



# Rossmoor IN News



VOLUME 53 / No. 12

Monroe Township, New Jersey

December 2017



## MERRY CHRISTMAS & HAPPY HANUKKAH



Mayor Gerald Tamburro and Councilwoman Elizabeth Schneider announced the signing of a contract for the Cedar Pond remediation project.

### Contract signed to remediate flooding from Applegarth

By Carol De Haan

Monroe Township Mayor Gerald Tamburro and Councilwoman Elizabeth Schneider recently met with representatives from The Rossmoor News to announce that a contract was signed to alleviate the problem of excess water from Cedar Pond that has, from time to time, washed over Applegarth Road and into low-lying areas in Rossmoor. Because

Applegarth is a county road, Middlesex County agreed to be a party to the agreement. This \$462,000 contract was made possible when the Township contributed \$62,000 from existing drainage improvement funds.

Several years ago, after a heavy rainfall and subsequent pooling of water in Rossmoor, a Tri-Party Agreement had been

(Continued on page 3)

### The Fire Fighter's Night before Christmas

By Mike Daley, Lieutenant, Fire District 3

'Twas the night before Christmas and all through the station, The overhead speaker echoed out the location:

"Respond to the corner of Hancock and Polk, Numerous calls on a house filled with smoke."

Our Bravest came running from far and from near, And raced to the rig, quickly donning their gear.

And I in my bunkers, my coat and my boots, Clicked onto the CAD to map out the route.

The bay door rolled open, our chariot alight, Our siren's loud warning piercing the night.

Local homes were adorned with a holiday hue; But no time to appreciate; our job we must do.

We arrived on location to the reported address, And I did my 360 to size-up and assess.

A two-story wood frame, residential and neat, With its occupants huddled near the edge of the street.

Smoke poured from the windows, from top floor on down, Yet up on the roof there was none to be found.

I established command and gave out the orders, Ladder 8 took the roof, Engine 5 grabbed the water.

So up to the roof the crew raised their ladder, And climbed to the top to report on the matter.

(Continued on page 4)

### Woodshop donates time and labor for "Hearts of Remembrance" kits

By Jean Houvener

In October a visitor to the woodshop would have seen 50 12.5" square pine boxes with lids piled up on the tables. This is the second time the woodshop monitors have volunteered to make boxes for the Visiting Nurses Association Health and Hospice organization for their Grief and Bereavement Support.

Rossmoor resident Joan Messick was in training as a hospice volunteer when Pauline De Palma from the VNA mentioned that they would like to create some sort of memory kit to help children who have lost a loved one. She knew just who to ask!

Led by Beryl Levitt with Bob Landman, Dave Slimm, Doug Clark and others in the woodshop, the group purchased 3/4" pine, which they milled down to 1/4" before cutting the wood into the smaller pieces for the boxes. The reason for doing it this way is that purchased 1/4" pine is likely to be warped while 3/4" is not, making it more economical in the long run. Each box is 10" high with a 2" lid. The top of the lid is made of Masonite.

These boxes have a very special purpose. Volunteers



Bob Landman and Beryl Levitt building the "Hearts of Remembrance" box frames.

from the VNA will hand paint them and stock them with supplies for children. These children are in need of grief counseling; a psychologist works with the children by way of the box, asking questions, helping them with the activities in the box, and leading them to talk and understand the grief they have at losing a loved one. The boxes also include information and instructions for families to use the boxes together with the children.

Inside each completed box will be a pillow, a pillowcase to decorate and store pictures, books, chalk, markers,

a journal and pen, a bag of sand, a feather, and various other items. The lid of the box, with its Masonite top is meant to be filled with the sand, and with the feather or perhaps a small rake and hoe, the children can write in the sand or decorate the sand or play with the sand in some way that guides the psychologist in interacting with the child, using the kit as a therapeutic tool, helping the child to express himself or herself. On one side the box is painted with chalkboard paint, so the child can use it as a chalkboard. The

(Continued on page 7)

### Focus on: Groups and Clubs Music at your doorstep

By Jean Houvener

The Music Association has brought top quality professional musicians to Rossmoor for the last 46 years. For one of the shortest trips you can make to hear good music, you can buy a season subscription for six performances for a mere \$60. Alternatively, you can attend a single performance for \$15, still a bargain. The Rossmoor News has an article published for each upcoming performance, so it is easy to know in advance who will be performing.

The Association was founded in October of 1971, and its first concert was by pianist Catherine Carver Burton playing music by Men-

delsohn, Scarlatti, and Chopin on Oct. 29, 1971. Since then the Association has presented a wide variety of music, from choral groups Princeton Pro Musica and Delaware Consort to New Jersey Symphony Orchestra

members presenting chamber pieces, to Gilbert and Sullivan to Philadelphia Brass and Trenton Brass Quintet Plus One to marimba and xylophone.

The initial concert of this

(Continued on page 4)

#### Inside this issue

At the governors meeting .2	Maintenance..... 22
Bits & Pieces.....2	Month in Pictures ..... 15
Bob's Almanac.....11	Musings..... 12
Clubs .....13	New Neighbors..... 12
Culinary Corner.....13	RCAI Meetings ..... 2
Health Care Center.....22	Religion ..... 20
Landscaping .....22	Sports..... 19



# at the governors' meeting

## November 15, 2017, Board of Governors Meeting

Daniel Jolly, RCAI president, opened the Board of Governors meeting at 9 a.m. with the Pledge of Allegiance.

Vincent Marino, Jr., gave the Maintenance Committee report and stated the support for all resolutions being presented to the Board. Barbara gave the Community Affairs report, announced upcoming events, flu shots are still available in the Medical Center and stated the support for all resolutions being presented to the Board. Gerald McQuade, reported that the Financial Analysis and Resolution Status reports were reviewed at the Finance Committee meeting and RCAI continues to have a year-to-date surplus, through September 30, 2017, of approximately \$245,000 and about \$167,000 better than budget. He also stated support for all resolutions being presented to the Board. Peter Kaznosky gave the Golf Committee report, announced bunker work is near complete, stated support for the 2018 Budget Golf Operations and that the next meeting will be on February 26, 2018, at 2 p.m. in the Village Center

The Budget for the Rossmoor Community Association, Inc. for the calendar

year 2018 was reviewed and recommended for adoption by the Budget Committee and the board approved a contribution to the RCAI Capital Replacement Reserve Funds in the amount of \$884,352 (\$32.00 per manor per month); no contributions to the Capital Improvement Fund during the year from Carrying Charges; a contribution to the Contingency in the amount of \$55,272 (\$2.00 per manor per month); and the total net RCAI Budget for 2018 be adopted in the amount of \$5,253,384 (\$190.09 per manor per month).

After carefully reviewing three sealed bids, it was the recommendation of the Executive Committee, Maintenance Committee and Finance Committee to award the contract for the extension of the entryway roof at the swimming pool to Happier Homes, Inc. and the board approved the project at a cost not to exceed \$75,465 (\$64,500 for the roof extension; \$4,515 for 7% of the project for engineering services, if needed, and \$6,450 for 10% contingency).

The 2018 RCAI Capital Budget set aside \$30,500 to purchase a new S70 Bobcat Sid-Steer Loader and a 60" snow V-Blade; the Maintenance and Finance Committees recommended and the

board approved the purchase at a cost not to exceed \$30,435.13.

The 2018 RCAI Capital Budget set aside \$36,700 to purchase a 2017 GMC Savana cargo van equipped with steel shelving and rig rack for the Maintenance Department. The Maintenance and Finance Committees recommended and board approved the purchase of the additional vehicle for the Maintenance Department at a cost not to exceed \$36,621.50

The 2018 RCAI Capital Budget set aside \$58,500 to purchase a 2018 GMC Sierra 2500HD Pick Up Truck with 8' SL Service Body and 8'2" Power-V DXT V snow plow with lights to replace 2005 Ford 450 truck. The Maintenance and Finance Committees recommended and the board approved the purchase of the replacement vehicle for the Maintenance Department at a cost not to exceed \$58,213.88 less trade-in.

The 2017 RCAI Capital Budget set aside \$7,000 to upgrade the existing alarm systems in the Clubhouse and Meeting to wireless. Staff and the Maintenance and Finance Committees recommended and the board approved the upgrade to the existing alarm systems in Clubhouse and Meeting House as well as the Pro Shop, Golf Course Maintenance building; Maintenance Buildings, Healthcare Center and the Village Center to wireless at a cost not to exceed \$22,550.63 including installation and sales tax.

The Reserve Study funded for the anticipated expenditure for resurfacing the Meeting House parking lot and the Village Center parking lot in

(Continued on page 3)

## Bits & Pieces

Sue Ortiz

Lost and found.

One day last month, I was coming home from an arduous day of shopping. I proceeded on "the road less taken" – a meandering backroad from Route 33 to Prospect Plains Road instead of the Perrineville Road run. As I rounded a curve, I found a scroungy little mutt walking on the side of the road. He turned his head as I passed him, and he followed me with his gaze. I slowed and looked in my rear-view mirror, only to see him still eyeing me with longing. I worried that if he ventured into the road, he would surely get hit.

Oh, dear. Do I have to be the one to save this scruffy little guy today? I turned around in a nearby driveway. Still in my car, I approached the lost dog. Would I have to pick him up? Would he jump into my back seat if I opened the car door? Would I take him home or to a shelter? Would I keep him if no one claimed him?

He turned and walked toward another driveway. I followed him until I was off the road. I got out of my car and walked behind him. He kept turning his head as if to say, "Come this way." Poor little guy looked like a Yorkie or Shitzu with a bad trim and in need of a bath. But, he was wearing a collar and tag. He belonged to someone. Good. Together, we walked to the back of a well-hidden house surrounded by trees. "Is this where you live?" I asked. You know, as if he would, in turn, answer, "Yes."

The spacious back yard was littered with assorted tractors, patio tables and chairs, a cat sitting atop the hood of the family car, and a goat.

I called out, "Anyone home?" a few times. No answer. The doggie led me to a sliding glass door. Inside, I heard two people arguing. I knocked on the door a couple of times. Finally, the yelling stopped, and a woman and her "tween-aged" daughter came out as the pup ran past them and inside to safety.

"I'm guessing he's yours? I found him walking along the roadside."

The forty-something-year-old woman wrapped her sweater tightly around herself and answered, "I just let him out to do his business. He was out in the road?" She thanked me for returning him as she walked me back to my car. Poor little guy, out for an adventure. It could have been his last, but I saved him. He wasn't going to die on my watch. No, not on my watch.

My Grandfather "Whip" always had a pet, usually a beagle. "Wags" was his constant companion at home and while hunting in the woods. One day, at home, Wags went missing. My grandfather walked all around the fenced-in yard yelling, "Wags? ... Wags, where are you?" After 20 minutes or so, Pop's neighbor said to him, "Whip, if you're looking for your dog, he's right behind you!" Sure enough, that's where Pop found him.

We've all lost something around the house. Keys that you just had in the morning are found in the fridge next to your water bottle. Important papers that are always in the way on the kitchen table are nowhere to be found when you need the information on them. Sunglasses go missing, only to be found atop your head.

(Remember to ask the *little people* to put it back. Try it ... it works!)

Now that the holidays are near, you have to take stock to see what gifts need to be purchased for friends, family, and coworkers. So, where did you put all those little trinkets you started buying last January? Who knows? But, you *know* they will turn up after you buy more!

Don't get lost in the holidays; I hope you find peace during the holidays.

**B&P**

"I have never been lost, but I will admit to being confused for several weeks." – Daniel Boone (American explorer, 1734 – 1820)

"Not until we are lost do we begin to understand ourselves." – David Thoreau (American author, 1817-1862)

## Letter to the editor

*I'm a new resident at Rossmoor. I came across a potentially very dangerous situation recently. I noticed my clothes weren't drying well in the machine I acquired with my condo. Two hours to dry two towels? It's a fairly new unit so I was puzzled. A friend suggested I check the exhaust vent. It turns out there was a two-foot chunk of lint blocked in the*

*exhaust and the vent flap was stuck closed. This was a fire waiting to happen! This situation can cause carbon monoxide poisoning too! I cleaned out the flexible pipe and unstuck the vent flap. My clothes dried in 20 minutes. Please make a habit of pulling your clothes dryer away from the wall once or twice a year and cleaning out. Be safe!*

Name withheld upon request

## Open RCAI Meetings in December

Thursday, December 14

Standing Committee Meetings 9 a.m.

Maintenance Committee

Community Affairs Committee

Finance Committee

Thursday, December 21

Board of Governors Meeting 9 a.m.

All meetings are held in the Village Center Meeting Room unless noted otherwise

Please watch Channel 26 for any changes or cancellations



### News Board:

Joe Conti, Chair  
Carol De Haan  
Myra Danon  
Bob Huber  
Jean Houvener  
Anne Rotholz  
Linda Bozowski  
Walter Gryskiewicz

### Editorial Assistants

Alex Monaco  
Linda Monaco

The Rossmoor News a monthly periodical is mailed to every home within the Rossmoor community. News items are welcome. Appropriate

news items from outside organizations will be considered as space permits. All copy and pictures are subject to editing and are accepted with this understanding.

Letters to the Editor must be emailed to PES at [pescmd@aol.com](mailto:pescmd@aol.com) and clearly marked Rossmoor News.

### Editorial Office:

2 Rossmoor Drive,  
Monroe Twp., NJ 08831

### E-mail:

[news@rcainj.com](mailto:news@rcainj.com)

The Rossmoor News and Princeton Editorial Services (PES) are not liable for any typographical or printing errors that may appear, including in its display or classified advertising, over the cost of the space of the advertisement.

The advertisements here are, to the best of the publisher's knowledge, accurate representations of the products and services offered. However, no endorsements are intended or implied. Acceptance of all materials is at the discretion of the publisher.

Email display ads to: [pescmd@aol.com](mailto:pescmd@aol.com)  
Telephone: 732-761-8534

© 2017, PRINCETON EDITORIAL SERVICES, INC.

Visit the Rossmoor website at [www.rcainj.com](http://www.rcainj.com)

**The deadline for  
The Rossmoor News  
is the 7th of every month.**



## How Rossmoor voted

By Carol De Haan

On Election Day, November 7, state-wide voters selected Democrat Philip Murphy to be our next governor for four years. In Rossmoor, however, Republican Kim Guadagno took the day with 562 votes to Murphy's 488.

Incumbent State Senator Democrat Linda Greenstein was reelected to a four-year term with 546 votes to Republican Ileana Schirmer's 473.

For two-year terms in the General Assembly, Democrats Wayne DeAngelo and Dan Benson won with a combined total of 1050 votes, to a combined total of 922 votes for Republicans Kristian Stout and Steven Uccio.

For a five-year term as surrogate, incumbent Kevin Hoagland (Dem.) was reelected with 544 votes, compared with 452 votes for (Rep.) Karim Nicola.

For three years on the Board of Chosen Freeholders, incumbent Democrats Charles Tomaro and Leslie Koppel won with a combined total of 1067 votes, as compared with a combined total of 841 for Republicans Mina Kolta and Priti Pandya-Patel.

For a one-year unexpired term on the Board of Chosen Freeholders, Democrat



Muriel Calvanelli, Sylvia Hooper and Tee Lennard sign the voters in at the polls.

Shanti Narra was the overall winner, but lost in Rossmoor with 473 votes to Republican Roger Daly's 475 votes.

For a two-year unexpired term on the Township Council, Democrat Miriam Cohen defeated challenger Martin

Herrmann by 520 to 468 votes.

For a four-year term on the Township Council, Democrat Elizabeth Schneider won with 564 votes to 394 votes for Republican John

(Continued on page 4)

## Contract

(Continued from page 1)

reached to remediate the problem. All parties conceded that the existing pumping station was inadequate for today's conditions.

Parties to the Agreement were Middlesex County, with a contribution of \$400,000; Monroe Township would contribute through contract administration; and the Rossmoor Community Association, Inc. would do the engineering and design.

neering and design.

The original bidding process was not successful in June 2016, when estimates came back for several hundred thousand dollars over what had been anticipated. It was back to the drawing board to renegotiate the specifications. After a second, more recent, round of bids came in, the work was found to cost \$62,000 over estimates. Monroe Township has graciously agreed to add that amount to its contribution, as noted above.

The contract has been awarded to B&H Contracting, Inc., of Hammonton, N.J. It calls for a new, more powerful pumping station and new piping. Excess water from Cedar Pond will continue to be pumped to the Rossmoor golf course, where it is stored and used for lawn maintenance in the summer. Beyond that, rain water will be pumped downstream through the new pipes that will be installed to divert potential flood water from our residential areas.

The contract calls for the work to begin shortly and be completed in the spring of 2018.

days at the end of any calendar year or upon termination of his or her employment effective January 1, 2018.

It was also recommended and the board approved a change to the current Sick Leave policy to allow the Non-Union employees to have the ability to carry over and accumulate a maximum of 30 sick days to be used when an eligible employee is prevented by illness from performing his or her usual duties and responsibilities and there shall be no payment to an employee for unused sick days at the end of any calendar year or upon termination of his or her employment effective January 1, 2018.

The Community Relations Committee recommended and the board approved changes in the hours to the current Pool Rules to 9:30 am to 8:30 pm in June and July and 9:00 am to 8:00 pm in August and September; prohibit smoking of any kind, including e-cigarettes in the pool area; and posting the lane swimming schedule on the bulletin board for the 2018 pool season for the different months.

A motion was made to authorize the Executive Committee to approve a proposal from FWH Associates for structural/architectural services for the HVAC upgrades to AC-2, AC-9, AC-3 in the Clubhouse and the air handler in the Meeting House necessary for the bid specifications not to exceed \$15,000.

## Board meeting

(Continued from page 2)

2018; Sharon Way in 2020; and pavement reconstruction/rejuvenation; concrete curb and sidewalk reconstruction; and storm inlet reconstruction in 2018. The Maintenance and Finance Committees recommended and the board authorized the services of FWH for inspection and engineering services associated with the 2018 pavement repair and overlay project for the RCAI streets; pavement rehabilitation; concrete curb and gutter; and storm inlet renovation at a cost not to exceed \$11,500.

The RCAI negotiations team, the Union representative, and the shop stewards, agreed, and the board approved an increase in hourly wages of 3% for all categories for the first year of the new Agreement effective January 1, 2018; an increase in the weekday standby pay from \$100 to \$120; no changes in the employees' contributions to the health care premiums; an increase in the contributions to the Union pension plan from \$.75 per hour worked to \$.80 per hour worked effective January 1, 2018, for the term of the Agreement; and allowing the Union employees the ability to carry over and accumulate a maximum of 30 sick days to be used when an eligible employee is prevented by illness from performing his or her usual duties and responsibilities and there shall be no payment to an employee for unused sick

## Antiques & Collectibles

### WANTED

### We Pay The Highest Prices For

- Jewelry
- Diamonds
- Glassware
- Sporting
- Watches
- Artwork
- Furniture
- Militaria
- Coins
- Pottery
- Books
- Lighting



Thomas J. Petrino



Certified Appraiser & Buyer • One Item To Entire Contents  
Serving Princeton & Surrounding Area For Over 35 Years  
[www.TimeTravlerAntiques.com](http://www.TimeTravlerAntiques.com)

Our Honesty & Integrity Ensures Satisfied Clientele

609-924-7227



## Holiday Concert

Chiu-Tze Lin, Music Director and Conductor



Sunday, December 3, 2017, at 7:00 PM  
Featuring Emiko Edwards, Pianist  
Audience Sing-along

Princeton Alliance Church

20 Schalks Crossing Road • Plainsboro, NJ 08536

Advance tickets \$15-\$30 • Door \$20 (\$18 seniors/students)  
Purchase online [www.bravuraphil.org](http://www.bravuraphil.org) or call (609) 933-4729

## DR. OLGA ROZIN, Family Dentistry

Established 1995

WE'RE RIGHT IN YOUR NEIGHBORHOOD!  
190 BUCKELEW AVE (Rte. 522) • JAMESBURG

732-521-0550

[www.JamesburgFamilyDentistry.com](http://www.JamesburgFamilyDentistry.com)

- EMERGENCIES AND NEW PATIENTS WARMLY WELCOMED
- ONE-DAY DENTURE REPAIRS
- COSMETIC & IMPLANT DENTISTRY
- HANDICAPPED ACCESSIBLE
- FREE INITIAL CONSULTATION
- APPOINTMENTS TO MEET YOUR SCHEDULE (EVENINGS & SATURDAY APPOINTMENTS AVAILABLE)
- SPECIAL FINANCIAL CONSIDERATION FOR OUR NEIGHBORS IN THE ADULT COMMUNITIES

GENTLE DENTAL CARE  
IN A STATE-OF-THE-ART  
FACILITY



DR. ROZIN



Family Owned & Operated SINCE 1999

**FUTURE PHARMACY**  
and Medical Supply

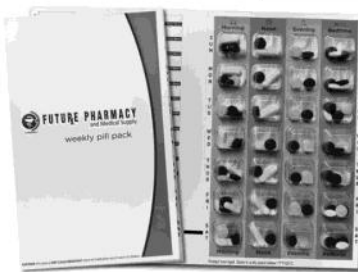
**FREE DELIVERY**

for Medications & Medical Supplies

**FREE MEDICARE PLAN CONSULTATION**

**Taking Five  
or More  
Prescriptions  
Daily?**

**FREE CONVENIENT  
PACKAGING!**



**Our Provided Services**

- Vitamins and Homeopathic Remedies
- Greeting Cards, Gifts and Jewelry
- Notary Public, Fax and Copies

**TRANSFER YOUR PRESCRIPTIONS TODAY**

**GIFT  
CERTIFICATE**

**\$500**

FUTURE PHARMACY

Valid Only At: FUTURE PHARMACY • Expires: 12/31/18  
One coupon per customer. While supplies last. Not valid on prescriptions. Not to be combined with any other offers. Certain restrictions may apply. See store for details. No cash value.

680 Route 33 E, Suite 8  
East Windsor, NJ 08520  
(Galleria at Twin Rivers Center)

**Phone: 609-632-2170** Mon-Fri: 9am - 7pm

**Fax: 609-632-2165**

**Sat: 9am - 2pm**

[FuturePharmacyNJ.com](http://FuturePharmacyNJ.com) • Find us on Facebook f





**WEST  
SIDE  
STORY**

Jan. 5 - 21  
\$20 for all

**KELSEY  
THEATRE**  
AT MERCER

609-570-3333 • [www.kelseytheatre.net](http://www.kelseytheatre.net)

**MERCER**  
COUNTY COMMUNITY COLLEGE

## Music

*(Continued from page 1)*

season was "Our Three Tenors," for which the talented Jeffrey Uhlig, pianist and manager of performers, assembled three excellent tenors of diverse backgrounds and ranges, including one musical theater performer and two more classically operatic tenors, who had different sounds and different repertoires. In spite of that the three also performed a number of pieces in friendly competition and camaraderie. It was fun to watch them and delightful to listen to.

The second concert was by the All Seasons Chamber Players, with an all-French program ranging from ba-

## Voted

(Continued from page 3)  
Krulewski.

In Monroe Township, three-year terms on the Board of Education were won by Jill DeMaio, Steven Riback, and Kathy Kolupanowich.

Public question number one, to authorize a bond issue to raise money for public libraries throughout the State, passed in Monroe with 5615 affirmative votes, to 5574 negative votes.

Public question Number two, passed with 6616 affirmative votes to 4453 negative votes, to amend the Constitution to dedicate money collected from damage to natural resources to repair and restore those natural resources, rather than let the money be used for any State purpose.

It is noteworthy that, of more than 3,000 registered voters in Rossmoor, only 1,376 people bothered to vote in this state-wide election.

## A tip of the hat

The staff of The Rossmoor News would like to acknowledge its debt to our preceding editor, Gene Horan, who originated many of the worthwhile customs and practices that now govern this publication. In particular, Gene began covering election results with his "How Rossmoor voted" columns. Thanks, Gene.

roque to 20th century. The main piece, Camille Saint-Saens "The Carnival of the Animals," used all the performers in Saint-Saens' 14 movements of musical depictions of animals, including Hens and Roosters, Kangaroos, The Elephant, fish, pianists (an insider joke probably), birds, most famously The Swan, along with others, all performed after a reading of the corresponding Ogden Nash poems written almost 30 years after the music was published. An exquisite surprise was the Sonata in B minor by the relatively unknown Jean-Baptiste Loeillet of London. As with most of the performances in the series, the musicians discussed the pieces and their composers, giving additional food for thought while the audience listened to the music.

The third concert of the fall season presented two tall handsome young men, cellist Adrian Daurov and pianist Spencer Myer. They started with a Beethoven riff on Handel's "See the Conqu'ring Hero Comes" (who knew Beethoven had a sense of humor), followed by a jazzy Capriccio by Lukas Foss, and a bonus, quintessentially romantic Schumann Fantasia, all played with finesse and feeling. The second half

was an exciting Mendelssohn Sonata played with verve and flair, with a delicate encore of Hamlich's "The Way We Were."

In August of 2015, the Association first presented 14-year-old Geoff Gallante, prodigy jazz trumpet player. He has played at Rossmoor with his jazz group each summer since to wide acclaim and enthusiastic audiences. He has grown up right in front of us.

Every concert is interesting and informative, and one thing you can be sure of, the music will be excellent. A short drive or walk from your home and a few dollars is all you need for an exceptional evening. Most concerts are on a Friday night at 7:30 p.m. in the Meeting House. If you missed the fall series, the spring series begins with pianist Fred Moyer on April 21.

The current Board members include Faith Knabe, president, Paula Richardson, treasurer, Mary Ellen Mertz, secretary, Gene Horan, Toby DelGuidice, Carol George, Peggy Mankey and Cathy Norback. The board works hard to make the concerts the quality events we have all enjoyed. For information on upcoming concerts, contact President Faith Knabe at 609-395-7853.

## Night before Christmas

(Continued from page 1)

Engine 5 took a hydrant and stretched through the door; They reported no heat, but smoke down to the floor.

Soon after my radio crackled and hissed;  
“L-T, come on up here, you have got to see this.”

So I climbed to the chimney and what did I see;  
But a fellow in red, stuck head-first past his knees.

Well, we tugged and we pulled and he finally popped out;  
Then he winked with one eye, and said with a shout:

“These chimneys, he said, are just way too small; For a fellow as I, not slender at all.”

He looked at our crew, and said, with a smile; "Well, well," he mused, "It's been quite a while";

"I remember you all, growing up brave and strong;  
Fulfilling your calling, this is where you belong."

"No matter the city, whether it be large or small;  
The world says thank you, for you answered our call."

And with a twitch of his nose he was back on his sleigh;  
As he called to his reindeer; “**AWAY now, AWAY!**”

We backed into quarters, as he flew out of sight;  
Saying “**God Bless** all our ‘**BRAVEST,**’ and to all a **SAFE**  
**night!**”

Greenbriar at Whittingham Community  
Presents in THE TOWNE CENTRE BALLROOM

**EMIL STUCCHIO  
AND THE CLASSICS**

*"A certain kind of magic happens when  
The Classics step onto the stage and  
begin sailing from one song to another"*

With over 50 years of entertainment experience and excellent  
vocal talents, The Classics continue to receive rave reviews  
from audiences and producers from coast to coast,  
including Atlantic City and Las Vegas.

The Classics are truly a class act. A show not to be missed!

**SUNDAY, JANUARY 14, 2018 AT 2PM -\$18**

Call the WHOA Box Office for Ticket Information  
609-395-0404 Extension 220 or 221.

**Concordia Homeowners  
Association Presents**

**"2018 Shows"**

*\* Save These Dates \**

**April 21 • May 19**

**June 9 • July 7**

**August 4 • September 15**

**November 3**

**For more info call 609-655-4664**

**OUR ANNUAL HOLIDAY PRODUCTION!**

*A Christmas Carol*  
by Charles Dickens

**December 8<sup>th</sup> – 17<sup>th</sup>**

Fridays at 8pm, Saturdays at 4pm and 8pm, and Sundays at 3pm  
All Tickets: \$15

Tickets & subscriptions are available at [playhouse22.org](http://playhouse22.org), at the box office or by calling 732-254-3939

**Playhouse 22**  
The East Brunswick Community Arts Center

Located in The East Brunswick Community Arts Center, 721 Cranbury Road, East Brunswick, NJ 08816

Best wishes for a safe and healthy holiday season.

**MONROE TOWNSHIP  
FIRE DISTRICT #3**

At your service... anytime.  
*[www.mtfd3.com](http://www.mtfd3.com)*



The logo is a shield-shaped emblem. At the top, it says "FIRE DEPARTMENT" in a curved banner. Below that is a circular seal with "TOWNSHIP OF MONROE" and "1838" around a central map of the township. Under the seal is "MIDDLESEX CO. N.J.". At the bottom, it says "DISTRICT THREE".

# Notice



'Tis the season to remember to be attentive to your surroundings and exercise extra care when walking on exterior surfaces during periods of inclement weather. If it is absolutely necessary to drive during a snow storm, please drive slowly and give snow removal vehicles the right of way.



## Thinking ahead – What type of long-term care is in your future?

By Linda Bozowski

We hope that, as we age, we will remain in good enough health so that we can stay in our homes and continue to care for ourselves or be cared for as we are now. But as our lives change, we may need assistance with certain aspects of our lives – cooking, personal hygiene, driving, shopping, caring for our pets. How much help, and what kind best fits our needs, can require difficult decision-making, and may need to involve family members or others close to us. Needing rehab assistance for a few weeks after a knee replacement is very different from needing daily care with personal grooming or getting to doctors' appointments. Bottom line is, long-term care can be temporary or ongoing and may, at some point in our lives, become necessary.

So where is long-term care provided for those who need it? Temporary care may be offered in a rehab center, which may be a unit in a nursing home, or in the home of the patient by nurses, home health aides, or therapists who come to the home. Depending on the needs of the patient, costs for rehab services may be covered by the patient's health insurance, since medical issues are most likely the reason for the need for care. If the need for short-term medical care is due to an accident, the patient's auto insurance may be financially responsible. Temporary long-term care may also be needed for a patient with a terminal medical condition, and may be a type of hospice care.

Ongoing long-term care, which may be needed for many months or even years can also be provided in a number of different settings. The best-fitting location may be determined by the patient's medical needs, and is defined as skilled care or custodial care. Skilled care, which is more complex, usually involves various therapy modalities, such as physical, occupational, or speech therapy, as well as patient testing, delivery of necessary medications, and general assistance. The expectation is that the patient's health will improve after being tended to in a skilled nursing facility.

General assistance with daily activities, e.g., bathing, eating, ambulation, is provided in both skilled and custodial settings. Patients who

are cared for in custodial facilities may have chronic health conditions that are unlikely to be improved through therapeutic treatment. The patient's general health conditions are monitored and medical needs are attended to. However, there may be less emphasis on therapy services.

Long-term care of either the skilled or custodial types may be offered in a variety of settings, including the patient's home with outside assistance being brought in. Traditional nursing homes, assisted living facilities, adult day care centers, homes of family members or friends and even the home of the patient may be suitable settings, depending on the needs of the recipient. However, payment of or reimbursement for any costs associated with caregivers or therapists will be dependent on the services being provided and the insurance carriers that may provide coverage.

Let's take a brief look at Medicare for a moment. In order for services to qualify for benefits under Medicare, very strict criteria must be adhered to. In general, services provided in a skilled nursing facility are covered, so long as there is a documented care plan, medical staffing levels satisfy Medicare requirements, and the patient has adequate "covered days" remaining in his or her benefit plan. Patients being treated in a custodial facility with no therapy services are not covered under Medicare guidelines, but may be eligible for Medicaid benefits. Some services provided in a home setting are covered under Medicare guidelines. The home health provider can address specific issues regarding coverage.

A number of insurance companies offer long-term care coverage. Benefits vary by carrier, as do the costs. Since these plans are private, their requirements regarding therapy services or staffing levels may be different from those of Medicare or Medicaid. Careful review of any of these or other insurance plans is advised so that the purchaser can select a product that may meet his or her future needs.

None of us knows what lies ahead. Research assistance is available through offices on aging and online. Visiting some of the facilities is our area and speaking with

staff may offer insight into the types of services available. Speaking with friends whose family members have used or are using local facilities may also be helpful. It is estimated that 22 percent of the over-65 population is currently receiving long-term care at this time. Of that number two-thirds are receiving that care at home and one third in some type of facility. Where might you or I be in the years ahead?



**\$ We Will Pay CASH \$**

Partial or entire estates  
Costume & Fine Jewelry,  
Silver, Watches, Coins, Antiques, Art,  
Sculpture, Furniture, Lighting, Musical  
Instruments, Porcelain & More.

Special care for senior citizens.

Your satisfaction is our goal.

Ask for Jeff or Daryl

908-862-0200 or 908-227-4440

Visit us at [Timeandagaingalleries.com](http://Timeandagaingalleries.com)



FROM OUR FAMILY TO YOURS



**Warmest Wishes**



during this holiday season



**always.**



**CENTRAL  
LEVINSON**

349 APPLGARTH ROAD • MONROE TWP.  
**609.655.5535 HomesOfNJ.com**

## LEVINE, FURMAN, RUBIN & ALGURAM, LLC

Estate Planning & Elder Law Attorneys

F-3 Brier Hill Court, East Brunswick, NJ 08816

1072 Madison Ave, Lakewood, NJ 08701

[www.levinefurman.com](http://www.levinefurman.com)

732-238-6000



You've worked hard your entire life to provide for your family and you want to protect and pass on that legacy. When you visit or call our offices, we want you to feel comfortable discussing important issues concerning both you and your family. We will provide you with the information you deserve and need to make an informed decision about your family's future.

### Our clients tell us they want to:

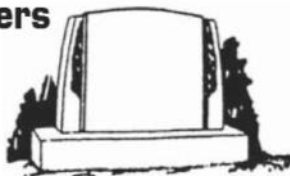
- Pass on their hard-earned wealth without government interference
- Avoid any unnecessary taxes and fees
- Avoid financial ruin due to Nursing Home and other crushing medical expenses
- Protect their family and wealth from predators and creditors after they are gone
- Avoid family members fighting over money and possessions after they are gone
- Pass on, not only money and property but also, wisdom, values and life lessons to the generations who follow

We can help your family with: Wills and Probate, Living Trusts and Trust Administration, Medicaid Pre-Planning and Qualification, Advanced Estate and Tax Planning, and Guardianships, Conservatorships and Powers of Attorney.

Visit us online at [www.levinefurman.com](http://www.levinefurman.com) to view our upcoming events!

## A.L. DURYEE & SON

- Monuments and Markers
- Bronze Plates



Douglas Sutphen, Prop.  
385 Mercer Street  
Hightstown, NJ 08520

(609) 448-0050



## Capital One Financial Corp


**3.83%**  
Yield to Maturity

3.75% Coupon. Priced at 99.401. Final maturity 07/28/2026. Subordinated Note. Callable starting 06/28/2026 at 100. Rated Baa1 by Moody's and BBB- by S&P.

Yields and ratings as of 11/14/2017. Availability, quantities, ratings and prices for offerings are subject to change. Bonds sold prior to maturity are subject to market, interest rate, credit and other risks. Credit risk is the risk that an issuer will default on payments of interest and/or principal. This risk is heightened in lower rated bonds. All fixed income investments may be worth less than their original cost upon redemption or maturity. Bond ratings, issued by private independent ratings services, are a grade given to bonds which is designed to indicate the credit quality of the bond. Moody's: Baa, Medium-grade and subject to moderate credit risk and as such may possess certain speculative characteristics. The modifier 1 indicates that the obligation ranks in the higher end of its generic rating category. S&P: BBB, Adequate capacity to meet financial commitments, but more subject to adverse economic conditions. The addition of a plus (+) or minus (-) sign shows relative standing within the major rating categories. Investors should note that an investment grade rating does not insure the bond against default and does not guarantee the return of principal. Subordinated notes are unsecured debt and are backed only by the promise and good credit of the bond issuer. Additional information is available upon request.



**Bill Tarallo, CFP®**  
Senior Financial Advisor, Managing Principal  
1246 South River Rd Suite 105 Cranbury, NJ 08512  
609-655-0202 x1  
bill.tarallo@wafinet.com

Investment and Insurance Products: NOT FDIC Insured/NO Bank Guarantee/MAY Lose Value

Investment products and services are offered through Wells Fargo Advisors Financial Network, LLC (WFAFN). Wells Fargo Advisors is a trade name used by Wells Fargo Clearing Services, LLC and WFAFN, Members SIPC, separate registered brokerdealers and non-bank affiliates of Wells Fargo & Company. 0317-05687 [83143-v3] A1488

## Winter solstice is on December 21

By Anne Rotholz

As we observe the world around us and try to explain it, we usually do so in a simple way. In everyday conversations we describe events as they appear to us, rather than in a scientific manner. We talk about the sun "rising" though we know that the sun does not move, and so on. I tried to keep this in mind as I began to write this article on the solstice.

Seasons are created by two important events: the rotation of the earth on its axis giving us day and night, and the earth revolving around the sun, giving us a year. The earth's "axis" is an imaginary line that goes from the North Pole to the South Pole. It is not perpendicular to the plane of earth's orbit around the sun. It tilts at an angle of 23.5 degrees relative to that plane. This tilt causes the seasons. When the North Pole is tilted toward the sun, the northern hemisphere warms up, likewise for the South Pole.

Scientists tell us that the tilt may have happened during the period when the earth and other planets were being formed. They believe that some celestial object hit the earth and took

a chunk out of it. This dislodged piece became our moon. The tilting of the axis probably happened at that time. It was to our advantage that it did. Imagine what life would be like if we had no seasons!

Winter solstice in the northern hemisphere is on Thursday, Dec. 21, at 11:28 a.m. On that day the noon-time sun is at its lowest point above the horizon, giving us the shortest day and the longest night of the year, and leaving the north polar area in total darkness. It occurs when the North Pole is tilted 23.5 degrees away from the sun.

The word *solstice* comes from the Latin *Sol* (sun) and *sistere* (to stand still). While it may appear to those of us watching from earth that the sun just sits and rests for a few days, we know that by 11:29 it is on its way again and we will get a little more light each day. They have a saying in Ireland that describes the change, "The evenings are getting longer by a rooster's step."

The winter solstice has been celebrated in civilizations all over the world for thousands of years. In most countries, it took the form of a festival in honor of the return of light and the rebirth of the sun.

Saturnalia was a feast in ancient Rome in honor of the mythical, bountiful, agricultural god Saturn. It was a feast of light that led up to the winter solstice. Originally celebrated on Dec. 17, it later became a multiday feast that would end on Dec. 23.

Saturnalia was a time of feasting and merrymaking for all, including the slaves. Houses were adorned with green garlands and candles were lighted. Family members exchanged small gifts. Sounds a little familiar, doesn't it?

The renewal of light and

the beginning of the new solar year were celebrated in the later Roman Empire as *Dies Natalis Solis Invicti*, The Birthday of the Unconquerable Sun. This became part of the Saturnalia celebration. In the third century Emperor Aurelian had a temple built to honor *Solis Invicti* and dedicated it on Dec. 25, 274. Around the same time early Christians declared Dec. 25 as the birthday of Jesus.

Northern European countries also had festivals to celebrate the winter solstice. In Norway it was the festival Juul (meaning wheel). In Denmark and some Germanic countries, it became the 12-day celebration, Jul, and in England it was Yule.

Present day celebrations that are found near the solstice are Christmas; Hanukkah, the Jewish Feast of Lights; and Kwanzaa, a festival that celebrates African culture.

Striking evidence of mankind's connection to the winter solstice can be found in the hundreds of ancient monuments and temples that are aligned to the winter solstice. Some of the more notable sites are New Grange, Ireland; Stonehenge, England; Dongzhi, China; Karnak, Egypt; Machu Picchu, Peru; Angkor Wal, Cambodia; Petra, Jordan, and Chichen Itza, Mexico. All of them were built in such a way that they either face, frame, or otherwise welcome the winter solstice sun.

Finally, while it might be logical to think that the winter solstice would bring us the coldest day of the year, it is not so. The Earth's mass holds on to its summer heat, so that we do not get the coldest weather until January and February. Likewise, the hottest summer months are July and August.

## Boy Scouts of America

By Bob Shine

The recent report in regard to the Boy Scouts changing their rules to accept girl scouts into their organization reminds me of something that I was part of many years ago.

I had been a member of Boy Scout Troop #16 in Metuchen, N.J., when I grew up and thoroughly enjoyed being a scout. A number of years later the troop started to decline due to a lack of leadership, and needed a scoutmaster to upgrade the troop. It had gone from about 30 regular scouts down to 10 or 12. I decided to step in and volunteered to become the scoutmaster.

At the first meeting I met with the scouts and explained to them the new rules, hoping to get them enthused enough to bring in

new members. I had all of them stand at attention at first and then to stand "relaxed." I explained the new system of getting points for all the merit badges they would achieve and how they could get more points by doing other jobs. At the end of the year, the boy with the most points would earn a free one-week trip to summer camp in north Jersey.

When I finished my talk, one of the boys (who happened to be the youngest and smallest boy) raised his hand and asked the following question. "Mr. Shine, if I get twice as many points as any other scout, can I bring a girl scout with me?" As you can imagine, I had a very difficult time in giving this young boy an answer.

### Barbara's Unique Antique Boutique

10% discount to holders of Rossmoor I.D. card

Wed. - Fri. 10:00 am - 5:30 pm • Sat. 10:00 am - 3:00 pm

Extra Holiday Hours - Call Us!

Jamesburg's Largest Estate Jewelry Selection

**WE BUY GOLD**

also buying Coins, Sterling, Costume Jewelry, Cameos, Designer Purses, Old Toys, Military & more.

Lifetime Area Residents Specializing in Buying and Selling All Kinds of Fine & Costume Jewelry, Antiques, Collectibles & Gifts. We have a Full Shop with Thousands of Pieces to Choose From.

Visit us at [www.barbarasantiques.com](http://www.barbarasantiques.com)

Like us on Facebook

35 East Railroad Avenue, Jamesburg, N.J. 08831  
732-521-9055



### Rossmoor Sales "Exceptional Service"

609.860.0500

The Rossmoor Sales Team

would like to wish everyone

A Happy and Healthy Holiday Season

Stop in and meet our team!

Join us for HOLIDAY SWEET TREATS

Wednesday Dec. 6 & Thursday Dec. 7 from 1 p.m. to 4 p.m.

THANK YOU FOR YOUR BUSINESS

Visit Our Website: [rossmoorsales.com](http://rossmoorsales.com)



& Bakery

**CHECK OUT OUR MONDAY-FRIDAY  
BREAKFAST SPECIALS with  
COFFEE & SMALL JUICE  
STARTING AT \$3<sup>95</sup>**

**EARLY BIRD SPECIALS STARTING AT \$10.95  
MONDAY-FRIDAY 2:00-5:00 PM  
With Beverage, Soup or Salad, and Dessert**

**LUNCH SPECIALS MONDAY-FRIDAY STARTING AT \$5.95  
DINNER SPECIALS STARTING AT \$10.95**

Open 7 DAYS A WEEK  
FROM 6 AM TO MIDNIGHT

610 Route 33 East  
N.J. Turnpike Exit 8  
East Windsor, NJ 08520

**15%**

**SPECIAL OFFER!**

**OFF**

LUNCH or DINNER with this coupon  
(EXCLUDES BREAKFAST, EARLY BIRD &  
HOLIDAYS • CASH ONLY  
(Coupon expires 12-31-17)

**609-443-1211**



# Were the Wright brothers wrong?

By Paul Pittari

It was a cold, not quite winter, morning with winds gusting to over 20 miles per hour. After fixing the components that had failed in several, prior attempts in previous days, they now knew that they had honed their machine to its finest edge. It couldn't be any better. They were certain that this was the day that would bring them everlasting fame and riches.

That day was December 17, 1903, and the men were the Wright Brothers, Wilbur and Orville. Their machine was dubbed the "Wright Flyer." It was on the sand dunes located four miles south of Kitty Hawk, North Carolina that Orville Wright, winning the coin toss with his brother Wilbur, won a chance at a shot of history. If good fortune were going to smile on him, Orville would be the first person to pilot a heavier-than-air, powered machine in a controlled fashion.

It was 10:35 in the morning when, with the tiny gasoline engine racing at its maximum speed, the hold back lock was released causing the craft to accelerate along the greased track before finally rising in the air. The flight only lasted 12 seconds covering the short distance of 120 feet, but it proved the concept of controllable flight in a heavier-than-air, powered machine.

After taking alternating turns at flying the flimsy craft, Wilbur had the fourth and final flight of the day. It was noon when the Flyer was launched. During this attempt, Wilbur was able to extend the distance of the flight to 852 feet with a duration of 59 seconds. However, at the last few moments, the Flyer pitched downward crashing into the soft sand. Wilbur was unhurt, but the Flyer incurred significant damage to the front rudder frame. However, to the brothers, the damage to the machine did not matter. What did matter was that this was the day that the airplane was born. With that, the brothers disassembled the craft and packed up their gear, and returned to their home at Dayton, Ohio.

But what were the underlying reasons for their success when others had failed? For one thing, they discarded the erroneous wing lift data that other researchers had published. They built a wind tunnel to help design a wing with maximum lifting capabilities. They also applied this knowledge to carving an efficient, wooden propeller. Second, working with their chief mechanic, Charlie Taylor, they were able to create a lightweight, gasoline engine, made mostly of aluminum, which powered their craft. Third, and most importantly, they found a way to control their Flyer so it could turn to the left or right. Prior to this, other pioneers could only fly straight ahead with no ability to turn in either direction. This made their craft non-controllable.

The brothers spent many hours observing the way birds fly and how they can change



First flight, December 17, 1903. Library of Congress, Prints & Photographs Division, LC-USZ62-6166A.

their direction during flight. They noticed that birds turn by dipping the tip of one wing, while raising the opposing wing tip upwards. In modern terms, this is referred to as "banking."

With that knowledge, they designed a system of dipping and raising opposing wing tips using pulleys and cables. They called their newly found discovery, "wing warping." None of their competitors were aware of this breakthrough. To prevent it from falling into their competitors' hands, they closely guarded this secret.

After returning to Dayton,

they managed to rent a secluded pasture from a local farmer from which they could continue their experiments with little exposure. Because of their obsession that another experimenter might steal their closely guarded wing warping technique, very little news of their flying achievements reached the public.

In the meantime, Europeans such as Santos-Dumont, Henri Farman, and Léon Delagrang were making noteworthy progress with their flying machines. Back in America, another experimenter, Glenn

(Continued on page 8)

## Woodshop

(Continued from page 1)

psychologists suggest what to put in the boxes. At the end of the bereavement sessions, the child keeps and can continue to use the box as a way of remembrance.

Thanks to Bob Landman, the Princeton Corridor Rotary through their service arm provided the funds for materials to make the boxes and for supplies to put in the boxes. In addition to supporting this project of the VNA Grief and Bereavement Support group, the Princeton Corridor Rotary has provided money this year to Rotary clubs in Florida, Texas, and Puerto Rico for hurricane

relief, as well as to the Boys and Girls Club and Good Grief.

The boxes were carefully joined using only glue, no nails or staples, so the children can't hurt themselves. They were well sanded and smoothed so there are no splinters or hard corners before being returned to the VNA volunteers to fill with the supplies. The job took around three weeks of milling, planing, sawing, gluing, and sanding, with all four men working hard and with help from other woodworkers. The 50 boxes from two years ago have now all been used and given to children. Now there are another 50 boxes for 50 more children.

Monette Lesme  
Broker

Linda Smith  
Realtor

**ML EXECUTIVE REALTY, INC.**  
— VERO BEACH, FL —  
**Serving Indian River, Palm Beach, St. Lucie counties**

Living and specializing in active, upscale, planned retirement communities

**772-569-6956**

**We will exceed your expectations!**

buyandsell@mlexecutiverealty.com | mlexecutiverealty.com

**I.C.C.**

Wishing You a Happy Holiday!

**Heating & Air Conditioning**

**"ALL BRANDS SERVICED & REPAIRED"**

Service Contracts Available

AUTHORIZED YORK, CARRIER & RUUD DEALER

MINI SPLIT SYSTEMS AVAILABLE

ICC is a full-service company since 1974—  
Located in Monroe Twp.

**609-655-4647**

John Intravartolo  
Santo Intravartolo

License #  
13VH01065900

**MONROE DENTAL GROUP**

**Lawrence Klein, DDS**

**Adam Klein, DMD**

**Comprehensive Dentistry**

**Complimentary Consultations**

**Over 20 Years in Monroe Township**

**Conveniently Located New Office**

**Just Off Applegarth Road**

**18 CENTRE DRIVE, SUITE 102**  
**MONROE TOWNSHIP, NJ**

**609-655-3551**

- 24 Hour Service
- Customized Installations
- Improved Air Quality Options

**CONWAY comfort**  
Heating & Cooling

- Quality Repairs
- Professional Duct Cleaning
- Maintenance Plans

**609-371-4822**

<p><b>Schedule a Free Estimate</b></p> <p>Schedule a free, no obligations estimate for a new heating and cooling system. We offer customized installations designed to ensure maximum comfort.</p>	<p><b>Save \$25</b></p> <p>...On any heating, cooling, or indoor air quality service we provide. This is a one time offer that cannot be combined with any other coupons or promotions. Offer not valid on prior purchases.</p>	<p><b>0% Financing for up to 60 Months</b></p> <p>Purchase a new Bryant furnace and AC system with installation by Conway Comfort, and be eligible for 0% financing for up to 60 months for qualified applicants. May not be combined with other offers. Does not apply to previous installations.</p>
--	---	--



## Wright brothers

(Continued from page 7)

Curtiss was also making significant advances with his designs, the scope of which would put him on a collision course with the Wrights and would have worldwide repercussions.

As with the brothers, Curtiss also started out the owner of a bicycle shop in upstate New York. His inventiveness eventually led him into building high-powered, lightweight gasoline engines for motorcycles. Curtiss then became an avid motorcycle racer, and in 1907, attained the then unthinkable speed of 136 miles per hour making him the fastest human in the world, a record that stood unbroken until 1930.

It wasn't long before orders for his powerful engines started to pour into his modest workshop. One unexpected order came from a California

airship builder named Thomas Baldwin. In 1904, Baldwin's airship, the "California Arrow," powered by Curtiss' engines became the first lighter-than-air craft to have successful flights in America.

Based on his rising popularity as an innovative engineer, Curtiss was invited by Alexander Graham Bell to join the Aerial Experiment Association (AEA) in 1907. The AEA was looking into ways to design and build feasible flying machines. As a new member, Curtiss immediately became fascinated with the prospect of flight. By 1909, the association had produced four aircraft evolving each design to be better than its predecessor.

Curtiss designed the third machine of the series, the "June Bug." In addition to designing the craft, he became the chief test pilot of the machine. In June of 1908, Curtiss flew the June Bug to a dis-

tance just short of a mile winning a prize of \$2,500 from the Scientific American magazine.

In 1911, much to the chagrin of the Wrights, Curtiss was awarded the No. 1 United States Pilot's License. Wilbur received license No. 2. These achievements launched Curtiss into the number one position as far as American aviators were concerned.

However, back in 1906, the Wrights were awarded a patent on their invention of wing warping. But more importantly, the patent also included other means of altering the shape of a wing to produce lateral control. This right would give them a monopoly on any other design using wing alteration to control roll stability. Other innovators would have to pay royalties to the Wrights if such approaches were used in their airplanes.

In the meantime, Curtiss was producing aircraft much

better than those of the Wright brothers whose design languished in obscurity. His designs included seaplanes with pontoons, as well as the introduction of planes with wheels so they could take off and land on any flat terrain. By 1909, Curtiss was receiving threats from the Wrights, insisting that Curtiss pay them royalties for his system of lateral control.

Curtiss' method employed hinged flaps that could be rotated upward or downward. Modern airplanes still use this technique. They are called "ailerons," derived from the French word for "fin" or "little wing." Using this approach, he believed that he would be able to circumvent the obstructive issues in the Wright's patent.

However, the Wrights did not see it that way. They interpreted the flaps as an infringement on the patent for lateral control, and filed a lawsuit against Curtiss for violating their patent. In 1910, the court ruled against Curtiss and other airplane manufacturers in Europe that the Wrights were entitled to a 20 percent royalty fee retroactive to the date of production.

The lawsuits and counter-suits went on for several years. However, in 1912, Wilbur Wright died from typhoid fever. Orville was not as aggressive as his deceased brother in the patent struggle. The continuing onslaught of back and forth litigation effectively stifled the development of aircraft design in America. In the mean-

time, European designers continued to advance the state-of-the-art production of superb aircraft.

With the outbreak of World War I, the only aircraft participating in aerial combat belonged to the two opposing alliances, the Allies and the Central Powers.

Near war's end, in 1917, the U.S. government recognized the stifling effects the ongoing litigation had on the advancement of aircraft design in America. A committee headed by Franklin Delano Roosevelt, the assistant secretary of the Navy, did some arm-twisting to get all the major airplane manufacturers to agree to form a cross-licensing organization called the Manufacture's Aircraft Association. Members of the Association could share aviation patents for a small fee for each aircraft produced.

And so, the battle between the principal combatants, the Wright Company and the Curtiss Company, came to an end. But the damage had already been done. America was a decade behind in the development of aircraft compared to the Europeans. It was a predicament that was to haunt America 20 years later when World War II started and we were still playing catch-up in aeronautical research and development.

In an ironic twist of fate, in 1929, the Curtiss and Wright companies merged together to form the Curtiss-Wright Corporation, which still exists to this day.

## Linux, an overview

By Steve Gray

This month I thought I would give an overview of another operating system – Linux (no, not Linus as in Charlie Brown). We all are at least a bit familiar with Windows, iOS (Apple) and Android (many cell phones and tablets) but have most of you even heard of Linux? It is an open and free operating system in use. Desktop users amount to about 2% but if you count servers, routers and switches the number is drastically larger as almost all of those items use a form of Linux.

There are many "flavors" of Linux with varying names and uses. There are currently about 220 types of Linux available, some with specific uses and some for general use. To confuse matters even more there are at least nine different desktops in use for most of the aforementioned 220 types of Linux. Which is best for you? That may be a difficult or impossible question.

What you can do with Linux is to download a "live" version onto a CD, DVD or flash drive. You can then try different versions without deleting anything from your hard drive. Why even bother? Do you have an older desktop or laptop that is gathering dust because it will not run the latest version of Windows very well (if at all)? That is almost the

perfect scenario. I have a laptop built in 2007 or 2008 that is currently running Linux Mint with a Cinnamon desktop. Anyone who has seen my presentations has seen that laptop in use. It came with Vista, ran Windows 7 and choked on Windows 10. Linux gave it new life. If you have an older computer, you can try a much lighter version like Puppy Linux, Linux Lite, Ubuntu, Bodhi, or Core Plus. Anything that ran Vista should be able to handle the larger versions like Ubuntu, Mint, Red Hat, Arch and over 200 others.

Most versions of Linux do come fairly complete including an office suite like LibreOffice (a Microsoft clone), games, Internet access like Chromium, and email programs like Thunderbird. You can download more familiar apps such as Chrome and Firefox.

The downside of Linux is that very little is automatic. You have to tell the system to update (updates are free) and you need to download and install any programs or apps you want through the system. It is not like buying a program such as Word and installing it. Support is very limited and usually means searching online for answers. The Rossmoor Computer Club does not support Linux even though some of the volunteers may be able to answer questions.



- Post-Hospitalization Rehabilitation
- Personalized Goal-Oriented Treatment
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- 24-hour Nursing Staff
- Certified Dietician
- Long Term Care
- Respite Care
- Hospice & Palliative Care
- Medicare, Medicaid & most insurances accepted

Call our admissions team today to schedule a tour!

**THE GARDENS AT MONROE**

189 Applegarth Road, Monroe, NJ 08831 | [www.thegardensatmonroe.com](http://www.thegardensatmonroe.com)

**609.448.7036**

## Advanced Treatment for Wet AMD



One of the most highly trained medical retina specialists in the area, **Wayne Grabowski, MD** completed an intensive two-year fellowship in retinal-vitro disease and retinal vascular disease at the renowned Wills Eye Hospital in Philadelphia.

- State-of-the-art diagnostic and treatment equipment.
- Treatment is available on the same day as diagnosis.
- Multiple treatment options available on site.
- Multiple offices for your convenience.

**Call to schedule your consultation today.**

**Outlook Eyecare**  
Comprehensive Care, Local Focus

PRINCETON: (609) 419-1920  
MONROE TOWNSHIP: (609) 409-2777  
HAMILTON: (609) 587-4700  
[www.outlookeyecare.com](http://www.outlookeyecare.com)



## Playing Mahjong with an octopus

By Carol De Haan

A friend named Marilyn was an underwater photographer. On a trip to Papua, New Guinea, she donned her scuba gear and slipped from the boat into a 6' deep bay. Swimming quietly in the clear water, she noticed a medium-sized octopus staring at her. Intrigued, she swam closer. The octopus didn't budge. For several seconds that felt like an eternity, a human being and a cephalopod gazed steadily into each other's eyes, neither of them moving.

On impulse, Marilyn picked up a rock from the floor of the bay and placed it in front of the

octopus. The creature looked at the rock and returned to gazing into Marilyn's eyes. What could it be thinking? Marilyn picked up a second rock and put it next to the first one. The octopus saw what she did but went back to observing Marilyn. A third rock elicited the same response, until, until ...

The octopus reached out with one of its arms, picked up a fourth rock and placed it in line with the first three.

In your wildest dreams, could you ever imagine such interaction with a creature seemingly so foreign, so unfamiliar? To this day, many

years later, Marilyn is still stunned.

### An octopus "brain"?

It has neurons but nothing like what we think of as a brain.

The last common ancestor between our two species was a worm that lived 750 million years ago. Some descendants of this worm developed bones, sophisticated neural systems, and ultimately became primates like us.

Other descendants retained a soft body with no bones, no shell, and no spikes. With so few defenses, these creatures learned to be clever. An octopus has what is called a "distributed" brain: a walnut-sized collection of neurons surrounding its esophagus and the optic lobe behind its eyes. This constitutes one third of its neurons. The other two thirds of neurons

operate independently, distributed as one ganglion in each of its eight arms.

In spite of this unusual setup, an octopus can nevertheless figure out and navigate a complex maze. It can make tools. It can hold a glass jar while twisting off the metal cap to get at the tasty shrimp inside. And it can forcefully tell you what it doesn't like: a lab attendant reported having distributed food to each of several tanks of sea creatures. Apparently, the octopus did not like its dinner. Instead of just ignoring the meal, the octopus coyly waited until the lab attendant came back into view before it spat out the unaccepted food, making a point of showing its displeasure.

### Destroying a research project

A university on the west coast kept several tanks of unique or endangered sea

creatures for study. Returning to work one Monday morning, researchers were appalled to see that all tanks -- in a closed laboratory -- were empty of their costly, exotic specimens. Small bones and scales littered the floor.

They followed a trail of slime from tank to tank and then to the hall door. Something had managed to open the door. The trail of slime led down the hall to another open door on the opposite side, and up to another large tank, in which dozed a well-fed octopus.

### Building a den

In the wild, an octopus will often swim to its den to sleep off a big meal. Because sleep is a time of vulnerability, an octopus frequently keeps a nearby supply of rocks. Once safely inside, it will extend an arm to pick up a rock, then another, and another, thereby closing off the entrance so it can snooze behind the safety of a stone wall.

### Questions for you

1. Could wall building explain why Marilyn's octopus was so helpful about adding a fourth rock to her collection?
2. Have you ever known a pet dog or cat to do anything as clever as what these octopuses do?
3. Have you suddenly lost your appetite for calamari?

## Calling all Magyars

By Carol De Haan

The Museum of the American-Hungarian Foundation invites all people of Hungarian origin and their friends to their 29<sup>th</sup> Annual Festival of Trees to celebrate their traditions, as well as those of many other nations.

The opening reception for the Festival will be on Sunday, December 3, from 1 to 4 p.m., at 300 Somerset Street, New Brunswick. You'll enjoy refreshments and special performances by the Madrigal Choir of Franklin High School and the Hungarian Scouts. The Museum will commemorate the 110<sup>th</sup> birthday of Jozsef Domjan and the art-

work of Stefan Balog. The exhibit will then run through January 12, 2018. Call 732-846-5777 for dates and times.

In addition, on Saturday, December 16, from 10 a.m. to 9 p.m., the Museum will sponsor a Hungarian craft fair with hand-made gifts and traditional foods.

Many families of Hungarian origin came to live in and around this part of New Brunswick after the 1955 uprising against Communist rule in their country.

P.S. If you're worried about parking in New Brunswick, there is a 10-story municipal parking garage on nearby Plum Street.

## Electric power rates are falling

By Carol De Haan

Monroe Township has negotiated a contract with South Jersey Energy to provide electricity for homeowners at the rate of \$0.07662 per kilowatt hour. This is a saving of 19% over the current JCP&L rate. The new contract will begin with the December meter reading and will remain in effect for two years.

Residential consumers

who now participate in the Community Energy Aggregation program will automatically come under the new program. No action is necessary, unless a customer wishes to opt out. In that case, the customer should call the JCP&L Retail Choice Center at 1-800-478-2300.

JCP&L will continue to send monthly bills, as it has done under previous electric supplier contracts.



## What you should demand from your dentist:

### 1. HE SHOULD LISTEN TO YOU —

When you first meet the Doctor, it's a good sign if you get to do most of the talking. After all, who knows you better than... you! Your needs and concerns are VERY important to us!

### 2. GENTLE COMFORTABLE CARE —

Nowadays, your dental care can be surprisingly comfortable. With cable television, Nitrous Oxide (gas), topical anesthetic, and more, you will be amazed at how easy dental care can be!

### 3. REASONABLE AND FAIR COST —

We know how valuable your time and money are to you. That's why our goal is "on-time" appointments, "Interest Free" financing, and, also, why your first visit is free!

"When you need a dentist, you want one who really does take the time to be gentle and careful. That's exactly the way I built my practice: calm, relaxed, and incredibly comfortable. "Give me a call. My number is 609-860-1161. You will be pleasantly surprised and very happy!"

— Peter DeFazio, D.M.D.

- GENTLE DENTAL TREATMENT
- PROFESSIONALLY TRAINED, CARING AND COURTEOUS STAFF
- ALL TREATMENT PLANS THOROUGHLY EXPLAINED
- SPECIAL ATTENTION TOWARDS TREATMENT OF GUM TISSUE
- FINANCE PLANS AVAILABLE THROUGH SPRINGSTONE FINANCIAL
- ON-TIME APPOINTMENTS
- NIGHT TIME APPOINTMENTS AVAILABLE
- MOST INSURANCE PLANS ACCEPTED



Dr. DeFazio has been practicing for 26 years, is married, has three children and lives in Monroe. Dr. DeFazio is a graduate of Temple University and UMDNJ. He is a past Clinical Instructor at JFK Medical Center and a past Board Director for the American Red Cross.

## Let's Get Acquainted Offer

Complimentary Comprehensive Examination,  
Necessary X-Rays and Consultation!

**\$200.<sup>00</sup> Value!** New patients only.

1 Rossmoor Drive • Suite 100 Heritage Building • Monroe, NJ • 609-860-1161

24 HOUR EMERGENCY CARE



## Got pain? Get AMP'D!!

### Alternative Medical Pain Docs

#### Dr. Sang H. Song, D.O.

Dr. Song specializes in non-operative care of spinal (neck, back) and joint pain (shoulder, elbow, wrist, knee, hip), sports injuries, and arthritis.

Dr. Song's comprehensively provides personalized treatment for pain, helping both body and mind. Dr. Song has further expertise in spinal manipulation medicine.



- Board certified in Physical Medicine & Rehabilitation
- Robert Wood Johnson-JFK Rehabilitation Residency
- Univ. of Medicine & Dentistry of NJ - Johns Hopkins University

## 732-660-8715

(most insurances, including HMOs accepted)

Rossmoor Health Care Center  
1000 Old Nassau Dr, Monroe, NJ 08831

Also at: 241 Forsgate Dr 107, Jamesburg, NJ 08831  
ampdoctors@gmail.com

## GET FIT

Anthony Manisero

**Certified Personal Trainer**

**Nutrition Consultant**

All ages and fitness levels

**Reasonable Rates • Individual or Group Training**

Makes a great gift!

TrainwithAnthonyM@gmail.com

(732) 547-6801



# MILLENNIUM EYE CARE, LLC

### Cataract Surgery

Jeffrey S. Brottman, MD, FACS  
Elliot S. Grand, MD, FACS  
David K. Lee, MD, FACS  
Steven K. Mishkin, MD, FACS, FRCS(C)  
Martin S. Schneider, MD, FACS

### General Ophthalmology

Roman G. Kernitsky, MD, FACS  
Jeffrey S. Brottman, MD, FACS

### Corneal Diseases

Martin S. Schneider, MD, FACS

### Glaucoma

Elliot S. Grand, MD, FACS  
David K. Lee, MD, FACS

### Oculoplastic Surgery

Steven K. Mishkin, MD, FACS, FRCS(C)

### Retinal Diseases

Elena Ng, MD

### Contact Lenses and Optometry

William B. Potter, OD 4423  
Rachel S. Bernatsky, OD 6737  
Drashti Makwana, OD 6488  
Talia M. Mishkin, OD 6461  
Paul L. Sonenblum, OD 5871  
Hina P. Zaidi, OD 6236

### Low Vision

Talia M. Mishkin, OD 6461  
Hina P. Zaidi, OD 6236

## David Lee, MD, FACS

### Glaucoma Specialist



New  
East Windsor  
location

# Genesis

## EyeWear

"The beginning of better vision"

For more info & maps of our locations: [www.millenniumeyecare.com](http://www.millenniumeyecare.com)

FREEHOLD  
500 West Main St  
732.462.8707

EAST WINDSOR  
440 Rt 130 South  
609.448.3990

MARLBORO  
455 Rt 9 South  
732.591.2200

MONROE  
4 Research Way  
609.495.1000

BRICK  
515 Brick Blvd  
732.920.3800

JACKSON  
2080 W County Line Rd  
732.364.5123



## "Ask the G.M."

Questions posed to RCAI General  
Manager Jane Balmer by Rossmoor  
staff and residents.

**Q: How do the Standing Committees and Board of Governors function?**

**A:** This is a very timely question. There were some new residents that attended the Standing Committee meetings last month and really did not know which committees would handle their comments, questions or concerns.

Recently the Standing Committees, Maintenance; Community Affairs; and Finance; have been meeting every quarter, typically, in February, May, August and November. The meetings start at 9:00 a.m. in the Village Center Meeting the second Thursday of the month, unless noted otherwise. There is a representative from each Mutual on the Committees. Each spring the Committees elect a chair, vice-chair and secretary that serve for a one-year term.

The Maintenance Committee meets first at 9:00 a.m. followed by the Community Affairs Committee and finally the Finance Committee. If you are interested in attending, you should try to be there at 9 a.m., but may need to wait for another meeting to voice your concerns or ask questions. Residents are encouraged to attend and may comment prior

to the voting on any resolutions or at the end of the meeting. Each Committee discusses and reviews resolutions and policies that relate to that committee and makes recommendations to the RCAI Board of Governors.

The Maintenance Committee reviews all maintenance related resolutions and typically has a representative from High Tech, the contractor hired to handle the landscaping and snow removal, and a representative from the Maintenance Department attending the meetings. The Maintenance Committee deals with all matters related to maintenance and replacement of the physical assets of the Rossmoor Community.

The Community Affairs Committee meets after the Maintenance Committee meeting. This Committee is concerned with and reports to the Board matters regarding relations with residents; all matters of common interest related to the education and recreation within the Community; matters delegated to it by the Board with respect to healthcare services; issues relating to access through the gates, traffic and other matters related to access into the Community. Representatives from US Security, the contractor hired to control the gate access at the North Gate; St. Peter's Hospital, the contractor hired to provide registered nurses at the Healthcare Center, and a representative of the RCAI Education and Recreation Department are typically on the agenda.

The Finance Committee meets last. The Committee is responsible to review all financial aspects of the Association and report its findings to the Board. They review all monetary resolutions, the monthly financials and the resolution reconciliation report.

The RCAI Board of Governors meets the third Thursday of each month and is the final decision maker on all matters concerning the Association. The board is responsible for the annual budgets, maintaining the common property; designating the personnel to carry out the responsibilities of the Association; maintaining all funds in proper accounts; making and amending rules and regulations; enforcing the provisions of the bylaws; and

paying the cost of all services rendered to the Association.

The RCAI Board of Governors monthly meetings are open to all residents. Should you wish to understand the workings of the board, express your views or ask questions pertaining to the maintenance, community relations, finance, or operations of the Association, please plan to attend the board meetings. If you are not able to attend or need an answer sooner than the next meeting, please feel free to contact me, 609-655-1000 or [janebalmer@rcainj.com](mailto:janebalmer@rcainj.com) and I would be more than happy to assist you.

**Q: Does Rossmoor own any of the snow removal equipment and is our staff involved in the process?**

**A:** Prior to ice/snow storm, based on the local weather reports, all the streets and carport areas are pretreated by our Maintenance staff using our trucks and spreaders. When the snow starts accumulating, the main streets, gates and parking lots are plowed, continuously, also by our Maintenance staff. Once the storm ends and the snow stops falling, our Maintenance and Education and Recreation staff start the process of clearing the main, perimeter sidewalks in the Mutuals with our bobcats. The Kubota is used to clear and treat the common facilities' sidewalks.

High Tech Landscapes has a crew clearing the carports, a crew clearing driveways and when the perimeter sidewalks are cleared, and another High Tech crew clears the walks to the individual manor front doors and front stoops.

Rick DeBlois, operations manager, is our snow guru and guides the staff and High Tech through the process.

Please review the complete RCAI Snow Policy for further details.

**On behalf of all the RCAI employees, we extend our warmest wishes for a joyous holiday season and a pleasant New Year. We would also like to thank you for your contributions to the Holiday Gift Fund. Your generosity and holiday cheer are appreciated.**

## The Exponential Ensemble to perform

The Monroe Township Cultural Arts Commission, in collaboration with the Monroe Public Library, presents the Princeton Symphony Orchestra's Exponential Ensemble with Pascal Archer (clarinet), Anna Urrey (flute),

and Kemp Jernigan (oboe). The date is Monday, December 4 at 1p.m. at the Monroe Twp. Library, 4 Municipal Plaza.

Registration is not required. Free admission



## Bob's Almanac

By Bob Huber

### December: A busy month

By Bob Huber

With everyone preoccupied with preparations for the holidays, nothing really important happens in December, right?

We beg to differ. In addition to the obvious significance of the religious observances, there have been many other events during the final month of the year that have unalterably shaped our lives and our future. Here are just a few:

**December 1, 1955:** An African American woman by the name of Rosa Parks was arrested in Montgomery, Ala., because she wouldn't give up her seat on the bus to a white passenger. The event triggered the birth of the modern American civil rights movement.

**December 2, 1942:** Physicists, led by Enrico Fermi, carried out the world's first nuclear chain reaction in a reactor buried under the University of Chicago stadium. The successful experiment proved that atomic fission was no longer a theory, but a reality. It's probably just as well that people attending events at the Stadium didn't realize what they were sitting on.

On that same date in 1982, the first permanent artificial heart was implanted in 61-year-old Barney Clark.

**December 5, 1933:** Congress adopted the 18th amendment to the Constitution, which repealed Prohibition, just in time to celebrate the holidays.

**December 6, 1865:** The 13th amendment, which abolished slavery, was added to the Constitution.

Thomas Edison picked this date in 1867 to demonstrate his new invention: the phonograph. And in 1886, the celebrated American poet Alfred Joyce Kilmer was born in New Brunswick, N.J.

**December 7, 1941:** "A date which will live in infamy." Japanese air and naval forces attacked the United States naval base at Pearl Harbor, Hawaii, signaling our entrance into World War II.

**December 11, 1901:** Guglielmo Marconi transmitted the first trans-Atlantic radio signal, eventually leading to our ability to laugh at Bob Hope's jokes in Hollywood and marvel at the wonder of hearing Neil Armstrong's voice from the moon, all from the comfort of our own living rooms.

**December 14, 1962:** Speaking of messages from space, it was on this date that the Mariner II Space Probe sent back its first message from the planet Venus, the first communication ever received from another planet.

**December 17, 1903:** The men who started it all, Wilbur and Orville Wright, launched their first powered flight of an airplane. On that historic day at Kitty Hawk, their experimen-

tal flights were only a matter of feet in length, but we doubt that even those gifted inventors could envision what their creation would evolve into over the ensuing 114 years.

**December 23, 1947:** The transistor was invented, sparking a worldwide revolution in electronics that continues to this day. Before, becoming embroiled in holiday festivities, it might be nice if teenagers would text a note of appreciation to Bell Laboratories.

**December 30, 1803:** The United States took possession of the Louisiana Territory, which it purchased from France for \$15 million. It was certainly one of our country's best investments. The transaction nearly doubled the size of the U. S. What a wonderful holiday present to the American people!

To all our faithful Rossmoor News readers: our very best wishes for a happy holiday season.

### 10 Common Questions on Social Security Benefits

If you're nearing retirement or you recently retired, you probably have plenty of questions about Social Security retirement benefits. Here are answers to 10 common queries posted online by the Social Security Administration (SSA).

Q1. How do I obtain a replacement Social Security card?

A. You can get an original Social Security card or a replacement card if yours is lost or stolen for free. Generally, all you have to do is submit the request to the SSA online. However, in some states, you must show additional documentation. Visit the SSA website for more information.

Q2. How do I change or correct my name on my Social Security number card?

A. If you're legally changing your name because of mar-

riage, divorce, court order, or for any other reason, promptly notify the SSA and obtain a corrected card. This service is also free. Simply follow the procedures for getting a replacement card.

Q3. What are the ramifications if I receive Social Security retirement benefits while I'm still working?

A. If you haven't reached full retirement age (FRA) and you earn more than a specified annual limit, your benefits are reduced under this "earnings test" as follows:

- If you're under FRA for the entire year, you forfeit \$1 in benefits for every \$2 you earn that exceeds the annual limit. For 2017, that ceiling is \$16,920.
- In the year in which you reach FRA, you forfeit \$1 in benefits for every \$3 earned above a separate limit, but only for what you earn before the month in which you reach FRA. For 2017, this limit is \$44,880.

Beginning with the month in which you reach FRA, you can receive benefits that won't be affected by whatever you may earn.

Q4. What is my FRA?

A. It depends on the year in which you were born. The FRA gradually increases from age 65 for those born in 1937 or earlier to age 67 for those born in 1960 and after. The FRA for Baby Boomers born between 1943 and 1954 is age 66.

Q5. Can I collect benefits if I retire before my FRA?

A. Yes. You can retire and apply for benefits as early as age 62, but your monthly benefits will be reduced by as much as 30% in that case.

Q6. Are benefits increased if I wait to apply until after my FRA?

A. Yes. You can receive increased monthly benefits by applying for Social Security after reaching FRA. The benefits may increase by as much

(Continued on page 12)

## Join Seabrook for a Sunday Open House



**Get an inside look** at vibrant retirement living on the Jersey Shore. Come and tour our beautiful campus and maintenance-free homes. Experience top-notch amenities and discover dozens of exciting clubs, classes, and activities.

**Sunday, December 3, 2017**

Tours scheduled at 11:00 a.m. and 1:00 p.m.

**3000 Essex Road, Tinton Falls**

**Call 1-800-471-6394**

for more information and directions.

*Bring your friends and family!*



Jersey Shore  
SeabrookCommunity.com



This event will include a 20-minute marketing presentation.



## CASH PAID for ANTIQUES and FINE FURNISHINGS

- Jewelry
- Silver
- Gold
- Coins
- Rugs
- Lamps
- Pianos
- Paintings
- China
- Dolls
- Toys
- Clocks
- Chandeliers
- Furniture, etc. . .

PLEASE CALL ANYTIME FOR AN APPOINTMENT



### A-A EMPIRE ANTIQUES

278 Monmouth Street, Hightstown, NJ 08520

609-426-0820 • Fax: 609-426-8850

TOLL FREE: 1-800-626-4969

FABRIC & UPHOLSTERY SHOP ON PREMISES

**SAME GREAT SERVICE  
JUST GOT BETTER!** 

**We Buy any Car or  
Truck, new or old, running or not.  
CASH PAID!**

**Call Chris anytime, 7 Days a Week.  
732-406-4233**

**Fast, Friendly & Fair Service.**

## Lester Memorial Home

Thoughtful, Personal, Dignified Service

"A choice for Rossmoor Residents since 1965"

Gregory S. Lester, Manager, Lic. #3364

David L. Lester, Director, Lic. #3483

16 W. Church Street, Jamesburg  
New Jersey 08831

**732-521-0020**

[www.LesterMemorialHome.com](http://www.LesterMemorialHome.com)

## CLINTON MONUMENT CO. EAST BRUNSWICK MONUMENT CO. Since 1866



SERVING ALL FAITHS  
SERVING ALL CEMETERIES

- Superior Craftmanship
- Memorials In Granite & Bronze
- Cemetery Lettering

841 CRANBURY RD.  
Opp. Holy Cross Burial Park  
East Brunswick/Jamesburg  
Convenient to Rt 1 & Rt 130



RONALD M. NELSON

(732) 521-3020

(732) 257-0099



Princeton  
HomeCare Services  
Princeton HealthCare System

### Quality Patient-Centered Care

Serving the Monroe area since 1966

- Specializing in Nursing & Rehabilitation
- 24-Hour Coverage
- Registered Nursing Care
- Hospice
- Certified Home Health Aides
- IV Therapy
- Nutritional Counseling
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Social Services
- Lifeline Emergency Response System
- Palliative Care Program
- Complementary Alternative Medicine

Licensed and Insured. Medicare/Medicaid Certified. Most Major Insurance Plans Accepted.  
University Medical Center at Princeton and the other clinical units of Princeton HealthCare System are Joint Commission accredited.

609.497.4900 | [www.princetonhcs.org](http://www.princetonhcs.org)  
88 Princeton-Hightstown Road, Suite 202  
Princeton Junction, NJ 08550

## Musings and Memories

By Betty Emmons

### A Christmas memory from the past- from yum to barf

The holidays are over, and all the hurry and scurry has died down. I am now enjoy-

### The new age Christmas

By Bob Huber

What's happened to our Christmas, In these modern times, When Santa basks in the Bahamas, And orders stuff on line?

Our gifts are sent from Amazon, Or someplace else desired. Arriving here by UPS. No reindeer are required.

Our greeting cards have gone the way Of ancient dinosaurs. A simple tweet will do the trick, Saving countless hours.

Next year, we hear, there'll be no need To even leave our homes. All our Christmas wishes Will be delivered here by drones. Happy Holidays!

ing happy memories of family, friends, gifts and parties. I enjoyed it all, but I think that you will be surprised to learn that a box of candy probably gave me the most pleasure. All my life I was restricted in my sweets consumption and I was never satisfied. My mother taught me that when I was offered candy as it was passed around that I was only to take one piece and not the biggest piece. Sharing, too, was one of the rules, and if there was only one piece left, I was to make sure no one else wanted it before I took it. I was also told if I had candy from home I was to share it and not eat it in front of someone who had none. So, as the years went on, I never got over these instructions and always held back, even as an adult. It was like I had a built-in governor.

This year, however, I decided to indulge myself freely from my Christmas box of candy, and I started with the nut filled pieces. After they were gone, I decided I would eat one piece a day which

sounded like a good idea until I started to reward myself every so often during the day. When it came to the creams I would have at least two to see what I liked best. Even so, the box lasted a long time, and toward the end I was eating just to finish off the box. I had no desire to satiate myself anymore. I definitely had my fill.

My mom taught me manners but said nothing about overindulgence because she probably figured I had common sense. Well, it took me many years to fill that sweet tooth desire. As I write this, I can honestly say "no thank you" now and let the sweets pass me by. I finally had enough, and the end result was not as sweet as I thought it would be.

I guess too much of a good thing really is not a good thing but, as the saying goes, you are never too old to learn. I now know I ate too much and I really learned my lesson the hard way.

## New Neighbors



By Christina Smith, Resident Services Manager

Lonzer Morris, 364N Yorkshire Lane, formerly of Manalapan, N.J.

Norman Dworkin, 53A Old Nassau Road, formerly of Stonybrook, N.Y.

Song O. Hong, 211N Rossmoor Drive, formerly of Eatontown, N.J.

Barbara J. Wright, 308C Old Nassau Road, formerly of Edison, N.J.

Christine Camp, 16C Old Nassau Road, formerly of Helmetta, N.J.

Joseph C. Lambert, 378A Old Nassau Road, formerly of Piscataway, N.J.

Mary Lamb, 23N Rossmoor Drive, formerly of Manalapan, N.J.

Harold and Dale Peace, 92A Glenfield Lane, formerly of Aldie, Va.

Manohar and Vanita Dev, 275-O Milford Lane, formerly of Monroe Twp., N.J.

Michael and Janice Benbrook and Myrna Levenhar, 26C Bradford Lane, formerly of Brooklyn, N.Y.

Frank and Carmen Gomez, 18A Rossmoor Drive, formerly of the Bronx, N.Y.

Thomas R and Mary Ann Simonitis, 169A Portland Lane, formerly of Monroe Twp., N.J.

Robert and Wendy Cotton, 327N Nantucket Lane, formerly of New Brunswick, N.J.

Donna Cestari, 73A Rossmoor Drive, formerly of Monroe Twp., N.J.

Ernest and Dorothy Dinardo, 338B Narragansett Lane, formerly of Bloomfield, N.J.

Pankaj and Indira Sanjanwala, 402A Oxford Lane, formerly of Little Ferry, N.J.

(Continued on page 13)

## Sound Advice

(Continued from page 11)

as 32% if you wait until age 70. After age 70, there is no further increase. Visit the SSA website to figure out the exact amount of your "early" and "late" benefits.

Q7. How do I apply for Social Security retirement benefits?

A. You should apply for retirement benefits three months before you want your payments to start. The easiest and most convenient way to apply is to use the online application. Note that the SSA may request certain documents to verify your eligibility.

Q8. How do I handle benefits for an incapacitated person?

A. If your elderly parent or someone else who is entitled to receive Social Security benefits needs help in managing those benefits, contact your local Social Security office about becoming that person's representative payee. Then you assume the responsibility for disbursing the funds for that person's benefit.

Q9. Who is entitled to receive Social Security survivors' benefits?

A. A spouse and children, or both, of someone who has died may be in line for benefits based on that person's earnings record. Visit the SSA website for more details. Survivors must apply for this payment within two years of the date of death.

Q10. Are Social Security benefits subject to tax?

A. Yes, but not everyone is liable. You are taxed on Social Security benefits under a complex formula if your provisional income (PI) exceeds the thresholds within a two-tier system. PI is the total of (1) your adjusted gross income (AGI), (2) your tax-exempt interest income, and (3) one-

half of the Social Security benefits you received.

• For a PI between \$32,000 and \$44,000 (\$25,000 and \$34,000 for single filers), you're taxed on the lesser of one-half of your benefits or 50% of the amount by which PI exceeds \$32,000 (\$25,000 for single filers).

• For a PI exceeding \$44,000 (\$34,000 for single filers), you're taxed on 85% of the amount by which PI exceeds \$44,000 (\$34,000 for single filers) plus the lesser of the amount determined under the first tier or \$6,000 (\$4,500 for single filers).

In many cases, these answers will lead to even more questions. The SSA website is helpful, but you may need additional guidance for your personal situation. Don't hesitate to contact us for assistance.

Norman J. Politziner, CFP, a resident of Encore, is a Registered Representative and Investment Adviser Representative of Equity Services Inc. Securities and investment advisory services are offered solely by Equity Services, Member FINRA/SIPC, 4401 Starkey Rd., Roanoke, VA 24018. (540) 989-4600.

NJP Associates and all other entities are independent of Equity Services, Inc.

For more information, questions, or comments, we encourage you to visit our website at [www.poltziner.com](http://www.poltziner.com) or call us at (732) 296-9355.

08/23/2017 ©2017 Advisor Products Inc. All Rights Reserved.

The views and information contained herein may have been prepared independently of the presenting Representative and are presented for informational purposes only and should not be construed as investment advice. This information is not intended as tax or legal advice. Please consult with your Attorney or Accountant prior to acting upon any of the information contained in this correspondence.

TC98254(1117)1



CULINARY CORNER

By Sidna Mitchell

Make your own candy cane cookies

The holiday season always reminds me of decorating for Christmas, starting right after Thanksgiving, and making cookies, cakes and pies. Just the other day someone noted my Wegman's truck underneath a living room table. I commented that back in my Bernardsville days, I decorated our fireplace mantel with my advertising truck collection (Coca Cola, Hess, etc.) and evergreens from our woods.

There is no fireplace mantel or place to show off my trucks here, but I do have memories of cutting down our Christmas trees from our woods and baking with my daughter Meredith. As a youngster she loved to bake, and, now as the mother of 10-year-old Maggie, she continues to bake Christmas cookies with her daughter.

Here's a recipe that Meredith always enjoyed making and eating.

Culinary corner

Candy Cane Cookies

1 cup real butter, softened

1 cup confectioner's sugar

1 egg

2 ½ cups all-purpose flour

1 teaspoon salt

½ teaspoon red food coloring

½ teaspoon peppermint extract

Mix together the butter, confectioner's sugar and egg in a large bowl.

Blend in the flour and salt and divide the dough in half.

Place half in a small mixing bowl and blend in the red food coloring and the peppermint extract.

Cover both halves in plastic wrap and chill in the refrigerator for one hour.

Preheat oven to 375 degrees.

Take one teaspoon of the red dough and shape into a four-inch long rope; do the same with the white dough.

Place ropes side by side; press together lightly and twist.

Complete the cookies one at a time and place each one two inches apart on an ungreased cookie sheet.

Curve the top of the cookie down to form the handle of the cane.

Bake about 10 minutes or until set and very lightly brown.

Remove cookies and place on a cooling rack.

Makes about four dozen cookies.

I can be reached via e-mail at sbmcooks@aol.com.

In Memoriam

**Janice Marie McCambridge**  
Janice Marie (Rentschler) McCambridge, 82, of Keansburg, N.J. passed away on Thursday, September 14, 2017, at the Bayside Manor in Keansburg.

Born and raised in Spring City, Pa., Mrs. McCambridge moved to New Jersey in 1977. A 1953 graduate of Spring City High School, she worked as an administrative assistant prior to becoming a full-time homemaker. In her spare time Mrs. McCambridge enjoyed playing golf, participating in church activities, and in later years, spending time with her family.

Predeceased by her husband of 57 years, Donald L. McCambridge, by her parents, Clarence and Elizabeth (Gottschalk) Rentschler, and by four of her six siblings; she is survived by her daughter and son-in-law, Kathleen and James Pilon; her son and daughter-in-law, Michael and Karen McCambridge; her grandchildren, Sarah, Rachel, and Matthew McCambridge; two of her siblings, Patricia (Rentschler) Howe and Clarence Rentschler; and many nieces

and nephews.

Memorial services will be held on Saturday, December 2, at 11 a.m. at St. Paul's Lutheran Church, 79 One Mile Road Extension, East Windsor, N.J. 08520

In lieu of flowers, contributions may be made in Mrs. McCambridge's memory to the Alzheimer's Association, [www.alz.org](http://www.alz.org).

**Frances Oldam**  
Frances Oldam, 87, of Mutual 8, passed away peacefully on Monday, Nov. 6, surrounded by family. Fran was a homemaker who loved all kinds of cooking. She had a passion for babysitting children, singing and playing the organ. She also loved sewing and was a top-notch, trophy-winning bowler. She was an active member of the Nativity of Our Lord Church, an officer for the Rossmoor Polish Club and enjoyed many other clubs within the community. Fran is survived by her sons Joseph, Kenneth and David; four grandchildren and seven great-grandchildren.

**New Jersey Library Assoc. Holiday Store at the Monroe Township Public Library**

The full New Jersey Library Association Holiday Store will be open to everyone in the meeting room at the Monroe Twp Library at 4 Municipal Plaza, Monroe on: Friday, December 8, 9:30 am to 5 pm; Saturday, December 9, from 10 am to 5 pm; Sunday, December 10, from 1 pm to 5 pm.

There will be great book and library-themed gifts for almost everyone on your list! Shoppers may purchase literary-themed toys, puzzles, mugs, tees, night-shirts, totes, throws, stationery, character stuffed animals, jewelry, Christmas cards, Hanukkah gifts, and gifts for the movie, mystery, music, sci-fi lover, and so much more.

Cash, checks and credit cards will be accepted.

New Neighbors

(Continued from page 12)

William Reckdenwald, 2A Old Nassau Road, formerly of Elmwood Park, N.J.

Michael and Theresa Enz, 5A Sussex Way, formerly of East Brunswick, N.J.

June and Robert Wood, 250A Mystic Lane, formerly of Dayton, N.J.

Francis and Mary Trainor, 668B Windgate Court, formerly of Staten Island, N.Y.

**Thank you note**

Thank you all for volunteering to help with the Women's Guild Bazaar again this year. Your help was very much appreciated and you all did a super job. I thank you all for coming forward to make 2017 Grandma's Attic, Women's Guild, once again a great success. Without all of you, this bazaar could not be as successful as it has been over the past years.

Thank you, thank you all.

**Paulette Mascia,**  
chairperson

EAST WINDSOR FLOOR COVERING

Hours:  
Mon - Sat  
9:00 - 6:00  
Sunday  
11:00 - 5:00

WE ARE THE CROSSROADS WHERE QUALITY, PRICE AND SERVICE MEET!

10% OFF ALL PURCHASES OVER \$1500.00

CANNOT BE COMBINED WITH ANY OTHER OFFER OR PREVIOUS SALES



Stop By Our Showroom to see the materials we supply:

- Carpet
- Hardwood
- Laminate
- Ceramic
- Vinyl
- Hunter Douglas Window Treatments

405 Route 130  
East Windsor, NJ  
**609.443.6999**  
[www.eastwindsorflooring.com](http://www.eastwindsorflooring.com)

Family Owned and Operated for over 50 Years!

HAIR by Dawn

HAPPY HOLIDAYS!

Located next to Sal's Deli


1 Rossmoor Drive • Suite H  
Monroe, NJ 08831  
MasterCard Accepted  
Hours: Tuesdays thru Saturdays  
Tues. 9am-5pm • Wed. 10am-6pm • Thurs. & Fri. 9am-5pm • Sat. 9am-3pm

609-395-8987  
Walk-ins Welcome!

DR. ELLIOTT LEHRER

Board Certified Podiatrist: Diplomate of the American Board of Podiatric Orthopedists and Primary Podiatric Medicine

- BUNIONS
- HAMMERTOES
- CORNS & CALLUSES
- WARTS
- INGROWN TOENAILS



- HEEL PAIN
- IN OFFICE SHOCK WAVE THERAPY
- FRACTURES & INJURIES
- DIABETIC FOOT CARE

We now participate with Horizon Blue Cross Blue Shield PPO.

HOURS BY APPT - TUES, WED, THURS, FRI & SAT

190 PROSPECT PLAINS RD.  
MONROE TWP., N.J. 08831

609-655-2222

facebook

The deadline for  
**The Rossmoor News**  
is the 7th of every month.

BUCKINGHAM PLACE

Buckingham Place Adult Medical Day Center & Home Care Services

Family Owned & Operated for over 15 years!


**Buckingham Home Care Offers:** Care in the comfort of your home. Licensed Home Health Aides help with personal care, transportation, shopping, errands and more. Background checks are performed on all home health aides. Families are able to do *Interviews* with caregivers to ensure their comfort level. *Call to Schedule a Complimentary RN Health Assessment!!!*

**Buckingham Adult Day Center Offers:** Socialization, Transportation, Hot meals, Group Activities, Music, Alzheimer's Programs, On-Site RN, assistance with medicataions. **Come visit our team at our Medical Day Care Center in Monmouth Junction to see our quality of care and service in action. Complimentary Guest Days!**



732-329-8954 Ext.1  
Adult Day & Home Care Services  
700 Woods Lane, Monmouth Junction, NJ  
(Located on Rt. 522 at Oakwoods Senior Housing, between Rt. 1 and New Road)





**Jerry NOONAN'S**  
*autocenter*

Serving the Community for over 30 years

Happy Holidays!

**YOUR ONE-STOP AUTO CENTER**

- Foreign & Domestic Service and Repair
- Auto Body/Collision Repair
- Towing
- NJ State Inspection Center
- ASE Certified Technicians

**609-655-AUTO (2886)**

251 APPEGARTH RD., MONROE TWP., NJ 08831

**CARING PODIATRY**

Dr. Andrew Schmierer, DPM, FACFAS  
and Dr. Craig Shapero, DPM, FAPWCA

18 Centre Drive • Suite 203 • Monroe Township, NJ 08831

**(609) 860-9111**

www.caringpodiatry.com

*We offer the latest podiatric treatments*

Appointments Available Monday-Friday Evenings & Weekends  
MOST INSURANCES ACCEPTED-INCLUDING MEDICARE & AETNA

**CATS AT HOME**

Emily Jarvis, DVM

**609-915-8671**

home veterinary visits  
22 years all-feline experience  
*\$10 off first house call fee with this ad*





**REMEMBER OUR MEN  
AND WOMEN  
IN THE SERVICE**

# Clubs and Organizations

## Vietnam Veterans travel with Honor Flight to Washington, D.C.



Bob Macchiarola, Joe Salzano, Tommy Croake, our host Pam Pontano and her daughter from Honor Flight South Jersey, Denny O'Malley, Dan McOlvin, Jimmy Hogan, Sam Rendea, Hank Eichler, Tom Delacey and Bob Nacchio.

By Dan McOlvin

On Oct 4, 10 members of our Veterans Group traveled to Washington, D.C. as part of the National Honor Flight program to visit Arlington National Cemetery and the Vietnam Veterans Memorial, known simply as The Wall.

Williamstown High School again hosted a great welcome breakfast for all of our veterans followed by a march through the hallways full of cheering students, teachers and band members leading to the buses. This was the beginning of an emotional day for all.

Our tour of Washington

began at the U.S. Air Force Memorial where the group enjoyed a box lunch before heading over to Arlington National Cemetery.

Arlington National Cemetery is located on the grounds of the former estate of Gen. Robert E. Lee and the Lee-Custis Mansion sits high on the hill overlooking Washington, D.C. It is now the final resting place for over 400,000 veterans and some spouses.

The cemetery includes many historic gravesites including that of President John F. Kennedy, the First Lady, Jacqueline Kennedy, and Sen. Robert Kennedy.



Our tour of Arlington focused on The Tomb of the Unknowns and an opportunity to witness the solemn Changing of the Guards ceremony. The Tomb is guarded 24 hours a day, 365 days a year in all weather conditions. If you have never been to Washington, D.C. and Arlington, this is a must-see experience.

**Start the New Year with Options!**



**Century 21**  
ABOUT TOWN REALTY

315 Forsgate Drive  
Monroe Twp., NJ 08831

**732-521-5200**  
www.C21AT.com

Hello neighbor!

I am looking forward to meeting you and assisting the Rossmoor Community in 2018.

I have over 25 years of real estate experience and an excellent record of serving my clients.

I'm here to help you with all your *real estate* needs.




**Helen Rescigno**  
Realtor Associate  
**732-861-3579**



Changing of the Guard at Tomb of the Unknown Soldier at Arlington National Cemetery

**SUB ACUTE REHABILITATION AND NURSING - LONG TERM CARE**



**The ELMS**  
OF CRANBURY

Family Owned and Operated Since 1960



THE ELMS OF CRANBURY

**NEW 5000 sq. ft. Rehab Pavilion & Therapy Pool**

Family Atmosphere  
Warm, Friendly And Caring Staff  
Most Convenient Facility to the Monroe Township Active Adult Communities

**609-395-0641**  
61 Maplewood Avenue  
Cranbury, NJ

NJ Department of Health Rated  
Outstanding Survey History



Denny O'Malley and Dan McOlvin at the Changing of the Guard ceremony



# This month in pictures

Photos by Joe Conti and Walter Gryskiewicz

## Veterans Honor Flight



Jim Hogan points to the names of some of the soldiers he served with.



Tom Delacey stands while the Marine Corp is recognized. With Tom are Bob Nacchio and Joe Salzano



Veterans enjoyed hospitality at the Williamstown High School



The Ballroom was filled with veterans and guests for the Veterans Day Brunch



A couple of our senior veterans.



One of our vets who attended the latest honor flight



Miniature house built in the Woodshop by Tom Avgerakis.

## Players Halloween Party



The wacky crowd at the Halloween party



Judi Frey asking Santa (Dennis Arce) for a lead part in the next musical



Guess who?



Peace be with you during  
this Holiday Season and  
throughout the coming year!



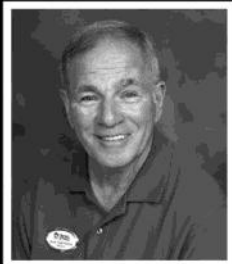
**CENTRAL  
LEVINSON**

**DAN McOLVIN**

GRI | Realtor®

732.423.4696 mobile

Dan@LevinsonERA.com



**With Dan McOlvin, it's all about YOU!**

349 Applegarth Road • Monroe Twp. • 609.655.5535

DanSellsMonroe.com

## WANTED TO BUY

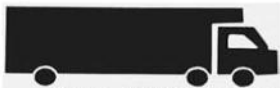
**JEWELRY (GOLD, SILVER OR COSTUME)  
DIAMONDS • ARTWORK • FURNITURE  
GUITARS • CAMERA • RECORDS, ETC.  
COMPLETE CLEANOUT SERVICES  
Call Dan at 609-306-0613  
AMERICAN FURNITURE EXCHANGE**

**WINDSOR MOVING  
& STORAGE CO. INC.**

No Job Is  
Too Large or  
Too Small!

**We Can Handle All Your Moving Needs**

- Professional Service from Start to Finish
- Residential & Commercial Relocations
- Local & Long Distance
- Professional Packaging
- Prompt, Reliable Service
- Low Rates - Free Estimates



609-448-8840

24 Hours a Day, 7 Days a week

**2 Brickyard Rd. • Cranbury, NJ 08512**

## COPING WITH PAIN & STIFFNESS?

*“Living with it” isn’t your only option*

### FREE CONSULTATION OFFER

#### YOUR 30 MINUTE NO COST CONSULTATION INCLUDES:

- Physical examination tailored to your problem
- Understanding your condition and options to resolve it
- Evaluation report you can take to your physician
- Ensuring all your questions are answered

To schedule your appointment call us at **609-860-9913**  
(mention free evaluation at Rossmoor)



**FORSGATE**  
PHYSICAL THERAPY LLC

Located at the **NORTH GATE**  
ForsgatePhysicalTherapy.com



Players Halloween dinner with cast of “Over Easy”

## Players pastimes

By Sue Archambault

The Players October meeting, held in the Gallery on Monday, Oct. 30 served a dual purpose. First, it was our yearly Halloween Party. Members of the Players dressed in costumes. First, second, and third place prizes were awarded to the best three costumes.

The next part of the evening was our cast party for those members and guests involved with our production of “Over Easy.” After our dinner, we watched the DVD of the play recorded and prepared by Minnie Sasso. Minnie also recorded highlights of our after-show party, which took place after the last performance. The party was hosted by Sue and Larry Archambault and Becky and Rey Reddington. The DVD showcased the musical entertainment led by Bill Strecker and the band members while the cast sang original songs and old favorites.

Our next general meeting will be our annual holiday party. This year members and invited guests will have a catered dinner and enjoy a very entertaining evening. The party will take place on

Tuesday, Dec. 12, at 6 p.m. in the Gallery. The cost is \$20 per person. If you plan to attend, please place cash or check made to “Rossmoor Players” in an envelope labeled “Holiday Party” in the Players folder in the E&R office by Wednesday, Dec. 6. Partygoers are also encouraged to bring either an appetizer or dessert to share. The evening will certainly be filled with much music and fun for all attendees.



Players’ members: Please submit your dues of \$5 per person for the year 2018 by the end of December. Place the cash or check made out to “The Rossmoor Players” in an envelope labeled “Dues” in our Players folder in the E&R office.



Halloween costume winners, from left, Bill Strecker, Debi Sills and Jim Wilson

## Emerald Society’s future winter activities

By Joan Avery

The annual Emerald Society Christmas trip to the American Music Theater in Lancaster, Pa. will be on Dec. 8, followed by a family style dinner at the Good and Plenty Restaurant. There will also be a stop at the Kitchen Kettle Village for a snack or shopping for Amish crafts and foods.

The Emerald Society Christmas Party will be a brunch at the Cranbury Inn to be held on Dec. 17, from 11 a.m. to 3 p.m. There will be a cheese table, the brunch, mimosas, juice, coffee, tea, and soda.

President Dan Jolly has arranged another trip to Lancaster on May 1, 2018. This is a special occasion since there will be two

shows plus dinner. First there will be the Magic Lantern, then the show at Sights and Sounds. The cost will be \$110 because of the two shows. If you want to sign up now, call Dan. This trip will fill up soon.

Dan is also working on a trip to Lake George in June. More information will follow.

Everyone enjoyed the Doo Wops, who were the entertainers at the October Emerald Society meeting.

It is noteworthy that the Emerald Society has donated \$1875 in 2017 to several worthwhile causes. This is an incredible accomplishment.

The Emerald Society wishes everyone Happy Holidays, Merry Christmas and a Happy New Year.



## Thanks to all for another successful bazaar!



Just a sample of the wares presented at the annual bazaar

By Diane England

It takes a village to raise a child as well as to put on the Women's Guild annual bazaar. Director Paulette Mascia and I would like to thank everyone who participated last month—whether as a donor, volunteer, or shopper. You were vital to our success.

Many of you volunteering were new and hence, likely shocked by the volume of merchandise. Would it really get unpacked on time and be attractively displayed? Well, this happened because you made it happen. Also, when the shoppers poured in, if you felt temporarily overwhelmed, you nonetheless remained helpful and friendly. You made the event fun for our shoppers—but hopefully, you had fun, too.

I want to recognize others as well. If I fail to acknowledge a role, consider I was having a senior moment while writing this article. Let me thank the makers of items (goodies in the bake shop, hand-knitted items, Christmas wreaths, ceramics in the silent auction, and the sauerkraut for the hot dogs!); those working the café; Santa and Mrs. Claus (I want



Women behind the flowers: Connie Hoppe and Janet Taranto

to know her weight loss secret and plastic surgeon since she looked so unlike her picture on past Christmas cards); our photographers; the women selling "chance" tickets; the silent auction staff; and our banking staff.

Of course, I especially want to thank our fearless leader, Paulette Mascia who's already working on the next bazaar since this is a year-long project for her. Because others work

behind the scenes throughout the year as well, I want to thank them, too.

We couldn't have accomplished what we did without the support of E&R and the custodial team, either. They ensured "the bones" were in place on Thursday morning, and then accommodated our needs as they arose. Having once managed large training and medical conferences, I

(Continued on page 18)

## TRANSPORTATION TIDBITS

### Important phone numbers:

Rossmoor Bus ..... 609-655-4401  
Hours 10:00 -11:00 a.m. and 2:30 p.m.- 4:00 p.m.  
Monroe Township Transportation ..... 609-443-0511  
Middlesex County  
Area Transportation (MCAT) ..... 1-800-221-3520  
St. Peter's University Hospital  
On Time Transportation ..... 1-800-858-8463

All schedules are available outside the E&R office (near the copy machine) or via the Web at [www.rossmoor-nj.com](http://www.rossmoor-nj.com) and following the links Facilities, Clubhouse and Activities, and Bus Info.



## Assistance to live comfortably and independently at home

Personal care - Errands - Transportation - Meals & more  
Local - Reasonable - Experienced - Flexible schedule  
*Just a few hours a week can make all the difference*  
**Call for a free consultation: 646-413-0813**  
[www.CaringElderCare.com](http://www.CaringElderCare.com) Monroe Township



## GOLDSTEIN FUNERAL CHAPEL INC.

The only Jewish owned funeral home in Middlesex County

*We value the dignity and the sanctity of the Jewish soul and we uphold and maintain reverence for the Jewish tradition.*

**732-777-0032**

**Martin Goldstein, Mgr.**

N.J. Lic. No. 4025

**2015 Woodbridge Avenue  
Edison, New Jersey 08817**

[www.goldsteinfuneralchapel.com](http://www.goldsteinfuneralchapel.com)

# 609-395-5599

**BUICK VERANO**



# PERRINE

2730 Route 130 North, Cranbury, NJ (609) 395-5599

**BUICK GMC**  
Turning Customers Into Friends Since 1927

**FREE LIFETIME OIL CHANGES**

With the purchase of your new vehicle

**GMC ACADIA**



### WINTER IS HERE!

**RECEIVE A FREE EXTERNAL DETAIL INCLUDING WASH AND POLISH WITH ANY BODY SHOP REPAIR OVER \$250.00. FREE BODY REPAIR ESTIMATE ON ALL MAKES AND MODELS.**

This offer cannot be combined with any other offer. Must be presented at time of write-up and expires 12/31/17.

**15% OFF ANY SERVICE**  
WE SERVICE ALL MAKES AND MODELS

This offer cannot be combined with any other offer. Must be presented at time of write-up and expires 12/31/17.

*From Our Family at Perrine to Yours, Wishing You a Happy Holiday Season!*

# WWW.PERRINECARS.COM



**NEW JERSEY REALTY, LLC**

*Renee will ALWAYS provide the service you deserve!*

**Renée Dipierro, SRES**  
**Seniors Real Estate Specialist**  
**Realtor® Associate**

NJ Realtors Circle of Excellence Award Winner  
 Previous Sales Awards 2006 - 2016 Distinguished Sales Award 2016

174 Prospect Plains Rd  
 Monroe Twp., NJ 08831  
 Tel: 609-655-9222, Ext. 112

Cell: 902-216-4892  
 Fax: 609-655-9255  
 Email: Reneedipierro@gmail.com



The chorus preparing for the Christmas concert "Shout the Good News" December 17

**Pivotal**  
 Physical Therapy & Wellness Center

**Happy Holidays with our Warm Wishes**

*From Jim, Barbara, and the Pivotal Staff*

Orthopedic & Sportsmedicine Physical Therapy

Monroe Commons, Suite B101  
 239 Prospect Plains Road  
 Monroe Township, NJ  
 609-395-9955  
[www.pivotalptnj.com](http://www.pivotalptnj.com)

## Rossmoor Rental Library

By Penny North

Here are the new books that will be arriving in December.

**Robicheaux: A Novel:** by James Lee Burke

Rural Louisiana detective Dave Robicheaux runs afoul of three men: mob boss Terry Nemo, celebrity author Levon Broussard and U.S. Senate candidate Jerry Nightengale. His troubles escalate when the man responsible for the death of his wife is killed. Dave moves through the backwoods

of Louisiana to find answers.

**Enchantress of Numbers: A Novel of Ada Lovelace** by Jennifer Chiaverini

You may recognize Ada Lovelace as Ada Byron King, the poet Lord Byron's brilliant daughter, who in real life is regarded as the world's first computer programmer. Learn about the passions, dreams and accomplishments of Ada and her famous parents in this fictionalized account.

**Dark in Death: An Eve Dallas Novel** by J. D. Robb (Nora Roberts)

The latest in Robb's series featuring NYPD Lieutenant Eve Dallas finds Eve investigating the murder of Chanel Ryan, during a showing of "Psycho" in Times Square. Next, the author of a popular series of police procedurals recognizes the crime from her own novel. Further investigation finds parallels between other crimes and her novels. Will Eve find the murderer before another crime takes place?

**Fall from Grace: A Novel** by Danielle Steel

Steel's latest heroine, Sydney Wells' wealthy husband dies suddenly. Sydney was left out of the will! She finds a job in fashion design, and soon finds herself set up by her boss and facing prosecution. Sydney has lost her husband, safety, protection, money, career and reputation and faces prison. Can she rebuild her life and find new happiness? What do you think?

**The Rooster Bar** by John Grisham

Already on our shelves is the new number 1 best seller by John Grisham about third year law students who try to uncover the student loan scam run by their for-profit law school.

**Don't Let Go** by Harlan Coben

Also on our shelves now is Coben's best seller which explores a 15-year old crime set in New Jersey, near an old Nike missile site.

**The Cuban Affair** by Nelson De Mille

High on the best-seller list and also on our shelves is this tale of a secret mission to recover \$60 million hidden in a Cuban cave. De Mille's humor comes into play when he details the adventures of an American tourist group in Cuba. You may change your mind about visiting Cuba!

You may also be interested in looking over our collection of gently-used, large print books, along with our shelves of fairly recent best sellers, all on sale for \$1 each.

**Library Hours**

Monday thru Friday  
 10 a.m. to noon and 1:30 to 3:30 p.m.  
 Library closed Saturdays

### Bazaar

(Continued from page 17)

appreciate how good we have it here because of our staff.

I thank Joe Conti and the Rossmoor News editors. They likely grow tired of my articles they must proofread, but our success begins with the ability to publicize our needs for items and volunteers, as well as the event itself. Yes, it takes a village, but the village responds because there's a vehicle to deliver vital information made possible by a dedicated news staff.

Here is the breakdown of how we raised \$6048:

- Women's clothing and more - \$1,563
- Knitted items - \$279

- Silent Auction - \$565
- Photos with Santa - \$215
- Fifty-fifty tickets - \$220
- Jewelry Basket - \$286
- Books, Games, and Toys - \$352
- Homemade baked goods - \$486
- Men's clothing and more - \$342
- Household and decorative items - \$1,306
- Ballroom Café - \$515

Our net was lower this year due to the loss of the crafters who'd been donating about \$1000 annually—enough to fund a scholarship. We missed them, but thank them for all their years of support.

Now, let me wish you Happy Holidays!

Thomas J. DeMarco, *Manager*, N.J. Lic. No. 4651  
 M. David DeMarco, *President*, N.J. Lic. No. 3203  
 Peter S. Winther, *Director*, N.J. Lic. No. 4763

**"Family Owned & Operated"**  
**"Totally Barrier Free"** 

*M. David*

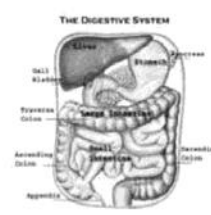
**DeMarco**  
*Funeral Home, Inc.*



205 Rhode Hall Rd.  
 Monroe Twp., NJ 08831  
 732-521-0555  
[www.demarcofuneralhome.com](http://www.demarcofuneralhome.com)



## MIDDLESEX/MONMOUTH GASTROENTEROLOGY



### COLON CANCER SCREENING

Gall Bladder Disease  
 Liver Disease  
 Heartburn

Peptic Ulcers  
 Constipation  
 Diarrhea

**ROBERT R. BLANK, MD**

**STEVEN C. NADLER, MD, FACG**

**ARTHUR J. GELLER, MD, FACP, FACG**

**COLIN C. BROWN, MD • KUNAL GUPTA, MD**

**LISA P. WALLER, MD • ROBERT S. AARON, MD**

222 Schanck Road, Freehold  
 100 Commons Way, Holmdel  
 Tel: (732) 577-1999

312 Applegarth Road, Monroe  
 2 Hospital Plaza, Old Bridge  
[www.mmgaastro.com](http://www.mmgaastro.com)



## Italian American Club

By Tony Cardello

Our second annual Karaoke night at the November meeting was once again a success and a fun-filled evening. We were entertained by DJ Gary Morton (and ourselves) who provided the music and lyrics for those

who wished to perform. As always, the night started slow, but heated up after the initial brave souls broke the ice with Gary's encouragement.

Many thanks to the ladies who provided the baked goods following the Catholic

Mass sponsored by our club on October 12 at the Meeting House. Joe Conti thanks everyone who attended.

There is still time to sign up for our Christmas party brunch at the Cranbury Inn on Dec. 10 from 11 a.m. to 3 p.m. The cost is \$35 per person.

As is our custom, we will not have a December membership meeting.

A reminder to all: membership dues for 2018 should be paid by the end of December. The cost is \$15 per person.

Bingo will be played in the Ballroom on December 8 at 6:30 p.m.

As we close out 2017, the officers of the club wish to extend their best wishes to our members and their families a very merry Christmas and a healthy, happy New Year.

## The New Jersey Club

By Eileen Parker

There will be a special luncheon for the members of the New Jersey Club on Friday, December 15, at 1:30 p.m. in the Ballroom. This occasion will celebrate our years of fellowship together, and the many educational programs we have had about the state of New Jersey.

This will be the retirement party for the New Jersey Club. In November there was a special tree planting in front of the Clubhouse. A young, tri-color beech tree was donated by our club for the beauty of Rossmoor, and to honor Albert Parker, for his 14 years of fascinating lectures about our state.

In the spring, a group of special yellow rose bushes (which represent friendship) will be planted near the Meeting House in honor of Irene Lippert, our long-time president.

staff. We just completed bunker work on holes 9 and 10, which look great. On behalf of my staff and myself, I would like thank everyone for a great 2017 golf season.

If there is anything we can help you with, or any questions we can answer, please give us a call at 609-655-3182. The Pro Shop has a year-end sale going on so please stop in and take a look because we have plenty of merchandise for all of your shopping needs. Just a reminder, all Pro Shop credits must be used by December 31.

Remember that the Golf Course is currently offering a referral incentive of \$200 in Pro Shop credit for bringing in new members.



## Ladies' 18-hole Golf League's season has ended

By Arlene McBride

On Oct. 11, a "Low Gross, Low Net," tournament was held. "Low Gross," winners: first place, Pat Mueller, second place, Sandy Pellicane; "Low Net," winners: first place, Carol Faraci, second place, Arlene McBride.

Another golf season with the league has ended. Hopefully we'll have a mild winter. The golf course was in great

shape this past year, thanks to the golf maintenance crew under Tom Tucci.

Notices to renew membership will go out in the beginning of next year and we welcome any interested ladies to join for next season, which will start in April 2018.

Merry Christmas and Happy Hanukkah to all.

Have a happy and safe holiday celebration.



## Golf Course Highlights

By Ted Servis, Rossmoor Golf Professional

What's going on at the Golf Course? Golf is in its winter season and only the true hardy golfers are out.

To those of you who have stopped playing, or who go away for the winter, I hope all of you have a healthy and happy winter. We look forward to seeing you in the spring.

The Golf Course continues to be in fantastic condition, thanks to Tom Tucci and his



By Terre Martin

There were lots of prizes and surprises at our final luncheon thanks to the committee made up of Paula Richardson, Doris Herron, Mary Ellen Mertz, Marilyn Shanks, Muriel Calvanelli, and Grace Hammersfahr who made the adorable favors. Here's an accounting of who won what.

Our club champion, Joan Lundy, was formally acknowledged and given a special prize. Other winners were: Ringers-Terre Martin in Flight A and Barbara Agnese in Flight B. (Terre also won for a Birdie.) Chip-ins: Maureen Danehy, Soonja Nam, Mary Ellen Mertz, Alyce Owens, Joyce Cassidy, Grace Hammersfahr, and Doris Herron and Mary Shine with two each. The winner of our final tournament scramble was the team made up of Terre Martin, Barbara Agnese, Alyce Owens, and Mary Shine.

Our final business meeting

(Continued on page 20)

## Smart TVs – Today's reality

By Alec Aylat

Calling a person "smart" could be admission to being smarter than yourself, but when they start calling flat screen television sets "smart," after already designating Ipads as such, one wonders what's next in line and scheduled to show up in probably another couple of years. (Note: actually, we say "couple years" nowadays but some of us are still holding out on that).

Now we've got Smart

TVs, and Fred Milman, regrettably giving up running our computer club monthly newsletter, will present Smart TVs at the open-to-all-residents meeting of the club in the Gallery at 10 a.m. on Monday, December 18.

Come and listen to and question Fred about the advantages, the problems and the prices of Smart TVs (they are not low) while enjoying our tasty 9:30 morning refreshments.

## Charlotte F. Casey, GRI, SRES

Broker/Sales Associate

NJAR Circle of Excellence, Silver Level 2001

NJAR Circle of Excellence, Bronze Level

1987-95, 1997-2001, 2006-2016

Levinson's President's Elite



Charlotte F. Casey,  
GRI, SRES

Selling Real Estate  
for 39 years

Phone: 609-655-5535 x 230

Fax: 609-655-0207

Cell Direct: 732-672-4440

Email: charlottefc@aol.com

**THANK YOU TO ALL MY LOYAL  
CUSTOMERS FOR YOUR TRUST  
AND CONFIDENCE IN ME.**

**THE MARKET IS STRONG, BUYERS  
ARE WAITING. CONSIDERING SELLING?**

**CALL ME FOR A FREE MARKET  
ANALYSIS OF YOUR HOME.**

*Charlotte Casey*



**CENTRAL  
LEVINSON**

349 Applegarth Road, Monroe Township, NJ 08831

**1-800-367-1982**

[www.55plusHomes.com](http://www.55plusHomes.com)

## BOOKS, BOOKS, BOOKS

—WE BUY—

## ALSO BUYING

ANTIQUES, COLLECTIBLES, JEWELRY,  
POSTCARDS, EPHEMERA, POTTERY, PRINTS,  
PAINTINGS, OLD GLASS, ETC.

**WE PURCHASE ESTATE CONTENTS  
DOWNSIZING/MOVING? CALL US.**

**609-658-5213**

## THE LOWEST PRICES. PERIOD.

We don't inflate our charges so that we can then offer you "discounts" when you ask. *THAT'S NOT RIGHT.*

Our service charges are the lowest in the area for superior service, and we are Central NJ's premier Independent Jewish Funeral Chapel.

**Mount Sinai Memorial Chapels, Inc.**

Being FAMILY OWNED & OPERATED,  
without a "network" of stockholders,  
lets us guarantee that.

454 Cranbury Road,  
East Brunswick, NJ

(732) 390 - 9199 (800) 395 - 9199

For Yahrzeit Dates, Candle Lighting Times, Directions, & more:

[www.MSMC.us](http://www.MSMC.us)



P. Kulbacki, Mgr. N.J. Lic. No. 3381



## Religious Organizations

### Who else loves beautiful music at Christmastime?

By Diane England

When you think about Christmases past, what memories flash into your mind? Do they include beautiful music with angelic voices that stir your emotions and remind you of the true meaning of Christmas -- or perhaps instill feelings of love and connection you wish you could sustain throughout the entire year? If so, you'll want to mark Sunday, December 17 at 11 a.m. in the Meeting House on your calendar. On this date the Rossmoor Community Church will transform their regular church service into a very special program, a cantata of the

Christmas message in scripture and song called "Shout the Good News." We invite you to join us even if you haven't stepped into a church in many years.

If the title of this cantata sounds familiar, it was performed at the Community Church in December, 2015. I suspect some of you are ready to mark this date on your calendar right now; however, for those of you who weren't there, you're undoubtedly going to enjoy the second most thrilling Christmas musical experience in the history of Rossmoor (with the prior performance being the most thrill-

ing). Cecile Wang, the director of the Rossmoor Chorus and the Church music director and organist, will conduct a group of 50-plus singers and instrumentalists in a program which will fill you with the type of wonderment and joy perhaps you haven't experienced since childhood Christmases.

Just imagine how uplifting it's going to be to join in the singing of some of your favorite Christmas carols accompanied by all those singers and instrumentalists. The vocalists include the Rossmoor Chorus, the Community Church Singers, the Chin Yung Chorus, and members of the Princeton Alliance Church. The small orchestra Wang has assembled brings together professional musicians, music educators, and music students from Rutgers University. Kevin Gunia, who normally accompanies the Rossmoor Chorus, will be the pianist.

Come and join us for a program that should elevate your spirits and fill your heart with the true spirit of Christmas. After all, beautiful music and the Christmas story have a way of doing those things, don't they?

This special Christmas program has been underwritten by the Rossmoor Community Church which, as an ecumenical church, welcomes people of all faiths to worship every Sunday morning at 11 a.m. at the Meeting House. It has also been made possible due to a generous donation by a church member, Steve Ottinger.

### Catholic Society presents the Christmas story part of Franco Zeffirelli's masterful film "Jesus of Nazareth"

By Gene Horan

Often considered the most compelling and powerful film adaptation of the Gospels, with its superb cast, stunning depth, and deep emotion, "Jesus of Nazareth," running for over six hours, starts with the Angel Gabriel's annunciation to Mary that she was to be the Savior's mother and ends with his crucifixion and resurrection.

Part one, the Christmas portion, starts with the Annunciation and ends with the finding of the Child Jesus in the Temple. Seeing this part of "Jesus of Nazareth" during the often hectic days before the great feast will help viewers to slow down and focus on the deeply spiritual meaning of

Christmas.

Among the many actors in the film are eight Academy Award winners, including in part one, Peter Ustinov as Herod and James Earl Jones as Balthazar.

Other actors in the first part are Olivia Hussey as Mary, Regina Branchi as St. Anne, Yorgo Voyagis as Joseph, Manna Berti as Elizabeth, Fernando Rey as Gaspar, Ralph Richardson as Simeon, and Lorenzo Monet as the boy Jesus.

The free showing will be held in the Gallery at 1:30 p.m. on Wednesday, December 20. Coffee, tea and light refreshments will be available and all Rossmoorites are most welcome.

### Community Church

#### December 2017 Calendar

By Linda Klink

- Dec. 3 Communion Sunday at 11 a.m.  
Sermon - "Make a Joyful Noise"  
Annual Congregational Meeting
- Dec. 4 Women's Guild Holiday at 10 a.m.  
Staff Meeting at 11 a.m.
- Dec. 7 Women's Guild Board Meeting at 10 a.m.
- Dec. 9 Chime Choir Rehearsal at 10 a.m.
- Dec. 10 Church Service at 11 a.m.  
Guest Preacher - Rev. Joanne Petto  
Music Presentation by Chime Choir
- Dec. 13 Committee Meeting at 9:30 a.m.  
Staff Meeting at 10:30 a.m.
- Dec. 16 Shout the Good News! Rehearsal at 8 a.m.
- Dec. 17 Church Service at 11 a.m.  
Shout the Good News!  
Fellowship Hour
- Dec. 18 Council Meeting at 9 a.m.
- Dec. 24 Church Service at 11 a.m.
- Dec. 26 Library Committee Meeting at 1:30 p.m.
- Dec. 31 Church Service at 11 a.m.  
Lay Preacher - Betty Anne Clayton

### Women's 9-hole

(Continued from page 19)

for the year was held on Oct. 17. The following officers were elected: President Joyce Cassidy, Vice President Joan Gabriello, Treasurer Tori Meiselbach, and Secretary Terre Martin. There are various openings for standing committees which will be addressed by Joyce. Two new motions were passed. One involved prizes for next season, and the other was a \$5 increase in dues.

During the off season our

membership chair, Mary Shine, hopes to actively recruit more women golfers. If you would like to get back in the game, you should contact Mary. Our golf pro, Ted Servis, offers clinics during the season and would gladly arrange lessons if you contact him. We hope to get lots of new members next season, so if you would like to learn more about the 9-Holers, have them contact our membership chair, Mary Shine, (609-655-4518) or President Joyce Cassidy (609-619-3618).

Nationally Recognized Leaders in Macular Degeneration and Diabetes

## NOW SEEING PATIENTS IN MONROE



RUTGERS Robert Wood Johnson Medical School

Our board certified, fellowship trained retinal specialists are nationally recognized clinicians, researchers, and leaders in the field of retina. We are at the cutting edge of patient care, new treatments, and best practices for the entire spectrum of retinal diseases. We have specific expertise in the management of macular degeneration (AMD) and diabetic eye disease.

312 Applegarth Road, Monroe NJ  
609-655-8301



Joyce and Lucy



Muriel, Joyce and Joan



## Jewish Congregation after active 49th year, 50th is here!

By Ben Wistreich

The 49<sup>th</sup> year of the Jewish Congregation is being completed. As we enter December, we are aware that our Congregation's 50<sup>th</sup> anniversary, on April 14, 2018, is almost upon us. We've made great progress toward the big day, and every Congregation member is looking forward to a memorable Saturday morn-

ing Service followed by a festive catered luncheon in the Ballroom. The Anniversary Committee is working on that day – and planning additional events throughout our 50<sup>th</sup> year.

Our Hanukkah party celebration is scheduled for Sunday, Dec. 10 in the Ballroom at 1 p.m. Our "chef" Jeff Albom promises that his spe-

cial potato pancakes (latkes actually) will be available again this year as an accompaniment to deli sandwiches. All information is in the Nov-Dec Bulletin.

The Men's and Friends Club has the final social event of 2017. For the fifth year in a row, we will celebrate New Year's by going to Capuano's Restaurant on

Old Trenton Road. The date is Wednesday, Dec. 27 – (deadline for signing up is Dec. 20). Our members and their friends will have their choice of anything on the lunch menu (even daily specials) with everything included – red or white wine, complete meal, dessert, beverage, tax and tip. This is the best-attended event every year. Information and the response form is in the Nov-Dec Bulletin.

The December 1 Sabbath Service will have Bob Kolker as Torah Reader and Jeff Albom as Lay Reader. The December 15 Service will have Bob Kolker as Torah Reader and Janet Goodstein as the Lay Reader. The Congregation will sponsor the Oneg Shabbat at both Services. Those wishing to sponsor a Sabbath Service should contact co-Gabbai Janet Goodstein, Cantor Mary Feinsinger leads our Services, which begin at 7:45 p.m. in the Meeting House.

The Congregation's monthly Board Meeting will be held on Tuesday, Dec. 5 at 7 p.m. in the Dogwood Room.

## Advent healing Mass set for Dec. 12, the Feast of Our Lady of Guadalupe

By Fred Mytnick

A Healing and Anointing Mass sponsored by the Catholic Society will be celebrated in the Meeting House at 1:30 p.m. on Tuesday, Dec. 12, the Feast of Our Lady of Guadalupe. Please note the time and day. It is scheduled for Tuesday at 1:30 p.m., not the usual Thursday evening, so that those who cannot attend in the evening may come.

Rev. Stanley Jarosz, pastor emeritus of Holy Trinity Church in Helmetta, will be the celebrant, assisted by Deacon John Zebrowski. At

the Mass, Father Jarosz will administer the Sacrament of the Anointing of the Sick. He will also be available for the Sacrament of Reconciliation (confession) for one half hour before the Mass.

Thus, there are three great sacraments available at this holy gathering: the Eucharist, Anointing of the Sick (for those who are sick and/or elderly) and Reconciliation. This offers congregants a very convenient opportunity to prepare themselves spiritually for the joyful feast of Christmas on the following week.

Father Jarosz has been a

visitor to Rossmoor for 26 years, celebrating Mass here often and visiting the homes of the sick and elderly. He has made many friends here.

Persons in wheelchairs and walkers are welcome and it is suggested that neighbors help neighbors to ensure that those who wish to participate can do so. The Meeting House is wheelchair accessible and provisions will be made for those with special needs.

Refreshments and fellowship will follow the Mass.

In keeping with Eastern European tradition, "Christmas bread" will be available from Deacon John for those desiring it.

The following activities will also take place in December:

The **Chaplet of Divine Mercy** will be prayed at 3 p.m. on Tuesday, December 19, in the Maple Room of the Clubhouse.

The **Prayer Shawl Ministry** will meet at 1:30 p.m. on Thursday, Dec. 14, and Thursday, Dec. 28, in the Craft Room of the Clubhouse.

The **Catholic Society Council** meeting is set for 1:30 p.m. on Thursday, Dec. 7, in the Meeting House Parlor. All are welcome.

The Christmas portion of the film, "Jesus of Nazareth" will be shown in the Gallery at 1:30 p.m. on Wednesday, Dec. 20. See separate article in this issue for more information.

This miraculous image of the pregnant Mary, the mother of Jesus, on the tilma (poncho) of the indigenous Mexican Indian Juan Diego dates from the 16th century and is on display at the Shrine of Our Lady of Guadalupe in Mexico City. It is greatly revered, especially in Mexico. Mary, under the title of Our Lady of Guadalupe, has been proclaimed patroness of North and South America.



Our Lady of Guadalupe

The image was an inspiration to the faithful of Mexico during the horrendous persecution of the church by the atheist government during the 1920s. Thousands were martyred.

Among the priests shot by firing squads was Blessed Padre Miguel Pro who extended his arms and shouted "Viva Christo Rey" before the bullets pierced his heart. Padre Pro's martyrdom inspired Graham Greene's novel *The Power and the Glory* which was made into the moving John Ford film "The Fugitive," about a hunted Mexican priest who was finally martyred by a firing squad.

## Sunshine

By Dierdre Thomson

I was 11 years old. It was a Wednesday. My friend and I were walking home from after-school religious instruction. Part way home there were two large square stone pillars at the end of one of the cross streets. This particular day my friend and I decided that we would try to climb them. He did fine. I did not.

I fell, cutting the backs of my legs on a stake next to the pillar. After the surgery on my legs, I had to stay home from school for at least a month. When I went back to school, I was the only girl allowed to wear slacks. I was ahead of my time and didn't know it.

The first week home was not too bad. I was a bit uncomfortable so did not mind not going to school. I was, however, dreading having to stay home three more weeks. I loved school. My brother used to call me the 7A's girl. Then

something special happened. My teacher and a couple of classmates came to visit. They brought a big decorated box with them. In the box were wrapped gifts from each student in my class. They had brought me a Sunshine Box, better known as a Sunshine Basket.

Each day I was to open one gift. I can still remember the excitement as I anticipated which gift I would open. It truly lit up my day. It did not take a lot of time to prepare the Sunshine Basket, but it did show a lot of caring.

Do you know someone who might appreciate a cheerful card, or a phone call, or a visit, or even an invitation to lunch? Are you ready to be that ray of sunshine to someone? I hope so. It means a lot, and it is remembered. I have remembered my "rays of sunshine" for 68 years.

## "Catholicism 101" course to begin in January

By Fred Mytnick

The Catholic Society will begin a new series of programs on January 17, 2018, titled "Catholicism 101." It will be an open forum seeking to clarify the doctrines and tenets of the church.

The main facilitator of the program, assisted by other catechists, will be Deacon John Zebrowski.

The main sources of reference will be the "Catechism of the Catholic Church" and the Bible.

The program is for Catholics wishing to refresh and/or enhance their knowledge of the faith and also for anyone interested in knowing more about an ancient and dynamic world religion.

For more detailed information, look for the article in the January issue of The Rossmoor News.

## GEORGE'S

### Plumbing & Heating Services

*We Charge By The Job  
NOT By The Hour*

Lic #1014

### Plumbing, Sewer & Drain

60-Minute Emergency Service 24 Hours

**Service Today  
We Do It All**

For Prompt Service Call  
**866-482-0177**

HAPPY  
HOLIDAYS

## MIKE "THE HANDYMAN"

732-780-0468

Lic. #13VH08300900

- No job too small, so don't hesitate to call
- Same-day callback, work done within 24-48 hours
- Fully Insured
- References gladly furnished upon request

OVER 25  
YEARS OF  
EXPERIENCE

## YOU NAME IT WE HANG IT

PICTURES • MIRRORS • SHELVING • TVS AND MONITORS  
• DECORATIVE ITEMS OF ALL KINDS • BLINDS • CURTAINS  
• VALANCES • VERTICAL BLINDS • SHADES • FANS • FIXTURES

THE HANGMANPRO

We hang anything that goes on your walls or window.

Call **732-690-5800** for free estimate

30 YEARS  
EXPERIENCE



**WINTER BEGINS  
DECEMBER 21**

## DANIK HANDY SERVICES

Call  
**609.655.2624**

- Grocery Shopping
- Basement/Garage Clean-up
- Small Paint Jobs
- House Exterior Cleaning
- Lite Handyman Work
- Lite Gardening

**Reasonable Rates**

**Free No Obligation Consultations**



Dancing for the Nazis



Frederic Aparcar, Edith Piaf, center, Florence Waren, nee Sadie Rigal

By Hadassah Aylat

That headline introduces a DVD film to be shown at the Monday, Dec. 18, 1.30 p.m. meeting of the Sisterhood in the Gallery. It tells the unbelievable true story of a nice

Jewish girl, Sadie Rigal, who under an assumed name, became a headline dancer in Paris during the German occupation, and who at the same time had the courage to work with the French Underground. She danced for the Germans playing at being a part of the frivolous world of Cabaret, along with other non-Jewish patriots in the French entertainment world. She was even able to save the lives of some of those threatened with transport to the death camps. Refreshments will be served. All Rossmoorites, women and men, are welcome. Please bring non-perishable items for the Food Pantry.



Florence Waren, nee Sadie Rigal and Frederic Aparcar

Physical/spiritual exercise

By Dierdre Thomson

Just a reminder: our Physical/Spiritual Exercise Class is on a hiatus during the holidays. We start again Jan. 4, 2018, at 11 a.m. in the Maple Room. It is a perfect way to begin the New Year. Hope to see you then.

Rossmoor Holiday Gift Fund

128 Sussex Way  
Monroe Township, New Jersey 08831

Dear Fellow Rossmoorites:

It's that time of the year again when Rossmoorites like to acknowledge our employees with a special "Thank You" during the holiday season. Each year the RCAI President appoints residents to serve on the Holiday Gift Fund Committee to receive gifts and disburse them, equally, to our loyal employees in mid-December.

We encourage you to be a part of this wonderful tribute to our employees by donating any amount that you are comfortable giving.

Please use any envelope for your gift, in the form of a check payable to the "Rossmoor Holiday Gift Fund." Envelopes may be mailed to the above address or dropped off in the E&R office in the Clubhouse, Administration in the Village Center, or one of the payments boxes by December 1, 2017.

We thank you in advance for your generous contribution and for sharing the spirit of the Holiday Season with the men and women who serve us every day and continue to help make Rossmoor a great community.

HOLIDAY GIFT FUND COMMITTEE  
Judy Vacca, Chairperson  
Mary Kansog  
Joan Avery

HEALTH CARE CENTER NEWS

Methicillin-resistant Staphylococcus Aureus (MRSA)

By Kaytie Olshefski, BSN, RN-BC

I am becoming more aware of people having Methicillin-Resistant Staphylococcus Aureus (MRSA) and I would like to give you some information about it. MRSA is a strain of staphylococcus aureus that is hard to treat. Although most MRSA infections are not serious, some can be life-threatening. Because it is hard to treat, it has been nicknamed "super bug" due to its ability to resist antibiotics. It was named methicillin (a simple type of penicillin)-resistant staphylococcus aureus because it was one of the first germs to outwit a powerful antibiotic.

Staph is normally found on the skin and nose of about one-third of the population. If you are a carrier of staph and not sick, you are said to be "colonized." This means you are not infected with MRSA, but can pass the bacteria to other people. It usually does not cause any problem until there is a break in the skin and it now has the opportunity to enter the body. A break in the skin could be caused by scratching the skin, a bug bite, an abrasion, or any type of opening to the skin. It can cause different infections ranging from simple skin infections such as boils, pimples, or a sty on the eyelid. Other types of infections include cellulitis, impetigo, and small abscesses. The seriousness of MRSA skin infections is that the infection has the ability to spread to almost any organ in the body and cause septicemia (blood infection of the bloodstream), toxic shock syndrome, pneumonia, surgical wound infections, urinary tract infections, osteomyelitis (bone infection), and endocarditis.

MRSA is spread by contact. Direct contact is spread by physical contact as in touching the wound of the infected person. Indirect contact survives on surfaces by touching a contaminated object. An example would be towels, sheets, wound dressings, clothes, door handles, sinks, and sports equipment. The length of time the bacteria survives depends on the surface and humidity levels.

People most susceptible to MRSA are children, the elderly, people with a weakened immune system, and those who live in a long-term facility. Others at high risk include surgical and hospital patients; anyone with an invasive device, for example, anyone on dialysis, having an indwelling catheter, or feeding tube. People with chronic diseases such as diabetes and cancer are also at risk. People who develop pneumonia caused by MRSA can spread the airborne droplets by coughing into the air.

MRSA was once found only in hospital settings, but

healthy people are now coming down with it in their home environment. This is referred to as community-associated MRSA (CA-MRSA). MRSA has been identified in people who share close quarters as with military recruits and with athletes. CA-MRSA has been found to be spread by sharing razors, towels, uniforms, or equipment.

Most staph infections at one time responded to simple antibiotics, but due to the overuse of antibiotics, MRSA has become resistant to them. Presently, Vancomycin is one of the few antibiotics left to treat a MRSA infection.

Seek medical advice if a minor skin infection is not responding to normal treatment and has become infected. The earlier it is diagnosed and treated the better the outcome. MRSA is diagnosed by culturing the wound, doing blood work, taking a urine specimen, or by doing a biopsy on the site.

What can you do to prevent MRSA? Wash your hands frequently, especially after personal contact and after using the bathroom. Wash your hands for 15 seconds, as long as it takes to

sing "Happy Birthday," or "Old MacDonald had a Farm." Carry hand sanitizer with you in case you do not have access to soap and water. Keep cuts and abrasions clean and bandaged until healed. Prevent antibiotic resistant bacteria by using antibiotic therapy only when medically necessary, and take the entire course as directed.

We have the preservative-free flu and pneumonia vaccines in the nurse's office. If you or someone you know still has not had the flu or pneumonia shot, please call the Health Care Center at 655-2220 and we will gladly give you the vaccine.

Our December lecture in the Saint Peter's University Hospital series will be by Laura Vetter RD, CDE. She is speaking on "Brain-Building Nutrition," on Monday, Dec. 11, at 1 p.m. in the Maple Room. If you are interested in attending, please call the Health Care Center at 655-2220.

From all the nurses, we would like to wish everyone a very joyous and healthy holiday season and a very Happy New Year!

MAINTENANCE DEPARTMENT

Preparing for the holidays

By Dave Salter

With the holidays approaching and company coming, you might want to make sure your home is ready. Are your light bulbs out, plastic light panels dirty, do your oven and stove elements work, are your faucets leaking, is your toilet running? Just give the Maintenance office a call. We will be happy to make your holidays a little easier at this very busy time.

To all snow birds: Please schedule your winterizing as soon as possible because the calendar is already getting full.

Attic insulation

With winter around the corner, call the Maintenance of-

fice for your free estimate.

Thermostats

With the fall now upon us, you should turn on your heat thermostats to make sure they are working properly before the really cold weather sets in. If you find they are not working, we can replace your thermostats for you. If you have PSG thermostats, Rossmoor strongly recommends you have them, replaced because they can overheat. Please give us a call for pricing.

New available services

The Maintenance Department is pleased to offer these additional services: window replacements, all types of door replacements, dryer vent cleaning, and ceramic tile installation. Please call today for your free estimate.

A Message from High Tech Landscapes, Inc.

By Jeff Voss

We will be finished our fall cleanup by the end of this month. Please tune to Channel 26 daily for more information.


- Round-up will not be sprayed anymore due to cool temperatures.
- Please call the East Gate phone and leave a message with any questions or concerns. (609)655-5134.
- Ornamental grasses around the utility boxes and in established beds

around the common facilities will be trimmed by the end of the month.

- Winter pruning will begin next month.
- Annual flowers have been replaced with fall pansies and tulips.
- Street sweeping will be completed this month.
- Please remember to put any debris out front Sunday night for us to pick up Monday morning.

High Tech Landscapes would like to wish you a Happy Holiday.





## From the Mayor

By Gerald W. Tamburro,  
Mayor of Monroe Township

## Rolling out our Department of Transportation's Services

By Mayor Gerald W. Tamburro

Mobility – it's one of those basic functions that you rarely fully appreciate until you no longer have it.

I'm referring to mobility in a broader sense – meaning convenient and easily accessible public transportation.

I'm proud to say that Monroe is a standard-bearer within the region for municipal-run public transportation.

Look closely the next time you're travelling down one of our main thoroughfares and you're likely to see one of our shuttles, proudly branded with the Township seal.

They might be giving our residents a quick lift to a local shop or transporting a senior to a doctor's appointment in a neighboring town, or even en route to the nearest mall.

That's because our Department offers regularly scheduled in-town, out-of-town and even medical appointment shuttles at no cost to our residential riders.

These frequently used amenities have been a staple of our community's services for more than 20 years now.

Our Transportation Department, a bustling hub adjoined to our senior center, is constantly in motion – with shuttles running to and from their destinations and a fleet of vehicles in reserve waiting for the next assignment.

Our staff too are a dedicated group of professionals, many of whom look forward to their workday and the passengers they so readily serve.

I'd be remiss not to mention the Department's most recent

achievement: approved grant applications that successfully added two new medical transport buses to our fleet.

The pair of 2017 Ford 350 12-passenger vehicles are valued at upwards of \$30,000 each.

These buses, available to seniors and physically challenged residents, are equipped with 11 ambulatory seats and one wheel-chair accessible area. They offer specialty services and accommodations to residents who are in need of medical care and advisement.

These buses also regularly travel to Monroe, Jamesburg, Princeton, Plainsboro and Hightstown, provided riders make an advanced appointment with our Department.

We also have out of town shuttles ferrying residents back and forth from Princeton, as well as Freehold.

Finally, by reservation, an in-town bus makes eight stops throughout the Township, even at many of our senior communities. They transport riders anywhere from the municipal offices to drug stores and local restaurants to downtown Jamesburg.

Whether you don't have access to a vehicle or you just aren't in the mood to get behind the wheel, consider hitching a ride with our fleet.

More details on these routes can be found on our municipal website at [www.monroetwp.com](http://www.monroetwp.com) or by contacting a helpful staff member at our Department of Transportation by calling 609-443-0511.

## Calendar of Events for Monroe Township Public Library

### The Friends of the Monroe Township Library Book Sale

Friday, December 1 through Monday, December 4 during library hours. The Friends of the Library will hold their annual Book Sale, where gently used books and a limited selection of DVDs, audiobooks and CDs will be available for purchase at bargain prices. Proceeds benefit The Friends of the Library.

### Sit-N-Stitch

Fridays, December 1 and 15 at 10:30 a.m. Stitch a project, assist others, share tips, projects and patterns. Bring your own supplies.

Registration not required.

### Friday Afternoon Movie

Fridays, December 1 and 15 at 2 p.m.

December 1: Comedy/Drama, Rated R, 83 minutes A holistic medicine practitioner attends a wealthy client's dinner party after her car breaks down.

December 15: Action/Adventure/Fantasy, Rated PG-13, 142 minutes When a pilot crashes and tells of conflict in the outside world, Diana, an Amazonian warrior in training, leaves home to fight a war, discovering her full powers and true destiny. Movies are free. Registration is not required.

### Current Events Discussion Group

Saturday, December 2 at 10:30 a.m. Enjoy a discussion about global and domestic events and the year in review. Light refreshments provided. Register at the Welcome Desk.

### Princeton Symphony Orchestra Concert

Monday, December 4 at 1 p.m. The Exponential Ensemble is a chamber music ensemble consisting of top-notch performers and experienced teaching artists. Pas-

cal Archer (Clarinet), Kemp Jernigan (Oboe) and Anna Urrey (Flute) perform. Registration is not required.

### Coupon Club

Monday, December 4 at 1:30 p.m. Clip, swap and trade coupons. Discuss deals, share frugal tips and shopping experiences. Bring a pair of scissors and your stash of non-expired coupons. Registration is not required.

### P.O.V. Documentary Film & Discussion

Tuesday, December 5 at 1 p.m. This is the final in series of five films which take you inside Syria and on a journey with migrants as they resettle in a new country. Films are presented in collaboration with the award-winning documentary series P.O.V. ([www.pbs.org/pov](http://www.pbs.org/pov)). The 2017 Sundance World Cinema Grand Jury Prize Winner documenting the daily life of Aleppo's residents through the eyes of volunteer rescue workers. Runtime 90 min-

utes. Registration is not required.

### Short Story Discussion Group

Wednesday, December 6 at 11 a.m. Leah Wagner moderates a discussion about 100 Years of the Best American Short Stories. This month we will be discussing "Everything That Rises Must Converge" by Flannery O'Connor and "Pigeon Feathers" by John Updike. Register and reserve your copy at the Welcome Desk.

### Book Café

Wednesday, December 6. Session 1 at 11 a.m. for existing group members. Session 2 at 1 p.m. for new members. Discuss books that you have read. Light refreshments will be served. Register at the Welcome Desk.

### Boheme Opera NJ Performance

Wednesday, December 6 at 1 p.m. Puccini As You've Never Heard Him features

(Continued on page 25)

## IMPORTANT NOTICE

Motorists must obey the rules of the road while driving within the Community including, but not limited to, observing the posted speed limits, No U-Turn, Yield, and One Way signs; stopping for pedestrians; making a full stop at all stop signs; and exercising extreme caution when entering RCAI streets from lanes or other areas without stop signs.



## New directions for the League of Women Voters

By Ruth Banks

Confidence in the security of our electoral system has been weakened by recent revelations of possible interference by foreign governments, and by differing interpretations of voter fraud.

In an effort to strengthen the integrity of our electoral system in New Jersey, the LWVNJ is proposing some voter reforms that will potentially increase voter turnout, save money, and improve the accuracy of our voter rolls, all the while making the ballot accessible and secure.

The League is suggesting bipartisan voter reforms like automatic voter registration, in-person early voting, and a plan to curtail gerrymandering of voting districts. Voters must be confident that their voting information and our elections are safe and secure, and that election officials are alert to attempts to weaken the system.

During the past few months of this year, the Monroe Township LWV has conducted voter registration drives throughout the Township, has been visible in distributing information, and has planned events for candi-

dates for state, county and local offices to give residents the opportunity to meet and talk with them. The following League members contributed to these efforts: Andrea Pellezzi, Adrienne Fein, Ruth Mullen, Shirley Blankstein, Lorraine Sarhage, Rosalind Levine, Marcia Kastan, Mary Ann Colgan, Sandy Hirschhorn, Jill Lewis-Spector, Marianne Berg, Muriel Hertan, Donna Breitowich, Roz Brodsky, Carol Bergman-Grunes, Gloria Huber, Sherry Freedman, Ruth Banks, and Marsha Rosenbaum, the Voters Service Director.

Even with all the attention focused on the elections, League members have continued to study some issues of state and national import. The Natural Resources Director Mary Ann Colgan has attended meetings of the Water Supply Advisory Council of N.J. which has been working to complete a N.J. Master Water Plan, which will cover such issues as the supply, safety, and distribution of water. She has kept League members up to date on climate change and its impact on the environment,

and lately on drilling in national park land and on Native American lands.

The Education Committee, chaired by Joan Leon and Jill Lewis-Spector, has launched a study of Civics Education. The Campaign Finance Committee, headed by Linda Ikeda, continues to study legislation and policy issues relating money to power and politics.

Programs being considered for 2018 range from Pre-K education and its impact on life-long learning, to juvenile justice issues, to campus rape policies, to women's health, to the environmental protections of our food, water, and medicines.

The League meets monthly on the fourth Monday at 1 p.m. (unless a holiday falls on that day) in the Municipal Building. It is a nonpartisan political organization open to men and women who support the League's principles. For more information please contact any of the following: Andrea Pellezzi, president, at 609-664-2146; Adrienne Fein, membership, at 609-860-5984; Judy Perkus, at 609-395-1552; or Ruth Banks, at 609-655-4791.

## Izabela's CLEANING SERVICE 609-954-0181



2 bedroom/2 bath condo \$75 & up

- Professional Housecleaning
- Quality Work
- References Available
- Experienced

CALL FOR FREE ESTIMATE



MONROE TWP.  
FIRE DISTRICT #3  
AT YOUR SERVICE,  
ANYTIME.

[www.mtfd3.com](http://www.mtfd3.com)  
609-409-2980

## Mailing Addresses

If you are not receiving mail from Rossmoor, your Mutual, or *The Rossmoor News*, it may be a matter of our not having your correct mailing address. Many residents, over the years, filed "Winter Address" forms with Administration and failed to specify a return date. If you did not contact us when you returned, it might be possible that we still have an alternate or winter address in our system.

Please contact Resident Services manager, at 609-655-1000, to verify your address.



HOME SAFETY TIPS



How To Deter Home Burglary

- Invest in good quality locks on doors and windows. This includes all sliding glass doors as well. Make it difficult and time consuming for a burglar to gain entry.
- Whenever you go outside, lock the door and take the key with you, even if you are just stepping next door or out in the backyard.
- Don't put valuables where they can be seen from the window, especially items that can be easily carried.
- Be sure your garage door can be secured. Do not leave it open when you are away; an empty garage broadcasts your absence.
- When you aren't home, use a timer set to turn interior lights on and off at varying intervals as though your home was still occupied.
- Don't keep large amounts of cash or really valuable jewelry around the house.
- If a stranger comes to your door asking to use the telephone, make the call yourself. Don't invite them in.
- Don't hide a spare key under the doormat or flowerpot. Thieves know all the good hiding places.
- Invest in a good security system along with motion sensor lights installed out of reach.
- Keep any tools that could be used to break into your home locked away in the garage.
- Always double check that doors and windows are locked even during daylight hours.
- Videotape the contents of your home. Keep the video and the list of all valuables in a safe place, such as a safe deposit box.

How To Safeguard Your Home While on Vacation



- Strive to make your home look as lived-in as possible while you're away.
- Don't broadcast your plans but do let your neighbors and local law enforcement know.
- Arrange to have your mail and newspapers either stopped or picked up daily.
- Use automatic timers to turn on a radio and lights at different intervals to hide the fact you aren't home.
- Turn down the ringer on the telephone. An unanswered telephone is a dead give-away.
- Be sure you don't announce your absence on your answering machine message or email.
- Leave your blinds as you normally would if you were home. Only close them all the way if that is what you would normally do.
- Move valuables away from windows.
- Be sure to close and lock the garage as well as any storage sheds, etc.
- Be sure someone knows your itinerary and your estimated time of arrival and return.
- If you get lost while traveling, ask directions of local law enforcement, not complete strangers.
- Be sure your vehicle is in good working condition and that you have taken enough money. Do not carry large amounts of cash, use credit cards and travelers' checks.
- Arrange for a friend or relative to inspect your property periodically.
- Do not leave a key in a hiding place.
- Check and double-check all windows and doors on every level and garage doors before leaving.

Car Safety



- In traffic, keep doors locked and windows up
- Park and lock your car and remove the keys
- Park in areas that are well lighted
- Cruise around a bit in shopping centers parking lots until you find an open parking place close to a well-lighted entrance.
- When you return to your car, check in and around it, and have your keys *in your hand* and ready to use.
- If you are followed by another vehicle, go to a public place or, better, police station. If near home, stop at the staffed gate house to alert security.
- Keep valuables in trunk or hidden in the car and do not keep valuables in the glove box
- BE COURTEOUS! Confrontations often occur when drivers become frustrated about how others drive.
- If you have car trouble: Raise the hood, use emergency flashers, tie something white around your antenna or mirror.
- Carry a 'HELP' sign and keep a can of tire inflator in trunk. Stay inside the car, lock the doors and if help is offered, ask for the police. Do not allow strangers to help you "fix that flat." Thieves, especially near banking institutions, are known to ice pick car tires, so they'll go flat in a short distance then come to your "rescue" with theft in mind.
- Remember to regularly check your car's oil, gas, water and tires. Service your car regularly.
- Invest in an auto club membership, such as AAA, so you may have roadside assistance help you in any emergency, from fixing a flat to towing.
- Keep a charged cell phone with you when away from home. You can preprogram important numbers so that they are immediately available.
- Keep a flash light in your auto and attach a light-weight, slimline flashlight to your keychain.

Senior Center Highlights

Monroe Office of Senior Services & Senior Center  
12 Halsey Reed Road, Monroe Township, NJ 08831  
609-448-7140

Membership Has its Benefits

Registering with the Office / Senior Center is free and available to Monroe Township residents, 55 years of age and over. Around the 15<sup>th</sup> of the previous month and members can sign-up for the special, monthly activities either via phone – or – in-person for all programs with a fee. From your home, visit [www.monroetwp.com](http://www.monroetwp.com), and look for the "Office of Senior Services" link under "Departments" to access the calendar/newsletter as well as the Friendly Tidbits online.

Advance registration is recommended to ensure easy admission into a program; and, if needed, transportation to and from the Senior Center. Registration is also available on the same day of an event from 9 to 11:30 a.m. For members unable to attend a registered program, a cancellation phone call is appreciated. For more information, please call the Office/Senior Center at: 609-448-7140.

Here's to Your Health

**Bagels Plus: On Friday, December 1, at 10 a.m.,** join Linda (The Gardens at Monroe) and Sheli (Always Best Care) as they explore how the smallest acts of kindness can benefit your own self-worth and sense of purpose. Identify those small things in life that mean a lot to you as you devise a plan to "pay it forward." Please register early.

**AARP Drivers Safety: On Tuesday, December 5, at 8:45 a.m.,** enhance your driving skills by taking this AARP-sponsored class. Course Fee: \$15 (AARP member); \$20 (Non-Member). For space availability, contact Rosanna.

**LivWell Series: On Monday, December 11, at 10:30 a.m.,** the LivWell *Mind, Body & Spirit* Series concludes this month with a nutritious look at the holiday season. In conjunction with Monroe Village at Village Point, this discussion focuses on how to enjoy the holidays and stay healthy at the same time. Please register early.

**The Five Rhythms ~ Which One Are You?: On Wednesday, December 13, at 11:30 a.m.,** join Siobhan Hutchinson, from NextStep Strategies, for this enlightening PowerPoint presentation on the Five Rhythms of Traditional Chinese Medicine. This is a fascinating exploration of your "type" - which includes personality traits, stress triggers, potential ailments, and more. Please register early.

Laughs, Lyrics, and Lectures

Register In Advance

**Two on Tap's Holiday Show: On Monday, Decem-**

**ber 4, at 2 p.m.,** this dynamic dancing duo returns to take us back in time to an era when couples, like Fred & Ginger and Mickey & Judy, filled the silver screen with undeniable chemistry, effortless harmony, and precision tap dancing. Enjoy this festive holiday show...*sure to be a shoe-tapper!*

**Irving Berlin: On Tuesday, December 5, at 1:30 p.m.,** Dr. Karen Z. returns to provide a thorough musical lecture about Irving Berlin. She will also perform Berlin's favorites including *How Deep is the Ocean*, *Always*, and many more.

**Can't We All Get Along?: On Wednesday, December 6, at 1:30 p.m.,** David Brahinsky, Professor of comparative religion, philosophy, and humanities at Bucks County Community College, discusses how people, from various religions, have gotten along in the past and how much they actually have in common. He will also examine those troubled times when getting along has been an arduous, impossible task. Open discussion follows. Please register.

**Lower East Side: On Thursday, December 7, at 1:30 p.m.,** we welcome back Marty Schneit, licensed NY City Tour Guide, as he takes you on a wonderful armchair adventure back in time. From Schimmel's Knishes and The Daily Forward to the great people who lived there (*Irving Berlin, Eddie Cantor, George Burns*) take a trip to the Lower East Side during this slide-illustrated talk.

**The Door Between: On Friday, December 8, at 2 p.m.,** David Sussman, retired police officer and professional actor, paints the picture of a rookie cop and recounts a number of on duty events that taught him life changing lessons, in **The Door between The Citizen and The Law.**

**Music BINGO: On Monday, December 11, at 1:30 p.m.,** we welcome back Tara and her fun, musical twist on an old classic game! Try to get BINGO! (and a prize) while listening to classic songs from the 1950's and 1960's. Tickets: \$3 p.p., due upon registering in-person, in advance. Space limited.

**Michael & Ted Present: On Tuesday, December 12, at 2 p.m.,** Michael and Ted, from WWFM's "The Classical Network," take a look at the life and music of the "King" among crooners, Bing Crosby, by featuring material from his film, television, and radio appearances.

**Songs of the Season: On Wednesday, December 13, at 1:30 p.m.,** Marvin Fischer returns to "tickle the ivories" as he brings us those magical songs and stories of the holiday season.

**Charles Dickens' Christmas Carol: On Thursday, December 14, at 10:30 a.m.,** we welcome back Irene Curran, retired Monroe Township teacher, as she discusses the life and works of Dickens as well as his famous story which was first published in 1843.

**Francine and Joel's Holiday Lights: On Thursday, December 14, at 2 p.m.,** Francine and Joel light up our stage as they perform classic holiday hits during this festive show.

**Wooly Bully: On Friday, December 15, at 1:30 p.m.,** find out if you can laugh and sing at the same time! Dave Deluca, singer/entertainer, pays tribute to the best-loved novelty songs of the 1950's and 1960's. Sing along with Dave as he performs the biggest hits of the era, including: "*Charlie Brown*", "*Witch Doctor*", "*Doggie in the Window*", "*Wooly Bully*", and many others.

**Jerry's Travels: On Monday, December 18, at 1:30 p.m.,** join Jerry's armchair adventure as he explores and talks about the Scottish countryside including Abbotsford, Inverness, Loch Ness, Gretna Green, and others.

**Broadway to Hollywood: On Tuesday, December 19, at 1:30 p.m.,** Gordon James returns with a new batch of Broadway musicals that were made into Hollywood films. From *Anything Goes*, *Damn Yankees* to *Jersey Boys*, he talks about and performs songs that made these musicals memorable.

**Movie Times: On select dates this month,** enjoy a featured DVD presentation. On Thursday, December 21, at 10:30 a.m., *The Honey-mooners* return to offer some holiday laughs with their 1970's Christmas special. Then, on Thursday, December 28, at 1:30 p.m., enjoy watching the *Woman in Gold* (starring Ryan Reynolds and Helen Mirran). Register for each presentation separately, noting the title and date.

**David Aarron Presents The Marx Brothers: On Thursday, December 21, at 1:30 p.m.,** David Aaron returns to examine the life and career of each Marx brother during his talk and DVD presentation.

**Wolf's Travels and Traditions: On Fridays, December 22 and 29, at 10:30 a.m.,** take a DVD tour with Burt Wolf, award-winning travel and food journalist as he explores Spain, Switzerland, and Austria (on 12/22) as well as the great hotels and shopping opportunities around the world (on 12/29). From visiting Santiago de Compostela and Lake Ge-

(Continued on page 25)



Senior Center

(Continued from page 24)  
neva to sharing his favorite hotels and unveiling the “science” of future shopping, these DVD trips will be enjoyable and enlightening. Please register for each presentation separately, noting the title and date.

**Candid Camera Moments: On Tuesday, December 26, at 1 p.m.,** take a stroll down memory lane as we bring you the greatest moments from Candid Camera, one of America’s longest-running entertainment series that made everyone smile. With over two hours of unforgettable clips on DVD, enjoy an afternoon of laughs. (Please feel free to watch the program for as long as you wish.)

**The Mikado: On Wednesday, December 27, at 1 p.m.,** enjoy Gilbert and Sullivan’s *The Mikado*, during this DVD presentation which was filmed at Canada’s Stratford Festival in 1982.

**Artistically Speaking**  
**Monet in Giverny: On Monday, December 4, at 10:30 a.m.,** Maurice Mahler, Art Historian, explores the life and work of Monet when

he lived in Giverny, from 1883 until 1926. This lecture and DVD presentation will relate the story of Monet’s daily life and artistry during this time.

**Seasonal Napkin Art on Canvas: On Tuesday, December 12, from 10 a.m. to Noon,** join Andrea as she inspires you as you create a beautiful piece of art on canvas using a decorative table napkin. The effect is almost 3-D like with pops of color. Craft fee of \$15 p.p., which includes all supplies and instruction, is due upon registering in-person, in advance. Art of the Masters: On Friday, December 15, at 2 p.m., join Cristina, as she briefly discusses the life and work of Katsushika Hokusai, Japanese artist, ukiyo-e painter and printmaker of the Edo period. Then, 16 participants, with a project coupon (available upon request when registering in-person) will create watercolor postcards in the artist’s style with watercolor. Lecture only? Please call to register. Space limited.

**LET’S GET PHYSICAL!**  
**UP to BARRE: Starting on Friday, December 1, at 11:15 a.m.,** we welcome

back Sarah as she instructs this ballet-inspired, core and balance workout, that was postponed from October. Space still available to participate in this 10-session class. Course fee: \$40, due upon registering in-person, in advance. Space limited to ensure safety. (Last Class: February 2, 2018.)

**Bodies in Motion:** Starting on Monday, December 4, at 9 a.m., join Georgeann for her 10-session weight resistance training workout, with a focus on both standing and seated movements. Equipment: Resistance bands, spikey balls, and light weights needed. Class fee: \$40, due upon registering in-person, in advance. Space limited. (No Class: December 25, January 1 and 15, 2018, and February 19; Last Class: March 5).

**Center Transportation**  
Transportation to and from the Senior Center is a free service available to all senior members/residents during regular business hours. Please be sure to advise us of your transportation need when registering for Center activities, as soon as possible, and include your name, address, community, and phone number. If you need to cancel your reservation for any reason, please let us know immediately, noting the original purpose of your transportation need (i.e. program, appointment, etc.) Also, please feel free to call the Office in the morning for all other transportation requests

Monroe Library

(Continued from page 23)  
some of the master’s lesser known, but still beautiful operas. The program will include selections from Edgar, Manon Lescaut, La Fanciulla del West, La Rondine, Suor Angelica, and others. This program offered in collaboration with the Monroe Township Cultural Arts Commission. Registration is not required.

**Genealogy Club**  
Wednesday, December 6 at 1:30 p.m. Genealogists of all expertise levels welcome. Registration is not required.

**Socrates Café**  
Wednesday, December 6 at 7 p.m. Participate in this international group based on the philosophy of Socrates. Pose questions, listen to others, raise challenges and consider other alternatives. Monroe resident Noreen Gumnick moderates. Register at the Welcome Desk.

**International Film**  
Thursday, December 7 at 2 p.m. A 2015 Japanese comedy/drama that revolves around three sisters who live in their grandmother’s home and the arrival of their thirteen-year-old half sister. Rated PG, 2h, 8m. Film is shown in Japanese with English subtitles. Sponsored by the Friends of the Library. Tickets are \$1.00 and are available at the Circulation Desk and at the door before each showing.

**Library Board of Trustees Meeting**  
Monday, December 11 at 6:30 p.m.

**Open Sewing**  
Monday, December 18 at 3 p.m. and Thursday, December 21 at 6 p.m.  
Students will bring their own projects on which to work – there is not a planned project; everyone will be working on their own. If you would like to use a pattern we have previously used in class, the pattern and information can be available to you. Students must take the Meet Your Sewing Machine class or have prior machine sewing knowledge to take this class. Ages 18 and over.  
Register at the Reference Desk, by phone or online at [www.monroetwplibrary.org](http://www.monroetwplibrary.org) beginning Wednesday, November 8.

**Coffee and a Book**  
Tuesday, December 19 at 10:30 a.m. We will discuss *Montana 1948: A Novel* by Larry Watson. Register and reserve your copy at the Welcome Desk.

**George Ivers Display Case**  
Monroe Township Historical Commission “The “Monroe Oak Tree.”

**Fine Arts Gallery**  
Paintings by David Titus.  
**Delayed Openings**  
The Library will open at 10 a.m. on Monday, December 4 and at 1 p.m. on Wednesday, December 13 due to staff training.

**Library Closings**  
The Library will be closed on Sunday, December 24 for Christmas Eve and on Monday, December 25 for Christmas Day.  
**All events are open to the public.**  
[www.monroetwplibrary.org](http://www.monroetwplibrary.org)

Annual Holiday Concert Presented

A Holiday Concert will be presented by Bravura Philharmonic Orchestra featuring pianist Emiko Edwards, 7 p.m., Sunday, December 3 at Princeton Alliance Church, 20 Schalks Crossing Rd., Plainsboro, NJ.

Take a break from your busy holiday schedule to enjoy festive music performed by professional and high-level amateur musicians.

The Bravura Philharmonic Orchestra conducted and directed by Steinway Artist Chiu-Tze Lin presents its Annual Holiday Concert at 7 p.m., on Sunday, December 3 at Princeton Alliance Church, 20 Schalks Crossing Rd. in Plainsboro.

Award-winning pianist Emiko Edwards solos in Beethoven’s “Emperor Piano Concerto No. 5.” Debuting at age 10 with the New Sussex Symphony, Ms. Edwards received numerous awards and accolades in US and international piano competitions. Described as “...dazzling...scintillating...,” by Classical Source, Ms. Edwards performances and commentary are featured in documentary film and broad-

cast radio including BBC Radio 3.  
Ms. Edwards received her bachelor’s degree from Julliard School of Music and Artist Diploma and master’s degree from London’s Guildhall School of Music. A faculty member of Bravura Summer Music, she is currently a candidate in Temple University’s doctoral program.

The Bravura Philharmonic Orchestra, recipient of the American Prize Award, performs “Polovtsian Dance” from Alexander Borodin’s opera, “Prince Igor.” Additionally, the delightful Haydn classic “Toy Symphony,” features whimsical instruments performed by local elementary school students. “Music for Hanukkah,” a medley of Jewish folk songs and hymns arranged by Thomas Hinds and audience sing-a-long round out the program.

Concert tickets are \$15 advance purchase or \$20 (\$18 seniors/students) at the door. VIP seating is \$30. Purchase online at [www.bravuraphil.org](http://www.bravuraphil.org) or call (609) 933-4729, (908) 420-1248 or (732) 792-2070.



**HOW TO SPOT A STROKE FAST**

**FACE DROOPING**  
Does one side of the face droop or is it numb? Ask the person to smile.

**ARM WEAKNESS**  
Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?

**SPEECH DIFFICULTY**  
Is speech slurred, is he or she unable to speak or hard to understand? Ask the person to repeat a simple sentence. Is the sentence repeated correctly?

**TIME TO CALL 9-1-1**  
If the person shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get him or her to the hospital immediately.

For more information visit [strokeassociation.org](http://strokeassociation.org)

**F.A.S.T.** is an easy way to remember the sudden signs of a stroke and what you need to do when it happens. When you spot the signs, call 9-1-1 right away.

This is important because the sooner a stroke victim gets to the hospital, the sooner they can begin treatment. And that can make a remarkable difference in recovery.

**WHAT TO DO IF YOU THINK SOMEONE IS HAVING A STROKE**

**9-1-1**  
Immediately call 9-1-1 so an ambulance can be sent.

**3:02**  
Check the time so you'll know when the first symptoms appeared.

**WHY IS CHECKING THE TIME IMPORTANT?**  
Immediate stroke treatment may improve the chances of survival, but only if you get help right away.

Stroke is largely a preventable, treatable and beatable disease that affects

**795,000 AMERICANS A YEAR**

On average, a stroke occurs every 40 seconds.

Every 4 minutes someone dies of stroke.

**STROKE IS THE NO. 1 PREVENTABLE CAUSE OF DISABILITY.**

**SPOT A STROKE FAST**

**Ad Council**

**strokeassociation.org**

American Heart Association | American Stroke Association  
Together to End Stroke



## ROSSMOOR COMMUNITY ASSOCIATION, INC. SNOW POLICY AND PROCEDURES

### POLICY

When a snow or ice event occurs, it will be the objective of RCAI to make reasonable efforts to ensure that the 17 miles of roadways and 43 miles of sidewalks within Rossmoor are passable for motorists and pedestrians as soon as possible, in a safe and efficient manner. The safety of **Rossmoor residents** is the goal of this policy.

### PROCEDURE

When a storm is predicted, all equipment and supplies will be checked and staff as well as the snow removal contractor will be informed of the response plan.

Snowfall accumulations of **up to two inches** are handled by pre-salting the streets and carport lanes prior to the storm to try and prevent snow/ice from bonding to the surface. Salting of the streets and carport lanes will continue as needed. Depending on weather conditions and the forecast, typically, no further action will take place.

Snowfall accumulations of **more than two inches**, typically, require the initiation of the full snow removal operations as follows:

1. Pre-salting streets and carport lanes to prevent snow from bonding to the surface.

2. Plowing all main and secondary streets (see list of streets under "Priorities") continuously after an accumulation of 2" or more or as required by RCAI management.

3. **Once the storm ends**, separate crews and separate equipment will begin plowing lanes and carports; plowing perimeter and main sidewalks; plowing driveways and finally shoveling of the main, front entrance walks and stoops leading to the main entrance doors of the manors. Secondary walks and/or stoops on the sides or backs of manors will not be shoveled or treated with ice melt.

In a typical snow storm (2 to 6 inches of accumulation), it takes approximately **12 hours once the storm ends** to complete the full snow removal operation. In the event of a major snow event (6 inches or more) and/or icing conditions, it may require more time to complete the full snow removal operation.

4. **Once the full snow removal operation is complete**, ice melt may be applied to perimeter and main sidewalks and the front entrances walks and stoops leading to the main entrance doors of the manors depending on accumulations, ice conditions, ground and air temperatures and the forecast for the next 24 hours. Reasonable efforts will be made to maintain the perimeter and main sidewalks and the front entrances walks and stoops leading to the main entrance doors of the manors and driveways after each storm and for the days to follow until the conditions clear, but it is impossible to be everywhere all the time. A full ice melt application takes approximately six hours and is not effective in lower temperatures and without sunlight. Secondary walks and/or on the sides or backs of manors will not be shoveled or treated with ice melt.

5. Reasonable efforts will be made to rotate the snow plowing schedule of driveways and carport lanes each storm.

**Extreme caution should be used if residents must use the**

**walkways during a storm and during the thaw/freeze cycle that typically follows each storm until all the snow/ice has melted. Each resident should consider having a supply of ice melt or grit for their personal use.**

### COMMUNICATION Fire/Police/First Aid

**Emergencies .....911**

*Upon notification of a pending fire, police or first aid emergency requiring emergency personnel, the snow removal staff/contractor on site will make reasonable efforts to clear the road, walkway and/or driveway in the area where emergency personnel require access prior to or simultaneous with emergency personnel arrival.*

*In those instances where there is no notification in advance, upon learning of the emergency and/or arrival of emergency personnel, the snow removal staff/contractor on site will make reasonable efforts to clear the road, walkway and/or driveway in the area where emergency personnel require access.*

### Snow Removal Operations Concerns

Maintenance Office 655-2121

Monday – Friday 8:30 a.m. – 12:00

noon and 1:00 p.m. – 5:00 p.m.

North Gate 655-1868

After hours/evenings/weekends

*North Gate personnel may take messages for supervisory staff on site during a winter storm and snow/ice removal operations.*

*Residents are responsible to leave accurate and pertinent information.*

### Snow Removal Operations Updates/ Cancellations/Bus Service

Channel 26

*Reasonable efforts will be made to keep residents informed during a snow emergency, but it may not always be possible.*

### RESIDENTS' RESPONSIBILITY

It is the responsibility of all residents to know and participate in the procedure by moving vehicles to ensure proper and complete snow removal from our streets and carport lanes. Vehicles should be parked in residents' assigned carport spaces or garages. Second vehicles or guests' vehicles may be parked in the lower level of the Clubhouse parking lot.

It is incumbent upon each resident to be attentive to the surround-

ings and exercise extra care for their safety when walking on exterior surfaces during periods of inclement weather. If it is absolutely necessary to drive during a snow storm, please drive slowly and give snow removal vehicles the right of way.

If residents, their guests or employees use an entrance other than the front entrance walk and/or stoop leading to the main entrance door to their manor, it is the resident's responsibility to remove the snow and treat the secondary walk and/or stoop for ice.

Snow removal is an arduous and time consuming task. Please be patient. It is best for residents to stay in the safety of their manors. Typically, bus service and most activities are cancelled during a snow/ice storm. For your safety, residents should not approach active snow removal equipment.

### PRIORITIES

The safety of Rossmoor residents is our priority. Supervisory RCAI personnel are on site during snow removal operations to lead staff and the outside snow removal contractor to oversee procedures and respond to emergencies. All main and secondary streets and entrance gates will be plowed continuously to provide emergency access. Sidewalks to the Club House and Meeting House are continuously cleared and the buildings remain open during snow/ice storms for residents use in case of power outages and/or loss of heat.

Residents with medical conditions that require outside treatments such as, but not limited to, dialysis or chemotherapy, must register with the Healthcare Center prior to a winter storm emergency to guarantee access for these appointments.

Regular medical/dental appointments, going to work, grocery shopping, filling prescriptions, leaving for vacation etc. are not considered priorities and staff will not respond to such requests.

Residents that return to the Community during a winter storm or during storm removal efforts is not considered a priority. Safe access to a resident's manor may not be possible. It is advisable to check with the North Gate prior to returning to be sure snow removal efforts have been completed.

The following 26 main and secondary streets are cleared continuously after an accumulation of two or more inches or as required by RCAI management:

Stonaker Road (South Gate to Prospect Plains Road)	Sharon Way	Troy Way
Gloucester Way	Sheldon Way	Victoria Court
Mayflower Way	Spencer Way	Waverly Way
Mt. Vernon Road	Springfield Way	Windsor Way
New Haven Way	Sussex Way	Yale Way
Newport Way	Sutton Way	Yarborough Way
Old Nassau Road	Terry Lane	Yardley Way
Providence Way	Thurman Lane	
Revere Way	Tilton Way	
Rossmoor Drive		

The following 51 carport lanes are cleared when the snowfall ceases:

Amherst Lane	Mystic Lane	Roxbury Lane
Bradford Lane	Nantucket Lane	Salem Lane
Concord Lane	Narragansett Lane	Sanford Lane
Dorset Lane	Nautilus Court	Somerset Lane
Emerson Lane	New Bedford Lane	Stockton Lane
Fairfield Lane	Northfield Lane	Stowe Lane
Glenwood Lane	Norwich Lane	Stratford Lane
Greenfield Lane	Onset Lane	Sturbridge Lane
Hanover Lane	Orrington Lane	Sudbury Lane
Lowell Lane	Oxford Lane	Sunset Circle
Madison Lane	Pelham Lane	Thorton Lane
Malden Lane	Plymouth Lane	Westfield Lane
Manchester Lane	Portland Lane	Westport Lane
Marblehead Lane	Prescott Lane	Winchester Lane
Meeting House Lane	Putney Lane	Wingate Court
Middlebury Lane	Redding Lane	Yorkshire Lane



## Resident Emergency/Disaster Information (R.E.D.I.) Knowing what to do is the best preparation IT'S YOUR RESPONSIBILITY

### Why Prepare?

The outlook for recovery from a disaster often depends on your planning and preparation. While we all hope that such events never happen, it has been shown from time to time that those who have prepared are best able to recover. Emergency services and government agencies may not be able to respond to our needs immediately. **You need to be ready to care for yourself here in Rossmoor.**

### Know What to Do

In the event of a disaster/emergency it is important to know what to do. Learn and understand the different types of disasters/emergencies you are most likely to encounter and what you will need. While each person is unique, you can take steps to prepare by evaluating personal needs and making a plan that fits those needs.

### Make a Plan

The first step is to consider how a disaster/emergency might affect your individual needs. It may be necessary to plan to make it on your own for many days. It is possible that you will not have access to a medical facility, drugstore, gas station, or bank. Bus service may be limited or cancelled. It is crucial that you think about what kinds of resources you use on a daily basis and what you might do if those resources are limited or not available.

### Leaving vs Staying Home

**Prior to a snow storm, hurricane, rain storm or other extreme weather advisories, you should consider staying with family, friends or in a hotel out of the area especially if you feel you are not capable to safely shelter-in-place.** If you leave Rossmoor prior to a storm, it is a good idea to check with the North Gate prior to returning to check on the conditions at Rossmoor and whether or not it is safe for you to return.

If you plan to stay home, it may be best in most situations to remain home during and after an extreme weather event as there may be the uncertainty of where you might go and the risk of impassable roads. Should you elect to stay home, you must plan ahead and be prepared to be at home for some period of time possibly without services.

### Evacuation

The Monroe Township Office of Emergency Management, in coordination with fire, first aid and police departments, will be in charge and provide instruction should it be necessary to evacuate. If residents are evacuated, every effort will be made to open the Clubhouse as a comfort station until evacuees are able to make other living arrangements, or a Township or County shelter is opened. The Clubhouse is equipped with a stand-by generator that will restore power in the entire building within seconds of a power outage

### Share Information

It's a good idea to check with Administration that you have a current *Emergency Contact Information* form on file. This information will be available to Administration and will also be available at the North Gate for emergency responders should the need arise.

If someone has *Power of Attorney* for you, please consider filing a copy with the Administration Office. It would be helpful in an emergency to contact the person you have designated as the one to handle your affairs if you are unable to do so.

If you have a medical condition or special needs, you should complete the *Monroe Township Special Needs Registry* form available in Administration. Completed forms should be returned to the Monroe Township Police Department, 3 Municipal Plaza, Monroe Township, New Jersey 08831.

You should also register with the Healthcare Center with your contact information and medical history.

Should you have a medical condition that requires outside treatments such as, but not limited to, dialysis or chemotherapy, you must register with the Healthcare Center prior to an ice or snow emergency to guarantee access for these appointments.

### Additional Resources

For additional information resources, it is suggested you visit these websites:

<http://www.ready.gov/>

<http://www.redcross.org/prepare>

<http://72hours.org/>

### Basic Disaster Supplies Kit

According to the [www.ready.gov/](http://www.ready.gov/) website a basic emergency supply kit could include the following recommended items:

- Water – one gallon of water per person per day for at least three days, for drinking water and sanitation
- Food – at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask to filter contaminated air and plastic sheeting and duct tape to "shelter-in-place"
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Manual can opener for food
- Local maps
- Cell phone with chargers, inverter or solar charger
- Prescription medications and glasses
- Pet food and extra water for your pet
- Cash or traveler's checks and change
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container
- First aid book

It may also be important to make sure your car is serviced and has a full tank of gas.

### ARE YOU R.E.D.I.?

**Be sure to review and renew your plan annually or as your needs may change**



## Classified Advertising

### Transportation

**EXPERIENCED DRIVER** – Doctor and hospital visits, supermarkets, airports. Carl (908) 812-6326.

**LIMO GUY, INC.** – Our 15<sup>th</sup> year. We go to all airports. Late model Lincoln Towncars. Holds four passengers in total comfort and style. \$85 to Newark, \$155 Philadelphia, \$180 JFK airports. We go almost anywhere 24/7. Call (732) 452-9222.

**CALL DOREEN** – I'm back! My new number is (609) 284-4308. Thank you.

**EXPERIENCED LIMO DRIVER** – NYC, airports, anywhere. Former Clearbrook resident. Call John (732) 610-0703.

**AAA TRANSPORTATION** – Monroe area (Encore resident). Transportation to airports, trains, piers, NYC and reasonable rates. Call Howard (732) 979-3085.

**NAT TRANSPORTATION** – Monroe resident. All airports, shipyards, NYC and local. Doctor and hospital visits. (917) 657-5611.

### Home Improvement & Services

**LOCAL RESIDENT WITH PICK-UP TRUCK** available for garage clean up. Convenient, no hassle, fairly priced. Call (609) 468-3412.

**INTERIOR PAINTING** – Wallpaper removal. 30 years experience. Please call Ken – Diamond Painting. (609) 655-1525 or (732) 446-0400.

**T-K-S HOME IMPROVEMENTS** – Full service contractor and handyman services. Kitchens, baths, basements, painting, tile and more. No job too big or small. Credit cards accepted. License #13VH05970500. (609) 259-2574.

**RELIABLE HANDYMAN SERVICES** – Local resident. No job too small. All labor guaranteed. Call me to discuss – no obligation. Reasonable rates. Call (609) 409-7096 or (908) 385-5869.

**MIKE THE HANDYMAN** – See my display ad in this edition. (732) 780-0468.

### Miscellaneous/Services

**VOICE LESSONS** – Westminster Choir College graduate and seasoned performer. Rossmoor resident. Peggy Valenti (908) 642-2489.

**PET SITTER/DOG WALKER** – A true animal lover. Barb (732) 735-4243.

**ALTERATIONS/SEWING NEEDS** – I can come to you. Joan (609) 655-4363.

**HAVE SCISSORS, WILL TRAVEL** – All hairdressing services. Will come to your home. Licensed hairdresser. Call Georgianne (732) 985-8129.

**TECH BUDDY** – Simple step-by-step help with smartphones, computers, tablets and more. Large print solutions for low tech problems. ? Real Beginner to Advanced. Patience and enthusiasm included. Wireless printers, Netflix, Roku – setup and training. Free quote. (732) 589-4974. techbuddybarb@aol.com

**COMPUTER REPAIR** - RJF Sales Company LLC. Is your computer running slow? It may need a tune-up. Desktop and laptop repair in your home. Custom built computers. Virus removal and protection. Monroe resident with over 20 years of computer experience. Free cordless mouse with service. www.monroe-computer.com (732) 723-9537 or (732) 967-3400. Please leave message, all calls returned same day.

### Tax Preparation/Services

**CERTIFIED PUBLIC ACCOUNTANT** – Don't let your tax questions linger. Call a CPA today. Rebecca (732) 718-4359.

### Wanted to Rent

**WANTED CARPORT** yearly rental from December 1 to April 30. Mr. Greene (201) 637-6217.

### Wanted to Buy

**BUYING & SELLING GUNS** – Call for pricing. (609) 558-9509. Ask for David. Licensed Firearms Dealer.

### Help & Health Services

**CARING ELDER CARE** – Special offer for December. No charge for the first hour. We are experienced and caring. Elizabeth (646) 413-0813.

**AT ANGEL TOUCH HOME CARE** we provide excellent care for elderly and we make sure that we have the best qualified workers for the job. We are a company that cares for our patients and makes sure they are treated by the best. 24-hour care (living with resident). Elderly companionship. Call (609) 907-6059.

**COMPANION FOR ELDERLY** – Do you have an elderly parent or loved one that needs nurturing companionship for a few hours a day? I live locally and do not work for an agency. Please contact Kim Monteiro (732) 284-6507.

**ANNA'S HOME CARE** – Certified professional caregiver is looking for live-in/live-out job in Monroe Township. Experienced, references. Driver's license. Accepts long-term care insurance. Low prices. Private care option. Call Anna at (609) 409-1600 or (908) 337-7462.

**EXPERIENCED, RESPONSIBLE**, hardworking caregiver with own car. (609) 672-6824.

**EARTHLY ANGELS AT YOUR SERVICE** – We will be your wings and extra pair of hands. Cooking, shopping, paperwork, errands, light cleaning and local transportation. References. Contact us at your convenience. (609) 642-6287.

**CAREGIVER** – Meal preparations, light housekeeping, medication help, local errands, doctor appointments. Lifetime area resident with experience. Excellent driving record, owns car. Available full or part time. Jill (609) 529-2215.

**LEASE A NIECE** – Assistance with household activities, cooking, shopping, paperwork, appointments, companionship. Local transportation. NJ born and bred. Tracie (732) 904-3885.

### Housecleaning

**CLEANING** – Working 20 years in Monroe area. Call Inna (609) 456-8006.

**HENRYKA'S HOUSE CLEANING** – Polish ladies, reliable and experienced. References available. Call (609) 586-0806.

**SEVERAL YEARS** of honest and quality work. Call Laura (609) 902-9951.

**HOUSE CLEANING** to clean your home expertly and thoroughly. References, honest, courteous and experienced. Reyna (609) 371-4775. You'll be glad you called.

**CLEANING SERVICE** – Professional and experienced. Olga (267) 833-7141.

**IZABELA'S CLEANING SERVICE** - Professional house cleaning. Quality work. Local references. Very reasonable. Years of experience in the area. European quality. (609) 954-0181.



The Middlesex County Food Organization and Outreach Distribution Services closed out its annual Fall Harvest Food Drive Oct. 27 with 7.5 tons of nonperishable items donated by the Monroe Township senior communities: Rossmoor, Concordia, Clearbrook, Encore, Greenbriar at Whittingham, Regency and Renaissance. Staff from Monroe Township's Department of Public Works assisted with collection and delivery of much of these donations.

### Green Fair Continues to Grow in Monroe

Being green is far from a passing trend – it's a way of life.

On the front end of this movement is Monroe, where organizers have been putting together the Township's annual "Green Fair" for eight years and running.

The 2017 event on Oct. 28 was held at the Monroe Township High School, and featured more than 100 exhibitors, music, food and refreshments, not to mention a variety of freebies and activities.

"This is all about sustainable living," said Green Fair Chairwoman Karen Toth. "We invited the public and we hope when they left they were armed with valuable information on going green, staying healthy and saving money."

A flu shot clinic, an animal show, the Enviromobile, a

recycling robot, a paper shredding truck and upcycled art, on display and for sale, were also among the fair's many offerings.

"I'm always looking for ways to better myself," said Monroe Councilwoman Miriam Cohen, liaison to the Township's Green Team. "That is precisely what this event is geared toward – improving oneself while improving the world around us."

As the fair continues to grow and evolve, so too does the praise from visitors, residents and local officials.

"Every year, this event gets bigger and bigger – as does the turnout," said Monroe Mayor Gerald W. Tamburro. "I have to credit our organizers with the popularity of this event because there's always something new and interesting to see each and every year."

### Jewish Museum Presents L'Chaim

The Jewish Heritage Museum of Monmouth County presents *L'Chaim* featuring The Jewbadors on Sunday, December 24 at 2 p.m. Tickets are \$8 members, \$10 non-members.

Celebrate life with The

Jewbador's production of *L'Chaim*, a delightful blend of songs, stories and jokes overflowing with the humor, fun, and poignancy of Jewish music and culture. A loving and culture-filled tribute to the holidays, food, and family bonds that are essential components of Jewish life, *L'Chaim* is a joyous experience for all.

The Jewbadors bring the humor, joy, and pathos of Jewish culture to audiences of all ages and backgrounds. Formed in 2011, the group offers stories, songs, and "shtick" in English, Yiddish, and Hebrew as well as other languages. This group, f four musicians and five singers, has performed in choral groups, musical groups, as actors and singers in shows, as well as soloists in many Jewish venues and wider venues.

For more information or to make a paid reservation (non-refundable), call the Museum at 732-252-6990, or visit www.jhmomc.org. The Jewish Heritage Museum is located in the Mounts Corner Shopping Center, at 310 Mounts Corner Drive Freehold, NJ, at the corner of Route 537 and Wemrock Road (between the CentraState Medical Center and Freehold Raceway Mall). It is on the second floor of the historic Levi Solomon Barn.

### CLASSIFIED AD COUPON

Check those publications that apply:

- ☐ The Clearbrook Courier ☐ The Concordian ☐ Encore Speaks  
☐ GW Voice ☐ Regency Reporter ☐ Renaissance Reflections  
☐ The Rossmoor News

☐ Check here for all seven publications

Classified deadline: Ads must be received by the 14th of the month preceding publication month.

**Princeton Editorial Services, Inc.**

**P.O. Box 70, Millstone Twp., NJ 08510**

#### RATES

\$14 for 10 words, 50 cents each additional word *per publication*.

Sample: 10 words in two publications = \$14 x 2 = \$28.00

**No discounts apply. All ads must be mailed with payment.**

**No classifieds accepted by phone or email.**

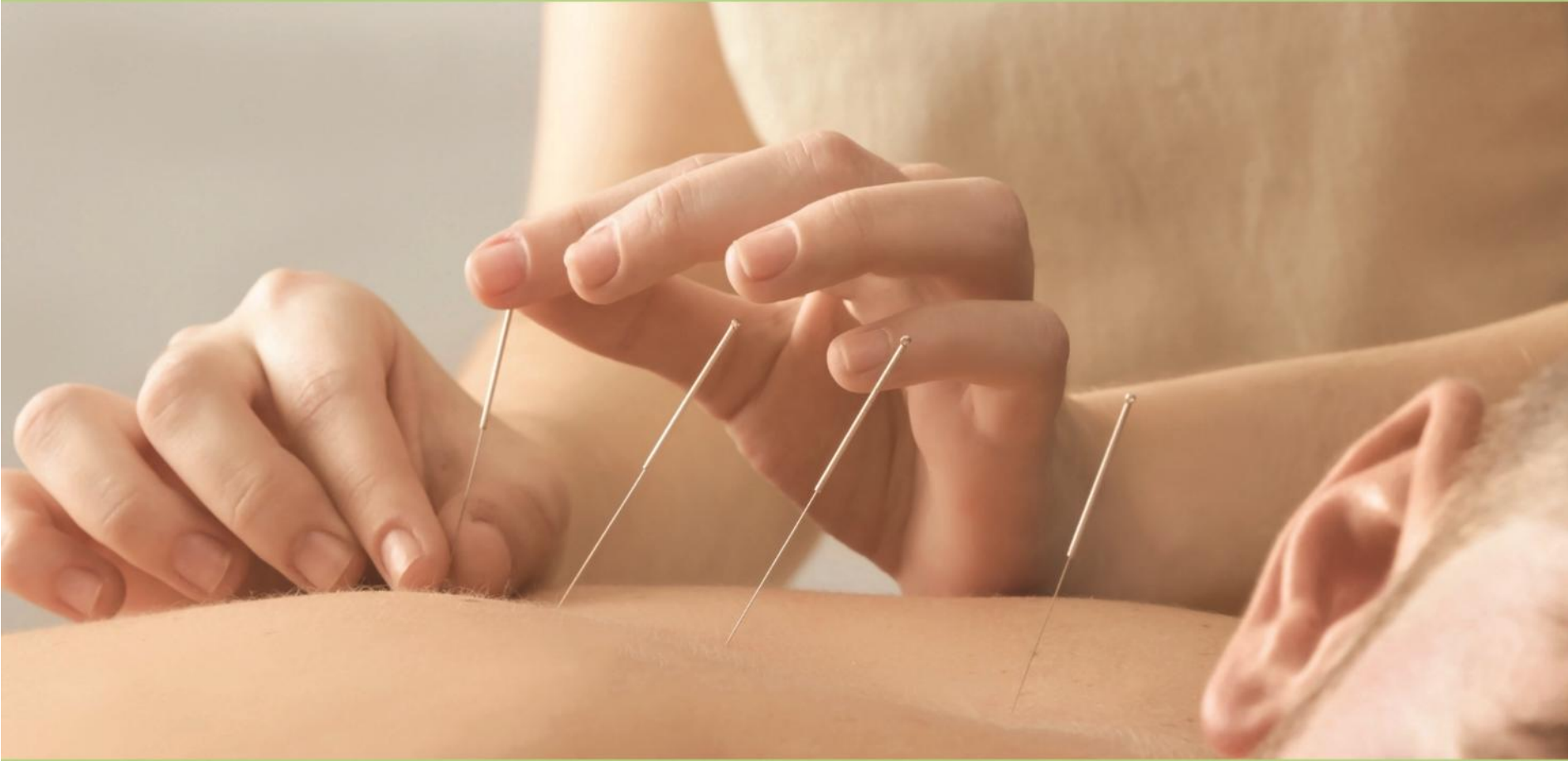
- Note: Phone numbers count as one word. Do not count punctuation. Do not abbreviate.
- State category/heading, ie., "For Rent", "For Sale", "Help Wanted." You will not be charged for the heading.
- One check or money order must accompany insert.
- **MADE PAYABLE TO PRINCETON EDITORIAL SERVICES, INC.**
- Phone number or address which appears in ad must appear on check or money order to ensure proper credit.

Name \_\_\_\_\_

Tel. # \_\_\_\_\_

**Print or type your ad and include with this coupon**





**\$19.99**

**MASSAGE**

for half an hour or \$39.99 for an hour.

**\$75**

**ACUPUNCTURE**

per visit or \$500 for ten visits.

**AFFORDABLE MASSAGE AND ACUPUNCTURE!**

ARE YOU TIRED OF PAYING HIGH PRICES FOR SERVICES THAT ARE NOT COVERED BY MEDICARE? LET US HELP YOU GET BACK TO THE QUALITY OF LIFE YOU DESERVE!

AllCure Spine & Sports Medicine now offers Massage and Acupuncture at affordable rates. Being in pain is stressful enough without the added financial burden. Massage and Acupuncture are both used to treat many health related issues, as well as showing great results in preventive care. If you are interested in either Massage or Acupuncture, please give us a call to make an appointment!



**CALL TODAY!**

**732-521-9222**

Offer Expires 12/31/17



350 Forsgate Drive, Suite 102, Monroe Township, NJ 08831