



Rossmoor IN News



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Monroe Township, New Jersey

NOVEMBER 2026



HAPPY THANKSGIVING



Interfaith: Join Us for a Special Thanksgiving Program

By Diane England

When President George Washington proclaimed the first national Thanksgiving in 1789 from New York City, he envisioned it as a day where "We the People" would give thanks. In more recent times, this holiday often seems more about overeating, football, and over-shopping.

However, the Interfaith Council and the Rossmoor Chorus have a special program planned for you on Thursday, Nov. 19, at 1:30 p.m. in the Meeting House. It's more in alignment with what Washington sought.

Let's gather together, as a community, to enjoy beautiful music and stories from two

distinct eras in our history when ordinary citizens stepped forward and helped our nation in moments of profound darkness. More specifically, I'm talking about the dark days of the American Revolution that soon followed the signing of the Declaration of Independence. I'm also talking about 9/11. We owe gratitude to people from both eras that stepped forward, at risk to themselves, to do what they understood the moment asked of them.

Today, we face challenging times that leave many of us feeling anxious. But did you

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Thanksgiving for the Homebound and Caregivers

By Michele Trechak

As is the Rossmoor tradition, the Interfaith Council would like to share Thanksgiving with you. If you are a Rossmoor resident who is homebound, we would be honored to deliver a complimentary Thanksgiving Day dinner for you, your spouse/partner, and/or your aide on

Thanksgiving morning, Thursday, Nov. 26.

Please contact Sal Gurriero at 732-803-9857 by Nov. 16 if you wish to have a meal delivered on Thanksgiving Day.

May you have many reasons to give thanks this year and always. We look forward to hearing from you.

Honoring Our Veterans



Honoring our veterans outside the Clubhouse.

By Jim Wilson

Although we honor our veterans every day, Nov. 11 is a day set aside to pay tribute to every American veteran. On its website, the U.S.

Department of Veterans Affairs describes the importance of Veterans Day as "A celebration to honor America's veterans for their patriotism, love of country, and willingness to serve and sacrifice for the common good."

Happy Veterans Day to veterans everywhere.

The Rossmoor Veterans Group embodies the very spirit of the American veteran. Its members meet once a month, to hear stories of courage, purpose, and dedication. They share not only service, but sacrifice. Because of our veterans, we have the nation and the freedoms that we have today. We appreciate them more than words can ever express.

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Charity Exchange: Donate, Shop, & Support Good Causes

Rossmoor's popular annual marketplace extravaganza returns on Sat., Nov. 7, from 9 a.m. to 2 p.m. in the Clubhouse. Turn unwanted items into community support and discover a few new treasures for your home. All proceeds go to charity.

Donation drop-off times:

- Thursday, Nov. 5 — 9 a.m. –2 p.m. and 5–7 p.m.
- Friday, Nov. 6 — 9 a.m.–2 p.m. only.

Don't miss this chance to declutter, shop, and give back.



Clubhouse Manager Melissa Barnard (center) and E&R staff Sue Ortiz (left) and Jamie Galasso (right) get ready for the 2026 warm coat drive.

Time to Donate Warm Coats for Those in Need

By Alyce E. Owens

This will be the 18th year the Community Church has invited all Rossmoor residents to donate warm coats and jackets for those in need throughout New Jersey. Last year, like so many others before, our generous community responded with hundreds of winter jackets, coats, and boots. Can we do it again? I have no doubt that

we can! With your help, we can show the less fortunate folks in New Jersey that Rossmoor still cares about them.

There's a good chance that if you look in your closet right now, you'll find one or more jackets that you've outgrown, or a coat that has served you well but probably should be retired. They can

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Twilight Golf Season Finale

Twilight Golf, created and organized by Nancy Nicola, Jo Schwegel, and Ed Harkins, had a fabulous finale with fun and food for everyone. The theme honored Breast Cancer Awareness Month with all participants wearing pink. The successful late afternoon activity started as just "an idea" during a card game and grew into a successful gathering for men and women to play golf together. Each week, groups were randomly formed and played fun and unusual games for nine holes. Prizes were awarded at the end, and everyone enjoyed food and camaraderie afterwards.

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at the governors' meeting

The October 20 meeting of the RCAI Board of Governors was opened at 10 a.m. in the Clubhouse Hawthorn Room by President Josephine Schwegel. A motion was made and seconded to accept Thursday, September 17, 2026, BOG meeting minutes. The motion passed unanimously.

President's Report

President Schwegel asked those present to observe a moment of silence in honor of former longtime Board of Governor's member Jim Murphy, who recently passed away. She then introduced the month's proclamation recognizing Breast Cancer Awareness Month. Mutual 5 Director Judy Sforza read the proclamation declaring October as Breast Cancer Awareness Month at Rossmoor.

Treasurer's Report

General Manager Tom Curry reported that, as of Aug. 31, RCAI had a positive budget variance of \$377,891. He explained that the variance was artificially high due to the timing of several contractual payments and revenue from new golf course memberships for 2027.

Mr. Curry then provided an overview of the preliminary 2027 RCAI budget. He reported that the proposed increase is currently \$12.00 per month per unit, or 4.8%, bringing the monthly RCAI assessment for all manors to \$262.05.

Mr. Curry explained that significant increases in liability insurance and employee health insurance costs, combined with the current inflation rate of 3.8%, are contributing to the proposed increase. He noted that the actual budget increase would be closer to 6%; however, the recommendation is to utilize prior-year surpluses to offset a portion of the increase and limit the proposed assessment increase to 4.8%.

Management Report

Mr. Curry reported that the Administration Office finalized a three-year contract extension with Amco Pest Services. The new agreement provides for no cost increases for the first two

years, followed by a 4% increase in 2029.

Mr. Curry explained that the office has responded to a New Jersey Board of Public Utilities One Call enforcement dispute concerning an electrical mark-out issue that occurred on March 23. He also reported on the September monthly closings, which included nine condominium units and two cooperative units. Additionally, he provided an update on Maintenance Department activities, including the removal and cleanup of trees damaged by recent storms.

Current Projects

Mr. Curry reported that the concrete project is expected to be completed within the next two weeks.

The 2026 asphalt paving project, completed by Johnson and Baron. He also reported that the new gate arm at the North Gate exit is scheduled for installation on Monday.

Pool Renovation Planning

Mr. Curry reported that the engineering firm will present plans to prospective bidders for the proposed pool-depth modification. Once the bids are received, the Board of Governors will need to determine whether to proceed with the redesign.

Golf Course Improvements

Mr. Curry discussed the ongoing golf course irrigation system replacement project and explained how the work is also advancing improvements outlined in the Golf Course Master Plan. Excess soil from the water main installations is being used to create four new forward tee boxes, resulting in significant cost savings. The contractor is moving the soil into place, after which the Maintenance staff will level the areas and install sod.

Golf Course Membership and Operations

Mr. Curry reported that the golf course has welcomed 29 new members since Sept. 1.

Committee Reports

• **Maintenance Committee:** Director Debra Stasik stated Mr. Curry's report covered the meeting discussions.

• **Community Affairs Committee:** Joann Casper, Community Affairs Committee chair reported information about upcoming E&R events and health care seminars.

Old Business

Mr. Curry reminded independent club representatives of the Nov. 4 meeting to review rules and regulations.

New Business

Resolution 2026-21 — Entrance/Exit Mechanical Gate

A motion was made and seconded to ratify the purchase of the North Gate exit mechanism from Tecnocality Company at a cost of \$7,671, charged to Reserve Account #4110. The motion passed unanimously.

Resolution 2026-22 — Outdoor Furniture for Pool, Clubhouse and Pro Shop

A motion was made and seconded to ratify the email vote for the purchase of 25 trex tables and 16 chairs from premium Ploy Patios at a total cost of \$21,518 including tax, charged to Reserve Account #4110. The motion passed unanimously.

Pool Guards and Guests in 2027

A motion was made and seconded to open the pool in 2027 with no lifeguards and permit guests. After some discussion the motion passed unanimously.

Director Comments

M6 Director Paul Mueller asked if the community could develop ways to reduce electric bills in manors. Several ideas were suggested, from more attic insulation to new HVAC systems.

Resident Comments

• A resident requested that small American flags be placed in the flower beds at the entrances. Mr. Curry explained that Rossmoor has several large flagpoles illuminated 24 hours a day, seven days a week. He expressed concern that smaller flags could fall to the ground and become soiled in the mud.

• A resident expressed con-

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Message from RCAI's Executive Committee

By President Jo Schwegel,
Vice President Lori Moses,
Treasurer John Craven, and
Secretary Debra Stasik

The Executive Committee of the RCAI Board of Governors is committed to transparent communication and informed decision-making as we work to make Rossmoor the best it can be. In October, we met individually with the people responsible for day-to-day operations in several of the community's most important areas.

Those meetings included Clubhouse Manager Melissa Barnard, Maintenance Manager Dave Salter, Golf Course Superintendent Tom Tucci, and Golf Pro Ray Bridy. We also met with Jeff Voss of High Tech Landscapes, the company that holds RCAI's lawn-maintenance contract.

Our purpose in each meeting was straightforward: to understand how these operations actually work and to identify practical ways the board can support the people who carry them out. Clubhouse services, building and grounds maintenance, the golf course, and community landscaping affect every resi-

dent. Decisions about staffing, budgets, and priorities are stronger when they rest on a clear picture of daily operations rather than on assumptions.

These were working conversations, not formal presentations. We asked how each area is organized, what is going well, where the constraints are, and what would most help the staff and contractors who serve the community. The time spent was a necessary step in the board's broader effort to base its decisions on the best information available.

The next step is to share what we learned. We will hold workshops with the mutual presidents so that the mutuals have the same operational picture the Executive Committee now has, and so that questions and local concerns can be part of the discussion before further decisions are made.

We will continue to report on this work as it moves forward. Residents who want to follow board business are encouraged to attend open meetings and to raise questions through their mutual presidents.

Bits & Pieces

By Sue Ortiz

Ever been in the middle of a conversation, an engaging book, or an important task such as cleaning the house, paying bills, crafting, or gardening when the familiar ring of your phone distracted you from your main goal? Or found a lost tchotchke that mentally transports you back to your younger days? You've been sidetracked!

According to the Cambridge Dictionary, "sidetrack" means being distracted from a main task or having your attention directed toward something less important. The word is derived from the railroad term for a train moving onto a secondary track (a siding) off the main line.

My Mom was famous for this. Although her name was Lorraine, I would call her "Sidetrack Sally." She'd be in the middle of cleaning out the coat closet and find a random photo that escaped from an old album.

"How did that get there?" she'd ponder. Then she'd set about finding the album, and then we'd spend the afternoon perusing those old photographs until it was time to prepare dinner. The closet clean-out could wait until tomorrow.

Now, I, too, get sidetracked daily.

I'm a crafter, and crafters collect supplies. Lots of supplies. So, when I have a free minute to actually create something, I have to gather the necessary paint, brushes, transfers, stencils, and glue to complete the project. While doing so, I find other items that can be used to make an entirely different project. The original task is set aside while I scroll the web. I'm sure someone out in cyberspace has an example of what I am thinking of making. Hours after saving multiple "ideas" to Pinterest, I remember that I was supposed to finish the first project of the day. Now there are two projects to finish. Tomorrow.

Same thing at work. We are a busy department. There's a lot that goes on the other side of the ol' Covid shield that no one knows about: tickets have to be designed and printed, spreadsheets made, flyers and posters created, the cash register programmed, and so much more. All this has to be done while tickets are sold, phones answered, helping at the copier, and whatever comes down the pike daily. No

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Rossmoor News

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Unscheduled volunteer writers should contact Rossmoor News Chair about any submission. **We reserve the right to edit, limit, or reject any materials/submissions according to the directives of the Editorial Board and Publisher.**

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Open RCAI Meetings in November

Thursday, Nov. 12

Standing Committee Meetings.

Maintenance Committee – 9:30 a.m.

Community Affairs Committee – 10 a.m.

Thursday, Nov. 19 – 9 a.m.

Board of Governors Meeting

It will be an in-person meeting and will be held via Zoom.

Please watch Channel 26 on your TV or check www.rcainj.com for more information.

Around the Clubhouse

By Melissa Barnard,
Clubhouse Manager

Here are some of the many activities planned for the coming months. We're always updating our schedule, so check Channel 26 and the Rossmoor Clubhouse Facebook page for the latest details. Registration is required for all events through E&R unless otherwise noted.

Joy to the World Paint Party

A holiday-themed paint party will be held on Tuesday, Nov. 1, at 6:30 p.m. in the Ballroom. Tickets are \$30 per person. This event is sponsored by Cranbury Sta-

tion Gallery.

American Music Theater Christmas Show: "Winter Wonderland"

Enjoy lunch and a production of "Winter Wonderland" in Lancaster, Pa., on Thursday, Nov. 12. Tickets are \$160 per person and include center mezzanine seats at the American Music Theater, bus/gratuity, lunch, and shopping at Shady Maple. Limited seats remain.

The Price of Wanting: An Opera Concert about Desire

Come enjoy a unique opera experience featuring four vocalists from Operallora. This concert is taking place in the Meeting House on

Sunday, Nov 15, at 3 p.m. Tickets are \$10 per person.

"The Lion King" on Broadway

Hakuna Matata promotes a "no worries" philosophy, the tune Rossmoor will be singing as we embark for NYC's Minskoff Theater on Tuesday, Dec. 8. The show starts at 7 p.m., but we are departing early to allow time for dinner and a quick visit on your own to see the Rockefeller Christmas tree. Cost is \$140 per person.

Sports Award Dinner

Get your tickets now for the annual Sports Award Dinner being held on Wednesday, Dec. 2, at 6:30 p.m. in the Ballroom. The menu includes tossed and pasta salads, eggplant rollatini, poached salmon, stuffed chicken breast, roast pork loin, dessert, and coffee. The cost is \$25 per person.

Information Highway: Auto Debit Payments (ACH)

By Gina Genther

Monthly payments to the association (RCAI) are due by the first day of each month and are considered late on the 10th day of the month. Late fees can be charged and are different amounts depending on the mutual. Rossmoor does not send invoices. Payments can be made either by check every month or by Auto Debit, also known as Automated Clearing House (ACH).

Auto Debit/ACH requires a form to be filled out by the owner. You choose the account from which you would

like it withdrawn, and we do the rest. Once we have it set up, the fees are automatically debited from that account on the ninth day of every month. If the ninth day is a holiday or weekend, it comes out the next business day. ACH is easy and simple. It saves time, money, and you can never be considered late unless there is an issue with the account.

If you would like to sign up for ACH, please email Dawn Santowasso at DawnSantowasso@rcainj.com, or call Administration at 609-655-1000.

Interfaith

(Continued from page 1)

know that major cultural and philosophical traditions teach that expressing gratitude can be helpful during challenging times? And since this is not the time to remain isolated, come out and feel uplifted by this program. Then, stay to catch up with friends and neighbors over refreshments afterward.

Our services are free. However, there will be a voluntary collection that helps fund Thanksgiving dinners for those unable to prepare a dinner at home or get out to enjoy the holiday with others.

Whether we do this for an individual, a couple, or a resident and their caregiver, this is our way of being neighborly and reminding people, whom we may rarely see anymore, that we still consider them valued members of our community.

If you'd like to support this Thanksgiving dinners program, handled by Michele Trechak and her dedicated volunteer team, but you're unable to attend this program, you can drop off a check, made out to Interfaith Council, at the payment boxes at the Village Center or outside the Clubhouse. Let us thank you now for your support of this long-standing program.

And, now, go and put this date on your calendar.

Bits & Pieces

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wonder it takes me days to get through my paperwork.

In fact, as I was writing this column, I was sidetracked by an alert on my phone that an order from Sam's Club was delivered to my home. I checked my Ring camera, and sure enough, my order had been placed on my porch, no box or bag, ripe for the squirrels to nibble their way through the three five-pound bags of peanuts I ordered for them plus the bag of low-sugar chocolate candy for me. I had to leave my desk - it was 12:45 p.m. at lunchtime - to go home to rescue my order from certain doom.

I don't know if I will ever not be sidetracked. It seems hereditary.

Our Veterans

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The Veterans Group recently placed markers around the flag at the golf course, representing the Army, Navy, Air Force, Marines, and the Coast Guard. New markers representing all veterans have also been placed at the flag in front of the Clubhouse. The two Spirit of '76 flags honoring America's 250th birthday will be retired at the end of the year, to be replaced by the Honor and Remember flags, the symbol of the Rossmoor Veterans Group.

The Veterans Group meets in the Ballroom at 10 a.m. on the second Tuesday of every month. All veterans are welcome.

BOG Meeting

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cern about the proposed reduction in pool depth, noting that she uses the pool for lap swimming.

- A resident raised concerns about lawn damage caused by snowplows and recommended using tracked vehicles instead of wheeled equipment. She also asked who currently serves as Rossmoor's attorney and raised two additional questions that

would need to be addressed by her Mutual Association.

- A resident suggested installing a counter at the E&R office window. President Schwegel stated that this improvement is planned as part of the Clubhouse renovation. The resident also suggested changing the Rossmoor resident directory from an opt-in directory to an opt-out directory.

There being no further business, the meeting was adjourned at 11:05 a.m..]

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Won't You Be My Neighbor: Meet Bill and Nancy Bodycombe

By Susan Peters

Question: What does a British man named Bill, an American woman named Nancy, and Mayflower have in common? You may be tempted to guess perhaps a famous sailing from Plymouth, England, to Cape Cod in 1620; however, this story is about Bill and Nancy Bodycombe, our new neighbors who happen to live on Mayflower Way.

Theirs is a heartwarming love story - albeit a transatlantic one, which started on the Internet in 2004 and turned into daily correspondence across the Pond for the next four months. Then Nancy bravely crossed the ocean to England where she met Bill in person; however, she spoke to his Mum first. Bill and Nancy shared a lovely visit in London where they toured, went to various events and shows, and got to know each other better. Over the next year, they alternated visiting each other between both countries.

Bill and Nancy married in America on Aug. 19, 2006, in a whirlwind two-day wedding. The ceremony took place in Nancy's home in Iselin, N.J., followed the next day with a cruise and reception for all guests on the Princess Cor-



Bill and Nancy Bodycombe

nucopia around the Statue of Liberty. This August marked their 20th wedding anniversary that was celebrated at Mrs. Kumar's Fine Indian Cuisine in Monroe Township.

Bill had been a teacher in a state school in England for 35 years and worked for Barnes and Noble for nine years after moving to the US. Nancy had worked as a technical analyst. They have resided in Iselin and Edison, also in Florida for about 10 years - "way too hot," reports Nancy - before moving to Rossmoor. They have two cats named Cheddar and

Winston.

This couple is very active in all things Rossmoor and Monroe given their short tenure here, investigating all our community has to offer and local library events. "We are also theater goers," said Nancy. Bill is a history buff, belongs to the Metuchen Historical Society, and is known for his talks on railways.

Should you introduce yourself to this lovely couple, even invite them to a club function, or a lively discussion, you won't be disappointed, and, in fact, will be delightfully entertained.

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Warm Coats

(Continued from page 1)

start a new life keeping someone less fortunate warm and comforted during another cold New Jersey winter.

Here's how you can participate: Starting Saturday, Nov. 21, and every day through Sunday, Dec. 6, you are invited to take your gently used warm coats and jackets to either of the two collection sites in Rossmoor. One is located in the vestibule just inside the Clubhouse front door; the other is under the sheltered patio area outside the Fitness Center in the Administration Building. Please place all donations in plastic bags before depositing them

into the boxes. The items will be picked up regularly by our volunteers.

The greatest need is for men's and women's winter outerwear of every size and type. But what's really wonderful is when some Rossmoor folks involve their families in this loving effort; they gather up donations of child- and teen-size winter outerwear that their grandchildren and great-grandchildren have outgrown. Boots of all sizes also are appreciated, but no other types of clothing please.

These donations will be picked up frequently from the donation sites by our volunteers, bagged, loaded into a van, and driven to Your

Grandmother's Cupboard, located in Toms River. This caring non-profit organization collects and distributes year-round at no cost, clothing, food, diapers, and life's other necessities to 20 different sites that serve folks living in poverty throughout the state.

This is truly God's love at work, and, with the ongoing help of generous Rossmoor residents like you, we hope to keep making the holidays a little brighter for those who are living a life that we can't even imagine. Some of the items we collect also will be donated to RISE in Hightstown and Habitat for Humanity in Freehold in their mission to help meet local needs.

The church's Benevolence Committee sincerely appreciates your cooperation in this effort and extends warm wishes for a very happy Thanksgiving, Christmas, and Chanukah. May the New Year bring good health, great happiness, and peace for all.

You are invited to join us for worship service at the Rossmoor Community Church every Sunday morning at 11 a.m. in the Meeting House. "No matter who you are, or where you are on life's journey, you are welcome here."

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Ready When It Counts
Residents show off the emergency preparedness kits they received at the Sept. 16 seminar conducted by the Rossmoor Health Clinic and AARP.

Just Hanging Out



No bones about it – I’m staying in Mutual 4B.

Gym Friends at Etra Lake Park



Enjoying the last days of summer at a picnic from left: Maria Tavares, Susan LaCrocce, Youngae Lee, Anthony Giaguzzi, Lorraine Giaguzzi, and Pedro Tavares.



Rughookers for Heroes

Rossmoor’s Rughookers consider breast cancer survivors to be heroes, and they dedicated themselves to a very good cause over the summer – creating fall-themed hook rugs to be sold at the Charity Exchange with all proceeds going to support the American Cancer Society. Front row from left: Fran Murphy, Seiran Chapman (who is holding her rug on the left and Christine Sullivan’s on the right), Dorothy Larsen, Merle Brown, Lorraine Haucke, Judy Gamache, and Jocelyn Boyd. Back row from left: Frances Shannon, Geoff Appleby, Theresa Conrad, Callie Baer, Joan Bowman, Terry O’Connell, and Rose Kobezak.

Take Santa Home



Rossmoor’s November drawing could put this wooden Santa under your tree. Tickets are \$2 each or three for \$5, and all proceeds benefit the American Cancer Society. Buy your tickets today at E&R. The drawing will be at the end of November.

Trivia Fun

By Peter and Phyllis Braff
1 - What is the largest desert in the world?
A - Sahara B - Antarctica
C - Gobi
2 - Which country in the Caribbean is the most populated?
A - Haiti B - St. Martin
C - Cuba
3 - What is the largest island in the world?
A - Madagascar
B - Greenland C - Staten Island
4 - What USA state has the most volcanoes?
A - Hawaii B - California
C – Alaska
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Clubs and Organizations



The Korean- American Group had a great turnout at its last meeting.

Korean-American Group

By Youngae Lee

The Korean-American Group held its monthly meeting at the end of summer in the Gallery with 35 members in attendance. We first welcomed several members who had been ill, but they have since recovered and were able to join us again. They thanked everyone who

prayed for their speedy recovery and expressed gratitude for being able to return to their normal lives.

We also welcomed three new members who recently moved to Rossmoor from other states. In addition, two members shared that they will be moving to another state to live closer to their

children, along with other families who have recently relocated.

At this meeting, new rules were established to clarify the purpose of the Korean-American Group and the eligibility requirements for future members. These requirements were discussed and agreed upon by all, and

they take effect immediately. The group is supported by annual membership dues, fees for individual events, and donations from members.

One of the most notable announcements was the Helicobacter pylori testing sponsored by Korean Community Services (KCS) of Metropolitan New York, Inc., planned for the end of October. Helicobacter pylori is a major cause of stomach cancer, so KCS representatives

will offer simple testing kits for Korean members.

We hope more Korean residents will move into this community in the future so that we can welcome additional members and make the group even more active.

For the November meeting, generous prizes will be prepared for members with the highest attendance at 2026 meetings. If you are interested, please contact President Youngae Lee at yalee1980@gmail.com.

“Movie Night with a Twist”

By Deborah Jackson

The African Heritage Group's “Movie Night with a Twist” was a wonderful evening of entertainment, laughter, music, and community. Held on Saturday, Sept. 19, in the Clubhouse Ballroom, the event brought residents together for a fun-filled celebration of the music and legacy of Michael Jackson.

Guests enjoyed a relaxing



evening featuring the movie, great music, dancing, light refreshments, and plenty of laughter. The festive atmosphere created an opportunity for everyone to come together, socialize, and simply enjoy themselves.

The event was a great example of what the African Heritage Group (AHG) does best - bringing people together through music, entertainment, connection, and community. The evening was filled with good times and memorable moments, leaving everyone with smiles and something to discuss.

“Movie Night with a Twist” was a wonderful success, and AHG looks forward to creating many more opportunities for fun, fellowship, and celebration.

Like to Read? Come Join the Rossmoor Book Club

By Karen Kahn

The Rossmoor Book Club would like to invite all readers to their meetings. Books, suggested and voted upon by club members, are reviewed and discussed at each meeting. Titles have varied from “Theo from Golden” by Alan Levi to “James” by Percival Elliot to “The Lincoln Highway” by Amor Towles. We would like to have you come to contribute your input to the existing discussions.

The group meets monthly in the Dogwood Room at 3 p.m. on the third Thursday, except for the Dec. 3 meeting, which is the first Thursday. At that meeting, the club votes on books for the following year.

The book for the Nov. 19 meeting is the best-selling “James.” Contact Karen Kahn at 732-501-0286 if you have questions. Join us. We would love to have you.

Trivia Answers

(Continued from page 5)

- 1 - B
- 2 - A
- 3 - B
- 4 - C



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Players “Between Engagements” Once Again

By Jason Salt

If you missed the production of “Between Engagements 2026” that the Rossmoor Players put on in October, you missed quite a few things. For example, a sterling script by Bob Huber with golden additions by Jim Wilson, stunning songs by Bill Strecker, and lively music played by Janet Wilson, assisted by Aimee Coleman and Dennis Arce. You also missed crisp sound by Steve Biehl,

brilliant lighting directed by Joan Salt, assisted by Suzen Hance, and a stage crew that was more like a pit crew, led by Teresa Sannuto. There was also the only cast member to play the same role in this production as in the original 11 years ago - Sue Archambault – and a pink bunny costume for whose presence there is no rational explanation. And you also missed a tastefully presented love affair

between a living person and a ghost, a cast playing their hearts out to make audiences laugh, and audiences laughing their heads off and having to be guided heedlessly out the Meeting House doors. The cast party that followed was not attended by ghostly apparitions, despite the rumors. But look on the bright side: if you missed this production of “Between Engagements,” the pattern suggests that there will be another one in 2037.

Italian American Club

By Tony Cardello

The officers of the Italian American Club extend their wishes to all the members and their families for a safe, happy, and blessed Thanksgiving. We had a record number of people who attended Rossmoor Downs Two on Oct. 10, and all who were there had a great time cheering for their horses to run to the finish line. The next membership meeting will be held on Wednes-

day, Nov. 18, at 7 p.m. in the Clubhouse with a presentation by the Monroe Township Fire Department, which was postponed from last month. Bingo will be played on Friday, Nov. 21, at 6:30 p.m. in the Clubhouse. Donations of \$200 were given to the Gary Sinise Foundation and the Monroe Township Fire Department and \$100 each to the American Cancer Society and Easter Seals.

Chorus: Falling Leaves, Rising Voices

By Jason Salt

Do you hear music? Right now? Then you may need to see a doctor. I know a good ear, nose, and throat person. But if you want to really hear music, you can hear the Rossmoor Chorus at the Rossmoor Community Church service in the Meeting House on Nov. 15, at 11 a.m. (Your deity may know whether you only go to church for the music, but no one else will.) The Chorus will also sing at the Interfaith Thanksgiving Service on Nov. 19, also in the Meeting House, and will be grateful for the opportunity. Of course, Chorus Director Aimee Coleman is teaching the group a sleighful of songs for the Winter Concerts, which are coming up faster than a snowdrift. To be precise, Saturday, Dec. 5, at 2 p.m. and Monday, Dec. 7, a date that shall live in melody, at 7 p.m. Both concerts will be in the Meeting House.

CULINARY CORNER
By Sidna Mitchell

Corn Chowder Perfect for Fall

In the early days of this country, the Indians taught the new settlers about corn and its many uses. Not only was corn, or maize, food for the colonists but also for their animals. The cornstalks could act as poles for climbing vegetables such as beans. Additionally, the kernels could be ground into cornmeal, and the husks could be used to stuff mattresses. You might remember being told as a child, “Sleep tight. Don’t let the bed bugs bite.” Well, back in colonial days those corn husk mattresses often hid bugs. There was even a poem for planting corn, calling for one herring for fertilizer and five kernels of corn in one mound: One for the black-bird, One for the crow, One for the cutworm, And two to grow. Perhaps at Rockingham, on those chilly evenings, corn soup or chowder was

served when Washington was there during the late summer and fall of 1783. Among his guests were James Madison, another Virginian who later became our fourth president; Thomas Paine, author of “Common Sense;” Elias Boudinot, president of the Continental Congress; and Alexander Hamilton, his aide de camp, later first Secretary of the Treasury and author of the “Federalist Papers.” When I planned my series of nearby Revolutionary War sites and their corresponding recipes in Culinary Corner, I immediately thought of corn chowder for the fall. As the Indians taught our early settlers about the merits of corn, they supposedly included soups. However, my research claims the first recipes for corn chowder weren’t until the late 1800s. Here’s an easy recipe for corn chowder for you to enjoy, anyway.

Corn Chowder

4 tablespoons butter
2 ears corn
2 tablespoons chopped onion
1 tablespoon finely chopped carrot
1 tablespoon finely chopped green pepper

Melt butter over low heat in a large saucepan. Meanwhile, cut corn off the cob and set aside. Add chopped onion, carrot, green pepper, and ham to the melted butter and sauté until vegetables are tender. Add corn, potatoes and chicken stock. Cook over medium heat until potatoes are soft. When ready to serve, add half and half along with salt and pepper to taste; gently heat. Serves three to four.

NOTE: If you don’t have fresh corn, you can always use a 14.75-ounce can of corn. I can be reached by e-mail at sbmcooks@aol.com.

Culinary Corner

2 tablespoons finely chopped ham
2 small potatoes, diced (about 1 cup)
2 cups chicken stock
1 cup half and half
salt and pepper to taste

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Mutual 17 Barbecue a Success

Mutual 17 Directors Debra Stasik and Diane Sutkowski at its annual barbecue. Thank you to all workers and donators.
Photo by Helene Gray

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VETERANS DAY

NOVEMBER 11

Rossmoor Mutuals



Mutual 4B celebrates the end of summer in grand style.

Mutual 4B's End of Summer Party

By Youngae Lee

On the second Sunday in September, 55 Mutual 4B residents and friends gathered for their long-awaited end of summer party for 2026. The theme was Summertime, giving them a chance to look back on the exciting summers of their youth and the summers they still enjoy today. The room was filled with festive decorations and items that captured the spirit of summer.

Under Lori Moses' guidance, many people prepared playful games with generous prizes. A wonderful variety of food kept everyone eating, laughing, and enjoying one another's company.

They also took time to thank everyone who volunteered to make the party so joyful and lively. Several raffles with prize packages, along with abundant food, added to the excitement.

ment. For a little while, no one had time to worry about anything else, only young, happy memories. Ice cream was served for dessert; the evening was closed by dancing to oldies but goodies; and guests left with warm and refreshed

hearts.

Mutual 4B folks are hoping to share times like this more often.

If you have any questions about this group, please contact Pat Egan at 908-812-1428.

Mutual 7 Party Set for Dec. 5

By Karen Kahn

All Rossmoor residents and their guests are cordially invited the Mutual 7's annual holiday party on Saturday, Dec. 5. It will be held from 12 - 3 p.m. in the Clubhouse Ballroom. There will be free-style, line, and ballroom dancing. The food will be buffet style and there will be gluten-free choices.

The cost is \$25 per person for attendees. If you want to

attend, make your check out to Mutual 7 and give it to Christine Parr in the Administration Office by Monday, Nov. 23.

This event is an annual gathering. Last year's event was a great success. Hope to see you all there this year.

Please direct any questions to Karen Kahn at 732-501-0286 or karenkahn55@yahoo.com.

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Religious News

Why Have a Friendsgiving?

By Barbara H. Hoff

The core significance of Thanksgiving is to express gratitude for the harvest and the blessings we received over the past year. We all had a roof over our head, food on our table, and friends and/or family who are there for us. Last year it occurred to me that there were people here in Rossmoor who did not

have anyone with whom to celebrate Thanksgiving. Interfaith Council generously supplies a Thanksgiving dinner to anyone who is homebound and his/her caregiver. However, others had no friends or family with whom to share the holiday meal. That is where Friendsgiving steps in. On Sunday, Nov. 22, the Rossmoor Jew-

ish Congregation will hold a community potluck meal for all of Rossmoor. It is an opportunity to share the joy of the holiday with friends and neighbors. Everyone attending is to bring a side dish or dessert. This makes the event more like a family gathering. The fee is \$15 per person to cover the cost of the main course, paper goods, beverages, and to fill in any gaps in the menu. Last year was our first Friendsgiving, and we had 20 people in attendance. We were pleased so many people joined us. It is our hope that everyone who wants to share in a Friendsgiving meal join us. It is an opportunity to enjoy the holiday with friends and neighbors. Who knows, you may make new friends to socialize with in 2027. We wish everyone in Rossmoor a happy and healthy Thanksgiving. May you be surrounded by good food, good family, and friends.

Catholic Society News

By Sheila McCue

As rainy autumn days wash the color from the trees, life around us grows dormant and winter creeps in. How fitting it is to begin November with the observance of All Saints and All Souls Day. Now we take the time to remember our beloved dead in a special way. Catholics find comfort in our belief in the communion of saints. For the Roman Missal reads: "Indeed for your faithful, Lord, life is changed, not ended, and, when this earthly dwelling turns to dust, an eternal dwelling is made ready for them in heaven."

On Monday, Nov. 2, All Souls Day, we remember in a special way those souls who are experiencing the continued longing to see the face of God as they are purged and purified in preparation to enter eternal paradise. Although they may be bearing the pain of a delay, the battle is won. Happily, they are bound for heaven, and we can pray to expedite their move to eternal happiness.

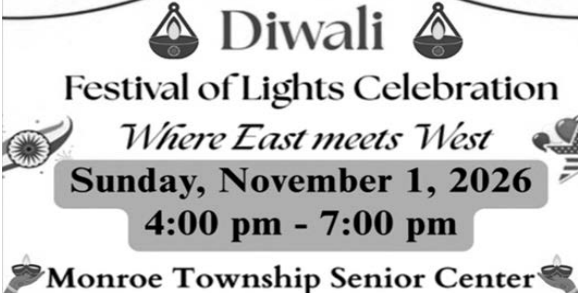
As the month progresses, we look forward to a special observance of the Sacrament of Anointing which will be available at Thursday, Nov. 12, mass in the Meeting House at 1:30 p.m.

As good stewards of your physical health, you have probably already taken precautions to protect your health this season with flu shots and the like. Let us gather before Thanksgiving to practice some spiritual stewardship, too, by fortifying ourselves for the challenges that we face as we contend with the diminishments of aging and failing health that the graces of this sacrament fortify us to handle.

The Sacrament of the Anointing of the Sick confers special grace on those who are frail with age or seriously ill. Physical weakness can lower our resistance to temptations such as fear, anxiety, discouragement, and even loss of faith. The Sacrament of Anointing strengthens us spiritually to face these challenges.

Tickets will be available during November for the Advent by Candlelight event on Tuesday, Dec. 1. Check Channel 26 for details.

The Catholic Society encourages you to join us to complete your preparations for



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Jewish Congregation Happenings



By Adrienne Brotman
Fall is a busy time for the Rossmoor Jewish Congregation. With the conclusion of the holidays, Rosh Ha-

shanah, Yom Kippur, Sukkot, Shemini Atzeret, and Simchas Torah, we have our Sabbath Service on Friday, Nov. 6, and Friday, Nov. 20. On Friday, Nov. 6, we will honor our hard working volunteers who keep our congregation vibrant and active. Sabbath Services are in the Meeting House at 7:15 p.m. Come join us in prayer, and listen to Cantor Mary as she sings the prayers for Shabbat. All

are always welcome. The congregation will be sponsoring a Friendsgiving on Sunday, Nov. 22, and a Chanukah luncheon on Sunday, Dec. 6. Flyers can be found in the carousel by E&R. If you would like more information about the congregation, reach out to Barbara at 973-476-5702. If you need a ride to services or an event, call Morty at 732-299-7501.

A Peak at Rossmoor Jewish Congregation's 2027 Calendar

By Barbara Herman Hoff
Believe it or not, Rossmoor Jewish Congregation has begun putting our 2027 calendar together. I am very excited about the new programs we will be offering, such as Yiddish in everyday language. You would be surprised how many Yiddish words you use. The next event will be the movie, "Fiddler on the Roof." This is a classic. Finally, we will be having a program, "The Melting Pot," foods brought to America by immigrants. We will still have two Game Days, an Ice Cream Social, a Bagel Brunch, and holiday celebrations for

Chanukah, Passover, and the Yom Kippur Break the Fast, to name a few. Our events are open to all

of Rossmoor residents. If you have not attended one of our functions, try it. You might just like it.

Break the Fast



Rossmoor Jewish Congregation President Barbara Herman Hoff standing by the Break the Fast tables following the Yom Kippur fast.

SPORTS

Busy Months for Croquet Players

By Sidna Mitchell
This year's top performers in the Rossmoor Croquet Club's annual Kooky Kroquet challenge on Sept. 19 were repeat winners. John Messeroll won first place this year and last; second place winner this year, Cathy Dobromilsky, was first place winner back in 2024. There were some other players who came in close with only 30-something shots. All in all, everyone seemed to enjoy the fun game before heading to the patio for the annual BBQ of hamburgers and hot dogs grilled by President Dan Dobromilsky, showing off another of his talents. Social Chair Barbara Jensen put together a super spread, especially her homemade coleslaw. Other food treats for the month included pizza and stuffed spuds – baked Idaho and sweet potatoes. Unfortunately, only half of the Golf Croquet Doubles Tournament was played on Sept. 25 because of the storm on Saturday, Sept. 26. However, the weather cooperated and a playoff was scheduled on Friday, Oct. 2, among four teams: Betty Hornig and Pam Neece, Karen Kahn and Jean Dunham, Elaine Alexander and Betty Anne Clayton, and Mary Trawick and Ernie

Schmitt. First place doubles winners were Pam Neece and Betty Hornig. Betty was also a winner last year, so she claimed, "I now have bookends!" Second place went to Mary Trawick and Ernie Schmitt. This year Ken Northrop turned over the Doubles Tournament directorship to Dan Dobromilsky. Ken has run the Kooky Kroquet and the Doubles Tourney for many years as he continues to be the club's greensward working with Tom Tucci and the golf maintenance folks. As the outdoor sports season winds down, the Croquet Club had a busy month of October activities planned. Not only are there the regular Friday night Golf Croquet games, followed by Attitude Adjustment, there is also a Snake Tournament scheduled for Sunday, Oct. 11. The players always look forward to their food nights, but, unfortunately, Sue Peters' planned special soups and sandwiches for Friday, Oct. 9, had to be cancelled due to her knee injury. The second Pot Luck Dinner of the season was set for Friday, Oct. 23. Pizza night is usually the fourth Friday, but it was changed for the fifth Friday, Oct. 30, with mem-

(Continued on page 11)

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Croquet Players

(Continued from page 10)
bers decked out in their costumes for Halloween.
The final official event was Saturday, Oct. 31, for the fall luncheon, catered by B Bis-

tro, followed by the annual meeting, led by President Dan to elect croquet board officers for the next year.
However, weather permitting, you'll still see croquet players out on the court until it's too cold to play.



2026 Kooky Kroquet Winners: Ken Northrop (center), Kooky Kroquet Tournament Director, presented prizes to Cathy Dobromilsky, second place winner, and John Messeroll, first place winner, at the Croquet Club's annual BBQ on Sept. 19.



Rossmoor Billiards Sharks Honored
Mayor Stephen Dalina (center) presenting the Sharks with a plaque for winning their second consecutive Mayor's Cup in billiards. From left: The Great Reynaldo, Sundance, The Closer, Mayor Dalina, Hercules, Houdini, and Shotmaker. The "buzz" going around the Clubhouse is if the Pool Sharks can "three-peat" next year, a life-size statue might be erected of them on the clubhouse lawn.
Photo by Greg La Croce

The First Home for Disabled Soldiers

By Allen Kobezak
When President Lincoln signed the last piece of legislation before his assassination, it created a home for disabled Union soldiers and gave new life to a failed summer resort in Maine.
The Togus Springs resort was built in 1859 by Horace Beals, a wealthy merchant from Rockland, Maine. He hoped to create another Saratoga Springs, and, just like the successful resort in

New York State, Beals site in Augusta, Maine, had a source of mineral water with alleged curative powers.
Beals health resort for the wealthy was on a spacious 1900-acre site with a 134-room hotel, a race track, a bathhouse, and other recreation facilities.
Unfortunately, Togus Springs was not easily accessible to the public and did not turn a profit, and Beal's

dream resort closed its doors in 1863.
However, Horace Beals failed business venture left an empty hotel that would serve as a ready-to-move-in home for Lincoln's first branch of the National Asylum for Disabled Volunteer Soldiers.
Having opened its doors as a hotel just seven years before welcoming its first soldier in 1866, this was a
(Continued on page 12)



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Dr. DeFazio has been practicing for over 30 years, is married, and has three daughters and three grandchildren. He enjoys spending time with his family and at his favorite pursuits which include golfing and vintage cars.
Dr. DeFazio is a graduate of Temple University and UMDNJ. He is a past Clinical Instructor at JFK Medical Center and a past Board Director for the American Red Cross.

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Disabled Soldiers

(Continued from page 11)
relatively new building, making it an easy transition to a home for soldiers.

The Eastern facility in Maine became a model for the Central and Northwestern branches that opened the following year.

Everyday life for the inmates, as they were called, was similar to that of soldiers, requiring them to wear surplus military uniforms and follow the rules of the institution or face disciplinary action.

At first, the facility was primarily for long-term housing for the men, and in exchange, they were required to sign over their military pensions.

A new barracks, recreation center, and chapel were constructed soon after the soldiers' home opened, but even after a 100-bed hospital was built in 1870, medical care remained inadequate for the era.

Men capable of working were given the opportunity to earn wages in the various workshops, by growing vegetables, or by tending the dairy herd introduced in 1871.

Recreation and entertainment featured dances, band concerts, and baseball games, which civilians from nearby towns attended on weekends. Another popular attraction was a small zoo with bears, buffalo, and elk.

The population at the oldest veterans' health care facility peaked at 2,800 veterans in 1904. It has undergone many changes over its 160-year history, including a name change to The Togus VA Medical Center. It has transformed from a failed resort to a simple shelter for Union Civil War disabled soldiers and is now a comprehensive medical center for veterans with a staff of more than 1000.

They have a nursing home care unit that provides long-term assistance to those who served their country and also helps veterans and their families through various non-medical services.

Oh, and one more thing. Thank you, veterans.

Rossmoor Wants to Know

By Penni McOlvin and Helene Gray

With Thanksgiving upon us, do you have a traditional activity or recipe you share with family and friends?



Mary Trawick

The Thanksgiving recipe that my family and friends especially like is marshmallow sweet potatoes. I make a lot so that all who want to take some home can, and that is usually everybody.



Joyce Cassidy

I have a large family that gathers together and does what many of us neglect to do all year. We make a circle, hold hands, and thank God for family and friends, for those who are no longer with us, for the food we are to share, and for peace in the world. There will be 35+ of us, and it will be a great day. Happy Thanksgiving to all.

"Was You Ever Bit by a Dead Bee?"

By Allen Kobezak

In the film "To Have and Have Not," starring Humphrey Bogart, Lauren Bacall, and Walter Brennan, the question in my article's title is asked several times by Brennan to other characters in the movie.

Proofreader Alert! My title reflects the language used in this 1944 film, which was based on an Ernest Hemingway novel. Should The Rossmoor News proofreaders correct the grammar in this classic film? I think not. After all, ain't none of us is perfect.

As for me, I was never bitten or stung by a dead bee, but is that even possible? How can a bee that has already passed on to the other side sting a person?

However, after many hours of research, I've discovered that, yes, a honey bee can sting you even after it dies.



Ann Rudolph

Our Thanksgiving tradition is to share Thursday and Friday as a family. My two daughters, Faye and Noelle, their dad, and my granddaughter, Kiara, are together with me. We cook and eat delicious homemade meals. No turkey is harmed for our feast. Sometimes, a few good friends join us, too. We eat sweet potatoes, white potatoes, stuffing, stuffed mushrooms, corn, tofu, asparagus, turnips, and a large salad. Dessert is traditional homemade pumpkin and apple pies with ice cream. We are grateful to God for all our blessings, a loving family, dear friends, our health, and all the wonders each new day brings.



Ann Hetman

For many years my family celebrated Thanksgiving with our neighbors with as many as 20 people. Waking at 5 a.m. to prepare our contribution of a smoked turkey while my neighbor prepared the traditional baked turkey. Everyone looked forward to the variety of dishes each family made. One of everyone's favorite was the sauerkraut stuffing. We have been making it since 1980. I continue making it each Thanksgiving, but I have substituted vegetable broth for the folks who are vegetarians. The smoked turkey has also been eliminated. Tofurkey anyone?

And I'm not just saying that to get you to keep reading. If you have doubts, you can check my facts on the Texas A&M Honey Bee Lab website.

First of all, only female honey bees have stingers, so don't blame the males if you get stung. Female bees are the worker bees and do most of the hard work around the hive, including defending the colony, pollinating flowers, producing honey, and caring for the queen. They also sweep up around the place.

You may wonder what the male bees are doing while the girls are hard at work. Male bees are called drones, and if you're one of the few lucky ones selected by the queen bee to help her with the fun part of reproduction, you've fulfilled your purpose in life. I hope you enjoyed yourself,

(Continued on page 13)

HEALTH CARE CENTER NEWS

By Lisa DiGiovanni, EdD, MSN, RN, MEDSURG-BC, CHSE, and Elizabeth Caruso, MSN, RN, COHN-S, Saint Peter's Univ. Hospital

Eye Health and Safety

Your eyes are said to be the windows to the soul. Older adults can greatly reduce their risk of eye injuries and continue enjoying daily activities with greater confidence with thoughtful precautions and regular eye care. Having good vision helps keep you active and independent. Here are some tips to maintain eye health and safety.

Tips for Preventing Eye Injuries

Eyes are delicate and protecting them becomes especially important as we grow older. Changes in vision, balance, reaction time, and depth perception can increase the risk of accidents at home and outdoors.

Reading medication labels

Have you recently noticed that the words on the labels on your medication bottles, health and beauty aids, and household products seem to get smaller all the time?

It's important to read these labels every time you buy them. Product ingredients and instructions change when it comes to prescription and over-the-counter products. That's why you should always read medication labels—even if you have received a particular medication before.

Preventing eye irritation

Eye irritation can be both

annoying and harmful to your health. Protect your eyes by avoiding touching or rubbing your eyes after applying creams, lotions, or household products. Keep chemicals and potentially irritating substances safely stored away and wash your hands before handling contact lenses or touching your eyes.

Fortunately, many eye injuries can be prevented with a few simple habits.

Protect your eyes during household tasks

Wear protective safety glasses when gardening, doing home repairs, using power tools, or working with chemicals. Even small pieces of dust, wood, metal, or other debris can cause serious eye damage.

When using cleaning products, follow the directions carefully and avoid spraying them near your face.

Make your home safer

Falls are a common cause of serious injuries, including injuries to the eyes and face.

- Keep walkways and stairways clear of clutter.
- Secure loose rugs.
- Make sure rooms and hallways are well lit.
- Install handrails where needed.
- Use night lights in bedrooms, bathrooms, and hallways.

Use proper eyewear outdoors

Sunglasses that block 100 percent of UVA and UVB rays help protect your eyes from harmful ultraviolet exposure. When spending time outside, especially while gardening or doing yard work, consider wraparound or protective eyewear to keep dust and branches away from your eyes.

Take care with sports and recreation

Even activities that seem at low risk can lead to eye injuries. If you participate in activities involving balls, flying objects, or equipment, wear appropriate protective eyewear. Regular prescription glasses may not provide enough protection.

Have your eyes checked regularly

Routine eye examinations can identify vision changes and eye conditions before they lead to accidents or complications. Tell your eye-care professional about blurred vision, difficulty seeing at night, flashes of light, new floaters or other changes.

Just because you didn't need glasses or a prescription change last year doesn't mean you don't need them now.

Finally, know when to seek help

Sudden vision loss, severe eye pain, bleeding, a penetrating injury, or a chemical exposure requires prompt medical attention. Do not rub or press on an injured eye.

Seek medical attention promptly if you experience any eye emergency. Your vision is priceless!



Ladies 18-Hole Golf Club Hosts Member-Member Memorial Tournament

The Ladies 18-Hole Golf Club unveiled a granite rock featuring a memorial plaque inscribed "in memory of our ladies who have played through," in October. The club paid tribute to three members who passed away in the past year: Anne Foley, Carolyn Meyer, and Pat Mueller. Members of the Rossmoor Croquet Club, dressed in their traditional whites, joined the ceremony in honor of Carolyn Meyer, a longtime member of both clubs. The granite rock and plaque were made possible through contributions from the Ladies 18-Hole Golf Club and a generous donation from Paul Baker, President of Happier Homes, Inc. Following the unveiling, the club held its Member-Member tournament. Winners were Mary Carlson and Maria Torres.

Dead Bee

(Continued from page 12)

because when the queen is finished with you, she will kill you by ripping out the part of you that many men are most proud. Guys, just quickly proceed to the next paragraph; you don't want to dwell too long on that last line.

Okay, now that you know more about a bee's sex life than you ever cared to, let's get back to the question of how a dead bee can sting you.

A worker bee that dies with her stinger and venom sac attached to her body still has

nerves and muscles that keep the venom pumping even after death. The pressure you place on her body when you touch her causes the stinger to react.

With this information, we now understand why we shouldn't touch a dead bee. We certainly don't need firsthand experience to answer Walter Brennan's question.

And, if I were you, I wouldn't annoy any live, overworked female honey bees, or female humans, for that matter. You're liable to get a very painful sting from either species.

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Continuing Our Multigenerational Family Series: Ruth DiGiovanni

By Josephine Genovese

One of the greatest gifts of this multigenerational series is discovering how one family's story becomes woven into the history of Rossmoor itself. As parents discover a

community they love, their children often experience it alongside them, first as visitors, then years later as neighbors.

This month, we share the story of Ruth and Alan DiGio-

vanni, who made Rossmoor their home in 2016. Ruth's connection to the community began nearly four decades earlier through her parents. Here is her story, in her own words.

Ruth DiGiovanni – My Story

My parents, Sylvia and Jesse Politziner, moved to Rossmoor in 1979 after selling their home in Highland Park. They purchased a home on Revere Way and immediately fell in love with Rossmoor's charming New England village atmosphere.

My parents moved when Rossmoor was still taking shape. The roads weren't all completed, every entrance was staffed by a security attendant, and new neighborhoods were still being built. After entering the front gate, you could only turn left or continue around the golf course because Old Nassau Road had not yet connected to complete the loop.

My parents embraced everything Rossmoor had to offer. They were generous benefactors and active members of the Rossmoor Jewish Congregation, faithfully attending Friday Shabbat services and forming many lasting friendships. My mother was an avid golfer; and after my father retired, he joined her on the course. They played nearly every morning, always choosing to walk instead of riding in a golf cart. My mother also loved playing bridge several times a week. They enjoyed many E&R trips, especially those to Atlantic City.

With the exterior maintenance of their home taken care of, they were free to travel more often. They became snowbirds, spending winters in Florida while always looking forward to returning to Rossmoor.

Our two daughters loved visiting their grandparents, especially during the summer when they spent countless happy hours at the Rossmoor pool. Those are memories our family still treasures today.

When my husband, Alan,

and I began thinking about retirement, we toured several 55-and-over communities. We loved our home in North Brunswick, but the property taxes had become increasingly expensive. Although we visited many beautiful communities, Rossmoor always stood out. We remembered how happy my parents had been here, loved the beautifully landscaped grounds and New England charm; and Alan was especially drawn to Rossmoor's golf course.

In 2016, we moved to Yardley Way and quickly realized we had made the right

decision. We have wonderful neighbors, much of our family lives nearby, and enjoy the many amenities Rossmoor offers from golf and the Fitness Center to the Clubhouse, activities, and trips. Best of all, the maintenance-free lifestyle gives us the freedom to travel without worrying about snow removal or outdoor upkeep.

Today, we understand exactly why my parents chose Rossmoor all those years ago. Like them, we've found more than a beautiful place to live; we've found a true community and are proud to continue our family's Rossmoor story.



From left, Jax, Charli, and Blake in front of the manor that was once their great-grandparents home on Revere Way.

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The General's Farewell Orders at Rockingham

By Sidna Mitchell

About halfway between Kingston and Rocky Hill is Rockingham (84 Laurel Ave., Kingston), the last headquarters in New Jersey for General George Washington. The future president of the new country spent a good bit of time in New Jersey during the Revolutionary War with headquarters all over the state.

But, perhaps the most important headquarters was the one in the Berrien House, now known as Rockingham, at the end of the Revolutionary War. Here in October 1783, the general supposedly wrote his Farewell Orders to the Armies of the United States before heading to New York and ultimately back home to Mount Vernon in Virginia. The orders were to be read at West Point on Nov. 2. There is disagreement on who actually wrote the orders – Washington or an aide such as Alexander Hamilton – and whether Nov. 2 was the date written or sent to Newburgh, N.Y.

Rockingham, a 20-room house, has been moved three times, ending up on a 27-acre site, along the Delaware and Raritan Canal, across from the quarry. In fact, the moves were necessary because of the blasting at the quarry.

The Washingtons were at Rockingham from Aug. 23 to Nov. 10, 1783. Martha was here with her husband until sometime in October when she returned to Mount

Vernon because of not feeling well. However, the Washingtons did entertain several visitors including James Madison, who would become our fourth president; Thomas Paine, known for "Common Sense" and "The American Crisis;" and Elias Boudinot, president of the Continental Congress from 1782-1783.

When Ken and I visited Rockingham, we were the only ones on the excellent tour of the supposedly 20-room house. I say, supposedly, because Ryan, our terrific guide, had counted rooms and couldn't come up with 20, even including the tiny closet-size ones.

You'll enjoy going from furnished room-to-room and envisioning Washington and other important patriots staying there. Admission is free, and the house is open on Thursdays through Sundays. The tours begin in the Dutch barn on the way to the house; they start at 10 and 11:30 a.m. and 1:30 and 3 p.m. For more information on the tours, call 609-683-7132 or check the website www.rockingham.net.

According to a former president of Preservation New Jersey, "New Jersey is home to one of the nation's richest collections of Revolutionary-era and nationally significant historic places." Don't miss the opportunity to visit and appreciate the nearby sites such as Rockingham.

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A Journey Through Central Europe

By Mary Jane Brubaker

My sister and I recently returned from an 18-day Odyssey Journeys tour of Central Europe. We visited Warsaw and Krakow in Poland, Budapest in Hungary, Vienna in Austria, Prague in the Czech Republic, and Berlin in Germany.

Travel between countries was by coach, except for a four-hour train ride from Prague to Berlin. About three days were spent in transit, leaving 15 days for six main stops and a few shorter ones. Our group of 24 travelers from across the United States was led by a tour director, with local guides in each city. Each guide had lived under Communist rule, which gave the narration a

personal edge.

The tour began in Warsaw, largely rebuilt after the destruction of World War II. Highlights included lunch at a café in the Old Town and a private piano recital at Frederyk Concert Hall of music by native son Frédéric Chopin.

In Krakow, the most important stop was a three-hour tour of Auschwitz and Birkenau on a chilly, rainy day. More than 5,000 people from around the world visit these sites daily, which helps ensure that the horror of that time and those places is not forgotten.

In Budapest, we stayed in Buda's Castle District. Highlights included a tour of the Parliament building, a nighttime cruise on the Danube, a

classical music concert at Matthias Church, and free time in bustling, charming Pest.

In Vienna, we toured the opera house and Schönbrunn Palace and attended a Strauss and Mozart concert at Börse Palais. A day in the country took us by coach through the Vienna Woods, where the hills looked ready for Julie Andrews in "The Sound of Music." We visited a medieval abbey, then drove to the spa town of Baden.

In Prague we walked through the Old Town to Charles Bridge, toured St. Vitus Cathedral, and the Jewish Quarter. My sister and I also took an underground tour. In the 12th and 13th centuries, before floods and rebuilding raised the square, people lived in stone houses at street level. Those rooms still exist as cellars, and the tour led us through them. Our last night with the full group was a Mozart dinner opera in the hotel ballroom.

Half the group stayed for a three-day extension in Berlin, mostly on our own. My sister and I walked the Tiergarten, Berlin's answer to Central Park, stopped for drinks, and watched the boats on the New Lake. The walk continued to the Brandenburg Gate and the nearby Reichstag, Germany's parliament building. From the glass dome atop the Reichstag, about 130 feet up, we had a wide view of the city. We also toured the Topography of Terror, four exhibits on the rise and fall of Nazi Germany.

This brief introduction to each country left me wanting to learn more.

Just Call Me Sally

By Sidna Mitchell

I don't know why that guy Allen Kobezak whines about his name. Even if he were French, his name Alain would still be pronounced the same way. What if he had a name like Sidna?

When people hear my name, they will often ask, "What country are you from?" or "What's your nationality?" or "Are you Hispanic or Swedish?" No, I'm just plain ole Southern Sidna from a family of strange names.

To add to the confusion, I have an Arkansas, now Texas, cousin called Sidney Marks. At least she has a middle name; I never did, and that caused problems down South where everyone, male or female, has a middle name. At times, I just made one up when people insisted. "Just call me Sidna Sue," I'd answer.

Yet, when I was very little, I couldn't pronounce my first or last name. I was told that I called myself Siddi BaBa.

As I got older, and particularly at cocktail parties where folks had already had a few drinks before they got around to asking my name, I would simply introduce myself as Sally.

Since no one seems to get

my name right, I've learned, over the years, to answer to anything that comes close – Sidney, Sinda, Siena, Sidan, Linda, Sida, Sidra, etc. You get the idea. Just the other day, I got a mail request from a charity for a donation; it was addressed to Sinda. Needless, to say, I didn't send any money. Nor did Sinda enroll in meal delivery from bistroMD.

Even starting college, there was a problem when I received invitations to go out for fraternity rush at Ole Miss. Instead of answering in the negative and explaining why, I should have just gone to see the expressions on the guys' faces when a female showed up.

Years ago I looked up Sidna to see if anyone else had been named that. Amazingly, I found a Sidna Allen House near Fancy Gap, Va. Since my late husband George and I were nearby visiting his family homestead, I stopped at the Allen house to learn a bit of history. That Sidna was a male who went to prison for a courthouse shootout. I definitely don't claim him as a distant relative.

Stop whining, Al; I'm the one suffering. Just call me Sally!

Suspicious Minds

By Steven Gray

This is not about the TV show "Suspicious Minds" on Hulu and Disney+, nor about the song by Elvis Presley - he was the second artist to do it - but rather that you should be suspicious in most of your dealings with technology, even old technology, like a house phone.

How many times have you received a phone call and were asked "Is this..." and you automatically answer, "Yes." Don't answer that way as that yes can be recorded and used to purchase items or services you did not want. Unless you check your bank accounts daily, you might not even know about that kind of purchase for a month, and then it is too late to get a re-

fund.

Have you ever gotten a text that looks interesting and asks you to click on a link for more information? That is a great way to infect your phone without you knowing it. If your phone seems a lot slower after clicking on one of those "interesting" links, then congratulations, you have joined the ranks of infected cell phones.

A huge problem is receiving email with links supposedly from official sources. One recent scam seems like it came from ssa.gov and is about downloading the latest information on your account. Clicking on that link will actually open ssa.gov, which is

(Continued on page 16)

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The Road to Liberty

By Allen Kobezak

One of our country's best-known symbols could have been used against the Patriots in our fight against British taxation without representation. Following George Washington's defeat at the Battle of Brandywine in September 1777, the Liberty Bell was in danger of being melted down and turned into weapons for the king's army.

Philadelphia was the capital of the United States at the time, and the city fell under enemy control for nine months. The British could have easily melted down the 2,000-pound State House Bell, later known as our Liberty Bell, along with 10 others in the city to supply their army with munitions.

Fortunately for the Patriots, all those bells couldn't be found. They disappeared shortly before the occupation

began. But who took the bells, and more importantly, where did they hide them? How do you hide 11 bells, each weighing about a ton? Remember, you can't hide them under your doormat the way you hide your house key. Of course, if that were possible, would that make the Liberty Bell a doorbell?

So, what happened to those bells that included one of the symbols that would come to represent America's independence? A plan was devised to take them down from their bell towers and move them many miles by wagon to a safe location. It would be a labor-intensive undertaking that needed to be carried out quickly while the Patriots still controlled the city.

In addition to the Pennsylvania State House, now known as Independence

Hall, which housed the Liberty Bell and the State House Clock Bell, the other bells were located throughout the city, including churches, the County Courthouse, a private club, and two schools.

Their escape destination was Allentown, Pa., with most of the bells transported by large Conestoga wagons.

A special cargo deserves special accommodation, and the Liberty Bell traveled in

style. The Liberty Bell was loaded onto a heavy farm wagon and buried under manure from a local farmer's stable. I suppose that keeping the dream of freedom alive is sometimes a difficult and dirty task.

The bells had company on their trip, with army wagons and soldiers also fleeing Philadelphia, and they reached their 65-mile destination without incident.

But the bells wouldn't be safe from British forces if they entered Allentown. Where in the city could they be hidden? What better place than beneath the floorboards in the basement of Zion's Reformed Church? There, the symbol of our independence was safeguarded by a higher power until it was safe to return to its proper home in Philadelphia.

Tell Me How I Can Help You

By Josephine Genovese

I catch myself taking deep breaths through each new nuance artificial intelligence (AI) introduces - from simple Internet searches that can take you down a rabbit hole to the dreaded phone connections with an AI assistant.

It is a strange sensation when you assume a real person is on the line, only to hear a remark that reveals it is AI. Then you are struck by how natural it sounds. They've even incorporated the background sounds of working from home now.

Just today, I received a voice message from my

health plan that began, "Hello, this is Maya, the virtual assistant from your Medicare plan, calling about, um, completing your health assessment."

The media hype and growing use of AI phone representatives can create anxiety. Sometimes you are warned right away with a statement like, "I am an automated system that can handle complete sentences, so tell me how I can help you." That can feel intimidating because you must choose your words quickly and carefully to explain your issue.

When I've had enough of

the AI assistance, I say, "I need to speak to a live person or agent," hoping that repeating those words several times will connect me to a live representative. A delay is expected, since fewer live agents seem to be available.

Sometimes AI succeeds in helping me. I must admit that. But for more complex problems, I would always prefer speaking to a human. I like the interaction, and I feel I can better learn and retain the solution when a person explains it to me.

So, what can we do to keep some sense of sanity while we adjust to this very fast-moving technology? First, before making a customer-support call, write down your question or problem so you are ready to explain it to the AI without getting mixed up. Have a script to read from. It will help you remain calm and focused.

You can also contact your elected officials and ask to be informed about how AI is affecting our communities, including plans for data centers coming to our neighborhoods. We can ask questions, express our concerns, and speak up about some of the troubling information we hear about AI going rogue. And I always complete the surveys sent to me after a customer-service call. I use that opportunity to make my feelings known.

If a human representative has helped me, I might write, "I'm grateful that you continue to employ human customer-service representatives. Steve was extremely patient and knowledgeable in helping me resolve my problem. I hope you continue to employ human customer-service representatives."

If AI assisted me, I might write, "While my problem was resolved, I would have preferred to speak to a human." These are small things, but they are things I can do. And for now, that is the part I can control.

"At Last".... Finding Home

By Josephine Genovese

As Thanksgiving approaches, many of us reflect on the people and places that fill our lives with gratitude. For me, one of life's greatest blessings has been finding a place that truly feels like home.

Eight years ago, when I first drove through the gates of Rossmoor, I felt something I hadn't felt in a long time - that certainty that you're exactly where you're meant to be.

Rossmoor became that for me: a place that didn't just look welcoming but felt like the moment when the searching stops and the belonging begins. And that's when the melody of Etta James' "At Last," one of my lifelong favorite songs,

started playing in my head - my heart recognized this place.

I never expected to fall in love with a community. Who does? But something about this place - the morning walkers waving as if they've known you forever, Aline and her gang of precious paws, the pool people, and the laughter drifting from the pickleball and tennis courts - made me feel like I'd stepped into a life that fit just right. A life that carried the same spirit as that song: the sense that a long wait had finally come to an end so something new could begin.

I found my people - the ones who turned Rossmoor from "a nice place to live" into "my home." My dear friends, the crew affectionately known as "the Mob," who have become my circle. My gym friends - the ones who make working out feel less like exercise and more like a standing date with good company. And my church family at Rossmoor Community Church, who have added yet another layer of friendship and belonging

(Continued on page 18)

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Suspicious Minds

(Continued from page 15)

legitimate, but will also download a file called screenconnect.clientsetup.exe, which allows remote access to your computer. If you need information always go directly to an official site, do not click on a link.

I also just heard of a situation where someone was interested in purchasing software but changed their mind and told the person on the phone to cancel the order.

The order was filled anyway, and the credit card charged. That software may not be safe to use as it was sent against the person's wishes. You cannot be sure if there is anything extra, like screenconnect.clientsetup.exe, that can allow remote access.

Always have a "suspicious mind" or SUS - the new slang for suspicious or suspect - when on the phone or on the internet. The bank account you save will be your own as well as everyone on your contact list that could also be infected.



Rossmoor Community Association, Inc.

Snow Policy and Procedure

POLICY

When a snow or ice event occurs, it will be the objective of RCAI to make reasonable efforts to ensure that the 17 miles of roadways and 43 miles of sidewalks within Rossmoor are passable for motorists and pedestrians as soon as possible, in a safe and efficient manner. The safety of **Rossmoor residents** is the goal of this policy.

PROCEDURE

When a storm is predicted, all equipment and supplies will be checked and staff as well as the snow removal contractor will be informed of the response plan.

Snowfall accumulations of **up to two inches** are handled by pre-salting the streets and carport lanes prior to the storm to try and prevent snow/ice from bonding to the surface. Salting of the streets and carport lanes will continue as needed. Depending on weather conditions and the forecast, typically, no further action will take place.

Snowfall accumulations of **more than two inches**, typically, require the initiation of the full snow removal operations as follows:

1. Pre-salting streets and carport lanes to prevent snow from bonding to the surface.
2. Plowing all main and secondary streets (see list of streets under "Priorities") continuously after an accumulation of 2" or more or as required by RCAI management.
3. **Once the storm ends**, separate crews and separate equipment will begin plowing lanes and carports; plowing perimeter and main sidewalks; plowing driveways and finally shoveling of the main, front entrance walks and stoops leading to the main entrance doors of the manors. Secondary walks and stoops on the sides or backs of manors will not be shoveled or treated with ice melt.
4. **Once the full snow removal operation is complete**, ice melt may be applied to perimeter and main sidewalks and the front entrances walks and stoops leading to the main entrance doors of the manors depending on accumulations, ice conditions, ground and air temperatures and the forecast for the next 24 hours. Reasonable efforts will be made to maintain the perimeter and main sidewalks and the front entrances walks and stoops leading to the main entrance doors of the manors and driveways after each storm and for the days to follow until the conditions clear, but it is impossible to be everywhere all the time. A full ice melt application takes approximately six hours and is not effective in lower temperatures and without sunlight. Secondary walks and/or on the sides or backs of manors will not be shoveled or treated with ice melt.
5. Reasonable efforts will be made to rotate the snow plowing schedule of driveways and carport lanes each storm.

Utmost caution should be used if residents must use the walkways during a storm and during the thaw/freezing cycle that typically follows each storm until all the snow/ice has melted. Each resident should consider having a supply of ice melt or grit for their personal use.

COMMUNICATION
Fire/Police/First Aid Emergencies 911

Upon notification of a pending fire, police or first aid emergency requiring emergency personnel, the snow removal staff/contractor on site will make reasonable efforts to clear the road, walkway and/or driveway in the area where emergency personnel require access prior to or simultaneous with emergency personnel arrival.

In those instances where there is no notification in advance, upon learning of the emergency and/or arrival of emergency personnel, the snow removal staff/contractor on site will make reasonable efforts to clear the road, walkway and/or driveway in the area where emergency personnel require

access.

Snow Removal Operations Concerns

Maintenance Office
655-2121

Monday – Friday
8:30 a.m. – 12:00 noon
and 1:00 p.m. – 5:00 p.m.
North Gate 655-1868
After hours/evenings/weekends

North Gate personnel may take messages for supervisory staff on site during a winter storm and snow/ice removal operations.

Residents are responsible to leave accurate and pertinent information.

Snow Removal Operations Updates/Cancellations/Bus Service

Channel 26

Reasonable efforts will be made to keep residents informed during a snow emergency, but it may not always be possible.

RESIDENTS' RESPONSIBILITY

It is **imperative and** the responsibility of all residents to know and participate in the procedure by moving vehicles to ensure proper and complete snow removal from our streets, carport lanes, **and driveways**. Vehicles should be parked in residents' assigned carport spaces or garages. Second vehicles or guests' vehicles may be parked in the lower level of the Clubhouse parking lot.

NOTE: Snow cannot be removed and road salt or ice melt cannot be applied in the area where a vehicle is left on a street, carport lane, parking space on a carport lane or in a driveway. Due to the nature of the size of the Community, the miles of roads and carport lanes and the number of driveways, the contractor cannot return and remove the snow or apply road salt or ice melt where a vehicle had been parked during the snow removal efforts.

IT IS THE RESIDENTS RESPONSIBILITY TO REMOVE SNOW FROM THE AREA WHERE THEIR OR THEIR GUEST'S VEHICLE WAS PARKED AND TREAT THE AREA FOR ICE.

It is incumbent upon each resident to be attentive to the surroundings and exercise

extra care for their safety when walking on exterior surfaces during periods of inclement weather. If it is absolutely necessary to drive during a snow storm, please drive slowly and give snow removal vehicles the right of way.

If residents, their guests or employees use an entrance other than the front entrance walk and/or stoop leading to the main entrance door to their manor, it is the resident's responsibility to remove the snow and treat the secondary walk and/or stoop for ice.

Snow removal is an arduous and time consuming task. Please be patient. It is best for residents to stay in the safety of their manors. Typically, bus service and most activities are cancelled during a snow/ice storm. For your safety, residents should not approach active snow removal equipment.

PRIORITIES

The safety of Rossmoor residents is our priority. Supervisory RCAI personnel are on site during snow removal operations to lead staff and the outside snow removal contractor to oversee procedures and respond to emergencies. All main and secondary streets and entrance gates will be plowed

continuously to provide emergency access. Sidewalks to the Club House and Meeting House are continuously cleared and the buildings remain open during snow/ice storms for residents use in case of power outages and/or loss of heat.

Residents with medical conditions that require outside treatments such as, but not limited to, dialysis or chemotherapy, must register with the Healthcare Center prior to a winter storm emergency to guarantee access for these appointments.

Regular medical/dental appointments, going to work, grocery shopping, filling prescriptions, leaving for vacation etc. are not considered priorities and staff will not respond to such requests.

Residents that return to the Community during a winter storm or during storm removal efforts is not considered a priority. Safe access to a resident's manor may not be possible. It is advisable to check with the North Gate prior to returning to be sure snow removal efforts have been completed.

**Revised by the RCAI Board of Governors
September 2016**

The following 26 main and secondary streets are cleared continuously after an accumulation of two or more inches or as required by RCAI management:
Stonaker Road (South Gate to Prospect Plains Road)

Gloucester Way	Sharon Way	Troy Way
Mayflower Way	Sheldon Way	Victoria Court
Mt. Vernon Road	Spencer Way	Waverly Way
New Haven Way	Springfield Way	Windsor Way
Newport Way	Sussex Way	Yale Way
Old Nassau Road	Sutton Way	Yarborough Way
Providence Way	Terry Lane	Yardley Way
Revere Way	Thurman Lane	
Rossmoor Drive	Tilton Way	

The following 51 carport lanes are cleared when the snowfall ceases:

Amherst Lane	Mystic Lane	Roxbury Lane
Bradford Lane	Nantucket Lane	Salem Lane
Concord Lane	Narragansett Lane	Sanford Lane
Dorset Lane	Nautilus Court	Somerset Lane
Emerson Lane	New Bedford Lane	Stockton Lane
Fairfield Lane	Northfield Lane	Stowe Lane
Glenwood Lane	Norwich Lane	Stratford Lane
Greenfield Lane	Onset Lane	Sturbridge Lane
Hanover Lane	Orrington Lane	Sudbury Lane
Lowell Lane	Oxford Lane	Sunset Circle
Madison Lane	Pelham Lane	Thornton Lane
Malden Lane	Plymouth Lane	Westfield Lane
Manchester Lane	Portland Lane	Westport Lane
Marblehead Lane	Prescott Lane	Winchester Lane
Meeting House Lane	Putney Lane	Wingate Court
Middlebury Lane	Redding Lane	Yorkshire Lane
Milford Lane	Rockport Lane	Yorktown Lane

Finding Home

(Continued from page 16)
to my life here.

Meeting and getting to know the many multigenerational families who call Rossmoor home has truly been a joy and a blessing.

I know it takes a village to run a village, so to all the support staff across every department who make it possible, thank you.

And here's the truth many of us quietly carry: yes, we have our families - and we love them deeply, and they love us - but their lives move forward. They work, raise families, move away, and build lives of their own as they should. But somewhere along the way, we realize we need to carve out a life of our

own again, too. A life that's full, connected, and meaningful. A life that isn't waiting on someone else's schedule - though to be clear, I will still drop everything if I'm invited or needed.

Here, I found a community where you can get to know everyone's name. Where people remind you that life doesn't shrink as you get older, it can expand if you let it.

What surprises me most is that after all these years, I still feel that same "at last" feeling every time I come back home through the gates of Rossmoor. And somewhere in the background, that soulful melody keeps humming that feeling of "oh, here, this is where I'm supposed to be." At last.



DO Recycle		Plastic Bottles, Jars, Jugs, and Tubs	
			Glass Bottles and Jars all sizes, shapes, and colors
Mixed Paper paper, newspaper, magazines, cereal boxes, softcover books	Cans aluminum and steel (tin) cans	Cardboard corrugated boxes	
DON'T Put in the Recycling Bin			Plastic Bags, Film, Wrappers, Cups, and Utensils
Greasy or food-contaminated items	Shredded Paper	Pots, pans, and small appliances	
			Dishware, glass, and mirrors
Tanglers i.e. garden hoses, electric cords	Styrofoam	Syringes, batteries, and bulbs	

Recycling and Trash

- RECYCLING** - collected every Friday
- The recyclable items are to be placed loose (no plastic bags of any color) in the containers marked for Recycling. *(In those Mutuels not providing curb pick-up.)*
- TRASH** - collected twice weekly on Mondays and Thursdays.
- Household bagged garbage and trash must be placed in the appropriate Dumpsters (in Mutuels not providing curb pick-up)
 - BULK** - Call Rossmoor Maintenance 609-655-2121 by noon on Monday to schedule a Wednesday bulk collection. BULK ITEMS NOT ACCEPTED: TVs, electronics, tires, and small engines.
 - Bundled branches removed by RESIDENTS will be picked up at the curb on Mondays by High Tech (Holidays: Tuesday pick-up). Clippings should be placed in the regular trash.
 - Contractors' and private landscapers' refuse is the responsibility of the contractor or private landscaper to dispose of. Contractors and private landscapers may not use the dumpsters.
 - Please Note: Medical Waste and Personal Electronics may NOT be placed in either the Trash or Recycling dumpsters. It needs to be disposed of properly.

- If you are not certain as to the proper disposal for Medical Waste, please consult with your physician or medical supplier.
- Monroe Township Recycling Center is located at 76 Gravel Hill-Spotswood Rd, Monroe Township, NJ

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Important phone numbers:

Rossmoor Bus609-655-4401

Call-in hours are: 9 a.m. – noon and 2:30 - 4 p.m.

Schedule is available at www.rcainj.com under "Amenities."

Monroe Township Transportation.....609-443-0511

Middlesex County

Area Transportation (MCAT) 1-800-221-3520

Bulk Trash Collection

To schedule Bulk Trash collection please call the Rossmoor Maintenance office at 609-655-2121 before noon on Mondays.

Bulk trash is collected on Wednesdays.

T-K-S HOME IMPROVEMENTS – Full-service contractor. Kitchen, baths, basements, painting, tile and more. No job too big or small. License #13VH05970500. (609) 259-2574.

Miscellaneous/ Services

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FILM/VIDEO TRANSFERS in Monroe NJ. PROFESSIONAL TRANSFERS film/tapes to digital; Price-Match current ad. AJSEvents.com Call/text (732) 822-8917.

Cleaning Services

PATRICE CLEANING SERVICES: Great services, great prices. Call today, (732) 647-6971.

ANA'S CLEANING SERVICES: Great references. Call at (732) 599-1106.

The Rossmoor News Deadline is the 7th of every month.

Important Reminder

Please break down and flatten cardboard boxes before putting them in the dumpster. Thank you.

Help Wanted

WORK FROM HOME. Looking for part time person to do telemarketing and office work from your home. Must have at least 1 year experience. Telemarketer and cold calling in local areas. \$20 an hour plus bonuses! Great mentorship and support with big upside. Work with a variety of clients behind a solid brand. Call Milton Paris, Getting Ahead in Business: 732.306.0040.

Veterans Group Welcomes Members

All Veterans! Come to a meeting every second Tuesday of the month at 10 a.m. in the Ballroom.

Rossmoor's Website

Go to rcainj.com to access the Rossmoor website.

The Amenities page features the ability to access Channel 26 slides anytime. Check it out.

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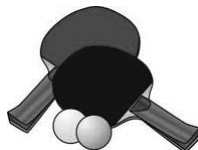
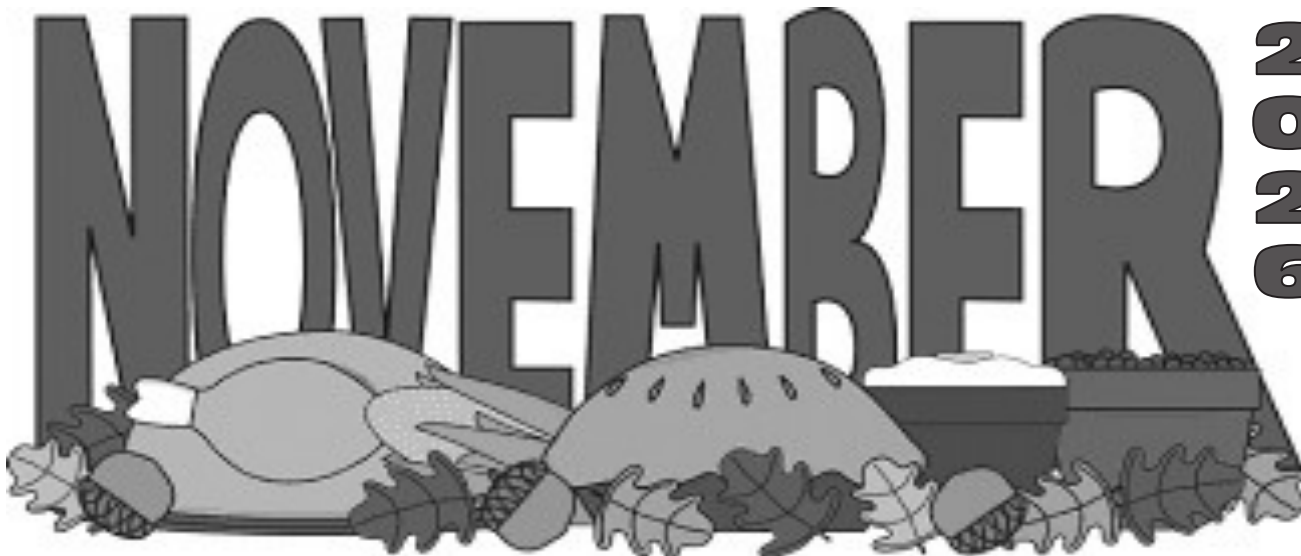
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Name _____

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(Above information is for Princeton Editorial purposes only if we need to contact you. Above information will not be published.)

PLEASE PRINT YOUR AD ON 8.5 x 11" PAPER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>1</div> <div>11 am Worship w/ Communion MHP 12:30 pm Private Party BR 5 pm Table Tennis HW</div> <div></div> <div>DAYLIGHT SAVING TIME ENDS. FALL BACK</div>	<div>2</div> <div>10 am Forever Fitness BR 1 pm Table Tennis HW 2 pm Line Dancing GL 5 pm Indian-American Yoga CE</div>	<div>ELECTION DAY 3</div> <div>6 am General Elections BR 10 am Chair Yoga GL 10 am Italian-American Board Mtg WR 10:30 am Health Connection Series by HMH CE 11:30 am Tai Chi Class HW 1 pm All in Stitches DR 6:30 pm Scrapbooking Classes MR 6:30 pm Corn Hole HW 7 pm RJC Board Mtg. DR</div> <div></div>	<div>4</div> <div>9:30 am Yoga CE 10 am Needle Punch Class MR 10 am Flashback Fitness GL 3 pm Chorus MHP</div>	<div>5</div> <div>9 am Charity Exchange Drop -Off 9A-2P Clubhouse - Balmer Circle 5 pm Charity Exchange Drop Off 5P-7P Clubhouse - Balmer Circle</div>	<div>6</div> <div>9 am Charity Exchange Drop-Off 9A-2P Clubhouse - Balmer Circle 10 am Catholic Society Rosary MHP 7:15 pm RJC Sabbath Services MHP</div>	<div>7</div> <div>9 am Charity Exchange Clubhouse</div>
<div>DIWALI 8</div> <div>11 am RCC Worship MHP 5 pm Table Tennis HW</div>	<div>9</div> <div>10 am Forever Fitness BR 10 am Brightview Senior Living Q&A Red Room 10 am Mutual 5 Budget HW 11 am HM Health Screenings MR 1 pm Players Board Mtg. WR 2 pm Line Dancing BR 2 pm Mutual 16 Budget HW 5 pm Indian-American Yoga CE 6:30 pm Girl Power Support Group DR</div>	<div>10</div> <div>10 am Chair Yoga BR 10 am Mutual 4B Budget HW 10:30 am Health Connection Series by HMH CE 10:30 am News of the Week Roundtable MR 11 am Church Finance Mtg. MHP 11:30 am Tai Chi Class BR 1 pm All in Stitches DR 1:30 pm Catholic Society Mtg. MHP 2 pm Mutual 11 Budget HW 6:30 pm Democratic Club HW 6:30 pm "Joy to the World" Paint Party BR</div>	<div>VETERANS DAY 11</div> <div>10 am Rossmoor News GL 10 am Computer Club Board Mtg. DR 10 am Needle Punch Class MR 10 am Flashback Fitness BR 10 am Mutual 12 Budget HW 1 pm Catholic Society DVD "Chosen" GL 2 pm Mutual 14 Budget HW 3 pm Chorus-MH MHP 3 pm RCC Worship Comm. 5 pm Italian American Club Holiday Party Sign Up BR 5:30 pm Catholic Society Mass 6:30 pm Cardmaking Classes MR 7 pm RJC Interim Mtg.- Nominations GL</div>	<div>12</div> <div>9:15 am American Music Theatre "Winter Wonderland" Bus departs poolside 9:15am 9:30 am Healthy Bones Class BR 9:30 am Standing Comm.s HW 10 am Rug Hooking GL 1 pm Prayer Shawl Craft Room 1:30 pm Catholic Society Mass MHP 2 pm Mutual 4 Budget HW 4 pm Democratic Club Political Roundtable MR 6 pm Line Dancing GL 6 pm Republican Club HW 6:30 pm Recipe Exchange BR</div> <div></div>	<div>13</div> <div>9 am Art Class GL 10 am Rossmoor News Proofing Session WR 10 am Catholic Society Rosary MHP 10 am Veterans Day Breakfast BR 10 am Mutual 7 Budget HW 1 pm Table Tennis GL 2 pm Mutual 9 Budget HW 6:30 pm Bingo BR</div>	<div>14</div> <div>10 am Flashback Fitness GL 10:30 am Indian-American Meditation CE</div>
<div>15</div> <div>11 am Worship w/ Chorus MHP 3 pm RMG's "The Price of Wanting" Operallora MHP 5 pm Table Tennis HW</div>	<div>16</div> <div>10 am Computer Club GL 10 am Forever Fitness BR 10 am Mutual 8 Budget HW 2 pm Line Dancing BR 2 pm Mutual 4C Budget HW 5 pm Indian-American Yoga CE 7 pm Players Mtg. GL</div>	<div>17</div> <div>10 am Rossmoor News Proofing Session WR 10 am Chair Yoga GL 10 am Mutual 3 Budget HW 10:30 am News of the Week Roundtable MR 11:30 am Tai Chi Class BR 1 pm All in Stitches DR 2 pm Mutual 1 Budget HW 3 pm Chaplet of Divine Mercy MHP 3:30 pm Church Council Mtg. MHP</div>	<div>18</div> <div>9:30 am Yoga CE 10 am Needle Punch Class MR 10 am Flashback Fitness GL 10 am Mutual 6 Budget HW 10:30 am Rossmoor News Board Mtg. WR 2 pm Mutual 2 Budget HW 3 pm Chorus MHP 3 pm Healthcare Lectures BR 6 pm Interfaith Council Service MHP 7 pm Italian American Club BR 7:15 pm Line Dancing GL</div>	<div>19</div> <div>9:30 am Healthy Bones Class BR 10 am Writers Group DR 10 am Rug Hooking GL 10 am Board of Governors HW 1:30 pm Interfaith Thanksgiving Service MHP 2 pm Mutual 15 Budget HW 3 pm Book Discussion DR 5 pm Progressive Group BR 7 pm Emerald Society GL</div> <div></div>	<div>20</div> <div>9 am Art Class GL 10 am Catholic Society Rosary MHP 10 am Mutual 10 Budget HW 1 pm Table Tennis GL 2 pm Mutual 17 Budget HW 7 pm Friday Night Dance Party w/ "The Fog" BR 7:15 pm RJC Sabbath Services MHP</div>	<div>21</div> <div>10 am Flashback Fitness GL 10:30 am Indian-American Meditation CE 1 pm Private Party HW</div>
<div>22</div> <div>11 am Worship MHP 4 pm RJC "Friendsgiving" BR 5 pm Table Tennis HW</div>	<div>23</div> <div>10 am Forever Fitness BR 1 pm Table Tennis HW 2 pm Line Dancing GL 5 pm Indian-American Yoga CE 7 pm Mutual 12 Open Director GL</div>	<div>24</div> <div>10 am Chair Yoga GL 10:30 am News of the Week Roundtable MR 11:30 am Tai Chi Class HW 1 pm All in Stitches DR</div>	<div>25</div> <div>9:30 am Yoga CE 10 am Needle Punch Class MR 10 am Flashback Fitness GL 2 pm Healthcare Lectures MR 3 pm Chorus-MH MHP</div>	<div>THANKSGIVING 26</div> <div>10 am Rug Hooking GL 1 pm Table Tennis HW</div> <div></div>	<div>27</div> <div>10 am Catholic Society Rosary MHP 1 pm Table Tennis HW</div>	<div>28</div> <div>10 am Flashback Fitness GL 10:30 am Indian-American Meditation CE 7 pm Dance Club BR</div> <div>All Events Are Subject to Change. Schedule does not reflect changes made after the 15th of the month. * Registration required</div>
<div>29</div> <div>11 am Worship MHP 5 pm Table Tennis HW</div> <div>ABBREVIATIONS Ballroom BR Bocce Courts BC Cedar Room CE Craft Room CR Dogwood Room DR Gallery GL Hawthorn Room HR Maple Room MR Meeting House MH Shuffleboard Ct. SC Willow Room WR</div>	<div>30</div> <div>10 am Forever Fitness BR 1 pm Table Tennis HW 2 pm Line Dancing GL 5 pm Indian-American Yoga CE</div>	<div>NOVEMBER 2026</div> <div></div>				



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