



Rossmoor IN News



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Monroe Township, New Jersey

JULY 2023



Photo by Walter Gryskiewicz

Memorial Day observed

In an event sponsored by our Veterans' Group, a large crowd gathered at the Balmer Circle on the morning of Memorial Day, May 29, for a flag raising ceremony to honor our nation's fallen heroes from many wars. Members of the Rossmoor Veterans Group saw action at sea and in the air, in Korea, Vietnam, and even during World War II. They took the front row seats. Many wore the medals they had earned in combat.

Master of Ceremonies for the event was Joe Salzano, a U.S. Army veteran.

A co-founder of the group, Denny O'Malley, a U.S. Navy veteran, was in charge of raising the flag, the ropes of which at first seemed uncooperative. Eventually straightened out, up went the flag, as all the residents saluted and recited the Pledge of Allegiance. This was followed by a moving rendition of our national anthem, sung by everyone in attendance.

It was a beautiful day.

Declaration of Independence

By Jean Houvener

"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness."

These are probably the most famous words in the Declaration of Independence, approved by the Second Continental Congress on July 4, 1776. By the time they were approved, the colonies of America had been at war with Great Britain since April of 1775, when the first shots of the Revolution were fired at Concord

and Lexington.

George III, King of Great Britain, and the British Parliament viewed the American colonies as a part of the British Empire and subject to the laws and demands of the King and the Parliament. For various reasons, they felt that included the right to levy taxes.

In particular, they wanted the colonists to shoulder some of the expenses for protecting the colonies. They also wanted to collect taxes that would be used to pay governors, administrators, and judiciary in the colonies. This was a bid for greater power over these officials, so

that they would be beholden to the British government rather than the local colonial legislatures.

Between 1756 and 1763, Europe was embroiled in the Seven Years War, which spilled over to our continent and is known here as the French and Indian War. On one side of the war were Great Britain, Prussia and other German states, Portugal, and the Iroquois Confederacy. Many colonists fought on this side. On the other side were France, Austria, Spain, Russia, Norway, the Abenaki Confederacy, and the Mughal Empire. This was an attempted land grab by both sides and a struggle for dominance. Ultimately the British alliance emerged victorious, driving the French out of what was to be Canada, and ending French dominance in Europe, as well as taking over colonies in the Caribbean, Africa, and South America.

This global war was enormously expensive, and Britain needed to replenish its treasury. Taxation of the

(Continued on page 8)

It's Back! Fresh, local produce for you

Monroe Township's popular farmer's market began its second season on June 22, once again in the parking lot of our Township Library.

The farmer's market is open every Thursday, from 2:30 to 6:30 p.m. all summer and right up to Sept. 14.

You will be able to provide your family with farm fresh eggs, veggies, and fruit from local farmers. Also available

will be jams, local honey, farm raised meat and game, cat and dog treats, as well as helpful items from additional vendors, such as soaps, candles, and teas. This year, offerings will include some prepared food, such as empanadas, Polish food, and Indian food.

Come and see for yourself. Life hardly gets better than this.

Township detectives warn residents

By Carol De Haan

Monroe Township Police Detectives Stephen Dzema and Robert Bennett came to Rossmoor last May 16 to warn us about crime, how to prevent it, and how to outsmart a scammer. The Computer Club sponsored this event.

Your vehicle

Keep it locked. Most vehicle burglaries are to unlocked vehicles. Leave no valuables in your car and no key fobs or garage door openers.

Your home

A home burglary occurs every 15 seconds in the U.S., according to the FBI. Most burglars get in through an open door or window. Lock up.

Be suspicious if a person at your front door wants to talk about utilities, landscaping, etc. That person's partner might be trying for an

open back door or window while you are distracted.

Do your research before hiring a cleaning company or home health aide. These people can be prime suspects in senior community theft.

Advise Police if you are going on vacation.

Use your alarm system.

Use exterior lights.

Scams

The FTC Consumer Sentinel Network reports that 61% of scams come through telephone calls and emails. The most heavily scammed are between ages 60 to 69, with ages 50 to 59 a close second. Most of Monroe is over 55.

Scams are big business, often international. In 2019, nearly two billion identity frauds were reported. Of them, 23% involved money loss, which came to nearly

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Early morning on the Golf Course Photo by Ray O'Reilly

at the governors' meeting

June 15, Rossmoor Community Association Inc. (RCAI) Board of Governors Monthly Meeting

On the evening of the third Thursday of June in the Clubhouse Ballroom, the Rossmoor Community Association Inc (RCAI) Board of Governors held their monthly meeting. It was the first of two 2023 meetings scheduled to be held in the evening. The other will be in October. The meeting was well attended. Over 70 residents filled the room along with 18 Mutual presidents who make up the Board of Governors (BOG). Another 18 people watched the meeting simulcast as a Zoom Webinar.

RCAI President Daniel Jolly welcomed everyone in attendance. He was pleased to say that he has received more than a dozen calls praising the 2023 pool operations. He thanked all RCAI staff involved in the pool preparation. Dan then wished everyone a wonderful Father's Day and a Happy Fourth of July.

Treasurer's report

RCAI Treasurer John Cra-ven reported on the April 30, 2023, RCAI budget variance report. There is a year-to-date surplus of \$343,321 compared to a budgeted year-to-date planned budget deficit of \$26,916 which is all together \$370,238 better than budgeted. He stated the combination of increased income due to higher interest rates along with a resurgence of trips and events, added to the currently unused snow budget, has created a substantial surplus.

Management report

General Manager Tom Curry reported on the monthly management report provided to the BOG. He discussed several Administration department statistics. He provided the monthly num-

bers for condominium and cooperative closings in May. He discussed several ongoing major projects in the community including pavement and concrete replacements, flood mitigation grant status, Village Center HVAC replacement project, tree pruning and removals occurring on RCAI grounds.

He discussed several recent successful E&R events including the very successful Memorial Day pool opening. He promoted a few upcoming events including a July concert scheduled for the Meeting House lawn and an outdoor movie night in August at the Clubhouse parking lot.

Curry reported on a very successful June at the Golf course with record income from events and guest play. He reported on several golf course maintenance items recently completed on the course including a newly paved cart path and drainage projects. He then discussed a few upcoming golf events including the highly attended June 26/27 NJPGA junior's tournament.

New Business:

Resolution #2023-21 – Juneteenth. A motion was made to observe the federal Holiday Juneteenth as a RCAI paid staff holiday. The motion was seconded and passed unanimously.

Directors' Comments

Mutual 10 Director Sforza read a prepared statement regarding her dissatisfaction with how matters were handled by the reelected Executive Committee president in connection with her 2022 appointment as Executive Committee assistant secretary.

Residents Comments

A resident asked for the BOG's help with Comcast Internet service issues. Jolly explained that our contract with Comcast is for Basic Cable Service and does not include Internet service.

However, he said we will have staff attempt to communicate with Comcast regarding the issue.

- A concern was raised regarding a possible need for illuminating the street signs in the community.
- Several questions were raised about CPR/AED training. Curry reported the staff is scheduled for training soon.
- A discussion occurred regarding installation of signage warning residents not to walk on or walk their dogs on the golf course.
- A resident reported that a vehicle with a suspicious driver entered the exit side of the east gate driving in the wrong direction. No time or date was provided. The resident was advised to call the police if a similar incident were to occur again.
- Multiple residents expressed their opinions and asked questions related to the 2023 pool operation. Some residents stated they would like the return of lifeguards and the allowance of guests in the pool next year. Others expressed their satisfaction with the current operation and wish it to continue.
- A concern was raised about occasional long wait times at the north gate guest lane entrance. Curry said he would speak with the Security Service supervisor.
- The newly appointed Monroe Township Council person, and Rossmoor resident, Michael Markel introduced himself to the BOG and the residents at the meeting. He stated that he looks forward to hearing from Rossmoor resident's township related concerns.

Since there was no further business for the Board to discuss, a motion to adjourn was seconded and passed at 8:10 p.m.

Bits & Pieces

By Sue Ortiz

"Luke, I am your father."
The Berenstain Bears.
"Play it again, Sam."
The Monopoly Man's
monocle.

"Beam me up, Scotty!"

The Mandela Effect (coined by writer/researcher Fiona Broome in 2010) happens when a bunch of people share a memory that isn't true. They believe that their distorted memories are correct, and they can clearly recall details of events that never happened at all.

The phenomenon is named after South African president Nelson Mandela, who, as many "remembered," died in prison in the 1980s. However, as history shows, Mandela served 27 years in prison, served as president from 1994-1999, and died in 2013. But Broome distinctly recalled news reports of his demise in the 1980s. So did many others.

Some, including Broome, suggest that the event in question didn't occur in our reality, but in an alternate universe, relying on string theory and the argument for infinite universes. Maybe.

There are many famous examples of the Mandela Effect:

- Darth Vader is always misquoted, "Luke, I am your father." His exact words were "No, I am your father."
- For years, many believed the beloved children's books were called "The Berenstain Bears." The authors' actual surname is Berenstain, thus, "The Berenstain Bears."
- Who said, "Play It Again, Sam" in the movie "Casablanca"? Well, nobody. Ingrid Bergman's character, Ilsa, said, "Play it, Sam." "Again" falling into the Mandela Effect phenomenon.
- Crack open your old Monopoly game. Does the Monopoly Man wear a monocle? Yes? Look again. In fact, he does not wear a monocle.
- Not once in "Star Trek: The Original Series" did Captain Kirk, or any character, utter the famous phrase, "Beam me up, Scotty!" "Beam me up, Mr. Scott," yes. "Scotty, beam us up," yes. But "Beam me up, Scotty" was never said in any episode of the 1960s science fiction series. Yet, dozens of t-shirts and Internet memes seem to say otherwise.

I'm sure we've all experienced this at some time in our lives. I'm sure our friends and family thought us bonkers, too.

Like *déjà vu* – the feeling

that you've "done this before." It is a feeling of memory, a strong sense of the time, place, and perspective of the "previous" experience. I've been experiencing this for years. Sometimes I get *déjà vu* within *déjà vu*. Like a ripple effect that lasts for several seconds that I can count the multiple repeats. It is said that *déjà vu* is associated with people who remember their dreams, watch a lot of movies (how about television?), and are of a higher socioeconomic background. Well, two out of three works for me.

Then there's the phenomenon of sensing something that isn't there ... anymore. Like having a clock in a certain spot for many years, but, upon redecorating, the clock was removed or placed elsewhere. For years my eyes kept going back to that original spot to check the time. And for an instant, I felt like I saw the time on the clock. Like the mirror that hung on the wall over the sofa for a million years until the living room was redone. For another million years I would imagine seeing my reflection as if the mirror was still hanging there. And like the lingering shade of a big old oak tree that was cut down years ago.

Is there a name for this sensation? I Googled *still sensing an object that isn't there anymore* and got these results: "Does an object exist if there is no one there to observe it?"; "Detecting if an object is still active or it has been destroyed"; and "Alien mothership lurking in our solar system could be" Maybe it a "me" thing!

So, if you thought you heard I won the lottery last year and took off on an around-the-world trip, blame it on the Mandela Effect, because it didn't happen ... yet. But when it does, it'll be "*déjà vu* all over again."

B&P

"Right now I'm having amnesia and *deja vu* at the same time ... I think I've forgotten this before." –Steven Wright (American comedian, b. 1955)

"In string theory, all particles are vibrations on a tiny rubber band; physics is the harmonies on the string; chemistry is the melodies we play on vibrating strings; the universe is a symphony of strings, and the "Mind of God" is cosmic music resonating in 11-dimensional hyperspace."

– Michio Kaku (American physicist, b. 1947)



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The Rossmoor News, a monthly periodical, is mailed to every home within the Rossmoor community. News items are welcome. Appropriate news items from outside organizations will be considered as space permits. Unscheduled

volunteer writers should contact Rossmoor News Chair about any submission. **We reserve the right to edit, limit, or reject any materials/submissions according to the directives of the Editorial Board and Publisher.**

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Visit the Rossmoor website at www.rcainj.com

Open RCAI Meetings in July

Board of Governors Meeting
Thursday, July 20 - 9 a.m.

It will be an in-person meeting
and will probably be held via Zoom

Energy savings information updates

By Linda Bozowski

SolarLandscape has initiated some revisions to its registration process following comments from residents who sought additional information or tried to sign up for the discount program. We are pleased to report that these revisions have been helpful. I'm going to make this article somewhat personal as I describe my own efforts to participate in this offering.

As a JCP&L subscriber who would be happier with a less expensive utility bill, I went to the SolarLandscape website and filled in my information. I was informed that my residence qualified – step one, good news.

However, as I went through the process and was all set to press the “GO” button, I read through lengthy paperwork that turned out to be in serious variance with the information presented in the Clubhouse by Kevin Dunshee of SolarLandscape.

Phone calls, emails, more of the same – the process and the website information has been changed and is more perfectly aligned with what we had been told at the presentation.

Thank you, Kevin Dunshee, for listening to your potential subscribers. Dunshee and other representatives of SolarLandscape will be on site again to help residents through the sign-up process and to answer our questions. According to Dunshee, there are still some changes to be made to the process as the program moves forward into full implementation, tentatively scheduled for later this year. However, in the meantime, the Arcadia paperwork offers the 25% discounts that have been promoted, and if there is an error in the documents, it will be addressed by a representative of the company.

The website for Rossmoor residents to enroll: Solarlandscape.com/25, and the discount code is SLROSS.

This will ensure the 25% discount. If someone enrolled with the code, they have the discount. If they enrolled on the solarlandscape.com/25 website, they also have the discount. If someone is unsure, they can find out on their Arcadia dashboard. There is also a place to ask questions directly to Arcadia. If they are not at 25%, they can let a representative know and SolarLandscape will have them upgraded to the proper discount via Gina Viasus (gina@solarlandscape.com) or Jennifer Schneider (jschneider@solarlandscape.com).

Dunshee has assured us that he will keep us up-to-date on when 1 Costco Drive building will be energized. Other comments indicated that:

- Consolidated billing will be required of the utility companies by July, 2024.
- Monroe residents will be eligible for any community solar project that is built in the JCP&L territory – more opportunity for people to save
- Municipalities may be able to offer community solar as an opt-out to residents (more details will be forthcoming).

A full procedural history of the program is available at the bottom of the BPU's community solar website: Community Solar | NJ OCE Web Site (njcleanenergy.com)

Dunshee added that SolarLandscape is a family owned and operated business that is the largest solar developer in N.J., and has been awarded more community solar projects than any other company in the state, 56 in total. The company has also received other recognition for its efforts in moving forward with solar projects.

Editorial

Plagiarism, the bane of editors and publishers worldwide, is defined as stealing and using as one's own the ideas, writings, or composition of another.

In the United States, courts have ruled that copyright protection exists from the time an original work is produced in tangible form, that is, it's no longer just an idea buzzing around in someone's head. It's real, it's been expressed in some form. No governmental filing or other special action is required to establish a copyright.

Ownership of the copyright belongs to the author, the originator of a work. This includes the photographer, if the work is an image. Ownership also pertains to literary, musical, graphic, or artistic endeavors, and even to material on computer disks.

Do not ever copy anything from the Internet. That material is 100% copyrighted.

The owner of a copyright has the sole right to use that material, to reproduce it, or distribute it, etc. The copyright remains in effect for the life of the author, plus 70 years.

You can include a brief quotation from a deceased author whose writings were published before 1953, (Shakespeare, Edgar Allen Poe, et al.), but be sure to acknowledge the author. Do not claim someone else's work as your own. That is theft.

Facts, on the other hand, belong to everyone. There is no copyright protection for facts, but an author's verbiage surrounding a fact is copyrighted. Use your own words.

If The Rossmoor News were inadvertently to publish an article that turned out to contain copyrighted material, we could be sued for copyright infringement. The legal action would involve not only the “author” who stole the plagiarized copy and submitted in his or her name, but also The Rossmoor News staff, RCAF, our publisher, and our printer. This is a risk we refuse to take.

We appreciate the many residents who send us news items, articles, and photographs. Your contributions add greatly to our community. We are grateful that what you send always originates with you, and not with someone else.

Our Website

Go to rcainj.com to access the Rossmoor website.

The Amenities page features the ability to access Channel 26 slides anytime. Check it out.



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Board of Education updates

By Linda Bozowski

Several important issues affecting Monroe residents are on the district's agenda over the next several months: future school referendum planning, future school budget approval scheduling, upcoming law cases regarding Board of Education members, and upcoming elections.

Referendum news

The school construction referendum was defeated in April. Afterward, the Board mailed a survey asking recipients how they had voted and how they might vote if the same proposal were offered again. As of June 9, no survey results have been released, and who knows if taxpayers will ever learn what concerned their fellow voters.

According to regular observers of the Board of Education website, no plans have been revealed as to how the Board intends to

move forward with a replacement construction referendum. Since a great deal of work is required to promote a referendum, it would seem that delaying a new referendum would severely delay needed construction well into 2025. According to information at the May Building Grounds and Transportation Committee meeting, the deadline for offering a Nov. 2023 referendum has already passed.

Ethics cases under consideration

Ethics complaints have been filed against the superintendent of schools and several Board of Education members. These cases will be heard over the summer in various courts. Ethics charges relate to violations of Department of Education or N.J. School Board Association regulations. They are not legal civil or criminal cases.

The Board of Education is insured for coverage of cer-

tain legal fees, but is liable for a \$5,000 deductible per case.

School budget potential process change

As part of this year's budgeting process, there has been discussion as to whether Monroe Township should consider presenting a school budget that is in excess of the current 2% budget cap. This means that if a district keeps its proposed budget increase at 2% or less than its previous budget, the residents do not need to approve the budget. In the past, residents voted on school budgets and many times defeated them. The proposed budgets were then reviewed and possibly revised by the local governing authority. The 2% budget cap has eliminated that governmental review and the Board of Education determines the school budget.

If the Monroe Board of Education proposes a budget that exceeds the 2% cap and then puts the budget out to

vote at any time other than during a November election, it will incur the cost of election, approximately \$60,000 to \$80,000 per election, and will be locked into that methodology for the following five years. Such a vote could also extend the terms of existing Board of Education members and contracts with district employees. No decision has been made on this issue at this time. Updates will be offered when further discussion is presented at future meetings.

Board membership

Persons interested in serving on the Monroe Township

Board of Education must file an application by July 31, with the Middlesex County Clerk's Office in New Brunswick. The election will be held on Nov. 7.

Candidates will have a chance to present their credentials and explain their priorities in the Rossmoor News, in other local papers, and by the League of Women Voters at a scheduled meet-and-greet in October. Board of Education membership is a three-year commitment. Interest in the well-being of our schools and students is the most important requirement for potential candidates.

Beware: Check fraud is on the rise

By Carol De Haan

The U.S. Postal Inspection Service reports nearly 700,000 cases of check fraud in 2022, double the number from the year before. It has become big business.

Scammers are fishing mail

from P.O. drop boxes, looking for window envelopes or return envelopes that are likely to contain checks.

Crooks have a technology that melts ink in the "To" field and the "Amount" field. They write in fake names and amounts. But now they also have the number of your bank account, which they will be happy to empty for you. (We hear that gel pens are less vulnerable to alteration.)

The Postal authorities suggest mailing your checks only at the Post Office. That solution, however, is not fool-proof since there is fear that thieves might seek employment at Post Office Distribution Centers.

Check fraud is not a small operation. It is big and sophisticated.

Electronic payments might be a good idea

Music lovers' opportunity

By Jean Houvener

For all you lovers of classical music, there is a great opportunity that the New Jersey Symphony has offered to Rossmoor (and other senior communities of Monroe and elsewhere) for a number of years. The Symphony offers us a Thursday matinee series of six concerts at NJPAC with bus transportation from Rossmoor to the concert hall provided at a modest cost.

The concert series has a range of costs depending on where in the hall you want to sit, from orchestra to second tier, and the current cost for the bus transportation is a mere \$10 per person per concert (2023-2024 season). It could hardly be easier to go to a great concert without the hassle of driving yourself.

This year's six concerts (series 3) begin on Oct. 19, with the last concert on May 30, 2024. The music ranges from Schumann and Mendelssohn (with Joshua Bell!) classics to Gabriela Montero and Kevin Puts contemporary pieces, with world class soloists.

For more information, call 1-800-allegro (easy to remember) or 973-624-3713 or look online at njsymphony.org. Those of us who have already subscribed hope to see some of you on the bus next fall.



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2023 newly elected Mutual Directors

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Vice-President Diedre Thomson
Secretary/Treasurer Dale Ralston

Mutual 2
President Dennis Haggerty
Vice-President Jaqueline Eiseman
Secretary/Treasurer Rosemary Masella

Mutual 3
President/Treasurer Robert Danehy
Vice-President Assunta Salmeiri
Secretary Marilyn Sliva

Mutual 4
President Betty Hornig
Vice-President/Treasurer William Reckdenwald

Mutual 4B
President Louis Russo
Vice-President Lori Moses
Secretary/Treasurer Joann Casper

Mutual 4C
President John Craven
Vice-President/Secretary Sheila McCue
Treasurer Jane Schreiber

Mutual 5
President Dan Jolly
Vice-President Thomas Croake
Secretary/Treasurer Cathleen Norback

Mutual 6
President Paul Mueller
Vice-President Yvonne Nobile
Secretary/Treasurer Robert Franco

Mutual 7
President/Treasurer Barbara Jensen
Vice-President William Bloom
Secretary Carol Forte

Mutual 8
President Carol Franks
Vice-President Lorraine Lena
Secretary/Treasurer Joan DiPaolo

Mutual 9
President/Secretary Barbara Brumberg
Vice-President Nancy Pezzolla
Treasurer John Sarnecky

Mutual 10
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Vice-President Debra McCauley
Secretary/Treasurer Barbara Krysiak

Mutual 11
President Barbara Boyer
Vice-President/ Treasurer

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Secretary Susan Archambault

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Vice-President Alexis Monaco
Secretary/Treasurer Cassie Salter

Mutual 14
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Vice-President Leona Randolph
Secretary Brenda Burns

Mutual 15
President Gerald McQuade
Vice-President Edward Hawkins
Secretary/Treasurer Edward Visinski

Mutual 16
President James Murphy
Vice-President Josephine Schwegel
Secretary/Treasurer Russell Howard

Mutual 17
President Anthony Saccone
Vice-President Debra Stasik
Secretary/Treasurer Holly Henderson

Seniors meet seniors at our shuffleboard courts

By Carol De Haan
On a beautiful summer morning last June 2, 16 Rossmoor shuffleboard players and their supporters gathered at our shuffleboard courts, awaiting the arrival of 16 venturesome seniors from the Monroe Township High School. Greeted with cheers and applause, the nifty young people quickly paired up with their older counter-

parts, and the games began. It looked deceptively simple, but a player needs to pay attention to score points and avoid getting knocked off the board, while at the same time trying to prevent an opponent from scoring and maybe even trying to knock that opponent off the board. Scorekeepers recorded everything on whiteboards. This tournament was spon-

sored by the Monroe Township Parks and Recreation Department, whose Program Supervisor Rick Siemon helped set up the event. At the conclusion of play, Siemon invited everyone back to the Township Recreation Center where lunch was served and awards were given out. Winners among the Ross-

(Continued on page 6)



Eager players at the Seniors/Senior shuffleboard tournament



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Sunday, July 16, 2023

Sunday, August 20, 2023

Sunday, September 17, 2023

11:00 a.m. or 1:00 p.m.

Call 1-800-471-6394 today to RSVP with your date and time of attendance.



Jersey Shore
SeabrookCommunity.com

This event will include a brief marketing presentation.



Please drive slowly and carefully in our community.



Some drivers are speeding on our streets putting us all at risk.

Seniors

(Continued from page 5)

moor seniors were Allen Kobezak and Rosemarie Kobezak.

Shuffleboard is an old, old game

It was played as far back as the 14th century, maybe earlier. Originally called “shovel board,” its name suggests its origins among the common folk who did manual work.

England’s King Henry VIII, an accomplished sportsman before he acquired his massive bulk, liked the game so much that he raised his royal nose high into the royal atmosphere and declared that only nobles could play. No commoners were allowed to

sully the fun, place a bet, and maybe (perish the thought) beat a nobleman.

Undoubtedly a pointless decree, how could it be enforced when every village pub had a wooden table, some kind of a makeshift cue stick, and a coin to serve as a disk? In those days it was called “shove ha’penny.” Gambling over the outcome made it twice as exciting.

Today, shuffleboard is popular on cruise ships and in retirement communities. The International Shuffleboard Association was founded in Florida in 1979 to foster international competitions. Many countries take part in tournaments each year. It’s becoming popular with all ages.

Monroe commissions, departments, and services – let’s relax!

By Linda Bozowski

In our March issue, we wrote about commissions and boards that oversee our environment and grounds: Shade Tree, Environmental, Open Space and Farmland Preservation, and The Green Team.

In May, we offered information about commissions related to our well-being: ADA Committee, Commission on Aging, Health Advisory Board, and the Human Relations Commission. Although the proposed topic for this July issue was a heavier discussion of Zoning, Planning, and Affordable Housing, we’ll be taking a lighter journey this month as we offer a bit of in-

formation about recreational boards.

The Cable Television Commission

Monroe Township entered into a cable television contract in 1979 and over the years has renewed the contract with the various vendors who have expanded their businesses. In 2007, the former Nassau Cable company became our partner in a 15-year contract that was due to expire in March 2020. Since that contract had an automatic renewal clause, which the Township is currently disputing, we are enjoying (or not) the services provided by Comcast through a bulk-usage agreement which only Rossmoor enjoys.

Our current contract provides for basic cable service. Basic fees are part of our monthly homeowners’ association fees. Telephone service is also available through Comcast (Xfinity) but is charged separately. Additional channels and streaming services are available to customers through their individual contracts with providers including Netflix, Hulu, Paramount, and many other plans.

Verizon has a statewide cable contract, but service is available only in the northern portion of Monroe Township. The communities in the southern portion, including Rossmoor, do not have access to Verizon. According to a Township representative, it is

unlikely that Verizon will invest in fiberoptic cabling of additional areas of the township, since the costs are prohibitive.

Historic Preservation Commission

As Monroe has grown over the past 60 years from about 3,000 to nearly 50,000 residents, many of our residents are uninformed about how the Township was developed and how it has changed. The Historic Preservation Commission, which meets eight times each year, has offered significant research and memorabilia to residents through the efforts of its Commission members. Restoration of the one-room school house located on Federal Road, tours of the barn and farm house located on the property, special events like the annual baseball game, and frequent presentations with slides and other documents, presented by Township historian John Katerba, offer residents opportunities to share in the progress of our community.

The Americans with Disabilities Act

This is a federal law enacted in 1990 and amended in 2008, designed to protect the rights and support the needs of persons with disabilities. Our ADA Committee focus ensures that regulations related to facilities access, parking, service animals, mobility devices, and communications methodologies are enforced. It protects

(Continued on page 7)

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Commissions

(Continued from page 6)

the rights of folks with disabilities. The definition of disabilities includes disease-related conditions including HIV, and various mental health disorders, as well as limitations to mobility, vision, hearing, and mental capabilities.

Although the Committee meets once every three months, access and assistance is available through our Township offices or the website. Residents are encouraged to report violations so that corrective action can be taken.

Library Board of Trustees

How fortunate Monroe residents are to have such a well-stocked and well-staffed public library that offers such a wide array of services and resources. Open to all residents at no charge, the Library is stocked with books and videos and music and Internet access and meeting rooms. It is staffed with reference librarians and other staff who are more than happy to offer guidance to anyone who may need it. The Library is a place where meetings are held, clubs discuss books and knit, children attend story and craft events, and folks enjoy the art gallery located at the rear of the building. Books can be downloaded to Kindles and other electronic devices at no charge, reference materials are readily available, handicapped-accessible materials are plentiful, and current newspapers and magazines are on shelves to be perused.

As our community has grown, so has our Library. As part of the reciprocal library system, book availability can be checked online, and if our Library does not have a particular book in a format that is needed, a resident can request a copy from a participating library. One of the larger Township Committees, the Library Board of Trustees oversees a significant asset in Monroe Township. Extra benefits including multiple book drop-off locations, the traveling bookmobile, whose schedule is published online, museum and other entity passes, available for three-day loan periods, and many other programs.

The Library schedule is published online, and offers residents many opportunities to use its multiple services.

Recreation Advisory Board

Professionals and volunteers participate in the administration of the Recreation Advisory Board, whose role is to coordinate multiple opportunities for team and other sports, arts, and cultural activities. Monroe has many playing fields, set up for a large variety of sports activities, and all are well maintained. In addition to outdoor sports events, the Advisory Board oversees the Recreation Center located on Monmouth Road in the northern area of the Township. Open seven days per week, with varying hours, the Rec Center has multiple meeting and activity spaces and accommodates a number of

sports, including basketball and martial arts. Programs for youth, seniors, special needs residents as well as summer camp and family events are among the many programs available.

Softball, baseball, table tennis, ice hockey, cricket, wrestling, Lacrosse, and soccer are among the sports offered through this Board. Each has a leader experienced in that sport, both professional and/or volunteer. Participation is age-based.

For a complete list of activities, please check out the Recreation Advisory website or the Recreation Center site. Maybe you can participate in the upcoming fishing event or the LEGO robotics activities for grades 2 to 4. So much to do, so little time!

Cultural Arts Commission

Since it was established in June 1998, the Cultural Arts Commission has brought entertainment and arts opportunities to residents. Last year, various activities were offered on 107 days of the year – con-

certs, theater events, photography classes, ceramics, clay modeling, dance. Indoors and outdoors, modest fees or free. Residents of Monroe were offered myriad opportunities to meet one another and enjoy and learn about artists, composers, playwrights, performers of many specialties.

Professional organizations included the N.J. Festival Orchestra, a Rod Stewart tribute band, an opera lecture series, and our own local theater group, the Mighty Oak Players, who performed "Evita." Cultural Arts activities are listed on their website and are advertised at many local businesses, as well as at the Rossmoor Clubhouse.

Volunteers are always welcome, since this is a very active committee. Please check it out, and be sure to list an upcoming event on your calendar.

Where do you fit in?

Monroe Township can accomplish its objectives only through the support of its resi-

dents. Those who wish to participate with Township committee activities are urged to visit the Township website and

complete an application indicating their areas of interest. Monroe needs **all** of us to do our share.

Sawdust? You'd better be careful

By Carol De Haan

Take a walk around the three-foot bed outside your house. While you're at it, stroll over to the carport. See any sawdust on the ground? If you do, there might be a problem.

This is the year of the carpenter bee. There are zillions of them and they seem exceedingly fond of us, along with the many other communities in our state. Although carpenter bees are useful pollinators for farm crops, they can do extensive damage to homes if left to do their thing.

What they do

Carpenter bees mate twice a year. To lay their eggs, they burrow into wood to make a nest. "Those holes are so precise, they look as if they were made with an elec-

tric drill," says Bob Buskett of our Maintenance Department. Only problem, the holes can extend and become tunnels and that's where structural damage begins.

What they look like

Carpenter bees are big guys, yellow and black, usually an inch long and plump. While the female is busy tending the young, you'll often see the male hovering around outside in his role as protector of the family.

How to cope

"Do not try to deal with them yourself," suggests Maintenance Manager Dave Salter, observing that nobody needs a bee sting. "Give us a call at 609-655-2121 and we'll have a professional exterminator do the job for you."

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Independence

(Continued from page 1)

colonies was an obvious option. The Parliament passed the Stamp Act of 1765, subsequently repealed after resistance and protests, the Quartering Act of 1765, the Townsend Acts of 1767, which led to boycotts and was partially repealed, and to the hated 1773 Tea Act, which led to the Boston Tea Party among others, including two tea parties in New Jersey.

The King and the Parliament felt they had the right to tax the colonists. The colonists, while divided on the issue of independence from Britain, felt that only their own elected legislatures could do this – as Englishmen, there could be no taxation without representation and they had no representatives in the British Parliament. They also recognized the effort to control the appointed officials and judiciary and resisted it.

The First Continental Congress as well as individual colonial legislatures petitioned King George to repeal these acts, but these petitions were all rebuffed. By this time, more colonists were seriously thinking of independence from Great Britain, while Britain was treating this as a rebellion that needed to be put down.

The Second Continental Congress met in May 1775 to address the issues that were now leading the colonies toward war. A second petition to the King was also rejected. In January 1776, Thomas Paine's "Common Sense" was published, outlining the reasons independence was in order. Meanwhile, Parliament had declared a blockade of all shipping from the colonies and declared all American ships to be enemy ships. They also sent additional troops, including hired mercenaries, to the colonies.

The first official call for a declaration of independence was sent with Richard Henry Lee from the Virginia Convention on May 15, 1776. The Congress discussed the issues and set up a committee of five to draft a declaration. Not all the congressional delegations had been authorized to make such a vote for independence, so representatives used the time to seek instructions from their respective legislatures.

The Committee of Five included John Adams (Mass.), Thomas Jefferson (Va.), Benjamin Franklin (Pa.), Robert Livingston (N.Y.), and Roger Sherman (Conn.). They worked out the details of what should be in the Declaration, but decided that Thomas Jefferson should write the final draft. They presented their result to the Congress on June 28, 1776.

John Dickinson of Pennsylvania argued against the resolution based on his opinion that the Articles of Confederation should be finalized

first and foreign alliances made. On July 1 the first vote was taken on Lee's resolution of independence. Nine colonies voted for independence, Pennsylvania and South Carolina voted against it, Delaware had a split vote and therefore could not cast a vote, and New York abstained, having received no instructions from their legislature.

Caesar Rodney of Delaware rode 70 miles through a thunderstorm overnight to reach the Congress in time for a second vote on July 2, shifting Delaware to a vote for independence. John Dickinson abstained and his delegation changed their vote for independence. South Carolina also changed their vote for independence. Thus the resolution passed unanimously with 12 votes and one abstention (N.Y.). Caesar Rodney is now on the State Quarter of Delaware, but at the time, his constituents voted him out of office in the next election.

The Congress then took up the matter of the Declaration of Independence itself, which explained in detail the objections and reasons for the declaration, particularly the grievances which had led to this step. After debate and rewording, the Continental Congress approved the Declaration of Independence on July 4, 1776. Delegates from all the colonies signed the declaration, including New York.

Two hundred broadsides of the Declaration were printed and distributed throughout the colonies to be read to the populace and to the troops already massed under General George Washington in New York City. The first official reading was in Philadelphia on July 8, but other readings followed, including in Trenton and in New Brunswick on July 9 by Col. John Neilson near the corner of Albany and Neilson, standing on a table outside a tavern, the residents having been called to the square by the Christ Church Episcopal bell. The British officials sent copies to England, and the newspapers there published them by August.

Two years after the Battle of Monmouth in June 1778, George Washington and his troops celebrated the second anniversary of the reading of the Declaration in New Brunswick with a celebratory firing of 13 cannons and a double allowance of rum. This was the first official celebration of the Fourth of July. Every year, the reading of the Declaration is reenacted at Christ Church in the shadow of the same bell-tower that rang before the original reading, along with appropriate music, an historical talk, and refreshments.

Think about this:

Egotist: A person of low taste, more interested in himself than in me.

Ambrose Bierce
Journalist, editor
1812-1914

Detectives warn

(Continued from page 1)

two trillion dollars.

We all know the scam that begins, "Hello, Grandma/Grandpa. Please help me. I'm in terrible trouble..."

How about the IRS scam: "You owe money to the government. Pay up or be arrested."

"We've never met but I love you. Help me through this crisis with money..."

"You've won the lottery! A vacation! The sweepstakes! Just pay taxes in advance and we'll send your winnings."

A door-to-door "contractor" offers some service but needs a down payment and he'll be back to do the work. (Sure thing.)

"Can you hear me now?" Caller wants to record you saying "Yes."

"The FBI has locked your computer. Send money to unlock it."

"Your PC has a virus," says a pop-up screen. "Click on this link..." If you do, you might find your bank account has been emptied. Stay away from pop-up screens no matter how official they look.

What you can do

Send no money by wire transfers, credit cards, gift cards, debit cards, which can be untraceable.

Photocopy your credit cards, front and back. Cancel them immediately if stolen. New cards will be issued.

Keep your Social Security number to yourself. Thieves would love to have it.

Give out NO personal information when someone calls you, or you receive an email. You have no idea who that person might be. Far distant callers can get 609 numbers to fool you.

Our Maintenance Department can give you the name of outside contractors with whom they have satisfactory dealings.

Notify the Monroe Township Police Department if you perceive that something illegal is happening.

Register your security camera with them. It will help Police if ever a crime happens in your neighborhood.

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Part 3 of the popular series

“Visit to Vietnam”

by Terre Martin will conclude

in our August issue.

Happy

4th of

July



Would telecoils add to our quality of life in Rossmoor?

By Betty Anne Clayton, Ed.D.

Installing a telecoil, which is a thin strand of copper wire placed around the edge of a room, can transform the lives of those who wear hearing aids, or have cochlear implants. A telecoil, also called a hearing loop, can bring crystal clear hearing to public places, like our Meeting House, Ball-

room, and Gallery. Most prescription hearing aids, and all cochlear implants, have a small telecoil built into them. A hearing loop system transmits an audio signal directly into your "telecoil-enabled" hearing devices via a magnetic field, greatly reducing background noise.

Hearing loops are in 347 theaters and concert halls in 37 states including two large Broadway theaters – the Gershwin and the Richard Rogers. If your hearing aid is equipped with a telecoil, you can walk into a room and push a button on your hearing aid and you will have access to the hearing loop.

Hearing loss can have a profound impact on a person's quality of life. Deafness not only affects the individual, but also their family and their friends. Like me, other residents may be reluctant to attend the wonderful presentations provided by E&R and the other Rossmoor groups, because of their hearing disability. Since the carpeting and the draperies were removed from the Gallery a few years ago, I cannot have a conversation in that room. It has become an echo chamber for me.

I began to notice my hearing loss when I was playing league tennis in Houston. I could no longer hear the calls across the tennis court. I was embarrassed by my hearing loss and didn't want anyone to know that I was experiencing a decline in my hearing. So, I bought "in the canal" hearing aids. I was in my early sixties, at that time. During the following twenty years, I purchased four additional sets of hearing aids, with increasingly sophisticated technology. By 2019, I had profound hearing loss and was blessed to receive a cochlear implant.

If you would like to improve the quality of your hearing life, please join me in researching the possibility of installing telecoils in Rossmoor's Meeting House, Ballroom, and Gallery. I welcome your thoughts and participation. I may be reached at bettyanneclayton@yahoo.com.

Former resident Don Fletcher honored for 80 preaching years

By Sidna B. Mitchell

His voice was very strong as he sat in a wheelchair, giving a short sermon without any notes. Absolutely amazing, especially since the man is 104-years-old! That man is the Rev. Dr. Don Fletcher, former pastor at the Rossmoor Community Church.

Accompanied by four of his six children and a son-in-



The Rev. Dr. Don Fletcher is still preaching at 104 years old.

law, Don Fletcher was at the Woodbury Presbyterian Church being honored by the Presbytery for Southern New Jersey on the celebration of the 80th anniversary of his ordination as a minister. He also received several other commendations. Rossmoor residents Ken Northrop and Sidna Mitchell drove down to attend the ceremony and share a meal with Don and his family.

Born in 1919, the son of Presbyterian medical missionaries, Don Fletcher grew up in Korea. He graduated from Princeton University with a bachelor's degree and a Ph.D. in English and he received a further degree from Princeton Theological Seminary.

As a pastor, the Rev. Fletcher served the Presbyterian Church in Chile, the Caribbean, and at Presbyterian Headquarters. He also taught at high school, college, and university levels in New Jersey, Alabama, and Texas.

In 1993, he became pastor of Rossmoor Community Church, where he served for six years. He was also a past president of the Rossmoor Kiwanis Club and an avid six-wicket croquet player. Even in his late 90s, he would sometimes return as guest preacher at the Rossmoor Community Church and play croquet after lunch with church friends.

Don Fletcher and his wife, Martha, who served as the organist for our Community Church and as director of its chorus, moved in 2007 to Lions Gate, a continuing care retirement community in Voorhees, N.J. He cared for Martha until her death from Alzheimer's disease in 2014.

The Rev. Dr. Don Fletcher continues to write, mainly short stories now, but he has published nine books since 2003.

Inquiring Photographer

By Rosemary Masella

What is your pet peeve?



Janet Taranto: "My pet peeve is people who are constantly late. I think it's rude and inconsiderate."



Paulette Mascia: "My pet peeve is when driving and allowing someone to get in front of you, and they don't say thank you. It is very annoying."



Rose LoGuirato: "My pet peeve is labels and tags which are on everything. They are so annoying, I am always cutting or peeling them off even if it's not on me."

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A Brief History of Estate Taxes

Federal estate taxes have been a source of funding for the federal government almost since the U.S. was founded. In 1797, Congress instituted a system of federal stamps that were required on all wills offered for probate when property (land, homes) was transferred from one generation to the next. The revenue from these stamps was used to build the Navy for an undeclared war with France, which had begun in 1794. When the crisis ended in 1802, the tax was repealed. Estate taxes returned during the build-up to the Civil War. The Revenue Act of 1862 included an inheritance tax, which applied to transfers of personal assets. In 1864, Congress amended

the Revenue Act, added a tax on transfers of real estate, and increased the rates for inheritance taxes. As before, once the war ended, the Act was repealed. In 1898, a federal legacy tax was proposed to raise revenue for the Spanish-American War. This served as a precursor to modern estate taxes. It instituted tax rates that were graduated by the size of the estate. The end of the war came in 1902, and the legacy tax was repealed later that same year. In 1913, however, the 16th Amendment to the Constitution was ratified – the one that gives Congress the right to “lay and collect taxes on incomes, from whatever source derived.” This amendment paved the way for the Revenue Act of 1916, which established an estate tax that in one way or another, has been part of U.S. history

since then. In 2010, the estate tax expired – briefly. But in December 2010, Congress passed the Tax Relief, Unemployment Insurance Reauthorization, and Job Creation Act of 2010. The new law retroactively imposed tax legislation on all estates settled in 2010. In 2012, the American Tax Relief Act made the estate tax a permanent part of the tax code. As part of the 2017 Tax Cuts and Jobs Act, estate tax rules were adjusted again. The estate tax exemption was raised to \$11.2 million, a doubling of the \$5.6 million that previously existed. Married couples were able to pass as much as \$22.4 million to their heirs. As of 2023, that rate has risen to \$12.92 million per individual (and \$25.84 million for married couples). The Act is set to expire in 2025. If you’re uncertain about your estate strategy, it may be a good time to review the approach you currently have in place.

Norman J. Politziner, CFP, a resident of Encore, is an Investment Adviser Representative of Kingsview Asset Management. For more information, questions, or comments, we encourage you to visit our website at www.poltziner.com or call us at (732) 296-9355. ©2023 FMG Suite. All Rights Reserved. Mutual funds and exchange-traded funds are sold only by prospectus. Please consider the charges, risks, expenses, and investment objectives carefully before investing. A prospectus containing this and other information about the investment company can be obtained from your financial professional. Read it carefully before you invest or send money.

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The Big Green Box

By Allen Kobezak
If you have parked your car in the lot at the rear of the Clubhouse, it’s hard not to notice The Big Green Box when you leave the lot. You may have wondered why the box has to be right there, where it isn’t easy to see the traffic coming down Old Nassau Road. I’m sure the box must have been in that spot since the beginning of our community, and I want to clarify that I have nothing against big green boxes. I’m sure ours has an essential function we can’t live without. But why does it have to be in such an inappropriate place? OK, so whom do we blame for the thoughtless placement of The Big Green Box, and what can you do about it? The answer to my first

question is that I don’t know, and the person who approved its location is probably long gone anyway. Now to the more important answer to my second question. Moving the box would be too expensive, increasing our budget. You don’t want an increase in your monthly fee, do you? Neither do I. Why did I bother to write this article if we can do nothing about our box? I don’t know; it must have been a slow news day at the shuffleboard courts. But I think someone knew what they were doing when they built our Health Care Center across from The Big Green Box. Have a nice day, and drive carefully when you leave the Clubhouse parking lot. The life you save may be mine.

A third opinion

By Ken Thomas
I was still young with a pocket full of the good life and mortality never entered my thoughts. When I saw a little blood in my urine after a football game, I wasn’t worried. My wife had a different opinion. She called our family doctor and nagged me to his office. I would never voluntarily go to a doctor’s office, never. However, this would be the start of a life lesson on doctors, hospitals, and immortality. Our family doctor recommended a

urologist immediately. As a result of his examination, the doctor recommended a special procedure to confirm a kidney problem. Simply, the test involved injecting a fluid into my kidney area to visually determine how the kidneys were functioning. I found myself naked on a table, while a doctor stuck some extra-long needles in my back. The technician tracing the fluid was having problems with her oscilloscope next to my bed, an unclear picture. At work, I used the same oscilloscope and knew the problem. Before the technician, nurses or doctor could stop me, I reached over and adjusted the oscilloscope, then watched the resulting picture of my kidneys. The doctors and nurses in the room went bananas. Such a fuss! You’d think I’d interrupted a major heart transplant by assisting. The next morning, my urologist in his best bedside manner (rude and condescending) recommended an operation to remove a kidney. Being young, dumb, but not stupid, I asked for a second opinion. The picture on the oscilloscope showed one healthy kidney and one that was functioning about 40-45%. A muscle functioning 40-45% did not seem to be an organ for immediate removal to me. I waited for the second opinion. The next day a man quickly entered my hospital

(Continued on page 12)

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This month in pictures

Veterans Appreciation Day



Frank Nobile surrounded by his wife Yvonne and their children. Frank received a recognition award from the Monroe High School.



Rossmoor veterans and spouses are seen in the high school gym before the Veterans Appreciation Day ceremonies began

The Veterans Group Flag Dedication



The Veterans Group at the Flag Dedication



Jim and Tony hold the Honor and Remember Flag



Spectators at the Flag Dedication



Veteran Joe Salzano explains the significance of the Honor and Remember Flag to be displayed under the American Flag.



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Friendly neighbors



Gloria (Gigi) Dawley

By Doris Herron

Rossmoor is a friendly, neighborly community. However, sometimes we are unaware of the interesting lives our neighbors have led. My friendship with Gloria (Gigi) Dawley is a case in point.

I know Gigi as a friend, neighbor, the chairman of the Rossmoor Community Church Council, a good card player, and a great croquet partner. What I did not know was that Gigi had led a very interesting life before moving here. However, it is impossible to tell Gigi's story without including the story of her late husband Joe Dawley.

Gigi was born in Dallas, Texas where she lived till age five. At this point her father's job moved the family to Chicago for 11 years before their return to Texas. However, Gigi liked the Chicago area so much that she decided to go to college at Lake Forest in Illinois.

After graduating from college Gigi returned to Dallas and went to work for the Texas Instruments Company. Joe Dawley also worked in Texas as a cartoonist for the "Dallas Morning News." One evening Gigi and Joe met on a blind date. Their second date was to see the then current film "Gigi," and the rest is history.

After their marriage, Joe and Gigi decided to move north and landed in Elizabeth, N.J. Gigi again worked for Texas Instruments Co. and Joe worked on political cartoons at the Newark Evening News (now the Star-Ledger). Soon comic books came into their lives, with Joe working on the comic book "Alvin and the Chip munks."

About this time Joe decided to create his own comic strip called "The Chief." Gigi decided to quit her job to help Joe launch the strip he had created. Although it took quite a few years, Joe's strip was finally accepted by the McNaught Syndicate. This meant that Gigi and Joe had to create and submit ten strips weekly. Joe drew the strip and Gigi did the "balloons." Their strip went on to gain national and international prominence.

However, in spite of the success of the cartoons, Joe's first love was art. Near the Newark News building where Joe worked there happened to be a small art gallery that agreed to exhibit two or three of Joe's paintings, which were immediately snapped up by the men working in the nearby Federal Building. He happily sold two hand-delivered paintings every week to these customers.

Meanwhile, Joe was becoming exhausted between his job at the newspaper, his comic strip, and the weekly paintings for the gallery. He really wanted to devote himself solely to painting. So Joe and Gigi, quickly realizing that they had to be very well organized or they would fail if Joe devoted himself entirely to painting, decided they needed a division of labor. They decided that Joe would be in charge of creating the paintings and Gigi would be in charge of everything else.

Joe's outstanding character studies and life-like outdoor scenes became hugely suc-

cessful. It's interesting to note that Joe did not do portraits because no one ever thinks that their portrait looks like them.

At this time Joe and Gigi were honored by the Clinton White House and contacted by all the major TV networks to tell their story and show his work. The TV exposure also prompted phone calls from all over the country, expressing great admiration for Joe's art.

Sadly, at the height of his success, Joe became a victim of Parkinson's disease, however, he was able to continue painting for another seven years until the disease forced him to undergo brain surgery.

When Gigi learned that Joe needed brain surgery she went back to school, taking a degree in the medical field to be better equipped to help him for the rest of his life. The doctors told Gigi that Joe could not have survived without her constant support and loving help.

Gigi moved to Rossmoor in 2002 and I've been privileged to be her friend ever since. My admiration for her knows no bounds. Without Gigi, Joe could never have fulfilled his legacy of making us richer through the art he produced.

Sadly, Joe died in 2008 but fortunately Gigi is still with us as our good friend and neighbor who in spite of the demands of bringing up two daughters, facilitated the talent of a great artist, whose life work has made us all aesthetically richer.

"U" Curves

By Ken Thomas

Help! Steve's bleeding! Help! Three boys came running up the trail toward us. Between two of them, the third was holding his right hand wrapped in a towel; a blood stained, white towel. The camping chairman and I hurried down the trail towards them. Our "what happened" and the response, "Steve cut his hand with a saw" were not the words we wanted to hear. Even "I have a boo-boo" are not the words a leader wants to hear.

I unwrapped the towel from

his hand and uncovered a bloody, deep gash with flesh very visible. Blood and gore are only entertaining in the movies. My First Aid training was not going to be enough. A doctor and a hospital emergency room were required immediately. The towel was re-wrapped around the wound and I told our camping chairman to elevate the hand, keeping direct pressure on the gash. I knew the general location of the nearest hospital. So Steve, Jack, and I squeezed into the front seat of my old Ford LTD and started down the dirt road. "Was it 15 or 17

(Continued on page 13)

Third opinion

(Continued from page 10)

room, curtly introduced himself, threw some papers on my bed and announced, "Thursday, I'm going to remove your kidney." As he turned to leave, I decided to respond to his bedside manner in an equal patient manner. I grabbed him by the seat of his pants and shirt collar, escorting him from my hospital room into the hall. Such a fuss! Nurses and doctors appeared from everywhere to see the destruction of our doctor/patient relationship.

The next morning, the chief of urology hesitantly approached my bed. Politely, he explained that my case had been reviewed by the urologist group at the hospi-

tal and they recommended a doctor from the famous Boston Memorial Hospital. They thought this specialist might be able to save my kidney. Thank God for third opinions.

Off I went to Boston. This doctor started off by saying that he wouldn't put up with my antics. Before he finished his doctor speech, I interrupted. "First of all, you can call me Mr. Thomas. Secondly, how good are you? Can you really save my kidney or do I need another opinion, my way?" He looked me straight in the eye and said "I'll save your kidney, if you shut up." I liked this guy. The operation took 10 hours with two months of recovery. After 40 years, both kidneys are functioning fine. I do not send a Christmas card to my urologist.

A summer I will never forget

By Joe Haff

It was the spring of 1955, nearing the end of my sophomore year at Ohio State University. I was contemplating my summer job at the small swimming pool in Fair Lawn, N.J. I had been doing that the past two years and was sizing it up for this year, too.

Only problem, I was currently pinned to a terrific girl named Judy Suter. She lived in a Columbus suburb and wasn't going anywhere for the summer. Then, out of the blue, I got word from my father that he had a job for me. At that time, he was a foreign correspondent stationed in Ankara, Turkey, where he met Sam Fox, the coach of the Turkish Olympic basketball team. Sam had also gone to Ohio State and played football there.

It seems the Istanbul Hilton Hotel had just completed the million-dollar construction of a tennis and pool complex. My father and Sam decided to convince Rudy Bassler, manager of the hotel, about the dangers of having a swimming pool without lifeguards.

And just like that I had a job in Istanbul. Judy would have to suffer the summer without me.

In early June I was in

Idlewild Airport to catch my flight to Istanbul. In those pre-jet days I flew on a DC6C, which became the flight from hell with all the problems it had. The little old lady sitting next to me noticed flames coming from the engine next to our window. I blithely told her it was merely exhaust. Then the captain came on to say we had to turn around because of a fire in the right starboard engine.

Having lost three hours, we should have been on our way to Paris but we returned to the gate. Our radar was having problems.

Six hours later we were on our way again, but unfortunately I had spent that time at the airport bar and immediately passed out in my seat. Later I woke up to the plane being cleaned while in Rome. The last part of the flight was uneventful but when we landed in Istanbul we were 12 hours behind schedule.

I lived with Sam and his family in a section of town called Machka, directly across a ravine from the hotel. So to get to work I would walk every day. Interestingly, there was a Radio Building complex at one

end of the ravine that had a couple of companies of Turkish soldiers stationed there. Every morning as I walked to work these guys would be out drilling in the ravine. And what would usually happen was one of the soldiers would goof up and the drill sergeant would punch him in the chops. I always wondered what these guys thought of this young guy walking by in Bermuda shorts and saddle shoes.

I soon found out that my American boss knew little or nothing about running a swimming pool. This was the most modern and beautiful pool I had ever seen. Its filtering system circulated the water every 12 hours. There were lights under the water and fountains between the main pool and a wading pool. Meanwhile this idiot of a boss wanted us to wear under shirts with "guard" written on them. They were a prescription for getting drowned. After quitting and getting rehired again during the dispute, we came to a compromise.

I had to hire and train an additional lifeguard. His name was Sadun Ozdinezden. I called him Don. Turned out to be a great lifeguard. In fact we only had to save one person the whole season. It was he who did it.

A stream of interesting people came through the hotel, and I met most of them. One was the American movie director Sam Peckinpah. One day I was approached by an English nanny type and asked if I could give swimming lessons. It wasn't until after teaching the young boy that I learned that he was Hassan, crown prince of Jordan, and King Hussain's brother. The king was tied up in diplomatic doings so I got to meet him

(Continued on page 14)

Good Ole Summertime

By Babs Burford-O'Reilly

I am a four seasons girl. That is one of the reasons I remain in New Jersey. I love the change in the seasons, I love the change in wardrobe. In the winter there is nothing better than a big comfy sweater, sweatpants, and fuzzy socks. In the summer you can go barefoot! Spring and fall are the seasons that ease us into the change, and I love them as well. However, there is something special about summer, you just feel free in the summer. Maybe I revert to when I was a child and summer did mean freedom.

I am enjoying the great outdoors. My husband Ray and I are playing bocce, sitting poolside, and enjoying time on our patio. There are also impromptu driveway wine parties that are the best! I enjoy summertime music as well. The other day I was playing the Beach Boys as well as Al Albert. If you do not know the song "On The Way to Cape May" you are missing a good one.

I know this was a rambling little article but that's summertime – time to ramble – Happy Summer.

"U" Curves

(Continued from page 12)

miles"? We talked to Steve continuously, trying to assure him everything was going to be all right. Does that ever work?

Steve turned a shade whiter. I turned the car onto the paved two lanes country road and reached the 55 mph speed limit quickly. This winding, not too wide country road was not designed for speed, according to all the "U" curve signs. I was not designed for "U" curve signs. Jack braced himself against the dashboard of the car with one hand. Steve turned another shade whiter and I went faster. The first 10 miles seemed like forever and the signs indicating "U" shaped turns and 35 mph speed limits were utterly ignored. Staying directly on the road was my fervent fox hole wish as my driving skill was tested. Steve was now whiter than white.

The camping chairman now used a hand and a knee against the dashboard while I

prayed; trees, trees, nothing but trees. Where were the stores, homes or gas stations that would indicate we were nearing the town and the hospital? When will the "U" curves end? I increased the pressure on the accelerator. The next "U" curve almost ended the trip permanently. Only Ford and heavenly detours saved us. The hospital entrance was ahead and I think the three people in my front seat began to breathe again.

This Emergency Room was my preferred direction not another "U" curve or 35 mph speed limit. I had to call Steve's parents, which was almost as bad as the curves and we waited forever, while Steve was treated. I sat quietly, hands still gripping an imaginary steering wheel. Steve survived the 15 stitches and learned how to use a saw correctly. Jack refused to get into a car with me again. I signed up for the next advanced First Aid class. "U" will never know when "U" will need the power of prayer on "U" curves.

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CULINARY CORNER

By Sidna Mitchell

Try this unusual dessert

In reading — perhaps I should say rereading -- a book by Sheila Roberts, one of my favorite authors, I found some interesting recipes in the back of the book. I couldn't see myself frying Portuguese doughnuts or making macaroni salad. While I consider macaroni

and cheese a true comfort food, I detest macaroni salads.

Another recipe reminded me that the only decent potato salad recipe that worked for me was that of former Rossmoor resident Richard Zeck. Then the pea salad sounded fairly similar to that delicious recipe June Brubaker often made.

Since I had some orange

juice that I needed to either drink or use in a recipe, I considered the recipe for orange cream pie. However, that called for orange zest, not orange juice. I did briefly think about the carrot cookies since that recipe used some orange juice. The strawberry pizza recipe was like the one I use for a peach pizza so that one was also discarded.

Then the recipe for fruit cocktail dessert really caught my eye. Perfect for us older residents who might remember all those desserts and Jell-O filled with fruit cocktail that we ate growing up decades ago. Yet, this recipe was different and I tried it out on some younger friends at a recent dinner party. This is yummy, even on the second night.



NEW NEIGHBORS

By Christina Smith, Resident Services Manager

Dawn Defeis-Burger, 472N Rockport Way, formerly of Dayton, N.J.

Roger Alfred West, Sr., 183A Old Nassau Road, formerly of Monroe Twp., N.J.

Terence Murphy, 593A Tilton Way, formerly of White Plains, N.Y.

Robert Kahn, 103N Gloucester Way, formerly of West Milford, N.J.

Anjanaben and Javi Kavi, 107C Hanover Lane, formerly of Rockville, Md.

Marie Karnbaum, 99C Rossmoor Drive, formerly of Bronx, N.Y.

Lauren Remlinger, 342B Narragansett Lane, formerly of Union, N.J.

Antonio and Joanna Gonzales, 419B Newport Way, formerly of Plainsboro, N.J.

Ralph and Patricia Cattle, 688B Old Nassau Road, formerly of Toms River, N.J.

Grace Ann Marie Melville, 397N Newport Way, formerly of Spotswood, N.J.

Robert Bailey and Flora Jun, 97A Glenwood Lane, formerly of Avenel, N.J.

Susan Cholewka, 447B New Haven Way, formerly of Monmouth Jct., N.J.

Elizabeth Wolff, 537N Old Nassau Road, formerly of Lambertville, N.J.

Joseph and Sarina Manna, 518B Spencer Lane, formerly of E. Brunswick, N.J.

John and Kristeen Rayment, 112A Glenwood Lane, formerly of Toms River, N.J.

Natalie Vitale, 139N Plymouth Lane, formerly of Gloversville, N.Y.

Fruit Cocktail Dessert

1 cup flour
1 cup sugar
1 teaspoon baking soda
½ teaspoon salt
1 egg, beaten
1 teaspoon vanilla

Preheat oven to 350 degrees.

Sift together the flour, sugar, baking soda and salt in a large mixing bowl.

Add the beaten egg, vanilla and fruit cocktail and mix well.

Pour into lightly greased nine x nine-inch baking pan.

Sprinkle with brown sugar and nuts.

Bake for about 30 minutes or until firm and golden brown.

Serve with ice cream or Cool Whip.

Culinary Corner

1 (15-ounce) can fruit cocktail, minus two tablespoons juice
1 cup brown sugar
½ cup chopped pecans or walnuts

Summer

(Continued from page 13) later.

We worked nine hours a day, six days a week, and I only took Wednesdays off. My father had a boat on the Bosphorus, and I would take it down to the Sea of Marmara to go spear fishing until I found the place was loaded with sharks. I never caught anything anyway. The Bosphorus is the body of water separating Europe from Asia. It is about a mile wide and has a ten-knot current going west on the Europe side and a ten-knot current going east on the Asia side. This was not on my bucket list but I decided I would have to swim it. I had to get a friend to pick me up on the Asia side because there was no way I could swim back.

I got to see all the many historical places: The Hagia Sophia mosque, catacombs, and the Dolmabache Palace. That palace was where the movie "Topkapi" was filmed about the great jewel heist. They also had a bedspread made entirely of pearls.

I seemed to get invited to every political cocktail party in town. I will always remember being invited by Judy Deal, the daughter of the head of GE in the Middle East. They had this palatial home on the Bosphorus. Everything started to go wrong when the Mercedes, the ride I got from a local doctor, got a flat tire. Here are two guys in white dinner jackets fixing a flat tire in 90-degree weather. Not a pretty picture. After getting to the affair, I was being introduced around and I got a whiskey sour spilled on the white diner jacket.

You'll notice I didn't mention any romantic affairs. Well, there weren't many. As the

Hilton was the main hotel in Istanbul at that time, it got most of the tourist groups. One was a student group from Baylor University, with a drop-dead blond that I put a move on. I got Don fixed up with one of her friends and we took them on the full tour. Dinner at Abdullah's, and dining and dancing at the roof bar at the Hilton. Don made out like a bandit and I got a peck on the cheek at the hotel room door. I should have remembered, don't take the best looking one.

It was nearing Labor Day and the pool was due to close. There was a week before I was due back in school so I would visit my parents in Ankara. As it is only about a 280-mile trip I made the choice to go by rail. And what better way than the Orient Express, the choice of one of Agatha Christie's top novels. Since it's a short a distance, I should be there for breakfast. The train left Istanbul at eight in the evening. Early the next morning I woke to the train coming to a stop. Naturally I figured we're in Ankara. When I checked out the window all I saw was desert and some young kid selling melons. Well, as we had been traveling eight hours, I figured we had to be close to Ankara, so I held off on breakfast. Six hours later we pull into Ankara. That calculated to about eighteen miles per hour for the trip. Obviously, I had missed the Express and took the local.

Well, I got back to Columbus that fall and it was only a few months until Judy dumped me. I ran into a case of mononucleosis and got dumped from school. It was then I took charge of my life, got back into school and went on to graduate. I did get the diploma, eventually.



Reminder

Please Pick Up After Your Dog.

Clubs and Organizations

African Heritage Group celebrates 5th Anniversary

By Lisa Evans

The African Heritage Group celebrated our 5th anniversary with a dinner dance held in the Ballroom on May 20. Attendees dined on soul food and danced to a mix of oldies from the '60s and '70s.

Upcoming events are Movie Night in August, and Game Night in September.

Talib Abdul-Alim is seen with the cake celebrating five years of the African Heritage Group



On the dance floor doing the electric slide

Korean-American Group



Members of the Korean-American Group played Bingo at a recent meeting

By Youngae Lee

On May 20, we had our monthly meeting with about 25 members present.

As planned last month, we had fun games, like Bingo, with lots of winners and prizes. There were some first-time Bingo players amongst the group as well!

One of our members is a talented seamstress and creates tote bags out of faux leather and other fabrics. Perfect for your everyday use!

For our next meeting, we have a special day planned. "Senior Health Day with KCS" for all our members. This event will include Viral

Hepatitis B Free Screening, Diabetes Prevention Program Workshop, Mental Health Clinic access, and Dementia Screening by Health Navigators of KCS (Korean Community Service).

The Korean population has been increasing with many newcomers joining the group.

President Youngae Lee will continue to plan many more educational and fun events for the members.

If you are interested in learning more, please contact Youngae Lee at 201-230-0805 or yalee1980@gmail.com.

All are welcome!

Email your news to:
news@rcainj.com



Music Association offers its 2023-2024 season, seeks new Board members

By Linda Bozowski,

Rossmoor Music Association is finalizing its program schedule for the 2023-2024 season, and has a variety of programs that it hopes will offer a little something for everyone. From our traditional classical programs to high school percussionists to All That Jazz, courtesy of five instrumentalists, to a flute and piano duo, to six brass players, to premier vocalists from our high school, plus a few more presentations – wow, excitement is in the air! Subscription tickets for the season of six concerts will be available in August.

The two Monroe Township school student programs (percussion and vocal) are not included as part of the series, but are being offered as donation-offering events to help fund the Music Association's student awards gifts to be presented next May to 2024 graduates. We hope

that attendees will be generous in supporting our musical students. All in all, the Association will offer eight opportunities for our residents and friends to enjoy an array of musical styles performed by talented musicians, with events alternating between Friday evenings and Sunday afternoons.

Please watch Channel 26 for the dates when ticket purchases will be available. We will send email notices as well, and ticket purchases may be made by mail, as they have been in the past, or in person at the Clubhouse on dates to be announced by email or on Channel 26. Dates for ticket pick-up will be noted as well. The six program subscription series will still be offered at its current price of \$60, and we will offer some special ticket pricing bargains this season. Tickets for individual events will still be available at the door for each program at the cur-

rent \$15 per concert fee.

Persons interested in promoting the activities of the Music Association are invited to participate with its Board. Musical expertise is not a requirement, but interest in sharing music with others is mandatory. Please send a note indicating your interest to our email address Rossmoor.Music.Association@gmail.com or speak with one of our Board members.

We hope that you will be part of our exciting new season, our 53rd year of offering music to our residents.

Your Show of Shows – Part 2

By Allan Kaufman

Those of you who attended and loved Barry Jacobson discuss his work with the producer of Your Show of Shows will be happy to know that Barry will be coming back in the fall (The date to be determined) with part two of his presentation. Stay tuned to Channel 26 and the Rossmoor News to learn when the date has been confirmed.



Barry Jacobson with the Emmy from the Show of Shows as he described the experience of working on the show.

Italian American Club

By Tony Cardello

The officers of the club wish all the members of the club and their families a very safe and happy Fourth of July.

The next membership meeting will be on Wednesday, July 19, at 7 p.m. in the Ballroom. At this meeting members can sign up for the trip to Doolans on Tuesday, Sept. 12, for the San Genaro Festival. The cost for the show will be \$63.40 per person which includes the bus and a complete luncheon, one-hour open bar plus extra wine hour, salad, choice of three entrees, dessert, coffee/tea.

Bingo will be played on Thursday, July 27, at 6:30 p.m. in the Ballroom.

Dance Club holds its Summer Dance

By Judy Perkus

Dance the night away to the music of DJ Angelo on Saturday, July 29, at 7 p.m. in the Clubhouse Ballroom. The Rossmoor Dance Club invites all Rossmoorites, singles as well as couples, to their July dance. Refreshments include coffee, tea, soda, and cake (sugar-free available).

Please leave your check made out to the Rossmoor Dance Club in an envelope in the Dance Club folder at the Village Center admin office or mail it to Armen DeVivo at 449B Roxbury Lane. Reservation deadline is July 20. The cost is \$10 a person for paid-up members and \$12 a person for non-members. Annual Membership is \$10 per person, \$20 per couple.

Call Armen at 609-655-2175 for more information.

SAVE THE DATE: Saturday, Sept. 30 is the date of our 39th Annual Anniversary Dinner Dance. More details to follow.

Rossmoor Dance Club July 29 Dance

RESERVATION DEADLINE: July 20

Name: _____

Phone # _____

Address: _____

\$10 per person/\$20 per couple _____

\$12 per non-member _____

2023 ANNUAL DUES: \$10 per person, \$20 per couple

Membership Dues: \$ _____

TOTAL: \$ _____

Please seat me with [if possible] _____

Please send check made out to the Rossmoor Dance Club to:

Armen DeVivo at 449B Roxbury Lane. 609-655-2175

or leave in an envelope in the Dance Club folder in the Administration Office

Players news

By Sue Archambault



In lieu of our regular Players' monthly meeting, we will conduct auditions for our "This & That" variety show, to take place on Monday, July 24, in the Meeting House from 7 to 9 p.m. Please come prepared with your accompaniment, (i.e., CD or instrument). If you would like Janet Wilson to accompany you on the piano, you must contact her at 908-227-1609 before July 19. She will require the sheet music to your number in the key you will

(Continued on page 16)

Spring/Summer cleaning

By Steven Gray

The Rossmoor Computer Club wishes all of you a happy and safe Fourth of July. The Computer Lab will be closed on July 4 in honor of the holiday.

What is spring cleaning for your computer and why is it during the summer? Quite simply I did not think of writing this in the spring so I am doing a little time shifting.

How do we clean a computer? We certainly do not disconnect it and toss it into the bathtub (and even worse if you do not disconnect first).

Start by looking at your desktop. Is it so crowded that you cannot find anything? Time to delete unneeded icons and duplicate icons (click on the duplicates to ensure they are, in fact, duplicates). Take a good look at all the icons, you should only have shortcuts on your desktop, not full applications. Your desktop is essentially a folder and everything in that folder must open before the desktop opens. The more non-shortcuts you have, the

longer that takes.

How to tell the difference? Right-click on an icon then left click on properties. In the new box click on General. The "type of file" should show shortcut. If it does not, action is needed. If the icon was an application you downloaded and then installed, you do not need the application itself, just delete it. If it is an application that runs from the desktop (you may have installed it to the desktop) you can move it.

Create a folder on your hard drive (the one called C:/), cut or copy the application and paste it into your folder. Hopefully you named the folder appropriately, if not it will show up as New. Open that folder, go to the file, right click on the file and click on the application and go down to "send to" then select "desktop as a shortcut". You are done unless you use copy and not cut. Deleting the application from the desktop is the final step in that case.

On a less technical note,

you should also look at how many files are opening when you start the computer. The more that start, the slower the start is. Look for the caret (^) in the lower right corner and click on it. You should have very few items showing up. Some, like an anti-virus, Internet and possible sound are necessary. Other things probably are not. You can put your mouse pointer on each to see what it is.

Now the techie part. Hit Ctrl-alt-del (yes that is control, alt and delete) and a blue box will pop up. Click on task manager – you now have a new box. If it only shows a couple of running applications you have to click on "more details" lower left. The new box has about seven different headers – click on start-up. Now you can see what is enabled and what is not. To disable something just click on the file name then disable in the lower right. This does NOT disable the application, only prevents it from starting when Windows boots. If you disabled Skype (like I do) you can still click on Skype from your menu and it will still work, it just won't open as you boot your computer.

Following the above (or having a grandchild do it for you) will give you a faster boot time, just don't expect miracles as a slow computer is still a slow computer, just maybe not as slow.

Our July 17 General Meeting will feature a speaker from our township EMS explaining the progression of a 911 call – something we should all be aware of. At this time, we understand the speaker will be Richard Morris and will also include what an EMS truck carries so part of the presentation will be in the parking lot, weather permitting. Please don't miss this very informative program.



Rossmoor Computer Club members Steve Grey and Paul Pittari with Officers Robert Bennett and Stephen Dzema along with Domenica Pavone hand a \$50 donation to the local PBA

Veterans Group



We served, under The Stars And Stripes, defended and protected the Constitution of the United States of America. We are Proud Veterans

Players

(Continued from page 15) need it in.

Our next performance will be our popular "This & That" show. This variety show will take place on Thursday, Aug. 3, and Friday, Aug. 4. Both performances will be in The Meeting House at 7 p.m. The cost of \$10 will include refreshments and will be collected as the audience enters. (Tickets will not be sold in advance.)

Mutual News

Mutual 16, "Where our neighbors are family"

Author: Russ Howard

Every month we publish our own Mutual 16 Newsletter. Our new "Personality Spotlight" is a section where we feature one of our neighbors' life stories and how they came to Rossmoor. In our April issue we featured Charlie and Virginia Theokas and May was John and Penny North. We will continue to feature one of our residents each month.

Our Mutual 16 book club the "Mutual 16 Page Turners," for May read "The House of Sand and Fog" by Andre Dubbs III. The hostess for May was Ellen Ciacciarelli. Lunch was a special charcuterie cups presentation. The ladies enjoyed another spirited and open discussion and each other's com-

pany. For June, Mary Shine selected "Book Lovers" by Emily Henry. It was held on June 2. Details were not available at the time of this writing. Each reader chooses a book of the month and hosts a discussion/social at their home or place of their choosing.

Our baking club for May made a Cream Cheese and Fruit Danish. Jo Schwegel and Maria Torres were the hostesses. Jo and Maria served a wonderful lunch to go along with the baking and added a tasty Sangria to accompany the fun of the day.

Mutual 16 held a newcomer's breakfast for Bob and Noreen Tarwacki with their surrounding neighbors and several of our directors and alternates. Penni McOlvin and Carolyn Sgromo organized, baked, cooked, and made some

(Continued on page 17)



GOLDSTEIN
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We value the dignity and the
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From the Jewish Congregation of Clearbrook

On Rosh Hashanah, it is written.

On Yom Kippur, it is sealed.

May you have a new year that brings fulfillment and
happiness, peace and prosperity.

L'Shana Tova Tikateyvu!

Holiday Services

Family, friends and guests – all are welcome!

High Holy Days Tickets - \$30 per person

ROSH HASHANAH

Friday, September 15th
Saturday September 16th
Sunday September 17th

Erev Rosh Hashanah 6:30 pm
1st Day of Rosh Hashanah 10:00 am
2nd Day of Rosh Hashanah 10:00 am

YOM KIPPUR

Sunday, September 24th
Monday, September 25th

Kol Nidre 6:30 pm
Shacharis 10:00 am
Yizkor 12:00 pm
Evening Service (NEILAH) 6:45 pm

SHEMINI ATZERET

Saturday, October 7th

Yizkor 10:00 am

For More Information Call: Michael Katz (609) 619-3762

Service Location:

Clearbrook Cultural Center, located on the Clearbrook Community Campus
1 Clearbrook Drive, Monroe Township, NJ 08831

*** Tickets for holidays will go on sale July 19. ***

ALZHEIMER'S ISN'T STOPPING, NEITHER ARE WE!

Alzheimer's is devastating our families, our finances and our future. With more than 5 million Americans living with the disease and over 16 million unpaid caregivers. Alzheimer's is all around us - but the power to stop it is within us. Thank you for your support.

2023 WALK TO END ALZHEIMER'S -
MERCER-MIDDLESEX, NJ
SATURDAY, SEPTEMBER 23, 2023

Scan to register to WALK WITH US
or create your team!

You can also call 973-437-3931
for more information.



alzheimer's association®

Religious Organizations

Enjoy benefits from attending Rossmoor Community Church

By Diane England, Ph.D.

Even if you weren't a church-goer before, consider attending the Rossmoor Community Church. Our ecumenical service is held every Sunday at 11 a.m. in the Meeting House. So, why do I suggest this? Well, as a retired clinical social worker, I know that attending church offers seniors important benefits anyway, but by attending church within our community, you'll benefit even more.

Research shows that seniors often find solace and spiritual fulfillment through religious practices and beliefs. However, if you're like me and have lost all immediate family members, and physical limitations keep you from getting out and about as you once did, attending church can keep you from feeling isolated and alone. In turn, this can ward off depression.

For those dealing with chronic illnesses or physical limitations, religious beliefs and practices contribute to better coping strategies, increased psychological well-being, and improved quality of life. With regard to myself, I know when I move away from my spiritual beliefs and practices, I can find myself in a mentally dark place rather quickly. By going to church, I am reminded that my worth as a person has not been diminished by my handicap. Rather, I can be a role model to others if I'll remember who I really am at my core. Furthermore, perhaps some of us facing challenges are being asked by God to handle them in ways whereby we can come together in our church of senior members

and inspire and guide each other.

This leads me to ask you a couple of questions. When you go out into the larger community, do you ever feel that you've become invisible to others? Or, if you are noticed, are you ever treated as if you're incapable of thinking any longer, essentially worthless, or perhaps a burden on society? I know I've encountered such things, and it can be demoralizing. But the good news is, at the Community Church, you'll be treated as a worthy and capable human being—because that's how we as members see ourselves.

Also, there will likely be opportunities for you to take on meaningful volunteer roles if you desire. In doing so, you'll not only benefit the church, but based upon my experience, you'll likely be reminded that you're almost as capable and vital as you were before! This is important in a society where ageism exists.

Come by and experience what benefits attending church may deliver for you. You can expect to be greeted warmly. After all, whether you decide church attendance is right for you or not, we're always happy to have met another neighbor.

Jewish Congregation

2 Rossmoor Drive
Monroe Township, N.J. 08831

Services – The Meeting House
July 14 and 28 at 7:15 p.m.

Torah Studies – The Dogwood Room
Saturday, July 15 and 29, at 10 a.m.



The garden in Mutual 2 was freshened.

Mutual 16

(Continued from page 16)

very tasty Bloody Marys. Carolyn and Penni hosted the breakfast at Carolyn's house, and they welcomed in our newest neighbors. We look forward to welcoming in any new Mutual 16 residents and establishing a friendship that will last for years.

Our Americanism committee wanted to publish this

prayer for our service men and women who gave all for their country. "On Memorial Day, we pray for all members of the military, especially those who died in service to others. May we honor them by loving and caring for all those they have left behind. Give them strength and strengthen our commitment to caring for those who mourn their loss. Amen."



Rossmoor Chorus performed a beautiful service remembering our Fallen Soldiers.

Memorial Day service

By Allan Kaufman

On May 25, the Interfaith Council along with the Rossmoor Chorus celebrated all veterans during our annual Memorial Day Service. The program started with a welcome by Lucille Conti. Then, led by Choral director and pianist Janet Wilson the chorus, during various parts of the program, led the audience in singing "The Battle Hymn of the Republic," "The National Anthem," "America the Beautiful," and "God Bless America." Additionally, the chorus celebrated the Rossmoor Veterans by singing the "Armed Forces Medley." Those veterans in attendance stood as their branch of service was acknowledged.

One of the emotional portions of the program was the reading of War Letters and War Memories. Diane England, the chair of the entire program, was my partner as she spoke about the number of servicemen and servicewomen who paid the ultimate price in the wars during our

lifetime and then set the scenes for my reading of the war letters. I had the honor of reading one letter by a Civil War soldier, one by a soldier who served in Vietnam, and one by a soldier who fought in Iraq. Facing death on the battlefield these soldiers wrote to their families at home, expressing their thoughts about possibly dying on the battlefield and how they should be remembered. After my reading of each letter, Diane told the audience what happened to those soldiers.

Other chorus members who contributed during the service were Russ Howard, Lenny Venito, and Jim Wilson who sang "Some Gave All." Carl Kruse provided the Offertory Music by singing "Blades of Grass" and "Pure White Stones."

Marie Bills read Scripture,

Ecclesiastes 3:1 and Sue Archambault read a prayer.

Before the benediction emotions ran high as we played a recorded poem, "Taps" written by Robert Brix, and the recorded bugle call, "Taps," played by Jerome Sachs. There is something about hearing Taps being played and the veterans saluting that shakes you to your core. You think about a loved one who was a veteran and has since passed and the sound of the bugle sends chills up and down your spine. By the way, both Brix and Sachs were Rossmoor veterans who have since passed away.

Acknowledging those veterans who paid the ultimate sacrifice and those veterans who are still with us, continues to be an important part of our nation's fabric. We thank them for their service.

Catholic Society

By Lucille Conti

There will be no Mass celebrated in July, however, for those who did not have a chance to see "Jesus Revolution," the Catholic Society will present the film on Tuesday, July 11, at 1:30 p.m. in the Gallery. The word is that it is worth seeing. It is a true story and tells of the beginning of Calvary Chapel. All faiths are invited, and refresh-

ments will be served.

The Irish Ladies will be celebrating the feast day of Our Lady Of Knock with the celebration of Holy Mass on Thursday, Aug. 17, at 1:30 p.m. in the Meeting House. Refreshments and fellowship will follow, and you know what that means.

Our next Council Meeting will be on Tuesday, Aug. 13, at 1:30 p.m. in the Gallery. The Prayer Shawl Ministry will gather on Thursday, July 20, from 1:30-3:00 p.m. in the Craft Room and the chaplet of divine Mercy will be recited on Tuesday, July 18, at 3 p.m. in the Narthex.

We are planning something very special for Wednesday, Sept. 13, in the Gallery so save the date and stay tuned. Until then take good care of yourselves and pray for peace.

League of Women Voters Takes A Look At Bag Restrictions In July

By Linda Bozowski

May 4, 2022, marked the first day of disposable bag restrictions in New Jersey. As of that date, large stores were prohibited from dispensing plastic and paper shopping bags to customers. Customers could bring their own bags or boxes, purchase bags made of heavier plastic or synthetic or real fabric, or do without. Stores that did not follow the rules of not providing single-use bags, paper or plastic, were subject to hefty fines.

Here we are, fourteen months later, and we're still living with these regulations. While it seems that most stores are following the guidelines, it is reported that others are not doing so. Customers sometimes bring in their own containers, and some are still leaving them in the car or house or carrying their purchases out of the store in their arms or in the store carriages. What impact

these regulations have had on reducing pollution is the topic of the July League meeting, scheduled for Monday, July 24, at 1 p.m. at the Municipal Building.

League presentations are open to the public, membership is not required. Please join us for this discussion.

Rossmoor Community Church July Schedule

- July 2, 11 a.m., Holy Communion Service
Pastor Robin will preach: "Welcome! Welcome!"
- July 9, 11 a.m., Worship
Pastor Robin will lead the service as we celebrate "Christmas in July!"
Bring a gift of nonperishable food for a local food bank, and join in singing the beloved songs of Christmas.
- July 16, 11 a.m., Worship
Pastor Robin will preach: "Come to Me, You Who Are Weary"
- July 23, 11 a.m., Worship
Pastor Robin will preach: "Surely the Lord Is in This Place!"
- July 30, 11 a.m., Worship
Guest Preacher: Rev. Sherry Taylor

HEALTH CARE CENTER NEWS

Elizabeth Caruso, MSN, RN, COHN-S, Nurse Manager Community Health Services, Saint Peter's University Hospital

Take care of your eyes! They're the only two you've got.

Your eyes are your windows to the world, allowing you to see your family and friends, read and watch television, and enjoy the beauty of nature all around. As you age, it's important to do everything possible to keep your eyes healthy.

Unfortunately, some people take their vision for granted. They don't get their eyes checked annually as they should. They notice their vision might not be as good as it used to be; they are experiencing eye strain or pain and they write it off as a normal part of aging. It's true that eyes age as our bodies do, but some vision changes can be a sign of something more serious.

It's important for seniors to have their eyes checked regularly by an eye care professional. You may want to search for an ophthalmologist or optometrist who specializes in caring for older eyes; they may be more familiar with common conditions such as cataracts or dry eye.

Additionally, eye doctors who specialize in the care of aging eyes keep current regarding new medications and how they can impact vision and eye health. If you are taking medications to treat diabetes, heart disease, chronic obstructive pulmonary disease (COPD), or any other condition, don't forget to tell your eye doctor about your prescriptions.

Is it the sun, an infection, or dry eye?

Do you find that your eyes are leaking tears even when you have a smile on your face? If this only happens when you are out in the sun or wind, wearing sunglasses to shield your sensitive eyes may help. If your eyes feel dry, you may want to try eye drops to moisten them.

However, teary eyes can be a sign of a more serious problem. When tear glands are not working as well as they used to, and you feel stinging or feel as if something is always in your eye — like a grain of sand — you may be suffering from dry eye. This is a common condition people may get as they get older. It's more common in women than men.

Regardless, it requires a visit to the eye doctor. You may get a prescription for stronger eye drops or eye ointment. Your doctor may suggest you use an air purifier or humidifier in your home. If dry eye gets severe, your doctor may suggest tear duct plugs or surgery.

Wet, leaky eyes can also be a signal that you have an eye infection or a blocked tear duct. Again, these conditions require examination by an eyecare professional.

When your vision is not as sharp as it used to be

Age-related macular degeneration (AMD) affects your ability to see things crisply and clearly. Often a diagnosis of AMD could mean you can no

longer drive a car and it can make reading difficult. Your eye doctor can diagnose or rule out AMD with a dilated eye exam. While it's impossible to roll back the clock on AMD, there are treatments on the market that may reduce the chance that your condition will get worse.

For those with diabetes

Diabetic retinopathy appears usually without warning signs. Of course, regulating your blood sugar to proper levels and keeping blood pressure under control — along with regular eye checkups — may slow the progression of diabetic retinopathy if caught in the early stages. During later stages, laser eye surgery may be a treatment option. Talk to your eye doctor if you have diabetes so he or she can regularly screen for this condition.

Cloudy vision

Do you feel like your vision is cloudy or hazy? Perhaps things seem blurrier than they used to, and you feel like something is getting in the way of seeing clearly. You may have cataracts which can be safely treated with a routine surgical procedure. This surgery is safe and can restore your vision. Don't suffer in silence.

Glaucoma

When you go to the eye doctor who does a test that involves a puff of air blown at your eye, you are being tested for glaucoma. This condition is the result of excess fluid pressure inside your eye. It's a serious eye disease that can lead to vision loss, and even blindness, if not treated as soon as possible. Since there are no warning signs of glaucoma, your best bet is to get your eyes dilated and checked annually.

Corrective lenses — or glasses/contacts

Some people have worn glasses all their lives. Others are lucky — they may not see vision changes until they are older. This is another reason to never skip your annual eye exam. If you need corrective lenses, it's an easy process and you'll soon be seeing clearly again. If you already wear glasses or contact lenses, don't forget to regularly get your prescription checked. Small changes in eyesight have a big impact on us as we age.

Conclusion

Whether you rely on your eyes to help you see the world as you travel, love to read or simply want to see the smiles of your friends and family members, make eye care a top priority in your life. And, if it turns out you need a bit of assistance to see better — such as a magnifying glass or flashlight — don't hesitate to use them.

As Roman philosopher Marcus Tullius Cicero said: "The face is a picture of the mind with the eyes as its interpreter."



Participants are seen at the game day sponsored by the Jewish Congregation.



Pickleball players watch the tournament play.

Celebrating a decade at the Monroe Township Senior Center

By Monroe Mayor
Stephen Dalina

The growth of senior programming here in Monroe Township over the last ten years is nothing short of astounding.

To share how far we have progressed: In the 1980s, the entire senior services operation was based in a trailer outside of the municipal building with the words "Office on Aging" posted on the door.

Our first senior center opened in 1989 in the lower level of the municipal building but was quickly outdated as our senior citizen population grew.

Township officials at the time focused on constructing a state-of-the-art senior center at 12 Halsey Reed Road. The current Monroe Township Senior Center opened 10 years ago and is one of the most attractive and well-used senior centers in the county and state.

Along with the library, the Monroe Township Senior and Transportation Center is truly one of our crown jewels.

Through cultural, educational, recreational, and social experiences offered throughout the year, the Senior Center offers members opportunities to engage in activities that appeal to them most.

It provides social services to members and their adult children in need of information,

referrals, and counseling, as we have two social workers on staff. The center also offers intergenerational opportunities for the young and young-at-heart to connect.

The Senior Center is also the home of a food pantry that services local families in need throughout the year.

And our beloved senior center is continually improving. One of the most recent and impactful improvements is the construction of a large outdoor pavilion at the rear of

the building.

The new pavilion is beautifully constructed and provides great protection from the sun. It also allows us to bring programming outdoors without concern for inclement weather. We have already hosted our Mother's Day event at the pavilion and plan on using it for concerts, meditation, yoga and special events.

Our transportation department also recently acquired

(Continued on page 19)

The Monroe Township Cultural Arts Commission presents our *Music in the Park Summer 2023* concerts

By Cathleen Norback

Please join us for our *Music in the Park Summer 2023* free concerts. The concerts will be offered on six consecutive Thursday evenings at 6 p.m. at the Open Grove Gazebo on the Lake in Thompson Park, Monroe Township, New Jersey. Bring your own chair and blanket.

July 6 - KINDRED SPIRIT - Classic Rock & Roll - 60's through today

July 13 - ENJOY! - Songs from the 50's to today

July 20 - JERSEY ROCKERS - Classic Rock from the '60s, '70s, and '80s

July 27 - JOHN BIANCULLI GROUP, Featuring Deb Lyons - Jazz, Samba and Swing

August 3 - HIDDEN GEMS - Singing, dancing, and performing talents of India and Bollywood

August 10 - ECO DEL SUR - Musical journey of Latin American Folk Music from all over the world

Weather information will be available on our website: www.MonroeTownshipCulturalArts.com.

Please join your neighbors for our upcoming *Music in the Park Summer 2023* free concerts.

Grant funding has been provided by the Middlesex County Board of County Commissioners through a grant award from the Middlesex County Cultural and Arts Trust Fund.

Monroe Mayor Dalina Testifies before NJ Assembly Committee in Support of “StayNJ” Bill

Bill Would Provide Property Tax Credit up to \$10K to NJ Seniors

Monroe Township Mayor Stephen Dalina traveled to Trenton to testify before the NJ Assembly’s Aging and Senior Services Committee on June 7 in support of Speaker Craig Coughlin’s “StayNJ” plan to give back 50% of local property tax bills up to \$10,000 for New Jerseyans over age 65. If passed, the bill would take effect in January 2025.

During his testimony, Mayor Dalina said, “As mayor, and previously as a Township Council member, I focus my efforts on affordability, ensuring that all residents of my community can enjoy all that Monroe has to offer, now and for years to come. A substantial reduction in property taxes would help seniors, many of whom are on fixed

incomes, stay near their family and friends here in New Jersey.”

Mayor Dalina added that the Bill would strengthen the Monroe Township community for generations to come. “It is why I am here today, voicing support for Assembly Speaker Craig Coughlin’s initiative to effectively cut property taxes in half for most New Jersey senior citizens.”

Sing with the Monroe Township Chorus

By *Mickie Meyers*
Calling all sopranos, altos, tenors, and basses to join the Monroe Township Chorus and enjoy the fun and camaraderie of a wonderful group of men and women. We sing four-part harmony and rehearse Tuesday mornings from 9 to 11 a.m. beginning July 18, at the Monroe Township Senior Center, 12 Halsey Reed Road, Monroe Township.

All Monroe Township residents are welcome and Senior Center membership is required.

For more information contact Director Sheila Werfel at 609-619-3229.

We sing because we’re happy, and we’re happy because we sing.

Senior Center

(Continued from page 18)
two new passenger buses that help to service daily transportation runs to and from the Senior Center for medical appointments, local shopping and trips to Freehold and Princeton.

Aside from the daily lectures and live entertainment, we have also increased the number of exercise programs and the maximum number of participants allowed in each class. We have wellness, artistic, and ongoing programs and have continued our very successful Tuesday Zoom programs. We have select Friday night concerts that draw audiences of up to 450 people. We have added support groups, such as Widows and Widowers, and a LGBT social group.

Future improvement plans include expanded parking and installing brand new volleyball courts and pickleball courts.

In recent years, we have added rain gardens to the front of the center. We’ve resurfaced the shuffleboard courts, had the bocce ball courts repaired and added convenient storage to house equipment. We’ve also had a new sound system installed and are updating our projection system to better serve members.

I am so proud that the Senior Center is the place where good times, goodwill, and good fellowship prevail. The monthly newsletter, available in print and online via the Township website, provides information on the latest happenings.

But to really experience the vast programs, I encourage all seniors to visit, become a member, and see what’s going on firsthand. Call 609-448-7140 and check it out today!

CLASSIFIED Ad COUPON

Ads must be received by the 14th of the month preceding publication month.

MAIL TO:

Princeton Editorial Services
P.O. Box 70

Millstone Twp., NJ 08510

RATES FOR ONE PUBLICATION

\$14 for 10 words, 50 cents each additional word

Multiple: 10 words in two publications = \$14 x 2 = \$28.

10 words in three publications = \$14 x 3 = \$42.

Check those that apply:

☐ Clearbrook Courier ☐ Concordian

☐ Encore Speaks ☐ GW Voice

☐ Regency Reporter

☐ Renaissance Reflections

☐ The Rossmoor News

☐ Check here for all seven

All ads must be mailed with payment.

No classifieds accepted by phone or email.

Note: Phone numbers count as one word. Do not count punctuation. Do not abbreviate.

State category/heading, ie., “For Rent”, “For Sale”, “Help Wanted.” No charge for the heading.

One check or money order must accompany insert, PAYABLE TO

PRINCETON EDITORIAL SERVICES

Contact Waste Management

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ID# 61565342007

for pick up of household items

NO electronics

NO upholstered furniture

NO mattresses

TRANSPORTATION TIDBITS

Important phone numbers:

Rossmoor Bus.....609-655-4401

Call-in hours are: 9:00 – noon and 2:30 p.m.- 4:00 p.m.

Schedule is available at www.rcainj.com under “Amenities”.

Monroe Township Transportation609-443-0511

Middlesex County

Area Transportation (MCAT)1-800-221-3520

Recycle information from Waste Management



- No caps on glass bottles/containers in the recycle bin.
- No lids on plastic bottles.
- All numbered plastics are acceptable in the recycle bin.
- Other plastic items as well as plastic bags, plastic wrap, shipping film, and Styrofoam go in the household trash bin. Please, no plastic bags in the recycling bin. You can use a plastic bag to dump your recyclables, but take the plastic bag away with you. (Recycle it at the supermarket.)
- Shredded paper cannot be recycled by Waste Management with their current equipment, so put it in the household trash bin.
- Aerosol cans must be empty and punctured before being put into the recycle bin.

Classified Advertising

Home Improvement & Services

RELIABLE HANDYMAN SERVICES – Local resident. No job too small. All labor guaranteed. Call me to discuss – no obligation. Reasonable rates. Call (609) 409-7096 or (908) 385-5869.

THE PAINTER – 30+ years experience, residential/commercial Rossmoor resident. Free estimates. References available. Call (908) 208-4062.

MIKE THE HANDYMAN – See my display ad in this edition. (732) 780-0468.

T-K-S HOME IMPROVEMENTS – Full service contractor. Kitchen, baths, basements, painting, tile and more. No job too big or small. License #13VH05970500. (609) 259-2574.

Miscellaneous/Services

COMPUTERS CUSTOM BUILT & REPAIRED - RJF Sales Company LLC.* Time to clean your computer and get educated on protecting yourself from scams. Desktop and laptop repair in your home. I am fully vaccinated; I use a mask. Virus removal and protection. Monroe resident with over 20 years of computer experience. (732) 723-9537 or (732) 967-3400. Please leave message; most calls returned same day.

TECH BUDDY – Simple step-by-step help with smartphones, computers and tablets. Large print solutions for low tech problems. Beginner to Advanced. Patience and enthusiasm included. Wireless printers, Netflix, Amazon Alexa setup and training. Have Alexa remind you of your appointments, read audiobooks, more. \$5 off setup. Free quote. (732) 589-4974. techbuddybarb@aol.com

Wanted to Buy

BUYING & SELLING GUNS – Call for pricing. (609) 558-9509. Ask for David. Licensed Firearms Dealer.



Friendly reminder

- Pets must be leashed at all times
- Pets must be kept within 3 feet from any walk or curb
- Pet owners must clean up after their pets

Help & Health Services

AT ANGEL TOUCH HOME CARE we provide excellent care for the elderly with licensed, insured and bonded thoroughly screened aides. We are a company that cares for our patients and makes sure they are treated by the best. 24-hour care (living with resident). Elderly companionship. Call (609) 907-6059.

ANNA’S HOME CARE – Certified professional caregiver is looking for live-in/live-out job in Monroe Township. Experienced, references. Driver’s license. Accepts long-term care insurance. Low prices. Private care option. Call Anna at (609) 917-4208 or (908) 337-7462.

Transportation Services

NEED A RIDE? NJ/NY/PA. Airports, cruise terminals, medical appointments. (609) 642-9877.

AAA TRANSPORTATION— Monroe area. (Encore resident.) Transportation to airports, trains, piers, NYC, and I will drive your car to and from Florida. Reasonable rates. Call Howard (732) 979-3085.

LIMO GUY — Our 20th year. We go almost anywhere. Upgraded SUVs. \$100 to Newark Airport. \$205 Philadelphia. \$205 JFK. We go almost anywhere. 24/7. Call (732) 803-2521.

BOB’S RIDES FOR CASH. All airports and N.Y.C. No locals. Concordia resident. Call Bob at (609) 819-1240.

TOM’S TRANSPORTATION Door 2 Door events. Newark Airport. Call (609) 917-5600.

House Cleaning

SHANNON’S SUNSHINE CLEANERS— Friendly faces. Fast service. Fully insured. 908 413 0961.

Mailing Addresses

If you are not receiving mail from Rossmoor, or your Mutual, it may be a matter of our not having your correct mailing address. Many residents, over the years, filed “Winter Address” forms with Administration and failed to specify a return date. If you did not contact us when you returned, it might be possible that we still have an alternate or winter address in our system.

Please contact Resident Services manager, at 609-655-1000, to verify your address.

Thank you all so very much for all that each and every one of you do there. We couldn't be more thrilled that we chose Brandywine Serenade of Princeton for our mom. She is definitely thriving there, which is what we wanted for her all along. She participates and enjoys a lot of the activities, trips, movies etc. She has made new friends there with other residents and staff. Thank you! Thank you from the bottom of our hearts for exceeding our expectations. You are all truly kind, caring and compassionate to everyone.

*Regards,
Peggy and the entire family.*



SERENADE AT PRINCETON
775 Mt. Lucas Rd | Princeton, NJ
609.430.4000

PENNINGTON
143 W. Franklin Ave | Pennington, NJ
609.730.9922

PRINCETON
155 Raymond Rd | Princeton, NJ
732.329.8888



Brandywine Living has luxury communities with Assisted Living, Memory Care, and other supportive services throughout NJ, PA, DE, CT, NY & MD.

For a full list of our communities or more information, visit
www.Brandycare.com
or call 1-877-4BRANDY



bit.ly/brandywine-pe7



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