

**Wednesday, November 11**  
**We Honor Our Veterans**



**Photo by Jim Wilson**

## A Veteran Is

## A Veteran Is:

- Someone who dedicated a portion of his or her life to serve in the Armed Forces.
- Someone who raised the right hand, regardless of race, religion or national origin, and swore to uphold and defend the Constitution of the United States.
- Someone who proudly and with honor wore the uniform of a designated branch.

## A Veteran Is:

- Someone who accepted

- Someone who followed orders to complete whatever mission was assigned.

- Someone who was separated from family and left behind a spouse to be both mother and father.

We thank and support those who played that role.

## A Veteran Is:

- Someone who snaps to attention and salutes our flag as the National Anthem is sung.
- Someone who gets misty eyed hearing taps being played, especially as a final farewell and final salute is being rendered.

- Someone who has visible or invisible scars that need healing. We pray they take advantage of resources available to them. Twenty-two service-related suicides a day is tragic.

## A Veteran Is:

- Someone who truly loves the country.
- Someone who asks for no special recognition, just to be respected for his or her service. If you see a veteran wearing a military hat or shirt, there is no need to say anything. Smile and nod, they will know.

## And Finally, A Veteran Is:

- Someone whom I am proud to call brother or sister.

# Carport Fire Safety

Once again an avoidable fire has knocked on our doors. After a number of years with no carport fires, there was a near catastrophe today. If not for the fire company being on the road and their extremely fast response, another carport would have gone to the ground, destroyed a number

In an attempt to avoid future fire incidents, in 2012 I personally inspected a number of carports along with a licensed electrician and RCAI maintenance department personnel. In addition, I made inquiries to a number of outside professionals. The purpose of this article is to provide you with what we all

can do to make Rossmoor safer. These tips apply to carports, garages, and even unit interiors.

First let me remind you that Rossmoor is a large place, with many residents. The number of fires in Rossmoor may seem inordinately large, but they are not compared to the outside world. Our goal, however, should

(Continued on page 5)

## The Women's Guild remembers and celebrates Linda Klink

She sashayed around the ballroom in a gown made from the most hideous curtains she professed she could find. They were attached to a curtain rod — like Carol Burnett's "curtain dress," designed in 1976 by Bob Mackie, for the parody

of a scene from “Gone with the Wind” on Burnett’s television show. Linda Klink, however, was depicting Scarlett O’Hara for the 2016 Women’s Guild Fashion Show — in which the audience was reintroduced to twelve familiar literary characters.

And so began Linda Klink's becoming the outrageous finale of our annual show to kick off the new program year. While Linda had set a high bar for herself, she continued, during the next three shows, to come up with something that had the audience laughing uproariously.

Linda became the Guild's vice president and programs director, which came to also include managing the scholarship program, when the previous vice president and programs director, Lana Ottinger, lost her courageous battle with cancer in early 2017. Linda volunteered to step into the role that fall (our program year always begins in September). Since Linda knew how hard Lana had

(Continued on page 15)

## Inside this issue

Bob's Almanac.....	7	New Neighbors .....	13
Clubs .....	15	RCAI Meeting.....	2
Culinary Corner .....	14	Recycling Information ..	17
Governors' Meeting .....	2	Sports.....	17
Health Care Center.....	17	Transportation Tidbits ..	19
Month in Pictures.....	12	Website Notice.....	2

# Here we are!

When you read this, it will be more than seven months since the initial closing of all public buildings and activities in Rossmoor and just about everywhere else across the country due to the corona virus which causes COVID-19.

When this all started back in March, we never dreamed what the future would hold – or how our lives would be changed so dramatically. Until that time, and for all our lives, we had always taken for granted simple things like visits at home with family and friends, going out to dinner or a movie, having a haircut – even making routine trips to

the grocery store.

How could we possibly imagine that we would come to desperately miss warm hugs from friends or the joy of holding our grandchildren. And we had no idea of the devastating loss of life that we would hear about daily – or worse yet, experience close to home.

I think most of us would agree it's been the most trying time in our lives, and yet, here we are.

With the grace of God, we dug down deep and found the strength, determination and faith to do what had to be done to get us through

(Continued on page 18)





## at the governors' meeting

October 15, 2020  
The RCAI Board of Governors Zoom meeting was called to order at 9:00 a.m. on Thursday, October 15, 2020, by Mr. Daniel Jolly, President. The Zoom meeting was open to Owners and Stockholders that wished to participate.

The Minutes of the Board of Governors meeting on September 17, 2020 were approved 17-0 with Mutual 11 abstaining.

Mr. Charles Stults with Allen and Stults was invited to join the meeting to speak about the carport fire on October 14, 2020, caused by a golf cart charger attached to an extension cord and being

used while in the carport storage cabinet. The good news was the Monroe Township Fire Department happened to be on Applegarth Road at the time the 911 call was received. The quick response saved the carport and the vehicles parked in it.

Mr. Stults reminded the board the importance of the "Golf Cart Charging" rules, found in every Mutual's Rules and Regulations, and emphasized how they MUST be followed.

Mr. Stults also talked about the property and liability insurance policies renewals and how the recent wild fires and hurricanes as well as Rossmoor's recent large liability losses impacted the premium increases of about 10%.

Mr. Gerald McQuade, Finance Committee Chair, announced that the financial reports for Period Ended August 31, 2020 reflected a surplus but it is too early to tell how the year may end.

The board passed the following resolutions:

- A. Resolution #20-20, Authorization to Purchase a Standby Generator for the Maintenance Office and Shop Building
- B. Resolution #20-26, Authorization to Contribute to the New Jersey Community Association Political Action Committee ("CA-PAC")

If you are interested in further details about the resolutions, please contact Administration in the Village Center at 609-655-1000 or email [janebalmer@rcainj.com](mailto:janebalmer@rcainj.com).

Directors and participants questions regarding the donation to the CA-PAC, speeding in the Community, temporary Comcast lines above ground, open in-person meetings, regular Mutual inspections, and distribution of the monthly RCAI financials were answered.

There was no other business for the Board to discuss and the meeting was adjourned at 9:47 a.m.

### Our Website

Rossmoor now has an improved website: [rcainj.com](http://rcainj.com).

The Amenities page features the ability to access Channel 26 slides anytime. Check it out.



RCAI employees were honored for their years of service. From left are Ted Servis, 20 years; Peter Karl, 20 years; Dan Jolly, RCAI President; Paul Worthington, 25 years; Adam Morolda, 5 years; Tom Fletcher, 25 years; Antonio Torre, 5 years; Tom Tucci, 15 years, with his pal and helper, Rosie.



#### News Board:

Joe Conti, Chair  
Carol De Haan  
Myra Danon  
Bob Huber  
Jean Houvener  
Anne Rotholz  
Linda Bozowski  
Walter Gryskiewicz

#### Editorial Assistants

Alex Monaco  
Linda Monaco

The Rossmoor News a monthly periodical is mailed to every home within the Rossmoor community. News items are welcome. Appropriate news items from outside organizations will be

considered as space permits. Unscheduled volunteer writers should contact Rossmoor News Chairman Joe Conti about any article they wish to contribute. All copy and pictures are subject to editing and are accepted with this understanding.

Letters to the Editor must be emailed to PES at [pescmd@aol.com](mailto:pescmd@aol.com) and clearly marked Rossmoor News.

**Editorial Office:**  
2 Rossmoor Drive,  
Monroe Twp., NJ 08831

**E-mail:**  
[news@rcainj.com](mailto:news@rcainj.com)

The Rossmoor News and Princeton Editorial Services (PES) are not liable for any typographical or printing errors that may appear, including in its display or classified advertising, over the cost of the space of the advertisement.

The advertisements here are, to the best of the publisher's knowledge, accurate representations of the products and services offered. However, no endorsements are intended or implied. Acceptance of all materials is at the discretion of the publisher.

**Email display ads to:** [pescmd@aol.com](mailto:pescmd@aol.com)  
**Telephone:** 732-761-8534

© 2020, PRINCETON EDITORIAL SERVICES, INC.

Visit the Rossmoor website at [www.rcainj.com](http://www.rcainj.com)

## Bits & Pieces

Sue Ortiz

Ah, November. The beginning of the holiday season with the celebration of Thanksgiving, Black Friday, Cyber Monday, and birthdays. The color of the season is orange.

Imperial topaz, so named because 18th and 19th century Russian czarinas wore it in their jewelry, is the traditional birthstone of November. Its rare color – a lustrous golden-orange – makes it the most valuable stone in the topaz family. Topaz comes in many colors, though, from red, orange, peach, pink, gold, yellow, brown and clear. The popular blue topaz has been irradiated and heat treated to achieve that brilliant azure color. Colorless topaz is sometimes used as an inexpensive diamond simulant. Mystic Topaz is synthetically treated to produce its rainbow/multicolored effect. The process bonds an extremely thin metallic film layer over the top of the gemstone, so that the interesting color effects are reflected from within.

Most varieties of topaz are inexpensive and fairly common. The finest specimens of imperial topaz originate from the Ouro Preto region in Brazil, but topaz is also mined in Pakistan, Afghanistan, India, China, Myanmar, Sri Lanka, Japan, Russia, Ukraine, Australia, Madagascar, Namibia, Nigeria, Zimbabwe, Mexico, and the U.S.

The Braganza Diamond, arguably the most famous topaz, is actually a 1680-carat uncut colorless topaz originally thought to be a diamond. It is supposedly set in the Portuguese crown jewels, but this has not been corroborated by Portuguese officials or the Gemological Institute of America.

The name topaz comes from Sanskrit and means fire. During the Middle Ages, topaz was thought to heal both physical and mental disorders and prevent death. (How did that work out for them?) The Greeks believed it had power to increase strength and made its wearer invisible. (I do *feel* invisible sometimes!) The Romans believed it had power to improve eyesight. (So, that's why I wear Progressive lenses as thick as ham steaks. Hah!) The Egyptians wore it as an amulet to protect them from injury. (Hey, Cleopatra!)

While all topaz is beautiful, it is the imperial topaz that I look for when buying birthstone jewelry. It is hard to

find at an affordable price (for me). Now, you would think those gemstones the jewelry stores tout as November birthstones are true topaz, but, no. While lovely as a gemstone in general, they are usually citrine, a similarly-colored stone of a totally different geological makeup. Topaz is a rare silicate mineral with a Mohs scale hardness of 8. (Diamond is a 10.) Less valuable citrine is a transparent, pale yellow to brownish orange variety of quartz with a Mohs hardness of 7.

Unfortunately, unscrupulous gem dealers will try to pass off orange citrine as topaz, giving it false names such as gold topaz or Brazilian topaz, and the uninformed may not know the difference. I'm no gemologist or geologist, but I like gems, minerals, rocks, stones, pebbles, of all kinds. I have been collecting them forever. There's a rock garden by my porch. Rocks encircle my dogwood tree. Interestingly shaped pebbles line my kitchen windowsill. When I see an intriguing stone, I do not leave it unturned. (Sometimes I abscond with them in my pocket.) I can balance rocks. (Try it; it's fun!) I wear gemstone jewelry. Do I have a topaz ring? I think so. My mother gave me one years ago; It looks like imperial topaz; I hope it is. I know it is definitely not citrine.

Sorry topaz—you are not my favorite gemstone. That honor goes to malachite, as green is my favorite color. Which is why I prefer spring over autumn: It's green over orange, in my eyes.

Well, enjoy November. Time for turkey, credit cards, and cake.

Oh, and don't forget to turn on the Christmas music!

#### B&P

"Life is all about balance, and there are certain times of the year – birthday, anniversary, holidays – that are meant to be enjoyed without guilt. That being said, Thanksgiving is a meal – it's not a Thanksgiving day, and it's not a Thanksgiving week." – Harley Pasternak (Canadian author, b. 1974)

"To tell you the truth, I believe everything - tigers, trees, stones - are sentient in one way or another. You'd never catch me idly kicking a stone, for example." – Mary Oliver (American poet, 1935-2019)

### Open RCAI Meetings in November

**Thursday, November 19**  
**Board of Governors Meeting ... 9 a.m.**

**The meeting will probably be held via Zoom**

**Please watch Channel 26 on your TV or on**  
**[www.rcainj.com](http://www.rcainj.com)**  
**for more information**



List of Mutual Officers

Mutual	Name	Office
1	*Paulette Mascia	President
1	Albert deLorimier	Vice President
1	Dale Ralston	Secretary/Treasurer
2	*Dennis Haggerty	President
2	Alan MacVicar	VP/Treasurer
2	Jacqueline Eiseman	Secretary
3	*Loren Kelley	President/Treasurer
3	Robert Danehy	VP/Secretary
4	*Betty Hornig	President
4	Laura Blumenfeld	Secretary
4	Willam Reckdenwald	Vice Pres/Treas
4B	*Louis Russo	President
4B	Andrew Riggi	Vice President
4B	Joann Casper	Secretary/Treasurer
4C	*John Craven	President
4C	Robert Landman	Treasurer
4C		VPresident/Secy
5	**Daniel Jolly	President
5	Harry Murphy	Vice President
5	Thomas Croake	Secretary/Treasurer
6	*Beverly Masters	President
6		Vice President
6	Paul Mueller	Secretary/Treasurer
7	*William Bloom	President
7	Christine O'Leary	Vice President
7	Patricia Ray	Secretary/Treasurer
8	*Robert Macchiarola	President
8	Patricia Parisi	Vice President
8	Andrea Mednick	Secretary/Treasurer
9	John Sarnecky	Treasurer
9	Barbara Brumberg	VPresident/Secy
9	*Carol Turner	President
10	*Gail Piccirillo	President
10	Debra McCauley	Vice President
10	Dennis Arce	Secretary/Treasurer
11	*John Vergano	President/Treasurer
11	Cynthia Marnell	Vice President
11	Dolores Griefff	Secretary
12	**Salvatore Gurriero	President
12	Alexis Monaco	Vice President
12	Muriel Calvanelli	Secretary/Treasurer
14	**Robert Gleason	President/Treasurer
14	Joan Lundy	Vice President
14	Brenda Burrus	Secretary
15	**Gerald McQuade	President
15	Edward Harkins	Vice President
15	Edward Visinski	Secretary/Treasurer
16	James Murphy	President/Treasurer
16	Raymond Clarke	Vice-President
16	Daniel McOlvin	Secretary
17	*Peter Kaznosky	President
17	Anthony Saccone	Vice President
17	Debra Stasik	Secretary/Treasurer

\* Governors  
\*\* Executive Committee  
Updated 7/31/2020

Please wear a mask and stay physically distant in public

Coronavirus is transmitted primarily through droplets as we cough, sneeze, talk, sing, and even breathe. Large droplets generally fall to the ground within six feet of our mouths, hence the six feet physical distancing. Smaller droplets remain in the air for a longer time and a greater distance. The masks keep exhalations closer to the person wearing a mask.

When other people wear a mask, they are protecting YOU. When you wear a mask, you are protecting THEM. Failure to do so is inconsiderate of all.

Notice

ALL EVENTS ARE SUBJECT TO CHANGE OR CANCELLATION DUE TO HEALTH CONCERNS. VISIT THE MONROE AND ROSSMOOR WEBSITES AND TUNE INTO TV CHANNEL 26 FOR THE LATEST INFORMATION.

www.monroetwp.com  
www.rcainj.com

Jerry

NOONAN'S

AUTO-CENTER

Serving the community for over 33 years!

Your One Stop Auto Shop!

Automotive Service & Repair • Auto Body & Collision  
NJ State Inspection & Re-Inspection • Towing

609-655-AUTO (2886)

251 Applegarth Road- Monroe Township NJ, 08831

AB LIC.# 00678A

FREE LIVING TRUSTS AND WILLS SEMINARS REVEAL...  
REASONS YOUR FAMILY MAY NEVER  
RECEIVE YOUR FULL ESTATE

AT THE SEMINAR, WE WILL DISCUSS:

- The advantages and disadvantages of Wills and Living Trusts.
- How to protect your family and wealth from predators and creditors after you are gone.
- How to avoid family members fighting over money after you are gone.
- How to protect your Estate if you become incapacitated during your lifetime.
- How to take advantage of the elimination of the New Jersey Estate Tax.

\*FREE CONSULTATION - BRING YOUR CALENDAR!\*

To see how proper Estate Planning will benefit you and your family, all seminar attendees will receive a FREE one-hour consultation and a \$300 education credit. Refreshments will be served at all workshops!

Courtyard Marriott	Tuesday, November 10th at 10:00 AM
Cranbury South Brunswick	Tuesday, November 10th at 1:00 PM
420 Forsgate Drive	Tuesday, November 10th at 4:00 PM
.....	
Radisson Freehold	Thursday, November 12th at 10:00 AM
50 Gibson Place	Thursday, November 12th at 1:00 PM
	Thursday, November 12th at 4:00 PM

IN ACCORDANCE WITH  
FEDERAL AND STATE  
GUIDELINES, SEATING  
HAS BEEN LIMITED.

Law Offices of  
**LEVINE, FURMAN & RUBIN, LLC**  
ESTATE PLANNING & ELDER LAW ATTORNEYS  
F-3 BRIER HILL COURT, EAST BRUNSWICK, NJ  
19 N COUNTY LINE ROAD SUITE 5C, JACKSON, NJ

Reservations are requested and seating is limited to adults only.  
To register: Please call (732) 238-6000

High Quality Orthopaedic Care

When you need it. Where you need it.

Whether you experience an orthopaedic injury or suffer from chronic arthritis, **Princeton Bone & Joint** is here for you.

With Covid-19 protocols in place, we offer a safe environment for you to get the care you need.

We offer same day appointments.

If you are in the Emergency Department, request one of our physicians to expedite your experience.



We excel at robot assisted partial and total joint replacement which is more accurate, less painful, safer, and longer lasting than standard techniques.



Princeton  
Bone and Joint

5 Plainsboro Road  
Medical Arts Pavilion Suite 100  
Plainsboro, NJ 08536



www.pbnj.com  
609.750.1600



## IMPORTANT NOTICE

Motorists must obey the rules of the road while driving within the community including, but not limited to, observing the posted speed limits, No U-Turn, Yield, and One Way signs; stopping for pedestrians; making a full stop at all stop signs; and exercising extreme caution when entering RCAI streets from lanes or other areas without stop signs.



**“Ask the G.M.”**  
Questions posed to RCAI General Manager Jane Balmer by Rossmoor staff and residents.

**Q: What does it take to publish The Rossmoor News every month?**

A: For years and years, The Rossmoor News had a paid

editor, support staff, commissioned sales staff and an office in the Clubhouse equipped with everything a news office would need to produce a monthly paper. The paper was self-sufficient. The advertising paid for the publication of the paper, the staff, the mailing of the paper and the overhead. About twelve years or so ago, the paper started to struggle financially and the residents had to support it financially. The advertising no longer paid for all the expenses.

The RCAI Board of Governors, Community Relations Committee, and staff started to look for alternatives as to how to continue to publish our cherished paper and keep it afloat. We started by meeting with Ceal Downey, the owner of Princeton Editorial Services (“PES”). Rossmoor already had a strong relationship with Ceal and her company through the publishing of the annual Rossmoor Directory. Ceal and PES have a long history of not only publishing many local community directories, they also publish many local community monthly newspapers. It was a logical connection that the Community Relations Committee and Board of Governors supported.

The agreement was and still is for Ceal and PES to handle the publication, mailing, and advertising for the paper at no cost to the community, but the next challenge was finding volunteers to handle the monthly content of the paper and figuring out how would they function.

Without twisting their arms too much, Joe Conti volunteered his time and talents to chair The Rossmoor News Committee and Carol DeHaan volunteered as one of the first writers. Bob Huber, Jean Houvener, and Ann Rotholz soon joined the team. Since then many, many other residents have

willingly gotten involved. Initially, the E&R department received all articles and handled the formatting, until Linda and Alex Monaco stepped in and took over those duties. Right now, it is a total resident volunteer effort of writing, proofreading, taking pictures, interviewing, researching, formatting, and layout.

The Community is lucky to have such a talented team of resident volunteers who have worked diligently each month for the last ten years to create the paper we all know and enjoy. Thank you!

**Q: Unfortunately, this community has experienced another carport fire, possibly from a golf cart being charged using an extension cord with the charger in the cabinet. Are you familiar with the rules regarding golf cart charging?**

A: The rules regarding the golf cart chargers are included in every Mutual's Rules and Regulations. Chargers must be plugged directly into a GFI receptacle in the carport space or garage and a minimum of 18" off the floor on a suitable shelf with proper ventilation. All plugs must fit tightly in receptacles and cords must be up off the floor. The use of extension cords and/or power strips is prohibited. Battery chargers must have an automatic shut off.

If a GFI receptacle is not available in the carport space assigned to your Unit and if you plan to charge your golf cart, please contact your Mutual director before charging your cart.

Help us help you, if you see a golf cart being improperly charged, report it immediately to your Mutual director, Maintenance, or Administration.

# Outlook Eyecare

## Comprehensive Care, Local Focus

Outlook Eyecare offers top quality comprehensive eye care for all of our patients. You'll find Ophthalmologists, Optometrists and Opticians who are at the forefront of their field ready to address all of your eye care needs.

- > Cataract Surgery
- > Glaucoma Screening and Care
- > Diabetic Retinopathy Treatment
- > Eyelid & Orbital Surgery
- > Cosmetic Fillers
- > Routine Eye Exams
- > Full Service Optical Shop
- > Wide Range of Contact Lenses

Our staff and Doctors provide quality care tailored to your individual needs.

Wayne M. Grabowski, MD  
Joseph P. Shovlin, MD  
Colleen M. Coleman, MD  
Margaret M. Ritterbusch, OD 270A00463000  
Michael R. Trottini, OD 270A0644500  
Grace Danieles, Optician Manager NJ31TD-3827  
Colleen Hatter TD2226  
Nicole Swanhart, Ap Optician AD-07379

Call for your appointment today or stop in and browse our Optical Shop at our two convenient locations.

PRINCETON (609) 419-1920 • MONROE TOWNSHIP (609) 409-2777 • [www.outlookeyecare.com](http://www.outlookeyecare.com)

## ASSISTED LIVING & MEMORY SUPPORT COMMUNITY

# 1on1 COMPANION care



You may be worried about the transition of a loved one during COVID, but rest assured we will be there for you every step of the way. **We are offering complimentary 1 on 1 companion care during the first week of move-in** so that you will have peace of mind knowing trained, caring staff are here for you to provide additional support. To learn more about the flexible hours that may be available to comfort your loved one, **please schedule your virtual or personal tour TODAY by calling 732-333-3605.**

**Exclusively at Mattison Crossing at Manalapan Avenue**  
for a limited time

Our 1:1 Companion Care Program assists our residents with the transition.

**Call Morgan or Tammy today at 732-333-3605 about our complimentary 1:1 Companion Care Program.**

**MATTISON CROSSING**  
AT MANALAPAN AVENUE  
Honor. Tradition. Quality.

93 Manalapan Avenue | Freehold, NJ 07728 | 732-333-3605 | [MattisonCrossing.com](http://MattisonCrossing.com)



**From the Rossmoor staff to you and your family, we extend our sincere wishes for a very**

# Happy Thanksgiving



**MONROE TWP.  
FIRE DISTRICT #3  
AT YOUR SERVICE,  
ANYTIME.**  
[www.mtfd3.com](http://www.mtfd3.com)  
**609-409-2980**



## Carport

(Continued from page 1)

be “no fires.” Nearly all fires can be prevented. Increased vigilance in fire prevention can eliminate future fires. Herein follows a description of major causes of fires and what you can do to avoid them.

**Extension cords** – whether inside a unit or outside, extension cords are intended to be for temporary use. Using extension cords for battery charging can not only cause fires, but can cause shock and create tripping hazards. They should never be placed under rugs inside a unit and when they are behind furniture, the plug and wire can crack and split leading to fire or electrocution. A large number of fires are caused by extension cords.

**Battery chargers** - just like any electric device, chargers can deteriorate with age. Old chargers should be replaced, but buying used chargers can be dangerous. Chargers should never be placed on the floor and need to be elevated at least 18 inches off the floor. They have to be directly plugged into a receptacle without the use of extension cords, splitters, or power strips. Debris can also accumulate inside a charger. The inside of a charger can reach 226 degrees F, easily igniting any flammable materials. Replace old chargers. Hang the charger cable when not in use – do not leave it lying on the floor. Unplug your charger from the wall socket when charging is complete. Do not have charger in the cabinet when in use or after recent usage.

**Golf cart batteries** – have your golf cart serviced annually by a professional. If it does not hold a charge, have it serviced, which may require battery replacement. If there is an unusual smell while charging or using your golf cart, do not attempt to charge your battery. Call a golf cart maintenance company for service.

**Paints, stains and thinners** – do not store any of these items in a carport or in your unit. Buy small quantities and properly dispose of them with the Township or County. Containers of these items are not made to contain fumes, which can ignite.

**Gasoline** – do not store any gasoline containers in your carport, garage or the trunk of your car. This may seem obvious, but we know of people who carry extra gas in their vehicles. Any spark can be an instantaneous ignition source for gasoline fumes.

**Rags and paper** – do not store rags or paper in your carport storage bin or in your utility closet. Spontaneous combustion is a real possibility. Auto-oxidation of resins can ignite materials that have a low flash point.

**Utility closets** – do not store any items near an electric service panel. A minor panel malfunction that is repairable can become a fast spreading fire.

**Baseboard heaters** – do

not store or place paper in front of baseboard heaters. Avoid using electric space heaters, especially older devices.

**Outlets and switches** – if you wallpaper, do not cover your switch or outlet plates and never insert the wallpaper into the electrical box. If your switches, outlets or thermostats feel hot, call maintenance for an inspection.

**Cigarettes, cigars, charcoal and fireplace embers** – never dispose of these items directly into a dumpster. They need to be fully submersed in water for any extended period of time to assure they are fully extinguished. Charcoal, tobacco, and fire logs hold heat by their very nature and design. They may visually appear “out” but can still be burning internally.

**Dish towels and pot holders** – do not hang or put dish towels or pot holders in cabinets or drawers immediately after use. If they make contact with a range or oven burner, they could be smoldering without your knowledge. Putting them out of sight and smell

prevents early detection should they ignite.

**Carport debris** – if there is debris in your carport and it is yours, properly dispose of it. If it is someone else’s or leaf debris, report it to your director or maintenance.

**Cooking** – never leave any cooking unattended and keep adjacent areas clear of any flammable items. Keep a lid close to your pots and pans in case you need to smother a flame.

**Fire extinguisher** – everybody needs one. Keep it close to an exit, not in the kitchen or utility closet. Read the directions so you can recall how to operate it in a hurry if needed.

**Mulch beds** – if you have a party of visitors, make sure they do not dispose of their cigarette butts in the mulch beds. Check the beds after everyone is gone if you know someone was smoking.

Fire safety is everybody’s business, especially in a multi-family community. Attention to the above suggestions and common sense will keep Rossmoor a safe place.

## Are we home free?

By Carol De Haan

Alas, we are not.

### In Monroe Township

Our local online news service (nixle.com) reports 19 new cases of COVID-19 over the seven-day period between Oct. 8 and 14. Then, from Oct. 15 through 21, another 29 cases were reported. The trend seems to be going in the wrong direction.

Since the pandemic began, Monroe Township suffered 127 COVID-related deaths; 84 in long-term care and 43 community-wide. This involves males and females in all age brackets.

### In New Jersey

Our hospitals currently report 852 COVID-19 patients: 628 confirmed positive and another 224 pending test results. Patients in intensive care are 137; ventilators are needed for 74 of them.

### Nationwide

NBC reports 75,000 new

cases per week, with hospitals in some locations unable to cope with community needs.

### Conclusion

We are decidedly not home free. Each of us needs to wear a mask when we go out, to observe safe distancing, and to wash our hands diligently and often. Staying home and avoiding crowds is an important safeguard.

Various news agencies report that COVID-19 cases are increasing in 37 states and in many European nations.

The island nation of New Zealand, with five million inhabitants, has twice been invaded by COVID-19. On both occasions, it was rapidly traced and stamped out, so that N.Z. is now COVID-free and life goes on as before. This happy outcome is because New Zealanders followed the rules. Should we not do likewise?



## You can feel safe and confident at Seabrook.

In good times and uncertain times, there's no safer, smarter place to be than at an Erickson Living®-managed community like Seabrook on the Jersey Shore. Enjoy independent senior living, plus a safety net of additional support should you ever need it.

- Feel safe and secure in a community of friends, neighbors, and caring staff.
- Our full-time providers are available for telehealth appointments and even house calls.
- You can rely on the expertise and financial strength of Erickson Living, a national leader in senior living.



**Learn more about senior living at Seabrook.**  
**Call 1-800-471-6394 for your FREE brochure.**



“Our move to our Erickson Living community was the best move we ever made!”

–Carol B.,  
a community resident

**Erickson LIVING**  
**Seabrook**  
Add more Living to your Life®  
Jersey Shore  
SeabrookCommunity.com



## Proud Resident of Monroe Township

After successfully selling in the city for over 40 years, I am excited to serve my new community. Call me with all of your real estate needs!



### SHERYL SIEGEL

Realtor-Associate

m: 917.783.4093 | o: 732.946.9200  
e: sheryl.siegel@sothebysrealty.com

Real Estate licensed in New York for 40 years.



Heritage  
House

Sotheby's  
INTERNATIONAL REALTY

Holmdel Office - 38 Main Street, Holmdel

Sotheby's International Realty™ is a licensed trademark to Sotheby's International Realty Affiliates, Inc. Each Office Is Independently Owned and Operated.



## MIKE "THE HANDYMAN"

**732-780-0468**

Lic. #13VH08300900

- No job too small, so don't hesitate to call
- Same-day callback, work done within 24-48 hours
- Fully Insured
- References gladly furnished upon request

OVER 25  
YEARS OF  
EXPERIENCE



## Set your financial priorities right now

As a professional advisory firm, perhaps the most job important service we provide is as a "choice decider," someone you can rely on to prioritize your best choices for building your wealth and planning your future.

As a financial choice decider, it's important to tell you that perhaps the very best choice you could make right now is to pay attention to tax planning opportunities, and to show you choices you must make by the end of 2020.

Amid the stock market's headline-grabbing gyrations and record-setting performance, focusing on tax planning may seem counterintuitive but it's a strategic imperative. Here are three examples of potential tax problems that could arise and for which you need to be prepared before

the end of the year.

Rather than paying a higher capital gains tax rate expected under a Joe Biden Administration, now is the time to consider selling a highly appreciated asset by Dec. 31, 2020. President Donald Trump, according to the Tax Foundation, has not formally announced a capital gains tax policy but has publicly mentioned lowering the capital gains tax from 20% to 15%. With the U.S. Government's expenses exceeding revenue from taxes for many years and the COVID pandemic unexpectedly weakening the nation's balance sheet, planning now for likely higher capital gains taxes is prudent. This applies to stocks and other appreciated investments.

Now would also be a good time to consider selling property like real estate on an installment-loan basis to your children or grandchildren. Depending on the national

election results, you might elect not to consummate the sale. You have until October 15, 2021 to decide long after the election is settled, and the Biden or Trump Administration may have enacted a new U.S. tax plan.

In 2020, you're not subject to payroll taxes on wages and salary exceeding \$137,700. Under Biden's plan, earnings of more than \$400,000 would be subject to the 12.4% payroll tax. Meanwhile, President Trump has called for forgiveness for the Sept. 1 through Dec. 31, 2020, employee-side payroll tax deferral. To sidestep these potentially higher taxes, consider establishing an S-Corp by the end of 2020 to reduce the payroll tax liability should your earnings exceed \$400,000 and thus be subject to the 12.4% payroll tax.

If your family's situation involves an installment sale to the next generation or if you earn more than \$400,000 a year, immediate action should be taken because implementing a solution may require drafting legal documents and estate and tax lawyers are expected to be busy between now and the end of 2020.

Please contact us about your personal situation, as the tax and other issues involved are substantially dependent on your personal circumstances.

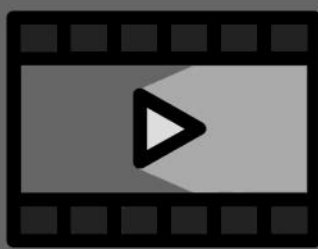
Norman J. Politziner, CFP, a resident of Encore, is an Investment Adviser Representative of Kingsview Asset Management.

For more information, questions, or comments, we encourage you to visit our website at [www.poltziner.com](http://www.poltziner.com) or call us at (732) 296-9355.

©2020 Advisor Products Inc. All Rights Reserved.

The views and information contained herein may have been prepared independently of the presenting Representative and are presented for informational purposes only and should not be construed as investment advice. This information is not intended as tax or legal advice. Please consult with your Attorney or Accountant prior to acting upon any of the information contained in this correspondence.

# Rutgers Virtual Jewish Film Festival



Angelica ★ The Art of Waiting ★ Asia  
Aulcie ★ Autonomies ★ Breaking Bread  
Honeymoon ★ Latter Day Jew ★ Mrs. G  
My Name is Sara ★ Nowhere in Africa  
The Rabbi Goes West ★ Shared Legacies  
Tree #3 ★ When Hitler Stole Pink Rabbit

## November 8-22, 2020

Award-winning films and engaging discussions—all from the comfort of your home! Our user-friendly platform makes it easy to watch films online.

Film Tickets: \$10 • All Access Pass: \$90

Visit **BildnerCenter.Rutgers.edu**

Email: [rujff@sas.rutgers.edu](mailto:rujff@sas.rutgers.edu) • Phone: 848-932-4166

**RUTGERS**  
School of Arts and Sciences

The Allen and Joan Bildner  
Center for the Study of Jewish Life



## Friendly reminder

- Pets must be leashed at all times
- Pets must be kept within 3 feet from any walk or curb
- Pet owners must clean up after their pets



## Bob's Almanac—November 2020

By Bob Huber

There's a lot going on in November. The snowbirds are heading south, and the rest of us are hunkering down for what we hope will be a mild winter.

Eastern Standard Time begins on Sunday, Nov. 1, so remember to set your clocks back one hour Saturday night and enjoy the extra hour of sleep. Many important events have taken place in November. On Nov. 1, 1848, the first medical school for women opened in Boston.

Two very influential Americans were born in November, one was humorist Will Rogers in 1879. Rogers often had a few choice words to say about what's going on in Washing-

ton. We can only wonder what he would have to say about today's political landscape. The other was Walter Cronkite, often considered to be America's most trusted newscaster, born this month in 1916.

Journalist Margaret Mitchell was born on Nov. 8, 1900. Her novel, "Gone with the Wind," won the Pulitzer Prize for literature in 1937. It was translated into 30 different languages and sold over one million copies. Surprisingly, it was the only book she ever wrote.

Back to things presidential: Abraham Lincoln delivered the Gettysburg address on Nov. 19, 1863; and exactly 100 years later (Nov. 22, 1963)

President John F. Kennedy was assassinated.

On Nov. 24, 1859, Charles Darwin published his book, "The Origin of Species by Means of Natural Selection." Darwin theorized that all living creatures descended from a common ancestor. It opened the door to a whole new perspective on creation and sparked a debate whose embers smolder even to this day.

And on Nov. 26, 1787, our first president, George Washington, proclaimed the first American holiday, a day to be set aside annually to give thanks for America's bounty. This year, Thanksgiving will also fall on Nov. 26.

And don't forget that Tuesday, Nov. 3, is election day. Some pundits believe that this year's election will have the largest voter turnout in history. Make sure your opinion is represented. If you haven't already voted by mail, Get out and vote!

## Frances Oldham Kelsey: the lady said No

By Jean Houvener

Frances Oldham was born in British Columbia, Canada, on July 24, 1914. At McGill University she earned a B.Sc. and a M.Sc. in pharmacology. At the recommendation of a professor, she wrote to E.M.K. Geiling, M.D., who was establishing a pharmacology department at the University of Chicago. As she subsequently realized, she was hired on her credentials, but also in the belief that she was a man. She said if her name had been Mary, she might never have been given this opportunity.

In 1937, she was researching a number of deaths from elixir sulfanilamide, a sulfa drug. That research showed that the deaths were the result of a solvent used to flavor the drug to make it more palatable. The solvent was diethylene glycol – antifreeze. Partly in response to this discovery and the need to force better testing by pharmaceutical companies, the Federal Food, Drug, and Cosmetic Act of 1938 was passed by Congress.

After finishing her Ph.D., Oldham joined the faculty of the University of Chicago. In 1942, she was part of a team looking for a cure for malaria, which was a huge problem in the Pacific front of World War II. Part of the work revealed that some drugs could pass from mother to child through the placental barrier. During this time she met and married Fremont Ellis Kelsey, also on the faculty.

While at Chicago, she earned her M.D. In the 1950s, she became a dual citizen of the United States and Canada. In 1954 she, her husband, and two daughters moved to South Dakota where she taught pharmacology at the University of South Dakota. In 1960 she was hired to work at the FDA in Washington, D.C.

One of the first assignments she was given was to review the application by Richardson-Merrell to approve the drug thalidomide as a tranquilizer, painkiller, and for pregnant women ex-

periencing morning sickness. At the time, there was a 60-day time limit to review a

(Continued on page 8)

## LET'S PLAN TOGETHER

Call to schedule a free at home consultation



## Freeman Manalapan-Marlboro Funeral Home

344 Route 9 North, Manalapan NJ 07726  
(732) 972 - 8484

Glenn A. Freeman -Manager N.J. Lic. No. 3662

**SERVING ALL FAITHS SINCE 1847**  
**COMPARE OUR PRICES**

**Remember To Vote**

# LIFE CAN BE A REAL PAIN IN THE BACK!

## SAY GOODBYE TO BACK & LEG PAIN... WITHOUT SURGERY!

30 Million Americans suffer from back pain every day. This affects everything that they do, from work to play and ultimately their quality of life. 7 out of 10 people experience lower back pain at some point in their lives and it is one of the most common reasons for patient visits to primary care physicians. There is no doubt that low back pain exists in epidemic proportions today.

There are many causes of back pain. Some people develop it over time, others are injured in sports, work or auto accidents. Most people complain of pain and numbness in their legs, usually the result of spinal conditions such as sciatica, stenosis and herniated discs.

Regardless of the cause, people cope with pain in several different ways. Many people try to wait back pain out only to find that it keeps getting worse. They buy new mattresses, try different stretching exercises, learn new techniques for sitting and standing, yet their conditions do not improve. Some make repeated unsuccessful trips back and forth between their doctor, chiropractors and/or physical therapists. Others opt for surgery, and while it is true that surgery may be the answer for certain types of back injuries, it is highly invasive and not without serious risks.

### COMMON COMPLAINTS THAT COME WITH LOW BACK PAIN:

- Sciatica
- Bulging/Herniated Discs
- Stenosis
- Difficulty Bending, Twisting, Lifting, Standing, Walking
- Shooting, Burning, Stabbing Sensation

**COME USE OUR NEW SPINAL DECOMPRESSION TABLE!**



**AllCure**  
SPINE & SPORTS MEDICINE

**732-521-9222**

350 Forsgate Dr, Monroe Township, NJ 08831

✓ Our office takes all necessary Covid-19 precautions to provide a clean and safe environment.

f allcurespineandsports.com

✓ We accept most major insurances and Medicare!

**FREE**  
**10 minute**  
**consultation**  
**for the first**  
**30 callers!**

Expires 12/1/20.

INTERVENTIONAL PAIN MANAGEMENT • SPORTS MEDICINE • ACUPUNCTURE • PHYSICAL THERAPY • CHIROPRACTIC SERVICES • POST-SURGICAL REHABILITATION



## Radiant Home Décor by Ronni

*Redecorating too overwhelming?*

**Radiant Home Décor by Ronni** can help.

Whether you want someone to select the finishing touches for your room, or need help choosing materials from the very beginning of your project, *I've got you covered!*



**Free initial consultation**  
**Remote services available**  
**Call Ronni Baron**  
**516-458-0498**

## They paid the ultimate price

By Allan Kaufman

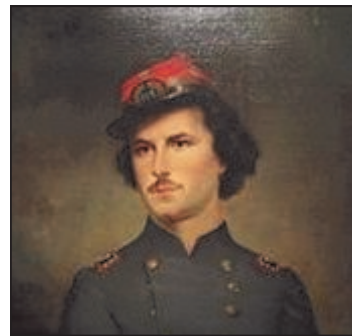
As we approach Veterans Day on November 11, we pause to take a minute to remember those who have paid the ultimate price that has allowed us to enjoy the freedoms our Constitution guarantees. These soldiers belong to an exclusive club. They were the first Americans to die in combat in wars, starting with the Revolutionary War in 1775 to the Vietnam War. They need to be remembered as well.



Isaac Davis/  
famousbirthdays.com

A gunsmith from Acton, Mass., Isaac Davis served as a Minuteman with the local company. During the Battle of Concord, his company was selected to advance first on the British. Davis is recorded as saying, when asked if he was afraid, "No, I am not and I haven't a man that is." As his company advanced, Davis was shot

through the heart, becoming the first colonial American soldier to die in the Revolutionary War, on April 19, 1775.



Colonel Elmer E. Ellsworth/  
Wikipedia

He was a friend of President Abraham Lincoln. Colonel Elmer E. Ellsworth started out studying law in Chicago. In 1860 Ellsworth took a job in Lincoln's Springfield law office where they became friends. He followed Lincoln when the president-elect moved to Washington in 1861. Ellsworth returned to his native New York and raised the 11<sup>th</sup> New York Volunteer Regiment, then returned to Washington with many of those troops he enlisted. On May 24, 1861, the day after Virginia voted to secede from the Union, he was asked to remove a Confederate flag, seen by a spyglass, perched atop a roof from the Marshall House in Alexandria, Va. The

innkeeper, James Jackson, was a zealous defender of slavery with a penchant for violence. Ellsworth approached the inn with only four troopers. Finding no resistance, he took down the flag but as he descended to the main floor, Jackson fired on Ellsworth at point-blank range, killing him instantly. Thus Ellsworth became the first Union casualty in the Civil War.



Pvt. Joseph W. Guyton/  
worldwar1centennial.org

On Guyton's flag-draped casket, President Warren G. Harding placed a presidential wreath and spoke the following words, "In the name of the republic, I bestow this tribute on the casket of the first soldier who perished on the soil of our enemy." Private Joseph W. Guyton was the first American killed on

(Continued on page 9)

## Frances Oldham Kelsey

(Continued from page 7)

drug. If not rejected within that time, the drug would automatically go to market. Fortunately, as a new employee, Kelsey did not have a backlog of other applications. Although 20 countries had approved the drug, she was concerned about a number of issues. These included

a lack of careful testing with regard to pregnancy, given the possibility of passing across the placental boundary, and a study in England that had shown peripheral neuritis in various adult patients. This was particularly important to her after her earlier studies on sulfa and malarial drugs. In spite of intense pressure from Richardson-Merrell, she rejected the application and requested more studies and more data.

By 1961, as a result of numerous births of children with missing arms, legs, or portions of the extremities in Germany, the original manufacturer of the drug in Germany, Chemie Grueenthal, recalled the drug. Further researchers did indeed find that the drug crossed the placental barrier. The Washington Post in an article by Morton Mintz praised Kelsey for preventing hundreds or possibly even thousands of children born with missing limbs in the United States.

In 1962, the Kefauver Harris Amendment was passed to strengthen drug oversight. Companies had to show effectiveness of drugs, document side effects, and use stages of clinical studies with consent from participants, and all these stages should be completed prior to marketing a drug. On Aug. 7, 1962, John F. Kennedy awarded Kelsey the President's Award for Distinguished Federal Civilian Service. She credited the

work of her team. She was actively involved in the substance of the Kefauver Harris Amendment. Later at the FDA, she directed the surveillance of drug testing. She remained at the FDA for 45 years, retiring in 2005 at the age of 90. She died on Aug. 7, 2015, aged 101.

While it is true she saved the U.S. from the tragedy of so many children in Germany, Canada, and England, there were nevertheless tragedies in the U.S. Under the looser earlier rules for pharmaceutical companies, Richardson-Merrell and Smith, Kline & French had begun what they billed as clinical trials, but were actually closer to sales campaigns in the U.S. Poor records were kept of who had been given the drugs, and how they had fared, negating the value of the event as a clinical trial. Also there was casual passing of the drug to friends, since it had been marketed as comparable to aspirin. The FDA passed data to the Department of Justice for a criminal case or penalties, but the DOJ did not consider there was enough to bring a case.

In the U.S. a growing number of individuals are trying to get recompense for their difficulties that appear to trace to their mothers' involvement with the trials, either knowingly or unknowingly. Unfortunately, there are statute of limitations issues as well as difficulty

(Continued on page 9)

## The Rossmoor News Deadline is the 7th of every month.

## Make the right choice for Monroe Township Board of Education.

Vote lines:



Kathy Kolupanowich



Jacob Koppel Egierd



Sarah Aziz

Paid for by Real Solutions 4 Monroe  
3 Laurelot Drive, Monroe Twp. NJ, 08831

**for the finest leadership in education.**

- ★ FIGHT FOR STATE FUNDING to lower taxpayer burden ★
- ★ EDUCATIONAL OPPORTUNITIES for ALL STUDENTS ★
- ★ COMMITTED to kids, teachers, and parents ★
- ★ HONEST, decent, and open community relations ★

visit [realsolutons4monroe.com](http://realsolutons4monroe.com) for our platform and more information!



## They paid the ultimate price

(Continued from page 8)

German soil. When America declared war on Germany on April 6, 1917, Guyton was drafted. Under military law Guyton could have refused to go since he only had a daughter and no namesake. Guyton was too proud not to go. On May 24, 1917, while stationed in the German-held area of France, Guyton's unit came under a barrage of machine gun fire where Guyton was struck and killed instantly.



**Captain Robert M. Losey/**  
**lowstonewall.com**

In 1940, before the United States entered World War II, Navy Captain Robert M. Losey served as an air attaché in Finland. To aid Florence Harriman, then ambassador to Norway, he went to assist in the evacuation of American staff and dependents from the embassy in Oslo. Along the way, Losey and his chauffeur were traveling on the strategic railway called Dombas, a Luftwaffe target. They sought refuge in a railway tunnel. Unfortunately, a bomb fragment fell

near the entrance and a fragment pierced Losey's heart. On April 21, 1940, some 18 months prior to the attack on Pearl Harbor, Captain Losey became the first casualty of World War II.



**Pvt. Kenneth Shadrick/**  
**findagrave.com**

Pvt. Kenneth Shadrick was the first soldier to die in the Korean War, on July 5, 1950. He served in Japan for a year as a 17-year old after dropping out of high school. He was transferred to Korea where he was killed by a bullet to his arm and a second one to his chest.



**Richard B. Fitzgibbon/**  
**archive.boston.com**

Technical Sergeant Richard B. Fitzgibbon Jr. was not killed in action, but rather murdered by another American airman, Staff Sergeant Edward Clarke. On the day he was shot, Fitzgibbon had apparently reprimanded Clarke for an incident on a flight that day. Fitzgibbon died from his wounds on June 8, 1956, as he was serving as part of the Military Assistance Advisory group stationed in Vietnam. It took 47 years for his death to be listed first chronologically on

the Vietnam wall.

As a sad side note, Fitzgibbon's son, Marine Lance Corporal Richard B. Fitzgibbon III, was also killed in Vietnam on September 7, 1965.

As we honor and remember all those who have paid

the ultimate price, about 650,000 in the wars listed, take a minute to think about the first casualty in each of our battles for freedom.

*I can be reached at allan.kaufman0125@gmail.com. Comments and questions are*

## Buy Nothing Day – Do you have enough willpower?

By Linda Bozowski

Although it will be handled differently this year, the Friday after Thanksgiving, known as Black Friday, is a super-hyped shopping day for millions of people trying to get a head start on gift purchases and great sale prices. Some stores have already publicized their plans to have more restrictive hours on that day. What store policies may be in place at the end of November remains to be seen, but I'd guess it will be unlikely that the parking lots at Woodbridge or Freehold Malls will be filled as they have been in the past.

Having been encouraged by my children and my daughter-

in-law to take Black Friday shopping excursions on two different occasions, I'd like to recount how those experiences were less than satisfying. The first one, with my three children, involved a trip to the former East Brunswick Flea Market. Walking through the market was difficult, since there were so many shoppers. Keeping the kids secure was tough – they were, after all, interested in stopping to look at all of the appealing merchandise displayed, and the most frequent bit of conversation included the phrase "Mom, can I have that?" After about an hour, I decided, as

(Continued on page 10)

**Fearful of living at home alone?**

**Are you lacking consistent**

**family or community support?**

**Do you require 24-hour**

**care or supervision?**

*Consider*

**Next to HOME**

**LONG TERM CARE**

**Enjoy Quality of Life  
& Quality of Care!**

We take pride in delivering an unparalleled resident experience, with an emphasis on maintaining our residents' dignity, independence and self-respect.



**THE JEWISH HOME**  
FOR REHABILITATION & NURSING



Glatt Kosher

### ENJOY:

- Secure Memory Care Unit
- Multi-Specialty Physician Access
- Interactive RESTORE Therapy
- Care Safely Approach to Care Provision
- Diverse Menu & Dining Services
- Beautician & Barber Services
- In-Center Televisions Network
- Life Enriching Activities
- Dedicated 24/7 Hospitality Line
- Life Loop Technology
- Family Matters Program
- Quarterly Resident Wellness Review with Family
- Medicaid Support & Guidance

1151 W. Main Street • Freehold, NJ 07728  
(732) 202-1000

[jewishhomefreehold.org](http://jewishhomefreehold.org)



Now part of the  
Marquis Health Services family!

## Frances Oldham Kelsey

(Continued from page 8)

tracking the likely exposure to thalidomide at this point in time. Many were unaware of the possibility of thalidomide being responsible for their problems because that was not the name given to the drug their mothers took. Recent studies have found that the damage may have been caused by stopping the creation of blood vessels, and therefore stopping the growth of the surrounding limbs, broadening the possible disabilities created by the drug. Efforts for recompense continue.

### Madonna House,

which serves unwed mothers, needs knitted baby blankets and baby hats. Turning Lives Around, which helps abused women and elderly men and women needs scarves, hats and gloves or anything knitted.

If you are interested in doing some knitting and crocheting for this wonderful cause, please contact Lyn Wall, 609 662-4224, 450A Roxbury Lane.



## The Night of Broken Glass

By Allan Kaufman

Kristallnacht, or the Night of Broken Glass, also called the November Pogrom(s), was a pogrom against Jews carried out by SA paramilitary forces and civilians throughout Nazi Germany on Nov. 9-10, 1938. The German authorities looked on without intervening.

The name Kristallnacht (Crystal Night) comes from the shards of broken glass that littered the streets after the windows of Jewish-owned stores, buildings and synagogues were smashed.

Jewish homes, hospitals and schools were ransacked as attackers demolished buildings with sledgehammers. Rioters destroyed 267 synagogues throughout Germany, Austria and the Sudetenland (Czechoslovakia). Over 7,000 Jewish businesses were damaged or destroyed, and 30,000 Jewish men were arrested and incarcerated in concentration camps.

The pretext for the attacks was the assassination of German Diplomat Ernst vom Rath by a 17-year-old German-born Polish Jew living in Paris. After this night, Jews started to be expelled from schools. Physicians and dentists were no longer able to practice. Homes and art works were confiscated. Still, it's hard to believe that this one incident was the trigger to start Hitler's "Final Solution" that ended with the murder of 6,000,000 Jews, but it seems as though it was.

On Nov. 9 and 10 the Jewish community will remember the Night of Broken Glass as they vow "Never Again."

I can be reached at [allan.kaufman0125@gmail.com](mailto:allan.kaufman0125@gmail.com). Your comments and questions are always welcome.

On right: Jewish shop in Berlin/History.com



## Talking Turkey

By Bob Huber

The boss asked me to write an article on Thanksgiving turkeys for this issue of the Rossmoor News. "Why me?" I asked. "Because," he said, "You've written more than fifteen plays for the Rossmoor Players over the past 24 years, so nobody knows more about turkeys than you do."

I ignored the insult and headed out to the nearest turkey farm. When I arrived I thought it had snowed. The ground was covered with white. Adjusting my eyes, I realized that these were all turkeys, thousands of them.

When I spoke with the owner, he explained that the typical depiction of the Thanksgiving turkey is a wild bird, but practically all domestic turkeys are white. When I explained my mission, he obligingly selected one bird from the flock and set it up on the table so we could chat. "This here's Tom," the farmer said. He can tell you all you want to know about turkeys." Then he walked off to do his chores leaving me alone with the 14-pound bird who didn't seem too happy about his assignment.

(Continued on page 11)

## Buy Nothing Day

(Continued from page 9)

both the mother and the designated driver, that we/I had had enough and we returned to the car, empty handed, as I recall.

Several years later, my daughter-in-law and I ventured out to the former Jamesway store in North Brunswick. We arrived well ahead of the store opening time, around 6:30 a.m., if I remember correctly. We eagerly went into the store at 7 o'clock, with two shopping carts that we expected to fill. Since we had carefully reviewed the circular on Thanksgiving Day after dinner, we each knew the items that we sought. By 8 a.m. we joined the check-out lines, where we each waited close to an hour to pay for our bargains. The store was full of eager shoppers, and I'm sure the sales that were racked up that day were impressive. We went to what used to be the Middlesex Diner and had a great breakfast. Our shopping journey was concluded.

As much as I enjoy shopping, especially if it involves getting great bargains, I decided after my second foray on Black Friday that it would be my last. Being able to browse through a store and take my time examining the clearance rack to find that perfect set of placemats or the oven-safe fry pan at 40% off makes me smile when I get home and unpack my bags.

And though it doesn't happen very often, there have even been times when I've gone to Kohl's or Joann Fabric Shop or even Home Depot and come home with nothing. And it didn't even have to be on Black Friday – how's that for will power? (Is "won't power" a word?)

Fewer side effects.  
*More living.*

Proton therapy for breast cancer at ProCure. Personalized for your treatment needs—and your lifestyle.

If radiation therapy is part of your treatment plan, proton therapy at ProCure targets tumors precisely, with less impact on surrounding healthy tissue. That could mean fewer side effects—and more freedom to enjoy what matters to you most.

To learn more, visit:

[www.ProCure.com](http://www.ProCure.com)

**ProCure**  
Proton Therapy Center  
*Precision Therapy. Passionate Care.*





## Tie One On Day – November 25 this year

By Linda Bozowski

November 26 is a day we traditionally celebrate with family and friends. The turkey, stuffing, sweet potatoes, Brussel sprouts, pumpkin and apple pies – ah, the menu is so inviting! However, the day before Thanksgiving is often overlooked. Tie One on Day is an important event in most pre-Thanksgiving feast households, because that's the day that most of us are wearing aprons.

Doing food preparation is often a daunting task, as well as a messy one. Cranberry juice stains hands and counters; the sausage that may become part of the stuffing releases fats as it is rendered to mix in with the bread and celery; apples

leave sticky juices on our hands as they are being peeled – what do with this food residue? We wipe our hands on our aprons!

Except for professional cooks, I would tend to guess that most of us don't wear aprons very often. June Cleaver and Lucy Ricardo, who wore ruffy aprons that were like little skirts, are no longer entertaining us nor making fashion statements. The hard-working celebrity chefs who graced our TV screens, like Julia Child or Graham Kerr, often wore more practical attire – aprons that had a bib top that went around the neck and had very unenhanced "skirts" on the lower portion. When we

watched current cooking shows like Chopped or Top Chef, we see aprons on the contestants. Why?... so they don't get food goo over their clothes.

Aprons are still available for sale, but I'm not sure where. Maybe Amazon or Target. Home Depot sells barbecue-ready sturdy aprons, very unisex designs, for the outdoor cooks. Plain aprons are/were available in some of the craft stores so that those of us who like to sew adornments and rick rack or use fabric paint to make them up as unique gifts wouldn't have to sew the basic garment. (I don't think my grandson has his Top Chef apron any longer.) I'd guess that 4-H club members don't make aprons as we did when I was a girl; and does Home Ec even exist any longer on the list of high school elective courses?

A sequin-enhanced apron would look lovely over a cocktail dress on Thanksgiving Day. But for the food-prep day on Wednesday, pick up a practical number in terrycloth or cotton. And if you choose to tie one on in a different sense, be sure to wear that apron when you mix the pomegranate margarita.

## Talking Turkey

(Continued from page 10)

How did he know your name was Tom?

**We're all named Tom. It's a lot simpler than trying to come up with several thousand names.**

I see your point. You come from a long and proud Thanksgiving tradition, dating all the way back to the pilgrims.

Much farther back than that. Some historians believe that the first Thanksgiving was not celebrated by the pilgrims in 1621 in Plymouth, Massachusetts, but some years earlier, in Jamestown, Virginia, where settlers celebrated their own version of England's ancient harvest home Festival.

Was Ben Franklin right when he said you were truly an American bird?

**Yes, but the settlers were already familiar with us. Early explorers to the new world quickly acquired a taste for turkeys, and they took us back to Europe. By the 16th century, turkeys were being raised domestically in Italy, France and England.**

I didn't realize your fame has spread so far.

**Oh yes. Once, we were considered just a special holiday treat, but now we're a staple of the modern American diet and in Europe too. As a matter of fact, the Internet devotes 14 million websites to turkeys. This year alone, 5.3 billion pounds of turkey products will be consumed. You can find us in everything from turkey burgers to hot dogs.**

Doesn't it bother you that you're going to wind up on somebody's dinner table?

**Not really. A turkey's got to do what a turkey's got to do. I hate to brag, but worldwide, more than 250 million turkeys are raised each year, and 219 million of those birds are raised right here in the good old USA. It's estimated that more than 46 million of my brethren will be eaten at Thanksgiving, 22 million at Christmas, and 19 million**

**at Easter.**

The crowning achievement. So, what are you doing now?

**I'm in training for the big day. The average Thanksgiving turkey weighs 16 pounds. I check in at 14 pounds. I've got a lot of work to do in the next few weeks.**

Will you train by running?

**Are you kidding? How am I going to run in the middle of this crowd? I trained by eating everything I can stuff in my beak. It's a tough job, but I can do it! I want to be on top of the A-list.**

Is that so important?

**It certainly is. Ever since 1947 the national Turkey Federation has presented the president of the United States with a live turkey and two dressed turkeys in celebration of Thanksgiving. After the ceremony, the live bird retires to Vermont to live out the rest of his days in the lap of luxury.**

I can understand why you want to be the top turkey.

**It sure beats the alternative.**

Thank you for taking the time to talk to me.

**Not a problem.**

**WE BUY**

ANTIQUES, COLLECTIBLES, JEWELRY, POSTCARDS, EPHEMERA, POTTERY, PRINTS, PAINTINGS, SILVER, COINS AND BOOKS.

**WE PURCHASE ESTATE CONTENTS**

**DOWNSIZING/MOVING? CALL US.**

ANTIQUE APPRAISALS AVAILABLE.

**609-658-5213**

Email: LarryFeldman51@gmail.com

**CLINTON MONUMENT CO.**  
EAST BRUNSWICK MONUMENT CO.  
Since 1866

**SERVING ALL FAITHS  
SERVING ALL CEMETERIES**

- Superior Craftmanship
- Memorials In Granite & Bronze
- Cemetery Lettering

**841 CRANBURY RD.**  
Opp. Holy Cross Burial Park  
East Brunswick/Jamesburg  
Convenient to Rt 1 & Rt 130

**RONALD M. NELSON**  
(732) 521-3020  
(732) 257-0099

**FOR EVERYONE'S  
SAFETY,  
NO SPEEDING IN  
THE COMMUNITY**





**Debra G. Salman, DDS** | **Richard A. Salman, DDS**

Practice Limited to Periodontics  
NJ Specialty #3508

Practice Limited to Oral & Maxillofacial Surgery  
NJ Specialty #3504

- Dental Implants
- Gum Treatment
- Periodontal Surgery
- Crown Lengthening
- Bone Grafting and Regeneration

- Emergencies
- Dental Implants
- Extractions
- Impacted Wisdom Teeth

**Graduate: NYU College of Dentistry**  
**Residency: New York VA Medical Center**

**Diplomate, American Board of Oral and Maxillofacial Surgery**  
**Graduate: NYU College of Dentistry**  
**Residency: NYU Medical Center/Bellevue Hospital**

[www.monroeoralsurgery.com](http://www.monroeoralsurgery.com)

**18 Centre Drive, Suite 202, Monroe Township • 609-395-8300**

**MIDDLESEX/MONMOUTH  
GASTROENTEROLOGY**  
A Division of Allied Digestive Health

**COLON CANCER SCREENING**


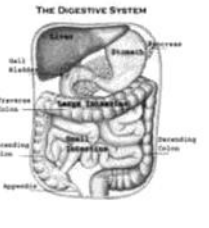
Gall Bladder Disease  
Liver Disease  
Heartburn

Peptic Ulcers  
Constipation  
Diarrhea

**ROBERT R. BLANK, MD**  
**STEVEN C. NADLER, MD, FAGG**  
**ARTHUR J. GELLER, MD, FACP, FAGG • COLIN C. BROWN, MD**  
**KUNAL GUPTA, MD • ROBERT S. AARON, MD**  
**KALPESH PATEL, MD • DARIANNA FROMETA, APN-C**

**222 Schanck Road, Freehold  
100 Commons Way, Holmdel  
Tel: (732) 577-1999**

**312 Applegarth Road, Monroe  
2 Hospital Plaza, Old Bridge  
[www.mmgaastro.com](http://www.mmgaastro.com)**



# This month in pictures

Photos by Joe Conti and Walter Gryskiewicz

## The Players held an Open Mic event at Thompson Park



Frank and Minnie Sasso are always there.

Photo by Sal Guereiro



Joe Conti leads the way at the open mic

Photo by Sal Guereiro



Joe Schifaudo and Lucille Ricci attended as well.

Photo by Sal Guereiro



Jim Wilson adds his voice to the afternoon.

Photo by Sal Guereiro



Sue Archambault knocks out a tune.

Photo by Sal Guereiro



Visit the Veterans Memorial Garden at the Clubhouse

Photo by Lex Monaco



## With time on our hands we find new things to do

By Anne Rotholz

While writing an article for the June issue I made some comments on how people were using all this unexpected free time. I had a feeling then that little would change in the months ahead. Thankfully some things are better.

The vast majority of our residents have escaped Covid-19 so far. We feel a little safer when going to the store. Our places of worship are open even if attendance is limited. Eating places are opening up and all of us can now go for that long-awaited haircut!

Living in this community has made it easier to deal with the pandemic. We are fortunate enough to have our own "space" with lots of opportunities for going outdoors to walk or maybe just sit on a bench and enjoy the fresh air. Seeing other people around sometimes helps to keep loneliness at bay.

It was uplifting to see how many residents observed the health rules by wearing masks and socially distancing. Thanks to those who did...you made our community safer for all.

While it could have turned out to be a bit boring, I did not find it that way at all. I remember calling friends in the evening and hearing the old expression "I don't know where the day went." Many used the unexpected time to enhance their homes or as one friend said "to clear, clean, and put things in order."

Because many people were not working, they planted lovely gardens in spring. The beauty of the various plants in their bright colors was a treat for all. I thoroughly enjoyed my little patch and I was delighted when others told me that they, too, liked it.

I did my share of clearing and cleaning. I spent time reading and on my computer. I also spent a lot of time on my phone. I remember what my good friend Shirley, who lived across the street when I moved here, once told me "I visit with my friends on the phone." I thought that was such a beautiful way to put it!

Thanks to *Vonnage* and *Whats App* I spent hours "visiting" my friends and relatives in Ireland and in California.

I would like to share some interesting trivia that I gleaned over the past few

months. Sometimes I would stop and say to myself "Really?" Hope you will have the same reaction to some of them.

### Trivia

The Empire State Building has its own zip code 10118.

Denver International Airport is twice the size of Manhattan.

Morgan Island off the coast of South Carolina is home to 4,000 monkeys. No humans live there though some scientists go there to tag the monkeys and to take some of them away for research.

There is enough concrete in The Hoover Dam to build a two-lane highway from San Francisco to New York City.

The water contained in Lake Superior would cover all of North America and South America with 1 foot of water.

The Library of Congress has 838 miles of bookshelves.

Airlines sell unclaimed baggage to a store in Scottsboro, Ala.

Los Angeles Coroner's Office has its own gift shop, "Skeletons in the Closet."

President Carter had solar panels installed in the White House. President Reagan had them removed.

The earth has underwater meadows. These ecosystems of underwater grasses are usually near the coast. They are very beneficial to life on earth. One of the largest of the meadows is found off the coast of Spain. It is believed to be 100,000 years old.

Coral Reefs, sometimes called "rainforests of the sea" are ecosystems that are extremely beneficial to mankind. Though they only make up 2% of the ocean floor, they are home to 25% of known marine species. Corals are animals, not plants.

The largest mammal mi-

gration on earth takes place each year when over 10 million bats fly from the Republic of Congo to Zambia's National Park.

Tigers have striped skin. The stripes act like human fingerprints since no two are alike.

Magpies are very intelligent birds. A magpie can recognize itself in a mirror.

Elephants make friends, bury their dead, speak to each other, and travel together. They show extreme intelligence.

Modern scientific research tells us that a human being can distinguish over 3 trillion smells. Really!

On a lighter note, in 2014 a missing woman on vacation in Iceland was found. She was part of the search party.

## New Neighbors



Christina Smith, Resident Services Manager

Anne Hobin, 463A New Haven Way, formerly of East Brunswick, N.J.

Daniel VanSoest and Carol Kahn, 217N Mayflower Way, formerly of Lords Valley, Pa.

Ruth Teixeira, 398N Newport Way, formerly of Maplewood, N.J.

Michael Marder, 122B Lowell Lane, formerly of Springfield, N.J.

Ray Wong, 29-O Bradford Lane, formerly of Randolph, N.J.

Paul and M. Susan Buckley, 315A Sharon Way, formerly of East Windsor, N.J.

James and Lorraine Slivensky, 84C Old Nassau Drive, formerly of Cherry Hill, N.J.

Larisa Volovink, 87B Old Nassau Road, formerly of Brooklyn, N.Y.

1861 Victory Blvd  
SI, NY 10314

718-986-7274  
718-524-0400

**YOU MAY BE PLEASANTLY SURPRISED TO LEARN HOW MUCH YOUR HOME HAS INCREASED IN VALUE. CALL YOUR LOCAL REALTOR FOR A FREE MARKET EVALUATION**

**NO OBLIGATION**

**MARIANNE IPPOLITO**  
NJ Licensed Real Estate Salesperson

**I AM A CLEARBROOK RESIDENT**

**WE HAVE BUYERS FROM STATEN ISLAND & BROOKLYN**

**WANTED TO BUY**

**JEWELRY (GOLD, SILVER OR COSTUME)**  
**DIAMONDS • ARTWORK • FURNITURE**  
**GUITARS • CAMERA • RECORDS, ETC.**  
**COMPLETE CLEANOUT SERVICES**  
**Call Dan at 609-306-0613**  
**AMERICAN FURNITURE EXCHANGE**

**GOLDSTEIN**  
**FUNERAL CHAPEL INC.**

**The only Jewish owned funeral home in Middlesex County**

***We value the dignity and the sanctity of the Jewish soul and we uphold and maintain reverence for the Jewish tradition.***

**732-777-0032**

**Martin Goldstein, Mgr.**  
N.J. Lic. No. 4025

**2015 Woodbridge Avenue**  
**Edison, New Jersey 08817**  
**www.goldsteinfuneralchapel.com**

**SUB ACUTE REHABILITATION AND NURSING - LONG TERM CARE**

**The ELMS OF CRANBURY**

Family Owned and Operated Since 1960

**NEW 5000 sq. ft. Rehab Pavilion & Therapy Pool**

**Family Atmosphere**  
**Warm, Friendly And Caring Staff**

**Most Convenient Facility to the Monroe Township Active Adult Communities**

**609-395-0641**  
**61 Maplewood Avenue**  
**Cranbury, NJ**

NJ Department of Health Rated  
Outstanding Survey History

### Please note

Printed copies of the November Rossmoor News are available for pick up at the Village Center by calling Administration at 609-655-1000.



**MONROE DENTAL GROUP**

*Comprehensive Dental Care*  
**609-655-3551**  
[www.monroedental.net](http://www.monroedental.net)

**New Patients Welcome**

- General & Cosmetic Dentistry
- Implant Dentistry
- Digital Radiography
- Emergency Dental Care

Adam Klein, DMD  
 Amanda Thompson, DMD

18 Centre Drive Suite 102, Monroe Twp, NJ  
 Located right off Applegarth Road

## In Memoriam

### Edward M. Johnsen

Edward M. Johnsen of Mutual 1 died on April 5, peacefully at home. He was born in Brooklyn on April 15, 1924. A veteran of the United States Army, he served for three years during World War II in the European Theatre, reaching the rank of Sergeant Major. He later joined the New York City Police Department. At the same time, he also met the love of his life, Ann Nardi, in 1946. They married in 1948 and raised their three children. He retired after 22 years of service at the rank of Sergeant. He transitioned to his second career as a Trial Preparation Investigator for U.S. Fidelity and Guarantee Company in New York City where he worked 23 years.

In 1989, he and Ann moved to Rossmoor. They enjoyed many happy years there socializing, playing cards, competing in shuffleboard and joining many of the activities the community offered. They were active members of the Italian American Club where Ed served as president for a term. After Ann's passing in 2010, he continued his activities and learned to play bridge and later became a regular player at the Milltown Library. He always enjoyed passing time socializing and sharing laughs

over group games with his family and friends.

He is survived by his children Karen White and husband Jon, Lori Steinhauer, and Kenneth Johnsen and his wife Mary Beth; nine grandchildren, Christopher, Brian, Michael, Thomas, Kimberly, Timothy, Daniel, Jillian, and Melanie; great-grandchildren Isabelle, Ava, Ryan, Nora, Patrick, Kurt, Riley, Nate, Mason, and Baby LaDuca; a niece and three nephews.

### Linda L. Milburn Klink

Linda L. Milburn Klink, 69, of Mutual 8, died on Friday September 18. She was employed by Continental Airlines, Newark, until retiring. An active member of the Rossmoor

Community and the Community Church, she was a master beekeeper who enjoyed traveling. She was also an active member of the South Amboy St. Patrick's Day Parade Committee.

She is survived by her son and daughter-in-law Andrew and Stacey Klink of Houston, Texas; her brother Billy Milburn; her sisters Nancy Bianco and her husband Joe, Carol Milburn and wife Raye, Susan Medina and husband Ed, Faye Seeland and Doris Pennypacker, and several nieces and nephews.

Donations may be made to the Col. D.B. Kelly Pipes & Drums or the South Amboy St. Patrick's Day Parade Committee.

## CULINARY CORNER

By Sidna Mitchell

### Dutch Baby

2 Tbl butter  
 3 eggs  
 ½ cup all-purpose flour

### Culinary Corner

½ tsp salt  
 ½ cup milk  
 powdered sugar

Heat oven to 425 degrees.

Melt butter in a 10-inch cast iron skillet in the oven.

Meanwhile beat the eggs vigorously for about 30 seconds and then gradually beat in flour and salt.

Pour in milk and mix well.

Remove the skillet from the oven and tip it to coat the bottom with the melted butter.

Pour in the batter and bake for 20 minutes.

Lower the oven temperature to 300 degrees and bake five more minutes.

Remove from oven and cut into wedges.

(The Dutch Baby or oven pancake will puff up and then deflate a bit when removed from the oven.)

Sprinkle with powdered sugar before serving.

NOTE: Serve with pancake syrup or maple syrup and bacon. For something a little different, melt one cup of syrup in a saucepan. Add very thin slices of apples or peaches; briefly warm and then pour over the Dutch Baby wedges.

I can be reached via e-mail at [sbmcooks@aol.com](mailto:sbmcooks@aol.com).

## In apple season, make a Dutch Baby

By Sidna B. Mitchell

A while back I clipped a recipe from a Southern Living magazine for apple-cinnamon Dutch Baby that I thought I would try. Back in the 1970s, I frequently made a Dutch Baby, or oven pancake, when the kids were out

for the weekend. This was simple to make and something all four kids really liked so I thought an apple-cinnamon Dutch Baby would be even better.

When I finally tried the Southern Living recipe, Ken thought the Dutch Baby was delicious, even warmed over a couple of days later, but I was disappointed. A couple of months ago, I found another apple Dutch Baby recipe on the Internet and asked Ken to bring back apples from one of his recent upstate New York trips for me to use.

When granddaughter Maggie was visiting right before school started this year, I tried that apple Dutch Baby recipe. The recipe sounded delicious but the topping was rather complicated to prepare. Unfortunately, the oven pancake didn't puff up and, frankly, looked more like a quiche.

I had told Maggie that I was considering the recipe for my cooking column. After dutifully eating her breakfast, my granddaughter turned to me and said, "Grammy, you're not going to write this up, are you?"

I'll stick with my old recipe, which the kids called a pizza pancake years ago. Don't ask me why. This recipe is so easy to make and will impress your guests and family.

**I.C.C.** Heating & Air Conditioning

Monroe Twp NJ, 08831

ICC is a **YORK** dealer.

We are a full-service company servicing local and all surrounding areas since 1974.

This may be the time to change your equipment.  
 Call 609-655-4647 to schedule a free estimate.

License #s  
 19HC00510800  
 19HC00615600

John Intravartolo  
 Santo Intravartolo

**609-655-4647**

**Parker**  
 we make aging part of life®

**We're Accepting New Admissions for our Nursing & Memory Care Homes**

Meeting all the state's infection control requirements for senior living communities

Call and ask how we keep your loved one safe in our care.

**Parker at Monroe**  
 395 Schoolhouse Road • Monroe Twp, NJ 08831  
[Parkerlife.org](http://Parkerlife.org) | 732-992-5200 |

## THE LOWEST PRICES. PERIOD.

We don't inflate our charges so that we can then offer you "discounts" when you ask. *THAT'S NOT RIGHT.*

Our service charges are the lowest in the area for superior service, and we are Central NJ's premier Independent Jewish Funeral Chapel.

## Mount Sinai Memorial Chapels

Being FAMILY OWNED & OPERATED, without a "network" of stockholders, lets us guarantee that.

454 Cranbury Road,  
 East Brunswick, NJ  
 (732) 390 - 9199 (800) 395 - 9199

For Yahrzeit Dates, Candle Lighting Times, Directions, & more:

[www.MSMC.us](http://www.MSMC.us)



M. Kulbacki, Mgr. N.J. Lic. No. 4870



# Clubs and Organizations

## Woman’s guild

(Continued from page 1)

worked to ensure the Guild had great programs, which could perpetuate membership growth, she was determined to honor Lana’s memory by ensuring the same.

Who’d have imagined that, approximately three-and-a-half years later, the Women’s Guild would be celebrating and honoring the life of Linda Klink? Not I, certainly. The two of us were a month apart in age. I anticipated we’d be mutually engaged in volunteer work at Rossmoor at least for another decade.

Sometimes, though, God has other plans for us.

I don’t know if Linda’s passing was made easier by the fact that we weren’t kicking off another program year at the time she departed this earth. I suspect this might be the case, though. After all, Linda was hospitalized the day the fashion show would have occurred. She passed away the following morning. But certainly, what was very difficult was knowing we

could not plan to memorialize Linda at the next month’s membership meeting as we’d done for Lana.

Since such a service may not be feasible for quite a while yet, let me now share some other things about Linda now.

In reality, Linda was going to be less involved with the Guild in the 2020-2021 year because she’d taken on the role of president of the Emerald Society. But as you might expect of this woman who seemed to have boundless energy and was involved with so many activities here at Rossmoor as well as elsewhere, Linda wanted to remain on the board. She especially wanted to continue to manage the scholarship program. This made sense since Linda not only loved this responsibility, but she’d developed great relationships with numerous school personnel.

Because of Linda’s love of music, and since she’d pushed for the Guild to establish a music scholarship two years ago, the board

decided that this spring, we’ll provide a music scholarship in her memory to a senior planning to enter a music program in the fall. Having said that, because we’ve been unable to have the bazaar this year, our source of funding for the scholarships we provide, we expect this will be the sole scholarship we hand out. (Certainly, if you’d like to honor Linda by making a restricted gift for this scholarship, please send a check, made out to the Rossmoor Women’s Guild, to our treasurer, Dolores Wardrop. She will ensure it is only used for this purpose.)

Now, please join the Women’s Guild board in celebrating and honoring a woman who lived life full out, and from the heart. Indeed, I suspect we’re all better off for the time that Linda spent among us because she was always extending herself on behalf of others. Also, let us find comfort and joy in the thought she may well have embarked on yet another journey she’s probably already finding exciting.

## Players Pastimes

By Sue Archambault

Last month, the Players decided to experiment with an outside event in Thompson Park, since our Rossmoor facilities are closed. Therefore, our Open Mic program took place on a beautiful day, Wednesday, October 14.

Through the Middlesex County Park events coordinator, we were able to se-

cure Section 4B for this event. Several attendees participated in a variety of different forms of entertainment. There were songs, poems, amusing anecdotes, and jokes as well. This popular event was well attended and proved to be an entertaining afternoon for audience members and participants as well.



In light of this successful venture, The Players are considering using Thompson Park in the spring for another program and will plan to utilize the newspaper and Channel 26 to invite Rossmoor residents to attend.

## Dance Club



By Judy Perkus

It’s deadline day at the Rossmoor News. What on earth is there to say?! The Clubhouse is still closed although I can tell you that the Ballroom is still there and was used to administer flu shots to those Rossmoorites who made appointments in advance. Armen DeVivo, Dance Club president, has submitted requests to book the Ballroom for 2021 Dance Club monthly parties.

OK, I have an idea. Thanksgiving comes in November. Eating turkey is a Thanksgiving tradition: Dance + Thanksgiving + Turkey = the Turkey Trot. (Did

you know I am a retired math teacher?)

“The turkey trot was a dance made popular in the early 1900s. The Turkey Trot was done to fast ragtime music popular in the decade from 1900 to 1910 such as Scott Joplin’s Maple Leaf Rag. Driven largely by youth counterculture of the time, the turkey trot fad quickly fell out of favor as the foxtrot, a much more conservative dance step based on the waltz, rose to popularity in 1914.” Thank you, Wikipedia.

On a tragic note, the Dance Club was shocked and saddened to learn of the sudden death of our Vice

### Did you know?

You can drop off cans of unused paint every third Saturday of the month, between 8 and 11:30 a.m.

Just take the cans of leftover paint to the Monroe Township Recycling Center at 76 Gravel Hill-Spotswood Road, where the staff is most helpful.

If the paint has completely dried in the can, you can toss it in the household trash bin. (NOT in the recycling bin.)

President Linda Klink. Linda, who was active in many groups in Rossmoor, was helpful, caring and fun-loving. She will be missed.

President Armen DeVito and the Dance Club Board wish you a healthy Happy Thanksgiving. We hope to be able to see you all in the Clubhouse soon.

M. David DeMarco, *President*, N.J. Lic. No. 3203  
Thomas J. DeMarco, *Manager*, N.J. Lic. No. 4651  
Peter S. Winther, *Director*, N.J. Lic. No. 4763  
Jennifer L. Burry, *Director*, N.J. Lic. No. 5172

**“Family Owned & Operated”**  
“Totally Barrier Free”

M. David  
*DeMarco*  
**Funeral Home, Inc.**

205 Rhode Hall Rd.  
Monroe Twp., NJ 08831  
732-521-0555  
[www.demarcofuneralhome.com](http://www.demarcofuneralhome.com)

**STEVE MOSKOWITZ**

**HANDYMAN PLUS**  
SEMI-RETIRED EAST BRUNSWICK RESIDENT  
**WHO KNOWS A THING OR 2**  
**732.616.8999**  
WILLING TO DRIVE AND SHOP OR HELP WITH ANYTHING YOU NEED

**YOU NAME IT WE HANG IT**

DECORATIVE ITEMS OF ALL KINDS • PICTURES • MIRRORS  
SHELVING • TVS AND MONITORS • BLINDS • CURTAINS  
VALANCES • VERTICAL BLINDS • SHADES

**THE HANGMANPRO**  
We hang anything that goes on your walls or windows  
Call **732-354-6464** for free estimate 30YEARS EXPERIENCE

**The Rossmoor News Deadline is the 7th of every month.**

- Post-Hospitalization Rehabilitation
- Personalized Goal-Oriented Treatment
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- 24-hour Nursing Staff
- Certified Dietician
- Long Term Care
- Respite Care
- Hospice & Palliative Care
- Medicare, Medicaid & most insurances accepted

Call our admissions team today to schedule a tour!

**THE GARDENS AT MONROE**  
189 Applegarth Road, Monroe, NJ 08831 | [www.thegardensatmonroe.com](http://www.thegardensatmonroe.com)  
**609.448.7036**





## Lester Memorial Home

Thoughtful, Personal, Dignified Service

*"A choice for Rossmoor Residents since 1965"*

Gregory S. Lester, Manager, Lic. #3364

David L. Lester, Director, Lic. #3483

16 W. Church Street, Jamesburg  
New Jersey 08831

**732-521-0020**

[www.LesterMemorialHome.com](http://www.LesterMemorialHome.com)

### PART TIME CAREGIVERS WANTED

Earn money while helping seniors  
with personal care, transportation,  
meals errands, and more.

For information about a job  
helping others in your spare time.  
Call or text Elizabeth at 646.413.0813

### CATS AT HOME

Emily Jarvis, DVM

**609-915-8671**

home veterinary visits  
22 years all-feline experience  
\$10 off first house call fee with this ad



### You name it, we take it!



- Estate Sale Clean Outs
- Garage Clean Outs
- Appliance & Furniture Removal

**We will beat or  
match any price!**

**800-609-3696**

[www.wecollectjunk.com](http://www.wecollectjunk.com)

## ELECTRICIAN

**732-851-1561**

All Electric Services - Lic.# 15848

- Ceiling Fans • Recessed Lights • Bathroom Fans
- TV Mounting • Smoke Detectors • Security Lights

[www.allelectricnj.com](http://www.allelectricnj.com)



## Religious Organizations

### Rosh Chodesh



Members of the Jewish Congregation Zooming Services on the High Holy Days

Photo by Adrienne Brotman

By Adrienne Brotman

"May it be Your will, Oh G-d, that the coming month be one of goodness and blessing; May You grant us a long life, of peace, goodness, blessings, sustenance, health, respect and a life filled with prosperity, honor and a love of Torah...Amen"

Rosh Chodesh is celebrated every month. It is the day the new month begins in the Jewish calendar, which is based on the lunar calendar and not the Western, or Gregorian, calendar.

The prayer above is recited on the Sabbath before Rosh Chodesh. The name of the new month and the day the new month will begin is announced.

The new moon, and thus the new month, symbolize

the change of the seasons, new beginnings, and the cycle of our lives. In ancient times the new month would be announced with trumpets, beautiful music, and special services in the Holy Temple. Even today it is customary to dress up, eat fancy food, and sing special prayers and songs. Today special prayers are recited outside when the new moon is visible.

Rosh Chodesh is considered a special holiday for women. It is said that when the golden calf was being created, while Moses was receiving the Ten Commandments, the women were asked to contribute their jewelry to create this idol. The women refused, thus G-d rewarded them by giving them the holiday of Rosh

Chodesh for their trust and loyalty.

Rosh Chodesh will be celebrated this month, beginning the evening of Nov. 17.

The Jewish Congregation will Zoom services this month on Friday, Nov. 6 and Friday, Nov. 20, at 4:30 p.m. Zoom Torah Study will be Saturday, Nov. 7 and Saturday, Nov. 21.

If you need information about zooming, please contact Judy Perkus. If you would like information about the Jewish Congregation, please contact Karen Seiden, vice president of Membership or Cindy Sigl, Congregation president.

The Jewish Congregation Board would like to wish everyone a healthy and Happy Thanksgiving.

## Community Church to organize Thanksgiving service for all

By Alyce Owens

You will not be surprised to learn that the traditional Thanksgiving service offered annually by the Inter-faith Council of Rossmoor will not be happening this year. With the restrictions of the COVID-19 pandemic still in place, it will be impossible for us to gather together inside the Meeting House to give thanks and praise God for our many blessings. And yes, despite the problems, challenges and inconveniences, we still do have much to be thankful for.

And we'll still have the opportunity to proclaim our thankfulness, albeit in the comfort of our own homes through the blessing of technology. The Rossmoor Church is reaching out to residents and friends of all faiths to participate in an online Zoom service on Tuesday, Nov. 24 at 2 p.m. The service will also be available during the following week for viewing on your computer, tablet, or phone at a time that is convenient for you.

We invite all Rossmoor organizations, regardless of

faith tradition or belief, to have a representative participate in this "Come Together Thanksgiving Service." All our Rossmoor friends will be invited to attend, or to watch the service that week on YouTube.

We have so very many things and blessings in common. How wonderful it would be to put aside our differences and celebrate those gifts and opportunities that we have in common.

To get involved, please email [RossmoorChurchOutreach@gmail.com](mailto:RossmoorChurchOutreach@gmail.com) today!



# HEALTH CARE CENTER NEWS

## How to Stay Well

By Kaytie Olshefski,  
BSN, RN-BC

As we slowly and cautiously emerge from COVID-19, our routine activities of daily living have changed. Do you remember how long it took us to remember to buckle up with a seat belt when getting into a car, whether driving or as a passenger? But we did it and now it is a habit.

Researchers and infectious disease doctors agree that these three new habits will help to slow coronavirus from spreading: (1) wearing a mask, (2) social distancing six feet away from other people, and (3) washing our hands frequently with soap and water, or using a hand sanitizer if soap and water are not available. We take these measures to protect ourselves, our family, friends, and even strangers. We are not alone in this pandemic and together we will get through it. And, as important as these precautions are with the pandemic on our minds, we also need to remember to take care of ourselves and stay healthy through annual wellness checkups.

Staying healthy includes eating nutritious food, exercising, drinking responsibly, and getting an annual physical exam. When we were in the grips of the coronavirus, the only way to see your healthcare provider was through the technology of telemedicine. As we arise from this pandemic, doctors are seeing their patients in their offices, but with a new twist. Once you arrive in the doctor's parking lot, you may be asked to call the doctor's office to let them know you have arrived for your appointment. When you enter the waiting room, the office will call you back on your cell phone to let you know that you may come inside. They will then take your temperature and ask some COVID-19 screening questions.

Medicare and commercial insurance companies now cover costs for an annual wellness exam. How does this differ from a regular healthcare visit? An annual wellness visit focuses on health promotion and designing your personalized health improvement plan. This visit also gives your primary

healthcare provider a complete picture of your health and what you need to do to stay healthy.

The healthcare provider will review your health history and any concerns you may have. Your current medications are discussed (even those prescribed by other doctors) to determine if there are adverse interactions and to make changes if needed. This visit identifies any medical conditions you may have and generates a discussion about those conditions. An important topic is immunizations. Have you received your flu shot this year? Are you up to date on your pneumonia vaccines? The two pneumonia vaccines, Prevnar 13 and Pneumovax 23, are recommended for people 65 years or older. Each one must be given a year apart from one another and no sooner for insurance companies to cover it. If you need either one of these vaccines, call your nurse's office for more information. Have you received the new shingles vaccine, Shingrix? Shingrix is given in two doses with the second injection given two to six months after the first dose. Are you up to date on your tetanus injection? This is good for 10 years. In addition, a pertussis vaccine may be required if a new grandchild is on the way.

An annual health screening cannot be dismissed because of COVID-19. There may be an extra step of caution that must be taken, but do not put this screening off. Women also need to have an annual mammogram and DexaScan (every three years) to check for osteoporosis. Men need to have a prostate exam. If it is time for your colonoscopy, do not wait.

The new normal for scheduling for a procedure is to be tested for COVID-19 and then quarantining yourself until the procedure to keep yourself and medical staff safe as they care for you.

Another issue that will be addressed at your annual wellness visit is a topic that may be embarrassing to talk about: loss of bladder control, referred to as urinary incontinence. Incontinence may be caused by stress incontinence, urgency, over-

flow or a combination of the three. There are abdominal and bladder muscle exercises to strengthen and tighten, which will help to decrease the incontinence. There are medications to help control incontinence and if conservative measures fail, there are procedures and surgery. Please discuss this with your healthcare provider during the visit because it will greatly improve the quality of your life if some of these issues are addressed sooner rather than later.

Living through this pandemic has been difficult due to a lack of socialization and subsequent feelings of isolation. If there are feelings of sadness that do not subside for two weeks or more, you may be experiencing depression or a mood disorder. Be open and let your healthcare provider know how you are feeling. There are therapies and treatments available, and your healthcare provider can tell you which treatment is best for you.

While at your annual wellness visit, your healthcare provider will assess your cognitive function. A minimal screening may be performed, which is a short questionnaire that you will be asked. Your provider may be able to determine if you are experiencing any mental challenges. There may be physical or medication issues that are affecting this. By

recognizing it early, medications and/or treatments may be prescribed to help to slow the progression or help to improve mental status.

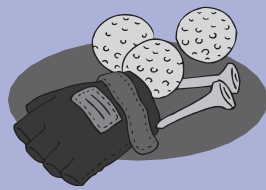
Make an appointment to see your dentist for your six-month checkup and cleaning. Your dentist will also evaluate for periodontal disease and oral cancer. Continue flossing your teeth at least once a day.

Eye health cannot be forgotten. See your eye doctor and have your vision checked. Hearing should also be evaluated periodically. Sometimes just an ear cleaning of wax build-up can lead to a great increase in hearing ability. There are many new advances made with hearing technology and there are new and advanced hearing aids to enhance your hearing with less background noise. Also, if you are experiencing loss of high-pitched sounds, don't wait, as those sounds may become permanently lost.

If you have not received your flu shot yet, call the Healthcare Center at (609) 655-2220 and arrange to get one. We will be giving these throughout the fall and into the winter months, but the sooner you get one the more time you will be protected.

Please remember YOU are the most important member of your healthcare team! Please take advantage of your annual wellness visit to discuss any and all these topics with your healthcare provider and you will have learned the secret to staying well.

## SPORTS



## Ladies' 18-Hole golf league ends season 2020

By Arlene McBride

The Ladies golf league season for year 2020 wasn't played as usual. There were no losers or winners, but the majority of our members still gathered to play on our usual Tuesday mornings. It was great to see how much the girls are willing to play together whether it is competitive or not.

We all know how COVID-19 affected all of the activities and we accepted the rules as directed. We'll be ready for the competitive tournaments next year.

Happy Thanksgiving and happy holidays!

## Please note

Printed copies of the November Rossmoor News are available for pick up at the Village Center by calling Administration at 609-655-1000.

## SYMPTOMS OF CORONAVIRUS DISEASE 2019

Patients with COVID-19 have experienced mild to severe respiratory illness.

Symptoms\* can include

FEVER

COUGH

\*Symptoms may appear 2-14 days after exposure.

SHORTNESS OF BREATH

Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.



For more information: [www.cdc.gov/COVID19-symptoms](https://www.cdc.gov/COVID19-symptoms)

## Jewish War Veterans Post 609

By Charles Koppelman

The Monroe Township Jewish War Veterans Post 609 is collecting United States and foreign stamps, both on and off envelopes.

Stamps are used by veterans as a hobby and as therapy at VA Medical Centers nationwide.

The stamps are not traded or sold; they are forwarded to veteran patients at no charge.

Also requested are DVDs suitable for veterans at those locations.



Send all items to: JWV Post 609, c/o Charles Koppelman, 6 Yarmouth Dr., Monroe Township, NJ 08831-4742.



# Awards and accolades for Monroe's bravest

By Mike Daley

On July 11, 2019, Engine 5 and Rescue 11 responded into the neighboring town of Englishtown for an extrication involving a commercial box truck and a minivan. The commercial vehicle had struck a two-foot diameter tree, and the driver was pinned in the wreckage, resulting in severe injuries to his legs, midsection, and pelvis. He was also experiencing severe blood loss, and time was of the essence.

Our responding crew controlled the bleeding with a tourniquet, utilized hydraulic power tools, chain saws, chains, and a chain hoist to remove the vehicle components and also to get multiple trees away from the driver, freeing him. A medical helicopter took the injured driver to a trauma center. After 14 days, the victim was able to

leave the hospital. He went on to make a full recovery. For actions taken on that day during that incident, the crew of Engine 5 and Rescue 11 from Platoon Bravo were awarded the 2019 Saint Barnabas Valor Award, and the 2019 Michael O. McNamee Award of Valor. Congratulations to Lieutenant Mike Daley, Firefighter Kenneth Bartok, Firefighter Dennis Koch, and Firefighter Sean Macri on this well-deserved professional honor.

AT YOUR SERVICE,  
ANYTIME...  
[www.MTFD3.com](http://www.MTFD3.com)



Awards and accolades for Monroe's bravest

## November Happenings at the Monroe Twp. Public Library

Effective November 7, the Library's new hours are Monday through Thursday from 9:30 a.m. to 8 p.m., Friday from 9:30 a.m. to 5 p.m., Saturday from 10 a.m. until 5 p.m. and the Library is

closed on Sunday. **Senior hours** remain Monday, Wednesday and Friday from 9:30 a.m. until 11 a.m. These times are reserved for our senior visitors.

**Curbside Pickup Service** remains available by appointment, for those who prefer it. Curbside pickup will be at the Drive-Thru Window.

1. Request materials online or by phone.
2. Wait for notification that your item(s) are available.
3. Make an appointment for pickup.
4. Drive up to the window at your appointment time.

### Returning Materials

The book drops at the Library's Drive-Thru Window and in the parking lot of the Senior Center are open. Return your library materials to

either location at any time. Printed materials, such as books and magazines, will be quarantined for 4 days prior to check-in. DVDs, music CDs, audiobooks and video games will be quarantined for 7 days prior to check-in. Please allow up to a week for materials to be removed from your record. Overdue fines will be waived at this time. The book drop at the Community Rec Center remains closed. The Monroe Township Library is unable to accept material donations of books, DVDs or music CDs until further notice. Thank you!

Delivery Service between LMxAC libraries has resumed. Patrons of the Monroe Township Public Library

(Continued on page 19)



MIDDLESEX  
COUNTY • NJ

VOTE 2020

VOTE BY MAIL

As per Governor Murphy's Executive Order 177, the upcoming General Election will be mainly conducted by Vote By Mail.

ACTIVE REGISTERED VOTERS

You will automatically receive your Vote By Mail ballot in the mail, which will be mailed no later than, October 5th. NO APPLICATION IS NECESSARY

After filling out your Vote By Mail ballot, you can:

- \* Mail it from the comfort of your home (no postage necessary)
- \* Drop it off yourself at the Middlesex County Board of Elections
- \* Drop it off at your designated Polling Location (See Attached or contact 732-656-4573)
- \* Deliver the ballot yourself to one of the secured drop box locations in Middlesex County

DROPBOX LOCATIONS

If you need additional locations contact 732-656-4573

Monroe Township Library - 4 Municipal Plaza, Monroe Township

Jamesburg Municipal Building - 131 Perrineville Road, Jamesburg

Vote in Person

A limited number of polling places will be open on Election Day 6am - 8pm, but you will only be able to cast your ballot in person using a PROVISIONAL PAPER BALLOT.

For More Information:

[WWW.MIDDLESEXCOUNTYNJ.GOV/VOTE2020](http://WWW.MIDDLESEXCOUNTYNJ.GOV/VOTE2020)

f

t

o

in

THE ON-SITE POLLING PLACE FOR ROSSMOOR RESIDENTS IS THE MONROE TWP. HIGH SCHOOL, 200 SCHOOLHOUSE ROAD

## Here we are!

(Continued from page 1)  
this pandemic.

I know that for some it's been harder than for others, with overwhelming loneliness and depression taking its toll on many. But some folks have taken advantage of the enforced confinement to tackle projects at home that have been put off for years. Others have learned new technology skills to enable them to participate in Zoom meetings or family gatherings while sitting alone in their own homes. Haircutting and mask-making can now even be learned online. And a telemed visit brings you face to face with your favorite doctor via your cell phone, tablet or computer in the privacy of your living room.

One thing many of us have missed during this time is the opportunity to attend religious services at our chosen houses of worship. However, through the wonder of YouTube, we've been able to stay in the safety of our homes yet share in beautiful online video services such as those produced by Pastor Robin of the Rossmoor Community Church, or other churches and temples in the area or afar.

But, as much as we've been kept apart by this dreadful experience, we've also been brought together by long phone conversations

to renew old friendships, or by caring calls to check in on folks whom we know live alone and possibly are very lonely. Everyone has their own stories, and I hope you have found some rewarding activities to occupy the long days, weeks and months.

I'd like to be able to tell you that it's almost over, that life will soon be back to normal. But no one really knows when that will be, so we must just "keep on, keeping on," with our faith ever-strong in an all-loving, all-merciful God who will get us through this.

Four years ago, in October 2016, I preached a sermon on Laity Sunday at the Community Church in which I implored the congregation to not worry, but to have faith — to Let Go and Let God. At that time, we didn't have anything like this pandemic to upset our lives, but let's face it, there's always a multitude of things that people worry about.

It takes a lot of faith to let go of fear, anger and worry. But Heaven knows, if ever there was a time we needed that faith, it's now. This might be a good time to remember Psalm 55 which tells us, "Cast your cares on the Lord, and he will sustain you."

So please, continue to be strong, to pray, to laugh, and to have faith. Things will get better. Be happy, stay well and remember, God loves you, and so do I.



Library

(Continued from page 18)

will be able to request materials from other libraries that our library does not own. This will give our patrons access to a larger pool of materials. Please be aware than not all LMxAC libraries are participating at this time. This service may take longer than it had in the past because of new quarantine procedures. If you are a LMxAC cardholder, please make requests through your hometown library.

**Bookmobile**

The Bookmobile is making contactless deliveries to communities throughout the Township. Email requests in advance to [bookmobile@monroetwplibrary.org](mailto:bookmobile@monroetwplibrary.org). All selections are subject to availability in the Monroe collection.

Please include:

1. Your name,
2. Library card number,
3. Your phone number,
4. Location of your bookmobile stop, and
5. Book title and author.

Visit our website for a schedule at [www.monroetwplibrary.org/bookmobile](http://www.monroetwplibrary.org/bookmobile).

**Computer Use**

Computers are available by appointment and limited to one hour to allow for demand and proper sanitation between users. Call the Reference Desk at (732) 521-5000 x118 for an appointment. Fax, photocopy and scan without an appointment.

The Monroe Township Public Library moved its digital ebooks and audiobooks from RBDigital to the Libby app as part of OverDrive's acquisition of RBDigital. Patrons will continue to be able to browse, borrow, and enjoy great ebooks and audiobooks in the RBDigital app, now available in Libby. For the time being, patrons will continue to use the RBDigital app to access magazines through ZINIO. Read more about the transition on our website at <http://www.monroetwplibrary.org/rbdigital>.

The Monroe Township Public Library offers a robust line-up of virtual programs for adults, children and teens via Zoom. A full schedule, along with a Zoom tutorial, program registration, meeting ID and password information can be found on the Library's website at [www.monroetwplibrary.org/virtual-programs](http://www.monroetwplibrary.org/virtual-programs).

**Monday Meditation**

Mondays, November 2, 9, 16, 23 & 30 at 9 a.m.

Grab a chair or mat and enjoy guided breathing exercises, meditation, and simple stretches to start your day!

**Book Café**

Wednesday, November 4 at 11 a.m.

Let's talk about what you've been reading. Join Library Staff to discuss what everyone is reading and what we're adding to our reading lists.

**No Place Like Home Book Club**

Wednesday, November 4 at 2:30 p.m.

We will discuss The Other

Einstein by Marie Benedict. This book is available in both ebook & audiobook formats on eLibraryNJ and in ebook format on Hoopla. You may call the Library for availability of a paper copy at (732) 521-5000.

**Non-Fiction Book Discussion**

Monday, November 16 at 2 p.m.

Join a discussion about The Fortune Cookie Chronicles: Adventures in the World of Chinese Food by Jennifer 8. Lee. Reserve a copy online at [www.monroetwplibrary.org](http://www.monroetwplibrary.org) or by calling the library. You may also download the ebook from eLibraryNJ or the Libby app.

**From Opera to Broadway**

Wednesday, November 18 at 1 p.m.

Boheme Opera New Jersey presents the first in a four-part series via Zoom. This presentation demonstrates how every aspect of today's Broadway shows was derived from classic opera as it was performed over 200 years ago. Composers include Mozart, Lehar, Strauss, Rodgers and Hammerstein, Bernstein, Gershwin and others. Selections include Toreador Song, Vilja, O Vilja, Luck Be a Lady, People Will Say We're in Love, and more.



**Rossmoor News seeks photographs**

**We need pictures.**

Please send us pictures you've taken of any Rossmoor event or personality. We're also happy to print your lovely flowering tree, your new puppy, your graduating grandchild, a spectacular sunrise, the blossoms in your garden.

Send them to [news@rcainj.com](mailto:news@rcainj.com) and include your name, telephone number, and a title for the picture. We'll give you credit for it.

**Contact Waste Management**

**609-587-1500**

ID# 61565342007

for pick up of household items

**NO electronics**

**NO upholstered furniture**

**No mattresses**

**TRANSPORTATION TIDBITS**

**Important phone numbers:**

Rossmoor Bus.....609-655-4401

Hours 10:00 -11:00 a.m. and 2:30 p.m.- 4:00 p.m.

Monroe Township Transportation .....609-443-0511

Middlesex County

Area Transportation (MCAT) .....1-800-221-3520

St. Peter's University Hospital

On Time Transportation .....1-800-858-8463

All schedules are available outside the E&R office (near the copy machine) or via the Web at [rcainj.com](http://rcainj.com) and following the links Facilities, Clubhouse and Activities, and Bus Info.

**Recycle information from Waste Management**

- No caps on glass bottles/containers in the recycle bin.
- No lids on plastic bottles.
- Only #1, #2, and #5 plastic is acceptable in the recycle bin.
- Plastics numbered #3, #4, and #7, etc. must go in the household trash bin.
- Other plastic items as well as plastic bags, plastic wrap, shipping film, and Styrofoam go in the household trash bin. Please, no plastic bags in the recycling bin. You can use a plastic bag to dump your recyclables, but take the plastic bag away with you. (Recycle it at the supermarket.)
- Shredded paper cannot be recycled by Waste Management with their current equipment so put it in the household trash bin.
- Aerosol cans must be empty and punctured before being put into the recycle bin.

**Classified Advertising**

**Help Wanted**

**PART TIME CAREGIVERS WANTED**—Earn money while helping seniors with errands, personal care, transportation, meals and more. For more information about a job helping others in your spare time, call or text Elizabeth at 646.413.0813

**Home Improvement & Services**

**PAINT KING NJ** — Concordia Resident. Fast service. Experienced. Ceiling & Wall specialist. NJ LIC 13HV10937500. Call (609) 598-2221.

**RELIABLE HANDYMAN SERVICES** — Local resident. No job too small. All labor guaranteed. Call me to discuss — no obligation. Reasonable rates. Call (609) 409-7096 or (908) 385-5869.

**MIKE THE HANDYMAN** — See my display ad in this edition. (732) 780-0468.

**T-K-S HOME IMPROVEMENTS** — Full service contractor. Kitchen, baths, basements, painting, tile and more. No job too big or small. License #13VH05970500. (609) 259-2574.

**Miscellaneous/ Services**

**HAVE SCISSORS WILL TRAVEL**—All hairdressing services. Will come to your home. Licensed hairdresser. Call Georgianne, 732-985-8129.

**COMPUTERS BUILT & REPAIRED** - RJF Sales Company LLC. Is your computer running slow? It may need a tune-up. Desktop and laptop repair in your home with precautions due to virus. Custom built computers. Virus removal and protection. Monroe resident with over 20 years of computer experience. (732) 723-9537 or (732) 967-3400. Please leave message; all calls returned same day.

**Keep these contaminants OUT of your recycling bin:**

- Plastic bags
- Food and liquids
- Electronics and small appliances
- Textiles, bedding, rugs and carpet
- Hoses, holiday lights, hangers, extension cords
- Plastic bags, film, sheeting, flexible film packaging
- Paper napkins, plates, cups, tissues
- Polystyrene foam
- Tires, auto parts, scrap metal
- Concrete, wood, construction debris
- Yard waste, wood
- Non-recyclable plastics

*Adhering to these standards can save you money by reducing Rossmoor's trash pick-up charges.*

**TECH BUDDY** — Simple step-by-step help with smart-phones, computers and tablets. Large print solutions for low tech problems. Beginner to Advanced. Patience and enthusiasm included. Wireless printers, Netflix, Amazon Alexa setup and training. Have Alexa remind you of your appointments, read audiobooks, more. \$5 off setup. Free quote. (732) 589-4974. [techbuddybarb@aol.com](mailto:techbuddybarb@aol.com)

**Help & Health Services**

**AT ANGEL TOUCH HOME CARE** we provide excellent care for the elderly with licensed, insured and bonded thoroughly screened aides. We are a company that cares for our patients and makes sure they are treated by the best. 24-hour care (living with resident). Elderly companionship. Call (609) 907-6059.

**ANNA'S HOME CARE** — Certified professional caregiver is looking for live-in/live-out job in Monroe Township. Experienced, references. Driver's license. Accepts long-term care insurance. Low prices. Private care option. Call Anna at (609) 409-1600 or (908) 337-7462.

**Wanted to Buy**

**BUYING & SELLING GUNS** — Call for pricing. (609) 558-9509. Ask for David. Licensed Firearms Dealer.

**House Cleaning**

**HENRYKA'S CLEANING SERVICE** — Professional house cleaning. Quality work. Call (609) 586-0806.

**CLASSIFIED Ad Information**

All Classified ads must be received by Princeton Editorial no later than the 14th of the month preceding publication month.

Mail to:

**Princeton Editorial Services**

**P.O. Box 70**

**Millstone Twp., NJ 08510**

**RATES**

\$14 for 10 words, 50 cents each additional word.

- Note: Phone numbers count as one word and names as one word. Do not count punctuation. Abbreviations will be counted as one word.
- Check or money order must accompany insert, made payable to Princeton Editorial Services.
- Phone number or address which appears in ad must appear on check or money order to ensure proper credit.
- Type or print your ad clearly and please include any contact information.



# Primary and specialty care doctors with one focus...you.



## *Exceptional care and safety for exceptional times.*

Saint Peter's Physician Associates provides primary and specialty care throughout Central Jersey. Our physicians provide primary care and access to specialists in breast health, diabetes, gastroenterology, geriatrics, lung health, pediatrics, women's health, surgery and more.

Our goal is to provide high-quality health care and access to cutting-edge technologies. Our surgeons are board-certified, trained in minimally invasive and robotic surgery for a shorter recovery time and faster return to normal daily activities.

**To find a physician near you, visit [SPPANJ.com](http://SPPANJ.com)**



*Safely treating you better...for life.*

Sponsored by the Roman Catholic Diocese of Metuchen