



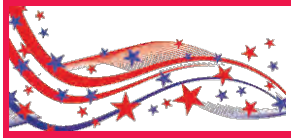
# Rossmoor News



VOLUME 57 / No. 7

Monroe Township, New Jersey

JULY 2021



## HAPPY FOURTH OF JULY!



### Rossmoor begins Phase II reopening

By Joe Conti and Carol De Haan

The Board of Governors voted unanimously to begin the Phase II reopening for many of our common areas and amenities at its June 9 meeting in the Ballroom of the Clubhouse. Many residents joined the meeting via Zoom.

These amenities have opened, or will open on these dates:

- The fitness center on June 14;
- The computer lab and card room on July 6;
- The E&R wing of the Clubhouse including the billiards room, the woodshop, the ceramics room, and the Gallery for the rug hookers on July 7;
- The Meeting House — only for religious services — on July 9; and
- The Maintenance Department for AC servicing, light plumbing, and installation of pre-ordered doors and windows on July 12.

Enjoyment of these facilities will not be the same as in pre-COVID-19 days, i.e., freely open to all residents at extended times. Rossmoor is still constrained by Federal, State, and local guidelines, which impose restrictions on the number of people at one time as well as limited hours of availability.

#### Registration

COVID-19 registration with the E&R Department is required for residents to use our facilities. Each resident must provide his or her CDC vaccination card (not a copy), an official photo ID

such as a driver's license or passport, and a signed COVID-19 Waiver of Liability and Indemnification form, which was mailed to each household.

Residents can complete this registration through July 2 by coming to the Gallery in the Clubhouse on Monday through Friday between the hours of 9 to 11 a.m., or 2 to 4 p.m. After July 2, registration must be completed at the Village Center from 8:30 to noon, or 1 to 5 p.m.

#### Failing to register

Residents who fail to register in this database will unfortunately not be admitted to Rossmoor functions. E&R will provide a staff member at each event to verify the COVID-19 registration of persons seeking admission. For those who are registered, the database will facilitate admission.

Please note that COVID-19 registration is also required for anyone who requests assistance from our Maintenance Department. Residents should call the Maintenance office directly for an appointment.

#### Phase I reopening

Phase I involved reopening of the pool and the outdoor courts, which was effective on June 14. Residents who want to make a reservation for the pool will need to download the American Pool APP on their smartphones.

Any changes to the above-mentioned terms will be announced on Channel 26.



Congratulation to our Executive officers who were reelected! From left are Gerald ("Jerry") McQuade, RCAI Treasurer; Salvatore ("Sal") Gurriero, RCAI Vice President; Daniel ("Dan") Jolly, RCAI President; and Robert ("Bob") Gleason, RCAI Secretary

### It's a grand old flag

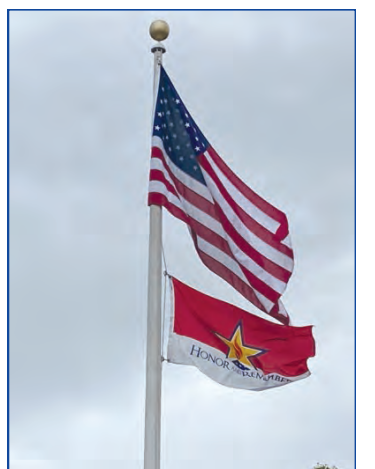
By Bob Huber

We've reached the time of year when our American flag appears to enjoy its maximum exposure. During the period between Memorial Day and the Fourth of July, Old Glory may be seen everywhere from marking the graves of our fallen servicemen and women to blanketing used car lots, where there seems to be some dubious relationship between

displaying the flag and selling automobiles.

Our flag always appears as a symbol of patriotism and solidarity during times of national crisis. Though we were embarrassed to see it displayed by those who stormed our nation's capital on Jan. 6, it is inspiring to recall that following 9/11, the Stars and Stripes sprouted from millions of homes across the

(Continued on page 3)



Our Flags

### Myths and Facts about COVID-19

By Kaytie Olshefski, BSN, RN-BC

**Myth:** The COVID-19 vaccine can give you COVID-19.

**Fact:** Pfizer, Moderna and Johnson & Johnson's Janssen vaccines are NOT made with a live virus. These vaccines cannot give you COVID-19.

**Myth:** If you have had COVID-19, you do not need the COVID-19 vaccine.

**Fact:** It is advised to get the vaccine even after having had COVID-19. There is a possibility a person may come down with COVID-19 more than once. It is not known yet how long a person's natural immunity will last and how

long someone will be protected from COVID-19 once having had the illness.

**Myth:** Once I am vaccinated, I do not need to wear a

mask anymore.

**Fact:** Research is ongoing to determine if the vaccine stops an individual from spreading the virus after being vacci-

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### Rossmoor News is now available in print issue

Starting with this July 1 issue, residents can pick up a print copy of The Rossmoor News, rather than having to read it online.

Our publisher, Princeton Editorial Services, has delivered a newspaper box that will be supplied with printed copies around the first of each month. To pick up a copy, residents should approach The Village Center and walk up the path to the exercise room. It is not necessary to enter the building; the newspaper box is under the covered porch outside the exercise room.

The Rossmoor News will continue to be available online at [rcainj.com](http://rcainj.com) as has been our custom for many years.



# at the governors' meeting

## RCAI Special Meeting

Daniel Jolly, President of RCAI, called the meeting to order at 3:00 pm on Wednesday, June 9, 2021. The Zoom meeting was open to Owners and Stockholders that wished to participate.

The Minutes of the Board of Governors meeting on May 20, 2021 were approved 18-0.

Mr. Robert Gleason, Secretary, read Resolution #21-13, Authorization to Revise Resolution #21-11 Regarding Social Distancing and Mask Wearing at the Outdoor Courts and Mask Wearing at the Pool and the motion passed 18-0.

Mr. Gleason read Resolution #21-14, Authorization to Commence with Phase Two of the Reopening Common Facilities during the COVID-19 Health Crisis and the motion passed 15-3, Mutuals 2, 7 and 10 voted no.

There was much discussion about the limited reopenings, noodle restriction at the pool, reservations for vaccinated residents, CDC, NJ DOH and Governor Murphy's EO.

There was no further business for the Board to discuss and the meeting was adjourned at 3:51 p.m.

## RCAI Monthly Meeting

The RCAI Board of Governors Zoom meeting was called to order at 9:00 a.m. on Thursday, June 17, 2021, by Mr. Daniel Jolly, President. The Zoom meeting was open to Owners and Stockholders that wished to participate.

The Minutes of the Board of Governors meeting on June 9, 2021 were approved 18-0.

Mr. Robert Gleason, Secretary, read Resolution #21-15, Authorization to Revise Resolution #21-11 Regarding Reinstating Pool Rule Number 15 of the Previous Years' Pool Rules and Regulations and the motion passed 18-0.

Mr. Gleason read Resolution #21-16, Authorization to Engage in the Services of FWH Associates for Engineering Services for Preparation of Plan for the Common Electric Vehicle Charging Station for the Clubhouse Parking Lot. After some discussion about the cost, us-

age, and need, the motion passed 16-1-1, Mutual 11 voted no and Mutual 7 abstained.

Mr. Gleason read Resolution #21-17, Authorization to Engage in the Services of FWH Associates for Engineering Services for Preparation of Electric Vehicle Charging Station Installation Guidelines. There was some further discussion about the need and the expense of an EVCS would be the residents, the motion passed 17-1, Mutual 11 voted no.

Mr. Gleason read Resolution #21-18, Authorization to Revise Resolution #21-11 Regarding the Reservation Restrictions and the Time Reservations Must be Received and the motion passed 18-0.

Ms. Balmer asked to board to make a motion to revise Resolution #21-14 and change the hours for residents to use the Billiards Room, Ceramics Room and Woodshop on Mondays, Wednesdays and Fridays commencing on July 7, 2021 from 9:00 am to 11:00 am and 2:00 pm to 4:00 pm to 9:00 am to 1:00 pm. This was requested from residents that use those rooms. The motion passed 18-0.

Mr. Jolly announced that Ms. Jane Balmer, General Manager, will be retiring in November after 19 years of service to the Community. He appointed Paul Pittari (chair), Judith Sforza, and John Craven to the Search Committee to start the interview process.

Mr. Jolly appointed Joann Casper (chair), Barbara Brumberg, and Betty Hornig to the Holiday Gift Fund Committee.

There was no further business for the Board to discuss and the meeting was adjourned at 9:44 a.m.

## Bits & Pieces

By Sue Ortiz

I've talked about my suburban backyard before. Squirrels, birds of all varieties, ants, and even neighbors have all made their way into my columns.

There are a few chipmunks that frequent my squirrel feeder. Truth be told, I don't know if these chipmunks are male or female. It's not as easy to tell the difference as it is for squirrels, if you get my drift. I just names 'em as I sees 'em.

There's Dot, so named for the speck of dark fur in the middle of her forehead, who took a while to warm up to me. She lives in my yard and she'd pop up out of her hole in my yard last year, but her egress is now under the neighbor's pavers. She scampers through and around the debris in their junk-laden yard, perches on the lowest link of my chain-link fence, and waits for me to say "come on!" Then, in three hops, she's next to me on the step. She stuffs two or three in-shell peanuts in her tiny mouth, and away she goes back to her burrow. It doesn't stop at one run, though. She'll eat me out of house and home, or at least peanuts, if I let her. A single chipmunk can gather up to 165 acorns in a day. If I let her collect that many peanuts, there'd be none left for the squirrels.

Then there's old-timer Pikachu, so named because he will *peek* out of his hole and *chew* all the peanuts. Pika-Pika is his nickname, and he usually comes when I call. He is relentless, would climb up on my lap, if I would let him, for a peanut. He, too, has a distinctive feature – a crooked face. Not deformed, though. His nose is slightly curved and looks like he sleeps too much on one side.

The pesky cat that roams the neighborhood is one of the largest cats I've ever seen. He's been known to get up on his owner's porch roof across the street and stalk the birds in the trees. I will come home and find him sitting on my porch. He will skulk on either side of my house lying in wait to prey on my little nutty buddies. I don't know he's there until he leaps into action. He sees me. I see him. We both jump. I have to physically chase him back to his own yard. But, he is so stubborn that he will just lie down in the middle of the avenue, casually lick his paws, and swish his tail. I don't want him to get hurt; I just want him to go home.

Well, one day last summer, this cat surprised all of us: me, the birds, the squirrels, and Pikachu. Pika was minding his own business and just doing what a chipmunk does: He had a mouthful of peanuts and heading for home, when this cat sprang out of nowhere. Blue jays squawked, squirrels ran up trees and started balk-

ing, Dot hightailed it to the top of a fencepost and started squeaking (a noise I'd never heard before), and poor Pika was hanging limp from the cat's mouth. Oh my gosh! I screamed bloody murder. The neighbors must have thought something terrible had happened, and it did. Pikachu was just viciously attacked.

I chased that darned cat all the way back to his home, yelling, "Let him go! Put him down!" Meanwhile the cat meandered all around his own backyard with Pika dangling from his mouth like a wet dishcloth. I was crying as the cat finally, casually walked up to his back door. From where I was standing, I saw him lower his head. He was doing what cats do: dropping his prey at the door as a gift to his owner.

I was furious with the cat and overwhelmed with grief over losing an innocent creature for no reason except survival of the fittest on my watch. I crossed the street and went to my backyard and warned my squirrels, "You must remain diligent! The enemy could be anywhere!" Yes, I actually said that. To squirrels.

Well, a few days went by. The squirrels, birds, and Dot went back to doing what they do best – begging for peanuts. The cat stayed away, avoiding the maniac across the street. Otherwise, the neighborhood was quiet.

The next night, while tossing out a few nuts, I saw cautious movement in the "lower forty." Too small for a squirrel, too fast for a walking bird. It was Pikachu! Oh, how happy I was to see that he escaped with his life. And, he didn't look any worse for wear!

It seems the little chippy had "played possum." Then, as soon as he was dropped at the doorstep, the little bugger hightailed it back home to safety. (I googled it – it's what they do!) He waited a few days before venturing out of his burrow again. He probably depleted his stash of peanuts in the interim.

I was happy, Pika was happy, the birds chirped overhead in celebration, and the squirrels bounded in delight. Everyone deserved extra nuts that day!

Learn from nature. Stay diligent. When the cat's on the prowl, lay low. And, if you get caught, play possum.

## B&P

"I don't have to take a trip around the world to have happiness. I can find it in the little things, like looking out into my backyard and seeing deer in the field." – Queen Latifah (American musician, b. 1970)

"When a lion doesn't get its prey, it remains hungry. When the prey saves himself, he has not won, but has saved his life." – Uday Kotak (Indian businessman, b. 1959)

## Open RCAI Meetings in July

Thursday, July 15  
Board of Governors Meeting....9 a.m.

The meeting will probably be held via Zoom

Please watch Channel 26 on your TV or on  
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for more information

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The Amenities page features the ability to access Channel 26 slides anytime. Check it out.



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Myra Danon  
Bob Huber  
Jean Houvener  
Anne Rotholz  
Linda Bozowski  
Walter Gryskiewicz

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Alex Monaco  
Linda Monaco

The Rossmoor News a monthly periodical is mailed to every home within the Rossmoor community. News items are welcome. Appropriate news items from outside organizations will be

considered as space permits. Unscheduled volunteer writers should contact Rossmoor News Chairman Joe Conti about any article they wish to contribute. All copy and pictures are subject to editing and are accepted with this understanding.

Letters to the Editor must be emailed to PES at [pescmd@aol.com](mailto:pescmd@aol.com) and clearly marked Rossmoor News.

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## New programs on RISE's agenda

By Linda Bozowski

We know of RISE, a long-term important member of the Central Jersey community, offering such services as a thrift shop for gently used clothing and household goods, to a substantial food pantry to an academic enrichment summer camp opportunity for children. RISE, in partnership with PenFed Credit Union, is pioneering a new range of free self-help educational opportunities,

offered by community members to community members. This new program, known as uRise, kicked off its offerings in late May.

The uRise program is a vast array of educational offerings spanning many topics and many interests. The whole menu can be viewed by visiting the website: [uRise.njrise.org](http://uRise.njrise.org). However, we'd like to offer a taste of the program's specialties and hope that you will visit the site to gain a more comprehensive view of the many informational opportunities being offered by this new program.

### Large array of programs

uRise is not devoted to a single topic. Instead, the program listing is designed to attract viewers to areas of their own interests. Ten categories populate the course listing. Within each category is a more detailed explanation of the offerings. Some

(Continued on page 4)

## Monroe Township bulk pick up

By Dave Salter, Maintenance Dept  
Community Cleanup

The Township of Monroe will come into our community and pick up all bulk items. All items should be placed at the designated areas on July 19 and July 20 for pickup on July 22.

### FREE

The following 17 designated areas are:

Concord Lane  
Dorset Lane  
Hanover Lane  
Portland Lane  
Malden Lane  
Mystic Lane  
Nantucket Lane  
Narragansett Lane  
New Bedford Lane  
Northfield Lane  
Redding Lane  
Somerset Lane  
Sutton Way  
Westfield Lane  
Yorktown Lane  
Clubhouse Parking Lane  
Meeting House Parking Lot

(CONES WILL MARK THE EXACT LOCATION.)

## Flag

(Continued from page 1)  
country.

Oddly enough, for such an important national symbol, our flag had a very obscure beginning. The apocryphal story that Betsy Ross created the first flag from a sketch provided by George Washington is probably inaccurate. More likely, a woman by the name of Rebecca Young created the flag from a design provided by Frances Hopkinson of New Jersey, a signer of the Declaration of Independence, while he was chairman of the Continental Navy Board. The first flag was only intended to be flown by American ships as a means of identification and as a convenient marker of American territory, flown from forts and embassies. Otherwise, it was only generally displayed on special occasions, such as the Fourth of July.

For such a patriotic symbol, it is hard to believe that our flag has gone through 26 official alterations in its lifetime. The only flag to have more than thirteen stripes was flag number two. It had 15 stripes. The stripes were originally intended to represent the individual states, but after the addition of Vermont and Kentucky, it quickly became apparent that the process was going to get out of hand as more states were added. So, beginning with flag number three, the design returned to the original 13 stripes, with the states being relegated to the starfield commonly known as the Union, the familiar design that we know today.

Oddly enough, none of the resolutions specified any design for the starfield, so a number of flags appeared that were only loosely based on the resolution. Some of them were very creative.

But on June 24, 1912, an executive order issued by President Howard Taft put an end to the matter by providing complete official specifications for the flag's shape and design. It decreed that all stars in the blue field would be organized in linear fashion. So much for creativity.

So, in the future, as you encounter Old Glory with a salute, a Pledge of Allegiance, or in the process of buying a used car, show a little extra respect. It's a grand old flag, and it's been through a lot.



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## Anyone for blueberries?

By Anne Rotholz

Having, thankfully, survived more than a year of COVID with all the pain and mental anguish it brought to our world, it is time to look at some of the special treats in store for us as we return to a new normal. One that readily comes to mind is July is National Blueberry Month.

On May 8, 1999, the U.S. Department of Agriculture proclaimed July as National Blueberry Month. Blueberries have been growing on this earth for more than 13,000 years. Though they are native to North America they are at present found in several countries worldwide. In the U.S. 25 states grow blueberries and produce over 90% of the world crop.

Blueberries come from the same family as bilberries and cranberries. The plants that grow in our area are categorized as high bush that can

grow up to 8 ft. and low bush growing 1 to 2 ft. Low bush berries are sometimes called wild blueberries since they are not that far removed by cultivation from the original blueberry.

High bush blueberries were developed in Whitesbog, N.J. (near Browns Mills), in the early 1900s. At that time blueberries were not domesticated, though the wild berries were being harvested at the local White's farm. The farmer's daughter, Elizabeth White, heard that Dr. Frederick Coville, a USDA botanist, had done some work on cultivating blueberries. They teamed up and with the help of local woodsmen found some plants in the area.

Picking those that represented the best strains of wild blueberries with the most ideal characteristics, they crossbred them. In the year 1916 they produced the first crop of domesticated blueberries. High bush plants produce the largest, juiciest blueberries but low bush berries can be very flavorful and juicy as well.

Native Americans ate blueberries and were very aware of their healthy properties. They called them "starberries" because the blossom end of each berry looks like a star. They believed that the Great Spirit had sent them to feed their children in a time of famine.

Native Americans used the leaves of the bush as well as the berries to make medicines. They introduced the Pilgrims to blueberries and taught them how to dry them to be used as a spice in food and to help preserve meat.

Modern medical blueberry enthusiasts tell us that every blueberry is a powerhouse, jam-packed with nutrients and disease-fighting antioxidants. Like cranberries, blueberries protect people against urinary tract infections. They help maintain a healthy immune system which in turn reduces the incidence of heart disease, can-

cer, Alzheimer's and other age-related diseases.

Blueberries are believed to be very beneficial to eye health, promoting good vision and protecting one against cataracts, glaucoma and macular degeneration.

A recent report on blueberries indicates that of 40 different varieties of fruits, vegetables and juices studied, blueberries have the highest level of antioxidants.

Blueberry season extends from April to October in the U.S., but the peak season is July. During the winter months blueberries can be found in local supermarkets. Most of them come from blueberry farms in Argentina and Chile.

The berries are so flavorful they can be eaten just as they are. Their calorie count is very low, less than 100 calories per cup. They can be used in salads, soups, muffins, cakes, pies and a variety of other dishes.

Following is a family recipe for blueberry pie. It is one of my favorites because it is easy and delicious with a fresh blueberry taste (half the blueberries are uncooked).

1 nine-inch baked pie shell (a store bought frozen one works very well)

4 cups blueberries, washed

1 cup sugar

3 tablespoons cornstarch

¼ teaspoon salt

¼ cup water

1 tablespoon butter

Mix cornstarch and water in a saucepan until blended. Add sugar, salt and 2 cups of blueberries. Bring the mixture to a boil, over medium heat, stirring constantly. Boil gently, stirring, until the mixture gets very thick. Remove from heat, add the butter and cool. Line the cooled pie shell with the remaining 2 cups of fresh blueberries. Pour the cooked berry mixture on top. Chill. Serve with whipped cream. Enjoy!

## New programs

(Continued from page 3)

categories have a series of free programs or upcoming events within the community, others list contact persons or agencies at which residents may seek assistance, while others speak to entertainment opportunities.

The categories to be explored include Arts and Leisure, Children, Community Connections, Families, Language and Learners, Professional Development, Seniors, Teens and Wellness. As you, the reader, delve into those topics of interest to you, you may gain information about child safety seats, how to apply for SNAP benefits, or the benefits of job fairs. Interested in Yoga? How about online free yoga instruction? Check the Seniors section. Do you know of someone who could benefit with assistance from Meals on Wheels? Check the Community Connection segment for more information.

## Volunteers are urged to apply

The Language Learners module provides information about how community volunteers can help those learning or becoming more fluent in English to enhance their language skills. K-12 tutoring support is also offered, again, with the assistance of volunteers. Assistance from volunteers is also appreciated with the regular RISE activities as well.

## Looking ahead

At this moment making a prediction about the expansion of this program may be uncertain. However, the intention of this joint collaboration between PenFed, the second largest federal credit union, and RISE, established in 1967 as a community support program, is to offer learning and assistance opportunities to those who need easy access to information about community resources. The generosity of the PenFed organization and the interest and skills of the RISE staff certainly will benefit the program's users.



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Bob's Almanac—July 2021

By Bob Huber

There's an old saying that nothing of importance happens in July, because everybody is on vacation. We beg to differ. In addition to the obvious Independence Day, there have been many other important events which occurred in July: Medicare went into effect in 1968, president Lyndon B. Johnson signed the Civil Rights Act into law in 1964, the bikini bathing suit made its debut in Paris in 1946, sending shockwaves through the entire world, and, speaking of shock waves, the first atomic bomb was detonated in New Mexico in 1945.

To the delight of children of

all ages, the first Disneyland opened in Anaheim, Calif. in 1955. Space buffs may recall that it was on July 26, 1969, that Neil Armstrong first set foot on the moon, and on that same date in 1976 America's Viking 1 robot spacecraft landed on Mars.

We can also attest that some very influential Americans were born this month including authors Nathaniel Hawthorne in 1804, Henry David Thoreau in 1812, Ernest Hemingway in 1899, and composer Stephen Foster in 1826. July also witnessed the birth of aviatrix Amelia Earhart in 1898 and the man who introduced the automobile to the average

American, industrialist Henry Ford in 1863.

As we emerge from our COVID-19 cocoons the following should be of special interest to picnickers: July is National Grilling Month, National Ice Cream Month, National Horse Radish Month, and National Hot Dog Month. As the result of an inexcusable oversight, National Mustard Day does not occur until August 7.

One cautionary note to those who enjoy being out and about: July 15 is Saint Swithin's Day. Saint Swithin was a 9th century Saxon Bishop who, it was said, could control the weather. In English folklore it is believed that if it rains on Saint Swithin's Day, it will rain for 40 days and 40 nights. Since we're not in England, there's probably nothing to worry about, but just to be on the safe side, it wouldn't hurt to have an umbrella handy on and after July 15.

## Jaws on wheels

By Myra Danon

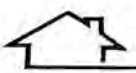
Suddenly the opening sounds of the theme music from the movie "Jaws" seemed very real as I drove out of Rossmoor via the East Gate exit. Appearing virtually out of nowhere from an empty road behind me to gaining on me in lickety-split time, was an SUV-type vehicle. Although I couldn't see flaring nostrils from my glance in the rear-view mirror, I was pretty sure of the driver's intention. The message was clear: "I want to get ahead of you and I will do whatever I have to do to achieve this. I will drive however I want to and disregard any speed limit because I am important and my needs are more important than any other driver. Speed up!"

This was not the first time one of the many dangerous drivers have tried to clamp on to my bumper, even though I was going the speed limit and always do, but this was one of the most threatening, and I refused to be victimized. I didn't want to speed up and certainly didn't want to run the risk of being hit, so I reacted in the safest way I could. I angrily shook my head from side to side and raised my hand, index finger pointed, and waved it in a wide left-to-right gesture quickly matching the tempo of my head. I put my hand back on the wheel and uttered a few words audible to only me. The driver was close enough to see the frantic waving, and the message was not lost. The driver got it and slowed down till we both got to the intersection, then sped away in a blast, too fast for me to get a plate number. I am weary at having to check my rear-view mirror more often than is necessary. Yes, I remember when Peter Finch opened the window in the movie "Broadcast News" and shouted, 'I'm mad as hell and I'm not gonna take it anymore!' And yes, some scenes and dialogue are memorable and relevant.

Unfortunately, this type of aggressive, dangerous driv-

ing is not limited to main streets or highways; sometimes I have been driving in

(Continued on page 6)



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## All about foxes

By Carol De Haan

Did you notice the picture of the cute little fox kit on page 1 of the June Rossmoor News?

*There was a fox on page 1?*

Yup. Cute little guy with huge ears. He was peeking out from under a great big tree. Playing it safe, no doubt.

*Quick! Call the exterminator!*

DON'T YOU DARE. Don't even think about it.

*But a fox is a wild animal.*

The world is full of wild animals. It's called "nature." Some of those wild animals are very beneficial to us.

*C'mon, now, how is a fox beneficial to Rossmoor?*

Well, not just to Rossmoor, but to all the neighborhoods around here. For one thing, foxes keep the rodent population down. Would you rather be overrun with chipmunks, mice, rats, or voles?

*Well, no. But isn't there another way to control*

*the rodent problem?*

Sure. Poisoned grain. But that's a good way to kill all the birds, to say nothing of poison runoff into waterways that kills tons of fish. Look at what's happening in Australia.

*What's happening in Australia?*

A plague of mice. Millions, maybe zillions of mice are gobbling up this year's grain harvest. Farmers are facing bankruptcy. Homes are being invaded by mice. Lots of Aussies report being bitten by mice as they sleep in their beds. It's a nightmare.

There are not enough cats, or foxes for that matter, in Australia to cope with the current plague of mice. So the authorities are spreading poisoned grain. Now it turns out that great flocks of birds are dying from eating that grain, but the mice keep coming.

Then look at what happened in England. Country folk loved to go on a fox hunt, so bunches of landed gentry got on their horses, rounded up every farm dog

they could muster, and off they'd ride to kill one solitary little fox. The hunters were so successful that pretty soon their farms were overrun by rodents. How smart was that?

*So if a fox is here to stay, how can we protect ourselves from it?*

There's no need to protect yourself. A fox won't bother you. He's terrified of a big predator like you or me. Besides, he mostly sleeps all day, roams around only at night. Then, too, he often likes to move his den to a new location so you'll hardly ever see him.

If you could take all that fluffy red fur off a fox, you'd see that he's just slightly larger than a house cat. Not much of a threat. A fox is a good little fellow to maintain the balance of nature in a community.

Mice arrived in Australia with colonists in 1788. Rodents have no natural predators on that continent. In the Americas, thank goodness we have foxes.

## Doggerel

By Doris Herron

Rossmoor is a very dog-friendly place. The canine population here can be seen walking their owners in all sorts of weather. Dogs are not only on leashes these days, but also sometimes in strollers, playpens, carrying cases, wearing jackets, boots, sweaters, etc. I con-

fess that I'm not exactly a dog lover. Horses are my favorite animals, but they do not make such good house pets.

When our older daughter was in elementary school, she said she really wanted a dog. So off we went to an AKC-rated kennel and bought her a standard size French poodle, being assured that dogs of this breed were smart, gentle, loving creatures and would make a fine pet for our daughter. We named her "Claudine," Claudie for short.

Claudie was a very gentle, smart, loving creature, who made friends easily, and never bit anyone or even growled.

We took her to obedience school where we learned to be very obedient to her.

Unfortunately, Claudie had decided she was my dog and not our daughter's, probably because I seemed to be the one who fed her. You could say that she literally dogged my every footstep, hoping for a handout. By this time our daughter had other interests and lost interest in the Claudine who made it plain she was the pet of her meal ticket, namely me!

Finally, after some years and deep thought, we decided to sell Claudie. I put an ad in the paper describing this gentle canine for sale at just \$10. We did not wish to make money on her — just find her a good home.

A few years later when chatting with a dog loving friend who said she sorely missed her deceased dog, I mentioned that we had sold ours. She reacted with great horror, saying "You SOLD your dog!" If I had said we'd sold one of our children she

couldn't have been more shocked.

Claudie's new family, the Dobbs, was very nice and agreed to give her a happy home in the suburbs. Mrs. Dobbs questioned the small price for which we were selling an AKC registered animal. I said we did not wish to make money on Claudie — just find her a happy home. Besides, we had to pay for the ad, which cost us \$7.50.

Once again, Claudie, in the new circumstances, attached herself to the one who fed her, the lady of the house.

One day shortly after Claudie went to live with the Dobbs, I got a phone call from Mrs. Dobbs. Seems she was emerging from the shower one morning when what to her wondering eyes should appear, but a strange man coming up the stairs carrying her sterling silver! Claudie was just sitting there quietly until the robber took a step toward the lady of the house. Possibly seeing a problem with her meal ticket, Claudie bit the robber in the foot. He dropped the silverware, and ran out of the house. My turn to be shocked! I had never known Claudie to bite anyone. Mrs. Dobbs told me, "That was the best \$10 I ever spent. We went out and bought Claudie a steak for her supper that night."

The moral of the story: never underestimate a dog's intelligence when it comes to its meal ticket.

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# Rationing in World War II Britain

By Jean Houvener

In the course of this pandemic, I have read several books that had themes related to the problems of getting adequate food during World War II in Great Britain, which led me to wonder about how they coped in a situation far worse and longer lasting than our own shortages of toilet paper, flour, meat, and other daily necessities. Prior to the start of World War II, the United Kingdom of Great Britain imported a large quantity of its food, including 70% of grains, cheese, and sugar and 80% of fresh fruit.

As the war proceeded, the Nazi forces, besides the Blitz and the V1 and V2 missile offences, attempted to starve Britain into surrendering. This they did by bombing and torpedoing ships carrying supplies across the Atlantic from the United States, Canada, and other countries.

With Winston Churchill at the helm, surrender was not going to happen, so Britain had to design a way to see their service and civilian population through the war. In addition to the military battles raging between U-boats and Luftwaffe air craft and British and U.S. Navy ships and planes, the British Ministry of Foods set up a system for rationing food so as to provide the necessary nutrition to all in a fair and healthy manner.

Everyone was issued a ration book that was valid at the shop each had registered with, and the shop was duly supplied with enough food for those registered at that shop.

Rationing had been previously used in the last year of the First World War. This time rationing was initiated much earlier and lasted

much longer. The first rationing was for petrol in September 1939. On January 8 of 1940, rationing was extended to bacon, butter, and sugar. Other commodities followed later, including meat, tea, jam, biscuits, breakfast cereals, cheese, eggs, lard, milk, and dried fruit.

The coordination of this rationing was extended to include all food supplies to the Allies. Fresh fruit and vegetables were not rationed, but were in short supply.

Civilians were encouraged to "Dig for Victory," planting fruits and vegetables in Victory Gardens, which were critical to maintaining the population in a healthy state. Wild game, in season, was also available and not rationed, as was fish. Whale meat and a canned fish from South Africa were not rationed, but neither proved to be a popular item.

By May 1942 restaurants, which did not make use of the rationing system but acquired food in a different system, had to limit the cost and amount of food served in order to more equitably spread the food so that the wealthy could not buy their way to more food by eating out. The Ministry of Foods opened British Restaurants, which sold a simple meal for 9 pence.

By June 1941, rationing extended to clothing, as silk was needed for parachutes and cloth for uniforms. Eventually a year's worth of clothing rations was required for a new coat. Materials to make tarpaulins and tires meant that it was difficult for civilians to get shoes and boots. No rations were transferable — each person in a family had his or her own book of

rations. Eventually there were no rations for petrol; only official use qualified for it and any other use was a legal offence. Soap, coal, and paper were also rationed.

Interestingly, the limited food and exemption of fresh fruits and vegetables grown locally meant that the health of the British people actually improved during rationing. The government had designed a system that ensured a healthy diet with adequate vitamins and minerals.

The weekly rations for the general population included 4 to 8 oz. of bacon and ham, 8 to 16 oz. of sugar, 2 to 4 oz. of loose tea, 1 shilling of meat (the measure for meat being cost, not weight), 2 to 8 oz. of cheese, 8 oz. to 2 lb. of preserves and marmalade, 2 to 8 oz. of butter, 4 to 12 oz. of margarine, 2 to 3 oz. of lard, and 2 to 4 oz. of sweets. In general, the low end of the range was toward the end of the war. There were extra rations for certain occupations.

Rationing did not end with the war, but gradually wound down until 1954, when the last item, meat, was removed from rationing. One reason rationing lasted so long was that while the United States spent money to rebuild Germany, it did not do the same for Britain. Not surprisingly a thriving black market arose around rationing, with forged ration books, sale of items outside the system, and theft of ration books.



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# Coleslaw

By Ken Thomas

My grandmother made the best coleslaw in America, an A+ rating. Others never get a rating higher than C+ from me and I always order coleslaw from the menu. All my friends and family know about my coleslaw addiction and rating system.

Pam was the wife of a friend with a special secret recipe for her coleslaw and she decided to challenge my rating. Pam would serve her coleslaw to all of us for dinner on Labor Day weekend. No one expected a coleslaw drama. I was not allowed in her kitchen during preparation and was purposely excused from cocktail hour. Frankly, no one could like slaw that much and I would need a drink before the coleslaw contest was over.

We sat down to eat and the blinking dining room lights announced the arrival of her creation.

Tada!

Pam carried a huge metal container to the table and placed this substitute serving

dish in front of me. The coleslaw was piled a foot high and would probably feed a platoon of Marines. Everyone at the table was speechless. Pam's grinning husband served and everyone received half a plate of coleslaw. I received a platoon portion on a platter. A bib was placed around my neck and a cooking fork (saber size) in my hand. During grace, Pam only blessed the coleslaw. Everyone immediately tasted the recipe. Everyone immediately put their forks down again. No one ate the coleslaw!

Two of the ingredients were a liberal quantity of raisins and nuts, which was unacceptable to almost every diner. I was required to clean my plate. I love coleslaw, but "abundance" is an over-rated word. For revenge, I asked for seconds. The other diners volunteered their portions. Dinner compliments and conversations during the meal were dramatically quiet and limited. Everyone avoided

(Continued on page 8)



## Summer Injury? - Ask for the Best

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# Our house is empty

By Allan Kaufman

Our house is empty. Our beagle, Jackson Fillmore passed away on May 18. Our house is empty.

While living in East Brunswick, we adopted our first beagle, Freckles in 1994. He was with us until 2009. After his passing my wife, Diane suggested we take a break and take a wait-and-see attitude regarding getting another dog. Two of our three daughters were out of the house, and our youngest was in college. It was a perfect time to do some traveling. We did, but it wasn't anything memorable.

Finally, during the latter part of September in 2010, my wife said to me, "It's time. I miss having a dog in bed." Only dog lovers can understand this last sentence. Others will ask, "You actually like having a dog sleep in your bed?" You don't want to know my wife's answer if there is a choice between me

and the dog. Our house is empty.

We did our research as we wanted a rescue beagle. We found this wonderful woman, Linda Forrest who runs the SOS Beagle Rescue organization based out of Atco. She advised us that a few beagles were coming up from their Tennessee branch of the rescue organization. She told us to come early on Columbus Day and we could have the pick of the litter. We found this guy. Actually, he found us.



October 2010

He was originally named Angus, a name we did not



Courtesy pinterest.ru



2015 Jackson and Belle

favor. My daughter Lisa, who came with us to pick him up and I liked the name Jackson. My wife wanted to use

is empty.

He loved our large backyard in East Brunswick. We had fenced in the property

to allow him to run and play with his best buddy, my daughter's pooch, Belle. When they were younger, they were a funny pair, running around the yard until they had to stop for water. There was a time they went under the deck and came out with baby rabbits, that were days old. Belle liked to play with them. Jackson, well.

Jackson seemed lost when we moved to Rossmoor. The familiar sights, and more important smells were not there. It took him a while before he developed a routine for his morning and evening walks. Our house is empty.

Earlier this year his heart murmur became more pronounced. Congestive heart failure was next and although medication kept him going, it was when he developed pneumonia in late February that his heart condition took a real turn for the worse. Through the great work by his doctors at Garden State Vet Services, especially but not limited to Dr. Kate Palmer, we were given three months Jackson normally would not have had.

If you've never had a pet, you may not understand how the pet becomes a member of the family and is no longer a pet. Jackson died at the too young age of 10 1/2. We still haven't exhausted our tears. Our house is empty.

I can be reached at [allan.kaufman0125@gmail.com](mailto:allan.kaufman0125@gmail.com). Your comments are always appreciated.

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## Coleslaw

(Continued from page 7)  
food comments.

The left-over coleslaw filled a large stew pot. Pam got a C+ rating. I wasn't crazy about the raisins and nuts either, but a friendship was in danger. My coleslaw addiction could be a relationship affliction. Please save me, Grandma! As an overnight guest, I could not avoid contact with Pam after dinner, but a "social coleslaw distance" was consciously maintained between us.

The next morning, I put the stew pot on the table and ate some with my ham and eggs. My friends were stunned. My wife wouldn't look at me or my plate. Poor Pam was shaken and appalled, but she could not foresee the end of this coleslaw drama. Secretly, the diners purchased T-shirts with a monstrous container of coleslaw printed on the front and back. The container was in the middle of a circle and the X covering the circle sent a message. Everyone except Pam wore the T-shirt at our next get-together. That "NO MO SLAW" shirt is still in my closet. Coleslaw will always be my side dish choice, but my grandmother made the best rice pudding in America, an A+ rating.



## On a horse

By Ken Thomas

Entering the parking area, I saw two fathers and sons loading their gear into an old wagon, attached to a tractor. The tractor was probably the only vehicle that could make it up the muddy road to our campsite. Then we met Rueben. Rueben's cowboy hat was the 39-gallons size, if that's possible. He was chewing tobacco and giving orders using language that was definitely "bunk house communication." We started up the road, throwing mud, bouncing and sliding sideways. Rueben threw a couple "Wahoos" our way to make the trip more interesting.

At the campsite, I saw a small campfire and a huge stack of wood. Rueben smiled, spit and cursed, when I thanked him. For hours, Rueben repeated the downhill, uphill trips until everyone arrived. Then, he warned us not to leave the campsite, because he was going to let the Dobermans loose. What Dobermans?

In the morning, Rueben was waiting and in his own linguistic manner ordered everyone to saddle up. Mrs. Rueben introduced herself and her teenage son. They helped everyone choose a horse and get mounted. Smiling, she commented on this group of "cowboys" ready to ride off into the sunset. Everyone wore some combination of cowboy clothes. Rueben came out of the barn leading this huge stallion and shouted "who's the #@\$%# leader of this #@\$%&\* group?" I've heard this question before and at no time did the answer result in a pleasant experience. My horse would probably be called Rage. Rueben handed me the reins to Joker. Maybe this horseback riding experience would be better than my other leader experiences, Wrong. These were some minor horseback riding problems.

- Getting on or off a horse is not as easy as it looks on TV;
- Steering a horse takes strength and more determination than the horse has;
- Going uphill or downhill, hang on;
- Joker must be blind because he kept walking into trees.

Our view of the mountains and valleys was awesome. The boys urged Rueben to go faster and I prayed he would not consider a gallop. Here are some highlights of those hours in the saddle.

- Crossing a stream, one horse decided to lie down and cool off.
- Joker walked into an oak tree.
- Trotting around a corner in the trail, the horse went right and my son went left, no injury.
- Joker walked into a maple tree.



- The boys were laughing and one father was screaming, "Whoa, Whoa."
- Joker walked into an elm tree.
- After lunch on a mountain top, some riders needed a push to get back on their horses.
- Joker did not walk into a tree (no trees).

I scratched Joker's skin rash and gave him back to Rueben with a few Rueben words of my own.

Sunday morning, we gathered by the barn. Rueben shouted, "The Dobermans are loose, the Dobermans are loose!" As we looked for places to hide, Mrs. Rueben appeared with five miniature Dobermans barking a friendly greeting as they ran among us. Rueben turned out to be a tobacco chewing, gruff, curse-a-minute pussycat. Ride on Rueben, Ride on.

## Sarcoma, an often undiagnosed disease

By Linda Bozowski

When we hear about cancers occurring in relatives, friends or even in ourselves, we expect to be told of a specific location for the ailment – lung, liver, intestine, bone. However, when we hear of sarcoma, we may be surprised to learn that this type of cancer can occur in any number of locations in the body, and that there are 70 different types of this illness.

Sarcoma is a broadly-used term for a range of cancers that usually begin in the bones or in other soft connective tissues, including muscle, blood vessels, nerves and the lining of a joint, among others.

### Symptoms

Symptoms can be varied, depending on the location of the cancer. Among symptoms that are common are bone pain, abdominal pain, unexplained weight loss, a

broken bone that may occur after a minor injury or even no injury, or a lump or swelling that can be felt through the skin and may or may not be painful. Many of these symptoms may be considered minor, and may cause the patient to ignore them, with the expectation that they will resolve themselves.

Diagnosing sarcoma may require various tests. Among them may be biopsies so that cell samples may be obtained, or assorted scans such as ultrasound, CT or MRI. Lab studies may also be required, depending on the symptoms that are identified.

### Risk factors

There does not appear to be a definitive cause of sarcoma. It has been determined that family history or certain genetic disorders may be factors. Exposure to some industrial or other chemicals, exposure to some

viruses, especially for those patients who may have compromised immune systems, or radiation therapy for cancer or other radiation exposure may all make a patient vulnerable to a sarcoma occurrence.

### Treatment

Depending on the location or type of sarcoma that has been diagnosed or if it has metastasized to other sites, several types of treatment may be used to slow the progression of the disease. One of them is surgery, which is used for localized tumors or bone cancers. Radiation may be used to shrink tumors and may be used if surgery is not an option for a particular patient. Chemotherapy treatment might be used for those patients in whom the cancer has spread.

As additional treatments are developed, there may be more promising survival

(Continued on page 11)

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# This month in pictures

By Joe Conti and Walter Gryskiewicz



Some of Rossmoor’s veterans met for a memorable moment on Memorial Day.



Denny, Trudy and Dan



From left are Mayor Dalina, Monroe Council members Terry Van Dzura, Miriam Cohen, and Elizabeth Schneider; County Commissioner Shanti Narra, Surrogate Claribel Cortes, and Commissioner Chanelle Scott McCollum; candidates for our township Council Rupa Siegel, and Alton Kinsey, M.D., and last but far from least, Club President Mike Markel.



Viet Nam Veteran Honor



Upper left: Mayor Stephen Dalina and Rossmoor Democratic Club VP Sharon Morgan

On left: Councilwoman Betty Schneider

Above: Monroe Twp. Democratic Club President Andy Palluri and Middlesex County Surrogate Claribel Cortes



Our own WWII Veteran Carlo Carunchio was Guest of Honor at a Memorial Day Parade in Jamesburg.



Spring meeting of butterflies

YA Lee Art



# Some traditions never change



Allan and Joshua at the stadium

By Allan Kaufman

Take me out to the ball game. So, it was on Memorial Day that I took my oldest grandson, Joshua, 8, to his first Yankees game.

My good friend called me a few days before the date of the game telling me that he had two tickets that he could not use and asked if I could use them. I thought for a minute and said that I think my grandson would enjoy going as he has just started to play pre-little league baseball where he lives in Westfield. I told him that I would get back to him by the end of the day.

I called my daughter Lisa, a Mets fan, and told her about the game. After I told her that it was a Yankees game, she laughingly protested. She asked Joshua and he said that he would like to go.

I remember the first game I went to with my dad Some 60 years ago, I was playing Little League baseball, the Sedgwick Little League, in the Bronx. Most of the kids lived in the Sedgwick projects and along University Avenue. The projects were a hop, skip and jump to the old stadium. Every spring, we dressed in our uniforms and walked to the stadium. There must have been 200 kids, managers and coaches at the game. It was probably during either the 1958 or 1959 season.

Talking to my teammates the conversation went something like, "Mantle better be playing today. Moose and Yogi too!" The players did not take days off on their own to rest. I do remember Jerry Lumpe playing instead of Clete Boyer.

I decided that I did not want to take a loan to pay the \$50 parking fee at the Stadium so I was going to drive into New York City, park the car on the street and take the subway up to the ballpark.

It was the first time Joshua had been on the subway and for me it had been a number of years. However, riding the subway is like riding a bike. You never forget. We got on at Lexington Avenue and 86th Street. Four stops: 125, 138, 149 and then Yankee

Stadium at 161 Street. I purposely got on the first car for a reason. Between the 149 Street station and Yankee Stadium the train comes from below ground to the elevated line. "That's cool," Joshua said.

The new Yankee Stadium is situated on the ball fields where I played baseball. Due to social distancing, only about 12,000 people were allowed into the game. The first thing we did when we got into the stadium was to go buy a Yankees cap for Joshua and for his sister Sophie. We had time so we walked around the stadium. I was surprised when he pointed out a banner showing Babe Ruth's picture. I pointed out some of the players I grew up watching.

After picking up some food, we settled into our third-base, line seats. The over/under on how many innings we would stay for was set by his mom and dad at five. They were on target as we lasted until the top of the sixth inning and one ice cream later.

During the game we talked about the game and I tried to tell him what he should try to look for. It was, at times, too much for him to comprehend. I felt it was best just to let him sit and watch and to ask questions.

To me, it was not about who won the game (the Yankees



Joshua's ice cream

lost). It was about the time I spent with my grandson, just as I had done with my dad, watching the same team, some 60 plus years apart. I hope Joshua's memories will be just as vivid 20 years from now or 60 years from now when he takes his son or daughter or his grandchild to a baseball game.

I can be reached at allan.kaufman0125@gmail.com. Your comments are most welcome.

# Seeking the double-word score – Scrabble, a mental challenge

By Linda Bozowski

As we have been largely homebound for the past year, many of us have pulled out the board games and the decks of cards and invited small groups of friends to join in mentally stimulating activities, either in person (with care) or via Zoom. One couple I know plays cards almost every day with several different groups of bridge aficionados. I'd bet that there are folks who are spending time playing Scrabble remotely as well. Since I haven't personally played in many years, I thought I'd pass along some of the basic information about this very stimulating and sometimes very competitive game.

**The game board, the tiles, and the rules**

The Scrabble game board is a grid 15 x15 (225

spaces). In the English set, there are 100 tiles consisting of 98 with letters marked on them and two blank tiles, which can be used as any letter. Each letter tile has a point value assigned to it, from 1 to 10. The board is marked with a variety of premium scoring symbols, including double letter, double word, triple letter and triple word scores. Each player uses a "deck" of seven tiles, and may use as many in each play as he/she is able.

The official "box rules" of the game have been changed over the years, with changes occurring in 1953, 1976, 1989 and 1999. Different rules are followed in some other countries and may employ symbols to indicate word validity. In the American rules, for a word to

(Continued on page 12)

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# It's hot

By Ken Thomas

When it's hot, not cold, Mother Nature is still a formidable adversary. Father Nature has absolutely no control. In the heat, mortals try to cool off. During our hike that summer, the temperature nearly burst thermometers. Our canteens were almost empty as we stopped just off

the main

trail near a small pond. It was so hot! The pond was about 60 yards in circumference and a five-foot-tall man could probably walk across without getting his chin wet.

After hiking all day in temperatures approaching 100 degrees, this pond was a gift from the air conditioning an-



gels above. We immediately stripped and waded into its — ahh — waters. My boys were starting our supper fire, when another group set up camp across the pond from us. They immediately used the pond before starting their fire also.

Both groups were brothers in sweat. Although we could hear parts of their conversations, there was no contact between the groups as each concentrated on preparing supper. Nothing interrupted anyone's concentration on their food. My guys would munch on the MacDonald's Arches, if someone served them with French fries and a soda.

With darkness approaching, the temperature and humidity didn't change, but each group added wood for an evening campfire. We sang the first song, which some might consider salty. They sang a song that was also salty with a tablespoon of hot pepper. Competition. The loudest, not quality of voices, would win this contest, and with 13-17 singers on each side of the pond, decibel readings peaked. Between songs, one of ours yelled, "Our fire's bigger than your fire." Everyone around him joined in with chanting voices, "our fire's bigger than

your fire." The other group added wood and started the same chant, only louder. Then, he happened.

A boy from their side started to walk toward the pond and kept on coming. Fully clothed, he waded across the pond. The chanting stopped on both sides. What was he doing? The boy emerged from the water and squished among us. Calmly, he took two containers of water from behind his back and emptied them in our fire. Amid laughter and other forms of endearment, their side began to shout, "Our fire's bigger than your fire." Indeed, their fire was bigger than our fire.

Two boys from our side waded across the pond to deliver four containers of water on their fire (not without a

little difficulty). In minutes, all the boys were in the pond, throwing containers of water, splashing each other and having a great time. The fires were forgotten.

An adult standing at their edge of the pond was watching me and his boys as I was watching him and my boys. What signal caused us to enter the pond and meet in the middle, I don't know. We shook hands and introduced ourselves. After a splash fight with the boys, we returned to our respective pond sides to watch in case our charges got too rough. I will never forget the sight of my new friend and his boys standing half naked around their fire drying clothes. He probably remembers the same thing about me.

## Scrabble

(Continued from page 11)

be considered valid, it must be included in a standard dictionary or lexicon.

Tournament rules are different and more complex than those used in "household" play.

### A brief history

Scrabble was created in 1938 and was originally called Criss-Crosswords. Originator architect Alfred Butts used his previously created game Lexiko as the basis for his new game.

With a larger gameboard and a crossword-puzzle approach, Butts used mathematically calculated letter distributions and their individual point values, based on the frequency of their expected usage in the game. For example, the letter X, which is seldom used in words, was assigned a higher point value than the letter T, which is used in many words. The object of the game was to create words that were worth the highest combined letter value but that "worked, in a crossword fashion, with other letters. So if one player had

made the word "piglet," an opposing player could use the letter "g" in his new word "garden" if the spacing permitted that many letters.

Although Butts had made a few sets of the game, he was not successful in marketing it for greater distribution. In 1948, one of the original owners of the game, a Mr. Brunot, bought the rights to the game. Brunot offered a royalty payment to Butts, changed the name of the game to Scrabble, simplified some of the rules, and began limited manufacturing of 2,400 sets that year at a converted schoolhouse in Connecticut.

It was not until 1948 that the president of Macy's, who had played the game on vacation, decided that the game should be sold in the Macy's stores. Unable to satisfy manufacturing requirements, Strauss sold the manufacturing rights to one of the firms that had previously rejected the game. To the surprise of many, nearly four million sets of the Scrabble game were sold in the first year of its manufacture.

### Popularity grows

Over the next decade, transfers of trademarks and ownership continued. The game was ultimately owned by Hasbro, which had also acquired ownership of another popular game called Parcheesi. In 1984, the popular Scrabble game was turned into a daytime game show, which aired until early 1990 and enjoyed another run in the first half of 1993. Another version of the show, "Scrabble Showdown," previewed on The Hub cable channel in 2011.

### World-wide popularity

Scrabble is sold in 121 countries and in more than 30 languages. Over 150 million sets have been sold worldwide. According to Wikipedia, about one-third of households in the U.S. have Scrabble sets. It is reported that half of Great Britain's homes have a set of the Scrabble game. The game is played by about 4,000 clubs throughout the world.

Mentally challenging — yes. Fun — absolutely. Ready to play?

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Sound Advice

Norman J. Politziner, CFP®, CeFT® President of NJP Associates

Two observations that might make higher taxes easier to bear

For the first time since the administration of President Ronald Reagan, federal gov-

ernment tax policy is changing significantly. Tax cuts were in vogue for nearly four decades, but Present Joseph Biden is planning on implementing higher federal taxes on corporations as well as high-income and high net-worth individuals in 2021.

As Congress debates the Biden administration's proposal for a massive increase in federal infrastructure spending, which would require an increase in taxes and government borrowing, here are two key observations made by independent economist, Fritz Meyer.

The United States government's revenue spending over the past half-century has shifted. According to the non-partisan Congressional Budget Office, health care spending and social security are receiving a greater share of revenue, while defense spending has been judged a lower priority since the fall of the Soviet Union.

In the decade ahead, spending on Medicare, Medicaid and other federal health programs, along with Social Security and the interest payment on the national debt, are expected to continue to steadily in-

crease as a percentage of the total economy.

**Observation:** The nondefense spending category, outlays for maintaining the nation's infrastructure – roads, mass transit, communication, buildings, and basic functions of American society, has been allocated a shrinking share of gross domestic product as the population grew. Federal highway, mass transit, and communication systems make America the envy of most of the world but it has taken a backseat to other priorities.

Including all forms of taxes – federal, state, and local; income, sale, value-added, estate and property taxes – the U.S. has one of the lowest total tax burdens among the 37 developed nations that are members of the Organization of Economic Cooperation and Development (OECD). Countries, such as China, Brazil, India, and Russia, are not OECD embers and excluded here.

**Observation:** The comparatively low tax burden of

the U.S. allows some flexibility in solving the country's long-term spending problems.

Nobody wants to pay more taxes, but these two observations might make the series of tax hikes expected to be enacted in the weeks ahead easier to bear.

Norman J. Politziner, CFP, a resident of Encore, is an Investment Adviser Representative of Kingsview Asset Management.

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NEW NEIGHBORS

By Christina Smith, Resident Services Manager

Jung Soo Cho and Dae Soon Cho, 379A Old Nassau Road, formerly of North Brunswick, N.J.

Randy and Christine Scott, 614N Winchester Lane, formerly of Elmwood Park, N.J.

Toru and Mutsuko Ouchi, 655B Yale Way, formerly of East Amherst, N.Y.

Delia Vitale, 40A Concord Lane, formerly of Jamesburg, N.J.

Doris Isayev, 1N Old Nassau Road, formerly of Edison, N.J.

Victoria Ruberto and Jose Figueroa, 278B Milford Lane, E. Stroudsburg, Pa.

Helen Shu, 271-O Old Nassau Road, formerly of Leonia, N.J.

Christie Obe, 172A Rossmoor Drive, formerly of Hempstead, N.Y.

Nikolaos and Zenaida Goumakos, 186A Rossmoor Drive, formerly of Brooklyn, N.Y.

Kris Solt, 391A Orrington Lane, formerly of Ewing, N.J.

Steven Braun, 544-O Sutton Way, formerly of Milltown, N.J.

Donata McCarroll, 126N Lowell Lane, formerly of Westwood, N.J.

Julie Shakoor, 86A Old Nassau Road, formerly of Monroe Twp., N.J.

Patty Smith, 68D Gloucester Way, formerly of Plainsboro, N.J.

Mark and Robin Steinhäusen, 180A Prescott Lane, formerly of Jamesburg, N.J.

Manual and Sylvia

Espinoza, 76P Rossmoor Drive, formerly of Linden, N.J.

Shveta Shah, 499C Stockton Lane, formerly of Windsor, N.J.

Denis Cano, 522-O Spencer Lane, formerly of Bernardsville, N.J.

Miguel Quinones and Lydia Ruiz, 123B Rossmoor Drive, formerly of Falls Church, Va.

Rosemarie Bovino, 86-O Old Nassau Road, formerly of Pottsville, Pa.

Frank and Eileen Ragona, 84A Old Nassau Road, formerly of Pinehurst, N.C.

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By Connie Previte

Thank you, Saint Peter's University Hospital, for

holding a vaccine clinic for Monroe Township senior residents.



Connie Previte, left, graduate of Saint Peter's School for Nurses, class of 1958, enjoyed reminiscing while receiving a vaccination.

**(s)milestones****Three generations in Rossmoor**

By Annie Tierney

The Applebees were the first residents in their manor on Rossmoor Drive. Many years later, their daughter Marie moved to Rossmoor. She can see her parents' former manor from her patio.

Marie was 97 years old last March. She loves plants and flowers. We used to chat frequently when meeting out-

side while weeding, pruning or watering the grass. Although we have slowed down in some areas, we can still get together and enjoy a few laughs and chat. She's a wonderful next-door neighbor. Love her dearly.

Marie's daughter, Beverly, also has a home here. Happy to say, it's within walking distance to her Mom's.



Marie Laffin and Annie Tierney

**In Memoriam**

Richard Anthony Kulesza, 92, of Rossmoor passed away peacefully, on June 6, 2021.

Richard resided in Metuchen for 36 years, before moving to Monroe Twp. 25 years ago.

He graduated from Perth Amboy High School in 1946, lettering in three sports: football, basketball, and track. He was selected to All Middlesex County Football Team and played semi-pro football. He graduated from Rutgers University in 1950, with a BS in Education.

He served in the US Navy, from 1950 to 1954, serving during the Korean War, on the USS Albany, a flagship in the Atlantic Fleet.

He later joined the family business. He was the third generation of his family to work in the casket and funeral supply industry.

An avid golfer, he was a member of the Metuchen Golf and Country Club, for over 60 years. With many trophies won over the years, his proudest accomplishments being a hole-in-one on the 18th hole, and also winning the coveted 2-day Member Guest Tournament. He was also a member of the Rossmoor Men's Golf Association and Forsgate Country Club.

A proud alumni and loyal supporter of Rutgers University, he was a member of the Rutgers Alumni Association, the Scarlet R Club, Rutgers Touchdown Club, and a season ticket holder for basketball and football, for over 60 years.

Richard was a member of the B.P.O.E Lodge #1914 and the Chamber of Commerce of the United States of America. He was a parishioner of St. Francis Cathedral, Metuchen.

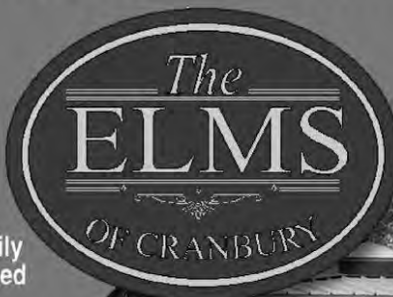
He also enjoyed fishing, boating, reading, and gardening. He would strive to have the most perfect yard, and his many hours dedicated to it always showed.

He is predeceased by his beloved wife Claire. Surviving are his three children, Leon Kulesza and his wife Susan; Karen Kulesza; and Kimberly Kulesza Fleming and her husband Chris; and grandchildren Christopher, Emily, Patrick, and Thomas.

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If you or someone you know is struggling, know that social distancing shouldn't mean social isolation. Call for help:

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HEALTH CARE CENTER NEWS

Myths

(Continued from page 1)

nated. You should wear a mask if you are around someone who is unvaccinated or at high risk of contracting COVID-19.

**Myth:** The mRNA in Pfizer and Moderna vaccines will alter my DNA.

**Fact:** These vaccines will not change a person's genetic makeup (DNA). The vaccine does not enter the nucleus of the cell where DNA is located.

**Myth:** The COVID-19 vaccine was rapidly developed and tested and makes them unsafe.

**Fact:** Due to the world-wide pandemic, these vaccines were developed faster than normally but went through the same rigorous testing and regulatory process by the U.S. Food and Drug Administration (FDA).

**Myth:** After getting the COVID-19 vaccine, I will test positive.

**Fact:** There is no live virus in the vaccine so you will not test positive for COVID-19 as a result of the vaccine.

**Myth:** I don't need to get the COVID-19 vaccine as I am not at high risk for developing severe complications of COVID-19.

**Fact:** Regardless of your risk, everyone needs to be vaccinated. You can still contract COVID-19 and spread it to other people.

**Myth:** People with certain blood types experience less severe COVID-19 infections and don't need to be vaccinated.

**Fact:** Ongoing research shows no reason to believe certain blood types have a higher severity to COVID-19. Everyone should be vaccinated.

**Myth:** The flu vaccine helps to protect you from COVID-19.

**Fact:** The flu and COVID-19 have similar symptoms but are two different viruses. The flu vaccine will not give you immunity against COVID-19.

**Myth:** The COVID-19 virus has mutated and our vaccines won't work.

**Fact:** It is true coronavirus has mutated and is mutating. Research is showing these new variants are transmitted more easily and more people will come down with COVID-19. Studies are ongoing as to whether the vaccines are less effective, but data is showing COVID-19 vaccine offers some protection.

**Myth:** Transplant patients should not get the COVID-19 vaccine.

**Fact:** The COVID-19 vaccine is safe for transplant patients. These patients should speak with their doctors about getting the COVID-19 vaccine if they have any concerns.

**Myth:** It is better to get COVID-19 to gain immunity.

**Fact:** COVID-19 can cause long-term health problems and even death. Getting the vaccine builds immunity without the complications of COVID-19.

**Myth:** The COVID-19 vaccine was developed with or contains controversial substances.

**Fact:** The COVID-19 vaccine was not developed with fetal tissue and does not contain any type implants, microchips or tracking devices.

**Myth:** COVID-19 is caused by bacteria.

**Fact:** COVID-19 is caused by a family of viruses called coronavirus.

Antibiotics do not work against viruses. If a person developed a bacterial infection from COVID-19, an antibiotic may be needed.

**Myth:** The COVID-19 vaccine will make me more susceptible to becoming ill while I develop immunity.

**Fact:** There is no evidence an individual is susceptible to becoming ill while his/her body develops immunity.

**Myth:** The COVID-19 vaccine is not recommended for people with severe allergies.

**Fact:** Severe allergies are not contraindicated for getting the vaccine.

Speak with your physician and follow his/her recommendations.

Saint Peter's has developed a COVID-19 Recovery Program for people who still have lingering complications from COVID-19 such as shortness of breath, chest pain, digestive problems and fatigue. The program provides access to multispecialty care for patients who have previously tested positive and were either hospitalized or recovered at home. If you or someone you know is experiencing complications due to COVID-19, call the COVID-19 Recovery Program at 732-745-8552 or email COVID19recovery@saintpetersuh.com to make an appointment.

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**Traffic Safety Announcement**

Please drive carefully within the community making sure to STOP at stop signs, use your DIRECTIONAL SIGNALS and abide by the SPEED LIMIT. Also, please be certain to park on the right side of the street.



**CULINARY CORNER**

By Sidna Mitchell

**Crafting Beer Buns, not Beer Ice Cream**

Hummm<sup>1</sup>/<sub>4</sub> someone mentioned beer ice cream. Yuengling's Beer Ice Cream to be exact. I don't know about that.

However, when I checked out the website (yuenglingsicecream.com) I saw the connection. Yes, Yuengling is the name of America's oldest continuing brewery. And there was a brief time when the brewing stopped thanks to Prohibition. Thus, that's where the ice cream comes into the story. Yuengling's Ice Cream Corporation was started in 1920 by the owner of D.G. Yuengling & Son Brewery.

Throughout Prohibition days, the company grew and in 1930 the name was changed from Yuengling's Ice Cream Corporation to Yuengling Dairy Products Corporation when it began processing and distributing milk in the Pottsville, Pa. area.

After Prohibition ended in

1933, one of the Yuenglings returned to running the brewery full-time and the Dairy Products company continued until 1985 when the last cartons of Yuengling Ice Cream were produced.

However, in 2014 a Yuengling and a partner re-introduced the ice cream. Their flavors include Black and Tan, Butterbeer, Espresso Chocolate Chip, Vanilla Fudge Chunk with Pretzels, Sea Salt Caramel Swirl,

Peanut Butter Cup, Cookies & Cream, Cherry Vanilla Chunk, Cinnamon Churro, Root Beer Float, Creamy & Sweet Madagascar Vanilla, as well as Strawberry and Teaberry.

After checking the website for store locations where I could purchase the delicious sounding ice cream, I was unfortunately not successful in a local search. So, instead of eating ice cream, I decided I would just make some beer buns.

**Granny's Beer Buns**

1 cup beer  
2 cups Bisquick or Jiffy Baking Mix  
2 tablespoons sugar

Cook until golden brown (about 15 minutes) in a 400-degree oven. Makes about 12 buns or you can easily cut the recipe in half.

NOTE: Granny, my mother who was a tee-totaler, used to pour the remaining beer down the drain. (To make the buns she would "borrow" a can from Ed, a neighbor who owned a liquor store.) I always make sure I use a cold beer so I can finish drinking what's left in the bottle or can. It's your decision. Enjoy the buns and, if you so desire, the beer!

I can be reached via e-mail at sbmcooks@aol.com.

**Culinary Corner**

Mix ingredients together and pour into a greased muffin tin.

**Clubs and Organizations**

**Computer Club**

By Steven Gray

This is my first article to the Rossmoor News in 13 months. I thought I would be more myself and hit you with some puns so be warned and read at your own risk.

Streaming – what is it? There are Oceans of information about Streaming on the Internet so I thought I would Bridge the gaps and try to increase your River of knowledge. Follow along and let this information Flood into you. By the time you are done I hope you can see. To begin with, we start with a song (be glad you are reading this and not listening to me sing):

To Stream it's impossible to stream. To watch the unwatchable show. To see on a screen way too small. To try to watch where the Internet dares not go. This is my quest. To stream that darn show. No matter how hopeless, no matter how slow. To try for the right to see more, no matter how hopeless, even if the show is a bore -- big finish -- TO STREAM, I MUST LEARN HOW TO STREAM!

So what is streaming? Basically, it is any media that is sent to computers and/or mobile devices via the Internet. It is very similar to downloading but, unlike downloading, it is deleted automatically once you play them.

One thing you must be very aware of is your

download speed. As per the FCC site, to watch a standard definition stream you need a speed of at least 3-4 Mbps, high definition 5-8 Mbps, and a 4k video 25 Mbps. You can contrast that with general use such as email and social media only needing 1 Mbps. Think back to when you used a modem – the faster ones were 14400 bps with the ultra-fast ones at 52000 bps.

How does that compare? 14400 bps = 0.1152 Mbps. 52000 bps = 0.416 Mbps. Even the fastest modem was less than half the speed needed today for even the minor things like email, streaming could never have taken place using a modem.

How to stream? Any device connected to the Internet with decent speed is capable of streaming. If you have a "smart" TV that is connected by either Wi-Fi or directly using an Ethernet cable then you can stream using the TV controls.

If you do not have a smart TV, Wi-Fi, or an Ethernet connection but do use Comcast you can also stream through Comcast but you need the X1 box and remote (it is a free upgrade and gives you voice control as well).

The issue is that streaming though Comcast, while it does work, may stutter a bit as the more load on the lines the slower the speed. A side note – if you want to

watch high definition you must connect using an HDMI cable so your TV must be HDMI capable. If you are still using that old TV that was a wedding present when "I Love Lucy" was first run you might consider buying a new one.

But I do not have Comcast, I use Verizon for my Internet. You can still stream but it gets a bit more complicated. The same information concerning Wi-Fi and a direct cable connection is appropriate providing your TV has one or the other (or both). Older TVs, while still being high definition, may not have those connections. That brings us to a dongle.

A dongle is a little adapter from either Google (Chromecast) or a knock-off (Miracast) that connects to an HDMI port on the TV (yes, still need one of those). You can then receive the stream on a laptop, tablet or smart phone and "cast" it to the TV. Now you are using Wi-Fi to receive the stream and the same Wi-Fi to send (cast) the stream elsewhere. This will take up more bandwidth and will definitely slow your connection so what you can see on your device with no problem may not be watchable on your TV due to stuttering.

Do note that not all devices can use Miracast but all can use Chromecast provided you cast through either Google or Edge. Also

(Continued on page 17)





## Have you enjoyed the concert yet? Here's an easier way

By Linda Bozowski

The Rossmoor Music Association is hoping that many of our residents have taken advantage of the Fred Moyer piano presentation that was prepared for those of us at Rossmoor. We have asked Moyer to make the concert a little easier to view for those who may not be comfortable with entering the YouTube web address to access the program. What he has graciously done for us is make the concert available publicly on your PC or on your television without entering a web address.

The public availability of the concert will only run from July 1 to July 17. Viewers may access the presentation by selecting YouTube on their PCs or TVs and, using the search function on the left side of the screen, entering "Fred Moyer" and then scrolling through Moyer's available programs. Our program will be clearly identified as the Rossmoor, N.J. pres-

entation. If you are using the YouTube channel on your TV, you will be able to take advantage of the larger screen size.

After July 17, folks who wish to see the presentation, either for the first time or for an additional viewing, will need to enter the YouTube private link that was published in the June issue of the Rossmoor News. In case you have forgotten, you may also contact the Music Association by email at [rossmoor.music.association@gmail.com](mailto:rossmoor.music.association@gmail.com) and we will re-

ply with a hyperlink that you may click on and be taken directly to the concert on your computer.

We hope that you will take advantage of enjoying this wonderful performance. We are looking forward to having Moyer entertain us again in person at our Meeting House, where we will be able to hear him play and also view his performance through the wonders of his Moyer-Cam device.

Please contact us if you have any questions about this free performance. Enjoy!

## Our day will come

By Judy Perkus

As I write this in early June, Rossmoor is still closed while other PRCs have reopened both outdoor activities as well as their clubhouses. Our pool and outdoor courts were to open in mid-June with extremely limited access and stringent regulations. Governor Murphy has opened up New Jersey, relaxing most restrictions for indoor and outdoor venues.

Rossmoor Dance Club President Armen DeVivo would love to put her exciting plans into action. Watch Channel 26 for announcements.

It seems like forever, but our day will come.

## We are still reading and writing in Rossmoor

By Norman Perkus

The Book Discussion Group continues to meet monthly over Zoom on the third Thursday of the month. "The Other Einstein," by Marie Benedict is the book to be discussed at the July meeting. Join us at 3 p.m. on July 15.

On July 29, the last Thursday of the month, the Writers Group will meet virtually at 10 a.m. to discuss what they have written.

All Rossmoorites are welcome. Call Norman Perkus for Zoom access.

## Computer Club

(Continued from page 16)

note that some of the newer TVs may have Miracast built in while others may have Amazon TV or Roku built in. There are other dongles/devices that can stream such as the Roku, Amazon Fire stick and Apple TV but I am not familiar with them whereas I have used both Miracast and Chromecast. Of course, you will still need that infamous HDMI port.

I mentioned both Comcast and Verizon, I am not pushing either one of them. It is your choice what you want to use and, obviously, pay for. The same can be said for the various dongles. I will admit to using Chromecast in the past on a non-smart (dumb?) TV and occasionally use Miracast now as it is built in and makes on-line shopping easier to see but I do not and will not recommend one over the other.

## Big crowd of Democrats enjoy pizza party

By Michael Markel, Democratic Club president

It was a beautiful spring evening on May 24 when a large crowd of Democrats came together for pizza and sodas in the parking lot near The Pantry. Handshakes, smiles, and "Hi, good to see ya," were the order of the day after the long, lonely winter of our discontent that we had all just survived. Many people expressed satisfaction at the size of the crowd (nearly 100 people) and the enthusiasm in the air.

Among the gathering were Monroe Mayor Steve Dalina, who, it turns out, likes to bust chops and keep everyone laughing; County Commissioner Leslie Koppel who came with a sweet little pooch; Monroe Council members Miriam Cohen, Elizabeth Schneider, and Terry Van Dzura; County Commissioners Channele Scott-McCullum and Shanti Narra; and Claribel Cortes from the County Surrogate's office.

Joining the crowd were two candidates for the November election for the Monroe Council: Rupa

Siegel and Alton Kinsey, M.D.

Busy running this lively event were the Club President Mike Markel, who exhibited nothing less than professional skill at slicing and distributing the 18 pizzas ordered from Sal's Deli, Vice President Sharon Morgan, and Secretary Lisa Evans. Treasurer Sue Rauth reported taking in 16 new members, bringing the paid-up total to a healthy 91 people.

The Monroe Township Democratic organization donated several boxes of blue and white "Rossmoor Democratic Club" T-shirts that members were pleased to take home with them.

Before the crowd disbursed, Mayor Dalina made a point of recognizing the many guests among the crowd. His suggestion that, while pizza and sodas were fine, perhaps some thought could be given to a beer and hot dog event at some future date. He got some eager applause for that one!

Stay tuned. Good things are coming.

(See photos on page 10.)



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## As a reminder!!!



**Pedestrians – Please wear light or reflective clothing when walking in the dark.**

**Also, always walk against the traffic (on the left however you are facing.)**

**Bikers – Always ride with the traffic (on the right).**





# Religious Organizations

## Spotlight on our congregation's president

By Adrienne Brotman

Cindy Sigl is the congregation's president. She and her husband John moved to Rossmoor four years ago from Cranford, N.J. John and Cindy have been married for 33 years and have two sons, Scott, 30, and Brian, 26. Cindy grew up in Woodbridge and is a recruiter for managers and chefs for restaurants all over the country.

A friend, who lived here, told John and Cindy about this community. They chose a free-standing manor, and Cindy especially loves her sunroom, which is her workspace. Cindy feels Rossmoor is well maintained and has tons of activities if you choose to participate. She has enjoyed the Zumba classes and utilizing the gym.

She likes that a lot of dogs reside here and thinks she may know more names of the dogs that live here than residents. Cindy does not have a dog, but she enjoys babysitting them. She is extremely happy to live here.

Cindy was president and a participant in her temple's

choir, Temple Sha'arey Shalom in Springfield. Now she is president of the Jewish Congregation. It is very important to Cindy to make Judaism fun. She is proud to be Jewish and proud of her religion. She is an asset to the congregation. She has been instrumental this past year in keeping morale up.

She has helped to orchestrate sending symbolic foods for the holidays to our members. She also hosted a get together at her home for the congregation last month. We are happy to have a dedicated and hard worker as a member of our congregation.

Zoom Sabbath services will be Friday, July 9 and Friday, July 23 at 4:30 p.m. Zoom Torah Study will be Saturday, July 10 and Saturday, July 24 at 10 a.m. Watch Channel 26 for any changes. Contact Judy Perkus for more information on zooming. All are welcome! If you would like information on the congregation, contact Allan Kaufman, vice president of Membership at Allan.Kaufman0125@gmail.com or call 732-690-2145.



## Golf Pro's corner news

By Ray Bridy

The busiest golf season in many years was 2020.

We need to go all the way back to 2012 when we had as many rounds of golf played in one single year. Not only were rounds of golf way up in 2020, but we set a new all-time record for new members joining the course.

Since September 2020, we have had 48 new golf members join, most of them as full members. Our previous record was 21 new members in the same time period. As we move into the month of July and beyond, we hope to grow our other golf revenue streams to the levels we had pre-2020. We can do this by bringing back corporate league play and small outside groups of golfers and outings.

The golf course is in exceptional condition; we have Tom Tucci and his crew to thank for that. Our members

and their guests continue to rave about the Rossmoor golf course. This is how we are able to build our membership base; most of our new members come via a member referral. They enjoy the atmosphere, course conditions and the challenge of our course.

As golfers, we are all looking for ways to improve on our score. This month's golf tip will be built around the short-game. The fastest way to lower your score is by improving your skills on and around the green. Think of how many extra strokes that are taken on the green or chipping onto the green, adding to your score.

For putting, make sure you do your homework on the practice green and get a feel for the speed of the green. There are only two factors with putting — distance and direction. It's hard to make a putt if you never reach the hole. It's easy to three-putt if

you don't get your first putt within a reasonable three-foot circle.

The drill I like to do is the circle drill. This drill builds confidence. Place 6 balls three to four feet around the hole, forming a circle. Then proceed to try to hole all 6 putts. As you work around the circle you will feel pressure grow. This pressure is good to experience. The drill will help you to handle it once you have that same three- to four-foot putt on the golf course. A successful session is making all 6 putts in a row without having to restart again once you miss the first putt.

Please feel free to stop in and visit the pro shop, driving range, and putting green. The golf staff and I would like for you to engage in the game. We are here to help you in whatever way we can.

Golf is a game of a lifetime and it is never too late to start!



From left, Karen Seiden, Helene Gray, and Janet Goodstein join the Jewish Congregation at President Cindy Sigl's home on a very hot June Sunday afternoon.

## A message from High Tech Landscapes, Inc.

- All summer flowers have been planted.
- We have edged all the sidewalks, driveways, and curb lines each month and are up to date.
- The weed killer has been effective now that it is hot consistently. Please tune to Channel 26 for information on when your Mutual will be sprayed.
- So far, we have still been able to mow the entire community weekly even with the bad weather recently. Please call the East Gate phone and leave a message with any questions or concerns 609-655-5134.

- Pruning will continue
- The third round of fertilization will be a liquid application of nutsedge control using herbicide that produces fast, visible results and controls difficult weeds such as nutsedge, season long and aids in reducing future generations of weeds. This will take place late July/August.

Please remember to put any debris out front curbside Sunday night in order for us to pick up Monday morning.

Just a reminder, the newly installed soil and seed needs to be watered at least twice a day — 45 minutes in the morning and afternoon.

## Middlesex County and Monroe Township complete acquisition and preserve 35-Acre Zimbicki Farm along Federal Road

### Acquisition secures land for open space through County Farmland Preservation Program

Monroe Township officials have announced the addition of 35 acres to its open space inventory thanks to another successful collaboration with Middlesex County and the State of NJ through the Farmland Preservation Program.

"This is a prime piece of Monroe Township real estate that is now and forever saved from development. We are thankful that Middlesex County and the State took the necessary steps to acquire the land in partnership with us," said Mayor Stephen Dalina. "The addition of another 35 acres of farmland moves us closer to our goal of preserving half of the Township. This acquisition would not have been possible without the cooperation of the Zimbicki Estate. We are grateful for their interest in preserving this land."

The County, in partnership with the State and the Township of Monroe, purchased the development rights for

the farmland located on Federal Road, owned by the Estate of the late Mr. Anthony Zimbicki, Sr., of Monroe Township, for the total of \$945,837. The State contributed \$567,502.20, the County paid \$189,167.40, and Monroe Township paid \$189,167.40 towards the purchase.

"The Middlesex County Board of County Commissioners has always had a commitment to preserving land within our beautiful County, evident in our thousands of acres of farmland and open space already preserved," said Middlesex County Commissioner Director Ronald Rios. "We look forward to continuing to preserve more farmland properties and protecting them from non-agricultural development as it's an investment in all of our futures. Farmland preservation is the first step to ensuring food is available for generations to come."

Middlesex County's Farmland Preservation Program purchases the non-agriculture development rights on farmland that meets

criteria established by the Middlesex County Agriculture Development Board and the New Jersey State Agriculture Development Committee. The value is determined by two independent appraisals, and the farmland is preserved by placing an agriculture preservation easement on the property. The State, County, and municipality share the cost of the farms' development rights, with the State contributing much of the purchase price. Middlesex County's program is strictly voluntary; farmland owners interested in participating in the program must submit a formal application to the Middlesex County Agriculture Development Board.





## July at the Monroe Township Public Library

The Monroe Township Public Library (4 Municipal Plaza, Monroe Township, NJ 08831) is open to the public Monday through Thursday: 9:30 a.m. to 8 p.m., Friday: 9:30 a.m. to 5 p.m., Saturday 10 a.m. to 5 p.m. and Sunday: 10 a.m. to 2 p.m.

### Curbside Pickup Service

Curbside pickup service from the Library's Drive-Thru Window remains available by appointment for those who prefer it. Place items on hold with your library card and pick them up when they're ready. Schedule your appointment on our website at [www.monroetwplibrary.org/curbside](http://www.monroetwplibrary.org/curbside) or by calling (732) 521-5000.

### Returning Materials

The book drop at the Rec Center is now open. You may return library materials to the book drop at the Rec Center during the building's operating hours. Return library materials to the book drops at the Library's Drive-Thru Window or in the parking lot of the Senior Center at any time, as they are accessible 24/7.

### Electronic Resources

Download and stream a variety of media, like audiobooks, ebooks, magazines, music and movies, at any time of the day, from wherever you are! Our digital library is available 24/7. All you need is your library card number. Visit our website at [www.monroetwplibrary.org/resources/digital](http://www.monroetwplibrary.org/resources/digital).

### Bookmobile

The Bookmobile is on the road with our bus full of books, bringing the Library to you! Visit our website at <https://www.monroetwplibrary.org/bookmobile> for a schedule of stops and information about requesting materials.

### Book Café\*

Thursday, July 1 at 11 a.m.  
Wednesday, July 7 at 11 a.m.  
Wednesday, July 7 at 1 p.m.

What have you been reading? We want to know! Join other book lovers for a lively discussion. Book Café is a perfect place to find your next great read or share what you have enjoyed. Due to the popularity of this program, a third session has been added. This program will be held in person. \*Registration is required. Register in advance online at [www.monroetwplibrary.org/calendar](http://www.monroetwplibrary.org/calendar) or by phone at (732) 521-5000.

### Monday Meditation

Mondays, July 12, 19 & 26 at 9 a.m.

This program will be held via Zoom. Registration is not required. Please visit the Library's website at [www.monroetwplibrary.org/virtual-programs](http://www.monroetwplibrary.org/virtual-programs) for meeting ID and password information.

### Page Turners\*

Thursday, July 15 at 11 a.m.

The theme for this session is Odd Couples & Unlikely Friendships. This program will be held in person. \*Registration is required. Register in advance online: [www.monroetwplibrary.org/calendar](http://www.monroetwplibrary.org/calendar) or by phone at (732) 521-5000.

### Non-Fiction Discussion\*

Monday, July 19 at 2 p.m.  
Please join us for a discussion of The Other Wes

Moore: One Name, Two Fates by Wes Moore. Reserve the book through the library's online catalog, by phone or at the Welcome Desk. This title is also available in ebook and audiobook formats in the Libby app. This program will be held in person. \*Registration is required. Register in advance online at [www.monroetwplibrary.org/calendar](http://www.monroetwplibrary.org/calendar) or by phone at (732) 521-5000.

### International Book Club\*

Tuesday, July 20 at 10:30 a.m.

Join a book discussion about A Burning by Megha Majumdar (India). Reserve a copy on the library website or by calling the library. This title is also available in ebook and audiobook formats through the Libby app. This is a hybrid event. \*In-person participation requires registration. Register in advance online: [www.monroetwplibrary.org/calendar](http://www.monroetwplibrary.org/calendar) or by phone at (732) 521-5000. Registration is not required to participate via Zoom. Please visit the Library's website at [www.monroetwplibrary.org/virtual-programs](http://www.monroetwplibrary.org/virtual-programs) for meeting ID and password information.

*The Library will be closed on Sunday, July 4 and Monday, July 5 in observance of Independence Day.*

## Contact Waste Management

**609-587-1500**

ID# 61565342007

for pick up of household items

**NO electronics**

**NO upholstered furniture**

**No mattresses**

## Recycle information from Waste Management



- No caps on glass bottles/containers in the recycle bin.
- No lids on plastic bottles.
- Only #1, #2, and #5 plastic is acceptable in the recycle bin.
- Plastics numbered #3, #4, and #7, etc. must go in the household trash bin.
- Other plastic items as well as plastic bags, plastic wrap, shipping film, and Styrofoam go in the household trash bin. Please, no plastic bags in the recycling bin. You can use a plastic bag to dump your recyclables, but take the plastic bag away with you. (Recycle it at the supermarket.)
- Shredded paper cannot be recycled by Waste Management with their current equipment so put it in the household trash bin.
- Aerosol cans must be empty *and* punctured before being put into the recycle bin.

## TRANSPORTATION TIDBITS

### Important phone numbers:

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Monroe Township Transportation .....609-443-0511

Middlesex County

Area Transportation (MCAT) .....1-800-221-3520

St. Peter's University Hospital

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All schedules are available outside the E&R office (near the copy machine) or via the Web at [rcainj.com](http://rcainj.com) and following the links Facilities, Clubhouse and Activities, and Bus Info.

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