



Happy Father's Day



Yarborough and Old Nassau Roads Photo by Bob Shine



Spring blossoms at Rossmoor Photo by Jim Wilson

Months of staying at home

By Jean Houvener

As I write this, we have had eight weeks of no gatherings; when you read it there will be an additional three weeks. No in-sanctuary church, no choir rehearsals, no concerts, no open swims, no Computer Club, no Woodshop, no events in the Clubhouse, and little to no toilet paper. Nevertheless, we have found various ways to gather virtually. On March 15, our church had a Facebook Live service; since then we have moved to services on Zoom. One of my choirs, a community chorus, held its first "rehearsal" on Zoom on March 16. I understand that we can't actually sing together since the various delays in multiple machines would make a cacophony of sound, but we follow our conductor and the accompanist. It took longer for my church choir to meet via Zoom; our choir director apparently has had a recurring case of the virus (his doctor did not feel there was a need to actually test). We gathered not initially to sing but to re-

connect. All these virtual meetings helped to close the social gap of social distancing, a measure we all need to take to protect our lives and those of others.

The Rossmoor News has also proceeded, even though our publisher cannot actually print at the press at the moment. The paper is being published in digital form only on the rcainj.com website (where all issues land). We, too, have used Zoom and learned other technologies to receive and copyedit the articles.

On good days, I am able to proceed with gardening, planting new plants, cleaning up and pruning established plants, and most of all weeding. The weeds don't care about Coronavirus and do their usual arrival ahead of everything except the snowdrops. It always feels good to be outside.

Both of my choirs are making the effort to record ourselves to join in a virtual choir appearance. It is a humbling experience to sing

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Staying Healthy

By, Kaytie Olshefski, BSN, RN-BC

As we start to pull ourselves out of the coronavirus grip, things that we knew as normal may never be the same again. COVID-19 has rocked our world and we will have to adjust to a new normal. No one knows the time it will take to get us back on our feet, but researchers, scientists, and public health experts are learning more and more about this virus every day. As we slowly emerge from this virus, we must adhere to the guidelines for our safety and to bring our economy back. However long it may take to come out of this, remember we are all in this together. What is most important is taking care of ourselves through all of this.

Throughout this pandemic we have been trying our best to stay healthy but it has not been easy being housebound. Sometimes without even thinking about it, we automatically pick up a piece of candy or a cookie and

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Remember the Drive-In? Let's walk down memory lane

By Linda Bozowski

(Caution: This article should not be read by your grandchildren. It may contain too much information.)

As we've stayed in our homes over the past several months, we've had lots of time to reminisce, look through old photos or slides, and maybe catch up with friends on the phone or by email. Maybe we thought about special friends from high school or college, or of our early dating days.

Maybe we even got so far as recollecting those days when we had small children or nieces or nephews whom we entertained with movies at the local drive-in theater.

You know, those movie theaters where we could easily practice social distancing, didn't have to wear masks, and could even wear our pajamas if we knew the movie was going to run late into the evening. The theaters where we could bring an (illegal) six-pack of

beer or (legal) soda, a bag of cheese doodles or a ham and cheese sandwich. Where, if we had youngsters with us, we could settle them down in the back seat and have quiet for a little while. Or, if we didn't have youngsters with us, could snuggle up with our special someone and enjoy a more adult evening.

And one of the best parts of these spacious parks was that usually a carful of patrons could see a first run movie for a dollar or two or even five. The snack bar offered freshly made food for modest prices, cartoons usually preceded the feature films, and the bathrooms were pretty handy. Some drive-in theaters even had small playgrounds for children, which kept them busy until it was time to get into the car in advance of the movie (as the sun was setting).

The first drive-in theater opened in New Mexico in April

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A "Thank You" to our first responders and essential workers, one of many such messages.

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## Staying at home

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along by yourself to a recorded accompaniment, trying to keep time, look at least vaguely comfortable with the recording, dealing with new technologies, and staying as well on pitch as possible. I have discovered my reedy old lady voice. When I sing in the midst of my buddy sopranos, I feel like I have a wonderful powerful voice. It turns out that is true only when I am in the group (and maybe not true at all, but I will bypass that idea). I have learned that we all feel this way, yet we soldier on and hope our directors will be able to make something beautiful out of all our individual efforts.

It is a terrible feeling going to the grocery store with a knot of fear in the stomach. We have masks from a thoughtful neighbor and from a helpful sister who sews. Still, it is a hot humid experience hunting for what we need, up and down the aisles. Thankfully they have early senior hours and they have a one-way arrow system. Two things not successfully found: Lysol kitchen spray and Charmin Ultra-soft toilet tissue. I am immensely disappointed in Procter and Gamble. Other places have come to the rescue with substitutes.

We greet each other as we walk around the community. Mostly we wear masks and keep our distance when we meet each other. My understanding is that while there is some protection to me to wear a mask, the point is really to protect others from me by wearing a mask, just as they are protecting me by wearing mask. I also learned (from The

New York Times children's section) that soap acts like tiny swords, with the handles held by water droplets and the blades aimed at the fatty protective shield that surrounds the RNA of the virus, where it slices into the fat and scatters the RNA to the four winds, or rather down the drain, where it

can no longer reproduce. These things – masks, social distance, and washing hands – are our greatest tools to fight this disease.

I pray daily that we all come through this with our health intact and also for those for whom that is no longer possible.

## Drive-In

(Continued from page 1)

1915 but closed in July 1916. That theater was a combination of a 700-seat indoor auditorium and a 40 or more car outside parking area. Texas opened an outdoor-only theater in the 1920s, and patrons in cars parked bumper to bumper watched silent films. The drive-in theater was patented after an outdoor theater, consisting of a screen nailed to trees, a Kodak projector placed on the hood of a car and a radio placed behind the sheet, was set up in the driveway of chemical magnate Richard Hollingshead in River- ton, N.J., in 1932. After experimenting with the angles at which cars needed to be parked to enable good viewing of the screen and obtaining his patent, Mr. Hollingshead opened his 400-car theater in nearby Pennsauken. However, it was not financially successful and the rights were sold to a Union, N.J., theater operator only three years later.

As the concept caught on, theaters were opened throughout the country in the 1930s, but the popularity did not increase until the 1940s after revisions and improvements were made to the speakers, which could be controlled within the car. From the early 1940s throughout the 1960s,

drive-in theaters continued to grow in number and popularity. After all, where else could a family find entertainment at such a bargain price? From 1947 to 1951 the number of theaters had grown from 155 to 4,151. Despite being family friendly places, drive-ins also developed a reputation as “passion pits” as couples took advantage of the privacy that autos offered as dating locales.

As the home entertainment industry advanced its technology, attendance at drive-in theaters began to decline. Color televisions, daylight savings time, which meant that movies started later, cable TV and video rentals all made getting in the car and then driving to pay to watch a movie less attractive. And, of course, lower attendance made profits at these theaters go down. As theaters closed, the land was sold for housing developments or office buildings and shopping centers.

There has been a limited resurgence of interest in drive-in theaters. Superior, Iowa, saw its theater open in 2009 and Lubbock, Texas, opened a theater in 2010. By 2013 there were 389 theaters in operation with very different technology than had been used in the earlier heydays. Most of these theaters are in the South or on the West Coast.

As a dating teenager, then a young mother, I spent my share of evenings at the drive-in. After all, it's where I saw “Star Wars” with my now 48-year old son. I'll never forget seeing “The Cardinal” on my honeymoon in Lake George, N.Y., which had been released two years earlier in central New Jersey. And yes, my husband and I were two of the patrons who took a six-pack of beer to the drive-in.

## Bits & Pieces

Sue Ortiz

Does your hair look as if you are wearing a mop? Do your nails look like you've worked a hard day on the railroad? Is your house spotless and ready for company (not any time soon)? Is your freezer full of future meals? If you answered yes to any of the above, well, they are the new signs of the times.

Have you tried trimming your own hair? I have! It turned out okay, for now, but I can't wait for my salon to reopen. Forget professional mani/pedis; time to dig out that old bottle of pink pearl polish and the old emery board.

For the last month or so, we in the E&R office have been working from home. Yes, when you called the office, and I answered, I was home. I was in my stay-at-home clothes, sans going-out-of-the-house makeup (oh, I had on some, to feel like a human being), and generally awaiting your calls, as well as writing this column.

In-between, I was cooking up a storm. After a couple of necessary trips to the store for essentials and meat (and toilet paper) plus a couple of trips to a (no-contact) family farm for delicious comfort fruit, vibrant veggies, and luscious greens, I was able to get ingredients for some delicious dinners. The menus included: ratatouille with eggplant and zucchini; grilled vegetable panini sandwiches with fresh mozzarella; beef stew with potatoes and carrots; sausage, peppers, and onion sandwiches; chicken soup (for the soul) with myriad fresh veggies of all flavors and colors, including kale; all served with tossed salads with mixed lettuces and sprinkled with balsamic vinaigrette. I made hand-kneaded wheat bread. I hadn't done that in a while! My bread machine gave up the ghost years ago. I made a delicious apple and pear pie for dessert. I shouldn't be eating sweet things, but once didn't hurt. Besides, I have not had ice cream in a month!

Nice days were good for walking around the neighborhood and sitting in the sun to soak in my daily dose of Vitamin D, waving to the neighbors, from a distance. Watching the clouds roll by as the bare trees of winter spring into verdant green foliage. Feeding (and talking to) the squirrels, chipmunks, and birds as they, too, spring into action, which meant ordering more peanuts from Sam's Club.

Rainy days (and there were many) meant staying inside, reading, cooking, cleaning out the cabinets, or doing the dreaded spring-

cleaning. Don't think the garbage people were too happy on trash pickup days. Couldn't go out to the craft stores for supplies. Couldn't go ... anywhere fun! Parks were closed, even for a drive through. To make the days more fun, though, there were those little projects that had been waiting for my attention: photo albums, craft projects, and filing (and shredding) paperwork. Those paper piles do tend to grow.

Flowers brighten dreary days, so twice I took a leisurely drive to a nearby tulip farm to pick up some bunches of beautiful blooms. I prepaid online, then the purple, orange, and yellow clusters were deposited (again, no contact) in my trunk, and I was on my way. I took the loooong way home; that scenic drive on roads less traveled was refreshing. I also got a couple of bunches of flowers for my aunts and uncles, and I dropped them off on their porches as a surprise.

Oh, thank goodness for television! Nights were spent binge watching my favorite series on TV and catching up with my DVR programming. (As I write this, the DVR is down to 75% and counting!) I tried not to watch the news updates and skimmed past them on Facebook; the days were better without them. It was more fun to see posts from friends and family or get lost in a fiction world.

How did *you* spend quarantine time? I hope everyone is safe and well; please stay that way. It was nice hearing from some of you during this crazy time! We'll get *there* ... See you all soon! Happy summer!

**B&P**

“I go home and stay there. I wash and scrub up each day, and that's it. One month I actually grew a moustache, just so I could say that I'd done something.” – Bill Murray (American actor, b. 1950)

“I have found ways to kill this ever-present feeling of loneliness. I try a new dish and experiment with food, I'll clean my cupboard, do the little things in the house, and I keep myself busy. I find things to do.” – Neena Gupta (Indian actress, b. 1959)

## Notice

**ALL EVENTS ARE SUBJECT TO CHANGE OR CANCELLATION DUE TO HEALTH CONCERNS. VISIT THE MONROE AND ROSSMOOR WEBSITES AND TUNE INTO TV CHANNEL 26 FOR THE LATEST INFORMATION. [www.monroetwp.com](http://www.monroetwp.com) [www.rcainj.com](http://www.rcainj.com)**

## Open RCAI Meetings in June

**Thursday, June 11**

Standing Committee Meetings...9 a.m.

Maintenance Committee

Community Affairs Committee

Finance Committee

**Thursday, June 18**

Board of Governors Annual Meeting...9 a.m.

In the Clubhouse Ballroom

*Board of Governors June Meeting will immediately follow the Annual Meeting*

**Please watch Channel 26 for any changes or further announcements.**



### News Board:

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Myra Danon  
Bob Huber  
Jean Houvener  
Anne Rotholz  
Linda Bozowski  
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The Rossmoor News a monthly periodical is mailed to every home within the Rossmoor community. News items are welcome. Appropriate news items from outside organizations will be

considered as space permits. Unscheduled volunteer writers should contact Rossmoor News Chairman Joe Conti about any article they wish to contribute. All copy and pictures are subject to editing and are accepted with this understanding.

Letters to the Editor must be emailed to PES at [pescmd@aol.com](mailto:pescmd@aol.com) and clearly marked *Rossmoor News*.

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## A favor returned

By Anne Rotholz

The years 1845 to 1849 were some of the darkest in Irish history. They represented the years of *The Great Famine* or *The Great Hunger* as it commonly known in Ireland. A million people died of starvation and another million emigrated during that period.

In 1845, most of the Irish people lived on tenant farms while paying rent to an English or an Anglo-Irish landlord. Their main crop and source of food was the potato. Grain crops, if grown, were for export only.

Half of the potato crop was destroyed by a blight in 1845 and three quarters of the crop was wiped out in each of the three years that followed. Because some of the English leaders believed that the famine was Divine Providence taking care of a poor, overpopulated country, they had little sympathy for the people of Ireland and left them to die of hunger. An exception was Queen Victoria who gave 2000 pounds of her private money to help the starving people of Ireland.

Once their plight became known, the Irish people got help from many different sources including the government of India, the Sultan of the Ottoman Empire, the

Quakers, the people of Mexico, and various groups in South America and South Africa. Prisoners in Sing-Sing took up a collection to help feed the starving children in Ireland. The people of the U.S. were generous with their contributions. At one point two U.S. naval ships were provided to carry food and other supplies to Ireland.

Another noteworthy contribution came from the U.S. This was a poignant contribution of \$170 from a Native American tribe, the Choctaw Nation. In 1838-1839, the Choctaw and other tribes were forcibly removed from the southeastern U.S. in a journey known as "The Trail of Tears." Thousands of them died along the way. During that sad time they came in contact with Irish people who were very kind to them. When they heard about the famine in Ireland, they wanted to help.

Ireland has not forgotten their gift. Mary Robinson, a former president of Ireland, visited them in Oklahoma some years ago. The Irish Prime Minister, Leo Varadkar, spent time with them in 2017. A monument, "Kindred Spirits," in the form of a circle of six giant metal feathers stands in Midleton, Co. Cork, to remember their gift.

In recent weeks, the Irish people learned that two Native American tribes, The Navajo Nation and the Hopi Reservation are suffering terribly because of COVID-19. An Irish woman was instrumental in setting up a fund for them. To date the people of Ireland have contributed over a million dollars to the fund with another 1.5 million coming from other countries.

The following note was attached to one donation. "You helped us in our darkest hour. Honored to return the kindness. Ireland remembers, with thanks."

**The deadline for  
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News  
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every month.**



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## Beware of scams

By Jean Houvener

Even in these days when we hear the refrain that we are all in this together, there are still people trying to steal our money and our identities. Warnings have been sounded from AARP, The New York Times, Kiplinger's, and the president of our Rossmoor Computer Club. Increasingly these scammers are using fear as their driving force according to AARP. Scientific studies have shown that humans react more strongly to negative outcomes (fear) than to positive outcomes (greed).

Various tricks are used, some old, some new. Still popular among scammers is the reliable grandparent

scam. A muffled voice calls and says, "Hi, grandma (or grandpa), I'm in trouble and need money." As the target desperately asks, "Is this Jimmy (or Jane or whatever)?" the voice answers "Yes, this is Jimmy." The target has now given the scammer a name of the grandchild. More questions from the distressed grandparent gives more and more leverage to the scammer. The alleged grandchild always asks that their parents not be informed, thereby cutting off a line of inquiry the grandparent should immediately consider following. Why is this scam still around? Because there are frightened grand-

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## Monroe Township Schools planning for school closure through June

By Dr. Dori Alvich, Superintendent of Monroe Township Schools (Middlesex)

This March, school districts were given the daunting task of moving to remote learning for all students during the COVID-19 crisis. On May 4, Governor Murphy issued the order for all schools to remain closed for this school year. Our staff has been working extremely hard to provide remote instruction for our students for the past several weeks, but we know it is not the same as being "in school," and we miss our students.

The district now has the

task of closing our schools for the summer. This includes collecting all textbook and supplies from students and having students pick up their personal belongings from classrooms and lockers. All of this while we continue to protect ourselves and others during this health crisis. And of course, our Class of 2020 is missing so many celebrations for all of their years of school. We are planning some alternate activities to celebrate them. We will be sharing all of our plans with families once they are finalized.

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## Bob's Almanac—June 2020

By Bob Huber

Somehow, we've managed to reach the month of June, and hopefully the worst of the year is behind us so we can start putting our lives back together. It goes without saying that there is a plethora of events scheduled for this month, not the least of which are June weddings. Though more weddings are actually held in July and August, June is the traditional month to get married. June weddings attract more traditions than a dog has fleas; one of the most peculiar dates back to antiquity.

During medieval times, it was the custom to bathe once a year, whether you needed it or not. Since this bathing ritual was usually held in June, it was prudent to hold a wedding as soon after the bathing event as possible.

The most persistent wedding tradition is based on an old English rhyme, which

says a bride must wear "something old, something new, something borrowed, and something blue." Something old represents continuity. Something new signifies optimism for the future. Something borrowed represents happiness, and it is usually an item loaned from a friend or relative who is happily married. Something blue signifies fidelity, loyalty and love. In early biblical times, blue, not white, symbolized purity.

We now turn our attention to the older gentleman escorting the bride down the aisle: dear old Dad. It is appropriate that we devote at least one day to honoring father, because he often gets lost in the shuffle, particularly at a wedding.

According to the Farmer's Almanac, we celebrate Father's Day on the third Sunday in June, thanks to the efforts of Mrs. Nora Louise

Smart Dodd, of Spokane, Wash. (Anyone with four names is bound to get your attention.) On Mother's Day in 1910, Mrs. Dodd approached the pastor of her church to propose there should be a similar occasion to honor fathers. Her pastor agreed. On June 6, 1910, at a meeting of Spokane ministries, Mrs. Dodd presented a petition and it soon gained national attention. In 1914, Congress endorsed Father's Day, but it wasn't until 1971 that Pres. Richard Nixon signed the proclamation that officially established Father's Day as an annual national observance. Obviously, the powers that be in Washington didn't put Dad on a very high priority.

But regardless of whom you may choose to honor or occasion you plan to celebrate, the odds are that June will provide a day to cover it. We suggest you make the most of it.

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## Monroe Township values small businesses

By Betty Anne Clayton

When you drive down Applegarth Road and you turn left onto Route 33, almost immediately on your right, you will spot a colorful Volkswagen Bug. You cannot miss it. It is multi-colored with tires on the roof and flags flying all around it. It sits on the lawn behind the sign for Rt. 33 Tire & Brakes/Sullivan's Flatbed Service.

It has caused quite a sensation in Monroe Township. Even my chiropractor, who passes by each night on his way home to Freehold, asked me about it. He knows that my son has successfully run his business, from that location. He wanted to know what was going on. I told him that it was Brent's very creative way of drawing attention to his business and also to provide something fun and whimsical for our community to enjoy. *Bugsy* symbolizes that in these unprecedented, scary times, we need to stick together. If you stop by and take a good look, you will see that the *Bugsy* is covered with humorous phrases about peace, love and kindness.

Brent Sullivan has provided a valuable service to the residents of Monroe Township for over thirty years. When Brent's son, Brent, Jr. joined his father in the business recently, they put up flag banners along the border of their property to advertise tire service, oil changes, brake repairs and additional repairs.

Before long, they received a citation informing them that they were in violation of a

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## Sound Advice

Norman J. Politzner, CFP®, CeFT® President of NJP Associates

### Financial planning for the long run amid the COVID-19 epidemic

By Aug. 4, the Institute of Health Metrics and Evaluation (IHME), an independent public health research center at the University of Washington, expected 68,841 deaths from COVID-19 in the U.S. IHME's April 13 statistical model, if accurate, would exceed the 58,209 Americans killed in the 14-year Vietnam War and the 54,246 American lives lost in the three-year Korean War. The human toll in sickness, suffering, and grief is unimaginable.

Almost overnight, the crisis has changed the financial and economic outlook. Change like this is frightening and brings new risks, but it also brings new opportunities. Here's a short list of what to do now.

**Do Not Despair.** As grim as things are, the models forecast an end to the epidemic. It is not a permanent condition. It will end. IHME, which is funded by the Bill and Melinda Gates' foundation, may turn out to be imprecise about the exact date of the end of COVID-19 deaths, and a second wave of the virus is a risk. Life may not be quite the same, for at least a couple of years and possibly longer, but life goes on. A survivor of the 1918 Spanish flu epidemic, according to The Wall Street Journal, said it took a couple of years before social, and in turn, economic conditions returned to normalcy.

**Stocks.** The Standard & Poor's 500 lost about one-third of its value from an all-time closing high on Feb. 19 through the ultimate low on March 23 and it then has subsequently rebounded 25% off its low. Lower stock

valuations may present unique tax and financial planning opportunity. For example, if you own securities with large losses in a taxable portion of your portfolio, you might consider selling those assets at a loss. This concept is known as tax-loss harvesting. Losses on assets held for more than one year can be used to offset capital gains realized on other assets. So long as you do not buy securities that are identical or substantially the same, you can buy a similar asset to match your portfolio's risk level. The replacement asset

will then have a lower cost-basis and more of your investment will ultimately be subject to favorable long-term capital tax treatment.

**Roth IRA Conversions.** Lower stock values may present an opportunity to convert some portion, or all, of a traditional IRA to a Roth IRA. Traditional IRAs are taxed as ordinary income upon withdrawal. However, when you convert any portion of a traditional IRA to a tax-free Roth account, you must pay tax on the withdrawn amount at your current income tax rate. With asset values having been lowered by the bear market, the taxes owed on assets you wish to convert are commensurately lower, making the cost of converting

to a tax-free Roth account less costly and lowering your tax bracket in the years ahead on withdrawals from the Roth IRA.

**Wealth Transfers.** For individuals with taxable estates, unprecedented low interest rates make it smart to consider the use of specially-designed trusts, such as a:

- Grantor Retained Annuity Trust (GRAT)
- Intentionally Defective Grantor Trust (IDGT)
- Generation Skipping Trust (GST)

**Estates Currently in Administration.** If you are a beneficiary of an estate in the administrative process of distributing assets, the

(Continued on page 6)



The dynamic father and son team, Brent and Brent Sullivan with "Bugsy" that has become a great attraction in Monroe Township. Stop by and get your picture taken with Bugsy.

### Businesses

(Continued from page 4)

township ordinance. They decided to ask the township to change the ordinance. Brent's wife, Antonia Sullivan, a lifelong resident of Monroe Township, and their son Brent, appeared before the Monroe Town Council on Feb. 24 to request a change to the ordinance to make it more lenient in allowing small businesses to advertise. When they finished their presentation, they received loud applause from the residents who were present at the meeting.

The members of our Town Council deserve our deep gratitude for their continued support of our small businesses and for their dedicated service to our community. Since the arrival of the pandemic, that shuttered many of our area small businesses, we have become even more aware of just how important these small businesses are to our community. We have missed all the services they provide that enrich our lives.

So, let's resolve to make our "new normal" a greater allegiance to our small businesses so they can continue to be here for us.

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## Sound Advice

(Continued from page 5)

change in asset values may have created a tax-loss harvesting opportunity. In addition, the lower asset values make it prudent for spousal beneficiaries of a qualified retirement account under administration to evaluate a partial or complete disclaimer of inherited assets.

**Stay in Touch.** The strategic opportunities for individuals described above do not necessarily contemplate your unique personal situation. If you have a specific question about any of this, or how it may apply to you, please contact us.

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## Having lunch with my algebra teacher

By Allan Kaufman

It was about four years ago when my daughter, Lana, told me that she was going to her class reunion, I think it was the 20th, as she was a student at East Brunswick High School. I asked her whether or not any of her teachers would be at the reunion. As she was not part of the planning, she told me that she had no idea if any of her teachers would join the party. We got into discussions about my high school reunions. I told her that I went to my 20th in 1989, none before and none since, but I was planning to attend my 50th which I documented in an earlier edition of this paper.

She asked me if I thought any of my teachers would be attending. I mentioned that a good number have probably passed away, especially those with gray hair in 1969 unless they found the fountain of youth. I said that there were a few teachers young enough to still be alive. The one teacher I definitely thought should still be around was my ninth grade algebra teacher, Miss Marlene Steger.

Miss Steger was in her first year of teaching at Walt Whitman JHS in Yonkers when I was in eighth grade. It was the following year, the 1965-66 school year, that I would take algebra and would have Miss Steger as my teacher.

Fast forward close to 50 years later. After my discussion with my daughter, I decided to see if Miss Steger was still around. I knew she had left her teaching position at Whitman to go to my high school, Roosevelt, sometime after I had graduated. The first thing I did was to check with the Yonkers Federation of Teachers. The only information they were able to tell me, due to their privacy rules, was nothing.

I did a Google search and



Marlene Steger and Allan Kaufman have lunch and reminisce about her as his algebra teacher in high school.

came up with one Marlene Steger, formerly of Yonkers who had worked at a private school in New York City but without any dates. Once again, the Dalton school would not release any information. My next stop was searching Facebook. It took time but I came across a few Marlene Steger names. I narrowed down my search based on a small profile, and then sent the one Marlene Steger a message.

"If you are the Marlene Steger who taught at Whitman JHS in Yonkers in the late 1960's, I was one of your students. If you are that teacher and you remember me, and you are living not in some faraway place like Seattle, but in the New York City area, I'd like to take you to lunch."

I didn't hear back for a few weeks, so I thought she had either passed away or did not look at Facebook on a regular basis. Well, the latter was the case. However, about six weeks after I sent her the message Miss Steger did reply.

"I'm that teacher from Whitman and I do remember you. You were a good student." (I averaged 92 in that

class, self-kudos here.) "In fact, I live in New York City and would love to meet up with you."

We agreed to meet for lunch at an Italian restaurant on the Upper East Side of Manhattan as that was in her neighborhood. It was very special when I walked in and saw her. We embraced, not as teacher-student, but as long-lost friends. We spent the better part of two hours going through the Whitman yearbook. She got me caught up on how she went from Whitman to Roosevelt to the Dalton School in Manhattan and I told her about my career. We talked about family and other students that were in her classes.

"Did you know so and so, and so and so?" Some I knew and some were much younger than me. I told her about how and why my search began. I asked her about some of my teachers that she had worked with. She had kept in touch with a few but, as expected a good number had passed away.

She asked me how I remembered her after all these years. I told her that I remembered the first time I saw her. I was in an eighth grade English class, when she walked into the class, disturbing what was another boring discussion on some old English novel, asking the teacher, Mrs. Alberts, who was a very tenured teacher, if she could take a student out of her class to take a Math test the student had missed. Mrs. Alberts exploded telling Miss Steger, in no uncertain terms, "That there was no way that she should ever interrupt an English class for any reason, as English was the most important subject in school." In fact, this was probably the reason why English was the first subject listed on the report cards. Marlene did not remember the incident, but it was etched in my mind.

Truth be told, it wasn't until a year later, over another lunch when Marlene asked me, "Allan, how did you really remember me?"

"I need to get you drunk, and I need to be drunk to tell you," I replied.

(Continued on page 7)

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# Summer recollections

By Bob Huber

June is called the gateway to summer. There may still be a spring nip in the air, and kids will have to suffer through a few more weeks of school, but anticipation is part of the fun.

I am particularly tuned to summer as I recall many happy visits to our family farm, located on 220 acres of rich Ohio soil and crowned on a hill by an imposing Victorian farm house, which my grandfather built after the Civil War for his wife and (eventually) five children.

During my youth, the farm was operated by my Uncle Floyd and Aunt Daisy, two wonderful people who I absolutely adored. They could have posed for a Norman Rockwell portrait of rural America.

I was a city kid, but on summer vacations and extended school holidays our family would head for the farm, and I would use those occasions to explore every inch of the huge barn and all its out buildings; however, there were two areas that were off-limits to me. One was the hog barn. "A pig can take your hand off in one bite," Uncle Floyd would caution. The other area was the special pasture where Uncle

Floyd kept his prize bull, Henry. Henry was the only bull in Uncle Floyd's herd of bovines. In fact, Henry was the only bull in that part of the county.

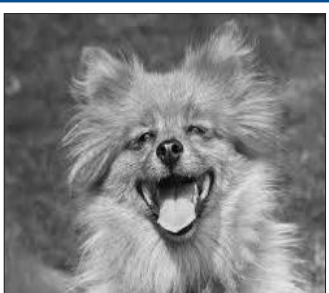
"Bulls can be very dangerous," I was warned. "You stay away from him." I really didn't understand this, because Henry looked like such a placid, self-satisfied soul. Uncle Floyd could go into his pasture, and Henry would trot up to him and follow him around like a puppy dog. There was obviously a special relationship there that no one else shared.

At my tender age, I didn't quite understand why being the only bull in the area was so important, but I soon learned. His favors were very much in demand among the lady cows throughout the area. When I was a little older, I figured out why Henry always seem to have such a self-satisfied expression. The ladies were usually brought to visit Henry on his home turf, so I had a front row seat for these encounters. I developed a deep respect for his capabilities.

Truth be told, I really didn't care much for cows. I always had the feeling they didn't like me. I would go into the barn at milking time, and they would stare at me as if I didn't belong there. I guess I didn't, because I never did get the hang of milking.

As I grew older, I spent less and less time on the farm, as my attention was drawn to other pursuits, and in the early 1940s the wonderful old farmhouse was totally destroyed by fire.

Another family owns the property now, and a modest ranch house occupies the prime spot on the hill, but in my mind's eye I still see that wonderful old Victorian home, and I think about all the wonderful times I had there and all of the life lessons I learned ... especially from Henry.



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## Lunch

(Continued from page 6)


We both laughed and I finally confessed that, yes, there was another reason, aside from her coming into Mrs. Alberts class, that I had remembered her. And then I began to stutter, "You have to remember, you were, what, 22-23 years old and so very good looking. In a tight skirt and heels, well you get the picture. I for one, was a 15-year old boy whose hormones were probably in overdrive. How could I not remember you?" Miss Steger just laughed.

Aside from the friendship we've developed, there have been other benefits from our meeting. After our first lunch, when I posted a picture of us on the Roosevelt High School Facebook page, the responses were fast in coming. Students professed their love of math came from their time in her class and they remembered her as being their best teacher. Marlene, in turn, has had fun reaching out to her former students.

Ever since our first lunch, my wife, Diane, and I have been to dinner with Marlene and her companion, Paul. Her husband had passed away a number of years ago. And, I continue, probably once every two months when I work in Manhattan, to enjoy having lunch with my algebra teacher, Miss Steger.

**Your comments and questions are always welcome. I can be reached at [allan.kaufman0125@gmail.com](mailto:allan.kaufman0125@gmail.com)**

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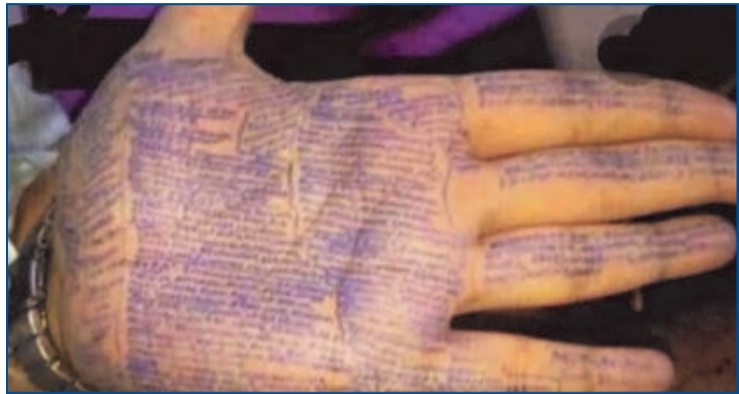
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# Washing hands ... a discovery

By Allan Kaufman

I've been washing my hands so many times, I've discovered the answers to my 1969 Roosevelt High School final History exam!

**Your comments and questions are most welcome. I can be reached at [allan.kaufman0125@gmail.com](mailto:allan.kaufman0125@gmail.com)**



I've been washing my hands so many times, I've discovered the answers to my 1969 final Roosevelt High School history exam!  
Photo by Allan Kaufman



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# Are tapas on your party menu?

By Linda Bozowski

Wouldn't it be fun to go out with a friend or even several friends and have beverages and tapas? What might you choose – cold, like cheese and olives, or something hot, like squid or shrimp or chorizo? Or if you decide to go all out and enjoy your treat in Spain, you may find that your tapas are a free accompaniment to your beverage or an appetizer before your meal.

Tapas dishes have become more popular in the United States since about the 2000s, as more upscale Spanish restaurants opened. Patrons often have as many as a dozen choices and some restaurants offer multiple tapas as an entire meal. Many other countries have added Spanish offerings to their menus, including Argentina, Brazil, Korea, Japan and the Philippines.

The history of tapas is quite interesting. Innkeepers offered tapas to travelers as samples of items on their menus, since most innkeepers and travelers could not read or write. According to "The Joy of Cooking," in some places, the original tapas were thin slices of bread used to cover the wine glasses of patrons so that fruit flies would not contaminate the drinks. Other restaurateurs and barkeepers offered tapas of salty chorizo as a means of increasing the thirst of their patrons and increasing their wine sales.

According to Wikipedia, tapas were also used during the Spanish Inquisition as a means of identifying Jews who had converted to Christianity. Since the primary meat used with tapas was pork, a converted Jew would be reluctant to eat the meal, which apparently indicated that the person had not abandoned his Judaism. (Since I'm ignorant of punishments imposed during the Inquisition, I don't know what happened to these persons.)

Since the primary meaning of the word tapa is lid, there are several explanations of how this word came into use in food parlance. Among the fruit flies and Inquisition tidbits, it has been reported that

King Felipe III passed a law designed to reduce rowdy drunkenness among the sailors and soldiers. He mandated that bartenders would be required to present a small quantity of food to each person purchasing a beverage so as to minimize excessive drinking. Did his law do the job? Don't know.

Anyway, when we are permitted to venture into restaurants and bars, and perhaps decide that tapas sound appealing, let's be adventurous and go to Fornos of Spain on Ferry Street in Newark or to any of the other authentic Spanish restaurants that we've visited before or heard of from friends.

# With time on our hands we find various things to do

By Anne Rotholz

Here are some things my friends did to keep busy.

Pat Martin started to keep track of the night sky and got a wonderful surprise. In the southern sky she found the planet Venus in all its glory. Visible since January it has been at its best and brightest since mid April. It is now three times as bright as it was in January. Fondly known as the Evening Star it will be visible after dusk for a few more weeks. After that one can look for it before sunrise.

Venus, named for the Roman goddess of love, is the brightest heavenly body after the sun and moon and it is the only one that like them, casts a shadow.

The planet Mercury seems close to Venus at the present time. On May 21 they will have conjunction which means that when you look at them in the night sky they will almost look like they are touching. In reality, they are far apart.

Mercury will then head north. Venus will turn south but not to worry it will be back in the evening sky early next year. Pat took one picture of Venus from inside her house. She took a second

picture from the corner of Rossmoor Drive and Old Nassau Rd.

Josie Cuddy went through her albums and found some special pictures. Here are two of them. In one, her husband, Michael, is leisurely enjoying a tree-trunk seat, while visiting a plantation in North Carolina.

The second, taken by her daughter, Catherine, is a striking picture that suggests the title, *Pink Moon over Manhattan*. Catherine and her family live in Jersey City, so she got a perfect shot. The date was April 7. The moon was the second of three supermoons in three consecutive months. A supermoon looks larger and brighter from earth because it is at its closest point to earth in terms of rotation and it is fully illuminated. Supermoons occur frequently enough but three in a row are a bit rare. The last time it took place was in 2016.

The April moon was named the pink moon by the Native Americans because it coincided with the appearance of the first moss of the year. This plant was wild ground phlox which is pink in color.



The deadline for

**The Rossmoor News**

is the 7th of every month.

## Utah, Omaha, Gold, Juno and Sword

By Allan Kaufman

At the time, insignificant names, with no connection to one another, but on June 6, 1944, these were the code names of the beaches where men were going to land as Operation Overlord began. The invasion of Normandy, commonly referred to as D-Day, was the largest seaborne invasion in history. The operation began the liberation of France and laid the foundations of the Allied victory on the Western Front.

Their stories:

The sky on June 6 was going to be filled with paratroopers. Over 13,000 men were poised inside C-47 Skytrains waiting to be dropped into the battle. These were men from the 101st and 82nd Airborne Divisions. First Lt. Gerald "Bud" Berry, in his early twenties, was among them. "We carried the 101st Airborne Company E

and D Company and they jumped from our airplanes," Berry said. Berry was flying co-pilot to his squadron leader. Everything went smoothly until they hit an enormous cloud bank over the coast of France. That, as well as the German anti-aircraft fire, is where Berry had to instantly adapt to the conditions before signaling to the paratroopers when it was time to jump. "The only thing we were concerned with was the troopers and how they were making it off the plane," Berry said.

Nineteen-year old Staff Sgt. Harley Reynolds was among the first Americans landing on Omaha Beach. "All we could do is guess at what it would be like." Their orders were, "Get ashore and get as far inland as we could," Reynolds continued. As he lay on the beach, he found some of his Infantry

Division setting up a bangle-torpedo, a device that was designed to breach barbed wire. Although he made it through the wire, progress was extremely slow. By the end of the day, Reynolds and his men had fought their way a few hundred yards inland, exhausted, they slept where they could.

Technical Sergeant Vito Mastrangelo who was just 20 years old, was in charge of taking care of those bodies on Omaha Beach as part of the 607th Quartermaster Graves Registration Company. He spent his first night in Normandy on the beach cold and wet inside a German trench. The next day he and his company buried over 400 young men on the beach right next to the water's edge. He recalled that even by the time he landed at Omaha Beach, the rotting

stench of death had already filled the air.

"I still think about those boys every day," Mastrangelo said. Before the D-Day anniversary in 2019, the 75th anniversary, Vito recalled, "I happened to be in a church the other day and the Father was talking about Veterans Day, and I stood up and I said, 'Father John, I am one of those vets of D-Day and there is not a day that passes that I don't think about those boys.' A lot of people come up to me and ask, 'Were you there?' and I say, I'm still there."

Only two beaches, Juno and Gold were linked on the first day and all five beachheads were not connected until June 12. This was the start of the push west by the Allied troops. As Russia

pushed east, Germany continued to fight on both fronts. The Allied and Russian armies converged into Germany in early April 1945 and finally, after almost six years of war in Europe, Germany surrendered on May 8, 1945.

According to the World War II Museum in New Orleans (it is a must place to visit) there are approximately 500,000 World War II veterans still alive. Do the math. If a man enlisted just after Pearl Harbor in 1941 at the age of 18, then he would be 97 years old this year. There are about 1,000 D-Day Veterans still alive, according to the museum. Not many World War II veterans will be around in five years. We must continue to honor their service and memory, now, and even more so, after they are all gone.



U.S. troops approaching Omaha Beach in Normandy, France, on D-Day.

Universal History Archive/UiG via Getty Images

## Remembering Betty Emmons

By Diane England

Whenever I saw Betty Emmons at a Writers Group meeting, the Women's Guild, or Community Church services, she'd invariably be wearing a gentle smile, sporting twinkling eyes, and she'd speak kind words. Betty obviously had the ability to deliver compliments without feeling personally diminished in any way. Because of these things, when you were in Betty's presence, it was easy to feel better about the world, your life, and yourself. If you came to know Betty through her writings, which often appeared in this newspaper, you likely still had the sense she was a woman you could enjoy knowing.

Through her writings, Betty showed us that if we'd take the time to look about us and focus on simple things we might easily overlook, we could rediscover childlike joys: the joy of that first snowfall of the season, the joy of sucking in the scents of spring flowers and blossoming trees, the joy of pulling a familiar book from the shelf and reconnecting with old fictional friends. Betty's writings also spoke to us because they depicted subject matter to which we could easily re-

late. She also wrote in a readily accessible conversational style.

This style was consistent with who Betty was as a person. But then, there was nothing pretentious about her. Betty was a devout Christian, and her faith influenced how and what she wrote. I can imagine her feeling God's presence when she penned words about nature with touching simplicity. Also, while she emphasized the positive — Betty consciously chose to walk in the light — she was not blind to the darkness in her midst. She simply chose to illuminate it with light.

Because people came to love Betty, they wanted to assist her in her later years. Betty seemed to graciously accept so much of this help whether she truly needed it or not. By doing so, I believe Betty provided these individuals with an opportunity to experience themselves as the kind and giving people they strove to be. This was a precious gift she gave them.

Betty believed that God had a purpose for her life even in her later years. We never discussed what she believed this purpose might

be, however, perhaps because Betty passed away just before we began to treat the current pandemic seriously, could it have been to help us learn to pay greater attention to the simple blessings in our lives that we may have overlooked before? After all, in the changed world we're stepping into, at least for awhile, this might become integral to our happiness, don't you imagine?

Betty, we thank you for consistently showing up as the beautiful authentic soul you were. We are better off as individuals and a community for having had you in our midst. Rest in peace.

## Thank you

Thank you to our many friends and neighbors, and to all the organizations in Rossmoor who reached out to us with Mass and sympathy cards after the recent loss of Michael's sister, Peggy Bojtos, who passed away on March 16. On behalf of the Bojtos and Cuddy families, we would like to offer our sincere appreciation to each and every one of you.

Michael and Josie Cuddy

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Joan Dickens, 196C Mayflower Way, formerly of Brooklyn, N.Y.

Judith Schuck, 541A Springfield Way, formerly of Monroe Twp., N.J.

William and Ellen Shuzman, 630B Yale Way, formerly of East Brunswick, N.J.

## Women's Guild cancels bazaar due to COVID-19 concerns

By Diane England, Ph.D.

How have our lives changed since COVID-19 appeared? Shall we count the ways? Sadly, though, they'll likely change even more in the future. Yes, this new disease will undoubtedly continue to test our flexibility and willingness to accept *what is* versus chasing or mourning *what was*.

The Women's Guild Board believes our organization must be flexible and accepting, too. However, we'll strive to ensure our decisions are guided by science and the advice of experts, especially while there is no vaccine for this illness. Our top priority will be the safety of our volunteers, our general membership, and the community.

Since almost all residents are at high risk of contracting COVID-19 as well as being

the most severely impacted by this disease, we've made the difficult decision to cancel our 2020 Annual Bazaar. As you likely know, this fundraising event has enabled us to annually provide five or six scholarships of fifteen hundred dollars apiece to college-bound graduating seniors in our township.

This painful decision became easier after hearing infectious disease specialists state they expect to still see COVID-19 in our midst this fall. They've also reminded

us that with the Spanish Flu pandemic, there were three waves of the disease — beginning in March of 1918 and ending in the summer of 1919. While we do not know the number of deaths for each wave (despite what individuals have posted on Facebook), we do know that the majority of deaths in this country occurred during the second wave in the fall of 1918.

Paulette Mascia, who has chaired the Bazaar for years, strongly believes this is the

right decision, but it's still hard, and especially because of the history Paulette has with this event. In a recent phone call, she said, "My three-year-old granddaughter, Alexandria, was with me the first year I worked the Bazaar. Her parents were away, and I had her those three days I assisted with intake, room set-up, and the event itself. By the way, Alexandria just celebrated her seventeenth birthday."

Frankly, I think her granddaughter enjoyed this experience, too. After all, Paulette went on to share, "I remember how at one point, Alexandria appeared and told me she needed more money. I was surprised, but it turns out she'd discovered this crystal bracelet she wanted to buy for me. It was priced at five dollars, but she only had three."

Paulette gave Alexandria the two dollars she needed. Almost immediately, the three-year-old was proudly presenting her Nana with a crystal bracelet Paulette owns to this day. "It was the first of many pieces of jewelry Alexandria bought for me throughout the years," she said.

We probably all have our own Bazaar stories we could tell—although this one is particularly heartwarming and charming. And yes, we'll all undoubtedly miss the opportunity to add new ones to our list. We'll also likely miss reconnecting with others we may typically see only at this event.

Indeed, the Bazaar is about much more than raising money for scholarships. In fact, perhaps because it is an event which helps to sustain a sense of community, Paulette and many of you have been willing to work tirelessly on behalf of the Bazaar year after year. (We certainly thank you for doing so.)

It is regrettable that we must forego this event in November 2020.

That all said, if you've recently cleaned out closets and stored boxes of items for the Bazaar, if you have the space, please consider storing them for 2021 instead. Then again, you may want to go ahead and give them to another organization. With all the recent damage to our economy and jobs lost, there are undoubtedly people out there who'll be thrilled to have whatever you may have intended to donate to us.

Again, as an organization, the Women's Guild is striving to adapt to *what is*. We may need to make more changes yet. We'll try to keep you abreast of these in a timely a manner. Meanwhile, let me cite that well-known line from the television show, "Hill Street Blues": "Let's be careful out there!"

## CULINARY CORNER

By Sidna Mitchell

## Cereals make a small world

After the tournament games were over for the day, Jackie Jones, a Croquet Hall of Famer, suggested some of us gather for dinner at 6 p.m. at a nearby restaurant. Thirteen of us, including a couple who used to own seven restaurants in Charleston, S.C., ended up around the table. Naturally, the conversations turned to restaurants and food.

Somehow, Ken mentioned to Webster Bull that my father-in-law had been the number two man at Nabisco years back. Webster's eyes lit up.

"George Mitchell was a terrific guy," said Webster. "He was involved when my family sold Cream of Wheat to Nabisco. My father liked dealing with him better than with the other executives." Webster and I then ex-

changed stories about our families.

Later I searched Cream of Wheat on the Internet to find that cereal was started in 1892, during an economic depression, by Webster's great-grandfather, George Bull, a wheat farmer in Grand Rapids, N.D. The company later moved to the Minneapolis-St. Paul area where Webster lived as a child. When Cream of Wheat was sold to Nabisco in 1961, the family moved to the New York City area where Webster's father later led many of Nabisco's major divisions. Now I'm wondering if I met his father along with other Nabisco executives at my father-in-law's memorial service.

Although I'm not much of a cereal eater, I had to try Cream of Wheat and some of its recipes.

### White Chocolate and Cranberry Cookies

1 2/3 cups all-purpose flour  
1/2 cup Original Cream of Wheat cereal  
1/2 teaspoon baking soda  
1/4 teaspoon salt  
1 1/2 stick butter, softened  
1/2 cup packed brown sugar

Preheat oven to 375 degrees.  
Lightly grease cookie sheets.  
Blend flour, cereal, baking soda and salt in medium bowl; set aside.  
Beat butter and sugars in large bowl with electric mixer at medium speed until creamy.  
Add egg and vanilla. Beat until fluffy.  
Reduce speed to low.  
Add cereal and mix well.  
Stir in white chocolate chips and cranberry raisins.  
Drop by spoonful onto prepared cookie sheets.  
Bake nine to 11 minutes or until golden brown.  
Let stand on cookie sheets one minute before transferring to wire racks to cool completely.

NOTE: I found the dough fell apart if I tried to drop by spoonful so I just rolled the dough into little balls (about the size of a walnut), placed those on the baking sheet and gently pressed down. This made dozens and dozens of little cookies that I had two male croquet players taste after one dinner. Both really liked these and wanted "doggie" bags. The cookies are wonderful any time of day, especially with a glass of milk or a bowl of ice cream.

I can be reached via e-mail at sbmcooks@aol.com.

### Culinary Corner

1/3 cup granulated sugar  
1 egg  
1 tsp. vanilla extract  
1 11.5-oz. bag white chocolate chips  
1 c. cranberry raisins



### Rossmoor News seeks photographs

We need pictures.

Please send us pictures you've taken of any Rossmoor event or personality. We're also happy to print your lovely flowering tree, your new puppy, your graduating grandchild, a spectacular sunrise, the blossoms in your garden.

Send them to [news@rcainj.com](mailto:news@rcainj.com) and include your name, telephone number, and a title for the picture. We'll give you credit for it.

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## Let's enjoy the music! RMA announces its upcoming season

By Linda Bozowski

As we go through our days at home, many of us look forward to seeing friends, shopping, visiting parks and other outdoor exhibits, and eating at restaurants again. On the list of many of us here in Rossmoor is being entertained again at the Meeting House by performers brought to our community by the Rossmoor Music Association. Unfortunately,

three concerts for this season were put off this spring, but several have been rescheduled for the upcoming season, so mark your calendars and keep your fingers crossed that we will once again be able to enjoy the skills of these artists beginning in September.

On the roster for the 2020-2021 season are the following performances:

- Sept. 4, Our Three Tenors. Pianist Jeff Uhlig will accompany three talented tenors who will sing pieces ranging from opera to Broadway.
- Oct. 2, Virtuosi Quintet. We will enjoy a combination of flute, oboe, clarinet, bassoon and horn. More information about the players and their performances over the last 27 years can be found on their website.
- Dec. 1, Princeton Pro Musica Chamber Chorus. This exciting ensemble will entertain us with a program suited to the holiday season.
- April 30, 2021, Fred Moyer, pianist extraordinaire, will captivate us with his piano skills and his "Moyercam" that allows us to see his hands as he commands the keyboard. A Rossmoor favorite, we are pleased to welcome him back.
- May 7, 2021, Olga Vinokur and Dan Grip, a mother and son piano duo, will play solo pieces as well as several four-hand selections. They were last here in May 2018.
- June 18, 2021, Frisson Ensemble will offer a collection of rarely-performed masterworks. This New York City group will perform as quintets, sextets, nonets and as a small chamber orchestra.

Subscription renewal letters will be going out to current subscribers in June or early July, and new subscribers are invited to join in by contacting Faith Knabe. The Association is hoping that it will have a good year and produce all of the concerts on the schedule. All performances are on Friday evenings at 7:30 p.m. at the Meeting house. Please join us!

## We want to dance!

By Judy Perkus

If the world gets back to sort-of normal, the Dance Club will be dancing to Carmine's music. This event will occur on Saturday evening, June 27. All Rossmoorites, singles and couples, will be welcome. We always have snacks, desserts and beverages.

Stay safe. Keep social distancing so we may dance together. Check Channel 26 for up-to-date notices. Call President Armen DeVivo at 609-655-2175 for more information.

## Our Website

Rossmoor now has an improved website: [rcainj.com](http://rcainj.com).

The Amenities page features the ability to access Channel 26 slides anytime. Check it out.

## Beware of scams

(Continued from page 3)

parents who fall for it, sending thousands of dollars on gift cards, green dot cards, even Bitcoins, and other untraceable and unrecoverable methods of transferring funds.

There are also the angry utility company scams, generally with a threat to cut power if the target does not immediately send cash, again with the aforementioned transfers. There are also calls seemingly from the Social Security Administration indicating that your Social Security number has been used in a crime and you are subject to immediate arrest by the sheriff. Further questioning by the scammer will elicit the victim's social security number and other information, so as to "fix" the problem. The victim's identity has just been stolen. Aside from the fact that Social Security will generally contact you by U.S. mail, if at all, the sheriff will never warn you that he is coming to arrest you. A variant on this is that the call is from the IRS, everyone's worst nightmare. No legitimate company or government body will use these methods of contacting or demanding payment from people.

More currently, there are offers for coronavirus testing, via phone and email, which are probably non-existent, or

at best not FDA approved. The same is true for offers of cancer screening.

One exception to the fear driven scam is the romance scam – via phone or social media the scammer worms his or her way into the victim's confidence. Then the requests for money start, to help the scammer over a rough patch, to pay for a friend's chemotherapy, to buy a ticket to meet in person, until thousands of dollars have been taken from the victim.

There are so many scams, it is impossible to list them all, but we all need to be on guard. The best defenses include not answering the phone unless you know who is calling. Even with caller-ID, wait until the person speaks and you recognize the voice, otherwise let the call go to voicemail. The same is true for email or social media contact. If you don't know who it is, don't open or answer it.

Why do scammers target those of us who are over 60? They know we are more likely to be trusting and less knowledgeable about using technology. That is also where the money is as more boomers retire. According to the FTC people over 60 reported losses of \$56 million in 2018 in romance scams alone.

Check out [www.aarp.org/fraudwatchnetwork](http://www.aarp.org/fraudwatchnetwork) for more information.

## Religious Organizations

### You may know, you may remember

By Adrienne Brotman

An interesting email about "Jewishness" has been circulating on the Internet and the Jewish Congregation thought you might find this interesting, reminiscent, and/or humorous. So, I have taken the liberty of sharing some paraphrased excerpts from "Brisket is not the same as Corn Beef!"

This goes back several generations, if you are over 50. It also explains why many Jewish men died in their 60s with a non-functional cardiovascular system and looked like today's men of 89. SCHMALTZ, aka chicken fat, has for centuries been the prime ingredient in almost every Jewish dish. The author of this email feels it is time to revive SCHMALTZ to its rightful place. He liked to label the bottle clearly saying, low fat, no cholesterol, Newman's Choice, extra virgin SCHMALTZ! Then there are pieces of chicken skin, deep fried in SCHMALTZ, onions and salt until crispy brown aka Jewish bacon. The author feels this would make a great dish to be served at a cardiologist's convention!

Another favorite dish made with SCHMALTZ is Chicken Fricassee, made with the neck, heart, wing, gizzard and other various chicken innards in a broth of

SCHMALTZ, water, paprika, garlic, salt and pepper. Believe it or not, it is yummy. Kishke, which is the gut of the cow, bought by the foot at the kosher butcher is another Jewish delicacy. The insides of the cow are turned inside out, scalded and scraped in a casing where one end is sewn up and a mixture of flour, SCHMALTZ, onions, eggs, salt and pepper are spooned into the open end and squished down until it is full. The other end is sewn and the whole thing is boiled. You could say Jewish sausage. Often, after boiling, it is browned in the oven, so the skin becomes crispy and it is delicious! But definitely an artery clogger! No wonder the Jewish men died young!

The Congregation is zooming their Torah Study classes with Rabbi Lauren Levy during these social distancing times. We are hoping to resume services the second and fourth Friday in June. If this is not possible, we will possibly be zooming our services with Cantor Mary Feinsinger. Information will be posted on Channel 26.

If you would like information about the Jewish Congregation, please feel free to contact Cindy Sigl, Congregation president or Karen Seiden, vice president membership.

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# HEALTH CARE CENTER NEWS

## Staying Healthy

(Continued from page 1)

munch on this and that. Being home and social distancing make it difficult to get to the grocery store. Buying healthy foods and trying to eat a well-balanced diet is a challenge. Once in the grocery store, some of the store's shelves are empty and fresh foods may be sold out. When we get back to "normal," we will get back to our diet whether it is low fat, low sodium, and/or losing weight. Stay hydrated and take multi-vitamins if you do not eat a well-balanced diet.

Exercising is very important, but being homebound can be challenging. There are YouTube videos, videos from AARP, and Department of Human Services videos you can exercise along with. If you have been to physical

therapy, you may have been given home exercises to do. Put on some music and dance around the house. If you are unsteady on your feet, chair exercises are good. If you lift weights, there are items around the house you can substitute for weights. A 16 oz. or a liter water bottle, depending on your strength, can be used to do bicep and tricep curls. A towel can be used for stretching exercising. For chair exercises, a can of vegetables can be used for the arm exercises. Leg exercises, such as standing on your tippy toes, can be done by holding onto a sturdy chair for balance.

In this stressful period of time, people may turn to alcohol. Be responsible if you decide to drink. It is recommended a woman have only one drink a day while a man

may have two. One drink is considered a can of beer (12 oz.), 4 oz. glass of wine, or one jigger (1 oz.) of liquor.

If you smoke, seriously consider stopping. Everyone knows the side effects of smoking. COVID-19 puts smokers at a higher risk for contracting the disease.

If you do decide to stop smoking, do not substitute smoking with e-cigarettes also known as vaping. E-cigarettes came on the market in 2004 and since their existence, ongoing studies are showing e-cigarettes affect your heart, circulatory system, and lungs. They create an addiction to vaping, and cause deaths. The long-term effects are still unknown.

It is natural for everyone to feel "down" or "blue" every now and then. If these feelings are lingering longer than

they should, you may be depressed. Talk to your physician about how you are feeling. There are different treatments available to treat depression and your doctor will advise you on the best treatment for you.

When we emerge from this pandemic and start our new normal, see your primary physician for an annual checkup and include appointments with your ophthalmologist and dentist. You are the most important member of your health care team. When you see your primary physician, ask questions. Early screenings and treatments may avoid escalating complications from diseases. Some screenings include having your blood pressure checked, lab work, and checking for diabetes. A colonoscopy is recommended for everyone over the age of 50. If there is a family history of colon cancer a colonoscopy should be done at an earlier age. Screenings for a woman include a breast exam, pap

smear and mammogram. Men need to be screened for prostate cancer.

Check your records and see if you are up to date on your immunizations. Drug companies are feverishly working to make a coronavirus vaccine. Before a vaccine is offered to the public clinical trials must be done to ensure the safety of the vaccine and to determine what the side effects may be. It is recommended everyone get an annual flu vaccine. The high dose flu vaccine is recommended for people over the age of 65 and the standard flu vaccine for people younger than 65 years of age. Flublok flu vaccine is manufactured and is especially for someone who has an egg allergy.

A pneumonia vaccine is recommended for people over age 65. There are two pneumonia vaccines, Prevnar 13 and Pneumovax 23. They must be given a year apart from one another. A Tetanus, diphtheria (Td) booster shot is needed every ten years. If there is a new grandchild arriving in the family, you need to have a pertussis vaccine also known as whooping cough, before the baby is born. The new shingles vaccine, Shingrix, is recommended for people over the age of 50. The Shingrix vaccine is a two-part vaccine meaning you need two injections. Your second injection is given two to six months after the first injection.

It is never too late to take better care of yourself. The more you know about your health, the faster you will recognize symptoms and act upon them. Early detection is your best defense against physical and emotional problems.

I would like to inform everyone that the 2020 Health Care Center's calendar is the last calendar to be created and printed. People are becoming very savvy and using their cell phone to keep track of their appointments. It was not a decision made lightly. In the past few years, we have been cutting back on the total number of calendars being printed, but no matter how much we have cut back there were still many left over. As the editor of the calendar, I will certainly miss taking your pictures and seeing your smiles for the calendar. I want to thank you for all these years and the pleasure you have given me knowing how much you enjoyed the calendars.

In our lecture series from Saint Peter's University Hospital, Rhonda McLemore, a respiratory therapist with the Sleep and Disorder Department at Saint Peter's is speaking on "Are You Tired of Being Tired" on Monday, June 8, at 1 p.m. in the Maple Room. If you are interested in attending, please call the Health Care Center at 655-2220. Since the arrival of COVID-19, it is of the utmost importance to know how many people will be attending as the room will need to be set up for social distancing with the chairs six feet apart from one another.

## SYMPTOMS OF CORONAVIRUS DISEASE 2019

Patients with COVID-19 have experienced mild to severe respiratory illness.

Symptoms\* can include

FEVER

COUGH

\*Symptoms may appear 2-14 days after exposure.

SHORTNESS OF BREATH

Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.



For more information: [www.cdc.gov/COVID19-symptoms](http://www.cdc.gov/COVID19-symptoms)

## A Message from High Tech Landscapes, Inc.

By Jeff Voss

- We have completed spring clean-up and edging the beds throughout the community
- Blowing out the beds of debris and leaves has also been concluded.
- Cleaning of the 267 carports and all common parking lots took place last month.
- All common facilities have been mulched and summer flowers were planted in late May.
- So far, we have still been able to mow the entire community weekly even with the bad weather recently. Please call the East Gate phone and leave a message with any questions or concerns. (609)655-5134.
- The second round of fertilization was completed in late May. This application is a broadleaf weed control with crabgrass preventer using herbicide with a high potassium formula that will provide outstanding broadleaf weed control in warmer weather.
- Pruning the smaller shrubs will begin this month throughout the community.
- Just a reminder, the newly installed soil and seed needs to be watered at least twice a day. 45 minutes in the morning and evening.

### CLASSIFIED Ad Information

All Classified ads must be received by Princeton Editorial no later than the 14th of the month preceding publication month.

Mail to:  
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#### RATES

\$14 for 10 words,  
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- Note: Phone numbers count as one word and names as one word. Do not count punctuation. Abbreviations will be counted as one word.
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- Phone number or address which appears in ad must appear on check or money order to ensure proper credit.
- Type or print your ad clearly and please include any contact information.

## Proposed Truck Ban Has Municipal and County Support; Needs the Commissioner's Sign-Off

May 12, 2020 – Monroe Mayor Gerald W. Tamburro will be scheduling a meeting with state Transportation Commissioner Diane Gutierrez-Scaccetti, seeking her approval on a popular ordinance that bans heavy tractor-trailers on three residential roads along the Cranbury town line in Monroe.

Middlesex County recommended the ordinance to the state in February. The proposed law, which has received overwhelming support in Monroe, would ban trucks weighing more than eight tons from Cranbury Station, Prospect Plains and Cranbury Half Acre roads, west of Applegarth Road. The Township Council unanimously approved the ordinance in October, with more than 300 residents attending the meeting to voice support.

On April 21, a supervisor in the state Transportation Department's traffic engineering bureau responded to the county engineer, saying he is against recommending the ban. The state official contended the safety issues did not rise to the level of weigh restrictions. He also believed that closing the roads to heavy trucks would add travel time and inconvenience to truckers who would have to deal with detours.

"This state official, with all due respect, failed to recognize that a steady stream of truck traffic heading to and from Cranbury all day long is a detriment to the safety and quality of life of the residents who live along these streets," Mayor Tamburro said. "That is why we are meeting with Commissioner Gutierrez-Scaccetti and requesting her to act. This is a delicate issue involving senior citizens, school children and residents who live with a daily barrage of truck traffic. This is also a site of a future school. It cannot be fully understood by

just reading studies in Trenton and then rendering recommendations."

Mayor Tamburro said it is important to note that weight restrictions are enacted on sections of these same county roads in Cranbury, recognizing concerns with truck traffic. Monroe is simply seeking the same protections for its residents.

"We are eager to get these tractor trailers off our residential streets, once and for all," Mayor Tamburro added. "This is all about improving the quality of life in our neighborhoods. Our residents deserve quiet, safe streets in front of their homes. That is the sole driving force behind this ban."

The mayor also intends to ask Commissioner Gutierrez-Scaccetti about the proposed two-mile "Liberty Way Bypass," a road on Cranbury's master plan that would have diverted tractor trailers directly to Interchange 8A of the New Jersey Turnpike.

Because this traffic solution was never completed,  
(Continued on page 14)

### July 7 Primary and Vote by Mail Applications

All registered voters should have already received vote by mail applications for the July 7 Primary Election. Following the distribution of those applications, Executive Order 144 was issued by Governor Murphy outlining:

All "active" registered Democrats and Republicans will automatically receive Vote-By-Mail Ballots.

All "inactive" registered Democrats, Republicans and unaffiliated voters will receive an application for a Vote-By-Mail ballot.

All Vote-By-Mail applications and return envelopes will have prepaid postage.



"Masked bandits" at the golf course on opening day  
Photo by Douglas Martin

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### Rossmoor Resident Telephone Directory

#### CHANGES & DELETIONS ONLY

Please mail or bring this form to the  
Rossmoor Community Association, Inc.,  
Village Center

128 Sussex Way, Monroe Twp., NJ 08831  
with any changes or deletions to your  
name, address or telephone listing.

#### Information as it now appears:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

#### Changes for the 2020 edition:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

(1)PHONE OR (1)CELL: \_\_\_\_\_

**\*\*All Changes must be received by July 17, 2020\*\***

If your name, address and/or telephone/cell number is in the 2019 edition correctly, it is not necessary for you to complete this form.

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ROSSMOOR COMMUNITY ASSOCIATION

2020 POOL SEASON RULES, REGULATIONS, & POOL HOURS

Classified Advertising

Modifications to these rules may be made due to new CDC guidelines.  
See the Rossmoor web site for updates: [www.rcainj.com](http://www.rcainj.com)

1. Access to the pool and any of the facilities in the fenced area around the pool is permitted only when a lifeguard is in attendance.
2. Upon entering the pool area, all residents must register and present their Rossmoor photo ID. Rossmoor photo IDs are non-transferable and expire annually. A \$10.00 replacement fee will be charged for lost ID cards.
3. As per New Jersey State Bathing Code: persons showing evidence of communicable infection, sore or inflamed eyes, cold, nasal or ear discharges, or excessive sunburn will not be permitted in the pool area. Persons with open sores, blisters, cuts, and/or bandages will not be permitted in the pool.
4. Radios or other music media are not permitted in the pool area, except those equipped to play through earphones.
5. Only water in non-breakable containers is permitted in the pool area. **No food is permitted.**
6. Pool furniture is available on a first-come basis. Personal furniture is not permitted in the pool area.
7. Pool toys—inflatable, plastic, foam, or any other material—and swimming devices such as, but not limited to, swimmees, inner tubes, fins, etc., are NOT permitted in the

- pool, except for Aqua Aerobic classes. Only US Coast Guard-approved life jackets may be used in the pool as flotation devices, and paddles may only be used for lap swimming. Rossmoor residents may use “Noodles” in the shallow end of the swimming pool (as exercise/therapy tools but NOT as flotation devices) except during special events.
8. Management reserves the right to close the pool at any time.
  9. Lifeguards and Pool Staff are required to enforce all Rules and Regulations.
  10. Smoking of any kind, including e-cigarettes, is NOT permitted in the pool area.
  11. No sitting on the pool entrance steps or ladders.
  12. Neither diving, running, continual jumping nor “horseplay” is permitted.
  13. Violators of the Rules may lose their pool privileges.

**LANE SWIMMING**  
Lane swimming is available on a daily basis, Monday through Sunday. The schedule will be posted on the pool bulletin board.

- There is a 30-minute time limit when using swimming lanes
- Lanes are to be shared
- Lane ropes will be removed 15 minutes prior to the start of the Aqua Aerobics classes

- GUESTS OF THE ROSSMOOR POOL**
1. Residents must register their guests at the pool, but do not have to remain with guests over the age of twenty-one. Guests are required to abide by the Rules and Regulations. Residents assume full responsibility for their guests.
  2. Pool passes are required for all guests during hours of operation on Fridays, Saturdays, and Sundays. Only residents may purchase pool passes in the E & R office. The pool pass fee on Fridays, Saturdays, and Sundays is \$5.00 per guest over the age of fifteen and \$2.00 per child between the ages of four and fourteen.
  3. There is a maximum of four guests, including children, per Manor per day, except for Memorial Day Weekend, July 4<sup>th</sup> and Labor Day Weekend when there is a limit of two guests, including children, per Manor.
  4. Children between the ages of 4 and 14 will be permitted to use the pool and surrounding facilities between the hours of 11:00 a.m.—2:00 p.m. daily and must be accompanied by a resident at all times. Children between the ages of four and fourteen must exit the pool at 2:00 p.m. and exit the pool area no later than 2:30 p.m.
  5. Children under the age of four are NOT permitted in the pool or any of the facilities in the fenced area around the pool.
  6. Children between the ages of four and fourteen should be encouraged to use the restrooms before entering the water and any “accidents” in the water should be immediately reported to the lifeguard.
  7. Children under seventeen years of age are NOT permitted in the Hot Tub.

**The Rules and Regulations are subject to change from time to time due to E & R Special Events**

Revised by Board of Governors  
February 27, 2020

Recycle information from Waste Management

- No caps on glass bottles/containers in the recycle bin.
- No lids on plastic bottles.
- Only #1, #2, and #5 plastic is acceptable in the recycle bin.
- Plastics numbered #3, #4, and #7, etc. must go in the household trash bin.
- Other plastic items as well as plastic bags, plastic wrap, shipping film, and Styrofoam go in the household trash bin. Please, no plastic bags in the recycling bin. You can use a plastic bag to dump your recyclables, but take the plastic bag away with you. (Recycle it at the supermarket.)
- Shredded paper cannot be recycled by Waste Management with their current equipment so put it in the household trash bin.
- Aerosol cans must be empty and punctured before being put into the recycle bin.

TRANSPORTATION TIDBITS

Important phone numbers:

Rossmoor Bus .....	609-655-4401
Hours 10:00 -11:00 a.m. and 2:30 p.m.- 4:00 p.m.	
Monroe Township Transportation.....	609-443-0511
Middlesex County	
Area Transportation (MCAT) .....	1-800-221-3520
St. Peter’s University Hospital	
On Time Transportation .....	1-800-858-8463

All schedules are available outside the E&R office (near the copy machine) or via the Web at [rcainj.com](http://rcainj.com) and following the links Facilities, Clubhouse and Activities, and Bus Info.

Mailing Addresses

If you are not receiving mail from Rossmoor, your Mutual, or *The Rossmoor News*, it may be a matter of our not having your correct mailing address. Many residents, over the years, filed “Winter Address” forms with Administration and failed to specify a return date. If you did not contact us when you returned, it might be possible that we still have an alternate or winter address in our system.

Please contact Resident Services manager, at 609-655-1000, to verify your address.

Transportation

**LIMO GUY** — Our 18th year. Anywhere, anytime. Lincolns. Local, distance, anything. Call 732-452-9222.

**EXPERIENCED LIMO DRIVER** – NYC, airports, anywhere. Former Clearbrook resident. Call John on new number (732) 810-2810.

**LIMO FOR YOU** – Taking you wherever you need to go, whenever you need to get there. Clearbrook resident. Edward (973) 725-6688.

**AMERICAN CAB & LIMOUSINE** – We’ll take you anywhere. Reservations available. Credit cards accepted. (609) 529-6943.

**MARVIN’S CAR SERVICE** – Low rates. Airports, piers, NYC, Philadelphia. Anywhere 24/7. Ride in style for less. (908) 812-6299.

Home Improvement & Services

**PAINT KING NJ** — Concordia Resident. Fast service. Experienced. Ceiling & Wall specialist. NJ LIC 13HV10937500. Call (609) 598-2221.

**RELIABLE HANDYMAN SERVICES** – Local resident. No job too small. All labor guaranteed. Call me to discuss – no obligation. Reasonable rates. Call (609) 409-7096 or (908) 385-5869.

**MIKE THE HANDYMAN** – See my display ad in this edition. (732) 780-0468.

**T-K-S HOME IMPROVEMENTS** – Full service contractor. Kitchen, baths, basements, painting, tile and more. No job too big or small. License #13VH05970500. (609) 259-2574.

**THE PAINTER** – 30+ years experience. Residential/commercial. Rossmoor resident. Free estimates. References available. Call (908) 208-4062.

Miscellaneous/Services

**COMPUTERS BUILT & REPAIRED** - RJF Sales Company LLC. Is your computer running slow? It may need a tune-up. Desktop and laptop repair in your home once things are back to normal. Custom built computers. Virus removal and protection. Monroe resident with over 20 years of computer experience. (732) 723-9537 or (732) 967-3400. Please leave message, all calls returned same day.

**ALTERATIONS/SEWING NEEDS** – I can come to you. Joan (609) 655-4363.

Tax/CPA Services

**YOU’VE HAD ENOUGH STRESS!** Avoid crowds. Have your accountant come to you. Reasonable rates, in home care. Rebecca Bergknoff, CPA 732-718-4359.

Help & Health Services

**PERSONAL SHOPPING**—No contact. Grocery shopping, errands, etc. Responsible, reliable, honest Debbie (732) 715-9443.

**LEASE A NIECE HOME CARE** – Assistance with personal and household activities, cooking, shopping, paperwork, appointments, companionship, local transportation. Companions, CNAs, CHHAs. Tracie (732) 521-HOME (4663).

**CARING ELDER CARE-** We will help you with the care you need including personal care, household tasks and outdoor errands. (646) 413-0813, Elizabeth.

**AT ANGEL TOUCH HOME CARE** we provide excellent care for the elderly with licensed, insured and bonded thoroughly screened aides. We are a company that cares for our patients and makes sure they are treated by the best. 24-hour care (living with resident). Elderly companionship. Call (609) 907-6059.

**ANNA’S HOME CARE** – Certified professional caregiver is looking for live-in/live-out job in Monroe Township. Experienced, references. Driver’s license. Accepts long-term care insurance. Low prices. Private care option. Call Anna at (609) 409-1600 or (908) 337-7462.

Truck Ban

*(Continued from page 13)*  
Cranbury-based truck traffic now steadily traverses Monroe’s residential neighborhoods each day to the ongoing concern of pedestrians, cyclists and motorists.

At the request of the former Cranbury Mayor Susan Goetz in March 2015, the Monroe Planning Board adopted a resolution in support of the pro-posed bypass, which was to include a bridge over the Cranbury Brook.

At that time, Monroe officials expressed appreciation to Cranbury, saying the bypass sends a “positive message” to neighboring communities about the growing traffic problems from the Cranbury warehouses. South Brunswick approved a similar resolution on July 22, 2014, saying the bypass would remove 14,000 vehicles from Route 130, providing “much relief.” At that time, the chair of the Cranbury Planning Board called the two-mile Liberty Way a “no brainer.”

# This month in pictures

By Joe Conti and Walter Gryskiewicz

## Spring Scenes



Photo by Josephine Genovese



Photo by Josephine Genovese



Photo by Walter Gryskiewicz



Photo by Deb Kieselowsky

## Around the community

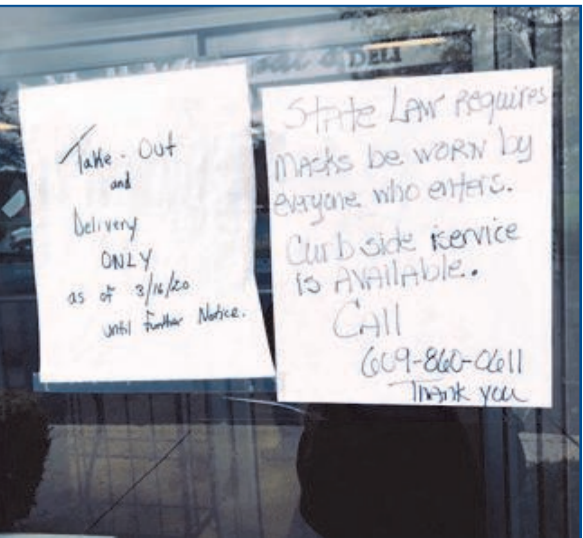


Photo by Walter Gryskiewicz



The Golf Course is open

Photo by Ernest Mogor



Dealing with the orders Photo by Ernest Mogor



Stay at home Photo by Ernest Mogor



Flag at half staff to honor all lost to the virus

Photo by Walter Gryskiewicz