezed into a small pocket.

Now on the doorstep of victory in Europe, America was struck a cruel blow. On April 12, 1945, at the Little White House in Warm Springs, Georgia, our beloved, four-term president, Franklin Delano Roosevelt suddenly died from a cerebral hemorrhage. The flag-

draped casket containing his body was transported by train to the family home in Hyde Park, N.Y., where he was buried in the Rose Garden of his family estate. Along the way, thousands of mourners lined the tracks to pay their respects as the casket, carried in the last car of the train, wound its way to the final resting place.

America now refocused its determination on the war. With the last refuge, Berlin, rapidly falling, Hitler committed suicide on April 30, 1945, essentially ending the war in Europe.

Now our might turned to the Pacific. It was estimated that to conquer Japan, the casualty count would number in the millions. However, the average American was not aware of a program that existed with the utmost secrecy. Starting back in 1939, the effort was code named the “Manhattan Project,” because its initial location was 270 Broadway, just off the corner from Chambers Street in lower Manhattan.

There, plans were being formulated to investigate the possibility of a weapon of unbelievable destruction — the atomic bomb. Earlier, German scientists had experimentally demonstrated that a heavy element, like uranium, could be fractured into smaller elements, and in the process release tremendous energy. This energy could be used to create a bomb of untold power. Fearful of Germany’s progress to create the nuclear device, America, with the aid of England, launched an unprecedented effort to beat the Germans in producing such a weapon.

On July 16, 1945, America successfully detonated an atomic bomb during its Trinity Tests in Alamogordo, N. M. By this time, the Germans had already been defeated, but Japanese military leaders steadfastly planned to continue fighting using every means at their disposal, including suicide and kamikaze attacks against our naval vessels. In addition, they ordered every man, women and child to pick up a weapon and fight if their mainland was invaded by American troops.

After much deliberation, our recently sworn-in president, Harry S. Truman, authorized the use of the weapon to shorten the duration of the war. On August 6, 1945, a lone American B-29 bomber dropped the first nuclear

bomb on the Japanese city of Hiroshima. A second bomb was dropped on Nagasaki three days later on August 9. The dropping of these two atomic bombs finally brought WW II to a conclusion.

Who can forget the famous photograph of the American sailor kissing the young girl in a white dress in Times Square on August 14, 1945? The horrific war was finally over. With American casualties at almost a half a million dead and almost 700,000 wounded, that blissful kiss was not so joyous to others. Many American households were forever changed with the loss of sons, fathers, and other family members.

As we look back over the war years of 1941 to 1945, we see the great sacrifices made by Americans not only in combat, but also on the home front.

By the end of the war, America had built over 300,000 airplanes, more than 100,000 tanks, and well over a half million Jeeps. The country was now launched into the post-war age to form the basis of our thriving economy. As with the war itself, this special era in American history, the Battle of the Home Front, was finally over, and with the return of our troops, a new and different America emerged.

America was now positioned to build new homes and infrastructures. Rationing was now being lifted. Shortages of commodities disappeared, and the nation was on the road to recovery. Television now made its appearance. Programs like Howdy-Doody, The Ed Sullivan Show, Meet the Press, and wrestling with sportscaster Dennis James, now came onto the scene. It wasn’t too long before the horrors of war and the sacrifices of the home front faded.

In closing, I hope you enjoyed this little excursion into the past. Maybe it brought back some memories of what life was like before the age of computers, cell phones, and self-driving cars — to a time when America, both overseas and here at home — was thoroughly united against a world threat.

As we sit here today and contemplate the significance of Memorial Day, the terrible loss of those heroic Americans who gave their lives for the freedom and democracy that we now enjoy, let us not forget the sacrifices and contributions by those Americans at home that helped win the war.

It has been a privilege for me to speak to you on this special day. Thank you, and may God bless America.

TRANSPORTATION TIDBITS

Important phone numbers:

Rossmoor Bus609-655-4401

Hours 10:00 -11:00 a.m. and 2:30 p.m.- 4:00 p.m.

Monroe Township Transportation.....609-443-0511

Middlesex County

Area Transportation (MCAT) 1-800-221-3520

St. Peter's University Hospital

On Time Transportation 1-800-858-8463

All schedules are available outside the E&R office (near the copy machine) or via the Web at www.rossmoor-nj.com and following the links Facilities, Clubhouse and Activities, and Bus Info.

Senior Center

12 Halsey Reed Road, Monroe Township, NJ 08831
609-448-7140

Membership Information

Registering with the Office / Senior Center is free and available to Monroe Township residents, 55 years of age or older. Members can sign-up for the activities either via phone -or- in-person.

For more information, visit the Senior Center to pick up a calendar of events or visit www.monroetwp.com, and look for the “Office of Senior Services” link

Free Transportation

Transportation, to and from the Senior Center, is available to all senior citizens in Monroe Township. This door-to-door service is free, during Senior Center hours of operation, to any and all related Office and Center business. For more information or to be put on the day’s bus schedule, please call the Office Manager at 609-448-7140.

Good for You!

Advanced Bidding: Starting on Tuesday, July 5, at 1 p.m., join Janet Wood for this 10-session class that focuses on bidding and techniques for the *ADVANCED* player. This is ideal for individuals who play the game regularly and need additional practice with some new conventions. Course fee: \$24 p.p., due upon registering in-person, in advance. Space limited!

Take Control! (Chronic Disease Self-Help Mgt. Workshop): Starting on Thursday, July 7, at 10 a.m., join Teri Manes, Health Educator, Middlesex County Office of Health Services, for this 6-session workshop that focuses on self-care of any chronic condition. (Last class: 8/11). Learn how to manage your symptoms and

make daily tasks easier.

Your Aging Skin: On Monday, July 11, at 11:30 a.m., Susan Guerra, Dermatology Nurse Practitioner, from Advanced DermCare, discusses an array of skin care issues and concerns: from the basics to sun exposure damage, from common skin conditions to growths and cancers. Light refreshments and samples, too. Register in advance.

VA Aid & Attendance Benefit: On Thursday, July 14, at 1:30 p.m., Carl Archer, Esq., of Archer Law Office, LLC, addresses your questions and concerns regarding this program that provides eligible veterans and their spouses with tax-free health-care assistance. Learn more about this benefit and see if you are eligible. Register in advance.

AARP Smart Drivers Course: On Monday, July 18, at 8:45 a.m., refresh your driving skills by taking the AARP’s driving class. For space availability and payment information, please call the Office: 609-448-7140.

Mediterranean Diet: On Thursday, July 21, at 1:30 p.m., Caryn Alter, MS, RD, CentraState, discusses a delicious way to stay healthy and reduce inflammation. Register.

Hand Massage: On Monday, July 25, by appointment, enjoy a free hand massage, courtesy of Buckingham Place Adult Day Center and HomeCare, between 10 and 11:30 a.m. Limited appointments; so, the “Early Bird” gets a massage.

Your Aging Bones: On Thursday, July 28, at 1:30

Monroe Township Public Library

(Continued from page 23)

July 13. Beginning and experienced genealogists welcome to discuss research, share findings and resources. Registration is not required.

Coloring for Adults

1:30 p.m., Thursday, July 14. Stimulate your senses and creativity with coloring. Light refreshments and all supplies provided. Registration is not required.

Gallery Artist Talk

11 a.m., Saturday, July 16. Sherwin James discusses his photography exhibit. Registration is not required.

Library Board Meeting

6:30 p.m., Monday, July 18

International Book Club

10:30 a.m., Tuesday, July 19. Discuss “The Sympathizer” by Viet Thanh Nguyen. Register and reserve your copy at the Welcome Desk.

Singing Crystal Bowl Meditation

6:30 p.m., Tuesday, July 19. Relax, recharge, and rejuvenate to the harmonic sounds and vibrations of the singing bowls.

Donna Sica of Soulful

Awakenings will be leading this session.

Please bring something comfortable to lie upon and/or cover yourself; such as a yoga mat, blanket, and pillow.

Seating will be available for those unable to lie on the floor. Open to ages 16 and older. Registration required.

Meet Your Sewing Machine
6-7 p.m., Thursday, July 21. Adults with no prior sewing machine experience learn the basics. Registration is required. Register through the Library’s Website.

Friends of the Library Meeting

7 p.m., Tuesday, July 26

George Ivers Display Case
One-room schoolhouse memorabilia presented by the Monroe Township Historical Preservation Commission

Fine Arts Gallery
Sherwin James photography

Library Closings:

Sunday, July 3
Monday, July 4

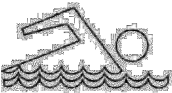
All events are open to the public.
www.monroetwplibrary.org

p.m., Dr. Soumya Chakrapani, Family Practice of Centratate in Monroe, discusses “Healthy Aging: Healthy Bones” with a focus on understanding the risk factors, methods of prevention, and treatment options for osteoporosis.

Music & More!

Movie Time: On Tuesday, July 5, at 1 p.m., enjoy the classic, patriotic movie, *Yankee Doodle Dandy*, starring James Cagney and featuring the music of George M. Cohan. (B&W, with subtitles.) Register in advance.

Evening Summer Series Continues: Enjoy these upcoming Wednesday evening events: **Laughs With Robin, on July 6, at 7 p.m.** Tickets: \$2 p.p., due in-person, in advance. **Pizza Plus Music Bingo, on July 20, at 6 p.m.** Tickets: \$6 p.p., due in-person, in advance. For complete details, please refer to the Summer Evening Series 2016 Pamphlet that was provided in June’s SENIOR FOCUS.



ROSSMOOR COMMUNITY ASSOCIATION 2016 POOL SEASON

RULES, REGULATIONS, & POOL HOURS

The Rossmoor Community Pool will open **Friday, May 27,** and close on **Labor Day, Monday, September 5**

The Pool will be open daily between the hours of **9:30 a.m. – 8:30 p.m.**

- Access to the pool and any of the facilities in the fenced area around the pool are permitted only when a lifeguard is in attendance.
- Upon entering the pool area, all residents must register and present Rossmoor identification.
- Residents are required to register their personally invited guests. Guests are required to abide by all established rules and regulations.
- As per New Jersey State Bathing Code: persons showing evidence of communicable infection, sore or inflamed eyes, cold, nasal or ear discharges, or excessive sunburn will not be permitted in the pool area. Persons with open sores, blisters, cuts, and/or bandages will not be permitted in the pool.
- Persons recovering from diarrhea or symptoms of gastrointestinal disease are encouraged to wait seven days before using the pool.
- Showers are required prior to entering the pool.
- Non-slip footwear is recommended on the pool deck and locker room area.
- No animals, except for service animals, shall be allowed within the pool area.
- Food and snacks are not permitted in the pool area. The Clubhouse and Pro Shop Terraces have tables and chairs for residents to use for dining.
- Radios or other music media are not permitted in the pool area, except those equipped to play through earphones.
- Beach towels should be used to cover and protect pool chairs and lounges when sun tan oil/lotions are being used.
- There is a 30 minute time limit when using swimming lanes and the lanes are to be shared.
- Only water in nonbreakable containers is permitted in the pool area.
- Pool furniture is available on first-come, first-come basis.

Karaoke & Ice Cream: On Thursday, July 7, at 2 p.m., join us for a fun-filled afternoon complete with assorted ice cream and a chance to sing-a-long, Karaoke-style, with Rich Purcell. Wannabee singers and entertainers can perform some of their favorite tunes...while others can just enjoy the show. Tickets: \$3 p.p., due upon registering in-person, in advance.

Jimmy Givens Trio: On Friday, July 8, at 1:30 p.m., enjoy this FREE musical concert by Jimmy Givens Trio, consisting of Mark Cohn (*keyboard/vocals*) Dorian Parreott (*sax/vocals*) who is the President of the American Federation of Musicians Local #399, and Jimmy Givens (*drums/vocals*).

Support for this performance is made possible by the Special Film Trust Fund and the Musician’s Performance Trust Fund. A little bit of jazz and standards are expected. Register!

- Personal furniture is not permitted in the pool area.
- Pool toys—inflatable, plastic, foam, or any other material—and swimming devices such as, but not limited to, swimmees, inner tubes, fins, etc., are NOT permitted in the pool, except for Aqua Aerobic classes. Only US Coast Guard-approved life jackets may be used in the pool as flotation devices, and paddles may only be used for lap swimming. **Rossmoor residents may use “Noodles” in the shallow end of the swimming pool (as exercise/therapy tools but NOT as flotation devices) except during special events.**
 - Card and board games are permitted at the pool after 4 p.m.
 - Management reserves the right to close the pool at any time.
 - Lifeguards are obligated to close the pool in the event of potentially dangerous weather.
 - Lifeguards and Pool Staff are required to enforce all Rules and Regulations.
 - Persons suspected of being under the influence of drugs and alcohol shall be prohibited from entering the pool area.
 - Smoking is NOT permitted in the pool area.
 - No sitting on the pool entrance steps or ladders.
 - Neither diving, running, continual jumping nor “horseplay” is permitted
 - Violators of the Rules may lose their pool privileges.

GUESTS OF THE ROSSMOOR POOL

- All residents must register their

LANE SWIMMING SCHEDULE

Lane swimming is available on a daily basis, Monday through Sunday, as follows:

Four Lanes:	Monday – Sunday	9:30 am – 11:00 am
Two Lanes:	Monday – Sunday	4:00 pm – 5:00 pm
Three Lanes:	Monday – Sunday	5:00 pm – 8:30 pm

Note: Lanes will be removed 15 minutes prior to the start of the Aqua Aerobics classes.

Please note: Rules and Regulations are subject to change from time to time due to E & R Special Events

Revised by Board of Governors November 19, 2015

Patriotic Songs: On Monday, July 11, at 1:30 p.m., join David Aaron as he plays and discusses the many great patriotic songs of our time, from “*This Land is Your Land*” to “*We’ll Meet Again Sweet Heart*” to “*The Boogie Woogie Boys From Company B*”. Please be sure to register in advance.

Simply Streisand: On Friday, July 15, at 2 p.m., enjoy this multiple award-winning Tribute Artist as she recreates the excitement and high energy vocals of Barbra Streisand’s most powerful numbers. From trademark nails to the hairdo, “Simply Streisand” will simply blow you away. Tickets: \$2 p.p., due in-person, in advance.

Jerry’s Travels: On Monday, July 18, 1:30 p.m., join Jerry as you travel to New Zealand where you will dodge the worst typhoon in 75 years, visit the picturesque towns of Wellington, Picton, Napier, etc., and see

(Continued on page 27)



Do you suffer from any of the following **neck pain** symptoms?



- Severe Aching
- Pain or Numbness in Arms
- Stiffness/ Lack of Motion
- Headaches or Migraines
- Weakness
- Herniated or Degenerated Discs
- Pinched Nerves
- Failed Surgery

WE CAN HELP! Get the non-surgical, FDA-cleared treatment for *neck pain*

Say goodbye to chronic pain and hello to a world of possibilities with advanced, non-surgical care from NorthEast Spine and Sport Medicine Wellness Institute. Our unique integrated approach to treatment and incorporation of the latest medical innovations enables the most effective relief program for your specific needs. **Treatment is covered by most major insurances, including Medicare.**

FREE Initial Evaluation

(Valued at \$275)

Limited to the first 30 callers! Call today to secure your appointment!

Offer expires 7/31/2016



Presenting Triton DTS Neck Decompression

A non-invasive, pain-free treatment proven effective for chronic neck pain, now available at Northeast Spine and Sports Medicine!

Say hello to a world of relief. Call today!

Visit our
website for
our other
locations.

NorthEast
SPINE and SPORTS MEDICINE



**MONROE
LOCATION**

**350 Forsgate Drive
Monroe, NJ 08831
732 521 9222**

www.northeastspineandsports.com