



Rossmoor IN News



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Monroe Township, New Jersey

AUGUST 2022



Sunset over the Meeting House

Photo by Michele Treechak

Au revoir, dear Kaytie



Kaytie Olshefski, R.N., B.S.

By Carol De Haan

After 19 years of devoted service to the residents of this community, our wonderful Nurse Kaytie Olshefski has retired as assistant manager of adult communities from St. Peter's Hospital in

New Brunswick, and from its offshoot, the Healthcare Center here in Rossmoor.

"But you're too young to retire," we objected. She just smiled.

So, packing away a sense of dismay at our impending loss, we acknowledged that Nurse Kaytie had earned her way to a new life, a chance to do some of the things she had postponed for all the years she spent checking our vital signs, giving us immunizations, or changing our bandages.

"What's the first thing on your agenda?" we asked. "Maybe sleep late?" Kaytie had to admit that was a possibility. That might feel liberating for a week or two, but then what?

"We'd like to drive Route

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New Jersey's Property Tax Relief Program to help Monroe seniors

By Mayor Stephen Dalina

During the state's budget process this spring, I reached out to Gov. Phil Murphy and Monroe's state legislators with my latest reminder that property owners in Monroe need and deserve tax relief.

I am pleased that my voice was heard, among the many other local officials who called on the governor to use an unprecedented surplus of billions of dollars to help relieve the local tax burden, especially for residents on a fixed income.

As the governor developed a \$50.6 billion budget for the 2022-23 year, he is now expanding property tax relief to reach more than 2 million homeowners statewide. The ANCHOR program will now bring \$2 billion in relief to both owners and renters within income guidelines for working and middle-class families.

No doubt, we welcome that our governor, as well as leaders within the Senate and Assembly, have heard our concerns. For years, I have been steadily urging state leaders to make Monroe more affordable for our residents. The ANCHOR program offers real and meaningful tax relief.

I am especially pleased that this program reaches into our senior communities and will have a substantial effect. We are awaiting de-

tailed guidance from the state regarding program implementation details and will share this information as it becomes available.

I had hoped this property tax relief would be delivered soon – but early indications show the funding may not be sent out until next May 2023. It is my hope that these payments can be fast-tracked to an earlier date, if possible, as many of our seniors and our residents need tax relief now.

Under the new program, Monroe homeowners with incomes of up to \$150,000 will see a savings up to \$1,500, while households with incomes between



Mayor Steve Dalina

\$150,000 and \$250,000 will get \$1,000 in tax relief. Moreover, renters with incomes up to \$150,000 will see \$450

(Continued on page 4)

Middlesex County: Two new initiatives that might benefit Monroe Township

By Linda Bozowski,

Flood mitigation, and freight or other traffic are two issues on the agenda of the Middlesex County Board of Commissioners, according to Leslie Koppel, one of the seven commissioners on the Board. Koppel presented information about these two initiatives recently and spoke of how these studies might impact Monroe Township.

Traffic study has begun

The Southern Middlesex County Freight Study,

launched in March, will focus on the increasing freight traffic due to the continued development of warehouses in this portion of the county. In addition to Monroe, traffic issues in the surrounding communities of South Brunswick, Cranbury, and Jamesburg will be assessed. According to information currently available, more than 6.5 million square feet of warehousing has been built over the last ten years. The

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Landing Clouds

Photo by Y.A. Lee

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at the governors' meeting

Board of Governors Meeting July 21, 2022

On a hot summer night, nearly seventy residents filled the comfortably cool Clubhouse Ballroom to attend the July Monthly Board of Governors meeting. It wasn't a special meeting, but it sure felt like one. It was the first evening meeting held in a long time. Although the usual meeting time is 9:00 am in the Village Center this month's meeting was moved to the evening to allow our non-retired residents a chance to experience a BOG meeting.

Mr. Jolly opened the meeting welcoming all in attendance. He then made a motion for the BOG to appoint Judith Sforza as Assistant BOG Secretary. The motion passed unanimously. The BOG then approved last month's minutes, and the Treasurer provided his monthly report.

RCAI Management Report

General Manager, Tom Curry highlighted items from the Management Report: The Management office has once again handled many Condominium and Cooperative monthly closings and contracts in June. Sales are continuing at a brisk pace with nearly 30 manors changing hands in the past month. The

Maintenance Department completed 662 work orders in June with 326 of them being residential air conditioner servicing.

Mr. Curry gave a brief run down of the major projects in the community discussing concrete walkways, asphalt paving and roadway line striping projects. He explained the operation and need for an emergency replacement of the Golf Course irrigation well that was to be ratified by the BOG later in the meeting. Mr. Curry also discussed the pool and hot tub spa re-opening that occurred June 24.

Mr. Curry announced that the Saturday, June 22 scheduled to be the first round of the Rossmoor Golf Club Championship event has been canceled due to the National Weather Service's Extreme Heat Advisory. It will be rescheduled. He reported that two other very successful golf events were held in June to many accolades from the participants and event sponsors. On June 27 and 28 the New Jersey PGA Juniors qualifier rounds were played on our course with over 200 participants. On July 11 the Knights of Columbus held a very successful golf event fund raiser for another 70 plus players.

Old Business

- **Resolution 2022-26 Authorization of Construction of the Bocce Ball Shelter.** The BOG approved The Bocce ball court patio and shelter to be constructed at a cost not to exceed \$62,000.00 by Amore Homes.
- **Resolution 2022-27 Golf Course Irrigation Well Replacement,** The BOG ratified an emergency re-

placement expense of \$19,043.00 to AC Schultes Company to replace the 128' deep well pump, pipe and electric.

- **Resolution 2022-28 Pool Domestic Hot Water Heater Replacement.** The BOG approved replacement of the Pool's 100-gallon commercial hot water heater that serves the locker rooms at accost of \$13,650.00 by Artic Air Company.

New Business

BOG member Judith Sforza made a motion requested by the Maintenance Committee to extend the pool hours by one hour each night to 8:30 pm at a cost of approximately \$600 for the rest of the season. The motion was passed unanimously.

There was a discussion of a recent High Tech Landscaping fuel surcharge agreed to by the Executive Committee. After much discussion a motion was made to accept the fuel increase. It was passed unanimously.

Residents Comments

- Concern raised regarding Waste Management collection issues,
- Request to have Monroe Township change Community Bulk Pick-Up to Spring or Fall.
- Question regarding how Mutuals deal with Unclaimed items in Carports.
- Request to extend the pool for two additional weeks.
- Concern about speeding through the Association,
- Possible malfunction of the gate arm at the East Gate.
- Resident questioned a past bylaw change.
- Request for more benches on the Golf Course.

Bits & Pieces

By Sue Ortiz

A warranty specifies that the mechanics of that air conditioner, fridge, television, cell phone, or whatever you buy will work perfectly for a specified amount of time after purchase. If it doesn't, the manufacturer will replace or repair the unit for free or a reduced rate. Ideally, it would be nice to get a brandy-new replacement in the event the appliance fails within a reasonable time, but that doesn't usually happen. Maybe the company will send a refurbished device.

Well, a couple of weeks ago, my "new" 12,000 BTU window air conditioner started blowing hot air. It was one of the hottest weekends of the season, so far, and the summer was just beginning. Cold salads and sandwiches for dinner; no hot meals, for sure.

And, by "new," I mean the unit was only two weeks out of the one-year full warranty period. Of course, it's a quality brand, so they also offer a five-year limited warranty. Well, one way or the other, I needed my air conditioner fixed.

So starts the warranty-go-round. I called the company customer service first; I was given three local authorized repair centers. The first one I called and gave them my sob story: unit is just over one year old, two weeks over warranty date, blah, blah, blah. They said they couldn't do anything without a dispatch number from the AC company. Okay. So, I redialed the AC company; they didn't know anything about a dispatch number ... try calling one of the other service companies. Okay. The next one was supposed to be in Monroe, but the number was from Linden, N.J. The person who answered was rude and less than interested in coming out to help me. Thanks, but no thanks; I hung up.

Back to customer service, a new representative gave me the scoop: I had to get a diagnostic report from the repair company. I hit redial to the first repair service who said they'd have to come to me (\$130), uninstall the unit (\$200), and diagnose the problem (another fee I didn't even consider). All before the AC company would determine if the unit was covered under the warranty! Then I'd have to pay to have it reinstalled. I only paid \$500 for the darned thing last year, but it was a small fortune to

me, which I paid off over six months.

Upon reading the fine print of this so-called five-year warranty, I deduced that it didn't cover the diagnostic, uninstalling, transporting to and from the repair company, and reinstallation of the unit. WHAT? I might as well buy a new air conditioner, for all the rigmarole I'd have to go through for repair service. Sigh.

As a last resort, I went back to the local dealer from whom I purchased the beast, hoping he could help me in any way. I repeated my sob story to him. He was kind and sympathetic enough to take the time to look up my invoice from last year, see when it was installed, and email the company to explain my warranty predicament. One day later ...

To my astonishment and relief, the AC company authorized the store to replace the unit with a brandy-new one! They were honoring the full warranty. WHAT?! I only had to pay the installer, which was fine; it was neither the dealer's nor the installer's fault that the unit failed.

It took a few days to schedule the installation, but it was worth the wait. On those days, the humidity level was low. I opened all the windows in my home; it was lovely. There was a balmy breeze, the curtains blew up to the ceiling, and my house got a good airing-out.

But now the frigid air (no pun intended) blows like a winter storm on those hot-hot days, and I can go back to roasting turkeys and baking zucchini bread (remember that story from a few years ago?) in 90-degree weather.

It pays to buy local. Now, if only there was a warranty on our bodies.

B&P

"It was luxuries like air conditioning that brought down the Roman Empire. With air conditioning their windows were shut, they couldn't hear the barbarians coming." – Garrison Keillor (American writer, b. 1942)

"Quite often, while I'm getting up in the morning, I think my warranty is running out on these body parts because it's not working quite the way it used to." – John Glenn (American astronaut, 1921-2016)

Our Website

Go to rcainj.com to access the Rossmoor website.

The Amenities page features the ability to access Channel 26 slides anytime. Check it out.



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The Rossmoor News a monthly periodical is mailed to every home within the Rossmoor community. News items are welcome. Appropriate news items from outside organizations will be

considered as space permits. Unscheduled volunteer writers should contact Rossmoor News Chairman Joe Conti about any article they wish to contribute. All copy and pictures are subject to editing and are accepted with this understanding.

Letters to the Editor must be emailed to PES at pescmd@aol.com and clearly marked Rossmoor News.

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Open RCAI Meetings in August
Board of Governors Meeting....9 a.m.
Thursday, August 18

It will be an in-person meeting and
will probably be held via Zoom

Please watch Channel 26 on your TV or on
www.rcainj.com
for more information

The Rossmoor News Deadline
is the 7th of every month.

Superintendent search continues, new principals named

By Linda Bozowski,

The Monroe Township Board of Education has continued its search for a permanent superintendent of schools, under the direction of the County superintendent of schools. According to information on Facebook, a selection has been made for the position but as of July 6, no announcement has been forthcoming.

The status of recently suspended Business Administrator Michael Gorski has not been resolved, despite the appointment of an acting business administrator and temporary board secretary. Mr. Gorski, a CPA who has been with the district for more than 20 years, was placed on suspension following presentation and approval of the new school budget. No charges were brought against him to explain the suspension, and no faults were noted by the dis-

trict's new auditing firm following their review of financial statements.

Two new school principals have been named to fill positions at Mill Lake and Brookside elementary schools. The reassignment of the current Woodland School principal to the post of supervisor of elementary curriculum and instruction appears to leave that principal position unfilled at this time.

Lawsuits and ethics charges have been filed against the Board of Education and against individuals. The status of these complaints is not known at this time.

There has not been any further information provided to the community about the anticipated school referendum currently planned for spring 2023. Members of the community have requested this information, but none has been provided by the Board of Education at this time.

A survivor speaks

By Carol De Haan

My friend awoke, wondering why her mattress felt damp in those early dark hours on that fateful Sunday, Aug. 22, 2021. She swung both legs out of bed and found herself standing in nearly two feet of water.

Her first thought was to find her cell phone but she couldn't recall where she left it the night before and there was no light by which to search. Wading around in the dark in bare feet could be hazardous; what might have fallen on the floor? Fortunately, she spotted a pair of Crocs floating on top of the deluge so she could at least protect her feet.

Bit by bit, dawn provided tiny glimmers of light. If this disaster came from some internal pipe that broke and gushed all night, could she just open the front door and let it flow out? But if the water came from outside, would opening the door let more of it in?

As dawn made it possible to see outdoors, she perceived that all her neighbors were just as flooded as herself.

It wasn't long before our trusty firemen from Centre Drive showed up wading in hip boots to tow out the stranded residents, whom they took to the Clubhouse. Some kind soul had made coffee and ordered donuts, but my friend thought most people were too stunned to eat. She was relieved to see that her neighbors had taken their dogs and cats with them, remembering that Hurricane Katrina victims had to leave their beloved pets behind.

She was able to bunk with a friend temporarily. Then she moved in with a kind relative who lived, unfortunately, many miles south of Monroe. She put over 7,000 miles on her rental car driving back and forth in the months it took to get her home rebuilt.

One of the first things she did, while boxing up everything that could be salvaged, was to locate her important papers, all of them saturated. As they dried, she called her insurance agent who hinted he couldn't do a thing for her just yet because he was "out in the field."

"What field?" she asked.

"I'm working in Rossmoor," he replied on his cell phone.

"Great," she said. "You can mosey on over here and look at my place." So that's what he did. Before long she had a flood insurance check in hand to cover repair costs. She hired a contractor to rebuild the walls, install new wiring and new floors. She ordered appliances and kitchen cabinets.

Little by little, her house came back together, looking very handsome, indeed. She bought bedroom furniture, a sofa, rug, some chairs, and voila, it was a home again. It took a mere five months.

(Continued on page 4)

E&R Calendar

As you might have noticed, the centerfold insert with the E&R calendar has not been in The Rossmoor News for some time. Now that events are happening again, E&R has been creating the calendar.

However, due to increasing costs of the paper and a continuing shortfall of advertising revenue for the publisher, who otherwise prints The Rossmoor News at no cost to us, the calendar has not been included in the Rossmoor News.

Our General Manager Tom Curry has been sending an email with the calendar events to residents who have given their email addresses to E&R. If you would like to receive this email, contact Melissa Barnard at melisav@rcainj.com.

If you cannot do that, E&R has been printing copies in black and white and putting them in the kiosk opposite the copier by the E&R office. They will also be available in the Village Center Lobby and Fitness Center counter.

Rossmoor will send robocalls in case of bad weather or emergencies

The Rossmoor administration will send automated robocalls to residents' telephones whenever it is necessary to advise about predicted snow storms, severe weather warnings, or other emergencies.

If you are not home to answer, a message will be left in your voice mail or on your answering machine.

Please be sure to check your phone or answering machine. All necessary information will be included in the message so you will not need to call the office in return.

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Tax Relief

(Continued from page 1)

in relief to help offset rent increases, under this adopted state budget.

The ANCHOR program expands and replaces the Homestead Rebate Program, which served 470,000 homeowners annually and provided an average benefit of \$628. Renters were not eligible for the Homestead program, but ANCHOR recognizes that rents are often raised to offset rising property taxes.

I am pleased to see ANCHOR makes four times more New Jerseyans eligible to receive a property tax rebate when compared with Homestead.

Moreover, as this tax-relief program is rolled out, I want to ensure it is not a one-shot deal for our taxpayers. These types of important programs must be sustainable; additional tax cuts and investments should continue beyond this fiscal year if the resources are available.

In recent years, Monroe has done its part to keep municipal taxes down, as the rate has been stabilized. In fact, we have maintained the second-lowest municipal tax rate in Middlesex County for the past several years. The main reason has been our continual belt-tightening, en-

suring tax money is only spent where absolutely needed.

To continue the momentum, I look forward to working in tandem with state offi-

cials to focus on property tax relief, spending less, investing more and creating a more sustainable tax base to build ongoing affordability for all Monroe residents.

Initiatives

(Continued from page 1)

study, funded by the North Jersey Transportation Planning Authority and the County, is budgeted at \$400,000 and is expected to require about 18 months to be completed.

While the construction of N.J. Turnpike Exit 8A has reduced traffic congestion in the New Brunswick and Hightstown areas, it has enabled developers to utilize the many acres of land available in the southern portion of the county, which has dramatically increased truck and automobile traffic and congestion. Resulting air pollution, traffic accidents, travel delays and diminished quality of life will be assessed as components of this study. Public input will be sought as well as initiation of industry focus groups

Flood mitigation: an important topic

Unmet drainage needs have increased the likelihood of chronic flooding, which communities in southern Middlesex County suffered late last summer. Affected communities were Monroe, Jamesburg, Helmetta, Cranbury, and adjoining areas. Displacement of many residents whose homes and

other property were damaged caused hardship to residents as well as to businesses. FEMA determined, following its review, that our area did not qualify for federal financial assistance since the damage level was below FEMA's thresholds.

Middlesex County is initiating a Regional Resiliency Team to oversee consultants engaged to identify and address measures for longer-term protection and prevention from natural disasters. Watersheds affecting this large area of the county include the Manalapan Brook, Matchaponix Brook, Lawrence Brook, the Millstone River, and the Lower Raritan River water sources. Communities being evaluated include Monroe, Cranbury, Plainsboro, Jamesburg, Helmetta, South Brunswick, Spotswood, East Brunswick, Milltown, and North Brunswick

Designed to address loss prevention, disaster preparedness, evacuation and recovery, the project will involve engineers, planners, ecologists, and other experts, and will seek community participation and input.

As more information on the status of these two important projects is made available from the Board of Commissioners, it will be provided.

Survivor

(Continued from page 3)

Having lived through this ordeal, however, my friend has some wisdom to impart. She wants us to know:

1. Your homeowner's insurance might pay to repair a broken pipe in your home. It will do NOTHING for you in a flood. Your insurance agent must get you a separate policy from FEMA to protect you from flood damage. Do not balk at the price; it will be a godsend if you ever need it.
2. Keep a written record of everything: the date of the incident, the date you spoke to the insurance agent, the date of his inspection, the date the contractor showed up, when the work began. Document everything, including phone calls, promises, agreements, etc. Be prepared in case you are ever challenged for details. Keep all receipts, as well.

3. Use your cell phone or a camera to photograph everything in your home right now. That means open closet doors to show the clothing that hangs there. It means open drawers. Get a picture of everything because you never know what you might have to justify if you ever file a claim.
4. Buy a waterproof file cabinet and put your most important papers in it. Then put it on a shelf that is high enough to keep the papers safe.
5. Keep photo albums on a top shelf. While papers can be dried out, wet photos just stick together. They will be a total loss.
6. Buy a good flashlight and some batteries. Keep them high and dry against the day you might need them.
7. Remember that with climate change, we don't know what to expect. Let's be prepared.

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OVER 33 YEARS OF EXPERIENCE

Cornfields to Condos: How Monroe has changed over the past 60-plus years

By Linda Bozowski,

Once upon a time, Monroe Township, the largest municipality in Middlesex County, truly represented the motto of our state: The Garden State. In addition to gardens in many yards, much of the almost 42 square miles of land in Monroe Township was covered with wheat, potatoes, soybeans, corn, and small farms of livestock. Although the township had, and still has, many acres of wetlands not suitable for farming or building, the fertile ground enabled farm families to support themselves successfully. The population in 1960 was 5,831. As of the 2020 census, the population had swelled to 48,594, nearly ten times as great.

Neighboring towns

Monroe Township surrounds its doughnut-hole neighbor Jamesburg, and is bordered to the south and west by Cranbury, Hightstown, and South Brunswick and to the south and east by Helmetta and Spotswood. The township touches Millstone and portions of East Windsor. Nearby are Freehold, Princeton, New Brunswick, and East Brunswick. These surrounding communities contributed in many ways to the livelihoods of Monroe residents with shopping, employment, medical, and religious opportunities.

Trains, planes and automobiles

Monroe Township enjoyed train services for transportation of goods into and out of the township. A freight station located near Prospect Plains Road, long gone, helped move grains. A small station located in Jamesburg also delivered freight, including home goods, farming equipment, lumber and even baby chicks. The construction of the New Jersey Turnpike, begun in the late 1940s and completed in 1952, was expanded in the 1960s and later to accommodate the increasing traffic going through central New Jersey.

Industry and employment

Although Monroe Township was largely a farming community, there were some businesses that were successful here and contributed greatly to our economy and employment. One of the most important of these businesses was Forsgate Farms, located on Forsgate Drive, also known as Route 32. This dairy farm produced milk and other dairy products which were sold directly to consumers and delivered by friendly drivers to homes throughout the area. Forsgate County Club, another large employer, was completed in 1931 and served golfers and businesspeople.

The farming industry was also supported by such businesses as Chamberlain and Barclay, selling grains, fertilizers and other farm products, Simmons and Mount, a major dealer of farm products, and Hights Farm Equip-

ment, which provided equipment and repairs to farmers in the area.

Other nearby employers included Carter Wallace Pharmaceuticals, Phelps Dodge copper goods (in South Brunswick), and Turner Tube, manufacturer of tubes for toothpaste and other health products.

Churches, community events, entertainment

Numerous churches were available for all faiths in the surrounding areas. They served as houses of worship, social centers, and offered dinners, spelling bees, dances and music. Parades were held to honor important holidays, including Memorial Day and the Fourth of July. Fireworks lighted the skies in Jamesburg, Cranbury, and Hightstown since Monroe did not have a central community center over its large area. Residents were happy to travel to these displays and enjoy the hot dogs and

ice cream pops being sold.

Schools

Monroe Township always had school houses in the township. The first large schools, known as Monroe School # 1 and Monroe School # 2, were constructed in the late 1930s, one near Jamesburg and the other on Applegarth Road. These buildings, sturdily built of brick, were basically identical and similar structures could be seen in surrounding towns, including nearby Dayton and Deans in South Brunswick. Kindergarten through eighth grade students were transported along long bus routes through the farmlands of the township to the buildings.

In the 1960s, students who lived on the eastern side of the township attended high school in Jamesburg and students from the western portion attended Hightstown High School. It was many years later that Monroe

Township opened its own high school, following construction of elementary schools Oak Tree, Brookside, Woodland, and Mill Lake to supplement what are now known as Applegarth and Barclay Brook schools. A middle school was also constructed. These schools now house nearly 7,000 students and additional construction is being planned to provide additional facilities for about 1,500 students who are considered "unhoused" due to crowding in some of the buildings.

Healthcare

Monroe residents who needed medical care had a number of family practitioners from which to choose. Doctors were located in Jamesburg, Dayton, Spotswood, and Hightstown as well as in Princeton, Freehold, and New Brunswick. Local hospitals included St. Peter's Hospital and Middlesex General Hospital in New Brunswick (now known as St. Peter's University Medical Center) and Robert Wood Johnson-Barnabas Health-


care System). Also nearby was what is now known as CentraState in Freehold, Princeton Hospital (now Penn Medicine University Medical Center in Plainsboro), and several hospitals in Trenton, Marlboro and Perth Amboy.

Dentists and pharmacies were available in the area. Specialists and radiology centers were most often located in the vicinity of the hospitals with which they were affiliated. First aid squads and fire departments were volunteer-staffed by members of the community. These volunteer services depended on contributions from fund drives to replace equipment and provide uniforms, insurance, and gasoline for the vehicles.

Shopping

Because Monroe was a farming community, there were few grocery stores available in the township. Romweber's Market, located in the Prospect Plains Road area, was supplemented by four full-service grocers,

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Rossmoor Nurses

By Rosemary Masella

Our nurses at Rossmoor are from St. Peter's Hospital. Out of 10 local communities, the nurses serve in six. They are here seven days from 7 a.m. to 7 p.m. and have been at Rossmoor since 1997. Katie was with us for 19 years, Harriet has been here since 1997 and Karen has been here for 22 years. The services they provide are bloodwork, glucose monitoring, blood pressure, first aid, dressing bandages, bandage change with a doctor's orders, automatic defibrillators, oxygen injections, but not allergy or Prolia. They do health fairs and teaching. They have walkers, wheel chairs, and shower chairs available to residents who need them.

At all 911 calls, the nurses take the resident's chart and medical equipment to meet the ambulances at the resident's



Nurses Armie (left) and Kaytie

home. None of the nurses got COVID in two and a half years.

Karen says Rossmoor has always been a wonderful place to work. The resi-

dents have been so motherly and fatherly to her. She was a young girl when she started to work here. She has many interesting stories to tell about her years



Nurses Karen (left) and Harriet

at Rossmoor. How elegant it was years ago, residents would dress up every day at 5 p.m. for happy hour at each other's houses, and they never went to the Clubhouse unless they

were dressed up.

I enjoyed speaking with Karen and listening to her stories. I went to interview her, and she interviewed me, or as Karen would say: she assessed me. We are so fortunate to have a seven-day nurses' station, to have such wonderful and caring nurses to take care of us, nurses who know us when we walk in. All residents should have a chart at the nurse's station with emergency contacts, health issues, and meds in it.

As Karen says "If you love your job, you will never work a day in your life."

Kaytie

(Continued from page 1)

66 and see the rest of America," she smiled at the prospect.

AHA! Route 66, the "Mother Road" from Chicago to Los Angeles, that passes through seven states. It was put together from old Indian trails such as the Pontiac Trail and the Ozark Trail, that took wagon trains of settlers into the western territories back in the 1800s. The route will be loaded with history, to say nothing of breathtaking scenery. A road trip in search of America and wouldn't we love to tag along! Kaytie and her husband will have a glorious time.

Meanwhile, back in Rossmoor, we console ourselves in our knowledge of the superb competence of the nurses who still serve us and who — like Kaytie — have been more than kind. We are grateful that Director of Community Healthcare Services Marge Drozd, MSN, RN, will continue Kaytie's practice of writing informative articles for The Rossmoor News every month. So, life will go on although we will miss you, Kaytie.

We wish you much joy in your new life.

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The deadline for
**The Rossmoor
News**
is the 7th of
every month.

Cornfields

(Continued from page 5)

complete with butchers, located in Jamesburg. Also available was a fishmonger. These independent groceries were gradually replaced by the development of shopping centers and the first area big-box store, Two Guys from Harrison was located on Route 18 in East Brunswick. The first shopping center located nearby was Mid-State Mall, still located on Route 18, but with different tenants than had sold their goods in the 1960s.

Until the development of shopping centers, residents shopped in New Brunswick, Princeton, Freehold and Trenton. Sears Roebuck and Arnold Constable were two of the “better” stores located on George Street in New Brunswick. Grocery stores, in the sense that we view them these days, were a new phenomenon, and included Acme and A&P (the Great Atlantic and Pacific Tea Company, to use its proper name). The small grocers went out of business, since customers appreciated the convenience of having a greater variety of merchandise from which to choose.

Changes in the landscape

In the mid-1960s, the construction boom began. The spire of the Rossmoor Meeting House was seen for the first time in 1965. Nearby, a large metal globe adorned the property and was a landmark for persons traveling along the Turnpike.

In the September Rossmoor News, we’ll take a look at the changes in the landscape. Warehouses, housing developments, school construction, and adult communities will be explored. Widened roadways, traffic lights, expansion of the Turnpike, and trucks all have impacted the quality of life in this once bucolic community. Gone are many of the farmhouses and roadside stands, Tractors and other farm equipment are rarely seen on the roads. We see endless streams of cars and tractor trailer trucks. Part 2 of this 3-part series will focus on businesses that contribute to our township and the goods that many of these vast warehouses supply to customers in Monroe and elsewhere, as well as the continued construction of housing communities throughout the township.

We’ll also take a look at future plans for our community.

Charles W. Sweeney – who was he?

By Allan Kaufman

Charles W. Sweeney was an officer in the United States Army Air Forces during World War II. Sweeney was born in 1919 in Lowell, Mass. He joined the Army Air Corps as an aviation cadet on April 28, 1941, receiving his commission as a pilot in the Army Air Corps in December 1941. After various stops, now a Captain, he moved to Elgin Field, Fla., in 1943.

In 1944, he was promoted to the rank of major. At this time, he was acting as a B-29 pilot instructor at Grand Island, Neb. Later in the same year, Major Sweeney was reassigned to Wendover Field, Utah, and it was here

that he began working in the “Silverplate” project, the code name of the pilot-and-crew-training program for the coming World War II atomic missions.

On Aug. 9, 1945, Major Sweeney commanded *Bockscar*, which carried the atomic bomb Fat Man from the island of Tinian to Nagasaki. Just like its counterpart the *Enola Gay*, the *Bockscar* had been altered to serve the purpose of carrying and deploying the heavy bomb. Adaptations included removing most of the armament, installing heavier racks to support the heavy bomb, and replacing the engines.

The plane was named after Frederick Bock, the



Major General Charles W. Sweeney

plane’s commander. However, on the day of the Nagasaki bombing, Bock switched planes with Charles W. Sweeney, whose regular plane was *The Great Artiste*.

The original plan was to bomb the city of Kokura, but the target was blocked by clouds and smog. The contingency plan was for bombing Nagasaki. *Bockscar* dropped Fat Man, with a blast yield equivalent of 21 kilotons of TNT. Because of the failure to drop Fat Man at the precise bomb aim point, the atomic blast was confined to the Urakami Valley. As a consequence, a major

(Continued on page 9)



The crew of Bockscar

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The Pay Phone*By Steven Gray*

I heard that New York City recently removed the last pay phone that was still operating (or maybe not operating) in the city. The end of an era. Is the pay phone dead? Not really, keep reading and find out why.

There are still pay phones in use – Veteran's Park has one but it is not in a phone booth but rather a shell of sorts around the phone. The phone booth may be totally obsolete but you can still find them on eBay, Etsy and re-runs of Doctor Who and Superman. Remember Superman – able to change in a phone booth at the speed of light and never, ever was arrested for super flashing even though the booth was made out of glass?

The first known booth of sorts was patented in 1878 by a Thomas Doolittle (wonder if he talked to animals using it). The public coin operated pay phone, however, came later, 1889 to be exact, by William Gray

(no relation).

Jumping forward a bit to the 1920s, we find that the public pay phone had become much more popular with the cost of a call being the massive amount of two cents. Over the years the prices continued to increase with additional charges for long distance and "collect" calls. You remember collect calls where the party receiving the call paid for it. Since we didn't want to waste money, we would ask the operator to place the collect call to someone in particular. To save even more money we would ask for ourself to let the party know we arrived wherever we were going and they could refuse the call knowing that we arrived.

The pay phone slowly became less popular as more and more people were able to afford their own telephones in their house – usually the kitchen. Party lines were avail-

able at a lower cost and I remember classes in elementary school on the proper etiquette for a party line. It was also great for nosy neighbors. All calls made back in the dark ages were done through an operator. Local call dialing became available – using an actual rotary dial – thus reducing the need for as many operators. The timeline depended on where you lived. Do note that the first long distance direct dialing in N.J. was between Englewood and Teaneck.

Pay phones are now obsolete, so what has taken its place? Why, the ever-popular cell phone. Oh wait, don't we pay for the phone itself as well as a monthly fee? Seems that the pay phone has not disappeared, only become high tech and high priced. Now the dilemma is ... what can Doctor. Who use and where does Superman change?

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Beauty and Brains*By Jean Houvener*

Hedy Lamarr was a beautiful actress. Her face inspired cartoon characters Snow White and Catwoman. Far more than just a pretty face, she was an intelligent woman and inventor. Hedwig Eva Maria Kiesler was born Nov. 19, 1914 in Vienna, then part of Austria-Hungary. Her father, from Lemburg, now Lviv in Ukraine, was a successful banker and her mother, from Budapest, a pianist. She was tutored at home, and by age 10 was an accomplished pianist, a dancer, and spoke four languages. Her interest in how things worked was evident by age five when she disassembled and reassembled a music box. Her father encouraged her interest in how things worked by explaining details of technology as they walked.

Hedy wanted to be an actress, and enrolled in Max Reinhardt's school of acting when she was 16. By 1932 she was cast in a starring role in "No Money Needed." In 1933 the recognition and notoriety of her role in "Ecstasy," which was viewed as an artistic triumph in much of Europe, but banned in Germany and the U.S. because of its nude scenes, brought her to broader attention.

A stage role about Princess Elizabeth of Austria was also a critical success. One of those who became enamored of Hedy was Fritz Mandl, an Austrian arms merchant with connections to both Mussolini and Hitler. He pursued her and she, at only 18, was swept off her feet in spite of warnings and disapproval from both her parents. They were married Aug. 10, 1933, after which he forbade her to continue her acting career. She became a virtual prisoner at Mandl's castle. While stories differ, somehow, she escaped from

Mandl in 1937 and fled to Paris and then London.

In London, she met MGM's Louis B. Mayer who contracted her to come to Hollywood. There she was highly successful with many movies released, most memorably including "Algiers" with Charles Boyer, "I Take This Woman" with Spencer Tracy, "Ziegfeld Girl" with Lana Turner and Judy Garland, and many others through the late 1930s and early 1940s. In 1950 was arguably her biggest success, "Samson and Delilah" with Victor Mature.

She also was active in encouraging support for the U.S. war effort of World War II, touring the country to sell war bonds. Her exposure during her marriage to Mandl to the Fascists of Italy and the Nazis of Germany inspired her to oppose them both during World War II. Utilizing her inventive side, together with Trenton-born pianist and composer George Antheil, she invented a technology to synchronize a frequency jump between torpedo and guidance system such that it would be impossible for the signal to be intercepted and blocked. This technology is known as frequency hopping.

While they developed and patented the idea for use in World War II, the U.S. Navy declined to use it. In the 1950s and beyond more applications were found for this technology, which was installed on all the torpedoes of U.S. ships involved in the Cuban Missile Crisis. By this time, the patent she and Antheil had obtained had expired, so neither benefitted from later developments.

This technology is critical in our time for Wi-Fi, GPS, Bluetooth, cell phones, and cordless phones. In 1997 both she and Antheil were recognized with the Pioneer

(Continued on page 9)

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Defective words

By Ken Thomas

Speaking in front of a few people or a large audience can be a challenge. Some instructors, hosts or speakers make the words look easy, but for many mortals the difficulty factor can draw blood. Listen to the man with the microphone. Is he Plato or Yogi Berra? Why do we allow the man with a microphone to use defective words and forgive his vocabulary?

The FBI sent a representative to give our manufacturing and sales personnel a lecture on industrial fraud. The number of seats in our auditorium limited the people attending the lecture, so the FBI agent would repeat his presentation three times. I went to the 9 a.m. session. He went to the stage microphone and said, "Good Morning." The agent's movements, posture and appearance screamed FBI. This man was a professional, comfortable in his three-piece suit and tie. This man commanded our attention, but should have stopped his lecture after "Good Morn-

Sweeny

(Continued from page 7)

portion of the city was protected; nevertheless 60% of Nagasaki was destroyed and between 35,000-40,000 people were killed.

Japanese representatives signed the official instrument of surrender on Sept. 2, 1945, some 24 days after Major Sweeney piloted the *Bockscar*, and after dropping the atomic bomb on Nagasaki, for all intents and purposes, ended World War II.

I can be reached at allan.kaufman0125@gmail.com or 732 690-2145. Your comments are welcome.

Beauty

(Continued from page 8)

Award from the Electronic Frontier Association in recognition for this. For this and other inventions she had created Austria awarded her the Victor Caplan Medal from the Austrian Association of Patent Holders and Inventors. In the U.S. she was posthumously inducted into the National Inventors Hall of Fame in 2014.

By 1958 she had mostly withdrawn from further movies. After her sixth divorce, she remained unmarried and became increasingly reclusive. She continued to tinker with ideas and inventions, particularly with support from the equally reclusive Howard Hughes, including wing shapes for Hughes' airplanes. She died Jan. 19, 2000, of heart disease. Her younger son Anthony Loder spread her ashes in Austria's Vienna Woods. In 2014 her son was able to bury her remaining ashes in Vienna Central Cemetery.

ing." For the next 50 minutes, he said the words "aah" or "ahm" repeatedly. His lecture became ludicrous. His examples were empty expressions. His conclusions caused confusion. Was he speaking our language?

The words "aah" or "ahm" were used 117 times during his lecture. I carried this number to the manager of our Human Resources Department to illustrate the human defects of his selected speakers. He promised to investigate. Unfortunately, Human Resources was now staffed by Harmful Human

Relapsed Remnants, so I didn't expect any logical response. I was correct. These two words are not the only part of a defective vocabulary. Count "you know" in conversations and lectures to confirm Webster's definition of "defective." An audience hardly notices "you know," because the words are used and accepted daily by the man with a microphone.

A rumor quickly spread on the company grapevine of a major manufacturer's takeover. The CEO addressed his employees to assure us of our independence. We nervously waited for him to speak. I didn't understand his message. In between every

four words, he said, "You know." When he inhaled or exhaled while speaking, our CEO said, "You know." If he paused for any reason, he said, "You know." Any words he emphasized were preceded and followed by "You know." I don't know and neither did any employee. The HR manager refused to comment, claiming insufficient evidence, so I submitted an assurance speech rewrite for clarification.

The takeover "you know" is not true "you know." Our company "ya know" has a "ya know" triple A stock rating "you know" that gives us "ya know" independence "ya know" from take overs "you know." I can guarantee

"you know" the takeover "ya know" will not occur "ya know." Does anyone "you know" have any questions. By writing the words on paper, the "you know" syndrome was excruciatingly obvious. The manager and our CEO have joined Toastmasters and both are taking the Yogi Berra Enunciation Course to improve their speechifying. I was selected to audition speakers, lecturers and instructors before they used our microphones. Please join my "Defective Words Club" to prevent an adjective vocabulary virus from infecting our children. Any "aah", "ahm" or "you know" count over three is defective.

DO YOU HAVE ANY OF THESE SYMPTOMS?

- ✓ Numbness
- ✓ Pain when you walk
- ✓ Sharp, electrical-like pain
- ✓ Burning or tingling
- ✓ Difficulty sleeping from leg or foot discomfort
- ✓ Muscle weakness
- ✓ Sensitivity to touch



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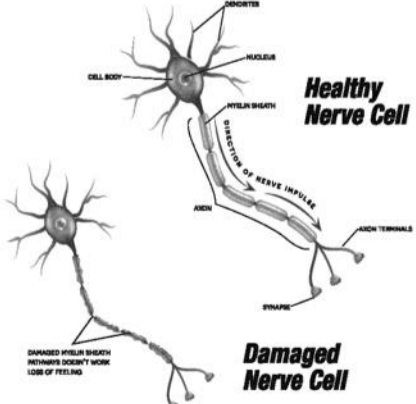
Peripheral Neuropathy is a condition that affects millions of Americans, commonly resulting in pain, tingling, numbness, and other painful symptoms in the hands, legs and feet. This pain changes your life and affects how you work, how you play and how you live.

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HOW DO YOU KNOW IF YOU HAVE NERVE DAMAGE?

Peripheral neuropathy is the consequence of damage to your peripheral nerves. There are over 100 different kinds of peripheral nerve disorders or neuropathies – some are the result of a disease like diabetes, while others can be triggered by a viral infection. Still others are the result of an injury or compression on the nerves. No matter where the problems begin, it is imperative nerve disorders are resolved as soon as possible to prevent permanent damage. Many people suffer with pain for years, not realizing that their symptoms may be due to Peripheral Neuropathy. Symptoms start gradually, then get worse, including numbness, burning or tingling sensations and sharp, electrical-like pain. Treatment options have been limited to a small assortment of pain medications, which can lead to further issues. Ignoring the problem or masking the symptoms has never been a viable solution. If you suffer from any of the aforementioned symptoms, we can help.



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By Joe Conti and Walter Gryskiewicz

A man in a black polo shirt and a baseball cap with a 'T' logo is speaking at a wooden podium. In the background, two men are holding a large red banner with a yellow star and the text 'The First Tee Foundation'. The event is taking place on a golf course with trees in the background. Several people are seated in the foreground, watching the speaker.



1. Veterans Group raising the Honor and Remember Flag on June 14, Flag Day
The 14th also represents the 247th birthday of the Continental Army, (The U.S. Army.) Holding the new Honor and Remember Flag are Dutch and Tom Croake.
2. Our Flag with the new Honor and Remember Flag installed on Flag Day
3. On June 14, Flag Day, Raising the flags by Tom Croake and Joe Salzano.



3

Above are Frank Nobile (left), and Vinnie Piccirillo at the courts.
Below are Pickleball players in action.
Below, far left, are Yvonne Nobile with medal, and Pat Delacy.
Below, near left, are Mark McEntee and Joe Marrone



An update on the James Webb space telescope.

By Anne Rotholz

When I wrote about James Webb in March, it was already in its final orbiting location, a stable point L2 where it orbits the sun 100 million miles from earth. Launched on Dec. 25, 2021 (having taken 30 years to get to that point) it arrived at L2 on Jan. 24.

NASA's largest telescope, built at a cost of 10 billion dollars, is an infrared space observatory that will probe the cosmos to uncover the history of the universe from the Big Bang to alien planet formation and beyond.

The launch went smoothly and used less fuel than expected which will allow it to

operate for a longer time than predicted.

The cameras were cooled, the 18 segments of Webb's mirror were aligned and the Web's Fine Guidance Sensor (which helps keep the telescope pointing steadily at a target) went into operation.

As of June 15, Webb's instruments were on and were taking their first images. On July 12, NASA released some observations to show the telescope's capability. After that date Webb will do what it is supposed to do -- work full time on its science mission.

Who was James Webb?

Born in 1906, he joined the US. Marines as a young fel-

low, and then earned a law degree at George Washington University. During the Truman administration, he served as under secretary of state for several years. Eventually, under President John F. Kennedy, he became the administrator of NASA, from 1961 through 1968. He was in charge of the Apollo program, and the Mariner and Pioneer programs. Webb died in 1992.

It is important to remember that Webb, and JFK as well, did not want the space program to be part of the politically motivated space race. They wanted it to serve as an advancement in science for the benefit of humanity.

Mustard – My favorite condiment

By Allan Kaufman

Contrary to popular belief, more people prefer mustard than ketchup in a survey conducted in 2017. As it should be. That's why we celebrate National Mustard Day on Aug. 6.

Growing up, everyone put ketchup on their French fries including my bowling friends. We were playing in a Friday afternoon high school league and the price of bowling included a hot dog (thank goodness no one put ketchup on the dog), a soda, and french fries.

I rarely got to finish my fries as hands flew in every different direction pulling fries out of my paper tray. At some point in time, I said "enough" and started to put mustard on my fries. That was the end to my friends sticking their fingers into my fries.

How is mustard made?

Mustard is made by combining mustard seeds with different liquids and salt to make a paste with a sauce-like consistency. The liquids themselves vary: depending on the type of mustard, they may include: water, vinegar, wine, beer, and lemon juice.

You can thank mustard oil for that sinus-searing punch, the result of an enzyme reaction meant as a protective measure. Adding liquids help to stabilize the oil, but the liquid you use will determine the pungency of the heat: more acid, less heat.

Nine different types of mustard and how to use each mustard variety

1. **DIJON.** Hailing from Dijon, France, Dijon mustard is your classic sharp mustard and the first variety ever to be regulated. It's made with brown mustard seeds from the spicier end of the scale and white wine. The texture is different from the spicy brown mustard, but the kick is the same. Smooth in texture, with the bite of spicy mustard. I have used this mustard on cold cut sandwiches

2. **GREY POUPON.** As the mustard of choice for all respectable rap artists, Grey Poupon has upheld a reputation for killer mustard since the 19th century. Maurice Grey was a bit of a mustard savant in Dijon,

winning medals left and right for innovation (the public demanded it!) and combined forces with Auguste Poupon, another Dijon mustard guy, in 1866. Since then, Grey Poupon has been the dominant Dijon mustard brand worldwide, synonymous with good taste and now, rappers. As my rap skills are limited, I probably will stay away from this mustard.

3. **SPICY BROWN.** Like Dijon, but earthier — and yes, spicier — spicy brown mustard relies on partially ground brown mustard seeds, a few warm spices, and scaled back acidity to amp up the direct mustard character and heat. Spicy brown is also known as deli mustard for its ability to bring cold cuts to life. This is the only form of mustard that should grace a hot dog.

4. **YELLOW.** The tell-tale squiggle of yellow mustard down the center of hot dogs is as iconic as it comes for American mustard. With a mild heat and bright acidity, yellow mustard is a good candidate for recipes that call for a little lift, like barbecue sauce or marinades. I've been trying to convince my daughters that this type of mustard has no business in their refrigerators.

5. **FRENCH.** Don't be fooled, but French mustard — a dark brown, mild and tangy variety — was invented by Colman's in England, not France.

6. **HONEY.** Honey mustard is a one-to-one blend of honey and mustard (typically yellow) that tempers the heat and bitterness of classic yellow mustard with a smooth sweetness, making it infinitely more complex and palatable as a dip or side sauce. I like honey mustard salad dressing.

7. **WHOLE GRAIN.** The seeds in whole grain mustard are crushed just enough to form a thick paste, but not so much that the entire seed breaks down. The result is a mustard with a pungent, aromatic heat and crackly texture.

8. **HOT.** Since mustard's oil-



driven heat is calmed by either hot water or acid, or some combination of the two, what happens when you hold off on both and just use cold water is not for the faint of heart. Chinese mustard might be the most well-known of the hot mustard family, but English mustard is another familiar contender. Not quite as searing as the Chinese variety, hot English mustard features a balanced blend of both yellow and brown mustard seeds. The hair in my nostrils curled when I had mistakenly used this mustard. A skull and crossbones picture should be imprinted on this package and bottle.

9. **GERMAN.** German mustard is a big umbrella term for the far-ranging varieties found all over its rolling hills and bratwurst-loving enclaves. Bavarian mustards have a sweeter temperament, and in Düsseldorf, they like to turn up the heat. The most common across the country is a medium-hot blend called Mittelscharf. Great when eating large pretzels.

Mustard on hot dogs has come under assault as more and more people are putting ketchup on hot dogs. That includes two of my daughters and their husbands and my oldest grandkids. That's sacrilege! I'm trying to figure whether or not this is an offense that can lead me to taking them out of my will. To me mustard gives flavor to some bland cold cuts such as turkey or roast beef and enhances the flavor of a kosher corned beef or pastrami sandwich. Lastly, I'm happy to report that now, very few people reach over and steal French fries from my plate. That way I can use a minimal amount of ketchup, which I like on fries, while still using mustard on most food groups where condiments are needed.

I can be reached at allan.kaufman0125@gmail.com or at 732 690-2145. Your comments are most appreciated.

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Do our biases affect our financial choices?

Investors are routinely warned about allowing their emotions to influence their decisions. However, they are not often cautioned about their preconceptions and biases that may color their financial choices.

In a battle between the facts and biases, our biases may win. If we acknowledge this tendency, we may be able to avoid some unexamined choices when it comes to personal finance. It may actually “pay” to recognize blind spots and biases with investing. Here are some common examples of bias creeping into our financial lives.

Letting emotions run the show

How many investment decisions do we make that have a predictable outcome? Hardly any. In retrospect, it is all too easy to prize the gain from a decision over the wisdom of the decision and to, therefore, believe that the findings with the best outcomes were the best decisions (not necessarily true). Put some distance between your impulse to make a change and the action you want to take to help get some perspective on how your emotions affect your investment decisions.

Valuing facts we “know” and “see” more than “abstract” facts

Information that seems abstract may seem less valid or valuable than information related to personal experience. This is true when we consider different types of investments, the state of the markets, and the economy’s health.

Valuing the latest information most

The latest news is often more valuable than old news in the investment world. But when the latest news is con-

sistently good (or consistently bad), memories of previous market climate(s) may become too distant. If we are not careful, our minds may subconsciously dismiss the eventual emergence of the next market cycle.

Being overconfident

The more experienced we are at investing, the more confidence we have about our investment choices. When the market is going up, and a clear majority of our investment choices work out well, this reinforces our confidence, sometimes to a point where we may start to feel we can do little wrong, thanks to the state of the market, our investing acumen, or both. This can be dangerous.

The herd mentality

You know how this goes: if everyone is doing something, they must be doing it for sound and logical reasons. The herd mentality leads some investors to buy high (and sell low). It can also promote panic selling. The advent of social media hasn’t helped with this idea. Above all, it encourages market timing, and when investors try to time the market, it can influence their overall performance.

Sometimes, asking ourselves what our certainty is based on and reflecting on ourselves can be helpful and informative. Examining our preconceptions may help us as we invest.

Norman J. Politziner, CFP, a resident of Encore, is an Investment Adviser Representative of Kingsview Asset Management.

For more information, questions, or comments, we encourage you to visit our website at www.poltziner.com or call us at (732) 296-9355.

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Why does New Jersey get a bad rap?

By Doris Herron

Why do non-residents of New Jersey put down my home state for reasons I can’t understand?

New Jersey has lots of great things to offer. Lovely beaches, proximity to the mountains, New York City, Philadelphia, Atlantic City, excellent Universities in Princeton and New Brunswick, etc. And from New Jersey one has access to anywhere in the world via Newark International Airport.

Recently I learned another reason to be proud of New Jersey when I saw the list of authors who are from the Garden State. Is your favor-

ite author among them?
Peter Benchley—Pennington
Judy Bloom—Scotch Plains
Barbara Bretton—Hillsborough
John Ciardi—Metuchen
Arthur C. Clark—Springfield
Mary Higgins Clark—Westfield
Harlan Coben—Newark
James Fennimore Cooper—Burlington
Stephen Crane—Newark
John T. Cunningham—Florham Park
Paula Danzinger—Metuchen
Junot Diaz—Parlin
Arthur Bruno—Orange
Stephen Dunn—Pomona
Janet Evanovich—South River
Thomas Fleming—Jersey City
Dorothy Gilman—New Brunswick
Alan Ginsberg—Newark
Cecelia Holland—Metuchen
Joyce Kilmer—New Brunswick
Anne Morrow Lindberg—Englewood
Norman Mailer—Long Branch
John McPhee—Princeton
Joyce Carol Oates—Princeton
John O’Hara—Princeton
Dorothy Parker—Long Branch
Belva Plain—Livingston
David Rosenfelt—Paterson
Philip Roth—Newark
Gay Talese—Ocean City
Greg Tobin—South Orange
Judith Viorst—Newark
Walt Whitman—Camden
William Carlos Williams—Paterson
Edmund Wilson—Red Bank
Martha Stewart—Nutley
Let’s hear it for New Jersey which has a lot to be proud of in many ways.

The Oom-pa-pa

By Ken Thomas

Let's do something different for this Parents Night besides the same old skits and songs to entertain Mom and Dad. Everyone agreed the boys should be the "doers", the "doing" must be and the parents should be motivated. The parents "to do" items were always a subject of discussion and hope at committee meetings, but no one had an answer. Parents Night was next month and the committee looked at me for the answer as usual. The boys didn't care, but refused to sing any song lyrics from me. I started looking, but found no four-leaf clovers growing in my garden. My father saved me.

During the family dinner table talk, Dad described a local band with a twist in their entertainment. The twist was the trumpet player, who entertained the audience with an oom-pa-pa. Dad described an instrument made using a large metal funnel with a 6 foot long, ¾ inch thick hose attached to the small funnel end and a trumpet mouthpiece inserted into the other end of the hose. The funnel is twirled in a vertical motion at the side of the player's body like a lasso, while a Sousa march is lipped on the trumpet mouthpiece. Dad brought out *his* new oom-pa-pa and demonstrated. Jeepers creepers, what a sound! The metal funnel amplifies the notes and the twirling makes the sound stereophonic-like. Did a marching band enter our dining room? This certainly would be new entertainment for Parents Night. Oom-pa-pas certainly fit in the new entertainment category. I volunteered to make these interesting instruments for our oom-pa-pa band and direct a Sousa March for the parents entertainment, oom-pa-pas for their mas and pas.

Seven brass players (trumpets, trombones) and I circled the room with our oom-pa-pas. In practice, the oom-pa-pa band shook the rafters and the Sousa march we selected, "The Thunderer," was aptly named. I imagined the parental response to our music. This was going to be loud fun, but I hoped the parent's "to do" list would not be adversely affected. Facing the seated parents in the middle of the room, I counted one-two-three and we started to twirl in unison. Then, the oom-pa-pas did their "oomp." The explosion of sound had parents cringing and a little girl jumped into her mother's lap. It is impossible to play on a trumpet mouth piece and laugh at the same time, but I did an almost.

The parents were recovering from the initial blast and began to listen. Suddenly, a large funnel from one of the oom-pa-pas separated from the tubing and flew into the audience, then another. Parents were ducking. My funnel shot straight up, hit the ceiling and met the floor with a loud clank. "The Thunderer" came to a halt as the other boys stopped twirling one by one. The duct tape I had used to attach the funnel to the tubing did not hold long enough for a practice *and* a performance. Our oom-pa-pa band was more entertainment than any parent could expect. Where's Sousa when you need him?

This is tough - part six

By Tom McMahon (aka J.T. Brian)

So, enough frustration aside, my co-author D. F. Miller (write that down, as there will be a quiz) suggested we date events found in the book to a certain extent. And just like that, my dream of realizing a book for the ages is actually a book that all the action takes place over about a half century.

I fumbled about for a while thinking about this new concept (you know, the dating thing), and came to the conclusion that Dave was right (Man!). Of course, I haven't yet told him that one, so don't spoil it, huh?

We made tremendous strides the last month as I for one opened the pages of the dusty volume not once, but twice. And I started to edit the first couple of chapters again. Then Dave started editing my editing. And before you know it, sleep time had arrived and I, for one, went to bed. As Dave lives many, many miles away, I am not sure what he did, but he was to later inform me he had other things to do like watch his grandson. What a copout!

Yeah, wait until now to get other people soiled with our procrastinating ways! HAR-

RUMP. Ah, HAHRUMP. No, spell it the first way (HARRUMP). With more feeling — (HARRRUMMMMPPPP). Much better, J. T., much better.

Well, I write this article and Dave doesn't see it until after it is sent to the Rossmoor News. (Listen, if you ever meet Dave, keep that fact to yourself, since if he doesn't like what I write in each monthly edition there is nothing he can do about it.)

What Dave doesn't know I don't tell him. Dave, for goodness sake go play with Lucas, your grandson. I am too busy blaming the little guy for holding up progress on this book. Not too long ago, I had blamed my dog Sandy for having to undergo some life-saving surgery, and that took up our time. The nerve!

A couple of years back, I had to stop to actually move.

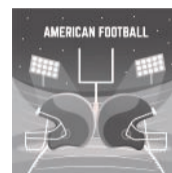
And a year before that, my wonderful wife of 42 years, Julie passed away. Now Julie had read the book, making it a count of three people who have actually completed reading the book. That, of course, includes Dave and me, so there you go, and I will testify that Julie

told me it was the best thing she had read in like a few months. She had to watch "Young and Restless" every day so that cut down on her reading time. But she loved the book. She sort of liked me, but loved the book.

So, if you're all good in the next month and when we meet on the street as I walk Sandy the dog, with her newly con-

structed right ear, you give us a kind word or two, I will undertake in the next installment introducing you, one by one, to the many, many characters who reside within the pages of "Hamilton Avenue." By my calculations, this cast counts out to more than the "Young and Restless" cast, and it's taken them 49 years to present that show!

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August 2022 at the Monroe Township Public Library

Book Café*

Wednesday, August 3 at 11 a.m. and 1 p.m.

What have you been reading? We want to know! Join other book lovers for a lively discussion. Book Café is a perfect place to find your next great read or share what you have enjoyed. This is a hybrid program. Join us via Zoom or in person. *Registration is required for all participants. Register at the Welcome Desk, online at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000.

All About Dogs*

Wednesday, August 3 at 2 p.m.

Thinking about getting a dog? Already have a dog? Bring your questions and curiosity. Bea Siegal will share her extensive knowledge and passion for creating a happy life with a canine friend! *Registration is required for all participants. Register at the Welcome Desk, online at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000.

Tech Buddies

Thursdays, August 4, 11, 18 & 26 from 10 a.m. to 12 p.m.

Drop by the library between 10 am and 12 pm to get assistance from teen volunteers (the experts!) in using your iPhone, Android device, iPad, tablet, laptop or e-reader. Teens can help you set up basic features, email accounts, download apps, get free digital materials from the library, and more. Registration is not required. First come, first served. We will

not be able to set up buy/sell accounts or download and install anti-virus software. Other assistance offered at the discretion of the librarian in charge.

Farmers Market

Thursdays, August 4, 11, 18 & 26 from 2 p.m. until 7 p.m.

A Farmers Market will be held in the Monroe Township Library's parking lot on Thursdays from 2 p.m. until 7 p.m. this summer through Thursday, September 15. There will be a different musical performance each week. Health screenings will be offered in partnership with The Gardens at Monroe and CentraState. The market will be held rain or shine. If the market must be canceled or delayed, the announcement will be posted on the Library's website at www.monroetwplibrary.org/market.

Sit-N-Stitch*

Fridays, August 5 & 19 at 10:30 a.m.

Socialize with stitchers & crafters of all skill levels. Bring your own supplies. This program will be held in person. *Registration is required. Register at the Reference Desk, online at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000.

Writers Group*

Tuesdays, August 9 & 23 from 6 p.m. until 8 p.m.

The Writers Group of Monroe Township Library is a group for active fiction writers to share works in progress and receive meaningful feedback from a group of peers.

(Continued on page 15)

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Remembering former Women's Guild treasurer Dolores Wardrop

By Diane England

When we first met at the Rossmoor Community Church, (RCC), she described herself as "the flower lady." But then, Dolores Wardrop ensured there'd be a fresh flower arrangement for each church service. Not too long after that, I learned she was on RCC's Benevolence committee—since I'd been recruited to serve on it, too.

Dolores was already on the board of the Women's Guild when I became its president in September, 2016. However, she assumed the role of treasurer that program year. At the time of her death in June, the last check she'd written was in March, to the high school for what would be the final scholarship from our organization.

Sadly, Dolores didn't get to read the thank you note from the young woman who is headed to Rutgers University in September. She'd have been pleased to learn that the recipient was looking forward to being part of both the university's performing and marching bands while majoring in business.

At the time of her passing,

Dolores knew there were still funds left in the organization's bank account that were to be given, as a designated gift, to RCC's benevolence committee. While I cannot say to what organizations the committee will elect to disperse these funds, Dolores would have been confident they'd help multiple non-profits making a difference in the lives of others. This would have pleased her.

Dolores enjoyed life and connecting with others. She was active with groups both inside and outside of Rossmoor. However, she always wanted to be of service. For her, it was always about

somehow benefiting the larger community. I can still hear her voice in my head saying that.

May her family, for whom Dolores cared deeply, find comfort in knowing that she'll be sorely missed by many at Rossmoor because she was fun, caring, and always striving to make life a tad better for others. But certainly, Dolores will especially be missed by those of us who had the opportunity to work closely with her over the years not only though the Women's Guild board, but on RCC's finance committee. Indeed, she was a committed volunteer and a good friend.

LWVMT plans program for August meeting

By Linda Bozowski,

Karen Polidero, chairperson of the Monroe Township's Environmental Commission, will speak at the Library on Monday, Aug. 22 as a guest of the League of Women Voters of Monroe Township. The meeting,

scheduled for 7 p.m., will be held in the meeting room in the Children's Library portion of the building.

Polidero will offer information about how the Commission advises the Planning and Zoning Boards and acts as the watchdog agency to ensure that environmental problems are avoided. Protecting natural resources is a major focus. Monitoring water resources, air quality, and ensuring safe waste management are objectives of the Commission.

Please join us in hearing this informative presentation. Membership in the League is not a requirement, and the meeting is open to the public at no charge.

In Memoriam



Muriel Ann Calvanelli

Muriel Ann Calvanelli died Monday, July 4, at home surrounded by her loving family. Born in Brooklyn, NY., she resided most of her life in South Brunswick before moving to Monroe Township in 2000. Muriel retired as an Administrative Assistant with the South Brunswick Police Department. She was a member of Nativity of Our Lord Church, the Italian American Club and volunteered for many years as a Girl Scout Leader.

Muriel was the wife of the late former South Brunswick Mayor, Joseph V. Calvanelli, Sr., she is survived by a son and daughter-in-law Joseph V. Calvanelli, Jr. and Eileen Calvanelli, a daughter and son-in-law, Debra A. and Jay R. Hackworth, daughter Barbara Calvanelli and her partner Darrell Weaver, 4 grandchildren, Travis Hackworth and his wife, Lynsay, Grant R. Hackworth, Cal Hackworth and Peter J. Calvanelli, and a great-grandson Emrys Hackworth.

In lieu of flowers, memorial contributions may be made to American Cancer Society,

donate3.cancer.org or St. Jude's Children Hospital, stjude.org.

Ann Field Stewart

Ann Field Stewart ('Nancy') died in February at the age of 95. She was born in New York City and grew up in Pelham, N.Y. She graduated from Smith College in 1947, married Thomas Penney Stewart in 1950, and raised a family, while he served as Presbyterian minister in Ballston Spa, Roslyn, and Buffalo, N.Y.

Nancy taught English at Buckley Country Day School in Roslyn from 1964 to 1973, while earning a master's degree in education at C. W. Post. She went on to teach at The Park School in Buffalo from 1973 through 1983, and then abroad at Nido de Águilas in Santiago, Chile; The International School of Curaçao; and Koc Ozel Lisesi in Istanbul, Turkey.

After retiring to Rossmoor, Nancy continued to write for various publications. She was successful in petitioning the Twilight Wish Foundation for a blimp flight, albeit not over her beloved Fire Island. Nancy was an active member of the summer community of Point O'Woods from her earliest years, and it remained her true home until her death.

She was an avid Bridge player, an active member of the First Presbyterian Church of Cranbury, a volunteer and advocate for many causes. Her legacy includes her beloved and loving family: daughters - Kate Stewart, Elizabeth Stewart Bannon (Tony) and Alison Stewart; grandsons - Clinton Brown (Danya Sarkar), Peter Brown (Janine), Cameron Dall (Jayne Simpson) and Javier Fonseca; as well as great-grandchildren - Kavi and Anisah Brown, and Elizabeth, Thomas, and Edward Brown.

Spotswood, N.J.

Christopher Pepey, 425-O Newport Lane, formerly of Matawan, N.J.

Zhiyong Jia, 504B Sheldon Way, formerly of Bedminster, N.J.

Louise Carlson, 240C Mayflower Way, formerly of Morganville, N.J.

John and Carol Sosinski, 447A New Haven Way, formerly of Somerset, N.J.

Ha and Lisa Nguyen, 309N Sharon Way, formerly of Collegeville, Penna.

Karen Senkel, 437B Newport Way, formerly of East Brunswick, N.J.

Marina Infante, 84B Old Nassau Road, formerly of Woodhaven, N.Y.

Eduard and Yelena Zbrizher, 22N Rossmoor Drive, formerly of Roselle Park, N.J.

Tadayuki Ito, 108-O Hanover Lane, formerly of New York, N.Y.

Alexandria Kass, 91N Greenfield Lane, formerly of South Plainfield, N.J.

Smilestones!

Have you celebrated a significant birthday? A memorable anniversary? Have your children, grandchildren, or great grandchildren achieved some amazing award? Submit a short article with pictures for us to put into the Smilestones space of the Rossmoor News.

We all enjoy knowing what our neighbors are celebrating.



NEW NEIGHBORS

By Christine Smith, resident services manager

Chris Zeiner and Aneta Nikolaeva, 186N Rossmoor Drive, formerly of Borden-town, N.J.

Lylian Trani, 641N Yorkshire Lane, formerly of Red Bank, N.J.

Shannon Harrington, 623A Old Nassau Road, formerly of Hightstown, N.J.

Carolyn Anderson, 634N Yorkshire Lane, formerly of New Brunswick, N.J.

Steven Severini, Audra Catalini, John Dallessandro, 370A New Bedford Lane, formerly of South Plainfield, N.J.

John and Christine McNutt, 348B Newport Way, formerly of Monroe Twp., N.J.

Richard and Marla Zirin, 493A Somerset Lane, formerly of Highland Park, N.J.

Tracie and Robert Conforti, 205B Madison Lane, formerly of N. Brunswick, N.J.

Arthur Adinolfi and Frances J. Shannon, 280A Milford Lane, formerly of Staten Island, N.Y.

Thomas Pellegrino, 233A Marblehead Lane, formerly of Old Bridge, N.J.

Denise Pellicone, 246A Malden Lane, formerly of Staten Island, N.Y.

Martin and Joann Soehngen, 207B Madison Lane, formerly of Old Bridge, N.J.

Robert Curci, 255 Burlington Avenue, formerly of

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Fall is on the way

By Anne Rotholz

While walking around our community in July one finds it hard to believe that fall is sneaking up on us. After another Covid winter we were very eager to welcome spring with its warmer weather, bird song, and we hoped the end of the pandemic.

We did get the warmer weather. I felt that the birds were more plentiful and they did sing their hearts out, at least where I live in Mutual 5. When I thought about it, I came to the conclusion that we have more birds and more birdsong because we have many new, healthy trees here. Thank you, Mr. Jolly.

A word of thanks is due as well to all the residents who planted beautiful flowers and shrubs around their homes. I feel that green grass and colorful flowers and bushes are mood enhancers for all of us.

August first is the third cross-quarter day of the year. It is approximately mid-way between the summer solstice and the fall equinox. Many early cultures had a

festival on this day. They celebrated the abundance of fruit and vegetables that came with harvest time and the ripening of the grain crops, especially wheat.

In Ireland and other Celtic countries the festival was known as Lughnasa. Loaves made from new wheat and various fruits and berries were offered up in thanksgiving to the Celtic god Lugh. Modern pagans still celebrate the festival but call it Lammas.

The night sky in August

August is not the best month for viewing the night sky. While the nights are lengthening, daylight still lingers into the evening hours. However, there are two major sky events worth looking for this month.

The Perseid Meteor shower is produced by debris from the comet Swift-Tuttle which was discovered in 1862. One of the best meteor showers, Perseid can give us up to 60 large, bright meteors per hour.

The shower has been visi-

ble since July 17 but it will peak on the night of Aug. 11-12. Unfortunately, there is a nearly full moon at this time which will make it less of a show. All but the brightest meteors will be blocked out.

On the night of Aug. 12 we will have a full moon. It will be a supermoon, the third and last for this year. A supermoon occurs when the full moon coincides with the moment in the moon's orbit when it is closest to earth (called perigee). At this point the moon looks 7% larger and 15% brighter to the naked eye.

The August moon was called *The Sturgeon Moon* by Native Americans because the large sturgeons in the Great Lakes were easily caught at this time.

Monroe Library

(Continued from page 13)

This group is not a writing class, but rather a space for constructive critique of work and encouragement from fellow writers. This group is for adults only. *Registration required. If interested, kindly fill out the interest form on our website: <https://www.monroetwplibrary.org/writers>.

Genealogy Club*

Wednesday, August 10 at 2 p.m.

Beginner and experienced genealogists welcome to discuss research, share findings and resources.*Registration is required. Register at the Welcome Desk, online at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000.

Sewing Project Class:

Grocery Tote*

Monday, August 15 from 3 p.m. to 5 p.m.

Thursday, August 18 from 6:30 p.m. to 8:30 p.m.

Learn how to make a grocery tote. Class is 2 hours. Students must take the Meet Your Sewing Machine class or have prior machine sewing knowledge to take this class. Ages 18 and over.

**Students must bring 1 yard of fabric to class. **Please note that 1/2 yard will be for the exterior and 1/2 yard will be for the interior of the tote bag. You can bring 1/2 yard of 2 different fabrics or 1 yard of a single fabric depending on your preference. Space is limited. This program will be held in-person. *Registration is required. Register at the Welcome Desk, online at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000.

Coffee & a Book*

Tuesday, August 16 at 11 a.m.

We will read and discuss *Unsheltered* by Barbara Kingsolver. This is the story of two families who come to realize that though the future is uncertain, even unnerving, shelter can be found in the bonds of kindred—whether family or friends—and in the strength of the human spirit.

(Continued on page 19)

CULINARY CORNER

By Sidna Mitchell

How does his garden grow?

Ken is definitely the gardener; I'm just the sometimes picker and weeder but certainly the appreciative cook. He is amazing in what he can grow in our two 10 x 10-foot sites at the Monroe Township Community Garden. Sometimes he buys plants and other times he will purchase seeds.

This man, believe it or not, has real patience when it comes to gardening. For example, he carefully watches the corn seeds come up so he can properly spread the tiny plants apart. Ken will build little wells around each plant to hold water and to protect the small seedlings. After strong winds toppled some of the stalks, he bought stakes and cut them down to a size to secure the stalks upright.

Miracle Grow and manure are carefully arranged around any plant that appears to need help. Watering is done every day, often twice a day when the weather is really hot. His bending, pulling and stretching have at times put some

pain in his back but that doesn't slow him down. A trip to Dr. Johnson, his chiropractor, helps get the kinks out and Ken continues with the garden upkeep.

Our garden has different varieties of tomatoes along with acorn squash, sweet peppers, okra, cucumbers, watermelon, radishes, corn, two types of lettuce and summer squash.

I reap the benefits of all his hard work and often share the bounty with friends. However, when we had an abundance of lettuce and summer squash, we offered some to friends and neighbors. Two of our friends claimed they didn't eat salad and said "no thanks" to the lettuce and they turned down the opportunity to have summer squash. Fortunately, other folks weren't so picky.

For the squash, peppers and cucumbers, I decided to make the blue cheese dip that I've prepared for years. By adding a few tablespoons of milk, I had a blue cheese dressing for the green lettuce salad. Here's an easy recipe that keeps well in the refrigerator for a long time.

Chunky Blue Cheese Dip/Dressing

1 garlic clove, minced
3 tablespoons finely
chopped onion
1 teaspoon lemon juice
1/2 cup sour cream

Culinary Corner

1 cup mayonnaise
1/2 cup crumbled blue
cheese
salt and pepper to taste
milk

Mix first six ingredients together.
Add salt and pepper to taste.

NOTE: If serving as a dip, eliminate the milk. For a salad dressing, add milk to desired consistency. I sometimes just make half a recipe. Also, in making the whole recipe, I use all of a four-ounce container of crumbled blue or gorgonzola cheese.

I can be reached via e-mail at sbmcooks@aol.com.

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Mutual News



East Gate Rossmoorians get together for a night of good food, drink, and conversation.



Darlene “Dolly” Daly and Daniel Krotosek of Mutual 3 were married on June 26.



WWII veteran Carlo Carunchio of Mutual 9

REMINDER!

When you are ordering goods to be delivered or a taxi to come to your home, please remember to tell the person who takes the order that the driver must use the North Gate (Forsgate Road) entrance. It would be helpful for the driver to put “1 Rossmoor Drive” into his or her GPS.

Only bar-coded resident vehicles can use the South

Gate (off Prospect Plains Road) and East Gate (Applegarth Road). Big delivery trucks have a terrible time trying to back out if they mistakenly enter these resident-only gates. (Remember the broken fence at the South Gate a few years back?)



Carlo Carunchio celebrated his 96th birthday.

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Clubs and Organizations

Chorus sponsors free concert by pianist Abraham Alinea

By Alyce Owens

On two previous occasions since early 2020, pianist Abraham Alinea was scheduled to appear in the Meeting House to present a concert sponsored by the Rossmoor Chorus. Both times those plans were cancelled due to the closure of our public buildings because of COVID. With optimistic assurance, this concert will happen on Thursday, Aug. 4 at 7 p.m. in the Meeting House. This is an opportunity to become acquainted with the amazing talent of this young pianist and composer.



Pianist/composer Abraham Alinea will present a free concert at 7 p.m. on Aug. 4 in the Meeting House.

The youngest of three siblings, Abraham grew up in Sayreville, N.J. His parents immigrated from the Philippines. He still maintains a strong sense of his ethnic heritage by occasionally con-

versing with his parents in Tagalog, and visiting his sister and her children in the Philippines.

What’s amazing about this young pianist is that he was largely self-taught until entering college. Abraham now has received his bachelor’s

(Continued on page 17)

Dance Club to hold last dance of summer



Not the Hula but the Electric Slide

By Judy Perkus

The Dance Club will continue its summertime dances in the Clubhouse Ballroom. All residents, singles as well as couples, are invited to our Saturday, Aug. 27, dance. DJ Peter Lieberman will play all kinds of dance music. Refreshments include coffee, tea, soda, and cake (sugar-free available).

Our June dance featured a Hawaiian theme. Some of the dancers wore hula skirts (with help from the Dollar Store) and Hawaiian shirts were in evidence. The fresh pineapple was delicious. The July dance featured a yummy BBQ dinner.

Dancing will continue on Sept. 24 at our Annual Anniversary Dinner Dance, our 38th anniversary. There will be more information in the next issue of the Rossmoor News.

Please leave your check made out to the Rossmoor Dance Club in an envelope in the Dance Club folder in the Administration Office/Village Center or mail it to Armen DeVivo at 449B Roxbury Lane. The cost is \$8 a person for paid-up members and \$10 a person for non-members. The reservation deadline is Aug. 18.

Call Armen at 609-655-2175 for more information.

Rossmoor Dance Club
August 27th Dance
RESERVATION DEADLINE: August 18

Name: _____

Phone # _____

Address: _____

PAID-UP Member(s):

\$8 per member	\$ _____
\$10 per non-member	\$ _____

2022 MEMBERSHIP DUES:

\$7.50 PER PERSON, \$15 PER COUPLE	\$ _____
TOTAL:	\$ _____

Please send check made out to the Rossmoor Dance Club to:
Armen DeVivo at 449B Roxbury Lane. 609-655-2175
or leave in an envelope in the Dance Club folder
in the Administration Office

Hello, Rossmoor veterans!



Veterans honor Denny O'Malley.

By Dan McOlvin, Rossmoor Veterans Group

We had a nice turnout last month to demonstrate our respect and appreciation for our friend and the co-founder of the Rossmoor Veterans Group, Denny O'Malley.

Denny has asked me to thank all of you who participated in this morning's gathering. Both he and Maggie sincerely appreciated the love and support.

Again, thank you to all who participated.



Maggie and Denny O'Malley were visited by the Veterans Group.

Rossmoor Chorus – a family affair

By Alyce Owens

In last month's issue of the Rossmoor News, you read that the Chorus had honored Meryll Hansen for her many years of membership and faithful service. The article mentioned that her mother, Gloria Hansen, also had been recognized in the Rossmoor News back in 2013 for her 25 years of dedicated

service and contributions to the Chorus.

Over the years the Chorus has enjoyed having several husband-wife and sibling memberships, but Meryl is the very first second generation Chorus member. And the fact that both have been honored for their outstanding service makes this occasion extra noteworthy.



Meryll Hansen



Gloria Hansen

Free concert

(Continued from page 16)

and master's degrees in piano performance and composition from the Mason Gross School of the Arts at Rutgers University. He has won numerous noteworthy piano competitions and was honored to perform as featured pianist with the ADDO Chamber Choir in Singapore's Victoria Concert Hall. While a student at Mason Gross, Abraham served as accompanist for the Rossmoor Chorus, and this concert is his way of saying "Thank You" to the good people at Rossmoor for all the support and experience he received while working here.

Abraham is now enrolled in the prestigious Artist Diploma Program at the Glenn Gould School in Toronto, Canada. This is an intense program for exceptional students who

have completed their master's degree and includes study at the highest level of international performance standards. In addition to his affinity for classical music, Abraham loves to surf the internet, draw, and listen to a wide variety of genres, including various forms of American and international pop, rock, and hip-hop.

At the Rossmoor concert, Alinea will be playing compositions by Schumann, Beethoven and himself and might also have a surprise in store for the lucky listeners. Please plan to come to the Meeting House on Thursday, Aug. 4 at 7 p.m. and experience the special gift this young man brings to us. This is a free concert but a freewill offering will be appreciated to go toward Abraham's continuing studies and travel.

The Players

By Sue Archambault

Our "This & That Show (Part Deux)" took place on Thursday, July 14, and Friday, July 15. This show was a variety show and included music, jokes, dances, and original poems. The audience seemed to truly enjoy the show – if we can depend upon the amount of applause

and laughter that the performances created.

Our next general meeting will take place on Monday, Aug. 22, in the Gallery at 7 p.m. All are welcome. All attendees will have the opportunity to see the DVD of "What's Up," an original musical comedy by our own Jim Wilson. The audience will then be prepared for the sequel, because on Sept. 29, 30 and Oct. 1, the Players



will perform "What's Next." This show is Jim's continuation of "What's Up." Auditions for this play will take place on Aug. 23 and 24 at 7 p.m. in the Meeting House. Further information will be available in the September edition of the Rossmoor News.

Italian American Club

By Tony Cardello

The officers of the Club hope that all the members and their families enjoyed a safe and happy Fourth of July.

Bingo has taken a summer vacation and was not played in July and will not be played in August. As the song goes, see you in September.

We were entertained at our July membership meeting by Rossmoor resident and member of the club Howard Zitnitsky, also known as Charlie Howard for entertainment purposes.

The next Membership Meeting will be on Wednesday, Sept. 21 at 7 p.m. in the Ballroom.

Our annual Variety Night will be on Saturday, Aug. 13, at 6 to 10 p.m., which will feature singer Jerry Spathis as the headliner and a comedian. Cost will be \$25 per person.

Rossmoor Downs 2 will be held on Saturday, Sept. 10.

Jewish War Veterans Post 609

By Charles Koppelman

The Monroe Township Jewish War Veterans Post 609 is collecting United States and foreign stamps, both on and off envelopes.



Stamps are used by veterans as a hobby and as therapy at VA Medical Centers nationwide.

The stamps are not traded or sold; they are forwarded to veterans at no charge. Also requested are DVDs suitable for veterans at those locations.

Send all items to: JWV Post 609, c/o Charles Koppelman, 6 Yarmouth Dr., Monroe Township, NJ 08831-4742.



Guest Speaker Steve Hrubes gave a very interesting and well received talk on 3D printing at the Computer Club. Photo by Steve Gray.

Democratic Club throws big barbecue

By Michael Markel, president

More than 100 members of the Democratic Club showed up at 5 p.m. for the group's summer barbecue in the Ballroom. None other than Mayor Steve Dalina greeted everyone who came in. We were happy that our good friend State Senator Linda Greenstein joined us, as well as Monroe Council President Miriam Cohen, Vice President Terry Van Dzura, and Councilwoman Betty Schneider.

Adding to the evening's celebration were Daria Ludas, chair of the Jamesburg Democratic organization, and Middlesex County Commissioners Channele Scott McCullum, Claribel Azcona-Barber, and Shanti Narra.

The feast consisted of hot

dogs, sauerkraut, hamburgers, chili, penne ala vodka, yummy potato salad, coleslaw, cans of soda, iced tea, and bags of chips.

There was a lot of laughter and socializing, with members hopping from table to table to greet friends and neighbors. The hopping around moved up front when a few dancing Dems (Hi there, Norm) could not resist the music. So it was time for the disco hits of yesteryear, the mashed potato, and other forms of liberal expression.

While Democrats share a common vision of what society should be and what government should do, nevertheless it is friendship and fun that unites us for events like this.

It is an exciting time to become part of

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- Membership Open House – Sunday, September 11th
- High Holiday Services – Check our website for information

To learn more about these events or any others please visit us on the web at etzchaimmtjc.org, like us on Facebook at **Congregation Etz Chaim- Monroe Township Jewish Center** or call 732-251-1119.

Let us show you why we are the Congregation where everybody is welcome!

Save the date

Sunday, Sept. 11
Jewish Congregation
Football kickoff
Tailgate party in Ballroom
Watch the game on the big screen

Check Channel 26 and the Rossmoor News for details

Religious Organizations

Jewish Congregation

2 Rossmoor Drive
Monroe Township, N.J. 08831



August services:

- Friday, Aug. 12 Sabbath services at 7:15 p.m. in the Meeting House
- Friday, Aug. 26 Sabbath services at 7:15 p.m. in the Meeting House

Torah Study:

- Saturday, August 13 at 10 a.m.
- Saturday, August 27 at 10 a.m.

a.m.

Torah Studies will be held in the Dogwood Room in the Clubhouse

We respectfully request that only those who are fully vaccinated, with at least two shots, attend in-person services and activities.

Any questions should be directed to President Cindy Sigl at 908 962-2754.

Friday night services

By Allan Kaufman

On June 10, we celebrated the birthday of Lynn Wall. She and her husband Morty sponsored the Oneg.

On June 24, Barbara Herman Hoff sponsored *Oneg* on the *Yahrzeits* of her husband Stuart Herman and her parents, Bernard and Annette Weinblatt.



Barbara Herman Hoff



Lynn and Morty Wael

Tisha B'Av

By Allan Kaufman

Tisha B'Av has a catastrophic history that is still remembered by Jews across the world. This is why the day of mourning is observed religiously every year. Apart from fasting and praying, *Tisha B'Av* also serves the purpose of recalling the sufferings of the Jewish people.

It all started when Jews were waiting to find a way into the Promised Land. Alas, they received no hope of beginning their new lives in Israel. This was followed by the blow to the Jewish faith when the First Temple was destroyed by the Babylonians. During this invasion, almost 100,000 Jews were killed and the survivors were exiled. Around AD 133 the Romans built the city of Aelia Capitolina on the sacred site.

Then came the time when the Roman Empire reigned over the land. During this era, the Second Temple was destroyed and over 2,500,000 Jews died as a result of war, famine, and disease. About 100,000

(Continued on page 19)

Jewish Golfers

By Allan Kaufman

The fans of Major League Baseball; the members of the Congregation as well as members of the Rossmoor community know the two most famous Jewish baseball players. Pitcher Sandy Koufax of the Dodgers and First Baseman Hank Greenberg of the Detroit Tigers. But few people know that there are three currently active Jewish players in the PGA and one in the LPGA.



Letitia Be

Laetitia Beck is a member of the LPGA. She was born in Antwerp, Belgium, and immigrated, with her family, to Caesarea, Israel. She left Israel to play golf at Duke University. She keeps Kosher both at home and on the road. She is the first Israeli to compete in the LPGA tour tournament. Laetitia is proud of her Israeli heritage and displays the Israeli flag on her shoes.

While she began her career on the LPGA in 2015, it was not until 2021 when she had her best finish, coming in second, one shot off the lead.

Amy Alcott and Morgan Presse, both retired, played on the LPGA Tour.

Max Homa, born in Burbank, Calif., started his ca-

reer in 2015 but did not make enough money to retain his PGA card. He bounced around for a few years winning his first tournament in 2019. He has subsequently won two tournaments in 2020 and one this year.

Dan Berger was born in Plantation, Fla. and grew up in Key Biscayne, Fla. He won the FedEx St. Jude's Classic in back-to-back years, in 2015 and 2016. He also won the Charles Schwab Challenge, 2020, which was the first event played after a three-month hiatus due to the COVID pandemic. His one other career win was in the AT&T Pebble Beach Pro-Am in 2021.

The last Jewish golfer who is currently on the PGA tour is Matthew Wolff. He was raised in Agoura Hills, Calif. In 2019, while at Oklahoma State, he won the Division 1 NCAA Individual champion. Later that year, he won his first and only PGA tournament. His career has been held back by some physical and mental issues.

All of the Jewish players embrace their heritage and are proud when it comes to talking about their being Jewish.



Daniel Berger

Sports News



Above, Frank Nobile sitting on the bench with a plaque from Monroe Township acknowledging his efforts to bring Pickleball to Monroe. He is surrounded by his family

Save the date

Sunday, Sept. 11

Jewish Congregation

Football kickoff

Tailgate party in Ballroom

Watch the game on the big screen

Check Channel 26 and the Rossmoor News for details



Bob Buck, Director of Eastern Amputee Golf Association, and Ray Bridy, Rossmoor Golf Pro

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Please bring your vaccine card and insurance card with you at the time of your appointment.

August on the Shuffleboard Courts

By Allen Kobezak

August will be another busy month on our courts. Our morning and evening games will continue as usual, and our season's second tournament will begin. We also look forward to another social event in August.

Our mixed doubles tournament is a round-robin tournament with a likely eight teams vying for the championship.

The social event is our "High 4" Disk Tournament and Social. This brief competition is just an excuse to have a good time playing in a fun tournament while partying on the shuffleboard courts. This event will take place on Tuesday, Aug. 23, at 1:30 p.m. We all bring treats to eat and drink and share with the others. There will be music and good times for all.

New members are always welcome. Call Jackie at 732-666-8323 for more info.

Tisha B'Av

(Continued from page 18)

Jews were captured by Romans and sold as slaves for labor and blood sport. This, however, was not the end of the calamities faced by Jews as, around 1095, the First Crusade was declared by Pope Urban II. This war led to the death of thousands of Jews, while others were displaced from their homes and continued to live in fear and turmoil.

One of the final blows to the Jewish faith was the Holocaust in Germany, where one-third of the world's Jewish population was brought to death's door.

The holiday of remembrance begins on Saturday, Aug. 6 at sundown.

Monroe Library

(Continued from page 15)

Place a hold on a copy and join us in-person or on Zoom. If joining us on Zoom, please include your email when you register so that we can send you the link.*Registration is required. Register at the Welcome Desk, online at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000.

Page Turners*

Thursday, August 18 at 11 a.m.

Looking for something to read or add to your reading list? Library staff will present and recommend a variety of titles pertaining to a different topic, both new and old titles. The theme for this session is Dog Days of Summer. This is a hybrid program. Join us via Zoom or in person. *Registration is required. Register at the Welcome Desk, online at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000.

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- Concrete, wood, construction debris
- Yard waste, wood
- Non-recyclable plastics

Adhering to these standards can save you money by reducing Rossmoor's trash pick-up charges.

HEALTH CARE CENTER NEWS

By Kaytie Olshefski RNC, BS

Flu Season

Last year’s flu season was more active as the COVID-19 variants waned, mask-wearing became optional, and handwashing and social distancing were not followed as strictly. When these precautions became lax, the flu season ramped up.

This year’s quadrivalent flu vaccine for the northern hemisphere is made up of these four strains: an A/Victoria (H1N1), A/Darwin (H3N2), B/Austria (B/Victoria lineage), and B/Phuket (B/Yamagata lineage).

It takes two weeks to develop partial immunity/antibodies for protection from the flu. Full immunity develops by four weeks. People have said they came down with the flu even though they got the flu vaccine, and that is very true. This is because as the flu season continues, the flu virus continues to mutate, and a new flu virus starts circulating. If you get the flu vaccine and come down with the flu, symptoms will be milder as you have some protection from the mutated flu virus due to the four flu strains in the flu vaccine. The flu vaccine continues to provide some protection from the more serious influenza-related complications.

An infected person spreads the flu germs through the air via respiratory droplets. A person spreads the flu germs when exhaling, talking, sneezing and coughing. The flu is also spread when a person

touches a contaminated surface like a door handle, phone, or a counter that has the flu virus on it and then touches his/her eyes, mouth and/or nose. These are ports of entry for “catching” the flu virus.

Flu symptoms come on suddenly. It is not like a cold where it takes days for the symptoms to develop. When exposed to the flu virus, it takes one to four days, with an average of two days, for a person to develop symptoms. The symptoms include sudden headache, dry cough, a runny nose, sore throat, achy muscles, extreme fatigue, and a fever. Your temperature could go as high as 104 degrees Fahrenheit. The symptoms start to subside in a couple of days, but the tiredness and cough could persist for two weeks or longer. The flu could cause further complications, especially for seniors with medical conditions such as chronic heart or lung disease, asthma, diabetes, kidney disease and a weakened immune system. Some of the complications from the flu include bacterial pneumonia, bronchitis, sinus and ear infections, asthma, and congestive heart failure, and there are deaths related to the flu.

What can you do? Your first line of defense is getting a flu shot. It is so important for people who are at high risk to get a flu shot. It is recommended to get seven to eight hours of sleep, eat a well-balanced diet with green leafy vegetables,

and do regular exercise to lessen your chance of getting the flu. Continue to follow hygiene guidelines from the Centers for Disease Control and Prevention (CDC) regarding frequent handwashing with soap and water or using hand sanitizer if soap and water are not available. Stay away from people who are sick, if you are able. If you become sick, stay home and away from others.

Research is ongoing on how vitamin D plays role in boosting a person’s immunity and reduces the chance of developing a respiratory infection due to a cold or the flu. Before you start taking or increasing your vitamin D dosage on your own, talk with your physician to see if he or she feels you should start making any changes.

If you come down with the flu, call your physician immediately to start an antiviral medication that will shorten flu symptoms. Antiviral medications include Tamiflu®, Relenza®, Rapivab® and Xofluza®. The antiviral medications should be started within 48 hours of when symptoms begin. These medications will reduce symptoms, shorten the length of time of being ill and reduce the risk of developing complications from the flu such as pneumonia. Getting prompt treatment is the difference between having a mild case of the flu and having a serious illness leading to hospitalization. Inform your physician of all medications you are taking as there are possible side effects. The potential side effects of antiviral medications include nausea and vomiting.

It is more important than

ever this year to get your flu shot as we are still in the midst of the COVID-19 pandemic. Both the flu and COVID-19 are respiratory diseases that have similar symptoms and can cause serious illness, and even death. The flu vaccine will lower your chance of coming down with the flu and protect you, especially if you are vulnerable to serious illness from the flu. Getting your flu shot will help to minimize two respiratory outbreaks occurring at the same time.

The flu vaccine clinics

They will be held in the Ballroom with the first flu vaccine clinic scheduled for Monday, Sept. 19, from 10 a.m. to 2 p.m.

The second flu vaccine clinic is scheduled for Thursday, Oct. 20, from 2 to 5 p.m.

We have standard flu vaccine, Flublok flu vaccine, and Fluzone high-dose flu vaccine. Flublok is approved for people over the age of 18. Flublok is a recombinant flu vaccine, meaning it is not grown on eggs. It is an egg-free vaccine with no preservative and no antibiotic is used in its manufacture. The Fluzone high dose flu vaccine is for people over the age of 65.

The flu vaccine consent forms are in the foyer of the Healthcare Center on the black bench. The pink consent form is for the Fluzone high dose vaccine and the yellow consent form is for the standard vaccine. If you are interested in the Flublok vaccine, those consent forms are in the nurse’s office. Please fill out all the paperwork that is in the packet and bring it back with you when you come for your flu shot, along with your primary insurance card.

We will be maintaining CDC guidelines at our flu vaccine clinics. We require appointments to minimize the number of residents in the Ballroom at one time. All our tables will be six feet from one another, and everyone will be masked. After receiving your flu shot, you will be allowed to leave if this is not your first time getting a flu shot. If this is your first time getting a flu shot, you will have to stay for 15 minutes to be monitored for any adverse effects. We have emergency medication at the flu vaccine clinic in case someone has an adverse reaction. All our flu shots are preservative-free, meaning there is no thimerosal in the vaccine.

At our flu vaccine clinics, we accept most insurances. The insurance plans we do not accept include: AmeriHealth Local Value Network, Out-of-State Medicaid, and Out-of-State Blue Cross Blue Shield, except for PPO, as these insurance companies do not have a contract with Saint Peter’s University Hospital. Please bring your primary insurance card with you as we must see it. There is a fee for those who have the above insurances or those without insurance who would like to have their flu vaccine at our clinics.

Residents will be able to make an appointment online. Please log onto <http://www.sppanj.com/fluclinic> to schedule your appointment. Choose Rossmoor and the date and time of the flu clinic you would like to attend. Follow the prompts and complete all fields.

Residents who are not comfortable using a computer or do not have one may call 732-867-1059 to make an appointment. The phone line is open from 8 a.m. to 2 p.m., Monday through Friday and on Saturday from 8 a.m. to 12 noon.. Please note: The phone will not accept messages. If the phone line is busy or if it is before or after those hours, please call back. Do not call the Healthcare Center because the nurse will not have access to the appointment schedule.

If you are homebound, a community nurse can come to your home to administer the flu vaccine. Please call the Healthcare Center at 609-655-2220 for more information.

We will not give pneumonia vaccines at the flu clinics. Pneumonia vaccines will be given in the Healthcare Center. We have Prevnar 13 and Pneumovax 23. If you are planning to get a pneumonia vaccine, we ask you to bring the prescription from your doctor indicating which of the two pneumonia vaccines he or she wants you to have prior to your appointment at the Healthcare Center. Please call the Healthcare Center at 609-655-2220 to make an appointment for the pneumonia vaccine.

Remember **YOU** are the most important member of your healthcare team – get your flu shot!

ROSSMOOR COMMUNITY ASSOCIATION

RULES, REGULATIONS, GUIDELINES & POOL HOURS

Open daily, 9:30 a.m. – 7:30 p.m.

NO LIFEGUARD ON DUTY - RESIDENTS ONLY - NO GUESTS ARE PERMITTED- NO SWIMMING ALONE

Failure to comply with these guidelines will result in pool privileges being revoked and/or a fine to residents.

1. Health and Safety Guidelines:

- a. As per New Jersey State Bathing Code: persons showing evidence of communicable infection, sore or inflamed eyes, cold, nasal or ear discharges, or excessive sunburn will not be permitted in the pool area. Persons with open sores, blisters, cuts and/or bandages will not be permitted in the pool.
- b. Showering is required prior to entering the pool
- c. Persons recovering from diarrhea or symptoms of gastrointestinal disease are encouraged to wait seven days before using the pool
- d. Persons suspected of being under the influence of drugs or alcohol shall be prohibited from entering the pool area
- e. Non-slip footwear **MUST** be worn in the Pool Area Bathroom
- f. Management reserves the right to close the pool at any time

2. Pool Passes:

- a. Upon entering the pool area, all residents must present their Rossmoor photo ID with 2022 sticker. Rossmoor photo IDs are non-transferable and expire annually.
- b. A \$10 replacement fee will be charged for lost ID cards.

3. Food and Beverages:

- a. Food and beverages are permitted within the designated “Picnic Area” only.
- b. All beverages and food must be in non-breakable containers.
- c. Glass containers and alcoholic beverages are prohibited.
- d. Water in plastic bottles may be consumed on the pool deck, surrounding the pool.
- e. All resident & guest’s food/beverage debris must be removed and disposed of in appropriate trash/recyclable collection containers.

4. Seating:

- a. Pool furniture is available on a first-come basis
- b. Personal furniture is **NOT** permitted in the pool area
- c. Beach towels should be used to cover and protect pool chairs when using sun tan oil/lotions

5. General Rules:

- a. No animals, except service animals, shall be allowed within the pool area
- b. Radios or other music media are not permitted in the pool area, except those equipped with earphones
- c. Smoking of any kind, including e-cigarettes, is **NOT** permitted in the pool area
- d. No sitting on the entrance steps or ladders
- e. Neither diving, running, continual jumping nor “horseplay” is permitted

6. Noodles, Fins, Pool Toys, etc.:

- a. Pool toys—inflatable, plastic, foam, or any other material—and swimming devices such as, but not limited to, swimmees, inner tubes, fins, etc., are **NOT** permitted in the pool, except for Aqua Aerobic classes. Only US Coast Guard-approved life jackets may be used in the pool as flotation devices. Rossmoor residents may use “Noodles” in the shallow end of the swimming pool (as exercise/therapy tools but **NOT** as flotation devices) except during special events.

7. Rules Not Followed:

- a. Warning and fine of \$100
- b. Second Infraction \$200 fine
- c. Third Infraction – Pool privileges will be revoked for season and a \$300 fine.