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Monroe Township, New Jersey

March 2020

HAPPYST PATRICKS DAY



The Rossmoor Chorus

What you might not know about the Rossmoor Chorus

By Alyce Owens

A Chorus member recently told me, "Making music is the thing that makes me happy – that completes my life – and it's fun sharing that music with the folks in the Rossmoor Community . . . and beyond." That pretty well sums up the general feeling among all Chorus members.

The Chorus has been in existence for 50 years, entertaining and serving the Community in many valuable ways, but perhaps it is not well known to many of its residents – especially the newcomers.

Here are some things you might not know about the Rossmoor Chorus:

 It provides a participatory opportunity to rehearse and perform a variety of four- or more-part sacred and secular music in a 30-voice mixed chorus under the skillful leadership of professional director, Janet Wilson, and piano accompanist, Abraham Alinea.

- It is open to all residents who love to sing, and is not limited to those who read music.
- As an accomplished chorus, it entertains and performs in various phases of our community's life, including on the third Sunday of every month at the Community Church, at Interfaith Council Worship Services, as well as for various clubs and organizations.
- It hosts an annual singalong for the entire community to join in singing old favorites, show tunes, and the music that

we all grew up with and love to sing (see details below).

- It entertains patients and residents at various local rehab, nursing and assisted living facilities such as Monroe Village, The Elms, and Merwick Care & Rehabilitation Center.
- It sponsors and hosts free community concerts to showcase some of its own talented members and accompanists.

You can see and hear the Rossmoor Chorus sing anthems by classic and contemporary composers on the third Sunday of every month (except July and August) during the 11 a.m. worship service at the Community Church in the Meeting House.

At the Interfaith Council Memorial Day Service on Monday, May 25, at 1:30 p.m. in the Meeting House, the Chorus will participate by performing beautiful patriotic anthems.

On Sunday, June 7, come to the Clubhouse Ballroom at 2 p.m. and raise your voices in song with Chorus members in an old-fashioned sing-along -- free to all residents, but dona-

(Continued on page 4)

Keeping Rossmoor in tip top condition

By Carol De Haan

Did you notice all the work being done around here in 2019? RCAI replaced a lot of HVAC (heating, ventilation, and air conditioning) equipment that had been installed in the Clubhouse and Meeting House approximately 50 years ago, equipment that originally had a life expectancy of 20 years. As you can see, our Maintenance Department nursed it along for an additional 30 years. This upgrade is a major project that will be done in three phases.

Phase 1

In the Clubhouse, climate control systems #2 and #9 needed to be replaced. We removed the outside, second floor wall over the Maple Room and used a crane to remove old equipment and bring in a new condenser, air hander, and ductwork. These new parts will serve not only the Hawthorn Room but also most of the other rooms in that wing of the building. While rebuilding the wall, we

added dormers for fresh air intake for the units.

The old boiler/hot water system in the basement, fueled by two oil burners, was replaced with a natural gas burning system. This required extending the natural gas line from under the kitchen driveway to the basement. Using natural gas instead of oil will save money going forward.

In the Red Room, we lined the fireplace chimney for conversion to natural gas.

The work was completed in late 2019 by TLP Climate Control Systems of Millstone, N. J., which had submitted the best of four bids.

Phase 2

Authorized by the Board of Governors in December 2018 and implemented in 2019, this phase involved completing the ductwork serving the new equipment above the Hawthorn Room, and also making necessary modifications to the ceiling in that room.

(Continued on page 2)

Voters support Fire Department commissioners and new budget

By Carol De Haan

Rossmoor resident and incumbent Fire Commissioner Joe Haff reports results from the February 15 District #3 Fire Department election:

Reelected for three-year terms were incumbent Fire Commissioners Joe Haff by 586 votes and Les Barta by 546 votes.

The District #3 Fire Department budget for 2020 was approved by 423 voters, opposed by 250 voters.

A unique feature of this year's election is that Middlesex County, for the first time, sent mail-in (formerly "absentee") ballots to registered voters, raising the question of just what response might be expected from the many people who often failed to vote in previous years. From a total count of 773 votes cast, 482 came

from mail-in ballots.

That the budget passed with such a large favorable margin suggests that people in Monroe had indeed been paying attention: Voters apparently appreciated that, by dint of careful planning, a new firehouse could be built and a new fire truck could be purchased without raising everyone's taxes.

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"Ask the G.M."

Questions posed to RCAI General Manager Jane Balmer by Rossmoor staff and residents.

Q: Do we have any idea how 2019 ended financially for RCAI?

A: The last week in January, the auditors from Wilkin and Guttenplan under the direction of Annette Murray, CPA, started the audit process for the Mutuals by reviewing all the financial records and minutes. The first week in February, the auditors started the audit process for RCAI.

The final audited figures for 2019 for RCAI will be presented to the Board of Governors at their meeting on March 19 at 9 a.m. in the Village Center Meeting Room. The meeting is open and residents are encouraged to attend. The audits for the Mutuals are typically presented at the annual meetings in April and May. Copies of the audits will be available from Administration in the Village Center upon request.

We do have some preliminary estimates on a few of the funds. Keep in mind the figures are approximations and have not been audited at the time of the printing of this article. According to our records, we collected 177 membership fees, which is down from 181 in 2018 and 219 in 2017.

The RCAI Membership

Fee is collected from each purchaser upon acquiring title to a unit in the condominium associations and each transfer of stock in the Cooperative Associations. It is a non-refundable fee that supports the Reserve Fund and the Capital Improvement Fund. The first 120 Membership Fees or \$180,000 is contributed to the Reserve Fund and the remainder is contributed to the Capital Improvement Fund.

The RCAI Capital Improvement Fund, strictly for capital improvements, was used in the past to repay the notes with interest to the Mutuals for the improvements to the Ballroom

and the west wing of the Clubhouse in 2006 and in 2013 funds were used to purchase a generator for the entire Clubhouse. Currently there is a balance of approximately \$300,000 in this fund.

The RCAI Reserve Fund is used to replace the over 270 capital items listed in the RCAI Reserve Study that are scheduled to be replaced over the next 30 years. The focus recently has been on the replacement of the original heating and air conditioning systems in the Clubhouse and Meeting House in addition to paving, concrete sidewalk and curb replace-

(Continued on page 3)

Top condition

(Continued from page 1)

Phase II also replaced the 52-year-old HVAC System #3 that served the Clubhouse Red Room and much of the first floor. It involved a new condenser, air handler, ductwork, and controls.

Work is still being done by TLP Climate Control Systems, on HVAC systems #12 and #13, in the Meeting House, where a 42-year old, 25-ton condenser is being replaced.

Phase 3

In the Clubhouse, in the wing leading toward the Gallery and the Wood Shop, we are adding a new

The HVAC Replacement project was approved by our Board of Governors in three resolutions authorizing expenditures not to exceed \$1,916,232.40. Phase Phase 2 has not been compending.

It is important for everyone to realize that no monthly maintenance charges will increase for this project. It is being funded from our Reserve Account, to which we have all contributed over the years. RCAI plans in advance for such major projects as this; financial planning for future needs is an essential part of good man-

air handler to serve systems #5, #6, #7, and #10. The contract was awarded to TLP Climate Control Systems. Work will begin this spring.

The cost

1 has been completed and paid in full. It came to less than the resolution amount. pleted and payments are

agement.

Board of Governors Meeting....9 a.m. All meetings are held in the Village Center Meeting unless noted otherwise. Please watch Channel 26 for any changes or cancellations.

Open RCAI Meetings in March

Thursday, March 12

Standing Committee Meetings...9 a.m.

Maintenance Committee

Community Affairs Committee

Finance Committee

Thursday, March 19



News Board:

Joe Conti, Chair Carol De Haan Myra Danon **Bob Huber** Jean Houvener Anne Rotholz Linda Bozowski Walter Gryskiewicz

Editorial Assistants

Alex Monaco Linda Monaco

The Rossmoor News a monthly periodical is mailed to every home within the Rossmoor community. News items are welcome. Appropriate news items from outside organizations will be

contact Rossmoor News Chairman Joe any typographical or printing errors that Conti about any article they wish to may appear, including in its display or subject to editing and are accepted with space of the advertisement. this understanding.

Letters to the Editor must be emailed to PES at pescmd@aol.com and clearly marked Rossmoor News.

Editorial Office:

2 Rossmoor Drive, Monroe Twp., NJ 08831

E-mail: news@rcainj.com

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Visit the Rossmoor website at www.rcainj.com

Bits & Pieces

Sue Ortiz

While I was putting away freshly washed bed linens, and after successfully folding a fitted sheet, I began thinking of other everyday things that make me happy and bring me joy. Here are some highlights from my list:

Crawling into a freshlymade bed and cocooning myself under the covers. A good night's sleep. Stargazing with Dad. The hum of night bugs and twitter of midnight mockingbirds lulling me to sleep. Dreams of far-away places and fun times with friends. Sleeping in...to 7:30 a.m. The steady warmth of a new furnace on a cold winter's day. The morning after a night-time snowstorm, when the world is bright and fresh. And not having to rush out to shovel all that white stuff.

Being greeted each morning by backyard wildlife. A bluebird on a leafy tree limb singing a pretty song...just for me. The sound of two or more crows "talking" to each other from a distance. (Are they gossiping about me?) Tossing a peanut (or two or three) to a hungry squirrel. Watching the littlest of birds alight upon the feeder you just filled and hung in the blooming Dogwood tree. A tulip sneaking a peek to see if it's time to emerge. Springtime!

Fluttering curtains when the windows are opened for the first time after a long, dark winter. Lying in a hammock under an azure sky filled with puffy white clouds.

Finding a penny in a rain puddle. Finding a twenty-dollar bill in the spring jacket that I haven't worn since last May. That giddy feeling when all the bills are paid for the month. And having some change left over for a bit of fun.

The dust smell of air after the first thunderstorm of the season. (The word for this is petrichor.) Rosy sunrises and ginger sunsets. Air conditioning on a sweltering day. A tall glass of ice water. A day at the beach.

The smell of ground coffee when a can is opened for the first time. Fresh orange juice with lots of pulp. A freezer stocked with home-made dinners. Mom's split-pea soup and a slice of buttered Italian bread. A dish of Ben & Jerry's with hot fudge, whipped cream, and cherry on top for dessert.

A pencil with a sharp point and a pen with ink that flows like melted chocolate. Filling in that crossword puzzle...in

Our Website

Rossmoor now boasts an improved website: rcainj.com.

The Amenities page features the ability to access Channel 26 slides anytime. Check it ink...with no mistakes. The crackle -- and smell -- of a new book. Learning a new word. And knowing how to spell it. And, since I mentioned it, a chunk of milk chocolate just cleaved from a giant bar.

The start of a new season of my favorite television show. Meeting a new neighbor and deciding she's a keeper. A good friend who is willing to help swish out water from the laundry room after the pipes burst during the cold snap. Finding a good plumber.

That new car smell. A full tank of gas. A drive around the countryside on a brisk autumn day. Stopping for lunch at an out-of-the-way diner. Knowing there's a place to park the car after a long day at work...or shopping.

Good health, a loving family, and good friends. Mother Nature in all her glory.

Being kind to others. Laughing until it hurts. A day without stress.

Knowing the difference between it's and its, as well as there, their, and they're. Serial commas. (Yes, I use them!) Finally starting that novel everyone wants me to write.

Finishing this column.

What brings you joy? B&P

"Find joy and solace in the simple, and cultivate your utopia by feeling the Tao in every cubic inch of space." --Wayne Dyer (American psychologist, 1940-2015)

"A leaf fluttered in through the window this morning, as if supported by the rays of the sun, a bird settled on the fire escape, joy in the task of coffee, joy accompanied me as I walked." — Anais Nin (American author, 1903-1977)



Friendly reminder

- · Pets must be leashed at all times
- Pets must be kept within 3 feet from any walk or
- Pet Owners must clean up after their pets

The deadline for The Rossmoor

News is the 7th of every month.

Kudos to our Maintenance Department

By Joe Conti

If you haven't already, the next time you go to the Gallery, look down; you'll be surprised to see the beautiful new floor that was recently installed. This project was just one part of the Board of Governors Resolution #19-33, which was not to exceed \$59,600 in cost.

Maintenance Manager Dave Salter went to various floor companies for bids. He got quotes ranging from \$19,500 to \$23,000. Dave realized that he had experi-

enced men to complete the project in house at considerable savings. In the end, thanks to the workmanship of Adam Morolda, Neil Balasko, and Miguile Santana, the project was completed at a cost of \$10,850 for material and \$6,000 for labor for total cost of only \$16,850. Well done!

I almost forgot; enough material was left over to replace the flooring in the East Gate at no cost. This was another part of the resolution.

A third project was to replace the shutters in the Meeting House. Managers Dave Salter and Bob Busket were surprised when they got bids as high as \$18,000. They realized when they inspected the shutters that they were in good enough shape to be painted. So, at a cost of \$1,500, the shutters are being painted by Adam, Neil, and Miguile.

As I said in my title, KU-DOS TO OUR MAINTE-NANCE DEPARTMENT.

BRING THIS AD FOR A FREE GIFT THE CRANBURY EDUCATION FOUNDATION PRESENTS Craft Show SAT, MARCH 7, 10-4PM SUN, MARCH 8, 11-4PM CRANBURY SCHOOL, 23 N MAIN ST, CRANBURY, NJ ADULTS \$5, SENIORS & STUDENTS \$3 12 & UNDER FREE

Ask the G.M.

(Continued from page 2)

ments, and various other items that have reached their useful life and needed to be replaced.

The Snow Fund balance of \$100,000 remains the same as originally established many years ago. The Snow Control Cost Center in the RCAI 2019 Operating Budget ended the year under budget due to the mild winter last year and is the main contributing factor to the anticipated 2019 sur-

Once the 2019 RCAI Audit has been completed, the Board of Governors will review the figures and decide if some of the surplus needs to be contributed to the Reserve Fund to help offset the large expenditures for the heating and air conditioning replacements over the last three years.

Q: Does the age survey need to be completed if there are no changes to the residents in my Unit?

Yes, an age survey A: needs to be completed every other year for every Unit in Rossmoor. The survey was conducted again this year and the forms were due back to Administration the end of January. If you have not returned your form, yet, you may still do so. We need 80% of the Units in each Mutual to respond. Help us help you and return the survey so we do not need to call you. It would be greatly appreci-

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A 2020 Update; State/ **Court-Ordered Affordable Housing Presentation**

All are invited to attend a presentation detailing the state's "Mount Laurel" affordable housing court decision and how it is impacting municipalities across New Jersey and Monroe Township specifically. Residents can attend two public presentations on this important subject by Township Business Administrator Alan M. Weinberg.

The presentations are scheduled for Monday, March 16 and Wednesday, April 22 at 7 p.m. in the council chambers at Monroe Township Town Hall.

Clock Changing Time is also **Battery Changing Time**



As we change our clocks, remember to change the batteries in the smoke detector and the carbon monoxide detector,

Batteries have a shelf life. Make sure the replacements are not out of date.

Do not discard used batteries without taping over the terminals. Exposed terminals pose a fire hazard.

CATS AT HOME

Emily Jarvis, DVM 609-915-8671



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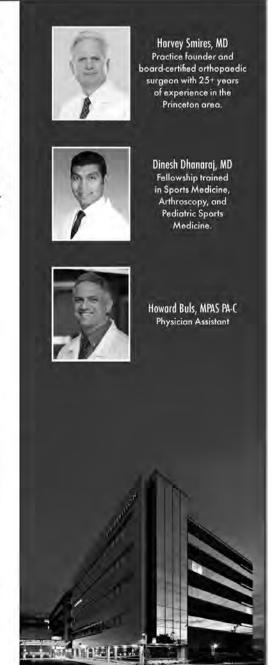
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*Since I Don't Have You *Hold Me, Thrill Me, Kiss Me *PS I Love You

Come and take a walk down memory lane with the songs of the 60's you know and love. The Classics will have you dancing in your seats and singing along as you remember where you were when these famous songs hit the charts.

Check them out on their website: http://www.emilstucchioandtheclassics.com/

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For flyers, e-mail: kristin@gwmonroe.net

Call the WHOA Box Office for Ticket Information 609-395-0404 Extension 220 or 221.

* Concordia Clubhouse Presents * **"BROADWAY TONIGHT** LIVE SHOW"

Saturday, March 14 at 8:30 p.m. - \$23pp

Broadway Tonight is a highly paced musical revue starring four to ten attractive multitalented singers and dancers with numerous "Broadway" credits. Broadway Tonight fills the stage with beautiful costumes, dramatic singing, exciting choreography and dynamic music.

Open to non-residents. Checks only, made out to Concordia Clubhouse.

For more info call 609-655-4664 ************



From the Mayor

By Gerald W. Tamburro, Mayor of Monroe Township

Monroe Township Emergency Medical Services – providing exemplary care and compassion in times of need

Anyone who has required emergency medical assistance can appreciate the level of professionalism, dedication and respect demonstrated by the Monroe Township Emergency Services (EMS) department. Many others have encountered our first responders at community engagement events and at school and sporting activities.

Led by Emergency Services Director Judy Olbrys, our EMS team of 24 full time, approximately 65 per diem/part-time emergency medical technicians and approximately 20 volunteers answered 11,278 calls in 2019 alone.

More than half of those calls were to our senior communities including 1,235 to Clearbrook; 1,011 to Rossmoor; 1,332 to Concordia: 1.034 to Greenbriar at Whittingham: 363 to the Ponds; 159 to Encore; 270 to Regency; 243 to Stonebridge; and hundreds of calls to care centers throughout the Township.

And, of course, Monroe Township is committed to public safety and providing the tools, technology and resources to ensure emergency responders have what they need to provide the best possible service to those in need.

In 2019, the EMS department added a brand new 2018 Ford 450 ambulance, in service as #504, replacing a 2005 GMC ambulance that logged 208,000 miles. Most recently, a 2019 Ford 450 ambulance, in service as #514, replaced a 2005 GMC ambulance with 227,000 miles. Both GMC ambulances are being recommissioned as special operations trucks that are deployed at special events and other occasions as needed. The EMS fleet consists of 14 ambulances, three supervisor vehicles and two specialty vehicles.

A significant renovation project is currently underway at the First Aid and Rescue Squad headquarters, to further ensure responders and staff have the resources necessary to optimally perform and respond to the various needs of our community.

I would like to take this opportunity to recognize and thank Judy Olbrys for her 50 years of dedication to Monroe Township and its residents. Since incorporating the Monroe Township First Aid Squad in June, 1970, taking the first call out of her station wagon on August 1, 1970, and establishing the Mon-Township Municipal Ambulance service 1991, Judy has been instrumental in building the squad, its crew and equipment to the exemplary department it is today -- all the while providing quality care to countless residents.

Further, I would like to thank the entire EMS team for their dedication to our residents and the community at large. Whatever the call, the Monroe Township Emergency Services Department is there to help and we are forever grateful. Please look out for the annual First Aid Squad fund drive mailer at the end of April/beginning of May and give what you are

Thank you for a job well done and congratulations on 50 years of outstanding service!

Monroe Township Schools welcome Commissioner of Education, **Dr. Lamont Repollet**

By Dr. Dori Alvich,

Superintendent of Schools

On Jan. 21, New Jersey Commissioner of Education Dr. Repollet visited Applegarth School at the request of the district Board of Education and District Administration. He was accompanied by Senator Linda Greenstein, Assemblymen Dan Benson and Wayne De Angelo, County School Superintendent Kyle Anderson, and their staffs. The administration led them on a tour of Applegarth School and they enjoyed a performance by the awardwinning Middle School Percussion Ensemble. All attendees then met to discuss the district challenges with state funding, aging facilities, and increased enrollment., Superintendent of Schools Dr. Alvich stated, "The district is at a tipping point where the continued student enrollment growth and failed referenda may begin to impact the outstanding programs and education that we currently provide our students."

It is recognized that the district needs additional facilities to accommodate over 1400 unhoused students. We also need to plan for future enrollment growth. Two failed referenda in 2018 and 2019 contribute to the challenges we face. Currently there are 10 portable classroom units at the Monroe Township Middle School. The district is planning for an additional four portable classroom units at the Monroe Township High School for the

2020-2021 school year.

During this past year, the Board of Education set up an ad hoc committee to review options for housing our students. This committee gave their recommendations to the Board of Education at the Jan. 22. 2020 meeting. The district is now investigating the feasibility of their recommendation for a future referendum.

For more information, please visit our district website: https:// www.monroe.k12.ni.us/

The district is involved in a strategic action planning process. We would love to have your collaboration with this project. If you would like to join us, the third and final meeting will be held on Monday, March 23, (Snow date - March 30,) at 7 p.m. at the Monroe Township High School. RSVP at https://forms.gle/ PAaPB7xa3BhRERW6A

Rossmoor Chorus

(Continued from page 1) tions are welcome.

Another musical treat you won't want to miss is an upcoming free piano concert by the Chorus's current accompanist, Abraham Alinea, to be hosted by the Chorus at 7 p.m. on Friday, May 15, in the Meeting House. Watch for more information in future issues of the Rossmoor

Chorus rehearsals are held every Wednesday from 4 to 5:30 p.m. at the Meeting House. All are invited to come and sit in on a rehearsal at any time.



March 20-April 5, 2020

Fridays and Saturdays at 8pm and Sundays at 3pm Tickets are \$22 for Adults and \$20 for Seniors and Students Tickets & subscriptions are available at playhouse22.org, at the box office or by calling 732-254-3939

Located in The East Brunswick Community Arts Center, 721 Cranbury Road, East Brunswick, NJ 08816

What lies beneath - A look at our infrastructure

By Linda Bozowski

Have you ever thought about where the water in your tap comes from or where your waste water goes after it leaves the shower drain or washing machine? Most of us probably don't think about these issues very often unless --warning ahead -- there is a broken pipe or a clogged drain. Having recently been the victim of a clogged kitchen drain, I decided that maybe it might be helpful if I had a better understanding of how our infrastructure supports our more than 3,000 residents.

Since Jason of our Maintenance Department was my savior in unclogging the drain with a snake, my call to the Maintenance Department enabled me to set up a meeting with Dave Salter, RCAI's Operations Manager. Since Dave has been with Rossmoor for about 10 years, he is totally familiar with all the pipes and wires running beneath our homes and yards and roads. He took me to the Map Room, where detailed plans exist for all the Mutuals in the community. He was able to show me on the maps the supply and drain lines from my home out to the mains, pointed out which units share lines, and where the shutoffs and the clean out traps are.

Pipes - Critical Components

Since part of Rossmoor is more than 50 years old, we discussed what happens when things break and who is responsible for fixing the pipes. For the most part, the answer to that question is that it's our own Maintenance Department. Our primary water supply pipes are made of copper, but as repairs are needed, the pipes may be replaced by a newer product called PEX, which is a safe, flexible plastic material that is more durable, does not corrode and is far less expensive than copper. PEX is also much easier to work with than copper, since fittings are crimped or glued. not soldered, which is a very tricky and labor-intensive task.

Our original sewer pipes are made of cast iron, terra cotta, and galvanized iron, but similar to the supply lines, may be replaced as needed with PVC plastic or new pieces of cast iron with pressure fittings. As with PEX, PVC pipes can be fitted together with glue and do not require complicated and expensive fittings. PVC is suitable for non-potable water supply and drainage lines, but PEX is safe for drinking water lines. Rossmoor does not have any lead pipes, according to Salter, which is a major health concern since lead may leach into the water.

Clogs and leaks

Occasionally outside vendors may be called in to assist with snaking clogged drain lines or to reroute supply lines in the event of a leak. Monroe Township assists with flushing fire hy-

drants in the event that a resident reports discolored water. According to Salter, leaks under building slabs are reported fewer than 10 times per year and may require that supply lines be rerouted to the ceiling area or attic. What does this mean? Since I didn't know, Salter explained this whole process to me.

Since Rossmoor homes are built on concrete slabs, the water lines that come into each building are buried beneath the slabs. The pipes sometime break be-

cause they may have frozen, and the residence now has a water problem. Maintenance personnel assess the problem and may call in an outside service company which relocates new supply pipes to a route inside an interior wall up to the attic area or to the space between the two floors in the two-story units. This process involves removing or cutting holes in sheetrock and then replacing or patching those holes. In a circumstance like this. where the line breaks beneath a slab, RCAI usually covers the cost of repair. RCAI is responsible for the sanitary sewer systems, storm sewer systems and domestic water supply systems outside of the condominium and cooperative buildings. In 2005, the Mutuals delegated this responsibility to RCAI.

Clog repairs are also dealt with in a similar way. If a sink or washing machine drain is clogged and the Maintenance Department is able to resolve the problem, the homeowner pays the bill. If the clog requires snaking because it is a distance away

from the drain and an outside vendor is required to fix it, RCAI usually foots the bill. Each problem is assessed and dealt with as fairly as possible.

Preventing clogs is preferable to resolving them. Residents are asked to think carefully about what they're putting down the drains. The most commonly found clog culprits are "flushable" wipes, Q-tips, kitty litter, kitchen grease, small clothing like socks, excessive toilet tissue, especially the two- or three-ply type.

(Continued on page 6)





DO YOU HAVE ANY OF THESE SYMPTOMS?

√ Numbness
√ Pain when you walk
√ Sharp, electrical-like pain **✓**Burning or tingling **✓**Difficulty sleeping from leg or foot discomfort ✓ Muscle weakness ✓ Sensitivity to touch?

PERIPHERAL NEUROPATHY

is a condition that affects millions of Americans, commonly resulting in pain, tingling, numbness, and other painful symptoms in the hands, legs and feet. This pain changes your life and affects how you work, how you play and how you live.

NEW FDA-CLEARED TREATMENTS PROVIDE HOPE

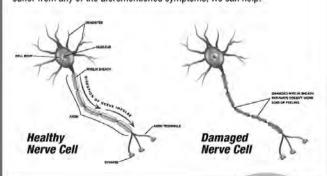
AllCure Spine and Sports Medicine is pleased to announce their new program for treating Peripheral Neuropathy, which includes a combination of advanced FDA-cleared treatments with breakthrough technology that aids in healing the damaged nerves. The effects of this program can be felt on the first few visits. This treatment restores, stabilizes, and rebuilds the nerves in your extremities. Treatment has also been effective in addressing painful symptoms of arthritis, MS, and other forms of chronic pain. Patients generally feel relief physically throughout the treatment period and even feel better emotionally after experiencing a reduction in pain.

NEW CBD OIL TREATMENTS NOW AVAILABLE!

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HOW DO YOU KNOW IF YOU HAVE NERVE DAMAGE?

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The Gallery in process of being refloored.



New Gallery floor thanks to (from left) Miguel Santana, Dave Salter, Adam Morolda, Bob Buskett, and Neil Balasko of our Maintenance Department

March is Irish-American Heritage Month

By Anne Rotholz

Nations usually proclaim heritage months to celebrate centuries of contributions by that group to the country. In October, 1990, Congress passed a law establishing March, 1991, as Irish-American Heritage Month. In 1991, President George H. W. Bush also proclaimed March as Irish-American Heritage Month. Until 1996, Congress passed similar laws and presidents made declarations yearly. Since then, the president alone made the proclamation.

Irish-American heritage month recognizes the achievements of Irish Americans and their descendants living in this country as well as the contributions they have made over the years.

To begin, 22 U.S. presidents had Irish roots. In 1948, President Harry S. Truman (of Scottish descent) attended the Saint

Patrick's Day parade in New York City and made a speech to those present.

In 1961, President John F. Kennedy came to New York City to review the Saint Patrick's Day parade.

Over the years, the U.S. has been greatly enriched by Irish and Irish Americans who served as politicians, scholars, educators, doctors, religious leaders, scientists, authors, businessmen, entertainers and in many other positions.

Here are some very visible examples of Irish influence:

The White House was designed by County Kilkenny native, James Hoban. He used Leinster House, Dublin, as a model. Leinster House, a magnificent Georgian Manor, was originally built for the Earl of Leinster. It is now the seat of the Irish Parliament.

Central Park in New York City is modeled on Saint Stephen's Green, a park in the heart of Dublin.

In recent years, it has become a tradition that the Irish Taoiseach (Prime Minister) is invited to have lunch with the president in the White House on Saint Patrick's Day. The Taoiseach usually presents the president with a Waterford crystal bowl, containing shamrocks grown in Ireland.

Infrastructure

(Continued from page 5)

Winterizing guidance to prevent or minimize damage

According to a rule all of the Mutuals have adopted, the following statement appears in the Mutual Rules and Regulations.

Winterization of Units. During winter months, unoccupied units should be winterized or heat maintained sufficiently to prevent freezing of water pipes and other water facilities. Any Owner leaving a Unit vacant for more than thirty (30) days between November 1 and March 31 of any year who fails to winterize the unit, shall be strictly liable, whether or not negligent, for any and all damages occurring to the Unit, to any other Unit or the Common Elements as the result of the failure to winterize the Unit.

Residents who will be away as noted above are urged to arrange with the Maintenance Department for a winterizing inspection and preparation. This process involves shutting off supply lines, blowing water out of pipes so the pipes don't freeze, and putting antifreeze product in certain pipes. A full detailing of the process can be obtained from the Maintenance Department, as well as cost information. Better safe than sorry certainly applies here.

Where do we get our water?

Rossmoor's water is tested every day by technicians from the Monroe Township Utilities Authority to ensure that it is safe to drink. The testing is done at both of our wells, located near the Maintenance Shed on the golf course. The pumping stations located there send safe water throughout our community. Results of water testing can be obtained from the Utilities Department located on Union Valley Road, just off Applegarth Road

off Applegarth Road. Rossmoor does its best to keep its residents healthy and safe. We are fortunate to have a knowledgeable and capable Maintenance Department to do our repairs and to be proactive when possible, so that problems can be avoided. Our whole underground infrastructure was considered ahead of the curve when this community was begun in the mid-sixties. The maintenance performed over the years has enabled us to live in a community that is still sound.



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AM EST on June 17, 2019; subject to change or cancellation without notice. Other terms and conditions may apply. Offer not valid on Wise Business

Checking Accounts. Wise Checking Bonus is considered interest and will be reported on IRS Form 1099-INT (or Form 1042-S, if applicable).

Bob's Almanac

By Bob Huber

Welcome to the messy month of March, the time when winter and spring duke it out for supremacy. Eventually spring will win, but we are usually in for some weird weather in the interim.

In the ancient past, March was actually the first month of the year, but Julius Caesar tinkered with the calendar to change all that. It was called the Julian calendar. Then, in 1582, Pope Gregory decided to refine the calendar even more, and we wound up with the Gregorian calendar, which put March in third place. It's a reasonably accurate calendar, so most countries use it today, including the U.S.

If you were born this month, you are in good company. You share the month with such notables as Alexander Graham Bell. 3/5/1847; Michelangelo, 3/6/1475; and Albert Einstein, 3/14/1879.

Four American presidents were born this month: Andrew Jackson, number 7 (3/15/1767), James Madison. number 4 (3/16/1751), Grover Cleveland, number 22 (3/18/37), and John Tyler, number 10 (3/29/1790).

March may be dreary, but there's plenty to look forward to: daylight savings time arrives on March 8. Remember to set your clocks ahead one hour. There's St. Patrick's Day on March 17 and spring will arrive on March 19. If that isn't enough to brighten your day, the March calendar is filled with all sorts of

events to keep you occupied. It would take this entire page to list them all, but here's a small sample.

March is Adopt a Rescued Guinea Pig Month, National Nutrition Month, National Women's History Month, and Optimism Month.

There are days and weeks devoted to cheerleading, Girl Scouts, pet sitters, procrastination, owls, termites, folk tales, spinach, turkey vultures, fanny packs, peanuts, and Donald Duck. The list goes on and on. And certainly, do not forget Be Happy Day on March 3.

So look on the bright side. God is in His heaven, and baseball spring training is well underway. It's good to be alive!

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Crispus Attucks: First casualty of the Revolution

By Jean Houvener

On March 5, 1770, occurred what many consider the first salvo of the American Revolution. What became known as the Boston Massacre began with a dispute between a colonist and a British officer accused of not paying the bill for his wig. or perhaps with the taunting of a lone British sentry near the Custom House — there are varying stories. Boston had been tense as taxes imposed by the British Parliament led to unrest in Boston, and the sending of more troops there to maintain order.

In quick order the scuffle led to the throwing of stones and snowballs by the Bostonians, the arrival of more British troops, and ultimately shots fired by the troops. The first to fall was the six-foot two-inch tall Crispus Attucks.

Not much is known about Attucks and most of what is known is from the court case when the British troops involved were put on trial for murder. Beyond that, there was a large family in the area with the last name of Attuck or Attucks, which means deer in the local Native American language. There was also an ad in the Boston Gazette in 1750 placed by William Brown for a runaway slave named "Crispas," offering a 10-pound reward for his capture, and described him as a six-feet two inches tall mulatto male of 27 years with short curled hair. This would give Attucks both a Native American and an African background.

What is known is that he was skilled at buying and selling cattle. Apparently, he was never captured and returned to Brown, but instead escaped and went to sea for some two decades. It appears that Attucks was in Boston between voyages at sea, according to the trial documents. While the British were prone to capture Americans at sea and impress them into service, a situation resented by sailors, it is not clear what caused Attucks to jump into a cause that was not his.

Witnesses at the trial gave conflicting testimony, with one saying Attucks gave an Indian war whoop and rushed into the melee with a stick, and others recalled seeing him standing to the side leaning on a stick. Being as large and distinctive as he was, he would have been a prime target. In addition to Attucks, four other men were killed, Samuel Gray, James Caldwell, Samuel Maverick, and Patrick Carr.

At the trial, the British soldiers were in fact represented by none other than founding father John Adams, who portrayed Attucks as being responsible for "the dreadful carnage of that night." Convincing the jury he was a troublemaker, only two of the soldiers were convicted of manslaughter, and they got off with merely having their thumbs branded with a hot iron rod. Samuel Adams, also among the founding fathers and John Adams' cousin, used the per-

ceived miscarriage of justice to whip up sentiment against Britain leading directly to other confrontations, such as the Boston Tea Party, Lexington, and Concord.

Attucks' body, along with those of Grav. Caldwell, Maverick, and Carr, lay in state in Faneuil Hall before all five were buried together in a cemetery in Boston that contains other Revolutionary War heroes, including Samuel Adams, John Hancock, and Paul Revere.

While Attucks was forgotten by history for a while, much of what is known is a result of research by William Cooper Nell, an African American abolitionist who wrote about many patriotic African Americans and their role during the Revolution. Angered also by the Dred Scott decision of 1857 which denied Scott and by extension all African Americans the rights of citizenship, he petitioned the Massachusetts Legislature for March 5, 1858, to be celebrated as Crispus Attucks Day. Attucks became a symbol of the abolitionist movement.

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National Medal of Honor Day

By Allan Kaufman

A soldier can't win it. It must be awarded to a soldier who performs above and beyond the call of duty. Often it is awarded posthumously.

On Dec. 9, 1861, Iowa Senator James W. Grimes introduced S. #82 in the United States Senate, a bill designed to promote the efficiency of the Navy by authorizing the production and distribution of medals of honor. On Dec. 21, the bill was passed, authorizing 200 such medals be produced, "which shall be bestowed upon such petty officers, seamen, landsmen and marines as shall distinguish themselves by their gallantry in action and other seamanlike qualities during the present war" (Civil War). President



Medal of Honor photo from Library of Congress. fsac 1a35467

Lincoln signed the bill and the (Navy) Medal of Honor was born.

Two months later on Feb. 17, 1862, Massachusetts (Continued on page 8)



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Ireland's Celtic Heritage

By Anne Rotholz

The Celts came to Ireland from continental Europe sometime around the year 500 B.C. These early Irish settlers were warriors who dressed in bright-colored clothing, bleached their hair, and played chess.

The Celts brought the benefits of the Iron Age to Ireland. Consequently, they were able to forge instruments to till the land in order to grow food.

Though their main influence was in agriculture, the Celts are best remembered for their magnificent iron artwork with its unique designs. These designs are reflected in the beautiful Celtic jewelry that is crafted today.

Perhaps the greatest gift of the Celts was our wonderful Celtic genes.

The Celtic Druids were an elite group of men and women: poets, scholars, healers, teachers, and judges. They had great re-

spect for nature. Their special affinity for trees caused them to be known as "Wise People of the Trees." They believed that mankind came from the trees and that each tree had a "tree spirit" that connected to the spirits of humans.

The Druids had a lunar calendar with 13 months. Each month was associated with a tree, and anyone who was born in that month shared in the characteristics of that particular tree.

Amazingly the astrologers of today have found the Druid horoscope to be quite accurate. Following is the Druid horoscope for this part of the year.

February 18-March 17

ASH, a member of the olive family, is a magnificent tree that grows up to 100 feet tall, with a life span of 200 years. It grows best in moist soil so it is frequently found near lakes and streams. Ash wood is light but tough and flexible. It is used to make hockey sticks, skis, and oars.

Born an ash, you possess wisdom and artistic ability. You are sensitive, spiritual,



and perhaps a bit psychic. You are a dreamer who likes solitude but your good connection to others ensures that you are practical and full of common sense.

March 18-April 14

ALDER, an unusual tree, belongs to the beech family. Unlike most trees, it enriches the soil where it grows. It does not decay under water so it is used in the construction of bridges. The city of Venice has an alder foundation.

As an alder, you are an energetic, feisty person who loves a challenge. You possess the gifts of endurance, strength and passion. Your rugged independence often causes you to complete a task all by yourself rather than ask for help. When it comes to friendship there is none more loyal.

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Mystery noise

By Lucy Aita

Kudos to Maintenance for finding a high-pitched noise coming from the kitchen area in my condo on Providence Way.

For nearly two hours, myself, neighbors and friends tried to locate where the screeching, high-pitched humming was coming from. Looking up in the attic, in and out of all appliances, without a clue. We gave up looking. I decided it was time to call for help

Maintenance clearly sent the expert. He walked into my kitchen, opened my gadget drawer and took out my meat thermometer. We had looked for hours and he took a mere 30 seconds to find the annoying culprit.

"Here ya go, buy a new battery."

When the bill came, it was clearly stated that my meat thermometer needed a bat-

tery, which had been causing the noise.

Thanks, Maintenance, for making me feel like a dummy, twice. All in good humor, it only cost me \$17.50. More than the cost of the thermometer.



Al Patrick, from Maintenance, holds the offending meat thermometer

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Medal

(Continued from page 7)

Senator Henry Wilson introduced a similar bill, to authorize "the President to distribute medals to privates in the Army of the United States who shall distinguish themselves in battle." Over the following months, wording changed slightly as the bill made its way through Congress. When President Abraham Lincoln signed S.J.R. #82 on July 12, 1862, the Army Medal of Honor was born. In subsequent years, the award included members of the Navv. Air Force, and other military services.

A total of 3,507 men and one woman have been awarded the MOH, including 71 living recipients. There

are only two living recipients from World War II and four from the Korean War. Who is the woman? Mary Walker was awarded the Medal of Honor at Bull Run on July 21, 1861.

The military is full of traditions, and this one, involving the MOH is unique. This tradition dictates that all uniformed members of the service render a salute to MOH awardees regardless of rank. The Society of the Congressional Medal of Honor is dedicated to those awardees. On March 25, we celebrate those 3508 awardees on the National Medal of Honor Day.

Your comments and questions are most welcomed. I can be reached at allan.kaufman0125@gmail.com.

Something to think about

By Carol De Haan

About half my Christmas cards had pictures of birds: white doves for peace, big red cardinals for the holidays, speckled red house finches, even an occasional cartoon bird. Were my family and friends onto something about birds?

The no-longer migrating Canada geese in our local ponds are doing fine in terms of numbers, but I wondered about other birds. There seem to be fewer of them these days.

A bit of Internet research paints an appalling picture: Compared with 1970, we now have three billion fewer birds in this country, a drop of 30% among our 92 native species. In Europe, the situation borders on catastrophe, because they have 55% fewer birds than in recent years.

The Audubon Society and the National Geographic Society cite reasons for this decline: 1. environmental chemicals, 2. loss of habitat, and 3. diminished food supply.

There is no need to explain environmental chemicals. As we all know, we are spraying virtually everything, whether or not it moves.

Loss of habitat comes largely from industrial farming, which seems necessary to feed eight billion people on this planet. So, while taking care to feed our own species, we are destroying or polluting vast meadowlands that formerly gave shelter and food to local birds and to those that migrate.

Again, acting for our own comfort, we are killing the

insects that birds need for food. Bye-bye to mosquitos, grasshoppers, butterflies, moths, and all their ilk. Meanwhile, birds are starving, facing extinction.

As if that were not bad enough, the Audubon Society predicts that two-thirds of our avian species will be extinct by 2100 if global warming raises Earth's temperature by 5.4 degrees Fahrenheit. "Silent Spring" was published in 1962. Will it come to pass in our lifetimes?

How about other wild creatures?

Hundreds of species are on the endangered list. Among them are frogs, (rapidly disappearing all over the world); leopards, (only 70 believed living in the wild); tigers, (only 500 still alive worldwide); gorillas, (about 1.000 worldwide); rhinos, (fewer than 200 survivors); sea porpoises, (thought to be extinct already); and elephants, (about 400,000 still living, but with 100 being poached per day, how long will they last?).

Whales are on the endangered list, but would you believe that sharks are, too? In fact, the only species that seem to thrive includes rodents, those hardy little survivors of the last extinction, 65 million years ago when dinosaurs bit the dust.

Five extinctions

Life was nearly obliterated five times since Earth was formed from molten cosmic debris about 4.5 billion years ago. Each time, the cause was geologic: asteroid or comet impact, fluctuating ocean levels and temperatures, or severe volcanic ac-

tivity. Each time, between 75% and 95% of all life on Earth died. Each extinction lasted from one to 10 million years, before Earth repaired itself and life began to proliferate.

An extinction often begins with an earth-shattering blast, but disappearance of species is the *process* by which it continues. When more species die off than new species are being created, an extinction is underway.

The world we are creating

Scientists do not know exactly how many species share this planet with us, but we do know that we are gradually killing off those closest to us in the biosphere.

So, are we in an early phase of a sixth extinction? If

so, for the first time in 4.5 billion years, the cause of impending disaster is not geologic. It is human activity. Eight billion of us are rearranging the natural order of life on Earth to suit ourselves: spreading toxins on the land, polluting the air we breathe, heating the atmosphere, acidifying the oceans where the food chain begins. All of this adds up to climate change, in which many species cannot survive.

At the same time, we grandiloquently name our own species "Sapiens," -- the wise ones. Are we wise enough to see what we are doing to our only home in the universe? Wise enough to reverse our ways? Wise enough to save ourselves from a sixth extinction?

Only time will tell.



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Polar bear plunge

By Youngae Lee

Anyone you ask will agree, getting older is not easy. Nowadays, we work so hard to find the secret to eternal youth, or to learn what exactly are the benefits – if any — of old age.

Luckily, there are some benefits as long as we open our hearts and eyes wide, and look for the upside.

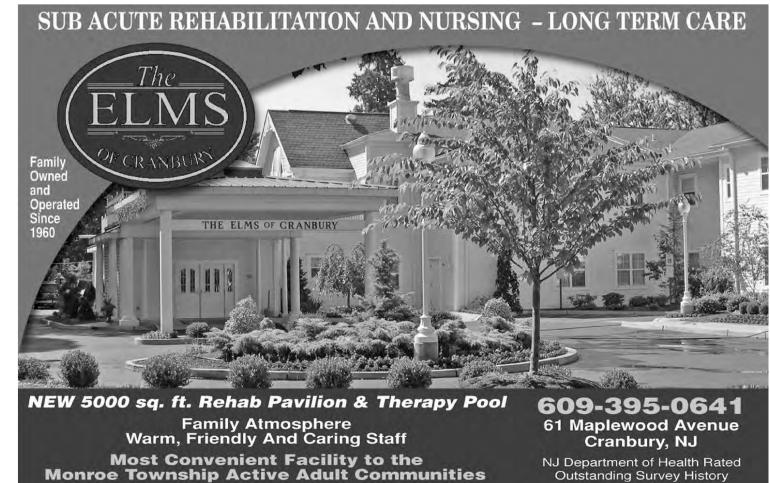
First of all, we don't have to wander our path anymore because there are no other paths laid beside us now. That means we do not have to suffer from measuring and selecting which is the better path. The dice were already rolled.

Second, we don't have to challenge every new thing. Even if we never did so in our youth, nobody will now accuse us of cowardice for not challenging everything.

Third, most people will not hold us responsible or blame us for this or that, mainly because we have "short memory" or are "hard-of-hearing" or have "sensitive (picky) taste buds."

There are so many crazy, but exciting things to experience in this world. Things I would never even consider, let alone imagine, trying. I have a daughter who was once so shy and afraid, she couldn't even ride the see-saw as a kid. When the carnival arrived

(Continued on page 10)



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Polar bear

(Continued from page 9)

near our house, we took her there, but ended up coming home without taking her on any of the rides because of her fears.

Now that she has gotten older, she has skydived out of a moving plane in Hawaii, jet skied in the Hudson River, and even last Sunday, she took the Polar Bear Plunge in Long Beach, New York. In this bitter cold weather, can you imagine diving into the ocean in nothing but a swimsuit? Just thinking about it gives me the chills all throughout my body. I don't know what changed her and how she became so brave after all this time.

Although I know that I envy her lifestyle and regret having never tried such things. Even if, magically, I were to become younger, I'd probably still never be so adventur-

I'd like to leave you with a funny, but accurate, poem I read about the comparison between ages.

18: fall in love

81: fall in bath tub

18: soft heart 81: soft joint

18: speed on the road 81: speed on the wrong one-

18: can't breathe with love 81: can't breathe with food

18: no idea about Life 81: can't remember about Life

18: waiting for the result of exam

81: waiting for the result of blood test

18: in pursuit of myself 81: people in pursuit looking for me

There is no wind without blowing.

There is no time without passing.

There is no human being without getting old.

While my wife was walking our dog

By Allan Kaufman

While my wife was walking our dog, Jackson Fillmore (he was named after our favorite restaurant in San Francisco), the other night, he found a few pieces of rye bread on the lawn of one of the manors or common ground. My wife couldn't remember which one it was. Unfortunately, this is not an unusual occurrence.



Dog **Allan** Kaufan's "Jackson Fillmore" Photo by Allan Kaufman

Jackson takes two long walks a day, usually with me in the morning, where I walk him around the circle where I live on Sharon Way. His second walk, "is anywhere he takes me," my wife Diane says. Because Jackson is a beagle, he has a nose for food. Unfortunately, he has come across not only bread, but meat, fruits, vegetables, cookies, and chicken bones, to name a few things. This does not include the odd pizza crust and other delicacies found in the area near Sal's Deli.

In some cases, food is

placed outside by our residents, in good faith, maybe to feed the squirrels or birds, but human food is dangerous to animals. It messes up their digestive system. If you have ever gone to see ducks swimming in one of our local ponds, there usually is a sign asking you not to feed them. I know that we probably have all thrown bread at them when we were younger, but now, we have to be more responsible as adults.

The last thing I need is for Jackson, or any other dog, to pick up a discarded chicken bone, chew on it and later find out that the bone has splintered off in its stomach, causing massive bleeding and danger to life. This is even more dangerous when we walk after dark. Jackson can smell and get to the food before I have a chance to

I'm asking each of you to do a few things. First, if you want to leave food out for the birds, buy bird seed and a bird feeder. Second, please take the time to seal your trash bags firmly so that when you take them to the garbage containers, nothing spills out. Last, and most important, please do not place any food on your front or back lawn. Dogs have a way to find what is left on the ground. Your intentions are good, but your actions can lead to deadly consequences.

Thank you from all of us pet owners and pet lovers.

Your comments and questions are most welcome. I can be reached allan.kaufman0125@gmail.c

IMPORTANT NOTICE

Motorists must obey the rules of the road while driving within the community including, but not limited to, observing the posted speed limits, No U-Turn, Yield, and One Way

signs; stopping for pedestrians; making a full stop at all stop signs; and exercising extreme caution when entering RCAI streets from lanes or other areas without stop signs.





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Sound Advice

Norman J. Politziner, CFP®, CeFT® President of NJP Associates

Exceptions to the new rule on inherited IRAs

Yet another new tax reform law went into effect in 2020 under the SECURE Act. In addition to ultra-high-net-worth individuals, the many millions of mass affluent Americans are likely to be impacted by the 470-page SECURE Act's retirement income tax provisions. The SECURE Act is a sweeping and substantive effort to make retirement income tax more sensible, a rare legislative action to win bipartisan support in Congress and the president's signature.

The new rules force heirs to withdraw everything from an inherited IRA over 10 years. Requiring heirs to deplete an inherited IRA over 10 years is a tax hike. Your IRA beneficiaries are no longer allowed to stretch out withdrawals over their expected lifespan.

Forcing heirs to pay tax on required distributions from an IRA over 10 years may result in your heirs paying additional income taxes annually during the 10-year withdrawal period. However, there are exceptions to the new 10-year rule for certain beneficiaries.

Spouses. Spouses can inherit your IRA with zero tax impact. A spouse who inherits an IRA is required to make withdrawals based on their actuarial life expectancy,

which can be found in a table published by the IRS. Starting in 2020, a spouse who inherits an IRA may defer taking required minimum distributions (RMDs) until age 72 - not age 701/2, as under the old law. An extra 18 months of tax deferral is significant. Deferring taxes for 18 months, when your IRA is hitting its peak value, lengthens the period of tax-free compounding just when a pre-retiree needs it. The stock market averaged a 3.9% quarterly return in the six quarters ended December 31st, 2019, despite a -13.5% in the fourth quarter of 2019, and no one can predict stock

Minor Children of an Employee. Minor children of an employee who inherit a federally qualified retirement account, such as a 401(k), are exempt from the 10-year distribution rule. As long as the parent was an employee with a company's 401(k) plan, the child is not required to make distributions over 10 years.

Disabled. Disabled individuals who inherit an IRA are not subject to the 10-year required minimum distributions (RMDs) rule. Thus, they are eligible to take required minimum distributions based on more favor-

Chronically III. Those suffering from a chronic illness are exempt from the 10-year

Not 10 Years Younger. If an heir is not more than 10 years younger than the owner of the federally qualified plan account, the 10-year distributions rule will not apply

The new RMD rules in the SECURE Act affect a hodgepodge of situations, reflecting Congress's effort to make tax laws more compassionate and sensible. The specific situations are just one aspect of the SECURE Act's wide-ranging effects. If you're among the exceptions to the 10-year rule, please contact us with your questions.

Norman J. Politziner, CFP, a resident of Encore, is an Investment Adviser Representative of Kingsview Asset Management.

For more information, questions, or comments, we encourage you to visit our website at www.politziner.com or call us at (732) 296-9355.

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Dr. DeFazio has been practicing for 26 years, is married, has three children and lives in Monroe. Dr. DeFazio is a graduate of Temple University and UMDNJ. He is a past Clinical Instructor at JFK Medical Center and a past Board Director for the American Red Cross.

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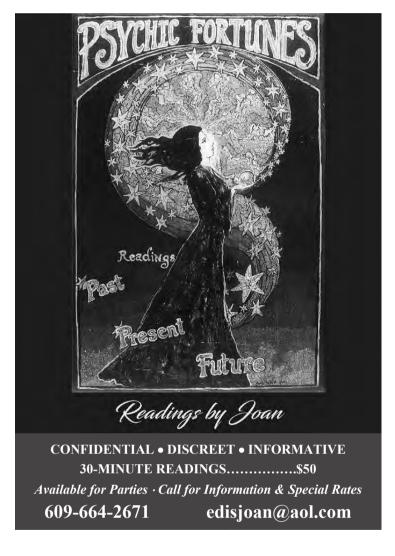
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24 HOUR EMERGENCY CARE





The March Hare

By Bob Huber

As we prepare for spring (the vernal equinox will arrive on Friday, March 20), there is one event that we are likely to overlook: the peculiar antics of the Lepus Europaeus, better known as the European Brown Hare.

For untold centuries our English cousins have observed the acrobatic shenanigans of the hare as it responds to the call of romance. Beginning in March and continuing for several months, the animal will indulge in the most bizarre behavior, running in circles, jumping and boxing with other hares in an effort to attract a mate. No wonder the locals thought the beastie had lost its marbles.

By the mid-16th century these observations found their way into English literature with such comments as "mad as a March hare" and "harebrained."

Since our American hares appear to be more sedate in their courtship, the terms went relatively unnoticed here until the prominent 19th century English author, poet, and mathematician, Charles Lutwidge Dodgson, on, writing under the pen name of Lewis Carroll, wrote two delightful children's stories: "Through the Looking Glass" and "Alice's Adventures in Wonderland," in which the March Hare played a prominent role, along with the Mad Hatter and the Dormouse at an ongoing tea party. The stories became immensely popular in America, and the terms "mad as a March hare" and "harebrained" quickly found their way into the

American lexicon.

The European Brown Hare, shows little resemblance to the fuzzy bunnies we see hopping around Rossmoor. It is a much larger animal with long ears, more closely related to our American Western jackrab-

As for that boxing routine, naturalists have now concluded that it's not two males fighting over a female, but a female fighting off the unwanted attentions of an amorous male. If he's going to act so weird, we can't blame

In Memoriam

Audrey S. Ketelsen

Audrey S. Ketelsen, 91, passed away on Dec. 19 at her Rossmoor residence in Monroe Twp. Audrey was born and raised on Staten Island. She moved to Rossmoor in 1997 upon retirement.

She loved and embraced the lifestyle and community there, becoming very involved in many clubs and activities. Audrey enjoyed playing golf and was rightly very excited the day she got a hole in one! She was an avid reader, and also loved to play competitive bridge with friends. She played tennis and croquet and was a member of the Emerald Society, the monthly book club, and the 18-hole ladies golf club. She will always be remembered for her optimism and zest for life.

Audrey was preceded in death by her husband. William, two sons, David Alan and William Drew, and one brother, Frank Sorensen.

She is survived by her son, Kevin, his wife Dana and five grandchildren.

Virginia (Ginny) Allen



Ginny Allen

Virginia Allen, one of the founders of the Rossmoor Croquet Club, passed away at the age of 90 on Jan. 13 atter a long illness.

She graduated from Seton Hall University with a Bachelor of Science degree in nursing, and received a Masters of Arts Degree and a Doctorate in Education from Columbia University.

Ginny and her long-time friend Ruth Dowdell started our croquet club in 1989 and insisted on a championship court next to the Clubhouse. The court was originally financed by the two women and other members at the time. Many serious croquet visitors have touted the court as one of the best in the nation, thanks to the oversight of Ginny and Ruth.

Ginny was past president of the Women's Guild of the Community Church, was chair of the Church Council, and was chair of one of the

Pastor search committees.

Very active in Kiwanis for many years, she and Ruth initiated the "Reading is FUNdamental" program. For many years, they worked on Kiwanis projects, as liaison with the Monroe High School student volunteers at the pancake breakfasts. They volunteered and raised funds for the food pantry, and a plethora of other activities. Ginny was named Kiwanis Citizen of the Year in 2000.

She loved being with her family and friends, she loved Croquet, traveling, skiing in Vermont, her two dogs; Robbie and Tori. She was a very talented artist.

She had a full life and made a positive difference in the lives of others. She will be greatly missed.

Irma Sammon Mirante



Irma Mirante

Irma Mirante, a Rossmoor resident from 2001 to 2015, died on Feb. 2.

She was born April 8, 1921, in Stamford, Connecticut. She graduated from Pace University, where she studied advertising and marketing and won the Mademoiselle Magazine Career Contest, resulting in a job at Franklin Simon department store in New York.

She married Albert Mirante and lived in Dayton, Onio, then in Elizabeth and in Cranford, N.J.

Mirante served as president of the N.J. Parliamentarian Association. She was Historian of the N.J. State Federation of Women's Clubs and an honored member of the N.J. Press Women's Club.

She was honored as a N.J. Woman of Achievement by Douglass College in 1985.

In 1966 she was a "Jeopardy!" contestant (winning \$900) and she won the "Who, What or Where" TV guiz show.

She was a several-term president of the Live and Learn lecture society at Rossmoor, and acted in productions of the community's Players Club.

(Continued on page 14)

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Rossmoor Clubhouse News

Queen Esther at Sight & Sound Theater with Lunch at Plain & Fancy Restaurant

Thursday, June 18, \$150 per person Includes bus, gratuity, Orchestra ticket and lunch Bus departs pool side at 10AM—Show at 3PM

Everyone has a story. Set in the opulent yet perilous Persian Empire, Queen Esther is a captivating tale of beauty and bravery.

Guests will have time to shop after their meal.

On Sale 3/24

QUEEN ESTHER

WELCOME

Clubhouse

Open daily from 8AM - 10PM

E&R Office

Open Monday-Friday 8:30AM - 5PM

*Closed Daily from 12noon-1PM

Phone: (609) 655-3232

Melissa Barnard: Clubhouse Manager Sue Ortiz: Office Coordinator Sebrena Jinks: Office Assistant Jessica Roberts: E&R Foreman

ON SALE - NOW & UPCOMING

EVENTS

MUSICAL BINGO

Wednesday, March 4 at 7PM, Ballroom, \$8

ST. PATRICK'S DAY LUNCHEON

Friday, March 13 at 12:30PM, Ballroom, \$22 Menu includes corned beef brisket, New England potatoes, steamed cabbage, Irish soda bread & more!

TRIVIA NIGHT W/ CJ THE DJ

Monday, March 23 at 7PM, Ballroom, \$10

HOOLEY SHOOTERS PUB DUO

Wednesday, March 25 at 7PM, Ballroom, \$10

Sham-ROCK DANCE PARTY w/ SHORE SOUNDZ BAND Friday, March 27 at 7PM, Ballroom, \$15

Call-In on 3/16 at 12:15pm

"KNIVES OUT" MOVIE LUNCHEON

Sunday, March 29 at 12:30PM, Ballroom, \$15 Assorted sandwiches, harvest & tortellini salad and more!

MOTHER'S DAY BRUNCH

Friday, May 1 at 10AM, Ballroom, \$18 French toast, eggs, pancakes, coffee and more! On Sale 3/19

FATHER'S DAY BBQ

Tuesday, June 16 at 12:30PM, Ballroom, \$22 Hot dogs, hamburgers, grilled chicken, salads and more! On Sale 4/2





Join us for an evening of Irish pub and folk music! Light refreshments provided.

EXCURSIONS

PHILADELPHIA FLOWER SHOW & READING MARKET Thursday, March 5, \$60—Bus departs poolside at 9:15AM

TROPICANA CASINO

Tuesday, March 17, \$25 inc. bus & grat. —\$25 Slot Play Bus departs poolside at 9:15AM

CINCINATTI REDS AT NEW YORK METS

Wednesday, May 6, \$70—Bus departs poolside at 9:30am Cost includes game ticket, bus, grat. & \$24 food voucher

QUEEN ESTHER AT SIGHT & SOUND W/ AMISH-STYLE LUNCH AT PLAIN & FANCY

Thursday, June 18, \$150—Bus departs poolside at 10AM On Sale 3/24

"MRS. DOUBTFIRE: THE MUSICAL" ON BROADWAY Wednesday, July 22, \$155—Bus departs poolside at 10AM

SAVE THE DATE: "GREASE" AT AXELROD THEATER Wednesday, June 10, \$TBD On Sale 4/7

"THE EDWARDS TWINS" VEGAS IMPERSONATORS W/ DINNER AT THE WATERFRONT (Show at 8PM) Monday, July 27, \$127—Bus departs poolside at 3:30PM



Wednesday, July 22 2PM \$155 per person

Cost includes Front Mezzanine show ticket, bus & gratuity. *Stephen Sondheim Theater has an elevator.*

Helloooooo Poppets! Mrs. Doubtfire is here to make everything better. Daniel Hillard, a struggling, out-of-work actor, will do anything for his kids. After losing custody in a messy divorce, he disguises himself as a Scottish nanny in a desperate attempt to stay in their lives. Bus departs at 10AM.

On Sale Now.

CULTURAL

AFRICAN HERITAGE GROUP Saturday, March 7, 3:00pm, Gallery

AVIATION GROUP 2nd Wednesday, 1:30pm, Ballroom

BOOK DISCUSSION GROUP Thursday, March 12, 3:00pm, Dogwood

CURRENT EVENTS ROUNDTABLE Mondays, 10:30am, Maple

GERMAN AMERICANS Thursday, March 26, 1:30pm, Cedar

KOREAN AMERICANS Saturday, March 21, 5:00pm, Maple

LATINO/HISPANIC-AMERICANS Wednesday, March 25, 6:00pm, Gallery

POLISH AMERICAN Friday, March 6, 1:00pm, Maple

PROGRESSIVE GROUP Friday, March 20, 5:00pm, Ballroom

RECIPE GROUP Wednesday, March 11, 6:30pm, Maple

VETERANS GROUP Tuesday, March 10, 10:00am, Ballroom

WRITERS GROUP Thursday, March 26, 10:00am, Cedar



THE ARTS

"ALL IN STITCHES" Knit & Crochet Group Thursdays & Saturdays, 1:00pm, Maple

ART CLASS/WORKSHOP

Wednesday, 9:30am-11:30am, Gallery Resident/Artist Paul Pittari offers basic instruction. Easels provided. Supplies on your

CERAMICS STUDIO

Monday & Thursday, 8:30am—12pm. Monitor present. Molds & Kiln on site. Supplies on your own.

Wednesday & Saturday, 8:30am-12 Noon Monitor present. Supplies on your own.

RUG HOOKING GROUP Thursdays, 9am—2pm, Gallery Bring your lunch and have some fun!

WOODSHOP & OPEN WOOD CARVING Mon-Fri 9am-3pm Saturday 9am-Noon Open to Residents who have completed the orientation and safety class. Monitor present.





Monday, April 6 8:30am Gallery

Members-\$15 Non-members-\$20

Checks payable to AARP

CARDS & GAMES

BANANAGRAMS

Mondays & Thursdays, 2pm, Game Room Contact Dolores Wardrop.

BILLIARDS ROOM

Open 7 days, 8am-10pm (Closed for cleaning Wed. 8am—11am.)

BRIDGE

Contact Clubhouse

CANASTA

Mondays & Wednesdays, 1pm-4pm Contact Sandy Davidson at (609) 395-4057 or Linda Ortlepp at (609) 664-2965

MAHJONG

Contact Clubhouse

MAYI

Contact Clubhouse

MAH JONG

Beginners and experienced players wanted. Contact Linda DeMorato.

MEN'S POKER Contact E&R.

NINTENDO Wii

Bowling, Tennis, Golf. Stop by Clubhouse Office to sign out games.

PINOCHLE Please call E & R if interested.

Contact E&R



GET MOVING!

CHAIR YOGA

Tuesday mornings, 10:00am, Gallery Enjoy the benefits of yoga while sitting in a chair. Class is conducted by a certified Yoga Instructor. Pay instructor directly

"DOWNSIZING"-Weight Loss Support Group Wednesday, 9:30am, Maple Call the Clubhouse for information

HEALTHY BONES

Thursdays, 9:30am, Ballroom This class is for those that have pre-registered.

LATIN-INSPIRED DANCE

Tuesday, 6:30pm, Gallery Join us for an hour of instructional dancing—Salsa, Merengue, Bachata and more!

LINE DANCING

First Wednesday of each month, 6:30pm, Gallery

OPEN EXERCISE DVD

Monday, Thursday, 9:30am, Hawthorn Saturday, 9:30am, Maple

Exercise at your own pace. No Instructor. DVDs are selected from our current collection. No charge or sign-up required.

WALKING GROUP (Weather Permitting)

Mondays, 9am, Front of Clubhouse Walk the 1 mile or the 2.5 mile loop around Old Nassau. Bring water and wear comfortable shoes.

YOGA

Wednesday, 9:30am, Cedar Resident instructor conducts the class. No Charge. Bring floor mat. SPACE LIMITED.

FREE

DRAWING CLASS

Wednesday, March 11 10AM—12PM Gallery

Come learn simple perspective to accurately draw 3-dimensional objects and landscapes. Video followed by step-by-step instructions and personal help.

RSVP your interest to E&R by March 9

Limited to 20 people.



COMCAST

Tuesday, April 7 9AM-11AM Ballroom

Have questions regarding your comcast bill, streaming services, troubleshooting or something else? Stop by for help.

SPORTS FUN!

BOCCE

Bocce Sign-ups: Friday, March 13 2020. 1PM-3PM and 7PM-9PM, Gallery

CROQUET

Interested in playing in 2020? New Players Welcome. Call Betty Anne Clayton.

* New hikers welcome! All hikes depart from Clubhouse at 9:30am, unless otherwise noted.

PICKLEBALL

New Players Welcome!

SHUFFLEBOARD

Interested in playing in 2020? New Players Welcome. Contact E&R for details.

TABLE TENNIS

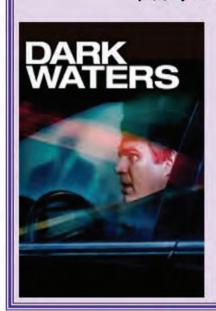
Tables available Tuesday, Friday, & Saturday 9-11AM. All welcome! Hawthorn Room

TENNIS

Courts available 8am until dusk. Bring your own equipment.



MOVIE CORNER



"DARK WATERS"

PG-13 / 2hr 7m / No Charge

Sunday, March 22 1:30pm Ballroom

Tuesday, March 24 1:30pm Gallery 7pm Ballroom

TUESDAY MYSTERY MOVIE March 10 at 1:30PM and 7pm

Movies are subject to change.

RSVP Your Interest

American Music Theater Christmas Show Fishing Charter * Mackinac Island, NY Tour Newport Mansion Tour (4 Days/3 Nights) Longwood Gardens w/ meal at Joseph Ambler Inn NYC during Museum Mile Week Wine & Train Tour * Ladies Day in Lancaster 5 Day Cruise (out of Bayonne) * QVC Studio Tour

Arrangement of trips is dependent upon number of residents interested. If you want to see something special, call E&R!

LIBRARY ON LOCATION

"Kokoyakyu" Wednesday, March 18 at 1PM, Ballroom

In Japan, baseball is a national obsession. Viewers follow two hopeful high school teams and their coaches on their path to the playoffs. A film by Kenneth Eng. [2006, 53 min]

"The Learning" Wednesday, March 25 at 1PM, Gallery

American schools recruit abroad to fill teacher vacancies in urban areas. Follow four Filipina teachers facing their first year in the Baltimore public schools. A film by Ramona Diaz. [2011. 90 min]

No Charge—Program is in collaboration w/ Monroe Twp. Library & PBS



- CONTACT THE CLUBHOUSE for information regarding events and trips.
- EVENT REMINDERS: Bring Rossmoor ID when purchasing tickets for Clubhouse events. Only two tickets per manor can be purchased. When bringing a guest/non-resident, please provide their full name at the time of ticket purchase. Tickets are non-transferable.
- TRIP REMINDERS: Trips require average physical activity. You should be in good health, able to climb stairs, and walk reasonable distances. Any guest accompanying a Rossmoor resident MUST be at least 18 years of age. Basic information on guests must be provided when tickets are purchased.
- CLUB PRESIDENTS & GROUP REPRESENTATIVES: Channel 26 announcements and room set ups MUST be handed in on the official forms. Forms can be found on the website or in the Clubhouse.
- ROSSMOOR CLUBHOUSE NJ is our official Facebook page. Follow us for Clubhouse updates, ticket sales, and event photos. You just might see yourself having a good time!
- RCAINJ.COM is the official website for Rossmoor. Here you will find everything Rossmoor! Check it out!
- EVENTS & TRIPS are subject to change.





Members of Recipe Exchange enjoyed working on their Valentine's Day project.



DJ Rodger kept the dance floor busy at our "North Pole" Dance Party!



Michael Calcagno and the Take 2 Band received thumbs-up all around at our February dance party! Residents enjoyed an evening of great music and time with friends!



A packed Ballroom cheered on as they watched Super Bowl LIV.











MARCH 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 10:00am Fitness Orientation – VC 7:00pm Great Decisions-CD	4 9:00am Mutual 1 Open-DW 7:00pm Musical Bingo-BR*	5 Philadelphia Flower Show & Reading Terminal Market*	6	7
8	9 10:00am Mutual 7 Open-BR	10 1:30pm Mystery Movie –BR 7:00pm Great Decisions-CD 7:00pm Mystery Movie –BR	11 10:00am Fireside Chats-RR 1:30pm Aviation "DB Cooper-Plane Hijack" –BR 6:30pm Recipe Exchange-MP	9:00am Committee Meetings-VC	13 10:00am Mutual 3 Open-VC 12:30pm St. Patrick's Day Luncheon—BR*	14
15	16 Continue Products March	Tropicana Bus Trip* 7:00pm Great Decisions-CD	18 1:00pm Library on Location - BR	9:00am Board of Governors-VC 6:30pm Bingo—BR	20 Carbon Born	21
22 1:30pm "Dark Waters" Movie –BR	23 7:00pm Trivia Night—BR*	24 1:30pm "Dark Waters" Movie –GL 7:00pm "Dark Waters" Movie –BR 7:00pm Great Decisions-CD	25 1:00pm Library on Location - BR 7:00pm Hooley Shooters-BR*	26 Out Your Triates Now!	27 7:00pm "Sham-ROCK Dance Party" with the Shore Soundz Band— BR*	28
29 12:30pm "Knives Out" Movie Luncheon - BR*	30	31 7:00pm Great Decisions-CD			Events or trips marked * require tickets or prior registration	Ticket Sales Today! Get Your Tickets Now!

INDEP	ENDENT CL	UBS	
Chorus	Wed	4 pm	МН
Church Discussion	Tues	1:30 pm	MHP
Computer Club	3rd Mon	10 am	GL
Dance Club	Last Sat	7 pm	BR
Emerald Society	4th Wed	2 pm	BR
Indian-American	Sun	9:30 am	GL
Italian-American	3rd Wed	7:30 pm	BR
Players	Last Mon	7 pm	GL
Torah Study	Sat	10 am	CD
Women's Guild	3rd Thurs	1:30 pm	BR

MEETING HO	USE SERVICE	ES
Catholic Society Mass	2nd Thurs	7 pm
Jewish Congregation Sabbath	2nd & 4th Fri	7:15 pm
Community Church & Communion	1st Sun	11 am
Community Church Worship	2nd & 4th Sun	11 am
Community Church & Fellowship	3rd Sun	11 am
Rossmoor Chorus	3rd Sun	11 am

	ROC	OM K	EY
BR	Ballroom	Н	Hawthorn
С	Court	MP	Maple
CD	Cedar	мн	Meeting House
СН	Clubhouse	МНР	Meeting House Parlor
CFT	Craft	TR	Terrace
DW	Dogwood	RR	Red Room
GL	Gallery	VC	Village Center
GR	Game		

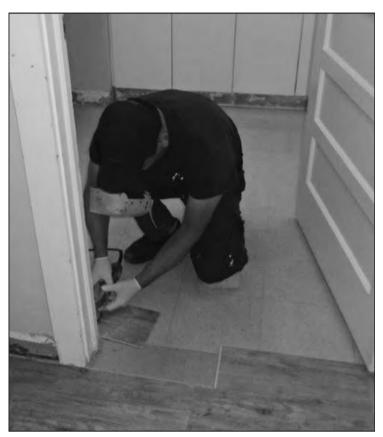


This month in pictures Photos by Joe Conti and Walter Gryskiewicz

Scenes of the gallery reflooring project



Beautiful new Gallery floor, thanks to the Maintenance Department.



Neil Balasko doing some fine detail work on the floor





The Latin/Hispanic-American Group singing Santa Maria del Camino at the February Catholic Mass.



Adam Morolda at the tile cutter



Our Lady of Guadalupe.

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In Memoriam

(Continued from page 12)

She is survived by her children Rand Mirante and Edith Mirante, son-in-law John Paisley, daughter-in-law Christine Mirante and granddaughter Alexandra Mirante.

Wendy Kennedy

GENTLE DENTAL CARE

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Long-time Rossmoor resident Wendy Kennedy died on February 12 at her home. Her daughter Jacky was with her. Wendy, who became a naturalized American citizen in 2003, was born in Malaya and lived abroad until she and her daughter came to America in 1970.

Wendy was a member of the Monroe Historic Preservation Committee and volunteered as a docent at Morven, the former NJ Governor's mansion. Her interest in history was well known and she participated on other historical committees as well. A more complete biography appeared in the December 2016 issue of the Rossmoor News

She is survived by daughter Jacky and son-in-law Scott of Jupiter, FL, grand-daughter Ashley and her fiancé Dylan of Tequesta, FL, and grandson Devan of Norfolk, VA.

A memorial service has been scheduled for March 6 at the Holcombe-Fisher Funeral Home.

Ken Worden, Painter and Handyman

Although not a resident of Rossmoor, talented painter and handyman Ken Worden of Jamesburg will be missed by the many residents who used his services over the years. Mr. Worden established his painting business on 1984 and his trucks were frequently seen at Rossmoor homes. Mr. Worden, age 64, died on January 21. He is survived by his wife, three sons and his daughter.

CULINARY CORNER

By Sidna Mitchell

Check the weather before getting the oysters

Despite enjoying the warm, sunny weather of Florida, Ken was somewhat itchy and wanted to take a trip.

Since I love oysters on the half shell and since Apalachicola, Fla., is known for its oysters, I suggested a couple days there on what is known as the "forgotten coast."

Unfortunately, I did not check the weather report for the town about seven hours north of Venice. Driving up the scenic highway, however, seeing parts of "old Florida," was most enjoyable for me. Ken got bored.

Nor was he impressed with the small-town atmosphere of Apalachicola, except for some of the charming old houses near the water. We arrived about cocktail hour, checked into the Best Western and looked for a place serving martinis and oysters. That took three stops before we were successful at the Tap Room at the Owl Café.

The martinis were cold and refreshing and the crab dip and pita chips were delicious, but frankly, I don't recall what we had for dinner. I'm sure it had nothing to do with the strength of the martinis. Oh, wait! I had oysters, of course.

Walking back to our car was a challenge thanks to

the cold weather and the brisk winds. Little did we know it would be 47 degrees and that T-shirts, shorts and no jackets were not appropriate attire. The next morning when we asked about a Walmart where we could buy some warm clothes, we were told the nearest one was an hour away. At that point we decided to head home and wouldn't you know we passed a Walmart on the way to I-10.

Actually, we were fortunate to return home early because we were not aware that Ken's daughter had sent a package from Omaha Steaks. The dry ice had melted but luckily the steaks and pork chops were still good.

Since I had missed out on more oysters than planned. Ken took me to one of our favorite Venice restaurants for raw oysters. We have often met our New Hampshire friend at the Crow's Nest for oysters and drinks. A few years ago, I convinced the chef at the restaurant to serve a mignonette instead of cocktail sauce with their oysters. Back in 2009, after we served on a panel of reporters who covered civil rights, Tom Brokaw insisted that I try the vinaigrette sauce for my oysters at dinner. I've been hooked ever since. Here's my version.

Vinaigrette for Oysters

1 cup cider vinegar

1 tablespoon shallots, very 1/2 teaspoon finely chopped ground pepper

3 tablespoons sugar

2 tablespoons water
1/2 teaspoon freshly
ground pepper

Culinary corner

Combine all ingredients in a jar and keep on the counter for three days before using as a dip for oysters.

I can be reached by e-mail at sbmcooks@aol.com.

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Michael Misko, 570-O Westport Lane, formerly of South Plainfield, N.J.

Ann Gales, 193B Mayflower Way, formerly of Brooklyn, N.Y.

Harvandan and Pushpa Patel, 253-O Mystic Lane, formerly of Monroe Twp.,

Clubs and Organizations

Drives and Drivers

By Steven Gray

Last month I briefly explained the computer mouse. This month let's take a look at drives and drivers - no.

The hard drive was invented by IBM in 1953 but did not really come into commercial use until 1957, because both tape drives and



The Rossmoor Computer Club had a very interesting talk on Geocaching by Karen and Steven Kurtz. Pictured, from left, are Karen Kurtz, Steven Gray and Steven Kurtz.



Helene and Steven Gray with their first successful geocache.

not the Sunday drive with the driver behind the wheel but rather what that means in computer terms - just to drive you crazy.

Most of us probably remember the original drives that early computers had, commonly called floppy drives. These came in 8-inch (commercial use), 51/4 inch and 3½ inch with the last two also coming in HD (high density). The original 51/4 and 31/2 came single sided but there was a trick to make them double sided, thus doubling the storage capacity. Of course, all of those are entirely too small to be of any use today, therefore we no longer find floppy drives in computers.

Originally computers were "booted" from the floppy drives and were given the names of drive A: and drive B:. When the hard drive made its entry, it was given the letter C: and has remained so to this day.

drum drives were cheaper at that time. I won't go into the statistics other than to say that the drives were physically huge and the storage capacity tiny. It wasn't until 1973 that IBM came out with two hard drives that were either 35 MB or 70 MB in size - compare that to the multi-terabyte drives we have

The drives commonly used in early personal computers were MFM or RLL and were (Continued on page 16)

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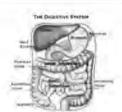
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Computer

(Continued from page 15)

10, 20 or 30 MB in size. These required a special card and needed to be low formatted to each machine then high formatted to be useable. That changed with the introduction of IDE drives which came in varying sizes and prices and also allowed the controller to be placed on the motherboard for ease of installation and replacement.

Now we have SATA drives which are larger, faster and cheaper. The latest in this series are SSDs (solid state drives) that can make an older system seem like it has a turbo-charger. SATA drives are usually in a physical size to fit a laptop but there is no reason they also cannot be used in a desktop – the computer lab is using these drives in all of the computers.

Similar to the SSD are flash drives or thumb drives that also come in multiple sizes (both data wise and physically) and can be booted from and actually

used instead of a hard drive (the "computer-on-a-stick"). These usually run a different OS like Linux or Chrome OS and can be made at home.

What is a driver? This is the bit of software that "drives" a peripheral. So, what does that mean? Are you using a monitor? There is a specific driver that lets your computer "talk" to the monitor. It is specific to your video card, be it a desktop or laptop, and you may even have a separate driver for the monitor itself. Using a printer? There again you need a specific set of software to use the printer.

The same goes with anything attached to your computer. Windows 10 is very good at finding and loading a useable driver for anything that gets connected but specific drivers usually increase the functionality of whatever is connected. That is why, when something stops working, the first place we check is for an updated driver.

Drive on computer user, and don't let the drive(s) or drivers drive you crazy.

Learn about one woman's ancestry travel to southern Italy at Women's Guild

By Diane England

Alex Haley, the author of "Roots," said we all hunger to know our background, and those who fail to gain this knowledge experience "an ongoing hollow yearning." So, it probably won't surprise you to learn that some people not only have their DNA tested, but also pursue ancestry or family tree travel. At the Women's Guild meeting on Thursday, March 19, at 1:30 p.m. in the Ballroom, you'll hear from a woman who has pursued both.

Indeed, you'll travel to Italy with resident Therese Marcus and be introduced to the region of Molise in southern Italy. This was the ancestral home of her Italian grandparents. You'll enjoy photographs from both the village of Riccia, where her grandmother was born and raised, as well as of Moncacilori, her grandfather's hometown. This region of Italy is still largely untouched, so you can assume that many of the

charming Adriatic seaside towns, as well as the mountain villages, may not be much changed from what her grandparents knew.

This region of Italy has 22 miles of sandy coastline, but it's mostly hilly and mountainous. It has a rich history, and Therese will tell you about ancient people who once lived there and apparently had a robust civilization and culture before others invaded the region. While these invaders certainly included the Greeks and Romans, she'll likely touch upon the Lombards, Normans, and Bourbons, too. By the way, this predominantly agricultural region still utilizes some practices that date back to this ancient past, something Therese will enlighten you about as well.

Today, some places in Italy are currently being overrun by tourists disembarking regularly from huge cruise ships. The locals are apt to have love-hate relationships with the current state of tourism. Other places aren't overrun by tourists, but the locals nevertheless meet foreigners pursuing many their roots. Neither was the case with the villages Therese visited with her husband, Steve. Because of this, and the fact she met some distant relatives during her quest to unearth her roots, Therese became a minor celebrity during the course of their travels.

Even if you do not have such a trip on your bucket list, you'll likely find it interesting to hear how Therese was able to trace this particular family tree back to the 1700s. Don't you suspect it will get you thinking about your own past and how it helped to craft you into the person you are today? Since at this stage of life, it seems one of our tasks is to strive to make peace with our life's course, perhaps this talk may benefit and inspire you in ways you can hardly imagine as you read this.

Have you marked March 19 on your calendar?

Italian American Club

By Tony Cardello

There was no membership meeting in February due to Carnevale, our first social event of the year. It was held on Tuesday evening, Feb. 25, in the Ballroom, and those who attended had a great time. As is our tradition, a new king and queen for 2020 were crowned amidst the celebration.

The next regular membership meeting will be held on Wednesday evening, March 18, at 7 p.m. At this meeting members can sign up for the variety show to be held on April 25.

Bingo will be played on Thursday evening, March 19, at 6:30 p.m. in the Ballroom.

WARNING: Have you received a call from Social Security or the IRS stating that your number is being used illegally? Hang up immediately. Do not talk to the creep making the call because it is phony and another way to scam you out of your ID information.

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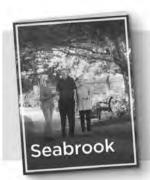


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Father Paolo and the Latin/Hispanic-American Group, which sponsored the February Catholic Mass.



Music Association solicits feedback

By Linda Bozowski

The Rossmoor Music Association has sponsored programs within our community for many years and has offered residents many opportunities to enjoy music without leaving our home base. Performances at the Meeting House on six Friday evenings per year have included pianists, string players, vocalists, and percussionists. A modest ticket price of \$15 per concert at the door or a season subscription ticket (\$60 for the 6 concerts) has made these events even more attractive to many residents.

At a recent meeting, the Association Board agreed that it is interested in expanding the attendance at its concerts and is now soliciting comments from you, our reading and (we hope) attending audience. The Board is not offering soft drinks and popcorn, just talented artists. Concerts are scheduled during the fall and spring so that travel in bad weather is minimized. The Meeting House is a lovely and comfortable venue, and guest artists really enjoy performing there. Seeing friends and neighbors at the concerts offers a social opportunity that we can enjoy. Please tell us what you think about the program schedule or the following questions.

- What would encourage you, if you are not usually an attendee, to come out on a Friday evening to hear these talented performers?
- Would another day or time of the week, like a Sunday afternoon, be of greater interest or more convenient?
- Is transportation to the

Meeting House an issue for you?

You may drop off your written comments in the Rossmoor Music Association folder at the E&R office at the Clubhouse, send a note via email to rossmoor.music.association@

gmail.com or contact President Faith Knabe by telephone (609-395-7853). We'd love to hear from you, and even more importantly, we'd love to see you at an upcoming performance. Thanks in advance for your interest and responses.

Dance Club will wear green in March

By Judy Perkus

On Saturday, March 28, at 7 p.m., the Clubhouse Ballroom will be decorated for Saint Patrick's Day and the dancers will wear green at the Dance Club's monthly dance. Peter Lieberman will provide the music. Singles, as well as couples, are always welcome. Desserts (sugar-free available), snacks, coffee, tea, and soda will be served.

Send your \$8 per paid-up

member/\$10 per nonmember check made out to the Rossmoor Dance Club to Armen DeVivo at 409B Roxbury Lane by March 19.

If you haven't yet renewed your membership, please send your 2020 Dance Club dues of \$15 per couple, \$7.50 per person to Armen. New members are always welcome.

Call Armen at 609-655-2175 for more information.

Rossmoor Dance Club March 28 Dance



Name(s)	
Address	
Phone	
RESERVATION DEADLE # of PAID-UP Member(s) @ \$8 per	**************************************
# of Non-member(s) @\$10 per	= \$
2020 Annual dues \$7.50 pp; \$15 per couple	= \$
CHECK TOTAL:	= \$

RESERVATION DEADLINE: March 19

Please send check made out to the Rossmoor Dance Club to:

Armen DeVivo at 449B Roxbury Lane. 609-655-2175 or leave in an envelope in the Dance Club folder in the E & R Office



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Emerald Society's 2020 Board: from left, Robert Landman, Betty Anne Clayton, Barbara Wright, Linda Klink (president) and Ron Reid

Emerald Society celebrates in style

By Linda Klink

By now you should have figured out we are off to a good start. We plan to continue the momentum with a Saint Patrick's Day celebration.

Tickets will be \$25 per person, which includes a corned beef, cabbage, and potatoes dinner, soda bread, soft drinks, coffee, and entertain-

ment. Tickets will be limited to two per manor, and you must be an Emerald Society member. We are limited to 100 seats.

Because of the limited seating, all tickets must be purchased in person, so if you didn't get yours at the February meeting, they will be available on March 2 in the Red Room from 1 to 3

p.m. Payment is by check only and no tickets will be sold at the door. Do not leave your check in the Emerald Society mailbox.

Did I forget to tell you the entertainment for the party is the D. B. Kelly Pipes and Drum Band? You definitely do not want to miss the celebration!

Religious Organizations

Congregation to celebrate Purim this month

By Marjorie Heyman

March 10 marks the celebration of Purim, or the Feast of Lots. This festive holiday commemorates the time when a brave woman named Esther saved the Jews from being exterminated in Persia in the fifth century. Esther was married to King Ahasuerus, whose minister, Haman, persuaded him to kill all the Jews in his kingdom. Queen Esther, who had previously hidden her religion from her husband, admitted that she was Jewish and would be killed along with the rest of the Jews. The end result was that Haman was himself hanged on the day chosen by lots for the Jews to be hanged. The holiday is marked by wearing costumes, reading the Megillah (or the scroll of Esther) and "drinking enough wine so as not to be able to distinguish Haman from King Ahasuerus!"

As usual, special foods are associated with this holiday, in this case, three-cornered *Hamantaschen* (Haman's pockets or hats), cookies filled with traditional poppy seed or fruit filling. For this year's Congregation Purim party, a group of members will bake the *Hamantaschen*. The custom is also to give baskets of food to the poor.

Services this month will be on March 13, when Jeffrey Albom will be lay reader and

Norm Perkus will be the Torah reader. The Congregation will sponsor the Oneg Shabbat following services. On March 27, Lyn and Morty Wall will sponsor the Oneg in honor of their granddaughter's wedding. The Torah reader that evening will be Bob Kolker, while Janet Goodstein will be the lay reader. Cantor Mary will ably assist with the musical portions of the prayers. Services begin at 7:15 p.m. in the Meeting House. All are welcome to attend.

SAVE THE DATE: Wednes-

day, April 29, at 1 p.m. in the Gallery, when our Jewish Congregation will co-sponsor a book discussion with A.J. Sidransky, author of "The Interpreter," a thriller set in Brussels in 1945, and based on real events. The book, to be released in March, includes drama, intrigue, and the search for a lost love. This not-to-be-missed event is open to the public and will include coffee and light refreshments.

For information on joining the Rossmoor Jewish Congregation, contact Karen Seiden.



The 2019 Purim Hamantashen Bakers, from left., are Janet Goodstein, Marcia and Jeff Albom, Helene Gray.

Photo taken by Steve Gray

Catholic Society Highlights

By Lucille Conti

The Emerald Society will once again host Holy Mass on Thursday, March 12, at 7 p.m. in the Meeting House. The celebrant will be announced. James Palmer will be the cantor/organist. The famous Irish ladies will provide the traditional refreshments and you know the rest. Please note the day and time.

The Holy Rosary will be

recited on Fridays, March 6 and 13, at 10 a.m. in the Dogwood Room. Our Prayer Shawl Ministry will gather on Thursdays, March 12 and 26, at 1:30 p.m. in the Craft Room and the Chaplet of Divine Mercy will be recited on Tuesday, March 17, in the Maple Room. Our March movie will be announced.

There will be no Mass celebrated in April, as it would coincide with Easter.

We encourage you to join your Parish Church community to celebrate this most holy season. Ashes can only be received in the context of Holy Mass, unless you are homebound. Then you must contact your Parish for someone to come to visit you.

On behalf of the Catholic Society, I wish you and yours a most holy and blessed Easter season.

SPORTS



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9-Hole Golf to begin new season

By Mary Shine

Spring is almost here, and so is golf season. Time to get out our woods and irons, clean them up and prepare for a fun season. We hope all members will be returning. New members are always welcome. Our schedule has been set. Each week we try to have interesting tournaments such as step-away scrambles, low net, low gross, fewest putts, etc. A two-week club championship tournament is offered toward the end of the season.

Our first day of play will be Tuesday, April 21, with a Step-Away Scramble. Letters have been mailed with new schedule and renewal forms.

Ladies' 18-Hole Golf League is ready for golf season

By Arlene McBride

Please note the attached membership form printed with this article. The league welcomes you to join our competitive 18-hole golf league for the season of 2020. The deadline for membership is April 1.

If you feel rusty after the winter, the Pro Shop offers lessons and golf clinics.

Happy St. Patrick's Day.

A Message from High Tech Landscapes, Inc.

By Jeff Voss

Winter pruning is wrapping up and will be finished by the end of the month. Please tune to Channel 26 daily for more information.

Please call the East Gate phone and leave a message with any questions or concerns: 609-655-5134.

Spring clean-ups have started. The first operation will be cleaning up gumballs. Edging the beds and cleaning will also start later this month and into April.

The first fertilizer application will begin in March once spring clean-ups are complete. This application will consist of a granular fertilizer with crabgrass preventer, using an herbicide that provides season long crabgrass control.

Please note everything is weather pending.

A membership renewal form is also enclosed in this issue. Please return the renewal form by March 24 to Mary Shine or drop it in our box in the Pro Shop lounge, slot marked "9-Holer." Our membership fee for 2020 will be \$50. Checks should be made payable to Rossmoor Women's 9-Hole Golf Assn.

Full membership in the Golf Club is not necessary, although encouraged. Details



of membership in the Golf Club can be obtained by contacting Ted or Ray at the Pro Shop. For more information on joining the 9-hole Women's Golf Association, please contact Mary Shine at 609-655-4518, maryshine1@verizon.net or Joyce Cassidy at 609-619-3618, joyce3206@aol.com.

2020 APPLICATION FOR MEMBERSHIP RENEWAL Women's 9-Hole Golf

Enclosed is my check in the amount of \$50 to renew my membership for the 2020 season

Print Name
Address
City, State, Zip Code
Phone# Cell Phone #
Email Address
Do you have a golf cart – Yes No

Checks payable to Women's 9-Hole Golf Association
Send to Mary Shine, 706A Old Nassau Road

drop in the 9-Holer slot of the box in the golf Pro Shop lounge

Ladies' 18-Hole Golf League 2020 membership form

Please return the membership form by April 1, 2020, or earlier.

Membership fee: ____ \$75.00

Prospective members, please enclose a current USGA handicap card or five Rossmoor scorecards attested by a league member and your check in the above amount. (Maximum handicap – 40)

above amount: (maximum nanaloup 40)
Name:
Address:
Phone #:
Email Address:

Please make checks payable to:

"Rossmoor Ladies' 18-hole Golf League." Send check with membership form to: Arlene P. McBride, 352A Old Nassau Road, Monroe Township, NJ 08831, <u>OR</u> place the check with membership form in the Ladies 18-Hole box in the Pro shop.

Community Church Calendar

March 1 Communion Service at 11 a.m.
 Pastor ~ Rev. Robin Bacon Hoffman
 Organist ~ Kevin Gunia

19

- March 5 Bible Study at 10:30 a.m.
- March 8 Church Service at 11 a.m.
 Pastor ~ Rev. Robin Bacon Hoffman
 Organist ~ Kevin Gunia
- March 10 Finance Committee meeting at 10 a.m.
- March 11 Worship Committee meeting at 10 a.m.
- March 12 Bible Study at 10:30 a.m.
- March 15 Church Service at 11 a.m.
 Pastor ~ Rev. Robin Bacon Hoffman
 Organist ~ Kevin Gunia
 Music ~Rossmoor Chorus w/Abraham Alinea
- March 16 Council Meeting at 9:30 a.m.
- March 19 Bible Study at 10:30 a.m.
- March 22 Church Service at 11 a.m.
 Pastor ~ Rev. Robin Bacon Hoffman
 Organist ~ Kevin Gunia
- March 24 Library Committee meeting at 1:30 p.m.
- March 26 Bible Study at 10:30 a.m.
- March 29 Church Service 11 a.m.
 Presentation by Benevolence Recipients
 Organist ~ Kevin Gunia

Worship services are in the Meeting House Bible Study meetings are in the Dogwood Room All other meetings are in the Meeting House

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HEALTH CARE CENTER NEWS

How to catch a cold

Bv Kavtie Olshefski BSN, RN-BC

We all have come down with sniffles, sneezing, and a scratchy throat that tells us we are catching a cold. We then ask ourselves, "How did I catch this cold?" The mystery is solved! Here are ways to catch a cold.

- Don't wash your hands for 20 seconds with soap and water or rub hand sanitizer in your hands till it is dry.
- Touch everything where germs are lurking such as on countertops, doorknobs, toilet flushers, telephones/ cell phones, shopping cart handles, the buttons on the workout machines in the gym, an ATM machine, and shaking hands.
- Touch your face, nose, and mouth with your hands so the virus can enter your body, especially after the touching items mentioned above.
- When you are going to sneeze, just sneeze straight out in the air without covering your mouth. The germs will fly everywhere in the air and land on objects and innocent bystanders.
- Leave your used tissues lying around so the germs can be touched or picked up by somebody else.
- If your friend wants to share his/her cold with you. all that he/she has to do is let you drink out of the

same glass/cup and eat off the same utensils.

- Hang around and stay in close proximity with a person who is sick and breathe in their germs. Good places to catch a cold are where there are crowds: at the mall, supermarket, and especially where children are, such as at the library.
- · Drink a minimum of fluids to become dehydrated.
- Keep the air in your home dry so your skin, eyes, throat, and nose will become dry and make you susceptible to catching a cold. Dry membranes in your nose can not capture dust, dirt, viruses, and bacteria. When viruses and bacteria reach your lungs, you are more vulnerable to becoming ill.
- Breathe in tobacco smoke which will make your lungs more susceptible catching a cold.
- Being worried and anxious about situations is a sure way to come down with a cold because your immune system is compromised. Stress is the real deal to catching a cold.
- Don't stay home if you are sick. Share your germs with everyone you come in contact with at the Clubhouse, at work, at the gym, grocery store, and on bus trips.
- Don't take care of yourself.

Not eating properly, especially not eating breakfast and not exercising you makes prime candidate for catching a cold when you have no idea where it came from.

- Getting less than eight hours of sleep is a sure way to catch a cold.
- Drink more than one or two alcoholic beverages a day. Alcoholic beverages suppress your immune system and will make you more vulnerable catching a cold.

Although this was done in fun, the seriousness is to avoid catching a cold. We all know what to do and need to put it into practice. If you have a temperature, take Tylenol, drink fluids, and rest as much as possible. If you think you have the flu, call your doctor immediately to determine if antiviral medication is for

In our lecture series from Saint Peter's University Hospital, Dr. Estella Wajcberg, an internist will speak on "B.E. F.A.S.T. to Recognize a Stroke and Reduce your Risk," on Monday, March 9, at 1 p.m. in the Maple Room of the Clubhouse. If you have any questions or are interested in attending, please call the Health Care Center at 609-655-2220.

MAINTENANCE DEPARTMENT

Bv Dave Salter

Yellow Stake & Yellow **Ribbon Procedure**

Many residents enjoy gardening and take pride in maintaining their own threefoot bedding areas. If you are one of them, you need to mark the bed so the landscaping company (High Tech) gets the word. This is done with yellow stakes at the corners of the bed where they are visible from either direction. Additional stakes are needed every six feet or so in between. The stakes mean nothing is to be touched. Some people only want to take care of a special bush or two themselves. If you don't want a bush pruned by the landscaper, please tie a yellow ribbon or two on it where it is very visible. Yellow stakes and ribbons (and more detailed instructions on their use) are available at no charge in Maintenance and E & R.

A/C Servicing

Spring will be arriving soon; on April 1 we will start taking requests for air conditioner servicing. As soon as weather permits we will service on a first come first serve basis. Our rate will remain the same this year. Prices are as follows:

Condo (except Mutual 4) \$40.00 plus tax Co-op (Including Mutual 4) \$45.00 plus tax

Servicing includes inspection of system, checking Freon levels and filter re-

placement (parts, blue mesh filter and Freon are not included in price) Note: This price is per unit; if you have 2 units the price is doubled.

Exterminating

If you are experiencing a problem with insects inside or outside of your manor please call the Maintenance Department. The exterminating company comes in every Tuesday. Please keep a sample so it can be identified for correct treatment.

Dryer Vents

Some dryer vents in Rossmoor are vented into the attic. Please call our office for an estimate to vent it to the outside.

Alteration Requests

If you are doing alterations to your manor inside or out you need to pick up a work request permit from the Department. Maintenance Please bring the contractor's insurance certificate with you. Contractors working in Mutual 1, 2 and 3 must have the proper insurance. A list of insurance requirements may be picked up in the Maintenance Department

Rossmoor News contributors:

We have space limitations. Please limit your submissions to between 500 and 750 words. (Less is better.)







Monounsaturated & Polyunsaturated Fats

- · Can lower bad cholesterol levels
- · Can lower risk of heart disease & stroke
- Can provide essential fats that your body needs but can't produce itself

SOURCE

Plant-based liquid oils, nuts, seeds and fatty fish

EXAMPLES



Oils (such as canola, olive, peanut, safflower and sesame)

lake trout, mackerel,

salmon and sardines)

(such as tuna, herring,

Fatty Fish



Nuts & Seeds (such as flaxseed. sunflower seeds

and walnuts)

Avocados

X BAD

Saturated Fats

- · Can raise bad cholesterol levels
- · Can lower good cholesterol levels
- Can increase risk of heart disease & stroke

SOURCE

Most saturated fats come from animal sources, including meat and dairy, and from tropical oils

EXAMPLES

Beef, Pork & Chicken Fat

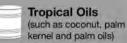
Cheese

(such as whole

milk cheeses)









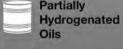
Hydrogenated Oils & Trans Fats

- · Can raise bad cholesterol levels
- · Can lower good cholesterol levels
- Can increase risk of heart disease & stroke
- Can increase risk of type 2 diabetes

SOURCE

Processed foods made with partially hydrogenated oils

EXAMPLES

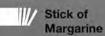




Some Baked Goods



Fried Foods



American Heart Association Recommendation Eat a healthy dietary pattern that:

Includes good fats

Limits saturated fats Keeps trans fats as LOW as possible

For more information, go to heart.org/fats



Your Garden



Some lost trees and shrubs

By Mel Moss

In the years between the late1960s and the present day, a number of tree and shrub species have lost their popularity for various reasons. Some of these plants, at least the ones I can think of, are listed as follows:

Paul Scarlet Hawthorn (Crataegus laerigata) is a small, 15- to 20-foot tall tree with bright red flowers in late May or early June. It was a popular landscape tree but in the 1960s it became very susceptible to a rust disease, which caused all its leaves to develop back spots and then drop off by the end of June. No new leaves would develop for the rest of the season making it look like a dead tree. Today it is not to be found in our local garden centers, but possibly in some mail order nursery catalogues.

Mimosa, or Silk Tree (Albizzia julibrissen rosea) is another small tree, 10 to 15 feet tall that was quite popular in the 1960s. It had a tropical look to it, with a lot of pink, silky-looking flowers for a good part of the summer. But it is a very short-lived tree at 10 to 20 years tops. It drops messy seedpods all summer and is considered an invasive plant.

Hemlock (Tsuga Canadensis) was a popular landscape tree, with dark, deep green needle-like leaves. In the late 1970s, an insect called a woolly adelgid invaded hemlocks. This infestation has not only destroyed hemlock in our home landscaping but also in their natural forest locations throughout all of the U.S. and Canada. Very few, if any, nurseries now grow hemlocks.

Clump Birch Trees were very popular back in the 1970s because of their multiple trunks with their grayishwhite color. Unfortunately birch leaf miner, stem borers, and aphids made these trees much less popular. Today, the river birch, with its reddish-brown bark, has been replacing the original clump

Firethorn (Pyracantha coccinia) is a large shrub that can grow 12 to 15 feet tall and six to eight feet wide. It has orange berries that appear in the fall and that will last well into winter, if the birds don't eat them. They are fast growing with leaves that hang on for most of the winter. Firethorns are also thorny, as the name might in-

dicate. Their main problem is that they have developed a fungus disease that turns the berries black. Since the orange berries were one of its main attractions, it is now far less popular. It might still be available at some of our local garden centers.

Yews (Taxus cuspidata) were very popular right through the early 1980s. The upright growing, spreading, and pyramidal varieties of this shrub never seemed to have any insect or fungus problems and they don't to this day, but their popularity has slowed down dramatically, perhaps because they need a lot of pruning to keep their nice shapes and sizes. Hybridizers have been producing many new varieties of shrubs that involve a lot less maintenance. Yews are still being sold in local garden centers but not at the same rate as formerly.

I have probably missed some, but this is at least a partial list of lost or nearly lost landscape plants over the last few generations. Although we have lost some good landscape plants, there are many more new hybrid varieties being developed for gardens at this time.

LWV-MT applauds N.J. law changes to expand democracy

By G. Moore

In the last months of the New Jersey 2019 Legislative Session, the League of Women Voters of New Jersey saw the results of much hard work by it and other state organizations come to fruition as four bills expanding voter rights and democracy were signed into law. The new laws will make the vote more accessible and transparent and will eliminate inequities in the New Jersey election process.

New Jersey now joins 30 other states in offering online voter registration. This change (S589) along with automatic voter registration instituted in 2018 increases the efficiency, accuracy and convenience in voter registration.

Passage of S758 eliminates prison gerrymandering, the practices of counting incarcerated New Jersey residents at their prison address rather than their normal home address, when establishing legislative voting districts. This practice has led to unfair skewing and imbalances in state representation.

A4564 aims to increase transparency in election reporting by requiring online posting of all election and county district and municipal ward boundary data, along with matching election results data.

LWVNJ has advocated for over a decade to restore the right to vote to the more than 80,000 men and women on parole or probation in New Jersey. A5823/S4260. passed in December, corrects this inequity.

According to Jesse Burns, executive director of the League of Women Voters of New Jersey, "These reforms make our democracy more transparent, inclusive and accessible. We applaud Gov. Murphy and the legislature for their commitment to empowering voters and removing barriers to participation. At a time when many Americans feel they do not have a meaningful voice in democracy, New Jersey is establishing ourselves as a leader in protecting the sacred right to vote and expanding access for those who have been marginalized and left out of our democratic process."

The League of Women Voters of Monroe Township is a nonpartisan political membership organization whose goal is to empower citizens to shape better communities. Visit our website, lwvmonroetwpnj.org, to learn more about us. We invite you to attend our general meeting on Wednesday, March 18, at 7 p.m. in the Monroe Municipal Courtroom.



Everyone's recycling efforts are appreciated, but we need to

RE-THINK RECYCLING and make sure we are doing it correctly.



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Calendar of Events for Monroe Township Public Library

All events are open to the public.

To register online: www.monroetwplibrary.org

Sit-N-Stitch

Fridays, March 6 and 20 at 10:30 a.m. Socialize with needleworkers of all types and skill levels. Assist others, share tips, projects and patterns. Bring your own supplies. Registration is not required.

Poets Corner

Friday, March 6 at 11 a.m. A workshop and reading group for all ages. Please bring 15 copies of your work. Registration is not required. Current Events Discussion Group

Saturday, March 7 at 10:30

Barbershop harmony group

The Garden Statesmen, a barbershop harmony group, is seeking men who would like to learn to sing four-part a cappella harmony in a men's chorus. All ages are invited. Any level of experience including none is ok.

The group meets weekly on Tuesdays at 7:30 pm at the Community Middle School, 56 Grovers Mill Road, Plainsboro, NJ 08536. Call first to be sure we are rehearsing that night.

If you have ever though that it might be fun to sing in a men's chorus, call Jeff Mershon at (303) 229-5759 for more information. You do not need to be an excellent singer or even read music.

We provide learning tracks to help you learn your part. Everyone sounds better together! We are a growing chapter and many of our members were new to singing barbershop style.

• No lids on plastic bottles.

household trash bin.

household trash bin.

put into the recycle bin.

Recycle information from

• No caps on glass bottles/containers in the recycle bin.

• Only #1, #2, and #5 plastic is acceptable in the recycle

• Plastics numbered #3, #4, and #7, etc. must go in the

• Other plastic items as well as plastic bags, plastic wrap,

shipping film, and Styrofoam go in the household trash

Management with their current equipment so put it in the

Aerosol cans must be empty and punctured before being

Waste Management

a.m. Enjoy a discussion about domestic and foreign policy. Light refreshments provided. Registration is not required.

POV Documentary Film

Sunday, March 8 at 10:30 a.m. Through 60 years of personal and societal change, five Chilean women gather monthly to discuss life's joys and sorrows over tea and pastries. 53 minutes. This film is presented in collaboration with the awardwinning documentary series P.O.V. (www.pbs.org/pov). Registration is not required.

The Great Courses: Encore Presentation

Sunday, March 8 at 1 p.m. We will show three 30-

Free Concert — Save the date

By Micki Meyers

The Monroe Township Chorus will present a tribute to the Armed Forces featuring the music of Rogers and Hammerstein. This concert will take place on Sunday, May 17, at 2 p.m. and the doors will open at 1:15 p.m. The performance will be held at the Richard P. Marasco Performing Arts Center located in the Monroe Township Middle School at 1629 Perrineville Road, Monroe Township. For a not to be missed concert, mark your calendar and join us as we honor our Armed Forces, both past and present, and enjoy a wonderful afternoon of beautiful music. For information contact Sheila Werfel, director, at 609-619-3229.

minute DVDs, followed by a brief discussion and light refreshments. This session covers the growing discontent in the colonies and the road to American Revolution. Registration is not required.

Open Sewing

Monday, March 9 from 3 pm to 5 p.m. Thursday, March 12 from 6 pm to 8 p.m. Students will bring their own projects on which to work. There is no planned project; everyone will be working on their own. If you would like to use a pattern we have previously used in class, the pattern and information can be available to

Students must take the Meet Your Sewing Machine class or have prior machine sewing knowledge to take this class. Ages 18 and over. Registration is required. Register at the Reference Desk or www.monroetwplibrary.org.

The Great Courses: Turning Points in American History

Tuesdays, March 10, 17 & 24 at 1 p.m. The history of

Third annual walk to end hunger

- When: Saturday, April 25, 9 a.m. 11 a.m.
- Registration/check-in at 9 a.m. Walk begins at 10 a.m.
- Where: Thompson Park, Monroe Twp., N.J.

(Enter at Perrineville Road, Dogwood Road entrance)

All proceeds are to benefit Feeding Middlesex County, a 501(c)3 non-profit organization that supports MCFOODS, the Middlesex County food bank, which assists 130 food pantry locations throughout the county.

Walker info: Two walking options: one mile or two miles. (Nonperishable food donations the day of the walk would be appreciated.)

For more information, call 732-723-8106.

America is shaped by many long-term trends and subtle forces. From the Great Epidemic through 9/11, this series explores important moments and themes of the American past. Professor Edward T. O'Donnell presents a fresh and unique look at American history in this DVD lecture series. Each session consists of two 30-minute DVDs, followed by a brief discussion.

March 10: Homestead Act & Battle of Antietam.

March 17: 14th Amendment & National Parks

March 24: Ending Reconstruction & Custer Registration is not required.

Sleepy Storytime

Tuesday, March 10 at 6:30 p.m. This program is suitable for children age 5 and younger along with their families or caregivers. Listen to stories and sing songs one evening each month at Sleepy Storytime. Children are encouraged to wear pajamas and bring a stuffed animal. Registration is not required.

Short Story Discussion Group

Wednesday, March 11 at 11 a.m. Join us for a discussion about "Control Negro" by Jocelyn Nicole Johnson in Best American Short Stories and "An Amount of Discretion" by Lauren Alwan in O. Henry Prize Stories. Register at the Welcome Desk.

Genealogy Club

Wednesday, March 11 at 1:30 p.m. Beginner and experienced genealogists welcome. Registration is not required.

International Film

Thursday, March 12 at 2 p.m. A successful psychoanalyst and his family struggle to cope after the unexpected death of his son in a tragic accident. It's during this time of grief that they learn that their son had a secret romance the previous summer. (Italy) 2001 Winner of the Cannes Film Festival Golden Palm. Sponsored by the Friends of the Library.

Admission is free, but donations to the Friends of the Library are most welcome. Registration is not required. Friday Afternoon Movies

Fridays, March 13 and 27 at 2 p.m. March 13: A Chinese family discovers their grandmother has only a short while left to live and decides to keep her in the dark, scheduling a wedding to gather before she dies.vRated PG, 1 hour, 41 minutes.

March 27: The continuing story of wealthy owners of a large estate in the English countryside in the early twentieth century. Rated PG, 2 hours, 3 minutes.

Movies are free. Registration is not required.

POV Documentary Film

Saturday, March 14 at 1 p.m. The Imperial Japanese Army kidnapped 200,000 girls and young women during World War II. Three former "comfort women" forced into sexual slavery come to terms with their past and seek justice. 90 minutes. This film is presented in collaboration with the awardwinning documentary series P.O.V. (www.pbs.org/pov). Registration is not required.

Music Rockumentary Film

Sunday, March 15 at 2 p.m. The son of guitarist Tommy Tedesco pays tribute to his late father and a core group of studio musicians who played on some of the biggest hits of the 1960s and '70s, including "California Girls" and "Mrs. Robinson." Rated PG, 1 hour, 41 minutes Registration is not required.

Non-Fiction Book Discussion Group

Monday, March 16 at 2 p.m. We will discuss Bad Blood: Secrets and Lies in a Silicon Valley Startup by John Carreyrou. Register and reserve your copy at the Welcome Desk.

International Book Club

Tuesday, March 17 at 10:30 a.m. Join a book discussion about Fruit of the Drunken Tree by Ingrid Rojas Contreras (Colombia). Coffee and cookies will be provided. Register and reserve your copy at the Welcome Desk.

Lunch with Friends presents "The World of Knitting"

Tuesday, March 17 at 12 p.m. The Friends of the Library "Lunch with Friends" series presents The World of

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E DEPARTMEN

(Continued on page 23)

bin. Please, no plastic bags in the recycling bin. You can use a plastic bag to dump your recyclables, but take the plastic bag away with you. (Recycle it at the supermarket.) Shredded paper cannot be recycled by Waste Rossmoor Resident Telephone Directory

CHANGES & DELETIONS ONLY

Please mail or bring this form to the Rossmoor Community Association, Inc., Village Center

128 Sussex Way, Monroe Twp., NJ 08831 with any changes or deletions to your name, address or telephone listing.

Information as it <u>now</u> appears:

NAIVIE:	
ADDRESS:	
PHONE:	
Chang	ges for the 2020 edition:
NAME:	
NAME:	

All Changes must be received by July 17, 2020

If your name, address and/or telephone/cell number is in the 2019 edition correctly, it is not necessary for you to complete this form.

TRANSPORTATION TIDBITS
Important phone numbers:
Rossmoor Bus 609-655-4401
Hours 10:00 -11:00 a.m. and 2:30 p.m 4:00 p.m.
Monroe Township Transportation 609-443-0511
Middlesex County Area Transportation (MCAT) 1-800-221-3520
St. Peter's University Hospital
On Time Transportation 1-800-858-8463
All schedules are available outside the E&R office

(near the copy machine) or via the Web at rcainj.com and following the links Facilities, Clubhouse and Activities, and Bus Info.

Classified Advertising

Transportation

NEED A RIDE CALL ARNIE – Arnie's Driving Service. Local, airports, anywhere. (609) 751-1612.

AMERICAN CAB & LIMOU-SINE – We'll take you anywhere. Reservations available. Credit cards accepted. (609) 529-6943.

NAT TRANSPORTATION – Monroe resident. All airports, shipyards, NYC and local.

shipyards, NYC and local. Doctor and hospital visits. (917) 657-5611.

LIMO GUY, INC. – Our 17th year. We go to all airports. Late model Lincoln Towncars. Holds four passengers in total comfort and style. SUV's now available with approximately \$40 additional charge. \$75 to Newark, \$155 Philadelphia, \$175 JFK airports. We go almost anywhere 24/7. Call (732) 452-9222.

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Home Improvement & Services

SPLASHWASH POWER-WASHING – Special rates for Rossmoor residents. Soft washing, roof washing (5-year warranty), concrete and patio cleaning, deck staining, gutter cleaning and paver sealing and sanding. Licensed and insured. Visit us at www.splashwashnj.com or call us for a free quote. (732) 318-4369.

RELIABLE HANDYMAN SER-VICES – Local resident. No job too small. All labor guaranteed. Call me to discuss – no obligation. Reasonable rates. Call (609) 409-7096 or (908) 385-5869.

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MIKE THE HANDYMAN – See my display ad in this edition. (732) 780-0468.

THE PAINTER – 30+ years experience. Residential/commercial. Rossmoor resident. Free estimates. References available. Call (908) 208-4062.

Miscellaneous/ Services

PET SITTERS (MONROE) – for a day, a week, or up to a month. Our home or yours. True animal lovers. Barb (732) 735-4243.

ALTERATIONS/SEWING NEEDS – I can come to you. Joan (609) 655-4363.

HAVE SCISSORS, WILL TRAVEL - Will come to your home. Licensed hairdresser. Call Georgianne (732) 985-8129.

COMPUTER REPAIR - RJF Sales Company LLC. Is your computer running slow? It may need a tune-up. Desktop and laptop repair in your home. Custom built computers. Virus removal and protection. Monroe resident with over 20 years of computer experience. Free cordless mouse. (732) 723-9537 or (732) 967-3400. Please leave message, all calls returned same day.

TECH BUDDY – Simple step-by-step help with smartphones, computers and tablets. Large print solutions for low tech problems. Beginner to Advanced. Patience and enthusiasm included. Wireless printers, Netflix, Amazon Alexa setup and training. Have Alexa remind you of your appointments, read audiobooks, more. \$5 off setup. Free quote. (732) 589-4 9 7 4. techbudy

Tax Preparation/ Services

MICHAEL STILLER-MBA – 41 years experience. Reliable, reasonable, knowledgeable. Home appointments. (732) 718-9050.

PERSONALIZED IN HOME TAX PREPARATION. Reasonable rates. Rebecca Bergknoff, CPA (732) 718-4359.

GREGORY TAX SERVICE – In-home appointments. 30+ years experience. Fully trained on tax law changes. Reasonable fees. Concordia resident. Jim Gregory (732) 236-4498.

Wanted to Buy

BUYING & SELLING GUNS – Call for pricing. (609) 558-9509. Ask for David. Licensed Firearms Dealer.

For Sale

DECORATIVE AREA RUG – Sized 46.5 x 66. Call (609) 409 -8090.

RED HONDA CIVIC 2005 – 168,000 miles. Excellent condition. \$2650. (732) 402-4746.

CONTENTS OF ENTIRE ROSSMOOR CONDO for sale. If interested, call for an appointment. Everything must go. All items in very good condition and all prices negotiable. (609) 439-8920.

Help & Health Services

PERSONAL TRAINER – Improve your balance. Train in your home. Call Robyne (732) 935-4845.

COMPANION/DRIVER – Compassionate, experienced Rossmoorite happy to assist. Judy (609) 655-1026.

LEASE A NIECE HOME CARE – Assistance with personal and household activities, cooking, shopping, paperwork, appointments, companionship, local transportation. Companions, CNAs, CHHAs. Tracie (732) 521-HOME (4663).

CARING ELDER CARE- We will help you with the care you need including personal care, household tasks and outdoor errands. Elizabeth (646) 413-0813.

AT HOME HELP with errands, meal preparation, chores, companion. Tell me how I can help. Call Miriam at (732) 343-4480.

COMPANION/HOME CARE ASSISTANT available. Call with questions. (732) 407-7414.

AT ANGEL TOUCH HOME CARE we provide excellent care for the elderly with licensed, insured and bonded thoroughly screened aides. We are a company that cares for our patients and makes sure they are treated by the best. 24-hour care (living with resident). Elderly companionship. Call (609) 907-6059.

ANNA'S HOME CARE – Certified professional caregiver is looking for live-in/live-out job in Monroe Township. Experienced, references. Driver's license. Accepts long-term care insurance. Low prices. Private care option. Call Anna at (609) 409-1600 or (908) 337-7462.

CARING AND EXPERI-ENCED with strong interpersonal skills with knowledge of senior care. Nine years assisting an elderly couple in their home. All aspects of care. Available immediately. Former social worker and first responder. References upon request. (732) 735-4442.



House Cleaning

ERICA'S CLEANING SER-VICES – Free estimate. Great references. Call at 203-207-1241.

HENRYKA'S CLEANING SERVICE – Professional house cleaning. Quality work. Call (609) 586-0806.

SANDRA'S PERSONAL HOUSE CLEANING – Working 23 years in Rossmoor. References available. Call Sandra (609) 529-6209.

Monroe Library

(Continued from page 22)

Knitting with Emily Mazzoni, Teen Services Librarian. Bring your brown bag lunch. Cookies and coffee will be provided. Registration is not required.

Library Board of Trustees Meeting

Tuesday, March 17 at 6:30 p.m.

Page Turners

Thursday, March 19 at 11 a.m. Looking for something to read or add to your reading list? Library staff will present and recommend a variety of new titles pertaining to a different topic each month, both new and old titles. This month's theme is Something Light, including humorous stories. Light refreshments provided. Register at the Welcome Desk.

Tech Express

Friday, March 20 from 2 pm to 3 p.m. Drop-in with your electronic device to get personalized help from a Librarian. Bring your charged

and registered device and necessary passwords. Registration is not required. First come, first served.

Makerfest

Saturday, March 21 from 11 am to 4 p.m. Join us for our annual celebration of Crafting, Electronics, 3D Printing, Creativity, STEM & More! Hands-on projects and demonstrations for all ages. No registration required.

Friends of the Library Meeting

Tuesday, March 24 at 4 p.m.

Chinese Painting

Thursday, March 26 at 2 p.m. Roberta Hodes will present Chinese painting and compare it to American and European paintings. Learn brushstroke techniques using a bamboo brush. Register at the Reference Desk or online at www.monroetwplibrary.org.

Doughnuts for Doughboys: A WWI Salvation Army Lassie in Neuvilly, France

Thursday, March 26 at 2 p.m. The Friends of the Library celebrate Women's History Month with this special Women in History presentation. Approximately 500 Salvation Army volunteers during WWI were young women who served with the American Army in France. Laurie Gaulke performs this engaging historical portrayal. Sponsored by the Friends of the Library. Register at the Welcome Desk.

3D Printer Demonstration

Thursday, March 26 at 7 p.m. Did you know that the library has a 3D printer? A 3D printer is a machine that can take a digital design from your computer and "print" it out into a solid threedimensional object. During this session you'll see a 3D printer in action, understand how it works, and learn how it is used at the library. All ages welcome. Registration is required. Register at www.monroetwplibrary.org, at any service desk in the Library or call (732) 521-5000 x140.

George Ivers Lobby Display Case

Monroe Township High School Student Artwork

Fine Arts Gallery

Paintings of Nancie Gunkelman

All events are open to the public. www.monroetwplibrary.org

CLASSIFIED AD COUPON

Check those publications that apply:

☐ The Clearbrook Courier ☐ The Concordian ☐ Encore Speaks
☐ GW Voice ☐ Regency Reporter ☐ Renaissance Reflections

☐ The Rossmoor News

☐ Check here for all seven publications

Classified deadline: Ads must be received by the 14th of the month preceding publication month.

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\$14 for 10 words, 50 cents each additional word *per publication*.

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- Note: Phone numbers count as one word. Do not count punctuation. Do not abbreviate.
- State category/heading, ie., "For Rent", "For Sale", "Help Wanted." You will not be charged for the heading.
- One check or money order must accompany insert,

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on check or money order to ensure proper credit.

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PLEASE PRINT YOUR AD ON 8.5 X 11" PAPER

Rossmoor Community Association, Inc. Snow Policy and Procedure

POLICY

When a snow or ice event occurs, it will be the objective of RCAI to make reasonable efforts to ensure that the 17 miles of roadways and 43 miles of sidewalks within Rossmoor are passable for motorists and pedestrians as soon as possible, in a safe and efficient manner. The safety of Rossmoor residents is the goal of this policy.

PROCEDURE

When a storm is predicted, all equipment and supplies will be checked and staff as well as the snow removal contractor will be informed of the response plan.

Snowfall accumulations of **up to two inches** are handled by pre-salting the streets and carport lanes prior to the storm to try and prevent snow/ice from bonding to the surface. Salting of the streets and carport lanes will continue as needed. Depending on weather conditions and the forecast, typically, no further action will take place.

Snowfall accumulations of more than two inches, typically, require the initiation of the full snow removal operations as follows:

- 1. Pre-salting streets and carport lanes to prevent snow from bonding to the surface.
- Plowing all main and secondary streets (see list of streets under "Priorities") continuously after an accumulation of 2" or more or as required by RCAI management.
- 3. Once the storm ends, separate crews and separate equipment will begin plowing lanes and carports; plowing perimeter and main sidewalks; plowing driveways and finally shoveling of the main, front entrance walks and stoops leading to the main entrance doors of the manors. Secondary walks and/or stoops on the sides or backs of manors will not be shoveled or treated with ice melt

In a typical snow storm (2 to 6 inches of accumulation), it takes approximately 12 hours once the storm ends to complete the full snow removal operation. In the event of a major snow event (6 inches or more) and/or icing conditions, it may require more time to complete the full snow removal operation.

4. Once the full snow removal operation is complete, ice melt may be applied to perimeter and main sidewalks and the front entrances walks and stoops leading to the main entrance doors of the manors depending on accumulations, ice conditions, ground and air temperatures and the forecast for the next 24 hours. Reasonable efforts will be made to maintain the perimeter and main sidewalks and the front entrances walks and stoops leading to the main entrance doors of the manors and driveways after each storm and for the days to follow until the conditions clear, but it is impossible to be everywhere all the time. A full ice melt application takes approximately six hours and is not effective in lower temperatures and without sunlight. Secondary walks and/or on the sides or backs of manors will not be shoveled or treated with ice melt. 5. Reasonable efforts will be

5. Reasonable efforts will be made to rotate the snow plowing schedule of driveways and carport lanes each storm.

Utmost caution should be used if residents must use the walkways during a storm and during the thaw/ freeze cycle that typically follows each storm until all the snow/ice has melted. Each resident should consider having a supply of ice melt or grit for their personal use.

COMMUNICATION Fire/Police/First Aid Emergencies 911

Upon notification of a pending fire, police or first aid emergency requiring emergency personnel, the snow removal staff/contractor on site will make reasonable efforts to clear the road, walkway and/or driveway in the area where emergency personnel require access prior to or simultaneous with emergency personnel arrival. In those instances where there is no notification in advance, upon learning of the emergency and/or arrival of emergency personnel, the snow removal staff/ contractor on site will make reasonable efforts to clear the road, walkway and/or driveway in the area where emergency personnel require access.

Snow Removal Operations Concerns

Maintenance Office 655-2121 Monday – Friday

8:30 a.m. – 12:00 noon and 1:00 p.m. – 5:00 p.m. North Gate 655-1868 After hours/evenings/ weekends

North Gate personnel may take messages for supervisory staff on site during a winter storm and snow/ice removal operations.

Residents are responsible to leave accurate and pertinent information.

Snow Removal Operations Updates/Cancellations/Bus Service

Channel 26

Reasonable efforts will be made to keep residents informed during a snow emergency, but it may not always be possible.

RESIDENTS' RESPONSIBILITY

It is *imperative and* the responsibility of all residents to know and participate in the procedure by moving vehicles to ensure proper and complete snow removal from our streets, carport lanes, and driveways. Vehicles should be parked in residents' assigned carport spaces or garages. Second vehicles or guests' vehicles may be parked in the lower level of the Clubhouse parking lot.

NOTE: Snow cannot be removed and road salt or ice melt cannot be applied in the area where a vehicle is left on a street, carport lane, parking space on a carport lane or in a driveway. Due to the nature of the size of the Community, the miles of roads and carport lanes and the number of driveways, the contractor cannot return and remove the snow or apply road salt or ice melt where a vehicle had been parked during the snow removal efforts.

IT IS THE RESIDENTS
RESPONSIBILITY TO REMOVE SNOW FROM THE
AREA WHERE THEIR OR
THEIR GUEST'S VEHICLE
WAS PARKED AND TREAT
THE AREA FOR ICE.

It is incumbent upon each resident to be attentive to the surroundings and exercise extra care for their safety when walking on exterior surfaces during periods of inclement weather. If it is absolutely necessary to drive during a snow storm, please drive slowly and give snow removal vehicles the right of way.

If residents, their guests or employees use an entrance other than the front entrance walk and/or stoop leading to the main entrance door to their manor, it is the resident's responsibility to remove the snow and treat the secondary walk and/or stoop for ice.

Snow removal is an arduous and time consuming task. Please be patient. It is best for residents to stay in the safety of their manors. Typically, bus service and most activities are cancelled during a snow/ice storm. For your safety, residents should not approach active snow removal equipment.

PRIORITIES

The safety of Rossmoor residents is our priority. Supervisory RCAI personnel are on site during snow removal operations to lead staff and the outside snow removal contractor to oversee procedures and respond to emergencies. All main and secondary streets and entrance gates will be plowed continuously to provide

emergency access. Sidewalks to the Club House and Meeting House are continuously cleared and the buildings remain open during snow/ice storms for residents use in case of power outages and/or loss of heat.

Residents with medical conditions that require outside treatments such as, but not limited to, dialysis or chemotherapy, must register with the Healthcare Center prior to a winter storm emergency to guarantee access for these appointments.

Regular medical/dental appointments, going to work, grocery shopping, filling prescriptions, leaving for vacation etc. are not considered priorities and staff will not respond to such requests.

Residents that return to the Community during a winter storm or during storm removal efforts is not considered a priority. Safe access to a resident's manor may not be possible. It is advisable to check with the North Gate prior to returning to be sure snow removal efforts have been completed.

Revised by the RCAI Board of Governors September 2016

The following 26 main and secondary streets are cleared continuously after an accumulation of two or more inches or as required by RCAI management: Stonaker Road (South Gate to Prospect Plains Road)

Mayflower Way Mt. Vernon Road New Haven Way Newport Way Old Nassau Road Providence Way Revere Way Rossmoor Drive

Gloucester Way

Sharon Way Sheldon Way Spencer Way Springfield Way Sussex Way Sutton Way Terry Lane Thurman Lane

Troy Way
Victoria Court
Waverly Way
Windsor Way
Yale Way
Yarborough Way
Yardley Way

Roxbury Lane

The following 51 carport lanes are cleared when the snowfall ceases:

Tilton Way

snowfall ceases: Amherst Lane **Bradford Lane** Concord Lane Dorset Lane Emerson Lane Fairfield Lane Glenwood Lane Greenfield Lane Hanover Lane Lowell Lane Madison Lane Malden Lane Manchester Lane Marblehead Lane Meeting House Lane Middlebury Lane Milford Lane

Mystic Lane
Nantucket Lane
Narragansett Lane
Nautilus Court
New Bedford Lane
Northfield Lane
Norwich Lane
Onset Lane
Orrington Lane
Oxford Lane
Pelham Lane
Plymouth Lane
Portland Lane
Prescott Lane

Putnev Lane

Redding Lane

Rockport Lane

Salem Lane Sanford Lane Somerset Lane Stockton Lane Stowe Lane Stratford Lane Sturbridge Lane Sudbury Lane Sunset Circle **Thornton Lane** Westfield Lane Westport Lane Winchester Lane Wingate Court Yorkshire Lane Yorktown Lane