



Rossmoor IN News



VOLUME 59 / No. 5

Monroe Township, New Jersey

MAY 2023

Mother's Day is celebrated around the world

By Anne Rotholz

In the United States, Mother's Day is celebrated on the second Sunday of May. This year it falls on May 14.

The day is set aside to honor and pay tribute to mothers and mother figures — stepmothers, foster mothers, and so on. Since motherhood is closely associated with nurturing, anyone who nurtures another can and should be celebrated on this day.

Families show their appreciation in various ways. They may attend a church service and go for a meal. Special home cooked dinners are also popular. It is a tradition to give cards and flowers to mothers. Carnations were frequently worn by family members to honor mothers on this day. Other gifts given include plants, jewelry, perfume, candy, or a trip to a spa.

Mother's Day, as we know it in the United States, is a fairly modern celebration. Tributes to mothers date back to the early days of Greece and Rome. The Greeks had a spring festival dedicated to Rhea, the mother of Zeus. To them Rhea was "the great mother of many gods." The Romans honored Cybele, the goddess of nature and fertility. They too celebrated her with a spring festival and called her "the mother of the gods."

In the sixteenth century, Christians in England and Ireland celebrated a festival on the fourth Sunday of Lent to honor Mary, the mother of Jesus. It was a custom at that time that all family members would be released from their work commitments so that they could go home and visit their mother's church. This gesture was the origin of "Mothering Day," or "Mothering Sunday."

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Colors of spring photos are thanks to, clockwise from left, Blossoms—Edward Zbrisker, Red Tulip—Youngae Lee, real-live Red Tail Hawk—Joe Salzano, and Daffies—Joe Haff.

Energy savings information offered to residents

By Linda Bozowski

A standing-room-only crowd at the Clubhouse, on March 22, heard Kevin Dunshiee of SolarLandscape Company offer information about energy cost-saving opportunities that may be available to residents. Dunshiee explained the three-year phase-in of the Community Solar program that was approved by the New Jersey Board of Public Utilities. Now in its second year, this program has authorized SolarLandscape to install a limited number of solar panels on the roof of the Costco warehouse here in Monroe Township, with the intent of selling energy produced by these panels back to the Jersey Central Power and Light Company service grid.

This incredibly complex project is designed to accomplish several important objectives, including reducing carbon dioxide emissions attributable to usage of other fuels for electricity generation and reduction of costs associated with electricity usage. With 54 projects already in process in New Jersey, SolarLandscape is currently the largest supplier of solar energy in our state. Projects already underway in Perth Amboy and South Brunswick are in their early stages. As this effort enters its third trial year, expansion of solar grids will be implemented

and more communities can be offered cost-saving benefits.

Why Rossmoor?

When this project was first proposed to our governmental leadership, it was recommended by our late councilperson and Rossmoor resident Betty Schneider that Rossmoor be given first opportunity to participate, since

we are the oldest senior community in the Township. SolarLandscape is offering a 21% electricity cost reduction in some of its other client communities, but committed to a 25% reduction here in Rossmoor for those residents who may be interested in participating in the program.

(Continued on page 3)

Military Appreciation Month

By Allan Kaufman

Introduced in 1999 by Sen. John McCain and honored every May, Military Appreciation Month encourages Americans to reflect on the sacrifices made by soldiers, sailors, and all current and former military personnel.

May is an appropriate month for a military remembrance, since the month also includes V-E Day, which commemorates the end of World War II in Europe, and culminates in Memorial Day, observed on the last Monday of May to honor veterans who died in service.

Military Appreciation Month honors everyone who has

served in a branch of the U.S. military and reminds us that we owe many of our freedoms to the sacrifices made by military personnel. In addition to keeping the country safe during wartime, the U.S. military also conducts important research that has led to many important and useful civilian technologies that we use every day.

The American military was founded even before the country itself. To fight the British and gain independence for the future United States, the Continental Congress created the army in 1775. The Department of the

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Chorus sings "Hallelujah Chorus," plans sing-along and spring concert

By Alyce Owens

It's spring again, and with it come the flowers and the beautiful songs of the birds, and the Rossmoor Chorus.

On April 16, at a Community Church worship service, members of the Chorus welcomed this spring season with a rousing performance of the "Hallelujah Chorus," and dedicated it with love to the memory of one their own, Rey Redington, who passed away on March 19. A member of the Chorus for more than five years, Rey will be

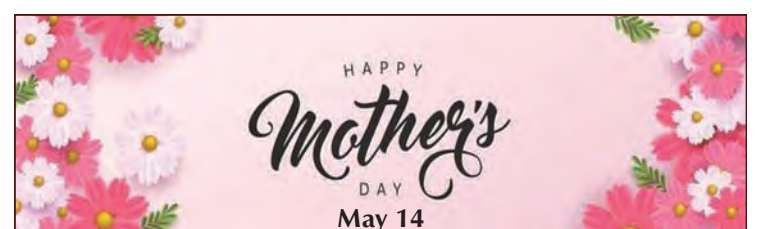
sorely missed and fondly remembered by every member of this close-knit, caring group.

As it turns its attention now to more classic American popular music, this more than 30 voices, mixed chorus will share its musical talent at Rossmoor and beyond with show tunes, novelty songs, and the uplifting music we all remember and love. Their first performance will be on May 6 for the residents of the Harbor Chase Assisted Liv-

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at the governors' meeting

BOG Meeting April 18, 2023

On a beautiful morning with the pansies in full bloom along the entrance of the Meeting House, the Board of Governors of the Rossmoor Community Association held their April meeting. Approximately 23 residents were in attendance and another 15 were online watching the simulcasted meeting on Zoom.

President Dan Jolly began the meeting by announcing the resignation of Mutual Six President, Beverly Masters. A long time BOG member, Beverly is moving to be near her family in Kansas. Dan thanked her for many years of service and wished her well. Everyone in attendance applauded, photos were taken, and Beverly thanked everyone for their support over the years.

Dan then announced a change in the order of the meeting to allow RCAI's auditor, Annette Murray of Wilken and Guttenplan, to provide her annual report. Murray provided a synopsis of RCAI's Fiscal Year 2022 audit. She stated the audit went very well and thanked RCAI Comptroller Linda Rainey and her staff for their excellent work in providing needed records. Annette stated RCAI is in a very strong financial condition.

A motion was made to approve the minutes of the March 16, 2023, meeting; two corrections were noted. The motion was made to accept the minutes as corrected, it was seconded and passed.

Jolly then announced the appointment of an ad-hoc committee to investigate solar energy possibilities in Rossmoor. He appointed the following to the committee: Steven Gray, William Murphy, Tom Curry, and Dan Jolly.

Treasurer's Report

Treasurer John Craven reported on the January and February financial variance reports. He commented that it was early in the budget year, and our financials are well below budget and in great shape.

RCAI Management Report:

General Manager Tom Curry reported on the following:

- The 18 Mutual and the RCAI audit meetings have occurred. Annual meetings are still ongoing. Next year, like the audit meeting schedule, we will attempt to consolidate the annual meetings and hold them over a shorter period in the same room in the Clubhouse to reduce disruption of Administration and Clubhouse schedules.
- The Resident Directory has been distributed to most Mutual directors. They in turn are distributing to their residents.
- The Admin Office is continuing to scan all resident files. Seven Mutuals are completed to date.
- The Maintenance Department is very busy with multiple projects underway from dryer vent cleaning to applications of Jomax algae control to siding.
- Residents should call Maintenance to schedule their homes HVAC system inspection/cleaning.
- Revere Way storm sewer and pavement repairs are included with the 2023 pavement project plans as well as multiple roadways and a cart path, all to be voted on today in the resolutions.
- Bocce ball pavilion beam wrap has been completed and looks great. Artificial turf replacement will be occurring in early May.

- Electric car charging stations have been installed. The spaces are being painted and the stations will be open soon.
- The flood mitigation grant is still being ironed out by our attorney and the county's attorneys.
- Village Center HVAC project has changed due to the addition of a required ventilation unit and a price increase for the equipment from Trane.
- Lots of upcoming Clubhouse events.
- Golf Course is seeing lots of play.

New Business:

Resolution 2023-17 Authorization to Transfer Operational Funds to the Reserve Fund

RCAI Secretary John Gleason read the resolution to authorize a transfer of \$500,000. from the Operational Fund to the Reserve Fund. The surplus funds are mainly due to a lack of snow removal and will help fund 2023 pavement projects. A motion was made and seconded. The motion was approved 18 Yes – 0 No

Resolution 2023-18 Authorization to Proceed with the 2023 Pavement Project

Secretary Gleason read the resolution to authorize a \$572,360 reserve expense to proceed with the 2023 pavement project on various RCAI roadways, storm drain, and roadway repairs to Revere Way, along with paving a cart path. A motion was made and seconded. The motion was approved 18 Yes – 0 No

Action Item: All 18 Directors agreed to raise the Mutual Association new member fee from \$1,200. to \$1,5000. effective May 1,

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Bits & Pieces

By Sue Ortiz

Passwords, lottery, and ... charcuterie.

I recently attended a talk by two authors who write thrillers that center around cyber security and espionage. In a nutshell, the husband-and-wife team explained how important it is to create strong passwords for all those various and sundry websites we sign onto every day, especially banking and shopping sites – anywhere your personal info may be required.

It's unbelievable, but some people do use the actual word *password* or the number sequence 123456 as their log-in code. Alternately, passwords shouldn't be single words like *cheese* or *cracker*, either. These are too easy to guess.

The pair suggested using a passphrase instead of a password. For example, 158ILoveCheese! is better than just using *cheese*. Although not foolproof, the inclusion of numbers in front of the passphrase, capitals, and one or more special characters throughout may make your account less vulnerable to hacking. Each website at which you register should have a unique passphrase, but you may use variations of a theme, such as 158CheeseisGrate, for easier recall. Don't let your computer save your passwords, and don't write them down. Anywhere. Also, don't forget to change them ... often.

I get it, but how can the simple mind keep track without jotting down those countless log-in credentials?

There are myriad websites and, therefore, myriad passwords to remember. There's an app for everything, from the N.J. Lottery Commission to the local pizzeria (there's probably one to save your passwords, too) and each one

we download to our mobile devices requires a password. If you "stay signed in," you should be okay, but if the phone shuts down or updates, or it hasn't used it in a while, you may need to sign in again.

Remembering that password or phrase on the go is often futile, so you click "Forgot my password." That then requires remembering your username. When you are finally able to enter a new password/phrase, the app says you can't use a previously used password. What the heck? Well, at least you're changing it often, right? After 10 to 15 minutes of password-recovering emails and texts, as well as choosing a new, strong passphrase, you are in the app again but forget why. But go ahead, write down that new password on a tiny slip of paper and stuff it into your purse or wallet for safekeeping. (Yeah, right!)

Remembering a password is like picking the winning lottery numbers. The right combo will bring you riches beyond your imagination, or at least let you order a new phone. If you play the lottery on a regular basis, you are more likely to remember your favorite lottery numbers than a password to an infrequently visited website.

Maybe your next passphrase should be variants of "10M\$WonintheLottery." Actually, winning that much money would buy a lot of cheese, crackers, and a nice charcuterie board on which to serve them, as well as someone to keep track of your passwords. Cheese, I mean geez!

B&P

"Treat your password like your toothbrush. Don't let anybody else use it and get a new one every six months." – Clifford Stoll (American author, b. 1950)

"The whole notion of passwords is based on an oxymoron. The idea is to have a random string that is easy to remember. Unfortunately, if it's easy to remember, it's something nonrandom like 'Susan.' And if it's random, like 'r7U2*Qnp,' then it's not easy to remember." – Bruce Schneier (American scientist, b. 1963)

Our Website

Go to rcainj.com to access the Rossmoor website.

The Amenities page features the ability to access Channel 26 slides anytime. Check it out.

Open RCAI Meetings in May

Thursday, May 18 - 9 a.m.

Board of Governors Annual Meeting

Election of Officers

Followed by the Board of Governors ZOOM Meeting

Please watch Channel 26 for any changes or cancellations

The Rossmoor News Deadline is the 7th of every month.



News Board:

Carol De Haan, Chair
Myra Danon
Jean Houvener
Anne Rotholz
Linda Bozowski
Walter Gyskiewicz

Editorial Assistants

Alex Monaco
Linda Monaco

The Rossmoor News, a monthly periodical, is mailed to every home within the Rossmoor community. News items are welcome. Appropriate news items from outside organizations will be considered as

space permits. Unscheduled volunteer writers should contact Rossmoor News Chair about any submission. **We reserve the right to edit, limit, or reject any materials/submissions according to the directives of the Editorial Board and Publisher.**

Letters to the Editor must be emailed to PES at pescmd@aol.com and clearly marked Rossmoor News.

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Mother's Day

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During the years following World War II, American soldiers brought their version of Mother's Day to England where it became very popular. Shortly afterward, Mothering Day and Mothering Sunday merged into one celebration, Mother's Day, which is still celebrated on the second Sunday of April.

Mother's Day in the United States does not appear to be related to Rhea, Cybele, or Mothering Day. Historians tell us that it came about mostly because of the work of two women, Julia Ward Howe and Anna Jarvis. In 1870, Julia Ward Howe who lived in Boston (she wrote "The Battle Hymn of the Republic") called for an annual Mother's Day for Peace to encourage pacifism and disarmament, because so many women were suffering because of the war. This celebration went on for 10 years and then ceased.

In 1908, Anna Jarvis of Grafton gave a memorial service for her mother, also called Anna who years earlier had organized Mother's Day Work Clubs to help those who were poor or ill in the community. She wanted to honor her mother's wish to set up a memorial mother's day.

She distributed 500 carnations to those who came to the service, hence the connection between carnations and Mother's Day. Her campaign was so successful that in 1914 President Woodrow Wilson declared Mother's Day a national holiday. In the ensuing years the celebration became so commercialized that before her death in 1948, Anna voiced her regret that she had ever started it.

Mother's Day is celebrated in spring with a few exceptions. While many countries keep the holiday much as it evolved in the United States, others have adapted it for religious, historical, or political reasons.

At the governor's meeting

(Continued from page 2)

2023. Administration will prepare resolutions for each Mutual to approve.

Directors Comments:

Mutual 10 Director Sforza questioned why there was no monthly Maintenance Committee meeting. Curry explained there were no maintenance resolutions to

Military

(Continued from page 1)

Navy was created in 1798, the United States Marine Corps in 1775, and the Coast Guard in 1790.

There are many Rossmoor residents who have served, so when you meet up with them, offer to buy them a beer and say, "Thank you for your service."

Energy savings

(Continued from page 1)

What's the process?

To address one of the most pressing questions, the answer is that there will be no solar panels installed on any of the homes in Rossmoor. The complexities of that option are far too widespread in a community of many Mutuals that have their own maintenance programs. The electricity generated by the solar panels installed at the Costco warehouse will be transmitted to the JCPL processing facility and will be used to supply customers throughout the JCPL service area. Our electric meters will continue to record our individual home power usages and that data will be collected by JCPL, as it is now. The billing will continue to indicate the portion of electricity delivered, in kilowatt hours, and the delivery charge associated with delivering the power to our homes.

For those who sign up to participate, there will be a reduction of the bill associated with the actual usage (kilowatt hours of electricity). The bill for delivery of that power will not have any reduction. SolarLandscape has engaged a billing entity that will provide participants with a single bill (like we receive now) showing both components of the charges.

Who can participate?

Rossmoor will be limited in the number of residents who can participate because of several factors. First of all, we are virtually a totally-electric community. Lights, stoves, washers and dryers, water heaters – all electric. Add baseboard heating units and air conditioning units – all big power users. Because this program is in its early stages, and because we, as a community, are heavy power users, only about 400 homes will be able to participate. In addition to that factor, there is also a requirement from the Board of Public Utilities that 51% of beneficiaries of this cost-reduction effort must be LMI

households – low and moderate income, according to N.J. poverty level standards, with incomes less than \$57,000 for a household of one person, for example. That means that in this initial phase, only about 200 higher-income households will be able to participate. If more households wish to participate and there are no spaces available, those applicants will be placed on waiting lists for available spaces.

According to Dunshee, persons may sign up for the program or may quit the program by telephone. There is no lengthy application process, the resident does not have to sign up for a time period, and the decision to quit is straightforward. Because this is not a rate-aggregate program as Monroe Township has negotiated in the past, there are no "settle-up" bills. The bill that you get, as a participant, is the only bill that you will get – no surprise charges based on inadequate budget plans, as many have seen in the past.

How widespread is this program?

In year two of this program, this year, 150 projects have been approved. The locations are named on the N.J. Department of Energy website (a little searching is required). There are currently 35,000 residents enrolled throughout the state.

SolarLandscape is a national firm, and has committed to 20-year leasing agreements with some of the warehouse locations they are engaged with. Based on our own warehouse locations in Monroe, we could be well positioned to move forward with expanding our access.

Additional information is available at the SolarLandscape website. As the project moves forward, the Rossmoor News will try its best to keep you, our neighbors, informed.



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- You can protect your loved one with substance abuse issues.
- You can avoid the common missteps by families raising children with challenges, disabilities, or special needs.

Now is the right time for you to get your affairs in order with an up-to-date Estate Plan!

Holmdel

Bell Works

101 Crawford Corners Road

Tuesday, May 9th

10:00am | 2:00pm | 7:00pm

Marlboro

Bella Vista Country Club

100 School Road

Wednesday, May 10th

10:00am | 2:00pm | 7:00pm

Monroe

Courtyard Marriott

Cranbury South Brunswick

420 Forsgate Drive

Thursday, May 11th

10:00am | 2:00pm | 7:00pm

You may register by calling our office at (732) 238-6000 or online at www.levinefurman.com/seminars.

Most attendees choose to make an appointment at the end of the presentation, so please bring your calendar with you.

Monroe commissions, departments and services – health and well being

By Linda Bozowski

With our number of residents hovering around 50,000, Monroe Township government is concerned about many issues affecting the well-being of the community. In our April issue we focused on our environment: land preservation, open space, tree health, and greater environmental awareness. As important as our environment is, the well-being of our citizenry is of great significance as well. Let's take a look at some of the committees, commissions, and boards that aid us, the citizens, in dealing with day-to-day issues.

The ADA Committee

The Americans with Disabilities Act, a federal law enacted in 1990 and amended in 2008, is designed to protect the rights and support the needs of persons with disabilities. Our ADA Committee's focus is ensuring that regulations related to facility access, parking, service animals, mobility

devices, and communication methodologies are enforced and that the rights of folks with disabilities are protected. The definitions of disabilities have been expanded to include disease-related conditions including HIV and various additional and mental health disorders, as well as mobility, vision, hearing, and mental capabilities limitations.

Although the Committee meets once every three months, access and assistance are available through our Township offices or the website. Residents are encouraged to report violations so that corrective action can be taken.

Commission on Aging

Senior citizens in Monroe Township make up 40% of our population. The Commission recommends, advises, and participates in the policies and procedures in place within the Office on Aging and the Senior Center. This Commission, in collaboration with these other

two entities, has supported the expansion of services and activities available to all senior residents in Monroe. Transportation, social services support, cultural and entertainment programs, lectures, seminars and other offerings are available at the Senior Center as well as in-home services when possible for those who have special needs. Expansion of some services to make them more accessible has been a priority of these three programs.

Meetings of the Commission on Aging are held most months at the Senior Center or may be available by ZOOM. Please check the Township website for additional information.

Health Advisory Board

According to the Township website, "The Monroe Township Council under our form of government is empowered to sit as the Board of Health. The mission of the Health Advisory Board is to help the Township Council assure that the health

needs of our residents are effectively addressed." The Advisory Board meets six times per year.

Human Relations Commission

The Human Relations Commission makes recommendations to help eliminate all types of discrimination based on, but not limited to race, creed, color, national origin, ancestry, disability, ethnicity, health, age, marital status, sexual orientation or gender; or the perception of these qualities. The Commission, which meets each month, promotes positive attitudes that encourage residents to embrace the diversity of our Township population.

Future topics

In our June issue, we will focus on three very complex

boards: Zoning, Planning, and Affordable Housing. These boards are interrelated, and the issues addressed and the decisions made by these boards have serious impacts on life in Monroe Township. What we build, where, and for whom affects our roadways, employment, and our school system.

Where do you fit in?

Monroe Township can accomplish its objectives only through the support of its residents. Those who wish to participate with Township committee, commission, and board activities are urged to visit the Township website and complete an application indicating their areas of interest. Monroe needs all of us to do our share.

Fire District Election results

By Carol De Haan

Two incumbent commissioners were re-elected last February in Monroe Township Fire District 3. Commissioner Les Barta received 650 votes and Commissioner

Joe Haff received 613 votes. Each commissioner will serve a three-year term.

The district budget for 2023 passed by 491 yes votes, with 197 no votes.

More than 600 votes were cast in this election. This turnout can be attributed to the ease of voting by mail.

Editorial

A good question:

In a senior community like Rossmoor, the tasks of raising and education children are many years behind us. Why, then, should our monthly publication devote columns to the news and events that pertain to our schools? Aren't we past all that?

Alas, no, and here's why:

From July 1 of last year through June 30 of this year, our school system operates on a budget of \$146.77 million. We had an offset of federal aid (1%) and state aid (7%), but all the rest of those many millions had to be raised locally. That means you and me. That means our real estate taxes, which – compared with the rest of Middlesex County – remain quite reasonable.

Nevertheless, look closely at your township tax bill and note that 53.63% of your tax payments go toward running our school system. Yes, we must do right by our school kids. After all, they are the future of this country.

But do you know if the money is being well used?

Did the recent school referendum go down because it would raise taxes slightly? Or were there other reasons?

We have recently lost two respected school administrators. Do we know why?

Just in case you take an interest in matters like this, the next public meetings of the Board of Education will be held as follows:

- Wednesday, May 10, at 7:15 p.m.
- Wednesday, June 14, at 7:15 p.m.
- Wednesday, July 19, at 7:15 p.m.

All Board of Education public meetings are held in the library of our big, impressive high school on Schoolhouse Road.

See you there.

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Life with an EV

By Steven Gray

What is an EV and what is life with one?

EV stands for Electric Vehicle and I have owned one for over a year and a half. I have had some ups and downs and will state both that (1) I will not give it up, and (2) EVs are not for everyone.

First a little background: I bought a Chevrolet Bolt EUV (Electric Utility Vehicle) as opposed to a plain EV mostly because it has more room in the back seat and we do double up with friends on occasion. This was the first year for the EUV, but it was basically the Bolt EV (which has been around for a few years) somewhat extended.

The down side

About a month after I bought the EUV, Chevrolet stated that there was a potential problem with the main battery and that their guideline was to bring it to a dealer and have them change the programming so that the EUV could not be charged more than 80%. Take a vehicle, remove 20% of its range, use it in the winter and discover that you cannot drive nearly as far as what the EUV was rated at (247 miles).

The 2021-2022 winter was cold and, during December through February, I was only getting 175 miles. There were times I rolled into my garage with 26 miles left. I had to stop at a charger once (high speed DC charging) to boost my range by about 25 miles to ensure I got home. I also had to plug in at a friend's house and my daughter's house (110 volt – slow charging) for the same reason.

The up side

I received a new main battery that removed the 80% limit. That gave me a bit over 200-mile range in the winter and extended the warranty on the battery. During hot weather my range will jump to about 270 miles – more than enough.

The EUV is basically a rolling computer. It handles the headlights (including the high beams), the rear defroster, pauses the radio when the GPS gives directions, has a Wi-Fi hotspot, gives weather reports – including emergency weather alerts, gives alerts of cars or people while backing up, has an emergency stop to prevent collisions, tells me if I am straying out of my lane, tells me to check the back seat when exiting, has air pressures for each tire individually, tells me not only when a door is not closed completely but which one and quite a few other alerts. It is a true nanny car.

Why this is not for everyone

For reasons unknown, the car may refuse to start with an “unable to shift” message (very odd as there is no transmission). The fix is to reboot the car. How to do that? Take a 10 mm wrench and disconnect the battery for 10 seconds. So far that has happened to me once – before I received the new battery.

Other reasons are lack of easy charging. I have a level 2

charger in my garage (220-volt, 50 amp) which makes charging fairly quick, especially as I can just plug in and walk away. You can do that with a standard 110-volt, 12-amp circuit but it will take much longer (about four times longer). The ride is a bit harsher as this is a small SUV. The tires will wear faster due to the increased weight. Then again, you are not affected as much by cross winds.

Why I will not give up the car

I have not stopped at a gas station for over a year (sold my other vehicle). I don't worry about oil changes, and don't worry about having my catalytic converter stolen (don't have one). I get the equivalent of 110 miles to the gallon, enjoy a very quiet ride, and can leave most other cars in the dust should I choose to (especially those creeps with the very loud mufflers who think the noise makes them fast).

By Myra Danon

Laughs, yes. Fine acting, yes. Snappy dialogue, yes. Masterful directing, of course, by the famous director himself. Recommended, yes! The huge audience was there to see the much-publicized movie “The Fabelmans” since its release late last year.

Loosely based on the life of Steven Spielberg and his family (there were other changes in the script in addition to the family name), “The Fabelmans” was written by Spielberg and his long-time friend and collaborator, Tony Kushner, who received the Pulitzer Prize for “Angels in America,” an acclaimed film released in 2003.

The family moved from New Jersey to Arizona for Dad's new job. Sam, nee Steven, his three sisters, Mom Mitzi and Dad Burt continued living and facing life's challenges in a

new and different locale. Although this is the story of a famous writer/director, the lifestyle of this family is not so different from countless other families. At various times, different members experienced sadness, indecision, regret, fear, happiness, understanding, accomplishment, success, devotion, love, and a host of other challenges as they dealt with – well — life. They reacted to their situations as we react to ours. I suspect that more than a few members in the audience couldn't resist identifying with some of the emotions, if not the situations.

Young Sammy was played by Mateo Zoryan; grown/teenage Sam was Gabriel LaBelle; Mitzi's demanding role was deftly handled by Michelle Williams; Paul Dano was Burt; and Seth Rogan was Bennie Loewy. An additional treat for me was to see

Jeannie Berlin as Sam's grandmother, and as Mitzi's mother-in-law, infuse the role with *chutzpah* (unmitigated gall) in her voice and facial expression. I chuckled softly at the memory of similar behavior and could hear some of the other viewers reacting similarly.

Berlin is the daughter of Elaine May, who, with partner Mike Nichols, created some of the cleverest routines in the '50s and '60s. What do they say about the apple not falling far from the tree? Judd Hirsch appeared briefly as Sam's uncle to give some professional advice, which included his philosophy and his experience. Hirsch was a well-known actor on Broadway before he starred in the successful long running series of “Taxi,” written by another noted writer, Neil Simon. You could say “The Fabelmans” was star-studded. So, go already.



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Visit to Vietnam- Part one



Lt JG Doug Martin on the bow of his Swift Boat (1969)

By Terre Martin

Approximately 53 years ago, several healthy, fit, and promising young men, said “yes” to their country’s call to a tour of duty in Vietnam. Among them was Douglas Martin, then a newly appointed Navy ensign, and today a Rossmoor resident. This particular group would be assigned to patrol the rivers and canals of the Mekong Delta in Swift Boats as part of the brown water Navy.

Here they were in 2022, meeting in Saigon, which is now called Ho Chi Min City. This time those healthy and fit bodies walked with canes, had knee braces, grey hair (if any hair), pain patches, experienced bouts of hacking coughs, and had remnants of

skin cancer and ailments from agent orange. Five of the six men brought wives to share the experience and offer both emotional and physical support when needed. The sixth man called his wife in the U.S. every evening to unload his brain of all he had seen and heard.

The amazing thing is that these men, who did not know each other in 1968 and 1969, bonded immediately as they began sharing their common experiences. Sometimes I felt like a fly on the wall listening to them chat, laugh, and remember, and sometimes I interjected questions to learn more and help the healing memories surface.

They came from various parts of the United States: Montana by way of Tennessee, Ohio, Missouri, Texas, California, Oklahoma, and of course, Doug was from New Jersey. Their personalities, accents, and colorful language reflected who they were and where they came from. The first time one of the men used a series of expletives when telling a story, I was a bit surprised, but then I realized he couldn’t get out a sentence without including a four-letter word. He was genuine, funny, and full of memories and stories to keep us intrigued during the whole trip.

One of the men and his



View of Swift Boats in the river

wife felt some anxiety about this journey. They met with a counselor before the trip because he experienced night sweats and vivid nightmares. The wife was apprehensive about how her husband would react. He was already quite weak and somewhat disabled, so she watched him like a hawk. Another wife told me how she developed claustrophobia after her husband returned, because he tried to strangle her during the night when he had violent dreams. She wondered if the trip would trigger those dreams again. Thank God I had none of those horror stories to share. Doug had come home from Vietnam safe and sound. He often talked about his experiences, but they never overwhelmed him. He was able to come back to civilization and have a good life.

The trip included some typical site-seeing stops like churches and temples, but the guys really wanted to see the Vietnam that they re-

membered. For better or worse...they didn’t find the Vietnam they remembered. Everything was more built up, more modern, and far less threatening. Saigon was our first shocker. I took videos of the thousands of motor bikes, cars, buses, trucks, and people constantly moving. It was pure chaos, but somehow it works for the Vietnamese. I swear you have to see it to believe it! I cringed many times as people crossed streets or rode their motorbikes without seeming to look. Our guide, Trang, acted like a traffic cop when we needed to cross streets. He would put up his hand and warn us to walk slowly. Apparently, walking slowly gives the drivers time to slow down to circumvent us, but they never actually stop. They play chicken with oncoming cars and other motorbikes often going against traffic rather than with it. I noticed that our bus driver never hesitated when entering a busy street. The other people just had to make way for him.

Saigon was crowded and busy. There are new high-rise buildings around the city, but most of the businesses are small store-front op-

erations. There are a lot of people sitting or lying around waiting for a customer. The oppressive heat and humidity make people lazy. We often saw cafes with hammocks lined up in a shady spot. According to Trang, you could get refreshments and lie in a hammock for free. One of our guys kept saying, “This isn’t the Vietnam I left!” and he was happy about it. I also have to mention the telephone wires strung across the country. Everywhere from the cities to the villages, hundreds of wires hang loosely from poles, around trees, tied in knots, and impossible to figure out. The only way to describe Vietnam, other than crazy, is chaotic. The amazing thing is that it works for them. They thrive in the chaos...without looking both ways, or any way! (To be continued)



Doug Martin at Cu Chi Tunnels in South Vietnam (2022)

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Inquiring Photographer

By Rosemary Masella

What is your favorite memory of Mother's Day?



Rosie Miller

- Rosie Miller: My favorite memory is of my Mother, who was my best friend. She taught me all the rules about life, wisdom, love, kindness and how to be true, not only to yourself, but to others. She made every day Mother's Day.



Christine Parr

- Christine Parr: My favorite memory is that on Mother's Day my family gets together with my Mom who is 96. Her favorite thing is to have espresso and biscotti. We are three generations, gathering around the kitchen table with her, having a wonderful time.



Dennis Haggerty

- Dennis Haggerty: My favorite memory is all my family going to see my Grandma Helen who lived in Queens. Grandma would cook dinner. She lived by the elevated train, and when a train passed the whole house shook. My brothers and I loved it.



Al MacVicar

- Al MacVicar: My favorite memory is taking my three granddaughters, ages 4, 5, and 6, to see my Mother and we all went out to lunch. It was a challenging day. We enjoyed going to the Crab Shanty and looking at the bay.

A great campfire

By Ken Thomas

Has anyone sat around some hypnotic campfire flames and enjoyed a relaxing evening under the stars? Have you identified the Milky Way or seen a shooting star? Have you imagined yourself walking on the full moon? Did you sing a song, while poking the embers with a long stick? Have you used the stick to roast a dozen marshmallows? Have you laughed at a skit or played a campfire game? Did you add logs to ensure the flickering flames continued?

Hopefully, everyone has answered affirmatively. The circle formed by friends and family provides more warmth than the burning wood. The flames are an invitation. S'mores maintained the circle. Campfires are fun. I remember a great campfire.

We were camping at the Gettysburg National Park

and the group sites were full. Most of the campers had taken the 15 miles compass hike through the battlefield and were ready to relax. The day had been educational, interesting, and fun, but all the camping sites were quiet after sunset. Although wood was scarce, our boys found enough for a small campfire. We sang a couple of songs and a few of our comics did a skit. Skits are a campfire requirement.

The group of Girl Scouts from their site across from ours added some wood to the fire and did a skit also, a little competition. A tiny blue eyed little girl with a stunning voice sang a solo for us, "Tomorrow" from the musical "Annie." Then, a family of four joined our widening circle and the father strummed his guitar as they sang. Each added wood to keep the fire going.

The boys urged me to lead

Down Memory Lane

By Alyce Owens

A few of you might be too young to remember all of these words, but for those who do, enjoy this walk down memory lane.

Mergatroyd? Do you remember that word? Would you believe the spell-checker did not recognize the word, Mergatroyd? Heavens to Mergatroyd!

The other day a not so elderly (I say 80) lady said something to her son about driving a jalopy; he looked at her quizzically and said, "What the heck is a jalopy?" He had never heard of the word jalopy! She knew she was old, but not that old.

Well, I hope you are hunky dory after you read this and chuckle. About a month ago, I illuminated some old expressions that have become obsolete because of the inexorable march of technology. These phrases included: Don't touch that dial; carbon copy; you sound like a broken record; and hung out to dry.

Back in the olden days we had a lot of moxie. We'd put on our best bib and tucker, to straighten up and fly right. Heavens to Betsy! Gee whillikers! Jumping Jehoshaphat! Holy Moley!

We were in like Flynn and living the life of Riley; even a regular guy couldn't accuse us of being a knucklehead, a nincompoop, or a pill. Not for all the tea in China!

Back in the olden days, life used to be swell, but when's the last time anything was swell. Swell has gone the way of beehives, pageboys, and the D.A.; of spats, knickers, fedoras, poodle skirts, saddle shoes, and pedal pushers. Oh, my aching back! Kilroy was here, but he isn't anymore.

We wake up from what surely has been just a short nap, and before we can say, Well, I'll be a monkey's uncle! or This is a fine kettle of fish! we discover that the

words we grew up with, the words that seemed as omnipresent as oxygen, have vanished with scarcely a notice from our tongues and our pens and our keyboards. Poof, go the words of our youth, the words we've left behind.

We blink, and they're gone. Where have all those great phrases gone? Long gone: Pshaw; the milkman did it; hey! It's your nickel; don't forget to pull the chain; knee high to a grasshopper; well, fiddlesticks; going like sixty; I'll see you in the funny papers; don't take any wooden nickels; wake up and smell the roses.

It turns out there are more of these lost words and expressions than Carter has liver pills. This can be disturbing stuff! (Carter's Little Liver Pills are gone too!)

Leaves us to wonder where Superman will find a phone booth. See ya later, alligator! Okey-dokey.

We are the children of The Fabulous '50s. No one will ever have that opportunity again. We were given one of our most precious gifts: Living in the peaceful and comfortable times created for us by the greatest generation.

everyone in their favorite song "Oh, you can't get to Heaven." I repeated the chorus for the group to learn and the boys added their favorite verses. The purpose of their verses was entertainment and humor, not heavenly travel. A few of our campfire group knew other verses or ad-libbed lyrics. Everyone was having fun and our circle increased again and again.

Hikers and campers from other sites gathered around our circle watching, listening, and participating. A YMCA group contributed some logs and did a pantomime.

Then, part of a church choir entertained, voices harmonizing in a hymn. Where did all this talent come from?

An elderly couple gave us a classic operatic duet, a professional performance. The father offered to play his guitar for a sing along. So, everyone joined him as he strummed the notes for several songs. He could strum them all easily.

By now, about 80 campers sat in the circle, 80 smiles on their faces. The last few hours had been amazing, but only a handful of embers remained in the fire. As midnight approached, a leader from one of the groups led us in singing "America." My boys were very quiet as they went to their tents. We were in the right place at a special moment in time.

It was a great campfire.

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Homework? Oh, phooey!

By Carol De Haan

In elementary school, I spent as little time as possible doing homework. Always quick and superficial, it was just enough to keep the teacher off my case. I had more interesting things in mind, such as speaking pig-Latin with my friends. Got to be pretty good at it, too. We knew we were sly and could easily outfox the grown-ups.

Then came World War II and more serious matters to think about. All sorts of war stories came out. One told about two U.S. Army bases that had been set up in part of newly liberated Europe. A G.I. had been ordered to deliver a truckload of supplies from one base to the other, some miles down the road.

Mission accomplished, he turned around to head back to base, when he was commandeered by a ragtag bunch of heavily armed Nazi soldiers who appeared out of the forest. They climbed aboard and battened down all hatches to conceal their presence in what looked like an empty Army vehicle.

One of the Nazis spoke fairly decent English. Concealed behind the driver, he kept his gun aimed at our soldier's head, whom he ordered back to the sentry post, and then inside the base, Trojan-horse style.

"Oh, boy," thought our driver about the pending crisis. "What to do now?"

Thinking at a furious pace, he nevertheless appeared to comply.

At the base, when challenged by the on-duty sentry for his military ID, he made a lot of casual small talk, with a bit of slang thrown in, hoping his Nazi captor would misunderstand, or at least think that was how Americans always talk to each other.

So, when the gate opened and our driver seemed to proceed, he leaned out the window and bellowed, "Thanks a gazillion, Buddy, and by the way, ERRYJAYS IN UCKTRAY!"

It took the sentry less than a split second to shoot the tires, thereby stopping the vehicle, as numerous armed guards poured out of nearby buildings to apprehend the

truckload of Nazis. No one was hurt and disaster averted.

Is there a message in this tale?

Perhaps it says that what we learn through play has a more lasting impact than what we learn simply to

The Argonne Forest

By Ken Thomas

He was just another young man from Pennsylvania working in the coal mines. His family came from Wales. Like many immigrants, Tom's family struggled, but his three brothers joined Tom in the coal mines as their source of income. The family became Pennsylvanians and America their home. His schooling stopped at 5th grade, but his marriage started a new education. The young man was an adult. World War I interrupted his life. Tom enlisted in the army and went to training camp.

Training camp, working in the coal mines, farming, and supporting his family created a tough, strong, and moral Welshman from Pennsylvania. Training ended with "Last man standing." Company A-D elected representatives for a fight to the end in a boxing ring, Tom and 11 others. When a captain said, "fight," fists flew. Knocked out of the ring, knocked out, or fought out were the rules. The boxing ring was a war zone. At the end, two fighters remained, the Welshman and a gigantic "Ruskie." Although seven inches shorter and 50 pounds lighter, Tom was the ring king, company champion. Training was over and A company went to France.

Much of the war was fought from man-made trenches, miles long and eight feet deep. Company A soldiers charged and fought heroically. Pennsylvania friends and new buddies died. Tom never talked about those early battles. Trench warfare was a foot-by-foot battleground attacking German defensive positions. Leaving protective foxholes or trenches to be a target was an insane way to fight a war.

Bullets and artillery were not the only weapons. Mustard gas killed thousands, both enemies and allies. American Expeditionary Forces were struggling and many company A soldiers continued to die. General Pershing planned a surprise attack along the Meuse River into the Argonne Forest with 30 divisions.

After six hours of bombardment and support by hundreds of tanks and aircraft, the battle for the Argonne Forest began. Fighting was intense and each side used mustard gas. Germany defended her borders fiercely in the dense forest for 47 days. A record setting number of men were left on the battlefield.

With the Armistice in November, 1918, the battle ended, and World War I ended. A changed Welshman came home to Pennsylvania.

please others.

Think what might have happened if those two G.I.s had spent their early years as compliant little scholars, eager to hand in spectacular homework, never "wasting" a single moment on useless kid stuff like *igpay atinLay*.

Many from company A did not return.

Their annual reunion remembers the soldiers who died and celebrates those who lived.

Fighting in the Argonne Forest was the last major battle in that war, October through November, 1918. The number of dead and wounded exceeded more than any other battle in American history, over 26,000 men. The American Expeditionary Force included 700 tanks and 500 aircraft with thousands supporting them. Thousands more also picked up rifles and attacked to keep other countries free. They invaded and conquered Germany.

Not many Americans remember the battle of the Argonne Forest, even on Memorial Day. Too many years have passed. World War II and other wars still have veterans from those battles. Many still consider "Peace without victory" a Memorial Day question.

Tom was my grandfather.

New Neighbors



By Christina Smith, Resident Services Manager

Diego Morabito, 426B Redding Lane formerly of Rahway, N.J.

Mary Sampson, 155D Pelham Lane, formerly of Plainfield, N.J.

Nilesh and Chetna Sanghavi, 384N Sudbury Lane, formerly of Scotch Plains, N.J.

Merle and Harry Brown, 180C Prescott Lane, formerly of Kendall Park, N.J.

Nalini Patel, 134C Old Nassau Road, formerly of Monroe Twp., N.J.

Derrick Meyers, 387-O Newport Way, formerly of Somerset, N.J.

A giant THANKS from Frank Crocitto

By Harry Moorhouse

Frank and Marie Crocitto would like to thank all of their many friends and family who supported them with both donations and lots of moral support during Frank's battle with cancer.

They are so pleased to be able to tell everyone that the doctors report that Frank is winning the battle — the tumors have shrunk dramatically, and he has gained back 40 pounds!

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How will working affect Social Security Benefits?

In a recent survey, 70% of current workers stated they plan to work for pay after retiring.

And that possibility raises an interesting question: how will working affect Social Security benefits?

The answer to that question requires an understanding of three key concepts: full retirement age, the earnings test, and taxable benefits.

Full Retirement Age

Most workers don't face an "official" retirement date, according to the Social Security Administration. The Social Security program allows workers to start receiving benefits as soon as they reach age 62 – or to put off receiving benefits up until age 70.

"Full retirement age" is the age at which individuals become eligible to receive 100% of their Social Security benefits. Individuals born in 1960 or later can receive 100% of their benefits at age 67.

Earnings Test

Starting Social Security benefits before reaching full retirement age brings into play the earnings test.

If a working individual starts receiving Social Security payments before full retirement age, the Social Security Administration will deduct \$1 in benefits for each \$2 that person earns above an annual limit. In 2023, the income limit is \$21,240.

During the year in which a worker reaches full retirement age, Social Security benefit reduction falls to \$1 in benefits for every \$3 in earnings. For 2023, the limit is \$56,520 before the month the worker reaches full retirement age.

For example, let's assume a worker begins receiving Social Security benefits during the year he or she reaches full retirement age. In that year, before the month the worker reaches full retirement age, the worker earns \$65,000. The Social Security benefit would be reduced as follows:

Earnings above annual limit

\$65,000 – \$56,520 = \$8,480

One-third excess

\$8,480 ÷ 3 = \$2,827

In this case, the worker's annual Social Security benefit would have been reduced by \$2,827 because he or she is continuing to work.

Taxable Benefits

Once you reach full retirement age, Social Security benefits will not be reduced no matter how much you earn. However, Social Security benefits are taxable.

For example, say you file a joint return, and you and your spouse are past the full retirement age. In the joint return, you report a combined income of between \$32,000

and \$44,000. You may have to pay income tax on as much as 50% of your benefits. If your combined income is more than \$44,000, as much as 85% of your benefits may be subject to income taxes.

There are many factors to consider when evaluating Social Security benefits. Understanding how working may affect total benefits can help you put together a strategy that allows you to make the most of all your retirement income sources – including Social Security.

Norman J. Politziner, CFP, a resident of Encore, is an Investment Adviser Representative of Kingsview Asset Management.

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In Memoriam

Rey Redington

Rey Redington, of Mutual 15, died on March 19, in the presence of his wife, Rebecca, and their children, Megan and Travis. Rey was 78 years old. He had suffered from multiple sclerosis for many years, but miraculously, it didn't seem to either slow him down, or get him down. He and his wife were fixtures in many community endeavors.

Rey was born in New York City and grew up in Greenwich, Conn. In 1969, he graduated from the University of Connecticut. He married his beloved wife, Rebecca Scureman, in 1966, and they eventually moved to Montclair, N.J., where they lived and raised their family for 40 years. Rey and Becky moved to Rossmoor in 2014.

They were both active members in the Players, they enjoyed singing in the Rossmoor Chorus, and attended functions with the Democratic Club.

Rey had an entrepreneurial approach to life. He left the



Rey Redington

staid corporate environment to enter the wild world of creating his own business: He opened a gas station where, much to the consternation of the gas company, he introduced the unheard-of notion of adding a convenience store. Rey was not into conventional thinking.

Along the way, he ran for the Town Council in Montclair and also for the U. S. Congress. It was in the 1980s that Rey became an early computer aficionado, able to rescue countless people from cyber meltdowns and viruses, and such mishaps as failing to plug the machine

(Continued on page 10)

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609.448.7036**CULINARY CORNER**

By Sidna Mitchell

Hurry Curry for shrimp or chicken

Our croquet friends Jim and Connie have had their share of problems over the past several months. The house they're having built in a new development keeps getting delayed for a variety of reasons, mostly in part due to Hurricane Ian that caused the absence of supplies. Unfortunately, the price of everything continues to go up.

However, this couple hasn't seemed fazed by the house issues, since one of our Irish croquet friends let them use his condo after their house quickly sold. Also, they used our carport to shelter one of their cars and our shed to store moving boxes.

The real problems were health issues. First, with Jim's bad back; then his son, only in his 40s, having a heart attack; and a teenage grandson having a cage implanted to correct his concave chest. Then Connie found the reason walking was so painful was a fractured hip.

When Jim had his back operation, I made bread and dinner for them so Connie could

concentrate on getting him settled back home. Then after Connie had her hip replaced, I again made dinner — this time a shrimp curry that would be easy for Jim to handle.

I've made this recipe several times. However, for my daughter and granddaughter and for church friends, I followed the recipe calling for chicken. For other croquet friends and for Jim and Connie, I substituted shrimp and cream of shrimp soup. Here's an easy and tasty entrée.

Shrimp Curry

- 1 tablespoon butter
- $\frac{3}{4}$ teaspoon curry powder
- $\frac{1}{2}$ cup chopped onion
- 10.75 oz. can cream of shrimp soup

Preheat oven to 350 degrees.

Melt butter in a large skillet. Add onion and curry powder and sauté until well mixed. Blend in undiluted soup and sour cream. Add cooked shrimp and mix well. Pour into greased ovenproof dish; for example, 8" x 8" square. Bake at 350 degrees for 10 minutes. Serve over rice and with condiments such as chutney, peanuts, chopped scallions and raisins. Serves four.

NOTE: As I mentioned, the original recipe was for chicken and cream of chicken soup. It called for only a half teaspoon curry powder. That was too mild for us so I later put in three-quarters of a teaspoon the other times I made this dish. You might want even more curry powder depending on your taste. Also, for Jim and Connie, I used a larger ovenproof dish, putting the cooked rice on the bottom, topping with the shrimp mixture.

Culinary Corner

- 1 cup sour cream
- 1-2 cups cooked shrimp pieces
- 2 cups rice or one boil-in-bag

In Memoriam*(Continued from page 9)*

in. Employing his own and many friends' children over the years, he wired offices and supplied IT guidance to many small businesses.

Rey believed strongly in the democratic process, and in the rights of people to life, liberty, and the pursuit of happiness. He rolled his wheelchair in many a protest for racial justice, women's rights, for same-sex marriage, voting rights, and climate change, to name a few. He threw his energy into helping people even when that made him an unwelcome guest at many a town meeting.

A lifelong reader of newspapers, when Rey learned that his new town, Monroe, did not have a local paper, he started his own online newspaper, launching a new career, in his 70s, as editor and journalist.

In addition to his loving wife and children, Rey is survived by

three grandsons: Wilder, Kaegan, and Farrow; his siblings Leyla, Molly, Tommy, Nancy, and Deb; and Rebecca's family including her identical twin sister Harriet. Arrangements for a celebration of Rey's life are pending.

Elizabeth A. Schneider

Elizabeth "Betty" Schneider, 88, of Mutual 9, passed away at Penn Medicine-Princeton Medical Center on Sunday, April 2, surrounded by her family.

Betty was born on June 1, 1934 to Elizabeth and Otto Puck in Trenton, N.J. She graduated from Hightstown High School. In 1955, she married James "Jim" Schneider and they remained married for over 57 years until his death in 2012. Betty was the mother of two children, Ann Marie and James.

Elected to the Monroe Township Council as a councilwoman in 2014, Betty was actively serving her constituents until the time of her death. She also held elected office with the North Brunswick Township Board of Education from 1980 to 2000. She was an active volunteer in the Rossmoor Adult Community, the Kiwanis Club, and the League of Women Voters. Betty was honored for her service in 2014, receiving the North Brunswick Women's Club Woman of the Year, and the Kiwanis Citizen of the Year award.

Betty was predeceased by her husband, James Schneider. She is survived by her sister, Eileen Casey and husband Joseph Casey, daughter and son-in-law Ann Marie and John Burke, son and daughter-in-law James and Susan Schneider, grandson Jeffery Burke, grandson Matthew Burke and his fiancée Julie Loveland.

In lieu of flowers, please consider a donation in Betty's name to Monmouth County SPCA — www.monmouthcounty.sPCA.org or the charity of your choice.

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This month in pictures

Spring projects around Rossmoor



Above:
Projects underway are, clockwise from left, Rossmoor Drive tree pruning, pool resurfacing, pool chair repair, and road crack repair.

Passover in the Clubhouse

Photos on right:
Clockwise from left: Teresa Sannuto and Barbara Herman Hoff. In the group picture, from left, are: front, Barbara Stein, Mindy Dorffman, (President) Cindy Sigl, Karen Seiden, Helene Gray, Sandra Steinberg Linschmidt, Dale Steinberg, and Cantor Robyn Streitman; back row, Edward Stein, Steven Gray, Scott Hoff, Barbara Herman Hoff, Carolyn Wall, Mortin Wall, Larry Epstein and Helen-Ann Epstein. Picture by Theresa Sannuto

The people sitting around the Seder table are being lead by Cantor Robyn, standing. Far right: The Seder plate

Passover photos by Helene Gray



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Clubs and Organizations

Woodblock printing

By Pam Neece

Recently, the Art Group that meets on Friday mornings worked on a group project. After watching Pam Neece carving a woodblock to use in printing a black and white picture, eight in the group expressed interest in learning more and giving it a try.

With each block containing the same picture, they carved out the non-black areas (which will appear as unprinted white paper when the finished block is used to print a picture). Interestingly, several in the group remarked that they found the carving process "very soothing."



Woodblocks carved and sealed and ready to print.

The carvers were:



Joanne Traskiewicz and Jean Dunham



From left: Matt Intindoli, Victor Hsiang, Betty Ann Clayton, Judy Mullins, Paul Pittari



Betty Ann Clayton and Judy Mullins



Victor Hsiang



Matt Intindoli



Paul Pittari

Woodshop says Welcome

By John Oleksak

Rossmoor is extraordinarily fortunate to have a well run, well stocked woodshop. Residents are invited to use the shop for their projects. Want ideas for projects? The woodshop has books. It also has monitors who will help you do the project you want to do, advise you and assist with machine set-ups. Materials are supplied by the resident.

In order to use the woodshop, you must undergo an orientation on the machines. Even if you come with knowledge of woodshop activity, you must still undergo an orientation to determine your skill level. The machines can be quite dangerous, and fingertips have been lost – rare, but still possible. After orientation, you also need to sign a waiver before doing any projects in the woodshop.

The woodshop is open to residents Monday, Wednesday, and Friday from 9 a.m. to 3 p.m., and on Saturday from 10 a.m. to 1 p.m.

The monitors can also do small tasks for residents, such as a cut of a piece of

wood based on measurements by the resident. They also do tasks for RCAI and other groups.

For example, recently the gauges for measuring the distance of bocce balls from the pallina needed to be repaired. In spite of the hunt through various grocery stores, no cans of the right size were found to match the size of the old gauges, so Dave Voight repaired them using the existing parts. While not new, they should be serviceable.



Monitor Dave Voight is seen with the bocce scoring devices he repaired.



Woo Lee, Research Associate of Rutgers Institute for Health, on right, made a presentation to the Korean American Group at the March 18 meeting.

Korean-American Group

By Youngae Lee

On March 18, we had our monthly meeting with about 25 members present. As planned last month, Woo Lee, research associate at Rutgers Institute for Health, and her assistant Rachael Su held a lecture about Asians, especially Koreans in the U.S. One of the major health issues they face is stomach cancer. Lee has a Master's in Social Work and has worked for IFH for three years. Rutgers Institute for Health (IFH) Health Care Policy and Aging Research's goal is to bring awareness to the elderly,

especially minorities in the U.S., concerning their health and teaching them about all the systems available in the U.S. Also, they provide knowledge as to why more Koreans get stomach cancer than any other race. The spicy and salty food they consume contributes to the stomach cancer. All the abstract information was turned into reality so it can be applied to daily life. Our next meeting is scheduled to be in May, and we will be playing Bingo, with many chances to win a lot of great presents. The Korean population



has been increasing with many newcomers joining the group even from the Concord and Clearbrook communities, because they don't have this kind of group available to them. President Youngae Lee, will plan many more good events for the members, providing more useful information to the community. All information is available to the Monroe Township residents, including how to get free Covid test kits, and other benefits. If you are interested in learning more, please contact Youngae Lee at 201-230-0805 or yalee1980@gmail.com. All are welcome!

German American Group

By Mary Kansog

The German American Group usually meets on the fourth Thursday of the month at 1:30 in the Cedar Room. In January, instead of the usual monthly meeting, we met at Zinna's for a luncheon. Sixteen people attended which was terrific

and a good time was had by all. In February, Ginnie Hallock hosted a presentation of some of her collection of German dolls. In March, we discussed the Rossmoor Expo, which we had already signed up to do, for ideas. In the coming months we

will be discussing German restaurants and trips to Princeton and other areas. If anyone is interested in joining, please contact Mary Kansog at 609-395-9954 and leave a message if she is not home. One does not need to be German to join but it helps!

Dance Club welcomes spring

By Judy Perkus

So far, 2023 has been a good year for the Dance Club. We've celebrated the New Year, Valentine's Day and Saint Patrick's Day. The March dance included the debut of our chorus line. Five handsome men entertained us. Last month we had a '50s Hop/ Pizza Party. This month the festivities start on Saturday, May 27, at 7 p.m. when the Dance Club welcomes all Rossmoorites and spring. DJ/Keyboardist Peter Liebowitz will provide all kinds of dance music in the Ballroom. Singles, as well as couples, are always welcome. Desserts (sugar-free available), snacks, coffee, tea, and soda will be served. Send your \$10 per paid-up member/\$12 per non-member check made out to the Rossmoor Dance Club to Armen DeVivo at 409B Roxbury Lane by May 17. If you haven't yet renewed your membership, please send your 2023 Dance Club dues of \$20 per couple, \$10 per person to Armen. New members are always welcome. Call Armen at 609-655-2175 for more information..



The March chorus line, from left, were Mike, Ben, Wayne, Don and Rick.

Rossmoor Dance Club

May 27 Dance

RESERVATION DEADLINE: May 17

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Phone # _____

Address: _____

\$10 per PAID UP member _____

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Italian American Club

By Tony Cardello

Our most popular social event, Rossmoor Downs, will take place on Saturday, May 13, at 6 p.m. in the Ballroom. Due to the mild winter the horses have been able to graze and train in the outdoors and are in top notch form for their run to the finish line. As always it will be an exciting evening.

The next regular Membership Meeting will be on

Wednesday, May 17, at 7 p.m. in the Ballroom.

Bingo will be played on Friday, May 26, at 6:30 p.m. in the Ballroom.

The Officers of the Club extend their wishes to all the mothers and grandmothers of the Club for a very safe and happy Mother's Day.

A \$200 donation was given to the Tunnel to Towers Foundation.

Honor and Remember

By Joe Salzano

Veteran's Group

This April, our veteran's group honored and remembered Vietnam veterans.

We answered our draft notice, or volunteered for military service.

We did not avoid the draft.

We did not burn our draft cards.

We did not run to Canada.

We served our country.

We gave 58,000 young names on a black granite wall.

We came home to an ungrateful nation.

We were young American soldiers.

We stand on the shoulders of those veterans who came before us.

Welcome home, brothers.



Veterans Group Welcomes Members

All Veterans come join us at 10 a.m. on each second Tuesday of the month in the Ballroom



All Seasons Chamber Players return



All Season Chamber Players

By Linda Bozowski,

Rossmoor Music Association is pleased to welcome All Season Chamber Players back to the Meeting House on Friday, May 19. Scheduled for 7:30 p.m., these fine

instrumentalists will offer an evening of classics and other selections. Non-subscribers may purchase tickets at the door for \$15.

About the artists

Widely traveled, these art-

ists have entertained audiences throughout the United States and Europe. As previous members of various orchestras and ensembles, their skills have graced venues with classical pieces as well as jazz and contemporary selections. Some of their performances can be viewed on You Tube as well. Featuring Robert Lawrence on violin, Lisa Hansen, flutist, E. Zoe Hassman, cellist, and Jean Strickholm, pianist and harpsichordist, their combination of instrumentation offers a full sound that encourages listeners to lean in to listen for nuances in their selections that may be familiar.

Upcoming events

On June 16, featured artists Ivory and Gold will return to Rossmoor with flute, piano and vocals. We hope you'll join us for this upcoming event. The Music Association is planning an exciting 2023-2024 season that it hopes will appeal to current and new subscribers. Additional information will be offered in the June edition of the Rossmoor News.



Fancy that! The women of the Rossmoor Chorus get together for their annual Ladies' Tea, all decked out in their most fascinating fascinators!

Chorus

(Continued from page 1)

ing facility in Monmouth Junction.

On Saturday, May 20, Rossmoor residents, friends, and family are invited to enjoy a sing-along with the Chorus at 10:30 a.m. in the Clubhouse Ballroom. If you've attended one of these before, you already know that you'll have the opportunity to join in singing many of your all-time favorites – old and new. If you haven't yet been part of a Chorus sing-along, be sure to come and join in the fun this time. No experience necessary, and no tickets required, but a goodwill

offering will be appreciated.

Be sure to put Saturday, June 10, on your calendar for the Chorus Spring Concert at 3 p.m. in the Meeting House. You'll thrill to a selection of beautiful arrangements from the ever-popular Rodgers and Hammerstein show, "The Sound of Music." In addition to the title song, you'll hear "My Favorite Things," the frivolous "Supercalifragilisticexpialidocious," and of course everyone's favorite, "Climb Ev'ry Mountain."

To show their versatility, the Chorus will reach back in time to the classic popular song, "Someone to Watch Over Me,"

by George and Ira Gershwin. Then, moving forward many decades to the Walt Disney movie "The Lion King," you'll be mesmerized by Elton John's haunting "Can You Feel the Love Tonight." There will be lots of other surprises to satisfy everyone's taste, including the inspiring contemporary ballad, "You Raise Me Up." Here again, a goodwill offering will be greatly appreciated.

If you love to sing and want to find out what it might be like to be a member of this talented group, consider coming and sitting in on a rehearsal at the Meeting House at 3:30 p.m. on any Wednesday through the end of June. After a summer hiatus, Chorus rehearsals will resume in September. Then maybe next year, you'll be on stage, a part of this fun-loving group of happy singers and friends. We hope you'll join us.

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The Rossmoor Chorus at last year's Sing-Along. Rey Reddington (seated, front row center) will be fondly remembered.

Do you love drums? Upcoming free performance!

By Linda Bozowski

The Rossmoor Music Association is pleased to announce that the Monroe Township School District Percussion Symphony will be entertaining us on Thursday, May 11, at our Meeting house at 7:30 p.m.

We have heard this amazing group perform in the past, (although there are new students and others have graduated) and it's an outstanding opportunity to see and hear the talents of so many of our students.

The program is open to all residents at no charge. Since the Music Association will be establishing scholarship funds for students graduating in 2024 and beyond, we encourage our audience members to contribute an offering to this scholarship effort. There will be a "Thanks for Giving" container in the lobby for your contribution, which we and the future recipients certainly do appreciate.

Please join us for this wonderful presentation. District Percussion Specialist Yale Snyder has assured us that these students are always pleased to entertain, and have enjoyed being invited to Rossmoor in the past.

Hope to see you on Thursday, May 11, at the Meeting House.

Emerald Society's May Meeting features Irish Sing-a-Long with Singer/Musician Bill O'Neal



Bill O'Neal

By Erin Medlicott

Our May monthly meeting will be held on Wednesday, May 3, at 2 p.m. in the Clubhouse Ballroom.

Our special guest performer is Irish singer and musician Bill O'Neal. Bill has performed publicly for many years, both in the States and in Ireland. In New Jersey he has enter-

tained at Dublin House in Red Bank, Ye Olde Anglesea in Wildwood, Shenanigan's in Manasquan, and the historic Eagle Tavern in Trenton. Recently in Ireland he was the featured performer at Fiddlers Green in County Down and for CIE Ireland Tours.

Bill plays several instruments, including acoustic guitar and harmonica, and will provide Emerald Society members with handouts of Irish song lyrics so they can join in the Irish sing-a-long. So, join us for an afternoon of live Irish music and fun! Refreshments will be served. There will be no charge for Emerald Society members; guests can attend for \$2. Looking forward to seeing you there!



The array of soups for the all in stitches soup day

All in Stitches

By Rosemary Masella

Barbara Bromberg's All in Stitches knitting group had a soup day with members making 11 different kinds of soup for all to enjoy.

Twenty-Six members attended, enjoyed the soup, and took some home for dinner.

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Mutual News

Mutual 2

By Rosemary Masella

Mutual 2 is having concrete done where it is needed. We are also painting hallways and having carpets shampooed. Our audit came out great.

Al MacVicar retired after

eight years as a Director and was presented with a card and a gift card for his service. Rosemary Masella was voted in as director for three years. Rose LoGuirato, Tony Passarello, and John Adochio were voted in as associate directors for one-year terms. Good luck to all.

Mutual 16, where neighbors are family

By Russ Howard

Every month we publish our own Mutual 16 Newsletter. In January, we introduced a new section called "Personality - Spotlight," in which we feature one of our neighbor's life stories and how that person came to Rossmoor. We featured Jim Murphy, our president, in the inaugural story and then Peter and Carol DeRuiter, longtime residents, in February. In March, it was Mike and Ellen Ciacciarelli, who were new to Rossmoor in October, 2022.

Our Mutual 16 book club, the Mutual 16 Page Turners, for February read "Mad Honey" by Jodi Picoult and was hosted by Penni McOlvin on Feb. 17, with a wonderful luncheon in her home complete with decorations fitting the theme of the book. The ladies enjoyed spirited, open discussion and of course each other's company.

For March, Carolyn Sgromo chose "The Alice Network," by Kate Quinn. Thank you to Carolyn for hosting a beautiful luncheon, complete with a German/French theme. Everyone enjoyed the book selection and shared their thoughts on the book. Next up is Ellen Ciacciarelli's book. She chose "The House of Sand and Fog," by Andre Dubus III. Ellen will host on Friday, April 28 at 1 p.m. Each reader chooses a book of the month and hosts a discussion/social at their home or place of their choosing.

Our upcoming birthdays celebrations for April were Cathy Chempanos, Mike Ciacciarelli, Peter DeRuiter, Maria Hogan, Sandy Smithson, Badrat Zaklama, Mary Ellen Mertz, Cathy Nicola, Eleanore Ralph, Virginia Theokas, Eva Turk. Our May birthdays are: Ray Clarke, Vittoria Collins, Carol DeRuiter, and Jim Murphy.

Our baking club for March made cinnamon rolls with cream cheese frosting. It was held at Jo Schwegel and Maria Torres' house. Jo and Virginia Theokas made a delicious lunch of chicken, mozzarella and roasted red peppers on a hoagie roll with balsamic dressing and a fresh Greek salad along with Prosecco, sugar cookies and chocolate candy fresh from Jo and Maria's ski trip to Switzerland. The ladies invited the Taste Testers Consumption Group for a late lunch and a taste of the scrumptious buns. (Pictures have been posted on The Rossmoor Residents FB page).

The April edition of this wonderful group is cancelled due to the many holiday celebrations with families and friends. Jo assured me that May's choice will be forthcoming

soon, and the Taste Testers are hoping for another small sampling of these delicious treats. Jo and Virginia encourage our neighbors to join in the fun and that no one has to be a baker to enjoy these gatherings.

As a neighborhood, Mutual 16 urges our residents to let us know if any of our neighbors are sick and need our Wellness and Sunshine committees to check in on them. Many of us are willing to do whatever is needed to help each other during these times. Lois Hurley, Penni McOlvin and Carolyn Sgromo are happy to coordinate with all of us in Mutual 16 to arrange for assistance, whether it be in food preparation, doctor visits, or just dropping by to keep each other's spirits up during difficult times. We are here for each other and want our people to let us know if anyone needs us. Please be sure to reach out to Lois Hurley, Penni McOlvin, or Carolyn Sgromo.

Mutual 17

By Babs Burford-O'Reilly

Mutual 17 has experienced a few sad losses over the last few months. Peter Kaznosky passed on January 10. We lost Adrienne Hoffman on March 26. Patricia Mueller passed away on April 1.

Peter had been a Rossmoor resident for 27 years and he was president of Mutual 17 for eight years. He was also an avid golfer and a serious walker. If you did not bump into him on the golf course, you would be sure to see him walking throughout the community. Peter grew up in South River and taught English at East Brunswick High School for 38 years. As a Mutual director, he was always available to assist residents and answered all emails and phone calls in a timely manner.

Adrienne was a resident for 18 years. She enjoyed playing both Mah Jongg and canasta. She worked for many years in the East Windsor School District. She loved to entertain, and we had many good times at her lovely home.

Patricia Mueller was an original owner in Mutual 17. She moved in with her husband David (he predeceased her) who was a Mutual director for many years. Pat was an avid golfer and enjoyed playing in our women's league.

Adrienne, Peter, and Patricia will be missed as good neighbors and good friends. Mutual 17 is feeling sad and hoping for sunnier days ahead. On that note just a reminder that our Spring Social is on May 7. Watch your emails for details.



On March 15, the ladies of Mutual 4B had a meeting for the first time at Sal's Deli.

The Ladies of Mutual 4B

By Sue Buckley

Since the restrictions of Covid 19, many of us have lost the knack of meeting new people; our social skills have become rusty and we've become accustomed to a more solitary lifestyle. But now, with an informal monthly gathering, the ladies of Mutual 4B are making

new friends, meeting their neighbors, and reconnecting as a community.

We will have a monthly meeting on the last Wednesday of the month. Anyone of Mutual 4B who wants to join this meeting is welcome. For more information, please contact Pat at 908-812-1428.

Religious Organizations

How do you spend Sunday mornings?

First in a series of musings from Community Church members

By Meryll Hansen

No judgment here. Strictly an innocent inquiry with the hope of seeing you in the future. But I'll start with my motivation for writing this piece.

I have been on a lifetime spiritual journey during which my own church attendance has been sporadic. As an empty-nester I've enjoyed many Sunday mornings with the network news roundtables. Absorbing information in my jammies while eating breakfast seemed like a fine way to enjoy a work-free morning.

And even after I moved to Rossmoor, I worked full time and really needed the weekend to myself.

This, after attending church faithfully as a child every Sunday for 18 years. Fortunately, the lessons I learned back then stubbornly lodged in my core. They've been my rock during painful times.

And I've been through some very tough years, as have many of you, I'm sure.

I know we are all in different places on our own journeys. Your beliefs might be very different from mine, but this is where I am now. I believe the universe is a positive place and that humanity is basically good; I believe in the power of prayer; in a basic morality, we humans inherently know. Then I ask, why is there so much violence and suffering around the world? You ask those questions too, I bet.

I have more questions. Some of them involve Biblical miracles. Were they real? Does God exist? Did He create man or did man create Him? Why are some of the same stories found among the writings of the Sumerians thousands of years before the Twelve Tribes of Israel appeared? And so on.

Then there's today's technology. The marvelous images from the Webb telescope bring us views of a

thirteen-billion-year-old universe. Was God the genesis of that creation? I'm not sure, but I'm open to the beauty of that mystery.

However, it's the teachings of Jesus that really resonate with me – His love and acceptance of people from all walks of life, who come in all sizes and colors of the rainbow. Hookers, beggars, the homeless, even the wealthy. And yes, fortunate gated-community golfers, pickleball and croquet players like us.

It never hurts to remind ourselves of that kind of radical love and acceptance. It's what we all need to have in our lives, to give and to receive.

Right here in Rossmoor there's a truly ecumenical house of worship whose mission it is to accept everyone, wherever you may be on your journey of faith. For the last few years, I've attended this church regularly and become more involved in a very caring community of worshippers.

Making a habit of being

there helps remind me of that radical love. Does it answer the really tough questions plaguing our world today? Well, it's a start and, as the saying goes, ya gotta start somewhere. Caring for yourself and your spiritual life is a good start.

The Rossmoor Community Church congregants are comprised of Roman Catholics, Protestants and all who wish to come. We invite you to join us any Sunday at 11 a.m. in the Meeting House to be reminded, or introduced, to a spirit of acceptance and love.

The wonderful Rossmoor Chorus sings once a month, September through June.

We welcome you. If you don't have a tie, it's ok. If your hair is a mess, wear a hat ... or not. If you don't have time to put on your makeup, don't fret. If you can't find your teeth, wear a mask.

Wear a smile or a mask and some clothes and join us. We look forward to meeting you!

Plan to attend these two special programs

By Diane England

As we enter May, let me remind you of two annual programs whereby we join together as community members to celebrate two national events. These, which have been organized by the nine-member Interfaith Council, are the National Day of Prayer on Thursday, May 4, and the Memorial Day Service on Thursday, May 23. Both will be held at 1:30 p.m. in the Meeting House.

Whether you're a person of faith or not, the National Day of Prayer is a wonderful opportunity to reflect on the things meaningful and worthy of protection within our democracy as well as throughout the world.

Then, at the Memorial Day Service, we'll honor the

brave men and women in uniform who've died both to protect our country as well as to ensure that freedom could continue to ring for other nations after they found themselves under siege.

The Rossmoor Chorus, directed by Janet Wilson, will perform at both services. We hope that many of our Rossmoor veterans will join us at the Memorial Day service, since we'd like to honor you as well as our war dead. For those of you who remember when this program was held on Memorial Day in our community, this was changed so that Rossmoor veterans could participate both here and at other special services elsewhere in the state on the holiday.

We're counting on seeing you!

Meet your friends at the Jewish Congregation

By Allan Kaufman

Our Jewish Congregation is beginning its annual membership drive. For those looking for a Jewish spiritual or a communally shared experience, let me introduce you to our Congregation. We have been in existence, as a Reform Congregation since 1985. We hold our Friday night services, led by our talented Cantor who comes from New York City, twice a

month.

Additionally, we offer High Holy Day and Yizkor services. There are a number of social events; Purim and Hannukah parties, a Passover Seder, and a Yom Kippur Break-the-Fast event. We also host a July 4 BBQ that is open to all residents.

With so much antisemitism and hate crimes rising, our Jewish community needs to stick together.

For those of you who have spoken to our President Cindy Sigl, or to me, the vice president for membership, we would love to hear from you. And for those who have left the Congregation, for whatever reason, we would love to welcome you back. Call either Cindy at 908-962-2754 or me at 732-690-2145 if you have any questions about any subject you may have.



The ladies of All in Stitches celebrated Seder.

Jewish Congregation

2 Rossmoor Drive
Monroe Township, N.J. 08831

Services- The Meeting House
Shabbat service – Friday, May 12, at 7:15 p.m.
Yizkor service Saturday, May 27, at 10:30 a.m.

Torah Studies – The Dogwood Room
Saturday, May 13, at 10 a.m.

Upcoming Meeting in the Gallery
Semi-annual Congregation meeting – Wednesday, May 10, at 1 p.m.
Refreshments will be served



Think about this

Why was man created on the last day? So that he can be told, when pride possesses him, “God created the gnat before thee.”

The Talmud
200 C.E., 500 C.E.

Email your
news to:
news@rcainj.com

Shuffleboard: To play or not to play?

By Allen Kobezak

That’s the question, and the answer is, why not? Why not join some of your friends and neighbors on the shuffleboard courts for a fun time playing a sport with a long history in Rossmoor?

Even if you missed the sign-up in April, you would still be welcome to participate with our shuffleboard members. You can show up at the courts and jump right into a game or have a seat and be a spectator for a time while you decide if you want to pick up a cue and give our sport a try.

You will find that shuffle-

board here is a more relaxed sport than most, with no demands on your schedule. You aren’t committed to playing on any specific day or time. Even though we play Monday through Friday in the morning and again in the afternoon, you choose when you want to play. Rossmoor is an active adult community, but don’t we want to be active on a schedule that works best for us?

For more info, contact Jackie at 732-666-8323. Or wander over to the courts at 10 a.m. or 5:30 p.m. on any day you can fit shuffleboard into your schedule.

Friends of the Monroe Township Library book sale

By Joanne Leone

There’s something for everyone at Books, Bags & Bling, the Friends of the Monroe Township Library’s semi-annual book sale. This sale will be held on Friday, May 19, from 9:30 a.m. to 4 p.m., and Saturday, May 20, from 10 a.m. to 4 p.m. at the library, 4 Municipal Plaza, Monroe Township. Patrons may purchase gently used books, DVDs, audiobooks, and CDs at bargain prices. The book sale offers hundreds of donated items, including fiction and non-fiction hardcovers and paperbacks, children’s books, young adult books, movies, music, and audiobooks. This year, as an added bonus, the Friends will also offer new

and pre-loved jewelry and evening bags!

All proceeds will benefit the Friends of the Monroe Township Library. This is a non-profit organization whose mission is to foster community awareness of the Library’s resources, programs and services, and to support the library with membership dues and fundraising activities.

The Friends sponsors such activities as museum passes, the American Girl Doll lending program, mobile hot spots, book sales, puzzle swaps, wireless printing, college scholarships, lectures and book discussions, and youth programs. Contact the Friends via email at friends@monroetwplibrary.org

Community Church May Schedule

- May 7, noon, Holy Communion Service
Pastor Robin will preach: “A Rock in Times of Trouble”
- May 14, 11 a.m., Welcoming New Members
Pastor Robin will preach: “Spreading the News”
- May 21, 11 a.m., Worship with the Rossmoor Chorus
Pastor Robin will preach: “Sing for Joy!”
- May 28, 11 a.m., Pentecost Worship
Guest Preacher: The Rev. David Snyder

Monroe Kiwanis hosts fundraiser for local students

By Kathy DiGiovanna

Kiwanis of Greater Monroe is happy to announce an upcoming fundraising event featuring the International, self-taught, spirit medium and author, Rich Braconi. He is a retired undercover narcotic detective with 27 years of experience. Now he is known throughout New Jersey and Pennsylvania for providing a thought-provoking, spiritually enlightening, entertainment experience. He hopes that people attending his events will understand, “The importance of living a more spiritually centered existence while enjoying life that offers more loving experiences to learn from.”

Attendance at this fundraising event will enable our Kiwanis Club to provide scholarships to members of

the Monroe High School Key Club, which is the high school branch of the Kiwanis organization. Our own Monroe High School has over 200 members. These conscientious students are dedicated to helping others and are involved in many service projects throughout the Greater Monroe Community. Your support of this endeavor is greatly appreciated.

This event will take place on Thursday, June 1, from 6:30 to 8:30 p.m. at the Monroe Township Community Recreation Center, 120 Monmouth Rd., Monroe Twp., Room 109. Doors will open at 6 p.m.

Purchase tickets online through Eventbrite.com Rich Braconi. The cost is \$50 per person.

Healthcare Center Services: We are here for you!

The Healthcare Center provides a variety of services for the Rossmoor community residents. This article will help you understand how we are able to serve you. Please familiarize yourself with all that we can do for you and your healthcare needs.

The Healthcare Center is open every day of the year from 7 a.m. to 7 p.m., including weekends and holidays. The nurse responds to emergencies that occur in your home and within the community. The 911 dispatcher will call the Healthcare Center and inform the nurse the nature of the emergency and location and that the Monroe Township First Aid Squad is en route. All our nurses are registered nurses (RNs) and certified in Basic Life Support and automatic external defibrillator use.

In addition to responding to emergencies, our nurses offer phlebotomy/lab services. We can draw blood and collect urine specimens, and have the results sent to your doctor. We re-

quest the prescription be dropped off to the Healthcare Center no later than the day before your scheduled lab work.

Please check with your primary insurance to see if your insurance company has a contract with a particular laboratory. We use Saint Peter’s University Hospital’s laboratory and Quest Diagnostics. Contact the Healthcare Center to make an appointment or get more information on our lab services. Our nurses perform dressing changes and administer injections. Our policy for administering injections is that the resident receives two injections of the medication at their doctor’s office before we administer the medication. If there is a wound dressing that needs to be changed, whether it is daily or a few times a week, we are happy to provide that service with the proper doctor’s order.

We provide first-aid treatment, health seminars, and serve as a referral source for additional medical services. We can help you stay healthy by providing screenings such as blood pressure, blood sugar, cholesterol and

osteoporosis screenings. We can help with understanding discharge instructions after a hospital stay.

Our nurses are able to administer pneumonia vaccines with a doctor’s order. We hold flu clinics at the Clubhouse to keep residents safe and protected during flu season. COVID vaccines are offered based on the CDC recommendations.

This year we will hold our Health Fair in Rossmoor on June 21, from 10 a.m. to 1 p.m. in the Ballroom. We are so excited to bring this event back in person. Please come out and visit the vendors from the area. There will be prizes, refreshments, and fellowship. It’s a great way to meet the residents of your community.

If you haven’t visited the Healthcare Center in a while, please stop by and fill out your medical questionnaire or update it with your medications, medical history, and/or family contact names and numbers.

Please call Karen Rispoli, geriatric nurse clinical coordinator, or any of the Rossmoor nurses, for more information or if you have any questions, at 609- 655-2220.

HEALTH CARE CENTER NEWS

By Elizabeth Caruso, MSN, RN, COHN-S – Nurse Manager

The Cultural Arts Commission presents a lecture series for photographers

By Cathleen Norback

Please join us as Dave Burwell, photographic artist, teacher, and president of the Princeton Photography Club, presents a lecture series for photographers of all ages and skill levels focusing on five different topics.

The series will run from May through September and will be presented in two sessions: Afternoon sessions are 1 to 2:30 p.m. or evening sessions are 6 to 7:30 p.m. Although this is a series,

each class is a separate entity, and people can choose any one [or more] topic(s) that interest them.

1 – Understanding Your Camera: Tues., May 2, or Thurs., May 4

2 – The Art of Photography: Wed., June 28, or Thurs., June 8

3 – Photographic Composition: Wed., July 26, or Thurs., July 13

4 - Nature Photography: Wed., Aug. 23, or Thurs., Aug. 10

5 – iPhone Photography: Wed., Sept. 27, or Thurs., Sept. 14

The lecture series is being held in the Library meeting room. The lectures are free, advance registration is required, but seating is limited to 60. Please join your neighbors for this upcoming lecture series.

For additional information on MTCA events, visit our website at <https://www.monroetownshipculturalarts.com>

Reading, 'riting and 'rithmetic info featured at next League of Women Voters meeting

By Linda Bozowski

The Monday, May 22, meeting of the League of Women Voters of Monroe Township will be held at Monroe Public Library at 6:30 p.m. How school curriculums are developed and implemented will be the focus of the presentation. From the N.J. Department of Education to the local classroom,

topics and materials filter into our schools.

The meeting is open to the public, and League membership is not required to attend. We hope that this presentation will be of interest to all members of our community, since it affects our youngest residents. Please note the change of location and time.

Memorial Day-Monday ,May 29

ROSSMOOR COMMUNITY ASSOCIATION 2022 POOL SEASON
RULES, REGULATIONS, GUIDELINES & POOL HOURS

Saturday, May 28 through Monday, September 5 – Open daily, 9:30am – 7:30pm.

Access to the pool and any of the facilities in the fenced area around the pool is permitted only when a lifeguard is in attendance. Failure to comply with these guidelines will result in pool privileges being revoked and/or a fine to residents.

1. Health and Safety Guidelines:

- a. As per New Jersey State Bathing Code: persons showing evidence of communicable infection, sore or inflamed eyes, cold, nasal or ear discharges, or excessive sunburn will not be permitted in the pool area. Persons with open sores, blisters, cuts and/or bandages will not be permitted in the pool.
- b. Showering is required prior to entering the pool
- c. Persons recovering from diarrhea or symptoms of gastrointestinal disease are encouraged to wait seven days before using the pool
- d. Persons suspected of being under the influence of drugs or alcohol shall be prohibited from entering the pool area
- e. Non-slip footwear MUST be worn in the Pool Area Bathroom

2. Lifeguard/Pool Manager:

- a. Lifeguards and Pool staff are required to enforce all Rules, Regulations and Guidelines
- b. Lifeguards are obligated to close the pool in the event of potentially dangerous weather
- c. Management reserves the right to close the pool at any time

3. Pool Passes:

- a. Upon entering the pool area, all residents must present their Rossmoor photo ID with 2022 sticker. Rossmoor photo IDs are non-transferable and expire annually.
- b. A \$10.00 replacement fee will be charged for lost ID cards.

4. Food and Beverages:

- a. Food and beverages are permitted within the designated "Picnic Area" only.
- b. All beverages and food must be in non-breakable containers.
- c. Glass containers and alcoholic beverages are prohibited.
- d. Water in plastic bottles may be consumed on the pool deck, surrounding the pool.
- e. All resident & guest's food/beverage debris must be removed and disposed of in appropriate trash/recyclable collection containers.

5. Seating:

- a. Pool furniture is available on a first-come basis
- b. Personal furniture is NOT permitted in the pool area
- c. Beach towels should be used to cover and protect pool chairs when using sun tan oil/lotions

6. General Rules:

- a. No animals, except service animals, shall be allowed within the pool area
- b. Radios or other music media are not permitted in the pool area, except those equipped with earphones
- c. Smoking of any kind, including e-cigarettes, is NOT permitted in the pool area
- d. No sitting on the entrance steps or ladders
- e. Neither diving, running, continual jumping nor "horseplay" is permitted

7. Lane Swimming:

- a. Lane swimming is available on a daily basis, Monday through Sunday.
- i. Morning lap lanes:
 - 1. Five lanes from 9:30a to 10:30a
 - 2. Two residents per lane, each half hour – this swim session can accommodate 20 swimmers
- ii. Evening Lap lanes:
 - 1. Three lanes from 5:30p – 7:30p
 - 2. Two residents per lane, each half hour - this swim session can accommodate 24 swimmers
- b. Paddles may be used while lane swimming
- c. There is a 30-minute time limit when using swimming lanes
- d. Swimming lanes can be shared among, but not to exceed, two people.

8. Noodles, Fins, Pool Toys, etc.:

- a. Pool toys—inflatable, plastic, foam, or any other material—and swimming devices such as, but not limited to, swimmees, inner tubes, fins, etc., are NOT permitted in the pool, except for Aqua Aerobic classes. Only US Coast Guard-approved life jackets may be used in the pool as flotation devices. Rossmoor residents may use "Noodles" in the shallow end of the swimming pool (as exercise/therapy tools but NOT as flotation devices) except during special events.

9. Guests of the Rossmoor Pool:

- a. Residents assume full responsibility for their guests. Residents must register their guests at the pool. Residents must remain at the pool with guests under the age of 16.
- b. Only residents may purchase pool passes in the E&R office. Pool passes are required for all guests during hours of operation on Fridays, Saturdays and Sundays. The pool pass fee is \$5.00 per guests 16 and over and \$2.00 per child between the ages of four and fifteen
- c. There is a maximum of four guests, including children, per Manor per day, except Memorial Day Weekend, July 4th and Labor Day Weekend when there is a limit of two guests, including children, per Manor
- d. Children
 - i. Between the ages of four and fifteen will be permitted to use the pool and surrounding facilities between the hours of 11:00 a.m.—2:00 p.m. daily and must be accompanied by a resident at all times. Children between the ages of four and 15 must exit the pool at 2:00 p.m. and exit the pool area no later than 2:30 p.m.
 - ii. Under the age of four are NOT permitted in the pool or any of the facilities in the fenced area around the pool.
 - iii. Between the ages of four and fifteen should be encouraged to use the restrooms before entering the water and any "accidents" in the water should be immediately reported to the lifeguard.
 - iv. Under seventeen years of age are NOT permitted in the Hot Tub.

10. Rules Not Followed:

- a. Warning and fine of \$100
- b. Second Infraction \$200 fine
- c. Third Infraction – Pool privileges will be revoked for season and a \$300 fine

Tri-State Area

By Ken Thomas

After a 12-year retreat in Virginia, we moved back into the tri-state area. In this area, New Jersey, New York, and Connecticut are close neighbors. These neighborhoods are similar, urban insanity. The center piece is New York City. Living, working, commuting, or visiting attracts residents of other states to this exceptional model of urbanism. "I love New York" includes this city, annexed inhabitants from Times Square and Broadway. Some other streets in strange urban areas are claimed by the city also: Brooklyn, the Bronx, Manhattan, Queens and Staten Island. New Jersey and Connecticut surround New York City, utilizing whatever can be borrowed or used among the high-rise buildings. The three states form a carpool society, back and forth, welcome or wave, come and go, visit or stay. State citizens share their lives with each other. In the tri-state area, the populace is a different human species, adapting daily.

Competition among the three states is not broadcast news or sensitive secrets. Citizens maintain the status quo, avoiding a tri-state decrease. Citizen contests occur only in congress. Tax competition is a citizen gamble that few win. Is the mortgage or rent portion of your salary an accumulation of the cost of living, big bucks? What state is runner-up in highway tolls, bridge crossings, or parking fees? "Don't take my parking space!" Will the price of Jersey tomatoes or sweet corn affect Connecticut calories? Money does not have a state preference, but sports teams do. Connecticut needs a ball. Will New York remain neutral with possible Pennsylvania participation? The tri-state area will continue to challenge California for American superiority.

The tri-state area data requires volumes of text. Highways and streets can challenge GPS systems. Multiple buildings have multiple floors for business and apartments. Mega malls contain stores with every product and service. The choices of restaurants include all food entrees. The rivers, forests and mountains are world numbers. New Jersey has a garden. Colleges have state and town names with uncountable education courses. Citizens from each state speak English with strange local accents. Medical facilities and professionals have designated areas everywhere. Follow the signs. Insurance companies offer plans for any problems or replacement elements but originate in other states.

State lotteries sell a billion tickets with no residential requirements. Each state is inconsiderate. "This is my highway. Get out of my lane!" The states do not compete. They beep each other away. If another state were added to the tri-state area, we could have a new country.

I am a lifetime member of the tri-state area, a New Jersey native. From preschool to college, my address has a tri-state area code. Living within the area code has affected my character and opinions. I watch New Jersey and Connecticut residents board trains to New York City every day. I've seen New Yorkers seek homes in New Jersey and Connecticut for affordable housing, traffic delays. "You'se guys" are my general description of others in the tri-state area. I pronounce tomato, ta-ma-ta. The daily news is a mixture of crime, politics, and weather uncertainty. The Giants, Yankees, and Knickerbockers are torment. Food staples include Italian hot dogs, won ton soup, and burritos. A vacation is somewhere in another state. Retirement is near Miami. My wife drives a Ford. My children play with children of all nationalities and color. I'm from the Tri-state area.

CLASSIFIED Ad

COUPON

Ads must be received by the 14th of the month preceding publication month.

MAIL TO:

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P.O. Box 70

Millstone Twp., NJ 08510

RATES FOR ONE PUBLICATION

\$14 for 10 words, 50 cents each additional word

Multiple: 10 words in two publications = \$14 x 2 = \$28.

10 words in three publications = \$14 x 3 = \$42.

Check those that apply:

☐ Clearbrook Courier ☐ Concordian

☐ Encore Speaks ☐ GW Voice

☐ Regency Reporter

☐ Renaissance Reflections

☐ The Rossmoor News

☐ Check here for all seven

All ads must be mailed with payment.

No classifieds accepted by phone or email.

Note: Phone numbers count as one word. Do not count punctuation. Do not abbreviate.

State category/heading, ie., "For Rent", "For Sale", "Help Wanted". No charge for the heading.

One check or money order must accompany insert, PAYABLE TO

PRINCETON EDITORIAL SERVICES

Classified Advertising

Home Improvement & Services

RELIABLE HANDYMAN SERVICES – Local resident. No job too small. All labor guaranteed. Call me to discuss – no obligation. Reasonable rates. Call (609) 409-7096 or (908) 385-5869.

THE PAINTER – 30+ years experience, residential/commercial Rossmoor resident. Free estimates. References available. Call (908) 208-4062.

POWERWASHING—Spring/Summer clean-up. Sidewalks, patios, houses. Reasonable rates. (910) 308-0376.

MIKE THE HANDYMAN – See my display ad in this edition. (732) 780-0468.

T-K-S HOME IMPROVEMENTS – Full service contractor. Kitchen, baths, basements, painting, tile and more. No job too big or small. License #13VH05970500. (609) 259-2574.

Miscellaneous/Services

ENJOY A HAIRCUT in the comfort of your own home. M or F. Call Renee for an appointment: (908) 705-7569.

COMPUTERS CUSTOM BUILT & REPAIRED - RJF Sales Company LLC.* Time to clean your computer and get educated on protecting yourself from scams. Desktop and laptop repair in your home. I am fully vaccinated; I use a mask. Virus removal and protection. Monroe resident with over 20 years of computer experience. (732) 723-9537 or (732) 967-3400. Please leave message; most calls returned same day.

TECH BUDDY – Simple step-by-step help with smartphones, computers and tablets. Large print solutions for low tech problems. Beginner to Advanced. Patience and enthusiasm included. Wireless printers, Netflix, Amazon Alexa setup and training. Have Alexa remind you of your appointments, read audiobooks, more. \$5 off setup. Free quote. (732) 589-4974. techbuddybarb@aol.com



Friendly reminder

- Pets must be leashed at all times
- Pets must be kept within 3 feet from any walk or curb
- Pet owners must clean up after their pets

Help & Health Services

CAREGIVER – CERTIFIED, 20-year experienced caregiver with excellent references seeking live-in employment. Jane. (732) 520-0123.

AT ANGEL TOUCH HOME CARE we provide excellent care for the elderly with licensed, insured and bonded thoroughly screened aides. We are a company that cares for our patients and makes sure they are treated by the best. 24-hour care (living with resident). Elderly companionship. Call (609) 907-6059.

ANNA'S HOME CARE – Certified professional caregiver is looking for live-in/live-out job in Monroe Township. Experienced, references. Driver's license. Accepts long-term care insurance. Low prices. Private care option. Call Anna at (609) 917-4208 or (908) 337-7462.

For Sale

MTH O SCALE TRAINS and accessories. Call Allan at (732) 991-2195.

Wanted to Buy

BUYING & SELLING GUNS – Call for pricing. (609) 558-9509. Ask for David. Licensed Firearms Dealer.

Transportation

TOM'S TRANSPORTATION—Local appointments. N.Y.C. events. Newark Airport. Call (609) 917-5600.

AAA TRANSPORTATION—Monroe area. (Encore resident.) Transportation to airports, trains, piers, NYC, and I will drive your car to and from Florida. Reasonable rates. Call Howard (732) 979-3085.

LIMO GUY — Our 20th year. We go almost anywhere. Upgraded SUVs. \$100 to Newark Airport. \$205 Philadelphia. \$205 JFK. We go almost anywhere. 24/7. Call (732) 803-2521.

BOB'S RIDES FOR CASH. All airports and N.Y.C. No locals. Concordia resident. Call Bob at (609) 819-1240.

House Cleaning

HOUSE CLEANING—Honest and experienced. Quality work. Call Laura, (609) 902-9951.

Rossmoor Website

Go to rcainj.com to access the Rossmoor website.

The Amenities page features the ability to access Channel 26 slides anytime. Check it out.

Contact Waste Management

609-587-1500

ID# 61565342007

for pick up of household items

NO electronics

NO upholstered furniture

No mattresses

TRANSPORTATION TIDBITS

Important phone numbers:

Rossmoor Bus.....609-655-4401

Call-in hours are: 9:00 – noon and 2:30 p.m.- 4:00 p.m.

Schedule is available at www.rcainj.com under "Amenities".

Monroe Township Transportation609-443-0511

Middlesex County

Area Transportation (MCAT)1-800-221-3520

Recycle information from Waste Management

- No caps on glass bottles/containers in the recycle bin.
- No lids on plastic bottles.
- All numbered plastics are acceptable in the recycle bin.
- Other plastic items as well as plastic bags, plastic wrap, shipping film, and Styrofoam go in the household trash bin. Please, no plastic bags in the recycling bin. You can use a plastic bag to dump your recyclables, but take the plastic bag away with you. (Recycle it at the supermarket.)
- Shredded paper cannot be recycled by Waste Management with their current equipment, so put it in the household trash bin.
- Aerosol cans must be empty and punctured before being put into the recycle bin.

A Full, Fresh Menu Fit for a Brunch Feast



Savory Cheese Ball

FAMILY FEATURES

Birthdays, holidays or just casual Saturdays are all perfect excuses to enjoy brunch with your favorite people. Bringing everyone together with quiches, pastries, appetizers, desserts and more offers an easy way to kick back and relax on a warm weekend morning.

These recipes for Easy Brunch Quiche, Savory Cheese Balls and Lemon Blueberry Trifle provide a full menu to feed your loved ones from start to finish, regardless of the occasion.

Find more brunch inspiration by visiting Culinary.net.

A Savory Way to Start the Celebration

Serving up exquisite flavor doesn't have to mean spending hours in the kitchen. You can bring the cheer and favorite tastes with simple appetizers that are equal measures delicious and visually appealing.

These Savory Cheese Balls are easy to make and perfect for get-togethers and brunch celebrations. Texture and color are the name of the game with this recipe, and the result is a beautiful array of red, gold and green, all on one plate.

To find more recipes fit for brunch, visit Culinary.net.

Savory Cheese Balls

- Servings: 6-12
- 2 packages (8 ounces each) cream cheese
 - 2 tablespoons caraway seeds
 - 1 teaspoon poppy seeds
 - 2 cloves garlic, minced, divided

- 1/4 cup parsley, chopped
- 2 teaspoons thyme leaves, chopped
- 1 teaspoon rosemary, chopped
- 1/4 cup dried cranberries, chopped
- 2 tablespoons pecans, chopped
- crackers (optional)
- fruit (optional)
- vegetables (optional)

Cut each cream cheese block into three squares. Roll each square into ball.

In small bowl, combine caraway seeds, poppy seeds and half the garlic.

In second small bowl, combine parsley, thyme, rosemary and remaining garlic.

In third small bowl, combine cranberries and pecans.

Roll two cheese balls in seed mixture, two in herb mixture and two in cranberry mixture.

Cut each ball in half and serve with crackers, fruit or vegetables, if desired.



Lemon Blueberry Trifle

Finish Brunch with a Light, Layered Treat

After enjoying eggs, bacon, French toast and pancakes or any other brunch combination you crave, it's tough to top a fresh, fruity treat to round out the meal. Dish out a delicious dessert to cap off the morning and send guests out on a sweet note that's perfectly light and airy.

The zesty zip of lemon curd in this Lemon Blueberry Trifle brings out the sweetness of whipped cream made with Domino Golden Sugar, fresh blueberries and cubed pound cake for a vibrant, layered bite. Plus, it's a bright, beautiful centerpiece you can feel proud of as soon as guests try their first bite.

Find more dessert recipes fit for brunch and other favorite occasions at DominoSugar.com.

Lemon Blueberry Trifle

- Prep time: 45 minutes
Servings: 8-10
- Lemon Curd:**
- 1 cup Domino Golden Sugar
 - 2 tablespoons cornstarch
 - 1/4 cup freshly squeezed lemon juice
 - 1 tablespoon lemon zest
 - 6 tablespoons water
 - 1/4 teaspoon salt
 - 6 egg yolks
 - 1/2 cup (1 stick) unsalted butter, at room temperature, cut into 1/2-inch cubes

- Whipped Cream:**
- 2 cups heavy whipping cream, cold
 - 2 tablespoons Domino Golden Sugar
 - 2 teaspoons pure vanilla extract

- Trifle:**
- 1 cup blueberry jam
 - 12 ounces fresh blueberries, plus additional for garnish, divided
 - 1 pound cake, cubed
 - lemon slices, for garnish
 - mint, for garnish

To make lemon curd: In medium saucepan, stir sugar and cornstarch. Stir in lemon juice, lemon zest, water and salt. Cook over medium heat, stirring constantly, until thickened. Remove from heat and gradually stir in three egg yolks; mix well until combined. Stir in remaining egg yolks. Return to heat and cook 2 minutes, stirring constantly. Remove from heat.

Stir in butter, mix until incorporated. Cover with plastic wrap, touching surface of lemon curd to prevent curd forming skin. Refrigerate until completely cool.

To make whipped cream: In large bowl, beat cream, sugar and vanilla until soft peaks form. Do not overbeat.

To make trifle: Mix blueberry jam with 12 ounces fresh blueberries. Place one layer cubed pound cake in bottom of trifle dish. Top with layer of blueberries. Add dollops of lemon curd and whipped cream. Repeat layering ending with whipped cream.

Decorate trifle with lemon slices, fresh blueberries and mint.

Say Goodbye to Basic Brunch

The same old brunch menu can become tiresome and dull. Adding something new to the table with fresh ingredients and simple instructions can enhance your weekend spread and elevate brunch celebrations.

Try this Easy Brunch Quiche that is sure to have your senses swirling with every bite. This quiche is layered with many tastes and a variety of ingredients to give it crave-worthy flavor, from broccoli and bacon to mushrooms, eggs and melty cheese.

Visit Culinary.net to find more brunch recipes.

Easy Brunch Quiche

- Serves: 12
- 1 package (10 ounces) frozen broccoli with cheese
 - 12 slices bacon, chopped
 - 1/2 cup green onions, sliced
 - 1 cup mushrooms, sliced
 - 4 eggs
 - 1 cup milk
 - 1 1/2 cups shredded cheese, divided

- 2 frozen deep dish pie shells (9 inches each)
- Heat oven to 350 F.
- In medium bowl, add broccoli and cheese contents from package. Microwave 5 minutes, or until cheese is saucy. Set aside.
- In skillet, cook chopped bacon 4 minutes. Add green onions; cook 2 minutes. Add mushrooms; cook 4 minutes, or until bacon is completely cooked and mushrooms are tender. Drain onto paper towel over plate. Set aside.
- In medium bowl, whisk eggs and milk until combined. Add broccoli and cheese mixture. Add 1 cup cheese. Stir to combine. Set aside.
- In pie shells, divide drained bacon mixture evenly. Divide broccoli mixture evenly and pour over bacon mixture. Sprinkle remaining cheese over both pies. Bake 40 minutes.
- Cool at least 12 minutes before serving.
- Note:** To keep edges of crust from burning, place aluminum foil over pies for first 20 minutes of cook time. Remove after 20 minutes and allow to cook uncovered until completed.



Easy Brunch Quich