



Rossmoor IN News



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Rossmoor Pickleball Wins Division “A” Mayor’s Cup

Rossmoor Pickleball brought home first, second, and third place at the Aug. 19, 20, and 21 Monroe Township Mayor’s Cup Competition. The Men’s Doubles Team took first place in the upper division for 2026. The Mixed and Women’s Doubles teams took second and third place in the “B” division. The first-place Men’s Doubles team pictured from left: Vincent Liu, Joe Marrone, Bill Zimmer, Rich Zirin, Coach Warren Kelly, Jim Zimmer, and Dan Dobromilsky.

Charity Exchange Returns Nov. 7



Mary Perry (left) and Edye Tenner show off items for sale in the “It’s a Small World Baby & Child Boutique” at last year’s Charity Exchange.

By Mary Jane Brubaker

One of Rossmoor’s favorite traditions is back. The Charity Exchange returns Saturday, Nov. 7, when the Clubhouse becomes a

sprawling marketplace filled with clothing, Christmas decorations, housewares, tools, home-baked goods, books, puzzles, and just about everything else imag-

inable at rock-bottom prices, with every dollar going to local charities.

The inventory comes from Rossmoor residents themselves. People clear closets and garages of items they no longer need so those “old treasures” can find new homes. Many of the same residents then staff the “stores” inside the Clubhouse on event day. RCAI employees also play an essential role. Without this community effort, there would be no Charity Exchange.

Start setting donations aside now. Drop-off days are

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Spaghetti Dinner Set for Oct. 22



Alyce Owens has been coordinating and hosting the annual spaghetti dinner for nearly a quarter of a century. That’s 24 years of sauce, smiles, and sold-out nights.

By Alyce Owens

The Spaghetti Dinner that so many folks wait for all year will be held at 6 p.m. on Thursday, Oct. 22, in the Ballroom. Tickets will be sold in the Clubhouse Red Room Oct. 12 -16 from 10 a.m. to noon. Tickets for this popular event go fast, so don’t miss out. If you want to reserve a

table of 10 in advance for you and your friends, call Alyce Owens now at 609-860-0866. (A few people waited too long last year and have been suffering from meatball deprivation ever since.)

The Community Church Spaghetti Dinner is open to all Rossmoor residents,

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“Blessing of the Animals” on Oct. 10

By Honey Owens, maltipoo

Do you bless your dog or cat when it sneezes? Of course, you do. My mom recently did an informal survey to discover that the vast majority of all pet owners offer this familiar blessing whenever their little furry friend sneezes. Why not? We’re part of the family, and we offer unconditional love!

That’s why I’ll bet those same folks will want to bring their beloved four-legged friends to the “Blessing of the Animals” on Saturday, Oct. 10, at 10:30 a.m. on the Village Green in front of the Meeting House. This exciting event is sponsored by the Rossmoor Community Church and E&R. I’m so happy that the Rev. Ted Hardgrove will be with us again to personally bless every pet that comes.

Maybe you’ve never been to, or perhaps even heard of,



The author, Honey Owens, soaks up some extra pets from Nancy Wojnar at last year’s “Blessing of the Animals.”

a “Blessing of the Animals.” Of course, it’s for us pets, but we all know that our parents enjoy it as much as we do.

Here’s how it goes: All the pups and their parents will

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at the governors' meeting

Sept. 17, 2026 Meeting

The meeting, held in the Clubhouse Hawthorn Room, was called to order at 7 p.m. by President Josephine Schwegel. She opened the meeting with a salute to the flag and the reading of the Planned Real Estate Development Full Disclosure Act notice. President Schwegel confirmed that proper notice of the meeting had been provided to unit owners.

Secretary Lori Moses called the roll.

July RCAI BOG Minutes

A motion was made and seconded to accept the July 16, 2026, BOG meeting minutes. The motion passed unanimously.

President's Report

President Schwegel welcomed the audience and announced a new program to recognize volunteers for their years of service to the Rossmoor community.

The first proclamation recognized Janet Wilson for her many years of volunteer service. Mrs. Wilson has led the Rossmoor Chorus for nine years and has made numerous outstanding contributions to the community.

Mutual 17 Director Russell Howard read the proclamation, which highlighted Mrs. Wilson's many accomplishments and dedicated service to Rossmoor.

Treasurer's Report

Treasurer John Craven discussed the positive July variance report. He explained that some portions of the variance report can be complicated due to the way income and expenses are presented. He reviewed and detailed several budget lines such as snow removal.

Management Report

General Manager Tom Curry reported that the Administration Office sent approximately 1,200 letters to residents requesting email addresses from those who had not previously provided

one. Approximately 400 new email addresses have been received.

Mr. Curry reported on condominium and cooperative closings. He also noted that the Maintenance Department has been very busy and that a new employee has been hired in the department.

Mutual 7 Director Barbara Jensen asked whether Administration could send emails to individual mutual email lists. Mr. Curry explained that he already provides this service and that it is available to all mutuals.

Mr. Curry reported on current projects, including asphalt paving, concrete walkway work, pool boiler replacement, the North Gate exit arm, speed hump installation, a flood mitigation meeting with the county engineer, and the Golf Course irrigation replacement project.

The Golf Course has been very busy with brush cleanup following recent storms and with turf repairs related to two new asphalt paths that replace gravel-path carts on the course.

Committee Reports Maintenance Committee

Director Debra Stasik provided the Maintenance Committee report and reviewed various maintenance issues raised at the meeting.

Community Affairs Committee

Director Barbara Krysiak provided the Community Affairs Committee report, including information about upcoming E&R events and health care seminars.

Old Business

Mr. Curry reminded residents that the Clubhouse parking lot would be closed Sept. 21-24 for asphalt paving.

New Business

Resolution 2026-18 - Pool Boiler

A motion was made and

seconded to ratify the July 29 email vote of 17 yes and one absent for the urgent replacement of the pool boiler by TLP Climate Control Systems, Inc., at a cost of \$31,000, charged to Reserve Account #4110. The motion passed unanimously.

Resolution 2026-19 — Golf Tri-Deck Mower

A motion was made and seconded to ratify the Aug. 13 email vote of 16 yes and two absent for the purchase of a Wessex ProLine CRX-320 tri-deck roller mower from Double "D" Turf at a cost of \$37,265.44, including tax, charged to Reserve Account #4110. The motion passed unanimously.

Resolution 2026-20 — Pest Suppression Services Contract

A motion was made and seconded to approve the extension of the AMCO Pest Solutions contract for an additional three years at a cost of \$48,770 for 2027 and 2028, representing no increase from the current contract price, and \$50,720.80 for 2029, representing a four percent increase. The motion passed unanimously.

Director Comments

None.

Residents' Comments

A question was raised regarding pool season use after Labor Day. Ms. Schwegel explained that the state pool code and the Monroe Township Health Inspector would not allow a change from lifeguard to no-lifeguard operations during the same pool season.

A question was asked regarding why the south exit is for residents only. Mr. Curry explained that this is because Stonaker Road is a private road owned by the Matrix corporate condominium complex and that the Association has a use agreement allowing only Rossmoor residents to exit onto

(Continued on page 3)

Message from the RCAI Executive Board: Help Us Reach You

By President Jo Schwegel, Vice President Lori Moses, Treasurer John Craven, and Secretary Deb Stasik

The RCAI Executive Board has made it a top priority to communicate with residents clearly, quickly, and as widely as possible. Right now, that is harder than it should be. Too many households have not given RCAI an email address, so important news never reaches them.

We are committed to transparency. That commitment only works if the message can get through. Communication is a two-way street. The Executive Board can write, plan, and send; residents need to make sure RCAI has a current email on file to receive the information.

About half of Rossmoor households now receive Constant Contact messages from RCAI. Those emails cover a wide range of community information: meetings, deadlines, services, safety updates, entertainment, and other news that affects daily life here. If you are not on that list, you are missing important information.

Please help us do a better job for you. Send the following to info@rcainj.com today: Resident name(s), property address, email address - and a secondary email, if you have one, and phone number.

The Executive Board is willing to put in the time and effort to make Rossmoor the strongest community it can be. We need your help make that possible. One email from you can close the gap.

Bits & Pieces

By Sue Ortiz

Growing up in the 60s and 70s pre-tech days, playtime consisted of picking from a closetful of board games to play. Mainstays like Monopoly, Scrabble, The Game of Life, Yahtzee, Mousetrap, and Tip-It filled my "toy closet" shelves. My collection was rounded out with Mystery Date (nobody wanted to date Poindexter!), Concentration (based on the popular TV game show), and Ker-plunk (oh, those dangerous giant toothpicks). If a new game hit the store shelves by Christmas, it was wrapped and under the tree. Luckily, my circle of friends loved to play these games with me. When you're a kid, it's the simple things, right?

A swing and a blow-up kiddie pool in the back yard, jump rope, "Klackers" (those glass balls on a string - oh, the horror if they broke!), and hopscotch drawn with chalk on the sidewalk were simple outside fun.

Alone time was spent reading, solving puzzles, drawing and painting, and crafting. Simple entertainment some might find boring. Not me.

The personal computer age arrived in the 80s, and I became a techie. When the Commodore 64 hit the shelves, my Dad made sure I got one. I became a whiz at BASIC programming, creating simple database files for book lists, recipes, and other records. BASIC was, well, basically simple: "If this, then that...."

PDA's (personal digital as-

sistants) were all the rage in the 90s, and I had one of those, too. While canvassing used bookstores collecting H.G. Wells books and time travel novels, I needed a comprehensive "have/want" list with me at all times, so I upgraded to a PDA and Windows 95. Simpler tech times.

Fast forward to now. I still like to play games, albeit on my phone now - hey, I have 30 million points on one of them. I still love to read. I have a Kindle, but I prefer the feel of an actual book in my hands. Although those "Outlander" tomes are heavy! I still love to solve puzzles - think Wordle and crosswords. I'm still crafting, always crafting or buying supplies. The simple things.

But now I also must be an adult. And, yes, "adulthood" is a verb now. Since my parents have passed, I am officially the chief cook and bottle washer. I must drudge to the food store, get three bags of groceries for \$112 - and nothing to eat! - lug it all in, and put it away. And while I'm perusing the aisles, my 60-something eyes spot a new-fangled mop. A mop. Wow... a new mop. How exciting.

If this (new mop), then that (I buy).

It's the simple things....

B&P

"When we recall the past, we usually find that it is the simplest things - not the great occasions - that in retrospect give off the greatest glow of happiness." - Bob Hope (American comedian, 1903-2003)

Open RCAI Meetings in Oct.

The CAI-NJ Conference and Expo is Thursday, October 15. Therefore, the **RCAI BOG meeting** has been moved to the fourth Thursday.

Thursday, Oct. 22, at 10:00 a.m.

The RCAI committee meetings will remain on the second Thursday.

Thursday, Oct. 8

Standing Committee Meetings.

Maintenance Committee - 9:30 a.m.

Community Affairs Committee - 10 a.m.

Please watch Channel 26 on your TV or check www.rcainj.com for more information.



Rossmoor News

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The *Rossmoor News*, a monthly periodical, is mailed to every home within the Rossmoor community. News items are welcome. Appropriate news items from outside organizations will be considered as space permits.

Unscheduled volunteer writers should contact Rossmoor News Chair about any submission. **We reserve the right to edit, limit, or reject any materials/submissions according to the directives of the Editorial Board and Publisher.**

Letters to the Editor must be emailed to PES at pescmd1@gmail.com and clearly marked *Rossmoor News*.

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Around the Clubhouse

By Melissa Barnard, Clubhouse Manager

Here are some of the many activities planned for the coming months. We're always updating our schedule, so check Channel 26 and the Rossmoor Clubhouse Facebook page for the latest details. Registration is required for all events through E&R unless otherwise noted.

Special Events

Tony 'n Tina's Wedding

Come join the wedding of the century! This is an interactive, off-Broadway immersive comedy show where the audience participates as guests, eats an Italian buffet (deliciously catered by Palms Plaza in Matawan), and mingles with the chaotic bridal party. The nuptials take place at Clearbrook's Cultural Center on Saturday, Oct. 10, at 6:30 p.m. Doors open at 6 p.m. Tickets are

\$75 per person.

Trivia Night

Our next Trivia Night is being held on Tuesday, Oct. 20, from 6:30 - 8:30 p.m. in the Ballroom. Tickets are \$10 per person. Bring your own beverages and snacks.

A Day on Your Own at Peddler's Village

Spend a beautiful fall day exploring the charming shops, seasonal sights, and delicious treats of Peddler's Village in Bucks County, Pa., on Wednesday, Oct. 28. Tickets are \$40 per person and include round-trip transportation and driver gratuity only. The bus departs Rossmoor at 9:45 a.m. and returns by approximately 6 p.m.

American Music Theater Christmas Show: "Winter Wonderland"

Enjoy lunch and a production of "Winter Wonderland" in Lancaster, Pa., on Thurs-

day, Nov. 12. Tickets are \$160 per person and include center mezzanine seats at the American Music Theater, bus/gratuity, lunch, and shopping at Shady Maple.

Lion King on Broadway

Hakuna Matata promotes a "no worries" philosophy, the tune Rossmoor will be singing as we embark for NYC's Minskoff Theater on Tuesday, Dec. 8. Tickets are \$140 per person. The show starts at 7 p.m., but we are departing early to allow time for dinner and a quick visit to see the Rockefeller Christmas tree. Tickets go on sale Oct. 1.

New Year's Eve Celebration

Ring in the New Year the "Vegas Way" on Thursday, Dec. 31, 8:30 p.m.- 12:30 a.m. in the Ballroom. Tickets are \$37 per person. Finger sandwich assortment and dessert on tables. Champagne toast at midnight. Bring your own beverages.

Free Resident Bus on Tuesdays and Fridays

Rossmoor's free bus service for its residents is available on Tuesdays and Fridays. The bus can take you to local shopping areas and also offers rides home from the Clubhouse on established service days.

To ensure we can serve those most in need, this transit program is dedicated to supporting our community's homebound residents and those who lack access to getting their essential groceries and medications.

Tuesdays

The morning 9 a.m. run

begins at the Clubhouse, departing into the community for resident pick-up locations. Stops include Applegarth Road businesses and the Stop & Shop business center on Perrineville Road. The bus leaves at noon for the return trip to Rossmoor.

At 12:30 p.m., the bus begins resident pickup in Rossmoor again and proceeds to East Windsor with stops at ShopRite and CVS, both on Route 130. At 3:30 p.m., the bus leaves for the return trip to Rossmoor.

Fridays

The bus departs the Clubhouse at 9 a.m., picking up residents and then proceeds to East Windsor for stops at ShopRite and CVS, both on

For Sale Book

Do you have something to sell or give away? Provide a service that may be of interest to other residents? You can now place an ad in our all-new For Sale Book, located in the Clubhouse outside the E&R Office, above the new mailboxes. Interested residents may browse the binder whenever the Clubhouse is open.

There is no charge to post. Forms and sheet protectors are included in the binder. Please date and complete the form, attach any photos or flyers behind it, place everything in a sheet protector, and file it accordingly.

Postings will be removed after 30 days. If you would like to continue advertising, please complete and submit a new form at the end of the 30-day period. Please remember to remove your posting once your item has sold. Please do not remove the binder from the Clubhouse.

BOG Meeting

(Continued from page 2)

the road.

A concern was raised regarding recycling cans on Tilton Road.

Residents provided comments regarding the need to repair the North Gate exit.

A resident raised various issues concerning her mutual and was instructed to speak with her association directors.

A resident reported a lawn drain issue and was directed to speak with the mutual directors.

A resident asked why the pool rule survey results concerning guest days had not been enacted. Ms. Schwegel explained that the survey was conducted to assist the board in adopting pool guest rules.

A resident stated that a recycling can on Tilton Way has been missing since IWS took over. She also requested additional evening meetings.

A resident raised a concern regarding vendor start times, specifically in relation to trash collection.

Adjournment

There being no further business, the meeting was adjourned at 8:10 p.m.

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Morganville

Levine, Furman & Rubin

1116 Campus Drive

Thursday, Oct. 22nd

7:00pm

Monroe

Courtyard Marriott

420 Forsgate Dr.

Cranbury South Brunswick

Tuesday, Oct. 27th

10:00am | 2:00pm

Freehold

Radisson

50 Gibson Place

Wednesday, Oct. 28th

10:00am | 2:00pm

Morganville

Levine, Furman & Rubin

1116 Campus Drive

Thursday, Oct. 29th

7:00pm

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To request a reservation, please call us at 732-238-6000 or visit us online at www.levinefurman.com/seminars.

Most attendees choose to make an appointment at the end of the presentation, so please bring your calendar with you

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Flu Shot Clinic on Oct. 9

There is one more chance to get your flu shot here in Rossmoor. Saint Peter's will be offering the final flu shot clinic of the season on Friday, Oct. 9, between 1-5 p.m. in the Ballroom.

A flyer with instructions is available. You can scan the QR code on the flyer to register and sign the consent prior to your appointment. Or you can stop by the Rossmoor Health Care Center and fill out the appropriate paperwork to select an appointment time.

The nurses can accommodate walk-ins on the day of the shots, but priority will be given to those who have an appointment. The homebound may be able to receive shots at home by contacting the Health Care Center at 609-655-2220.

At the time of your appointment, be sure to bring your current health insurance cards (primary and secondary) and your driver's license or identification card.

The Health Care Center is open seven days a week from 7 a.m. until 7 p.m. for a variety of services, including blood pressure and lab work. Call 609-655-2220 if you have any questions.

Free Resident Bus

(Continued from page 3)
Route 130. The bus leaves at noon for the return trip to Rossmoor.

Clubhouse rides

On Tuesdays at 3:30 p.m., the bus offers rides home from the Clubhouse without a reservation.

Reservations for shopping trips

For the Tuesday and Friday shopping trips, residents must call the dedicated bus line at 609-655-4401 the day before and provide their address to reserve a spot on the pickup list. Reservations are required for the shopping trips.



Friends Who Sweat Together, Stay Together

Taking a break from a gym workout are from left: Hee K. Lee, Sung J. Han, Young O. Lee, and Youngae Lee.

Wellness Connection Series Continues

By Mary Jane Brubaker

There are six sessions left of Hackensack Meridian's free Wellness Connection Series. This month's focus is on Gut and Nutrition Powers.

Each one-hour lecture features Hackensack Meridian staff sharing practical, evidence-based insights tailored for active adults. Sessions take place on Tuesdays 10:30 - 11:30 a.m. in the Cedar Room in the Clubhouse.

The Gut and Nutrition Powers series features lectures on Healthy Gut (Oct. 6), Eat Heart Smart: Mediter-

ranean/DASH Diet Benefits (Oct. 13), Fad Diets (Oct. 20), and Living with Diabetes (Oct. 20).

The final two sessions will take place in November and will focus on Daily Foundations for Lifelong Wellness. Topics include Dental Hygiene (Nov. 3) and Lead a Healthy Lifestyle (Nov. 10).

The entire series is free, but registration is required. Once registered, you may attend any or all sessions.

Register today at E&R and take the next step toward vibrant health.

"Blessing of the Animals"

(Continued from page 1)

gather in front of the Meeting House and probably do some sniffing (the dogs, not the parents) to get to know each other. There will be dogs of every kind - from tiny Yorkies to big Labradoodles. Of course, cats or other exotic animals are in-

vited, too, but those guys need to come in appropriate carriers.

Once everyone settles down, Reverend Ted will tell us how God created all the animals on this earth - and people too - and that we should love one another. He'll give thanks and bless us all, even saying a prayer for the precious pets who have gone to doggie heaven. Then it's time for us pups to be especially good when we go up to see Reverend Ted, who will bless every single one by name, with a special blessing for each.

I remember last year when Reverend Ted petted my head and asked God to bless and watch over me; it made me feel all tingly and really special. I've tried to be an especially good girl ever since, but I'll admit that once in a while I still bark or do naughty things. Maybe last year's blessing is wearing off, so I'm glad it's nearly time to get another one. I hope you'll come and get yours too.

Please ask your favorite person to mark the calendar and come to the "Blessing of the Animals" on Saturday, Oct. 10. And don't be late; we'll get started at 10:30 a.m. There will be plenty of treats and water, and all Rossmoor animal lovers are invited, even if you just come to "watch the action."

Pet parents are encouraged to bring their favorite four-legged friends or a picture of pets who cannot attend or have passed away. And, as always, please remember to pick up after your "kids." All pets must be leashed and under owner control or in an appropriate carrier.

Charity Exchange

(Continued from page 1)

Thursday, Nov. 5, 9 a.m. - 2 p.m. and 5 - 7 p.m., and Friday, Nov. 6, 9 a.m. - 2 p.m.

Mark your calendar: the sale itself opens Saturday, Nov. 7, at 9 a.m. Come donate, shop, volunteer, if you can, and help turn unused household items into support for local causes.

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MICHAEL KULBACKI, MANAGER N.J. LIC. NO. 4870

Old Friends and New Gather After Ragtime Concert



Following the outstanding four-handed ragtime piano concert by Michael Chisholm and Kevin Gunia, members of the Rossmoor Chorus gathered around to congratulate their former accompanist, Kevin, and their new friend, Michael. Front row: Joyce Cassidy, From left: Jim Wilson, Anne Rudolph, Mary Perry, Janet Wilson, Paula Saucier, Rebecca Redington, Michael Chisholm, Kevin Gunia, Meryl Hansen, and Alyce Owens. Back row: Virginia Kondakjian.

A Little Sunday Music: Three Fall Concerts

By Mary Jane Brubaker
This fall, residents can enjoy three Sunday afternoon concerts without leaving the community. Each program begins at 3 p.m. in the Meet-

ing House, a quick ride or walk to a venue that musicians praise for its excellent acoustics. Tickets are \$10 per person - an exceptional bargain for live classical and opera performances - and are on sale now at E&R in the Clubhouse.

The series opens on Sunday, Oct. 25, with pianist Jennie Liu in a recital titled "Order & Passion." The program features music of Bach, Beethoven, Brahms, and Chopin - composers whose work balances structure with feeling, discipline with fire. It is an afternoon built for listeners who love the piano at its most eloquent.

Two weeks later, on Sunday, Nov. 8, pianist Jorge Tabares returns to Rossmoor and brings cellist Tsung-Yu Tsai with him. Tabares gave an outstanding piano recital here last season; this time the stage becomes a conversation between piano and cello. Tsai, a Taiwan-born cellist, who has performed at Carnegie Hall, Lincoln Center, and other major venues, is a compelling partner. Residents who enjoyed Tabares last year will not want to miss this reunion.

The third program, on Sunday, Nov. 15, is something Rossmoor has not offered before: an opera concert about desire titled "The Price of Wanting." Operallora, a New Jersey-based nonprofit company founded and led by soprano Amanda Santos, will present arias and ensembles that have held audiences for generations.

The program includes Gounod's dazzling "Ah! je ris de me voir" and the swaggering "Le veau d'or" from "Faust," Massenet's poignant "Adieu, notre petite table" from "Manon," Bizet's sultry "Habanera" from "Carmen," Mozart's seductive "Là ci darem la mano" from "Don

Giovanni," Puccini's haunting "Un bel dì, vedremo," and Verdi's beloved quartet "Bella figlia dell'amore" from "Rigoletto Santos" will be joined by vocalists Donny Leclerc, Jessie Downs, and Robert Flora.

Operallora's mission is to make opera immediate, relevant, and closely connected to the world around us - an ideal fit for an intimate venue.

Mark the dates: Oct. 25, Nov. 8, and Nov. 15. All three concerts are on Sundays at 3 p.m. in the Meeting House. Tickets are \$10 and available at E&R in the Clubhouse. Come early, sit close, and let the music do the rest.

Delivery of The Rossmoor News

The Rossmoor News is delivered to each household through a mailing service. The publication is expected to arrive at your home during the first week of each month. A digital version of each month's issue is available by the first day of each month and is generally updated to Rossmoor's website on the first working day of the month.

pb&j
princeton bone and joint

REGAIN MOBILITY. RESTORE YOUR LIFE. EXPERT JOINT REPLACEMENT SURGERY WITH CUTTING-EDGE PRECISION

Princeton Bone and Joint specializes in robotic-assisted and customized joint replacement surgery, providing advanced solutions for patients suffering from arthritis, joint degeneration, and mobility issues.

- ◆ Mako Robotic-Arm Assisted Surgery for Total Knee, Total Hip, and Partial Knee Replacement
- ◆ Biomet Signature Reverse Total Shoulder Replacement for precise, personalized results
- ◆ Minimally invasive techniques for faster recovery and improved outcomes
- ◆ Greater accuracy, less pain, and shorter rehabilitation time
- ◆ Functional Alignment only possible with Robotics- improved TKR satisfaction.
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Spaghetti Dinner

(Continued from page 1)
friends, and family for the reasonable price of \$25, which includes tax and tip. You'll enjoy a mouthwatering and abundant meal consisting of tossed salad, spaghetti with Patrick's fabulous meatballs, Italian bread and butter, and a delicious dessert with your choice of coffee or tea. Sodas are available, but since it's a BYOB affair, please feel free to bring your own beverage of choice.

If you're new to our community, or have never attended before, come and find out why this evening is considered one of the most popular, delicious, and fun social events of the year. This Spaghetti Dinner was begun and run for many years by the Kiwanis Club of Rossmoor, which is no longer. Since 2018 the Rossmoor Community Church has offered it as a fundraising event, with the same delicious menu that's been served by the renowned Chef Patrick and his Top Hat staff for 24 years!

If you're a fan and look forward to this dinner every year, you know how fast these tickets sell out, so make plans now to get yours early, especially if you're looking for multiple seats together. For advance reservations, call Alyce Owens at 609-860-0866 now, or purchase tickets in the Clubhouse Red Room Oct. 12 -16 from 10 a.m. to noon.

Whether reserving early or purchasing tickets in the Red Room, please provide names of all those in your party for reserved seating. Make checks payable to Rossmoor Community Church and bring your appetite. We look forward to seeing you on Thursday, Oct. 22.

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Five Generations Gather for a Family Visit



On a recent summer day in August, Al McVicar was visited by his family. Al is affectionately called Pops by his daughter and Pop-Pop by Audrey, Audrey Ann, and Max. Pictured with Al from left are his daughter, granddaughter, great granddaughter, and one great-great grandson.

Fire, Smoke, and Surprise Raku and Pit-Fired Pottery

By Mary Jane Brubaker

Longtime potter and teacher Joanne Traskiewicz is bringing two of ceramics' most dramatic - and oldest - firing methods into the Gallery. Her exhibit in October features her raku and pit-fired pottery, photographs of both processes, and step-by-step explanations of how each method works.

Visitors will see finished vessels alongside images that follow the work from raw clay through fire, smoke, and the moment the piece is pulled from the heat. Tradi-



Joanne Traskiewicz carefully using long tongs to take her vase out of a raku kiln.

tional kiln firing - the low-fire, mid-fire, and high-fire work familiar to those using the regular electric kiln in the Clubhouse - is not part of this show. Joanne is focusing on alternative firings, where flame, smoke, and chance leave their mark on the clay.

Raku ware took shape in late-16th-century Japan and was originally a key part of the traditional Japanese tea ceremony. Today, artists apply one or more glazes to a vessel before putting it into a Raku kiln, which is then lit and covered. The resulting smoke and lack of oxygen create crackle, metallic flashes, and carbon-black unglazed areas. No two pieces come out the same.

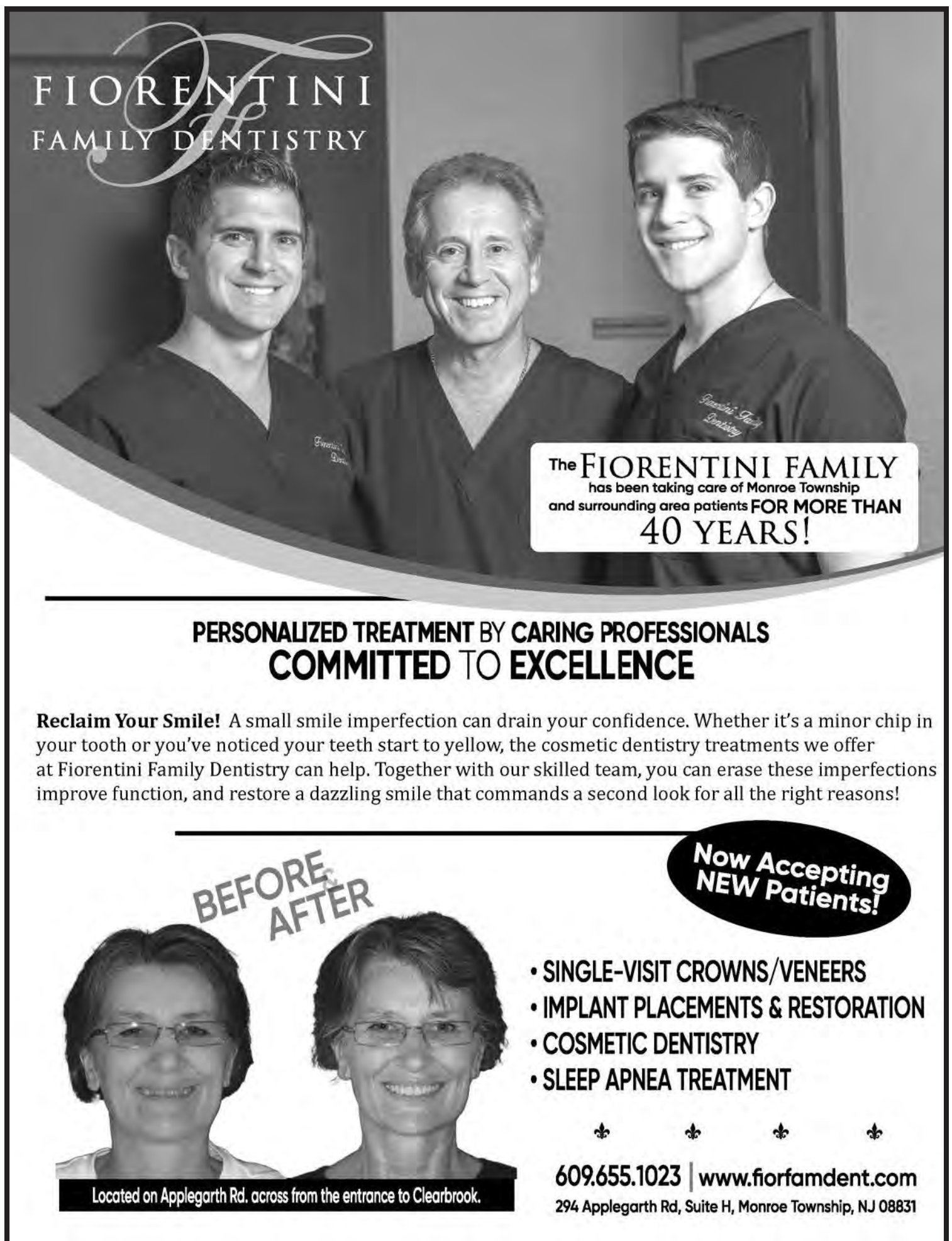
Pit firing is older still. It is the earliest known way to fire pottery, used in prehistoric times long before enclosed kilns existed. Unfired pots are nested in a pit with wood, sawdust, leaves, and sometimes salts or metal oxides. The pit is set on fire and tended until the fuel burns down. Temperatures stay lower than in a modern electric kiln, and the results are earthenware surfaces patterned by smoke, ash, and

mineral fumes. Pit-fired work is often left unglazed; color and pattern come from the fire itself.

Most pottery made in electric kilns follows a different path. Clay is usually given a first "bisque" firing in an electric kiln so it becomes ceramic but remains porous enough to accept glaze. A second firing then melts the glaze. Low-fire produces colorful earthenware. Mid-fire results in durable stoneware. High-fire yields dense stoneware and porcelain. The electric kiln makes these controlled firings possible. Raku and pit firing trade that control for immediacy, risk, and surfaces that only smoke and sudden heat can create.

Joanne has spent many years making pottery and teaching others. This exhibit invites viewers to see not only the finished work but the methods behind it - how a tea bowl once destined for a Kyoto ceremony and a pot buried in a prehistoric fire pit still speak through contemporary clay.

Be sure to stop by the Gallery this month to experience this unique exhibit.



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CULINARY CORNER

By Sidna Mitchell

Applesauce Cake for You or Colonials

When I think of George and Martha Washington staying in Morristown, I let my imagination create various scenes. Since they were known for entertaining, even during the Revolutionary War, I can imagine delicious meals for their distinguished visitors in the Jacob Ford Mansion. George supposedly enjoyed dancing so I can envision him dancing with young Eliza Schuyler when she wasn't in the arms of her new-found love – Alexander Hamilton, the general's aide-de-camp.

Since the 1779-1780 winter in Morristown was much colder than that of Valley Forge, the women and the men would have obviously been concerned about keeping warm. I can't help wondering who was responsible for chopping wood for the fireplaces and keeping the fires going at all hours.

At other times, I can almost hear Martha and Theodosia Ford, her host, discussing what to have for dinner as they gathered in the crowded kitchen. After all, meals were needed for the five members of the Ford family as well for the Washingtons, their servants, and the army officers. Where would they get the provisions for fancy meals, simple suppers, or a tasty sweet treat? Perhaps, since it was winter, there would be enough meat, cornmeal, apples, and nuts, for example, from local

Panic in the Streets

(Continued from page 7)

ever, they are attacked and instantly vaporized by a heat gun along with many of the spectators.

With shocking screams in the background, the reporter describes what he sees as the broadcast suddenly goes silent. Then an announcer explains that the broadcast was interrupted due to transmission difficulties.

Within a short time, the program covers the New Jersey State Militia's counterattack and the beginning of the War of the Worlds. More cylinders are falling from the sky across the country. Many contain giant tripod robots, also mounted with heat-ray weapons.

Unfortunately, my article is becoming too lengthy, and I'll have to fast-forward to the outcome of this war between two planets. Those Martians were beating the hell out of the good guys (that's us Earthlings), and even our biggest cities were being overrun, leaving countless citizens enslaved or dead.

Just when all seemed lost, a hero comes to our rescue. No, it wasn't John Wayne. It was a little pathogenic germ to which our invaders had no immunity. It killed the Martians and saved Earth from destruction. The End.

farms, such as the one of Henry Wick over in Jockey Hollow.

Perhaps Mrs. Ford or Martha's cook might have made an applesauce cake similar to one I have made for a couple occasions. Maybe they even substituted a dried fruit like I did when I needed

to use up some dried figs instead of dates that the original recipe stated. Although I often use pecans in my breads and muffins, more than likely walnuts would have been used in the North.

Here's a delicious treat for today or even back in colonial times.

Applesauce Cake

- 1 stick butter, softened
- 1 cup sugar
- 1 egg, well beaten
- 1 teaspoon vanilla
- 1 cup chopped dried figs
- 1 ½ cups applesauce

Preheat oven to 350 degrees.

Cream butter and sugar; add egg and the vanilla.

Add the remaining ingredients and blend well.

Pour into two well-greased loaf pans.

Bake in 350-degree oven for about an hour or until an inserted toothpick comes out clean.

I can be reached via email at sbmcooks@aol.com.

Culinary Corner

- 1 cup chopped nuts
- 1 cup chopped raisins
- ½ teaspoon cinnamon
- ¼ teaspoon ground cloves
- 2 cups flour
- 2 teaspoons baking soda

Clubs and Organizations

Italian American Club

By Tony Cardello

Due to certain reasons, Joe Conti resigned as president of the Italian American Club. The new president will be Bob Macchiarola.

The trip to Wind Creek Casino on Sept. 17 was sold out and another success for the club.

The month of October will bring back our most popular social event, Rossmoor Downs 2, on Saturday, Oct. 10, at 6 p.m. in the Ball-

room at a cost of \$10 for members and \$15 for non-members. Remember to bring your own food and snacks. Beverages will be provided.

The next membership meeting will be on Wednesday, Oct. 21, at 7 p.m. in the Ballroom. There will be a presentation by the Monroe Twp. Fire Department.

Bingo will be played on Friday, Oct. 23, at 6:30 p.m. in the Ballroom.

Veterans Honor Dennis Haggerty



Honoring Dennis Haggerty. From left: Brandon, Austin, Dottie, and Cyndi Haggerty

By Jim Wilson

Members of the Rossmoor Veterans Group recently gave a final salute to one of their own, Dennis Haggerty, who passed away in April of this year. In a solemn ceremony, Dottie Haggerty unveiled his name on the veterans' "Roll Call for the Missing" plaque. Dennis was a friend and longtime member of the group.

Spokesman Joe Salzano said, "We honor and remember the passing of Dennis Haggerty, an Army veteran during the Vietnam era. It is our honor to have Dottie and

her family here."

And veteran Tommy Croake told the crowd that Dennis will be "always in our heart and in Rossmoor hearts forever." The plaque now hangs in the Honor and Remember Alcove in the Clubhouse.

Also at that meeting, veteran Roy Will showed the group a collection of black and white photos shot during his time serving in Vietnam. He had found a roll of old negatives stashed in a drawer, and recently a friend was able to convert them digitally, allowing

(Continued on page 9)

Rossmoor Dance Club’s Halloween Hop



Last month’s “Sock Hop” was a blast! From left are Ella Almodovar, Debbie Sills, Sue Thomas, Betty Anne Clayton, Lorraine Giaquzzi, Donna Muroff, and Keiko James.

By Debbie Sills

Where did the summer go? It’s October already, and our dance falls on Halloween. So, it’s time for those cute, ghoulish, or just somewhat outrageous costumes for our Haunting Halloween Hop on Saturday, Oct. 31. Why not have a costume theme for the people sitting with you at your table?

The dance runs 7 - 10 p.m. in the Ballroom, and the club will provide light beverages and snacks and, of course, some candy. Be entertained by DJ Angelo as we dance to a variety of music types with a range of dance styles, singles and couples

Dennis Haggerty



A young Roy Will with one of the boys who took him to the zoo.

(Continued from page 8)

Roy to see the images for the first time in 60 years. Some of the photos show the Saigon Zoo.

Roy served in Vietnam from November 1965 to September 1966. One day when he was off-duty, Roy put on civilian clothes and decided to go into Saigon. “I became a tourist,” he said.

“Two little kids came up to me. They wanted to take me somewhere and I figured, ‘What do I have to lose?’”

After the boys hailed a pedicab, Roy got in and they went to the zoo. Roy reminded the crowd that there, in one of the cages, was a silverback gorilla. It came up to Roy and the boys, and Roy reached out and scratched its back. That’s why the veterans refer to Roy as “The Zookeeper” to this day.

There is a photo that shows Roy and one of the boys who took him to the zoo. “I was young once,” he said. “This was 60 years ago in 1966. You can see how skinny I was back then.”

Sometimes, it’s amazing the memories you can find stashed away in drawers or in cabinets or closets. You never know what may turn up.

The Rossmoor Veterans Group meets the second Tuesday every month at 10 a.m. in the Ballroom. All veterans are welcome to attend.

dancing, line dancing, and even belly dancing if that is your thing - now, that could be a costume theme idea.

To reserve a seat or seats, please complete the reservation form found in the carousel close to E&R in the Clubhouse. Then enclose the form in

an envelope along with your payment for everyone you list on the reservation form. Put that envelope in the box labeled “Dance Club,” opposite the photocopier near E&R. You can also mail your reservation form to Presi-
(Continued on page 10)

A Tribute to Jimmy Hogan



The Rossmoor Veterans Group gathered to honor one of their brothers, James (Jimmy) Hogan when a bench on the corner of Old Nassau Road and Yardley Way was dedicated in his memory. Jimmy was a member of the military police with the Army during the Vietnam War. Maria Hogan their son James and their granddaughter Paige, unveiled Jimmy's plaque that read: “Honor and Remember Jimmy Hogan Army Veterans Group.” Pictured are the family and friends who gathered to pay tribute.



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African Heritage Group's Karaoke Night



The AHG hosted a great night of music, dancing, delicious food, and lots of laughs at "Not Your Typical Karaoke Night."

By Deborah Jackson

The African Heritage Group's "Not Your Typical Karaoke Night" was a tremendous success, bringing residents together for an evening filled with music, laughter, dancing, delicious food, and plenty of fun at the Clubhouse.

The Clubhouse was filled with an enthusiastic crowd

ready to sing, dance, participate, and enjoy one another's company. The energy was lively from the very beginning, creating a wonderful atmosphere for everyone to relax and have a great time.

The evening featured much more than traditional karaoke. Guests enjoyed performances by the "Divas," including individual divas who stepped up to showcase their voices, as well as a special male "Temptations" group that entertained the crowd. The music kept everyone engaged, and dancing continued throughout the evening. Guests enjoyed line dancing and plenty of free-style dancing, with many people getting out of their seats to join in the fun.

There were also plenty of interactive activities. "Pass the Mic Musical Chairs" brought laughter and friendly competition, while the "Who Am I?" music event challenged participants to identify songs and performers. Sing-alongs gave everyone an opportunity to grab a microphone and join the fun - whether they were seasoned singers or simply wanted to participate.

And, of course, good food helped make the evening complete. Guests enjoyed delicious refreshments while mingling, laughing, dancing, and cheering on one another.

The success of the evening was evident in the size of the crowd and the smiles, laughter, and energy throughout the Clubhouse. "Not Your Typical Karaoke Night" was truly a celebration of community and connection. Residents came together to enjoy great music, good food, entertainment, and each other's company.

The African Heritage Group (AHG) is proud of the success of "Not Your Typical Karaoke Night" and grateful to everyone who came out and helped make the evening so special. It was a memorable night filled with music, laughter, dancing, friendship, and community spirit - a wonderful example of what can happen when neighbors come together to celebrate and have a good time.

For photos, you can check out AHG's group page on Facebook @ AHG at Rossmoor.



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Chorus Hits the Ground Running

By Jason Salt

The Rossmoor Chorus began rehearsing for its new season on Wednesday, Sept. 9, in planning for its appearance for the Rossmoor Community Church service held on Sunday,

Sept. 20, in the Meeting House. The group unveiled a song that is new to them, the lovely "Prayer for Peace."

The Chorus' next fall performance, also at the church service in the Meeting House, will be on Sunday, Oct. 18.

Dance Club

(Continued from page 9)

dent Armen DeVivo, 449-B Roxbury Lane. Her telephone number is 609-655-2175 if you have questions.

We have a lot of people who want to attend, and we only have a maximum number of seats available. Please make sure to get your payment in by Wednesday, Oct. 28, to ensure you get a seat, particularly if you are with a group and want to be seated together.

Join us for a "boo-tiful" night of fun and music.

There is more music to come, of course, so watch this space. And if you're interested in singing soprano, alto, tenor, or bass, feel free to drop by a rehearsal in the Meeting House (Wednesdays 3:30 - 5 p.m.) or email Chorus Director Aimee Coleman at boysandcurls@yahoo.com.

Rossmoor's Website

Go to rcainj.com to access the Rossmoor website. The Amenities page features the ability to access Channel 26 slides anytime. Check it out.

Religious News

The Catholic Society News Update

By Sheila McCue

October arrives with changes in the tree leaves and busy plans for this month and the upcoming holiday season. Traditionally, the October celebration of mass in the Meeting House is an opportunity to celebrate Italian-American heritage and the many contributions these members of the community have made to both Rossmoor and the USA. It's coming up early in the month, so please join us on Thursday, Oct. 8, for this celebration.

Having enjoyed watching the previous seasons of "The Chosen" together in the Clubhouse, our residents are looking forward to the premier of season six next month. It will be available first on Prime streaming and later on the free "Chosen" app/streaming service.

The Catholic Society plans to screen it for you in the Clubhouse as soon as the DVDs are available. This is the season that will culminate with a movie theater debut for the final episode depicting the events of Good Friday. We look forward to seeing that at movie theaters in the spring of 2027.

November is also the time of year for our traditional

mass with the anointing of the sick. This is scheduled for Thursday, Nov. 12, at 1:30 p.m. in the Meeting House.

In observance of Advent, which begins on Sunday, Nov. 29, we are planning two events: Advent by Candlelight and our Posada Procession that was so well received last year. The Posada will be part of our December mass on Thursday, Dec. 10. Keep your eyes on this space and our Facebook page as well as Channel 26 for continuing Catholic Society updates. Volunteers are needed to host individual tables at the Candlelight event.

We continue to build our membership list. To be included in our membership list, please email your name, address, cell phone number, and email address to readermccue@yahoo.com. Put "Catholic Society member" as your subject line. Rest assured you will not be inundated with emails.

Volunteers for the Advent by Candlelight event can also contact us through email or contact a member of the Catholic Society Board: Lucille Conti, Joanne Malick, Pat Parisi, and Sheila McCue.

Final RJC Game Day of the Year



Enjoying a Rummikub at Game Day sponsored by the Rossmoor Jewish Congregation on Aug. 12 were from left: Judy Gamache, Terry O'Connell, Rhona Friedman, Linda DeSapio, and Frances Shannon.

By Barbara Herman Hoff

The final Game Day of the year, sponsored by Rossmoor Jewish Congregation (RJC), will be held on Wednesday, Oct. 14, from 11 a.m. to 4 p.m. in the Ballroom. We will be serving egg, tuna, or chicken salad sandwiches on a roll with salads and desserts. The cost is \$20 per person. Flyers are in the stand in front of

E&R. Be sure to indicate which sandwich you want. RSVP by Wednesday, Oct. 7. Send form and check to Morty Wall, 450-A Roxbury Lane.

Everyone is welcome. Bring your favorite game and be ready to meet great people and enjoy a game of your choice. Any questions, please call Scott Hoff at 902-705-3422.

October Jewish Congregation Services



By Adrienne Brotman

Join us for the following service: Yizkor (Memorial Service) on Saturday, Oct. 3, at 10:30 a.m.

Come and celebrate Sandy Steinberg's birthday, on Friday, Oct. 9, when Sandy will sponsor the refreshments after the Sabbath service at 7:15 p.m. Friday, Oct. 23, will once again be a Sabbath Service at 7:15 p.m.

All services are in the Meeting House. All are welcome.

If you would like information about the congregation, contact Barbara at 973-476-5702. If you would like a ride to services, contact Morty at 732-299-7501.



Veterans Group Welcomes Members

All Veterans, come join us at our meeting at 10 a.m. every second Tuesday of the month in the Ballroom.



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Dr. DeFazio has been practicing for over 30 years, is married, and has three daughters and three grandchildren. He enjoys spending time with his family and at his favorite pursuits which include golfing and vintage cars.

Dr. DeFazio is a graduate of Temple University and UMDNJ. He is a past Clinical Instructor at JFK Medical Center and a past Board Director for the American Red Cross.

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Ladies of Mutual 4B Enjoy Summer Party

Games, laughs, and birthday greetings were shared at the summer gathering of Mutual 4B. Happy birthday to Carol Gyskiewicz, Caroline Clark, Delia Gaines, Joan Clayton, Joan Russo, Lin Richelsen, Linda Ikeda, Lee Hyman, Miasha Linda Melvin, Sara Torres, and Youngae Lee.



Mutual 14 Barbecue a Success

The day was hot, but our friends were cool at the Mutual 14 barbecue on Aug. 13 in the Dogwood Room. We enjoyed delicious food and great company. We had such a great time that the group decided to socialize at least twice a year. Front row from left: Tom Walsh, Helen Madden, and Edie Zimmerman. Back row from left: Ruth Mazujian and Bob Gleason.

HEALTH CARE CENTER NEWS

A Healthy Mouth Matters More as You Age

By Lisa DiGiovanni, EdD, MSN, RN, MEDSURG-BC, CHSE, and Elizabeth Caruso, MSN, RN, COHN-S, Saint Peter's Univ. Hospital

Taking care of your teeth and gums has always been important. As you get older, good dental care can become even more important to your comfort, nutrition, and overall health.

With regular dental care and good habits at home, many people can keep their natural teeth throughout their lives. Older adults, however, can face dental problems that may deserve closer attention.

Watch for dry mouth

Dry mouth is common among older adults, but it is not simply a normal part of aging. Medications and certain health conditions can reduce the amount of saliva your mouth produces.

Saliva helps wash away food, neutralize acids, and protect teeth from decay. When your mouth becomes persistently dry, your risk of cavities can increase.

Tell your dentist if your mouth frequently feels dry or sticky. Drinking water regularly and using products designed for dry mouth may help. Your dentist can also look for the cause and recommend ways to protect your teeth.

Gum disease can develop quietly

Gum disease is another concern as you age. It begins when bacteria and plaque collect around the teeth and gums. Early gum disease can cause redness, swelling, or bleeding. More advanced disease can damage the tissues and bone that hold teeth in place.

The problem is not always painful. You may have gum disease without realizing it, which makes regular dental examinations important.

Brush your teeth twice a day with fluoride toothpaste and clean between your teeth daily with floss, interdental brushes, or another product recommended by your dentist. Professional cleanings can remove hardened deposits that brushing cannot.

Pay attention to changes in your mouth

Regular dental visits also give your dentist an opportunity to look for other problems, including broken teeth, poorly fitting dentures, and suspicious changes in the mouth.

Oral cancer becomes more common with age. A sore

(Continued on page 13)

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Rossmoor
Wants to Know

By Penni McOlvin and
Helene Gray

With fall fast approach-
ing, how do you feel about
daylight saving time all
year?



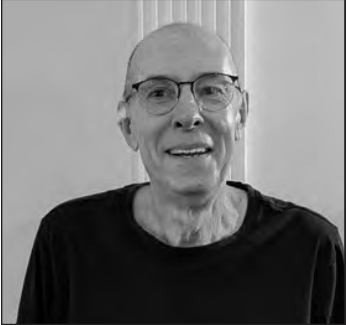
Linda Ikeda

I realize there are good
health and safety issues on
both sides of the question,
but I personally love having
an extra hour of daylight in
the evening.



Robert Cron

I am opposed. I dislike the
dark winter mornings, and I
do not mind changing the
clocks twice a year. It is a
divisive issue, and you can't
please everyone.



Richard Stults

I'm okay with the time
changes. It's just a matter of
adjusting all my clocks in my
house.



Robin Kelly

I really have no prefer-
ence about daylight saving
time. I like to go with the
flow and I never mind
change. Getting dark early
has no effect on me. Dark
at 5 p.m. means nothing to
me, because I am retired
and do everything I want to
do during the day. If you
ask anyone who knows me,
they would say I am easy to
please and never complain
about anything. So I'll be
fine if the clocks go forward
or backward as long as
they keep ticking!



At a recent family celebration, from left: Lorraine Garguilo,
cousins Bobby and Muriel Erickson, and Pat Cassaro.

Our Multigenerational Family Series Continues

By Josephine Genovese

For 60 years, The Rossmoor
News has been more than a
publication - it has been a gath-
ering place for the stories that
shape our community. Our
multigenerational series contin-
ues to highlight the families
whose connections to Ross-
moor span decades and gen-
erations. Rossmoor has always
been the kind of place where
people arrive carrying moving
boxes and soon find them-
selves building memories that
last a lifetime.

This month, we share the
story of cousins Pat Cassaro
and Lorraine Garguilo, whose
family found not only a home
here, but also a place where
traditions, loved ones, and gen-
erations came together.

Pat and Lorraine's Story

Pat Cassaro and Lorraine
Garguilo are first cousins. Pat
is the daughter of Dorothy and
Dave Ianiro, while Lorraine is
the daughter of Josephine and
Michael Sforza. Their mothers
were sisters, so the cousins

grew up side by side, sharing
holidays, milestones, and
countless everyday moments
together.

The first of their Brooklyn
family to arrive in Rossmoor
were Uncle Bill and Aunt
Gladys D'Onofrio in 1981. Bill
was Pat's father's cousin, best
man at Dorothy and Dave's
wedding, and Pat's godfather.
A few years later, in 1984,
Pat's parents moved to 560-N
Tilton Way. When the condo
below them became available,
Lorraine's parents moved into
560-A, creating a true up-and-
down family home. In 1987,
their mother's other sister, Amy
Marino, joined the circle at 645-
A Old Nassau Road. Amy had
been the maid of honor at
Dorothy and Dave's wedding
and was also Pat's godmother.

With all three sisters living
just steps apart, the family
found themselves reunited in a
way that felt almost magical.
Pat and Lorraine remember
how easy it was to visit - one
trip to Rossmoor meant seeing
(Continued on page 14)

A Healthy Mouth Matters

(Continued from page 12)

that does not heal, a persis-
tent lump, unusual bleeding,
difficulty swallowing, or a red
or white patch in the mouth
should be evaluated by a
health professional.

Do not wait for pain before
making a dental appoint-
ment. Many dental problems
are easier to treat when dis-
covered early.

Dentures need care, too

If you wear full or partial
dentures, oral hygiene re-
mains important. Dentures
should be cleaned regularly
according to your dentist's
instructions. Your gums,
tongue, and other areas of
your mouth also need atten-
tion.

Dentures can become
loose as the shape of your
mouth changes over time.
Do not try to repair or adjust
them yourself. A dentist can
evaluate the fit and check the
tissues underneath them for
irritation or other problems.

Good dental health
supports everyday life

Healthy teeth and gums
make it easier to eat a varied
diet, speak comfortably, and
enjoy daily activities without
dental pain.

Tell your dentist about your
medical conditions and the

medications and supple-
ments you take. Your oral
health and overall health are
connected, and this informa-
tion can affect the dental
care that is appropriate for
you.

Most importantly, do not
accept tooth loss, pain, or
difficulty eating as inevitable
consequences of getting
older. Good daily habits,
regular professional care,
and early attention to prob-
lems can help protect your
smile and quality of life for
years to come.

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A Spooktacular Look Back at Last Year's Halloween Dance



At last year's Halloween Dance from left: Noreen Tarwacki, Mary Trainor, Judi Frey, Diane Brown, and Robin Doherty.

By Josephine Genovese

With this year's Halloween Dance coming up on Friday night, Oct. 30, it's exciting to wonder what characters and costumes will soon take center stage. If last year was any

indication, we're in for another night of fun, laughter, and plenty of Halloween spirit.

I recall the unforgettable spectacle that was last year's Halloween Dance. And what a

night it was with a delicious blend of costumes, camaraderie, and just enough chaos to keep things interesting.

Who could forget the Bone Jovi Band? The skeletal rock stars who managed to steal the show without playing a single note. Their bone-chilling poses alone had everyone laughing, and we can only hope they rise again for an encore this year.

The Queen of Hearts made quite an entrance too, gliding through the ballroom with full royal attitude. I noticed a few people even bowed.

We also had a police officer and jailer duo patrolling the room with impressive seriousness; however, it seemed their real mission was keeping an eye on the devil, who spent most of the night tempting guests toward her dessert table.

Then there was the nurse diagnosing "dance fever." She stayed busy, administering playful prescriptions for more time on the dance floor, reminding everyone that the only real treatment was to keep moving.

Frankenstein's Bride made an electrifying entrance. Meanwhile, GI Jane marched in with perfect precision, earning admiration for her commitment to camouflage chic.

King Tut also made an appearance, wrapped in gold

Family Series

(Continued from page 13)

nearly their entire family, all within a few doors of each other.

They fondly recall Sunday dinners at their parents' homes and how beautiful the community looked - the homes, the Clubhouse, the landscaping - like a little Cape Cod village tucked away in New Jersey. Summers were especially joyful. As self-proclaimed "pool people," Pat and Lorraine loved bringing their children to the pool, watching them play, and remembering when a diving board stood over the deep end.

The whole family belonged to the Dance Club and enjoyed

many wonderful evenings together. Pat's parents also hosted memorable celebrations at the Clubhouse, including their 40th wedding anniversary in the Ballroom, complete with a live band, dancing, delicious food, and a room full of family and friends.

The last of the sisters, Aunt Amy, passed away in 2012 and left her home to Pat and Lorraine. With Pat widowed and retired, she chose to move to Rossmoor full-time and enjoy "the Rossmoor life." Lorraine now splits her time between Rossmoor and Staten Island, where she continues to enjoy family and friends in the community her family has cherished for generations.

Trivia Answer Key

(Continued from page 7)

- 1 - B
- 2 - C
- 3 - C
- 4 - A



and royal confidence, pausing every so often to strike a pose worthy of a museum exhibit. And the lone Scotsman - kilt, tartan, and all - brought his own brand of charm to the dance floor.

But one of the most creative costumes of the evening had to be the resident who came dressed as the game of Twister, complete with

bright circles and a working spinner. Every spin set off a round of laughter, and one could not help but admire the bravery required to navigate the evening dressed as a human Twister game.

It truly was a night filled with imagination, humor, and the reminder that we're never too old to dress up and have a little fun.

October's Harvest Should Benefit Everyone

By Barbara Herman Hoff

The fall harvest is a time of plentiful crops. We all enjoy the fall fruits and vegetables that are available at the fresh farm stands and in our local grocery stores. It is a time to prepare for winter by canning or freezing the harvest.

However, what do the nutritionally challenged do? They often do not have the funds to stock up on fresh produce. This is not a recent social problem. In Leviticus 19:9-10 in the Old Testament - acknowledged by both Judaism and Christianity - farmers are told not to reap the very corners of the field or gather every grape from the vineyard, leaving the rest for the poor and the foreigner.

Since most of us are not farmers, there are still things we can do. Donations of food or money to REPLENISH Food Bank, formerly known as MCFOODS, in East Brunswick; Feeding Middlesex County; Rise Choice Pantry in Hightstown; and the Monroe Township Food Pantry at the Senior Center are four options. Many houses of worship have food drives as well as do several clubs, groups, and organizations right here in Rossmoor. Even the Monroe Township Community Gardeners provide fresh produce for the food pantry.

I often hear people say, "I am one person, what difference would my actions make?" The truth of the matter is we can all make a difference.

Collect your change daily and donate it to any of the above-mentioned groups or a charity of your choosing. Volunteer at a soup kitchen like Elijah's Promise Soup Kitchen in New Brunswick. Donate, cook, or deliver meals for Rossmoor's Soup for Seniors. Participate in the Thanksgiving program, run by Rossmoor's Interfaith Council, that provides Thanksgiving meals for our homebound residents and their caregivers. These are just a few options.

Every day, I am grateful for all that I have. I have a roof over my head, food in my freezer, a community that I can rely on if I need it, and general good health. The little I can do does make a difference.

My goal for the future is to try to donate, volunteer, and care a little more for those in need. I encourage everyone to join me. Together we can all make a difference.

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Rossmoor Hosts Shuffleboard Mayor’s Cup

On Sept. 4, our Rossmoor Shuffleboard players competed on our courts against five teams for the annual Monroe Township Mayor’s Cup trophy. Rossmoor’s players were the team to beat after last year’s decisive victory, and the competition was ready for us. Concordia, our top rival, came out on top this year and took the cup home. This year’s Rossmoor team, from left: Glenn Harmer, Team Captain Bob Gleason, Dottie Shymko, Angel Espinosa, Debra Salazar, Paul Boisvert, Lois Mitchell, and Michael Fisezi. Antonino Furnari is missing from the photo.

Photo By Nenita Francisco

Baseball Memories — Fall Classic



Terre Martin, a baseball fan at the age of 15 months.

By Terre Martin

For me, October means the World Series. Ever since I was a little girl, I rooted for the Yankees. Mickey Mantle was my big crush, and Yogi Berra could have been my uncle. This year, “Old Timers Day” and the “Field of Dreams” game in Dyersville, Iowa, set

me on a road of nostalgia.

I found out that Mickey Mantle was once clocked running from home to first base in 3.1 seconds. Lou Gehrig told the fans “I’m the luckiest man alive,” even though he had a deadly disease. Announcer Mel Allen drank Ballentine beer while on air. He also coined the homerun shout, “Going! Going! Gone!”

Of course, Yogi Berra is famous for reminding us that, “It ain’t over ‘til it’s over,” “When you come to a fork in the road, take it,” and “Always go to other people’s funerals; otherwise, they won’t come to yours.” The best one for me is, “The future ain’t what it used to be.” How did this guy know so much?

When I was a kid, games were played during the day. My sixth-grade teacher, Mr. Ritzer, used to put the game on and give us projects to keep us occupied while we

listened to the radio. (Can you imagine that in today’s classrooms?) I saw one of the last double headers that Mickey Mantle played. He was pretty crippled by that point, but he showed up for the fans. He got a hit and hobbled to first base. He was tagged out, but he made the effort.

This year’s “Old Timers Day” featured names that didn’t seem that old: the great Yankee closer Mariano Rivera, catcher Jorge Posada, manager Joe Torre, and even Todd Frasier, a Toms River, N.J., kid who played for Rutgers, the Yankees, and the Mets. The cameras caught behind-the-scenes shots of current players chatting with the masters. They were just as awed as the fans. It was also wonderful to see the players reunite, hug, tell embarrassing stories about each other, and soak in the atmosphere where they used to play.

The “Field of Dreams” pregame gave me chills. Watching past baseball greats emerge from the corn field in Iowa was an incredible sight. Hall of Famers like Twins superstar Byron Buxton and Phillies slugger Kyle Schwarber opened the event. Steve Carlton, Mike Schmidt, Tony Perez, and Scott Rolen were there, too.

There is something about this game that cannot be duplicated. It gives us joy, heartache, and lots of memories. It’s full of statistics, precision, and pure emotion. It’s heroes like Babe Ruth, Joe DiMaggio, Pete Rose, Reggie Jackson, Shoeless Joe Jackson, and Ty Cobb who were imperfect men that gave perfect performances.

The World Series is the finale of a long and grueling season that gave us lots to talk about, bet on, and argue over. When I watched those “old timers,” I wondered how they got that old. Wasn’t it just yesterday that I was cheering for them from my sixth-grade classroom?

Waltzes and Football

By Sidna Mitchell

What a fun evening – wonderful music and a chance to see a young man all grown up and doing well. Now with a PhD in composition, he’s Dr. Kevin Gunia, but when I first knew him, he was still a college kid. His first job was pianist with the Rossmoor Chorus, and he also became the pianist and organist for the Rossmoor Community Church when I was Church Council Chair.

The fun and wonderful evening was Kevin’s concert with Michael Chisholm, presenting some fabulous ragtime music in the Meeting House in late August. My favorite piece was “Appalachian Lament,” a waltz by Bruce Huddleston.

Ironically, that music took me back to my student days at Ole Miss when I had to take a

PE course before I could graduate. I thought ballroom dancing would be easy, but dancing with big football players was not. (Head football coach Johnny Vault had insisted his players take golf and ballroom dancing to work on their coordination.)

In the ballroom dancing course I usually ended up with Bookie Bolin as a partner. Understand, I’m talking about a six-foot - two, 240-pound guard for the 1960 Ole Miss National Champions. Bookie, by the way, went on to play for the New York Giants from 1962 – 1967 and then for the Minnesota Vikings from 1968-1969.

When we were doing a polka, Bookie would swing me around so much that other dancers would clear the floor.

(Continued on page 16)

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Rossmoor Door Colors

By Sidna Mitchell

When you drive around Rossmoor, you will find a number of black front doors as well as some red ones, and once in a while you'll even see a blue door instead of the usual white entrance. Are these merely a way to make a house more distinguishable, an easy way to identify your house? Or do these colors have a specific meaning? I started my research.

Supposedly, blue on a door is associated with calm and trust. However, considering that blue color, does someone from South Carolina live behind what is considered a symbol of protection? Is that from the Gullah tradition of painting a door a pale blue shade ("haint blue") to keep the evil spirits or the "haints" away? Or is that blue door on an Amish couples' house to note that they have a daughter who is of marriageable age?

There are many black doors on Rossmoor homes. Are folks looking for protection, or does that door symbolize negative energy? On the other hand, if you're into feng shui, that black door could mean just the opposite – a positive energy attraction. Maybe that black door opens into a home of residents who are more reserved or serious than the rest of us.

Now, a gray front door

supposedly shows that the resident is practical and calm and that the gray color gives off a dignified impression.

During Colonial times, a red door was a sign of welcoming and of protection; and this was especially true during the days of the Underground Railroad. The red color of a door could invite good and possibly ward off bad fortune. Or perhaps, that red door just means the residents are bold Rossmoorites.

There are a few green front doors that might symbolize good luck, prosperity, health, hope, harmony, or growth. Most of us can appreciate those first five attributes, but, I, for one, am not interested in growth unless that's in my portfolio and not my personal size.

My research found that a pink door can be associated with warmth and friendliness. I've only seen one pink door in Rossmoor; maybe there should be more pink doors here since Rossmoorites are known for being friendly and outgoing.

Now that I've learned about the color of front doors, perhaps I need to rethink my boring white front entrance and consider some color to match my personality. And, admittedly, I'm almost tempted to knock on doors to verify if the homeowners' personalities and the door color meanings match.

Book Review: "Art Cure"

By Elaine Alexander

This book shares the secret of why engaging in the arts induces happiness and how the arts "improves the functioning of every major organ in the body, even helping us live longer."

The information is good news of the highest order. Doing what we love and enjoy can heal and repress the most debilitating diseases. The author, Daisy Fancourt, is a professor of psychology and provides scientific facts supporting her thesis that the arts can help achieve health goals. She uses case studies and existing scientific research to address dementia, Alzheimer's, mental illness, depression, Parkinson's disease, and pain to emphasize the importance of brain health. Conquering the stress hormone to achieve balance and promote happiness, motivation, and healthy behaviors is part of her general focus.

Arts, in all forms, are discussed with either participation or observance. Visiting museums and galleries are just as valid a "cure" as actively painting or drawing. Frequenting concerts are therapeutic with the same degree as playing a musical instrument. Dance is repeatedly emphasized for its physical and mental engagement as a primary activity for brain health. Not overlooked as creative art therapies, are books, films, photography, interior design, cultural festivals, and heritage sites – basically, all visual arts.

In simple terms, we're compelled to "solve the mystery" in a dramatic theater performance. By manipulating our expectations, we create repeated tension and resolution referred to as the reward network. This ancient

evolutionary "reward network" governs dopamine release producing doses of pleasure to boost our mood. Ms. Fancourt delves into far more documented research to justify the "Art Cure" for skeptics who might doubt her chapter on "Arts Instead of Drugs" or how to reduce the stress of surgery.

The premise that "diversified aesthetic experiences make us feel exhilarated and elated because fundamentally, they are good for us" is welcome knowledge that is verified with Ms. Fancourt's expertise. Combined with diet, sleep, exercise, and nature, she feels "Art is the forgotten fifth pillar of health." Her final chapter on "How to Fix Things" sums up in 10 basic behaviors, a commonsense health plan applicable to all generations and lifestyles.

The Washingtons, Hamilton, and Eliza

By Sidna Mitchell

Morristown is perhaps best known for Washington's Headquarters in the Ford Mansion, 30 Washington Place, and as part of the Morristown National Historic Park, established by Congress in 1933 as the nation's first historic park. Here the general and his staff passed the miserably cold winter of 1779-1780 while the Continental troops trudged through the snow and weathered the blizzards in wooden huts in Jockey Hollow. The Wick House and the encampment at Jockey Hollow were written up in the March Rossmoor News.

Martha Washington joined her husband at the Ford Mansion as did Alexander Hamilton, the general's secretary or aide-de-camp. Other famous folks who visited included the Marquis de Lafayette and General Greene and his wife Catherine. Once Martha arrived in Morristown, there were celebrations although the kitchen was cramped since both families – the Washingtons and the Fords – had to share the facility.

You can visit the Ford Mansion and the adjoining Washington Headquarters Museum on Thursdays through Mondays from 9:30 a.m. to 4:30 p.m. Be sure to park in the upper parking lot nearer the Ford Mansion and the museum. Inside the buildings you will discover household furnishings, books, manuscripts, correspondence, paintings, and weapons.

Thanks to the Washington Association, which bought the Ford Mansion at an auction in 1873, the mansion was saved from destruction. Check the times for the tours of the mansion. For more information, go to the website <https://www.nps.gov/morr/index.htm> or call 973-539-2016.

Historian John T. Cunn-

ham has an excellent book on "The Uncertain Revolution, Washington and the Continental Army at Morristown."

Alexander Hamilton briefly met Elizabeth Schuyler, daughter of General Philip Schuyler, in their home in Albany, N.Y., in the fall of 1777. But the real story – a romantic one – began in early 1780 at her aunt's home in Morristown, N.J. You might say it was "love at second sight" since they got engaged in the 1780 spring and were married that December 14th back in Albany.

Elizabeth, also called Eliza or Betsey, visited her aunt, Gertrude Cochran, who was the wife of Dr. John Cochran, General George Washington's personal physician, during the winter of 1779 - 1780 in Morristown. They stayed in the home of Dr. Jabez Campfield, now known as the Schuyler-Hamilton House, 5 Olyphant Place, that you can visit on Sundays from 1-4 p.m. For more information, check out www.njdar.org or call 973-539-7502.

There are a number of books written about Hamilton but there are also some about Eliza – "Eliza Hamilton" by Tilar J. Mazzeo; a historical novel, titled "The Hamilton Affair" by Elizabeth Cobbs; and a children's book, "The Story of Eliza Hamilton" by Natasha Wing.



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Waltzes and Football

(Continued from page 15)

Once, when dancing to a waltz, Bookie just stopped. I asked him what was wrong.

He answered, "I forgot the steps." I returned, "Bookie, it's just four counts in a square. If you can't remember that, how can you remember all those complicated football plays?"

"Oh, hell. Them football plays ain't nothing," he answered as he started counting, "One, two, . . ."

Well, the football plays might have seemed simple to Bookie; and all those ragtime notes might look complicated to me, but Kevin and Michael made their music seem simply fantastic!

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Please be sure to check your phone or answering machine. All necessary information will be included in the message so you will not need to call the office in return.

Large Non-Nuclear Explosion Just 12 Miles from Your Door

By Allen Kobezak

In 1918, our country became involved in a world war that was supposed to be “the war to end all wars.” Unfortunately, it wasn’t. Thousands of people still sacrifice their lives in endless conflicts more than a century after the “Great War” ended.

On Friday, Oct. 4, 1918, at 7:36 p.m., while World War I raged in Europe, the war touched the lives of the citizens of New Jersey in an unexpected and horrific way. An explosion at the T.A. Gillespie Company in Sayreville killed more than 100 people and injured hundreds more.

The blast, often called the Morgan Munitions Depot explosion, was likely caused by an accidental fire that spread to nearby artillery shells. However, many people at the time speculated that German sabotage might have caused the catastrophe.

You see, the Gillespie plant was one of the largest shell-loading plants in the world during its brief three-month existence. At the time of the blast, the plant, which was totally destroyed, contained enough ammunition to supply the war

effort on the Western Front for six months. Only a massive hole in the earth, 30 feet deep and close to 150 feet wide, remained at the center of the initial blast.

To this day, the number of people killed in this tragedy is only an estimate because the company’s employment records were destroyed in the explosion, and the intensity of the blast left many victims nearest the blast disintegrated.

The initial explosion set off a series of blasts and fires that destroyed more than 300 buildings in the area over the next three days, causing mass confusion and hysteria among area citizens. The explosions shattered windows in buildings as far away as Manhattan. Many loaded artillery shells were launched into the sky over homes and businesses, causing Sayreville, Laurence Harbor, and South Amboy to be evacuated and put under martial law.

Damage to the plant alone was estimated at \$18 million, with millions more in compensation paid to local residents.

Almost a 100 years after

the explosion, evidence of the disaster’s aerial projectiles has been unearthed in the surrounding area of the plant. Some unexploded shells were found in yards or near school playgrounds during construction projects. This led to a more extensive cleanup of the area by the U.S. Army Corps of Engineers, which discovered and destroyed more than 5,000 pieces of ordnance.

Today, the exact cause of the explosion and the identities of some of its victims remain uncertain. However, a headstone above a mass grave with the remains of approximately 20 unidentified dead lies in the Ernst Memorial Cemetery in Parlin.

These victims, along with all the others who lost their lives during those three days of hell, made the ultimate sacrifice for their country. They gave their lives in service to their nation on the home front just as the thousands of men in uniform who fought on the front lines did far from their hometowns.

And it all happened just a half-hour drive from your home in Rossmoor.

You Can Call Me Al

By Allen Kobezak

Don’t be mistaken. I don’t mind being named Allen, but it does annoy me when people spell my name wrong. I have one of those given names that can be spelled in a few different ways but is pronounced only one way.

I don’t know why one name should be spelled in different ways; however, some of the ways mine is spelled are Alan, Allan, and, of course, the correct spelling, Allen.

I could spend all that time-consuming research tracing the origins of each spelling of my name, but that would only bore the few readers I have left. If I lose any more, I might lose my job at The Rossmoor News. And it’s not easy to lose a job for which you aren’t being paid.

When my parents named their three children, of which I was the youngest, I think they made some interesting choices. They had an easy job with my older brother James, who was named after my father, but before that, as I mentioned in an earlier article, they named my sister, Lorraine, after a gas station.

Coming in last place was me again; I guess they had a premonition that spelling wasn’t going to be one of my strongest subjects in school. They chose a name I could spell in multiple ways and still not be left behind when my classmates all graduated from kindergarten.

Of course, I could make it easier for myself and everyone I come into contact with if I just shorten my name from Allen to Al, as my article’s title suggests.

I checked Wikipedia, and just as I suspected, there have been many people named Al who became quite

successful. I’ve listed just a few who I’m sure had parents who were very proud that their child had reached the pinnacle of their chosen profession.

In entertainment, there are Al Jolson, Al Pacino, that weather guy Al Roker, and “Weird Al” Yankovic. For you sports fans, there was Al Kaline, a Hall of Fame major-league baseball player for the Detroit Tigers. And let’s not forget the highly respectable businessman from Chicago, Al Capone.

To tell you the truth, I

never realized this bothered me so much until I needed an idea for another story. That isn’t always easy, and when I couldn’t come up with an original idea, I thought, what the hell, let me blow this little annoyance of mine into a 470-word article for The Rossmoor News. So that’s exactly what I did.

I haven’t decided yet whether to change my byline from Allen to Al in my future articles for this publication, but I don’t think it will matter. After all, most readers just know me as the guy who writes the silly stories for The Rossmoor News.

The Four Seasons

By Steven Gray

No, not the singing group, though I like them very much. Nor the usual pepper, salt that we all must avoid, etc., but rather the actual seasons. How did they get their names?

Since we are now in October and near the beginning of autumn, that is as good a place to start as any. Autumn is most likely derived from the Latin autumnus which loosely means the passing of the year. This time used to be known as harvest for obvious reasons. Why is autumn also known as fall? The belief is that it refers to “the fall of the leaf” which came into use in the 1500s. Call the season what you want, in our area it is highlighted by cooler temperatures, the wonderful colors of the leaves as they change, and the backbreaking toil of raking said leaves. Aren’t you glad you live in Rossmoor?

This brings us to winter. Winter comes from the old English word “winter,” which

directly referred to the cold season, not much of a change. Going back further there is an old Germanic word, “wintruz” that is associated with the cold and wet season. Yeah, that is a real leap of grammar.

After winter comes, of course, spring. Great name for a season, but a bit of research shows that it originated with the old English word “springan” meaning to burst forth or to leap as in the buds bursting forth or the emergence of life after winter. Spring was originally known as either Lent or the Lenten season which again came from the old English “lengthen” meaning to make longer, referring to the lengthening of the days. In the 1300s Lent was more or less replaced by “springing time,” eventually shortened to spring.

Now we come to summer. The roots of that word can be traced to the old English word “sumor,” the old Norse word “sommar,” and the old

(Continued on page 18)

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Four Seasons

(Continued from page 17)

Frisian word “sumar,” all meaning about the same of the warmest time of the year. Summer embodies joy, happiness, warmth, and vitality as well as high air conditioning bills.

There is one other unofficial season called Indian summer, which apparently comes from “Letters from an American Farmer,” written by St. John de Crevecoeur in 1778 where he describes “...a second spring begins; this is what we call Indian summer, which hap-

pens commonly about the middle of November....” Since he used the phrase “we call” it suggests the usage was common. Indian summer was also used by John James Audubon in 1820. There is no proof of the actual origination.

Just remember that in New Jersey we do enjoy all four seasons, unlike some states like Hawaii or Alaska; and, no matter what we call that season, including some of the four-letter words during 100-degree heat in summer or stuck in during a freezing blizzard in winter, “this too shall pass.”

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4:00 pm - 7:00 pm

Monroe Township Senior Center

Visit <https://www.monroetownshiparts.com>

DO Recycle

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aluminum and steel (tin) cans

Cardboard

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Bottles and Jars all sizes, shapes, and colors

DON'T Put in the Recycling Bin

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Shredded Paper

Pots, pans, and small appliances

Tanglers

i.e. garden hoses, electric cords

Styrofoam

Syringes, batteries, and bulbs

Dishware, glass, and mirrors

Recycling and Trash

RECYCLING - collected every Friday

The recyclable items are to be placed loose (no plastic bags of any color) in the containers marked for Recycling. (In those Mutuels not providing curb pick-up.)

TRASH - collected twice weekly on Mondays and Thursdays.

Household bagged garbage and trash must be placed in the appropriate Dumpsters (in Mutuels not providing curb pick-up)

BULK - Call Rossmoor Maintenance 609-655-2121 by noon on Monday to schedule a Wednesday bulk collection. BULK ITEMS NOT ACCEPTED: TVs, electronics, tires, and small engines.

Bundled branches removed by RESIDENTS will be picked up at the curb on Mondays by High Tech (Holidays: Tuesday pick-up). Clippings should be placed in the regular trash.

Contractors' and private landscapers' refuse is the responsibility of the contractor or private landscaper to dispose of. Contractors and private landscapers may not use the dumpsters.

Please Note: Medical Waste and Personal Electronics may NOT be placed in either the Trash or Recycling dumpsters. It needs to be disposed of properly.

If you are not certain as to the proper disposal for Medical Waste, please consult with your physician or medical supplier.

Monroe Township Recycling Center is located at 76 Gravel Hill-Spotswood Rd, Monroe Township, NJ

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CLASSIFIED ADS GET THINGS DONE!

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Important phone numbers:

Rossmoor Bus609-655-4401

Call-in hours are: 9 a.m. – noon and 2:30 - 4 p.m.

Schedule is available at www.rcainj.com under “Amenities.”

Monroe Township Transportation.....609-443-0511

Middlesex County

Area Transportation (MCAT) 1-800-221-3520

Bulk Trash Collection

To schedule Bulk Trash collection please call the Rossmoor Maintenance office at 609-655-2121 before noon on Mondays.

Bulk trash is collected on Wednesdays.

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Veterans Group Welcomes Members

All Veterans! Come to a meeting every second Tuesday of the month at 10 a.m. in the Ballroom.

Rossmoor's Website

Go to rcainj.com to access the Rossmoor website.

The Amenities page features the ability to access Channel 26 slides anytime. Check it out.

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☐ The Rossmoor News

☐ Encore Speaks

☐ Regency Reporter

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2026 October 				1 9:30 am Healthy Bones by Parker BR 10 am Rug Hooking GL 10 am Table Tennis WR 12:30 pm "Take Control of Your Health" Series MR 1 pm Table Tennis HR 6 pm Line Dancing GL 7 pm Players "Play" Rehearsal MHP	2 9 am Art Class GL 10 am Catholic Society Rosary MHP 1 pm Catholic Society "Chosen" DVD GL 1 pm Table Tennis HR 4:30 pm Croquet Social HR 	3 10 am Simchat Torah HR 10:30 am Indian-American Meditation CE 10:30 am RJC High Holidays Yiskor Service Shemeni Atzeret MHP 3 pm Private Party BR
4 11 am RCC Worship with Communion MHP 12 pm Private Party HR 5 pm Table Tennis HR	5 8 am Golf Outing BR 10 am Forever Fitness HR 1 pm Table Tennis HR 2 pm Line Dancing GL 5 pm Indian-American Yoga CE 7 pm Players "Play" Rehearsal MHP	6 10 am Chair Yoga GL 10:30 am The Health Connection Series by HMH CE 10:30 am News of the Week Roundtable MR 11:30 am Tai Chi Class HR 1 pm All in Stitches DR 1:30 pm Catholic Society Mtg.s Misc. Info 2 pm Master Gardener Series: Terrariums GL 6:30 pm "Autumn Awaits" Paint Party by CSG BR 6:30 pm Corn Hole HR 7 pm RJC Board Mtg. DR 7 pm Players "Play" Rehearsal MHP	7 9:30 am Yoga CE 10 am Needle Punch Class MR 3:30 pm Chorus Misc. Info 6:30 pm Scrapbooking Classes MR	8 9:30 am Standing Committees HR 10 am Rug Hooking GL 10:30 am Italian-American Board Mtg. WR 12:30 pm "Take Control of Your Health" Series MR 1 pm Prayer Shawl CR 1 pm Table Tennis HR 1:30 pm Catholic Society Mass MHP 4 pm Democratic Club Political Roundtable MR 6 pm Line Dancing GL 6 pm Republican Club HR 6:30 pm Recipe Exchange BR 7 pm Players "Play" Rehearsal MHP	9 9 am Art Class GL 10 am Catholic Society Rosary 11 am Mind, Body, Spirit Series HR 1 pm Table Tennis GL 1 pm Healthcare Flu Clinic BR 4:30 pm Croquet Social HR 7 pm Players "Play" Rehearsal MHP	10 10:30 am Blessing of the Animals Mtg. House Lawn 11 am Indian-American Oral History Pres. HR 6 pm Italian-American Rossmoor Downs BR 6:30 pm Tony & Tina's Wedding - Clearbrook Cultural Center
11 11 am Worship MHP 5 pm Table Tennis HR	12 10 am Forever Fitness with Tracy Salvesson BR 10 am Spaghetti Dinner Ticket Sales Red Room 1 pm Table Tennis HR 1 pm Players Board Mtg. WR 2 pm Line Dancing GL 5 pm Indian-American Yoga CE 6:30 pm Girl Power Support Group DR 	13 8 am Players Stage & Lights/ Dress Rehearsal MHP 10 am Rossmoor News Proofreading Session WR 10 am Chair Yoga GL 10 am Veterans Group BR 10 am Spaghetti Dinner Ticket Sales Red Room 10:30 am The Health Connection Series by HMH CE 10:30 am News of the Week Roundtable MR 11 am Church Finance Mtg. MHP 11:30 am Tai Chi Class HR 1 pm All in Stitches DR 2:30 pm Democratic Club BR	14 9:30 am Yoga CE 10 am Computer Club Board Mtg. DR 10 am Needle Punch Class MR 10 am Spaghetti Dinner Ticket Sales Red Room 11 am RJC Game Day BR 3 pm Church Worship Committee MHP 3:30 pm Chorus MHP 6:30 pm Cardmaking Classes MR 7 pm Emerald Society BR 7 pm Players "Play" Dress Rehearsal MHP	15 9:30 am Healthy Bones by Parker BR 10 am Rug Hooking GL 10 am Spaghetti Dinner Ticket Sales Red Room 12:30 pm "Take Control of Your Health" Series MR 1 pm Table Tennis HR 3 pm Book Discussion DR 5 pm Progressive Group BR 6 pm Line Dancing GL 7 pm Players "PLAY" Performance MHP 7 pm Board of Governors HR	16 9 am Art Class GL 9:30 am Balance Class by Parker BR 10 am Catholic Society Rosary 10 am Spaghetti Dinner Ticket Sales Red Room 1 pm Catholic Society "Chosen" DVD GL 1 pm Table Tennis HR 4:30 pm Croquet Social HR 7 pm Players "PLAY" Performance MHP	17 10:30 am Indian-American Meditation CE 2 pm Players "PLAY" Performance MHP 5 pm African Heritage Group Mtg. BR
18 11 am Worship/Chorus MHP 5 pm Table Tennis HR	19 10 am Computer Club GL 10 am Forever Fitness with Tracy Salvesson BR 1 pm Table Tennis HR 2 pm Line Dancing GL 5 pm Indian-American Yoga CE	20 10 am Chair Yoga GL 10:30 am The Health Connection Series by HMH CE 10:30 am News of the Week Roundtable MR 11:30 am Tai Chi Class HR 1 pm Democratic Club Membership Drive GL 1 pm All in Stitches DR 3 pm Chaplet of Divine Mercy MHP 3:30 pm Church Council Mtg. MHP 6:30 pm Trivia Night w/ CJ the DJ BR	21 9:30 am Yoga CE 10 am Needle Punch Class MR 10:30 am Rossmoor News Board Mtg. WR 2 pm Healthcare Lectures MR 3:30 pm Chorus MHP 6:30 pm Croquet Board Mtg. CE 7 pm Italian American Club BR	22 9:30 am Healthy Bones with Parker BR 10 am Writers Group DR 10 am Rug Hooking GL 12:30 pm "Take Control of Your Health" Class MR 1 pm Table Tennis HR 6 pm Line Dancing GL 6 pm RCC Spaghetti Dinner BR 	23 9 am Art Class GL 10 am Catholic Society Rosary MHP 11 am Mind, Body, Spirit Series HR 1 pm Catholic Society "Chosen" DVD BR 1 pm Table Tennis GL 4:30 pm Croquet Social HR 6:30 pm Bingo BR 7:15 pm Sabbath Services MHP	24 10:30 am Indian-American Meditation CE All Events Are Subject to Change. Schedule does not reflect changes made after the 15th of the month. * Registration required
25 11 am Worship MHP 3 pm RMG Performance: Jennie Liu MHP 5 pm Table Tennis HR ABBREVIATIONS Ballroom BR Bocce Courts BC Cedar Room CE Craft Room CR Dogwood Room DR Gallery GL Hawthorn Room HR Maple Room MR Meeting House MH Shuffleboard Ct. SC Willow Room WR	26 10 am Forever Fitness with Tracy Salvesson HR 10 am Mutual 17 Open Director GL 1 pm Table Tennis HR 2 pm Line Dancing GL 5 pm Kids' Halloween Party BR 5 pm Indian-American Yoga CE	27 10 am Chair Yoga BR 10 am Mutual 5 Open Director GL 10:30 am The Health Connection Series by HMH CE 10:30 am News of the Week Roundtable MR 179:195176:195173182:19511:30 am Tai Chi Class HR 1 pm All in Stitches DR 	28 9:30 am Yoga CE 9:45 am Peddlers Village Bus Trip Bus departs poolside at 9:45am 10 am Needle Punch Class MR 2 pm Healthcare Lectures MR 3:30 pm Chorus MHP 7 pm Mutual 4C Open Director GL	29 9:30 am Healthy Bones Class BR 10 am Rug Hooking GL 12:30 pm "Take Control of Your Health" Series MR 1 pm Table Tennis HR 6 pm Line Dancing BR 6 pm Players Cast Party GL	30 9 am Art Class GL 10 am Catholic Society Rosary MHP 1 pm Catholic Society "Chosen" DVD GL 1 pm Table Tennis HR 4:30 pm Croquet Social HR 7 pm Monster Mash Dance Party BR	31 10:30 am Indian-American Meditation CE 12 pm Croquet Annual Mtg./ Luncheon HR 7 pm Dance Club BR Happy Halloween! 





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