



**With the Red, White and Blue**  
**LET'S CELEBRATE**  
**INDEPENDENCE DAY**



Paul and Theresa Pittari at home

**Meet Paul Pittari**

By Rosemary Masella

Today I had the pleasure of interviewing Paul Pittari, the most interesting and versatile person I have ever had the pleasure to meet. Paul was born in New York City; he attended Engineering Classes at Pace University and Brooklyn Polytechnic Institute. After his marriage to Theresa, the couple moved to Ozone Park, N.Y., where they lived for 40 years before relocating to Rossmoor.

Upon graduating from the College of Aeronautics, Paul received a position as materials engineer for Grumman Aerospace Corp. in Bethpage, N. Y. While at Grumman, he attended Hofstra University.

One of his first assignments at Grumman was with

the Lunar Excursion Module (LEM), the moon landing craft. His lab diligently worked to investigate materials and structures, which ultimately developed into the moon lander. Paul's name is on a plaque on the moon. Now, how many people can say their neighbor's name is on the moon?

Paul continued his work on the program until the early 1970s, at which time government funding was terminated and the project ended. Thereafter, he served on numerous corporate programs ranging from various aircraft projects to working on the Princeton Tokamak fusion reactor. By the end of his career at Grumman, Paul was manager of the Elements and Materials Lab, the Chemical

(Continued on page 3)

**Rossmoor pool reopened on Friday, June 24, at noon**

The community pool reopened with the following changes:

- No lifeguards will be on duty
- Residents only
- No guests permitted

- Must show current blue ID card for entry
  - No lap lanes
  - No swimming alone
- Pool hours will be 9:30 a.m. to 7:30 p.m. daily.**  
**The newly renovated**

**hot tub spa opened on Monday, June 27.**

Please read the amended 2022 pool rules on page 18.

Thank you for your cooperation and patience.

**Board of Governors Meeting**

June 16, 2022, (Pool closure)

*Board of Governors Report*

Although the meeting had a small agenda, residents packed the Village Center meeting room at 9 a.m. Thursday, June 16. In addition, more than 50 other residents listened online to the meeting's webcast to hear details regarding the sudden and unexpected closure of the pool on Tuesday night, June 14, at 5:04 p.m.

RCAI President Dan Jolly opened the meeting as usual, the Board of Governors approved the minutes, the treasurer read his report, and the General Manager provided the monthly RCAI management report.

General Manager Tom Curry then discussed the community's pool manage-

ment contractor, American Pools, and the abrupt termination of their contract on Tuesday afternoon. Unannounced, at 5:04 p.m., American Pools managers appeared at our pool, demanded that all residents leave the pool, removed all their equipment and staff, and then locked the gate and left.

Upon hearing of the sudden closure, RCAI Management quickly placed a sign at the pool entrance, sent out a mass phone call to all residents, and notified the Board of Governors Executive Committee members.

The following day, a more descriptive message was emailed. Management then began the search for a new pool company and con-

ferred with the association's insurance carrier and the association's attorney.

The contract matter is now in the hands of the association's attorney. As a legal matter, the details involved have been shared only with the Board of Governors in a closed executive session that was held after the regular session meeting on Thursday, June 16.

During the regular session meeting, General Manager Curry explained that bid specifications for a new management company have been sent to three vendors, with more to come. He observed that considering the current statewide lifeguard shortage, it is unlikely a new

(Continued on page 2)

**Rossmoor Golf Course selected for honors**

By Carol De Haan

**The New Jersey State Golf Association**

This group held its 121<sup>st</sup> amateur qualifier tournament here on the morning of June 13, according to our Golf Pro Ray Bridy. This was a major event with 82 contestants taking part, ranging in age from 16 through approximately 50 years. The lowest 13 scorers qualified to go on to the main tournament.

Four excellent New Jersey golf courses had been selected by the State Association to host these qualifier rounds: Rossmoor in

Monroe, Lake Mohawk in Sparta, Hawk Pointe in Washington, and Quail Brook in Somerset.

According to Bridy, "For a community golf course, Rossmoor is one of the best. We already know that the State Golf Association wants to come back next year for their pre-senior event, for golfers between ages 45 and 55."

**The Howard Taylor Memorial Amputee Classic**

The Eastern Amputee Golf Association held its much anticipated tournament at Rossmoor on Monday, June 20, with a 9:30 a.m. start.

Bridy notes that this has been a more than 20-year relationship with Rossmoor and that 72 golfers have already signed up as of this writing (mid-June).

The Eastern Amputee Golf Association hosts clinics and tournaments in many golf locations, serving hundreds of eager veterans and accident victims, all of whom play with admirable enthusiasm.

**The New Jersey Professional Golfers Association**

On the morning of Monday, June 27, the NJPGA held its junior event, for golf-

(Continued on page 2)

**Inside this issue**

Bits & Pieces .....	2	Recycling Information	
Clubs .....	15	Waste Management ..	19
Culinary Corner .....	14	Religious Organizations ..	17
Month in Pictures.....	12	Sports .....	16
New Neighbors.....	14	Transportation Tidbits ...	19
RCAI Meeting .....	2	Website Notice.....	2

# at the governors' meeting

(Continued from page 1)

company will be able to start any time soon.

Curry explained that the Executive Committee (RCAI president, vice president, secretary, and treasurer) had met before the 9 a.m. meeting to review letters from the association's attorney and its insurance agent. Then, at the 9 a.m. regular meeting, the Executive Committee made a recommendation to the entire Board of Governors to reopen the pool with NO lifeguards, citing a New Jersey's Bather Code exemption for retirement communities.

Curry explained that the Bather Code exemption will require many actions before the pool can reopen. Large signage indicating no lifeguards onsite would be necessary at each entrance. Gate attendants will be necessary to check residents into the pool and to enforce the association's pool rules. We will also need to contract with our pool repair company, Aquatic Services, to maintain the filtrations systems, monitor pool chemistry, and vacuum the pool.

The Executive Committee also recommended NO guests be allowed into the pool complex, to reduce the risks associated with not having lifeguards. They also recommended installation of a rope with floats across the pool to mark where the deep end begins.

Curry explained that the

exemption request will need to be reviewed and approved by the Monroe Township Health inspector.

The 18-member Board of Governors voted unanimously by show of hands to open the pool as recommended by the Executive Committee. The audience

in attendance applauded their decision.

If all goes accordingly, the pool could be reopened sometime during the week of June 20. Hopefully, a new pool management company can provide services, and this closure will only be temporary.

## Golf Course

(Continued from page 1)

ers between 11 and 18 years of age. This has been a Rossmoor event for many years.

This highly competitive event was a two-day tournament, June 27 and 28.

As many as 150 juniors competed on the 27<sup>th</sup>. The field narrowed down by 50% for the final day, the 28<sup>th</sup>.

Awards were given out to the happy young winners on Tuesday, June 28, at 1 p.m. on the patio adjoining the golf club house.

## Overview

Both the New Jersey Professional Golf Association and the New Jersey State Golf Association have recognized the championship quality that our golf course offers, (with a tip of the hat to founder and avid golfer, Ross Cortese) and they have selected Rossmoor for their special events. "We look good in their eyes," adds Bridy, "because of the superb maintenance of our course by Grounds Superintendent Tom Tucci."

## Meet Ray Bridy

Ray was just a teenager when he started caddying. Then he graduated from Montclair University and began to gain experience at several other country clubs and golf courses, where he taught golf skills.

In 2017, Ray joined Rossmoor's Par 72, 18-Hole championship golf course. "My greatest satisfaction," says Ray, "is in seeing golfers gain in skill." No doubt, the golfers are pretty happy, too.

## Meet Tom Tucci

Tom came to Rossmoor in 1991. He graduated *cum laude* from Rutgers Professional Golf Turf Management School in 1994 and took charge of our golf course in 1995. It's been beautiful ever since.

Tom and his little four-legged pal, Rosie, keep those mess-making geese on the big skedaddle. Tom also looks after three lakes, more than 100 pristine acres, and the 900-plus trees that grace our magnificent golf course.

## Open RCAI Meetings in July

**Board of Governors Meeting....9 a.m.  
Thursday, July 21**

The meeting will probably be held via Zoom

Please watch Channel 26 on your TV or on  
[www.rcainj.com](http://www.rcainj.com)  
for more information

## Our Website

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The Amenities page features the ability to access Channel 26 slides anytime. Check it out.



### News Board:

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Alex Monaco  
Linda Monaco

The Rossmoor News a monthly periodical is mailed to every home within the Rossmoor community. News items are welcome. Appropriate news items from outside organizations will be

considered as space permits. Unscheduled volunteer writers should contact Rossmoor News Chairman Joe Conti about any article they wish to contribute. All copy and pictures are subject to editing and are accepted with this understanding.

Letters to the Editor must be emailed to PES at [pescmd@aol.com](mailto:pescmd@aol.com) and clearly marked Rossmoor News.

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## Bits & Pieces

By Sue Ortiz

Many of us experience some form of anxiety – panic attacks, separation anxiety, OCD, and the like. But recently, I discovered I have a new one: vacation anxiety. I go through it every time a vacation week approaches. But it's not about missing a flight, not packing enough (or too many) clothes, or the cost.

I've only taken one true vacation – a cruise to the Caribbean – about 15 years ago. It was great, but I don't go away when I'm off. Day trips, shop-till-I-drop excursions, home and craft project days, or do-nothing days are more my style. I've always said I've never been farther west than Harrisburg, farther north than Tenafly or N.Y.C., farther east than the Jersey Shore, or farther south than Atlantic City. But now I can say I've been south to Delaware and even the Caribbean! Baby steps.

When I was young, my Dad had six weeks of vacation each year. He would take off the entire month of August. (The fifth week was a random week early in the year, and the sixth was taken at Christmas.) Prior to that month off, my Mom and I would plan. Maps were unfolded. Day-trip pamphlets were scattered on the kitchen table. Lists drawn up. Friends were called to coordinate the plans – either to join us or to stop in to feed the dog. Every day was filled with plans either to go somewhere, such as the beach, a day trip (or occasionally an overnight stay) to Lancaster, a visit a museum or Great Adventure, or to connect with family and friends. We planned days to stay home to paint the fence or a room, clean the basement, or take care of the yard. Every detail was considered – from where to eat lunch or dinner, what motel we'd stay in, what route we'd take, what we'd wear, and how long we'd be gone (important, because we had a dog). In other words, we'd get up early every day and do something.

I don't know how my parents did it. Of course, they were younger than I am now, but, whew! It wears me out just thinking about it.

On my recent vacation, I really wanted my ten days (yes, I counted the week-ends and the adjoining holiday as part of my vacation) to pack a punch. With only finite days and infinite things I wanted to do and places I wanted go, I took a

page from my past and made a list. An accompanying calendar chart was penciled in with all the possibilities: a local used book store in Cream Ridge; a visit to a home décor store that recently moved to Allentown; the obligatory day of shopping, including Hobby Lobby, Michael's, Boscov's, and the Dollar Tree, among a few others; a couple of days home to use up some of my stash of beads, baubles, and paint; have lunch with my aunt; and a relaxing day at the Shore. Some places are open only on specific days, so I had to plan accordingly. To make the most of my travel time, and to save gas, I used Google Maps to plan my routes. Gone are the paper maps of old,

Another reason to stay home, but it's my vacation – I have to go somewhere, right?

I wanted to go to Ocean Grove to sit on the beach for an hour or so one day before it opens and gets too hot and crowded and have a dish of ice cream at Day's, but they were open only Friday through Sunday before Memorial Day; I penciled in that trip for Friday. (Friday was rainy, so, never mind that trip.)

I wanted to do a lot of crafting, but that meant staying home. But the weather was too nice to stay home. This is the root of my vacation anxiety. I want to do it all, but there are not enough hours in one week to do it all. And when I look back at the week, I'm disappointed that I didn't get to do all that I planned. A couple of days, I slept in, took too long to decide what to do, and ended up wasting the day away ...

Oh, well, 2022. One week down, three more to go. Whatever will I do with all that time? I suppose once I retire (someday) I won't have to worry about it. I'll just see where the day takes me.

I think I'll keep that list going.

## B&P

"A vacation is having nothing to do and all day to do it in." – Robert Orben (American entertainer, b. 1927)

"The purpose of a vacation is to have the time to rest. But many of us, even when we go on vacation, don't know how to rest. We may even come back more tired than before we left." – Thich Nhat Hanh (Vietnamese clergyman, 1926-2022)

**The Rossmoor News Deadline  
is the 7th of every month.**

## Rossmoor's newly elected Mutual officers for 2022:

### MUTUAL 1

President – Paulette Mascia  
Vice President – Dierdre Thomson  
Secretary/Treasurer - Dale Ralston

### MUTUAL 2

President - Dennis Haggerty  
Vice President – Alan MacVicar  
Secretary/Treasurer – Jacqueline Eiseman

### MUTUAL 3

President/Treasurer – Robert Danehy  
Vice President – Assunta Salmieri  
Secretary – Marilyn Silva

### MUTUAL 4

President – Betty Hornig  
Vice President/Treasurer - William Reckdenwald  
Secretary – Christine Leary

### MUTUAL 4B

President – Louis Russo  
Vice President – Andrew Riggi  
Secretary/Treasurer – Joann Casper

### MUTUAL 4C

President – John Craven  
Vice President/Secretary – Sheila McCue  
Treasurer - John Reinhardt

### MUTUAL 5

President – Daniel Jolly  
Vice President – Harry Murphy  
Secretary/Treasurer - Thomas Croake

### MUTUAL 6

President – Beverly Masters  
Vice President – Paul Mueller  
Secretary/Treasurer – Yvonne Nobile

### MUTUAL 7

President/Treasurer – William Bloom  
Vice President – Barbara Jensen  
Secretary/Treasurer – Christine O'Leary

### MUTUAL 8

President – Carol Franks  
Vice President – Lorraine Lena  
Secretary/Treasurer – Joan DiPaolo

### MUTUAL 9

President/Secretary – Barbara Brumberg  
Vice President – Nancy Pezzolla  
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President – Judith Sforza  
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### MUTUAL 11

President – Barbara Boyer  
Vice President/Treasurer – Dolores Grieff  
Secretary/Treasurer – Susan Archambault

### MUTUAL 12

President – Salvatore Gurriero  
Vice President – Alexis Monaco  
Secretary/Treasurer – Kathleen Salter

### MUTUAL 14

President/Treasurer – Robert Gleason  
Vice President – Leona Randolph  
Secretary – Brenda Burrus

### MUTUAL 15

President – Gerald McQuade  
Vice President – Edward Harkins  
Secretary/Treasurer – Edward Visinski

### MUTUAL 16

President – James Murphy  
Vice President – Josephine Schwegel  
Secretary/Treasurer – Russell Howard

### MUTUAL 17

President – Peter Kasnosky  
Vice President – Anthony Saccone  
Secretary/Treasurer – Debra Stasik

## Paul Pittari

(Continued from page 1)

Lab, the Non- Metallics Lab, the Structural Test Department. He was also manager of Building 12 in the Grumman Complex at Bethpage. He retired after 30 years of service.

After retiring, Paul completed his life-long dream of becoming a pilot. He currently flies a few times a year with various friends to various airport diners. In pilot circles, it used to be known as the "\$100 hamburger flight," so called because at the end of the day, that's what the cost of airport fees and hamburger itself would turn out to be. Nowadays, it would be more properly called the "\$300 hamburger" flight.

Here at Rossmoor, Paul was the president of the Computer Club for over 12 years until stepping down in 2018. During the 20 years as a key technical member of the Club, he has made well over a thousand free service calls to the homes of Club members to fix problems with their computers. Currently, he monitors the Computer Lab on the second floor of the Clubhouse, where he assists members with various computer issues.

He also hosts a weekly art class for residents, which I attend, in addition to quarterly, evening wine and design art sessions. After dissolution of our Hanger Flying Club, Paul organized a new operation called the Aviation Group under the aegis of E&R. In the new group, Paul conducts monthly presentations dealing with aviation and space exploration.

A frequent guest lecturer for many Clubs and organizations, Paul has served on sev-

eral Administrative Committees, both as a member and as a chair. As a certified arbitrator, he is periodically called upon to resolve issues arising when residents feel that they have been treated unfairly.

Paul is a fourth-degree member of the Nativity Knights of Columbus for which he has served as a trustee for many years. He is also a trustee officer at the Assembly level of the Knights of Columbus for more than 13 years. Paul has amassed several Knight of the Year awards. He was the 2012 Kiwanis Citizen of the Year as the co-founder of the Forest Park Runners Club. In regard to the latter, Paul started running as an exercise in the late 1970s. During the 1980s, he completed five marathons: two Long Island marathons and three New York City marathons. He was still running when he moved to Rossmoor, but now in his mid-80s, he walks a couple of miles several times a week, depending on the weather.

Called an eternal student by his daughter Anne, Paul still looks for opportunities not only to teach, but also to learn.

Speaking of Anne, she nursed both Paul and Theresa back to health following their concurrent bouts with COVID-19 in March, 2020. They were probably among the first residents to contract the disease and be simultaneously hospitalized. Anne still plays a prominent role in their everyday lives, dealing with shopping, doctor's appointments, and a host of other daily activities. Paul and Theresa call Annie their Angel for all she has and continues to do for them. A well-deserved acclamation.



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## What does Arsaan Real Estate have planned for 231 Prospect Plains Road now?

By Diane England

A legal notice was sent to homeowners within 200 feet of the proposed project, describing the 12 zoning variances to be requested at a public hearing that was held on April 28. The design issues with the structure, however, were downplayed. After all, what was to be a six-story strip mall, 20 feet in height, was described as a single-story building of 8,666 square feet.

In a letter to planning department officials, the attorney for the real estate firm suggested that when completed, this project wouldn't be a problem for the surrounding properties. The way I saw it, though, what had been a peaceful corner of Rossmoor would become a shocking juxtaposition of the

scourge of suburbia with the tranquility of the New England village which Rossmoor's developer, Ross Cortese, had envisioned and brought to life over a half century earlier. Furthermore, the community had lovingly been maintained and sustained ever since.

There was another significant threat to Rossmoor: the constant fear of flooding from a new source of stormwater. In fact, there might now be risk to homes that hadn't been destroyed on August 22, 2021, from the torrential rains of tropical storm Henri. Certainly an already traumatized community didn't need this.

I had to fight this project. Because I'd had a successful experience rallying neighbors to take on a real estate developer in Dallas, Texas, in the

1990s, I believed I could do this — with your help.

I compiled a background document about the proposed plan and sent it, along with a cover letter, to people for whom I had email addresses. I asked these individuals to forward my email on to people they knew at Rossmoor. Since some of those I contacted were on the RCAI board or leaders of community groups, I suspected there'd ultimately be a respectable showing for the April public hearing. Also, at least a couple of us planned to make five-minute presentations as to why this proposed plan should be denied.

And then the Planning Board meeting was cancelled.

Actually, this allowed more time for planning and getting the word out. In fact, I soon learned that within our community, we had an expert who could make the type of case needed to get this plan denied. He was willing to present at the rescheduled public hearing—on May 26. (Such public hearings are an agenda item at regular Planning Board meetings—held at 6:30 p.m. on the fourth Thursday of the month in the municipal building's courtroom.)

I don't know if the real estate firm got wind of what might be in store for them on May 26 or not. However, they asked if they could have a Question and Answer session about their plan with Rossmoor residents on the Monday night before the Thursday public hearing.

I suspect things didn't turn out quite as they had hoped. Indeed, it appeared that the attorney and the engineer, the meeting's leaders, were neither prepared for the sizeable crowd they faced, nor anticipated that many in the audience would already be aware of details about this project and happy to voice their disapproval. In my case, due to my professional background, I

paid particular attention to tactics the engineer used after he sensed he wouldn't be able to overcome potential flood-related objections.

He finally suggested that the applicant should be able to build what was being proposed. If stormwater from their site ended up in Rossmoor, and our antiquated drainage system could not handle this stormwater, it would be our problem and fault, not that of Arsaan Real Estate, LLC.

Really? And especially when this proposed shopping center was obviously too big for the lot and required more impervious surfaces than the township allowed in this age of climate change? (The state also wanted municipalities to ensure such projects had more pervious surfaces going forth.) There were also problems regarding the proposed stormwater mitigation system which I will not go into here.

Shortly after this meeting, the attorney notified the Planning Board that they wished to cancel the Thursday hearing. They apparently had some revisions to make.

Some of us believed they needed to go back to the drawing board. But would they do so?

At the Planning Board meeting that Thursday, which was held minus this public hearing, it was announced that this firm plans to return with something. Fortunately, they must again

notify those of us within 200 feet of their property regarding their plan. Hence, I'm prepared to begin this process over again and to provide an overview as to what is being proposed.

Let me extend my thanks to those of you who've been willing to join this fight thus far. But certainly, I'm also looking forward to hearing that others of you have decided to join us. In fact, please tentatively mark July 28 on your calendar—and perhaps Aug. 25 as well—just in case the applicant is ready with a new proposal for the Planning Board on one of these dates.

How will we stay in touch with you? Pay attention to Channel 26—which can be accessed via your television, or you can quickly go through the slides on the RCAI website. Also, watch for emails from Tom Curry, myself, or perhaps the person who forwarded my original email to you. Also, please know that if a future public hearing is scheduled but then cancelled, we will use these means of notification, too. So, before heading out to a meeting in the future, you'll want to check Channel 26 and your email.

Because it may take a village to save our village, it's wonderful to see members of the community willing to step forward and join together to fight this good fight. Again, I thank you.

## Attention clubs and groups!

By Jean Houvener

On April 29, a very successful Activities Fair was held in the Clubhouse. Many independent clubs and E&R groups signed up newcomers to join them in future activities. Newcomers to Rossmoor particularly enjoyed seeing what options Rossmoor offers.

We at the Rossmoor News encourage all the clubs and groups to keep the ball rolling by informing residents of their activities, writing articles of past and future events to publish in the Rossmoor News. This makes Rossmoor a more interesting and dynamic place to live and keeps new residents informed of available activities.

As stated in the News, articles must be submitted by the 7th of the month for printing in the next month's paper. That takes some juggling of past, present, and future tense, but if you read the articles by those groups that have written regularly, you can get the idea.

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## Mayor Dalina Expresses Appreciation to State Officials for Supporting \$2 Billion in Property Tax Relief

Mayor Stephen Dalina has expressed appreciation to Gov. Phil Murphy and legislative leaders, who plan to expand property tax relief to reach more than 2 million homeowners, following an unprecedented \$7 billion state surplus.

The expanded ANCHOR Property Tax relief program would provide \$2 billion in relief to both owners and renters, Murphy said on June 15, in a joint event with Assembly Speaker Craig Coughlin and Senate President Nicholas Scutari.

"It's great to be heard.

We've been steadily urging state leaders to make Monroe more affordable for our residents," Dalina said. "The ANCHOR program offers real and meaningful tax relief for our property taxpayers, reaching into our middle-class communities and making a substantial, meaningful effect."

For 870,000 homeowners with incomes up to \$150,000, they should expect a savings up to \$1,500; while an estimated 290,000 households with incomes between \$150,000 and \$250,000 would get \$1,000 in tax relief.

Moreover, 900,000 renters with incomes up to \$150,000 would receive up to \$450 relief to help offset rent increases.

The ANCHOR Property Tax Relief Program was initially announced in March, a cornerstone in the governor's proposed fiscal '23 budget.

"This is a historic moment. The state is using this cash windfall to provide substantial property tax relief," Dalina said. "I am pleased that Gov. Phil Murphy and the state Legislature have heard our call to use this rare time in our state's budget history to do the right thing for our overburdened taxpayers."

Dalina also voiced appreciation to state lawmakers for the passage of the Retirement Income Exemption, Senior Freeze and Homestead Rebate programs, as well as increased school funding for the Monroe Township School District.

## Human Trafficking – A serious matter that affects many

By Linda Bozowski

On May 23, the League of Women Voters of Monroe Township offered a compelling presentation by guest speaker Diana Starace. The Coordinator of the Injury Prevention Program/Safe Kids Middlesex County Trauma and Injury Prevention program at Robert Wood Johnson University Hospital, Starace has served as a key speaker for the N. J. Coalition Against Human Trafficking.

Asking members of the audience about their knowledge of human trafficking, Starace saw that the replies of most participants acknowledged some unfamiliarity. However, as she went through her comprehensive presentation, the group, which appeared very engaged by the topic, might have responded differently if the question had been asked again.

Starace spoke of the two primary types of human trafficking, sexual and labor, and pointed out that either type involves force, fraud or coercion or perhaps a combination of elements. It was interesting to hear that 80% of New Jersey trafficked persons are U.S. citizens, and that we have the 12<sup>th</sup> highest rate of reported trafficking in the country, with 30% of the reported cases involving forced labor and 70% involving sexual exploitation, which includes child pornography and pedophilia.

What makes N.J. such an attractive place for these abusive behaviors are the following elements: access to roadways and airports, heavily visited tourist destinations like the Jersey shore and Atlantic City, proximity to major cities like Philadelphia and New York, and the density of our population. Trafficking, in either iteration, generates more money than sales of guns or illegal drugs, and there is always a demand for laborers or sexual activities.

Starace provided insight into how sexual trafficking victims may have been vul-

nerable to their abusers. These victims may be young or naïve, impressionable, live in poverty, be homeless, live in an environment of substance, physical or sexual abuse, have a physical mental or emotional disability, have issues with LGBTQ sexuality, or be members of the foster care system. Victims can be of any race or ethnicity, be rich or poor, be educated or uneducated. They may be enticed by offers of friendship or love, potential employment opportunities, or membership in an attractive club, gang, or other social group.

In the past two years since the start of the COVID-19 pandemic, online contact has increased nearly 200%, and with that, so has the rate of trafficking, particularly among youth. One of the most unexpected statistics that Starace shared was that 40% of youth being trafficked, in either sexual or labor form, was familial: a family member or close family contact is taking advantage of another person in an illegal manner.

The audience was advised to view the U-tube video "Stop the Traffic" or perhaps see the movie "Taken." There are also webinars created by survivors available through the N.J. Coalition on its website.

The N.J. Coalition offers programs to the public and is moving into the educational arena in conjunction with school systems throughout the state. A recently passed addition to the N.J. Department of Education curriculum guidelines includes faculty and student education for middle and high school students. Monroe Township High School has already been a participant in this program.

The Coalition is a not-for-profit organization which has many offerings on its website. Volunteers man a 24/7 hotline for victims or for those who wish to report abuse in their communities. A newsletter is available through safernj.org for those who would like more information.

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## The Dog Days of summer are coming again

By Anne Rotholz

The expression "Dog Days of Summer" refers to the hot, humid, sultry, days that occur in the Northern Hemisphere in July and August. These days were given the name by the people of ancient Rome. The geographic location of Rome caused it to be particularly affected by the summer heat.

For the Romans the Dog Days represented a time of stagnation when food and wine spoiled, when humans got plagues and fever, when dogs went mad, and the ocean boiled. They blamed it all on Sirius, the Dog Star. We need to look at some star lore to understand where the term came from.

Two constellations in our heavens are named Canus or Dog. Canus Major is the Big Dog and Canus Minor is the little dog. Canus Major can be seen in close proximity to the prominent constellation named

Orion which was known to ancient people as "The Hunter." They believed that Canus Major was Orion's hunting dog. Sirius happens to be the brightest star in the night sky, which was one reason the ancients could keep track of it.

Sirius is not visible during the hottest part of the summer because at that time it rises and sets at or near the same time as the sun (Heliacal rising). In Roman times, Heliacal occurred around August 8 so the Romans considered the days from July 23 to Aug. 23 (20 days before and 20 days after) to be the Dog Days.

They knew that Sirius was very bright and they reasoned that it was very hot. They concluded that since Sirius was up there all day with the sun it added its heat to that of the sun, making the earth unbearably hot and muggy. Each year in April, the Romans sac-

rificed a red dog to Sirius hoping it would appease the dog star and so avoid an extremely hot summer.

The Romans were correct about Sirius being hot. Our nearest star after the sun, it is twice as large as the sun, 25 times brighter and much hotter than the sun. What they had no way of knowing was that Sirius is 8.6 light years away from earth and could not contribute its energy to our planet. By comparison, the sun is a small fraction of a light year away. Nor did they know that the summer heat is caused by the tilt of the earth.

The dates of the Dog Days have changed since Roman times. The Old Farmer's Almanac now lists them as July 3 to August 11. Because of Precession of Equinox, a slow rotation of all the stars around the ecliptic axis every 26,000 years, we now have Heliacal in the middle of that period.

## Cover the back

By Ken Thomas

On the road is not a bad place to be: adventure, interesting places, and certainly more scenic than the view from my back porch. However, I'd been away for a month and was heading home, the best place to be. I was looking forward to sleeping in my own bed. Our street sign spelled welcome home. At 2 a.m., and a quiet front door entrance was my plan. A beer-breath hug would surely spoil any parental greeting.

"CLA-BAM!" The front door slammed open and my half-dressed father ran down the stairs, tossed me a rifle and said, "Cover the back, cover the back. There's a man at your sister's bedroom window."

I ran down the driveway into the darkness of our back yard and quickly scanned the second floor

through the rifle scope. Nothing visual, but would the man on the roof also have a gun? Please don't let me die! Suddenly, lights flashed and a siren blared as two policemen came running down the driveway toward me. "Drop the gun, hands above your head," they yelled. Immediately and I do mean immediately, I obeyed. Oh Dad, Oh Papa, you haven't made my day. I'm 17 with beer breath, holding a gun, so any of the expected Miranda words will not be fatherly.

The next hour was chaos. My sister, parents, police, neighbors and I gathered on our front steps, but no bad guy or peeping Tom was found. Somehow, he'd escaped the father-son posse. This story has a no harm, no foul, no jail ending thanks to the understanding town police. I'll never forget Dad, running down the front steps in his T-shirt and boxer shorts. For months, my sister checked the roof outside her window for bad guys. She never saw another bad guy, because he found me.

And then...

The physics lab ended and my rider walked to the exit with me. The wind drove the rain against the glass windows and doors of the building with a force that threatened those physics laws, so I offered to get the car. My rider did not object and tossed me his tiny umbrella. Twenty-five percent of my body would remain dry. About 200 cars could fit in this dimly lit school parking lot and my car occupied a space in row Z. The only security guard was at least 70 years old and his naps were frequent. I ran by the sleeping guard and turned down the last row.

A light flashed, back and forth, between the front and rear side windows of a car up ahead. Someone with a flashlight was searching all the cars. "Holy E=MC" not squared, one of those cars was mine. I quietly approached the car. The bad guy was trying to jimmy the front door lock. He would not disappear this time. I tapped him on the shoulder and threw a punch at his nose. KAPOW! The bad guy's head, bounced off my fist, hit the car and he fell to the pavement, unconscious. I smiled. This crime scene was ridiculous. I began to laugh. Someone tapped my on the shoulder and a fist hit me upside the head. Bad guy number two helped bad guy number one and they scrambled out of the parking lot. Sitting on the pavement, I continued laughing, when I should have ducked.



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## Today, I consider myself the luckiest man...



Lou Gehrig

By Allan Kaufman

It was toward the end of a 277-word speech, delivered by New York Yankees first basemen Lou Gehrig, that despite finding out he had an incurable disease, stated "Today, I consider myself the luckiest man on the face of the earth." Gehrig made the speech on July 4, 1939 in Yankee Stadium in front of approximately 62,000 fans. It was Lou Gehrig Appreciation Day.

(Henry Louis Gehrig (born Heinrich Ludwig Gehrig, June 19, 1903 -- June 2, 1941) who played 17 seasons for the New York Yankees (1923–1939), was renowned for his prowess as a hitter and for his durability, which earned him his nickname "the Iron Horse."

He was an All-Star seven consecutive times, a Triple Crown winner once, an American League (AL) Most Valuable Player twice, and a member of six World Series champion teams. He had a career .340 batting average.

In 1939, he was elected to the Baseball Hall of Fame and was the first MLB player to have his uniform number (4) retired by a team.

A native of New York City and a student at Columbia University, Gehrig signed with the Yankees on April 29, 1923, and was known for the most consecutive games played (2,130), a record that stood for 56 years. Gehrig's consecutive game streak ended on May 2, 1939, when he voluntarily took himself out of the lineup, stunning both players and fans, after his performance on the field became hampered by an undiagnosed ailment subsequently confirmed to be amyotrophic lateral sclerosis, an incurable neuromuscular illness; it is now commonly referred to in North America as "Lou Gehrig's disease."

ALS, or amyotrophic lateral sclerosis, is a progressive neurodegenerative disease that affects nerve cells in the brain and spinal cord.

"Amyotrophic" comes from the Greek language. "A" means no. "Myo" refers to muscle. "Trophic" means nourishment. So, amyotrophic means "no muscle nourishment," and when a muscle has no nourishment, it atrophies or wastes away.

"Lateral" identifies the areas in a person's spinal cord where portions of the nerve cells that signal and control the muscles are located.

As this area degenerates, it leads to scarring or hardening (sclerosis) in the region.

Motor neurons reach from the brain to the spinal cord and from the spinal cord to the muscles throughout the body. The progressive degeneration of the motor neurons in ALS eventually leads to their demise.

When the motor neurons die, the ability of the brain to initiate and control muscle movement is lost. When voluntary muscle action is progressively affected, people may lose the ability to speak, eat, move and breathe.

The motor nerves affected when you have ALS are the motor neurons that provide

voluntary movements and muscle control. Examples of voluntary movements are making the effort to reach for a smartphone or step off a curb. These actions are controlled by the muscles in the arms and legs.

Little was known about ALS, except it was a death sentence, when Gehrig was diagnosed. He lived two more years before succumbing to the disease in 1941. And while studies are being conducted to both improve the quality of life for those affected by ALS as well as to find a cure, it's a shame that we are no closer to finding that cure, some 81 years after Gehrig died.

Take a second on July 4, Lou Gehrig's Day, to think about the accomplishments of the "Iron Horse" while also praying for those afflicted with ALS and hope that a cure is not too far away.

## Is New Jersey a good place to live?

By Carol De Haan

You bet your sweet life it is!

Little old New Jersey is now ranked fourth in the nation in terms of gross domestic product. Just a few years ago, we were 47th.

### What is Gross Domestic Product?

It's a calculation of the size of a given economy from data published by the U.S. Bureau of Economic Analysis. Some bigger states get a lot more attention (think Texas, Pennsylvania, or North Carolina) but New Jersey's economy grew faster than that of many so-called role model states.

### How was this accomplished?

The current administration focused on creating new industries, and on reinforcing worthwhile existing sectors of the economy. For example:

- A wind port is being built in Salem County that will put New Jersey in the forefront



of the American offshore wind industry, in addition to creating tens of thousands of jobs in manufacturing, construction, and operations;

- Fisery, a Fortune 250 financial technology firm has announced the creation of 2,000 jobs in Berkeley Heights;
- SOSV Ventures, a worldwide leading venture capital firm announced a huge start-up project called the HAX Network, to focus on cleantech/decarbonization hardware manufact-

(Continued on page 8)

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## Civil rights activist Samuel Tucker

By Jean Houvener

Samuel Wilbert Tucker was an activist ahead of his time. Not included in the ranks we all know, for example Martin Luther King or Ralph Abernathy, he nevertheless was a pioneer in the movement. He was born in Alexandria, Va., on June 18, 1913. His father, Samuel A. Tucker, was a real estate agent and an NAACP member and his mother was a teacher. He quipped, "I got involved in the civil rights movement on June 18, 1913. I was born black."

His parents were both active in his education. In Alexandria at the time, the schools were segregated. At that time Alexandria had schools for Black children only up through eighth grade. There was no high school provided to Black children even though their parents paid taxes. After eighth grade children had to take the trolley into Washington, D.C., to Armstrong High

School. On one occasion as Tucker and his older and younger brothers were coming home, a white woman in Alexandria demanded they move out of what she considered was the white section of the trolley. When they refused to move, the boys were charged with disorderly conduct. Tucker was fined \$5 and his older brother \$50, but on appeal the boys were found not guilty.

Tucker did well in school, and after graduation attended Howard University, reading law books on his own, intending to become a lawyer. He was ready to take the bar exam at age 20, but had to wait until he was 21 in June 1934 to actually practice law.

In 1937, Tucker applied for a library card at a newly constructed library near his home in Alexandria. He was denied a card on the basis that he was Black. Although all residents of Alexandria had contributed to the build-

ing of the library via their taxes, Black people were denied the right to a card and even the right to enter and use the library. As a lawyer, Tucker was prepared to take on this inequity via a court case.

In 1939 he and his friend George Wilson recruited five young Black men to arrive individually at the library, request a card, and to choose a book to sit quietly and read in the library. All were to dress properly and behave in a courteous manner. Of course, the request for a library card was denied to each young man. Then when each individually refused to leave the library, the library staff called the police to remove them from the library. Cleverly Tucker had alerted various news outlets and reporters of the action, so the town could not ignore them.

They were accused of disorderly behavior, although they had not behaved in any way disorderly. Tucker, of course, became their lawyer. He successfully argued that the men had not been disorderly and elicited from the police that in fact that was the case and that had they been young white men, they certainly would not have been arrested. The city attorney dropped the charges and

(Continued on page 9)

## New Jersey

(Continued from page 7)

- uring. This effort might launch 100 companies and is expected to create 2,500 jobs in Newark;
- As part of the Innovation Hub project in New Brunswick, Rutgers will build a Rutgers Robert Wood Johnson Medical school as well as a global Cancer Institute. New Brunswick will be a leader in solving the most difficult and currently incurable health problems;
  - Sports betting has created at least 1,000 jobs in technology, cybersecurity, and financial technology; and
  - Legalization of recreational cannabis for adults is creating thousands of jobs in many new enterprises.

### Looking ahead

Plans for the future include grant and loan programs to help Main Street businesses and Black and Latino ventures. The Innovation Evergreen Fund (\$500 million public/private partnership) will seek to invest in promising companies that can create thousands of jobs. Also on the State's agenda are creation of affordable housing, child care facilities, solving food insecurity, cleaning up brownfields, and restoring historically significant buildings.

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# What’s your choice – hot dogs or caviar?

By Linda Bozowski,

As we move into summer and spend time with friends and family, often outdoors, we may also be adding some variety to our meal plans. Dinner parties and other get-togethers may be casual or formal, and may include such menu choices as burgers and hot dogs, veggies, beautiful salads, or luxe items like caviar. Since hot dogs and caviar seem to be extremes along the protein spectrum, let’s take a look at how these foods have evolved over the years.

**Hot dogs, wieners, frankfurters – what’s in a name**

Hot dogs were often the basic and easy food we offered on days when time was short, the budget was tight, and we wanted just a little taste of spiciness and condiments like mustard, relish, and sauerkraut. Hot dogs served as a reasonable kid’s meal in many households, but could also be taken up a notch when cooked in a Pyrex dish or cast-iron fry pan nestled in a bed of pork and beans. Potato or macaroni salad, coleslaw, and corn on the cob were accompaniments for many gatherings at which hot dogs were the main attraction. What exactly are these non-descript meats that are so high on the popularity index?

Hot dogs, a variety of sausage originating in the 1200s, were a food given to people on the event of imperial coronations. Made of beef, pork, fillers, spices, and preservatives, hot dogs were

so-named since sausage makers were accused of using dog meat in their sausages in the 1800s.

Different combinations of ingredients are used in different cultures: frankfurters, a German variety, are traditionally made of pork; wieners, an Austrian iteration, are a combination of pork and beef; and in the U.S., hot dogs may be made as beef only, depending on the manufacturer.

Hot dogs were not sold in rolls until the 1860s. Before that time, the sausages had been sold “naked,” and placed in gloves so that purchasers would not burn their hands. Since the gloves were not being returned by the purchasers, rolls became the vehicle for dispensing the sausages. In 1867, Charles Feltman had a cart made with a stove for boiling the sausages and a section for storing the fresh rolls.

Hot dogs can be purchased in many variations: with natural casings of sheep intestines, or skinless with a cellulose packaging, designed to hold the sausage in its traditional shape. They may be smoked or not, may have a stuffing like cheese or jalapenos inside the sausage, and can be dressed with any variety of condiments that the eater may select.

Although hot dogs are cooked during the manufacturing process, they should be heated to an internal temperature of 165 degrees to reduce the chance of listeria bacteria. Care should be

taken when offering hot dogs to small children, since they can present a serious choking danger. The American Institute for Cancer Research reports that eating processed meats on a daily basis can increase the long-term risks for colorectal cancer. This claim is debated within the medical community.

**Caviar – the other end of the food spectrum**

For many eaters, caviar is considered a luxury to be enjoyed at elegant events. It may be eaten as a garnish or as a spread. The source of the roe, its color and size are all considerations to some gourmands.

Caviar is fish roe (eggs) and may be sourced from a variety of fishes. The roe from the female fishes are extracted after the fish may have been stunned and the ovaries are removed. Some producers perform caesarean sections, so that the fish is able to continue producing eggs to be harvested later,

(Continued on page 11)

## Samuel Tucker

(Continued from page 8)

directed the library to make some remedy.

Rather than taking the obvious route of opening the library to all citizens, the remedy they came up with was to create a Blacks-only library not far from the original library. While touted as an equivalent library branch, it was not at all equivalent, being far smaller with fewer books. Tucker refused the library card offered to him from the new branch. It would be 20 more years before the main library was open to Blacks and whites equally. Tucker’s was probably the first example of a non-violent protest for African-American civil rights in America.

As World War II loomed, Tucker joined the Army 366th Infantry, serving in Italy, and rising to the rank of major by the end of the war. After returning from the war, Tucker decided to move his legal practice from Alexandria to Emporia, Va., since there he would be the only Black lawyer for a large population of Black citizens.

During the next several years he was active as a “cooperating attorney” for the NAACP (National Association for the Advancement of Colored People). He filed

numerous briefs and had numerous cases related to desegregation and the resistance in Virginia to follow the law in the wake of court cases like Brown v. Board of Education in 1954. His objective was to integrate the educational system so all citizens had access to a good education. In that struggle, he was strongly opposed by U.S. Senator Harry F. Byrd, a staunch segregationist who controlled much of the Democratic machine in Virginia. Byrd’s supporters even went so far as trying to have Tucker disbarred as he brought so many complaints and cases against the numerous efforts to retain segregation. Tucker also argued for equal legal representation and a representative jury that included Black citizens for his clients. At one point he had over 150 cases before state or federal courts. He was a valued member of the NAACP and was honored by them for his work.

Tucker died in 1990. He was survived by his wife Julia, but they had no children. He was buried in Arlington National Cemetery, and shares a gravestone with his older brother George. The Blacks-only Robert H. Robinson library built in 1940 became the Alexandria Black History Museum in 1959.



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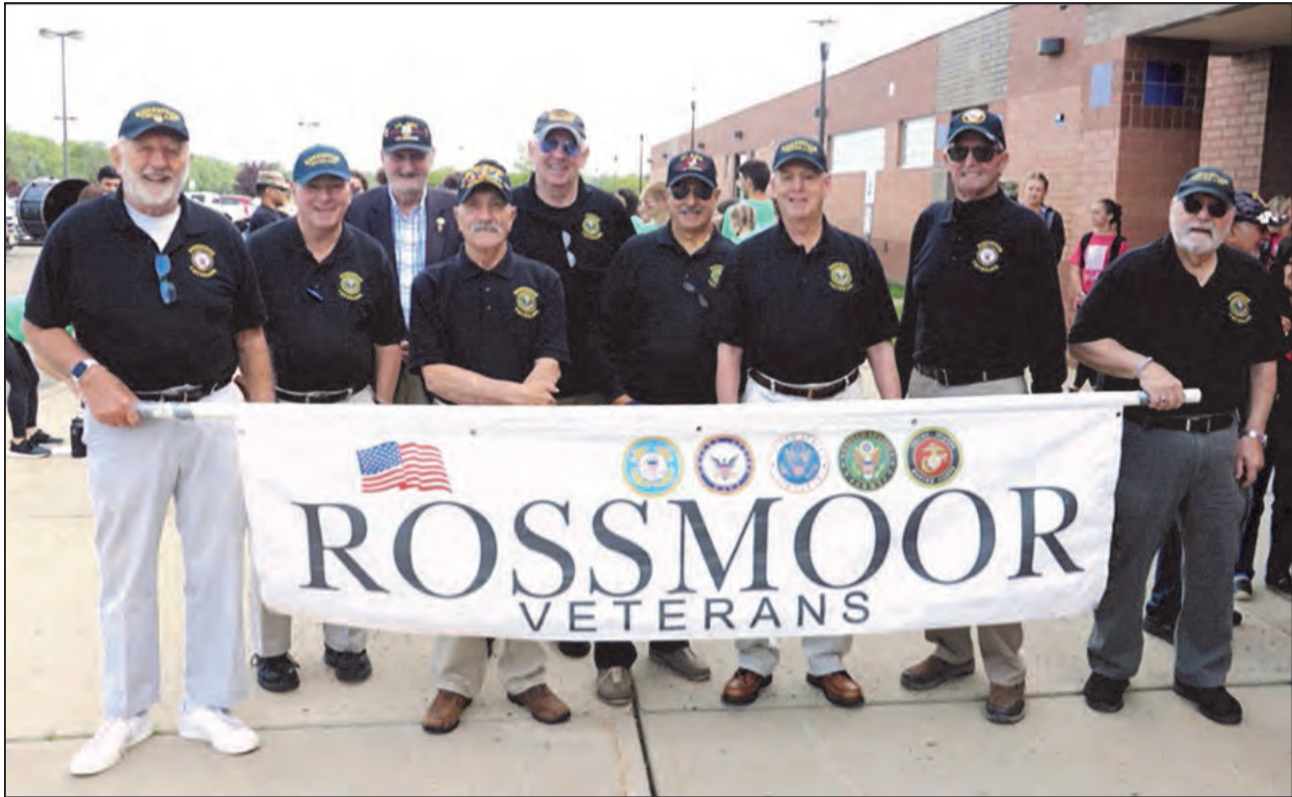
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# This month in pictures

By Joe Conti and Walter Gryskiewicz

## Seventh Annual Veterans Appreciation Day at Monroe HS



The Rossmoor vets march to the Monroe High School field for the ceremony.



Denney O'Malley received a recognition award. Vinnie Piccarillo looks on.



Vinnie Piccarillo received a recognition award presented by members of the John Bassalone Marine Group.



Following the Memorial Day ceremony, here are, from left, Steven Gray, Mayor Steve Dalina and Michael Markel . Photo by Helene Gray

## Rossmoor Downs



Ladies at the Rossmoor Downs are, front from left, Joan Russo, Janet Taranto, Joy McVicar; rear, Joann Casper, Fran Gatti, Paulette Mascia.



Above, Stallions' jockeys.

Below, Fillies' jockeys



## Your choice

(Continued from page 9)

while other producers remove the roe through small incisions, leaving the ovaries intact. In commercial production, ultrasonography may be used to determine when the greatest number of eggs are ready to be harvested. Eggs may also be extracted by massage, which is reported to yield higher quality roe.

Caviar from sturgeons native to the Caspian Sea is considered to be the premier source of the eggs. Varieties include Beluga, Sterlet, Kaluga, and others. The Beluga variety has soft pea-sized eggs and may range in color from silvery gray to black. Golden Sterlet caviar is smaller and rare, and was once reserved for Russian, Iranian, and Austrian royalty. Medium-sized and light to dark brown, Ossetra (aka Russian) caviar is considered next in quality. Other varieties range over sizes and colors, and may be considered of lesser value.

Sturgeon caviar is priced based on its flavor qualities, creaminess, and the method by which the caviar was obtained. Caviar retrieved by massage is higher priced than that recovered by killing the fish, and albino sturgeon caviar is far more expensive than that from colored fishes. A typical ounce of non-albino sturgeon caviar sold at \$105 per ounce in 2014.

Although sturgeon can be found in many countries, the United States and Canada are major suppliers of caviar to Europe. Sturgeons are found in many areas of the U.S., including the Columbia and Delaware Rivers. Northern California accounts for 70% to 80% of U.S. caviar production since sturgeon can be farmed similarly to salmon and other food fishes. China is the leading world producer of caviar, accounting for 60% of worldwide production. Iran, Israel, Uruguay, Madagascar, and Malaysia are also producers. Russia has limited its caviar production due to over-fishing and has instituted a ban on sturgeon fishing. Caviar is also harvested from such other fishes as salmon, common whitefish, and burbot.

Caviar is extremely perishable and must be kept refrigerated. Pasteurized caviar is less perishable and has a slightly different texture. It may not be as well-liked as unpasteurized roe. Since caviar preparation is very simplistic, involving only rinsing and salting before packaging in lacquer-lined tins, care must be taken in handling this delicacy. Caviar does not offer significant nutritional value, since it is high in cholesterol and sodium.

As we move through the summer, enjoy what's on the menu!

The deadline for  
The Rossmoor News  
is the 7th of  
every month.

## Music Lovers opportunity

By Jean Houvener

All you lovers of classical music, there is a great opportunity that the New Jersey Symphony has offered to Rossmoor (and other senior communities of Monroe and elsewhere) for a number of years. The Symphony offers us a Thursday matinee series of concerts at NJPAC with bus transportation from Rossmoor to the concert hall provided at a modest cost.

The concert series has a range of costs depending on where in the hall you want to sit, from orchestra to third tier, and the current cost for the bus transportation is a

mere \$7 per person per concert. It could hardly be easier to go to a great concert without the hassle of driving yourself.

This year's six concerts (series 3) begin on Oct. 20, with the last concert on June 1. The music ranges from Brahms and Mozart classics to Darryl Kubian and Chen Yi contemporary pieces, with world class soloists.

For more information, call 1-800-allegro (easy to remember) or look online at njsymphony.org. Those of us who have already subscribed hope to see some of you on the bus next fall.

## Another music lover's opportunity

By Jean Houvener

All you music lovers who came to the last performance of the Rossmoor Music Association's series know what a wonderful concert we heard. Those of you who did not come missed something special. The chamber group of Frisson Ensemble is most aptly named. We indeed experienced a *frisson* of excitement as the varying cast of six musicians performed a variety of music.

The oboe and clarinet had featured roles in Gioachino Rossini's Overture to his opera, An Italian Woman in Algiers, as arranged for the group by Frisson's bass, Sam Suggs. A few of us had just heard this same piece performed by the New Jersey Symphony Orchestra, and it was amazing to hear how very full Frisson's version seemed in our Meeting House space. On both occasions, you could just imagine the hijinks of one character after another chasing across

the stage in Rossini's farcical piece.

The concluding piece was Oblivion by Argentine composer Astor Piazzolla. As the group dug into the music of this delicious tango, you could just feel the music pulsing through them. These two pieces bookended a Mozart quartet for oboe and strings, Three Preludes for clarinet and strings by George Gershwin, a short Edward Elgar gem, and String Sonata No. 4 by a 12-year-old, apparently somewhat full of himself, Rossini. Part of the treat of these concerts is the explanations the performers give us to enrich our musical experience.

If you missed the RMA series this past year, look for the RMA articles about the upcoming season in this paper and be sure you don't miss another excellent season. These performers are professionals who deserve our support.



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**Managing Your Wealth**

Financial services giants make financial planning and wealth management sound very simple in slick TV ads, but it's not. Managing wealth requires knowing a lot about highly technical topics, like math, taxes, and finance as well as history, psychology and how to communicate with loved ones about sensitive issues. This article highlights many of the topics of knowledge needed to manage wealth and why it's so daunting without the help of an independent personal financial advisor.

Estate tax is in flux. The \$12 million personal exemption from estate tax is set to revert to \$5 million on January 1, 2026. However, this could change, depending on Congress and financial, economic, and political events.

Income tax brackets are also uncertain, and income tax planning includes watching Washington and acting strategically after the November 2022 election results are decided.

Charitable strategies are always important just because giving back is the right thing to do. Supporting a cause can build on your legacy and inspire the next generations in your family to keep your causes top of mind.

IRAs are more important than ever in creating a strategic financial plan because that is where Americans save for retirement. After retiring, assets in 401(k) accounts can be managed by you in IRAs. IRAs, for income tax purposes, are treated the same as 401(k), 403(b) and other federally qualified retirement accounts. They grow tax-free only until you withdraw money and withdrawals are taxes at your ordinary income tax rate. However, Roth IRAs are totally tax-free. Even withdrawals are tax-free.

Converting a 401(k) to an IRA, converting a traditional IRA to a Roth IRA and planning how your IRA accounts will be distributed to loved ones or charity upon your demise requires understanding the federal laws on qualified retirement accounts and knowledge of financial economics.

Psychology's pivotal role in financial decisions has come to be recognized only in the last two decades. The burgeoning field of behavioral finance is now part of the investment knowledge needed to avoid making mental mistakes, reacting emotionally to bad news and recency bias.

Modern families have spawned new legal and accounting strategies to protect family members from horror stories in estate planning. People are living longer than ever. With half of all marriages ending in divorce, families are split asunder by injustice and argument over assets.

After a 50-year marriage

and raising two children, Edith, a 75-year-old succumbed after a long battle with cancer. Ed, her 75-year-old spouse, could not stand to live alone and remarried a server he met at the casino. A year after marrying Rita, a 50-year-old with two children, Ed dies. Rita, and her children, inherit Ed's \$3 million portfolio and two homes. His children get nothing because he never created a will.

Another example is the couple who, upon the marriage of their child, give the newlyweds a \$1 million down payment on a home. Ten years later, when the child is divorced, the value of the home must be split evenly with their child's spouse.

Trusts, prenuptial agreements, insurance and qualified retirement accounts must be structured to protect your children, spouse, and other loved ones from losing control of the assets you give them when you die. That's part of the new landscape of financial planning for modern families.

Business owners contend with a unique set of circumstances involving:

- Corporate form of business or entities (LLC, S-Corp, or Corporation, etc.)
- Partnerships
- Equity ownership
- Business and personal liability for debts and other risks
- Income earned annually
- Buy/sell agreements
- Family impact
- Taxation of the business

Real estate investors and doctors have all of the same variable to consider but they have some added twists. For instance, owners of apartment building with swimming pools may face a large liability if someone drowns. Protecting yourself from slip-and-fall lawsuits and other risks inherent

in developing and owning real estate is just one aspect of knowledge needed to invest wisely in real estate. Successful business owners often find it advantageous to purchase a building to house their business by setting up a real estate entity that owns the building and leasing it to the existing operating business. This is a common real estate strategy for doctors as well as business owners.

Investing is though by many individuals to be the only knowledge or by far the main knowledge topic required to manage wealth and make a sound financial plan, but it is only one aspect of the job. Investing is important but the other aspects listed above are often just as important.

Retirement is a mashup of all the topics previously discussed. To create a smart retirement plan requires knowledge of investing, tax, and the full range of topics mentioned here which may be required or come in handy.

Norman J. Politziner, CFP, a resident of Encore, is an Investment Adviser Representative of Kingsview Asset Management.

For more information, questions, or comments, we encourage you to visit our website at [www.politziner.com](http://www.politziner.com) or call us at (732) 296-9355.

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**Protecting Americans**By Myra Danon and  
Carol DeHaan

- 1967: Actress Jayne Mansfield died a brutal death when her open-top sports car rammed at top speed into and under the rear end of a semi.

*Government response:*

The Department of Transportation requires all tractor-trailers to have a protective bar that will prevent cars from crashing underneath the trailer.

- 1982: Remember when someone tampered with Tylenol packages and a lot of people got sick?

*Government response:*

Pill bottles have to be tamper-proof. (So much so that many of us have a terrible time opening them.)

- 1995: An unhappy young man blew up a federal

building in Oklahoma City, killing 168 people, 19 of whom were little tots in a nursery school. His bomb was made of fertilizer (solution grade ammonium nitrate).

*Government response:*

Severe limitations on who can buy that kind of fertilizer.

- 2002: Remember the "shoe bomber" who tried to blow up an airplane full of passengers?

*Government response:*

All air travelers must take off their shoes for inspection before they are allowed on a plane.

- 2022: Nearly 100 Americans die every day from gun violence. Over a million and a half have died that way since 1968.

*Government response:*

Thoughts and prayers.

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# Bitcoin

By Steven Gray

"Shave and a haircut – 2 bits." No, not that kind of Bitcoin, but rather, the getting to be more popular, the computer kind.

Bitcoin is digital currency based on pretty much nothing. There is no central bank nor gold deposits, and there is basically no one in charge. Digital currency is highly volatile and can go up or down not just on a daily basis but often minute by minute. Is it a safe way to save? If you bought \$25 in bitcoin in January then in early June (the time of this writing) it is worth about \$15. Next month it could be worth \$50 or zero.

For the geeks among us, as per a dictionary, this money is "a type of digital currency in which a record of transactions is maintained and new units of currency

are generated by the computational solution of mathematical problems, and which operates independently of a central bank." Digital currency can and is being mined by very powerful computers but don't expect to make money on it using your home system.

Digital currency can be used as a payment between individuals and is extremely hard to trace which makes it very popular with scammers. If you get a call about a virus on your computer or someone in your family is being held hostage or even from (supposedly) the IRS or SSA for money and they want payment in digital currency (or gift cards), then yell very loudly a 4-letter word – SCAM! Of course, you can use a few other four letter words as well.

If you really want to get started using digital currency

(to show your grandchildren you are "with it"), the easiest way is to use PayPal. PayPal handles Bitcoin, Bitcoin cash, Ethereum and Litecoin. There are easy explanations about blockchain and mining on the site as well.

If you choose to go solo, you will need to set up a "wallet" on your hard drive. Should your drive crash then all the digital currency you had is gone forever. This has happened to many supposedly smart people who ended up losing huge amounts of money.

Going back to the first sentence, the "2 bits" was worth 25 cents, which all your digital currency could end up being worth. Remember – if it sounds too good to be true, then it probably isn't or, better yet, a fool and his money are soon parted.

## Whitewater rapids

By Ken Thomas

This father-son trip down the Delaware River was going to be fun. Most of the boys had some canoeing experience (lakes), but father proficiency was a question. I watched the first canoes launch into the current. An unexpected problem was immediately apparent. The bows of the canoes were riding high (boy weight), while the sterns were somewhat lower (father weight). In one canoe, the son really had to stretch to get his paddle wet. Also, fathers paddled with more powerful strokes. Even though the boys paddled hard, the canoes crisscrossed the river.

There was no whitewater within the first few miles, so everyone had a chance to develop some teamwork. I could hear one son repeating canoeing instructions to his father. Their canoe hit a rock and flipped over. Because of the first "wetting," the sons in the bow were shouting out rock sightings to their fathers in the stern for maneuvering. Nobody else wanted to get wet with 18 miles left to paddle. Now, no canoe was going in a straight line, because every little white cap in the river could be a sneaky boulder to capsize the canoe. We heard the first set of rapids before seeing them. As the roaring intensified, I repeated the ranger's instructions to my young partner:

1. Kneel in the canoe, life jacket tight.
2. Keep paddling for easier steering by the stern man.
3. The bowman signals and shouts directions, if he sees trouble spots.

By twos and threes, our canoes entered the rapids. A few waited to determine a safe passage through the churning waves by watching those ahead.

Finally, it was our turn. Entering the rapids my partner froze, paddle out of the water, eyes fixed on the churning waves, mute. Luckily, this first set of rapids wasn't too

(Continued on page 14)

## It was an Itsy, Bitsy Teenie Weenie...

By Allan Kaufman

Since July 5, 1946, women have been hitting the beaches and pool sides in bikinis. National Bikini Day marks the 76th anniversary of the invention of the revealing two-piece bathing suit.



The basic bikini

Named after the Bikini Atoll, where the United States conducted atomic tests, the two-piece bathing suit made its debut in Paris. French designer Jacques Heim wanted to name revealing bits of fabric "atom," but designer Louis Reard named his piece, revealed on July 5 in 1946, with the name "bikini" and the word stuck.

By World War II, sunbathers cast aside the chaste one-piece bathing suit for simple two-piece bathing suits. However, nothing prepared the United States for the revealing bikini when it hit the beaches on July 5, 1946. While those women in Europe enthusiastically donned the bikini after a long and arduous war, the conservative Americans had a greater sense of modesty. That kept us from accepting the bikini until the 1960s.

The acceptance by the women in this country was pushed forward by a group of songwriters Paul Vance and Lee Pockriss and singer Brian Hyland when in 1960, the hit song, "Itsy Bitsy Teenie Weenie Yellow Polka-Dot Bikini" made its debut. The song charted from September 1960 through May 1961 and gave women the excuse to don the two-piece swimsuit.

Today, the bikini comes in all shapes, sizes, colors and fabrics. Designers expanded the style to flatter more body shapes, enticing more women to wear the fashion.

Some interesting facts about the bikini:

The most expensive bikini



Diane Kaufman 1978

was made of 150 carats of diamonds set in platinum, designed by Susan Rosen.

In 1957 at the Cannes Film Festival, for the first time, a celebrity, Brigitte Bardot, wore a floral printed bikini.

In 1993, the Olympic Committee made the bikini the official uniform for women in the beach volleyball game.

One of the most famous pictures from the James Bond movie series is Bond girl, Ursula Andress, who wore that famous white bikini.



Ursula Andress

There have always been fashion trends that have come and gone; bell-bottom pants and wide ties for men and high platform shoes for women. But, the bikini changed and revolutionized the women's swimsuit industry. It wasn't a passing fancy.

I can be reached at [allan.kaufman0125@gmail.com](mailto:allan.kaufman0125@gmail.com) or 732 690-2145. Any comments are welcome.. And yes, that is my wife in the two-piece black bikini in the picture above.



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Rapids

*(Continued from page 13)*  
difficult and I managed to paddle the canoe through into calm water. Hoping to sound encouraging, I asked my bowman partner to try a little harder and “wasn’t that fun”? He promised to do better as we laughed at those who didn’t make it dry. When we entered the next set of rapids, he again froze, paddle poised over the water, a silent statue. I maneuvered through the waves, careening off rocks, canoe barely remaining upright. Exasperated, I congratulated the statue in the bow of our canoe on almost doing his part and wasn’t canoeing fun? “Yes, Yes,” he said.

If only my partner could find some courage? The river map indicated the longest and most difficult set of rapids was ahead. I had visions of being carried downstream by churning whitewater with a paddle in my teeth. Ahead was the whitewater, almost a mile of rapids with rocks and three-foot waves. Answering prayers, my bowman continued to paddle. He even shouted out which way to turn and avoid danger. He yelled “go left” and pointed to the right. He yelled “go right” and pointed to the left. Desperate, I paddled as water blurred my vision, screaming. We glided into our group of canoes at the end of a whitewater challenge.

This is tough - part five

By Tom McMahon  
*(aka J.T. Brian)*  
I have heard from no fewer than two people about my scintillating article last month replete with the in-depth interview I conducted. If you missed it, check out page 9 of the June edition. The interview was short, but it uncovered something about the author J. T. Brian. I feel it turns out he is not a good interviewee, but is very honest about everything he cares to discuss.

The article was picked up and read by the co-author of the unpublished novel, Mr. D. F. Miller. Miller wasted no time ripping Brian apart, as he quite candidly suggested that Mr. Brian end his malaise and come up with some novel ideas for a change. The diatribe cut deeply into Brian’s psyche.

However, Part Five was born from it all. Yes, fans, I will share with you the newest approach to getting this soon-to-be best-selling novel published.

D. F. Miller suggested that we timeline the novel to follow chronologically all the action, so no one reading would be lost in the multi-faceted story of murder, conspiracy and adult stuff like that. I have to admit that for a while there even I was lost, and I wrote the damn thing!

Please, if you run into Miller (he’s over six feet tall, weighing above 200 pounds, with one eye in the middle of his forehead -- you can’t miss him), please tell him you don’t know J. T. Brian or Tom McMahon, and you have never lived on Hamilton Avenue, although you may have made a bid on one of the houses there but lost out at the last moment.

My co-author will murmur a couple of epithets, and counter with hallow threats, but he is harmless as he is still serving probation after getting out (oops, sorry, I promised Miller I would never ever divulge anything involved with that nasty piece of business several years ago). Yes, Dave was caught red-handed (no seriously, he had just polished off some pistachio nuts and got red on his fingers shelling them), and the judge was not happy with him.

So, I think by the next issue I would have tried this newest idea. There are two reasons for me to now expedite my activity in this regard. First and foremost, Dave Miller scares the poop out of me! Secondly, I would like to actually publish this book to silence all of the critics from the past who have blasted us for not successfully publishing this wonderful book.

If you care to know, the number of critics from the past are two in number, and I strongly believe they are the same people who I heard from after they read last month’s article (see above, first sentence).

This will happen, fans. By a letter to the editor, please let Joe know that you are on the edge of your seat anticipating the conclusion of this story -- eventually. You can also let him know you fear Miller as well. Dave won’t mind as he’s too busy being ticked off at me.

CULINARY CORNER

By Sidna Mitchell

It’s always party time

Admittedly, I enjoy entertaining. For years, my late husband George and I hosted an annual Derby Party here in Rossmoor on the first Saturday in May. Later, after Ken and I started going together we continued that custom, sometimes hosting as many as 30 people in my home.

Down in Florida, Ken and I organized a St. Patrick’s Party, sometimes crowding as many as 25 in our small house. I made placemats, noting “Today Everyone is Irish” along with two that read, “He’s Really Irish” for our New Hampshire friend, Jim McLaughlin, and our Ireland friend, Colin Irwin.

Unfortunately, the COVID pandemic put an end to those big parties but I still invite a few friends over for drinks and dinner. A Christmas morning brunch has become a new tradition for

four Florida croquet friends as well as a game night for three friends.

Back home, I will sometimes become more creative and decorate my dinner table according to the holiday, i.e., red, white and blue for Memorial Day and the Fourth of July, along with appropriate place cards. Thank goodness for some of the dinners, our friends will offer to contribute something to the meal. Vodka for the martinis is always appreciated. However, for Memorial Day, I assigned food – chips and dip, coleslaw, potato salad and baked beans – while Ken and I supplied drinks, other appetizers, hamburgers, buns, condiments, coffee and a resurrection cake for dessert.

Two of the appetizers I provided were an artichoke dip and cheesy pita chips. Both were simple to make. Here’s the recipe for the pita chips.

Cheesy Pita Chips

- 4 (six-inch) whole wheat pita rounds
- 4 teaspoons olive oil
- ¼ cup grated Parmesan cheese
- ¼ teaspoon garlic powder

Preheat oven to 400 degrees.  
Split pita rounds in half horizontally.  
Brush rough side of each pita round with a half teaspoon olive oil.  
Cut each round into eight wedges.  
Arrange in single layers on baking sheets.  
In a small bowl, combine Parmesan cheese, oregano, garlic powder, salt and pepper.  
Sprinkle cheese mixture over the pita wedges.  
Bake for 10 minutes or until golden brown, rotating pans halfway through.

NOTE: The original recipe called for Manchego cheese that I didn’t have so I substituted Parmesan. I only baked two pita rounds the first day and the other two rounds on another day with the remaining cheese mixture that I had refrigerated. Also, I simply baked the pita halves, cutting them into wedges after they were done. However, the cutting is easier before the baking.

Culinary Corner

- ½ teaspoon dried oregano or Italian seasoning
- ¼ teaspoon salt
- 1/8 teaspoon ground pepper

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NEW NEIGHBORS

By Christina Smith  
Resident Services Manager

Myugyul and Sonsil Sung, 248A Mystic Lane, formerly of Ridgefield, N.J.

Maria Zapata, 568B Thornton Lane, formerly of Marlboro, N.J.

Lucymila Nole, 418C Onset Lane, formerly of East Brunswick, N.J.

Jean Zimmerman, 446A Roxbury Lane, formerly of New Brunswick, N.J.

Didacus and Glory Nwosu, 549A Sheldon Way, formerly of Orange, N.J.

Eileen Klein, 493C Somerset Lane, formerly of Old Bridge, N.J.

Ann Krynicky, 355A Old Nassau Road, formerly of Jersey City, N.J.

Garry and Margarita Lehrer, 641A Yorkshire Lane, formerly of Spotswood, N.J.

Robert Pecs, 474B Revere Way, formerly of Skillman, N.J.

Kathleen VandeRee 18C Rossmoor Drive, formerly of Jersey City, N.J.

Jhung Jong and Insuk Lee, 412A Oxford Lane, formerly of Cliffside Park, N.J.

Tariq Kahn and Elvina Gago, 511A Sutton Way, formerly of Brooklyn, N.Y.

Ernst and Kathleen Gabor, 352N Old Nassau Road, formerly of Pine Brook, N.Y.

Kalyan and Jaba Das, 333C Newport Way, formerly

of Roxbury, Mass.

Dimpna Vergara and Peter Lally, 14-O Sussex Way, formerly of Somerset, N.J.

Jadwiga and Miroalaw, 256N Old Nassau Road, formerly of East Brunswick, N.J.

Eileen Hagerty, 220N Manchester Lane, formerly of Milltown, N.J.

Uday and Sangeeta Varma, 142A Putney Lane, formerly of Old Bridge, N.J.

Ray and Teresita Gansico, 311B Sharon Way, formerly of Staten Island, N.Y.

Jean Field, 649B Yale Way, formerly of Kendall Park, N.J.

Maria Lamattina, 400-O Oxford Lane, formerly of Princeton, N.J.

Melody Hurd, 440A Newport Way, formerly of East Brunswick, N.J.

John and Serafina Spiletto, 402B Oxford Lane, formerly of Parlin, N.J.

Indu Madra, 144A Providence Way, formerly of Millstone, N.J.

## Clubs and Organizations



Para mutual team

## Italian American Club

By Tony Cardello

We hope that all the fathers and grandfathers in the club had a great Father's Day.

The officers of the club extend their wishes to all the members and their families for a safe, healthy and Happy Fourth of July.

The next membership meeting will be held on Wednesday, July 20 at 7:30 p.m. in the ballroom.

Bingo will be played on Friday July 29 at 6:30 p.m. also in the ballroom.



Maureen Roaldson and Fran Gatti roll the dice.



At the Korean American Group meeting

## Korean-American Group

By Youngae Lee

The Korean-American Group had our monthly meeting on May 16. Despite

the threat of stormy weather, the day remained beautifully sunny and breezy. It was perfect for the BBQ party outside.

Twenty members arrived

with their very own delicious food, gathering together to share some laughs in the warm sun. President Youngae Lee is fourth from the right in the second row.

## Chorus honors Meryll Hansen, celebrates busy year despite COVID

By Alyce Owens

Despite the limitations imposed by fluctuating COVID numbers during this past year, the Rossmoor Chorus has continued to meet for rehearsals and bring joy to many with their music, albeit often fully masked and socially distanced. At Christmas they presented a holiday concert in the Meeting House for Rossmoor residents, brought cheer to many of our shut-ins by caroling outside their homes, and also sang for the folks at Monroe Village in Monroe.

What a thrill it was for chorus members and congregation alike when they were able to resume their schedule of singing on the third Sunday of every month at Community Church services in the Meeting House this spring. And finally, for the Rossmoor Interfaith Council National Day of Prayer service as well as for Memorial Day, when our veterans were

honored with appropriate and heartfelt music. This all happened only because of the dedication and persistence of a group of talented people who take very seriously their commitment of spreading joy and love.

On June 22 in the Gallery of the Clubhouse, the members of the Chorus gathered at a dinner party to celebrate the end of a most unusual season where it has become a tradition to honor one of its own. The unsuspecting recipient of this year's award was Meryll Hansen, in recognition of her dedication and many years of faithful service to the group.

In researching the background of this year's recipient, it seems particularly appropriate to quote the old adage "The apple doesn't fall far from the tree." This is typically said of children who show qualities of talent that are similar to those of their parents. It was first used in

the U.S. by Ralph Waldo Emerson in 1839, and is definitely appropriate when describing Meryll Hansen.

To our knowledge, Meryll is the first-ever "second generation" Chorus member, following in the footsteps of her mother, Gloria, whose lengthy membership began in 1988 when the group sang under the direction of Carlette Winslow, and continued under four subsequent directors: Martha Fletcher, James McKeever, Ruthann Harris and Gloria Montlack. It's no small coincidence that Meryll's mother, Gloria Hansen, also received this same honor and was recognized in the Rossmoor News in 2013 for her 25 years of faithful service both as a valuable soprano and a dedicated treasurer of the Rossmoor Chorus.

Daughter Meryll has been a member of the Chorus since moving to Rossmoor in

(Continued on page 16)

## The Players

By Sue Archambault

Finally! Our "This & That (Part Deux)," postponed from April, will take place Thursday, July 14, and Friday, July 15. This show includes music, both vocal and instrumental, skits, jokes, dances, and original poems. The cost of the show will be \$5 per person, which will be collected at the door. There will not be advanced ticket sales for these performances.

After this, our next presentation will be in September when we will perform our original musical comedy by Jim Wilson titled "What's Next." This show is a sequel to "What's Up," performed by the Players the last time we were able to present a play (2019). Just a heads up; we will be showing a DVD of "What's Up" at our



Players' general meeting on Monday, Aug. 22, in the Gallery at 7 p.m. All are welcome. This will give everyone an opportunity to see this first play and be prepared for the sequel.

The Players' last monthly meeting took place on Monday, May 23. We watched a DVD of "Between Engagements," an original musical comedy by the talented team of Bob Huber and Bill Strecker, which the Players performed in 2017.

There will be no general Players' meeting in July as we have a performance scheduled in July.

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Manager, NJ Lic. No. 4455

## Rossmoor News seeks photographs

### We need pictures.

Please send us pictures you've taken of any Rossmoor event or personality. We're also happy to print your lovely landscape, your new puppy, your graduating grandchild, a spectacular sunrise, a recent snowfall.

Send them to [news@rcainj.com](mailto:news@rcainj.com) and include your name, telephone number, and a title for the picture. We'll give you credit for it.

# Time to say good-by

By Diane England

In the beginning, the Women’s Guild was solely a program of the Rossmoor Community Church. It began shortly after the church was founded. At that time, the men provided the leadership, but there were other things that needed to be done to have a functioning church. It seems the Women’s Guild was expected to make these things happen.

In time, the Church Council and the Deacons assumed many of these roles or duties. The Women’s Guild could morph into something else — and it ultimately did. By the time I became the president in 2016, it was open to all women at Rossmoor. For that matter, we even occasionally invited the men to join us for a program we thought they might enjoy. Some even took advantage of this opportunity.

I was still president at the time we shut down for COVID in March, 2020. As I believe I have told many of you before, largely the same group of women served on the board during my presidency. Furthermore, we were prepared to come back for a fifth year when the shutdown occurred.

I think the pandemic changed things for many people. I know it did for me. Running the Women’s Guild had been rewarding, but it had also been something that consumed more time than many people probably would imagine. Furthermore, I never had a break from it. True, there were no meetings in July or August, but that’s when we did the program planning for the following year.

During the course of the pandemic, I decided that there are other endeavors to pursue that will take a great deal of focus and time, so I made the decision not to return as president for another year. Sadly, there was no one who stepped forth and said they’d take on this role. As a result, in consultation with church leadership as well as E&R, the decision was made to permanently disband the Women’s Guild.

It is hard to pull the plug on something that had been around for so long and been well received. At least we’re ending things on a high note. We grew the membership from about 80 women to 145. There was good support for our meetings, our luncheons, and for the bazaar—which

Paulette Mascia had already managed for a decade; I believe it was, before I became president.

With regard to the bazaar, in those four years, so many of you stepped forward to volunteer and did such a great job that it seemed each year, we were told the bazaar had been better than the last. People would comment on the quality of the things people donated, how well organized the rooms were, and what delightful volunteers you were. Your fellow residents who were customers knew that you were enjoying what you were doing.

I know many of you truly enjoyed working this event. Most of you would sign up to work the two days of intake and set-up as well as the day of the bazaar itself. But then, it became a great way to meet like-minded people, didn’t it? You could also feel good about being a part of something worthwhile.

The good news is, you will still have this kind of opportunity this fall. You may have noticed that in an email Tom Curry sent in June titled “Rossmoor Clubhouse News,” there was a flyer about upcoming events. You were asked to save Nov. 5 for “Rossmoor’s Charity Exchange.” It was pointed out

that this was formerly known as the Women’s Guild Bazaar. Paulette Mascia really did not want to see this event go away, and so she’ll be working with Melissa to make this happen. Not surprisingly, they will need some great volunteers.

Now I want to thank all of

you who were members throughout my four years as president. And please join me in thanking the board for a job well done. Also, I want to remember former board members I worked with who have passed away including Lana Ottinger, Helen Dews, and Linda Klink.



## Did you miss another good one?

By Carol De Haan

If you stayed home to watch TV on Friday evening, June 3, then YES, you missed a good one. The lucky ones among us were at the Meeting House for a glorious bit of chamber music by The Frisson Ensemble, sponsored by the Rossmoor Music Association.

The word “frisson” suggests a thrill, a quiver of delight. Yup, that’s what we felt.

The members of the group played selections from Rossini, Mozart, Gershwin, and Piazzolla using several string instruments, an oboe, and a clarinet, which created a surprisingly lively sound and tempo. The talented musi-

cians clearly enjoyed themselves as they played classical selections. It was a pleasure to watch them.

But the biggest impact of the music seemed to have been its vibrations. In a venue as small as our Meeting House (small compared with Carnegie Hall or Lincoln Center), the music can be as much *felt* as heard. The audience can enter into the music through its vibrations. Listening to a recording will never pull you in as deeply as that.

So, pay attention to the Rossmoor Music Association and its future offerings. Treat yourself to a new, vibrant experience. You’ll be glad you did.

## Chorus

(Continued from page 15)

2009. Although she cannot claim longevity in the Chorus equal to her mother’s, Meryll possesses an abundance of musical talent and experience. She can sight-read music and is blessed with a wide vocal range which enables her to sing either soprano or alto parts – a rare talent much appreciated by Director Janet Wilson, who happens to be the only other second generation member of the Chorus. Janet is the daughter of Eileen and Al Parker who also were honored for their service to the Chorus in a Rossmoor News article in 2017. In addition to her musical contributions, Meryll has served for the past years as secretary for the Chorus.

Born in 1945, Meryll was raised in Hasbrouck Heights, N.J., where all four of her grandparents settled upon coming to the U.S. from Norway, a heritage of which she is very proud. At the age of 7 she joined the Methodist Church children’s choir, and has been singing ever since. She particularly enjoyed singing with the amazing Bryn Mawr Presbyterian Church Adult Choir while living in Pennsylvania.

After graduating with honors in English from Albion College in Albion, Mich., Meryll married and moved with her new husband to Hawaii where he was studying marine biology. After two years, the couple returned home, settled in the Philadelphia area, raised two children, Matthew and Ellen. Meryll taught in an elementary school.

Later, the business world beckoned, and Meryll took a job as an advertising copywriter for TV Guide in Radnor, Pa., then became Marketing Communications Manager for two electronics companies. While living in Wayne, Pa., she served as president (for 2 years) and secretary (4 years) of the Le Forge Condominium Board. In addition to her role in the Chorus, Meryll is an active member of the Rossmoor Community Church and currently serves as the chairperson of the Communion Preparation Committee.

A year after moving to Rossmoor, Meryll had the exciting experience of winning \$50,000 on the popular TV game show, “Who Wants to be a Millionaire?” with Meredith Vieira. That same year she began working as an educational media assistant in the Princeton High School library where she has loved the job and the kids, but now is looking forward to her well-earned retirement, recently celebrated in June.

Upon her retirement, Meryll hopes to spend more time with her daughter’s family in Pennsylvania, especially grandsons Ryan, 13, and Tyler, 10, and with her son, Matthew who speaks Arabic and lives in Bethesda, Md., where he is a linguist doing “undisclosed” work for the U.S. Army. Meryll says of her involvement with the Rossmoor Chorus, “Other than family and school, my relationships since moving to Rossmoor have largely been Chorus-related, and I am so grateful for my connections and friendships with our loving, dedicated and talented group. Every one of them is a delight!”

## July Dance Club BBQ & Dance Party



By Judy Perkus

Come to the Ballroom on Saturday, July 30, at 6:30 p.m. for the Dance Club’s BBQ and Dance Party. DJ Erich will provide the music.

In addition to BBQ foods including chicken, hot dogs, burgers, corn on the cob, salads, and watermelon, dessert, soda, coffee and tea will be served. All Rossmoorites, singles as well as couples, are welcome.

Please send your reservation check made out to the Rossmoor Dance Club (\$22 a person for paid-up members; \$24 a person for non-members) to Armen DeVivo at 449B Roxbury Lane by July 20.

Annual Membership is \$7.50 per person, \$15 per couple. Call Armen at 609-655-2175 for more information.

SAVE THE DATE: Saturday, Sept. 24, is the date of our 38<sup>th</sup> Anniversary Dinner Dance. More details to follow.



Grays at the hop on May 22



Danaheys at the hop

## Rossmoor Dance Club July 30 BBQ/ Dance RESERVATION DEADLINE: July 20

Name: \_\_\_\_\_

Phone # \_\_\_\_\_

Address: \_\_\_\_\_

### PAID-UP Member(s):

\$22 per member \$ \_\_\_\_\_  
\$24 per non-member \$ \_\_\_\_\_

### 2022 MEMBERSHIP DUES:

\$7.50 PER PERSON, \$15 PER COUPLE \$ \_\_\_\_\_  
TOTAL: \$ \_\_\_\_\_

Please send check made out to the Rossmoor Dance Club to:  
Armen DeVivo at 449B Roxbury Lane. 609-655-2175  
or leave in an envelope in the Dance Club folder  
in the Administration Office

## WARNING:

Have you received a call from Social Security or the IRS stating that your number is being used illegally? Hang up immediately. Do not talk to the creep making the call because it is phony and another way to scam you out of your ID information.

# Religious Organizations



The Interfaith Memorial team, in front, from left, are Norman Perkus and Marie Bills. Standing behind them are Susan Archambault, Allan Kaufman, guest speaker Dave Mollen, Maureen Roaldsen, and Lucille Conti.

## The Interfaith Memorial Day Service

By Allan Kaufman

The solemn Rossmoor Community Interfaith Memorial Day Service took place on May 26. This service remembered and honored those that fought for this country and made the ultimate sacrifice. From the Revolutionary War continuing through the War on Terrorism, approximately 1.3 million servicemen and women have made that sacrifice.

Under the supervision of the Interfaith Officers, President Lucille Conti, Secretary Marie Bills and Treasurer Sue Archambault, the 90-minute service featured the presentation of Colors, with Joe Conti, Ron Roaldsen, Dennis O'Malley and Sam Renda as flag bearers, followed by the recognition of the Rossmoor Veterans, by Dan McOlvin, the founder of the Rossmoor Vets.

Janet Wilson, who was superb as the director of the chorus, led the chorus as they performed an Armed Forces medley of songs and then led those in attendance in stirring renditions of Amer-



Members of Rossmoor Veterans Group Tom Croake and Dennie O'Malley present the wreath at the Interfaith Memorial Day Service.

ica the Beautiful and God Bless America.

After the guest speaker, Dave Mollen, finished his talk, the most somber moment came with the taped recitation of Robert Brix's poem and Jerome Sachs playing Taps on his bugle.

The Interfaith Council's purpose is to promote respect among the faiths represented in our community, to

foster interaction and promote dialogue among neighbors, and also to enhance understanding of each other's religious rituals, customs and beliefs through joint activities.

I can be reached at allan.kaufman0125@gmail.com or 732 690-2145. Your comments are most welcome. I am the newest member of the Interfaith Council.



Over the course of six sessions, congregants received lessons on how to read Hebrew. Pictured here are, from left, Judy Perkus, Esther Rounder, instructor Larry Epstein, and Lynn Wall.

## Learning to read Hebrew

By Allan Kaufman

Over the course of six sessions, congregants (from left to right), Judy Perkus, Esther Rounder and Lynn Wall, were given lessons on how

to read Hebrew. Their instructor was RJC member, Larry Epstein. In appreciation for Larry's efforts, Judy, Esther and Lyn sponsored the Oneg Shabbat, in Larry's name, at a Friday evening service.

## Jewish Congregation

2 Rossmoor Drive  
Monroe Township, N.J. 08831



### July Services:

- Friday, July 8 Sabbath Services 7:15 p.m. Meeting House
- Friday, July 22 Sabbath Services 7:15 p.m. Meeting House

### Torah Study:

- Saturday, July 9 – 10 a.m.
- Saturday, July 23 – 10 a.m.

Torah Studies will be held in the Dogwood Room in the Clubhouse.

We respectfully request that only those who are fully vaccinated, with at least two shots, attend in-person services and activities. Any questions should be directed to President Cindy Sigl at 908 962-2754.

## Catholic Society

By Lucille V. Conti

The Catholic Society is planning to show "Father Stu," starring Mark Walberg and Mel Gibson, which is a true story about a man whose life had a rough beginning, but God called him to become a Catholic Priest. This film has most recently been shown in local theatres and we have it available for you here at Rossmoor on Tuesday, July, 12 at 1:30 p.m. in the Ballroom. Everyone is invited. Refreshments will be served.

Our next Council Meeting will be held on Tuesday, Aug. 8, at 1:30 p.m., in the Gallery when we will be planning Holy Mass to celebrate the Feast of Our Lady of Knock, which is on Aug. 21.

The August Mass will be celebrated on Thursday, Aug. 18, at 1:30 p.m., in the Meeting House and the Irish Ladies will be in charge. You all know what that means!

Until then pray for peace, stay healthy, and enjoy God's blessings.

## League of Women Voters offers program on July 25: Senior developments in Monroe Township

By Linda Bozowski,

On Monday, July 25, the League of Women Voters of Monroe Township will offer a program at 7 p.m. at the Monroe Township Library. The topic of this presentation is continued development of senior communities in Monroe Township. Cindy Gaudio, a longtime Monroe resident and realtor, will speak about the variety of offerings in the Township.

Beginning with the initial construction of Rossmoor in 1965 to the current continuing construction within The Gables and Venue, Monroe has more than 12,000 residences in Senior Planned Unit Developments (PUDs). While Monroe continues to

expand its population, senior-restricted housing has contributed greatly to the Township's growth.

Please join in this informative session. Membership in the League is not a requirement. The presentation is open to the public at no cost.

## Friendly reminder

- Pets must be leashed at all times
- Pets must be kept within 3 feet from any walk or curb
- Pet Owners must clean up after their pets



After a round, golfers lounge under the new portico.

# HEALTH CARE CENTER NEWS

By Kaytie Olshefski RNC, BS

## COVID-19 Rapid Tests and PCR Tests

The at-home COVID-19 self-test kits are more readily available with more and more people testing themselves on their own. There are two common types of COVID-19 tests to detect active COVID-19 infections: a rapid COVID-19 test and a polymerase chain reaction (PCR) COVID-19 test. The differences between the two are accuracy, timing, and results.

The rapid COVID-19 self-test kit is an antigen test that is performed at home with the results obtained in 15 minutes. This test detects an antigen (protein fragment) specifically for the COVID-19 virus.

PCR is considered the gold standard of COVID-19 testing. PCR testing identifies genetic material (RNA a molecular component) of the virus. A PCR test can detect if a person is actively positive for COVID-19 and detects the RNA after an acute illness. This test is performed by a healthcare professional. The specimen is sent to a laboratory to be analyzed and results are usually available within 24 to 48 hours.

The rapid COVID-19 tests have a 50 percent chance of showing a false negative result. What this means is that a person may have COVID-19, but the rapid test does not detect the antigen. On the other hand, if the results of the rapid test

come back positive for COVID-19, it is more likely the results are accurate as the virus is at its highest level when the home test kit has detected the antigen. If the test kit results are negative and the person is experiencing symptoms, then they need be tested with a PCR test right away.

Symptoms of COVID-19 vary from person to person. Some people experience no symptoms while other people may have a fever, sore throat, cough, body aches, extreme fatigue, loss of taste and/or smell, and shortness of breath.

It is recommended a person should take a rapid COVID-19 test three to five days after being exposed unless the person is experiencing symptoms; in this case, a COVID-19 test should be performed as soon as symptoms appear. A COVID-19 test should be done if a person has been exposed to a high-risk area where people have come down with the COVID virus. They should also be tested if they are planning to undergo a medical procedure or going to an indoor gathering if the other people attending are unvaccinated or not boosted. People who may be immunocompromised should also be tested for COVID-19.

If traveling especially internationally, a person must follow that country's guide-

lines as to when they require a COVID-19 test.

The directions for doing a rapid iHealth and BinaxNow COVID-19 home test are included in each box of the test kits. Follow the instructions of how to swab each nostril with the small, petite cotton swab that is included in the kits. Continue to follow the instruction and the last step is to set a timer for 15 minutes to obtain the results. A purple/pink line will appear under the control (C) line and if no line appears under the Test (T)/Sample line, the results are read as negative. Results are considered positive if a purple/pink line appears under the "T"/Sample line so that now there are two purple/pink lines showing in the iHealth cassette window, and on the BinaxNow the lines are on the front of the test card.

If the rapid home COVID-19 test results come back positive, the results do not need to be reported to the Health Department. PCR test results are reportable to the Health Department as the PCR test is performed by a healthcare professional. If the test is done online, the testing will be supervised by a healthcare professional who watches it being done. Positive results are reported from healthcare facilities, nursing homes, and schools.

If you test positive for COVID-19, call your physician to make him or her

aware and advise of any symptoms you are experiencing. There is Paxlovid, an oral antiviral prescription medication, available for the treatment of COVID-19. Paxlovid was granted emergency use authorization by the Food and Drug Administration. The oral medication is taken for five days. The clinical trials have shown this drug helps prevent people from developing severe illness and reduces hospital admissions. Not everyone is eligible to take this medication. There are side effects and Paxlovid interferes with certain other medications. Studies have shown some people develop a rebound effect from Paxlovid. A rebound effect occurs after completing the five-day course and symptoms reoccur four to five days afterwards.

If you have tested positive for COVID-19 or have mild symptoms and/or are waiting for test results, the most important thing for you to do is to stay home and inform people you had been with that you are waiting for COVID-19 test results or have tested positive. Avoid traveling for 10 days. The Centers for Disease Control and Prevention (CDC) guidelines are to stay home for at least five days to protect family members and friends from getting COVID-19 and until you are no longer experiencing symptoms. If there are other members living in the household, wear a mask and if possible, stay in a separate bedroom and use a separate bathroom.

To calculate the time frame of when you can stop

isolating, day zero is considered the day you were tested or when you were exhibiting symptoms. The next day is day one and then count up to day five. On day six, do a self-check and see how you are feeling. Are you still experiencing symptoms? If you are feeling better, as per CDC guidelines, wear a mask when around people including at home and when out in public for the next five days. If you are not feeling better, continue to stay home. Once you feel better, stay home for another 24 hours after symptoms and/or your fever subsides. Wear a mask for 10 days when around people.

Rapid COVID-19 test kits can be found in pharmacies, supermarkets and retailers such as Walmart and Target. These retailers may also sell the test kit online. PCR tests are only available in medical facilities such as at walk-in clinics, certain pharmacies and hospitals. The home COVID-19 kits can sell for \$15 to \$30 a kit.

Medicare, Medicare Advantage plans and most commercial insurance companies will pay for up to eight over-the-counter COVID-19 test kits each calendar month. Call your insurance company and ask about being reimbursed for the kits or ask if the insurance company has a contract with certain facilities to get a kit without filing a claim. If you do buy a COVID-19 test kit, save the receipt as proof and as it may be needed to submit to your insurance company.

At the health fair we gave out iHealth COVID-19 home test kits to everyone who attended. If you would like to have a rapid iHealth COVID-19 test kit, please stop by the Healthcare Center to pick one up.

Saint Peter's Community Health Services will provide monthly COVID-19 vaccines to the community residents. As soon as more information is available, we will share it via news articles and post it in the Clubhouse and Healthcare Center.

We are presently working on our flu vaccine clinic, and we have our dates. Both flu vaccine clinics will be in the Ballroom. The flu clinics are scheduled for Tuesday, Sept. 20, from 10 a.m. to 2 p.m., and Thursday, Oct. 13, 2 p.m. to 5 p.m. More information will follow as to how and where to make an appointment for the flu shot.

# ROSSMOOR COMMUNITY ASSOCIATION

## RULES, REGULATIONS, GUIDELINES & POOL HOURS

Open daily, 9:30 a.m. – 7:30 p.m.

**NO LIFEGUARD ON DUTY - RESIDENTS ONLY - NO GUESTS ARE PERMITTED- NO SWIMMING ALONE**

Failure to comply with these guidelines will result in pool privileges being revoked and/or a fine to residents.

### 1. Health and Safety Guidelines:

- a. As per New Jersey State Bathing Code: persons showing evidence of communicable infection, sore or inflamed eyes, cold, nasal or ear discharges, or excessive sunburn will not be permitted in the pool area. Persons with open sores, blisters, cuts and/or bandages will not be permitted in the pool.
- b. Showering is required prior to entering the pool
- c. Persons recovering from diarrhea or symptoms of gastrointestinal disease are encouraged to wait seven days before using the pool
- d. Persons suspected of being under the influence of drugs or alcohol shall be prohibited from entering the pool area
- e. Non-slip footwear **MUST** be worn in the Pool Area Bathroom
- f. Management reserves the right to close the pool at any time

### 2. Pool Passes:

- a. Upon entering the pool area, all residents must present their Rossmoor photo ID with 2022 sticker. Rossmoor photo IDs are non-transferable and expire annually.
- b. A \$10 replacement fee will be charged for lost ID cards.

### 3. Food and Beverages:

- a. Food and beverages are permitted within the designated "Picnic Area" only.
- b. All beverages and food must be in non-breakable containers.
- c. Glass containers and alcoholic beverages are prohibited.
- d. Water in plastic bottles may be consumed on the pool deck, surrounding the pool.
- e. All resident & guest's food/beverage debris must be removed and disposed of in appropriate trash/recyclable collection containers.

### 4. Seating:

- a. Pool furniture is available on a first-come basis
- b. Personal furniture is **NOT** permitted in the pool area
- c. Beach towels should be used to cover and protect pool chairs when using sun tan oil/lotions

### 5. General Rules:

- a. No animals, except service animals, shall be allowed within the pool area
- b. Radios or other music media are not permitted in the pool area, except those equipped with earphones
- c. Smoking of any kind, including e-cigarettes, is **NOT** permitted in the pool area
- d. No sitting on the entrance steps or ladders
- e. Neither diving, running, continual jumping nor "horseplay" is permitted

### 6. Noodles, Fins, Pool Toys, etc.:

- a. Pool toys—inflatable, plastic, foam, or any other material—and swimming devices such as, but not limited to, swimmees, inner tubes, fins, etc., are **NOT** permitted in the pool, except for Aqua Aerobic classes. Only US Coast Guard-approved life jackets may be used in the pool as flotation devices. Rossmoor residents may use "Noodles" in the shallow end of the swimming pool (as exercise/therapy tools but **NOT** as flotation devices) except during special events.

### 7. Rules Not Followed:

- a. Warning and fine of \$100
- b. Second Infraction \$200 fine
- c. Third Infraction – Pool privileges will be revoked for season and a \$300 fine.

## Our Website

Go to [rcainj.com](http://rcainj.com) to access the Rossmoor website.

The Amenities page features the ability to access Channel 26 slides anytime. Check it out.

## Farmers Market will open at the Public Library

The Monroe Township farmers market is set to open its 2022 season on Thursday, June 30, and will continue weekly through Thursday, Sept. 15. The market, which takes place in the parking lot of the Public Library, will operate on Thursdays from 2 p.m. until 7 p.m. The Library is located at 4 Municipal Plaza, Monroe Township.

The market will be held rain or shine. If the market is canceled or delayed, that will be posted on the Library's social media accounts and website at [www.monroetwplibrary.org/market](http://www.monroetwplibrary.org/market).

Farmers markets continue to rise in popularity, mostly due to the public's growing interest in obtaining fresh products directly from the farm.

"The weekly farmer's market at the Library presents another great opportunity for residents and neighbors to come out and see one another while shopping for a few goodies," said Mayor Stephen Dalina. "We are excited that the farmer's market will offer healthy food options and other items for purchase. I hope to see everyone there!"

Every week there will be approximately 20 vendors.

Buon Antipasto (Italian specialty foods: dried sausage, stuffed breads, cheese); Catalina Empanadas (baked empanadas and salsa); Jersey Pickles (pickles and olives); Krakus Deli (pierogi); Mind the Gap Coffee (coldbrew coffee & iced tea); Neshanic Valley Beekeepers (honey & maple syrup); Paolo's Kitchen (eggplant rollatini, tortellini bolognese, baked ziti, penne vodka, cavatelli & broccoli, cheese ravioli, stuffed shells); Pies & Quiches (pies, quiches, strudel, scones & crumb cake); Popcorn for the People (prepackaged popcorn); River Lea House (garlic, spices, pickled vegetables, tonics, hummus, pesto, butters, sauces, mushrooms, vegetables); SpiceBush Farm (specialty vegetables, greens, fruits and plants); Springhouse Farms (locally grown produce); Tea-For-All; Three B's Soap (handmade soaps, lotions, soy candles, bath bombs, bath salts); and TLC Celebration Creation.

The Friends of the Library will hold a mini book sale in the library parking lot every week. Proceeds of the book sales benefit the Friends of the Library.

The Monroe Township Food Pantry will collect donations of non-perishable food each week during the farmers market. Donations will be distributed through the Senior Center to Township residents in need.

Sign up for an newsletter or text alerts specific to the farmer's market on the Library website at [www.monroetwplibrary.org/market](http://www.monroetwplibrary.org/market).

## CLASSIFIED AD COUPON

Classified deadline: Ads must be received by the 14th of the month preceding publication month.

**MAIL TO** Princeton Editorial Services, Inc.  
P.O. Box 70, Millstone Twp., NJ 08510

### RATES FOR ONE PUBLICATION

\$14 for 10 words, 50 cents each additional word

**Multiple:** 10 words in two publications = \$14 x 2 = \$28.00

10 words in three publications = \$14 x 3 = \$42.00, etc.

Check those publications that apply:

- ☐ The Clearbrook Courier ☐ The Concordian  
☐ Encore Speaks ☐ GW Voice ☐ Regency Reporter  
☐ Renaissance Reflections ☐ The Rossmoor News  
☐ Check here for all seven publications

No discounts apply. All ads must be mailed with payment.

No classifieds accepted by phone or email.

- Note: Phone numbers count as one word. Do not count punctuation. Do not abbreviate.
- State category/heading, ie., "For Rent", "For Sale", "Help Wanted." You will not be charged for the heading.
- One check or money order must accompany insert.

**MADE PAYABLE TO PRINCETON EDITORIAL SERVICES, INC.**

- Phone number or address which appears in ad must appear on check or money order to ensure proper credit.

Name \_\_\_\_\_

Tel. # \_\_\_\_\_

(Above information is for Princeton Editorial purposes only if we need to contact you. Above information will not be published.)

**PLEASE PRINT YOUR AD ON 8.5 x 11" PAPER**

Email your news to:  
**news@rcainj.com**

## Contact Waste Management

**609-587-1500**

ID# 61565342007

for pick up of household items

**NO electronics**

**NO upholstered furniture**

**NO mattresses**

## TRANSPORTATION TIDBITS

### Important phone numbers:

Rossmoor Bus..... 609-655-4401

Hours 10:00 -11:00 a.m. and 2:30 p.m.- 4:00 p.m.

Monroe Township Transportation ..... 609-443-0511

Middlesex County

Area Transportation (MCAT) ..... 1-800-221-3520

St. Peter's University Hospital

On Time Transportation ..... 1-800-858-8463

All schedules are available outside the E&R office (near the copy machine) or via the Web at [rcainj.com](http://rcainj.com) and following the links Facilities, Clubhouse and Activities, and Bus Info.

## Recycle information from Waste Management



- No caps on glass bottles/containers in the recycle bin.
- No lids on plastic bottles.
- Only #1, #2, and #5 plastic is acceptable in the recycle bin.
- Plastics numbered #3, #4, and #7, etc. must go in the household trash bin.
- Other plastic items as well as plastic bags, plastic wrap, shipping film, and Styrofoam go in the household trash bin. Please, no plastic bags in the recycling bin. You can use a plastic bag to dump your recyclables, but take the plastic bag away with you. (Recycle it at the supermarket.)
- Shredded paper cannot be recycled by Waste Management with their current equipment so put it in the household trash bin.
- Aerosol cans must be empty and punctured before being put into the recycle bin.

## Classified Advertising

### Home Improvement & Services

**T-K-S HOME IMPROVEMENTS** – Full service contractor. Kitchen, baths, basements, painting, tile and more. No job too big or small. License #13VH05970500. (609) 259-2574.

**RELIABLE HANDYMAN SERVICES** – Local resident. No job too small. All labor guaranteed. Call me to discuss – no obligation. Reasonable rates. Call (609) 409-7096 or (908) 385-5869.

**PAINT KING NJ** — Concordia Resident. Fast service. Experienced. Ceiling & Wall specialist. NJ LIC 13HV10937500. Call (609) 598-2221.

**MIKE THE HANDYMAN** – See my display ad in this edition. (732) 780-0468.

**THE PAINTER** – 30+ years experience, residential/commercial Rossmoor resident. Free estimates. References available. Call (908) 208-4062.

### Tax & Accounting Services

**YOU'VE HAD ENOUGH STRESS!** Avoid crowds. Have your accountant come to you. Reasonable rates, and the safety of in-home care. Rebecca Bergknoff, CPA. 732-718-4359.

### Help Wanted

**ACCOUNTANT—PART TIME** Seeking accountant one day per week for Accounts Payable tracking, invoice processing and time sheet submission follow-up. Send resume to Barbara Evenson, Cliecon Solutions, 1 Rossmoor Drive, Suite 180. Monroe Twp. 08831

### Miscellaneous/Services

**TECH BUDDY** – Simple step-by-step help with smart-phones, computers and tablets. Large print solutions for low tech problems. Beginner to Advanced. Patience and enthusiasm included. Wireless printers, Netflix, Amazon Alexa setup and training. Have Alexa remind you of your appointments, read audiobooks, more. \$5 off setup. Free quote. (732) 589-4974. [techbuddybarb@aol.com](mailto:techbuddybarb@aol.com)

**COMPUTERS CUSTOM BUILT & REPAIRED** - RJF Sales Company LLC.\* Time to clean your computer and get educated on protecting yourself from scams. Desktop and laptop repair in your home. I am fully vaccinated; I use a mask. Virus removal and protection. Monroe resident with over 20 years of computer experience. (732) 723-9537 or (732) 967-3400. Please leave message; most calls returned same day.

**ALTERATIONS**—Sewing needs. Call Joan. I'm back. Call or text. (732) 402-2553.

### Help & Health Services

**CERTIFIED, PROFESSIONAL Caregiver** is looking for a job. References, license. Anna (732) 715-0711.

**AT ANGEL TOUCH HOME CARE** we provide excellent care for the elderly with licensed, insured and bonded thoroughly screened aides. We are a company that cares for our patients and makes sure they are treated by the best. 24-hour care (living with resident). Elderly companionship. Call (609) 907-6059.

**ANNA'S HOME CARE** – Certified professional caregiver is looking for live-in/live-out job in Monroe Township. Experienced, references. Driver's license. Accepts long-term care insurance. Low prices. Private care option. Call Anna at (609) 917-4208 or (908) 337-7462.

### Wanted to Buy

**BUYING & SELLING GUNS** – Call for pricing. (609) 558-9509. Ask for David. Licensed Firearms Dealer.

### Transportation Services

**AAA TRANSPORTATION**—Monroe area. (Encore resident.) Transportation to airports, trains, piers, NYC, and I will drive your car to and from Florida. Reasonable rates. Call Howard (732) 979-3085.

**RELIABLE AND DEPENDABLE** Airport Rides. Please call Gregg Dreyer anytime at (908) 447-0998.

**LIMO GUY** — Our 20th year. We go almost anywhere. Upgraded SUVs. \$95 to Newark Airport. \$195 Philadelphia. \$195 JFK. We go almost anywhere. 24/7. Call (732) 803-2521.

**BOB'S RIDES FOR CASH**—Local, airports, medical appointments, hair salons, NYC., cruises. Call Bob at (609) 819-1240. Concordia resident.

### House Cleaning

**HOME CLEANOUTS AND DISPOSAL, HOUSECLEANING.** Free estimates. References available. Call Kimberly at (732) 664-6738.

### Reminder Please

Pick Up After Your Dog.



# Ranked as one of the nation's best hospitals for maternity services



## WE'RE PROUD TO BE NAMED A BEST MATERNITY HOSPITAL BY *NEWSWEEK*

Saint Peter's University Hospital has been blessed over the years to have delivered more babies than most facilities in the region, making us a premier hospital for maternity services. From a hospital-based, midwifery-led birth center to a state-designated Regional Perinatal Center with a Level IV Neonatal Intensive Care Unit for high-risk births, our experienced staff delivers exceptional care.



*That's treating you better...for life.*

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