



Rossmoor IN News



VOLUME 61 / No. 10

Monroe Township, New Jersey

OCTOBER 2025



Clubhouse Manager Melissa Barnard is getting ready for the Charity Exchange on Nov. 1.

Charity Exchange Set for Nov. 1

By Sidna B. Mitchell

Fall has arrived. You're changing your attire, and some of those so-called necessary household items aren't being used. Now's the time to donate items such as clothing, linens, china, decorations, kids toys, tools or whatever you no longer need

or use to the Charity Exchange when it takes over the Clubhouse on Saturday, Nov. 1.

You can drop off your items at the Clubhouse main entrance on Thursday, Oct. 30, from 9 a.m. to 2 p.m. and that evening from 5-7 p.m. or on Friday, Oct. 31 - no tricks,

please – from 9 a.m. to 2 p.m. only.

Then on Saturday, return with plenty of money to check out the “shops” at Rossmoor. Starting from the parking lot entrance, the Linen Loft is in the Billiards Room, and the Ladies Fashion Castle has lots of clothes and accessories in the Gallery. As you go down the hall, you'll find Mrs. Claus' Holiday Boutique in the Craft Room.

Crossing the Red Room, in the Library, instead of books, check out It's a Small World for kids' items. Then look in the Willow Room for the Crafter's Corner. Peek in the Dogwood Room for That's Entertainment.

Farther down the hall,
(Continued on page 3)

Vote! It's Important

By Hal Applegate

As a fellow Rossmoorite and fellow American, I have a sincere request. On Tuesday, Nov. 4, please vote. The privilege is given to us as United States citizens – it is both a right and a duty. Free elections are a hallmark of our democracy.

If you are among the 25 percent of eligible voters who are not registered, please

register. It is a sad fact that in presidential elections only 65 percent of registered voters do. In non-presidential years, it is only 52 percent. Happily, in New Jersey, we are better at 78 percent and 65 percent, respectively.

I, like many of you, have been around for a lot of elections. I didn't have a say in 1960 on the New

(Continued on page 3)

Spaghetti Dinner Oct. 23

By Alyce Owens

This year's Spaghetti Dinner will be held on Thursday, Oct. 23, at 6 p.m. in the Ballroom. Tickets will be sold in the Red Room from Oct. 13-17 between 10 a.m. and noon. If you need a table of 10, it's a good idea to reserve those seats now by calling Alyce at 609-860-0866.

If you're new to Rossmoor,

come and find out why this evening is such fun and so very popular. If you're a fan and have attended before, you know how quickly this sells out, so make plans now to get your tickets early. Since seating will be assigned, please provide names of everyone in your party when reserving or purchasing.

(Continued on page 6)



Pastor Ann and Alyce Owens encourage everyone to purchase tickets for the Spaghetti Dinner on Oct. 23. Front row: Alyce Owens, and Pastor Ann Schoonover. Back row: Cyndi Colalillo.

Free Wine and Cheese Tasting Set for Nov. 6

By Mary Jane Brubaker

“We are excited to be hosting a free wine and cheese tasting in the Ballroom on Thursday, Nov. 6, from 4:30 to 7:30 p.m.,” says Clubhouse Manager Melissa Barnard. She adds, “We've teamed up with Vairuni Wines, the Wine Locker, and

McCaffrey's to bring this special event to Rossmoor.” This is a non-ticketed event and residents are welcome to stop in and enjoy the wine and cheese at their leisure during the three-hour time period.

Nishil Parikh, the chief ex-
(Continued on page 5)

Woodshop: Zachary's Toy Train

By Mary Jane Brubaker

Michael Marder has been a wood shop aficionado for decades. He had well-appointed wood shops in his previous homes, and one of the reasons he moved to Rossmoor five years ago was because we had an even better-appointed Woodshop.

(Continued on page 5)

Inside this issue

Around the Clubhouse... 4	RCAI Meeting Notice2
Board of Governors2	Recycling and
Calendar of Events.....23	Trash22
Clubs16	Religious News.....17
Culinary Corner15	Sports.....18
Health Care Center20	Transportation
Inquiring Photographer12	Tidbits22



Michael Marder displays the toy train he made for his youngest grandson, Zachary.

at the
governors'
meeting

Rossmoor Community Association, Inc. Board Of Governors Thursday Sept. 18, 2025

It was packed house for the September RCAI Board of Governors (BOG) meeting. The second yearly night meeting brought in around 70 residents with another 27 watching online. The meeting was held in the Clubhouse Hawthorn Room. RCAI President Dan Jolly opened the meeting at 7 p.m. with Secretary Lori Moses calling the roll. A motion was made to accept the Aug. 21, 2025, BOG meeting minutes. The motion was seconded and passed unanimously. President Jolly hoped everyone enjoyed the summer and our beautiful pool; he wished everyone a wonderful fall with no snow.

Treasurer John Craven discussed the financial reports for August, stating as of Aug. 31 the budget variance report has nothing outstanding to report. He mentioned interest rates dropped today which means we will see less income in future months.

Management Report

The Meeting House was power washed by an outside contractor, and he recommended that the mutuals higher a similar outside service to power wash all the buildings every two or three years.

Mr. Curry reported unit sales increased in August with 19 condominiums and five cooperative closings.

Mr. Curry discussed how four more units had water-lines rerouted last month due to pipe leaks within the concrete floor slab. Mutual 7 Director Barbara Jensen reported receiving calls regarding insurance for a homeowner's water lines. Mr. Curry explained that

water service line repairs to the buildings would be a mutual or RCAI expense.

Concrete sidewalk and curbs needing replacement that are part of the asphalt pavement resurfacing project in certain mutuals is underway. The mutuals' concrete sidewalk slab repairs will begin next week.

The Nautilus Lane 24-inch storm sewer pipe backflow preventer was installed by High Tech's landscape construction division as part of the flood mitigation grant. The second pipe backflow preventer has yet to be installed. Our engineer is still waiting on final numbers for the culvert on Newport Way.

The Clubhouse Hawthorn Room's new floor moisture problem which caused a section to bubble up has been corrected by the contractor. The next room for renovation is the Dogwood Room.

E&R events appears in the Rossmoor News as well as on Channel 26, our website, and in the Clubhouse News that is emailed to everyone who has provided an email. Additionally, print copies are available outside the E&R office.

The Golf Course fall new member promotion has brought in more than 30 new members since Sept. 1. The Golf Course Monday event schedule is booked through November.

Committee Reports

Maintenance Committee Chair John Sarnecky reported on the September committee meeting mentioning the items the BOG would be voting for later in the meeting.

Community Affairs Chair Joann Casper discussed upcoming E&R events and upcoming Health Care Center events.

New Business Resolution 2025-30 Golf Course Fairway Mowers

A motion was made to purchase two used John Deere 2500B Golf Fairway Mowers from Finch Turf at a cost of \$27,500 each from Reserve Account 4110. The motion was second and passed unanimously.

Resolution 2025-31 Asphalt Overlay on Pickleball Courts

A motion was made to approve reconstruction of the pickleball courts by Athletic Sports Surfaces at a cost not to exceed \$76,919 (tax included) from Capital Improvement Account #4150. The motion was second and passed unanimously.

FY 2026 Proposed Fee Schedule

Mr. Curry explained the reason for the creation of a fee schedule. He stated RCAI already has many fees for various services. They appear either in resolutions or in rules and regulations and are difficult for residents to easily find. Having the RCAI board approve a list of fees each year along with the budget will help publicize them and at the same time streamline the way needed changes or additions are accomplished. Mr. Curry read the fee schedule as proposed. The Board then discussed various fees. After much discussion several changes were proposed. With a show of hand, the Board recommended the following changes.

- NSF bounced check fee should be raised to \$30 (\$10 bank fee + \$20 for the letter fee).
- A \$15 fee should be charged for new Bar Code Stickers for vehicle gate access for replacement stickers; inoperable stick-

(Continued on page 21)

Bits & Pieces

By Sue Ortiz

They say the sky's the limit. They say the best things in life are free. They say life begins at forty. They say change is good. They say that travel broadens the mind. They say no man is an island. They say it ain't over till the fat lady sings. And, don't forget what they say about the lawyer who represents himself.

They seem to have a handle on life. They say two wrongs don't make a right. They say that oil and water don't mix. They say nobody's perfect. They say money talks; nobody walks. They say imitation is the sincerest form of flattery.

They know all about relationships, too. They say money can't buy love. They say love is blind. They say romance is dead. They say love hides in every corner. They say that the longer people are married, the more they start to look like one another. They say absence makes the heart grow fonder. They say that breaking up is hard to do.

Good doctors, they are, as well. They say you're only as young as you feel. They say you only live once. They say you can't keep a good man down. They say laughter is the best medicine. They say house cleaning is good therapy. They say you are what you eat. They say when you die, your whole life flashes before you.]

And they know all about animals. They say you can lead a horse to water, but you can't make him drink. They say don't look a gift horse in the mouth. They say dogs resemble their owners. They say cats have nine lives.

Can they tell the future? They say you can't go home again. They say you don't know what you've got till it's gone. They say time and tide wait for no man. They say that time heals all wounds. They say the second million is easier than the first.

They also seem to know how to get it done, whatever it may be! They say you can be anything you want if you put your mind to it. They say anything's possible. They say it's harder, or easier, than it looks. They say it's all who you know.

They say imitation is the sincerest form of flattery.

Ooh, they sound dangerous, too! They say the first cut is the deepest. They say blood is thicker than water. They say that revenge is a dish that's best served cold.

Who are they and why do they say these things?

They were, most likely, through the annals of time, sages who had time to sit quietly and contemplate the intricacies of life. Guys like Plato and Confucius. Lines from authors such as Shakespeare and Conan Doyle were rewritten to fit the times. They uttered, or wrote, their wise advice to whom-ever would listen, and it passed on through the ages. Like the children's game of telephone, the words probably have changed with each telling. But, unlike the game, the message has, most likely, remained the same.

What about today? Computers, and now, AI, will take over the world. (Seems it's already happening!) There's no such thing as a free lunch. (Unless you have a coupon!) If it ain't broke, don't fix it. (I should have said this to my former dentist!) Crime doesn't pay. (Unless you're a member of Jersey Sleuths mystery writers' group.) What you see is what you get. (Yep!) Easy come, easy go. (Money!) Don't believe everything you hear. (Especially if you're wearing hearing aids!) So, they say.

BP

They say the universe is expanding. That should help with the traffic. – Steven Wright (American comedian, b. 1955)

They say it is better to be poor and happy than rich and miserable, but how about a compromise like moderately rich and just moody? – Princess Diana (British Royalty, 1961-1997)

Rossmoor's Website

Go to rcainj.com to access the Rossmoor website.

The Amenities page features the ability to access Channel 26 slides anytime. Check it out.



News Board

Mary Jane Brubaker, Chair
Allen Kobezak
Terre Martin
Rosemary Masella
Sidna Mitchell

Proofreaders

Helene Gray
Penni McOlvin

The Rossmoor News, a monthly periodical, is mailed to every home within the Rossmoor community. News items are welcome. Appropriate news items from outside organizations will be considered as space permits.

Unscheduled volunteer writers should contact

Rossmoor News Chair about any submission. **We reserve the right to edit, limit, or reject any materials/submissions according to the directives of the Editorial Board and Publisher.**

Letters to the Editor must be emailed to PES at pescmd1@gmail.com and clearly marked **Rossmoor News**.

Editorial Office:

2 Rossmoor Drive,
Monroe Twp., NJ 08831
E-mail: news@rcainj.com

The Rossmoor News and Princeton Editorial Services (PES) are not liable for any typographical or printing errors that may appear, including in its display or classified advertising, over the cost of the space of the advertisement. The advertisements here are, to the best of the publisher's knowledge, accurate representations of the products and services offered. However, no endorsements are intended or implied. Acceptance of all materials is at the discretion of the publisher.

Email display ads to:
pescmd1@gmail.com
Telephone: 732-761-8534

© 2025, PRINCETON EDITORIAL SERVICES, INC.

Visit the Rossmoor website at www.rcainj.com

Open RCAI Meetings in October

Thursday, Oct. 9

Standing Committee Meetings.

Maintenance Committee – 9:30 a.m.
Community Affairs Committee – 10:30 a.m.
Hawthorn Room

**Board of Governors Meeting
Thursday, Oct. 16 - 9 a.m.**

Hawthorn Room

It will be an in-person meeting and will be held via Zoom.

Please watch Channel 26 on your TV or on www.rcainj.com for more information.

**The Rossmoor News Deadline
is the 7th of every month.**



Lots of laughs during the first read-through of the original musical comedy “Just Desserts.”

The Players Serve Up “Just Desserts”

By Jim Wilson

You don’t have to venture to Broadway for great entertainment. It can be found right here at Rossmoor, where the Players will raise the curtain on “Just Desserts” in just a few short days. The cast, crew, and musicians have been working hard since auditions were held at the end of August.

Our first read-through got the ball rolling on this laugh-filled musical comedy, which opens on Thursday, Oct. 9 at 7 p.m. Other shows will follow on Friday, Oct. 10 at 7 p.m. and on Saturday, Oct. 11 at 2 p.m. All performances will take place in the Meeting House.

“Just Desserts” tells the story of the Bursten Inn, a once-popular bed and breakfast in Vermont that has fallen on hard times. The owner and the business manager try their best to turn the place around. But, it takes a mysterious old radio and the FBI to point them in the right direction.

Written by yours truly and directed by Joe Conti, “Just Desserts” will keep you not only laughing but amazed at the talent of your Rossmoor neighbors. The cast is terrific and so is the story and the music. And many people are asking whether



fan-favorite Brinkley, the Players’ top dog, will have a role again in this play. You’ll just have to be there to find out.

Following in the footsteps of the great Bob Huber and Bill Strecker, this playwright was both grateful and humbled by comments after the cast read through the script for the first time. Jason Salt said, “This is the nuttiest play yet. It’s as nutty as something with nuts.”

From Tom McMahon, “Any question you ever had about any bed and breakfast will be answered by this play. Make sure you see it.”

Joe Conti commented, “Each and every one of Jim’s plays has been enjoyable. But, the first time I read this play, I laughed to myself. And that proved to be the case once the cast read it. Jim exceeded what he was looking to do.”

From Michelle Riccardi, who is making her debut in a Players’ musical comedy, “I am so thrilled to be part of this cast in this fabulous, funny, funny play. I hope everybody comes to see it.” And, Players’ president Sue Archambault added, “Jim has outdone himself once again.”

Admission is \$15 at the door, and, yes, there will be refreshments. “Just Desserts” will be a show you’ll be talking about for a long time to come. Don’t miss it.

Vote!

(Continued from page 1)

Frontier – I was only 20 years old that November. But I turned 21 the following year and have voted every November since.

Those of you who have shared my experience – bless you. Those of you who have not, please join us. It is your right and duty as citizens of our wonderful country.

Charity Exchange

(Continued from page 1)

you’ll find delicious goodies in Ye Olde Bake Shoppe in the Cedar Room and then don’t ignore the Man Cave in the Maple Room. Of course, for many folks, the highlight is the Home Décor and Holiday Finds in the Hawthorn Room.

Whenever your tummy starts growling or you’re thirsty, you can always head back to the Ballroom for the food in the North Pole Café. Enjoy an early look and taste of the holidays and feel good about what you donated. However, remember some rooms or names may be subject to change.

DR. NADIYA KHAN
Family Dentistry • Established 1995
WE’RE RIGHT IN YOUR NEIGHBORHOOD!
190 BUCKELEW AVE (Rte. 522) • JAMESBURG
732-521-0550
www.JamesburgFamilyDentistry.com

- **EMERGENCIES AND NEW PATIENTS WARMLY WELCOMED**
- **ONE-DAY DENTURE REPAIRS**
- **COSMETIC & IMPLANT DENTISTRY**
- **HANDICAPPED ACCESSIBLE**
- **APPOINTMENTS TO MEET YOUR SCHEDULE**
(EVENING APPOINTMENTS AVAILABLE)

SPECIAL FINANCIAL CONSIDERATION FOR OUR NEIGHBORS IN THE ADULT COMMUNITIES

FREE DELIVERY

NOW OPEN

Med-Scripts PHARMACY
Personalized service, the way it should be.

OUR ADVANTAGE

- ✓ Prescriptions ready within minutes
- ✓ Competitive pricing on medications
- ✓ Wide selection of vitamins
- ✓ Special senior discounts
- ✓ Diabetes supplies
- ✓ Huge range of durable medical equipment
- ✓ COVID-19 and Flu shots

WE’LL TAKE CARE OF YOUR HEALTH!

24 West Railroad Ave. Jamesburg NJ 08831
TEL: 732.521.7777 • FAX: 732.521.1077

www.medscriptspharmacynj.com

LEVINE • FURMAN • RUBIN
ESTATE PLANNING & ELDER LAW ATTORNEYS

Empower YOUR Legacy by attending our...
Living Trusts and Wills Seminar

You Will Leave Our Workshop With the Understanding of How:

- You can avoid your family fighting over money and possessions when you are gone.
- You can protect your home and your savings from the devastating expense of a nursing home.
- You can protect your hard-earned assets from your children’s spouses.
- You can protect your loved one with substance abuse issues.
- You can avoid the common missteps by families raising children with challenges, disabilities, or special needs.

Now is the right time for you to get your affairs in order with an up-to-date Estate Plan!

Monroe
Courtyard Marriott
Cranbury South Brunswick
420 Forsgate Drive
Wednesday, October 22nd
10:00am | 2:00pm | 7:00pm

Freehold
Radisson
50 Gibson Place
Thursday, October 23rd
10:00am | 2:00pm | 7:00pm

You may register by calling our office at (732) 238-6000 or online at www.levinefurman.com/seminars.

Most attendees choose to make an appointment at the end of the presentation, so please bring your calendar with you.

CLOSED HOMES IN ROSSMOOR

Information obtained from All Jersey MLS from 8/1/2025-8/31/2025

MODEL	SOLD PRICE	BDRM	BATHS
Jackson (CO)	\$132,500	2	1
Hudson (CO)	\$135,000	2	1
Hamilton	\$150,000	2	1
Madison (CO)	\$159,900	2	1.1
New Hampshire	\$185,000	2	1
Monroe (CO)	\$195,000	2	1
Vermont	\$220,000	2	1
New York	\$237,000	2	2
Delaware	\$254,400	2	1.1
Massachusetts	\$260,000	2	2
Maine	\$260,000	2	2
Hancock	\$300,000	2	1
Fairfield	\$417,000	2	2



Why settle for less? Get the BEST!
SUZANNE "SUE" NADWODNY
Broker Associate
O: 609.655.5535 | C: 609.313.4864
Sue@LevinsonERA.com
NJ Realtors® Circle of Excellence Award®
Gold 2021-2024, Silver 2020, Bronze 2019

609.313.4864 **HomeSalesBySue.com**
349 Applegarth Road • Monroe Twp.
Each ERA® Office is Independently Owned and Operated

YOUR HOME GIRL

Sold by SUE

ERA CENTRAL LEVINSON

SCAN ME to find out What Your Home is WORTH!



Former long time Rossmoor resident, Hadassah Aylot, attains age 101 surrounded by many friends from Rossmoor. Back row: Janet Goodstein, Steve Gray, Helene Gray, Allan Kaufman, Morty Wall, Don Herr. Front row: Fred Goodstein, Lyn Wall, Hadassah Aylot, Adrienne Brotman.

HANDYMAN FOR HIRE

RETIRED MECHANICAL ENGINEER
35 YEARS EXPERIENCE FIXING THINGS

LET ME SOLVE YOUR PROBLEMS

- From tiling your bathroom and installing new wood flooring to winterizing your house, repairing dry wall and painting. No job too small.
- Prompt, Reliable and Local.

• CONTACT: A.J. Leave a message at 609-423-8282



WANTED TO BUY

**JEWELRY (GOLD, SILVER OR COSTUME)
DIAMONDS • ARTWORK • FURNITURE
GUITARS • CAMERA • RECORDS, ETC.
COMPLETE CLEANOUT SERVICES**

Call Dan at 609-306-0613

AMERICAN FURNITURE EXCHANGE

Rebecca Bergknoff, CPA

- Personalized accounting services in the comfort of your home.
- Reasonable rates
- Free consultations

732-718-4359

Around the Clubhouse

By Melissa Barnard, Clubhouse Manager

Do you enjoy fine wines? Do you want to shop for treasures at rock bottom prices? Perhaps you're a world traveler and wish to add Portugal or Bermuda to your itinerary? You can do all this and more in the coming months. Tickets and more information for all events are available at E&R.

Upcoming Events: 2025

On Oct. 6, tickets for our annual Sports Award Dinner, being held on Dec. 2 at 6:30 p.m., go on sale at \$25 each. At this event, we recognize the accomplishments of residents participating in our many sporting activities - including pickleball, bocce, shuffleboard, billiards, corn hole, and table tennis.

On Oct. 8 at 6:30 p.m. in the Gallery, come to an information session to learn the details about our nine-night Bermuda and Perfect Day Cruise, which departs out of Baltimore on May 28, 2026.

On Oct. 12, come hear the MidAtlantic Men perform at

the Meeting House at 8 p.m. Tickets are \$20.

On Oct. 20 at 6:30 p.m. in the Hawthorn Room, come hear about our nine-day land tour of Portugal (Sept. 7 - Sept. 16, 2026). This trip will feature a stroll through the coastal town of Cascias as well as an opportunity to paint your own glazed tiles at the National Museum of Glazed Tiles.

On Oct. 27, the ghosts and goblins will be out and about at our Grandchildren's Halloween Party from 5 to 7 p.m. throughout the Clubhouse. This spooky gathering is recommended for ages two through 10. Children come free. Grandparents and parents pay \$8.

On Nov. 1, the Clubhouse will be transformed into a festive marketplace for the annual Charity Exchange. To allow this transformation to take place, the Clubhouse will be closed on Thursday, Oct. 30, and Friday, Oct. 31. That is when we hope you will all drive up to the front entrance and drop off your treasures where

the Charity Exchange volunteers will pick them up and put them on display in one of our many fun "shops." The Clubhouse reopens on Saturday, Nov. 1 at 9 a.m., when the festivities and the shopping begin.

On Nov. 3, come to our Guided Tour of NYC where we'll be visiting Grand Central Station (where you are on your own for lunch), Rockefeller Center, and St. Patrick's Cathedral. Tickers are on sale now at \$85 per person.

On Nov. 4, embrace your inner artist at our Paint Party in the Gallery at 7 p.m., presented by resident Kathie Morolda, owner of Cranbury Station Galleries. All supplies are provided. Tickets are \$30.

On Nov. 5, Game Show Night takes place at 6:30 p.m. in the Ballroom. Tickets are available at \$17 per person.

On Nov. 6, we are teaming up with Vairuni Wines, the Wine Locker, and McCaffrey's to offer a wine and cheese tasting in the Ballroom from 4:30 to 7:30 p.m. This is a free, non-ticketed event. Just stop by during the three-hour time period and taste some of Italy's best wines and a variety of excellent cheeses.

On Nov. 7, we are hosting our sold-out Veteran's Breakfast. This is one of our community's best-loved events and for good reason. In addition to a delicious spread, the thoughtful program honoring those who have served our country inevitably brings the audience to tears.

On Nov. 10, get your phones ready as the call-in for tickets to the next Dance Party (Nov.21) will commence.

On Dec. 31, we'll be hosting our annual New Year's Eve bash.

A Peek Ahead at 2026

In January, we're launching "Paint the Town Pink," a year-long breast cancer awareness and fundraising initiative conducted in con-

(Continued on page 5)



Voted the Best Jewish Funeral Home in Central New Jersey

BY THE READERS OF THE HOME NEWS TRIBUNE

MICHAEL KULBACKI, MANAGER N.J. LIC. NO. 4870

Mount Sinai Memorial Chapels

454 CRANBURY ROAD
AT THE CORNER OF EVERGREEN BLVD
EAST BRUNSWICK, NJ 08816
(732) 390 9199
WWW.MSMC.US

- ☆ Affordable and Flexible Services
- ☆ Certified Pre-Planning Consultants
- ☆ Pre-plan Today and Save on Average \$2000.00
- ☆ National & Worldwide Capabilities

Around the Clubhouse

(Continued from page 4)
junction with the American Cancer Society. There will be many opportunities for residents to be involved in all aspects of this worthwhile undertaking. Stay tuned for further details.

Clubhouse Refresh

After the Charity Exchange is over, the clubhouse refresh will continue in the Dogwood Room, where new carpet, paint, and curtains along with a reduction in the size of the kitchen and an increase in the size of the storage closet will give this room a new look and enhanced functionality.

On Jan. 1, 2026, the Club-

house refresh will begin on the E&R wing, temporarily reducing the availability of meeting space for an estimated three-month time period.

Possibilities in the Works

Please call or visit to let us know which, if any, of the following classes would be of interest: Calligraphy, Make Your Own Charcuterie Board, and/or How to Make Holiday Wreaths.

Group, Club and Organization Packets for 2026

By now, group, club and organization liaisons should have picked up their 2026 organization packets from E&R. Please return the requested information including your proposed dates for meeting space in 2026 on or before Oct. 31. Rooms will be assigned on a first-come, first-served basis. We appreciate everyone's patience and flexibility as we do our best to meet everyone's needs given the temporary space limitations imposed by the Clubhouse refresh in the first quarter of 2026.

Wine and Cheese

(Continued from page 1)

ecutive officer and founder of Vairuni Wines, will be here to present his collection of Italian wines. Parikh grew up in Monroe Township, and, after a successful career in global talent acquisition, he left corporate life behind to become a licensed wine importer in the U.S. He teamed up with Giordano Francescon, an Italian wine producer and guide, to assist him in uncovering Italy's hidden gems - artisanal producers crafting fine wines - and bringing them to the U.S.

The wines at the tasting will include those from Vairuni's Pégaso collection of reds, including Amarone, Malanotte Del Piave, and Barolo. Also available will be selections from their Tira Vento collection of sparkling and still wines, including Asolo Prosecco, Prosecco Rosé, Pinot Grigio Rosé, Pinot Grigio, Sauvignon

Blanc, Chianti, Rosso, and Montepulciano D'Abruzzo. For those interested in buying any of the wines, discounted coupons will be available at the event for purchasing bottles at the Wine Locker, 211 Applegarth Road, Monroe Township, in the Gables Plaza.

A cheese monger from McCaffrey's will be showcasing a wide variety of cheeses that complement the wines. Special incentives will be available to purchase cheese at McCaffrey's.

COLUMBUS DAY
OCTOBER 13



Toy Train

(Continued from page 1)

Michael, now retired from a career in the semi-conductor industry, has always been a tinkerer. "I enjoy creating and repairing things," he says. "I've refaced my kitchen cabinets, created a plant stand, and made various other useful projects for around the home from found materials."

Among his favorite creations are the toy trains he started making 35 years ago as a centerpiece for his son Paul's first birthday party that was actually celebrated here in the Rossmoor Clubhouse Ballroom. Michael's aunt lived here at the time. Michael continues that tradition by building trains for his grandson Steven and most recently for the newest arrival Zachary.

"If you are interested in learning how to build things in our Woodshop, this toy train is a great place to start," says Michael. "I'd be happy to mentor anyone in the community who wants to try their hand at it. I've created the templates for all the pieces, so the only thing you'll need to bring is a clean, straight two by four, wheels, and a smokestack if you'd like." According to Michael, it takes about 10 to 12 hours to build the train; and by utilizing many of the tools and machines available in the Woodshop, you're provided a good orientation.

Those interested in learning to be a wood worker or enhancing their existing skills will be asked to sign a waiver of liability and will be overseen by a monitor until competency in use of the tools and machinery is demonstrated. "Safety is paramount," says Michael, who serves as one of the monitors.

If you're not an aspiring wood worker but have something made of wood in need of repair, you can take it to the Woodshop and the monitors will determine whether or not they can repair it. Your only expense will be providing any necessary materials in the event those materials are not readily available in the Wood shop.

Woodshop hours are Mondays, Wednesdays, and Fridays from 9 a.m. to 3 p.m., and Saturdays from 10 a.m. to 1 p.m.



More Than a Place to Live—A Place to Thrive

Embrace the freedom of a vibrant, maintenance-free lifestyle—surrounded by opportunities to stay active, connect with others, and focus on your well-being.

And because we're a Life Plan Community, you'll also have the security of knowing that personalized support is available if your needs ever change.

From wellness programs and exceptional dining to a warm, welcoming community—*this is where you belong.*

Call today or visit us online to schedule your personal tour!

877-719-1106

Scan QR Code to schedule your visit



MONROE VILLAGE

A SPRINGPOINT COMMUNITY

1 David Brainerd Drive
Monroe Twp., NJ 08831
A Life Plan Community
monroevillageonline.org



Landscaping and Snow Removal Bid

By Tom Curry,
RCAI General Manager

Big communities require big landscape and snow service operations. They are essential services important to all residents. To continue providing quality, cost-effective services, they are re-bid every five years. The current Rossmoor landscape services and snow services contract ends Dec. 31. Rossmoor's Administration began the process of obtaining new contracts in late June. A thorough review of current operational concerns raised by residents and directors were considered. The two current most frequent concerns were shrub pruning and weeding. To address those concerns, bid specifications were updated. Bid requests were sent to eight different companies who work in large-scale communities like Rossmoor. Four were national companies with subdi-

visions nearby, and four were local large-scale landscape and snow removal services. Specification question and answer periods were provided to the contractors along with an invitation for a site visit. Six companies visited the community, but only five decided to present bids. We expected to see large increases based on increases in New Jersey's minimum wage and a lack of available landscape laborers due to recent immigration enforcement efforts; some of the results were not completely surprising. Three national wide companies provided bids that were significantly higher than the local bidders. As expected, their first-year costs were much higher than current costs, from \$160,000 to \$355,000 more. Fortunately for Rossmoor, the bid from our current landscape and snow service company, High Tech Land-

scapes, kept its current contract price for the next two years. High Tech was even \$60,000 less in year one than the next lowest bidder. If you are wondering how that would be possible, you have to consider High Tech's years of community service, and their history of additional work completed for the mutuals and individual residents' homes. At the August meeting of the Board of Governors, High Tech Landscapes was approved for another five-year contract. The total cost for five years is \$5,314,957. The snow services portions of the bid specifications are detailed and include the use of Rossmoor's maintenance staff and equipment to help complete certain portions of ice and snow control within the community. The snow bid sheet required pricing based on the number of inches of snowfall. It also included pricing requirements for various tasks like driveways and entrance stoop clearing, along with hourly costs for equipment

and labor that might be needed to complete the Rossmoor Maintenance Department's designated areas. Only four of the five bidders who provided landscape bids presented snow bids. We are fortunate High Tech has held their current price for another two years. They were low bidders.

Although we can never accurately determine how much snow we will receive in any given year, we budget based on previous years and then cross our fingers. As of the end of this August, we had spent over \$200,000 on snow removal with more expected before the end of the year.

The Information Highway: Visitor Policy

By Christina Smith, CMCA,
AMS, Resident Services Manager

A former employee of the Administration Office, Debbie Soden, used to call our office "The Information Highway." When I mentioned this to a staff member of the Rossmoor News, I was asked to contribute a monthly article to the newspaper. Hopefully, these articles and the information they provide will be useful. The Visitor policy is where I would like to begin, as there are discrepancies between mutuals. The policy states: "Visitor occupants may occupy a unit for up to eight (8) weeks or fifty-six (56) days in

any calendar year. Permission may be granted for a visitor occupant to stay beyond the eight weeks at the sole discretion of your mutual directors. Visitor occupants may be of any age, and they do not have to satisfy the Use Restrictions. However, at no time may a two-bedroom unit be occupied by more than six (6) individuals or a three-bedroom unit be occupied by more than seven (7) individuals." Visitors are not permitted to use the amenities, and residents are responsible for their visitors. Residents should be courteous to their neighbors and have their guests park

(Continued on page 7)

Stylish Senior Living Is Here

EXPLORE OUR RESIDENCES

Seabrook® on the Jersey Shore offers a wide variety of maintenance-free floor plans to fit your style and budget.

- Enjoy contemporary fixtures and finishes.
- Choose from a range of custom upgrades.
- Retire from the hassle of house repairs.



Call 1-800-471-6394
for your free brochure.


Seabrook
BY ERICKSON SENIOR LIVING®
Jersey Shore
SeabrookCommunity.com



Spaghetti Dinner

(Continued from page 1)

chasing tickets. This very popular fundraising dinner is being sponsored by the Rossmoor Community Church and will feature the culinary magic of Chef Patrick Donnelly and his congenial staff from Top Hat Caterers. For the amazing price of only \$25 – that includes tax and tip - you'll enjoy a mouthwatering and abundant meal of tossed salad, spaghetti with Patrick's fabulous meatballs, Italian bread and butter, and a delicious dessert with your choice of coffee or tea. Yes, all that for just \$25, which also includes soda if you wish. But since it's a BYOB affair, please feel free to bring your own drink of choice.

Did you know that this Spaghetti Dinner has been enjoyed by Rossmoor residents and friends for 23 years? It would have been 25, except for the time Covid shut everything down. The dinner was started and sponsored for many years by the Kiwanis Club of Rossmoor. Since 2018, this outstanding dinner has been offered as a fundraising event by the Community Church and still is considered one of the most popular social events of the year in Rossmoor.

Open to all residents, friends, and family, Spaghetti Dinner tickets always sell out quickly, so to be sure that you will get a seat, come and purchase your tickets in the Clubhouse Red Room between 10 a.m. and noon from Oct. 13-17 or call Alyce to reserve a table. Checks payable to RCC or Rossmoor Community Church are appreciated. Thanks in advance for your support. We look forward to seeing you on Oct. 23. Bring a friend and your appetite!

Music of the Night



Yidi Jiao at the piano after her concert

a musical journey through eastern Europe on Friday, Nov. 14, at 7:30 p.m. That concert will be preceded by a program featuring harpist/singer Michelle Mountain, who will be taking us to “A Day at the Renaissance Faire,” on Sunday, Nov. 9, at 3 p.m. at the Meeting House. Tickets are \$10 each and are on sale now at E&R.



Rossmoor Board of Directors recently honored retiring Rossmoor News board members. From left are Anne Rotholz, Carol DeHaan, and Jean Houvener. Not pictured were Alex and Linda Monaco.

Visitor Policy

(Continued from page 6)
extra cars (if street parking is limited) in the Rossmoor Clubhouse parking lot. Permission is needed by the Clubhouse manager to park vehicles in the parking lot; residents need to contact the Clubhouse manager prior to their visitor’s arrival.
If additional time is needed for your visitor, please contact your mutual director for permission. Doing so will ensure that there are no issues with your visitors, and their visit will be enjoyable.

By Mary Jane Brubaker,
More than 80 people were in the room where it happened on the evening of Friday, Sept. 5, in the Meeting House. That is where pianist extraordinaire Yidi Jiao received standing ovations at intermission and at the conclusion of her wonderful program.
Performing the music of Beethoven, Debussy and Schubert, Yidi transfixed the audience with her virtuosic skill. Attendees complimented her “sparkling,” “thrilling,” and “exciting” performance, thanking the sponsor, the Rossmoor Music Group, for a “great evening made all the nicer because it was right here.”
Yidi will be making a return engagement in the Meeting House when she partners with cellist Tsung-Yu Tsai for

Wish You Could Turn Back Time?

Well, it might not be quite what you were hoping for, but on Sunday, Nov. 2, at 2 a.m., we can all turn back time as Daylight Saving Time comes to an end, a bit earlier than usual. Don’t forget to turn your clocks back one hour or you may not find yourself arriving on time to whatever you may planned for Sunday morning.

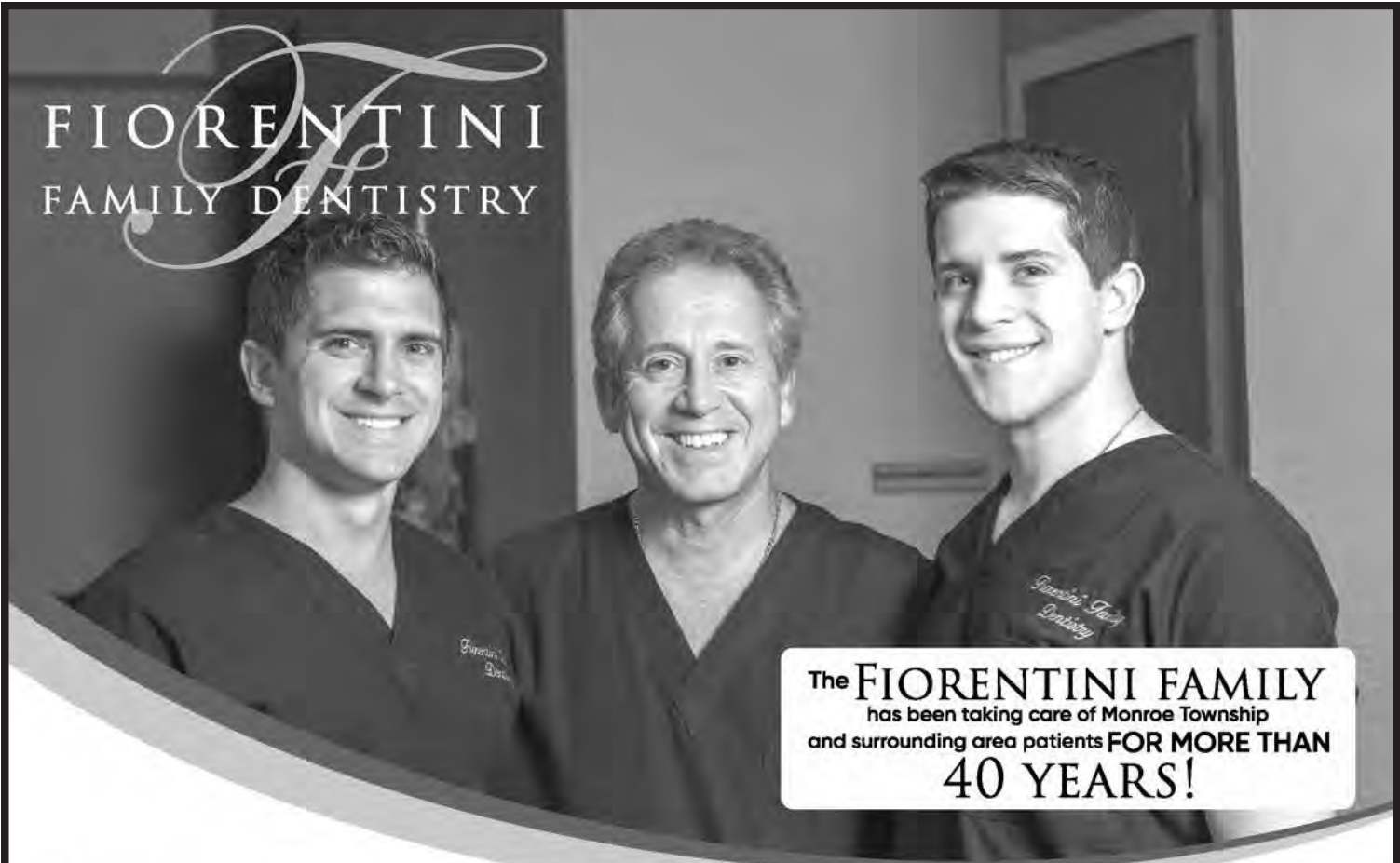




Reminder

Please
Pick Up After
Your Dog.

FIorentini
FAMILY DENTISTRY



The FIORENTINI FAMILY
has been taking care of Monroe Township
and surrounding area patients FOR MORE THAN
40 YEARS!

PERSONALIZED TREATMENT BY CARING PROFESSIONALS
COMMITTED TO EXCELLENCE

Reclaim Your Smile! A small smile imperfection can drain your confidence. Whether it’s a minor chip in your tooth or you’ve noticed your teeth start to yellow, the cosmetic dentistry treatments we offer at Fiorentini Family Dentistry can help. Together with our skilled team, you can erase these imperfections improve function, and restore a dazzling smile that commands a second look for all the right reasons!

BEFORE
AFTER



Now Accepting
NEW Patients!

- SINGLE-VISIT CROWNS/VENEERS
- IMPLANT PLACEMENTS & RESTORATION
- COSMETIC DENTISTRY
- SLEEP APNEA TREATMENT

609.655.1023 | www.fiorfamdent.com

294 Applegarth Rd, Suite H, Monroe Township, NJ 08831

From
Listing
to Close

MOVE UP with
ERA Central
Levinson

With a **99.2%** recommendation rate,
there’s no better move than a move up
to ERA Central Levinson.

Connect with us to get started

609-655-5535 or ERAcentral.com

ERA
REAL ESTATE

CENTRAL
LEVINSON

Serving the Monroe Community since 1981

Work with the #1 RealEstate
Office in Monroe Twp
ERAcentral.com
609-655-5535

Rossmoor Beginnings: 60 Years Ago

By Mary Jane Brubaker

In 1965, Lyndon B. Johnson was President of the U.S. The Social Security Act was passed, thus bringing Medicaid and Medicare into being. "The Sound of Music" was released. The first Peanuts TV special, "A Charlie Brown Christmas," was broadcast. And the first-ever stadium rock concert, which featured the Beatles, was held at Shea Stadium. Hit TV shows included "The Andy Griffith Show," "The Beverly Hillbillies," and "Bewitched." New shows were "Lost in Space," "Hogan's Heroes," and "Get Smart."

Here in Monroe Township, just a short five-and-a-half months after the initial groundbreaking in May 1965, Rossmoor Leisure World opened to much acclaim on Oct. 15, 1965. Then Governor Richard Hughes was the featured guest and keynote speaker as a crowd of 500 guests gathered in front of the Administration building (now One Rossmoor Drive) for the raising of the American flag and the Rossmoor Leisure World flag. Developer Ross Cortese was not present due to illness. After the flag raising, the guests walked across the field

to where the co-ops were to be built. There, a huge striped tent was set up, speeches were given, and lunch was served. Following lunch, Rossmoor Leisure World buses took the guests on a tour of the newly completed section of the community. Stops included visits to the Clubhouse, the swimming pool, the Meeting House, and the Village Mall where the fully furnished models were on display. As the guests roamed the charming New England-like setting, the American Brass Quartet provided background music from their perch in the rear of the Administration building. The rest, as they say, is history.



The American Brass Quartet entertained the 500 guests in attendance on Rossmoor's opening day on Oct. 15, 1965.

JEWELRY EXCHANGE

We Buy...Gold, Silver, Diamonds, Estate Jewelry, Coins, and Watches



MONROE JEWELERS

FAMILY JEWELERS SINCE 1974

- LICENSED & BONDED APPRAISERS
- TOP CASH PAID for Estate Jewelry, Watches & Coins
- FREE Evaluation - Entire Estates •We Make House Calls!
- SALE - All 14K, 18K & Diamond Jewelry up to 50% off

WATCH BATTERIES \$4.99

(Some watches higher)

Monroe Jewelers. With coupon only.

\$5 OFF ANY JEWELRY OR WATCH REPAIR

Monroe Jewelers. With coupon only.

(609) 409-3600

1600 Perrineville Road, Monroe Township, NJ 08831

Concordia Shopping Center

monroejewelersnj.com

Ready for Your Flu Shot?

By Sidna B. Mitchell

Have you made your appointment to get your flu shot for this season? If not, there may still be time to make an appointment with the Rossmoor Health Care Center for the Oct. 3 or Oct. 10 shots in the Ballroom. Be sure to register online at <https://tinyurl.com/5ccj4nxh> or stop by the Health Care Center and fill out the appropriate paperwork to select an appointment time. The flu shots will be given between 10 a.m. and 2 p.m. on Friday, Oct. 3 and between 1 and 5 p.m. on Fri-

day, Oct. 10. Be sure to bring your current health insurance cards (primary and secondary) and your driver's license or identification card at the time of your appointment. On the day of the shots, the nurses can accommodate walk-ins, but they have to wait until those who have registered are taken care of before others will be given the vaccine. Homebound residents may be able to receive shots at home by contacting the Health Care Center at 609-655-2220. Unfortunately, Rossmoor's Health Care Center is no

longer giving Covid shots. However, you can check with CVS and other area pharmacies for their dates, times and whether an appointment is necessary. Also, when visiting your doctors, you can ask about getting the other vaccines since those can sometimes be done in their offices. The Rossmoor Health Care Center is open seven days a week from 7 a.m. until 7 p.m. for a variety of services including lab work and blood pressure. Please call 609-655-2220 if you have any questions.

Make Something Sweet for Charity Exchange

By Sidna B. Mitchell

You don't have to bake 49 cakes like Greg Policastro did last year, but you might want to contribute your favorite sweet to the Ye Ole Bake Shoppe, suggested Lori Moses, chair of the goodies in the Cedar Room. For four years she has been running this tasty part of the Charity Exchange that is set for Saturday, Nov. 1, this year. Although Lori, who has lived in Rossmoor for seven years, baked 22 cakes last year, she encourages other

residents to bake or make and donate to this good cause. "For example, we've had brownies, cookies, pumpkin bread, gluten-free desserts, and chocolate-covered pretzels to sell," noted this energetic hairdresser who loves to bake and cook. If you have any questions about what to bake, just give Lori a call at 201-906-9646 or simply drop your special treats off on Friday (Oct. 31) from 9 a.m. until 2 p.m. or early the morning of the

Charity Exchange (Nov. 1). "Last year we bought cake boxes so we could sell whole cakes that people wanted for special occasions," said Lori. "We get requests for orders for specific cakes such as carrot, pistachio, crumb or pound. This year we will also sell cake slices in the Ballroom when people go in for a bagel or hot dog." She said her committee meets to decide what goodies they want to sell each year. "We always hope to

(Continued on page 9)

New Telephone Directory in the Works

If you're curious about the name or phone number of that new neighbor across the street, you'll be happy to know that Administration is working on a new Residents Directory for 2026. If your name, address, or phone number was incorrect in the 2023 Directory, by all means, complete the Rossmoor Resident Telephone Directory Form by making the appropriate changes, additions, or deletions. Then, return or mail the form to the RCAI Administration Building, Village Center, 128 Sussex Way, Monroe Twp., NJ 08831, before Dec. 12, 2025. However, if your name, address and/or phone number is correct in the 2023 Directory, filling out the form isn't necessary.

Rossmoor Resident Telephone Directory'

Please mail or bring this form to the Rossmoor Community Association, Inc. Village Center 128 Sussex Way, Monroe Twp., NJ 08831 With any additions, changes or deletions.,

NAME: _____

ADDRESS: _____

PHONE: _____

Changes/Additions for the 2026 edition:

NAME: _____

ADDRESS: _____

(1) PHONE **OR** (1) CELL: _____

All changes must be received by December 12, 2025

If your name, address and/or telephone/cell number is in the 2023 edition correctly, it is not necessary for you to complete this form.

M. David DeMarco, *President*, N.J. Lic. No. 3203
Thomas J. DeMarco, *Manager*, N.J. Lic. No. 4651
Peter S. Winther, *Director*, N.J. Lic. No. 4763
Jennifer L. Burry, *Director*, N.J. Lic. No. 5172

"Family Owned & Operated"

M. David DeMarco

Funeral Home, Inc.



205 Rhode Hall Rd.
Monroe Twp., NJ 08831
732-521-0555
www.demarcofuneralhome.com

In the Year 2065

By Allen Kobezak

In the year 2065, will Rossmoor still survive? I'm sure it will, but what will it look like, and what is the significance of the year 2065? That will be the year of Rossmoor's 100th anniversary, but don't start planning our celebration yet; a lot can happen in 40 years.

This year marks our 60th anniversary, and many changes have occurred since Ross Cortese purchased a potato farm and up sprouted a community for active adults.

No one knows what the future will bring, but let's take a fun trip forward and imagine what Rossmoor might look like in 2065. Remember, this is mostly for our own amusement - but also for me to have something to write about.

Let's start right here with the Rossmoor News, where some changes have already come this year. But in 40 more years, will artificial intelligence take over, forcing Sue Ortiz and all our writers to find a new outlet for their musings? Will there even be a paper copy of the

Rossmoor News, or will it be found only online, where the articles can be changed daily? And maybe you will view it all on a special screen incorporated into your reading glasses.

Rossmoor's employees come and go, just as in any enterprise. Most of our current ones will have left us in 40 years, hopefully enjoying their retirement in a world with increasing lifespans for everyone.

Our Clubhouse Manager Melissa Barnard should be in retirement. With an empty nest, I wonder if she and her husband will return full-time to their favorite pastime - drag racing.

Speaking of drivers, will traveling around our community see any changes? Will driving automobiles still be allowed on our roads when we reach that 100-year mark? There may be an easier way to transport us to the Village Center, to the Clubhouse, or to your friends on the other side of Rossmoor. Will some low-speed rail line be constructed to pick you up in front of your house and take you anywhere you wish

to go?

Now, let's turn our attention to the activities in our community. We'll still need to remain active in our older years, so I can't see many changes at the Fitness Center or in our sports. However, there may be some new sports. Pickleball and Corn Hole weren't played in Rossmoor when it opened 60 years ago. The trend seems to be to name these new sports after a fruit or vegetable. Perhaps Tomato Tossing may be in our future?

Exercise classes in the pool, dances, and Yoga in the Clubhouse should still be popular. Walking on the streets of Rossmoor to keep fit should also continue to be a common practice — just be cautious when crossing the tracks of the Rossmoor Express.

On our golf course, as I write this, a glimpse into the future can be seen. There is a small, unmanned mower wandering over the grass areas of the course. It's similar to that robot vacuum you may have seen that cleans floors. I wonder if it can be programmed to also chase the geese off the golf course?

And will our professional dog walker still be skillfully keeping nine little doggies in control without them ever tangling her up in knots with their leashes?

Who knows? Maybe with the help of some great scientific advances, we will all still be here in Rossmoor to experience these changes firsthand.

I just hope that if there's a pill to reverse aging, it stops before putting me back in diapers or as only a twinkle in my father's eye.

What Happened to Those Trees?

By Carol De Haan

Consternation tends to prevail among Rossmoor's tree lovers when they see a tall, handsome, heritage tree being taken down with no explanation ever offered. Those days might be long behind us.

For example, last July, six tall trees went down around the Clubhouse, which is in the purview of RCAI. It turns out that General Manager Tom Curry, who has landscaping credentials from Cook College (the Rutgers Agricultural School), had gone to the Municipal Building to speak to Pam Broskie, the mayor's coordinator for the Shade Tree Commission.

Tom paid the \$35 fee for a Tree Removal Permit, which — by the way — gives no one the right to start chopping. Instead, the permit triggers a visit from the township's licensed tree expert, Forester Gary Lovallo, who has said that he will never authorize the removal of a healthy tree for purely personal preference. There must be a good reason.

In this instance, he found the disease of oak leaf scorch sufficient to justify taking down those trees. However, this

Tree Removal Permit also requires that within a year, Rossmoor must plant seven new trees, none of them skinny little saplings. The new trees must be sturdy enough to survive, therefore, at least between two-and-a-half to three inches in diameter at chest level.

We look forward to seeing seven new trees this fall or perhaps next spring. We report on this development to reassure our residents that a decent respect for the environment prevails in Rossmoor. (Also, kudos to Tom Curry.)

Why does the Township interfere in a person's right to do what he wants on his own property?

Because there is a larger issue involved than just ownership rights. That issue is public health. Our homes adjoin a never-ending river of contaminated air: the New Jersey Turnpike where, in addition to carbon dioxide, carbon monoxide, and methane, our air contains such toxins as ozone, benzene, toluene, ethylbenzene, xylenes, and black carbon.

Our Department of Environmental Protection monitors air quality throughout the state. Rutgers University keeps tabs on the air in Central Jersey, and we inevitably earn a rating of "U" (unhealthy), or "USG" (unhealthy for sensitive groups). By contrast, the farm areas in the western or southern parts of the state tend to get pretty good marks for air quality.

Why are trees the solution?

Because they evolved at a time in earth's history when there was little to no free

(Continued on page 10)

Charity Exchange

(Continued from page 8)

make more money than we did the last year," Lori vowed.

Noting that the Ye Ole Bake Shoppe sells out fast, Lori said people might want to stop there first before they check out the rest of the Charity Exchange that runs from 9 a.m. until 2 p.m. on Saturday, Nov. 1, throughout the Clubhouse.

TURN OFF THE NATIONAL NEWS AND



TUNE IN TO THE LOCAL MARKET!

Contact Sal for a FREE MARKET VALUE of your home today!

#1 Brokerage in the Monroe Twp Adult Communities.



CENTRAL LEVINSON

Salomon "SAL" Massoud

Broker Associate | Relocation Specialist

C 609.655.7717

O 609.655.5535

SMassoud@ERACentral.com

SalMassoud.com

Your Local Expert with Global Connections!

Each ERA® Office is independently owned and operated. If you have a real estate services contract with a brokerage this is not meant as a solicitation.





Barbara's Unique Antique Boutique

10% discount to holders of Rossmoor I.D. card

Thurs. - Fri. 10:00 am - 5:00 pm • Sat. 10:00 am - 3:00 pm

Closed Sun. through Wed., but always call to verify hours.

Jamesburg's Largest Estate Jewelry Selection

WE BUY GOLD

also buying Coins, Sterling, Costume Jewelry, Cameos, Designer Purses, Old Toys, Military & more.

Lifetime Area Residents Specializing in Buying and Selling All Kinds of Fine & Costume Jewelry, Antiques, Collectibles & Gifts. We have a Full Shop with Thousands of Pieces to Choose From.

Visit us at www.barbarasantiques.com

 Like us on Facebook • Providing 34+ Years of Exceptional Service

35 East Railroad Avenue, Jamesburg, N.J. 08831

732-521-9055



RARITAN BAY CARDIOLOGY GROUP, P.A.



"We Make a Difference in People's Lives."

THE BEST CARDIOLOGY AND INTERNAL MEDICINE SERVICES IN N.J.

Servicing the NY/NJ/PA Area for Over 40 Years

Blood Pressure Monitoring

Medicare Well-Care Visits

Cardiology Testing

Cardiac Intervention

Monroe Office

7 Centre Drive Suites 13 & 14, Monroe Twp., NJ 08831

609.655.8860

www.rbcgpa.com

The Ernie Mogor Story: Part 3

By Jim Wilson

After Ernie Mogor was wounded by a sniper in 1944, his surgeon operated without anesthesia, searching for the bullet. "He found it, pulled it out, showed me it was a piece. In fact, I have that piece home, in my war room." Ernie carries the other part of the bullet inside him today. His surgeon told him that the bullet missed his femoral artery by a fraction of an inch. "Had it pierced that artery, I'd have bled to death right then and there."

Recovery took a long time. Ernie spent quite a while in a

Long Island hospital and regained the strength he needed to walk again. That's when a medical officer told him, "'Sir, you're going home. The war is over for you.' And he took out this box and opened it up and he said 'You deserve this.' It was a Purple Heart." Ernie was also awarded a Bronze Star for valor and bravery in combat.

Ernie recalled an earlier time in Germany when he was in an open field and got down on his knees. "I was scared, and I prayed. And, I said to God, 'I'm scared, I'm scared. Please help me.'

And, I felt that I was as close to heaven as I could get. He listened to me. Although I got shot, I lived. And, I still pray."

Later, Ernie returned to New Brunswick. "Mom and Pop, I'm home." His parents hugged him, held him and cried.

Following Ernie's service in the Army, Ernie said, "I married my sweetheart. I was 21. Her name was Margaret. Years later she fell ill. She was an asthmatic. And that took her life. She died young. Then I met this beautiful lady, Carol. And then we dated, and I proposed to her and she accepted. We've been married 16 years now. I have a wonderful life. I'm 99 going on 100. I still consider myself in pretty good shape. Do I have scars on me? Yes, I do. Scars of war."

Carol joined Ernie when he traveled back to Europe in 2023. "There were four veterans who went with us," Carol said, "and each veteran got a day that was devoted to his journey across this area. And on Ernie's day, they were brought to the Rhine River to the town of Kaub, where he was shot. Yes, the castle is still there."

On that same trip, Ernie found his buddy Joey's grave. "I knelt and I talked to him. I really did. And I said to Joey, 'I'm sorry, Joey. I made it, but you didn't. You were killed on the first day of combat. You did what you had to do. You gave your life. I salute you,

Joey. God bless you."

Ernie had a successful career after the Army. He worked for Johnson & Johnson in the Personal Products Division for 35 years in research, quality control, and design. One of his designs received a patent.

Ernie moved to Rossmoor with his first wife, Margaret, in 1997 and has been here ever since. "I love it here. I



Ernie is seen at the grave of his buddy, Joey Gullo.

met a lot of people. I joined the Veterans Group here." The Rossmoor Veterans

(Continued on page 11)



GOLDSTEIN
FUNERAL CHAPEL INC.

The only Jewish owned funeral home
in Middlesex County

*We value the dignity and the
sanctity of the Jewish soul and we
uphold and maintain reverence for
the Jewish tradition.*

732-777-0032

Martin Goldstein, Mgr.

N.J. Lic. No. 4025

2015 Woodbridge Avenue

Edison, New Jersey 08817

www.goldsteinfuneralchapel.com

Trees

(Continued from page 9)

oxygen in the atmosphere. There was only what we would consider toxic fumes. So plants adapted to use whatever was available. Then, with no use for oxygen, they expelled it. Over the eons, as earth became covered with trees, enough oxygen accumulated to saturate the atmosphere. As living creatures crawled out of the oceans into an oxygen-rich world, they too evolved to make use of what was available: oxygen. Humans and animals require oxygen to survive, while plants happily devour the toxins that would kill us or make us sick.

Does the Golf Course help?

We have more than 900 mature trees on our magnificent Golf Course, thanks initially to builder/golfer/tree-lover

Ross Cortese, and in recent years, to Golf Course Superintendent Tom Tucci who tends them. Commenting on that facility, Forester Livallo said, "There is nothing that we have ever asked Tom Tucci to do that he hasn't done. In fact, he inevitably does a lot more than we ask." Good for you, Tom Tucci.

Kudos to Mutual 9

If you exit Rossmoor by the south gate, you probably noticed the tall, good looking young tree recently planted on the left about a block before you reach the gate. At the corner of New Haven and Roxbury, it replaces an older tree that was removed. As it grows, that tree will shade the nearby house. It will eventually make enough oxygen to sustain 10 people for a year. It will enhance the beauty of this tree-loving community. Many thanks to Mutual 9 from all of us.



Dr. Peter DeFazio

Healthy teeth and gums for a lifetime.

1. HE SHOULD LISTEN TO YOU —

When you first meet the Doctor, it's a good sign if you get to do most of the talking. After all, who knows you better than... you! Your needs and concerns are VERY important to us!

2. GENTLE COMFORTABLE CARE —

Nowadays, your dental care can be surprisingly comfortable. Even anxious and nervous patients are put at ease. You will be amazed at how easy dental care can be!

3. REASONABLE AND FAIR COST —

We know how valuable your time and money are to you. That's why our goal is "on-time" appointments, "Interest Free" financing, and reasonable fees.

"When you need a dentist, you want one who really does take the time to be gentle and caring. That's exactly the way I built my practice: calm, relaxed, and incredibly comfortable."

"Give me a call. My number is 609-860-1161. You will be pleasantly surprised and very happy!"

— Peter DeFazio, D.M.D.

- GENTLE DENTAL TREATMENT
- PROFESSIONALLY TRAINED, CARING AND COURTEOUS STAFF
- ALL TREATMENT PLANS THOROUGHLY EXPLAINED
- FINANCE PLANS AVAILABLE THROUGH SPRINGSTONE FINANCIAL AND CARE CREDIT
- ON-TIME APPOINTMENTS
- NIGHT TIME APPOINTMENTS AVAILABLE
- MOST INSURANCE PLANS ACCEPTED



Dr. DeFazio has been practicing for over 30 years, is married, and has three daughters and three grandchildren. He enjoys spending time with his family and at his favorite pursuits which include golfing and vintage cars.

Dr. DeFazio is a graduate of Temple University and UMDNJ. He is a past Clinical Instructor at JFK Medical Center and a past Board Director for the American Red Cross.

WE'RE RIGHT IN THE NEIGHBORHOOD!

1 Rossmoor Drive • Monroe Township, Suite 100
The Heritage Building
At the corner of Forsgate Drive and Rossmoor Drive

(609) 860-1161

24-Hour Emergency Care

Ernie Mogor

(Continued from page 10)

Group's Joe Salzano said Ernie bonded with every guy in the group and immediately gained their respect.

"We celebrated Ernie's 99th birthday, and he appreciated that we remembered and honored him," Joe said. "Also, he promised to celebrate his 100th with us. I'm not a wordsmith, just a guy from Brooklyn who speaks what he feels and believes. I love Ernie. It is our honor having Ernie as a respected member of our Veterans Group. He represents the Greatest Generation, proudly."

In a corner cabinet in his war room, where Ernie has amassed an impressive collection of war memorabilia, there is a button that says "Married to a Hero." Ernie doesn't consider himself a war hero. "A hero is risking your life to the fullest extent," he said. "Doing something to help somebody else. I did what I had to do. I was very proud to defend my country."

As for the recent marking of the 250th anniversary of the U.S. Army, Ernie is reminded of the phrase "All gave some; some gave all."

"Don't forget the ones that gave all," said Ernie. He wants them to be remem-

bered and not just on the 250th anniversary. "I think that is the war itself. It's the men who fought the war. It's the men who gave their lives for the war. I was lucky. I gave some."

Looking back over his life, Ernie said he was fortunate. "I made it home."

But he's also looking ahead. "I'm going to be 100 years old and I'm going to light up New Brunswick with firecrackers!" And, the Rossmoor Veterans Group will no doubt be right there by his side with matches, gratitude, and just maybe some eggs in a helmet.

Ernie, thank you for your service. God bless you.

Sing-Along with the Rossmoor Chorus

By Janet Wilson

The audience at the Players' This n' That shows in August had a chance to participate by singing along to 'Bridge Over Troubled Water,' played on piano. There's nothing like music to bring a community together, especially one which shares so many good memories of "back in the days."

You will have another chance to reminisce and have fun with familiar songs as the Rossmoor Chorus leads our annual Sing-Along. Come join us on Sunday, Oct. 26, from 2 - 3 p.m. in the Ballroom. The Chorus will begin and end the program with two favorites. Russ Howard and Lenny Venito will then lead the audience by singing and

accompanying on their guitars. Next, Moriah Kam and Janet Wilson will accompany all your amazing voices on the piano. (Dancing is encouraged but not required.) The words to all songs will be up front on the large screen. Just come and enjoy!

There is no admission fee, but we'll gladly accept donations that will be used to purchase music for upcoming Chorus concerts.

And we'll all get to enjoy fall refreshments of cider and doughnuts afterward. Bring a neighbor, a friend, or a family member if you'd like.

Guaranteed: All will leave humming and with spirits lifted - always our goal!

Introducing The All New T&T Coast-GMC

~ UNDER NEW OWNERSHIP ~
(Formerly Cranbury Buick GMC and Perrine Buick GMC)

Grand Opening Special
\$500 OFF
Any Pre-Owned Purchase
Vehicle or Truck

Over 200 In Stock

Must present at time of purchase

Grand Opening
Truck Lease Specials

2025 GMC Terrain
\$99/MONTH LEASE!

For 39 Months /10K Miles/Year

Disclaimer: 2025 GMC Terrain Elevation All Wheel Drive SUV MSRP: \$33,890 \$7995 Down, Price(s) include(s) all costs to be paid by a consumer, except for licensing costs, registration fees, and taxes. \$1000 Lease Loyalty/conquest, Dealer installed Accessories additional. VIN: 3GKALUEG6SL307174 Stock #C36049

2025 GMC Sierra 1500
\$199/MONTH LEASE!

For 24 Months /10K Miles/Year

Disclaimer: 2025 GMC Sierra 1500 Four Wheel Drive Elevation Crew Cab. MSRP \$57,390. \$5,995 Down, Price(s) include(s) all costs to be paid by a consumer, except for licensing costs, registration fees, and taxes. \$1000 Bonus, \$2000 GMC Incremental CCR, \$3,250 Buick & GMC Lease Loyalty Program. Dealer installed Accessories additional. VIN: 3GTPUEKISG213394 Stock # C36031



Tom Faragalli
Owner

T&T Coast

GMC



CERTIFIED
PRE-OWNED

Come Visit Our Brand New EV Showroom

2730 Rt 130 • Cranbury, NJ 08512

(609) 395-5599 • www.ttcoastgmc.com



Tim Dunne
Owner

T&T Coast

Service
Department

\$20 OFF
Any Service

Must Present At Time of Service

FREE
Check Engine Light
Diagnostic

Must Present At Time Of Service

Hours: Monday - Friday 7:30 am - 5pm
Saturday 8am - 2pm • Sunday Closed

(609) 395-5599

We Still
Service
Buicks!

2730 Rt 130 • Cranbury, NJ 08512 • (609) 395-5599 • www.ttcoastgmc.com

T&T Coast

Body Shop

- ▣ Servicing All Makes & Models
- ▣ Trained Professional Technicians
- ▣ Work With Most Insurance Companies

Hours: Monday - Friday 8am - 5pm
Saturday 8am - 12pm • Sunday Closed

Call For **FREE Estimate**
(609) 395-5599



A Day at the Renaissance Faire; an Evening in Eastern Europe

By Mary Jane Brubaker

All you have to do to take advantage of both is take a short ride or perhaps a walk to the Meeting House on Nov. 9 and 14. And it will only cost \$10 per trip. Harpist/singer Michelle Mountain will be presenting her program, "A Day at the Renaissance Faire," on Sunday, Nov. 9 at 3 p.m. Cellist Tsung-Yu Tsai and pianist Yidi Jaio will be combining their talents on a mu-

sical journey across eastern Europe from the Carpathian Mountains of central Europe to the Caucasus region - featuring works by composers from Poland, Georgia, Czechia, and Hungary. Let these stellar musicians take you on a transformative musical journey. Tickets are \$10 and may be purchased at E&R or by calling 609-655-3232. These concerts are brought to you by the Music Group.

Wicked witchcraft or witch tales?

By Allen Kobezak

It's October, and the last day of the month is Halloween. This is a great time for an article about scary things like ghosts, witches, and kids ringing your doorbell, threatening to play nasty tricks if you don't give them candy. Come November, those little tricksters dressed as werewolves, mummies, and monsters will turn back into the cute little angels you believe they are. But what about the ghosts and witches of the supernatu-

ral world? Do we know if they exist, or are they the product of some storyteller's imagination? We can be skeptical about the existence of ghosts. Some of the living among us may claim to have seen a ghost while taking a shortcut through a cemetery on a dark, moonless night. But show me the proof. There are no credible photographs of ghosts. There are only ghost stories. However, the existence of witches is much more difficult to prove or disprove. A witch is a living human who has the ability to use magical powers in an evil way. If you are accused of witchcraft, how can you successfully convince your accusers that you don't have these spe-

cial powers that a witch would possess? Many women and men in colonial times were put on trial and forced to defend themselves against charges of witchcraft. These accusations may have been initiated because of some unusual behavior by the so-called witch or because of one person's dislike or desire for revenge against a perceived enemy. I'm sure you've heard of the Salem witch trials in colonial Massachusetts in 1692. As many as 200 people were suspected of witchcraft, and 30 were found guilty. Nineteen of these were hanged. A little too late for some of the accused, the Salem witch trials were later declared unlawful; and in 1711, the Massachusetts legislature annulled all the convictions. This came after some of the accusers, mostly teenage girls, admitted they had made up the charges that started the mass hysteria. Salem wasn't the only place where people were accused of witchcraft in colonial America. Less than 25 miles from your door lies the remains of Mary Moore, better known as The Witch of Edison.

Technology Does Change

By Steven Gray

Most of us have seen many changes over the years, especially in technology. I will be listing some of the changes and concentrating on one in particular. Memories, memories. Remember the days when we had manual typewriters? The clickety-clack with the bell at the end could drive you insane. Then came the electric typewriter. A little quieter and let you make mistakes even faster, but the better ones came with correcting tape. The next step upward was the word processor. The oversize keyboard housed in a massive case that let you actually save what you were typing, thus negating the need for correcting tape, assuming the saved media worked. Who could ever forget the infamous Rolodex? It was a great way to maintain a list of telephone numbers and ad-

resses, plus you could add or subtract by just changing a Rolodex card. Prior to the advent of photocopiers, we had the mimeograph machine. It did do an okay job of duplication, and we won't talk about sniffing the ink. How many of you still use a pencil? To keep it sharp, you had this ugly mechanism with a large crank that had many holes on one end to stick a pencil in. That, of course, was supplanted by the electric pencil sharpener that can grind a pencil down to a stub in less time than it takes to read this sentence. Ever have a dot matrix printer? The print head used small pins that hit a typewriter ribbon. The early ones had eight pins, but the accepted amount ended up being nine pins with the much better printer using 24 pins. These worked great if you had to use forms with carbons. Carbons

are still in use in some places and you can buy carbon paper, but why? Pagers, another idea that bit the dust. I did have to carry a pager on the job until the agency broke down and got us cell phones. I preferred the pager as I could respond when I had time rather than drop everything to answer a call. Now we come to the infamous Zip drive. Keep in mind that in the era of the Zip drive, the most popular storage form at that time was the 3½ floppy that held a massive 1.44 MB and the hard drives of that time, aside from the prohibitive cost, were anywhere from 10 MB to 40 MB. The Zip drive, made by Iomega, originally had a capacity of 100 MB, which was later increased to 250 MB and finally 750 MB. Zip drives were a fairly economical back-up for computer users but, like all things computer, they were supplanted by CDs and USB drives. If you happen to have a Zip drive

(Continued on page 13)

The Inquiring Photographer

What was it that attracted you to Rossmoor?



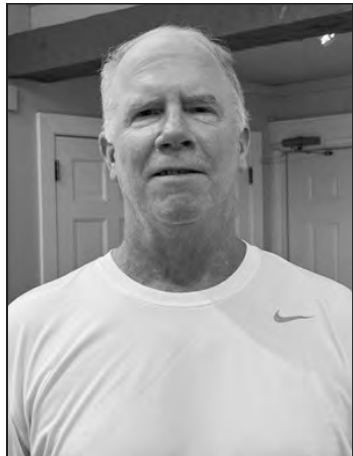
Doris Herron

The location. It was away from the traffic of my former home. It was beautiful, and I had friends here.



Sharon Gaines

It reminded me of where I grew up in New Bedford, Mass.



John Messeroll

My wife selected Rossmoor because it's near the turnpike. Her sisters live in N.C. and Va., so it makes it easy to travel back and forth.

Trivia

By Peter and Phyllis Braff

1. What color is the number zero on a roulette table?
A - blue B - green C - white
2. What city are most of the USA gold reserves stored?
3. A - Phila B - Las Vegas C - Fort Knox
- What is plastic made from?
A - Sand B - Petroleum C - plants
4. What is the largest paper currency in the USA ever printed?
A - \$5,000 B - \$50,000 C - \$100,000

(Continued on page 14)

Town Diner

Dinner, Music, Bingo Night!

MONDAYS & TUESDAYS 4:00—6 PM
— BI-WEEKLY —
OCTOBER 6 & OCTOBER 21
NOVEMBER 3 & NOVEMBER 17
DECEMBER 2 & DECEMBER 15

Music Bingo is included with the purchase of your meal.

Entertainment by Tara Feeley Entertainment
Limited Seating, Registration Required!
Email TowndinerNJ@gmail.com your full name(s) and phone number. OR stop in to register in person.



\$5 OFF

with purchase of \$30 or more

With coupon. Cannot be combined with other offers. Expires 10/31/25

WE CATER

431 Route 130 North, East Windsor, NJ
609-443-8222 • www.towndinernj.net

WE DELIVER WITH GRUBHUB TO:
Hightstown, East/West Windsor, Cranbury, Princeton Junction
(\$5.00 Delivery Charge to Monroe)

HOURS
Sun-Thurs 6am-9pm
Fri & Sat 6am-10pm

You Are Not Above the Law

By Terre Martin

Rules of the road still apply when you enter Rossmoor. You are expected to stop at stop signs, yield to pedestrians in crosswalks, observe posted speed limits, drive on the right side of the road, and not drive when you are incapacitated. The fact that we are a private community does not exempt us from following established traffic laws. Monroe policemen don't patrol our streets, but that doesn't mean we can ignore common sense traffic laws.

How many near-misses do we need to see at the four-way stop sign at Rossmoor Drive and Old Nassau Road, near the North gate, because people don't adhere to the "wait your turn" rule? When both cars reach the intersection at the same time, the one on the right goes first.

How many times have you come upon a resident walking or riding a bike on a dark street with no reflective clothing? Even though we have sidewalks, some people choose to walk in the street. That's their prerogative, but they should walk facing the traffic and remember that cars have the right of way. They should not assume a car can stop or avoid them. We are senior citizens, and our reflexes aren't what they used to be.

Bikers should be riding their bikes with the traffic and to the side, not in the middle of the lane.

Since we're on the subject, we need to be more mindful of rules that could affect our ability to drive. For example:

State law requires seniors and all other adults to pass a vision screening every 10 years as a condition of renewal. If you have two or more serious accidents within six months that put points on your license, you can be required to retake a vision and driving test. Restrictions or conditions can be put on your license when there's "good cause" related to your physical condition or driving ability. The most common restriction for older drivers is the requirement to wear glasses or corrective contact lenses.

Last, but not least, if you hit another car, even in a parking lot, you must stop immediately, check for injuries, and provide information if the other driver is present. If the other driver is not there, leave a note with your contact and insurance information. You should document the accident by taking photos of the damage and contact the police if there are injuries or significant damage, as this is often a legal requirement.

None of this is new information, but it's worth repeating and reminding everyone that you are not above the law, even in Rossmoor.

Trivia Answers

(Continued from page 12)

- 1 – B
- 2 – C
- 3 – B
- 4 – C



Sisters Mary Jane and Peg Brubaker on the West Sands, St. Andrews, Scotland, where the scenes of the runners in "Chariots of Fire" were filmed.

A Week in Scotland

By Mary Jane Brubaker

My sister and I arrived in Edinburgh, Scotland, on June 13, one day before our Classic Journeys Walking Tour of Scotland was to begin. We took the Hop On, Hop Off Edinburgh tour bus to get a feel for the Scottish capital. I immediately fell in love with this UNESCO Heritage Site. The architecture - ranging from the Medieval to Victorian to Scots Baronial to Edwardian - was fascinating, as were the steep, narrow, and densely packed streets.

The next day, in the lobby of the George Hotel we met our tour guides, Gill McMillan, a native of Edinburgh, and Highlander Raymond McIntosh, who was resplendent in a kilt and looked and sounded as if he had just walked off the TV series "Outlander." We set off on a walking tour from New Town to Old Town

along the Royal Mile (which goes from Holyroodhouse Palace to Edinburgh Castle) with our 14 fellow travelers.

Our first stop was the Signet Library, where we enjoyed afternoon tea in the majestic Colonnades Restaurant on the ground floor. The rooms on the upper levels are the province of the Society of Writers to Her Majesty's Signet, an exclusive organization with membership limited to Scottish lawyers.

We then returned to the Royal Mile and continued our walk to Edinburgh Castle. While the castle was impressive, it was also extremely crowded and a bit challenging to see much of the interior without waiting on long queues. My sister and I left the tour early to shop in Old Town. We have Scottish roots, and we went in search of our family tartans, which, to our delight, we found and purchased.

The next day, we took the tour bus to Inverness, a three-hour drive. Enroute, we stopped at the Pass of Killiecrankie for a lovely nature walk. In the afternoon, we met with one of the last two shepherds in Scotland (the other is his brother). We witnessed a fun sheep dog

(Continued on page 15)

The Garden State

(Continued from page 13)

farms in New Jersey, nestled between the two sizable markets of New York and Philadelphia.

Our largest agricultural areas are in South Jersey and Western New Jersey. However, farming still exists throughout the state, although some regions consist of smaller, mostly family farms.

Our state ranks among the top five in the United States for producing cranberries and blueberries, which are primarily grown in the Pine Barrens. We also rank high in producing a wide range of fruits and vegetables, including peaches, peppers, eggplant, and sweet corn. And our Jersey tomatoes, when allowed to ripen on the vine, can't be beaten by any state. We now have vineyards producing a growing specialty crop in our state, with more than 50 vintners turning out award-winning wines.

While there are still farms in Monroe, Rossmoor has served as a magnet to draw more adult communities, restaurants, supermarkets, doctors' offices, and countless other businesses to the land, which was once a thriving agricultural community.

Just across the street, where our neighbors - the Forsgate Community and the Forsgate Country Club - are, was once Forsgate Farms. The 1500-acre farm was well known for its highly successful dairy operation, but it also diversified into poultry, fruit, and even ice cream production.

If you grew up in New Jersey, you may remember a state with more open spaces, less road congestion, and communities that were more dependent on family farms. While change is inevitable, we still have a strong presence in agriculture in New Jersey and, at least for now, can still be recognized by our nickname on our license plates, The Garden State.

I.C.C.

Heating & Air Conditioning

609-655-4647

Your neighborhood Heating and AC Company!
42 Halsey Reed Road • Monroe Twp., NJ, 08831

ICC is a local, full-service company since 1974.

RUUD, LENNOX, GOODMAN DEALER

- SPECIALIZING IN HEAT PUMPS
- CENTRAL AC INSTALLATIONS
- FURNACE
- COILS
- MAINTENANCE, SERVICE
- REBATES AND CONTRACTS AVAILABLE



Santo Intravartolo

- FINANCING AVAILABLE IF APPLICABLE

Lic # 19HC00510800
Lic # 13vh01065900

You name it, we take it!



- Estate Sale Clean Outs
- Garage Clean Outs
- Appliance & Furniture Removal

We will beat or match any price!

800-609-3696
www.wecollectjunk.com

732-257-6254 NJ Lic. # 8843

David J. McConnell

Plumbing * Heating
Home Improvements
#13VH04604300

- Bathroom Remodeling
- Boilers Installed/Repaired
- Water Heaters Installed
- Drains & Sewer lines Cleaned
- Sewer & Water Mains Installed

- Kitchen Remodeling
- Framing
- Sheet Rock
- Tile Floors
- Decks

Scotland

(Continued from page 14)

herding and sheep-shearing demonstration.

Highlights in Inverness included a challenging hike in Glen Affric through the Caledonian pinewoods, a tour of the 13th century Urquhart Castle on the shores of Loch Ness, a visit to the battlefield of Culloden Moors and the nearby cairns (stone structures), which is where "Outlander" author Diana Gabaldan got the idea to send Claire through the stones (and it is where I fell and broke my wrist on the uneven ground), a hike through Cairngorms National Park where our tour guide Gill, a naturalist, told us how to make pigeon pie (do not ask), and a delicious picnic in a bothy (a shelter), lit with fairy lights, which made for quite a magical setting.

We left Inverness and traveled to St. Andrews, setting foot on the famed "Old Course," and walking the glorious beach where "Chariots of Fire" was filmed. While my sister joined the other travelers on a boat ride to the Isle of May to see thousands of puffins and other seabirds, I did not as I did not want to further injure my wrist. Another traveler, who was afraid of being seasick, joined me as we walked around the charming fishing village of Anstruther.

Our tour of Scotland ended with a walk through the picturesque town of Falkland, which is where "Outlander" filmed scenes of Claire and Frank's second honeymoon. It was one of the most charming towns we visited during our three-week trip.

We also toured Falkland Palace. We lucked out as there was a Renaissance Faire under way, with the palace tour guides and people on the grounds garbed in Renaissance attire. It was as if we were the travelers from a different era. We then returned to Edinburgh where we parted ways with our fellow travelers.

My sister and I had two more days in Edinburgh before our flight home so we toured the National Galleries of Scotland (eclectic), the Queen Mother's Botanical Gardens (gorgeous and serene with a great gift shop), and the decommissioned Royal Yacht Britannia (lots of fun seeing how the late Queen Elizabeth entertained while at sea).

And so our three-week trip to Europe came to an end. We were happy, tired and ready to go home having learned some important lessons (pack less so we can bring home more, bring a first aid kit, and avoid late night group dinners if we want to be well-rested for the next day's journey).

CULINARY CORNER

By Sidna Mitchell

What to Do with All These Veggies

Once again Farmer Ken had some winning crops on our two sites in the Monroe Community Garden down on Applegarth Road near Route 33. We were still waiting for the corn and the cauliflower at the end of August, but the yellow summer squash, tomatoes, green peppers, and eggplant were plentiful. Naturally, we shared our abundance with friends; some eagerly took the red-ripe tomatoes and the green peppers.

Others, claiming they didn't really cook anymore, turned down offers of our vegetables. Nevertheless, they didn't hesitate to eat the roasted okra or fried slices of summer squash dipped in a home-made blue cheese dressing.

Often when I gave away some of our produce, I would include one of my old cooking columns; and in some cases, I do mean old. Since 1975, when my late husband asked me to quickly write something to fill a hole in The Citizen, one of our

weekly newspapers in Morris County, I have been writing a cooking column. That continued for 42 years, and after we moved to Rossmoor, I started penning the Culinary Corner in the Rossmoor News back in February 2004. I also had cooking columns in Chapter II, a senior citizen publication in Somerset County for several years. Admittedly, I have recycled some recipes, often making slight changes, over the years.

My first column for The Citizen included two recipes – Granny's beer buns and coffee can bread. That coffee can bread was delicious; but, unfortunately, coffee doesn't come in a metal can anymore. Another one of my mother's (Granny's) recipes was the feature of my first Culinary Corner; Granny's cheese cake is Southern and not at all like a New York cheese cake.

My mother also made a delicious yellow squash casserole that I managed to duplicate since that was one recipe she didn't leave in her collection. This is even good warmed over.

Yellow Squash Casserole

2 cups sliced yellow squash
¼ cup chopped onion
18 Ritz crackers, finely crushed
½ cup sharp Cheddar cheese

Preheat oven to 400 degrees.
Put squash and onions in a saucepan with water to cover.
Cook about five minutes or until squash is tender.
Drain and place in a large bowl.
In another bowl, mix cracker crumbs and cheese.
Stir half of the cracker mixture into the squash and onions.
In a small bowl mix eggs and milk and then add to squash mixture.
Stir in melted butter and season with salt and pepper.
Grease a casserole dish and spread in the squash mixture.
Sprinkle with the remaining cracker mixture. Dot with one tablespoon butter.
Bake in 400-degree oven for about 20 minutes or until casserole is lightly browned and cooked through.
Makes about four servings.
I can be reached via e-mail at sbmcooks@aol.com.

Culinary Corner

1 egg, beaten
6 tablespoons (3 oz.) milk
2 tablespoons melted butter
½ teaspoon salt
pepper to taste
1 tablespoon butter

For Display Advertising
In the Rossmoor News

Call
Princeton Editorial Services
732-761-8534 or 8535
pescmd1@Gmail.com

No Speeding
In the
Community





MONROE DENTAL GROUP

SERVING MONROE TOWNSHIP & SURROUNDING COMMUNITIES

Adam Klein, DMD Jared Maiman, DMD

OUR SERVICES

- ✓ General Dentistry
- ✓ Cosmetic Dentistry
- ✓ Dental Implants
- ✓ Sleep Apnea Solutions
- ✓ Full Mouth Reconstruction

Founded on the principle of "people first" because we believe the person behind the smile is important.

Book your appointment today!
(609) 655-3551
www.monroedental.net

 Read our reviews!

 **18 Centre Dr. Ste. 102**
Monroe Township, NJ
(Located right off Applegarth Rd)

Rossmoor's Website — rcainj.com

ELECTRICIAN
732-851-1561

All Electric Services - Lic.# 15848

- Ceiling Fans • Recessed Lights • Bathroom Fans
- TV Mounting • Smoke Detectors • Security Lights

\$10 OFF sale thru the end of the month!
www.allelectricnj.com



Serving the Community for Over 38 Years!



AB LIC# 00678A

Your One Stop Auto Shop!

Automotive Service & Repair • Auto Body & Collision
NJ State Inspection & Re-Inspection • Towing

609-655-AUTO (2886)
251 Applegarth Road • Monroe Township NJ, 08831

LESTER Memorial Home

Thoughtful, Personal, Dignified Service



16 W. Church Street • Jamesburg, NJ 08831
732-521-0020
lestermh@verizon.net

Christine A. Cuoco Manager Funeral Director N.J. Lic. No. 4538	Gregory S. Lester Funeral Director N.J. Lic. No. 3364	Joseph DePasquale Funeral Director N.J. Lic. No. 3072	Maryann Malak Funeral Director N.J. Lic. No. 5457 Arabic Speaking
--	--	--	---

"A Choice for Rossmoor Residents since 1965"

CATS AT HOME

Emily Jarvis, DVM

609-915-8671

home veterinary visits
27 years all-feline experience
\$10 off first house call fee with this ad



Clubs and Organizations



The Computer Club’s August meeting featured a presentation of 400 photos depicting the construction of Rossmoor from 1965-1967 given by Mary Jane Brubaker. From left are board members Barbara Boyer, Paul Pittari, speaker Mary Jane Brubaker, board members Steve Gray and Cathleen Norback.



Ray O'Reilly and Tony Pasaniello manning the grills at the Republic Club barbecue.

Republican Club Barbecue

By Babs Burford-O'Reilly

The Rossmoor Republican Club held its second annual barbecue on Saturday, Aug. 23, in the Ballroom at the Clubhouse. There were 42 members in attendance. The usual barbecue fare was en-

joyed by everyone. Ray O'Reilly and Tony Pasaniello did outstanding jobs running the grill.

The next meeting will be Oct. 7; light refreshments will be served. New members are always welcome.

WE BUY
ANTIQUES, COLLECTIBLES, JEWELRY,
POSTCARDS, EPHEMERA, POTTERY, PRINTS,
PAINTINGS, SILVER, COINS AND BOOKS.
WE PURCHASE ESTATE CONTENTS
DOWNSIZING/MOVING? CALL US.
ANTIQUE APPRAISALS AVAILABLE.
609-658-5213
Email: LarryFeldman51@gmail.com

Dance Club: Hopping for Halloween

By Debbie Sills

Where did the warm weather go? It's October and time for those cute, ghoulish, or just somewhat outrageous costumes for our Haunting Halloween Hop on Saturday, Oct. 25. We will have a couple of prizes for the most inventive costumes. The dance runs 7 to 10 p.m. in the Ballroom, and the club will provide light beverages and snacks and, of course, some candy! The price is \$10 for 2025 paid members and \$12 for non-members.

Be entertained by DJ Angelo as we dance to a variety of music types with a range of dance styles (ballroom, free-style, and line dance, and even belly dancing if that is your thing). Photographs will be taken.

Pick up the reservation form at the E&R Office. Do make sure when completing the form to print your name in full and the full name of any guest you are bringing. Please leave an envelope with the form and exact cash or your check payable to Rossmoor Dance Club in the Dance Club folder at E&R or mail to Armen DeVivo, 449-B Roxbury Lane, 609-655-

2175.

We have a lot of people who want to attend, and we do have a maximum number of seats available. So make sure to get your payment in by Wednesday, Oct. 22, to ensure you get a seat, par-

ticularly if you are with a group and want to be seated together.

While you're marking your calendar, put down Saturday, Nov. 29, at 7 p.m. for our Let's Do the Turkey Trot with music by Jeff.



Michelle Deutsch, Marty Sherman, and Debbie Sills dressed for the August Sock Dance.

Beth Israel
MEMORIAL CHAPEL
Conservative, Orthodox & Reform

Affordable Jewish Funeral Services and Monuments

Traditional and Alternative Funeral Services Available
Arrangements by Telephone or in Your Own Home
Pre-Planning Specialists Offering FDIC Insured Trusts
Call us at Your Convenience for More Information

475 Main Street
Spotswood, NJ 08884
www.bimemorialchapel.com
732-251-9000
Theodore J. Ricci, CFSP,
Manager., NJ Lic. No. 4455

2025 Dance Club Schedule

DATE	TIME	THEME	MUSIC BY
10/25/25	7 PM	Haunting Halloween Hop!	Angelo
11/29/25	7 PM	Let's Do the Turkey Trot!	Jeff
NO DECEMBER DANCE			

Rossmoor Dance Club
Haunting Halloween Hop!

Saturday, Oct. 25, 2025: 7 to 10 p.m.
Reservation Deadline – Wednesday Oct. 22

Name (s): _____

Phone #: _____

Address: _____

2025 PAID Member(s) @ \$10 per person _____

Non-Member(s) @ \$12 per person _____

Please leave an envelope with this form and exact cash or your check payable to Rossmoor Dance Club in the Dance Club folder at E&R or mail to: Armen DeVivo, 449-B Roxbury Lane, 609-655-2175.

Parker
we make aging part of life®

**We're Accepting
New Admissions
for our Nursing &
Memory Care Homes**

Meeting all the state's infection control requirements for senior living communities

Call and ask how we keep your loved one safe in our care.

Parker at Monroe
395 Schoolhouse Road • Monroe Twp, NJ 08831
Parkerlife.org | 732-992-5200 | [social media icons]

Italian American Activities

By Tony Cardello

The Italian American Club enjoyed another successful trip to the Wind Creek Casino in Bethlehem, Pa., on Sept. 4.

The month of October will feature our popular social event, Rossmoor Downs 2, on Saturday, Oct. 11, at 6 p.m. in the Ballroom at a cost of \$10 per person, with everyone to bring their own

sandwich or snack.

The next membership meeting will be on Wednesday, Oct. 15, at 7 p.m. in the Ballroom.

Bingo will be played on Friday, Oct. 17, at 6:30 p.m. in the Ballroom.

There will be a Catholic Mass sponsored by the club on Thursday, Oct. 16, at 1:30 p.m. in the Meeting House.

Religious News

Who Is a Jew?

By Barbara Herman Hoff

In Judaism there are many levels of observance. There is Orthodox, Conservative, Reform, Reconstructionist, Jewish Renewal, and more. Do you need to be affiliated with a recognized branch of Judaism to be Jewish? Do you need to speak or read Hebrew to be Jewish? Do you need to regularly attend services to be considered Jewish? The answer to all of the above is no. So why join a Temple if you are Jewish regardless of your level of observance?

There are benefits to being a member of a congregation. You are part of a community that cares about your welfare. You have traditions that guide you through every life cycle event. There is a connection to G-d that grows each and every day. As we age, it is important to have people you can rely on. The Rossmoor Jewish Community (RJC) can be that community.

Some people say that they can't or won't join a congregation because they can't read Hebrew. They don't know the prayers. They don't know the customs. None of those matters. According to Chabad.com, if you don't understand the meaning of prayers in Hebrew, you should recite them in the language with which you are most comfortable. There is no shame in that.

The customs are learned by celebrating with your community. You learn by doing. We at RJC welcome all regardless of their level of observance. Some say they are Ethnic Jews. They relate to

being Jewish, but those people are missing the community, the support during times of grief, or the community to celebrate the joyous times.

In 2026, we will be having a social event for our members and the community at large. I am calling them Friend-raisers. They will be very low-cost events that include movies, potluck dinners, game days, and educational events such as the Apples, Honey, and Challah program on Sept. 14 and much more.

We are hoping that these events will bring in new members. Everyone joins a congregation for different reasons. We hope by widening the services we offer, more people will join our congregation. From the families at Rossmoor Jewish Congregation, we wish everyone L'Shanah Tovah. May you be inscribed for a good year. Happy New Year.

Jewish Congregations Happenings

2 Rossmoor Drive, Monroe Township, N.J.



By Adrienne Brotman
Kol Nidrei
Wednesday, Oct. 1
7 p.m.

Yom Kippur
Thursday, Oct. 2
10:30 a.m.
Yizkor to follow

Neilah
5 p.m.

Break Fast 6:30 p.m. Ballroom (RSVP is required)

Sabbath Service
Friday, Oct. 24
7:15 p.m.

All Services are at the Meeting House. For more information about the congregation, contact Barbara Herman Hoff at 973-476-5702.

October Holidays & Observances

- 1. Yom Kippur
- 1. International Day of Older Persons
- 13. Columbus Day
- 13. Native Americans' Day
- 14. National Dessert Day
- 21. Diwali
- 24. United Nations Day
- 26. National Pumpkin Day
- 31. Halloween



The Mutual Four Bees celebrated eight birthdays at the August meeting. Front: Youngae Lee, Joan Russo, Joan Clayton, Sara Torres, Carol Gyskiewicz and, back, Linda Ikeda and Lin Richelsen.

Mutual Four Bees' Ladies Party

By Youngae Lee

About 30 members of the Mutual Four B Ladies Group, known as the Four

Bees, convened at Sal's Deli for a meeting on Aug. 12. It was a joyful gathering as we celebrated the birthdays of eight of our members, held a raffle, and distributed goodie bags.

Everyone's contact information was updated, and a membership list will be

shared soon. The next planned meeting was the annual meeting for all Mutual Four B residents on Sept. 21 in the Gallery with delicious food and dancing.

For more information, please contact Pat Egan at 908-812-1428.



Veterans Group Welcomes Members
All Veterans! Come to a meeting every second Tuesday of the month at 10 a.m. in the Ballroom.

DANIK SERVICES

FREE ESTIMATES

cell: 646-706-2998

Gardening

Install and Remove Christmas Decorations

Gutter Cleaning

Grocery Shopping

REASONABLE RATES

Taking care of each other is what community is all about.

We're proud to serve our community with personal, compassionate care. Our knowledgeable staff is dedicated to honoring those traditions which are important to you, while keeping abreast of technologies to help families gather in today's mobile society.



BLOOMFIELD-COOPER

JEWISH CHAPELS

44 Wilson Ave.

Manalapan, NJ 07726

BloomfieldCooperManalapan.com

732-446-4242

Every Detail Remembered® | Dignity®

Jenelle DeMoro, Manager, N.J. Lic. No. 4491

Croquet Luncheon and Halloween Play



Pizza Night at Croquet Club: Croquet Club President Dan Dobromilsky and social co-chairs Betty Hornig and Barbara Wright show the hungry club members a pizza that is about to be served after play on the court.

By Betty Anne Clayton

The Rossmoor Croquet Club Fall Luncheon will be held on Saturday, Oct. 25, from noon to 3 p.m. in the Gallery of the Clubhouse. At that time, the annual reports will be given by board

members, and officers for the 2026 season will be elected. One of the most anticipated events of the croquet season is the annual Halloween play. Members create a colorful scene on the court

with their costumes, and great fun ensues. This year the costume event will actually be held on Halloween, Friday, Oct. 31, from 3 - 6:30 p.m. with dips and chips following in an Attitude Adjustment time in the Gallery.



Ladies Nine Holers

Ladies Nine-Hole Group Survives!

By Terre Martin

After a long absence since Covid, a Ladies Nine-Hole Golf group was reestablished this past season. The start looked promising with more than 20 women signing up to participate. As the months

wore on and the weather was either too hot or too wet, fewer and fewer women remained. There were also several women who wanted to learn the game, but they needed lessons and lots of practice.

Week and after week, the group down-sized until the last official day, when a core group of die-hards showed up. It wasn't an ideal season, but it proved that there is a

(Continued on page 19)



Winners of the Patricia Mueller Ladies Invitational 18-Hole Golf Club Championship were Esther Yoon Kim (Gross Winner/Club Champion) and Joan Mischak (Net Winner).

Ladies 18-Hole Golf

By Maria Hogan

Our season, although delayed by bad weather, finally kicked off June 4. We had many returning members and quite a few new players. The weather was perfect then, and our first tournament was a success.

We meet every Tuesday for play at 9:30 a.m. Tournaments are usually scrambles and fun games such as "throw out your three worst holes." We also meet on Thursdays at 9:30 a.m. for fun play.

We changed one very important tournament this year. Sadly, in 2023, we lost Patricia (Pat) Mueller, a beautiful person who was a member of our group from its founding. In honor of her spirit and love of golf, we changed the name of our group champion tournament to the Patricia Mueller Ladies Invitational 18-Hole Golf Club Championship. Club Pro Ray Bridy donated a plaque to be placed on the Pro Shop wall so names of the winners can be added every year.

The rechristened tournament was played on Aug. 26.

We had great weather and a great turnout. The winners were Esther Yoon Kim (Gross Winner/Club Champion) and Joan Mischak (Net Winner).

After the tournament, I hosted a get-together, and I even got a few of our retired players to come. Pat's sister, Cathy, was so touched by the outpouring of kindness in her sister's honor.

Pat was one of the first gals I met when I moved here 10 years ago. I was a nervous wreck not knowing a soul on the golf course. I was paired with Pat right out of the box. She said, "Just hit the ball."

In the weeks that followed, she taught me everything she could about organizing tournaments, sign-up sheets, making foursomes up, rules of golf - oh, so many - how the cups are never patted down, and where to hit certain shots, which I never could do. Boy, oh, boy, did I love that woman. One remaining tip, "Just hit the ball to the cup. Forget reading all these breaks." I think of that until this day.

Worth Waking Up For!

Classic Egg Favorites

only \$7.99*

Your choice of: Smoked Bacon, Sausage Links, or Sausage Patties, served with two Grade AA large eggs, cooked to order, with hash browns or breakfast potatoes and choice of:

- three buttermilk pancakes
- fresh-baked Mammoth Muffin®
- white, rye or whole wheat toast.

Available Monday-Friday 7:30-11:00 a.m. (excluding holidays).

*Substitutions not allowed with other discounts or coupons. Excludes holidays. Valid only at participating restaurants. Sales tax, if applicable must be paid by customer. Printed in the USA. 2024 Ascent Hospitality Management.

Perkins RESTAURANT & BAKERY
BREAKFAST is just the BEGINNING®

East Windsor • 50 Princeton Hightstown Road • 609-443-0722

IMPORTANT NOTICE

Motorists must obey the rules of the road while driving within the community including, but not limited to, observing the posted speed limits, No U-Turn, Yield, and One Way signs; stopping for pedestrians; making a full stop at all stop signs; and exercising extreme caution when entering RCAI streets from lanes or other areas without stop signs.

Rossmoor will send robocalls to advise in case of bad weather or emergencies

The Rossmoor administration will send automated robocalls to residents' telephones whenever it is necessary to advise about predicted snow storms, severe weather warnings, or other emergencies.

If you are not home to answer, a message will be left in your voice mail or on your answering machine.

Please be sure to check your phone or answering machine. All necessary information will be included in the message so you will not need to call the office in return.

New Golf Club Champion

The 2025 Rossmoor Men's Club Championship was a huge success with 57 players registered. The Championship Flight had 24 players competing to take down Mike Bazin, a multi-time defending champion. The final matches took place on Sunday, Aug. 24 with two of the four flights being decided on the 18th hole.

This year's Rossmoor Club Champion is Mitch Bass who defeated Young Paik. The A Flight winner, Andy Blank, defeated John King Jr. The B Flight winner, Carmine Caruso, defeated Gary Rediker; and the C Flight winner, Jim Campbell, defeated Peter Bochiaro. Congratulations to all the winners!



Mitch Bass defeated Young Paik to win the championship.



The A Flight winner, Andy Blank, defeated John King Jr.

Ladies Nine-Hole

(Continued from page 18)

genuine interest for women to play golf. The hope is that next season more experienced golfers will join the group. Those that want to learn the game or need more time to develop their skills should contact the Pro Shop to find out about lessons, clinics, and opportunities to practice.

As this season closed, the golfers that stayed in the group developed great friendships, got great instruction, enjoyed the "happy hour" socials, and found other women at their skill level with whom to play. Congratulations to all the Nine-Holers who hung in there. You are survivors!



The B Flight winner, Carmine Caruso, defeated Gary Rediker



The C Flight winner, Jim Campbell, defeated Peter Bochiaro.

Mr. October

By Allan Kaufman

Growing up in the Bronx, there was only one baseball team to root for - the New York Yankees. My first real recollection of the Yankees was when I was nine years old. In 1960 the Yankees seemed unbeatable, but that is why they play the games. While the Yankees outscored the Pittsburgh Pirates 55 to 27, the Pirates defeated the Yankees winning the World Series in seven games. The win came in game seven, on a walk-off home run by the Pirates second baseman Bill Mazeroski.

The Yankees won the 1962 series against the Giants but lost in 1963 and 1964. Then the drought began. The team got older and the farm system was barren. Not until free agency began did the Yankees start to put competitive teams on the field. First it was pitcher Catfish Hunter in 1975, but the big fish was the signing of Reggie Jackson after the 1976 season.

The Yankees won 100 games in 1977; and, after losing to the Cincinnati Reds and the "Big Red Machine" in 1976, they found themselves facing a familiar foe, the Los Angeles Dodgers in the 1977 World Series. In the sixth game of this series, with the Yankees needing one more victory to secure the title of World Champs, is when Reggie Jackson earned the name Mr. October. My father-in-law John DeVergiles and I were there. I have no idea how he got the tickets, but there we were sitting in the upper deck along the third baseline.

In the fourth inning, with the first pitch thrown by Dodgers pitcher Burt Hooten, Jackson smacked a home run giving the Yankees a 4-2 lead. One inning later, also on the first pitch from Elias Sosa, he hit a two-run home run giving the Yankees an

(Continued on page 20)



MAYOR DALINA'S

WELLNESS CAMPAIGN



CHAIR YOGA

Join instructor Steff Gallante from Hope Yoga



THURSDAY, OCTOBER 9, 2025

6:00 P.M.



Monroe Township Library

Registration is required, please register by scanning the QR Code

or email/call ebiennas@monroetwp.com

732-521-4400 ext. 114



Shuffleboard Tournament Winners



Doubles Tournament Winners: Debra Salazar and Aida Torres.



High 4 Disk Tournament: Rob Hutton, men's winner, and Jackie Cristiano, women's winner.

HEALTH CARE CENTER NEWS

By Lisa DiGiovanni, EdD, MSN, RN, MEDSURG-BC, CHSE, and Elizabeth Caruso, MSN, RN, COHN-S, Saint Peter's University Hospital

Surprising Tips for Healthy Aging

Aging well isn't just about avoiding illness. It's about living the life you love! To do this, you must stay strong and independent for as long as possible. While most people know the basics like eating well and staying active, there are some less obvious steps that can make a big difference in how you feel and function as the years go by.

1. Challenge Your Balance Daily

As we age, balance naturally declines. This increases the risk of falling. You have the power to strengthen your own balance every day. Try standing on one foot while brushing your teeth or practicing simple yoga poses. Small, daily challenges can make a big difference in maintaining stability and confidence.

2. Keep Hydrated

Dehydration is more common in older adults because the sense of thirst tends to diminish with age. Water plays a key role in everything from joint health to memory. A good rule of thumb is to drink even when you're not thirsty. This is especially true during warm weather or taking certain medications.

3. Keep Learning New Things

It's not just about cross-

word puzzles. Whether it's learning a new language, taking up digital photography, or mastering a new card game, mentally stimulating activities can help preserve brain health. Studies show that learning new skills creates new neural connections, which helps maintain cognitive function over time.

4. Don't Overlook Oral Health

Gum disease and tooth loss aren't just about smiles; they're linked to heart disease and diabetes. Brush and floss daily, but also keep up with dental cleanings and visits to the dentist that are still important for oral and overall health.

5. Nurture Your Purpose

Having a reason to get up in the morning has been linked to longer life and better physical health. You don't have to take on the world. How about volunteering, caring for a pet, or mentoring a young person? Just be active – mind, body, and soul.

6. Protect Your Sleep Like You Did in Your 30s

Sleep patterns often change with age, but good rest is still essential for memory and mood. A good night's sleep can boost your body's immune function. Some other tips: Avoid large meals, alcohol, and screen time before bed. If you wake up frequently or feel tired during the day, talk to your doctor. Sleep apnea and other conditions are often overlooked in older adults.

7. Train Your Muscles, Not Just Your Heart

While walking and swimming are excellent for cardiovascular health, strength training is essential, too. It

helps maintain bone density and helps you to manage weight. You don't need to lift heavy weights. Use resistance bands, do squats, and learn more about how wall pushups can be effective.

8. Review Your Medications Regularly

Many older adults take multiple prescriptions, but medications that once worked well might not be necessary, or safe, over time. Some can affect balance, memory, or hydration. Ask your doctor for an annual medication review to ensure your prescriptions still make sense for your current health.

Remember, aging well isn't just about eating right and staying active; it's also about adapting, staying curious, and paying attention to things that often get overlooked. Small steps can lead to big benefits over time. Here's to living well at every stage!

Mr. October

(Continued from page 19) insurmountable 7-3 lead. And to top off a Hall of Fame performance, he slammed the first pitch from knuckleballer Charlie Hough into the "black" in deep centerfield for his third home run of the game. The Yankees won the game, 8-4 and their 21st World Championship.

In the five years Jackson played for the Yankees, they got to the World Series three times, winning the title twice, in 1977 and 1978.

Here's hoping our New York teams do well this year in the playoffs.



SAVE THE DATE!

SUNDAY, OCTOBER 19, 2025, 4:00 PM

ABBA TRIBUTE BAND

Come and experience the glitter and glamour of the 70s!



A tribute show to ABBA, the greatest pop supergroup from Sweden, electrifies audiences of all ages with the best hits "Mamma Mia", "Dancing Queen", "Take a Chance", "Fernando", and many more. New York City based touring tribute act will take you back to the days when Swedish disco group ABBA ruled the music world with their great pop hits and memorable performances!

Monroe Township High School PAC

200 Schoolhouse Rd., Monroe Township, NJ 08832

TICKET INFORMATION WILL BE AVAILABLE ON OUR WEBSITE SOON!
<https://www.monroetownshiparts.com>

Contact Phone Number 732-521-5000 x180



JOIN OUR SALES TEAM

- Work From Home
- Part Time - Must Have At Least 1 Year Experience
- Telemarketer And Cold Calling In Local Areas
- \$20 An Hour Plus Bonuses!
- Great Mentorship And Support With Big Upside
- Work With A Variety Of Clients Behind A Solid Brand

GETTING AHEAD IN BUSINESS
call Milton J. Paris
732-306-0040



REMEMBER OUR MEN AND WOMEN IN THE SERVICE

Monroe Township Public Library
4 Municipal Plaza • Monroe Township, NJ 08831
(732) 521-5000 • www.monroetwplibrary.org

Poetry Workshop

Monday, October 6 from 11 a.m. to 12:30 p.m. Join us monthly to read, write, and discuss poetry. In person. Registration required.

Bereavement Support Group

Monday, October 6 at 2 p.m. Participants who have lost a loved one share their grief, pain, and fears in this friendly and supportive group. In person. Registration required.

Open Mic Night

Monday, October 6 from 6:30 p.m. to 8 p.m. Got a song you'd like to share? We'll provide the mics and amp; you provide the talent! Covers and originals are welcome. All performances will be limited to 2 songs or 10 minutes, whichever is shorter. We can only accommodate solo and duet performers. In person. Registration is required.

Women Writers Book Discussion Group

Monday, October 6 at 7 p.m. We will discuss "The Lion Women of Tehran" by Marjan Kamali. In person. Registration required.

Genealogy Club

Wednesday, October 8 at 2 p.m. Genealogist Elyse Ross will present "Investigative Genetic Genealogy: A Cold Case Scenario" virtually on Zoom.

Elyse will walk attendees through a fictional murder case to demonstrate how law enforcement uses DNA with genealogy to solve cold or even hot violent crime cases. This is an online only event. Registration is required to receive the Zoom login information.

Choosing, Prepping, and Enjoying Apples

Wednesday, October 8 at 7:30 p.m. Learn how to pick the best apples for cooking and snacking, how to prep and store them, and easy ways to enjoy them all season long. Online. Register to receive a link to the live class.

International Film Discussion

Thursday, October 9 at 2:30 p.m. My Sailor, My Love (2022, 1h, 43m, NR, Irish). A retired sea captain and his daughter must reassess their strained relationship after he begins a new romance with a widowed housekeeper. Online. Hosted by the Friends of the Monroe Township Library. View the film for free on Kanopy, available through our website. Then join us on Zoom for the discussion. Register to receive a link to the discussion.

The Music Lounge

Thursday, October 9 at 3 p.m. Each month, we pick a musician, listen to a couple

of their songs, and read the lyrics. Then, we'll talk about what makes the writer and their music so timeless. This month's topic is Jim Croce. In person. Registration required.

Chair Yoga

Thursday, October 9 at 6 p.m. In person. Registration required.

Screamboat: Horror Movie Screening and Author Q&A

Friday, October 10 from 6 p.m. to 8 p.m. "Screamboat" is a comedy horror film directed by Steven LaMorte, who will be joining us for a conversation about how he got into writing for film and video games, and will answer Q&A about the film and its creation. **Please note this film is not rated. It does contain gore and violence, as well as swearing. Recommended for teens ages 14 and up, with parental permission. In person. Registration required.

Mix & Mingle Social for Adults with Special Needs

Tuesday, October 14 at 5 p.m. Join us on the second Tuesday of the month for a fun, themed social hour. Designed for adults (ages 18+) with cognitive or developmental disabilities and their parent or caregiver. In person. Registration required.

Page Turners

(Continued on page 22)

BOG Meeting
September 18, 2025

(Continued from page 2)

- ers are excluded.
- Maintenance labor rates for residents and mutuals should be increased to \$90 an hour with the 15-minute rate at \$22.50. After-hour rates should be raised to \$135 an hour.
- Additional mortgage questionnaire requests from mortgage companies should be charged \$100.
- Additional resale inspection requests should cost \$100.
- There should be a \$50 an hour charge for staff hours for requests that require extensive research.
- Mr. Curry stated he will make the changes, and the fee schedule will be available for approval at the first reading of the 2026 Budget at the Oct. 16, 2025, Board of Governors Meeting.

Directors Comments:

Mutual 7 Director Jensen asked about a recent flyer that was placed on car windshield in her mutual regarding a meeting about a dog incident and possible pet rule changes. Mr. Curry explained the flyer was distributed by several concerned Mutual 3 residents who mistakenly invited everyone to a Mutual 3 Condominium Association quarterly meeting. Only Mutual 3 residents were allowed into that meeting. Mr. Curry explained that the aggressive dog incident had

been handled by the Monroe Animal Control Officer and the Mutual 3 family that owned the dog. The dog was put to sleep. He said Mutual 3 is currently working with their attorney to develop additional rules in case a similar incident were to occur. Once adopted by Mutual 3, they plan to share the rules with the other 17 mutuals.

Resident Comments:

- Mutual 1 resident, a professional dog trainer, asked about current rules. Mr. Curry explained that each mutual has its own pet rules. She feels those rules should be the same for the entire community.
- Mutual 11 resident asked for guests to be allowed at the pools in 2026. She feels that when it comes to guests, directors are not voting on the behalf of their residents.
- Mutual 10 residents agreed with the previous statements.
- Mutual 5 residents were concerned that the gate attendants were not watching the pool. Mr. Curry explained that they are there to only allow residents in the pool.
- Mutual 5 resident disagreed with several of the board suggested fees. There is no further business to attend, the meeting was adjourned at 8:20 p.m.

UNLOCK THE ANCIENT SECRET TO
NUTRITIOUS MEALS AND SNACKS



Sorghum BLT Salad

Recipe courtesy of United Sorghum Checkoff Program
Prep time: 20 minutes
Cook time: 20 minutes
Servings: 4-6

Dressing:

- 2/3 cup mayonnaise
- 1/4 cup milk
- 1 teaspoon garlic powder
- 1/4 teaspoon freshly cracked pepper salt, to taste

Salad:

- 1 pound bacon
- 3 cups cooked whole-grain sorghum
- 1 head romaine lettuce, rinsed, dried and shredded

- 1-2 cups mixed greens, torn into 1-inch pieces
- 1 cup cherry tomatoes, halved
- 1/4 cup fresh parsley, coarsely chopped
- 4 green onions, thinly sliced salt, to taste
- pepper, to taste
- Parmesan or goat cheese (optional)

To make dressing: Blend mayonnaise, milk, garlic powder and pepper until smooth and creamy. Season with salt, to taste. Refrigerate until ready to use.

To make salad: In large, deep skillet over medium-high heat, fry bacon. Turn frequently until evenly browned. Drain on paper towel and crumble.

In large bowl, combine sorghum, lettuce, mixed greens, tomatoes, parsley, green onions and bacon. Season with salt and pepper, to taste, and toss with dressing. Top with Parmesan or goat cheese, if desired, and serve.



FAMILY FEATURES

A nutrition boost for your daily menus can go a long way for families focused on making healthy eating decisions. If you're looking for an easy way to add nutrients to your meals, the ancient grain sorghum could be the solution you've been looking for.

Sorghum is non-GMO, gluten-free and a source of 13 essential nutrients. Sorghum can be enjoyed as whole and pearled grain, flour or popped like popcorn, making it a versatile ingredient you can incorporate into meal-planning. It's perfect for breakfast, lunch, dinner and snacks.

Adding a new twist to mealtime can be a cinch. With sorghum, it's easy to achieve flavorful meals that have protein, fiber and other nutrients. Simply use your stove, a slow cooker, rice cooker or oven to prepare sorghum and replace the grain in your favorite recipes. Or discover a new favorite like this Sorghum BLT Salad.

For a quick and healthy snack, grab a handful of Popped Sorghum and feel good about eating between meals. You can purchase popped sorghum or prepare it yourself using one of many simple methods. A delicious alternative to popcorn, popped sorghum is quickly becoming a favorite snack option.

To discover more recipe inspiration and find easy ways to add sorghum to your family's favorite dishes, visit SorghumCheckoff.com.

Popped Sorghum

Recipe courtesy of United Sorghum Checkoff Program
Prep time: 1-2 minutes
Cook time: 4-6 minutes
Servings: 2

- 2 teaspoons oil of choice (optional)
- 1/2 cup whole-grain sorghum salt or seasoning of choice

Heat stainless steel pot with tight-fitting lid over medium heat.

Add oil, if desired. When hot, add whole-grain sorghum and cover with lid.

Shake pot often to prevent burning.

When there are more than 10 seconds between pops, remove from heat.

Sprinkle lightly with salt or seasonings of choice.

PRINCETON EDITORIAL SERVICES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OCTOBER 2025 			1 9:30 am Yoga CE 10 am Needle Punch Class MR 3:30 pm Chorus MH & Parlor 4:30 pm Indian-American Yoga CE 8 pm HH Erev Yom Kippur (Kol Nidrei) MH & Parlor 	2 9:30 am Healthy Bones Class BR 10 am Rug Hooking GL 10:30 am HH Yiskor Service MH & Parlor 1 pm Table Tennis HR 1:30 pm Prayer Shawl CR 5 pm HH Yom Kippur & Break the Fast after services/Neilah MH & Parlor 6 pm Line Dancing GL	3 9 am Art Class GL 9 am *Build Your Own Birdhouse Woodshop 10 am Catholic Society Rosary MH & Parlor 10 am Healthcare Flu Clinic BR 1 pm Table Tennis HR 4 pm Croquet Social GL 4:30 pm Indian-American Yoga CE 7 pm Players "Play" Rehearsal MH & Parlor	4 10 am Forever Fitness w/ Tracy BR 10:30 am Indian-American Meditation DR 10:30 am Blessing of the Animals MH Lawn 11 am Communion Setup MH & Parlor
5 11 am Worship w/ Communion MH & Parlor 7 pm Table Tennis HR	6 8 am Golf Outing Christian Calvary BR 8 am Players "PLAY" Stage & Lights/Dress Rehearsal MH & Parlor 9:45 am Forever Fitness w/ Tracy HR 1 pm Table Tennis HR 1 pm Players Board Meeting WR 2 pm Line Dancing GL 4:30 pm Indian-American Yoga CE 6:30 pm Girl Power Support Group DR	7 8:30 am *Cape May on Your Own 10 am Chair Yoga GL 10:30 am News of the Week Roundtable MR 11:30 am Tai Chi Class HR 1 pm All in Stitches CE 1:30 pm Catholic Society Meetings GL 2 pm *Master Gardener Series Houseplant Refresher BR 6 pm Ballroom Dancing BR 6:30 pm Croquet Board Meeting CE 7 pm Congregation Board Meeting DR 7 pm Players "Play" Dress Rehearsal MH & Parlor	8 9:30 am Yoga CE 10 am *Fresh Floral Arrangement 101 CR 10 am Needle Punch Class MR 1:30 pm "The Thursday Murder Club" Movie BR 3:30 pm Chorus MH & Parlor 4:30 pm Indian-American Yoga CE 6:30 pm 2026 Cruise Presentation GL 7 pm "The Thursday Murder Club" Movie BR 7 pm Players "Play" Dress Rehearsal MH & Parlor	9 9:30 am Healthy Bones Class BR 9:30 am Standing Committees HR 10 am Rug Hooking GL 10:30 am Italian-American Board Meeting WR 1 pm Table Tennis HR 6 pm Line Dancing GL 7 pm Recipe Exchange MR 7 pm Players "PLAY" Performance MH & Parlor	10 9 am Art Class GL 10 am Rossmoor News Board Meeting WR 10 am Catholic Society Rosary MH & Parlor 1 pm Table Tennis HR 1 pm Healthcare Flu Clinic BR 4 pm Croquet Social GL 4:30 pm Indian-American Yoga CE 7 pm Players "PLAY" Performance MH & Parlor	11 10 am Forever Fitness w/ Tracy BR 10:30 am Indian-American Meditation DR 2 pm Players "PLAY" Performance MH & Parlor 6 pm IAC "Rossmoor Downs" BR
12 11 am Worship HR 7 pm Table Tennis HR 8 pm *Mid-Atlantic Men Concert MH & Parlor	13 9:45 am Forever Fitness w/ Tracy BR 1 pm Table Tennis HR 2 pm Line Dancing GL 4:30 pm Indian-American Yoga CE 	14 10 am Chair Yoga GL 10 am Veterans Group BR 10:30 am News of the Week Roundtable MR 10:30 am HH Yiskor Service Shemeni Atzeret MH & Parlor 11:30 am Tai Chi Class HR 1 pm All in Stitches CE 6 pm Ballroom Dancing GL 6:30 pm *Trivia Night BR 6:30 pm Church Finance Meeting-MHP MH & Parlor	15 9:30 am Yoga CE 10 am Computer Club Board Meeting DR 10 am Needle Punch Class MR 10 am Corn Hole GL 10 am Simchat Torah BR 10:30 am Rossmoor News Board Meeting WR 3:30 pm Chorus MH & Parlor 4:30 pm Indian-American Yoga CE 6:30 pm Scrapbooking Group GL 6:30 pm Church Worship Committee MH & Parlor 7 pm Italian American Club Meeting BR	16 9 am Board of Governors HR 9:30 am Healthy Bones Class BR 10 am Rug Hooking GL 1 pm Table Tennis HR 1:30 pm Prayer Shawl CR 1:30 pm Catholic Society Mass MH & Parlor 1:30 pm "Luci & Desi: A Documentary Movie BR 3 pm Book Discussion DR 6 pm Line Dancing GL 7 pm Emerald Society BR	17 9 am Art Class GL 10 am Catholic Society Rosary MH & Parlor 1 pm Table Tennis HR 4 pm Croquet Social GL 4:30 pm Indian-American Yoga CE 6:30 pm Bingo BR	18 9 am Democratic Club Bagel Breakfast BR 10 am Forever Fitness w/ Tracy HR 10:30 am Indian-American Meditation DR 5 pm Korean-American Group GL 6 pm AHG "Game Night" BR
19 11 am Worship w/ Chorus MH & Parlor 7 pm Table Tennis HR All Events Are Subject to Change. Schedule does not reflect changes made after the 15th of the month.	20 9:30 am Computer Club GL 9:45 am Forever Fitness w/ Tracy BR 1 pm Table Tennis HR 2 pm Line Dancing BR 4:30 pm Indian-American Yoga CE 6:30 pm Girl Power Support Group DR 6:30 pm 2026 "Best of Portugal" Presentation HR 7 pm Players Meeting GL	21 10 am Chair Yoga GL 10:30 am News of the Week Roundtable MR 11:30 am Tai Chi Class HR 1 pm All in Stitches CE 1:30 pm "Wolfs" Movie BR 3 pm Chaplet of Divine Mercy--Narthex MH & Parlor 6 pm Ballroom Dancing HR 6 pm Republican Club BR 6:30 pm Church Council Meeting MH & Parlor 7 pm Mutual 4C Open Director GL	22 8:15 am *Lancaster On Your Own Trip Poolside 9:30 am Yoga CE 10 am *Fresh Floral Arrangement 101 CR 10 am Needle Punch Class MR 1 pm JC Interim Meeting-Nominations GL 3:30 pm Chorus MH & Parlor 4:30 pm Indian-American Yoga CE	23 9:30 am Healthy Bones Class BR 10 am Writers Group CE 10 am Rug Hooking GL 1 pm Table Tennis HR 1:30 pm German American Group CE 6 pm Line Dancing GL 6 pm *RCC Spaghetti Dinner BR	24 9 am Art Class GL 10 am Catholic Society Rosary MH & Parlor 1 pm Table Tennis HR 4 pm Croquet Social GL 4:30 pm Indian-American Yoga CE 7 pm *"Monster Mash" Party w/ Ella Cristina BR 7:15 pm Sabbath Services MH & Parlor	25 10 am Forever Fitness w/ Tracy HR 10 am IA Presentation and Lunch BR 10:30 am Indian-American Meditation DR 12 pm Croquet Annual Meeting/Luncheon GL 7 pm Dance Club BR
26 11 am Worship MH & Parlor 2 pm Chorus Sing-Along BR 7 pm Table Tennis HR	27 2 pm Line Dancing HR 4:30 pm Indian-American Yoga CE 5 pm *Kids' Halloween Party BR 	28 10 am Chair Yoga GL 10:30 am News of the Week Roundtable MR 11:30 am Tai Chi Class HR 12 pm All in Stitches BR 5 pm Progressive Group BR 6 pm Ballroom Dancing GL	29 9:30 am Yoga CE 10 am Needle Punch Class MR 10 am Corn Hole GL 11 am Congregation Game Day BR 3:30 pm Chorus MH & Parlor	30 ALL DAY Charity Exchange am Drop-off 9 am-2 pm Charity Exchange pm Drop-off 5 pm-7 pm	31 ALL DAY Charity Exchange am Drop-off 9 am-2 pm 10 am Catholic Society Rosary MH & Parlor 	*Registration required ABBREVIATIONS Ballroom BR Bocce Courts BC Cedar Room CE Craft Room CR Dogwood Room DR Gallery GL Hawthorn Room HR Maple Room MR Meeting House MH Shuffleboard SC Willow Room WR



The Religious Store

**Books, Devotional Items, Garden Statues,
Greeting Cards, Inspirational Home Decor,
Rosaries, Sacramental Gifts and More!**

Gift Cards also available.

**The Religious Store 514 Rt. 33 West
Millstone, NJ 08535 • 732-858-9777
www.religiousstore.com**



**10% OFF
FIRST
PURCHASE**

VISIT OUR NEIGHBORS

GOOD EATS KITCHEN
BREAKFAST & LUNCH

