



# Rossmoor IN News

Happy  
New Year!



VOLUME 58 / No. 1

Monroe Township, New Jersey

JANUARY 2022



The return of the Clubhouse Christmas tree, decorated by residents on December 3

## Board of Governors approves RCAI budget for 2022

By Joe Conti and Carol De Haan

At its Thursday, Nov. 18, meeting, the Board of Governors unanimously approved the proposed RCAI budget for 2022. The total budget will be 3.4% higher than last year's budget, and will represent an increase to unit owners of \$7.13 per month.

The main reason for this increase, according to General Manager Jane Balmer, is contract increases. We have more costly contracts for many services including the Healthcare Center's nursing services, the North Gate and community patrol services, landscape services, bus service, and pool services. Most were inflationary contract increases; however, some were due to the increase in New Jersey's minimum wage from \$12 to \$13 per hour. Additionally, employees' health

insurance (Aetna) increased by 16%, our hazard and liability insurance (Travelers) increased by 23%, and the Association's employees' salaries increased. Then, too, our investment interest income went down due to lower interest rates on savings.

One item will stay the same as last year: snow removal.

On the positive side, membership in our very fine golf course is up by 64 new members over the last year and a half. The new budget includes a \$25 increase in all golf course memberships as authorized by the Board of Governors. The success of the golf course is very much to the credit of Ray Bridey, our golf pro, and Tom Tucci, our golf course superintendent (and his pal, Rosie, our geese chasing dog).

Under this budget, the all-

important Reserve Fund will receive an increase of \$1.66 per manor, per month. This fund accumulates money to replace capitol items: roads, sidewalks, and common facilities such as the Clubhouse, the Meeting House, the pool, the pro shop, the outdoor courts, the Maintenance shop and office, the Village Center, all gates, and the golf course. It is essential to good management to have this Reserve Fund, so that we are not taken by surprise when heavy expenses occur.

Please note that under the RCAI budget, every unit pays an equal amount. This is not the case with Mutual budgets, in which unit owners are charged by percentage of ownership.

Residents who might be interested in further details can obtain a copy of the complete RCAI 2022 Budget at the Village Center.

## Keep alert for scams

By Jean Houvener

As the new year begins and tax season approaches, be on the alert for brand new scams and old but still effective scams. As we all know, seniors are the most targeted recipients of scams -- via mail, email, phone, social media, and any other way the endless number of crooks find us.

If you suspect you have been scammed or know someone who might have been scammed, you can contact AARP Fraud Watch for help at 877-908-3360. You can also contact the New Jersey Division of Consumer Affairs at 800-242-5846. Both organizations provide advice as well from

their websites [www.aarp.org/fraudwatch](http://www.aarp.org/fraudwatch) and [njconsumeraffairs.gov](http://njconsumeraffairs.gov).

Keep in mind that scammers will use our own vulnerabilities to victimize us, appealing to our greed or stoking our fears. In general, if an unsolicited communication reaches us with a deal that's too good to be true, it probably isn't true. With spoofing (showing a false name and phone number on our caller ID) and with various products for producing realistic web pages and physical pages, the presentation might seem very realistic.

One of the simplest and still highly effective scams is the grandchild scam, where

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## Let's talk about FEMA

By Carol De Haan

New Jersey's Governor Phil Murphy came to Rossmoor the day after Hurricane Henri flooded 110 of our homes last Aug. 22. He was sympathetic to our plight. He promised to issue an emergency declaration which, he said, would bring us federal assistance to rebuild our homes.

Then nothing happened.

Why?

The probable reason can be found on the website associated with the Federal Emergency Management Agency (FEMA). This facility advises that FEMA's primary purpose is to coordinate a response to a domestic disaster that "overwhelms the resources of local and state authorities." Apparently, the decision was made that Hurricane Henri damages did not rise to that level.

### How government help got started

As far back as 1803, the federal government helped the significant port city of Portsmouth, N.H., which had suffered a series of devastating fires. This was the first example of federal legislation to provide relief after a disaster.

In 1835, after the Great Fire of New York, the federal government waived duties and tariffs to help the devastated merchants of that city.

When the John T. Ford Theater collapsed in 1893, the government voted compensation for its victims.

As the Great Depression raged in the 1930s, the Reconstruction Finance Corporation lent government money to banks and institutions to stimulate economic activity. RFC could also allot federal money to help in disaster recovery efforts. Around the same time, the Bureau of Public Roads helped finance reconstruction of roads after a disaster.

In 1944, the U.S. Army Corps of Engineers was authorized to control floods and irrigation projects.

### HUD in 1973

Prior to 1973, more than 100 separate organizations might compete to manage a large-scale disaster. These efforts were brought under the control of the Department of Housing and Urban Development (HUD), which control lasted until 1979.

### FEMA takes over

The Federal Emergency Management Agency was authorized in 1979 to house civil defense and disaster preparedness under one roof. FEMA also absorbed the Federal Insurance Administration, the National Fire Prevention and Control Administration, the National Weather Service Community

Preparedness Program, the Federal Preparedness Agency, and the Federal Disaster Assistance Administration. Further, it oversees the nation's Civil Defense.

Many readers will recall the 1970 crisis of toxic waste that was dumped into the Love Canal in Niagara Falls, N.Y. FEMA responded to that. The agency also handled the partial core meltdown in the Three Mile Island, Pa. nuclear accident.

### Changes after 9/11/2001

The Department of Homeland Security (DHS) was created after the terrorist attacks on the World Trade Center. FEMA was moved under DHS jurisdiction with a new emphasis on counter terrorism, rather than on natural disasters. As a result, FEMA's reputation took a hit from its failed response to Hurricane Katrina in 2005, after which its National Disaster Medical System was transferred to the Department of Health and Human Services.

### FEMA today

In the year 2020, FEMA had 11,300 employees and a budget of \$28.7 billion. The agency is headquartered in Washington, D.C. Prominent among FEMA's many functions are:

- Coordinating the national public service Ready

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# at the governors' meeting

## November Monthly Meeting

November 18, 2021

The RCAI Board of Governors meeting was called to order at 9:01 a.m. on Nov. 18, 2021, by President Daniel Jolly. The meeting was open to owners and stockholders who wished to participate by reservation.

The Minutes of the Board of Governors meeting on Oct. 20, 2021 were approved 18-0. RCAI Treasurer Gerald McQuade reported a current financial surplus of \$312,000.

### New Business:

#### Amendment to the Restated Bylaws Regarding Flood Insurance

RCAI Secretary Robert Gleason provided a first reading of a proposed amendment to the RCAI Bylaws regarding the National Flood Insurance Program (NFIP) premiums that will be voted on in the December meeting. Much discussion followed and it was decided the Board of Governors needs to meet with RCAI Attorney David Ramsey to further discuss before the December meeting vote.

#### Resolution #21-35, Increase in the Property Insurance Deductible and Change in Allocation.

Mr. Gleason presented the resolution and made the motion to approve, seconded by Mutual 10 Vice President Debra McCauley attending for President Piccirillo. As of 1/1/22 the property insurance deductible will increase from \$10,000 to \$25,000. Mutual 11 president Dolores Grieff motioned to increase the resolution's portion of the deductible paid by the entity (Mutual or RCAI) where the loss occurred from \$2,500 to \$5,000 with the remaining \$20,000 of the deductible

apportioned pro-rata to the remaining Mutuals. McQuade seconded the motion. Both the motion and the resolution passed 18-0.

#### Resolution #21-36, Authorization to engage the services of FWH Associates for engineering services and oversight of the bid process for the 2022 paving project.

Mr. Gleason presented the resolution and Mutual 1 President Paulette Mascia seconded. The motion passed 17-1.

#### Resolution #21-37. Adoption of the Proposed 2022 RCAI Operating and Capital Budget.

Mr. Gleason presented the resolution. Mutual 2 President Dennis Haggerty made a motion to approve the resolution, seconded by Mutual 10 Vice President Debra McCauley. RCAI Treasurer and Mutual 15 President Gerald McQuade made a motion to remove the cost of the National Flood Insurance Program (NFIP) insurance from the RCAI 2022 budget. Motion was seconded by Mutual 17 Vice President Anthony Saccone (attending for President, Kaznosky). The motion failed 10-5 with one abstention. (Mutual directors from 4 and 4C were no longer in attendance). General Manager Jane Balmer presented a thorough explanation of the budget, fielding many resident questions. The Budget passed as presented in Resolution #21-37, 15-0,

#### Motion to remove COVID-19 Restrictions

Mutual 2 President Dennis Haggerty motioned to fully open all common facilities under normal hours without any COVID-19 restrictions for all Rossmoor residents (guests are not permitted)

beginning December 1, 2021. The Motion was seconded by Mutual 1 President Paulette Mascia. The motion passed 16-0. (Mutual directors from 4 and 4C were no longer in attendance).

RCAI President Dan Jolly thanked retiring General Manager Jane Balmer for her 19 years of service to the community and wished everyone a happy and safe Thanksgiving.

### Directors Comments

#### Motion to Record Actions and Concerns in Minutes.

Mutual 17 Vice President Anthony Saccone motioned for actions and concerns raised by residents or Board members during a Board of Governors meeting be recorded in the minutes when requested by a Board member. Motion seconded by Mutual 14 President and Board Secretary Robert Gleason. Motion approved 16-0 (Mutual directors from 4 and 4C were no longer in attendance).

There was no further business for the Board to discuss and the meeting was adjourned at 11:28 a.m.

## At the Governors RCAI December Monthly Meeting

The RCAI Board of Governors meeting was called to order at 9:00 a.m. on December 16, 2021 by President, Dan Jolly. The meeting was open to all owners and stockholders who wished to attend. The November 18, 2021, meeting minutes were read, corrected and approved 17-0. Mr. Jolly announced a change in the date for the March, 2022 Board of Governors meeting from Thursday, March 17 to Wednesday, March 16, 2022

(Continued on page 4)

## Bits & Pieces

By Sue Ortiz

How did it get to be 2022 already? I took over writing Bits & Pieces in 2011. Eleven years and over 130 columns. Where did the time go?

Speaking of time, how do you get the correct time when you have a hundred or so clocks, some of which work, well, like clockwork, a few that have not stood the test of time but look pretty sitting on the shelf, and others that just need a good winding?

I guess you would call me a horophile – a person who is obsessed with timekeeping devices. My collection includes a variety of clocks. I'm not fussy.

Some of my treasures are mass-produced, such as the "melted" clock, a la "The Persistence of Time" by Salvador Dali. I have four different versions of that one. There are the small figurine clocks, such as the penguin with a tick-tock belly, the brass telephone with a clock dial, and the red crystal-encrusted apple.

The antique cuckoos need a cleaning to restore the wee birds' dulcet voices. They probably need new bellows, or the chain replaced to get them going again. Believe it or not, the cuckoo does not disturb my sleep! My 30-day wind-up wall clock clangs on the hour and the half-hour, but by the time it finishes 12 clangs, it's already 12:30, but it keeps good time, otherwise.

There's the atomic clock I picked up at a yard sale for five bucks. Once I figured out how to get the darn thing to connect to the atomic clock in Boulder, Colo., it was perfect for synchronizing all my working clocks. Recently, it started going bonkers; the minute hand was running amok for hours. At first, I thought it was doing an automatic reset, but it was just the battery running low.

The thing with battery-run clocks, and having so many of them, is it's hard to keep up with battery replacement. It's a constant struggle to catch them before corrosion sets in. That depends on the brand of battery, though. I've found the bunny is better than the copper top for endurance. A hint: If the battery has corroded, remove the

damaged cell and discard. Dab the corroded surface within the movement with a little white vinegar until it bubbles. This will neutralize the acid. Let it dry completely. Your clock should be good as new. Of course, if there's too much damage, you might have to replace the movement.

I prefer the old-timey wind-up clocks, but they take a lot maintenance, too. Most need to be wound every day; some twice a day. They are cheaper than buying batteries in bulk, though.

I "rescue" vintage clocks and pocket watches, even if they aren't running. They are works of art, as far as I'm concerned. Gears, escape-ments, mainsprings, and wheels all keep those antique timepieces ticking. The intricate workings of mechanical clocks and watches are lovely, and I use them in my hand-crafted jewelry designs, such as watch wheel earrings and mainspring pendants. Should have gone into clock repair as a side business. Maybe when I retire ...

Some don't, but I love to hear clocks ticking. It's music to my ears. Each clock has its own voice, its own quirky tick-tock. A song in time.

Yes, I even have Alexa play clock sounds to lull me to sleep every night!

Someday I'll find a fantastic old-fashioned grandfather clock to add to my ever-growing timepiece collection. I long to hear tick-tocks echoing from the long case, the melodious chimes marking the quarter hours of each day, and I'll gaze at the hypnotic swing of the pendulum till I'm transported back in time.

Midnight on the seventh of each month — these deadlines do come around fast! Depending on which clock I look at, I might have an extra hour or two, right?

*Tempus fugit!*

**B&P**

"Even a stopped clock is right twice a day." – Joseph Addison (English writer, 1672 – 1719)

"Time is the most valuable thing a man can spend." – Theophrastus (Greek philosopher, 370 B.C. - 285 B.C.)

## Open RCAI Meetings in January

**RCAI Board of Governors Meeting  
Thursday, January 20 - 9:00 a.m.**

**The meeting will be held in in the Village Canter**

**Please watch Channel 26 on your TV or on  
[www.rcainj.com](http://www.rcainj.com)  
for more information**

**The Rossmoor News Deadline  
is the 7th of every month.**



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Bob Huber  
Jean Houvener  
Anne Rotholz  
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Alex Monaco  
Linda Monaco

The Rossmoor News a monthly periodical is mailed to every home within the Rossmoor community. News items are welcome. Appropriate news items from outside organizations will be

considered as space permits. Unscheduled volunteer writers should contact Rossmoor News Chairman Joe Conti about any article they wish to contribute. All copy and pictures are subject to editing and are accepted with this understanding.

Letters to the Editor must be emailed to PES at [pescmd@aol.com](mailto:pescmd@aol.com) and clearly marked Rossmoor News.

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## Scams

(Continued from page 1)

a muffled voice says, "Grandma (or Grandpa), I'm in trouble." If you immediately say, "Johnnie, is that you?" you have just given the crooks vital information, unless you thought fast enough to give a fake name. It would be better not to answer your phone until you actually know who is calling. Let your answering machine pick up. Also, don't assume even if you recognize the number that that is who actually is on the other end of the line — remember spoofing.

In the case of an email address or a webpage, you can hover your cursor over the address to see if it looks legitimate, for example ending in aol.com or gmail.com for emails or irs.gov or njcommunityaffairs.gov. If the addresses are misspelled, but similar to a legitimate

address or even just a jumble of letters and numbers, that's another warning sign.

If you are told to call a specific number or your heat will be turned off or your bank account frozen, do not call that number. Call a number shown on your previous statements where you know the legitimate organization can be reached. Never, never make payments via untraceable means such as gift cards or green dot cards. Never, never, never, never give out personal information to an unsolicited caller.

Sometimes the crooks will show up in person, claiming to be the electric company or the water company. Do not let them in. Sometimes there will also be an accomplice, who does the actual theft while the first person has you distracted. JCP&L has recently warned us that while representatives may phone, they

do not demand payment over the phone, and do not ask for personal information. See [firstenergy-corp.com/scam-info](http://firstenergy-corp.com/scam-info) for more details.

The New Jersey Division of Consumer Affairs offers ten flags that a solicitation may be a scam.

1. You are instructed not to tell anybody about an alleged prize.
2. You must act now for a great winning or to avoid prosecution.
3. An investment is guaranteed.
4. You are asked for personal information, such as credit card numbers, bank numbers, social security numbers.
5. A caller is defensive when you ask questions about who they are.
6. A caller threatens you with arrest if you don't pay.
7. Money is requested before a big prize will be released.
8. The "official" papers, emails, or digital documents you are sent have spelling or grammar errors.
9. You are told to send money via wire transfer, prepaid cards, or other untraceable (and irretrievable) methods.
10. The person won't let you hang up or close the door.

While all the ways we have to stay in contact with each other have been a blessing during these pandemic times, remember that all these tools can also be used against us, so remain alert and careful

## Scam Alert

The Social Security Administration will never threaten, scare, or pressure you to take an immediate action.

If you receive a call, text, or email that...

- Threatens to suspend your Social Security number, even if they have part or all of your Social Security number
  - Warns of arrest of legal action
  - Demands or requests immediate payment
  - Requires payment by gift card, prepaid debit card, internet currency, or by mailing cash
  - Pressures you for personal information
  - Requests secrecy
  - Threatens to seize your bank account
  - Promises to increase your Social Security benefit
  - Tries to gain your trust by providing fake "documentation," false "evidence," or the name of a real government official
- ...it is a SCAM!**

**Do not give scammers money or personal information – Ignore Them! Protect yourself and others from Social Security-related scams**

- Try to stay calm. Do not provide anyone with money or personal information when you feel pressured, threatened, or scared.
- Hang up or ignore it. If you receive a suspicious call, text, or email, hang up or do not respond. Government employees will not threaten you, demand immediate payment, or try to gain your trust by sending you pictures or documents.
- Report Social Security-related scams. If you receive

a suspicious call, text, or email that mentions Social Security, ignore it and report it to the SSA Office of the Inspector General (OIG). Do not be embarrassed if you shared personal information or suffered a financial loss.

• Get up-to-date information. Follow SSA OIG on Twitter @TheSSAOIG and Facebook @SSA Office of the Inspector General for the latest information on Social Security-related scams. Visit the Federal Trade Commission for information on other government scams.

Spread the word. Share your knowledge of Social Security-related scams. Post on social media using the hashtag #SlamtheScam to share your experience and warn others. Visit [oig.ssa.gov/scam](http://oig.ssa.gov/scam) for more information. Please also share with your friends and family.

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&

Tuesday, January 18

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Go to [rcainj.com](http://rcainj.com) to access the Rossmoor website.

The Amenities page features the ability to access Channel 26 slides anytime. Check it out.



## Governors RCAI December Monthly Meeting

(Continued from page 2)

due to a Holiday. He noted that he spoke with Monroe Township, in reference to the township's offer to clean our storm sewers. Mr. Jolly also mentioned he is pleased with the revised meeting agenda and General Managers' Projects report in this month's BOG packet. He then wished everyone a Happy Holiday, Merry Christmas, and Happy New Year.

Treasurer, Gerald McQuade, then reported a \$229,913.68 surplus, providing there is no snow before the end of the year.

### New Business:

**Amendment to the By-laws Article 3, Section 3.14 regarding flood insurance.** RCAI Secretary, Robert Gleason read the following bylaw amendment: (The change is presented in italics)

The Board has accepted, by delegation, the responsibility for maintaining insurance coverages on behalf of one or more of the Mutual Associations, to place and keep all insurance coverages required under the master deeds,

occupancy agreement, and/or bylaws of the Mutual Association for which the Board has accepted delegation. *Notwithstanding the foregoing, The Board shall have all powers and duties necessary to obtain National Flood Insurance Program (NFIP) insurance, or any other similar private flood insurance, on behalf of any Mutual Association as may be required by a government-sponsored enterprise that purchases mortgages in the secondary mortgage market or by the Board, and assess the costs and premiums thereof among all Mutual Association in the same manner as a Common Expense.*

Paulette Mascia, Mutual One, made a Motion to approve, Bob Gleason, seconded. RCAI Treasurer Gerald McQuaid read a statement opposed to the amendment which is attached to these minutes. The motion passed, 13-4.

**Resolution #21-38 Adoption of the Restated RCAI 401(k) Savings Plan to Include the IRS Required**

### Pension Protection Act Restatement

Mr. Gleason, read the resolution. Joann Casper, Mutual 4B made a motion to approve, Sal Gurriero, seconded. The motion passed 17-0.

### Resolution #21-39 for the Authorization to Purchase Cluster Street Lights.

Mr. Gleason read the resolution.

The RCAI Reserve Study funded for the anticipated expenditure to purchase one – five cluster street light and one- single pole light fixture, due to inoperable conditions. One single pole light fixture installation at a cost of \$3,715.76 and one five light cluster light pole including installation at a cost of \$8,248.18 from account #6811 Capital Reserve Fund. Paulette Mascia, Mutual One, made a motion, Dennis Haggerty, Mutual 2 seconded. The motion passed 17-0.

### Resolution #21-40 Authorization to Proceed with the 2021 Refurbishment Project.

Mr. Gleason read the resolution.

As The RCAI reserve study set aside \$60,000 for refurbishment of common facilities. After a thorough inspection the following items will receive refurbishment/replacement.

- Remove wallpaper, prime and paint the Club House Red Room and two-story main entrance.

- Replace lights on the second floor of Club House with LED inserts.

- 280 square feet of techno pavers adjacent to the pro shop cart parking area along with landscape improvements. These funds will be charged from the RCAI Replacement Fund. Sal Gurriero made a motion, Dolores Grief seconded. The motion passed 17-0.

### Action Items:

#### Golf Tournament June 2022.

Mr. Gleason reported that the New Jersey Golfer Association (NJSGA) is requesting Rossmoor Golf Course to be the host for the golfers seeking to qualify for NJ State Amateur Tournament. The event is excellent course exposure promoting our golf course. Rossmoor will not receive payment for any entry fees. RCAI will receive \$5 per player for the use of the range and we anticipate participants will request practice rounds which will further add to RCAI revenue. The event will be held June 6, 2022 or June 13, 2022. There are approximately 100-120 golfers expected. Paulette Mascia, made the motion, Joann Casper seconded, after discussion, the motion passed 17-0.

### General Manager's Comments:

Tom Curry, General Manager, reported that he has walked the flood areas with our engineering firm. They are researching past studies and will be offering a strategy to move forward within our community and with surrounding entities.

### Directors' and Residents' Comments:

Bill Bloom, Mutual 7, made a motion to have the Mutual Presidents granted unlimited entry to the Administration Office, without an appointment or prior arrangements. Gerald McQuaid, seconded. After much discussion a vote was taken and the motion did not pass 11-5 (note: one Director left the meeting early)

RCAI Secretary, Bob Gleason made a motion requiring face masks be worn in all indoor common facilities. After much discussion, Mr. Gleason revised his motion to allow Clubs and Activities to determine if face coverings should be required during their individual activity. Paulette Mascia, seconded. Vote taken motion passed 10-6.

There was no further business for the Board to discuss and the meeting was adjourned at 10:15 a.m.

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## FEMA

(Continued from page 1)

- Campaign, urging Americans to be prepared for and respond to emergencies;
- Procuring medical supplies during the COVID-19 pandemic;
  - Managing the national flood insurance program;
  - Administering the Center for Domestic Preparedness;
  - Administering pre-disaster mitigation grants to acquire property for conversion to open space, to retrofit existing buildings, to construct tornado and storm shelters, to manage vegetation for erosion and fire control, and for small flood control projects;
  - Providing emergency response teams made up of doctors and paramedics, nursing teams, pharmacy response teams, veterinary assistance teams, and mortuary response teams;
  - Offering urban search and rescue teams after a building collapse, an earthquake, or a mine disaster;
  - Offering wireless support near a disaster so responders can communicate with the outside world; and
  - Planning mitigation and recovery guides to cope with a possible nuclear incident.

No doubt FEMA will have its hands full coping with the devastation in Kentucky and nearby states after the massive destruction caused by recent tornados.

## What do you know about Laura Wooten? Back to school we go!

By Linda Bozowski

You may remember that The Rossmoor News will feature articles about our school system. One of the newer items in our school curriculum is the expansion of our civics program, a one-semester course in the middle school and a more abbreviated program being offered in the elementary schools. What does that have to do with the person named in the title of this article? Laura Wooten was honored with a bill named in recognition of her service to voting rights in Mercer County, where she proudly served as a poll worker for 79 years.

According to Wikipedia, Wooten was born in 1920 in North Carolina a few months after the Voting Rights Act was passed into law. She moved with her family when she was four years old to the Witherspoon section of Princeton, an historically black neighborhood. She attended one of the segregated primary schools and was enrolled in the integrated Princeton High School after graduating from eighth grade. Because of limitations in family finances, she was not able to attend college. She married, bore five children, and had multiple grandchildren and great-grandchildren.

Laura became a voting-day poll worker and served in that role for 79 years. According to Mercer County

records, she was the longest-serving poll worker in Mercer County history as well as the longest-serving worker in New Jersey and in United States history. Those distinctions have earned her much deserved recognition and many honors. Princeton University recognized Wooten's voting efforts by naming her an honorary member of the Class of 2020, and the Laura Wooten Institute for Civic Engagement was founded in her honor.

A bill was introduced in the legislature in 2020 mandating civics courses in our state's middle schools. This law, called Laura Wooten's Law, has directed the Department of Education, aided by professionals at Rutgers University, to develop curriculum and professional development for teachers. The course of study is mandatory beginning in the 2022-2023 school year.

Monroe Schools have offered civics programs over the years, but, in advance adherence to the newer legislative guidance has dramatically expanded our system's offerings and encouraged teachers and students to participate in the develop-

ment of this well-regarded program. In 2019, the middle school expanded the civics program over two marking periods with daily full-credit classes, unique course offerings, and multiple faculty participants. At the high school, the half-year elective course "Civic Action in Democracy" offers students the opportunity to select an issue and develop the rationale that will enable them to create legislation that will promote civil benefits to all. Such topics have included veterans' rights, genocide, and women's healthcare. In their classes, students have created simulations of public meetings to gather community input relative to the issue at hand.

Instead of studying when events happened historically,

such as when the Declaration of Independence was signed and by whom, students examine other forms of government, possible variations in voting methodologies, and learn about how our governments function at the local, state, and federal levels.

District Supervisor of Science and Social Studies Danielle Drust has provided a wealth of information about the program which will be offered in the February Rossmoor News. In a recent message, Drust shared these comments:

"Have you ever wondered how positive changes are made in a community? We learned about all the different levels of citizenship, and that everyone through civic en-

(Continued on page 6)

### Spoiler Alert! Potatoes or tomatoes – Read all about them in the February issue!

By Linda Bozowski

You may read about potatoes and tomatoes in the February Rossmoor News and say just what I said when I met one of our very talented residents – huh??? You're showing me what??? The upcoming piece will be accompanied by photos and hopefully will amaze you as much as they did me.

Be sure to get your edition after Feb. 1. You might learn something new about plants.

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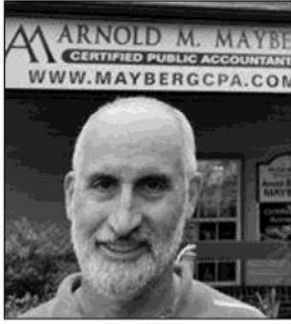
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## Laura Wooten

(Continued from page 5)

gagement, can make a difference in one's community for the better. In class, we will brainstorm some ideas that could lead to change on many different levels of government and citizenship. We will look at some examples of ideas for change. We'll use political activism to make a difference in our community and see how different governing bodies operate in making these changes a reality. This unit will culminate in completing a mock government on the local level to show how things can be changed with civic engagement."

The Monroe Township League of Women Voters has offered to participate with the schools in offering more hands-on opportunities for activities and dialogue. The local League is also considering membership opportunities for students. We will have more info on that topic as well in February.

## Someone to watch over me

By Tom McMahon

About two weeks earlier, the man had had a long night, even though he recalled having remarked to his loving wife he silently prayed for nights such as these to find a way to become shorter the older he became. He also knew he shouldn't complain, as the satisfaction he felt for accomplishing what he could and did accomplish on these many nights of toil was what made his job so exciting and so rewarding.

As the very cold winds blew outside, his wife shuttled over to him with a strong hot concoction that would warm the belly and bones of a dependable soul whose career was spotless and never boring. She eyed him with love in her eyes and told him how much she loved him. She had grown that love exponentially throughout the time they had spent together, now almost immeasurable by most standards.

He sat for a while and dignified the solemnity of the night that had passed once more, by once again balancing the couple's lack of children with the well-known fact that the couple was loved by everyone they had ever met, and even those known to them only by inference. Children counted mightily within those growing numbers. He was thankful for his chance given by the Creator to carry the good works and grand deeds year after year.

He drained the cup and chuckled as he thought of the myths and folklore that surrounded his pedestrian life. Well, to be honest, the life he shared with the mis-sus had its moments, and at those times they relished the greatest job in the world.

It had changed though, from a local and physical endeavor to now one consisting mostly of appearances and remote interviews. Reliving the past over and

over had its consequences, to be sure, but new history trumped the feeling by some that the old man's family was outdated and did not have the influence it once held.

He knew his lot in life was composed of more promise than action, and more legend than fact. It all didn't matter, for even in the worst times, he longed for and was never disappointed in looking at the happy eyes of someone who believed in the power of giving. He was never disappointed in anyone who was young physically or mentally. He had cured his share of the blues and knew the signs of despair, in order to dispatch feelings of glee and acceptance.

When he used it, the well-worn coat slid off his body

effortlessly, a body that was more chiseled than most people ever realized. He always knew that someone had to try out the stuff he was touting, no matter what the age. In that regard, he knew everything one had to know about work-out systems and equipment. In more years than he cared to remember, the old man had beefed up his appearance with carefully placed pillows under the wide belt.

"Nick, the fire in here is dying!" snapped his wife from beyond the living room wall. Distracted from his own thoughts, the man looked in the mirror, winked at himself and in a moment disappeared to his other life, that being the best husband he could be to Mrs. Claus.

## The Rainman

By Ken Thomas

I've been to four professional baseball games, Mets and Yankees. Two were de-

layed starts (hours), because the players couldn't swim. One Yankee game was called after seven innings, tarp torrents. The Mets lost in extra innings. Third base was under water. Mickey didn't hit a home run.

Our group sat in the bleachers at West Point to watch the cadets march. They waded across the field in torrential rain. The bugle call for assembly should have been Taps. The commandant didn't cancel the football game, but he should have. Was this the Naval Academy?

When I was young, the Rainman label wasn't obvious. At summer camp, rain was the program director's responsibility. He began every two-week session wearing a war bonnet and delivering his weather speech. No one entirely believed the director was responsible, but several friends looked at me with suspicion. The program director put on his war bonnet again and demonstrated a "stop the rain" dance. I prayed like a pious Presbyterian. The rain stopped.

One more lake and one more portage to our destination. The morning dew still sloshed in the canoes. We watched the wall of rain coming towards us. The sky turned black. All the canoeists looked at me with paddle revenge in their eyes. Paddle or bail! Sink or swim! Michael did not row the water vehicle to shore.

The camping chairman called for my weekend schedule. He hoped rain might be avoided if he selected other weekends. The first two monthly trips were postponed (severe storm warnings). Our 50-mile bicycle trip was poncho oriented. We toured the old sailing town in the rain. I caught a cold and missed our five-mile hike. The sun followed them confirming my title.

The emergency message on TV warned our area of the approaching hurricane. With heavy rains expected, flash floods could occur. Sitting in two feet of water in our din-

(Continued on page 7)

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Norman J. Politziner, CFP, a resident of Encore, is an Investment Adviser Representative of Kingsview Asset Management.

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Why bother?

By Allan Kaufman

You make them, put them to paper and tuck them away only to be reminded of them when the time comes to start this cycle again. But, why bother? The New Year's resolutions you make are usually toast by the first week of February, with some resolutions lasting a little further into the year, but in the end, your resolutions, or at least mine are in the wind. With that in mind, I want to share some of the resolutions I've made in the past, will revisit in 2022, and how quickly they will become history.

The Polar Bear Club

Every year I tell my wife, Diane, and my kids that I want to go to the Jersey Shore and join the club members as they take the plunge on New Year's Day. And every year I say to myself, "Am I nuts? Who would want to jump into water that is 40 degrees when you can be sitting in your perfectly heated home?" While this will be on my list, this resolution would be broken on day 1.

Living in the New York area my entire life I've always wanted to go to Times Square on New Year's Eve. When I was in college, we did stupid things. The closest I came was taking the subway past Times Square go-

(Continued on page 8)

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## Why bother?

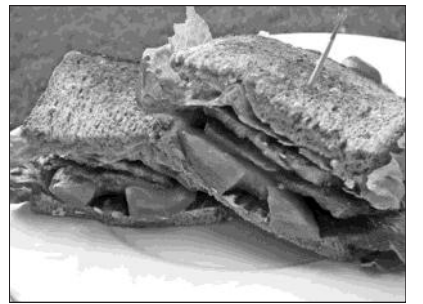
(Continued from page 7)

ing to see a concert at the Fillmore East. Through the subsequent years I've always mentioned this resolution to my wife who gave me a look that stopped me dead in my tracks. She said, "You have to be there by noon, they fence you in and you can't leave, and there is no bathroom. Nice try!" We usually have dinner on New Year's Eve with friends in New York City, with the restaurant nowhere near where the ball drops. This resolution will be put to paper and discussed for twelve months, but come December I can't keep it. Why bother?

The next resolution is a new one. My wife has been a vegetarian for over 40 years and more recently has gone off, what I call, "the deep

edge" by going vegan. For her that is good and she challenged me to try that diet. My resolution will be to **try the Vegan Diet**. And then I thought about it. No meat, no chicken and no fish. No cheese. Dinners of tofu mixed in with quinoa. My head is now spinning. I've watched as she tried to make a grilled cheese sandwich using vegan "American cheese." To get that cheese to melt you had to set the toaster oven to a temperature that is impossible. You need to get a temperature up to about 1000 Kelvins to melt that, whatever it's made with. Have you ever tried eating vegan bacon?

I took my wife to the Giants



game in November and while I brought a traditional BLT sandwich, hers was a BLT, with her B as vegan Bacon. Case closed. This resolution of going on a Vegan Diet will end before it starts, so why bother?

**2022**  
happy new year

## This will work out just fine

By Tom McMahon

So, I've thought an awful lot about this. Especially since I moved into Rossmoor. I have finally made a monumental decision. I celebrate a birthday that does not arrive until April, 2022. I've got time to work this whole thing out.

I have decided I am not going to count this birthday that will arrive more quickly than I care to admit, not unlike a speeding locomotive that only stops because a cow wandered out on the tracks, or the conductor wishes to stop to remind us of yet another passing year.

Okay, so you may say, "Big Whoop, you're not going to count it. So what?" I will let you in on a little secret. This isn't the first time I have discounted my personal milestone. In fact, this year will mark the 20th year I have ignored. That makes me a constant age of 50! That's right. Too young for Rossmoor, but they hold my ORIGINAL birth certificate, displaying a 1952 year of birth! Little do they know I'm secretly a spring chicken.

In their eyes I'm quite legal, but little do they know I

have held steady to the age of 50 for many years, and don't plan to stop the pretense. Twenty years I ignored. For all who read this, what this truly means is that I was born in 1972, graduated Brooklyn Prep in 1990 (even though the real Prep closed in 1972) and received my degree from Iona College in 1994 (What a happy day!).

Got married in 1997 (the happiest day!) and retired this year at the age of 49. To my daughter who will be 21, my son TJ who turns 19, and Brian my youngest at 16, Just know that your father is proud of you all, even if I had to move into Rossmoor without my youngest who was 15 at the time. I hope he's doing well living in that shed I kept. And my dog Sandy will eventually be born!

My car's lease will not expire until 2043, I have NEVER screwed up my taxes, and to pause for a brief but sobering moment, my Julie never left me. To all of you out there, stay strong and look to better days. Hold dear to those around you (at least mentally) and be kind knowing that there are billions of us in the same condition!

And always remember these words (which I plan on campaigning to make immortal): When you are in doubt about anything in life, make it up!

Hey! It really works. Rossmoor has yet to catch on, the IRS never sends me any mail and my dog has never ever had an accident. Just know all my love and feelings go out to you from my own private ward.

Signed and always your friend, JT Brian (must use the pen name – can't leave Rossmoor too many clues.)

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## Hospital language

By Ken Thomas

Medical words have found a home in hospitals. Acronyms, abbreviations, and alternatives are common. Even every day details are included in hospital language. My first curse is patient identification. Everyone in the building and for 2.2 miles around asks for your name, birthdate. Driver's license or social security digits are inadequate. Your answer is repeated until the name, birthdate is ludicrous. I add 20 to my year, questioning sincerity. Spanners, wrist bands, four-digit room numbers, and computer data also assure my name is Ken. A brigade of nurses is everywhere, armed with electrical devices not band-aids. Every hour of the day and night, they attack to confirm Life. No sleep is another curse.

A remote is attached to each bed. Controlling the television is secondary. My remote is a telephone, that changes lighting, issues SOS alarms, and adjusts 16 positions of the short, barred bed. Computers and remotes talk. Hospital language includes "X-ologies." These names defy human understanding, forget spelling. Simplification is my contribution to the confusion. A cystoscopy is a penal poke. Urology is pee-pee performance. Hematology is a residue study from the needle nurse. Cardiology is the cure to "I love you" problems. Is magnetic resonance imaging an MRI? More simplification is obviously required.

My answer to some medical questions is Ken logical. "How are you?" "How do you feel?" My answer is "I'm in a hospital" No other answer is truthful. In hospital language, the only comment on patient performance is "perfect." A patient pain answer is always required on a scale of 1-10. "Just a pinch" is a warning and a lie. "Take a deep breath" confuses stethoscopes. "Put this under your tongue" is understandable.

Standardized rooms do not have hospital words. In each are useless curtains, a table difficult to position, a sink, a large bathroom (handicap type) and a small drawer for your clothing, hair brush, toothpaste, shoes, deodorant, reading material and a Swiss Army knife. Billboards and gowns are also standard. The billboard information and article of clothing still do not cover what a patient needs covered. Tie my gown! Personal urinals are continually used after the pitchers of water are consumed.

Hospital words also describe medical practices. It is

a sin to skip the name, birthdate question. Any questions get the "we'll have to ask your doctor" answer. A screeching bed siren prevents breaking the unaccompanied patient rule. The three-hour rule applies to the times required to officially enter or leave the hospital. The "Holy Wheelchair Home" ride has never been broken.

## Letter to the editor

The decision, by the Board of Governors, to open up our community outdoor activities; the bocce ball court, shuffle board, pickleball, tennis and croquet without having to register through the American Poll App was the correct decision to make. Outdoor activities have less of a chance of seeing the COVID virus spread among the participants, so those non-vaccinated residents should be welcome to participate.

However, the decision to open up indoor activities without regard to vaccination status is irresponsible and even worse, reckless. That raises the question, "How much is the life of a Rossmoor resident worth?"

To use the gym, attend the monthly meeting of the Board of Governors, attend in my case, Friday night services or go into any meeting held in the Clubhouse, one had to have been vaccinated and registered with the E & R. In every case, the RCAI had to provide additional compensation to its employees for handling the "sign-in" process for any of these meetings. This process provided the residents with a sense of security, knowing that every one of the residents attending a specific meeting, in any of these locations, was vaccinated.

Now, the Board of Governors is asking the residents to use the gym, a gym the size of a postage stamp, where vaccinated and non-vaccinated residents can mix. The Board of Governors is allowing vaccinated and non-vaccinated residents to attend their very own monthly meetings where upwards of sixty residents are in a room where the windows and doors are closed. The same thing holds true for any organization using any of the meeting rooms in the Clubhouse and/or Meeting House.

With this new policy, there is no way for the RCAI to "contact trace" if someone comes down with any form of Covid. This was the reason why we registered the residents in the first place. We would know who attended what meeting and the spread of the virus could be contained. Without being registered and by allowing non-vaccinated residents to attend any indoor meeting, that meeting room can be a breeding

No dictionary for hospital language is available, but the current description of all the people in the medical profession is "Care Givers." They are outstanding, awesome, marvelous and my words are inadequate. Patients are lucky. The only hospital language that hasn't changed is "Does this hurt" and the "Yes" answer.

ground for the virus, especially a room as small as the gym.

Why the change in the policy? There is no scientific reason for making the change, especially after the emergence of the omicron variant of the virus. Even before the new variant, why the change? The pandemic continues.

There has been no explanation for the change. Until there is, I'll repeat my question, "How much is the life of a Rossmoor resident worth?"  
**Allan Kaufman**



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# This month in pictures

By Joe Conti and Walter Gryskiewicz



Santa’s helpers at the tree-trimming party



Even more Santa’s helpers



Lori and Greg share the holiday spirit at the tree trimming party.



Hanukkah was celebrated early this year.



The Clubhouse wreath can be seen from afar.



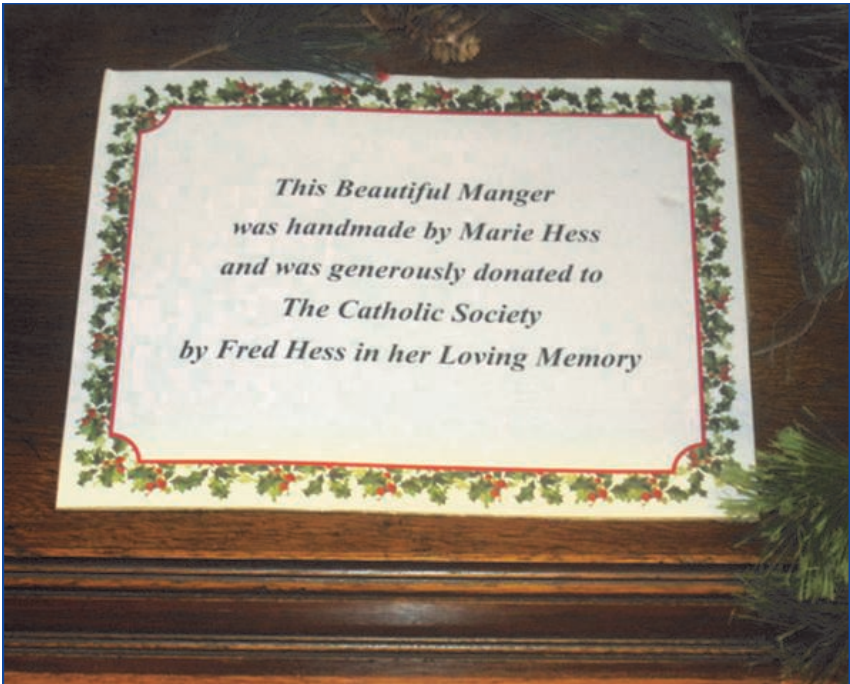
Members of the Jewish Congregation Zoom Light their menorahs together on the fourth night of Hanukkah  
Photo by Cindy Sigl



Our Clubhouse circle was renamed in recognition of Jane Balmer's lengthy service to Rossmoor.



The Nativity scene, hand painted by Marie Hess, is on display in the Clubhouse.



This plaque recognizes the donation of the Manger scene



CULINARY CORNER

By Sidna Mitchell

Finding solutions for leftovers

Now that we've survived Thanksgiving and Christmas, we can relax for the winter months. Fortunately, we're relaxing in a warm, sunny climate and being thankful for the wonderful weather and croquet friends.

Thanksgiving was once again at Carl Kruse's home

with six other croquet friends; Christmas Eve found us in church with Canadian croquet friends and Christmas Day again was spent with croquet friends.

I did lots of cooking—several side dishes and a pecan pie for Thanksgiving, chili for Christmas Eve and traditional Southern brunch food for Christmas Day. Fortunately, I love to cook and

entertain friends. However, I had leftovers taking up space in the refrigerator. What kind of pie should I make in that extra frozen pie crust? And what should I do with that bag of fresh cranberries?

Luckily, I found a recipe that I made more than 20 years ago. It solved the pie crust and cranberry leftovers problem. And this is delicious.

Monroe League of Women Voters has a busy schedule of programs

By Linda Bozowski

As the national League of Women Voters prepares to celebrate its 101<sup>st</sup> birthday on Feb. 14, here in Monroe Township the local League has planned many activities and educational programs to help keep voters informed about important issues. The Monroe League will be working with our schools in offering opportunities for students to become better prepared for their responsibilities as citizens.

The League of Women Voters was founded six months before the 19<sup>th</sup> Amendment was ratified, as a non-partisan organization whose primary objective was to encourage active voting participation by all who had that privilege. Until 1920 women did not have the right to vote but women across the country urged legislators to implement new legislation that would expand voting opportunities to more United States citizens.

The Monroe League was established in 1969 and welcomes all to its membership and to its programs. As a

non-partisan organization, one of its objectives is to encourage all citizens to participate in the election process through active voter registration efforts. The League does not take positions supporting candidates or political parties, but may discuss issues and legislation that are of importance.

League meetings are held at the Municipal Building, lower level, on the first Wednesday of each month at 10 a.m. Monthly program meetings with specific topics and speakers are also presented. Two representatives from the state League will address attendees via

(Continued on page 12)

Cranberry Dream Pie

- 3/4 cup sugar
- 2 teaspoons cornstarch
- 1/4 cup cold water
- 2 cups fresh or frozen cranberries
- 1 8 oz. package cream cheese, softened

Culinary Corner

- 1 cup confectioners' sugar
- 1 teaspoon vanilla extract
- 1 cup whipping cream, whipped
- 1 pastry shell, baked or graham cracker crust (9 inches)

In a saucepan, combine sugar, cornstarch and water until smooth.

Add cranberries.

Bring to a boil and stir for two minutes.

Reduce heat; cook until berries pop, about five minutes; set aside.

In a mixing bowl, beat cream cheese, confectioners' sugar and vanilla until fluffy.

Fold in whipped cream.

Spread the cream cheese/whipped cream mixture evenly in pie shell.

Top with the cranberry mixture.

Chill for at least four hours or overnight.

Yields six to eight servings.

NOTE: Store in the refrigerator.

I can be reached at sbmcooks@aol.com.



NOTICE TO ALL RESIDENTS  
Walkers, Don't Forget

This is a reminder for residents to wear reflective clothing when out walking.



NEW NEIGHBORS

By Christina Smith, Resident Services Manager

Patricia Cassese, 171A Rossmoor Drive, formerly of Landsdale, Pa.

Irina and Bogdan Koltsoon, 140D Plymouth Lane, formerly of East Brunswick, N.J.

Albert and Annette Boatman, 365A Old Nassau Road, formerly of Somerset, N.J.

Aida Torres, 37N Concord Lane, formerly of Garnerville, N.Y.

Inocencia Peralta and Jose Jaquez, 190B Malden Lane, formerly of New Brunswick, N.J.

Maureen McCarthy, 413N Oxford Lane, formerly of Staten Island, N.Y.

Eligio and Olga Colon, 8D Sussex Way, formerly of DeLand, Fla.

Carol Buttcher, 172D Rossmoor Drive, formerly of Old Bridge, N.J.

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## Clubs and Organizations

### Electric vehicles

By Steven Gray

I am writing this article in November and things may change a bit between now and then.

First and foremost, the Rossmoor Computer Club will be having our first monthly meeting on Monday, Jan. 13, at 10 a.m. in the Gallery, registration required. I do not know, at this point, if refreshments will be allowed. The topic will be "The Horrors of Tech Support." I do hope to see many of you present.

EVs – Electric Vehicles, the wave of the future or a return to the past? We are presently being bombarded with advertisements about the joys of EV ownership. How cheap they are to own (actually, with the higher initial cost and factoring in the cost of charging, the break-even point can be as much

as six years in the future). How they are environmentally friendly, all the options they offer, how quiet they are and so forth.

Rather than pick apart the arguments pro and con I thought it would be interesting to see how this idea fared in the past. Let's step into my "goback" machine (I would use the Wayback machine but Mr. Peabody, the owner, wouldn't respond despite my hounding. I think he was dogging it. Only fans of Rocky the Flying Squirrel will understand that).

Pinpointing the invention of the electric car is virtually impossible as it required many steps along the way. But we can go back to the 1800s to see innovators in Hungary, the Netherlands, and the United States all playing with the concept and building some small-scale

models. Jumping ahead to 1890 in Des Moines, Iowa, William Morrison made a 6-passenger wagon capable of the amazing speed of 14 miles per hour.

Interest in electric cars, as well as steam and gas powered, continued to grow over the next 10 years. Steam, of course, was not very practical for personal vehicles due to the long start-up times, especially in cold weather. Gas powered had promise but they had to be hand-cranked, were noisy, smelly and changing gears was not easy. Now we come to electric – quiet, easy to drive and not smelly (sounds familiar, doesn't it). Charging was an issue but these were great for short trips (remember, there were no interstate highways at that time).

One of the reasons for the lack of noise was the drive shaft introduced by the Columbia cars built by the Electric Vehicle Company of Hartford, Conn., whereas both gas and steam cars still used a noisy chain drive. Columbia was the first electric to use a steering wheel and not a tiller. I also have to mention the Riker Motor Vehicle Company of Elizabethport, N.J., that introduced a

(Continued on page 13)

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### We are still reading and writing in Rossmoor

By Norman Perkus

The Book Discussion Group will meet Thursday, Jan. 20, at 3 p.m. in the Dogwood Room to discuss "Straight Man" by Richard Russo. You may call Norman Perkus for the 2022 Book Discussion list.

On Jan. 27, the last Thurs-

day of the month, the Writers' Group will meet at 10 a.m. to discuss what they have written. This meeting will take place in the Cedar Room.

All Rossmoorites are welcome. Call Norman Perkus for more information.

### Italian American Club

By Tony Cardello

The officers of the club extend their wishes to all the members and their families for a safe, healthy, and happy new year. After a year of isolation, we are happy to announce that the new year will bring a resumption of our membership meetings, social events, and bingo in 2022.

The first membership meeting will be held on Wednesday, Jan. 19, at 7 p.m. in the Ballroom. At this

meeting, please bring your 2022 dues of \$20 per person which is due by the end of January, or if you prefer it can be sent to Lucille Renda at 645 B Old Nassau Road, telephone 917-747-5762.

Bingo will be played on Friday Jan. 28, at 6.30 p.m. in the Ballroom.

We look forward to in person meetings of friends once again and a continued growth of the club by welcoming new members.

### The Rossmoor Players



By Sue Archambault

The Players' first meeting since 2019 took place on Wednesday, Dec. 8, at 6:30 p.m. in the Gallery. We showed the DVD of our recent "This & That" show for all to see. That show was very successful, and we were able to donate over \$1,000 to the residents affected by Hurricane Henri.

The Players' next monthly meeting will take place on Monday, Jan. 24, in the Gallery at 7 p.m. The program has been very popular in the past. The evening's entertainment will be interactive and will involve volunteers from the audience. Norman Perkus will lead participants in a variety of improvisation activities. In addition, he will add his expertise

as the director of the evening. We will use our imaginations to amuse and entertain each other. You need not participate, however, in order to have a good time. Come and join us as participants and/or audience members. We need both to make our evening successful. It should prove to be a most enjoyable time for all.

The Rossmoor Players is a very active group. We have three performances per year: "Just Music," "This & That," which is our variety show, plus our very popular original musical comedy. Jim Wilson has prepared a script to follow up his wonderful show two years ago titled "What's

(Continued on page 13)

### LWV

(Continued from page 11)

ZOOM at a Meet and Greet event scheduled for Jan. 11 at 7 p.m. Contact the League at [lwvmonroetwp@gmail.com](mailto:lwvmonroetwp@gmail.com) to receive the ZOOM link. The topic will be current N.J. state activities and plans.

The next public meeting, which will be live-streamed, will be held on Jan. 24 at 1 p.m. The topic for that meeting will be program planning for the national convention and a discussion of voting rights. The meeting will be held in the Courtroom at the Municipal Building for those who wish to attend in person. A series of ZOOM Lunch and Learn civic educational events is being developed. The first event will be presented on Jan. 21 at noon via ZOOM. The topic will be "What is Civics Education?" Contact the League for the Zoom link info at the g-mail address above.

The Feb. 28 public meeting will be held at 7 p.m. in the Monroe Library and the

topic will be school funding and school budgets. Additional information about location and time will be presented in the February Rossmoor News.

Volunteers of all ages are invited to participate in the League's membership, activities and committees. One of the group's efforts that is being ramped up is the Observer Corps. Members will attend various township and Board of Education committee and open meetings as observers and will bring information back to the League. Since Monroe is an ever-changing community, the League wants to provide "just the facts" to folks who cannot attend all of the many meetings being held by the various committees.

The Monroe League is active on Facebook and other social media platforms. A webpage is also available for those who may wish to learn more about this organization. Those interested in joining the League can find registration information on the webpage [lwvmtnj.org](http://lwvmtnj.org)



Electric vehicles

*(Continued from page 12)*  
three-wheeler. Completely enclosed electrics preceded closed gas powered by about four years adding to their popularity.  
So what killed the electric back then? Henry Ford's mass-produced Model T was widely available and more affordable, costing about 1/3 the price of an electric (things have not changed much, have they). In 1912, Charles Kettering developed the electric starter – no more crank! By the 1920s, the U.S. had a better system of roadways, gas was becoming cheaper, filling stations were popping up all over the country and very few Americans, outside of cities, had electricity so recharging was impossible.  
Electric cars had pretty much disappeared by 1935. Interest resumed in the late 1960s and early 1970s with gas shortages and climbing prices. Both General Motors and American Motors (remember them) built prototypes but performance was still an issue. Top speed usually topped out at about 45 miles per hour and the range was only roughly 40 miles. Not very practical. GM tried again in the late 1990s with the EV1. It had a range of 80 miles but had very high production costs and was never commercially viable.  
What was the beginning of the turning point? Hybrids. The Toyota Prius, released worldwide in 2000, became the bestselling hybrid worldwide in the past decade (footnote – Honda released the Insight hybrid in 1999 which was the first electric anything since the 1900s). Now, of course, there are plenty to choose from, about 23 plug-in electric and 36 hybrid models in various sizes and prices. At last count, there are more than 234,000 EVs and 3.3 million hybrids running around the U.S. today. With more models offered and more charging stations built, I believe we are just seeing the beginning of the EV revolution.  
What can you anticipate in the future? There are two main charging ports -- Tesla and everyone else. You can buy converters to charge a non-Tesla at a Tesla charger and Elon Musk has already stated that he will be opening up Tesla chargers to all EVs (it is all about the money). Charging is getting faster. A home level 2 charger is rated at about 25 miles per hour, high speed DC charging about 90 miles in 30 minutes and a system was recently developed (not yet available) that will push charging from almost dead to full in about 5 minutes – assuming the car can accept charging at that rate. The future for EVs looks very interesting.  
**Another scam**  
I usually sneak in a warning or two on what to watch out for. I have been receiving many emails telling me my

PayPal account has been compromised and to click on the link in the email DO NOT DO THAT! It is a scam. Never, ever click on a link in an unsolicited email, always go directly to the company's website.  
**Windows 11**  
Finally, I have also been seeing many ways to update your computers to Windows 11 even if it is not compatible. That usually involves editing the registry. Please do not, as registry hacks usually do not work. Windows 10 will be supported until 2025 and by then you will probably need a new computer anyway.

Rossmoor will send robocalls to advise in case of bad weather or emergencies

The Rossmoor administration will send automated robocalls to residents' telephones whenever it is necessary to advise about predicted snow storms, severe weather warnings, or other emergencies.  
If you are not home to answer, a message will be left in your voice mail or on your answering machine.  
Please be sure to check your phone or answering machine. All necessary information will be included in the message so you will not need to call the office in return.

Players

*(Continued from page 12)*  
Up". In addition, we have an open mic event each year.  
We will accept new members to the Rossmoor Players Club. Dues are \$15 per person for the year 2022.  
We meet monthly, usually on the 4th Monday of the month. We always have entertaining programs, which are often interactive. In addition, we have parties: holiday parties, cast parties, and special celebrations. Any questions about our organization, please call Sue Archambault, at 201-981-5959.

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**Korean-American Group**

By Youngae Lee

Due to the pandemic, we were not able to have our monthly meeting since Feb. 2020.

On Dec. 5, we were able to have our first meeting so we could prepare for the upcoming monthly meetings for 2022.

There were about 12 members present for this meeting. Procedures and other ways of how to make future meetings more efficient and productive were discussed in detail.

We had many newcomers from this community in the last few years. With the past hurricane that damaged

many of the homes in our community, some of the newcomers shared their hard times and showed their gratitude for all the support they received from their neighbors.

The ultimate goal of our group is to help each other by exchanging practical information and help with how to solve their problems, especially those dealing with language barriers.

Our members consist of people with different job fields, including a Medicare agent, owner of a dry-cleaning business, dental technician, saleswoman, owner of a spa and nail sa-

lon, retired reverend, and so on. We will keep helping each other with our combined skills and knowledge in many various ways.

Fellow newcomer, and the new president, Youngae Lee, will plan many good events for the members to further share Korean food and culture with the community.

We will hold monthly meetings with outlined agendas for all upcoming meetings.

Anyone who is interested in joining our group, please contact Youngae Lee at 201-230-0805 or yalee1980@gmail.com. All are welcome!

**Dining with Democrats**

By Mike Markel, club president

On a scale of one to 10, where would you place the holiday dinner party hosted in the Ballroom by the Democratic Club last December 10?

"FIFTEEN!" shouted Susan West Hebert, as everyone at her table applauded and diners at nearby tables joined in.

The fun began when all 64 attendees scurried around the room looking for someone – anyone – who might match an entry on their Holiday Mix and Mingle Bingo card. Result: a lot of old friendships were renewed and quite a few new ones were formed.

Eventually the excitement subsided and everyone sat down for some delicious food, catered by Italian Touch. Lots of us overcame our initial feelings of satiety and went back for seconds of cheesy penne alla vodka, salad, sausage and peppers, chicken cacciatore, and home baked rolls. The same was true when the sheet cake rolled in. No one needed the calories but how do you say "No" to such a tasty dessert with coffee, let alone seconds?

Guests of honor included Mayor Steve Dalina, who buzzed around the room taking snapshots of smiling people. (With all he has to deal with, how does he manage to know so many of us by name?) Township Council President Miriam Cohen joined us (we found that she likes to dance), along with Vice President Betty Schneider, and Councilman-at-large Terry Van Dzura, and Council member Rupa Seigel whose husband also joined us for the party.

We held a 50-50 raffle, which was won by Councilman Van Dzura, who graciously and to much applause donated his winnings, worth \$141, back to the club.

Four gift baskets were raffled off. The happy winners were Susan West Hebert, Lorraine Haucke, Mayor Dalina, and Linda Schoenfeld.

I was pleased to announce that one of the high-

lights of our club year was a great success. Through membership donations, we raised over \$2,000 for some local families in need.

We ended the evening with lively music and fun dancing. About 9 p.m., a lot of smiling people were ready

to go home as others tidied up the Ballroom.

We all know that politics is serious business, but it is equally true that a person can enjoy plenty of good vibes at a Rossmoor Democratic party.

Come, join us next time.

## This is not fake news: This is not an April Fool's joke

By Judy Perkus

We're back -- we really are back! We are finally back after a really long COVID hiatus. I find it hard to believe. I had just about given up hope, but this is the start of a happy new year.

Join the members and friends of the Rossmoor Dance Club and DJ Antonio at the first 2022 Rossmoor Dance Club dance. All Rossmoorites, singles and couples, are welcome to join us in the Ballroom on Saturday, Jan. 29, at 7 p.m.

Join the fun with your friends and neighbors. In addition to the dancing and socializing, we will have snacks, dessert (sugar-free available), coffee, tea and soda.

To reserve your place:



please send your check made out to the Rossmoor Dance Club (\$8 per PAID-UP MEMBER, \$10 per guest) to President Armen DeVivo at 449B Roxbury Lane by Jan.19. We respectfully request that only fully vaccinated people attend.

Send your 2022 Dance Club dues of \$15 per couple, \$7.50 per person to Armen, if you've not already done so.

Call Armen at 609-655-2175 for more information.

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## Religious Organizations

### Hanukkah party returns

By Alan Kaufman

The Rossmoor Jewish Congregation celebrated Hanukkah with the return of their annual Hannukah Party held at the Clubhouse on Dec. 5. Thirty-two members of the Congregation

enjoyed sandwiches and latkes, one of the traditional foods of the holiday.

Larry Epstein led a Hanukkah sing-a-long. Hanukkah, the Festival of Lights, is an eight-day event honoring the Jewish people re-

claiming the desecrated Holy Temple.

The oil they found was only sufficient to light the menorah for one day, but the menorah remained lit for eight.



Larry Epstein led a Hanukkah sing-a-long.



RJC President Cindy Sigl lights the Hanukkah menorah

### New year for trees

By Allan Kaufman

The 15th of *Shevat*, on the Jewish calendar-celebrated this year on Jan. 17, is the day that marks the beginning of the "new year" for fruit trees. Commonly known as *Tu B'Shevat*, this day marks the season in which the earliest blooming trees in the land of Israel emerge from their winter sleep and begin a new fruit bearing cycle.

*Tu B'Shevat* served as the day on which farmers offered the first fruits of the trees they planted, after the trees had turned four years old, to the priests of the Temple. The Torah states, "When you enter the land and plant any tree for food, you shall regard its fruit as forbidden. Three years it shall be forbidden for you, not to be eaten."

As mentioned, the fruit of the fourth year was to be offered to the priests, as a gift of gratitude for the bounty of the land, and the fifth-year fruit and all subsequent fruit was finally for the farmer.

How did the farmers mark the "birthday" of a tree? The Rabbis therefore established the 15th of the month of *Shevat* as a general birthday for all trees. If a tree was



planted the day before the 15th of or two hundred thirty days prior to the 15th, both trees would be considered to be one year old on the 15th.

Nowadays, *Tu B'Shevat* is an environmental holiday. Jews consider this day as a way to remind themselves of their duty to care for the natural world. Many Jews take part in a tree-planting ceremony, or collect and send money to Israel for them to plant a tree.

*In addition to my regular assignments, I will also be*

*writing articles on behalf of the Rossmoor Jewish Congregation and the Jewish Community. I can be reached at allan.kaufman0125@gmail.com or 732 690-2145. Your feedback is always appreciated.*

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## Rossmoor will send robocalls to advise in case of bad weather or emergencies

The Rossmoor administration will send automated robocalls to residents' telephones whenever it is necessary to advise about predicted snow storms, severe weather warnings, or other emergencies.

If you are not home to answer, a message will be left in your voice mail or on your answering machine.

Please be sure to check your phone or answering machine. All necessary information will be included in the message so you will not need to call the office in return.

## As a reminder!!!



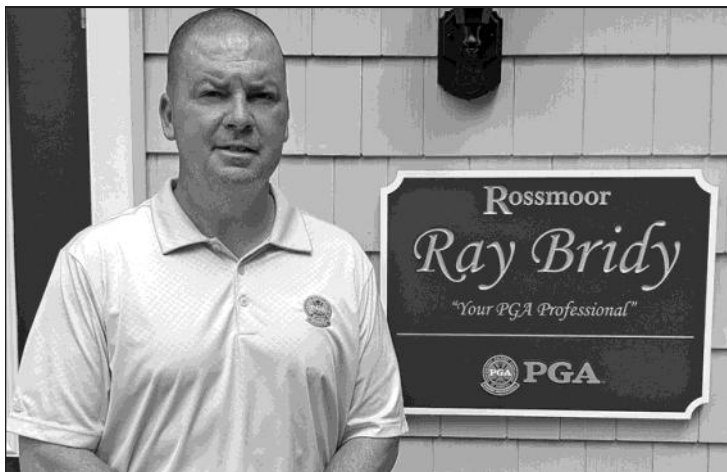
**Pedestrians – Please wear light or reflective clothing when walking in the dark.**

**Also, always walk against the traffic (on the left however you are facing.)**

**Bikers – Always ride with the traffic (on the right).**



## Sports News



Ray Bridy Rossmoor Golf Pro



New Assistant Golf Pro Brandon Wolff

## Golf Course highlights

By Ray Bridy, Golf Professional

What's going on at the golf course? A lot of positive things. Although golf is in its winter season, we still have our year-round, die-hard golfers on the links.

The weather in 2021 was very good for golf. We had a successful year from a membership standpoint, adding 75 new memberships since Sept. 2020. This does not happen by chance or because we are the only option in town. On the contrary, there are many choices for golfers to pick from when it comes to joining a private course. We are happy they chose to join us.

Remember: there is a member referral incentive plan in place that offers \$200 in Pro Shop credit for those referring a new full golf course member.

The golf course continues to be in fantastic condition thanks to Tom Tucci and his staff. Members and their guests (our future members) recognize the continued fi-

nancial investment in the course and pro shop surroundings. That investment is reaping rewards, and like all successful businesses, our managers understand the value in being a progressive organization. Tom and his staff are currently working on rebuilding (expanding) the tee on hole #4, and removing bunkers that are no longer relevant on holes #3 and #14.

We have a new assistant golf professional on staff: Brandon Wolff. Brandon was brought on board Oct. 1, 2021 to assist Ray in running the day-to-day operations of the golf department. A graduate of Temple University, Brandon is a personable young man who enjoys being around people and assisting them to better enjoy their day. While in college, he also worked at Heron Glen golf course, a busy, high end public golf course in Ringoes, N.J.

We are excited about the reopening of the Pro Shop

and lounge area. Our members have often enjoyed a good card game after their round of golf, or on a not so warm day, while watching a football game. The Pro Shop will restock its shelves in the spring with brand name golf products and attire, offering great values to our members and our residents.

With the opening of the Pro Shop and lounge, we have been booking charity golf outing dates for the 2022 season. This is great news as this has shown in prior years to be an excellent additional revenue stream, adding to the bottom line.

On behalf of myself and my staff, I would like to thank everyone for a great 2021 golf season. We hope that both our residents and their guests enjoyed the 2021 season as much as we did. Have a safe and healthy winter season.

If there is anything we can help you with, or any questions we can answer, please give us a call at 609-655-3182

## January 2022 at the Monroe Public Library

### Monday Meditation

Mondays, January 3, 10, 24 & 31 at 9:00 a.m.

Grab a chair or mat and enjoy guided breathing exercises, meditation, and simple stretches to start your day! We will not meet on Monday, January 17, 2022. This program will be held virtually via Zoom. \*Registration is not required. Please visit the Library's website at [www.monroetwplibrary.org/](http://www.monroetwplibrary.org/) virtual-programs for Zoom meeting ID and password information.

### Book Café

Wednesday, January 5 at 11:00 a.m. and 1:00 p.m.

What have you been reading? We want to know! Join other book lovers for a lively discussion. Book Café is a perfect place to find your next great read or share what you have enjoyed. This is a hybrid program. Join us via Zoom or in person. \*Registration is required for in-person participation. Register in advance at the Welcome Desk, online at [www.monroetwplibrary.org/](http://www.monroetwplibrary.org/) calendar or by phone at (732) 521-5000.

### Evening Book Café

Thursday, January 6 at 7:00 p.m.

Join other book lovers for a lively discussion. Book Café is a perfect place to find your next great read or share what you have enjoyed. This is a hybrid program. Join us via Zoom or in person. \*Registration is required for in-person participation. Register in advance at the Welcome Desk, online at [www.monroetwplibrary.org/](http://www.monroetwplibrary.org/) calendar or by phone at (732) 521-5000.

### Sit-N-Stitch

Fridays, January 7 & 21 at 10:30 a.m.

Socialize with stitchers & crafters of all skill levels. Bring your own supplies. This program will be held in person. \*Registration is required. Register in advance at the Reference Desk, online at [www.monroetwplibrary.org/](http://www.monroetwplibrary.org/) calendar or by phone at (732) 521-5000.

### Author Presentation:

**Kathleen Grissom**

Tuesday, January 11 at 3:00 p.m.

This in-person event features author Kathleen

Grissom, who will join us virtually via Zoom, to discuss her two novels *The Kitchen House* (published in 2010) and its companion novel *Glory Over Everything* (2016). Reserve a print copy on the library website at <http://www.monroetwplibrary.org/> or by calling the library. Place a hold on a downloadable ebook or audiobook through eLibraryNJ on our website. This program will be held in-person. \*Registration is required. Register in advance at the Welcome Desk, online at [www.monroetwplibrary.org/](http://www.monroetwplibrary.org/) calendar or by phone at (732) 521-5000.

### Genealogy Club

Wednesday, January 12 at 2:00 p.m.

Beginner and experienced genealogists welcome. This program will be held in-person. \*Registration is required. Register in advance online at [www.monroetwplibrary.org/](http://www.monroetwplibrary.org/) calendar or by phone at (732) 521-5000.

### Women In History Book Discussion Series

Thursday, January 13 at

(Continued on page 17)



## HEALTH CARE CENTER NEWS

### Learn more about the Rossmoor Healthcare Center

By Kaytie Olshefski, BSN, RN-BC

The Healthcare Center is here for you and is open every day of the year from 7 a.m. to 7 p.m., including weekends and holidays. The Healthcare Center is closed from 7 p.m. to 7 a.m. If you call the Healthcare Center, you will be greeted with a recording. Unfortunately, you cannot leave a message because it does not accept messages.

If you should experience an emergency, please call 911. The 911 dispatcher will call the Healthcare Center and inform the nurse the nature of the emergency and location and that the Monroe Township First Aid Squad is en route.

All the nurses are registered nurses (RNs) and certified in Basic Life Support and Automatic External Defibrillator. Our nurses are also certified by the American Nurses Credentialing Center in different nursing specialties such as Geriatrics or Medical Surgical Nursing.

The nurse responds to emergencies that occur in your home and within the community. If you come to the office and the nurse is not there, she is responding to an emergency. There will be a sign in the window indicating this. You are more than welcome to wait in the waiting room for the nurse to return.

We do blood work Monday through Friday from 7:15 to 10:30 a.m. Appointments are taken for blood work. We request the prescription be dropped off to the Healthcare Center no later than the day before your scheduled lab work. Please check with your primary insurance company especially if you are covered by a Medicare Managed Care, HMO, PPO or commercial insurance to see if your insurance company has a contract with a particular laboratory. We use Saint Peter's University Hospital's laboratory and Quest Diagnostics. If you prefer to use Lab Corp, the lab is located right next door to Rossmoor's maintenance building on Prospect Plains Road.

Everyone who enters the Healthcare Center must wear a mask. The executive order is still in place requiring everyone to wear a mask in hospitals, doctor's offices, and healthcare facilities. Since the start of COVID-19, we require an appointment for routine services. For your safety, we limit the number of residents waiting in the waiting room and the number of residents in the nurse's office. Some of the services we provide are blood pressure monitoring, injections, and dressing changes. We schedule appointments Monday through Friday after

10:30 a.m. as residents are fasting for their blood work. On the weekends we can make appointments earlier in the morning.

We require a doctor's order to administer injections and for dressing changes. Our policy for administering injections is the resident receives two injections of the medication at their doctor's office before we will administer the medication. The reason for this is precautionary: if the resident has an allergic reaction to the medication in the doctor's office, the doctor has the medications to counteract the reaction.

If there is a wound dressing that needs to be changed, whether it is daily or few times a week, we require a physician's order for how the doctor wants the wound to be cared for. If the dressing change is ongoing, we request you bring in the needed supplies each time you come to have your dressing changed.

We provide first-aid treatment, health teaching, and serve as a good referral source. If your doctor orders you to wear a monitor for a certain amount of time, we will assist you in applying it. Please call the nurse's office to make an appointment as this will take a little bit of time to apply the monitor.

We have a side entrance door for people who are wheelchair-bound or use a walker. This door is slightly wider than the front door of the Healthcare Center. Just knock on the door and we will open and hold the door for you.

We accept clean, durable medical equipment from residents such as canes, walkers, and wheelchairs. At this moment, due to COVID-19, we are not accepting commodes or shower chairs. We are accepting other items if the package is unopened. If the package has been opened, we unfortunately cannot accept the items due to the COVID-19 safety precautions. The durable medical equipment and medical items are given to Rossmoor residents. Please call the Healthcare Center if you need any equipment.

Saint Peter's University Hospital has an in-person Caregivers Support Group at 298 Applegarth Road, Suite D. It is in the same building as Instadoc Urgent Care, across the street from Clearbrook Adult Community. The support group is free and held on the first Friday of the month from 9:00 to 10:30 a.m. If you are interested, please call Jan Hader, MSW, at 1-800-269-7508, ext. 8653.

Our *Monroe Physician Directory* is updated yearly and is available at the Healthcare Center.

Unfortunately, we were not able to hold a Health Fair in 2020 or 2021 due to COVID-19. We hope we will be able to host a Health Fair in the spring. Please be alert for future news articles for an update on the event.

Remember that we offer two flu clinics in the Clubhouse with different hours to accommodate residents who work and to make it easier to fit the flu clinic into your schedule. It is still not too late to get your flu shot if you have not received one yet. We have the three different flu vaccines: the standard, the Flublok, and the high-dose.

We also have pneumonia vaccines: Prevnar 13 and Pneumococcal 23. We do require a prescription from your doctor indicating which of the two pneumonia vaccines your doctor would like to you to have. We also provide the service of giving homebound flu shots. Please call the Healthcare Center at 609-655-2220 for more information.

The Monroe Township Police Department has a program known as "Monroe Township Special Needs Registry" for residents who may be disabled, frail, and/or on oxygen. In the event of an emergency, the information on the Special Needs Registry forms will be accessed, and the police will take the necessary steps to accommodate those residents who are on file. If you are on home oxygen, arrange with your oxygen provider to leave you extra tanks in case the electricity goes out. We have these forms in the Healthcare Center. After completing the form, please bring or mail it to the Monroe Police Department at 3 Municipal Plaza.

For residents who need to dispose of used syringes and needles, Saint Peter's University Hospital has an exchange program on sharps containers. Please bring your sharps container to the Emergency Room; they will exchange the full container with an empty one. Another way to dispose of the syringes and needles is to use an opaque, puncture resistant, leak-proof container with a screw-on top, such as the containers for plastic laundry detergent, bleach, or fabric softener. Do not use a coffee can as the lid comes off too easily. When the container is full, screw the top on tightly and label it "Needles and Sharps." Double bag the container with two plastic bags and dispose of it in the regular garbage. Do not place this container in with your recycling.

There are physicians who come to the Healthcare Center, on the doctor's side, on certain days of the week. On

Mondays, Dr. Lev Simkhayev, an internist, is here from 10 a.m. to 1 p.m. To make an appointment, call 732-360-9996.

Dr. Sang Song, a pain specialist, is here on Mondays from 1 to 5 p.m. He can be reached at 732-660-8715.

Dr. Ronald Armenti, a podiatrist, is here on Wednesdays from 9 to 11 a.m. To make an appointment, call 732-360-9200.

Dr. Richard Angrist, an ophthalmologist, will come to Rossmoor's Healthcare Center, but you need to call him

at his office to arrange an appointment at Rossmoor. His number is 732-246-1050.

Please stop by the Healthcare Center if you have not filled out our medical questionnaire or need to update it with the medications, medical history, and/or family contact names and numbers.

We are here for you. Please call us for information or if you have any questions at 609-655-2220.

All the nurses wish you and your family a very happy, healthy, and prosperous New Year!

### Public Library

(Continued from page 16)

11:00 a.m.

Join us for a new book discussion series, focusing on women in history. Each session will cover a different title by Marie Benedict. This month we will discuss *The Other Einstein*. Reserve a print copy on the library website at [www.monroetwplibrary.org](http://www.monroetwplibrary.org) or by calling the library. This title is also available in ebook and audiobook format from eLibraryNJ through the Libby app, or download the ebook from Hoopla. This program will be held virtually via Zoom. \*Registration is not required. Please visit the Library's website at <http://www.monroetwplibrary.org> for virtual-programs for Zoom meeting ID and password information.

#### Family Escape Room Challenge

Friday, January 14 from 12:00 p.m. to 4:00 p.m.

Saturday, January 15 from 12:00 p.m. to 4:00 p.m.

Recommended for families with children ages 7 and up. Can your family solve the puzzles and get out of our escape room before it's too late? Registration is required to reserve a time slot. Registration will open on Tuesday, December 14. Register in advance online at [www.monroetwplibrary.org](http://www.monroetwplibrary.org) or by phone at (732) 521-5000.

#### International Book Discussion

Tuesday, January 18 at 10:30 a.m.

Join us to discuss *Instruc-tions for a Heatwave* by Maggie O'Farrell (UK). Reserve a print copy on the library website at [www.monroetwplibrary.org](http://www.monroetwplibrary.org) or by calling the library. Download the audiobook from eLibraryNJ through the Libby app. This program will be held in-person. \*Registration is required. Register in advance online at [www.monroetwplibrary.org](http://www.monroetwplibrary.org) or by phone at (732) 521-5000.

#### Library Board of Trustees Meeting

Tuesday, January 18 at 6:30 p.m.

#### Page Turners

Thursday, January 20 at 11:00 a.m.

Looking for something to read or add to your reading list? Library staff will present and recommend a variety of titles pertaining to a different

topic, both new and old titles. The theme for this session is *New Beginnings*. This is a hybrid program. Join us via Zoom or in person. \*Registration is required for in-person participation. Register in advance at the Welcome Desk, online at [www.monroetwplibrary.org](http://www.monroetwplibrary.org) or by phone at (732) 521-5000.

#### Non-Fiction Book Discussion

Monday, January 24 at 2:00 p.m.

Join us for a discussion of *Blue Mind* by Wallace J. Nichols. Reserve a copy through our online catalog or by calling the library. Download the audiobook through eLibraryNJ on our website. This is a hybrid program. Join us via Zoom or in person. \*Registration is required for in-person participation. Register in advance at the Welcome Desk, online at [www.monroetwplibrary.org](http://www.monroetwplibrary.org) or by phone at (732) 521-5000.

#### Short Story Discussion Group

Thursday, January 27 at 2:00 p.m.

We will discuss the next two titles in *The Best American Short Stories of the Century*, "That Evening Sun Go Down" by William Faulkner and "Here We Are" by Dorothy Parker. This program will be held in-person at the Library. \*Registration is required. Register in advance at the Welcome Desk, on our website at [www.monroetwplibrary.org](http://www.monroetwplibrary.org) or by phone at (732) 521-5000.

#### Friday Afternoon Movie

Friday, January 28 at 2:30 p.m.

Friday afternoon movies return this month! Every month we will show a different modern classic film. Join us this month for a screening of a 1991 comedy in which a mid-life crisis plagued man and his friends find renewal and purpose on a cattle driving vacation. Runtime is 1 hour and 53 minutes. Rated PG-13. This program will be held in-person at the Library. \*Registration is required. Register in advance at the Welcome Desk, on our website at [www.monroetwplibrary.org](http://www.monroetwplibrary.org) or by phone at (732) 521-5000.

#### Lobby Display Case

Replicas of WWII military aircraft honoring all service members and production assembly lines from the collection of Robert Martin will

(Continued on page 19)



# Rossmoor Community Association, Inc.

## Snow Policy and Procedure

**POLICY**

When a snow or ice event occurs, it will be the objective of RCAI to make reasonable efforts to ensure that the 17 miles of roadways and 43 miles of sidewalks within Rossmoor are passable for motorists and pedestrians as soon as possible, in a safe and efficient manner. The safety of **Rossmoor residents** is the goal of this policy.

**PROCEDURE**

When a storm is predicted, all equipment and supplies will be checked and staff as well as the snow removal contractor will be informed of the response plan.

Snowfall accumulations of **up to two inches** are handled by pre-salting the streets and carport lanes prior to the storm to try and prevent snow/ice from bonding to the surface. Salting of the streets and carport lanes will continue as needed. Depending on weather conditions and the forecast, typically, no further action will take place.

Snowfall accumulations of **more than two inches**, typically, require the initiation of the full snow removal operations as follows:

1. Pre-salting streets and carport lanes to prevent snow from bonding to the surface.
2. Plowing all main and secondary streets (see list of streets under "Priorities") continuously after an accumulation of 2" or more or as required by RCAI management.
3. **Once the storm ends**, separate crews and separate equipment will begin plowing lanes and carports; plowing perimeter and main sidewalks; plowing driveways and finally shoveling of the main, front entrance walks and stoops leading to the main entrance doors of the manors. Secondary walks and stoops on the sides or backs of manors will not be shoveled or treated with ice melt.
4. **Once the full snow removal operation is complete**, ice melt may be applied to perimeter and main sidewalks and the front entrances walks and stoops leading to the main entrance doors of the manors depending on accumulations, ice conditions, ground and air temperatures and the forecast for the next 24 hours. Reasonable efforts will be made to maintain the perimeter and main sidewalks and the front entrances walks and stoops leading to the main entrance doors of the manors and driveways after each storm and for the days to follow until the conditions clear, but it is impossible to be everywhere all the time. A full ice melt application takes approximately six hours and is not effective in lower temperatures and without sunlight. Secondary walks and/or on the sides or backs of manors will not be shoveled or treated with ice melt.
5. Reasonable efforts will be made to rotate the snow plowing schedule of driveways and carport lanes each storm.

**Utmost caution should be used if residents must use the walkways during a storm and during the thaw/freezing cycle that typically follows each storm until all the snow/ice has melted. Each resident should consider having a supply of ice melt or grit for their personal use.**

**COMMUNICATION**  
**Fire/Police/First Aid Emergencies 911**

Upon notification of a pending fire, police or first aid emergency requiring emergency personnel, the snow removal staff/contractor on site will make reasonable efforts to clear the road, walkway and/or driveway in the area where emergency personnel require access prior to or simultaneous with emergency personnel arrival.

In those instances where there is no notification in advance, upon learning of the emergency and/or arrival of emergency personnel, the snow removal staff/contractor on site will make reasonable efforts to clear the road, walkway and/or driveway in the area where emergency personnel require

access.

**Snow Removal Operations Concerns**

Maintenance Office  
655-2121

Monday – Friday  
8:30 a.m. – 12:00 noon  
and 1:00 p.m. – 5:00 p.m.  
North Gate 655-1868

After hours/evenings/weekends

*North Gate personnel may take messages for supervisory staff on site during a winter storm and snow/ice removal operations.*

*Residents are responsible to leave accurate and pertinent information.*

**Snow Removal Operations Updates/Cancellations/Bus Service**

**Channel 26**

*Reasonable efforts will be made to keep residents informed during a snow emergency, but it may not always be possible.*

**RESIDENTS' RESPONSIBILITY**

It is **imperative and** the responsibility of all residents to know and participate in the procedure by moving vehicles to ensure proper and complete snow removal from our streets, carport lanes, **and driveways**. Vehicles should be parked in residents' assigned carport spaces or garages. Second vehicles or guests' vehicles may be parked in the lower level of the Clubhouse parking lot.

**NOTE: Snow cannot be removed and road salt or ice melt cannot be applied in the area where a vehicle is left on a street, carport lane, parking space on a carport lane or in a driveway. Due to the nature of the size of the Community, the miles of roads and carport lanes and the number of driveways, the contractor cannot return and remove the snow or apply road salt or ice melt where a vehicle had been parked during the snow removal efforts.**

**IT IS THE RESIDENTS RESPONSIBILITY TO REMOVE SNOW FROM THE AREA WHERE THEIR OR THEIR GUEST'S VEHICLE WAS PARKED AND TREAT THE AREA FOR ICE.**

It is incumbent upon each resident to be attentive to the surroundings and exercise

extra care for their safety when walking on exterior surfaces during periods of inclement weather. If it is absolutely necessary to drive during a snow storm, please drive slowly and give snow removal vehicles the right of way.

If residents, their guests or employees use an entrance other than the front entrance walk and/or stoop leading to the main entrance door to their manor, it is the resident's responsibility to remove the snow and treat the secondary walk and/or stoop for ice.

Snow removal is an arduous and time consuming task. Please be patient. It is best for residents to stay in the safety of their manors. Typically, bus service and most activities are cancelled during a snow/ice storm. For your safety, residents should not approach active snow removal equipment.

**PRIORITIES**

The safety of Rossmoor residents is our priority. Supervisory RCAI personnel are on site during snow removal operations to lead staff and the outside snow removal contractor to oversee procedures and respond to emergencies. All main and secondary streets and entrance gates will be plowed

continuously to provide emergency access. Sidewalks to the Club House and Meeting House are continuously cleared and the buildings remain open during snow/ice storms for residents use in case of power outages and/or loss of heat.

**Residents with medical conditions that require outside treatments such as, but not limited to, dialysis or chemotherapy, must register with the Healthcare Center prior to a winter storm emergency to guarantee access for these appointments.**

Regular medical/dental appointments, going to work, grocery shopping, filling prescriptions, leaving for vacation etc. are not considered priorities and staff will not respond to such requests.

Residents that return to the Community during a winter storm or during storm removal efforts is not considered a priority. Safe access to a resident's manor may not be possible. It is advisable to check with the North Gate prior to returning to be sure snow removal efforts have been completed.

**Revised by the RCAI Board of Governors  
September 2016**

The following 26 main and secondary streets are cleared continuously after an accumulation of two or more inches or as required by RCAI management:  
Stonaker Road (South Gate to Prospect Plains Road)

Gloucester Way	Sharon Way	Troy Way
Mayflower Way	Sheldon Way	Victoria Court
Mt. Vernon Road	Spencer Way	Waverly Way
New Haven Way	Springfield Way	Windsor Way
Newport Way	Sussex Way	Yale Way
Old Nassau Road	Sutton Way	Yarborough Way
Providence Way	Terry Lane	Yardley Way
Revere Way	Thurman Lane	
Rossmoor Drive	Tilton Way	

The following 51 carport lanes are cleared when the snowfall ceases:

Amherst Lane	Mystic Lane	Roxbury Lane
Bradford Lane	Nantucket Lane	Salem Lane
Concord Lane	Narragansett Lane	Sanford Lane
Dorset Lane	Nautilus Court	Somerset Lane
Emerson Lane	New Bedford Lane	Stockton Lane
Fairfield Lane	Northfield Lane	Stowe Lane
Glenwood Lane	Norwich Lane	Stratford Lane
Greenfield Lane	Onset Lane	Sturbridge Lane
Hanover Lane	Orrington Lane	Sudbury Lane
Lowell Lane	Oxford Lane	Sunset Circle
Madison Lane	Pelham Lane	Thornton Lane
Malden Lane	Plymouth Lane	Westfield Lane
Manchester Lane	Portland Lane	Westport Lane
Marblehead Lane	Prescott Lane	Winchester Lane
Meeting House Lane	Putney Lane	Wingate Court
Middlebury Lane	Redding Lane	Yorkshire Lane
Milford Lane	Rockport Lane	Yorktown Lane



Start the new year on a high note: sing with the Monroe Township Chorus

By Micki Meyers

Calling all sopranos, altos, tenors and basses to come and join the fun and camaraderie of a wonderful group of men and women and share the gift of song.

We sing four-part harmony and rehearse Tuesday mornings from 9 to 11 a.m. at the Monroe Township Senior Center, 12 Halsey Reed Road.

Rehearsals will begin in January. For the exact date and more information, please contact Director Sheila Werfel at 609-619-3229.

*We don't sing because we're happy;*  
*We're happy because we sing.*

Library

(Continued from page 17)

be on display in the George Ivers Lobby Display Case through January 2022.

**Fine Arts Gallery**

The work of artist Karen Terry is on display in the Fine Arts Gallery.

**Late Fees**

On August 1, 2021, late fees were reinstated for overdue American Girl Dolls, DVDs, Museum Passes, Tablets, Video Games and WiFi Mobile Hotspots. We no longer charge late fees on printed materials, audiobooks, or music CDs.

**Drive-Thru Window**

Pickup service through the Library's Drive-Thru Window remains available by appointment for those who prefer it. Place items on hold with your library card and pick them up when they're ready. Schedule your appointment on our website at [www.monroetwplibrary.org/curbside](http://www.monroetwplibrary.org/curbside) or by calling (732) 521-5000.

**Returning Materials**

Return library materials to the book drops at the Library's Drive-Thru Window or in the parking lot of the Senior Center at any time, as they are accessible 24/7. The book drop at the Rec Center is open. Return library materials to the book drop at the Rec Center during the building's operating hours.

**Electronic Resources**

Download and stream a variety of media, like audiobooks, ebooks, magazines, music and movies, at any time of the day, from wherever you are! Our digital library is available 24/7. All you need is your library card number. Visit our website at [www.monroetwplibrary.org/resources/digital](http://www.monroetwplibrary.org/resources/digital) to get started.

**Bookmobile**

The Bookmobile is on the road with our bus full of books, bringing the Library to you! Visit our website at [www.monroetwplibrary.org/bookmobile](http://www.monroetwplibrary.org/bookmobile) for a schedule of stops and for information about requesting materials.

**Library Closings**

The Library will be closed on Friday, December 31 and Saturday, January 1 for New Years and Monday, January 17 for Martin Luther King, Jr. Day.

CLASSIFIED AD COUPON

- Check those publications that apply:
- ☐ The Clearbrook Courier
  - ☐ The Concordian
  - ☐ Encore Speaks
  - ☐ GW Voice
  - ☐ Regency Reporter
  - ☐ Renaissance Reflections
  - ☐ The Rossmoor News
- ☐ Check here for all seven publications

Classified deadline: Ads must be received by the 14th of the month preceding publication month.

**Princeton Editorial Services, Inc.**  
P.O. Box 70, Millstone Twp., NJ 08510

**RATES**

\$14 for 10 words, 50 cents each additional word *per publication*.  
*Sample: 10 words in two publications = \$14 x 2 = \$28.00*

**No discounts apply. All ads must be mailed with payment.**

**No classifieds accepted by phone or email.**

- Note: Phone numbers count as one word. Do not count punctuation. Do not abbreviate.
- State category/heading, ie., "For Rent", "For Sale", "Help Wanted." You will not be charged for the heading.
- One check or money order must accompany insert.

**MADE PAYABLE TO PRINCETON EDITORIAL SERVICES, INC.**

- Phone number or address which appears in ad must appear on check or money order to ensure proper credit.

Name \_\_\_\_\_

Tel. # \_\_\_\_\_

(Above information is for Princeton Editorial purposes only if we need to contact you. Above information will not be published.)

PLEASE PRINT YOUR AD ON 8.5 X 11" PAPER

Email your news to:  
[news@rcainj.com](mailto:news@rcainj.com)

**Contact Waste Management**  
**609-587-1500**  
ID# 61565342007  
for pick up of household items  
**NO electronics**  
**NO upholstered furniture**  
**No mattresses**

**Recycle information from Waste Management**

- No caps on glass bottles/containers in the recycle bin.
- No lids on plastic bottles.
- Only #1, #2, and #5 plastic is acceptable in the recycle bin.
- Plastics numbered #3, #4, and #7, etc. must go in the household trash bin.
- Other plastic items as well as plastic bags, plastic wrap, shipping film, and Styrofoam go in the household trash bin. Please, no plastic bags in the recycling bin. You can use a plastic bag to dump your recyclables, but take the plastic bag away with you. (Recycle it at the supermarket.)
- Shredded paper cannot be recycled by Waste Management with their current equipment so put it in the household trash bin.
- Aerosol cans must be empty *and* punctured before being put into the recycle bin.

**TRANSPORTATION TIDBITS**

**Important phone numbers:**

Rossmoor Bus.....609-655-4401  
Hours 10:00 -11:00 a.m. and 2:30 p.m.- 4:00 p.m.

Monroe Township Transportation .....609-443-0511

Middlesex County

Area Transportation (MCAT) .....1-800-221-3520

St. Peter's University Hospital

On Time Transportation .....1-800-858-8463

All schedules are available outside the E&R office (near the copy machine) or via the Web at [rcainj.com](http://rcainj.com) and following the links Facilities, Clubhouse and Activities, and Bus Info.

Classified Advertising

Home Improvement & Services

**RELIABLE HANDYMAN SERVICES** – Local resident. No job too small. All labor guaranteed. Call me to discuss – no obligation. Reasonable rates. Call (609) 409-7096 or (908) 385-5869.

**PAINT KING NJ** — Concordia Resident. Fast service. Experienced. Ceiling & Wall specialist. NJ LIC 13HV10937500. Call (609) 598-2221.

**MIKE THE HANDYMAN** – See my display ad in this edition. (732) 780-0468.

Tax & Accounting Services

**YOU'VE HAD ENOUGH STRESS!** Avoid crowds. Have your accountant come to you. Reasonable rates, and the safety of in-home care. Rebecca Bergknoff, CPA. 732-718-4359.

Miscellaneous/ Services

**TECH BUDDY** – Simple step-by-step help with smart-phones, computers and tablets. Large print solutions for low tech problems. Beginner to Advanced. Patience and enthusiasm included. Wireless printers, Netflix, Amazon Alexa setup and training. Have Alexa remind you of your appointments, read audiobooks, more. \$5 off setup. Free quote. (732) 589-4974.  
[techbuddybarb@aol.com](mailto:techbuddybarb@aol.com)

**COMPUTERS CUSTOM BUILT & REPAIRED** - RJF Sales Company LLC.\* Time to clean your computer and get educated on protecting yourself from scams. Desktop and laptop repair in your home. I am fully vaccinated; I use a mask. Virus removal and protection. Monroe resident with over 20 years of computer experience. (732) 723-9537 or (732) 967-3400. Please leave message; most calls returned same day.

**DOG WALKING & PET SITTING** by Izabela. Monroe resident. Reasonable rates. Fully vaccinated. Very dependable. 732-718-3800. Call or text.

Help & Health Services

**ANNA'S HOME CARE** – Certified professional caregiver is looking for live-in/live-out job in Monroe Township. Experienced, references. Driver's license. Accepts long-term care insurance. Low prices. Private care option. Call Anna at (609) 917-4208 or (908) 337-7462.

**LEASE A NIECE HOME CARE AGENCY.** Assistance w/personal and household activities – cooking shopping, appointments, local transportation. Companions. CHHAs, RNs. (732) 521-HOME or (732) 521-4663.

**AT ANGEL TOUCH HOME CARE** we provide excellent care for the elderly with licensed, insured and bonded thoroughly screened aides. We are a company that cares for our patients and makes sure they are treated by the best. 24-hour care (living with resident). Elderly companionship. Call (609) 907-6059.

Wanted to Buy

**BUYING & SELLING GUNS** – Call for pricing. (609) 558-9509. Ask for David. Licensed Firearms Dealer.

Transportation Services

**ARNIE'S DRIVING SERVICE.** Anywhere. Anytime. Airport and NYC specialist. 609-751-1612.

**BOB'S RIDES FOR CASH**—Local, airports, medical appointments, hair salons, NYC., cruises. Call Bob at (609) 819-1240. Concordia resident.

**LIMO GUY** — Our 20th year. We go almost anywhere. Late model Lincolns. \$85 to Newark Airport. \$175 Philadelphia. \$185 JFK. We go almost anywhere. 24/7. Call (732) 452-9222 or (732) 803-2521.

House Cleaning

**HOME CLEANOUTS AND DISPOSAL, HOUSECLEANING.** Free estimates. References available. Call Kimberly at (732) 664-6738.



**MONROE TWP. FIRE DISTRICT #3**  
**AT YOUR SERVICE, ANYTIME.**  
**[www.mtfd3.com](http://www.mtfd3.com)**  
**609-409-2980**



# Protecting Your Lungs Can Start with a Scan



Photos courtesy of Getty Images

## Understanding the benefits of screening

FAMILY FEATURES

Not too long ago, smoking used to be everywhere. In fact, many people remember the days before there were even smoking and non-smoking sections in restaurants. People who smoked and others who didn't mingled in the same dining room. They sat side-by-side on a plane. Some rode in the backseat of a smoke-filled car, and no one gave it a further thought.

Today, things are done differently. However, those memories can be an important indicator for those who smoked back then to advocate for their health with a lung screening.

**Importance of Early Detection**

Lung cancer has the highest mortality rate among cancers, killing men and women more than any other type. If found in its earliest stage, however, lung cancer is more likely to be successfully treated, according to the American Cancer Society. In fact, detecting lung cancer in its early stages can make the survival rate as high as 90%.

"Unfortunately, lung cancer symptoms typically don't show up until the disease has advanced and when they do appear, they can

be similar to common respiratory illnesses with cough, shortness of breath or pain in the chest, back or shoulders" said Dr. Ella Kazerooni, professor of radiology and internal medicine at the University of Michigan and chair of the American Cancer Society National Lung Cancer Roundtable. "Screening detects lung cancer when there are no symptoms. That's why it's important for people at high risk of lung cancer to get annual lung scans to help increase the likelihood of catching cancer early when it's most treatable. A lung cancer screening is a painless evaluation that usually takes minutes to complete."

However, according to a study published in the "Journal of the National Cancer Institute," the national average of at-risk individuals getting screened is only 5%.

In 2021, the U.S. Preventive Services Task Force (USPSTF), a panel of national experts in disease prevention and evidence-based medicine, updated guidelines for who is eligible and recommended for annual lung screening. However, the Epic Health Research Network reported 87% of at-risk individuals eligible for screening based on the USPSTF guidelines didn't receive an annual screening despite it being covered by insurance.

**What is a Lung Cancer Screening?**

A lung cancer screening is a preventive health check, like a mammogram or colonoscopy. It checks the lungs and looks for any changes from year to year. If there's something unusual in the lungs, a screening can help detect it at an early stage.

A low-dose computed tomography (LDCT) scan is the only method recommended for lung cancer screening in high-risk patients. A LDCT machine takes a 3D picture of the lungs. This type of scan uses 75% less radiation than a regular CT scan and doesn't require the use of needles. Often, there are no symptoms of lung cancer. A LDCT scan can find something before patients know it's there because the symptoms are easy to mistake or don't appear until the cancer is well advanced.

**Who's Eligible for Screening?**

Lung cancer can affect anyone. A family history of lung cancer, a personal history of lung disease, lifestyle or environmental factors can put a person at elevated risk. Most importantly, a person's age and smoking habits can be an indicator of whether he or she should consider screening.

More people now qualify for yearly LDCT scans, according to the updated guidelines

published by the USPSTF. The guidelines lowered the eligibility threshold based on a person's age and smoking habits. An annual LDCT screening is recommended for people who meet this criteria:

- 50-80 years old
- Actively smoke or have a history of smoking within the last 15 years
- Heavily smoke or used to heavily smoke (people who have smoked for 20 "pack years" or more)

Pack years are determined by the number of cigarette packs smoked per day by the number of years a person has smoked. For example, smoking one package per day for 20 years equals 20 pack years.

If you're concerned about your risk, have a history of smoking and lived through the time when smoking was everywhere, don't wait for symptoms to bring up the subject with your doctor. Talk to your health care provider to discuss the benefits and risks of screening and find out if a scan is right for you.

Learn more about how you can take control of your lung health and support loved ones who may be at high-risk for lung cancer by visiting [screenyourlungs.org](https://screenyourlungs.org).



### Questions to Ask Your Doctor About a Lung Cancer Screening

If you're concerned about your risk, have a history of smoking and lived through the time when smoking was everywhere, don't wait for symptoms to bring up the subject with your doctor. Schedule an appointment to talk to a provider and see if you qualify for a scan or could benefit from annual screenings.

Many organizations, including the American Cancer Society, recommend lung screening as an opportunity to identify lung cancer in its early stages, but screening isn't for everyone. A low-dose computed tomography (LDCT) scan is the only method recommended for lung cancer screening in high-risk patients.

When discussing yearly lung cancer screenings with your health care provider, it may be helpful to take notes during your appointment, or you may want to have someone with you to listen and ask questions. Consider asking questions such as:

- Is lung cancer screening recommended for me?
- How do I know if my insurance covers LDCT screening?
- What are the benefits and risks of LDCT screening?
- How will I get the results of my LDCT scan?