



# Rossmoor INews



VOLUME 54 / No. 6

Monroe Township, New Jersey

June 2018

## CONGRATULATIONS TO THE 2018-2019 RCAI EXECUTIVE BOARD

### Cedar Pond project is now underway

By Carol De Haan

Work began on Monday, May 14, to alleviate the problem of excess water that has occasionally washed over Applegarth Road into low-lying areas of Rossmoor. The contract for this project had been announced last December by Monroe Township Mayor Gerald Tamburro but the work itself was delayed because of requirements of JCP&L.

The contract, awarded to B&H Contracting of Ham-monton, N.J., calls for more powerful pumping equipment

at the existing station on Applegarth Road and larger piping under the roadbed.

Excess water from Cedar Pond will continue to be pumped to the Rossmoor golf course, where it is stored and used for lawn maintenance in the summer. Beyond that, excess rain water will be pumped downstream through the newly installed pipes and diverted away from our residential areas.

A Tri-Party Agreement provides for this project. Because Applegarth is a county road, Middlesex County will

contribute \$400,000 to the job. Monroe Township will contribute through contract administration, and the Rossmoor Community Association Inc. has taken responsibility for the engineering and design.

It should be noted that, after considerable back and forth over the specifications, the best bid still came in \$62,000 over estimate. Monroe Township has graciously agreed to add that amount to its existing contribution with money from the Township's drainage improvement fund.



Meet your 2018 - 2019 Executive Board: From left, standing, are Treasurer Gerry McQuade, President Dan Jolly, Secretary Sal Guerriero, and, front, Vice President Arnold Jasper.

### Focus on: Groups and Clubs Writers' Group and The Rossmoor Fox

By Jean Houvener

Just as the red Rossmoor fox circles the golf course on a regular basis, the Writers' Group publishes The Rossmoor Fox on a regular basis. On the last Thursday of the month at 10 a.m. an intrepid group of writers gathers to discuss their latest writings, with the intent of publishing them in the next edition of The Rossmoor Fox, which comes out roughly every three months. Norman Perkus, who is the editor of the Fox, leads the group.

Norm opened a recent meeting with a reading from

Pat Schneider's book "Writing Alone and with Others." The passage he selected discussed the idea of practicing concrete, specific writing, for example not merely stating that the herb garden was blooming prolifically, but describing the tastes, smells, appearance of the plants and how they might be used, with specific and concrete details. It also quoted F. Scott Fitzgerald as saying that if you start with describing a particular individual with all the associated details, you can create a type of person. If, on the other

hand, you start with writing about a type of person, you have created nothing. The group discussed how this kind of detail might be done, and how they can and have integrated this into their writing.

Each member of the group arrived with a composition they were working on and read it in turn to the group. Following each reading the group discussed what they had heard and what they particularly liked, and how it might connect with the reading done from the book. In

(Continued on page 2)

### Fire Department special election

By Fire Commissioner Joe Haff

Please mark your calendar for Saturday, June 23, when a special election will be held to authorize a bond issue to pay for construction of a firehouse on Schoolhouse Road. Voting will be held in the Clubhouse Gallery between 2 and 9 p.m. We urge you to vote yes.

This new bond issue will be in the amount of \$4,500,000. The Board of Fire Commissioners has timed it to begin *after* the previous bond issue has been completely paid off. That last bond issue paid for construction of our nearby firehouse on Centre Drive, which has been a lifesaver for many residents in our vicinity.

Please note that because of the sequential timing of

this new bond issue, you should not see any increase in your taxes.

A new firehouse on Schoolhouse Road is needed to replace the old, existing facility, which cannot accommodate today's state-of-the-art equipment, upon which lives are often dependent in a crisis.

### Pet reminder

Residents have an obligation to immediately clean up after their pets on all common elements. Waste should be removed/disposed by placing it in a sealed, nonabsorbent, leak proof container. Please do not dispose of pet waste in any catch basin, detention basin, or other common element.



The completed pool shelter is ready for the summer!

### Inside this issue

Bits & Pieces.....2	Month in Pictures ..... 13
Bob's Almanac.....5	Maintenance..... 20
Clubs .....8	RCAI Meetings..... 2
Culinary Corner.....7	Religion ..... 16
Governors' Meeting .....2	Sports..... 14
Health Care Center..... 20	Transportation Tidbits .. 20
Landscaping .....20	Your Garden..... 21





## at the governors' meeting



### May 17, 2018 Board of Governors Meeting

Daniel Jolly, RCAI President, opened the Annual Meeting of the Association promptly at Board of Governors meeting at 9:00 a.m. with the Pledge of Allegiance.

The Annual Meeting of the Association conducted its elections. The results were as follows: Daniel Jolly, President; Arnold Jasper, Vice President; Gerald McQuade, Treasurer; and

Salvatore Gurriero, Secretary.

Daniel Jolly, RCAI President, opened the monthly Board of Governors meeting at 9:30 a.m.

Peter Kaznowsky, gave the Maintenance report and announced the results of the Committee election: Peter Kaznowsky, Chair; Salvatore Gurriero, Vice Chair; and Edward Harkins, Secretary. Joan Avery gave the Community Affairs report and announced the Committee election: Joan

Avery, Chair; Dolores Grieff, Vice Chair; and Moya Brady, Secretary. Gerald McQuade reported that the Financial Analysis and Resolution Status reports were reviewed at the Finance Committee meeting and announced the results of the Committee election: Gerald McQuade, Chair; Robert Gleason, Vice Chair; and Muriel Calvanelli, Secretary.

The Board authorized resolution #18-11 for the purchase of two single pole street lights.

### Open RCAI Meetings in June

**Thursday, June 14**  
**Standing Committee Meetings** 9 a.m.  
**Meeting in the Village Center**  
Maintenance Committee  
Community Affairs Committee  
Finance Committee

**Thursday, June 21**  
**Board of Governors Meeting** 9 a.m.  
**Meeting in the Ballroom**

Please watch Channel 26 for any changes or cancellations.

**The deadline for  
The  
Rossmoor  
News  
is the 7th of  
every month.**



#### News Board:

Joe Conti, Chair  
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Myra Danon  
Bob Huber  
Jean Houvener  
Anne Rotholz  
Linda Bozowski  
Walter Gryskiewicz

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Linda Monaco

The *Rossmoor News* a monthly periodical is mailed to every home within the Rossmoor community. News items are welcome. Appropriate

news items from outside organizations will be considered as space permits. All copy and pictures are subject to editing and are accepted with this understanding.

Letters to the Editor must be emailed to PES at [pescmd@aol.com](mailto:pescmd@aol.com) and clearly marked *Rossmoor News*.

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## Bits & Pieces

Sue Ortiz

An artist paints with pigments. A writer paints with words.

A good mystery needs intriguing characters, continuous action, careful plotting, lots of clues, including red herrings, snappy dialogue, good grammar, and a good mystery. Be it a murder, a theft, a kidnapping, or something as simple as a missing myna bird, the plot must move the story along. It has to be a big puzzle that the reader must solve; the clues must add up and the reader satisfied with the conclusion.

As a member of Sisters in Crime-Central Jersey, a local mystery writers/readers group, I am going to try to write a short story for our next anthology.

A mystery writer is either a pantser – one who writes “by the seat of one’s pants,” or a plotter – one who outlines every little detail and knows the mystery and who the culprit is before pen hits paper. When I write B&P, I think I am more of a “pantser.” I start typing something and everything just flows, although usually it’s at the eleventh hour when the muse hits. And, the topic is usually a slice of my own life. As *they* say, “write what you know.”

So, where will I find my muse for a work of fiction? Writing a mystery is hard work. I need an idea. A good, unique, and plausible idea. Writing prompts can come from *anywhere*, and I’m sure something will turn up: that strange incident where someone exclaims, “You can’t make these

things up!” And, I see and hear a lot! He, he, he ...

I found these strange, but true, headlines from the news:

*Homicide victims rarely talk to police*

*Poison control center reminds everyone not to take poison*

*Federal agents raid gun shop, find weapons*

*Man eat underwear to beat breathalyzer*

*State prisons to replace easy open locks*

And the best one: *Dead body found in cemetery*

Maybe I can include one of these in my story. And clocks, too. How about the title, “The Case of the Crooked Clockmaker”?

Hopefully, something will come up before the deadline. It’ll probably be the eleventh hour (see, the clock theme), once again.

A dream of mine is to see my name on a book, someday. Wish me luck!

#### B&P

“Writing a mystery is more difficult than other kinds of books because a mystery has a certain framework that must be superimposed over the story.” – Martha Grimes (American writer, b. 1931)

“The number of mystery and horror writers I’ve met who are just the sanest and the nicest people... it’s crazy. Maybe it’s because the writing gets something out of the system?” – Gillian Flynn (American writer, b. 1971)

## Letter to the Editor

### Beware of new scam

I have received three voice mail messages in the past two days. The caller states that there is a case against me by the U.S. Government and that they have been trying to get in touch with me for six months about it. I am asked to call a telephone number in the 302 calling area.

Instead, I called the Mon-

roe Township Police Department, where I was warned DO NOT RESPOND. The Police Officer said that this is a scam that has been going around.

A call like this can be frightening. So, if you receive a call or voice mail with a similar message, do not let it upset you. Above all, do not respond to it.

**Myra Danon**

## Focus on: Groups and Clubs

(Continued from page 1)

some cases, the writers were satisfied with the writing and passed it to Dale Frost Stillman to be added to the next issue of The Rossmoor Fox. Others felt they were still working on their writings. The writings took many forms — poems, personal recollections or experiences, dear diary, and fictional events. The writings brought the fa-

miliar to mind, with everyone nodding in recognition, or took a surprise twist, with everyone exclaiming over the turn of events.

Anyone interested in exploring his or her authorial creative side is invited to join this friendly group, to grow and perhaps to publish if they wish. For questions, please contact Norman Perkus.

**Email your news to:  
[news@rcainj.com](mailto:news@rcainj.com)**



## June Is Busting Out All Over

By Bob Huber

As the old song suggests, June has come upon us, and even the most timid among us now feel safe in leaving our dens without fear of being blown away or freezing in a late spring storm or being drenched by rain of monsoon proportions. We can breathe the scent of flowers and fresh mown grass and enjoy the best Mother Nature has to offer.

It goes without saying that there is a plethora of events scheduled for this month, not the least of which are June weddings. June is the traditional month to get married, but any wedding attracts more traditions than a dog attracts fleas.

The most persistent tradition is based on an old English rhyme that says a bride must wear "something old, something new, something borrowed, and something blue." Something old represents continuity. Something new signifies optimism for the future. Something borrowed represents happiness, and it is usually an item borrowed from a friend or relative who is happily married.

Something blue signifies fidelity, loyalty, and love. In early biblical times, blue, not white, symbolized purity.

We now turn our attention to the older gentleman escorting the bride up the aisle: dear old dad. It is appropriate that we devote at least one day to honoring father, because he often gets lost in the shuffle, particularly at a wedding.

According to the Farmers' Almanac, we celebrate Father's Day on the third Sunday in June, thanks to the efforts of Mrs. Sonora Louise Smart Dodd, of Spokane, Wash. (anyone with four names is bound to get your attention). On Mother's Day in 1910 Mrs. Dodd approached the pastor of her church to propose there should be a similar occasion to honor fathers. Her pastor agreed. On June 6, 1910, at a meeting of Spokane ministries, Mrs. Dodd presented a petition designating the third Sunday in June National Father's Day. The ministers endorsed the petition, and it soon gained national attention. In 1914 Congress en-



dorsed Father's Day, but it wasn't until 1971 that President Richard Nixon signed a proclamation that officially established Father's Day as an annual national observance. Obviously, the powers that be in Washington didn't put Dad on a very high priority.

There are more than a hundred official observances in June, including Caribbean-American Heritage Month, Child Vision Awareness Month, Great Outdoors Month, National Candy Month, National Iced Tea Month, Potty Training Awareness Month and Naked Bike Riding Month.

Sadly, the people who promote these occasions only devote one day (June 1) to Say Something Nice Day. Perhaps, considering world conditions, one day is all we can hope for.

## Arbor Day meeting at Rossmoor: Plant a tree!



By Jean Houvener

One mature tree provides enough oxygen for four humans. It also helps clean the air of pollutants, including particulates, sulfur dioxide, lead, carbon monoxide, and nitrogen oxides. A single tree removes 10 pounds of pollutants per year. Trees produce oxygen as part of photosynthesis, an essential part of the air we breathe. An area with trees can be 5 to 10 degrees cooler in summer than nearby untreed areas. Trees also have beneficial effects on our sense of well-being.

On this past Arbor Day, April 27, there was a meeting organized by Anne Rotholz in conjunction with RCAI Administration. Barbara Boyer moderated the meeting, and there were several speakers as well as questions from the audience. Refreshments were also served afterwards.

The first speaker was Monroe Township Shade Tree Commissioner and Rossmoor resident Lorraine Sarhage. She gave us several interesting facts about trees. The United Nations has made a goal of planting more trees. To this end, China plans to plant an area of trees the size of Ireland. India has already planted millions of trees.

As part of the effort, 120 countries, from Africa to Asia through Europe and the

Americas, have pledged to plant or restore large areas to forestland. Begun in 2006, the Billion Tree Campaign in its first five years resulted in over 12 billion trees being planted. This is particularly important now as trees are being lost at alarming rates to wild fires, deliberate slash and burn fires, insects, blights, drought, and changes in the climate that the trees are used to.

Sarhage also discussed the process of using the tree planting application form (Homeowner Tree Request/Permit) to plant a tree in the mutual common areas near our homes. The forms are available from Maintenance and should shortly be available on the new [rcainj.com](http://rcainj.com) website. The process may take some persistence while all the approval signatures are obtained. Hiring a proper landscape firm to plant the right tree in the right place helps all of us, giving oxygen, shade, and beauty.

Jane Balmer spoke briefly to explain that RCAI intends to plant trees in the shared common areas. While trees that were diseased or in the wrong spot and causing problems have been removed recently, the community has not kept up the needed planting of new trees. RCAI Administration, the Board of Governors, and High Tech are currently reviewing this.

The third speaker was Jeff Voss from High Tech, who also spoke of replanting ef-

forts underway. He is working with RCAI to revise the suggested trees for the tree planting application. It is important to plant the right tree for a location. Among the newer suggested trees, for example, is the Red Sunset Maple. High Tech has on staff a certified forester who will be speaking with the Maintenance Committee on this issue. If residents have questions about trees, they are encouraged to attend this meeting in the Village Center. (Check this paper or Channel 26 for dates and time.)

It is important to have the right soil for a chosen tree, with proper pH, water, drainage, and nutrients. A tree can't merely be planted and then ignored, especially in the first year after planting. It is also important to provide adequate space for a tree. Planting a tree in the 3-foot bed, no matter how cute it looks initially, will result in a very unhappy tree and possible damage to the manor's foundation. Mutuals are also encouraged to plant trees in their common areas.

If you enjoy the many benefits of trees, particularly if you like to breathe, consider planting a tree.

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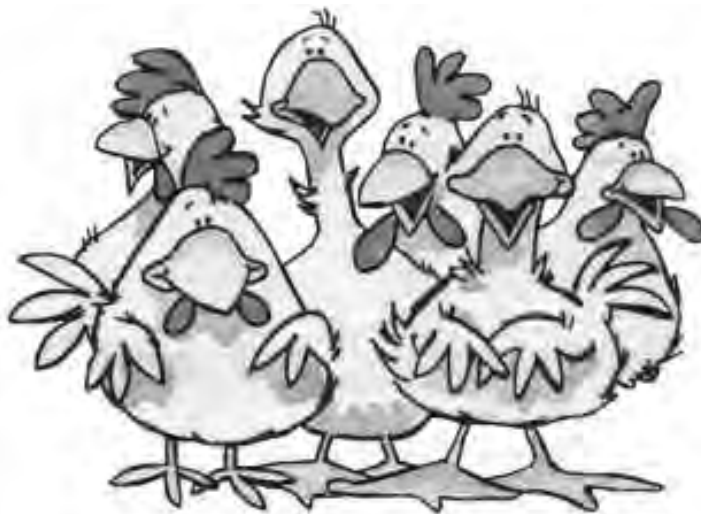
## Come, join the Thomson Zoo, part I

*By Dierdre Thomson*

My husband Bud and I lived in a semi-rural area in Tennent, N.J., for many years. During that time of raising our children, we also tended to attract a variety of animals, both wild and domestic. Fortunately, the wild ones mostly just visited. We had deer in our back yard, 'possum on our back porch, skunks on our front porch, and the usual assortment of raccoons, rabbits, and woodchucks. We even had a weasel in our garage, and our #1 cat, Tiger Lily, had a fight with a muskrat out by the creek. Tiger Lily won. We enjoyed watching the animals, even the 'possum and skunks, though we did find it best to remain inside watching through the window rather than take the chance that "Petunia" might leave her calling card.

While the wild animals only visited, those who became our domestic family of animals needed only one look and decided the Thomson place was a combination Noah's Ark and Bide-a-wee Rest Home. We never bought a cat, nor a dog, they just appeared. Tiger Lily adopted us the day we moved in. She deigned to allow us to feed her. She was, otherwise, anti-social. The only animal she even considered her equal was the original "Morris." Forget humans! Our other cats, Leticia and Baby Tiger, joined us at an early age, less than six weeks old, but complete with fleas and ear mites. Our two dogs, Lady and Mac, also joined our growing menagerie by virtue of being dumped on us. Whiskey, our horse, lost his previous home and came to visit – for over 10 years.

Of course, I must not forget our three chickens, Oven Stuffer, Finger-licking Good, and Southern Fried (names courtesy of Bud). They were encouraged rather forcefully to leave their former home, and so decided to give us the chance to take care of them. They did, however, pay for their feed. Whenever my husband reminded them "of



the pot," they suddenly started laying every day. Bud and I finally decided it was our turn to do the choosing. While we were discussing what type of pet to get, we saw a flock of geese flying south for the winter. Most people think of geese only when they hear them honking as they migrate. There is,

however, a certain small percent of America's population who are a hardy lot. These brave souls actually choose to raise geese. Or even more astonishing, choose to have geese as pets. Yes, Bud and I joined the "geese as pets" group. Check July's Rossmoor News for more on our gaggle of geese.

## Horseradish can brighten your meals

*By Linda Bozowski*

Have you ever purchased and used fresh horseradish root? According to several of my cookbook resources, this food is considered an herb, and as those who celebrate Judaism know, horseradish is a key ingredient in the Passover Seder. For those of us from other faiths, horseradish is a condiment used with meats and fishes and as a desired-by-some ingredient in Bloody Mary cocktails of the with-or-without vodka persuasion.

A plant native to Eastern Europe, horseradish is now widely grown. Horseradish grows as a large tuberous root, adorned by a spiky leafy hat. The leaves can be used in salads after being cleaned, but the primary culinary ingredient is the root. The root, after being peeled, can be grated or finely ground in a food processor. It may be mixed with vinegar or beet juice, which turns the product red, as we see in bottled products in the supermarket. The refrigerated horseradish has a fairly long refrigerator shelf life. The condiment can be used straight up or mixed with mayonnaise, catsup, or sour cream. A recipe I discovered tonight in Joy of Cooking suggests adding a small amount to a basic vinaigrette salad dressing for an

extra hit of heat.

Because horseradish has such a high degree of pungency, the cook is advised to not sniff too closely to the freshly ground product. The result is a serious nose burn, which may be accompanied by coughing and/or sneezing. This warning is being made after a personal experience following my first time grinding the root in my Cuisinart. Freshly prepared horseradish has an intensity many times greater than commercially prepared products, so the cook is advised to add fresh horseradish to other ingredients gently, and to taste along the way until the desired degree of intensity is reached.

As we're moving into grilling season, some ready-mixed horseradish and mayonnaise or sour cream might be a good condiment to have on hand in the refrigerator to slather on burgers or steaks. Or maybe some horseradish and chili sauce or catsup could be ready for dunking freshly prepared shrimp or scallops. Horseradish can also be added to dips used for crudites for those who enjoy an extra kick of heat. The little cost and time required to use the fresh product is well worth it when enjoying the freshness of the taste. Enjoy!

**Concordia Clubhouse Presents**

**“One Stop Pony”**

**Saturday, August 4, 8:30pm - \$17.25**

Enjoy an evening with the five-piece, one-of-a-kind band, “One Stop Pony” and lead singer Brian LaBlanc, who will entertain you beyond compare. They will perform songs from these great singers: Jimmy Buffet, Tom Petty, Billy Joel, Neil Diamond, Johnny Cash, John Mellencamp, Neil Young, Glenn Frey, John Lennon and more. They will transform themselves into these legendary performers while you sing along to your favorite hits. A unique show you will not want to miss. Check them out on YouTube at: 1 Stop Pony Band.

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- observing the posted speed limits, No U-Turn, Yield, and One Way signs; stopping for pedestrians; making a full stop at all stop signs; and exercising extreme caution when entering RCAI streets from lanes or other areas without stop signs.

A cartoon illustration of a small, light-colored car with a friendly face, large eyes, and a wide smile. The car has a rounded body, large wheels, and a small antenna on its roof. It is positioned on the left side of the slide, looking towards the right.



## From seams to pantyhose: how nylon changed hosiery

By Linda Bozowski

After World War II ended, women were once again able to purchase stockings, although they were not readily available for quite a while after the end of the war. Because silk was still somewhat limited, manufacturers had sought alternative fabrics, and the first experimental nylon stockings were made for E. I. DuPont in 1937. The first stockings were displayed at the New York World's Fair in 1939. However, mass production had not yet been implemented, and the earliest stockings were black because no one had been able to figure out how to dye the material flesh-colored. The stockings were also distorted until someone figured out that they could be shaped over a leg-shaped form and then steamed, so they would hold their leg shape.

The introduction of nylon also encouraged manufacturers to attempt to popularize seamless stockings. These garments were met with resistance by many women, because they made the wearer look as though she were bare-legged, and therefore, not properly dressed. No seam signified no stockings, since manufacturers had finally gotten the dying process resolved and stockings were flesh-colored. Women did finally acquiesce to wearing seamless stockings, since they were easier to put on with no seam to worry about, and there was more flexibility as to front and back of the stockings when the designated heel area was removed from the design.

Fishnet stockings, originally worn by showgirls in Paris, were introduced in the U.S. in the early 1900s. They did not become popular here until the late 1950s because they were regarded as risqué. However, women changed their viewpoints about these stockings and they became quite fashionable.

Commercially available pantyhose was not introduced until 1959, although the film industry had created its own precursor version years before by having stockings sewn to ladies' panties. Many women found pantyhose to be uncomfortable and there was also the issue of what to do if a run or snag appeared in one leg. That problem was easily resolved with traditional stockings – substitute a new one. Since both legs of pantyhose were part of a single garment, the wearer had to deal with a less-than-attractive appearance. As nylon was modified and enhanced into a sturdier fabric, the nuisance of runs was lessened. Many women discovered that a dab of clear nail polish could be used to stop the upward path of a run.

The event that turned the tide in the sale of pantyhose was the introduction of the miniskirt. A woman could not wear regular stockings and a short skirt or dress at the same time. So to be fashionable, women traded in their girdles and garter belts for pantyhose and miniskirts.

Pantyhose and other stockings are continuing to decline in sales. Some industries still require employees to wear them. Many women still wear stockings/pantyhose because they feel more appropriately dressed. With the increasing prevalence of trousers, many women wear knee-high stockings so the foot is still covered. How the industry will continue is yet to be determined. And some women still choose to wear traditional stockings because they may be viewed as pro-

vocative. One of the main characters in the Showtime series, "Billions," wears black stockings and a garter belt. Of course, she has her own reasons for this attire.

In the meantime, I have a drawerful of pantyhose that is probably now dry-rotted. I'm not sure if L'eggs still makes Sheer Energy pantyhose. I guess I will need to buy new pantyhose for the next formal event I attend, maybe in a year or so. In the meantime, I'll keep wearing my socks and Reeboks.

## Bob's Almanac

By Bob Huber

"What is so rare as a day in June?" This oft-quoted phrase is the first line of a lengthy ode to the sixth month of the year written by 19th century romantic poet, lawyer and diplomat, James Russell Lowell.

Lowell knew what he was talking about, because June is, indeed, a rare month when Mother Nature puts on her finest show for the whole world to see. It is also the month in which a number of very influential Americans came into the world.

Composer **Cole Porter** was born on June 19, 1893. He published his first song at the age of 10 and went on to become one of Broadway's most influential composers.

Character actress **Hattie McDaniel** was born on June 10, 1889. She was the first African American woman to become a major movie star.

A talented teenager by the name of Frances Gumm was born on June 10, 1922. She later became known as **Judy Garland**, America's Sweetheart.

America's 41st president, **George H. W. Bush**, was born on June 12, 1924. During World War II he was the youngest airplane pilot in the

US Navy.

The author/playwright **Harriet Beecher Stowe** was born on June 14, 1811 in Litchfield, Conn. Her play, "Uncle Tom's Cabin" inflamed the North against slavery and became a catalyst for the Civil War.

And finally, a round of applause for a composer whose name is little known to most of us. Yet, we all sing her music. **Mildred J. Hill**

(Continued on page 6)

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## Almanac

(Continued from page 5)

was born on June 27, 1859. She composed "Happy Birthday to You."

If there are no birthdays on your schedule for this month, there are other events to celebrate. June hosts: National Iced Tea Month, National Corn and Cucumber Month, National Smile Month, National Horseradish Day, Banana Split Day, Donald Duck Day, Root Beer Day, and Ugly Dog Day.

There is plenty to choose from, so take your pick. You can't argue with James Russell Lowell, because there really is nothing so rare as a day in June.

## New Neighbors

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Way, formerly of Plainsboro,  
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Denise Trock, 622A Windsor  
Way, formerly of Monroe  
Twp., N.J.

Hong Yan and Jun Feng,  
11N Village Mall, formerly of  
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Mary Whetham, 331C  
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Francine McClellan, 501N  
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Brigantine, N.J.

David and Seiran Chapman,  
245N Mayflower Way,  
formerly of East Brunswick,



N.J.

Carlos and Barbara Lopez,  
159B Pelham Lane, formerly  
of Monroe Twp., N.J.

Debra Goldstein, 607C  
Winchester Lane, formerly of  
Toms River, N.J.

Richard Strauss, 340C  
Narragansett Lane, formerly  
of Toms River, N.J.

Henry and Marie Behnke,  
441A New Haven Way, formerly  
of Princeton Jct., N.J.

Wha Ja and Soon Wan  
Hong, 240A Mayflower  
Way, formerly of Indian  
Creek, Ill.

Donald and Shirley Lee,  
168A Portland Lane, formerly  
of Old Bridge, N.J.

## Thank You

Thank you to all those, including some wonderful surprise guests, who came to help celebrate my final Sunday as Pastor of Rossmoor Community Church (RCC). It was a wonderful Worship Service and refreshment time. While I no longer will be an actual part of RCC, I will definitely be a part of the Rossmoor community as a whole, looking forward to such enjoyment as the Croquet Club, the Players, Women's Guild, and hopefully continuing

sharing articles in the Rossmoor News.

**God Bless you all,  
Dierdre Thomson.**

Thank you all for your cards, thoughts and prayers. This has been a scary and trying time for Lex and me. With both our families scattered, support from friends and neighbors is more important than ever.

Thanks for all your love and concern. I miss you all.

**Fondly,  
Linda Monaco**

## In Memoriam

### Dennis J. Maloney

Dennis J. Maloney, 85, died on Thursday, May 3, 2018. Dennis served in the U.S. Navy from 1952 to 1956. He was a graduate of St. John's University School of Business and received his MBA from City College. Dennis was a senior sales executive at Anchor Hocking, Inc. At Rossmoor, he belonged to the Emerald Society, Italian-American Club,

Catholic Society and Veterans Group. He was an animal lover, enjoyed traveling, reading, gardening, and sports. He was a big fan of the New York Mets. He is survived by his beloved wife Mary; two daughters, Colleen and her husband, Walter, and Erin and her husband, Frank; grandchildren, Christopher, Meghan and her husband, Robert, Brittany and her husband, James; great-grandson, Aiden, and his sister, Kathleen.

## The Great Courses: America in the Gilded Age at the Monroe Library

Tuesdays, June 12, 19 and 26 at 1pm, brush up on your US history in this 12-part series being offered at the Monroe Township Public Library.

June 12: Rough Riders and the Imperial Dream & No More Corsets

June 19: Trust Busting in the Progressive Era & 1911 Triangle Fire

June 26: Theodore Roosevelt, Conservationist & Urban Reform

Each session consists of two 30-minute DVD lectures, followed by a brief discussion and light refreshments. Registration is not required.

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## Clubs and Organizations

### Rossmoor Computer Club: Backups

By Steve Gray

Backups – are they important, how to make one, and what type do I use?

The first question, are they important, only becomes an obvious yes if you need one. Why need one? Buying a new computer does not automatically transfer your data (pictures, documents, etc.) from the old one to the new one. If you have a backup of your data then transferring it all is fairly easy. If you do not then you can pay a service to transfer the files for you, transfer the files onto a flash drive or CD and do it yourself or pull the hard drive from the old machine and connect it to the new machine to transfer what you want. Yes, that last idea does require a bit of technical expertise and possible some special equipment.

But what if you bought a new computer because the old one no longer works? Transferring files is a little more problematic. The last option is still available assuming that the drive is still readable. If the drive crashes and is not readable you might (yes that is a maybe) still be able to get the data using a company that specializes in retrieval. Explaining the process is simple, doing it is complex. Basically, it involves using a good drive the exact dupli-

cate as the bad drive. Taking both apart. Putting the platters (the parts that hold the data) from the old into the new, then turning it on and attempting to save the data before the new drive also fails (which is usually fairly quickly as these drives are normally assembled in clean rooms, whereas switching platters cannot be done in a clean room). You now have the cost of the new drive which is no longer useable as well as the cost of the actual data recovery. Costs for this service can start at \$200 (if no second drive is needed) and easily top \$1000. So, I ask again, is a backup really necessary?

How do I make a backup? That depends in part on what you want to back up, how much you want to spend on additional hardware and/or software and what medium you want to put the backup on. In the past we used floppy drives, tape drives, zip drives, Iomega drives, etc. There was even software designed to create a backup on VCR tape. None of these are of much use today even though you can still buy and use newer tape systems. Today we can copy everything to a DVD drive or to a flash drive as well as to an external hard drive. Flash drives and hard drives are the easiest to use just by doing a copy and paste. For those who trust the "cloud" there is Google cloud, Microsoft's One Drive (changing to Azure), Carbonite, and myriad others that can be researched here: <https://www.cloudwards.net/award/best-online-backup-services> or <https://www.lifewire.com/online-backup-services-reviewed-2624712>.

Some of these offer a few gigabytes for free and then charge, others charge from the getgo. I do not recommend any one over the other. As far as software for these services, if you sign up

for a cloud service, you will usually get the software you need. Some of the software can be obtained for free and will work on a somewhat limited basis, hoping you will buy into the rest of the program. Some software will only do updates, which is fine, others completely replace old updates with new information. That also works but takes longer.

Going back to our original scenario: a failed hard drive, and you want to restore all of your pictures of Aunt Tilly and the documents you wrote 20 years ago to the newspaper complaining about computers what is your next step? If the data is on a floppy drive, zip drive, VCR tape, etc. you might be totally without luck as modern machines will not recognize most of those obsolete objects (you can buy a USB floppy drive but most floppy discs that old won't be readable anyway). If, however, it is on a CD, DVD, flash drive, or external hard drive, then it is a simple process of copying and pasting. If you make a mistake and drop poor Aunt Tilly into Uncle Oscar's folder (they hated each other) you can easily move the pictures into the correct folder or delete them and recopy them. If you were using backup software you need to reload that software first and remember the password you used if it was a cloud service before you can begin restoring.

As always, Rossmoor Computer Club members can receive technical assistance at no charge and the club does have some of the special equipment needed to copy from one hard drive to another. Unlike local computer repair shops, we will not tell you to buy specific hardware or software. We also cannot offer the \$1000 recovery options stated above, so please do not expect the impossible.

### Barbara T. and the opening Window

By Alec Aylat

You can hang out with guest star and former Rossmoorian Barbara Thompson when she stirs your imagination describing the new Windows 10 operating system at the June 18, 10 a.m. meeting of the Computer Club in the Gallery. Open to all residents, as are refreshments at 9:30.

No matter your Operating System, from Windows 7 up, or any other PC program, you will discover new, easy techniques in surfing Windows 10 with Barbara's 10 tips, plus secret features and a rash of

bonus tips.

Can't find the new Start menu with that familiar list of Programs, Features, Search and Run? Trust Barbara to find them for you, as well as a secret desktop button, and new extra easy techniques. Relish her revelation of more hush-hush features, including hidden games by that wily Cortana, and tricks even available on Windows 7.

You'll also meet some of your old favorites, suitably disguised in Windows 10, but none evading Barbara's piercing gaze.



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## Italian American Club

By Tony Cardello

One of our most popular social events of the year, The Rossmoor Downs Night at the Races was held on May 12. Once again it proved to be a big success and fun-filled evening. Our thanks to Lenny Cags for seeing to it that the evening ran smoothly. Collecting the bets and deciding the odds can get hectic. Kudos to Lenny and his crew for a job well done.

We also want to thank Sal Gurriero and his crew for setting up the room and dealing with the overwhelming demand for tickets. At one point, 154 people had signed up but the Ballroom can only

accommodate 130. A word to the wise, sign up early next year.

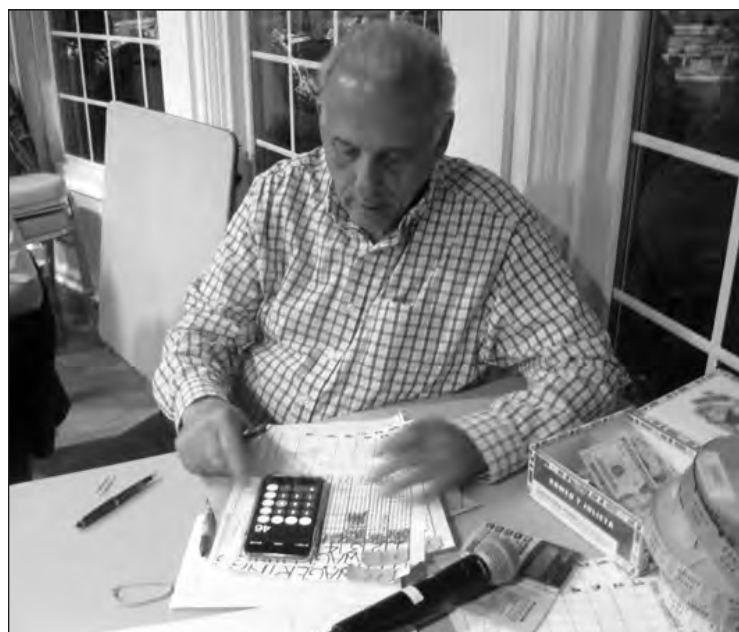
Our next social event will be the annual picnic on Sept. 8 in the Ballroom from 3 to 8 p.m.

The next membership meeting will be on June 20 and will start at 7:30 p.m. rather than 7, because of bocce. The July and August meetings will also start at 7:30 p.m.

Bingo will be played on Friday, June 22, in the Ballroom starting at 6:30 p.m. Please plan to join us because the proceeds go to the charities that we sponsor throughout the year. Also, you might win.



The heaviest race of the night. From left, Frank Nobile, Dan McOlvin, John McCauley, Dennis Arce, Dennis Haggerty, and Tom Croake.



Odds maker Lenny Cags at work during the Rossmoor Downs



Rossmoor Downs Filly Race. From left, Betty Jackson, Debbie McCauley, Linda Croake, Sue Archambault, Diane Arce, and Yvonne Nobile.



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## Pianist Richard Dowling performs "Great Scott!" – A Joplin Centennial Celebration

By Gene Horan

Richard Dowling's "Great Scott!" piano concert features Scott Joplin's beloved ragtime piano works, including "The Entertainer" used in the 1973 Academy-Award-winning movie "The Sting." Many other dazzling, delightful, and rarely-heard Joplin compositions will also be played.

This not-to-be-missed concert will be held in the Meeting House on Friday, June 15, at 7:30 p.m. Cost for non-



Richard Dowling, master of the Scott Joplin repertoire.

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The program features an Audience Choice selection—a Joplin work randomly selected by an audience member from the complete Joplin piano repertoire—which includes 53 rags, waltzes, marches and cakewalks.

### King of Ragtime

During his lifetime (1868-1917) Scott Joplin was hailed as "The King of Ragtime Writers." Richard Dowling is the first pianist in the world to perform all of his piano works in public.

On April 1, 2017 -- exactly 100 years to the day that Joplin died in New York City -- Dowling performed the complete Joplin cycle in two historic sold-out recitals at Carnegie Hall in New York, nearly four hours of music, all played from memory.



Cover Art for Richard Dowling Scott Joplin Works CD set

Celebrity ragtime pianist Max Morath said that "Richard Dowling's mastery of the Joplin rags invokes a tenderness that charms us."

### All-Joplin concerts

Throughout 2017 and 2018 our guest pianist has been performing nearly 100 all-Joplin recitals nationwide. Rivermont Records recently released Dowling's definitive three-CD set of "The Complete Piano Works of Scott Joplin," recorded on a magnificent Hamburg Steinway concert grand piano. It was nominated for a Grammy Award.

Hailed by The New York Times as "an especially impressive fine pianist," Steinway Artist Dowling has appeared throughout America in recitals, at music festivals, and as guest soloist with orchestras. Works of Chopin, Debussy, Gershwin, Gottschalk, Ravel, as well as Joplin figure prominently in his repertoire.

Reviews praise him as "a master of creating beautiful sounds with impeccable control of colors and textures," as "a musician with something to say, the skill to say it and the magnetic power to make you want to listen," and for giving "a superb recital that left the audience craving for more at the end."

Dowling is a versatile recording artist with over a dozen CDs of classical, chamber, ragtime, jazz, and popular music. He resides in New York and holds advanced degrees in music from Yale and the University of Texas, including a doctorate. Visit his website at [www.richard-dowling.com](http://www.richard-dowling.com).

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# Players Pastimes

By Sue Archambault

June will prove to be a busy month for the Rossmoor Players. First, we will be preparing for our popular "This and That" show, which will be performed on Thursday, July 19, and Friday, July 20. Beverly Masters will be our director. Auditions for both musical and skit performances will take place in the Meeting House on Monday, June 11 from 1 to 3

p.m. and Tuesday, June 12, from 7:30 to 9:30 p.m. Rehearsals are scheduled to take place on June 18, 19, 26, 27 and July 9, 10, 12, 16, 17, 18. All rehearsals are from 7:30 to 9:30 p.m. in the Meeting House. If you wish to be in the show, you do not have to be at all rehearsals. Our monthly Players meeting will take place on Monday, June 25, in The Gallery. We will be watch-



ing the DVD of the second musical comedy written by Bob Huber and Bill Strecker for the Players, "It's News to Us." The meeting will begin at 7 p.m. All are invited to join us for the film and refreshments.

# They'll be voting through their volunteerism next year, too

By Diane England

I'm reusing a quote I incorporated into a Women's Guild article last year at this time. After all, it still remains appropriate. The unknown author said: "Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community in which you wish to live."

So, why does this bear repeating? Because not only has the Board of the Women's Guild this past year been composed of women who've been doing exactly this, but because of their commitment to this ideal, they'll be returning as the leadership team for the 2018-2019 year. What do I have to say about this? We should all be counting our blessings!

Currently, the Women's Guild Board is preparing for the scholarship luncheon on Thursday, June 7 at noon in the Ballroom (ticket holders only and yes, ticket sales have ended). That day, we'll be presenting scholarships of \$1500 each to five college-bound seniors from our local high school. (This sum represents a 50% increase over previous years and hence, we'll be giving fewer scholarships than in the past.) As many of you already know, one of these was made possible due to a generous donation by the New Jersey Club at the time they closed their doors. We'll also be using some of the remaining money from that former club to partially fund a 2019 scholarship.

After the scholarship luncheon, the Women's Guild will be on hiatus until we kick off the 2018-2019 year with our fashion show on September 20 at 1:30 p.m. in the Ballroom. You'll be hearing more about that and other things we're planning later in the summer. Right now, though, I want to thank the women who've given of their time and talents to sustain the type of community I alluded to in this article's first paragraph. Indeed, our members could not have enjoyed enlightening monthly meetings, which also provided opportunities for fellowship while munching on tasty refreshments, without the efforts of the women I have listed below. Of course, I also want to thank those who donated refreshments during the course of the year

as well as helped out at various meetings. Anyway, here are the names of the wonderful women whom I wish to thank not only for their past service, but also for their willingness to assume their current roles for another year:

- Linda Klink: Vice-President and Program Director (including scholarships)
- Dolores Wardrop: Treasurer
- Mary Dieker: Secretary
- Paulette Mascia: Bazaar Chairperson

- Maureen Roaldsen : Membership Chairperson
- Josie Cuddy and Pat Martin: Hospitality Co-chairs
- Pauline Whitehill: Devotions

If you've enjoyed this year's programs and are looking forward to next year, please consider expressing your thanks to these women for voting every day through their volunteerism to ensure our community remains the

(Continued on page 12)

Bravura Philharmonic Orchestra

Chiu-Tze Lin, Music Director/Conductor

## A Concerto Extravaganza

Featuring Winners of the 2018 Young Artists Concerto Competition

William Chen  
Age 14, Piano

Raymond Jin  
Age 14, Violin

Chelsie Lim  
Age 13, Cello

Chelsea Xia  
Age 15, Violin

### SUNDAY, JUNE 3

7:00PM

Princeton Alliance Church  
20 Schalks Crossing Road  
Plainsboro, NJ 08536

Advance Ticketing \$15 • At the door \$20, \$18 (senior/student)  
VIP Premium Seating \$30

Info & Ticketing online [www.bravuraphil.org/](http://www.bravuraphil.org/) email [bravura.orchestra@gmail.com](mailto:bravura.orchestra@gmail.com)  
609.933.4729 | 732.792.2070 | 908.420.1248

Mendelssohn *The Hebrides Overture*  
Prokofiev Piano Concerto No. 3 in C Major  
Sibelius Violin Concerto in D minor  
Kabalevsky Cello Concerto No. 1 in G minor  
Kabalevsky Violin Concerto in C Major

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\*APY = "Annual Percentage Yield". Offer valid on a 24 month CD with a minimum opening deposit of \$500 and a maximum deposit of \$250,000 per tax ID. Once the initial 24 month CD time has elapsed, the CD will rollover for an additional 24 month CD term at the prevailing rate. This will continue until customer notifies the bank within ten (10) days of the maturity date. Offer valid on NEW MONEY ONLY. Promotion begins at 9:00 AM EST on May 25, 2018; subject to change or cancellation without notice. Early withdrawal penalty may apply; fees may reduce earnings. Other terms and conditions may apply.



## They'll be voting

(Continued from page 11)

place we currently so much enjoy. That said, the quality of the staff here also make it possible for us to sustain clubs and activities we love. Yes indeed, the staff plays an integral part in the success of our meetings and special programs. Sadly, one of these people has chosen to leave us—though I certainly support her choosing to live in a region of the Eastern seaboard that makes her heart sing. So certainly, I want to extend my thanks to Erica in E&R for her support and assistance the past few years. Also, I'd like to repeat a quote from William Shakespeare (since it is so fitting now, too). It goes like this: "I can no other answer make, but, thanks, and thanks."

## Republican Club opens 2018

By John N. Craven

The Republican Club opened 2018 with a membership meeting on March 20 in the Gallery. President Ron Haas welcomed the returning members and updated the group on local activities that had taken place during the off-season.

Joe Atanasio of the Monroe Township Republican Organization was the guest speaker. Topics included the recent changes in the Township organization and preliminary plans for the upcoming primary election. He also extended an invitation to the Republicans of Rossmoor to join the group and attend meetings at Ciro's Restaurant on the third Thursday of each month at 7 p.m.

The 2018 club officers are

Ron Haas, president; Sandy Salmieri, treasurer; and John Craven, secretary

The schedule of our Republican Club meetings for 2018 was announced. Meeting dates are: Tuesday June 9, Tuesday, Sept. 25, and Tuesday, Nov. 13. All meetings will begin at 1:30 p.m.

The Republican Club will endeavor to invite local, state, and federal candidates (or their representatives) running for office to speak at future meetings, to attempt to create a dialog between the Rossmoor community and the people that represent us at various levels. You are cordially invited to become a member of the Republican Club to discuss issues, share your views and make a positive contribution to the political process. Join us at the next meeting on June 9.

## Rossmoor Rental Library

By Penny North

Here are the new books that will be arriving in June.

**Old Black Magic** by Ace Atkins for Robert Parker

Atkins presents a classic Spenser novel in the Robert Parker tradition. When new evidence appears 20 years later in a legendary art heist case at a major Boston art museum, Spenser and his pals find themselves thrust into the shady world of black market art dealers.

**The Sixth Day: A Brit in the FBI** by Catherine Coulter

Several important figures die mysteriously and then

the German Chancellor is killed in London. Special Agents Nicholas Drummond and Michaela Caine are called in and home in on Roman Ardelean, a cyber-security genius and a Dracula descendant.

**Shattered Mirror** by Iris Johansen

Forensic sculptor Eve Duncan finds a burned skull near her house. As she reconstructs it, she realizes that it looks very much like her daughter's college roommate. Soon Eve's whole family is in danger from mysterious forces.

**The Seventeenth Suspect** by James Patterson

The seventeenth outing of the Women's Murder Club features police Sergeant Lindsay Boxer, who is investigating a series of shootings in San Francisco. The trail leads within the police department itself and causes Lindsay much anguish.

**The Other Lady Vanishes** by Amanda Quick

Adelaide Burke comes to Burning Cove, Calif., a posh resort town near Hollywood, in the 1930s. She has escaped from a private sanitarium, where a man calling himself her husband had sent her. Although trying to keep a low profile, Adelaide is soon involved with a widowed businessman, a psychic, an underworld nightclub owner, a mad scientist and two unscrupulous doctors.

**The Fallen and After Anna** by David Baldacci and Lisa Scottoline, respectively.

These two mystery/thrillers, currently one and two on the NYT best-seller list, are already in our library and ready for you to sign out.

**I've Got My Eyes on You and Shoot First** by Mary Higgins Clark and Stuart Woods, respectively

These two mystery/thrillers are four and ten on the NYT best seller list and are also available in the Rossmoor Rental Library.

You may also be interested in looking over our collection of gently used, large print books, along with our shelves of fairly recent best sellers, all on sale for \$1 each.

### Library Hours

Monday thru Friday  
10 a.m. to noon and 1:30 to 3:30 p.m.  
Library closed Saturdays

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Email: Reneedipierro@gmail.com

## Emerald Society's spring/summer activities

By Joan Avery

The trip that President Dan Jolly arranged to Lancaster, Pa., on May 1 was a special occasion since there were two shows plus dinner and the shows were fabulous.



First there was a Magic Lantern show then the show at Sights and Sounds. Everyone certainly enjoyed these shows and the dinner was very enjoyable.

On June 9 there is another great trip to the Dutch Apple Theater, where the show is "Grease." A dinner is included. A fun day of Rock and Roll!

Dan is also working on a boat trip in July leaving from Wildwood -- more information to follow.

The Annual Emerald Society Picnic will take place on Aug. 18 at the Clubhouse. Dan is also arranging a day at the Yacht Club in Point Pleasant on Sept. 18 with Vinnie Talerico entertaining again.

Everyone enjoyed Walter Marz's presentation on Ireland at the April meeting. The May meeting had Gary Morton entertaining us and Jack and Julie will be at the June meeting.

Debra G. Salman, DDS	Richard A. Salman, DDS
Practice Limited to Periodontics NJ Specialty #3508	Practice Limited to Oral & Maxillofacial Surgery NJ Specialty #3504
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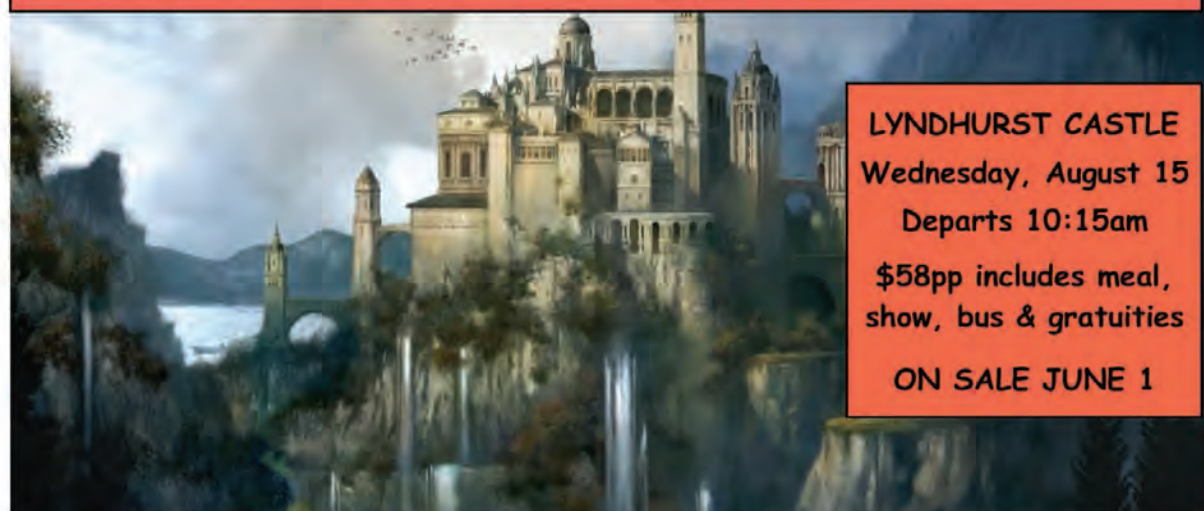
Expires 6/30/2018



# Rossmoor Clubhouse News

## June 2018

### "MEDIEVAL TIMES"



#### LYNDHURST CASTLE

Wednesday, August 15

Departs 10:15am

\$58pp includes meal,  
show, bus & gratuities

ON SALE JUNE 1

*"In myth and in legend, the Knight and the horse are forever linked. Few things are held in such great esteem by the Medieval warrior than a stalwart horse, who possesses the bold courage of his master and the quiet strength of his ancestors."*

### WELCOME

#### Clubhouse

Open daily, 8am - 10pm

#### E&R Office

Open Monday - Friday, 8:30am - 5pm

E&R Office Closed daily from

12 noon-1pm

609-655-3232

Michelle Williams: Clubhouse Manager

Erica Hardeo: Clubhouse Supervisor

Sue Ortiz: Office Coordinator

Sebrina Jinks: Office Assistant

Jessica Roberts: E&R Foreman

### ON SALE THIS MONTH

### EVENTS

#### LUNCH & LEARN w/ LORI MORELL

Wednesday, June 6, 12pm, Ballroom, No Charge

Find out what it means to be more mindful with Lori from Parker Homes. *Wait List Available*

#### MOVIE LUNCHEON..."The Greatest Showman"

Sunday, June 24, 12:30pm, Ballroom, \$14pp

Menu includes: tuna, egg, chicken salads, assorted breads, harvest salad, chicken caesar pasta salad and more...

*On sale now!*

#### ANNUAL TRUNK SALE & SHREDDER

Saturday, June 2, 9am-Noon, Clubhouse Lot

US Security will provide refreshments...NO EARLY BIRDS  
Spots Filled!

#### CONCERT ON THE LAWN Back by Popular Demand... *Julian & Dominique*

Tuesday, July 24

6:30pm~ Meeting House Lawn~ No Charge  
Bring a Chair and Enjoy the Music!

### EXCURSIONS

#### SANDS CASINO (Bethlehem, Pa)

Tuesday, June 19, \$25pp

Departs Poolside at 9am

*On sale now!*

#### ATLANTIC CITY-TROPICANA CASINO

Thursday, July 12, \$25pp

Departs Poolside at 9am

*On sale June 20!*

#### "THE BAND'S VISIT" on BROADWAY

Wednesday, June 27, \$148pp includes orchestra seat

Lunch on your own! Departs Poolside at 10am

*Wait List Available!*

#### "MARGARITAVILLE" on BROADWAY

Wednesday, July 11, \$100pp includes orchestra seat

Lunch on your own! Departs Poolside at 10am

*Wait List Available!*

#### ATTENTION RESIDENTS

All transactions of \$10 & over must be paid by  
check or credit card as of September 4

### FRIDAY NIGHT POOL PARTY w/ DJ Gary "Motown" Morton

Friday, June 15

7pm...Pool...\$10pp

(in the event of rain, party will be held in the ballroom)

BRING YOUR OWN REFRESHMENTS...ICE PROVIDED

Call-in on Tuesday, June 5 at 12:15pm (609-655-3232) to  
reserve your tickets. Two tickets per manor.

Payment MUST be received by Friday, June 8

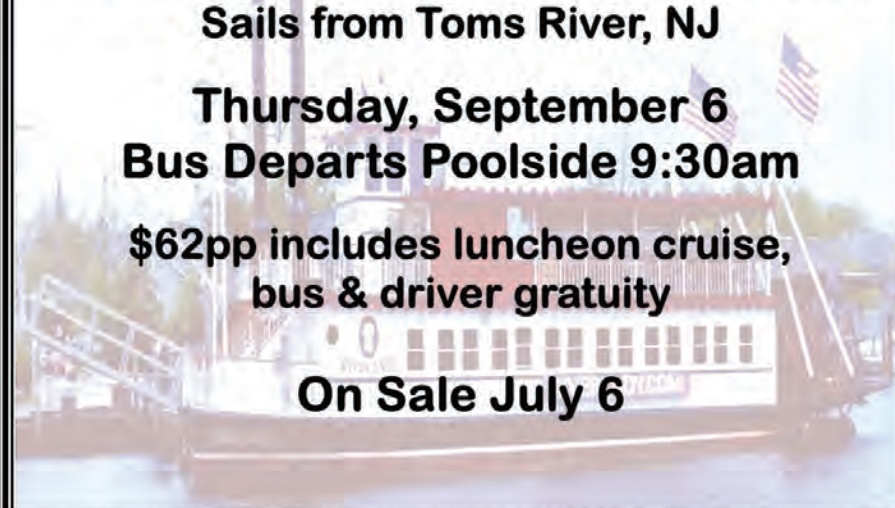
### River Lady...Historical Lunch Cruise Sails from Toms River, NJ

Thursday, September 6

Bus Departs Poolside 9:30am

\$62pp includes luncheon cruise,  
bus & driver gratuity

On Sale July 6





## CULTURAL

\*Note Room/Time Change for June

**AFRICAN HERITAGE GROUP**  
Saturday, June 2, 3:30pm, Gallery

**AVIATION GROUP**  
2nd Wednesday, 1:30pm, Ballroom  
"Malaysia Flight MH-370"

**BOOK DISCUSSION GROUP**  
2nd Thursday, 3:00pm, Craft\*  
"Out Stealing Horses" by Per Petterson

**CURRENT EVENTS ROUNDTABLE**  
Mondays, 10:30am, Craft\*

**GERMAN AMERICANS**  
Last Thursday, 1:30pm, Ballroom\*

**KOREAN AMERICANS**  
Contact Clubhouse for Info!

**LATINO/HISPANIC-AMERICANS**  
Last Wednesday, 6:00pm, Gallery

**POLISH AMERICAN**  
1st Friday, 1:00pm, Gallery\*

**RECIPE GROUP**  
2nd Wednesday, 7:30pm, Gallery\*

**VETERANS GROUP**  
Tuesday, July 10, 10am, Ballroom

**WRITERS GROUP**  
Last Thursday, 10am, Craft\*

### HONOR & REMEMBER FLAG RAISING CEREMONY

Thursday, June 14  
1PM Golf Course  
ALL WELCOME



## THE ARTS

\*Note Room/Time Change for June

**"ALL IN STITCHES" Knit & Crochet Group**  
Thursdays, 1:30pm, Gallery\*

**ART CLASS/WORKSHOP**  
Wednesday, 9:30am—11:30am, Gallery  
Resident/Artist Paul Pittari offers basic instruction. Easels provided. Supplies on your own.

**CERAMICS STUDIO**  
Monday & Thursday, 8:30am—12pm.  
Monitor present. Molds & Kiln on site.  
Supplies on your own.

**GALLERY EXHIBITS**  
The month of June will feature the works of Rossmoor Resident, Angel Espinosa. Be sure to stop in and check out his beautiful work!

**POTTERY**  
Wednesday & Saturday, 8:30am-12 Noon  
Monitor present. Supplies on your own.

**RUG HOOKING GROUP**  
Thursdays, 9am—1pm, Gallery\*  
Bring your lunch and be prepared to have some fun!

**OPEN WOOD CARVING WORKSHOP**  
Fridays, 9am—12pm, Woodshop  
Monitor present. Supplies on your own.

**WOODSHOP**  
Mon-Fri 9am-3pm Saturday 9am-Noon  
Open to Residents who have completed the orientation and safety class. Monitor present.

## CARDS & GAMES

\*MPR Wing Closed/Use Card Room 2nd Floor

**BANANAGRAMS**  
Mondays & Thursdays, 2pm, Game Room  
Fast paced crossword style word game to keep you on your toes. Contact Dolores Wardrop.

**BRIDGE**  
Contact Clubhouse

**CANASTA & MAHJONG**  
Contact Clubhouse

**MAY I**  
Contact Sophie Prata.

**MEN'S POKER**  
Contact Alan Lasky.

**NINTENDO Wii**  
Bowling, Tennis, Golf. Stop by Clubhouse Office to sign out games.

**PINOCHLE**  
Please call the Clubhouse if interested in playing Pinochle.

**POKER**  
Mondays and Fridays.  
Contact Dolores Grief.

**POOL ROOM**  
The Pool Room is open 7days, 8am-10pm  
(Closed for cleaning Wednesdays 8am-11am.)

## GET MOVING!

\*Note Room/Time Change for June

**BALLROOM DANCE LESSONS**  
Thursdays, 6:30pm, Ballroom\*, \$48pp for eight week session, \$7pp for drop-ins  
Pay the Instructor Directly

**CHAIR YOGA**  
Tuesday mornings, 10:00am, Gallery  
Enjoy the benefits of yoga while sitting in a chair. Class is conducted by a certified Yoga Instructor. Pay instructor directly

**"DOWNSIZING"—Weight Loss Support Group**  
Wednesday, 9:30am, Ballroom or Craft\*  
Call the Clubhouse for information

**FITNESS CENTER ORIENTATION**  
Monday, June 11, 10:00am  
Sign-up in the Clubhouse...Space limited

**HEALTHY BONES**  
Thursdays, 9:30am, Ballroom  
This class is for those that have pre-registered.

**OPEN EXERCISE DVD**  
Monday, Thursday, 9:30am, Gallery\*  
Saturday, 9:30am, Maple  
Exercise at your own pace. No Instructor. DVDs are selected from our current collection. No charge or sign-up required.

**WALKING GROUP (Weather Permitting)**  
Mondays, 9am, Front of Clubhouse  
Walk the 1 mile or the 2.5 mile loop around Old Nassau. Bring water and wear comfortable shoes.

**YOGA**  
Wednesday, 9:30am, MH Parlor\*  
Resident instructor conducts the class. No Charge. Bring floor mat. SPACE LIMITED.

## AQUA AEROBICS

Tuesday...10am  
Wednesday...6:30pm  
Thursday...10am  
Begins in July...No Charge

## ARE YOU INTERESTED? Fall 2018 Broadway Shows

Pretty Woman: The Musical  
The Cher Show  
Let us know in the Clubhouse!

### June is "Eat Your Fruit & Veggies" Month

- Start early: Top your morning breakfast cereal with fresh berries, bananas, or peaches for added flavor and nutrition.
- Add some crisp lettuce leaves and juicy tomato slices to a sandwich or wrap.
- Kids love foods they can "dip," so encourage them to dip their veggies in a delicious, healthy fresh tomato salsa.
- Keep fresh veggies and fruits on a platter in the refrigerator so kids (and you!) can grab some any time—cooling off by the pool, reading a book, or cooking dinner.
- Go to a farmers' market to find the freshest, in-season produce.
- Plant your own garden—or just a small tomato plant on the back porch. There's nothing quite like homegrown fruits and vegetables.
- Have some dessert! Fruits are full of natural sweetness—the perfect way to round out a meal.

## SPORTS FUN!

**BOCCE**  
Contact Clubhouse for Info!

**CORN HOLE**  
Friday 9am-11am Hawthorn/Terrace

**CROQUET**  
New Players Welcome. Call Betty Anne Clayton.

**HIKERS**  
Sunday, June 10-Sunday Brunch  
Saturday, June 23-Plainsboro Preserve  
Departs 9:30am Poolside  
New Hikers Welcome!

**PICKLEBALL TOURNAMENT**  
Saturday, June 9...9am  
Come out and support your friends!

**SHUFFLEBOARD**  
Tuesday, July 17-"Under the Stars".  
7pm...Courts

**TABLE TENNIS (Cancelled for June)**  
Tables available Tuesday, Friday, & Saturday  
9-11AM. All welcome!

**TENNIS**  
Courts available 8am until dusk. Bring your own equipment.





## MOVIE CORNER

### "WONDER WHEEL"

Wonder Wheel



Starring James Belushi  
Directed by Neil Simon

Rated PG-13  
100 Minutes  
No Charge

Sun., June 10 1:30pm Ballroom  
Sun., June 12 1:30pm & 7pm Ballroom

TUESDAY MYSTERY MOVIES  
June 19 & 26 at 1:30pm

Movies Subject to Change

## COMING ATTRACTIONS

Details TBA

FRIDAY POOL PARTIES  
July 13 & 27, August 10 & 31

KIDS DAY at ROSSMOOR  
Monday, August 13

MOVIE IN THE PARKING LOT  
Thursday, August 23

WWII...LETTERS FROM SOLDIERS w/MAGGIE WORSDALE  
Tuesday, September 11

METS vs. PHILLIES GAME  
Monday, September 17



## LIBRARY ON LOCATION

### "LIBBY, MONTANA"

Below the rugged peaks of the Northern Rockies lies the site of the worst case of community-wide exposure to a toxic substance in US History.

60 Minutes  
Wednesday, June 20  
1PM...Gallery...No Charge

### "BIG MEN"

Filmed over five years, the quest for oil in Ghana by Dallas-based Kosmos. Down the coast in the Niger Delta, poor Nigerians yet to prosper from decades-old oil fields.

60 Minutes  
Thursday, June 28  
1PM...Ballroom...No Charge

Program is in collaboration w/ Monroe Twp. Library & PBS

## F41

- RCAI Offices Closed on Wednesday, July 4 in observance of Independence Day.
- COMCAST Q&A...Tuesday, June 19, 9-11, Ballroom
- CONTACT THE CLUBHOUSE for information regarding events and trips.
- EVENT REMINDERS: Bring Rossmoor ID when purchasing tickets for Clubhouse events. Only two tickets per manor can be purchased. When bringing a guest/non-resident, please provide their full name at the time of ticket purchase. Tickets are non-transferable.
- TRIP REMINDERS: Trips require average physical activity. You should be in good health, able to climb stairs, and walk reasonable distances. Any guest accompanying a Rossmoor resident MUST be at least 18 years of age. Basic information on guests must be provided when tickets are purchased.
- CLUB PRESIDENTS & GROUP REPRESENTATIVES: Channel 26 announcements and room set ups MUST be handed in on the official forms, Forms can be found on the website or in the Clubhouse.
- ROSSMOOR CLUBHOUSE NJ is our official Facebook page. Follow us for Clubhouse updates, ticket sales, and event photos. You just might see yourself having a good time!
- RCAINJ.COM is the official website for Rossmoor. Here you will find everything Rossmoor! Check it out!
- EVENTS & TRIPS are subject to change.

## SMILE...YOU ARE ON CANDID CAMERA!



On the way to the Finger Lakes



Straight from  
Buckingham Palace



Sisterly Love



Happy Faces after Wine & Design



Off to the Royal Wedding



Rossmoor Vets greeting the Wounded Warriors





# JUNE 2018




Sun	Mon	Tue	Wed	Thu	Fri	Sat
Events or trips marked * require tickets or prior registration	<div>Ticket Sales</div> <div></div> <div>Today!</div>	<div>ATTENTION RESIDENTS</div> <div>June 1-July 1</div> <div>MPR WING HVAC RENOVATIONS</div> <div>Events have been relocated during this time.</div> <div>We appreciate your patience.</div> <div>Thank you!</div>			1 <div></div>	2 <div>9:00am-12:00pm</div> <div>Trunk Sale-Lot</div> <div>3:30pm</div> <div>African Heritage Group-GL</div> <div></div>
3	4	5 <div>6:00am-8:00pm</div> <div>Primary Elections-BR</div> <div></div> <div></div>	6 <div>12:00pm</div> <div>Lunch &amp; Learn w/ Lori Morell-BR</div>	7 <div>9:00am</div> <div>Agenda Committee-VC</div> <div>12:00pm</div> <div>Women's Guild Luncheon-BR</div>	8 <div>10:00am-1:00pm</div> <div>Health Fair-CH</div> <div>2:00pm</div> <div>Mutual 17-VC</div> <div></div>	9 <div>8:30am</div> <div>Pickleball Tournament-CT</div> <div></div>
10 <div>1:30pm</div> <div>Movie "Wonder Wheel"-BR</div>	11 <div>Golf Outing</div> <div>10:00am</div> <div>*Fitness Center Orientation-FC</div> <div>10:00am</div> <div>Mutual 3-GL</div> <div>1:00pm</div> <div>Healthcare Lecture-BR</div>	12 <div>10:00am</div> <div>Mutual 12-GL</div> <div>1:00pm</div> <div>Mutual 6-GL</div> <div>1:30pm &amp; 7:00pm</div> <div>Movie "Wonder Wheel"-BR</div>	13	14 Flag Day <div>9:00am</div> <div>Committee Meetings-VC</div> <div></div>	15 <div>7:00pm</div> <div>*Pool Party</div> <div>7:30pm</div> <div>Music Assn.-MH</div> <div></div>	16 <div>1:00pm</div> <div>Mutual 5 BBQ-BR</div>
17 Father's Day <div></div>	18 <div>GOLF OUTING</div> <div>10:00am</div> <div>Mutual 5-BR</div> <div>2:00pm</div> <div>Mutual 14-VC</div>	19 <div>9:00am-11:00am</div> <div>Comcast-BR</div> <div>9:00am</div> <div>*Trip-Sands Casino</div> <div>1:30pm</div> <div>Mystery Movie-BR</div>	20 <div>1:00pm</div> <div>Library on Location-BR (see page 3)</div> <div></div>	21 Summer Begins <div>9:00am</div> <div>Board of Governors-VC</div> <div></div>	22 <div>6:30pm</div> <div>Bingo-BR</div> <div></div>	23 <div>1:00pm</div> <div>Mutual 2 Picnic-BR</div> <div>2:00pm-9:00pm</div> <div>Fire Proposal Elections-GL</div>
24 <div>12:30pm</div> <div>*Movie Luncheon-BR</div> <div></div>	25 <div>10:00am</div> <div>Mutual 8-GL</div>	26 <div>1:30pm</div> <div>Mystery Movie-BR</div>	27 <div>10:00am</div> <div>*Trip-The Band's Visit</div> <div></div>	28 <div>1:00pm</div> <div>Library on Location-BR (see page 3)</div>	29 <div>10:00am</div> <div>Mutual 9-GL</div>	30



INDEPENDENT CLUBS			
Chorus	Wed	4 pm	MH
Church Discussion	Tues	1:30 pm	MHP
Computer Club	3rd Mon	10 am	GL
Dance Club	Last Sat	7 pm	BR
Emerald Society	4th Wed	2 pm	BR
Italian-American	3rd Wed	7:30 pm	BR
Players	Last Mon	7 pm	GL
Sisterhood	3rd Mon	1:30 pm	BR
Torah Study	Sat	10 am	CD
Women's Guild	3rd Thurs	1:30 pm	BR

MEETING HOUSE SERVICES		
Catholic Society Mass	2nd Thurs	7 pm
Jewish Congregation Sabbath	2nd & 4th Fri	7:45 pm
Community Church & Communion	1st Sun	11 am
Community Church Worship	2nd & 4th Sun	11 am
Community Church & Fellowship	3rd Sun	11 am



ROOM KEY	
BR Ballroom	H Hawthorn
C Court	MP Maple
CD Cedar	MH Meeting House
CH Clubhouse	MHP Meeting House Parlor
CFT Craft	TR Terrace
DW Dogwood	RR Red Room
GL Gallery	VC Village Center
GR Game	



This month in pictures

Rossmoor Jewish Congregation's 50th Anniversary

Photos by Steve Gray



Co-Presidents Arnold Jasper and Judy Perkus with guests Michelle Williams and Jane Balmer at the 50th anniversary celebration



101-year-old Florence Stein blesses the wine.



Above, happy are the celebrants at table 8. Front and center is Phyllis Goldstein. To her left, clockwise around the table, are Marilyn Pollack, her son Larry Pollack, her daughter Karen Schwartz, Fred and Phyllis Lassman, and Judith and Ben Wistreich. Below, a happy gathering at the 50th anniversary celebration



Mayor Gerald Tamburro presented a proclamation to the Rossmoor Jewish Congregation on its 50th anniversary.






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## June Dance Club BBQ and Dance will feature a Hawaiian theme

By Judy Perkus

Come to the Ballroom on Saturday, June 30 at 6:30 p.m. for the Dance Club’s BBQ and Dance party. DJ Carmine will be playing all kinds of dance music, though probably not hulas, even though the theme of the decorations is the 50<sup>th</sup> state.


In addition to BBQ foods including chicken, hot dogs, burgers, corn on the cob, salads, and watermelon, soda, coffee and tea will be served. All Rossmoorites, singles as well as couples, are welcome.

Please send your reservation check made out to the Rossmoor Dance Club (\$18 a person for paid-up members; \$20 a person for non-members) to Armen DeVivo at 449B Roxbury Lane by June 20.

Annual Membership is \$7.50 per person, \$15 per couple. Call Armen at 655-2175 for more information.

# Rossmoor Dance Club

# June 30 Dance



Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

**Reservation Deadline: June 20**

**Paid-up Member(s):     @\$ 18 =** \_\_\_\_\_

**Non-member(s):         @ \$20 =** \_\_\_\_\_

**2018 dues \$7.50 pp; \$15 per couple     = \$** \_\_\_\_\_

**Total** \_\_\_\_\_

**Please send check made out to the  
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Armen DeVivo at 449B Roxbury Lane. 609-655-2175  
or leave in an envelope in the Dance Club  
folder in the E & R Office**

## SPORTS

### 9-Holer news for June



By Terre Martin

I didn’t think there would be much to report in this month’s article, so I asked my teammates for input. I certainly got some surprising replies! Let me begin by saying that the first two tournaments were washed out. Our season finally began with a Low Net tournament which yielded three winners. Doris Herron and Terre Martin shared first place for the A flight, and Tori Meiselbach took first for the B flight.

Our second tournament was a scramble. The big winners were Maureen Danehy, Joan Lundy, Alyce Owens, and Mary Shine. All due credit was given for Mary Shine’s drive, which got the team on the green of hole #12. Alyce then made the perfect putt for a birdie. That gave them a one-point lead over the two teams that tied

for second.

The two teams that tied were: 1) Doris Herron, Joan Gabriello, Terre Martin, and Tori Meiselbach; 2) Grace Hammersfahr, Mary Ellen Mertz, Cathy Misner, and Soonja Nam.

In other news, any woman who would like to “pick up” a 9-Hole round should meet at the course on Wednesdays at 2 p.m. There’s no need for phone calls. Just show up. Non-course-members can pay the reduced fee because of the time. This will be a great way to get in some golf without the hassle of setting it up. Just come! If this works out, we can try to do a similar plan on a different day.

Be sure to ask at the Pro Shop about more clinics. There was one in May, and there will be others. Ray or Ted can give you the information. If you are interested in taking group lessons, contact our president. If enough women are interested, you can get a better rate while making new friends.

To learn more about our

(Continued on page 15)



Alyce Owens and Mary Shine putting.



## 2018 Golf Croquet season



**Croquet Board 2018 Members, from left, Betty Ann Clayton, John Craven, Grace Gambino, Sidna Mitchell, Loretta Widdows, Merv Shivers, Ruth Kline, Carl Kruse, and Joan Bowman**

*By John N. Craven*

If you drive past the Clubhouse on a Friday afternoon and wonder what your friends and neighbors are doing, dressed in white and holding mallets, smacking colored balls through hoops, it's called Golf Croquet. It has been described as "Just like Golf, only fun."

Golf croquet is the newest and most significant thing to happen to croquet in the 20<sup>th</sup> century. It is a relatively simple game to come out of Egypt, where -- after the expulsion of the British and the French in the 1950s -- the Egyptians were relatively isolated from the Western world so they developed and perfected golf croquet on the same courts and with the same equipment the British left behind in their colonial compounds, along with polo and tennis.

Golf croquet can be understood and "learned" within a half hour at the novice level -- I mean, the rules, not necessarily the best strokes and not

necessarily the best tactics. It shares much more in common with the sport of golf than it does the sport of croquet or even the conventional backyard game that most people

are familiar with. Some people never really understand it after years of play, but it's fun, challenging, and you rarely lose a ball in the rough.

*(Continued on page 16)*

## 9-Holers

*(Continued from page 14)*

group, contact Mary Shine at 609-655-4518 or maryshine1@verizon.net. You can also contact President Joyce Cassidy, at 609-619-3618 or email her at joyce3205@aol.com.

If you know my husband,

you see him at the golf course EVERY day. Not that I mind, but the other day I commented to him, "You spend too much time thinking about golf. Do you even remember the day we got married?" He quickly replied, "Of course I do! It was the day I sank that 45-foot putt!" Ah, Doug!



**Soonja Nam, Grace Hammesfahr, and Doris Herron**

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## Ladies 18-Hole golf league is in full swing

*By Arlene McBride*

There was no play on April 10 or 17 because of the unusual cold spell. On April 24, throw one hole out on the front nine and one hole out on the back nine tournament was played. First place winner, Joan Messick; second place, Sandy Pellicane. Good job, ladies. I could have thrown every hole out.

On May 1, low gross, low net tournament was played. Winners for low gross, first place, Maria Hogan; second place, Jo Schwegel. Winners for low net, first place, Joan Semen; second place, Sandy Pellicane.

We are now in full swing for the golf season. We welcome you to join the ladies' league there is still time to do so. Stop by our pro shop and pick up a membership form today. Contact [arlenemcbride@comcast.net](mailto:arlenemcbride@comcast.net) for more information.

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## Religious Organizations

### Community Church welcomes the Rev. Robin Bacon Hoffman as primary guest preacher

By Mary Jane Brubaker

The Community Church extends an open invitation to the community at large to join in a special service and fellowship hour on June 3 at 11 a.m. as the Rev. Robin Bacon Hoffman begins serving a seven-month term as primary guest preacher.

"We are delighted to welcome Robin in this new role," says Sidna Mitchell, who serves as Worship Committee Chair on the Church Council and who was responsible for recruiting the Rev. Hoffman. "As the Church begins its search for a new pastor following the retirement of Pastor Dierdre Thomson in April, Robin is an ideal transitional leader for us because she is a long-time friend of our community. In past years she has served as an interim preacher as well as a guest preacher. We welcome her energy, enthu-

siasm, and intellect at our Sunday services."

"Robin will serve Communion at the June 3 service," adds Sidna. "And immediately following the service we will have a wonderful fellowship hour that will include bagels and pastries and all sorts of delicious food. I hope community residents will join us for this special celebration because this will be a wonderful opportunity for everyone to meet Robin."

In addition to her new role with the Community Church, Robin serves as chaplain at Meadow Lakes, a Springpoint Senior Living community. She holds two degrees from Princeton Theological Seminary as well as a B.S. in Chemical Engineering from Penn State. Robin and her husband live in Princeton Junction and have two daughters and two very young grandchildren who live



**The Rev. Robin Bacon Hoffman**

in the area.

Our Community Church is an ecumenical congregation and welcomes people of all faiths to worship every Sunday morning at 11 a.m. at the Meeting House. For those already belonging to another church, the Community Church offers a dual membership. For more information, please contact Membership Chair Alyce Owens at 609-860-0866.

### Catholic Society schedules Mass for 1:30 p.m. on Tuesday, June 12

By Gene Horan

The monthly Mass of the Rossmoor Catholic Society will be held in the Meeting House at 1:30 p.m. on Tuesday, June 12. Please note the time and day. It is scheduled for Tuesday at 1:30 p.m., not the usual Thursday evening, so that those who cannot attend in the evening may come. Persons in wheelchairs are welcome and it is suggested that "neighbors help neighbors" to insure that those who wish to participate can do so.

The Sacrament of Reconciliation (confession) will be available for one half hour before the Mass. Our celebrant will be Father Charles O'Connor, pastor of St. Cecilia Parish.

Refreshments and fellowship will follow the Mass.

The following activities are also scheduled during the month:

- The Chaplet of Divine Mercy will be prayed in the Maple Room of the Clubhouse at 3 p.m. on Tuesday, June 19.
- The Prayer Shawl

Ministry will meet in the Craft Room of the Clubhouse at 1:30 p.m. on Thursday, June 7, and Thursday, June 21.

- "Stalingrad Madonna," a moving documentary about a symbol of peace and forgiveness among nations, will be shown in the Gallery

of the Clubhouse on Friday, June 22, at 1:30 p.m. See separate article in this issue for more information.

- The Catholic Society Council will meet in the Meeting House Parlor on Thursday, June 7, at 1:30 p.m. All are invited to attend.

## SPORTS



Debbie Stasik picking teams for the bocce season



### Caregiver Support Group

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### Croquet season

(Continued from page 15)

The Club welcomes all residents. Anyone seeking a form of light exercise, the enjoyment of the outdoors, an opportunity to mingle with friends and neighbors and to learn a simple yet challenging game on a professional level playing court, contact Betty Ann Clayton. Look for us on the croquet court any Friday afternoon. Come join us; you'll like it.



## The Jewish Congregation continues its 50<sup>th</sup> anniversary celebration

By Judy Perkus

It took 50 years, but we finally did it! The Jewish Congregation celebrated its first "aufruf," the calling to the Torah of the bridegroom before his wedding. Ian Brotman, son of member Adrienne Brotman, read the blessings before and after the Torah at a recent Sabbath service.

Later this year, Norman Perkus will celebrate his second Bar Mitzvah. This is not a new happening in our congregation. Many of us remember the second Bar Mitzvah of Irwin Leslie. A Jewish boy has his first Bar Mitzvah at the age of 13. The expected lifespan was three score and ten, 70 years. Therefore, at age 83, 70 + 13 for those of you who don't have a calculator on hand, a second Bar Mitzvah may be celebrated. Norm's father always wanted to celebrate his second Bar Mitzvah but did not live long enough. Norm will be honoring his father's memory.

On June 8, Bob Kolker will be the Torah Reader and Jeff Albom will be the Lay Reader at our Friday night Sabbath service. On June 22, the Torah Reader will be Jeff Albom; Bob Kolker, will be the Lay Reader. Our cantor is Mary Feinsinger. These services will take place at 7:45 p.m. in the Meeting House. At our Oneg Shabbat, the social hour after the service, we say blessings over the challah and the wine and enjoy coffee, tea, and cake. The Congregation will sponsor both Onegs this



President Arnold Jasper addressing the congregation at the 50th anniversary celebration



Honored Guest Monroe Township Council Vice President Betty Schneider speaking at the Jewish Congregation's 50th anniversary luncheon on April 14.

month. All Rossmoorites are welcome to our Friday night services.

At our annual meeting, Marjorie Heyman was elected one of the copresidents. She will serve in

June, July and August.

The reservation deadline for our annual July 4 BBQ is June 18. Call Social Chair Jeff Albom for more information. This event is open to all Rossmoorites.

## Jewish Congregation's 50<sup>th</sup> Anniversary Sabbath Service

By Judy Perkus

On April 14, a special Sabbath service in honor of our 50<sup>th</sup> year was led by Rabbi Lauren Levy and Cantor Mary Feinsinger, followed by a catered luncheon. Among the honored guests were State Senator Linda Greenstein, Mayor Gerald Tamburro, Monroe Township Council Vice President Elizabeth (Betty) Schneider, and from RCAI Jane Balmer and Michelle Williams. The Senator and the Mayor presented congratulatory proclamations. A letter from Congresswoman Bonnie Watson Colman was read.

### A few comments:

"The committee did a superb job. Food was plentiful and good and help was very nice. Everyone was impressed with the dignitaries and their words. Everyone who helped at anything from services to luncheon deserve thanks and we look forward to lots more celebrations."

"Thanks for a most successful and memorable

50th service and luncheon. My son and daughter were very impressed."

"We enjoyed the morning Service with Rabbi Lauren and Cantor Mary. The

luncheon was a complete success! The food was very good. Everyone at my table enjoyed themselves. Especially the brand-new members."

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**Promoting unity within our country****The Interfaith Committee**

By Diane England

Today, it seems there's no question that our country is divided. Tension surrounds conversations about myriad topics. Fortunately, though, many Americans want us to be less polarized. But can we achieve greater unity?

The Reverend Jim Wallis believes much division in our country stems from people audaciously claiming they're on God's side with regard to

diverse nation of all time.

So, how do we promote unity in our religiously diverse country? Well, we must first find, or create, common ground so that we can go on to identify and focus on the common good.

Fortunately, the American Interfaith Movement seeks to build religious pluralism in our land. But what is this exactly? To help clarify what I am talking about, visualize a street on which there's a Vietnamese Catholic church, a Cambodian Buddhist temple, a Ukrainian Orthodox church, a Muslim Community Center, a Hispanic First Church of God, and a Hindu temple. And yes, I read that such a street exists in Maryland. This represents diversity, doesn't it? However, if there's no engagement or relationship between these groups, pluralism has not been achieved since pluralism suggests people of different faiths and cultures are jointly engaged in the creation of a common civil society. Hence, pluralism is not a given, but rather, it's an achievement.

Historically, we've used the terms "exclusion," "assimilation," and "pluralism" to discuss how we've dealt with our cultural and religious diversity throughout our country's existence. The exclusionists always wish to close the door to "aliens." The assimilationists envision America as a "melting pot" and welcome new immigrants, but they want them to leave their differences behind and instead, conform to the predominant culture. Pluralists, on the other hand, only ask that immigrants uphold the common civic demands of American citizenship. They're comfortable, in other words, with immigrants being themselves and contributing their distinctive ways to the orchestra of American civilization.

To reiterate, pluralism does not allude to diversity alone, but it speaks to an active engagement with that diversity. Thus, while one can be an observer of diversity or celebrate diversity or



**Jeffrey Albom addressing the attendees at the Interfaith Service**

be critical and threatened by it, pluralism requires participation. And, as it is with the jazz musician, one should have an ear attuned to the genius of the other players.

You can see then, that pluralism represents more than the tolerance of differences. Certainly, tolerance is important in our goal to achieve greater unity. But it's insufficient for removing our ignorance regarding each other. Hence, it's also an insufficient foundation for a society as religiously diverse and complex as ours.

Needless to say, some people are wary of pluralism for multiple reasons. They may believe it causes a watering down of one's own religious beliefs when there's acknowledgement that others believe differently. On the other hand, some fear that a pluralist perspective is essentially stating that there are no differences amongst various religious traditions and their values. In truth, though, pluralism does not require relinquishing the distinctiveness of one's own tradition of faith in order to reach the lowest common denominator between all the faiths. Rather, in a pluralist society, people of every faith—and those having no faith—can be themselves while engaging in constructive dialogue to discern both common understandings and real differences as they pre-

(Continued on page 19)



**Erica Hardeo presenting the flag at the Interfaith Service**

their politics, actions, and words. Furthermore, they believe that those who don't think, act, and vote like them are disobeying the divine order. That said, he also believes they're failing to ask themselves the most important question which is: "Am I truly on God's side?"

So, how can Americans of faith be certain we indeed are? Wallis suggests that all we must do is focus on the common good. The problem is, though, with a country as diverse as ours, it can be challenging to determine what the common good actually is.

Certainly, we each come to the table with different ideological structures for framing our understanding of what might be considered commonly good. These might have been influenced by religious, philosophical, and personal beliefs or understandings about existence, mortality, and the cosmos, for example. Matters are further complicated by the fact that we live in the most religiously

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“Stalingrad Madonna,” documentary on Battle of Stalingrad, to be aired



Kurt Reuber, creator of the Stalingrad Madonna

By Gene Horan  
“Stalingrad Madonna” is the eleventh film in the Classic Films series being presented by the Catholic Soci-

ety on the fourth Friday of each month.  
In the harsh winter of 1942, Russian troops were fighting to hold off the advancing German army at Stalingrad (now Volgograd). In his freezing foxhole, the German pastor/physician Kurt Reuber drew a simple charcoal rendering of Mary sheltering the child Jesus. Her feet appear as naked and cold as those of soldiers on the battlefield.  
At the bottom of the drawing, the artist wrote “Licht, Leben, Liebe” (“Light, Life, Love.”) Reuber, who cared compassionately for Russian civilians as well as for German soldiers, would die



Photo of Stalingrad Madonna

in captivity, but not before his drawing was shipped home.  
The free showing will be held in the Gallery at 1:30 p.m. on Friday, June 22. Coffee, tea and light refreshments will be available and all Rossmoorites are most welcome.

Get your health questions answered

By Hadassah Aylat  
All your questions about which nutritional supplements and medicines are appropriate for seniors will be answered at the next Sisterhood meeting on Monday, June 18, at 1:30 p.m. in the Gallery.  
Jose Cardoso, head pharmacist and owner of the Texas Road Pharmacy on Applegarth Road, and Dr. P. Potharlanka, a thyroid specialist, will talk to us about appropriate nutritional supplements and customized medicines for seniors, and

what can be done about recurrent urinary infections, complex regional pain syndromes, and allergies. Cardoso will also bring various pharmacy products.  
Bring your old prescriptions so he can check them and explain what they’re for and if they’re still usable. He will also address other topics of importance and interest to senior women.  
We will continue to enjoy our delicious desserts but remember to bring non-perishable food for the Food Pantry.

National Day of Prayer

On May 3 the Interfaith Council of Rossmoor held a service celebrating the National Day of Prayer. This year’s theme was “Pray for America -- UNITY.” Each of the three organizations belonging to the Interfaith Council, the Jewish Congregation, the Community Church, and the Catholic Society, had a representative speaker on this theme. Below is one of those talks.

Promoting unity

(Continued from page 18)  
pare to walk down that pathway toward defining and attending to the needs of what has now become a very complex “we.”  
On a related note, and as one of the representatives today of the Christian faith, the dominant religious tradition of America, I recognize that Christians have contributed to both the stunting as well as the nurturing of pluralism. Certainly, we have seen the resurgence of a strong exclusivist Christianity in some churches. But on the other hand, there has also been a re-examination of the relationship of Christianity to other world religions by most of the major Protestant denominations as well as the Catholic Church. Furthermore, Christian leaders perceive the necessity for interfaith dialogue and cooperation going forward.  
Let me conclude, then, by stating that interfaith cooperation can be the pathway not only to religious pluralism, but the pathway as well toward ending the hostile ideological environment in which our country now finds itself. Yes indeed, it can be the pathway to unity for our country. And hence today as we’re gathered here as people of different faiths, may we pray that we might walk this pathway with open and empathic hearts.

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**Community Church**

**Community Church**

**June 2018 Calendar**

June 1 Diabetes Seminar 9:30 a.m.

June 3 Communion Sunday 11 a.m.  
Fellowship Hour at Noon  
Rev. Robin Bacon Hoffman, Pastor

June 5 Conversation of Your Life 6:30 p.m.

June 7 Scholarship Luncheon

June 10 Church Service 11 a.m.

June 12 Finance Committee Meeting 9:30 a.m.  
Conversation of Your Life 6:30 p.m.

June 13 Worship Committee Meeting 9:30 a.m.

June 17 Church Service 11 a.m.

June 18 Council Meeting 9 a.m.

June 19 Conversation of Your Life 6:30 p.m.

June 24 Church Service 11 a.m.

June 25 Prayer Chain Meeting 10 a.m.

June 26 Library Committee Meeting 1:30 p.m.

Please note our new phone number is 609-655-6887.

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Rossmoor Resident Telephone Directory

CHANGES & DELETIONS ONLY

Please mail or bring this form to the  
Rossmoor Community Association, Inc., Village Center  
128 Sussex Way, Monroe Twp., NJ 08831  
with any changes or deletions to your  
name, address or telephone listing.

Information as it now appears:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

Changes for the 2018 edition:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

(1)Phone OR (1)Cell: \_\_\_\_\_

**\*\*All Changes must be received by July 13, 2018\*\***

If your name, address and/or telephone/cell number is in the  
2017 edition correctly, it is not necessary for you to complete this form.

TRANSPORTATION TIDBITS

Important phone numbers:

Rossmoor Bus ..... 609-655-4401  
Hours 10:00 -11:00 a.m. and 2:30 p.m.- 4:00 p.m.

Monroe Township Transportation..... 609-443-0511

Middlesex County  
Area Transportation (MCAT) ..... 1-800-221-3520

St. Peter's University Hospital  
On Time Transportation ..... 1-800-858-8463

All schedules are available outside the E&R office  
(near the copy machine) or via the Web at rcainj.com and  
following the links Facilities, Clubhouse and Activities,  
and Bus Info.



REMEMBER OUR MEN  
AND WOMEN  
IN THE SERVICE

Mailing Addresses

If you are not receiving mail from Rossmoor,  
your Mutual, or *The Rossmoor News*, it may be  
a matter of our not having your correct mailing  
address. Many residents, over the years, filed  
“Winter Address” forms with Administration and  
failed to specify a return date. If you did not con-  
tact us when you returned, it might be possible  
that we still have an alternate or winter address  
in our system.

Please contact Resident Services manager, at  
609-655-1000, to verify your address.

Drive Carefully



HEALTH CARE CENTER NEWS

Progressive Supranuclear Palsy

By Kaytie Olshefski,  
BSN, RN-BC

Progressive Supranuclear Palsy (PSP) was first recog-  
nized as a disease entity in 1964, distinguishing it from  
Parkinson’s disease. Pro-  
gressive supranuclear palsy  
is not a common disease and  
when symptoms first appear  
it is often confused with  
Parkinson’s disease and de-  
mentia. In America, there are  
20,000 people who have  
been diagnosed with the dis-  
ease compared to approxi-  
mately 50,000 people who  
have Parkinson’s disease.  
This disease affects more  
men than women with the  
average age being 60 years  
old.

There is no exact cause to  
this disease. The symptoms  
of progressive supranuclear  
palsy worsen with time as  
the weakness rapidly pro-  
gresses and leads to life  
threatening complications  
causing pneumonia and  
swallowing problems.

These symptoms occur  
because of deterioration of  
the brain’s nerve cells. It af-  
fects areas of the brain con-  
trolling ambulation and bal-  
ance, speech, swallowing,  
vision, mood, behavior and  
thinking. The first symptom  
to appear is ambulation. The  
gait is awkward and stiff  
leading to frequent falls with  
the tendency of falling back-  
wards. These symptoms of-  
ten are misdiagnosed as  
Parkinson’s disease.

The first definitive symp-  
tom is slowness in eye  
movement causing difficulty  
in shifting the eyes upward  
and/or downward. There is  
difficulty focusing because of  
blurry and double vision. This  
causes people to move their  
head to look in different di-  
rections. Another symptom is  
when the person is speaking  
to someone; they have diffi-  
culty maintaining eye contact  
during the conversation.

Other symptoms include  
changes in mood and behav-  
ior causing depression and  
apathy. Speech is slow and  
in a monotone voice with  
words being slurred. The  
people develop a mask like  
expression. Swallowing be-  
comes difficult.

Progressive supranuclear  
palsy is difficult to diagnose,  
as there are no lab tests or  
diagnostic scans for this dis-  
ease. The diagnosis is based  
on the symptoms exhibited,  
and that is not easy because  
the early symptoms are eas-  
ily confused with other move-  
ment disorders. The key  
symptoms to diagnosis are  
an unbalanced gait, difficult  
eye movement, and difficulty  
in speaking and swallowing.

There is no effective treat-  
ment or cure for progressive  
supranuclear palsy. Treat-  
ment is focused on manag-  
ing symptoms. When symp-  
toms first appear, the medi-  
cation started is Levodopa, a  
medication to treat Parkin-

son’s. Unfortunately, this  
drug’s effect is minimal and  
short lasting. Botulism injec-  
tions are given to help keep  
the eyelids from closing. An-  
tidepressants are given to  
treat the depression and  
pain.

Other interventions include  
an assistive device to help  
when ambulating and using  
prism glasses to help from  
looking up and down. Exer-  
cises will help keep joints  
limber to decrease falling.

If you experience any of  
these symptoms, make an  
appointment to see your pri-  
mary physician.

In our lecture series from  
Saint Peter’s University Hos-  
pital, Gary Hoagland, Esq.,  
attorney at law in New  
Brunswick and Stephanie  
Fitzsimmons, EdD, RN,  
APRN, Manager of the Adult  
Communities will speak on  
“Advance Directives or  
POLST: Which Form Do You  
Need?” on Monday, June 11  
at 1 p.m. in the Maple Room.  
If you are interested in at-  
tending the lecture, please  
call the Health Care Center

at 655-2220 or stop by to  
sign up.

An upcoming evening June  
lecture on “Total Joint Re-  
placement” by Dr. Stephen  
Kayiaros, an orthopedic sur-  
geon at University Orthope-  
dic Associates will be speak-  
ing. Please call the Health  
Care Center for more infor-  
mation.

Our Health Fair is sched-  
uled for Friday, June 8, from  
10 a.m. to 1 p.m., in the  
Clubhouse. New this year,  
we will be doing an hourly  
raffle of gift baskets. There  
will be blood sugar, blood  
pressure, bone density, and  
facial sun skin screening.  
There will also be spine and  
hearing screening. Chair  
massage will be here to relax  
you. If your cane or walker  
needs a “check up,” let us take  
a look at it. There will be infor-  
mation from Veterans Admini-  
stration, SHIP, eye health,  
pharmacist, podiatrist, dentist,  
food sampling, and more. So,  
mark your calendar and come  
and join us for this very infor-  
mative and fun time at the  
Health Fair.

Maintenance Department

By Dave Salter

Walk Lights

When you see that a walk  
light is out, please place a  
bag over it and call Mainte-  
nance (655-2121) to report it.  
The bag lets other residents  
know it has been reported  
and marks the broken light.  
In many Mutuals, a director  
or resident volunteer will  
change walk light bulbs  
themselves. Please give  
them time to get to it. If it’s  
more than just a simple bulb  
replacement the director will  
contact us to make the nec-  
essary repair.

Alteration Requests

If you’re having any  
changes or improvements  
made to your manor  
(including installing a lawn  
sprinkler system), the first  
step is to get an Alteration

Request form at Mainte-  
nance. The staff will be glad  
to help you fill it out. If  
you’ve been talking to a  
contractor, he should be  
able to supply a sketch or  
picture to go with it to help  
explain what you want to  
do. The Alteration Request  
is then reviewed. This nor-  
mally takes about 10 days,  
so please allow yourself  
plenty of time.

Office hours

Our office hours are 8:30  
a.m. to 5 p.m. and we are  
closed between noon and 1  
p.m. If we are on another line  
or unable to get to the  
phone, we have an answer-  
ing machine, so please leave  
a message and we will get  
back to you as soon as we  
can. If you have a mainte-  
(Continued on page 21)

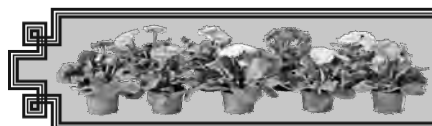
A Message from High Tech  
Landscapes, Inc.

- We have completed spring  
clean-up and edging the  
beds throughout the  
community
- Blowing out the beds of  
debris and leaves has also  
been concluded.
- Cleaning of the 267  
carports and all common  
parking lots took place last  
month.
- All common facilities have  
been mulched and summer  
flowers were planted in late  
May.
- Please call the East Gate  
phone and leave a  
message with any  
questions or concerns. 609-  
655-5134.

- The second round of  
fertilization was  
completed in late May.  
This application is a  
broadleaf weed control  
with crabgrass preventer,  
using herbicide with a  
high potassium formula  
that will provide  
outstanding broadleaf  
weed control in warmer  
weather.
- Pruning the smaller shrubs  
will continue this month  
throughout the community.

Just a reminder, the newly  
installed soil and seed needs  
to be watered at least twice a  
day for 45 minutes in the  
a.m. and p.m.





## Your Garden



By Mel Moss

### Ground covers

You might have an area in your garden or front yard where you need a ground cover that will do well in a confined location, something that will stay low to the ground and spread modestly but will not take over the whole area. Plants such as ivy, ajuga, myrtle (periwinkle) are rather vigorous growers and might take over whatever else is planted there.

Suitable in small areas of six to eight square feet, or up to 10 square feet, the following plants have a low and slow spreading habit of growth:

**Thyme** – a number of varieties will make good ground covers, such as Thymus Serpyllum, Breckland Thyme, Wild Thyme, or Elpan Thyme. These varieties come in shades of red or pink, grow only about two inches high, bloom in the spring, and have very small leaves. They are easily confined to a specific area and grow best in full sun to partial shade.

**English Thyme** – (Thymus Vulgaris) is another good family of thyme. Varieties come in different colors ranging from purple to red and white. They make a perfect fill between flagstones in a path, borders, or around trees. All varieties have a pleasant fragrance. Here again, they grow best in full sun but tolerate some shade.

Some more good varieties are Woolly Thyme, Elfin, Doone Valley, Spicy Orange, Red Creeping, Pink Chinty, and Purple Thymes.

**Lily of the Valley** – makes a good ground cover for shady, or at least afternoon shade areas. They have long two- to three-inch wide leaves, grow about 10-12 inches high, and have small pure white bell-shaped flowers – with a lot of fragrance –

in the spring. They develop a dense root system, from which they send out short underground rhizomes that will develop into new plants. In this way, they slowly spread.

Weeds have a hard time growing in this densely farmed area. Lily of the Valley are very hardy and, once established, will withstand any droughts. Their main maintenance chore

will be to cut down the leaves in late fall. They have little or no disease or insect problems.

**Pachysandra Terminalis** -- is a member of the Boxwood family and is a good ground cover for shady areas. It is a tough plant, surviving well in acidic soils. Growing eight to 12 inches tall, it spreads with underground rhizomes, much like the Lily of the Valley. Pachy-

sandra leaves are evergreen, and two to four inches tall in whorls. Young and newly planted, they need to be kept moist and well watered, but once established they will withstand short periods of drought. There are no serious insect or disease problems. I have sometimes found minor scale insect infestations on the undersides of the leaves, but never any serious problems. The plants are slow to spread, which is good for small, confined areas.

There are other ground cover plants that can be used for small, confined growing areas, but the plants I have mentioned are some of the best for our part of the country.

## Monroe, among county's few, will dispatch automated chest-compression systems



Monroe's EMS is expected to have 10 automated chest-compression systems distributed to its four stations by May's end.

The Township Council approved a resolution at its Monday meeting that will equip Monroe's Emergency Medical Service personnel with automated chest-compression systems, making the municipality the third entity in Middlesex County to employ this mechanical life-saving device.

"With quick deployment and proper application, we aim to save lives with this latest acquisition," said Monroe Mayor Gerald W. Tamburro. "You hope to never have to use one of these devices, but it's good to know that it's on-hand should any of our residents need it."

By late May, the Township's EMS staff will have 10 of these devices distributed among its four stations, outfitted in eight ambulances and two supervisor vehicles.

"Chest compressions are often the foundation of successful resuscitation," said Councilwoman Miriam Cohen, a registered nurse by trade. "Early studies are showing a higher rate of survival among patients receiving automated compression versus manual compression. This is the future of medicine and a vital tool for a community with a high senior population, such as our own."

The mobile device, comparable to the size of a backpack, is comprised of a board as its base and a piston-driven chest-

compression aid that latches onto a victim. The system administers the exact amount of compression pressure in terms of depth and frequency and is uncompromised by environmental restraints or interruptions that can be commonplace in the confined space of a moving ambulance.

"This takes out human-error element," said Monroe EMS Director Judy Olbrys. "Today's CPR standards recommend 103 chest compressions per minute at a 30-to-two ratio; meaning for every 30 chest compressions, two ventilations are needed in the same time frame. Our personnel will continue to keep pace with the guidelines for ventilation; however, the machine will now deliver the compressions with exact precision."

The total cost of procurement is approximately \$150,000 but well worth the expense considering the sheer number of cardiac-arrest calls emergency personnel routinely respond to in Monroe Township, according to local EMS leadership.

"On average, we respond to anywhere from eight to 10 of these calls per week," said Monroe EMS Operations Coordinator Robert Drako. "About five years ago, statistics showed that Monroe received approximately 60 percent of all cardiac arrest calls

(Continued on page 22)

## MAINTENANCE

(Continued from page 20)

nance emergency and get the answering machine, please call the North Gate at 655-7586.

### Homeowner's Insurance

It is extremely important that you have homeowner's insurance coverage in case you experience damage in your home. Even if it came from your neighbor's manor, it still falls under your policy. If you do not have coverage, the damage would be an out-of-pocket expense and might be very costly. Make sure to have an H06 insurance policy and a rider for sewer backups. Please check that your current policy has enough limits to cover the items in your home, such as personal belongings, flooring, and any upgrades. You might have to increase the limits on your policy to cover upgrades.

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# Senior Center Highlights

Monroe Twp. Office of Senior Services & Senior Center  
12 Halsey Reed Road, Monroe Township, NJ 08831  
609-448-7140

Registering with the Office / Senior Center is free and available to Monroe Township residents, 55 years of age and older. The monthly newsletter, **Senior Focus**, is distributed around the 15<sup>th</sup> of the previous month and members can sign-up for the special, monthly activities either via phone or in-person for all programs with a fee. Visit the Senior Center, Township Library or Community Center to pick up the newsletter. Online, visit [www.monroetwp.com](http://www.monroetwp.com), and look for the "Office of Senior Services" link under "Departments" to access the calendar/newsletter and Friendly Tidbits.

Advance registration is recommended to ensure easy admission into a program; and, if needed, transportation to and from the Senior Center. Registration is also available on the same day, if space permits, from 8:30 a.m. to noon. For members unable to attend a registered program, a cancellation phone call is appreciated. For more information, call 609-448-7140.

## HERE'S TO YOUR HEALTH Register in Advance

**Energy Pathways: On Monday, June 4, at 10:30 a.m.,** Shelly Botwinick, MA-Holistic Health Educator, CentraState Health Awareness Center, discusses what Qi (chi) and meridians are and how to keep them healthy. Learn movements pertaining to the energy work of Qi Gong and meridian tracing.

**Get Your Swing Back: On Thursday, June 7, at 10:30 a.m.,** join Barbara Kutch, PT, with Penn Medicine Princeton Medical Center, as she provides golf swing postural assessments and discusses: the components of the golf swing, how injuries occur, and exercises to enhance your swing.

**Joint Replacement: On Thursday, June 14, at 10:30 a.m.,** join Dr. Brian Culp, Fellowship trained joint replacement surgeon and member of Penn Medicine, for an informative discussion on knee and hip arthritis with the most advanced surgical treatments and rapid recovery techniques.

**Staying Hydrated: On Monday, June 18, at 10:30 a.m.,** discover the benefits of staying sharp through hydration. Are you getting enough fluids? Aileen Hollander, from Right at Home, discusses warning signs and ways to prevent dehydration.

**Special Father's Day Treat:** In honor of Father's Day, we are offering our male members, who register for programs during the week of June 18, a Bagels Bazaar Coupon, upon request. Limited quantities issued per day. Only one coupon per member.

**Drivers' Safety: On Tuesday, June 26, at 8:45 a.m.,** enhance your driving skills by taking this AARP-sponsored class. Course

Fee: \$15 (AARP member); \$20 (Non-Member). For space availability, please contact Rosanna.

**Stroke and Heart Health: On Thursday, June 28, at 10:30 a.m.,** St. Peter's Community Health Services provides this "healthful" discussion on heart health and ways to prevent a heart attack and stroke. After the presentation, participants will have the opportunity to get their blood pressure checked.

**LAUGHS, LYRICS, & LECTURES Please Register in Advance**

**Newark Museum's Seeing America: On Tuesday, June 5, at 1:30 p.m.,** the Museum highlights American artists who have interpreted the people, culture and tenor of the era in which they lived, from colonial times to the present.

**The Longest Walk: On Wednesday, June 6, at 2 p.m.,** join Paul E. Zigo, director of the NJ-based WWII Era Studies Institute, as he discusses the amazing story of the 29th Infantry Division on D-Day, June 6, 1944.

**Lerner and Loewe: On Thursday, June 7, at 1:30 p.m.,** we welcome back Dr. Karen Zumbrunn as she explores the work and music of Lerner and Loewe, known primarily for the music and lyrics of some of Broadway's most successful musical shows, including *My Fair Lady*, *Camelot*, and *Brigadoon*.

**David Aaron Presents: On Monday, June 11, at 1:30 p.m.,** we welcome back David as he takes you on a nostalgic look at the Catskills Mountains Resorts during their heyday and those that are still standing today.

**Decades of Duets: On Tuesday, June 12, at 1:30 p.m.,** Gordon James, trumpeter and vocalist, returns with his wife, vocalist, Carol Selick, to perform classic songs from the Great American Songbook along with famous duets from Ella Fitzgerald and Louis Armstrong, Steve Lawrence and Eydie Gorme, and many others.

**iPhone Photos: On Thursdays, June 14 and 21 at 2 p.m.,** Joel and Arthur return to focus on taking photos with your iPhone. (Not recommended for beginners!) This two-session workshop will show you how to take amazing shots as well as how to organize and edit them. Space limited. Course fee: \$8, due upon registering in-person, in advance.

**Beatles, The Solo Years: On Monday, June 18, at 1 p.m.,** we welcome back Vinnie Bruno as he explores the post-Beatles careers of John, Paul, George, and Ringo. From individual successes to musical collaborations on solo projects, their last collaborative project, "The

Beatles Anthology" will be examined.

**American Operettas: On Tuesday, June 19, at 1:30 p.m.,** Marvin Fischer, through story and songs on the piano, brings us the composers and their music from the American Operettas. Works from Sigmund Romberg, Victor Herbert, and Rudolph Frimi will be highlighted.

**Drumming Circle: On Wednesday, June 20, at 1:30 p.m.,** join Michele Granberg as she helps you drum away your stress. Sponsored by The Wilf Campus for Senior Living, drums and instruments are provided (or bring your own) to connect with others through sound, song, and chants in a relaxed setting. Space limited.

**The White Rose: On Thursday, June 21 and 28, 1:30 p.m.,** join Julian Davis for this 2-part lecture as he explores a little known true story of a resistance movement during WWII that was powered by medical students at The University of Munich in Germany. When registering in advance, you will be automatically enrolled in both dates.

**Jerry's Travels: On Friday, June 22, 1:30 p.m.,** the journey across the country continues as Jerry has his *Eyes On America*. Sit back and enjoy the jewels of our nation: Yellowstone, Grand Canyon, Hoover Dam, Napa Valley, Capital Reef, Glacier National Park, and so much more!

**Bernini's Sculpture: On Monday, June 25, at 1 p.m.,** Maurice Mahler, Art Histo-

*(Continued on page 23)*

## Compression

*(Continued from page 21)* in the County."

Monroe joins the Cranbury First-Aid Squad, as well as responders from Robert Wood Johnson University Hospital in New Brunswick, as the sole entities in Middlesex County to acquire these compression systems.

Once the equipment arrives, all of the Township's 120 emergencies medical technicians, including supervisors, operations coordinators, directors and other staff, will undergo extensive training on the system.



**Unlike manual CPR compression, the automated system, seen here, delivers compressions with precision in depth and frequency.**



## From the Mayor

By Gerald W. Tamburro,  
Mayor of Monroe Township

## Monroe Township bids farewell to dedicated employees

Goodbyes are always difficult. Saying farewell to two long-time, popular staff members this spring has been bittersweet. With a combined 28 years of service, Senior Services Director Bonnie Leibowitz and Recreation Program Supervisor Jay Brown are handing off their Township duties and heading into retirement.

Bonnie Leibowitz will mark her last day with the municipality on June 29. Bonnie began her career with Monroe almost 14 years ago as an outreach professional in the Senior Center, when it was still located in the municipal building's basement. The program, which accommodated a little more than 13,000 Senior Center members at the time, was operating at full capacity and bursting at the seams. Since their move into the Center's Halsey Reed Road location in 2013, they have attracted nearly 5,000 additional senior members and increased their programming schedule to include popular speakers and entertainers, as well as yoga, bridge and ping pong. Bonnie's charismatic personality enabled her to recruit 174 volunteers in the process. Her intuitive nature and special connection to the members has allowed her to attract much needed services for our residents at little or no cost, including health screenings, drivers' safety and tax preparation. Bonnie tells me that she counts the Community Cares Thanksgiving Luncheon, as well as

the Roaring 90s Club, among her greatest legacies. She also considers it her greatest honor to be able to work with the staff and witness how they have affected people's lives in so many positive ways.

Jay Brown, a program supervisor with Monroe Township Recreation Department, retired at the end of April. A former New York City educator, Jay has been with the Township since 2004 and has been instrumental in the department's development of both its facilities and programming. Specifically charged with expanding recreation activities for our seniors, he has been pivotal in the organization of the Mayor's Cup competitions, including bocce, golf, tennis and bowling. Jay also introduced the popular senior vs. MTHS senior competitions, as well as pickleball and the popular lunch and learn programs. You could always count on Jay to man the grill, cooking hundreds of hot dogs during National Night Out. Jay says he is most proud of the way they have built up the Mayor's Cup. He boasts that he has made a lot of friends and will absolutely miss his time with the residents and staff.

These two are fine examples of hard-working and dedicated Monroe Township employees. I want to thank them for their service to our residents. I know we will miss their contributions and wish them both good health and happiness in retirement.

## League to sponsor fun day at historic Dey Farm

By Ruth Banks

The second event celebrating the Monroe Twp. League's 30<sup>th</sup> anniversary will be a day of fun and activities for families and folks of all ages at the historic and restored Dey Farm. On July 8 (rain date, July 15) from noon to 4 p.m. visitors can take a guided tour of the three historic buildings, listen to music, have a picnic lunch or just enjoy being outdoors.

John Katerba, local author and chair of the Monroe Twp. Preservation Commission, will lead tours of the restored barn, one-room schoolhouse and the homestead, beginning at 12:30, and share his wealth of knowledge about life in those early years, and the difficult tasks in restoring the buildings.

People are invited to bring their lawn chairs or blankets, and picnic lunches, and enjoy musical entertainment on the patio outside the Homestead. Monroe Twp. resident Joyce Nestle has volun-

teered to play keyboard and sing songs appropriate to the occasion. As an additional attraction, the League has arranged for an ice cream truck to be available from 2 to 3:30, featuring many different ice cream items.

The League will set up tables for voter registration and other relevant voter information. Amenities will be provided thanks to the Township.

The League's monthly meeting will be on June 25 at 1 p.m. in the Municipal Building, at which time members will decide on programs for 2018-2019 and will vote on a proposed slate of officers.

For more information on the event, please contact: Andrea Pellezzi, president, at 609-664-2146; Ruth Mullen at 609-655-7579; Marsha Rosenbaum, 609-409-0930; Judy Perkus, 609-395-1552, or Ruth Banks, 609-655-4791. The League is a non-partisan national and state political organization open to men and women.



# Classified Advertising

## Transportation

**LIMO GUY, INC.** – Our 15<sup>th</sup> year. We go to all airports. Late model Lincoln Towncars. Holds four passengers in total comfort and style. \$75 to Newark, \$150 Philadelphia, \$170 JFK airports. We go almost anywhere 24/7. Call (732) 452-9222.

**EXPERIENCED LIMO DRIVER** – NYC, airports, anywhere. Former Clearbrook resident. Call John (732) 610-0703.

**AAA TRANSPORTATION** – Monroe area (Encore resident). Transportation to airports, trains, piers, NYC and reasonable rates. Call Howard (732) 979-3085.

**CALL DOREEN** – I'm back! My new number is (609) 284-4308. Thank you.

**NAT TRANSPORTATION** – Monroe resident. All airports, shipyards, NYC and local. Doctor and hospital visits. (917) 657-5611.

**EXPERIENCED DRIVER** – Doctor and hospital visits, supermarkets, airports. Carl (908) 812-6326.

## Home Improvement & Services

**T-K-S HOME IMPROVEMENTS** – Full service contractor. Kitchen, baths, basements, painting, tile and more. No job too big or small. License #13VH05970500. (609) 259-2574.

**MIKE THE HANDYMAN** – See my display ad in this edition. (732) 780-0468.

**RELIABLE HANDYMAN SERVICES** – Local resident. No job too small. All labor guaranteed. Call me to discuss – no obligation. Reasonable rates. Call (609) 409-7096 or (908) 385-5869.

## Miscellaneous/Services

**HAVE SCISSORS, WILL TRAVEL** – All hairdressing services. Will come to your home. Licensed hairdresser. Call Georgianne (732) 985-8129.

**PET SITTERS (MONROE)** – for a day, a week, or up to a month. Our home or yours. True animal lovers. Barb (732) 735-4243.

**ALTERATIONS/SEWING NEEDS** – I can come to you. Joan (609) 655-4363.

**TECH BUDDY** – Simple step-by-step help with smartphones, computers and tablets. Large print solutions for low tech problems. Beginner to Advanced. Patience and enthusiasm included. Wireless printers, Netflix, Amazon Alexa setup and training. Have Alexa remind you of your appointments, read audiobooks, more. Welcome back, Snowbirds - \$5 off setup. Free quote. (732) 589-4974. techbuddybarb@aol.com

**COMPUTER REPAIR** - RJF Sales Company LLC. Is your computer running slow? It may need a tune-up. Desktop and laptop repair in your home. Custom built computers. Virus removal and protection. Monroe resident with over 20 years of computer experience. Free backup pictures on USB flash drive with service included. (732) 723-9537 or (732) 967-3400. Please leave message, all calls returned same day.

## Tax/CPA Services

**CERTIFIED PUBLIC ACCOUNTANT** –Don't let your tax questions linger. Talk to a CPA today. Rebecca (732) 718-4359.

## Wanted to Buy

**BUYING & SELLING GUNS** – Call for pricing. (609) 558-9509. Ask for David. Licensed Firearms Dealer.

## For Sale

**LADIES COMPLETE SET GOLF CLUBS/BAG** – Callaway woods, Cobra irons. Slightly used. Reasonable. (609) 409-9512.

## Help Wanted

**SEASONAL OUTDOOR SALES PERSON** – Perfect for retired, semi-retired, and college students. Sales experience a plus. Professional with friendly, outgoing personality. Will train the right person. OAKTREESHEDS@gmail.com or 732-303-0747. Ask for Linda.

**REAL ESTATE HELP WANTED** – Experienced Real Estate agents, referral agents, or interested in becoming one, come join our team at PublicTrust Realty Group., 1 Rossmoor Drive. Details contact: camille@publictrustrealestate.com

## Help & Health Services

**ANNA'S HOME CARE** – Certified professional caregiver is looking for live-in/live-out job in Monroe Township. Experienced, references. Driver's license. Accepts long-term care insurance. Low prices. Private care option. Call Anna at (609) 409-1600 or (908) 337-7462.

**PERSONAL CARE**, appointments, shopping, light cooking and cleaning. Driving and clean records. CHHA license. References. From Columbia. Hilda (732) 610-3712.

**LEASE A NIECE** – Assistance with household activities, cooking, shopping, paperwork, appointments, companionship. Local transportation. Live in or hourly. NJ born and bred. Tracie (732) 904-3885.

**AT ANGEL TOUCH HOME CARE** we provide excellent care for the elderly with licensed, insured and bonded thoroughly screened aides. We are a company that cares for our patients and makes sure they are treated by the best. 24-hour care (living with resident). Elderly companionship. Call (609) 907-6059.

**CARING ELDER CARE** – We will help you with personal and household tasks. Call for a free consultation. We're experienced and caring. Elizabeth (646) 413-0813.

## House Cleaning

**OLHA CLEANING SERVICE** – Professional cleaning. Very reliable, good quality work. Olha (609) 372-7005.

**DETAIL ORIENTED**, organic available, great references. European quality. (609) 319-3545.

**NICE JEWISH GIRL'S HOUSE CLEANING SERVICE** – Trustworthy, reliable and reasonably priced. Bonded and insured. In business for 25 years. Please call Eileen (609) 860-9050.

**HOUSE CLEANING** – Several year of honest and quality work. Call Laura (609) 902-9951.

**QUALITY HOUSE CLEANING** – Experienced and reliable, trustworthy and respectful. References available. Call (609) 858-4296.

**IZABELA'S CLEANING SERVICE** - Professional house cleaning. Quality work. Local references. Very reasonable. Years of experience in the area. European quality. (609) 954-0181.

**HOUSE CLEANING** to clean your home expertly and thoroughly. References, honest, courteous and experienced. Reyna (609) 371-4775. You'll be glad you called.

**HENRYKA'S CLEANING SERVICE** – Professional house cleaning. Quality work. Call (609) 586-0806.

## Senior Center

*(Continued from page 22)*  
rian, explores the work of Gian Lorenzo Bernini, during this lecture and DVD presentation. Bernini, an Italian artist, who was perhaps the greatest sculptor of the 17th century, created the Baroque style of sculpture.

**Science Today Special: On Tuesday, June 26, at 1:30 p.m.,** meet Andrew Zwicker, the head of Communications and Public Outreach at the Princeton Plasma Physics Lab (as well as a member of the NJ General Assembly). He is the first and only physicist ever elected to the NJ Legislature. Join him as he discusses "Science Literacy and Democracy."

## June Calendar of Events for Monroe Township Public Library

### Book Café

Wednesday, June 6  
Session 1 at 11am for existing group members  
Session 2 at 1pm for new members

Discuss books that you have read. Light refreshments will be served. Register at the Welcome Desk.

### Socrates Café

Wednesday, June 6 at 7 pm. Participate in this international group based on the philosophy of Socrates. Pose questions, listen to others, raise challenges and consider other alternatives. Monroe resident Noreen Gumnick moderates. Register at the Welcome Desk.

### Artist Reception

Thursday, June 7 from 6pm until 8 pm. Reception for artist Laurie Schwartz. Registration is not required.

### Friday Afternoon Movies

Fridays, June 8 and 22 at 2 pm. June 8: Drama/Romance set in 1950's London. Reynolds Woodcock is a renowned dressmaker whose fastidious life is disrupted by a young, strong-willed woman, Alma, who becomes his muse and lover. R. 2h, 10m.

June 22: Action/Adventure/Fantasy Rey develops her newly discovered abilities with the guidance of Luke Skywalker, who is unsettled by the strength of her powers. Meanwhile, the Resistance prepares for battle with the First Order. PG-13. 2h, 32m. Registration is not required.

### World Wide Knit In Public Day POV Summer Film Series

Saturday, June 9 at 1 pm. Documentary film about a North Philadelphia family filmed for nearly a decade. Official Selection, 2017 Sundance Film Festival. Directed by Jonathan Olsheski. 90 minutes. Films are presented in collaboration with the award-winning documentary series P.O.V. (www.pbs.org/pov). Registration is not required.

### Genealogy Club

Wednesday, June 13 at 1:30 pm. A guest speaker Bette M. Epstein from the NJ State Archives will present an overview of post-1850 genealogical records available at the NJ State Archives. Beginner and experienced genealogists are welcome. Registration is not required.

### Brain Games

Wednesday, June 13 at 2 pm. Stay sharp! Have fun! Learn games and exercises for brain health. Open to all adults. Presented by Horizon Blue Cross Blue Shield of New Jersey. Registration not required.

### Eating for Vitality

Saturday, June 16 from 11 am to 12:30 pm. Learn to create delicious, nutritious, inexpensive and simple plant-powered meals in under 20 minutes to enhance energy and vitality. Integrative Nutrition Health Coach, Vegan Life Coach & Educator (VLCE), &

Certified Whole Food Plant-Based Chef Lisa Mason, Ed. M. presents. Register at the Welcome Desk.

### Benefits of Mindfulness

Monday, June 18 at 2 pm. Program offered by mindfulness instructor and Monroe resident, Surbhi Saini. The goal in the session is to share the benefits of Mindfulness and how making small, simple changes can bring peace and joy to our lives. Registration is not required.

### Page Turners presented by Library Staff

Thursday, June 21 at 11 am. Looking for something to read or add to your reading list? This is a new ongoing event taking place on the third Thursday of every month. Library staff will present and recommend a variety of new titles pertaining to a different topic each month, both new and old titles. This month's topic is Tasty Morsels: Books About Food. Light refreshments provided. Register at the Welcome Desk.

### Medicare Workshop

Friday, June 22 from 11am to 1 pm. Learn the 5 biggest mistakes made by Medicare beneficiaries, what has changed in 2018, original Medicare vs. Medicare Advantage plans, how Medicare supplement policies work, how Medicare prescription programs (part D) work, proposed future Medicare changes. Presented by Michael Salum of Senior Advisors. Register at the Welcome Desk.

### Fine Arts Gallery

Paintings by artist Laurie Schwartzer

**All events are open to the public.**  
[www.monroetwplibrary.org](http://www.monroetwplibrary.org)

## Classified Information

All Classified ads must be received by no later than the 14th of the month preceding publication month.

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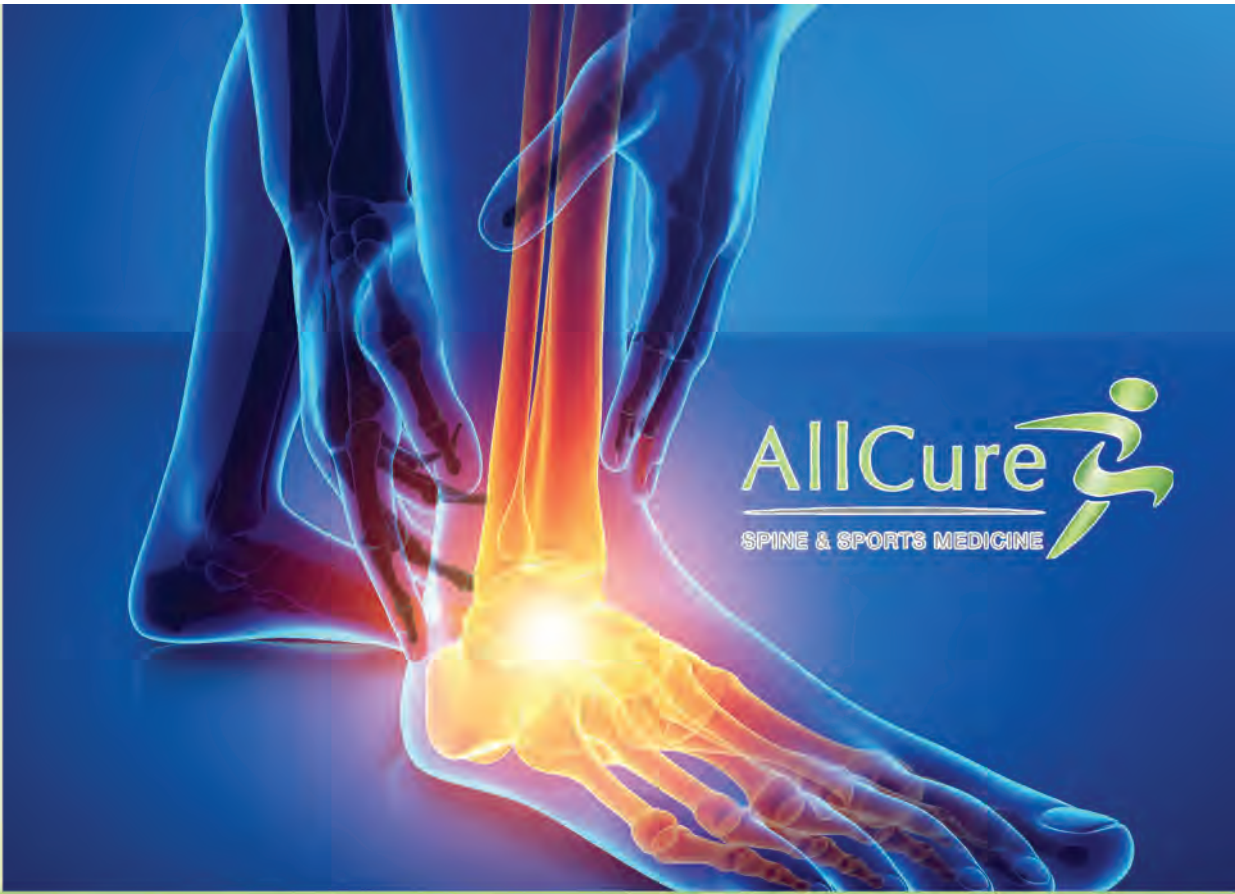
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# DO YOU SUFFER FROM ANY OF THE FOLLOWING CONDITIONS?

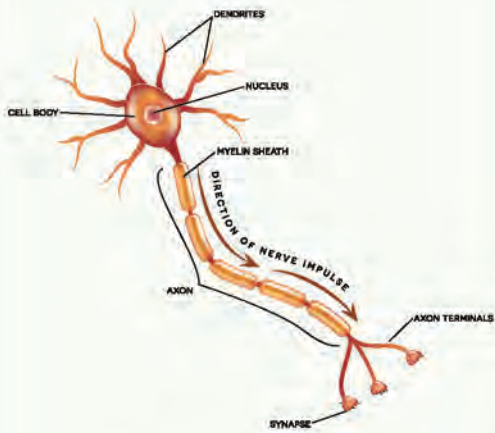
- Numbness
- Pain when you walk
- Sharp, electrical-like pain
- Burning or tingling
- Difficulty sleeping from leg or foot discomfort
- Muscle weakness
- Sensitivity to touch



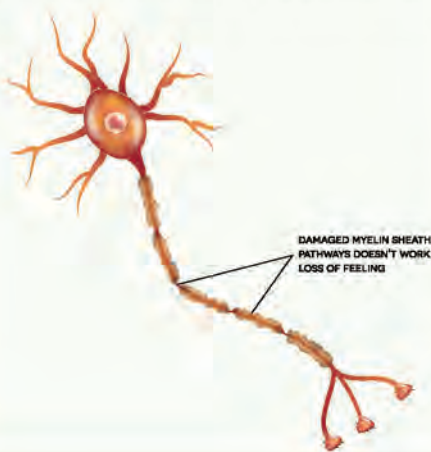
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### WHAT DOES PERIPHERAL NEUROPATHY LOOK LIKE?

**Healthy Nerve Cell**  
Properly processes sensory information to the brain:



**Damaged Nerve Cell**  
Sends incorrect signals to the brain, from phantom pain to tingling and numbness:



### GET IN ON THE RELIEF!

"I was diagnosed with peripheral neuropathy. My neurologist prescribed Neurotin, which didn't help. After treatment of MicroVas, *the burning sensation in my legs is gone*. I sleep better and have better balance. The environment at AllCure Spine is nurturing and caring."

- Vicki M.

### PERIPHERAL NEUROPATHY

is a condition that affects millions of Americans, commonly resulting in pain, tingling, numbness, and other painful symptoms in the hands, legs and feet. This pain changes your life and affects how you work, how you play and how you live.

### HOW DO YOU KNOW IF YOU HAVE PERIPHERAL NERVE DAMAGE?

Peripheral neuropathy is the consequence of damage to your peripheral nerves. There are over 100 different kinds of peripheral nerve disorders or neuropathies – some are the result of a disease like diabetes, while others can be triggered by a viral infection. Still others are the result of an injury or compression on the nerves. No matter where the problems begin, it is imperative nerve disorders are resolved as soon as possible to prevent permanent damage. Many people suffer with pain for years, not realizing that their symptoms may be due to Peripheral Neuropathy. Symptoms start gradually, then get worse, including numbness, burning or tingling sensations and sharp, electrical-like pain. Treatment options have been limited to a small assortment of pain medications, which can lead to further issues. Ignoring the problem or masking the symptoms has never been a viable solution. If you suffer from any of the aforementioned symptoms, we can help.

### NEW FDA-CLEARED TREATMENTS PROVIDE HOPE

AllCure Spine and Sports Medicine is pleased to announce their new program for treating Peripheral Neuropathy, which includes a combination of advanced FDA-cleared treatments with breakthrough technology that aids in healing the damaged nerves. The effects of this program can be felt on the first few visits. This treatment restores, stabilizes, and rebuilds the nerves in your extremities. Treatment has also been effective in addressing painful symptoms of arthritis, MS, and other forms of chronic pain. Patients generally feel relief physically throughout the treatment period and even feel better emotionally after experiencing a reduction in pain.

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